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PARKDALE POST

THE OFFICIAL PARKDALE COMMUNITY NEWSLETTER



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Higher Level Sports Academy  
SUMMER CAMPS

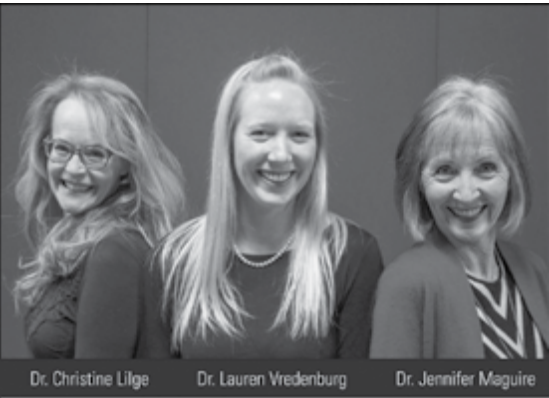
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communications@parkdalecommunity.com  
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*The information contained in this newsletter is believed to be accurate, but is not warranted to be so.*

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## IMPORTANT NUMBERS

ALL EMERGENCY CALLS 911	
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654



# The Lions Corner

### \*NEW RESIDENTS IN OUR COMMUNITY \*

The Parkdale community has grown significantly since the Lions Village replaced the old bungalows on the corner of Crowchild and Kensington.

The new building has 90 suites and the 100 – 150 individuals now living there are making their home in Parkdale. The location is ideally located close to the local shopping plaza across the street and is making an economic impact in the community.

For the Lions Club of Calgary it has been a huge change. The cozy old bungalows were built in the 1950s, and after 50 years of families living there, they were starting to have maintenance issues, so a vision to replace them started to take place. This vision soon became a plan and Lions with the help of Governments, Banks, Architects, Engineers and Contractors completed the project in 2012. Since then the now modern independent living facility is continuing to have full occupancy.

In addition to modern suites, tenants can enjoy meeting and exercise rooms. The building also has a commercial kitchen and dining room for up to 100 individuals.



The Lion's Club has been a proud sponsor of the Parkdale Community Association's Family Day Celebration for 5 years, and they look forward to working with the Community Association on a continued basis.

For The Lions Club of Calgary providing this facility to Seniors in our community, has been a dream come true and we meet at the Village every second and fourth Tuesday of the month. To arrange a tour of the facilities or to get additional information about what more your Lions Club does in the community please visit [www.e-clubhouse.org/sites/calgary](http://www.e-clubhouse.org/sites/calgary) and/or contact: [thelionsclubofcalgary@gmail.com](mailto:thelionsclubofcalgary@gmail.com)





# PARKDALE COMMUNITY ASSOCIATION

3512 - 5 Avenue NW, Calgary AB T2N 0V7 • 403-283-5767 • office@parkdalecommunity.com • www.parkdalecommunity.com

The PCA Office is usually open 7:30 a.m. to 3:00 p.m. Monday to Friday.

Please call or email and leave a message if you need support from the PCA Office. The PCA Office is closed on all statutory holidays.

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## ABOUT YOUR PARKDALE POST

Editor David Wing editor@parkdalecommunity.com  
Editor-in-Chief Colin Brandt communications@parkdalecommunity.com

If you would like to get your community article printed in next month's issue of your Parkdale Post, please submit it to communications@parkdalecommunity.com by the 10th of the month prior to publication. For details and a copy of the PCA Style and Editorial Guide, visit <http://parkdalecommunity.com/news/styleguide/>

## FOLLOW US ON SOCIAL MEDIA

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@ParkdaleMarket

### FACEBOOK

<https://www.facebook.com/parkdalecommunity>  
<https://www.facebook.com/pcggs>



## PARKDALE COMMUNITY ASSOCIATION (PCA)

3512 - 5th Avenue NW, Calgary AB, T2N 0V7

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### TIME BLOCK RENTALS AND BASE RENTAL RATES (2017)

TIME BLOCKS (Minimum rental period/cost, i.e., no partial blocks fees allowed)	REQUIRE? Y=Yes	RENT FEES	RENTAL COST
Weekday Time Blocks			
Mon; Tue; Wed; and/or Thur.			
Morning (8 am to 12 noon)		\$350	
Afternoon (1 pm to 5 pm)		\$350	
Evening (6 pm to 11:30 pm*)		\$350	
All day (8:00 am to 1:00 am*)		\$700	
* Extra late charges of \$70 per hour apply beyond these closing hours			
Weekend Time Blocks:			
Fri; Sat; and/or Sun.			
Morning (8 am to 12 noon)		\$500	
Afternoon (1 pm to 5 pm)		\$500	
Evening (6 pm to 1 am*)		\$750	
All Day (8 am to 1 am*)		\$950	
* Extra late charges of \$70 per hour apply beyond these rental hours			
EXTRA SERVICES			
Kitchen Use: -For Storage Only		\$100	
-Full Use of Kitchen		\$175	
PCA to Set Up - (Tables and Chairs, etc)		\$150	
PCA to Take Down (Tables and Chairs, etc)		\$150	
PCA to Open and/or Lock Up (Fee also charged if PCA responds to alarm)		\$100	
Sound Equipment		\$150	
Rehearsal Hall A or B		\$60/hr	
SOCAN Music Fee (any function playing music)		\$20	
Elevator		N/C	
Security Guard (Mandatory requirement if alcohol is being served)		\$33.00/hr	
Cleaning Fee (If Rentee hires PCA to clean)		\$250	
Total			
5% GST – Reg# 10781 4949			
TOTAL FEES FOR RENTAL			\$ XXX
Damage Deposit		\$950.00	XXXX
TOTAL INCLUDING DAMAGE DEPOSIT			XXXX





# White-Faced Ibis an Unusual Visitor

Article by J.G. Turner

The White-Faced Ibis is a medium sized, dark wading bird, with long dark legs and a long, downward curving bill. Its plumage is dark chestnut in colour, with a purple and green glossy look during the breeding season. Breeding adults have a bare pinkish face in front of the eyes, bordered with white feathers and red eyes. In the non-breeding season, the White-Faced Ibis appears as a much more drab brown bird with dark wings.

**Fun Facts:**

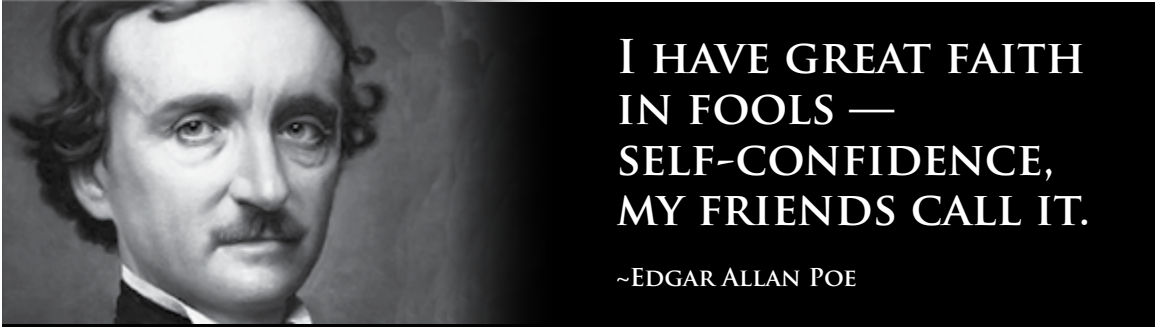
- This South American native that had its first confirmed sighting in southeast Alberta in 1974.
- Most of its kind lives in the United States, Central America and the southern half of South America. For the winter this unusual visitor migrates to find warmth in the southern United States.
- The conditions found in that corner of the province were sufficient to attract a small but consistent number of breeding pairs. This bird is considered to be an isolated breeder in the province, separated from other populations, which are breeding further south on the continent.
- This bird's sickle shaped bill is ideal for foraging for its

favourite foods. It pokes its bill down into water and mud to find insects, leeches, snails and earthworms, and also fish, crayfish, newts and frogs.

- The White-Faced Ibis chooses to nest in marshy areas where there is dense vegetation such as reeds, cattails and bulrushes and builds its nest from the stalks of these plants.
- The White-Faced Ibis lays a clutch of 3 or 4 green-blue eggs.
- The White-Faced Ibis will live about nine years.

White-Faced Ibis populations have shown modest growth in some areas of North America over the years. However, they face many threats from human activities: from being hunted to habitat destruction. As the White-Faced Ibis is reliant on wetlands and marshes for both feeding and nesting, changes to wetlands, such as those caused by pollution or draining to increase farmland acreage, can have a very harmful impact on their survival.

If you find an injured or orphaned wild bird or animal in distress, please contact the Calgary Wildlife Rehabilitation Society hotline at 403-239-2488, for tips, instructions and advice, or look at the website at [www.calgarywildlife.org](http://www.calgarywildlife.org) for more information.



I HAVE GREAT FAITH  
IN FOOLS —  
SELF-CONFIDENCE,  
MY FRIENDS CALL IT.

~EDGAR ALLAN POE

## FRESH FOOD BOX

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10-13 different produce items per box (assorted quantities)  
mix of veggies and fruit

Small Box - \$25.00 /week

7-8 different produce items per box (assorted quantities)  
mix of veggies and fruit



Sample Box contains :  
potatoes, carrots, squash,  
cauliflower, apples, kale,  
bananas, tomatoes, etc.

Sourced from local producers and B.C., as well as  
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The Parkdale Farmers' Market is located at 3512 5 Avenue NW

# About Wine

By Nik Rasula

About Wine features wines not typically on one's shopping radar. Special wines – made from grapes or blends, regions or countries - that may not be common or well known. About a wine, or winemaker, with a story to tell; of place, process or style. Highlighting smaller artisanal producers making unique, reasonably priced (under \$50 retail) wines, all the while demonstrating careful earth stewardship.



**2014, Franz Haas, Lagrein**  
**Alto Adige**  
(pronounced "Ah d.j."), Italy

**ABOUT THE REGION:** Located in northeastern Italy, the Alto Adige lies at the base of the Alps bordering Austria. Formerly known as South Tyrol, the region was annexed by Italy in 1926, German remains the region's first language. Featuring rugged topography with cultivation possible in only 15 per cent of the Adige Valley, the region is compelled to rely on quality as its wine trademark.

**ABOUT THE MAKER:** Established in the 1800s, the winery is run by the

7th generation of the Haas family. Winemaker Franz Haas brings a scientific yin to the winemaking; supported by wife and creative director Maria who brings an artistic yang.

**ABOUT THE MAKING:** Indigenous to the Alto Adige, Lagrein thrives at high altitude (here almost 1,000 feet a.s.l.). Low-yielding vines, planted at high density, contribute the wine's intense flavour profile.

**ABOUT THE WINE:** Elegant garnet in appearance, the bouquet hints of red fruit, violet, and spice. Elegance reflects on the palate as it pleases with medium-bodied notes of plums, rhubarb and cocoa.

With European demand for Lagrein (especially from Austria) exceeding production, supply for far-off markets remains limited.

**ABOUT THE LABEL:** Label artist Riccardo Schweizer painted with Picasso and Chagall

**ABOUT PAIRING:** Pair with charcuterie, sausages, or spice-rubbed poultry.

**ABOUT DISTRIBUTION:** Check liquorconnect.com (call the store to confirm availability).

CSPC # 766943  
ABOUT PRICE: \$38

# BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or [sales@great-news.ca](mailto:sales@great-news.ca)

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**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**YARD BUSTERS LANDSCAPING:** Weekly lawn mowing \$36, power-rake \$120, aeration \$70. Some conditions. Landscape construction and yard renovation: stone patios, walks, raised beds and rock walls, custom decks and fences, painting and staining, sod and trees and shrubs, landscape lighting, water features, and window and gutter cleaning. Licensed. Insured. Seniors' discount. Phone: 403-265-4769. [yardbusterslandscaping.com](http://yardbusterslandscaping.com).

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## COMMUNITY ANNOUNCEMENTS

**Deadline – 1<sup>st</sup> of each month for the next month's publication**  
**Contact [news@great-news.ca](mailto:news@great-news.ca)**

◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.

◆ Forty word limit

**LOVE TO SING?** Want to experience the benefits of singing in a welcoming vocal community? Vocal Latitudes may be the choir for you. A non-audition World Music community choir, Vocal Latitudes meets Tuesday evenings from September to May in a convenient central location. For more information, see [www.vocallatitudes.org](http://www.vocallatitudes.org).

## STEP INTO SPRING

Recruitment ends April 21, 2017

**Are you thinking of becoming more active?**

The University of Calgary is recruiting volunteers for a 12-week physical activity study.

**To participate you must be:**

- 18 years of age or older
- Exercising less than 3 days per week
- Have internet access

You will be asked to wear a pedometer for 3 months, log your activity onto a website, and complete 3 questionnaires.

**By completing the 3 questionnaires you will receive:**

- A pedometer (\$25 value)
- \$10 gift card
- Prize draw entry for \$1000 gift card

To participate contact Research Coordinator:  
[perryr@ucalgary.ca](mailto:perryr@ucalgary.ca)

Ethics ID: REB15-2944  
This study has been approved by the University of Calgary Conjoint Health Research Ethics Board.





## News from the Friends of Nose Hill

by Anne Burke

The City annually invests in infrastructure and upgrades to ensure levels of service and address both capacity and lifecycle needs. The storm water quality retrofit program adds more wet ponds to long-established areas of the city. Wet ponds protect the quality of river water by slowing the flow, allowing sediment to settle. Plants help to remove pollutants. In all, there are 200-flood

related projects requiring repairs or restoration. There are riverbank stabilization and erosion sites, the storm drainage system, and lift or pump stations. Construction projects include water main and pipe repairs, as well as new projects and upgrades to improve water and wastewater systems.

The North Calgary Water Servicing Project is underway. This is part of a long-term plan to sustain the water supply system. A new water supply line (feeder main) is required to service future area development. A consultant will design and construct a new water main from Big Hill Pump Station to the Beddington Reservoir. The preferred alignment will cross Nose Hill Park, using geo-technical tunnelling up to 90 metres or 300 feet deep. A rare plant and bird survey to ensure conservation of protected species will be done before phase 1 soil sampling to test the proposed route. The optimum time to drill 21 test holes (each 6 inches in diameter) is mid-winter when the ground is frozen, which minimizes the impact on the surface environment. However, the areas adjacent to these test locations will be rehabilitated prior to crew leaving the site.

The City promises that there will be only minor surface disruption in the SW and NE corners of Nose Hill at the entrance and exit of the proposed tunnel. No other surface work would be required in the park. Phase 2 construction will occur in Summer 2017 to summer 2018. Drilling and survey equipment and personnel will be visible on the hill but away from the paths by mid-February early April 2017. In addition, there will be signs at Nose Hill parking lots and an information brochure at [www.calgary.ca/nosehill](http://www.calgary.ca/nosehill). You can phone 3-1-1 for general water construction inquiries or a list of road closures due to other construction projects.

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# What's Happening at Morpheus Theatre

*Tripping hither, tripping thither,  
Nobody knows why or whither;  
We must dance and we must sing  
Round about our fairy ring!  
(from "Iolanthe" opening chorus)*

## UPCOMING: OUR ANNUAL GILBERT & SULLIVAN OFFERING

Coming up next for Morpheus Theatre is our spring production – Iolanthe – a comic operetta by W.S. Gilbert and Sir Arthur Sullivan – A musical clash between politicians and fairies, sending everyone tripping hither, tripping thither. The show will be running at the Pumphouse Theatre from April 28 to May 13.

Love. So beautiful. So musical. So complicated. Although forbidden by fairy law, Iolanthe marries a mortal and is then banished from fairyland. Here in our human world, she bears a son; a lovely lad named Strephon, who falls head over heels and wants to marry Phyllis, who is, of course, desired by all the members of the House of Peers. When Phyllis sees Strephon embrace Iolanthe, who is ethereal and lovely, she doesn't stop for one moment to consider she might be Strephon's mother and sets in motion a musical clash between politicians and fairies, sending everyone tripping hither, tripping thither – we did mention love can be complicated – it's an energetic, satirical journey to the finale. Off and away to get your tickets! We'll see you in Spring for this, the seventh of fourteen collaborations by W.S. Gilbert and Arthur Sullivan.

Along with the main stage production, the kids in our G&S Theatre School program will be presenting their take on the show. The junior class performs on Monday May 8th and the senior class performs on Tuesday May 9th. Come check out the future stars of tomorrow.

## IN THE WINGS

Morpheus Theatre is reviewing scripts and directorial proposals in advance of announcing our 23rd season of Shows Worth Seeing. Next season will be announced during our production of Iolanthe. Auditions for our fall production will take place in either May or June.

We are also pleased to welcome back the cast of Harvey for a Reunion Production running at the Pumphouse Theatre from June 14 to 24. We hope you will join Elwood P. Dowd and his imaginary rabbit for this comedy.

## MORPHEUS G&S SINGERS ARE BACK

If you enjoy singing, and would like to try out the wonderful music and lyrics of those comic masters of the Victorian operetta, this is for you. The G&S Singers are a non-auditioned choir that meets on Sunday evenings from 7:00 to 8:30 PM to learn, sing and present the musical comedy of Gilbert and Sullivan.

The plan is to end our season in March or April with a concert, though we hope to have a few other outings during the season as we perfect our skills. All this for a mere 5 bucks a week. If you are interested in joining us, come by for a visit on this, or any, Sunday evening. Your first week is free, so give us a try. For more information, contact Tim Elliott at [telliott2013@gmail.com](mailto:telliott2013@gmail.com) or (403) 274-8293.

## HOW TO REACH US

Remember, all of our shows are produced, directed, designed and performed entirely by volunteers. If you are interested in getting involved in community theatre, where each show is a new experience and an opportunity to make new friends, we would love it if you contacted us.

Contact Morpheus Theatre by calling 403-246-2999; emailing [tickets@morpheustheatre.ca](mailto:tickets@morpheustheatre.ca); or by stopping by the lower level of the Community Centre.

Follow us online: [www.morpheustheatre.ca](http://www.morpheustheatre.ca) [www.facebook.com/MorpheusTheatre](https://www.facebook.com/MorpheusTheatre) [www.twitter.com/MorpheusTheatre](https://www.twitter.com/MorpheusTheatre)



# SPRING YARD WASTE LANDFILL DROP-OFF



Between April 7 and May 28, bring your yard waste to any City of Calgary landfill for **free** composting.

Before you leave for the landfill:

- ✓ Your yard waste should be in a paper yard waste bag or left loose. Please cover and secure loads of loose material before transporting.
- ✓ Make sure your load only contains yard waste like **leaves, branches and plants**. No sod – it is not accepted in this program.
- ✓ This program is for residential customers only. Fees will apply if your load contains other items.

For more information visit [calgary.ca/yardwaste](http://calgary.ca/yardwaste)

## Landfill hours have changed

Landfills are open from 7:30 a.m. to 5 p.m. on the following days:

	Spyhill Landfill 69 <sup>th</sup> St. and 112 <sup>th</sup> Ave. N.W.	East Calgary Landfill 17 <sup>th</sup> Ave. and 68 <sup>th</sup> St. S.E.	Shepard Landfill 114 <sup>th</sup> Ave. and 68 <sup>th</sup> St. S.E.
SUN		●	
MON		●	
TUE		●	●
WED	●		●
THURS	●		●
FRI	●		●
SAT	●	●	

Visit during the week or before 9 a.m. to avoid line-ups.

## Why is it important to compost your yard waste?

By diverting your yard waste, this material is kept out of the landfill, reduces greenhouse gas emissions and given a second life as compost.

## FREE MULCH FOR RESIDENTS AND BUSINESSES

Pick up free mulch at all three City landfills while supplies last.

Bring your own shovel to load mulch.

For more information visit [calgary.ca/yardwaste](http://calgary.ca/yardwaste)

## REAL ESTATE COUNCIL OF ALBERTA



## Ask Charles

**I just spent \$50,000 to finish my basement with high-end finishings. Now, I'm listing my house for sale, and my real estate representative says she can't include the basement square footage in the total size. Why not?**

You developed your basement and it's beautiful. You're sure any potential buyer would agree that it looks great, and is definitely livable space. But, your real estate professional is correct, the square footage of your basement cannot be included in the size of your home for listing purposes.

In Alberta, real estate professionals are required to follow the Residential Measurement Standard (RMS) when listing a residential property for sale. The RMS contains nine principles that enable real estate professionals, as well as buyers and sellers, to determine and compare the size of residential properties. The RMS sets out the specific parts of a residential property that can be included in its size for listing purposes.

Above grade levels are the levels of a residence that are entirely above grade. Below grade levels are the floor levels of a residence that are partly or fully below grade. If any portion of a level is below grade, the entire level is considered below grade. Below grade spaces include lower levels and basements. The RMS size of a property is, essentially, the sum of its above grade levels. Below grade levels are not included in the RMS area.

Without the RMS in place, there would be little consistency in how real estate professionals, and their sellers, measure and describe their property. Some may want to include their basement (unfinished or not), some may include an enclosed sun-room, while others may include the space created by a bow or bay window.

The RMS provides a consistent means of measuring, and describing, residential property size in Alberta.

Sellers, and their real estate representatives, are welcome to include additional measurement information in their listings, but the primary size listed in the listing must be the size according to the RMS.

Sellers need to remember that size isn't the only factor that will affect a property's list or selling price. Other factors include location, condition, quality of finishing, layout, and even type of ownership. You may not be able to include the square footage of your basement in the total square footage of your home, but the features of your home will set it apart from other properties. Size matters, but it's not the only thing that matters.

"Ask Charles" is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA), [www.reca.ca](http://www.reca.ca). RECA is the independent, non-government agency responsible for the regulation of Alberta's real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email [askcharles@reca.ca](mailto:askcharles@reca.ca).

## BRAIN GAMES SUDOKU

	3				7			
		9					7	
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			5	1				
5	8						6	4
				8	4			
7	5			2	3	8		
	6					9		
			1				5	

FIND SOLUTION ON PAGE 17





**Councillor, Ward 7  
Druh Farrell**  
ward07@calgary.ca • www.druhfarrell.ca  
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**Downtown Economic Summit**

I have witnessed many boom and bust cycles over the years in Calgary. Each time, we wait out the downturn and carry on with business as usual.

Although there are positive signs of recovery, this recession is different. Rather than a regular downturn in the business cycle that will fix itself, financial experts agree Calgary is experiencing a 'structural recession'. This more serious type of recession exposes the risks of relying heavily on a single industry. We cannot treat a structural recession with tools meant for a cyclical one. In other words, we cannot wait this one out.

Evidence of the downturn is obvious in all areas of Calgary, but particularly in the downtown core. Downtown historically generated around 40% of The City's non-residential tax revenue and 25% of City-wide employment. With record vacancy rates and declining property values in the downtown, 2016 saw a sharp decline in property tax, parking, and transit revenues. Because Calgary's economic health is heavily reliant on the health of our downtown, this resulted in a dramatic tax burden shift to businesses outside the core.

Having been a small business owner for 17 years, and the manager of the Kensington Business Revitalization Zone, I understand the challenges businesses face. That is why I supported \$45 million in one-time relief for businesses experiencing large increases in property taxes. While The City is able to afford short-term assistance, we need long-term solutions to address the root cause of the tax shift – a struggling downtown core. Businesses across Calgary, both small and large, depend on a strong downtown.

Calgary's downtown worked well for 1980, but will it work for 2025 and beyond? The problem is complex with no easy solutions. Earlier this year, Council supported my motion to host a Downtown Economic Summit to bring together the best minds to create recommendations for a more resilient, creative, and diversified downtown. Work from the private sector, social organisations, and all three orders of government is required to fundamentally shift the downtown economy and emerge from the recession better than ever.

All is not doom and gloom. We have a tremendous opportunity to create conditions for businesses to thrive and to get Calgarians back to work.

To sign up for updates on key community and Ward 7 issues, please visit [www.DruhFarrell.ca](http://www.DruhFarrell.ca). You can also follow us on Twitter at @DruhFarrell and on Facebook at @DruhFarrellCalgary.



**Parkdale Real Estate Update**

**Last 12 Months Parkdale  
MLS Real Estate Sale Price Update**

	Average Asking Price	Average Sold Price
February 2017	\$1,127,200	\$1,103,125
January 2017	\$759,900	\$745,000
December 2016	\$774,900	\$763,000
November 2016	\$950,000	\$921,250
October 2016	\$834,900	\$816,750
September 2016	\$941,950	\$909,500
August 2016	\$737,450	\$728,750
July 2016	\$749,900	\$730,000
June 2016	\$959,000	\$956,700
May 2016	\$959,000	\$960,000
April 2016	\$709,900	\$720,500
March 2016	\$662,200	\$642,500

**Last 12 Months Parkdale  
MLS Real Estate Number of Listings Update**

	No. New Properties	No. Properties Sold
February 2017	1	4
January 2017	2	1
December 2016	3	3
November 2016	4	6
October 2016	2	1
September 2016	5	2
August 2016	4	2
July 2016	2	1
June 2016	3	3
May 2016	8	7
April 2016	7	2
March 2016	3	8

To view more detailed information that comprise the above MLS averages please visit [parkdale.great-news.ca](http://parkdale.great-news.ca)

## Gardening by the phases of the moon

**April 3 First Quarter (waxing)**  
Moonlight is strong, encouraging leaf growth. It is a good time for planting, especially two days before the full moon. Take cuttings from plants you wish to propagate. Fertilize as close to the full moon as possible.

**April 10 Full Moon (waning)**  
As the moon wanes, the energy is drawing down. Strong gravitational pull but moonlight is decreasing putting energy into the roots.

**April 19 Last Quarter (waning)**  
Decreased gravitational pull and moonlight. A resting period. Dry herbs, flowers and fruit. If you want to control growth or encourage rooting, perform the necessary activities during the waning moon.

**April 26 New Moon (waxing)**  
Increasing moonlight, lunar gravity pulls water up encouraging plant growth and proliferation. Grafting, transplanting, re-potting, and watering. Gather herbs used for essential oils. Oil content is more concentrated at this time.

**IN & AROUND  
CALGARY**

**Engaging Vulnerable People**

**A message from the Federation of Calgary Communities**  
Join us in partnership with the City of Calgary and the Calgary Drop-In & Rehab Centre Society to learn more about engaging vulnerable Calgarian who experience homelessness due to poverty, mental health, and addiction issues. We will also address community concerns around homelessness and different approaches you can take.

It's FREE for the public to attend!

**Date:** Thursday, April 20, 2017  
**Time:** 7-9pm  
**Location:** Bridgeland-Riverside Community Association  
- 917 Centre Ave NE

Register at <https://calgarycommunities.com/workshops-events/>

**BRAIN GAMES SUDOKU**

2	3	5	8	4	7	6	9	1
6	4	9	2	3	1	5	7	8
1	7	8	6	5	9	3	4	2
4	2	3	5	1	6	7	8	9
5	8	7	3	9	2	1	6	4
9	1	6	7	8	4	2	3	5
7	5	4	9	2	3	8	1	6
8	6	1	4	7	5	9	2	3
3	9	2	1	6	8	4	5	7



## Pets and Parasites in 2017

Internal and external parasites can infect our pets in Calgary, but traditionally because of Calgary's elevation, dry climate, and extreme winters the risks of infection were low. This is changing with our changing weather; Calgary had incredibly mild winters in 2014-15 and 2015-16, and we've had some uncharacteristically wet summers. It's time to review your pet's annual anti-parasitic regime. The absolute minimum recommended by veterinary professional associations is an annual fecal examination, but this is adequate only for a strictly indoor pet. It is also imperative you examine your pet's lifestyle and travel plans to determine his or her individual needs. Remember recommendations last year may not be the same this year and a few of the parasites invading our region can have devastating consequences to your pet's human.

As far as external parasites go fleas are a rarity in Calgary appearing mostly on pets travelling here from other regions, but the number of cases of lice and ticks is increasing. Ticks are usually seen April to October in Alberta, but studies reveal ticks can become active seeking a host at 4 degrees centigrade. All ticks received by veterinarians are submitted to Alberta Tick Surveillance project to determine species and if they are carrying secondary diseases, such as Lyme disease. Lyme disease is carried by the black-legged tick. That tick is rare in Alberta but may be carried in by a migratory bird. I recently saw a tick carrying Lyme disease on a dog that had travelled out of province. Dogs running through fields and around water bodies are most at risk. Dogs rarely become clinically ill if the Lyme disease or *Borrelia burgdorferia* pathogen is in the tick; but if the tick moves onto a human host, Lyme disease can be life-altering to the person acquiring it. Lyme disease is considered endemic to parts of B.C. and east of Winnipeg. Previously our clinic recommended tick and

louse protection if lifestyle and travel dictated it. We now recommend preventative products for external parasites for all dogs and cats that go outdoors starting in March.

Heartworm disease is not yet in mosquito populations in Alberta, but provincial and national bodies monitor the situation to keep veterinarians informed. As with tick and louse prevention, monthly protection is easier than finding out what areas have the parasite if you travel with your pet. All outdoor pets should be routinely protected against internal parasites now. Veterinary clinics see roundworm, tapeworm, and hookworm on a regular basis in their patients. Every annual examination of your pet should include a discussion of the risk level of your pet.

West Nile Virus is in Alberta mosquito populations but dogs and cats do not tend to become clinically ill. This disease affects birds, horses and people. Use repellents during mosquito season.

A type of microscopic tapeworm known as *Echinococcus multilocularis* has invaded the coyote populations around Edmonton and Calgary and in Nose Hill Park. The lifecycle of this tapeworm carries it between the wild carnivores, such as fox and coyotes, and the rodent populations. If a dog or cat picked up this parasite from a rodent they ingested, they may show no symptoms. A person inadvertently contracting this parasite from a pet is an atypical host and the alveolar form of infection in humans which can be difficult to diagnose and serious. Calgary has seen a case of a dog that frequented Nose Hill Park that ate the feces of coyotes. This dog developed a massive life-threatening hydatid cyst on its liver from the tapeworm. The mass on the liver cannot be differentiated from a liver tumor without advanced diagnostics. Regularly deworm any pet known to catch rodents or eat the feces of other canids. Praziquantel is the most effective and not in most of the preventative products give routinely to pets.

We have become a population of people and pets that travel and move all over this continent and world. Contact your veterinarian for advice about the parasites that can infect your pets, and initiate prophylactic prevention as required. Also, be conscious of the changing weather in our own backyard increases our risk as we invite our furry family members onto the couch, into the kitchen, and onto our beds. Prevention is easy but treatment is often not as simple. Also, make sure your vet knows if you have both dogs and cats, some dog products are toxic to cats.

Jennifer L. Scott B.Sc., D.V.M.



Calgary Confederation  
**Len Webber, MP**  
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### Birth of a Nation

It was 100 years ago on April 9<sup>th</sup> that Canada won Vimy Ridge in France at enormous cost and made their mark on history.

Vimy Ridge was seven kilometers of strategic high ground in France. Allies had previously lost 150,000 soldiers trying to capture the commanding view without success.

Our allies fought along side us in this key battle, but it was Canada's key contributions and subsequent victory that changed the course of history.

The preparation plans were extensive and the attack had been rehearsed many times beforehand. Canada knew it would be a big fight and they came prepared.

At dawn on April 9<sup>th</sup>, 1917, close to 100,000 Canadians rose from their trenches, tunnels and dugouts to take on the enemy in a battle many thought could not be won. We fought as one, but there were English, French, recent immigrants and First Nations that joined together to fight as Canadians.

The battle, fought uphill, was a surprising quick attack with much of the fighting over by noon.

At the end of that morning, 10,000 Canadian lay dead or wounded. It would be the bloodiest day in Canadian military history, but it would cement Canada as a fighting force to be reckoned with. Over the months that followed, Canadian troops became more independent instead of fighting under British command.

The battle of Vimy Ridge is credited with being the first time Canada was seen as its own fighting force and not simply a British colony. Some have said that on April 9<sup>th</sup>, 1917, a nation was born in the eyes of the world.

As Brigadier General Alexander Ross said, "I thought then...that in those few minutes I witnessed the birth of a nation."

This victory is thought by some to be the key reason Canada got its own seat at the Treaty of Versailles.

In 1922, France gave Vimy Ridge and the surrounding land to Canada in perpetuity and a magnificent monument was built to honour all Canadians who died in France. The stark, gleaming white marble towers are a powerful and imposing testament to the historic battle.

Every year, young Canadians work at the visitors centre and thousands of Canadians make the pilgrimage to this historic place in Canadian history. If you want to visit Vimy Ridge or learn more about the battle, please visit [www.veterans.gc.ca](http://www.veterans.gc.ca).

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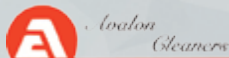
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