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PARKDALE POST

THE OFFICIAL PARKDALE COMMUNITY NEWSLETTER



SWING Into Spring

DINNER FUNDRAISER

PCA - Pierson Hall

Tickets \$75

parkdalecommunity.com/swing/

Welcome cocktail

3 course dinner with choice of entrée

Cash bar and silent auction

Big Band entertainment by
Midnight Blue Jazz Society



MAY 28, 2016
6:00 PM - MIDNIGHT



Parkdale Community Association

3512 - 5 Avenue NW, Calgary AB T2N 0V7

403-283-5767

office@parkdalecommunity.com

www.parkdalecommunity.com

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The PCA Office is usually open 7:30 a.m. to 3:00 p.m. Monday to Friday.
Please call or email and leave a message if you need support from the PCA Office. The PCA Office is closed on all statutory holidays.

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ABOUT YOUR PARKDALE POST

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If you would like to get your community article printed in next month's issue of your Parkdale Post, please submit it to communications@parkdalecommunity.com by the 10th of the month prior to publication. For details and a copy of the PCA Style and Editorial Guide, visit <http://parkdalecommunity.com/news/styleguide/>

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PRESIDENT'S MESSAGE

Spring has sprung in the PCA these days, with so many new initiatives to keep track of! With tough times for a great deal of our residents, it is wonderful to be able to offer so many low-cost or free opportunities to get involved with the community. We appreciate all the hard work by all the volunteers who make these things happen.

Money grows on trees in the Garden

Big, big news out of the Parkdale Garden, as the group has been awarded a major \$17,000 grant for trees, education and irrigation throughout the site. The Garden is one of only 13 projects in Canada awarded a \$17,000 grant as part of the 2016 TD Green Streets program.

Chosen from more than 140 applications, the PCA's Food Forest initiative was chosen by Tree Canada and TD Friends of the Environment Foundation from more than 140 applications. The projects are spread across Canada, from B.C. to the Maritimes.

The Garden will create 17 new tree groups, with support plants placed around a primary tree, along with a shelter belt featuring hundreds of berry bushes and fruit and nut trees.

The funding will also help pay for training and for irrigation infrastructure throughout the main forest areas, a welcome addition for the long-term sustainability of the project – and the backs and wrists of everyone who hand-watered the beds from last year. Huge kudos to Audrey Smith for her hard work getting the grant application completed and compelling.

Swing into Spring with the PCA

Thanks to our new Director, Events, Tammy German, the PCA is excited to announce our Swing into Spring Dinner Fundraiser, coming May 28. Check out the poster in this issue for details, but the event is sure to be a blast, with an amazing meal prepared by one of Parkdale's local chefs and a full Big Band orchestra playing Jazz standards, courtesy of the Midnight Blue Jazz Society. Bill Biccum has already made me promise not to croon.

UPCOMING EVENTS

We want to let you know about all of the exciting community events that we have planned for the year so far! Save the dates and we look forward to seeing more of our community throughout 2016!

- **Youth Soccer Start Dates:** April 18 [U4 & U6] and April 19 [U8, U10, U12, U14].
- **Swing Into Spring Dinner and Dance:** Saturday, May 28 6pm-midnight. Ticketed event, \$75 per person includes welcome cocktail, dinner, live jazz band entertainment and dancing. Cash Bar.
- **Family Day Community BBQ:** Everyone welcome! Saturday, June 18 for our soccer wind up, trophy's and community celebration.
- **Stampede Breakfast:** join us for our first annual Stampede Breakfast! We are still firming up the exact date, stay tuned for more info!
- **Halloween Social:** Saturday, October 29, ticketed event. Save the Date!
- **Kid's Christmas Party:** Saturday, December 3 - Save the Date!

Looking to get involved in your community on your own time and schedule? Volunteer your time to help out with one of the above-mentioned events! Or - donate a prize or sponsor an event!

Email events@parkdalecommunity.com for more info.



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Garden Journaling

Remembering successes and defeats from year to year

By Brianne Whittaker

Spring is coming! A whole year has gone by since last planting season. Can you remember all of the tricks you discovered last year? A year is a long time! Inevitably some of the details get lost and we must re-learn a lot. Luckily, garden journaling can help. Pre-made gardening journals have been published, but really all that you need is a blank notebook and a pen. Here are some things to document as you garden this year.

Choice of Seeds

Save the seed packs and paste them (with front and back visible) into your journal. This makes it easy to find the same seed next year if you like the product. It's also useful to know whether the growing times and instructions on the package were accurate in your climate. Time to germination and harvest on the package are based on ideal growing conditions, so you can better plan if you document what actually happens in your area. Document the rest of your journal alongside each seed packet for easy reference.

Seeding

Document the date of seeding, type of soil (i.e. soil pellets, seed starting mix, directly into garden), size of pots, distance between seeds, seed depth, germination heating pad used or not used, light source and duration (hours per day of light), approximate germination rate and time to germination.

Transplanting

If you started your seeds indoors, when did you transplant them to bigger pots, what size of pots did you use or did you transfer them directly to the garden?

Growing

Location: Where did you plant them (how much sunlight and specific soil conditions?)

Watering: Did the plants require an unusually large or small amount of water? Did you mulch?

Fertilizing and amending: What fertilizer did you use? At what concentration? How often?

Harvest

When did you harvest the vegetables, herbs or flowers? Was the final product all that you had hoped? How did the vegetables taste? How did the flowers smell?

Improvements for Next Year

Ultimately the most important section. How did it go? Would you change anything? For example: Would you use the same seed varieties again? Would you seed them earlier or fertilize more often? This section will be your quick reference area to make improvements next year.

Happy Journaling!

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GARDEN SPEAKER SERIES

A Parkdale - Silver Springs Garden Partnership Project

Time & Date	Topic	Host
7:30 PM April 20, 2016	Small Space Gardening <i>Dani and Leigh Smith from CSOP</i>	Silver Springs
7:30 PM May 18, 2016	Companion Planting/Culinary Plant Selection /Cold Extension <i>Janet McIntosh</i>	Silver Springs
7:30 PM June 15, 2016	Composting <i>Mike Dorian</i>	Silver Springs
7:30 PM July 29, 2016	Feed Forest <i>Adrian Buckley/Luke Kinnel from ReConverge Design</i>	Parkdale
7:30 PM August 17, 2016	Culinary Herbs/Medicinal Herbs <i>Julie Walker</i>	Parkdale
7:30 PM September 21, 2016	Canning/Drying/Preserving <i>TBD</i>	Parkdale
7:30 PM October 19, 2016	Solar Energy & Net Zero Homes <i>Warren Brucke</i>	Parkdale
7:30 PM November 16, 2016	Water Harvest Systems <i>Andrew Pashley</i>	Parkdale
7:30 PM December 7, 2016	Christmas Center Pieces <i>Janet McIntosh</i>	Silver Springs
January 2017 - TBD	Tree Pruning <i>Adrian Buckley/Luke Kinnel from ReConverge Design</i>	Venue - TBD
February 15, 2017	Therapeutic Gardening <i>Janet McIntosh</i>	Silver Springs

Parkdale Community Centre- 3512 5th Ave NW
Silver Springs Community Centre - 5720 Silver Ridge Dr. NW

Tickets are \$15.00 (\$14.29/person + GST)
Payments can be made at the door
or
online at <http://parkdalecommunity.com>garden>speakerseries>

For more information contact Parkdale Garden and Gathering Place Director Audrey Smith at garden@parkdalecommunity.com

Garden Speaker Series Starts April 20

We are excited to announce a gardening themed speaker series in partnership with the Silver Springs Garden. The series will feature a different topic each month and will be hosted at either the Parkdale Community Centre or the Silver Springs Community Centre (see table below for more information). The speakers are all very knowledgeable and passionate about their respective topics. The first speakers are Parkdale’s own, Dani and Leigh Smythe from CROP (located on Parkdale Crescent adjacent to Lazy Loaf & Kettle and Prime Tune shop).

Please consider joining us for one or many information packed evenings. Tickets are \$15 (incl. GST) and available online at www.parkdalecommunity.com/garden-2/speaker-series/ or at the door.

Additional information and speaker biographies are available on the PCA website. If you have any questions, please contact Moira Balkwill at mmathie@yahoo.com or by phone at 403-462-6676.

*** Note that all events from 7:30-9 PM.*

Date	Topic	Speaker	Host
April 20, 2016	Small Space Gardening	Dani & Leigh Smythe from CROP	Silver Springs
May 18, 2016	Companion Planting/ Calgary Plant Selection / Cold Extension	Janet Melrose	Silver Springs
June 15, 2016	Composting	Mike Dorian	Silver Springs
July 20, 2016	Food Forest	Adrien Buckley/Luke Kimmel from ReGenerate Design	Parkdale
August 17, 2016	Culinary Herbs/Medicinal Herbs	Julie Walker	Parkdale
September 21, 2016	Canning/Drying/Preserving	TBD	Parkdale
October 19, 2016	Solar Energy & Net Zero Houses	Warren Brooke	Parkdale
November 16, 2016	Water Harvest Systems	Andrea Rocchio	Parkdale
December 7, 2016	Christmas Center Pieces	Janet Melrose	Silver Springs
January 2017 – TBD	Tree Pruning	Adrien Buckley/Luke Kimmel from ReGenerate Design	Venue – TBD
February 15, 2017	Therapeutic Gardening	Janet Melrose	Silver Springs

Wednesdays 2:00 PM - 6:30 PM

Parkdale Community Centre - 3512 5 Avenue NW

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What's Happening at Morpheus Theatre

*The flowers that bloom in the spring, Tra la,
Breathe promise of merry sunshine,
As we merrily dance and we sing, Tra la,
We welcome the hope that they bring, Tra la,
Of a summer of roses and wine,
Of a summer of roses and wine.*

*And that's what we mean when we say that a thing
Is welcome as flowers that bloom in the spring.
Tra la la la la, Tra la la la la,
The flowers that bloom in the spring.*
(from "The Mikado")

Upcoming: Our Annual Gilbert & Sullivan Offering

Coming up next for Morpheus Theatre is our spring production – Sullivan & Gilbert – a play with music by Ken Ludwig, Arthur Sullivan, and William Gilbert, which will be running at the Pumphouse Theatre from April 29 to May 14, 2016.

From the playwright who brought us Lend Me A Tenor comes a playful twist on our mandate to bring the best of Gilbert and Sullivan to Calgary audiences. In this delightful behind-the-scenes romp we get the best of the duo musically and in the flesh, when we meet the famous partners themselves! The story opens on a time when things were not all roses, in 1890 when they had been feuding for years. They are forced to work together one more time to bring their greatest works to life for Queen Victoria and so, we are treated to treasured pieces from The Mikado, Ruddigore, Iolanthe and The Pirates of Penzance, among others. Fans of Gilbert and Sullivan will be thrilled by Sullivan and Gilbert, for we have a song to sing, O! – several of them, in fact and we do hope you'll join us for the joy! (And the rapture!).

Along with the main stage production, the kids in our G&S Theatre School program will be presenting their take on the show with G&S Juniors Presents. The junior class performs on Monday, May 2 and the senior class performs on Tuesday, May 3. Come check out the future stars of tomorrow.

In the Wings

Morpheus Theatre is reviewing scripts and directorial proposals in advance of announcing our 22nd season of Shows Worth Seeing. Next season will be announced during our production of Sullivan & Gilbert. Auditions for our fall production will take place in either May or June.

Morpheus G&S Singers are back

If you enjoy singing, and would like to try out the wonderful music and lyrics of those comic masters of the Victorian operetta, this is for you. The G&S Singers are a non-auditioned choir that meets on Sunday evenings from 7:00 to 8:30 PM to learn, sing and present the musical comedy of Gilbert and Sullivan.

The plan is to end our season in March or April with a concert, though we hope to have a few other outings during the season as we perfect our skills. All this for a mere 5 bucks a week. If you are interested in joining us, come by for a visit on this, or any, Sunday evening. Your first week is free, so give us a try. For more information, contact Tim Elliott at tcellriott2013@gmail.com or 403-274-8293.

Educational Opportunities

Morpheus Theatre is pleased to present a number of one-day workshops that give individuals of all ages and experience an opportunity to learn more about theatre.

Stage Movement: Physical Techniques for Telling the Story with Alice Nelson – Saturday, April 23
Directing: From Good to Great – Saturday, May 28
Technique for Stage Speech & Projection – TBA

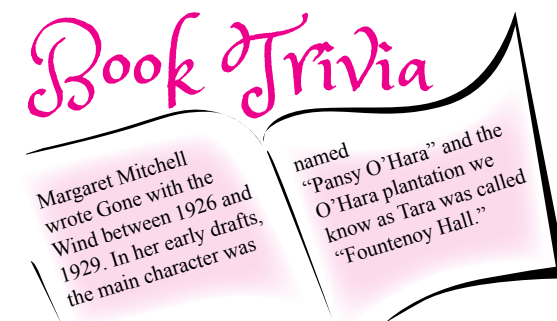
How to Reach Us

Remember, all of our shows are produced, directed, designed and performed entirely by volunteers. If you are interested in getting involved in community theatre, where each show is a new experience and an opportunity to make new friends, we would love it if you contacted us.

Contact Morpheus Theatre by calling 403-246-2999; emailing tickets@morpheustheatre.ca; or by stopping by the lower level of the Community Centre.

Follow us online:

www.morpheustheatre.ca
www.facebook.com/MorpheusTheatre
www.twitter.com/MorpheusTheatre



Volunteer Opportunities

We are looking for volunteers to help out in various different ways with the PCA, if you are looking to contribute as part of your community here's how you can help:

- Are any of our upcoming events of interest to you? We need help on those dates for set up, execution and clean up. If you prefer, we also are looking to set up separate committees for each event to help with planning, etc.
- Don't have time? That's ok! We need support with donations to our silent auction for our May 28 dinner. This helps to raise funds for the PCA which in turn brings you more community events! We are looking for all kinds of donations, if you have something in mind we'd love to hear from you.
- Want to sponsor an event? Many of our events are at no cost to the community but still require a small amount of funding. You can sponsor a portion of the cost to help make our community events that much more engaging!
- Kids Committee: Are you a young adult who would like to get involved in your community? Do you want to help with planning and executing events for kids? We want to hear from you!

If any of this is of interest to you please email events@parkdalecommunity.com or call 403-803-2136.

Plant Fundraiser

All Plants Grown Locally With Care By Ever-Green Greenhouses Ltd.

Buy by May 12 to pick up at the PCA May 19 – parkdalecommunity.com/plantsale.

11" Premium Hanging Basket

These baskets are all designed using only high end plant material (partial shade to full sun) from the best plant suppliers in the World. These baskets all feature bright, vibrant colour combinations including many different varieties of plants. They will come in a classy pot to compliment any decor. These hanging baskets are sure to be the envy of all your neighbours as you proudly display them in your yard.
Cost: \$25.00

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These beauties are also designed using only the best plant material (partial shade to full sun), supplied by the World's top plant suppliers. All patio planters feature bright, bold colours and most include tall accent plants as centers to add dimension to these large works of art. They will come in nice pots that will add a touch of class to your landscape. These enormous plants will easily be seen from the road attracting the attention of your neighbours and guests.
Cost: \$35.00



IN & AROUND CALGARY

Bow River bank restoration project (Parkdale Blvd at 3 Ave. N.W.)

While construction of the Bow River bank stabilization in Parkdale was completed late in 2015, The City was unable to complete the landscaping and repairs to the pedestrian pathway before frost arrived. As a result

of the recent warm weather we have been seeing in Calgary, we will begin final work to complete the remaining landscaping and pathway repairs.

This work will begin in early April and is expected to be complete by May, and the temporary shared pathway will remain open until repairs are complete. We apologize for the inconvenience this may have caused.

For more information about the project please visit calgary.ca.



News from the Friends of Nose Hill

by Anne Burke

Recently I was told that the City does not collect cycle use data on Nose Hill and there were no 311 calls about it. Now there is a colour-coded Global Heatmap of human activities, such as running or cycling on the regional pathway system. You can use the toggle labels to check locations, for Nose Hill Park or your community. Through social media athletes network in real time.

Local Action for Biodiversity means each local government has a long-term local strategy, action plan, and will implement on-the-ground initiatives. The edits to The City's biodiversity webpage have now been made. The page better reflects the strategic plan, as well as providing details on the BiodiverCity Advisory Committee. Agendas and minutes are at: www.calgary.ca/biodiversity. As the Committee advances its work plans, further refinement and expansion of the webpage is expected. A report to City Council will go forward in the spring.

The CBC is looking for photos of Calgary's wildlife, animals, and birds for a photo gallery on their website. The contact person is: heather.moriarty@cbc.ca. She is

just in the process of collecting photographs now and if people are interested they should email them to her. She hopes to have the online photo gallery put together and posted within the next couple of weeks. "We are featuring photos that were taken in Calgary. The idea is to show all of the wildlife that can be found within city limits. We will credit the photographers, identify the animal/bird in the photo, and let people know approximately where in the city it was photographed."

In 2014, City Parks and Roads received a one-time grant from the Council Innovation Fund of \$300,000 for an automated, interactive Parks and Roads Map. With the number of 311 service requests, it has been challenging to have accurate information. Soon the system on www.calgary.ca will improve access to up-to-date data for Parks and Roads services, such as mowing and snow ploughing.

Calgary has one of the highest allocations of greenspace of any city in North America. There are 693 natural areas which make up over 50% of the park space in Calgary. Natural areas give priority to the protection of vegetation and wildlife over human use when the two come into conflict.



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The City of Calgary is moving quickly to mitigate the economic downturn with a number of endeavours, both short and long-term. Accelerating the pace of large construction projects can be an effective way to stimulate a struggling economy and increase employment. The City has identified a list of pre-approved projects that will create jobs and leave a lasting public benefit. The projects are divided into three buckets: new infrastructure, lifecycle maintenance and enhancement, and affordable housing.

Flood mitigation measures to protect river communities and the City Centre are at the top of the priority list. Some capital projects, like enhancing community and recreation centres, can start right away, while others, like the Green Line LRT, will break ground only once community consultation is completed and funding is secured. The City will work with its community partners to construct new affordable housing units or purchase existing housing stock.

While large-scale, transformational projects have their place, incremental micro-improvements are increasingly seen as a way to phase into large investments. I have long been a promoter of low-cost, high-reward projects to create opportunity and vibrancy, test new ideas, and solve urban problems. Quick projects such as pop-up parks, patios, and restaurants take little investment but add instant vitality. Pilots like cycle tracks or lane reversals help us test new concepts before making substantial political and financial commitments. Rules can be a barrier and sometimes the rule-makers just need to know when to get out of the way.

While temporary projects can spark creative solutions, we must take a long-term approach with investments that are meant to last. Over the years I have seen both booms and busts used as excuses for shoddy design and workmanship. When the economy is booming we are in a rush to build, and success is measured by the speed of the planning process. During a downturn, we are afraid to be too demanding, for fear that that the opportunity will vanish. Calgary deserves better.

In addition to the capital construction program, City Council is working with Calgary Economic Development on economic resiliency. Several projects have already been funded:

- Marketing campaign to promote tourism
- Buy-local campaign to promote local business
- Real estate and economic diversification plan to attract head-offices and repurpose empty office space
- Grant program to cover development permit fees for new and refurbished affordable housing


The City of Calgary is doing its part to strengthen our economy. During hard times, we must manage carefully, but think ambitiously, and combine caution with optimistic long-term planning for the recovery.





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PARKDALE COMMUNITY ASSOCIATION (PCA)
 3512 - 5th Avenue NW, Calgary AB, T2N 0V7
 Tel: (403) 283-5767 E-mail: office@parkdalecommunity.com

TIME BLOCK RENTALS AND BASE RENTAL RATES

TIME BLOCKS (Minimum rental period/cost, i.e., no partial blocks fees allowed)	REQUIRE? Y=Yes	RENT FEES	RENTAL COST
Weekday Time Blocks			
Mon; Tue; Wed; and/or Thur.			
Morning (8 am to 12 noon)		\$350	
Afternoon (1 pm to 5 pm)		\$350	
Evening (6 pm to 11:30 pm*)		\$350	
All day (8:00 am to 1:00 am*)		\$550	
* Extra. late charges of \$60 per hour apply beyond these closing hours			
Weekend Time Blocks:			
Fri; Sat; and/or Sun.			
Morning (8 am to 12 noon)		\$350	
Afternoon (1 pm to 5 pm)		\$350	
Evening (6 pm to 1 am *)		\$750	
All Day (8 am to 1 am*)		\$850	
* Extra. late charges of \$60 per hour apply beyond these rental hours			
EXTRA SERVICES			
Kitchen Use: -For Storage Only		\$80	
-Full Use of Kitchen		\$175	
PCA to Set Up - (Tables and Chairs, etc)		\$150	
PCA to Take Down (Tables and Chairs, etc)		\$150	
PCA to Open and/or Lock Up (Fee also charged if PCA responds to alarm)		\$100	
Sound Equipment – Basic System		\$100	
Sound Equipment – Enhanced System		\$250	
Rehearsal Hall A or B			
SOCAN Music Fee (any function playing music		\$26.63	
Elevator		N/C	
Security Guard (Mandatory requirement if alcohol is being served)		\$30.00/hr	
Cleaning Fee (If Rentee hires PCA to clean)		\$250	
Total			
5% GST – Reg# 10781 4949			
TOTAL FEES FOR RENTAL			\$ XXX
Damage Deposit		\$500.00	\$XXX
TOTAL INCLUDING DAMAGE DEPOSIT			\$XXX



Parkdale Real Estate Update

Last 12 Months Parkdale

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
February 2016	\$0.00	\$0.00
January 2016	\$899,900.00	\$860,000.00
December 2015	\$0.00	\$0.00
November 2015	\$0.00	\$0.00
October 2015	\$1,185,000.00	\$1,115,000.00
September 2015	\$734,450.00	\$712,269.00
August 2015	\$938,900.00	\$929,000.00
July 2015	\$774,450.00	\$755,000.00
June 2015	\$779,400.00	\$764,000.00
May 2015	\$784,350.00	\$763,500.00
April 2015	\$735,000.00	\$717,000.00
March 2015	\$756,900.00	\$710,000.00

Last 12 Months Parkdale

MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
February 2016	8	0
January 2016	4	3
December 2015	5	0
November 2015	2	0
October 2015	7	5
September 2015	7	4
August 2015	7	3
July 2015	7	2
June 2015	5	4
May 2015	2	6
April 2015	10	5
March 2015	8	2
Total	71	37

To view the specific SOLD Listings that comprise the above MLS averages please visit parkdale.great-news.ca



MP. CALGARY CONFEDERATION
LEN WEBBER

403-220-0888
len.webber@parl.gc.ca

Proudly Serving the Communities of Calgary Confederation

It has been a few months since the federal election and it still humbles me that the fine people of Calgary Confederation have chosen me to be their elected representative to the House of Commons.

I committed to being a strong voice on your behalf in Ottawa and am working to represent your interests and advocate on issues which have been forwarded to me. I have been impressed with the thoughtful letters and kind wishes I have received.

The election brought many changes to the political landscape, but it does not change the things that are most important to Canadians. No matter the party in power, Canadians want a strong economy, a safe country and a bright future. While I believe all politicians agree on this and want the best for Canada, it is in how we go about achieving these goals that we differ. I will continue to raise the need for pipelines, both east and west, and push for innovative, prompt and productive ways to address unemployment and getting people back to work.

The early days of this Liberal government tell me that there will be a lot of work ahead to keep this government focused on the important priorities of all Canadians. Warning signs are everywhere of out-of-control spending with no fiscal plan for the future. Without a sound and disciplined fiscal plan, we put at risk many of the things Canadians cherish most.

I am privileged to have been selected as Vice-Chair of the Standing Committee on Health. This will be an opportunity to address many health issues including a national organ donor system that works for those in need of a life-saving transplant.

It is with your support and encouragement that I proudly stand in Parliament on your behalf. Please feel free to contact my Calgary constituency office for information, assistance and/or appointments by phone 403-220-0888 or by email len.webber@parl.gc.ca.

I hope you continue to share your comments with me and I look forward to hearing from you.

BUSINESS CLASSIFIEDS

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According to blog writers Kelley House and Kate Norvell, both certified professional soil scientists, plant "litter" that remains after a harvest is called "residue." Leaving the residues in place over the winter, instead of pulling them up or tilling them into the soil surface, provides numerous benefits for the soil and your garden.

- <https://www.sciencedaily.com/releases/2016/02/160215124440.htm>

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month’s publication.

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

ST. ANDREWS HEIGHTS ARTISTS’ SOCIETY: Local artists from the St. Andrews Heights Artists’ Society will present their new work at the society’s annual spring art show April 23. Rundle College Elementary School, 2634 - 12 Avenue N.W., Calgary. sahas.artists@gmail.com www.sahas.ca.



Animal Trivia

Pet parrots can eat virtually any common “people-food” except for chocolate and avocados. Both of these are highly toxic to the parrot and can be fatal.

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ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	403.943.5465
Calgary Police – Non Emergency	403.266.1234
Calgary Women’s Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403.514.6100
Poison Centre - Alberta	1.800.332.1414
Suicide Crisis Line	1.800.784.2433
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Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority (Towed/Abandoned Vehicles etc.)	403.537.7100
Calgary Seniors’ Resource - SeniorConnect	403.266.6200
Elder Abuse Resource Line (65+)	403.705.3250
Call Before You Dig (Buried Utilities)	1.800.242.3447
City of Calgary	311
Elder Abuse Resource Line (65+)	403.705.3250
Kerby Centre for the 55 plus	403.705.3246
Neighbour Mediation Hotline	403.269.2707
Road Conditions – Calgary	1.877.262.4997
Weather Information	403.299.7878
Gamblers Anonymous	403.237.0654

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Chartwell April Open House

SPRING FORWARD TO THE NEXT CHAPTER IN YOUR LIFE.

Since Aurel moved into his Chartwell residence, he and daughter Maja have transitioned from worry and concern about household responsibilities to spending more quality time together, including lots of family time for children, grandchildren and a new great grandchild. If you want to learn more about the benefits of retirement living, our Open House can help answer your questions.

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OPEN HOUSE

Sunday, April 24

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