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PARKDALE POST

THE OFFICIAL PARKDALE COMMUNITY NEWSLETTER



Celebrating her eighth anniversary.

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www.parkdalecommunity.com

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PARKDALE COMMUNITY ASSOCIATION

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The PCA Office is usually open 7:30 a.m. to 3:00 p.m. Monday to Friday.
Please call or email and leave a message if you need support from the PCA Office. The PCA Office is closed on all statutory holidays.

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If you would like to get your community article printed in next month's issue of your Parkdale Post, please submit it to communications@parkdalecommunity.com by the 10th of the month prior to publication. For details and a copy of the PCA Style and Editorial Guide, visit <http://parkdalecommunity.com/news/styleguide/>

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@ParkdaleMarket

FACEBOOK

<https://www.facebook.com/parkdalecommunity>
<https://www.facebook.com/pcggs>

PRESIDENT'S MESSAGE

Happy New Year to you! I hope you had a wonderful holiday season; it's always a time for renewal and the PCA is no exception. Thanks to our amazing Special General Meeting in November, we now have three new Board members – please welcome Tammy German (Events), Jon Balkwill (Rentals) and John Butterwick (Rink)!

We have a number of exciting projects coming up this year, and I want to thank everyone who came out for the SGM, providing much-appreciated suggestions and feedback about the work we've done. I also want to make a special thank-you to Lori Ketchuk, who not only donated her time and energy to run the Kid's Christmas Party this year to wild success, but also donated \$150 to the PCA on behalf of Westwood Charter School. Thank you, Lori!

As always, if you have any suggestions or want to put your hand up, we'd love to have you at the PCA – please contact me directly at communications@parkdalecommunity.com.

BRAIN GAMES SUDOKU

1					7	8	9	
4			2	3				
					4			6
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			9		5			
	3	9		4		5		
9			4					
				7	1			2
	1	4	3					5

FIND SOLUTION ON PAGE 15

UPCOMING EVENTS

Kids' programming coming to the Garden

The Parkdale Community Garden is looking to develop a kids program for next spring. Some of the ideas we have discussed include a kids gardening area, a kids gardening shed with tools, a sand box, a play area and educational programming.

We'd love input from the community. If you have any thoughts or ideas, please contact Meghan at mgelisim@gmail.com.

Moms/Dads and Tots...back at Parkdale?

Over the past few months, the office has been receiving a few emails and phone calls requesting the re-instatement of our Moms/Dads and Tots Program. When we first offered the program a few years back, it was very popular. Over the years, there was a decline in attendance, and we were not able to find volunteers who could run the program.

The Parkdale Community Association would like ask residents of Parkdale if you are interested in volunteering or participating in the program. Your feedback is important as we develop new programs in the community association. Please send an email to office@parkdalecommunity.com, and let us know if you are interested.

If enough parents are interested, we will offer the program in February.



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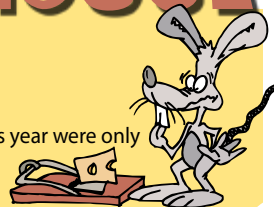
TIME BLOCK RENTALS AND BASE RENTAL RATES

TIME BLOCKS	REQUIRE? Y=Yes	RENT FEES	RENTAL COST ESTIMATE
Weekday Time Blocks			
Mon; Tue; Wed; and/or Thu (Strike out days not wanted)			
Morning (8 am to 12 noon)		\$300.00	
Afternoon (1 pm to 5 pm)		\$300.00	
Evening (6 pm to 11:30 pm*)		\$300.00	
All day (8:00 am to 1:00 am*)		\$550.00	
* Extra late charges of \$60 per hour apply beyond these closing hours			
Weekend Time Blocks:			
Fri; Sat; and/or Sun (Strike out days not wanted)			
Morning (8 am to 12 noon)		\$325.00	
Afternoon (1 pm to 5 pm)		\$325.00	
Evening (6 pm to 1 am *)		\$650.00	
All Day (8 am to 1 am*)		\$850.00	
* Extra late charges of \$60 per hour apply beyond these rental hours			
EXTRA SERVICES			
Kitchen Use: -For Storage Only		\$80.00	
-Full Use of Kitchen		\$175.00	
-Clean Up of Dishes/Utensils by PCA		\$150.00	
PCA to Set Up - (Tables and Chairs, etc)		\$150.00	
PCA to Take Down (Tables and Chairs, etc)		\$150.00	
PCA to Open and/or Lock Up		\$100.00	
Sound Equipment – Basic System		\$100.00	
Sound Equipment – Enhanced System		\$250.00	
Re:Sound Music Fee		\$26.63	
Other			
Rehearsal Hall A or B (prices vary)			
Elevator			
Security Guard (Mandatory if alcohol is being served)		\$30.00/hr	
Cleaning Fee (If Rentee hires PCA to clean)		\$250.00	
Other Requests/Requirements (Please specify)			
SUB-TOTAL ESTIMATED FEES FOR RENTAL (CONTRACT)			\$
Cleaning Fee/Damage Deposit		\$300.00	
Additional Damage Deposit if alcohol is served		\$500.00	
TOTAL INCLUDING ALL DEPOSITS			\$
Refund Policy: Should the Rentee cancel their contract within 30 days or less of any booked use, the Rentee will forfeit their reservation deposit.			
Are you serving Alcohol? (Renter is responsible for obtaining Liquor Permit, supplying of alcohol, bartenders/custodians, and complying with Alberta Liquor laws)	Yes	No	

THE MOUSE

Bev Smith

Back Porch 5 AM
Check the traps
It's November and the mice this year were only
About five.
But end of season
This one is very smart.
Eerily.



I lined up the traps my patented way
Five, in a circle. He'd have to step on one to get to another
Surely.
A bit of cheese placed just outside one, to entice.

Seems cruel but I have rules.
Out there in the yard, under trees. Fine.
He's in his world
But the porch is my territory.

Each morning the cheese is gone.
I marvel
I rearrange them to a straight row, back to front
I rearrange them to no pattern
I put them in other locations to surprise him
I buy more traps

Yesterday I put six in two rows, face to face
With an end one so he'd be physically unable to not mess up
And I waited.

This morning the cheese was gone from three of them
anyway.

He had moved the end trap farther away, brilliantly
And then gotten access to the first pair from the side.
I had not thought of that.
Wish I had motion-sensor camera to watch him

Does he have a friend?
Does he reach through with tiny paws?

And I realize a mouse brain has outwitted my own -again.
I went to the store to get better traps
They had them.
Kill traps with huge metal bars to slam down on him
Or poison pellets -
Costly but guaranteed.

And I could not bring myself to buy them.
We are returning to our routine
I feed him cheese daily
In some sort of devious but gentle way that tests his IQ
If he dies, he dies.
But it makes it a fairer challenge.
Respect.



UNIVERSITY OF
CALGARY

Help shape the future of the University of Calgary's main campus

The University of Calgary
would like your feedback
on **Campus Forward**, the
long range development
plan for the main campus.

Join us at our upcoming
public open house:

○ **February 9, 2016**
5:30 p.m. to 8 p.m.
Varsity Acres
Presbyterian Church
4612 Varsity Drive NW

Visit ucalgary.ca/campusforward
for more information.

CampusForward
MAIN CAMPUS LONG RANGE DEVELOPMENT PLAN

Chicken & Gnocchi Dumplings

January is all about comfort food and ease of preparation. After the holidays, you can take break but you don't have to sacrifice the taste.

Get all the flavors of chicken and dumplings without having to make the dumplings when you use gnocchi in their place.

Makes: 4 servings

Serving Size: 2 cups

Active Time: 40 minutes

Total Time: 40 minutes

INGREDIENTS

- 1 16-ounce package shelf-stable gnocchi
- 1 cup thawed frozen peas
- 1 pound boneless, skinless chicken thighs, trimmed, cut into 1-inch pieces
- 1/3 cup all-purpose flour
- 2 tablespoons extra-virgin olive oil, divided
- 1/4 teaspoon salt
- 1/2 teaspoon ground pepper, divided
- 2 cups diced carrots
- 1 cup sliced celery
- 1 medium onion, diced
- 1 tablespoon chopped fresh thyme or 1 teaspoon dried
- 1 3/4 cups low-sodium chicken broth

DIRECTIONS

Bring a large saucepan of water to a boil. Add gnocchi and cook, stirring frequently, for 2 minutes. Stir in peas and cook until the gnocchi are tender, 1 to 2 minutes more. Drain.

Meanwhile, toss chicken with flour in a bowl until coated. Heat 1 tablespoon oil in a large skillet over medium-high heat. Transfer the chicken to the pan (reserving the flour remaining in the bowl) and sprinkle with 1/4 teaspoon each salt and pepper. Cook, stirring occasionally, until lightly browned, about 5 minutes. Transfer the chicken to a plate.

Add the remaining 1 tablespoon oil to the pan. Add carrots, celery, onion, thyme and the remaining 1/4 teaspoon pepper; cook, stirring occasionally, until the vegetables are crisp-tender, 5 to 7 minutes. Sprinkle the reserved flour over the vegetables; stir to coat. Stir in broth and the chicken. Cook, stirring occasionally, until the stew is thickened, about 3 minutes. Add the gnocchi and peas and cook, gently stirring, until the gnocchi are hot, about 2 minutes.



What's Happening at Morpheus Theatre

On behalf of Morpheus Theatre, we hope that all of our friends in Parkdale had a joyous holiday. If it was anything like ours, you were out with friends, dancing (and singing along) to some great music, handing out candy canes to the little kids, and having the centre of attention being a man dressed up as a Queen.



Of course I am referring to our annual Christmas production, a British Pantomime titled The Sleeping Beauty, in which the main character is a Dame played by a man. There are several other pantomime traditions including the principal boy being played by a girl, handing out candy and singing pop songs. Add it all up and you get a family favourite.

Onstage This Month: The Dinner Party by Neil Simon

Directed by Lonni Olson

January 22 to February 6, 2016

Our third show of the season, Neil Simon's The Dinner Party, will be taking to the stage at the Pumphouse January 22 through February 6. Rehearsals for this show are drawing to a close and the cast is looking forward to seeing the many residents of Parkdale joining us for an evening of comedy and revelations in Paris.

Ah, Paris! The city of lovers, museums, romance, art and haute cuisine. It is a marvel, a delight and a mystery is unfolding in the city this evening. Six people have been invited to one of the fanciest restaurants in the city, but no one knows why they have all been brought together until one guest at a time, we learn the guests are three divorced couples. Most of whom are formally

dressed and bewildered at the circumstances they find themselves in. Through memories and hurt feelings, in this glamorous restaurant in Paris, they find themselves in a moment; a moment that offers them a chance to talk, to feel, perhaps even to reconcile and all this before they are even seated at their table. Will they all stay for dinner in the end? Will they open up to love again? Join us in January as we host this evening of love, heartbreak, confessions and laughter. Bon Appétit!

In the Wings

Morpheus Theatre recently held open auditions for our Spring Gilbert & Sullivan operetta – this year it will be a play with music by Ken Ludwig titles Sullivan & Gilbert.

FOH Managers – Want to see a show for FREE. Morpheus Theatre is currently looking for new FOH Managers to join our roster for the 2016 theatre season and see up to 4 shows for free.

Morpheus G&S Singers are back

If you enjoy singing, and would like to try out the wonderful music and lyrics of those comic masters of the Victorian operetta, this is for you. The G&S Singers are a non-auditioned choir that meets on Sunday evenings from 7:00 to 8:30 PM to learn, sing and present the musical comedy of Gilbert and Sullivan.

The plan is to end our season in March or April with a concert, though we hope to have a few other outings during the season as we perfect our skills. All this for a mere \$5 a week. If you are interested in joining us, come by for a visit on this, or any, Sunday evening. Your first week is free, so give us a try.

For more information, contact Tim Elliott at tcelliot2013@gmail.com or 403-274-8293.

How to Reach Us

Remember, all of our shows are produced, directed, designed and performed entirely by volunteers. If you are interested in getting involved in community theatre, where each show is a new experience and an opportunity to make new friends, we would love it if you contacted us.

Contact Morpheus Theatre by calling 403-246-2999; emailing tickets@morpheustheatre.ca; or by stopping by the lower level of the Community Centre.

Follow us online:

www.morpheustheatre.ca

www.facebook.com/MorpheusTheatre

www.twitter.com/MorpheusTheatre

PLANNING AN INFILL?

A FREE SEMINAR ON BUILDING IN THE INNER CITY

Saturday, January 23, 2016
Hillhurst Sunnyside Community Association
9:30 am - 11:00 am

Register at **CalgaryInfills.ca** or by calling 403.240.2020.

UNIVERSITY HEIGHTS PARENT CO-OPERATIVE PRESCHOOL

Open House and Registration night

on **Monday, February 1, 2016**

from 7 pm in Room 9 at Terrace

Road School. Our play-based

program is for children ages two to

four. For more information, please visit

www.calgarypreschool.com, visit our Facebook

page or contact us at uhpreschool@gmail.com.

University Heights
Parent Co-operative
PRESCHOOL
play discover learn create



IN & AROUND CALGARY

South Shaganappi Update

Vince Walker

Alberta Health Services

Work continues on IMP (Infrastructure Maintenance and Prevention) programs. Noise studies related to Helipad are underway. The parking structure project to be finalized shortly. The structure is to be constructed in the same area as the existing parkade (Lot 1) with 800 more stalls (2000 total) to absorb the lost parking when the Cancer Center project takes over lot 7. Master planning is into the second phase. Consultants are engaged for planning options and decanting options. Community engagement is underway.

Alberta Infrastructure

Calgary Cancer Center Project – Funding has been approved with construction starting in 2017 and commissioning in 2024. Traffic Impact assessment has been completed and sent to the City. The process is to be re-engaged with the City and then with the communities. Update reports for the Cancer Center to be sent out by Alberta Infrastructure communications group. Contact for the project is Erin Nagata CCP@gov.ab.ca.

Discussion around the proposed pedestrian bridge across 16th Avenue from the new Cancer Center project to the new Stadium Shopping Centre development have begun with solicitation of comments from the stakeholders at the SSASPG. Aesthetically the proposed bridge would be a main gateway into the City and services a large population in connecting two major employment and residential areas. Safety, ramps, 24 hr access and design (enclosed vs. open) were key elements of discussion.

Cadillac Fairview Update (Market Mall)

Land use amendment for the site expansion is to be postponed. DP for Sport Check expansion is to proceed. The 25000 sq ft expansion is being planned within existing space. Construction should begin in 2016.

City of Calgary Update

Open house for the South Shaganappi Trail Study was held at the Parkdale Community Center on November 19th, 2015. Summary notes to be presented once compiled. The 16th Ave. and 29th St intersection upgrades

will not be started until the ultimate layout is finalized and the Stadium DP is approved.

Western Securities Update (Stadium Shopping Centre)

Heartfelt sentiments were expressed for the business owners who were affected by the fire. Electrical work and converting what was in inside wall to an outside wall are in progress. Affected business should be up and running in a few weeks. Current tenants are on six month leases as re-development approaches.

Work is ongoing on the Stadium Development Permit application and detailed design. Targeting submission for DP by the end of January 2016. Design intent remains unchanged (as per May open House) however the underground parkade has been reconfigured to two levels (from three) with the same number of stalls through a more efficient design layout.

Innovate Calgary Update

Innovate Calgary is pleased to announce that they were recognized as the #3 ranked University Business Incubator in North America by UBI for 2015 and #6 in the World. Master planning continues to be a work in progress. The intent is to plan for as many different users groups as possible. CMG to move from the north building in summer of 2017.

University of Calgary Update

Long range development plan is in the stakeholder engagement stage, this includes guiding principles for campus. Outreach to City regarding campus plans for advocacy week. New way finding signage is being installed.

Vecova

Visioning is complete and Vecova is conducting a planning study of functional programming and the building project including renovating versus rebuilding.

University District

Grading work continues and relocation of the loam pile is almost complete with seeding to follow. Constriction will dwindle as winterization proceeds. Phase one is on the market with two townhomes and multifamily sites. Phase 2 on Main Street is next.

Project is proceeding as planned. Site signage to be installed soon. Minor land use changes to accommodate a boundary adjustment required by the university and to add temporary parking to the south portion of the

site are required. The boundary adjustment is to allow the University to keep their playing field (block 25) in exchange for an equivalent land area adjacent to the central park.

This land will be used for residential units (a lower density than the previous Block 25 provision due to the proximity to the park). The temporary parking is a collaborative effort to accommodate the Foothills hospital parkade construction. 1200 parking stalls must be moved to facilitate the new parkade construction.

These will be temporarily be relocated to west campus lands slated for development in a later phase. The temporary surface parking is not to exceed three years and will be reclaimed for the proposed development once the parkade is complete. The West Campus Trust received the Peoples Choice award in Urban Design for this project (congratulations).

Main Street Bowness BRZ

The City is looking at potential improvements to Main Street Bowness. Gas Plus continues to be an on-going issue. Sanitary trunk construction is on schedule for May 2016 completion.

Montgomery

The 16th Avenue Beautification study running west from Home Road has turned into a dual turning lane and bike lane project at the recent City open house. The community was broadsided by the proposed plans for a bike lane on home road and is strongly resisting the proposal citing both safety and biking group resistance to the project. The Community center had a roof replacement and new makeup air unit installed. Updates on the Trinity Development across from Canada Olympic Park can be found on www.trinityhills.ca.

University Heights

Seniors fitness sessions free at the Foothills Mennonite Church. AGM postponed till January. University Heights worked with the school and the Foothills Mennonite church to accommodate evacuation the students during the Stadium Shopping Centre fire and are conducting fundraising to support the businesses destroyed by the fire.

St. Andrews Heights

Rundle School was sold but should still operate there until summer of 2016 or 2017 depending on the progress of development of the new campus.

IMPORTANT NEWS:



Parkdale
Community
Association

SOCCER REGISTRATION IS NOW OPEN!

We're now accepting registrations for the
2016 soccer season in Parkdale.

For more details or to register, go to:
www.parkdalecommunity.com/soccer

**REGISTRATION DEADLINE:
JANUARY 31ST, 2016**

Late fees will apply to all registrations
after January 31st, so get yours in now!
www.parkdalecommunity.com/soccer

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Interesting ARCHITECTURE

In San Juan, Puerto Rico, architect José R. Marchand and interior designer Jorge Rosselló restored and updated historic **La Concha hotel**. Colorful bridges connect the shell-shaped restaurant, originally designed by Osvaldo Toro, to the hotel.



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HOME GARDENING WITH BARBARA

DO YOU READ WHAT I READ?

Barbara Shorrock

All the information you could ever want to access is on the internet now, but I still believe there is nothing so satisfying as a beautiful book with glossy photos, whether it be a cookbook, a travel book or a book about gardens. The research for today's article has been done in my own house where the serious bookshelves are laden with the collection of many years of gifts and purchases. Winter is upon us (as I write this we are experiencing a major snow and wind event with wind-chills at a dangerous level; in Saskatchewan we used to call these blizzards) and it is the best season to browse and dream of what might be possible in a few months when spring arrives. So pour yourself a cup of tea, add a plate of cookies, and browse with me through some of my favourites:

Front Yard Gardens – Liz Primeau. Large or small, bold or subtle, formal or cluttered – it is all good. Liz covers the whole spectrum of that space between your front door and the street.

Favourite Plants – Liz Primeau, editor. From Canadian Gardening Magazine, this features the best plants to choose for your Canadian Garden. Not meant to replace your “Encyclopedia of All Things Plants” it helps the gardener to make wise choices when adding to old beds and creating new ones.

The Flower Gardener's Bible – Lewis and Nancy Hill. Much more than a series of beautiful pictures and descriptions, this book tells you how to and why to and where to, assuming the reader doesn't have a lot of knowledge to begin with.

A Year In the Garden – Steven Bradley. Season by season, he takes us through projects that are manageable by most handy gardeners. This isn't a Canadian book, so you get a glimpse of what works in the

US and Britain, but the illustrations and photos are excellent.

The Calgary Gardener Vol 1 and 2 – The Calgary Horticultural Society. I can't tell you how many of these I have given to gardeners new to Calgary. Our climate and soil can be a bit of a mystery to immigrants, particularly those who have migrated from British Columbia and Ontario, never mind other countries. No glossy pictures in these guys, just page after page of down-to-earth useful information on how to deal with winter Chinooks, alkaline soil, lovely summers that are interrupted by blasts of winter now and then, and what to plant and where.

The Northern Gardener: Perennials that Survive and Thrive - Barbara Rayment. Zone 3 choices for our part of the country, all organized and alphabetized. Well written and easy to navigate.

No Work Garden - Bob Flowerdew. I must confess I bought this solely for the title, and also the author's name, but it really does have lots of advice to lighten the work load. I would have named it “The Less Work Garden”, but his title sells more books, I am sure.

No Guff Vegetable Gardening – Donna Balzer and Steven Biggs. They call themselves Garden Coaches, and this unusually arranged soft-cover volume is full of cheerful graphics by a couple of artists from Gabriola Island's Feedlot Studios (love that name). Of course, there is much useful info among the charming photos and amusing drawings. A fun read.

One of the benefits of attending the Queensland Garden Club monthly meetings is access to the freebie's donated by members who are culling their collections of books, magazines, house plants, succulents, pots, baskets, etc. etc. 1st Wed. each month at the Queensland Community Centre.



On Jan. 5, 2016, The City of Calgary will mail 2016 property assessment notices.

Watch for your assessment notice in the mail – it contains important information including:

- Your assessed value
- Your access code to log into *Assessment Search*
- Dates to contact Assessment if you have questions.

Go to *Assessment Search* to:

- View information about your assessment and other details
- Search for comparable properties
- Search for sales of similar properties in your area
- View other detailed assessment information.

***Assessment Search* – getting started**

First-time users will need to complete a two-step registration process:

1. Create a City of Calgary personal myID account. Visit calgary.ca/myID to register.
2. Link your property assessment to your myID account.

When you receive your 2016 assessment notice go to *Assessment Search* at calgary.ca/assessment:

- Login with your myID account and password.
- Enter the roll number and access code displayed on your notice.

2015-1053

KENSINGTON BARBER'S

109 19TH ST NW

1 FREE Kids Hair Cut

TUES JAN 26 & WED JAN 27

with an Adult Hair Cut

6 DAYS A WEEK

Mon to Fri 9 am - 7pm

Sat 9 am - 5 pm | Closed Sundays

PH 587.352.9800

Corner of Kensington and 19th St NW

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NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Parkdale. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

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C & L Helping Hands can provide them! We offer handy-man services, personal assistant, kitchen helper, cleaning and much more! Email: cl@clhelpinghands.ca. Call Craig or Laurie at 403-880-7125 or 403-510-8551.

CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

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CANDLE MAKING WORKSHOP: Join us for a fun evening of rolled beeswax candle making at Hillhurst Sunnyside Community Association. This is a great opportunity to make some gifts! Cost includes instructions and supplies. Minimum six participants. Maximum 14 participants. Call 403-862-9232, email info@yycwax.com or visit www.candle-workshop-feb2016.eventbrite.ca for details.

1	2	3	5	6	7	8	9	4
4	6	8	2	3	9	1	5	7
5	9	7	8	1	4	2	3	6
2	5	6	7	8	3	4	1	9
8	4	1	9	2	5	6	7	3
7	3	9	1	4	6	5	2	8
9	7	2	4	5	8	3	6	1
3	8	5	6	7	1	9	4	2
6	1	4	3	9	2	7	8	5



News from the Friends of Nose Hill

by Anne Burke

What is new **and** ancient on Nose Hill? Hint: as an offering site, one of the largest in North America, it has a spiritual connection to traditional territory and stewardship. You will find it off pathways south of the 14th Street parking lot, in the south east corner of the park. You can read more on the City Blog or the Royal Alberta Museum website.

Answer: as of September there is a traditional medicine wheel of rocks in the shape of a circle (Siksikaitsitapi logo) of all four tribes: Siksika, Blood, North and South Peigan. It represents the north, south, east, and west, a spiritual location. Each wheel is unique but there are eight general types.

This landmark project was part of the annual Siksikaitsitapi Blackfoot Confederacy conference. Diamond-shaped stones were used for construction. They are considered rock art sites which deserve respect. The Native Heritage Site is a sacred place. The wheel provides for physical, emotional, mental, and spiritual dimensions.

Because of a view of the valley, Nose Hill was a lookout used for other tribes and game during the summer and winter. Celestial or astronomical events (such as vision quests, stars, sunrises, solstices, and sun dances) are ceremonial in nature for large social groups.

Such wheels date back 1000s of years and across the northern plains of North America (most are in Alberta)

from 4500 - 5000 before the present (BP). Suitable offerings go in a rock cairn at the centre, with spokes from the centre; "four" is a sacred number, whether for directions, seasons, elements, life states; kingdoms, medicines, such as sweetgrass, cedar, willow, and sage.

Whether you walk or bike (in a clockwise direction) remember the wheel is for everybody to enjoy, to count our blessings, for the circle of life; offerings such as prayers, songs, ribbons, flowers (no plastic). Remember the intention is to be thankful.

The BiodiverCity Advisory Committee is comprised of 13 members appointed by City Council. City Parks will be a resource. Chair and Vice-Chair are nominated and elected. Citizen members must abide by the Code of Conduct. The Committee may establish subcommittees for priority short, medium, and long-term biodiversity initiatives. Meetings are open to the public. (For details 403-268-3527 or: Steven.Snell@calgary.ca). The Committee generally meets monthly, reports to the SPC on Community and Protective Services, and will provide an annual progress report.

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Syrian Refugees in Parkdale

Some of us have expressed interest in welcoming a Syrian refugee family to our community, and I am certain we are not alone. This is a call to those wishing to participate in such a humanely fulfilling adventure.

To succeed in this quest, we envision:

1. A core team of sponsors to provide the necessary resources (guidance, assistance, materials, etc) - a few hours per week
2. A larger support team from which the core team can draw resources (guidance, assistance, materials, etc) - a few hours per month
3. Pledge of monetary contribution

There are many good resources available on the web to get a feel for what is required of a sponsor group: www.lifelinesyria.ca/wp-content/uploads/2015/10/LS-Sponsor-Handbook-DRAFT-1.pdf. If you wish to be a part of this experience, please contact me, indicating which of the above points appeals to you.

Thank you,
Ray Bernard
rayray.bernard@gmail.com

Animal Trivia

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**REGISTRATION &
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January 11, 2016
from 5:00 to 7:00 pm

Children must be 5 on
or before March 1, 2017
Room 11, Briar Hill School
1233 - 21 Street NW
403-220-9775

For Registration forms and information,
visit www.hhbhkindergarten.ca



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As Calgary continues to grow, its transportation system needs to grow along with it. Work on two major transportation projects continues through the consultation process.

The Green Line: More than just a train

With key decisions on the Green Line expected in Fall 2016, crucial public engagement sessions are being planned. I am doing a lot of homework as well. In August, I joined City staff and two Council colleagues on a brief tour of Vancouver, Seattle, and Portland, to meet their rail experts and learn from their experiences. From each city, we learned about key elements of successful projects and how to avoid pitfalls.

I boiled down all the information from our trip into eight essential lessons and presented them at the Central Library Dutton Theatre in November and again in December. Here are the top three lessons:

Consult, consult, and consult: All three cities stressed the need for, and benefits of, meaningful consultation with the neighbouring businesses and communities. Their ideas will be critical in order to maximize benefits and avoid costly mistakes. The Green Line will be the largest infrastructure project in Calgary's history by three times! While we are excited to get started on the Green Line, it is important that we make thoughtful decisions.

Leverage opportunities: The Green Line is more than just a rail project. It will forever change how Calgarians move about their city and the very nature of the communities along side. From affordable housing, to

high environmental standards, how can the advantages of this massive project extend beyond simple transportation?

Take care of business: Construction of the Green Line will take many years and cause major disruption. Taking an example in Portland, Council enthusiastically supported my request for a Business Support Program.

You can watch the video of my presentation online at www.druhfarrell.ca.

Crowchild Consultation Continues

Moving to the west end of Ward 7, public consultation on Crowchild Trail continues. The project team recently completed Phase Two of a six-phased process: Confirm Project Goals. The established goals are: i) Maintain and enhance bordering communities, ii) Improve travel along the corridor, and iii) Improve mobility across the corridor. The project is now into Phase Three: Concept Identification. Consultation on Phase Three will continue into Spring 2016.

For more information on future public engagement on both the Green Line and Crowchild Trail, please contact our office via: www.druhfarrell.ca.



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2540 2 AV NW - \$1,950,000

Beautiful hardwood floors run throughout the main floor with private office with fire place, dining room, great room and dream kitchen. Fireplace in master bed and bath- with private sitting room and 2 huge walk in closets. Ensuite is spa, double sinks, private commode, soaker tub & steam shower. 2 more bedrooms up, each with ensuite, as well as convenient upstairs laundry. Lower level with rec. room, 4th bedroom, bath & media room. MLS# C4037450



539 34A ST NW- \$1,125,000

30 ft wide corner lot with Sunny west facing back-yard, over 3500 sq ft of space including basement development. Fully wired for audio throughout, air conditioned, in floor heat on main floor . Oversize gas fireplace with surround built ins featuring a hideaway TV niche. Elegant ensuite, spacious walk-in closet connects to upstairs laundry. Hardwood floors, a total of 4 bedrooms and 3 full baths . MLS# C4037027

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