

FEBRUARY 2016

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your



# PARKDALE POST

THE OFFICIAL PARKDALE COMMUNITY NEWSLETTER



# It just doesn't get better than this

OUR JOB IS TO KEEP IT THIS WAY



Your city employees want to start the new year with a big *Thank You* for appreciating our efforts in keeping Calgary clean and green. You gave our garbage and recycling teams a *97% satisfaction* rating last year.

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**Making your city  
work for you**

And we'd also like to thank the City for reaffirming their commitment to keeping this service public — and saying *No Thank You* to a for-profit service that would have cost taxpayers 5-20% more!

**Here's to another great year, in Canada's greatest city.**

Photo by Jeff Wallace: facebook.com/jeffwallacephotography/  
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Parkdale Community Association

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# PARKDALE COMMUNITY ASSOCIATION

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The PCA Office is usually open 7:30 a.m. to 3:00 p.m. Monday to Friday.  
Please call or email and leave a message if you need support from the PCA Office. The PCA Office is closed on all statutory holidays.

## BOARD OF DIRECTORS

### EXECUTIVE

President	Colin Brandt	<a href="mailto:communications@parkdalecommunity.com">communications@parkdalecommunity.com</a>
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### BOARD MEMBERS

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City Representative	Gini Clark	<a href="mailto:virginia.clark@calgary.ca">virginia.clark@calgary.ca</a>

## ABOUT YOUR PARKDALE POST

Editor David Wing [editor@parkdalecommunity.com](mailto:editor@parkdalecommunity.com)  
Editor-in-Chief Colin Brandt [communications@parkdalecommunity.com](mailto:communications@parkdalecommunity.com)

If you would like to get your community article printed in next month's issue of your Parkdale Post, please submit it to [communications@parkdalecommunity.com](mailto:communications@parkdalecommunity.com) by the 10th of the month prior to publication. For details and a copy of the PCA Style and Editorial Guide, visit <http://parkdalecommunity.com/news/styleguide/>

## FOLLOW US ON SOCIAL MEDIA

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<https://www.facebook.com/parkdalecommunity>  
<https://www.facebook.com/pcggs>

## PRESIDENT'S MESSAGE

After a short break for the holiday season, the Board and PCA Executive are back in action, taking on a number of new initiatives in the winter and spring. I wanted to highlight a couple of key initiatives that have really started the ball rolling in 2016:

### Community Rink

John Butterwick, our board member responsible for the rink, has done a fantastic job of getting the rink up to some of the best ice we've seen in years. To be honest, between the upgrades made by the CSSC and the work John's done, we're in the running for one of the best open ice rinks in the city. John's just welcomed a new member into his family, so congrats to him for the rink – and for the new baby!

### Soccer Registration

Our youth soccer program continues to accept registrations through the next month, so please book your kids in now if you can. Some of our age group are already almost full and we don't want anyone to miss out – visit [parkdalecommunity.com](http://parkdalecommunity.com) for details.

### Planning and Development

P&D has done some outstanding work with the University of Calgary's Faculty of Environmental Design to develop the Parkdale Community Development Plan, a guide to the community's future growth and development, including a fantastic toolkit that is really worth a read. You can find it all on our website, starting at the beginning of February.

Colin Brandt



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## Parkdale Real Estate Update

### Last 12 Months Parkdale

### MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
January 2016	\$830,633	\$801,333
December 2015	\$0	\$0
November 2015	\$0	\$0
October 2015	\$1,026,720	\$965,500
September 2015	\$744,675	\$723,634
August 2015	\$1,146,233	\$1,129,800
July 2015	\$774,450	\$755,000
June 2015	\$804,575	\$774,500
May 2015	\$997,116	\$965,333
April 2015	\$755,940	\$739,400
March 2015	\$756,900	\$710,000
February 2015	\$1,134,600	\$1,086,666

### Last 12 Months Parkdale

### MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
January 2016	4	3
December 2015	7	0
November 2015	4	0
October 2015	7	5
September 2015	7	4
August 2015	7	3
July 2015	7	2
June 2015	5	4
May 2015	2	6
April 2015	10	5
March 2015	8	2
February 2015	3	3
Total	71	37

To view the specific SOLD Listings that comprise the above MLS averages please visit [parkdale.great-news.ca](http://parkdale.great-news.ca)



## Alberta Health Services

A temporary staff parking lot is being planned on University District lands while the new parkade is being constructed on FMC. Construction of the temporary lot is expected to begin in the latter part of summer of 2016. The new parkade will be constructed in two phases over 36 months. Also there will be an expansion of Lot 8A on FMC.

## Cadillac Fairview Update (Market Mall)

Development Permit for Sport Check expansion was submitted in December 2015. The 25000 sq ft expansion is being planned within existing space (no land use amendment). Sporting Life, Home Sense and Zara are still planned tenants for the Target space, however no signed deals to date. Construction should begin in 2016.

## City of Calgary – Rick Michalenko

The Banff Trail and Capitol Hill ARP amendments are going to The Calgary Planning Commission on January 14 with a public hearing expected March 7. The area in question is north of 16th Avenue and East of Crowchild Trail.

## Western Securities – Lesleigh Sturge

Rubble from the fire has been mainly cleaned up. Cobbs Bread is badly damaged and may need to be relocated. The Stadium Shopping Center development permit (DP) is scheduled for submission on January 28, 2016. The proposed underground parkade is reduced from 3 levels to two. The reduction is supported by proximity to significant transit routes and stall sharing (i.e. daytime uses, evening uses, peak demand etc.). The city will review the proposed parking adequacy as part of the DP review.

## University of Calgary – Boris Dragicevic, Jane Ferrabee, John Greggs, Kiran Kadavil

Long range planning consultation has started. City Transit is engaged in the process. Updates will be provided at future meetings. The University turns 50 in 2016 – further updates on events are forthcoming.

## University District (Formerly West Campus) – Travis Oberg, James Robertson

Phase 1 builders will be announced in the Spring of 2016. An open house for the temporary HAS parking lot will be held on January 14 from 5:00 to 8:00 in the Mennonite Church by Stadium Shopping Centre.

## Main Street Bowness BRZ

The City is are looking at potential improvement to Main Street Bowness. Gas Plus continues to be an on-going issue. Sanitary trunk construction is on schedule for May 2016 completion.

## Montgomery – Marilyn Wannamaker, Rhonda Zander

Their AGM will be held in February, and the development permit for their make up air unit has been approved. Once complete their kitchen will be operable again.

## Varity – Darlene Feil, Bill Rennie

Christine Meilke School, The Groves of Varsity and the old Turbo site on Shaganappi Tr are all currently under construction and in various stages of completion.

## University Heights – Peter Khu

The University Heights community has pulled together to fully provide a Syrian refugee family with clothing and essentials. The fundraiser was a big success and the family will be residing in Marlborough. The University Heights Community Association will also be working closely with Alberta Health Services on the temporary surface parking project.

## Parkdale – Vince Walker

The Parkdale Plan will be reviewed for approval on January 12.

## St. Andrews Heights – Liz Murray

The Rundle school property has been sold and a 4-storey assisted living development comprising approximately 160 beds is being proposed. Only the school area is to be developed – the green space is to be preserved.



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# The McKay sisters return to reminisce on their 125-year old family history in Parkdale

## Lynne and Jan McKay

**Great granddaughters of Alfred Sidney McKay (1860-1940)**

**Granddaughters of Alfred Edward McKay (1890-1950)**

**Daughters of Robert (Mac) Alfred McKay -Dad- (1920-2015)**

The McKay's - Jan (Chaloner) and Lynne returned to their roots in Parkdale for a short, but rewarding visit last summer. The sisters are the great granddaughters to Alfred Sidney McKay, the founder of Parkdale.

The brick home at 134 – 37 Street has a special meaning for them. The home was grand in its day, with a full 610 square feet on each of two floors. Their father Robert (Mac) Alfred McKay was born there on October 26, 1920.

Back then home births were the norm. The road in front of the house was dirt and looked across to Great Granddad's magnificent sandstone home. Of course the prevailing westerly winds blew dirt into the house. Baths were taken once a week in the same cast iron bathtub that exists today.

The sisters can imagine their dad touching the same bedroom doors and glass doorknobs that are well restored, as well as the hardwood floors he played on. They imagined the outdoor plumbing (outhouse) was cold in the winter.

Times were different back then. During tea and cookies with the present day owners many stories were discussed and memories came alive. A perfect afternoon, what a feeling...

The current house owners, Darcy and Donna Morgan, renovated the house from top to bottom including an updated addition. They



Home of Darcy and Donna Morgan 134 – 37 Street



Cinema Park Drive opened in 1954 on Grandpa's farm.



The Calgary Tram Line



Fifth house from the left in 1918 was 134 - 37th street NW where dad (Mac) was born in 1920



Calgary 8th Ave 1912

paid the utmost respect to the heritage of the house and kept much of the character. The house continues to have a great presence and peaceful atmosphere that radiates warmth and happiness.

Back in 1912, five brick houses were built on 37 Street as a parade of show homes to introduce Parkdale to Calgary. They were located just up the road from the new Calgary tramline that had a turnaround at 37 Street and Memorial Drive (3rd Ave).

The remaining four homes today are still a showcase that leaves you in awe. It was back in 1891, or 125 years ago, that Alfred Sidney McKay owned the land we now call Parkdale. Point McKay was named after this area pioneer, as his sandstone homestead on 1st Avenue, just west of 37 Street, still exists as part of the Point McKay Townhome complex.

More Parkdale history details can be found on the Parkdale Timeline on the PCA Website - ([www.parkdalecommunity.com/wp-content/uploads/2012/11/Timeline-Parkdale-the-last-130-years.pdf](http://www.parkdalecommunity.com/wp-content/uploads/2012/11/Timeline-Parkdale-the-last-130-years.pdf))

Submitted by Parkdale's Resident Historian - Marcel Hebert



## PARKDALE COMMUNITY ASSOCIATION (PCA)

3512 - 5th Avenue NW, Calgary AB, T2N 0V7  
Tel: (403) 283-5767 E-mail: office@parkdalecommunity.com

### TIME BLOCK RENTALS AND BASE RENTAL RATES

TIME BLOCKS (Minimum rental period/cost, i.e., no partial blocks fees allowed)	REQUIRE? Y=Yes	RENT FEES	RENTAL COST
<b>Weekday Time Blocks</b>			
Mon; Tue; Wed; and/or Thur.			
Morning (8 am to 12 noon)		\$350	
Afternoon (1 pm to 5 pm)		\$350	
Evening (6 pm to 11:30 pm*)		\$350	
All day (8:00 am to 1:00 am*)		\$550	
* Extra late charges of \$60 per hour apply beyond these closing hours			
<b>Weekend Time Blocks:</b>			
Fri; Sat; and/or Sun.			
Morning (8 am to 12 noon)		\$350	
Afternoon ( 1 pm to 5 pm)		\$350	
Evening ( 6 pm to 1 am *)		\$750	
All Day (8 am to 1 am*)		\$850	
* Extra late charges of \$60 per hour apply beyond these rental hours			
<b>EXTRA SERVICES</b>			
Kitchen Use: -For Storage Only		\$80	
-Full Use of Kitchen		\$175	
PCA to Set Up - (Tables and Chairs, etc)		\$150	
PCA to Take Down (Tables and Chairs, etc)		\$150	
PCA to Open and/or Lock Up (Fee also charged if PCA responds to alarm)		\$100	
Sound Equipment – Basic System		\$100	
Sound Equipment – Enhanced System		\$250	
Rehearsal Hall A or B			
SOCAN Music Fee (any function playing music)		\$26.63	
Elevator		N/C	
Security Guard (Mandatory requirement if alcohol is being served)		\$30.00/hr	
Cleaning Fee (If Rentee hires PCA to clean)		\$250	
<b>Total</b>			
<b>5% GST – Reg# 10781 4949</b>			
<b>TOTAL FEES FOR RENTAL</b>			<b>\$ XXX</b>
<b>Damage Deposit</b>		<b>\$500.00</b>	<b>\$XXX</b>
<b>TOTAL INCLUDING DAMAGE DEPOSIT</b>			<b>\$XXX</b>

## FEBRUARY MOON CALENDAR



New  
Moon  
Feb 8



First  
Quarter  
Feb 15



Full  
Moon  
Feb 22

# your COMMUNITY business of the month

## Spaghetti Cafe Prairie Montgomery Community

Opening in November of 2015 the Spaghetti Cafe Prairie set out to do two things. We wish to share our passion for food and also provide great versions of everyone's favourite comfort food; spaghetti. We are whole heartedly committed to our community and to giving our patrons high quality dishes at a great value. No matter what kind of taste you prefer we will have spaghetti options for you.

Owned and operated by Chef Takeshi Yamaura our menu features 14 different and distinct spaghetti dishes ranging from the classic spaghetti and meatballs to more modern takes such as spaghetti with salmon. We have the western flavour of our chilli spaghetti and also fun fusion dishes with the Japanese style spaghetti and spaghetti with shrimp and cilantro.

Chef Takeshi hails from Kawasaki City Japan and brings his 12 years of professional experience to our warm and family friendly restaurant. As a child living in Japan Chef Takeshi grew to love specialty restaurants and now he puts that love onto the plate with Alberta's only spaghetti specialty restaurant. In Japan it is common for foreign cuisine to be served in restaurants that exclusively provide one type of dish. These establishments then attempt to create traditional versions of their chosen dish alongside fusion versions.

Montgomery is a good place to live, work and play and we are thrilled to be a part of such a strong community. Montgomery has a long and proud tradition of having wonderful people and great support for local businesses, things that we wanted to be associated with from day one. From the beauty of the riverfront to the thriving stores and restaurants, we feel that this is the place to be.

Located in at 4708 16th Ave NW (next to the BK Liquor store) our restaurant features a calm prairie style atmosphere with options for eating in, take out and delivery. Our number is 403-455-7187 and orders can also be placed online through the Just Eat website. We are open from 11am - 9pm Tuesday to Saturday and Sunday from 10am - 8pm. Our prices range from \$7.50 to \$12.50, add \$2.50 to make it a combo. Also be sure to use this add to get a free order of garlic toast with your meal.

Please visit us on Facebook and check us out on Yelp, be sure to leave a review! We look forward to serving you.





## MARCH 5 BLITZ SNOWSHOE FUN RUN — LAKE LOUISE

Snowshoeing is one of the fastest growing outdoor winter activities. Get involved in the trend and participate in a 5 kilometre of 10 kilometre snowshoe fun race. [www.snowshoe.blitzevents.ca](http://www.snowshoe.blitzevents.ca)



## MARCH 5 TO 6 CALGARY MAPLE FESTIVAL DES SUCRES

Running all weekend at Heritage Park, this event is a celebration of francophone music, culture and food. [www.calgarymaplefest.com](http://www.calgarymaplefest.com)



## MARCH 18 TO 28 SPRING RALLY IN THE ALLEY

This annual, family-friendly event offers a range of activities centered around different modes of transportation. [www.heritagepark.ca](http://www.heritagepark.ca)



## YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

- 1 • **January 16 to May 31 - Body Worlds Vital:** The
- 2 exhibition celebrates the living human body and allows
- 3 visitors to learn about human anatomy is a far more real
- 4 way than any textbook. [www.sparkscience.ca](http://www.sparkscience.ca)
- 5 • **March 3 - The Harlem Globetrotters:** The Harlem
- 6 Globetrotters, a world-famous exhibition basketball
- 7 team, combines athletic feats and teamwork with theatre
- 8 and comedy. [www.harlemglobetrotters.com](http://www.harlemglobetrotters.com)
- 9 • **March 3 - Sgt. Pepper's Lonely Hearts Club Band:**
- 10 The Art of Time Ensemble is a chamber group that
- 11 merges chamber music and pop music in this concert.
- 12 The ensemble reinvents The Beatles' soundtrack to The
- 13 Summer of Love. [www.calgaryphil.com](http://www.calgaryphil.com)
- 14 • **March 4 to 13 - The Big Taste:** Each year for The Big Taste,
- 15 a number of Calgary restaurants offer prix fixe menus,
- 16 giving Calgarians the chance to try the best of what each
- 17 restaurant offers. [www.calgarydowntown.com](http://www.calgarydowntown.com)
- 18 • **March 5 - The Black and White Ball:** Decidedly Jazz
- 19 Danceworks' annual fundraising party is a black and
- 20 white evening. Dress up in your finest (make sure it's
- 21 black or white) and dance the evening away. [www.decidedlyjazz.com](http://www.decidedlyjazz.com)
- 22 • **March 13 to 15 - Earth Science for Society Exhibit:**
- 23 Earth Science for Society (ESfS) is a free, family-friendly
- 24 event that is open to the public. It showcases the
- 25 importance of Earth Science in our everyday lives. [www.esfscanada.com](http://www.esfscanada.com)
- 26 • **March 17 to 19 - ACAD Student's Association Spring**
- 27 **Show + Sale:** See what Calgary's up-and-coming young
- 28 artists have produced during their school year. [www.acad.ca](http://www.acad.ca)
- 29 • **March 24 to 29 - Disney On Ice presents Dare to Dream:**
- 30 Disney princess stories are coming to the ice. The whole
- 31 family will have fun seeing these favourite stories come to
- life on the ice rink. [www.disneyonice.com](http://www.disneyonice.com)
- **March 29 to April 9 - Taking Flight:** Festival of Student
- Work: Each year, the Taking Flight festival showcases
- the range of work conceived, directed and performed
- by University of Calgary graduate and undergraduate
- students. [www.scpa.ucalgary.ca](http://www.scpa.ucalgary.ca)
- **March 30 to April 16 - Macbeth:** Darkness, dishonesty
- and murder fill Shakespeare's supernatural tragedy
- Macbeth. Macbeth timelessly highlights how ambition can
- cause one's downfall. [www.shakespearecompany.com](http://www.shakespearecompany.com)

## calgary reads

### Writings about Reading

#### Any place can be a reading place

Do you look for ways to encourage your child's enjoyment of reading? Creating a 'reading place' in your home can help!

A reading place might be in your child's bedroom, a cozy corner in the family room, a little nook under the stairs . . . or? Just remember the 3B's and you'll create a wonderfully welcoming spot:

#### Books

Make lots of books available. All kinds; picture books, stories, and nonfiction books about things your child is interested in (dogs, planes, machines, cake making perhaps). Encourage your child to write their name inside their books. Ownership is directly connected to higher reading scores.

#### Bookshelves

Have bookshelves or baskets, boxes or bags of books all over your home. Easy access means reading can happen anywhere, at anytime. In your special reading place books all around help create a colourful and welcoming environment.

#### Book lights

If you set your reading place up in a family room or bedroom, you can use a nearby lamp. Or, small, inexpensive lights (clip-on or flashlights) in cozy nooks make reading more of an adventure. Lights aid visibility and define a space that focuses a child on their reading.

#### Encourage other families and children to celebrate books and reading in their own reading place!

You can help others get excited about creating their own unique and comfy reading place too! If you take a photo of your child reading in their special reading place and would like to share it with us via:

- email to: [info@calgaryreads.com](mailto:info@calgaryreads.com)
- Instagram, Facebook, and Twitter using hashtag #MyReadingPlace and tagging @CalgaryReads

Those who submit one by March 15, 2016 will be entered into a random draw for various '3B' prizes.

For resources to help your child develop critical literacy skills and a joy of reading, visit [calgaryreads.com](http://calgaryreads.com).



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# News from the Friends of Nose Hill

by Anne Burke

We can preserve nature and foster biodiversity for future generations, by staying on designated pathways and trails in our parks, in addition to respecting wildlife habitat and their migration patterns. The long-range plans are to monitor and manage invasive species (weeds); reduce habitat fragmentation; and link important habitat areas in the city and region.

The city-wide Biodiversity committee has met and a website with agenda and minutes is in the works. In the meantime, digital versions of the 10-year strategic plan can be found on the City's biodiversity page at: [www.calgary.ca/biodiversity](http://www.calgary.ca/biodiversity).

Many of Calgary's existing open space sites, such as Nose Hill, Union Cemetery, Reader Rock Garden, Riley Park, Fort Calgary, and Inglewood Bird Sanctuary are in the category of Cultural landscapes. A major challenge is determining which method is most appropriate for the resource, with a view toward protection, preservation or conservation, and restoration.

Cultural resource projects may include some or all of the following:

- Protection: measures needed to guard against further damage or deterioration;
- Preservation: ongoing maintenance activities that preserve the historic appearance or features of the landscape;
- Restoration: the removal of later additions and the re-creation of missing elements

Of the 800 kms of city-wide pathways, City Council approved snow clearing for up to 350 kms. Generally, City Parks crews are to clear snow on pathways within 24 hours and on sidewalks adjacent to parks within 72 hours. Re: concerns about pathways in natural parks not being cleared, some trails/pathways are best used only in non-winter months. Due to the steepness of the slope or site conditions, there may be safety concerns for potential pathway users and crews.

Environmentally Significant Areas (ESAs) are land with conservation value.

This applies to the river valley system, the urban forest, and natural environment parks. The land includes escarpments, natural grasslands, woodlots, and native pasture but also pertains to wetlands, natural bodies of water, and riparian corridors (along the river margins and banks).

There is an update on Open Space policy for recreational and environmental park spaces. Stakeholder consultation meetings with City Parks staff and industry began in February 2015. A final draft form of impact assessment for ESAs was debated by Council in early 2016. Planning and mapping guidelines are expected and a work program completed by March 2016.



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## Dental Pain in Pets

If you have ever had a cavity, dental abscess, or fractured crown you may remember the pain you experienced probably made it difficult for you to concentrate on any task. Eventually you would seek dental treatment or rely on pain control to function. I see dental disease in almost every pet I examine in my veterinary clinic. Unfortunately preventative dental care is not something that most pet owners start early and continue daily. If there is a line of hot red swollen inflammation along your pet's teeth, put your nail against the edge of the gum where it meets the tooth. Does your pet wince and pull away?

Taking care of your pet's teeth can be time-consuming and expensive. Owners tend to ignore the teeth because they don't see them, but healthy teeth are directly linked to your pet's short and long-term well-being. I can't count the number of clients who have told me a month after a dental treatment that their elderly pets start playing with toys again and they didn't appreciate the discomfort their pet must have been experiencing.

Put to rest the belief that pets fed hard foods don't get dental disease. The value of specialized diets and dental products is limited, but really, if there was some magic component added to food that eliminated dental disease, wouldn't people be eating it to avoid our own dental disease and the ensuing costs.

Pets, ideally, should have their teeth brushed daily. Use a soft small tooth brush. Finger brushes don't work. Use pet toothpastes that do not foam or contain sodium bicarbonate so they can be swallowed. They come in flavours ranging from tuna to chicken to beef. Yum, yum! Many of my clients have even taught their pets to tolerate electric tooth brushes.

A few pets will not allow brushing under any circumstance. These pets will have to rely on the limited benefits from chewing products as well as a specialized

dental diet. None of these products out-perform the physical action of daily tooth brushing. Never give your pet hard bones, ice, and very hard toys.

Ideally pets should have regular preventative cleanings. Veterinarians offer every tool available to minimize the risks associated with general anaesthetic. Veterinarians doing pet dentals use ultrasonic scalers, drills, polishers, and advanced dental radiology to do as thorough a job as your own dentist and their staff. No self-respecting pet will tolerate a complete scaling and polishing below the gum line conscious.

I recently did a dental cleaning of a young dog's mouth expecting no or little disease. Visual examination prior to the cleaning everything looked good, but I discovered four deep pockets between the gums and four teeth. Dental radiographs confirmed the bone around the roots of the teeth was being eaten away by infection. The removal of diseased teeth allows a better chance to keep the surrounding teeth healthy. This disease would never have been discovered without a proper examination of an anaesthetized pet.

Superficial scraping of visual tartar only hides disease and lulls a person into thinking their pet's mouth is healthy.

Rotten teeth and gums can be a portal to bacteria entering the blood stream and traveling throughout the pet's body. Dental disease advances more quickly when pets have other illnesses such as kidney disease or diabetes, and dental disease can make other diseases more difficult to control. When the teeth hurt it can also cause an otherwise sweet pet to become cantankerous. Our pets are living longer than ever with advances in veterinary medicine and so your pets are going to need those healthy teeth longer...start brushing early.

Jennifer L. Scott, D.V.M.

# What's Happening at Morpheus Theatre

**Onstage this month: The Dinner Party by Neil Simon**  
Directed by Lonni Olson  
January 22 to February 6, 2016

Our third show of the season, Neil Simon's **The Dinner Party**, will be taking to the stage at the Pumphouse January 22nd through February 6. The cast is looking forward to seeing the many residents of Parkdale joining us for an evening of comedy and revelations in Paris. For those that have stopped by or called the Morpheus office, our Operations Manager – Ginette Simonot – will be playing the role of Yvonne.

Ah, Paris! The city of lovers, museums, romance, art and haute cuisine. It is a marvel, a delight and a mystery is unfolding in the city this evening. Six people have been invited to one of the fanciest restaurants in the city, but no one knows why they have all been brought together until one guest at a time, we learn the guests are three divorced couples. Most of whom are formally dressed and bewildered at the circumstances they find themselves in. Through memories and hurt feelings, in this glamorous restaurant in Paris, they find themselves in a moment; a moment that offers them a chance to talk, to feel, perhaps even to reconcile and all this before they are even seated at their table. Will they all stay for dinner in the end? Will they open up to love again? Join us in January as we host this evening of love, heartbreak, confessions and laughter. Bon Appétit!



**W-T COUNSELLING SERVICES**  
  
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www.agroundedlife.ca

**In the Wings**  
Morpheus Theatre just started the three month rehearsal process for our Spring Gilbert & Sullivan operetta – this year it will be a play with music by Ken Ludwig titles **Sullivan & Gilbert**.

**Morpheus G&S Singers are back**  
If you enjoy singing, and would like to try out the wonderful music and lyrics of those comic masters of the Victorian operetta, this is for you. The G&S Singers are a non-auditioned choir that meets on Sunday evenings from 7:00 to 8:30 PM to learn, sing and present the musical comedy of Gilbert and Sullivan.

The plan is to end our season in March or April with a concert, though we hope to have a few other outings during the season as we perfect our skills. All this for a mere five bucks a week. If you are interested in joining us, come by for a visit on this, or any, Sunday evening. Your first week is free, so give us a try.

For more information, contact Tim Elliott at tcelliott2013@gmail.com or 403-274-8293.


**How to Reach Us**  
Remember, all of our shows are produced, directed, designed and performed entirely by volunteers. If you are interested in getting involved in community theatre, where each show is a new experience and an opportunity to make new friends, we would love it if you contacted us.

Contact Morpheus Theatre by calling 403-246-2999; emailing tickets@morpheustheatre.ca; or by stopping by the lower level of the community centre.

Follow us online:  
www.morpheustheatre.ca  
www.facebook.com/MorpheusTheatre  
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When the snowflakes start flying, the City and Calgarians come together to make the season safe, productive and enjoyable for all.

The City's Roads department works hard to plow, salt and sand roadways on a seven day priority schedule. The Parks department quickly clears designated multi-use pathways within 24 hours. Teams often work overnight to keep the greatest number of Calgarians moving safely. Keeping our roads safe for everyone is also a joint effort between the City and Calgarians. When it snows, make sure to give yourself more time to reach your destination, and leave a greater distance between yourself and the vehicle ahead of you. Please also be extra mindful of people walking and cycling, who may struggle more in difficult conditions. Calgary.ca/snow is the one-stop shop for winter travel tips, the road conditions map, frequently asked questions, updates, and more.

Sidewalks are the responsibilities of adjacent property owners and must be cleared within 24 hours. Unfortunately, not everyone is able to clear her or his sidewalk. Keeping sidewalks clear of snow and ice can be challenging or impossible for seniors and others with limited mobility. Please consider becoming a Snow Angel and helping those who are less able. All you need to do is adopt someone's sidewalk and clear it as you would your own. Watch for neighbours who could use help removing snow and lend them a hand. Visit Calgary.ca/snowangels for more information.

If you have questions on snow clearing, need to report sidewalks, pathways, or roads that are not cleared, or want to recognise the work of a Snow Angel, please call 3-1-1.

For more information, and to sign-up for the Ward 7 e-newsletter, please visit [www.druhfarrell.ca](http://www.druhfarrell.ca).



**Parkdale mybabysitterlist**

Name	Age	Contact	Course
Kaiya	12	403-805-1446	Yes
Annabel	12	403-616-6489	Yes
Jake	13	403-283-8527	Yes
Madison	13	403-850-6001	Yes
Kiera	13	403-922-6067	Yes
Maxine	13	403-455-8427	Yes
Sarah	14	403-208-4525	Yes
Miriam	14	403-774-8880	No
Faris	14	403-402-0950	Yes
Janessa	14	587-830-6585	Yes
Angela	14	403-288-3410	Yes
Ava	15	403-283-4191	Yes
Grace	15	403-282-8823	Yes
Kathryn	15	587-891-5671	Yes
Sarah	15	587-223-3339	Yes
Shy-Lynn	15	587-899-2766	Yes
Anna	16	587-969-5335	Yes
Mackenzie	17	587-220-1384	No
Cecilia	17	587-223-1330	Yes
Maddy	18	587-888-7298	Yes
Duncan	18	403-500-9826	Yes
Eugene	18	403-703-4488	Yes
Jane	18	403-966-6488	Yes
Maddy	18	587-888-7298	Yes
Makenzie	18	403-796-7733	Yes

**Calling All BABYSITTERS**  
Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.  
**Calling All PARENTS**  
Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).



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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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Deadline – 1<sup>st</sup> of each month for the next month’s publication.  
Contact [news@great-news.ca](mailto:news@great-news.ca)  
♦ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.  
♦ Forty word limit

Insect Trivia



Worker ants may live seven years and the queen may live as long as 15 years.

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Calgary HEALTH LINK 24/7	403.943.5465
Calgary Police – Non Emergency	403.266.1234
Calgary Women’s Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
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Poison Centre - Alberta	1.800.332.1414
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Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
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Calgary Parking Authority (Towed/Abandoned Vehicles etc.)	403.537.7100
Calgary Seniors’ Resource - SeniorConnect	403.266.6200
Elder Abuse Resource Line (65+)	403.705.3250
Call Before You Dig (Buried Utilities)	1.800.242.3447
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Kerby Centre for the 55 plus	403.705.3246
Neighbour Mediation Hotline	403.269.2707
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