

OCTOBER 2016

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BRINGING ROYAL OAK AND ROCKY RIDGE RESIDENTS TOGETHER



# This Blood Cancer Awareness Month



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### Rocky Ridge Royal Oak Community Association

Box 91009, RPO Royal Oak N.W.  
Calgary, AB T3G 5W6  
Phone: 403.771.8979  
[www.rrroca.org](http://www.rrroca.org) • [info@rrroca.org](mailto:info@rrroca.org)

### Elected Officials



**Councillor Ward Sutherland  
Ward 1 Office**

P.O. Box 2100, Station M  
Calgary, AB, Canada T2P 2M5  
Phone: 403-268-2445 • Fax: 403-268-8091  
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Web: [www.calgary.ca/ward1](http://www.calgary.ca/ward1)



**MLA Sandra Jansen  
Calgary-North West**

Suite 7223, 8650 - 112th Avenue NW  
Calgary, AB T3G 0E2  
Phone: (403) 297-7104 • Fax: (403) 297-7121  
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**Councillor Joe Magliocca  
Ward 2 Office**

P.O. Box 2100, Station M  
Calgary, AB, Canada T2P 2M5  
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Web: [www.calgary.ca/ward2](http://www.calgary.ca/ward2)



**MP Pat Kelly  
Calgary Rocky Ridge**

202, 400 Crowfoot Crescent NW  
Calgary, Alberta T3G 5H6  
Tel: 403-282-7980 Fax: 403-282-3587  
Email: [pat.kelly@parl.gc.ca](mailto:pat.kelly@parl.gc.ca)

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## BRAIN GAMES SUDOKU

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FIND SOLUTION ON PAGE 11

### SAFETY SYNC

ONLINE SAFETY MANAGEMENT SYSTEM

"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."

Enform IRP 9 (Revised)  
**safetysync.com**  
**403.668.6402**

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

## IN & AROUND CALGARY

### October Fire Prevention Week. October 9-15<sup>th</sup>

Your Calgary Fire Department wants you to make time to ensure that your family is safe from fires.

Don't wait, check the date!

If a fire occurs in your home, we, as firefighters know firsthand that only a WORKING smoke alarm can alert you. Smoke alarms that are older than 10 years old may not work when you need them most, so check the date on the unit, if it is older than 10 years old, replace it!

If there is no date, and it appears to be older than 10 years old, replace it.(even if it is hard wired)

Other simple reminders:

- check every detector monthly by pushing the test button
- change the battery annually (some now have ten year batteries)
- you need to be able to hear the beep when you sleep
- you should have a smoke alarm on every level of your home
- many smoke alarms will "chirp" when the battery is low or when the alarm has reached its lifespan

If the alarm does go off, your family can initiate your home escape plan. For additional information on escape plans, visit [Calgary.ca/CSPS/Fire](http://Calgary.ca/CSPS/Fire)

Please watch and share our new fire safety video with your family:



Fire Safety Tips with Flint  
<https://youtu.be/QbE3ICBzeY0>



DID YOU KNOW: that the first arriving Captain at a building fire may have to make up to 200 decisions in the first 5 minutes? The decisions start even before the fire engine leaves the fire hall!

Calgary Fire Department. Yours for life.



### Royal Oak • Rocky Ridge

Box 91009, RPO Royal Oak N.W. • Calgary, AB T3G 5W6

Phone:403.271.8979

[www.rrroca.org](http://www.rrroca.org) • [info@rrroca.org](mailto:info@rrroca.org)

Last 12 Months ROYAL OAK  
MLS Real Estate Sale Price Stats

|                | Average Asking Price | Average Sold Price |
|----------------|----------------------|--------------------|
| September 2016 | \$565,000.00         | \$548,000.00       |
| August 2016    | \$494,450.00         | \$487,500.00       |
| July 2016      | \$567,400.00         | \$550,000.00       |
| June 2016      | \$589,900.00         | \$576,000.00       |
| May 2016       | \$592,350.00         | \$580,500.00       |
| April 2016     | \$549,900.00         | \$540,000.00       |
| March 2016     | \$567,400.00         | \$551,500.00       |
| February 2016  | \$488,900.00         | \$468,250.00       |
| January 2016   | \$569,900.00         | \$550,000.00       |
| December 2015  | \$474,900.00         | \$463,000.00       |
| November 2015  | \$629,000.00         | \$620,000.00       |
| October 2015   | \$574,900.00         | \$559,000.00       |

Last 12 Months ROCKY RIDGE  
MLS Real Estate Sale Price Stats

|                | Average Asking Price | Average Sold Price |
|----------------|----------------------|--------------------|
| September 2016 | 17                   | 11                 |
| August 2016    | 16                   | 10                 |
| July 2016      | 15                   | 14                 |
| June 2016      | 15                   | 12                 |
| May 2016       | 25                   | 14                 |
| April 2016     | 15                   | 19                 |
| March 2016     | 27                   | 8                  |
| February 2016  | 11                   | 6                  |
| January 2016   | 13                   | 5                  |
| December 2015  | 11                   | 7                  |
| November 2015  | 9                    | 5                  |
| October 2015   | 7                    | 8                  |

To view the specific SOLD Listings that comprise the above MLS averages please visit [royal\\_oak.great-news.ca](http://royal_oak.great-news.ca) or [rocky\\_ridge.great-news.ca](http://rocky_ridge.great-news.ca)

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\*additional fees apply

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# THE GREAT DEBATE: FRONT-WHEEL, REAR-WHEEL, OR ALL-WHEEL DRIVE?

With winter around the corner, drivers should know how their vehicle will handle in various situations so that they can be prepared for poor weather conditions.

“While modern anti-lock braking system, electronic traction, and stability control technologies all provide added grip and handling regardless of the drive wheels, the driving dynamics of each vehicle are unique,” says Jacob Black, senior editor at autoTRADER.ca. He explains the pros and cons of each type in easy-to-follow language:

**Front-wheel drive.** FWD is the most common configuration in modern passenger vehicles. They’re less expensive to produce and offer a more efficient use of space since there’s no driveline routed through the cabin. With the engine usually located in the front of the vehicle, this setup also offers good traction from a standstill in snow and slush.

**Rear-wheel drive.** RWD is most often found on pickups and performance-focused sports cars or sedans. Pickups benefit from it when carrying a heavy load in the bed or towing. RWD in a performance car allows for more ideal handling dynamics and balanced weight distribution.

But it can also provide less traction in slippery conditions and tends to oversteer when applying power during cornering, which some find unpredictable and unnerving.

**All-wheel drive.** Just as the name states, AWD systems are capable of delivering power to all four wheels, many of which are now able to divert additional traction from front-to-back or side-to-side, depending on conditions. Offering well-balanced driving dynamics and traction over a variety of road conditions, AWD also tends to suffer from higher fuel consumption due to the added weight and components.

**The verdict.** While all-wheel drive generally offers the best grip, it has a few shortcomings and can create a false sense of security. While there are theories about the optimal drive, a lot depends on the vehicle and its intended application. In many cases, having good tires is more important than which wheels the power is coming from. Remember that no matter what you choose, in the end it’s less about what you drive than how you drive.

[www.newscanada.com](http://www.newscanada.com)

## IN & AROUND CALGARY

### Alberta Health Services: EMS

#### Halloween Safety

The members of Calgary’s Halloween *Partners for Safety*: Calgary’s Child Magazine, EMS, Calgary Police, Fire, 9-1-1, Bylaw, Transit, and Shaw Communications would like to remind parents and trick-or-treaters of some Halloween safety tips, as October 31<sup>st</sup> approaches. *Partners for Safety* vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

#### Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Stay away from houses that are not well lit. Do not accept rides from strangers, or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

#### Costumes

- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child’s ankles.
- Ensure your child is wearing adequate foot wear that takes into consideration weather conditions and walking.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing, or making costumes, look for materials and accessories that are labeled flame-resistant.
- Choose bright colored costumes that are highly visible. Adding reflective tape to costumes further increases visibility.

#### Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.
- Pre-determine boundaries to trick-or-treat within and establish a firm time to return home.

### Did You Know? Cloverdale Paint Now Offers Discounts to Community Association Members!

Cloverdale Paint is now offering club member pricing to community association members and organizational members of the Federation of Calgary Communities!

**What does this mean for you? Well, whenever you need to buy paint you simply go to Cloverdale and say you are a “Federation of Calgary Communities Club Member” and you will receive more than 25% off paint and more than 15% off paint accessories!**

Cloverdale Paint approached us to set up this discount program as they understand that community associations, their volunteers, and their members are at the heart of our city, and they wanted to give back in some way.

Thanks to Cloverdale Paint for their support and commitment to the community association network and for helping improve neighbourhood life in Calgary!

**Cloverdale Paint CLUB MEMBER**  
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**CALGARY COMMUNITIES**  
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## Keeping your Pet Safe

Happy October!

It's hard to believe but Halloween is just around the corner! Soon the streets will be flooded with little ghouls and goblins looking to fill bags full of sweet treats. Halloween is a great opportunity to meet your neighbours, admire some creative costumes and, of course, enjoy the occasional mini chocolate bar!

While Halloween is a fun time for people, it can be a scary time for pets! The strange visitors, ringing doorbell and unusual costumes may cause stress or even frighten a family pet. Just as families must take safety precautions to ensure a safe and happy Halloween for children, pet owners should be mindful of safety during the festivities. To make sure Halloween is fun for the whole family, Calgary Humane Society wants to remind you of a few safety tips for your pets!

1. Keep candy out of reach of pets! Chocolate, artificial

sweeteners and certain types of nuts are toxic to animals.

2. Set up a safe space! Setting up a room with your pet's favorite items in a quiet area of the house will help to block out some of the stressful aspects of the holiday.
3. Leave Fido at home. Including the family pet on trick or treating may seem like fun, but strange costumes and fast moving children could cause your pooch a lot of stress.
4. Put a sign on the door asking trick or treaters to knock, especially if your pet reacts to the doorbell!
5. Be cautious with your costume, especially if your pet is easily frightened. Consider setting your pet up in a safe space before getting changed into your festive duds.
6. If your pet is dressing up, choose a costume that does not restrict your pet's airway or movement. Keep dress-up sessions short and watch for signs that your pet is becoming annoyed with their costume. Most pets do not like costumes so if you must dress up your pet, consider snapping a few photos and removing the costume right away.
7. Do not allow your cats to roam. A popular myth is that cats can fall victim to foul play on Halloween. While we have not seen that occur in Calgary, roaming cats can fall victim to the increased traffic or may become lost if they are frightened by all the little ghouls and goblins collecting candy.
8. Looking for more tools to help a stressed out pet at Halloween? Contact our FREE behaviour helpline at 403-723-6019 to speak to one of our behaviour consultants about different products and strategies that may work for your pet.

From all of us at Calgary Humane Society, have a safe and happy Halloween!



# 5 ESSENTIAL FALL GARDENING TIPS



Autumn is the perfect time to lay the groundwork for a gorgeous spring garden. Experts say this time of year is critical for how your yard will look year round.

1. Early in the fall, repair dead spots in the lawn by digging straight down and as deep as necessary to remove all soil containing the roots. Fill the hole with a loamy topsoil and tamp down to level with the turf. Seed the area with a mix that matches your existing turf grass. Cover it with hay or newspaper shavings to protect against birds. Water regularly while the seeds germinate and sprout.
2. Leaves are your biggest assets. After they fall off trees, they break down to create essential nutrients that feed your plants. Dig a big hole and pile them in. They'll break down eventually and give you wonderful leaf mould for mulching in the spring.
3. Combine one part blood meal, one part bone meal, and one part wood ash to scatter over bulb beds for beautiful blooms come spring.
4. Fall is the ideal time to plant a deciduous tree — the soil is still warm and holds oxygen that will encourage root growth. Plant your new addition about six weeks before the deep frost. Be sure to prepare a hole large enough, about



five times the width of the root ball. Retain the soil you remove from the hole and use it as backfill to allow your new tree to adjust to its natural soil as quickly as possible.

5. Add a little lighting to extend the beauty of your garden through the winter months. Light pale trees such as birches with back floodlighting. Sling tiny lights over a shrub or tree to give your winter garden a whimsical aesthetic.

[www.newscanada.com](http://www.newscanada.com)

## Trivia

**Jack-o'-lanterns** originated in Ireland where people placed candles in hollowed-out turnips to keep away spirits and ghosts on the Samhain holiday.



**NOVEMBER 5  
ROTHNEY ASTROPHYSICAL  
OBSERVATORY**

Dark Night Star Light Open House: A discussion on light pollution and a tour of the many telescopes at the RAO. 8 – 11PM, \$20 per car or \$10 per person. [www.ucalgary.ca/rao](http://www.ucalgary.ca/rao)



**NOVEMBER 22 - DECEMBER 31  
SLIPPER**

A Distinctly Calgarian Cinderella Story: Rebecca Northan brings Calgary a new, family-friendly show for the holidays. It involves time travel, a male fairy godmother and a modern-day, Calgarian Cinderella. [www.atplive.com](http://www.atplive.com)



**NOVEMBER 26  
COL. CHRIS HADFIELD**

Enjoy an evening hosted by Canadian astronaut Chris Hadfield, who stunned the earth with his rendition of David Bowie's, Space Oddity, during his five month stay on the International Space Station. This event is part of Mount Royal University Conservatory's Northern Lights Series. [www.mtroyal.ca](http://www.mtroyal.ca)



NOVEMBER NOVEMBER NOVEMBER

**YOUR COMMUNITY/CITY EVENTS  
AT A GLANCE...**

**October 2016 - January 2017, Glenbow Museum presents: 1920s Modernism in Montreal:** The Beaver Hall Group painted many portraits that convey the quest for modernism; these works rank among the most remarkable in the history of Canadian art. [www.glenbow.org](http://www.glenbow.org)

**November 5, Calgary Hitmen vs. Swift Current Broncos:** The puck drops at 7:00PM at the Scotiabank Saddledome. [www.hitmenhockey.com](http://www.hitmenhockey.com)

**November 16, Moscow Ballet's Great Russian Nutcracker:** For one night only, the Moscow Ballet performs this seasonal classic. Get into the Christmas spirit and watch the story of Klara and the Nutcracker Prince come to life on the stage. [www.artsccommons.ca](http://www.artsccommons.ca)

**November 17 – 20, Art Market Art and Craft Show:** Get a head start on your Christmas shopping at one of Calgary's biggest Christmas arts and crafts markets. Over four days, more than 200 Canadian artisans and makers showcase and sell their work. [www.artmarketcraftsale.com](http://www.artmarketcraftsale.com)

**November 22, 6th Annual Why Whisper Fundraising Gala:** Proceeds support the YWCA, and to date, this fundraising event has raised more than \$2 million. This year, the keynote speaker at the YWCA's fundraising event is Monica Lewinsky. [www.ywcaofcalgary.com](http://www.ywcaofcalgary.com)

**November 25, Calgary Philharmonic presents, Neil Cockburn, Organ Masterpieces:** Made of 6040 impressive pipes, the Carthy Organ is the grand and imposing centerpiece of the Jack Singer Concert Hall. Calgary-based Cockburn's talents will make the organ sing during this one night only performance. [www.calgaryphil.com](http://www.calgaryphil.com)

**November 25 – December 23, Disney's Beauty and the Beast:** The Story Book Theatre brings this beloved fairytale, adapted from the animated Disney film, to the stage in all its splendour to delight Calgarian audiences. Featuring all the beloved songs from the movie and beautiful costumes, this one's not to be missed. [www.storybooktheatre.org](http://www.storybooktheatre.org)

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**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty-free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

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**NORTH CALGARY STRINGS ACADEMY (NCSA):** Independent, experienced and recognized performers and teachers of all levels of classical string music. Mission: to provide superior education to students of Calgary's north communities. Contact Kathryn Corvino: [kathryn.studio@gmail.com](mailto:kathryn.studio@gmail.com), 403-863-7818 or Maya Ciring Walsh: [mayaciring@gmail.com](mailto:mayaciring@gmail.com).

**BRAIN GAMES SUDOKU**

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| 8 | 1 | 6 | 5 | 2 | 4 | 9 | 7 | 3 |





COUNCILLOR, WARD 2

**JOE MAGLIOCCA**

403-268-2430

Joe.Magliocca@calgary.ca

Calgary.ca/ward2

Facebook: Joe Magliocca • Twitter: @Joe\_Magliocca

I would like to take this opportunity to wish residents of Ward 2 a Happy Thanksgiving. In spite of the economic challenges we face in both our city and province, as Calgarians we still have much to be grateful for.

This year's construction season is wrapping up and despite the many delays due to our wet summer, many infrastructure enhancements and community improvements were complete throughout the communities in Ward 2. Some of these improvements include:

- Stoney Trail / Sarcee Trail NW Interchange upgrade – to be completed by year end.
- Twinning of 112 Ave west of Sarcee Trail NW – to be completed by year end.
- Crowfoot Way NW Enhanced Crosswalk Markings & Rectangular Rapid Flashing Beacon (RRFB).
- RRFB for Crosswalk at Arbour Lake Road NW & Arbour Crest Drive NW.
- Re-development of the pathway under Symons Valley Parkway NW.
- New pathway at Robert Thirsk High School.

For Sage Hill and area transit riders Route 429 has been extended from the current terminus in Sherwood to the Sage Hill transit hub just north of the Sage Hill Walmart. This change will provide a new connection from the Sage Hill and Kincora area to the northwest LRT, as well as provide connections to Route 425 and the north central area of the city. It will also help connect the newly emerging shopping centre to surrounding communities.

*Joe's Tip:*

*Halloween is coming up and with children excited and in costumes, please remember to slow down and be especially cautious in residential neighborhoods and around playground zones.*

## OCTOBER MOON CALENDAR



## Royal Oak / Rocky Ridge mybabysitterlist

| Name   | Age | Contact      | Course |
|--------|-----|--------------|--------|
| Amber  | 14  | 587-349-4855 | Yes    |
| Angela | 30  | 403-869-8453 | No     |
| Cecile | 48  | 402-827-2782 | No     |
| Erica  | 12  | 587-349-2484 | Yes    |
| Farnaz | 13  | 403-714-2075 | Yes    |
| Kalyn  | 14  | 403-473-7907 | No     |
| Kiera  | 15  | 403-816-1822 | Yes    |
| Nana   | 15  | 403-918-4652 | Yes    |
| Opey   | 21  | 403-975-2600 | Yes    |
| Teagan | 14  | 403-400-3438 | No     |

### Calling All BABYSITTERS

Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

### Calling All PARENTS

Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).



Pumpkins aren't just an orange vegetable; they also come in white, blue and green. Great for unique Halloween carvings!

## IMPORTANT NUMBERS

| ALL EMERGENCY CALLS                     | 911            |
|---|----------------|
| Alberta Adolescent Recovery Centre      | 403.253.5250   |
| Alberta Health Care                     | 403.310.0000   |
| AHS Addictions Hotline                  | 1.866.332.2322 |
| ATCO Gas – 24 Hour Emergency            | 403.245.7222   |
| Calgary HEALTH LINK 24/7                | 811            |
| Calgary Police – Non Emergency          | 403.266.1234   |
| Calgary Women's Emergency Shelter       | 403.234.7233   |
| Child Abuse Hotline                     | 1.800.387.5437 |
| Kids Help Line                          | 1.800.668.6868 |
| Child Safe Canada                       | 403.202.5900   |
| Distress/Crisis Line                    | 403.266.4357   |
| ENMAX – Power Trouble                   | 403-514-6100   |
| Poison Centre - Alberta                 | 1-800-332-1414 |
| HOSPITALS / URGENT CARE                 |                |
| Alberta Children's Hospital             | 403.955.7211   |
| Foothills Hospital                      | 403.944.1110   |
| Peter Lougheed Centre                   | 403.943.4555   |
| Rockyview General Hospital              | 403.943.3000   |
| Sheldon M. Chumir Health Centre         | 403.955.6200   |
| South Calgary Urgent Care Health Centre | 403.943.9300   |
| South Health Campus                     | 403.956.1111   |
| OTHER                                   |                |
| Calgary Humane Society                  | 403.205.4455   |
| Calgary Parking Authority               | 403.537.7000   |
| SeniorConnect                           | 403.266.6200   |
| Calgary Kerby Elder Abuse Line          | 403.705.3250   |
| Alberta One-Call Corporation            | 1.800.242.3447 |
| City of Calgary                         | 311            |
| Kerby Centre for the 55 plus            | 403-265-0661   |
| Community Mediation Calgary Society     | 403.269.2707   |
| RNR Lockworks Ltd.                      | 403.479.6161   |
| Road Conditions – Calgary               | 511            |
| Weather Information                     |                |
| Gamblers Anonymous                      | 403.237.0654   |

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# The Brown Creeper

By J.G. Turner  
Photo credit: David Mitchell

This tree-climbing bird has a tiny, slim body that is well camouflaged with brown streaks on its back, white under parts, a yellowish bar across the wing and a buff stripe over the eye. The Brown Creeper--also known as the Tree-Creeper--is a permanent Alberta resident found in parkland, mountain and boreal forests at many elevations. These creepers are found in mixed woods but seem to prefer coniferous areas for their breeding grounds; however, in the winter, they move to more varied environments and are easier to find in deciduous woodlands.

**Fun Facts:**

- The Brown Creeper got its name because it climbs (or creeps) in an upward spiral from the bottom of a tree while it forages for food. The short legs and long curved claws allow this creeper to hook into the bark.
- The Tree-Creeper uses its unique bill to probe into crevices in the bark to eat small insects and spiders.
- The male finds the materials for a nest but the female is the one that builds the nest. The male sings to the

female (a high thin trill) from nearby while the female works.

- Although the Brown Creeper may pass a Nuthatch working its way from the top of a tree to the bottom, there is no competition between these birds as the Brown Creeper can reach into spots and find food where the Nuthatch cannot reach.
- Due to their tiny size and weak call, Brown Creepers are very inconspicuous birds, so it is thought that estimates of the birds' dispersal and numbers are conservative.
- You can attract this inconspicuous little bird to a feeder by offering suet (especially if it is smeared right onto a tree trunk), peanuts and bread crusts. During the winter, they will also eat seeds.

If you find an injured or orphaned wild bird or animal in distress, please contact the Calgary Wildlife Rehabilitation Society hotline at 403-239-2488 for tips, instructions and advice, or look at the website at [www.calgarywildlife.org](http://www.calgarywildlife.org) for more information.



# TRIVIA

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