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PARKDALE POST

THE OFFICIAL PARKDALE COMMUNITY NEWSLETTER





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CONTENTS

5	PARKDALE FARMERS MARKET
9	SPORTBALL: SPORTS INSTRUCTION FOR KIDS
10	UNIVERSITY DISTRICT CONSTRUCTION UPDATE
12	LOCK IT UP: INCREASED VEHICLE CRIME IN PARKDALE
13	NEWS FROM THE FRIENDS OF NOSE HILL
14	UPCOMING STORMWATER SYSTEM UPGRADE
16	ABOUT WINE
18	MP LEN WEBBER'S REPORT

5



12



13



16







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IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654



PARKDALE

FARMERS MARKET

Thursdays – 3:00 pm to 7:00 pm
3512 – 5 Avenue NW – Main Hall

Buying locally allows you to support local agriculture, local business owners and Mom and Pop vendors. This means that the food you are eating comes from nearby, and does not require us to waste lots of energy and petroleum to ship the food halfway around the world. You are eating food in your own environment, where it has perfectly-created nutrients for your specific climate and region. You are also supporting the environment by reducing the usage of fossil fuels. Many of the prepared foods are cooked right in the Parkdale Kitchen!

New Vendors every week!



PARKDALE COMMUNITY ASSOCIATION

3512 - 5 Avenue NW, Calgary AB T2N 0V7 • 403-283-5767 • office@parkdalecommunity.com • www.parkdalecommunity.com

The PCA Office is usually open 7:30 a.m. to 3:00 p.m. Monday to Friday.

Please call or email and leave a message if you need support from the PCA Office. The PCA Office is closed on all statutory holidays.

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ABOUT YOUR PARKDALE POST

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Editor-in-Chief Colin Brandt communications@parkdalecommunity.com

If you would like to get your community article printed in next month's issue of your Parkdale Post, please submit it to communications@parkdalecommunity.com by the 10th of the month prior to publication. For details and a copy of the PCA Style and Editorial Guide, visit <http://parkdalecommunity.com/news/styleguide/>

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[@ParkdaleMarket](https://twitter.com/ParkdaleMarket)

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<https://www.facebook.com/pcggs>



PARKDALE COMMUNITY ASSOCIATION (PCA)

3512 - 5th Avenue NW, Calgary AB, T2N 0V7

Tel: (403) 283-5767 E-mail: office@parkdalecommunity.com

TIME BLOCK RENTALS AND BASE RENTAL RATES (2017)

TIME BLOCKS (Minimum rental period/cost, i.e., no partial blocks fees allowed)	REQUIRE? Y=Yes	RENT FEES	RENTAL COST
Weekday Time Blocks			
Mon; Tue; Wed; and/or Thur.			
Morning (8 am to 12 noon)		\$350	
Afternoon (1 pm to 5 pm)		\$350	
Evening (6 pm to 11:30 pm*)		\$350	
All day (8:00 am to 1:00 am*)		\$700	
* Extra late charges of \$70 per hour apply beyond these closing hours			
Weekend Time Blocks:			
Fri; Sat; and/or Sun.			
Morning (8 am to 12 noon)		\$500	
Afternoon (1 pm to 5 pm)		\$500	
Evening (6 pm to 1 am *)		\$750	
All Day (8 am to 1 am*)		\$950	
* Extra late charges of \$70 per hour apply beyond these rental hours			
EXTRA SERVICES			
Kitchen Use: -For Storage Only		\$100	
-Full Use of Kitchen		\$175	
PCA to Set Up - (Tables and Chairs, etc)		\$150	
PCA to Take Down (Tables and Chairs, etc)		\$150	
PCA to Open and/or Lock Up (Fee also charged if PCA responds to alarm)		\$100	
Sound Equipment		\$150	
Rehearsal Hall A or B		\$60/hr	
SOCAN Music Fee (any function playing music)		\$20	
Elevator		N/C	
Security Guard (Mandatory requirement if alcohol is being served)		\$33.00/hr	
Cleaning Fee (If Rentee hires PCA to clean)		\$250	
Total			
5% GST – Reg# 10781 4949			
TOTAL FEES FOR RENTAL			\$ XXX
Damage Deposit		\$950.00	XXX
TOTAL INCLUDING DAMAGE DEPOSIT			XXX



PARKDALE COMMUNITY ASSOCIATION

3512 - 5th Avenue NW, Calgary AB, T2N 0V7
Tel: (403) 283-5767 E-mail: parkdale@telusplanet.net

MEMBERSHIP APPLICATION FORM

Date Purchased:		Membership No.	
		Expiry Date:	
Full Name of Member(s):			
Residential Home Address, including postal code:			
Phone:		E-Mail:	
Home Work Cell			
Membership Category and Cost Per Year			
Resident Associate		Non-Resident (No Voting Privileges)	
<input type="checkbox"/> Family \$26.25		<input type="checkbox"/> Family \$26.25	
<input type="checkbox"/> Individual \$21.00		<input type="checkbox"/> Individual \$21.00	
<input type="checkbox"/> Senior \$5.25 (per member)			
• Memberships run for one year from February 1 to January 31 of the following year.			
• Please allow up to 3 weeks for your membership card to arrive by mail (or you can pick up).			
Volunteers			
The Parkdale Community needs volunteers to continue to grow and thrive, and to enrich the community for everyone. Please indicate (✓) areas you would be interested in volunteering:			
General Services		Special Subgroup Services	
Community Events & Socials (CE) <input type="checkbox"/> AGM and Town Halls (A) <input type="checkbox"/> Children's Activities (CA) <input type="checkbox"/> Holiday Parties (HP) <input type="checkbox"/> Garage Sales (GS) <input type="checkbox"/> Special Events (SE) <input type="checkbox"/> Other (OT) _____ <input type="checkbox"/> Farmers Market (FM) _____ <input type="checkbox"/> Arts and Crafts Fair (AC) <input type="checkbox"/> Other (OT) _____		<input type="checkbox"/> Planning & Development (PD) and/or its Subcommittees: <input type="checkbox"/> Escarpment (ES) <input type="checkbox"/> Heritage (H) <input type="checkbox"/> Playground (PG) <input type="checkbox"/> Parkdale School (PS) <input type="checkbox"/> Seniors Affordable Housing (SH) <input type="checkbox"/> SSADS/SSAPG (SS) <input type="checkbox"/> Traffic and Parking (TP) <input type="checkbox"/> Tree Huggers (TH)	
PCA Newsletter <input type="checkbox"/> Editorial Panel (NE) <input type="checkbox"/> Delivery Routes (ND)		Service Enablers <input type="checkbox"/> Casino and/or Fundraisers (C) <input type="checkbox"/> Grants and Donations (GR) <input type="checkbox"/> Facilities Rentals (FR) <input type="checkbox"/> Marketing & Website (MW)	
PCA Governance & Admin <input type="checkbox"/> Board of Directors (D) <input type="checkbox"/> Memberships (MB)			

The Parkdale Community Association respects the privacy of its members and shall not disclose, distribute or rent its email subscriber news list to any third party, not shall it permit anyone else to do so. Members will only be contacted for providing community-related information or volunteer opportunities they have indicated on this form.

☐ I agree that my contact information may be used for the sole purposes of community information provision or volunteer opportunities.



Please visit our website to register or book a trial class!



Parkdale Community Association

Day	Time	Age	Program Type	Dates	No Run	Wks	Price
Sun	9:00-9:45am	16-24 month	Parent & Child Indoor Multi-Sport	Sept 10 <input type="checkbox"/> Oct 22 Oct 29 <input type="checkbox"/> Dec 17	Oct 8 Nov 12	6 7	\$112 \$129.50
Sun	9:50-10:35am	2-3 yrs	Parent & Child Indoor Multi-Sport	Sept 10 <input type="checkbox"/> Oct 22 Oct 29 <input type="checkbox"/> Dec 17	Oct 8 Nov 12	6 7	\$112 \$129.50
Sun	10:45-11:45am	3-6 yrs	Coach & Child Indoor Multi-Sport	Sept 10 <input type="checkbox"/> Oct 22 Oct 29 <input type="checkbox"/> Dec 17	Oct 8 Nov 12	6 7	\$112 \$129.50
Mon	9:30-10:15am	16 <input type="checkbox"/> 36 month	Parent & Child Indoor Multi-Sport	Sept 11 <input type="checkbox"/> Oct 23 Oct 30 <input type="checkbox"/> Dec 11	Oct 9	6 7	\$109 \$126
Mon	10:15-11:15am	3-5 yrs	Coach & Child Indoor Multi-Sport	Sept 11 <input type="checkbox"/> Oct 23 Oct 30 <input type="checkbox"/> Dec 11	Oct 9	6 7	\$109 \$126

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University District Construction Update

1 CURRENT CONSTRUCTION

From August until October 2017, road closures due to construction will be underway for the following:

- McLaurin Street
- University Avenue and Children's Way (east of Smith Street)
- 39th Street – Southbound lane closed. Local traffic only.

Impacts: Vehicles, buses, bikes and pedestrians as well as those who access Alberta Children's Hospital main entrance from Children's Way will be impacted, please see traffic detours below.

Traffic Detours

Onsite signage and traffic accommodations will direct all effected parties to alternate routes.

- Alberta Children's Hospital main entrance can be accessed via 24th Avenue onto McLaurin Street.
- For traffic coming from Shaganappi Trail through University Avenue & Children's Way to the Alberta Children's Hospital main entrance please follow on-site construction signage.
- A temporary egress has been installed on University Avenue for westbound traffic to 39th Street
- Access to Family Housing will be maintained

Pedestrian and Bike Detours

- Those walking from 32nd Avenue please note 39th Street alternate walking route will continue to be in place.
- A temporary pedestrian pathway has been installed from the intersection of 39th Street and University Avenue due to the McLaurin Street and University Avenue road closures.

2 TEMPORARY BUS STOPS

August to October, Temporary Bus Stops For those utilizing transit, please note the following impacts to Routes 31, 72/73 & 91:

- **Route 31** – Stops 4106, 3495, 4629, 4037 & 7095 have been closed, and temporary stops have been setup on 24th Avenue, Smith Street, University Avenue & Shaganappi Trail. Stops 4028 & 9618 are still active.

- **Route 72/73** – Stops 3495, 4106, 4629 & 4037 have been closed, and temporary stops have been setup on 24th Avenue, Smith Street, University Avenue & Shaganappi Trail. Stops 9618, 4028 & 5445 are still active.
- **Route 91** – Stops 9619, 8648/4106, 4629 & 4037 have been closed and temporary stops have been setup on Smith Street, University Avenue & Shaganappi Trail. Stop 5445 is still active.

3 LONG-TERM UPDATE

University District has deployed the 2017 construction program until October 2017 which will result in new and improved roads/pathways, landscaping enhancements as well as improvements to the North Pond. West Campus Development Trust will provide monthly updates on construction activity and traffic detours.

If there are any impacts to pedestrian access and bike routes, updates will be provided as necessary to ensure your safety as construction proceeds. We apologize for any inconvenience this work may cause. Thank you for your patience. Construction timelines may change, dependent upon site and weather conditions.

BRAIN GAMES SUDOKU

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			4			3	6	
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	6	1	5	3		9		
		2	9					

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Lock It Up: Increased Vehicle Crime in Parkdale

Over the last year, there has been a significant increase in incidences of theft in Parkdale, including break-ins to vehicles, underground and above-ground garages and – in one notable instance – a vehicle stolen right off a resident's front driveway.

On August 22, we received a call from a resident who had just witnessed a break-in on 5th Avenue, in broad daylight. The Police responded within 60 seconds, and the Police helicopter responded quite quickly after that. We are unaware if the culprit has been found at this time.

Please be sure to lock your vehicles, even if you are only leaving it for a few minutes. Car theft and vandalism happens quickly and often go unreported. It is strongly recommended that you do not leave any valuables in your vehicles, including your garage door opener.

If you witness a crime in action, please call 911 immediately. If you are a victim of crime, please report the crime to Calgary Police Services, even if there is no damage to your vehicle.

If Calgary Police Services is aware of all vehicular crime in the community, they can add resources and increase in community officers. They base their resources on statistics, and if crime isn't reported, they have no evidence that there is a need for more enforcement officers.

SCHOOL SHOUT-OUTS

Queen Elizabeth High School

One month of the new school year has passed already! The students and staff at Queen Elizabeth High School have found their groove – and we are now well underway into the new semester.

Happy Thanksgiving to all. There will be no classes for Queen Elizabeth High School students on Monday October 9.

If you have refundables (bottles, cans and milk/juice cartons), Queen Elizabeth Band students would love to take them off your hands! We will now be in your neighbourhood on Saturday October 21. Please note that it was originally scheduled for October 14. The band concert will still happen on Wednesday October 18. Please visit the school website for more information.

Fall athletic teams are underway. Our Knights athletes would love your support. Please visit the school website for game times.

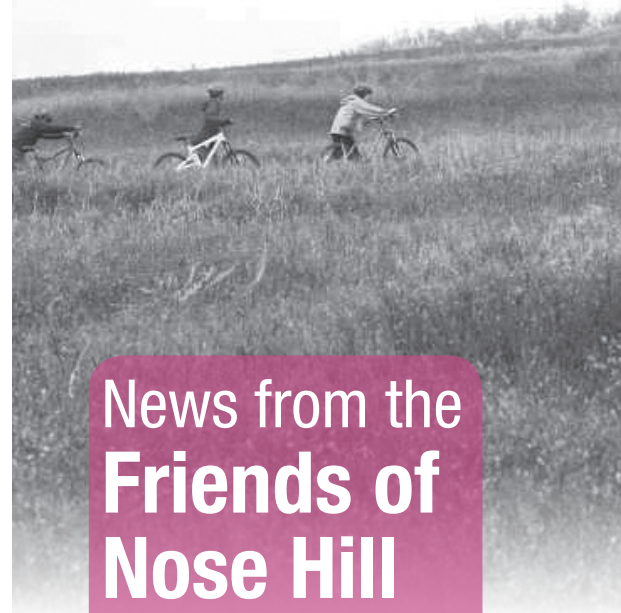
Queen Elizabeth Speech and Debate teams are already competing and on October 20 and 21 our Model United Nations students will put their skills and knowledge to the test in this exciting event held at the Sir Winston Churchill High School.

We are still looking for members of the community who would like to connect with our fabulous students. This could be in the form of a guest speaker, a volunteer in the classroom, or a mentor. Please contact Rachel Pruitt at rdpruitt@cbe.ab.ca for further conversation.



Knights in Sliming Armour

Much to the bewilderment of historians and scholars, in the margins of several medieval manuscripts are depictions of knights in combat with ...snails. No one knows whether the snails are supposed to be symbolic or if the images are a blizzarre brand of medieval humour.



News from the Friends of Nose Hill

by Anne Burke

Over the past few years, a number of projects were done in Nose Hill Park as part of the implementation of the Nose Hill Trail and Pathway Plan. The controversial plan was approved by Council in July 2005 and construction began in 2006, with asphalt paving. Project plans are on the city website and there is a map with an update on our website.

Construction activities continue and focus on the following work:

- Building primary (gravel) trails, timber landscape stairs for problem grades, and stabilized tread (dirt - single track) trails.
- Other options are to re-vegetate trails naturally, ploughing a trail to a shallow depth, and reseeded. The length will be decided in the field, depending on the sightlines, and to the satisfaction of the City Project Manager.

One of our members said: "I hope all is in order but I was alarmed to see a backhoe parked above Charleswood and John Laurie, south of the gully from Brisebois Drive. I hope there is no plan to pave or gravel that path along the ridge crest. We have so many paved and manicured paths already on the Hill."

Here is an answer from the Zone 3 Parks Superintendent to the Ward 4 Councillor. "The backhoe is being used to construct the formal gravel trail that is on the

attached construction drawings in a little square. It will be a designated trail replacing a worn desire line trail. The construction of the stairway and designated trails have gone as planned this year and look great."

Just a reminder: Nose Hill Park is a natural environment park, so please respect wildlife and plants. Do not pick the flowers or they will not be there for future park users and stakeholders.

In 2012, Council approved the *CalgaryEATS!* plan developing a field guide of wild urban edible plants in the area. Since many members of the public are already foraging in our green spaces, this project provides the opportunity to increase public education around wild harvest, while promoting safety, sustainability, and environmental protection.

This field guide will have information on urban food foraging, such as how to identify urban edibles, places where foraging can be practiced (details still to be worked out), how to prepare wild edibles, and avoid non-palatable or poisonous look-alike species.

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Figure 1. Construction Site Map

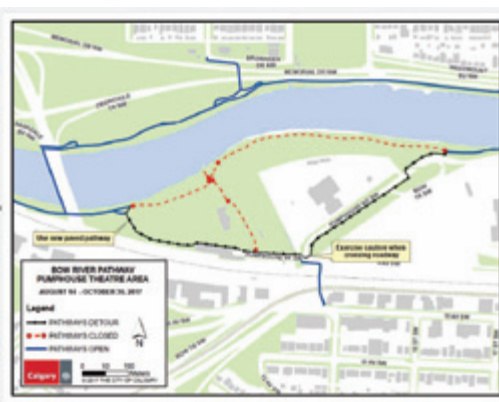


Figure 2. Pathway Detour Plan

Upcoming Stormwater System Upgrade

We would like to share information on an outfall repair project in your community.

After the June 2013 Flood, The City of Calgary inspected the Bow and Elbow Rivers, and Fish, Nose and West Nose Creeks for significant damage to outfalls and riverbanks. We identified 161 outfalls on the rivers and 53 outfalls on the creeks with damage and have prioritized them for repairs. An existing outfall (B69) in your area suffered damage. This project will repair the damaged outfall and stabilize the bank

in the immediate area of the outfall using large stones (called riprap) to protect it from further erosion. We will also remove an existing concrete intake structure from the Bow River just north of the Pumphouse Theatre.

What is an outfall?

Stormwater is rain or snow melt from our roofs, lawns and roadways that enters the storm drains on our streets and travels through an underground pipe system eventually draining into our rivers. The site where the stormwater flows from the pipes and into the river is called an outfall.

Project details

- Outfall B69 is located along the south side of the Bow River north from the Pumphouse Theatre (Figure 1).
- Repairs to the outfall involve removal of debris, placing a concrete plug in a buried duct, removing damaged concrete infrastructure, rehabilitating the outfall and reclaiming and protecting the disturbed bank from future erosion.
- Construction fencing will be in place for the duration of this project.

Construction Impacts

- Access to the construction site will be from Pump-house Road SW.
- Construction vehicles, equipment and a small lay-down area for supplies will occupy the maintained Parks area north of the Pumphouse Theatre (Figure 1) and City of Calgary snow dump area to the east. Both areas will be fenced off for construction access only.
- Work will be performed from 7 a.m. until 9 p.m. for approximately 3 months.
- Equipment may be stored in the parking lanes adjacent to the park, and no other impacts to traffic are expected.
- The temporary staging area and access route will be restored to original condition.
- There will be a pathway detour around the Pump-house Theatre (Figure 2).
- Project information will be available on Calgary.ca.

For more information

If you have any questions or concerns, or would like more information please **contact 311** or visit **calgary.ca**.

We regret the inconvenience our work may cause. Your patience and understanding are appreciated.

SAFE & SOUND

Halloween Safety

Alberta Health Services EMS would like to remind parents and trick-or-treaters of some Halloween safety tips as October 31st approaches. Take some time to review these simple tips and reminders to help ensure your Halloween is a fun and safe night for everyone.

Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Stay away from houses that are not well lit. Do not accept rides from strangers, or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Pre-determine boundaries to trick-or-treat within, and establish a firm time to return home.
- Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.

Costumes

- Choose bright colored costumes that are highly visible. Adding reflective tape to costumes further increases visibility.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing, or making costumes, look for materials and accessories that are labeled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate foot wear that takes into consideration weather conditions and walking.

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BRAIN GAMES SUDOKU

3	1	6	2	7	5	8	4	9
2	4	5	8	9	1	7	3	6
7	8	9	3	6	4	1	2	5
4	5	3	7	8	6	2	9	1
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1	2	7	4	5	9	3	6	8
9	3	4	6	1	7	5	8	2
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5	7	2	9	4	8	6	1	3

About Wine

by Nik Rasula

About Wine features wines not typically on one's shopping radar. Special wines – made from grapes or blends, regions or countries - that may not be common or well known. About a wine, or winemaker, with a story to tell; of place, process or style; featuring artisanal producers making unique, reasonably priced (under \$50 retail) wines, combined with careful earth stewardship.

2016, Pietradolce, Etna Rosso (100% Nerello Mascalese)

ABOUT THE MAKER: Founded in 1972 by Venarondo Faro, the Pietradolce Winery is now run by sons Michele and Mario. The boys are renowned in viticulture circles for their vine-nursery acumen, hands-off winemaking style and the reverence for which they hold "our volcano."

ABOUT THE VINEYARD: Located in northeastern Sicily, Italy, the Faro's Nerello Mascalese vineyard occupies five hectares, 600 metres up the northeastern slope of Mt. Etna. An active volcano, Etna is a revered stakeholder in the growing process; supplying lavic nutrients and the large diurnal temperature swings that add fragrance, richness and depth to the wine.

ABOUT THE GRAPE: Native to the island, there are but 3,000 hectares of Nerello Mascalese vines in all of Sicily. Having adapted over the centuries, this vine thrives in the arid, rocky terrain of the region.

ABOUT SUSTAINABILITY: Sustainable winemaking.

The Faro brothers combine traditional grape growing with modern fermentation techniques, paying homage to worlds both old and new.

ABOUT THE WINE: Bright garnet in-glass, red-berry aromas mix with notes of minerals and balsa wood. Refreshingly acidic, light-bodied cranberry and sour cherry flavours combine to carry the long and clean palate.

ABOUT PAIRING: Pair with Pecorino cheese, seared fish or roasted/fried fowl.

ABOUT AVAILABILITY: Check liquorconnect.com (call the listed store too) confirming availability.

CSPC #762733

ABOUT PRICE: \$28



BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Parkdale. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

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RUMMAGE SALE: Gently used items for sale at St. David's United Church, 3303 Capitol Hill Cres. N.W., east of Crowchild near U of C LRT Station. October 28, 9:00 a.m. to 3:00 p.m. Start Christmas shopping early.

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Letter to the editor



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Please **DO NOT** run my ad next month. My ad has been **WAY TOO EFFECTIVE**. My phone won't stop ringing with people saying they saw my ad in the newsletter. Now I need to hire more people to keep up with all my new customers! I'm amazed at how well this worked!

Thanks for all your help,
Sincerely,
Laura

Owner of Buds and Blooms

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*Actual customer experience.



Not All Corporations Are Big

My office has been inundated with hundreds of letters from Calgarians upset with the proposed changes for private corporations. Canada's tax system should be fair and equitable for all. However, I am concerned that the Liberals' proposed tax changes will make it harder for Canadians to get many critical goods and services.

Private corporations are a popular tax arrangement for business owners, such as farmers, doctors, lawyers, engineers and other independent professionals. They limit their and their family's liability from the financial risks they undertake in their professions. They also help facilitate a savings method for those who do not have formal group pension plans. This legitimate tax structure has been in place for many decades and has proven to work well.

By incorporating, a person is able to create a separate legal entity to operate under and have their revenue, expenses and assets treated separately from their income. This makes sense as the money you pay to your dentist, for example, is not entirely their income. It is revenue that pays for staff, business expenses, insurance, rent, etc. Only after those expenses are paid does your dentist draw a salary from the corporation which is taxed the same as you and I. If they leave profit in the corporation, they do not pay tax on it now, but will pay tax on it later when they draw the income (likely in retirement).

Some are facing a three-fold increase in their tax rates and this drastic increase could drive many professionals out of their professions and many out of Canada.

I am concerned any changes will make it harder to find a family doctor and increase wait times; make local meats and produce more expensive; and discourage young Canadians from starting their own business. We know government spending is at an all-time high, but hitting key parts of our community and our economy with dramatic tax hikes is not the answer.



Brent Alexander.ca

For Ward 7 Your Voice on Council

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