

### WOW!! This is the most frequent client accolade following a Showtime Home Renovation.

Showtime offers homeowners 35 years of new and renovation design and construction experience in the calgary market. Single family home renovations, design and construction of high rise condominium buildings, townhomes and condominium common areas. **SHOWTIME** does it all.

#### **INTERIOR & EXTERIOR RENOVATIONS**

Showtime can complete any home renovations including, but not limited to Kitchens, Bathrooms, Basement Development, Windows (Plygen window and door dealer), Hardie Board Siding, Roofing and Stonework. Design services included at no additional cost.

Take the worry out of your renovation. We provide a detailed budget, personalized design services and material selection. Time is of the essence and our construction schedule is designed to complete your renovation in a timely manner.

Award winner Calgary Home + Design Show and Calgary Home and Garden Show.

 Image: Window Stress

 Image: Window Stress

 Home Design

For free initial consultation call 403 818 3118 | 403 819 8753 www.Showtimehomedesign.com

BBB





# Rocky Ridge Royal Oak Community Association

Box 91009, RPO Royal Oak N.W. Calgary, AB T3G 5W6 Phone:403.771.8979 www.rrroca.org • info@rrroca.org

## **Elected Officials**



Ward 1 Office P.O. Box 2100, Station M Calgary, AB, CanadaT2P 2M5 Phone: 403-268-2445 • Fax: 403-268-8091 Email: ward01@calgary.ca Web: www.calgary.ca/ward1

**Councillor Ward Sutherland** 



#### Email: ward01@calgary.ca Web: www.calgary.ca/ward1 MLA Sandra Jansen Calgary-North West Suite 7223, 8650 - 112th Avenue NW

Calgary, AB T3G 0E2 Phone: (403) 297-7104 • Fax: (403) 297-7121 Email: calgary.northwest@assembly.ab.ca



Councillor Joe Magliocca Ward 2 Office P.O. Box 2100, Station M Calgary, AB, CanadaT2P 2M5 Phone: 403-268-2430 • Fax: 403-268-3823 Email: ward02@calgary.ca Web: www.calgary.ca/ward2



MP Pat Kelly Calgary Rocky Ridge 202, 400 Crowfoot Crescent NW Calgary, Alberta T3G 5H6 Tel: 403-282-7980 Fax: 403-282-3587 Email: pat.kelly@parl.gc.ca





Great News Publishing Ltd. 403.720.0762 | 403.263.3044 sales@great-news.ca | www.great-news.ca

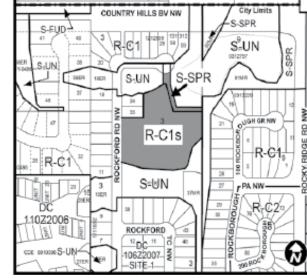
# **CONTENTS**

Land Use Change at<br/>145 Rockford Road4Real Estate Update5Green Cart6My Babysitter List12

# **Land Use Change at** 145 Rockford Road

There was an application for a land use change at 145 Rockford Road NW from DC to R-C1s for secondary suites and S-SPR - Special Purpose- School, Park, and Community Reserve. The single family home is on an acreage which allows for development of 10 townhouses. The applicant plans to develop 11 single family homes with a cul-de-sac and walking links north and east.

There were 7 letters from residents with concerns about removal of trees, privacy, and loss of greenspace between the backyards of homes on Rockborough Green and the site. There were no public meetings.



Calgary Planning Commission will make recommendations before the plan is voted on by City Council at a Public Hearing. The area is described as Developing- Planned Greenfield with Area Structure Plan.



Home. It's where we live. It's the feeling we get from freshly folded laundry in our bedroom. It's playing the piano and singing with friends and it's shared moments over dinner with family. It's feeling healthy, eating well and enjoying the community we savour with other great people. It's looking forward to a little exercise and some laughter at the lounge afterwards. Welcome to your life at Evanston Summit. Welcome home.

121 Retirement Suites in Calgary Available For October 2016 Occupancy Visit us at evanstonsummit.com or call us at 587.538.7511 to schedule your appointment



Royal Oak • Rocky Ridge Box 91009, RPO Royal Oak N.W.• Calgary, AB T3G 5W6 Phone:403.271.8979 www.rrroca.org • info@rrroca.org

#### Last 12 Months ROYAL OAK MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
May 2016	\$592,350.00	\$580,500.00
April 2016	\$549,900.00	\$540,000.00
March 2016	\$567,400.00	\$551,500.00
February 2016	\$488,900.00	\$468,250.00
January 2016	\$569,900.00	\$550,000.00
December 2015	\$474,900.00	\$463,000.00
November 2015	\$629,000.00	\$620,000.00
October 2015	\$574,900.00	\$559,000.00
September 2015	\$509,450.00	\$497,500.00
August 2015	\$619,900.00	\$595,000.00
July 2015	\$612,400.00	\$607,500.00
June 2015	\$569,000.00	\$559,000.00

#### Last 12 Months ROCKY RIDGE MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price		
May 2016	\$684,900.00	\$665,000.00		
April 2016	\$659,950.00	\$655,000.00		
March 2016	\$584,900.00	\$566,250.00		
February 2016	\$699,999.00	\$675,000.00		
January 2016	\$462,500.00	\$455,000.00		
December 2015	\$475,000.00	\$466,500.00		
November 2015	\$549,900.00	\$520,000.00		
October 2015	\$499,000.00	\$490,000.00		
September 2015	\$614,450.00	\$617,000.00		
August 2015	\$559,900.00	\$545,000.00		
July 2015	\$539,450.00	\$521,500.00		
June 2015	\$507,400.00	\$494,500.00		

To view the specific SOLD Listings that comprise the above MLS averages please visit **royal\_oak.great-news.ca** or **rocky\_ridge.great-news.ca** 

#### COMMUNITY NEWSLETTER AD SALES





**Great News Publishing Ltd.** 

403.720.0762 | 403.263.3044







# IN & AROUND CALGARY

# Green Cart set to roll out next spring

After a successful pilot that saw a 40 per cent drop in garbage and 89 per cent satisfaction amongst residents, the Green Cart Program will roll out to all single family homes beginning next spring. All communities should have the service by fall 2017. Here are the highlights:

#### All food, yard and pet waste is accepted in the program.

**Unlimited quantity.** Use paper yard waste bags for extra yard waste that doesn't fit in the cart.

Green and blue carts will be collected on the same day every week.

**Black carts** will be picked up **once every two weeks on a separate day** since most household waste can be recycled or composted.

Residents will receive everything they need to get started including the green cart, a kitchen pail for collecting food scraps inside the home; a sample of compostable bags for the kitchen pail and yard waste bags. Once service begins, households will pay \$6.50 per month. This charge reflects the savings achieved by changing black cart garbage collection from weekly to once every two weeks.

#### Green carts go beyond backyard composting

If you're already backyard composting, keep it up. Use your green cart for all the other materials that cannot be composted at home like meat, bones, shellfish, dairy, weeds and pet waste.

# Why we need to keep food and yard waste out of landfills

It may be hard to believe, but more than half of residential garbage is food and yard waste. Composting this material is the right thing to do. When food and yard waste is buried in the landfill it releases methane, a greenhouse gas that is 25 times stronger than carbon dioxide. By using the green carts we reduce dependence on our landfills, reduce greenhouse gas and turn food and yard waste into nutrient-rich compost. To learn more about the Green Cart Program, visit **calgary. ca/greencart.** 

Submitted by The City of Calgary Waste & Recycling Services.





# IN & AROUND CALGARY

# Stampede Taxi Stands

Stampede taxi stands are designated areas near Stampede Park where taxis will be lined-up to wait for customers. Two temporary taxi stands will operate at all hours during Stampede. These stands are located at the South and North entrances of Stampede Park. The taxi stand located at the North entrance of Stampede Park will provide priority service to people with accessibility needs as this entrance provides the most direct route to enter into the park.

# Late Night Temporary Taxi Stands

Within Stampede Park there are multiple entertainment venues. In 2016 all venues are closing at 3 a.m. To accommodate the evening rush two additional late night temporary stands will be established. For details, visit Calgary.ca and search taxi stands.



# Historic Calgary Week July 22-August 1, 2016

Please join us for Historic Calgary Week, ten days of free events, presented by the Chinook Country Historical Society. Learn about Calgary's history, culture and community through walks, talks, tours, presentations, museums and family events, held in and around Calgary. See our website: www.chinookcountry.org for the program list.



# **DUKES PLUMBING INC.**

## Professional, Affordable & Reliable

FREE ESTIMATES

### **Trusted Residential & Commercial Plumbing & Gas Fitting**

- Gas lines for BBQ, Laundry, Dryer, Garage Heater, Stove
- Cross Connection Testing (Backflow Prevention)
- Renovations for Bathrooms, Kitchens, Laundry Facilities
- Hot Water Tanks, Furnaces

### 403.690.7586 | info@dukesplumbing.ca www.dukesplumbing.ca

BBB.

Fridge Line Hook Ups

Garburator Installation

- Toilet, Faucet, Shower Valves and Drain Repairs
- Installation & Repair of Hose Bids
- Leaks? Poly B Repairs and Replacement
- Sump Pumps

### **NEW YEAR SAVINGS** January & February 2016 10% Discount



Matt Grigg is a licensed mortgage professional serving the Alberta community.

With a primary focus on customer service, Matt provides expertise in arranging mortgage financing for residential purchases, refinancing and renewals

MATT GRIGG Quality Lending Services

> Desire. Dedication. Determination. That's what YOU get when YOU work with Matt Grigg. YOU can be confident knowing YOUR best interests are being cared for. YOU can be confident that you will have a dedicated professional partner to satisfy YOUR mortgage needs.

#### PURCHASE MORTGAGE

- Unbiased expert advice, no fee and competitive mortgage options
- Mortgage products offered by multiple lenders including the big banks
- Best Market Rates
- Specialty programs: Self-employed, Purchase plus improvements, Investment properties, New to Canada

#### MORTGAGE RENEWAL

- Don't just sign lenders offer at renewal time. Get expert advice, compare and save!
- · No Cost Switch Program
- · Canada's best prepayment options



#### MORTGAGE REFINANCE

- Best Market Rates vs. Your Existing Rate
- Renovations and Home Improvements
- Consolidate high interest credit cards
- · Lower your monthly payments

#### CORE VALUES

The values driving Matt Grigg's quality lending services also drive him in his everyday life. He is passionate about building trusting relationships, serving his community and helping individuals reach their real estate goals by getting ahead of the process.

#### WHAT DOES THIS MEAN FOR YOU?

- Win-Win for YOU: There is no cost to YOU. Matt is compensated by the lender for providing them with qualified business. The fee is the same regardless of what lender is chosen and it is not built into the rate.
- $\cdot$  Matt will be YOUR dedicated partner throughout the mortgage process.
- $\cdot$  He will provide current information on how mortgages work and what is applicable to YOU.
- $\cdot$  Matt will provide proactive solutions to help find a competitive mortgage that works for YOU.
- $\cdot\,\mathrm{YOU}$  can have confidence and trust in the results of YOUR unbiased mortgage options.
- Matt will work as YOUR intermediary between YOU and the lender (bank) to negotiate mortgage loans.
- $\cdot$  Matt will continue to support YOU beyond the home buying purchase.

#### WHY UTILIZE A MORTGAGE PROFESSIONAL?

Benefit from an unbiased advisor. Rather than working for one financial institution, Matt deals with many financial institutions on a daily basis. This allows him to offer YOU more choices and highly competitive options.

- Matt brings expertise, simplicity and a sense of calm to the mortgage process.
- · He is a facilitator on your behalf who will also provide current mortgage education along the way.



#### TESTIMONIALS

"Matt Grigg helped me buy my first home. He led the entire mortgage application process proactively so that I was ahead of the process. Once I made an offer, my side was accounted for and I felt in control as a home buyer. Matt made it easy. I have comfort in knowing he will be there for me when my renewal comes up."

#### Kyla Workman

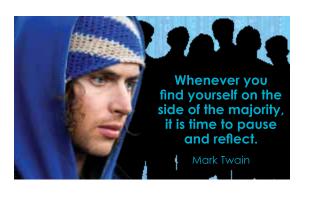


#### **MATT GRIGG** Mortgage Professional

403.863.3997 | matt@mattgrigg.com | www.mattgrigg.com









# IN & AROUND



# Chip in Fore Communities and Golf With Us on August 12!

Are you itching for a fun round of golf that includes lunch and dinner, as well as the opportunity to win amazing prizes like a trip for two to Mexico and up to \$15,000? If so, register today for the Federation of Calgary Communities 4<sup>th</sup> Annual *Chip in Fore Communities* Golf Tournament, presented by Save-On-Foods! The tournament will take place on Friday, August 12, 2016 at The Canal at Delacour Golf Club.

Registration fees are extremely affordable at only \$160 for an individual golfer and a discounted rate of \$600 for a foursome! Your fee includes lunch, a round of golf in a power cart, a delicious dinner, and the change to win one of many exciting prizes.

#### Visit calgarycommunities.com/events to register today!

There are 150 community associations in Calgary with more than 20,000 volunteers involved, making it the largest collective volunteer movement in the city! Community associations come in all shapes and sizes, are run by your neighbours, offer you endless opportunities, bring you together as a community, and are dedicated to addressing local issues and ensuring you love where you live. They can be the anchor for community life, but they need support to effectively operate in today's competitive not-for-profit world. The Federation of Calgary Communities is that support organization.

This golf tournament will help raise funds for the Federation of Calgary Communities to continue providing programs and services that help community associations build capacity, support and mobilize residents, be on the front lines of important issues in their community, and improve neighbourhood life in Calgary.

If you have any questions or are interested in finding out more please contact Rebecca Dakin with the Federation of Calgary Communities at communityrelations@ calgarycommunities.com or (403) 244-4111 ext. 204.

# **EMS: Heat Related Illness**

With the return of summer weather, Alberta Health Services EMS would like to remind everyone to stay safe in the heat and sun this season. While children and the elderly may be more susceptible to the effects of heat and sun, basic prevention measures should be taken by all to avoid a heat related illness during periods of hot and humid weather.

#### **Heat exhaustion**

- Heat exhaustion can occur due to excessive fluid loss during periods of prolonged sweating in a hot and/or humid environment (indoors or outdoors).
- Patients may suffer headaches, weakness, fatigue, nausea/vomiting, thirst, chills, and profuse sweating.
  The patient is usually cold and damp to the touch and the skin may appear pale or dusky gray.

#### Heat stroke

- Heat stroke is a medical emergency which, without prompt treatment, could be fatal.
- It occurs when the body can't cool itself naturally (e.g. perspiration). The body's temperature will continue to rise to dangerous levels.
- Due to severe dehydration and the inability to sweat, the patient may appear flushed, and skin may be hot and dry to the touch.

#### First aid

- First aid for all heat related illness begins with removing or sheltering the patient from the hot environment.
- Remove excess or tight fitting clothing, and allow them to rest in a cool environment.
- If the patient is conscious and alert, provide suitable fluids such as: water, juice, or a sports drink.
- If you are concerned, seek medical attention or call 9-1-1.

#### Prevention

- Stay well-hydrated by drinking plenty of water.
- Be aware that excessive alcohol consumption will promote dehydration.
- Always wear a broad brimmed hat to keep the sun off your face and neck.
- Apply waterproof sunscreen with an SPF of 50+, especially for children. The sun's UV rays peak between 10am-4pm, even on cloudy days.

#### IMPORTANT CHANGES TO TAX-EXEMPT WEALTH TRANSFER STRATEGIES

On January 1, 2017, the federal government is amending regulations that will significantly decrease the tax efficiency of current "wealth transfer" strategies.

PLEASE JOIN US FOR AN EXCLUSIVE AND INFORMATIVE EVENT

#### TAX-SMART INVESTMENT AND ESTATE STRATEGIES

#### **GUEST SPEAKERS:**

**PETER BOWEN,** B.A.(Econ), CA Vice-President, Tax Research and Solutions





DATE:

**RSVP:** 

**M.C. (MIKE) MACOUN,** CLU, CHS, TEP Vice-President, Estate Planning Specialist

RBC Wealth Management Dominion Securities

Tuesday, August 30, 2016

LOCATION: Canada's Sports Hall of Fame 169 Canada Olympic Road S.W. Canada Olympic Park Calgary, AB T3B 6B7

> Kara Weber (403) 299-7374 kara.weber@rbc.com

All guests must be registered to attend. (Space is limited.)

Refreshments will be provided Complimentary parking on site Includes access to interactive sports, Hall of Fame Gallery & Museum Tour

RBC Dominion Securities Inc.\* and Royal Bank of Canada are separate corporate entities which are affiliated. \*Member-Canadian Investor Protection Fund. RBC Dominion Securities Inc. is a member company of RBC Wealth Management, a business segment of Royal Bank of Canada. Insurance products are offered through RBC Wealth Management Financial Services Inc., a subsidiary of RBC Dominion Securities Inc. When providing life insurance products, investment advisors are acting as insurance representatives of RBC Wealth Management Financial Services Inc., \*Registred trademarks of Royal Bank of Canada. Used under licence. \*2015 RBC Dominion Securities Inc. All rights reserved.

# **BUSINESS CLASSIFIEDS**

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Royal Oak and Rocky Ridge. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**LOOKING FOR ENTREPRENEURS:** My business is expanding, if you: 1. Love working from home? 2. Want complete freedom of your time? 3. Want to make \$500 - \$2000 per month working part-time? Then I need to buy you a coffee. This is not door-to-door or telemarketing. Contact Russell at 403-669-1660.

**JEFFREY ELECTRIC:** Friendly professional electrical service for your next residential project large or small. City Qualified Trade, Master Electrician, Based in the NW, insured, licensed, certified, bonded. Very competitive rates for quality electrical work. Service Panel upgrades from 60 amp to 200 amp. Sub-panels, Aluminum rewiring, custom kitchens and basements. Free estimates. cejelectric.com or call Clayton at 403-970-5441.

**COMPUTER HELP:** New or old Windows PC questions, problems or upgrades. Sync email with smart phones and tablets. Help with Windows 10, wireless, internet security, virus protection, backups, on-line banking or other programs (Email, Word, Excel, Genealogy). Small business and home service. 30 years' experience. Seniors discount. Contact Dave at PCHelpYYC@outlook. com or 403-239-1230.

**THE GUTTER DOCTOR!** We install, repair and clean eavestroughs, and downspouts. Fascia, soffit, drip-edge, siding, roofing, cladding. Over 15,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. www.gutterdoctor.ca 403-714-0711.

**BOOKKEEPING SERVICES:** Are your accounting and bookkeeping needs taking up valuable time? I can assist you with your monthly or daily tasks. With over 40 years of experience in these fields, I have performed virtually all aspects of the accounting function. For information, please contact 403-863-6994 or e-mail gpet@shaw.ca or www.petcalbookkeepingservices.com.

**LIFE COACHING:** Align with your power and manifest your desires with QSCA Certified Law of Attraction Life Coach Justine Turner, B.Ed. Contact her today for your free 30 minute session via phone. Justine can help you design an inspired action plan to create the career, relationships, health or finances that you've always wanted and completely deserve! Email: justine-ann@shaw.ca, www.facebook.com/justinelifecoach, cell: 403-479-4256.

Royal Oak / Rocky Ridge mybabysitterlist						
Name	Age	Contact	Course			
Amber	14	587-349-4855	Yes			
Teagan	14	403-400-3438	No			
Opey	21	403-975-2600	Yes			
Angela	30	403-869-8453	No			
Cecile	48	402-827-2782	No			

Calling All BABYSITTERS Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.a.

# IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

#### DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of News Publishing. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing does not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.

# COMMUNITY ANNOUNCEMENTS

#### Deadline – 1<sup>st</sup> of each month for the next month's publication Contact news@great-news.ca

 Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
 Forty word limit



To have your Family profiled (Story and Professional Pictures) in the next edition of this Community Newsletter, please send us an email to **RO@great-news.ca** 

#### Published by:



ADVERTISE YOUR BUSINESS NOW! REACHING OVER 410,000 HOUSEHOLDS ACROSS 139 CALGARY COMMUNITIES

> DELIVERED BY Canada Post

Phone: 403-263-3044 | sales@great-news.ca



#### COUNCILLOR, WARD 2 JOE MAGLIOCCA 403-268-2430 Joe.Magliocca@calgary.ca

Calgary.ca/ward2 Facebook: Joe Magliocca • Twitter: @Joe Magliocca

Happy Canada Day! Throughout the summer months, The City of Calgary will be making numerous community improvements throughout Ward 2. Some of these projects include new enhanced crosswalks, road repairs and parks projects. As always, please feel free to contact our office via www.joemagliocca.com and send us a webmail on your priorities, opinions and any other suggestions you have to improve our community. One issue that I have been receiving a lot of feedback on has been the fees for the new Green Cart Program. The Green Cart Program fees were approved at council on May 30<sup>th</sup>, 2016. I voted against the fees for this program as I believe that there could be greater efficiencies found within the program and that there are other options available to finance this program. I do support the concept of the Green Cart Program and increased waste diversion. Our current waste facilities are reaching their capacity and the cost to taxpayers to acquire new waste management facilities or export waste to other municipalities would be significant. It is estimated that the cost of a new waste management facility would be in the hundreds of millions of dollars. That is why waste diversion is crucial to reduce this type of cost on the taxpayer. However, I believe that the Green Cart Program could have been more flexible, more affordable and designed to be tailored to the specific needs of Calgarians. For more information on this program see: www.calgary.ca/greencart.

#### Joes Tips:

Please join me at our Ward 2 Community Stampede Barbeque on Sunday, July 10<sup>th</sup> at the Symons Valley Ranch between 11am – 2pm. There will be free burgers, beans and great stampede style entertainment.





Phone: 403-268-2445 • Fax: 403-268-8091 Email: ward01@calgary.ca Web: www.calgary.ca/ward1

Summer has arrived. Ward 1 is fortunate to have several notable parks in its communities. Pack a lunch and enjoy a picnic while it is nice outside. Take a stroll through your community park at the 12 Mile Coulee Natural Environment Park, Bowness Park, Shouldice Park, Baker Park, Bow-mont Natural Environment Park, or the BirthPlace Forest in Silver Springs.

Parks are an essential part of quality urban living. We use our parks for sports, festivals and exercise as well as for quiet respite and enjoyment of nature. Great parks contribute to healthy communities and a high quality of life in Calgary. **If you have a dog, let's remember to take care of our precious parks by picking up after your pet.** Get involved and learn how you can educate other dog owners by signing up for the Off-leash Ambassador Program or attend a Pick Up Pooch's Poo Yourself (P.U.P.P.Y.) program. Contact the Ward 1 Office at ward01@calgary.ca for more information.

Some of the parks are still in various stages of restoration, repair and growth. Note that Calgary Parks has created a Pathways & Trails 2016 Work Plans Map. This map details the proposed locations of work for 2016, includes work for future years (2017+), and shows locations completed in 2014 and 2015. As well, the map shows existing pathway lifecycle projects as well as new missing link connections. The "live" document that will be frequently updated so check the list periodically throughout the year to keep up-to-date and current at www.Calgary.ca.

Want to know more about municipal and community updates in your community? Sign up for Councillor Ward Sutherland's community e-newsletter at www.Ward Sutherland.com



#### 14 JULY 2016 I Great News Publishing I Call 403-263-3044 for advertising opportunities

# **COMMUNITY** business of the month

### **Royal Vista Dental Clinic** Royal Oak-Rocky Ridge Community

t Royal Vista Dental Clinic, we work hard to make your visit with us as quick, thorough, and pleasant as possible.

Located at #210, 8730 Country Hills Blvd. NW, Dr. Matthew Karavos and the entire team here at Royal Vista Dental Clinic are committed to offering innovative service in a relaxed, friendly environment that is close to your home.

We are pleased to offer a full range of dental services and options for your family, including:

#### **Family Dentistry**

At Royal Vista Dental Clinic, our smallest patients are one of our biggest priorities. We want to teach kids the importance of brushing and flossing their teeth daily in order to maintain their sweet smiles.

#### **Oral Hygiene/Cleaning**

Preventative dentistry is our priority, and setting you up with the best brushing and flossing habits is the first step to a healthy smile. At Royal Vista Dental Clinic, your regular oral hygiene visits play a big role in our commitment to your ongoing oral health.

#### Sedation Dentistry

Do you get anxious or nervous about dental procedures? Many patients choose Sleep Dentistry to feel more comfortable during cleanings and procedures.

#### **Smile Design**

Smile design is cosmetic dentistry that uses crowns, bridges, and veneers to create your dream smile. And over the years that we have been doing cosmetic dentistry and Smile Design, we have seen the major differences in personality and boosts in confidence in patients that have walked out of our office with a new smile.

#### Teeth Whitening

Our team at Royal Vista Dental Clinic can enhance your smile by removing or reducing stains on your teeth, lightening them for a more attractive appearance. The difference is amazing – and it can be done in as little as one appointment!

#### **Custom Mouth Guards**

Every summer we see many patients come in after breaking teeth playing sports. Don't allow your precious teeth to become unnecessarily damaged. Be proactive about protecting your teeth from injuries while playing sports with a comfortable custom mouth guard.

#### **Denture Services**

Do you need dentures or have an issue with your current denture? Our team can fit or repair your denture so you can get back to eating, drinking, and living life to its fullest!

#### In-house Orthodontics

Get all of your orthodontics taken care of at one location with convenient hours. Our team can help patients of all ages achieve their perfect smile through braces and Invisalign.

Come on by to check out the office and chat with our staff about your oral health needs. We're always accepting new patients and look forward to meeting you!

Services provided by general dentists



# Services we Offer

Cosmetic dentistry Whitening Family dentistry Emergency treatment Sedation dentistry Walk-in appointments Sports guards Oral hygiene & cleaning

# Kirby Cox & Cam Sterns

Ranked the **#1 Team in Calgary** and **#9 in Canada** for Royal LePage in 2015, Kirby and Cam can confidently provide the results you demand. Call 403.247.5555 for your <u>free</u> evaluation.



2016 STATS	ROCKY RIDGE SALES	ROCKY RIDGE AVG PRICE	ROYAL OAK SALES	ROYAL OAK AVG PRICE
Bungalow	3	\$674,167 4		\$561,850
Two Storey	29	\$656,283	44	\$559,901
Two Storey Split	0	-	1	\$680,000
Split-Level	1	\$444,500	1	\$410,000
Townhouse	12	\$328,454	15	\$350,189
Condo	5	\$294,360	13	\$248,231
Villa	1	\$482,500	0	-
TOTAL SALES	51	78		
Avg days on Market	43 days		42 days	

#### Техт **Т980630** то **85377**



61 Rockcliff Heights NV

- Crystal Creek 5 bedroom two storey
- finished walkout, 3 car garage, spec home
- extensive upgrades & extras, cul-de-sac
- Excel Homes 3 bedroom+loft two storey
  great room with fireplace, white kitchen
- finished walkout, close to LRT & ravine



Техт Т855813 то 85377

135 Valley Ridge Green NW • upgraded 4 bedroom+den two storey

TEXT **T980705** 

- heated garage, A/C, granite & hardwood
- newer roof, finished walkout on golf course

то **85377** 

#### Техт Т971207 то 85377



- 26 Rock Lake Heights NW
- Crystal Creek 4 bedroom+den two storey
- walkout on pond, hardwood & granite
- bonus room, 3 car garage, July 2016 poss



- former showhome, 2 bedroom townhome
- maple kitchen, hardwood & granite, A/C
- end unit, 2 car garage, walk to shopping

ROYAL LEPAGE



www.kirbycox.com



#### 286 Royal Birch Way

- spacious 3 bedroom+flex room two storey
  granite & tile, former Shane showhome
- bonus room w/ wet bar, maple kitchen
- Техт Т819936 то 85377

#### \$1,100,000

303 Tusslewood Terrace NW

- Crystal Creek showhome, 3 bedroom+den
- 3 car grage, extensive upgrades/extras
- cul-de-sac, bonus room, 2nd floor laundry

