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PARKDALE POST


THE OFFICIAL PARKDALE COMMUNITY NEWSLETTER



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PARKDALE COMMUNITY ASSOCIATION

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The PCA Office is usually open 7:30 a.m. to 3:00 p.m. Monday to Friday.
Please call or email and leave a message if you need support from the PCA Office. The PCA Office is closed on all statutory holidays.

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ABOUT YOUR PARKDALE POST

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If you would like to get your community article printed in next month's issue of your Parkdale Post, please submit it to communications@parkdalecommunity.com by the 10th of the month prior to publication. For details and a copy of the PCA Style and Editorial Guide, visit <http://parkdalecommunity.com/news/styleguide/>

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Parkdale Community Association

3512 - 5 Avenue NW, Calgary AB T2N 0V7
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PARKDALE COMMUNITY ASSOCIATION (PCA)

3512 - 5th Avenue NW, Calgary AB, T2N 0V7
 Tel: (403) 283-5767 E-mail: office@parkdalecommunity.com

TIME BLOCK RENTALS AND BASE RENTAL RATES

TIME BLOCKS (Minimum rental period/cost, i.e., no partial blocks fees allowed)	REQUIRE? Y=Yes	RENT FEES	RENTAL COST
Weekday Time Blocks			
Mon; Tue; Wed; and/or Thur.			
Morning (8 am to 12 noon)		\$350	
Afternoon (1 pm to 5 pm)		\$350	
Evening (6 pm to 11:30 pm*)		\$350	
All day (8:00 am to 1:00 am*)		\$550	
* Extra late charges of \$60 per hour apply beyond these closing hours			
Weekend Time Blocks:			
Fri; Sat; and/or Sun.			
Morning (8 am to 12 noon)		\$350	
Afternoon (1 pm to 5 pm)		\$350	
Evening (6 pm to 1 am *)		\$750	
All Day (8 am to 1 am*)		\$850	
* Extra late charges of \$60 per hour apply beyond these rental hours			
EXTRA SERVICES			
Kitchen Use: -For Storage Only		\$80	
-Full Use of Kitchen		\$175	
PCA to Set Up - (Tables and Chairs, etc)		\$150	
PCA to Take Down (Tables and Chairs, etc)		\$150	
PCA to Open and/or Lock Up (Fee also charged if PCA responds to alarm)		\$100	
Sound Equipment – Basic System		\$100	
Sound Equipment – Enhanced System		\$250	
Rehearsal Hall A or B			
SOCAN Music Fee (any function playing music)		\$26.63	
Elevator		N/C	
Security Guard (Mandatory requirement if alcohol is being served)		\$30.00/hr	
Cleaning Fee (If Rentee hires PCA to clean)		\$250	
Total			
5% GST – Reg# 10781 4949			
TOTAL FEES FOR RENTAL			\$ XXX
Damage Deposit		\$500.00	\$XXX
TOTAL INCLUDING DAMAGE DEPOSIT			\$XXX

Wednesdays 2:00 PM - 6:30 PM

Parkdale Community Centre - 3512 5 Avenue NW

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OCTOBER 7**

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brendalea7@yahoo.ca

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**Parkdale Community Association
& Theatre A Go-Go
Presents**



Winter Drama Classes for ages 6-13

This winter it's all about Fairies, Knights, Magical worlds, and believing in yourself at Theatre A Go-Go. We're proud to present our exciting line up of Winter Drama/Theatre Arts Classes. Join us, meet new friends and have fun while improving physical, emotional and verbal literacy!

WHO: Ages 6-9(grades 1-4)

WHAT: ADVENTURES WITH FAIRIES - Imagine a magical world where Fairies, Elves and Ogres learn what it means to be friends and journey to save their world. In a series of fun-filled drama classes, players will begin by exploring who they are, through drama activities. With an enriched self-awareness, players will then develop their character and communication skills by exploring Theatre and Performing Arts. On the last day of classes, players will share with confidence, by presenting a Fairy Tale. This Celebration of Learning will take place at 5:00pm, and is for friends, family and anyone who would like to see how we play.

WHEN: Sundays, 1:00 – 3:00pm from Jan. 15 – March 19, 2017 (no class Feb. 19)

INVESTMENT: Discount if registered by Dec. 18, or for members of: the same family or Parkdale Community= \$245/player

Regular = \$275/player

Investment includes: 9 classes x 2 hours/class plus 2 hours for dress rehearsal and performance at the end of the program = 20 hours. (Costumes, props and set supplied by Theatre A Go-Go)

WHO: Ages 9-13(grades 5-8)

WHAT: ADVENTURES WITH KING ARTHUR - Imagine the land of Camelot where Knights, Damsels, Magicians and Dragons struggle between that which is right and wrong. In a series of fun-filled drama classes, players will begin by exploring who they are, through drama activities. With an enriched self-awareness, players will then develop their character and communication skills by exploring Theatre and Performing Arts. On the last day of classes, players will share with confidence, by presenting an adaptation of the Legend, King Arthur. This Celebration of Learning will take place at 5:00pm, and is for friends, family and anyone who would like to see how we play.

WHEN: Sundays, 3:15 – 5:45pm from Jan. 15 – March 19, 2017 (no class Feb. 19)

INVESTMENT: Discount if registered by Dec. 18, or for members of: the same family or Parkdale Community= \$260/player

Regular = \$290/player

Investment includes: 9 classes x 2 1/2 hours/class plus 2 1/2 hours for dress rehearsal and performance at the end of the program = 25 hours. (Costumes, props and set supplied by Theatre A Go-Go)

WHERE: At the Parkdale Community Centre (3512 - 5 Ave. N.W.).

WHY: Invest in your loved ones by providing them with a rich Theatre Arts experience that engages body, emotions, and senses in dynamic fun learning!

Registration closes Jan. 6, 2017

CONTACT Tanya for more information at: theatreagogo@telus.net or 403.283.4622

Register today at: <http://theatreagogo.ca/index.php/registration-form-kids/>

**CHILDREN'S
CHRISTMAS
PARTY**

Crafts - Games - Treats & Visit with Santa!

December 3, 2016 11am-2pm

Purchase Tickets at
www.parkdalecommunity.com
Members \$5 - Non-Members \$10 - Family Max \$20

Brew-It-Yourself: Benefits of Becoming Your Own Barista

Becoming your own barista is now easier than ever, with the rise of increasingly more advanced personal coffee and espresso makers allowing us to make a perfect cup of joe from the comfort of our own homes. While the transition from barista to home coffee maker has left some missing the hustle and bustle of their corner café, serving good coffee to guests is just one of the benefits of brewing at home.

1. Becoming the host again. Catching up with a group of friends over a cup (or two) of coffee is a social tradition that doesn't have to be lost in translation. While many coffee shops have a limit as to how long patrons can occupy the space, brewing quality coffee at home allows for the freedom and flexibility to serve guests when you want and for how long, without the pressure of a time restraint.
2. Quality coffee at a better price. With a wealth of at-home coffee machines on the market offering a variety of types and brands, brewing at home is a great way to achieve the same high quality of coffee in a quick and cost-efficient way.
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www.newscanada.com



About Wine

Nik Rasula

About Wine features wines not typically on one's shopping radar. Special wines – made from grapes or blends, regions or countries - that may not be common or well known. About a wine – or winemaker - with a story to tell; of place, process, climate, or style. Highlighting smaller, artisanal producers making unique, reasonably-priced (under \$50 retail) wines, whilst demonstrating careful earth stewardship through biodynamic, organic, sustainable, or water-wise means.

November 2016:
2013 McFadden Farm, Blue Quail Pinot Noir
Potter Valley - Mendocino County, California, USA
www.Mcfaddenfarm.com

ABOUT THE MAKER: Located northeast of Sonoma Valley, California, McFadden Farm was founded in 1970 by pioneer Guinness McFadden. McFadden set about to disprove the prevailing opinion that it was too cool to grow wine grapes in Mendocino County's Potter Valley. Organic since inception, over time, McFadden Farm has become energy self-sufficient, generating power through hydroelectric and solar capture. In addition to 160 acres of vines, the mixed-use farm produces herbs and organic grass-fed beef.

ABOUT THE MAKING: McFadden utilizes varietal-specific pruning and trellising techniques on its vines, with each varietal matched to a section of land, reflective of that section's aspect and soil attributes. Renown for growing grapes with prominent acidity, McFadden's excess produce is sold for blending to top Napa producers like Chateau Montelena, Dasche and Beringer.

ABOUT STEWARDSHIP: Made with 100 per cent estate-grown grapes, Blue Quail is certified organic (CCOF).

ABOUT THE WINE: Light-bodied, Blue Quail opens with funky notes of cherry and wild strawberry. On the palate, tantalizing black cherry and ripe strawberry flavours highlight the cleansing acidity; as it finishes long, clean and crisp.

ABOUT PAIRING: Pair with sharp cheeses, salmon, or roasted fowl.

ABOUT AVAILABILITY: Check liquorconnect.com (call the listed store to confirm).

CSPC # 777830

ABOUT PRICE: \$35



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	6					3	
5	8		3			6	7
1				6		4	9
7				8			9
			9		2		
	9			5			6
8		2		3			1
6		1			5		4 8
	3						7

FIND SOLUTION ON PAGE 24

HANUKKAH

In 2016, Hanukkah from in the evening of Saturday, December 24th until the evening of Sunday, January 1st. During Hanukkah, on each of the eight nights, a candle is lit in a special menorah (candelabra) called a 'hanukkiyah'.



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Parkdale Nifty Fifties Seniors Association

In accordance with our mission statement, we here at Nifty Fifties seek "to provide community based programming for seniors aged 50+, to enhance their physical, social, and emotional wellbeing". Part of this community based programming includes a variety of art classes taught by well-known and sophisticated instructors, which prove to be very popular among our members. Whether you are novice or experienced, we have the right class for you! In addition to Art, Nifty Fifties also hosts Duplicate Bridge, Yoga classes, Board Games, Mah Jong, Qi Gong, Floor Curling, Book Club, and Move N' Mingle. We offer frozen meals and are now taking requests for all our members baking needs! Be sure to also watch out for our Christmas baking platters arriving in December. Nifty Fifties puts great importance on community and we are proud to have hosted annual garage sales, fashion shows, and barbecues for members and those apart of our community. One of the most successful events was of course our first Stampede Breakfast on July 16, 2016, where we teamed up with the Parkdale Community Association. This was a wonderful event where members of our association joined with members of the Parkdale Community Association to help serve pancakes, setup tables and chairs, and overall provide Parkdale with an entertaining Stampede tradition. Whether you volunteered or just came to indulge in some yummy grub we want to say thank you for attending, and we look forward to next year's Stampede Breakfast! Nifty Fifties is a longstanding community association that has a program suitable for everyone, and we are always looking for new members to join our community.

For more information we welcome people to check out our webpage: pdfn.org or stop by the office and say hello!



Register now for Winter programs!



Parkdale CA - 3512 5th Ave NW

Day	Time	Age	Program Type	Dates	No Run	Wks	Price
Sun	9:00 - 9:45am	16-24 month	Parent & Child Indoor Multi-Sport	Jan 8 - Feb 26 Mar 12 - Apr 30	Feb 19 Apr 16	7	\$129.50
Sun	9:50 - 10:35am	2-3 yrs	Parent & Child Indoor Multi-Sport	Jan 8 - Feb 26 Mar 12 - Apr 30	Feb 19 Apr 16	7	\$129.50
Sun	10:45 - 11:45am	3-6 yrs	Coach & Child Indoor Multi-Sport	Jan 8 - Feb 26 Mar 12 - Apr 30	Feb 19 Apr 16	7	\$129.50
Mon	9:30 - 10:15am	16 - 36 month	Parent & Child Indoor Multi-Sport	Jan 9 - Feb 27 Mar 6 - Apr 24	Feb 20 Mar 27	7	\$126
Mon	10:15 - 11:15am	3-5 yrs	Coach & Child Indoor Multi-Sport	Jan 9 - Feb 27 Mar 6 - Apr 24	Feb 20 Mar 27	7	\$126

Sportball is proud to offer programs in partnership with Parkdale Community Association in Pierson Hall. An annual PCA membership is required and can be purchased from Parkdale CA. Prices and schedules are subject to change. Applicable taxes will be applied.

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Parkdale Post November 2, 2016

South Shaganappi Area Strategic Planning Group (SSASPG) Inter-Community project update

FMC – Foothills Medical Centre (Foothills Hospital)

AHS – Alberta Health Services

University District – official name for the development on the east side of Shaganappi Trail between 16th Ave and Bowness Rd. Formerly called West Campus

DP - Development Permit

CA – Community Association

City of Calgary

Crowchild Trail Study. At stage 5 of 6, project review and input is ongoing on the City Website.

South Shaganappi Study – Stakeholder open House November 23, General public November 24

16th Avenue and 29 Street intersection redevelopment – Fall 2017 completion. Includes dual turn lanes and traffic circle on Unwin Drive. Construction has commenced on underground services with some lane closures on northbound and south bound Uxbridge Dr, November 4 to 7 (2 lanes) and on eastbound 16th Ave on Nov 7 to 11 (one lane). Details can be found on the city website (road closures).

Stadium Shopping Centre redevelopment – Currently in “prior to release status” some conditions need to be fulfilled by Western Securities on the land use amendment. DP submission to follow. Demolition and site grading would be planned from March 2017 to May 2017, piling and excavation June 2017 to Sept 2018, with parkade construction starting December 2017.

Crosstown Buss Rapid Transit (BRT) – Includes intersections and stations from Saddletown to Rundle. In the pricing phase until Mid 2017.

NW Hub – Transit improvement plan. Plan finalization for 2017. Details on City website

Construction Signage – Orange signs with black lettering for city construction projects will be changed over the next few months to be more visible at night.

Children’s Cottage – No DP received yet.

Crowchild Square – strip mall owner has applied for land use change from Direct Control to a use that allows 12 to 14 story buildings. Currently in early stages of review.

Route 9 Changes – In response to the challenge of large busses in the communities east of 29th street and the need for continuity of service in the area, the route will be split (North/South) with smaller busses in the Sunnyside and south area and larger busses in the north area. The change of busses will occur at Foothills Hospital starting in December.

Proposed River Launch – The City is reviewing a plan to install a river launch from the Edworthy parking area for boaters on the Bow River. The plan, if approved may involve expansion of the parking lot.

Lick’s Ice Cream Lands – There is currently nothing in the system for a land use amendment for this property.

Brentwood Land Use - application for RioCan Shopping Centre is forthcoming and is expected to be fairly standard with no concerns.

Co-Op Site – A very significant development application is expected for this location.

Greenline Alignment - Approved by council.

FMC

Calgary Cancer Centre Project – Construction start is scheduled for late 2017 on Lot 7 (NE corner) with work ongoing to 2023 and opening in 2024. 160 inpatient beds, outpatient clinic, research facilities, radiation treatment. The open house on Oct 12 went well with no major issues to report. The FMC has issued a Request for Proposal (RFP) to two candidates. Proposals will be reviewed in 9 months’ time. Representatives from each of the 3 surrounding communities will be provided an opportunity to review and provide input on the proposals (non-disclosure agreements will be in place).

Parking Lot 8A Development and temporary parking on West Campus – complete.

Lot 1 redevelopment – Demolition from Sept 2016 to Dec 2016. Underground services from Dec 2016 to May 2017. Phase 1 Construction to start in May 2017. Construction has gone well with no complaints from local residents. Locating the alternate parking has been challenging to visitors despite wayfinding markings. The west side of the Foothills campus has convenient underground parking with elevator access directly to the Hospital where the main reception can be accessed inside the building.

Bone Marrow Transplant Clinic – Upgrades are proceeding in the Special Services Building.

Transportation Impact Assessment (TIA) - comments have been received from the City and the FMC is reviewing them before providing the results to the communities.

Power Plant upgrading – 2 turbo generators require overhauls. The project will take 2 ½ to 3 years to complete. The winter work will require a temporary boiler to make up the higher heating load while each unit is alternately down for the overhaul. The temporary unit is housed in an insulated trailer mounted building. Noise impact studies have been completed and are within allowable levels with no indication of increased noise exposure to Parkdale. The boiler will be commissioned in Mid-November and go into full operation at the end of November.

University District

Phase 1: This construction season will close off with the paths, the 39th street modifications and the Shaganappi interchange being completed in November. Two land use amendments are in progress and deal with boundary adjustments allowing the temporary parking lot for FMC and modifications to the allowable grocery store size. They go to Calgary Planning Commission (CPC) in November and Council in January. The Marketing Centre opens in February 2017 (3000 sq. ft.) and the vertical construction will begin in the spring of 2017.

University of Calgary

Schulich School “Yellow Box” – The infill area opens in November.

MacKimmie Tower – planning is ongoing on the block and link.

Eyes High Campaign – Consultations wrap up in December.

Outreach Program – is focusing on Indigenous people

Grant Projects – 8 new capital project grants have been received and include: the science A, Mechanical/Electrical building, Spy Hill facility and Kananaskis Field Station. The weather tower on the west campus will be moved to Spy Hill. The 10 meter mast may return for a future research project.

Foothills Labs – interior renovations are under way.

Market Mall

Expansion - 25,000 Sq ft Sport Check expansion and relocation to the former Target space. Signage plans have been submitted to the City, West Lot will be closed to July 2017. Sport life will open in the fall of 2017.

Vecova – Master plan is expected in January 2017.

Montgomery CA – The East Bowmont Bridge construction is underway (updated map on city web site). The main street project has had 2 successful open houses and the City has made changes as a result. Montgomery is hoping for more infrastructure. The Edworthy work out park has been well received. The community is in the process of a pre-application for a garbage bin. They have hosted a flood mitigation open house and will conduct an asset (parks, amenities etc.) mapping exercise to assist in the Mainstreet project input. Montgomery will be getting some additional funding as a result of a proposed cell tower installation. The CA has provided a letter of support for West Campus Development Trust.

~continued next page~

PROJECT UPDATE...cont'd.

Varsity CA – The Groves of Varsity in Crowchild Square will soon have senior's residences ready for occupation. The community has issues with the proposed land use amendment for the strip mall on the same location. The City has advised that the application is in early days – the application will require a TIA, and consultation among other items.

University Heights CA – The CA has concerns with the parking around the polish Church as it is unregulated.

St Andrews Heights CA – Good feedback for CANA construction on the Foothills site – “good TV” for those enjoying watching the construction progress. Good efforts have been recognized in the areas of noise by-law respect and dust control. There are concerns with parking on the blind corner on Toronto Crescent being particularly hazardous. The School has been sold again and the new owner is Montessori School who will move in in Sept 2017. They could rent out parking and meeting space in the interim. The CA have also provided a letter of support for West Campus Development Trust. The community has significant concerns on the future plans to turn 13th avenue and University Drive into a traffic circle. Issues include: poor egress from the community, hazardous for bikes and not pedestrian friendly, they are hosting a meeting with the City on November 24 to discuss.

Parkdale CA – Parkdale noted concerns regarding the parking issues around the Belcher Care Centre where crosswalks are constantly blocked and calls are made daily to traffic enforcement. Comments were also shared regarding the poorly received Contextual approval information gathering session hosted by the City. Other community representatives in attendance echoed similar concerns. The City will be responding to the communities with a revised strategy in the coming months.



Parkdale Real Estate Update

Last 12 Months Parkdale MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
October 2016	\$834,900.00	\$816,750.00
September 2016	\$941,950.00	\$909,500.00
August 2016	\$737,450.00	\$728,750.00
July 2016	\$749,900.00	\$730,000.00
June 2016	\$959,000.00	\$956,700.00
May 2016	\$959,000.00	\$960,000.00
April 2016	\$709,900.00	\$720,500.00
March 2016	\$662,200.00	\$642,500.00
February 2016	\$0.00	\$0.00
January 2016	\$899,900.00	\$860,000.00
December 2015	\$0.00	\$0.00
November 2015	\$0.00	\$0.00

Last 12 Months Parkdale MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
October 2016	2	1
September 2016	6	2
August 2016	4	2
July 2016	2	1
June 2016	3	3
May 2016	8	7
April 2016	7	2
March 2016	3	8
February 2016	7	0
January 2016	2	3
December 2015	5	0
November 2015	2	0

To view more detailed information that comprise the above MLS averages please visit parkdale.great-news.ca



Happy Holidays from Calgary Humane Society!

December is always a time filled with a lot of festivity at the shelter and we hope you are enjoying your own holiday traditions at home. As always, we are starting out the season with our Christmas Party for the Animals, a free family event, on December 3, 2016. All December long we will also be collecting treats and toys for the shelter pets to enjoy on Christmas morning, as part of our “Stuff a Pooch Pad” campaign. At Calgary Humane Society we believe that every pet should have a special festive season, so with that in mind we are bringing you our top suggestions on how to make the holidays fun and safe for you and your pet!

1. Distract Fido with special treats! Having family and friends join you for a meal is a fantastic holiday tradition, and with a little creativity your pet can also join the dinner fun. Freezing hard rubber “Kong” toys stuffed with soft food is not only a delicious indulgence, it can also distract Fido while you enjoy dinner in peace!

2. Choose “Fluffy friendly” wrapping and decorations! Many pets, especially cats, love to investigate holiday décor. Put plastic or metal decorations towards the bottom of the tree and consider skipping ribbons and tinsel as these could be dangerous if swallowed. If you have a wrapping paper scraps left over you can create a fun diversion for your feline friend by hiding a treat or two inside a crumpled paper ball.

3. Secure the tree! If you have pets (or small children) visiting your house over the holiday season you can safeguard your ‘silent night’ by securing your tree to the wall. A strategically placed pet exercise pen can also

provide protection for your tree and presents.

4. Holiday baking? Yes please! Looking for a great way to amuse younger houseguests AND include your pet on

the fun? Bake and decorate delicious dog cookies with pet-friendly ingredients like cheese powder, yogurt ‘icing’, flax seed and carob chips. Need a recipe? Email humane.education@calgaryhumane.ca and we’ll be happy to share our favorites!

5. Put Santa’s cookies on the mantle, not the floor! To keep your pet from getting a lump of coal (or a pricey vet visit) for Christmas, store Santa’s cookies and other holiday goodies up and away from curious noses. Better yet? Keep a bowl of approved treats on hand for houseguests that want to share the holiday cheer.

6. Spend some quality time together! Holidays are a busy time, but they are also a great chance to spend some quality time with your pet. Bundle up Fido and head out to check out the holiday light displays or curl up on the couch with Fluffy to enjoy your favourite festive film.

7. Give your pet a space of their own. When houseguests come calling some pets may prefer to sneak off for some relaxation. Providing a ‘safe haven’ in your house is as easy as placing a comfy bed and some of your pet’s favorite items in a room that company will not be spending time in.

8. Spread some holiday cheer! Drop by the shelter to find the ‘purr-fect’ gift at our Pet Gear Store or drop off a pet toy for our “Stuff a Pooch Pad campaign”. We’re all decked out for the holidays and we would love to hear from you!

From all of us at Calgary Humane Society, have a safe and happy holiday season!

5

Winter Driving Fuel-Efficiency Tips



With its cold winds, long nights, and merciless snows, winter can be an ordeal for both you and your car. But beyond all the extra windshield washer fluid and maintenance your ride will need, your fuel budget will likely see the biggest bump — gas use can spike by over 25 percent, adding more to an already-too-large chunk of your budget.

This is because the cold winter air puts more aerodynamic drag on your vehicle and your engine has to work harder to plow through all that snow and slush. But you can fight back with a few surprisingly simple tricks:

1. Chill out and go easy. Aggressive driving uses much more gas than you'd expect. Speeding up and slowing down suddenly makes your engine work harder than it should, so take it smooth and steady behind the wheel to see some savings.
2. Plan ahead. Beyond driving more gently in general, you can cut down on gas use with some simple planning. By keeping a careful eye on traffic ahead and keeping your speed down, you can save yourself the painful start-stopping that drives up your gas use, and still arrive on time. Working to curb those bad habits can save you time at the pump and aggravation on the road. And whenever possible, plan your route ahead of time using radio traffic alerts or a smartphone app that

helps you avoid any gas-guzzling jams.

3. Don't idle to start up. Are you using a remote starter or starting your engine then running back inside to let your vehicle warm up? Don't fall for the driveway-idle trap — not only does it suck up gas and increase emissions, idling for more than 30 seconds doesn't give any extra benefit. All you need to do to warm up your car is to drive it gently for a few minutes. You'll be warmed up and on your way in no time.
4. Keep an eye on your tires. Tire pressure changes with air temperature, so check your tires at least once a month to make sure they're inflated correctly. Driving on tires that are under-inflated by as little as 8 psi can cut their life by more than 10,000 km and drive up your gas use to boot.
5. Use a block heater. Block heaters warm up your car's engine before you start and can cut down on gas use dramatically by eliminating the need for you to warm up the engine at all. Use a timer on the block heater for added convenience; just set it to turn on about 2 hours before you need to drive, and you're off to the races with a pre-warmed engine, gas in your tank, and money in your pocket.

Find more information online at vehicles.gc.ca.
www.newscanada.com

You're invited...

Join Dr. David Swann, MLA, Calgary Mountain View and CMHA Peer Options for a Christmas Open House.

Wednesday, December 21 3:00pm to 6:00pm
Calgary Mountain View Constituency Office
102, 723 14 Street NW

Nonperishable donations to the Calgary Food Bank will be gratefully accepted.
Light refreshments will be served.
Limited visitor parking available behind the building.


Merry Christmas

DECEMBER MOON CALENDAR

 First Quarter Dec 7	 Full Moon Dec 13
 Last Quarter Dec 20	 New Moon Dec 28

DID YOU KNOW?

The Canadian Dental Association recommends your child visit the dentist by the age of 1.



Dr. Lauren Vredenburg, age 1

CalgaryFineDentistry.com
1910-20th Ave NW, Suite 206 • 403-284-3061

COME CHECK US OUT!



News from the Friends of Nose Hill

by Anne Burke

This summer some residents had concerns about pet rabbits released into the wild. Would this problem be part of the City's jurisdiction, as it was in Canmore? The General Manager of Community Services reported to City Council that most of the rabbits in communities are jack rabbits, which are feral (wild) animals.

The City does have authority over pet rabbits, under the Community Standards Bylaw, for example. Feral animals are up to the province's Animal and Wildlife Services. The Community Services Department at the City will work with Council to provide information on how to direct residents and ensure that their concerns are properly addressed.

At a council committee on Community & Protective Services, a motion was passed to propose bylaw changes in order to use livestock grazing as a land management and weed control tool on City lands in 2017.

Natural areas provide multiple ecosystem services, which are of value to city residents. For example, there is computer

software to measure the urban forest in at least 3 environmental services: cleansing the air; storing carbon; and reducing storm water in the City.

So far, it was found that the average benefit per tree in Edmonton's urban forest was US \$74.73 (\$97.96 Canadian). The cost for caring for each tree is US \$18.38 (\$24.09 Canadian), resulting in a net benefit of US \$56.35 (\$73.87 Canadian).

Cities and local governments play a crucial role in the pursuit of a greener existence through efficiently integrating urban development and biodiversity management at the local level. With rapid human development and expansion, biodiversity is being lost, but there are some new urban biodiversity guidelines.

In the fall of 2016, the Mayor signed the Durban Commitment. Calgary is the 3rd Canadian city, after Edmonton and Montreal, to formally join an international program directed by Local Action for Biodiversity, for local governments from across the world to improve biodiversity planning and management. It is estimated that 90% of the world's population will live in urban areas by 2100.

By 2025, Calgary will:

- Evaluate landscapes in Calgary and set targets for conservation measures to identify, protect, and manage ecological cores and corridors.
- Restore 20% of Calgary's current open space to increase biodiversity.
- Identify invasive species in Calgary's open space and complete strategies for their management.

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Parkdale. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

BMP MECHANICAL LTD: is a professional mechanical company offering plumbing, heating, air conditioning and drain cleaning services for Calgary and area homeowners. Our services include: repairs and installation of new furnaces; hot water tanks and air conditioning systems; regular maintenance and emergency drain cleaning - including drain video inspections. Contact us at 403-816-4409 or service@bmpmechanical.com.

DO YOU NEED AN EXTRA SET OF HANDS? C & L Helping Hands can provide them! We offer handy-man services, personal assistant, kitchen helper, cleaning and much more! Email: cl@clhelpinghands.ca. Call Craig or Laurie at 403-880-7125 or 403-510-8551.

CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms. From cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

CPR CLASSES FOR INDIVIDUALS OR GROUPS: (\$75 for individuals. \$65 for individuals in groups of two or more). Weekends, evenings and some day times are available. Contact Brian at 403-253-7475.



FAMOUS FIVE DISTRICT

Girls joining Girl Guides, (ages 5 to 17) look forward to a fun and active time. Enrolments are taking place, camps are being planned, program work is decided, outings are chosen and so much more. Thanks to all those volunteer leaders and parent helpers who make it happen. It doesn't happen without your time, talents and energies. If you are interested in being a leader, contact Pat at isteads@telus.net for all the details. Some units are already at capacity but we are still accepting registrations for girls in other units. Go to www.girlguides.ca and look for the Unit Finder tab to find a unit near you. It's never too late to register.

Everyone is Welcome: The Girl Guide Motto is "Be Prepared". The date has been decided for our Annual Carnival. We want you to "Be Prepared" to have a fun day and support the girls in your community by attending the Carnival on Saturday, March 4, 2017. Money raised at the carnival stays with the units to help with program and camps. More details will follow in the coming months but mark this date on your calendar now. Location will be Queensland Community Centre. Everyone in the community is invited. Silent Auction, games, lunch room, bake sale and so much more await you.



MP, CALGARY CONFEDERATION LEN WEBBER

2020 10 St NW, T2M3M2
403-220-0888
len.webber@parl.gc.ca

A Sensible Solution

For those who may not already know, I have been a long-time advocate of organ and tissue donation in Canada and was instrumental in creating the organ donor registry in Alberta a few years ago.

However, the reality is 4,600 Canadians are awaiting a transplant and we need to do more to find those critical matches to save more lives.

I have introduced a Private Member's Bill, Bill C-316, which proposes a very simple, very effective method to increase the size of the organ donor base in Canada. It will also help update existing databases.

I am proposing we add a line to the annual tax forms that asks Canadians if they would like to become an organ donor and if they want to have this information

passed to their provincial government for addition to the existing organ donor registries. The provinces will still be maintaining their own lists and the federal government will just be supplying them with data for that purpose.

The Canada Revenue Agency already successfully shares data every day with all the provinces and territories via encrypted networks with strong and reliable privacy safeguards. In addition, the existing infrastructure would support this change with virtually no cost. CRA already shares dozens of data fields of information on every taxpayer with the provinces and territories and this would simply be one more data field.

The tax form is a way to update this information annually via a legally-binding document. It would allow for lists to remain current and relevant.

Currently, the only proactive approach used by governments is to ask for donors via the driver's licence registration process. The number of people getting drivers' licences is dropping every year.

The voluntary online method of registering is neither proactive or fully effective. Those who move from one province to another do not update their information, especially young people who are prime donors. The tax form approach overcomes these common problems and expands the potential donors reached.

Sadly, when someone dies, the tax department is often one of the first government agencies to be notified. This too will help update provincial registries and keep them current. This makes for a more effective and responsive donation system.

I hope I can count on your support for Bill C-316.



COUNCILLOR, WARD 14 PETER DEMONG

www.calgary.ca/ward14
eaward14@calgary.ca or 403 268-1653

Hi Everyone!

It's the holiday season, and I hope you will have some time to spend with friends and family. Here are a few notes that will help you during December.

Snow and Ice Control

It is a good thing to mention once or twice a year... The City maintains over 16,000 lane kilometres of road excluding Deerfoot and Stoney Trail, which are the Province's responsibility. Naturally, maintaining this amount of road requires prioritization. That is why the City endeavors to maintain all roads seven days from the end of a snowfall. You can expect a major road like Macleod Trail to be cleared within 24 hours of the last snowflake, while your own street will likely be taken care of within day 3-7. Parking bans may be called if you live on a Snow Route. They are marked by a blue sign with a white snowflake.

The City clears about half of its 800 kilometres of pathway too. How do we decide what pathway to clear? That is based on a combination of volume, steepness, and the connections that it makes. Pathways are to be cleared within 24 hours of the last snowflake.

Sidewalks are the responsibility of the property owner. They are to be cleared within 24 hours of the last snowflake.

I highly recommended downloading the City's Roads App. It will have all the latest updates on Calgary's roads. Calgary.ca/snow and calgary.ca/roadconditions will have that information too. You can also call 311 and ask.

Natural Gas Carbon Levy Information

The Province's carbon tax levy is going to be a tough pill to swallow for most of us, but that doesn't mean that you can't be prepared. Budgeting is an extremely important habit to get into, and I am very happy that Enmax is helping people do that. Along with posting general information on their blog (enmaxonforyou.ca), they have provided customers with individualized estimates of the carbon tax levy. If you haven't already looked over your estimate and the blog, I suggest you do so. There is information there that is likely to save you money.

Reporting Street Light Outages

We have a really neat new way to report street light outages. You will be able to select street lights that are out, flickering, or burning during the day on a map to indicate that they need repair. Keep in mind that the City is not responsible for the repair of streetlights in back alleys, parks and recreation areas, or Deerfoot Trail, Stoney Trail North, or Stoney Trail South. To find the map and get more information go to calgary.ca/streetlights.

Counciltalk

Now I would like to look forward to the upcoming year, because in January my Counciltalk sessions will begin again. I won't go into too much detail because I think many of you already know what they are about. If not, you can learn more at calgary.ca/counciltalk and sign up to receive important updates about things like Counciltalk at calgary.ca/ward14connect.

We will be starting at the Lake Bonavista Community Centre this year. You are welcome to join me in the multi-purpose room on Saturday, January 28 from noon to 2 p.m. I hope you can come!

Thanks for reading. Have a Merry Christmas, Happy Holiday, and joyful New Year!

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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

Buy one chocolate bar, get one free*!

Redeem this coupon at either the **Chocolaterie Bernard Callebaut® Crowfoot Square** or **Dalhousie Station** location for 1 complimentary 56 g **solid chocolate bar** when one is purchased.

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Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

Xmas mince pies

Mince pies - a traditional holiday meal from the UK - were originally filled with meat, such as lamb, rather than a dried fruit mix as they are today. They were also first made in an oval shape to represent the manger that baby Jesus slept in, with the top representing his swaddling clothes.



BRAIN GAMES

SUDOKU

4	6	7	8	2	9	1	3	5
5	8	9	3	4	1	6	2	7
1	2	3	5	6	7	4	8	9
7	4	5	1	8	6	2	9	3
3	1	6	9	7	2	8	5	4
2	9	8	4	5	3	7	1	6
8	5	2	7	3	4	9	6	1
6	7	1	2	9	5	3	4	8
9	3	4	6	1	8	5	7	2



COUNCILLOR, WARD 7 DRUH FARRELL

ward07@calgary.ca • www.druhfarrell.ca
Twitter: @DruhFarrell • Facebook: Druh Farrell

It is that time of year when we gather-round the kitchen table to spend time with friends and family. We will reflect on good fortune and happy times, as well as look forward to an even better 2017.

Sadly, not all of our neighbours will be as fortunate this holiday season. Whether due to the recession, loneliness, poor health, or other challenges, many Calgarians could use a kind word and a helping hand. While many live through difficult circumstances year-round, the holidays are an ideal time for us to share our generosity and kindness. Here are just a few of the ways we can help:

- Call 211 (online at www.ab.211.ca when you see someone in need. Here you can access a wide-variety of social programs and services.
- Make a donation to a non-profit in your community. For information on charities and their finances, visit www.cra-arc.gc.ca/charitiesandgiving/.
- Volunteer! The possibilities are endless. From reading to children to visiting seniors' centres, call 211 to connect to volunteer opportunities, or create your own.
- Start a conversation about poverty. To learn more about poverty in Calgary, visit www.enoughforall.ca.
- Learn what it feels like to live in poverty by trying to *Make the Month*. www.makethemonth.ca is an interactive poverty simulation that shows how Canadians living in poverty face choices that will make or break their monthly budgets.

There are also easy ways we can help our neighbours on a regular basis in the winter months. A great example is becoming a Snow Angel. Watch for people in your neighbourhood who could use help shovelling snow and lend them a hand. To learn more about being a Snow Angel, or to recognize a neighbour's good deeds, visit www.calgary.ca/snowangels.

From the Ward 7 family to yours, we hope all Calgarians can enjoy a happy and compassionate holiday season.

To sign up for updates on key community and Ward 7 issues, please visit www.druhfarrell.ca. To contact my office, please email Ward07@Calgary.ca.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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COMMUNITY ANNOUNCEMENTS

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

LOVE TO SING? Want to experience the benefits of singing in a welcoming vocal community? Vocal Latitudes may be the choir for you. A non-audition World Music community choir, Vocal Latitudes meets Tuesday evenings from September to May in a convenient central location. For more information, see www.vocalatitudes.org.

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Directed by Jamie Eastgaard-Ross

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At The Pumphouse Theatre
Tickets: 403-246-2999; morpheustheatre.ca



HELP END DIABETES

Diabetes is a complex disease with many causes and no known cure. In Alberta, an estimated 303,000 people have been diagnosed with diabetes and a further 600,000 live with prediabetes.

With your support, the Canadian Diabetes Association (CDA) can improve lives and make it possible to fund leading-edge research and innovative educational programs; send kids with type 1 diabetes to the CDA's D-Camps; and provide Albertans with access to programs, services and resources to manage their disease and live well.



HOW CAN YOU HELP?



JOIN TEAM DIABETES

Get active! Run, walk or hike in exciting international and Canadian events.



GIVE TO CLOTHESLINE®

Donate your gently used clothing, books, toys, electronics, vehicle and more.



HOLD A FUNDRAISING EVENT

Explore the fun and easy ways you can help raise funds for diabetes.



VOLUNTEER

We couldn't do what we do without the support of our volunteers.



BECOME AN ADVOCATE

Interested in sharing your story and speaking on behalf of those living with diabetes?



DONATE

Text "Diabetes" to 587-600-6088 or honour someone online at diabetes.ca/donate.

Celebrating 4 years of peace of mind.

Since Jean moved into her Chartwell residence, she and daughter Lynn have continued their tradition of weekly lunch and shopping dates, but at age 99 she's now added bingo tournaments, chair yoga and bus tours to her daily schedule! You too can experience the peace of mind that comes with living in an engaging and supportive community.

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CONVERSATION
TODAY!**

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GUIDE](http://CHARTWELL.COM/GUIDE)



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