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Clip and bring in this ad and enjoy two Joey's Fish Taco dinners for the price of one. Served with Natural Cut Chips & Sea Salt.



*Served with Wild Alaska Pollock. Expires May 15, 2016. Not to be combined with other offers or promotions. Valid only at Joey's Urban Beddington Location. One coupon per customer per visit. Dine-In or Take-Out.

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 Located Adjacent to Boston Pizza

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Sandstone-MacEwan Community Association

1100 Berkshire Blvd. NW
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 macsand@macsand.ca | www.macsand.ca

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GREAT NEWS PUBLISHING HAS BEEN PROUDLY SERVING SANDSTONE MAC^{EWAN} FOR 5 YEARS!

SANDSTONE MACEWAN COMMUNITY ASSOCIATION

1100 Bershire Boulevard NW, Calgary, Alberta T3K 3M3
General Inquiries: macsand@macsand.ca • www.macsand.ca

EXECUTIVE DIRECTORS

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Member at Large	Gary Millan

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Girl Guides	Leslie Jones	403-275-7098
#224 Sandstone	Steve Herz	403-262-2871
Block Watch	Darren Way	macsand@macsand.ca
Community Partnerships	Amanda Turvey	amanda.turvey@calgary.ca

Community Fun Facts

Population of Sandstone Valley in 2014 - 6,190
Population of MacEwan Glen in 2014 - 5,053
Population distribution by age 2014

	SANDSTONE	MACEWAN	CITY
0-4 years	4%	6%	7%
5-14 years	9%	12%	12%
15-19 years	7%	7%	6%
20-64 years	67%	67%	66%
65+ years	12%	9%	10%

Courtesy of Calgary Civic Census Results Snapshot

Sandstone/MacEwan Community Association Meetings

are held the 3rd Tuesday of the month
at 7:00PM at the Berkshire Citadel-Sandarac Drive, NW
Everyone is welcome to attend.



3rd Tuesday of Every Month
April 19, 2016
May 17, 2016
June 21, 2016

AREA SCHOOLS

Monsignor Neville Anderson Elementary K-6 Year Round School Option	403-500-2094
Simons Valley Elementary K-6	403-777-6660
Simon Fraser Junior High	403-777-7290
St. Joseph (Yr. Round Jr. High)	403-500-2009
St. Margaret (K-9 Spanish program)	403-500-2025
Notre Dame High School	403-242-1801
École Terre des Jeunes (K-6 French)	403-247-2458
Ste-Marguerite-Bourgeoys (s)(K-12 French)	403-240-2007
École de la Rose sauvage (7-12 French)	403-230-3112
St Dominic Fine Arts Elementary	403-500-2058
Queen Elizabeth High	403-777-6789
John G. Diefenbaker	403-274-2240
Hidden Valley Elementary (K-3 French)	403-777-7236
Dalhousie School (K-5 Spanish Bilingual)	403-777-6030
Valley Creek Middle School (4-9 French)	403-777-7995
Senator Patrick Burns School (6-9 Spanish Bilingual)	403-777-7400
William Aberhart High School (10-12 French Immersion/Spanish Bilingual)	403-289-2551

Editorial 10th Content DEADLINE
of each month for the next month's issue
Sarah Meagher-Bromley
smeagherbromley@gmail.com

SMCA PRESIDENT'S LETTER

I hope March was enjoyable for all with Easter and Spring Break. Perhaps you had the opportunity to take advantage of the excellent ski conditions Albertans love to brag about.

Spring is the season of new growth as the snow is replaced by green patches and new signs of life. The days are longer, warmer and brighter and the extra light and warm temperatures brings a bit of a lighter step for many of us. We feel more energetic, social and have an urge to stay outdoors as long as we can. We are fortunate in Sandstone and MacEwan to have numerous parks to take advantage of, not to mention Nose Hill Park, one of the largest urban parks in North America.

Sandstone and MacEwan are busy and youthful neighbourhoods so it is an important reminder to the community to keep an eye out and remember the playground/school zones are in effect until 9:00pm.

In keeping with the theme of newness, the SMCA board has voted to freshen up our logo after a decade and a half. Four potential logos were circulated through various mediums that many of you voted on and you can look forward to seeing the winning logo presented in the next while.

The sticks and skates have been replaced with sneakers and basketballs at the hockey rink. Father winter cooperated and we were fortunate to have a great skating season both at the hockey and pleasure rinks. It was excellent to see younger hockey players out this year and we hope to see this continue.

I would like to take this opportunity to thank our most dedicated rink volunteers Gary Habiak, Taras Habiak, Butch Hogan, Colin May, Jeff Schroeder, Joe Tofani, Tim Huston, Paul Berrigan, Pierre Donald, Rodney Pennoyer, Travis Brouwer, Trevor Bacon, Trevor Marr, Kevin Swaby, Keith Harris, and Darren Way. It's the hundreds of hours these volunteers contribute in some pretty cold conditions that help make our community outdoor skating facilities some of the best in the city.

As we head from Spring into Summer, we will continue to encourage community members to become more involved and assist with initiatives such as Nominate

your Neighbour, the Community Clean-Up, SMCA plant beautification and, of course, Music in the Park. SMCA has many creative and talented citizens and we welcome your suggestions and involvement.

As an update we will no longer be co-hosting Movie in the Park due to the low turnout the past couple of years however we look forward to future partnerships and initiatives with the Beddington Heights Community Association (BHCA).

For any questions about your community, including how you can volunteer, or information about purchasing a membership, please check out the website at macsand.ca or contact us at macsand@macsand.ca. Don't forget to like us on Facebook and follow us on Twitter.

Sue Coatham
President Sandstone MacEwan Community Association (SMCA)

RBC Dominion Securities Inc.

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Retree programs

Retree programs are being offered free of charge to our community members. Sign up ASAP as these programs fill up quickly!

To register please call Pinky Nantais at 403-681-2323, first priority will be given to those with current community memberships.

Paint Night!

Tuesday April 5, 6:30pm-8:00pm

Join fellow community members in an easy breezy atmosphere for a paint-astic night! An artist will walk you step by step as you create your tree all the while you will learn the names of the various parts of the tree and why each are important.

Age group: 16 and older

Number of people: Max 20 people

Where: Salvation Army, 222 Sandarac Drive NW

Stretch your Roots walk

Saturday June 4, 3:00pm-4:30pm

The stretch your roots tree tour will guide you through Calgary's tree history and the benefits of trees in Calgary's urban forest. There will also be a tree ID and facts portion of the walk, where you will learn how to identify native and non-native trees along with learning interesting facts about their biology and life cycles. Stretch your Roots is a fun and interactive walk with tree bingo for the little munchkins, and a tree hugging exercise that gives you the opportunity to experience trees using all your senses.



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Matt 403 816 8324 Josh 403 827 5185



Sandstone MacEwan Beddington

Community Clean-up

Sunday, June 5, 2016

9:00AM-2:00PM Only

Sandstone Rink (355 Sandarac Drive)

Accepting solid waste, yard waste, compostables as well as recycling of electronics, bicycles.

FREE although donations / memberships welcome!

UNFORTUNATELY WE ARE NOT ACCEPTING METAL, APPLIANCES OR DANGEROUS GOODS OF ANY KIND.

Technotrash Alberta

Calgary Heart of the New West

Age group: All Ages (Children must be accompanied by adult)

Number of people: Max 36 people

Where: Location TBA (most likely Nose Hill Park)

Pruning and planting 101

Saturday June 18, 3:00pm-4:30pm

Come hungry for knowledge about tree planting and pruning, and leave with a healthy appreciation for Calgary's Urban Forest. This is a beginner to intermediate course, but also a great venue for community experts to help educate their neighbours and discuss community tree care. After this course you can feel confident planting and maintaining your trees. This course gives a healthy portion of demonstration leaving enough room for a tree fueled Q&A with a certified City of Calgary Urban Forestry Technician. Each participant will also receive a take-away with extra information and a surprise treat.

Age group: 18 and older

Number of people: Max 30 People

Where: Location TBA



Here are a few ideas on how you can celebrate Neighbour Day:

- Host a block party
- Have a neighbourhood picnic at a local park (picnic site booking fees are waived).
- Host a neighbourhood potluck or BBQ.
- Host afternoon tea in your backyard.
- Parade of lawn parties.
- Hold a street chalk drawing competition.
- Grab a "Litter Cleanup Kit" get together and tidy up your park or natural area.
- Help your neighbour with their spring cleaning or gardening or make up your own way to celebrate community spirit in Calgary!

The idea is to meet neighbours, make new friends, have fun and maybe work together on a project that benefits the entire community.

Get together in your yards, in the common areas of your building, your local park, or take the party to the streets to celebrate Neighbour Day 2016!

YYC: Growing Our City & Region

YYC is an engine for growth and economic development for Calgary and Alberta. 2015 was another record year for our airport with the announcement of new airlines, destinations and services.

Did you know that in 2015, YYC contributed to our region's economy by:

- Welcoming a record **15.48 million passengers**.
- Transporting more than 75% of Alberta's **air cargo**.
- Creating over **48,000 jobs** for the city and province.
- Adding flights and serving more than **80 non-stop destinations**.
- Contributing more than \$8.2 billion to Alberta's **GDP**.

Want to stay up to date on the latest YYC news? Connect with us on Twitter, Facebook and Instagram.



Vivo Donation

Sandstone MacEwan Community Association has been a strong supporter of Vivo for many years. Cynthia Watson CEO of Vivo for healthier generations, her senior staff and the BOD is shown receiving a donation from SMCA 2nd V.P. Phil Nantais. The donation includes \$2,900 for the Vivo Fee Assistance program which supports access for the less privileged in our community and \$2,500 for the Vivo facility expansion project.

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"For thousands of homeowners, polybutylene plumbing has become a recurring nightmare."

- Ed Bradley, CBS-60 Minutes

Polybutylene (also known as PB or Poly-B) pipe is a flexible, grey pipe that was used in several million homes built from 1970 to the mid-1990s. Due to problems with leaks, Poly-B water pipes are no longer accepted by United States or Canadian building codes and have been the subject of class action lawsuits in both countries. Poly-B fails without warning because it breaks down from the inside of the pipe over time, which can result in sudden catastrophic damage or severe structural damage including mold if a pipe has been leaking for some time without detection. The older the pipe, the more likely it is to fail. Not replacing Poly-B in a home has a 60% probability of failure within 20 years, which further increases over time.

Modern West Plumbing & Heating specializes in the complete turn-key removal of Poly-B in your home by a professional, courteous, and experienced team including a Master Plumber. Replacing this pipe in your home will protect your investment and your personal belongings, save thousands on repairs, and add significant value to your property.

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IN & AROUND CALGARY

EMS: Bicycle Helmet

Safety

Head injuries are a leading cause of serious injury and death to children riding bicycles*. Most injuries occur when a cyclist suffers a fall, strikes a stationary object, or collides with another cyclist/pedestrian. Remember – it's the law in Alberta that cyclists under the age of 18 must wear a helmet (and highly recommended for all ages). Helmets should be CSA approved and worn during recreational activities such as skateboarding, in-line skating, or cycling.

Getting informed

- Wearing a helmet while cycling can prevent a serious injury, or even save a life;
- Brain injuries can cause permanent disability or death;
- Reduce your risk by always wearing your helmet;
- Replace any helmet that has been involved in a crash, even if it appears undamaged.

Getting started

- Allow children to assist when buying their helmet. Cyclists who choose their own helmet are more likely to wear them;
- Start the habit early. Young children learning to ride tricycles need to wear helmets;
- Parents must lead by example – always wear a helmet when cycling.

Getting the right fit

- Take the time to properly fit and adjust your helmet to ensure maximum protection in case of a crash;
- When worn properly, helmets should fit level, not tilted up, or down over the forehead;
- Helmets should feel snug, but not too tight. To test the fit, the helmet should not fall off when you shake your head from side-to-side while the straps are unfastened;
- Adjust the chin straps to form a "Y" below and slightly forward from the ears;
- Only one finger should be able to fit under the chin strap when it is fastened;
- Do not forget to use the sizing pads included with the helmet. They will help improve the overall fit, comfort and safety.

IN & AROUND CALGARY



The scoop on dog poop

With 150 public off-leash areas and over 100,000 dogs in our city, it's clear Calgarians love their canine companions. What isn't to love is the stinky situation that's left behind when owners don't pick up after their pets.

Cleaning up your dog's waste is part of being a responsible pet owner and helps keep our yards, parks and off-leash areas safe and healthy.

Here are five facts you may not know about doggy doo-doo:

1. It's classified as a hazardous pollutant. It's in the same category as toxic chemicals!
2. It's crawling with E. coli and roundworm larvae which, if ingested by humans or dogs, can lead to brain, eye, and other organ damage.
3. It's not a good fertilizer. Its high nutrient content is toxic to lawns and will create "hot spots" causing the grass to burn and discolour.
4. It doesn't absorb into the soil, so the risk of spreading its harmful effects can linger for years!
5. It attracts mice, coyotes and other wildlife that consider it a delicious snack.

Keeping our city pet-waste free is easy, if we all do our part. Always carry pet waste bags with you when you walk your dog, and pick up and properly dispose of your pet's waste as soon as possible.

To learn more about the importance of picking up after your pet, check out our P.U.P.P.Y. (Pick Up Pooch's Poo Yourself) program at calgary.ca/puppy.

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28 MacEwan Dr. N.W.

JAZZERCISE

Jazzercise Sandstone Grand Opening!

Salvation Army Berkshire
Citadel Church
222 Sandarac Dr. N.W.

FREE Unlimited Classes in May

Class Schedule:

Tuesdays: 6 – 7 p.m.

Thursdays: 6 – 7 p.m.

Saturdays: 10 – 11 a.m.

Class Instructor:

Robyn Wilson

Facebook.com/Jazzercise.Robyn
Jazzercise.Robyn@gmail.com
403.608.7162

Today you are
you! That is
truer than
true! There is no
one alive who is
you-er than you!

Dr. Seuss

Name	Age	Contact	Course
Abigail	13	403-295-7464	Yes
Chantelle	27	403-354-7370	Yes
Charlise	14	403-275-2129	Yes
Emma	14	403-275-0968	Yes
Joe	14	403-454-2801	Yes
Jordan	12	403-274-6910	Yes
Laikyn	12	403-702-5316	Yes
Lauren	22	587-893-8008	Yes
Leticia	18	403-275-5679	Yes
Nicole	20	403-808-9215	Yes
Sam	14	403-719-9866	Yes
Seth	14	403-274-6910	Yes

Calling All BABYSITTERS Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

BRAIN GAMES SUDOKU

5	6							2
1		4		5		3	8	
		8			4	5		7
	4	9				6		
				6				
		6				2	3	
6		1	9			8		
	3	5		8		9		6
9							4	1

FIND SOLUTION ON PAGE 12

SANDSTONE-MACEWAN

BLOCK WATCH

The following data are the crime statistics for Sandstone and MacEwan from February 2016 from our community liaison officer Cst. Benzy Bawal. A noted spike in break residential and vehicle break-ins and thefts is occurring throughout the city and police are reminding citizens to lock your homes and vehicles and do not store valuables in your vehicle. Have your neighbors watch your house for any suspicious activity. Report any crimes in progress to 9-1-1 or any crimes that have occurred to 403-266-1234.

Sandstone

Offence: Break and Enter – House

On February 14, 2016 between 14:30 and 19:30 at 100 blk SANTANA PL NW

An attached garage was entered at a single family residence and a truck inside was ransacked. The culprit entered through an unlocked door.

Between February 21, 2016 at 19:00 and February 22, 2016 at 09:00 at 0 blk SANTANA HL NW

An attached garage at a single family residence was entered through an unlocked door. A vehicle inside the garage was ransacked and valuables taken.

On February 26, 2016 between 06:30 and 17:00 at 0 blk SANDSTONE RD NW

A single family residence was broken into, the culprit gained entry by removing a screen and lifting a window from the track.

On February 28 between 07:00 and 09:01 at 0 blk SANDERLING RD NW

A single family residence was broken into, the culprit gained entry through an attached garage and used a garage door opener to gain entry stealing a vehicle.

Between February 28, 2016 at 22:00 and February 29, 2016 at 06:30 at 500 blk SANDRINGHAM PL NW

A single family residence was entered through an attached garage, the culprit entered through an unlocked door then used a key to steal a vehicle.

Between February 28, 2016 at 23:00 and February 29, 2016 at 06:30 at 500 blk SANDRINGHAM PL NW

A single family residence was broken into, the culprit gained entry through an attached garage and used a garage door opener to gain entry and steal a vehicle.

Offence: Break and Enter – Other

Between February 12 at 12:00 and February 26 at

10:30 at 100 blk SANDSTONE RD NW

A detached garage at a residence was broken into. The culprit pried/forced a window to gain entry and also used masking tape.

Offence: Theft of Vehicle

On February 16, 2016 at 19:20 at 200 blk SANDSTONE DR NW

A vehicle was stolen from road/street by an unknown culprit.

On February 28 between 07:00 and 09:01 at 0 blk SANDERLING RD NW

A single family residence was broken into, the culprit gained entry through an attached garage and used a garage door opener to gain entry stealing a vehicle.

Between February 28, 2016 at 22:00 and February 29, 2016 at 06:30 at 500 blk SANDRINGHAM PL NW

A single family residence was entered through an attached garage, the culprit entered through an unlocked door then used a key to steal a vehicle.

Between February 28, 2016 at 23:00 and February 29, 2016 at 06:30 at 500 blk SANDRINGHAM PL NW

A single family residence was broken into, the culprit gained entry through an attached garage and used a garage door opener to gain entry and steal a vehicle

Offence: Theft From Vehicle

Between February 11, 2016 at 21:00 and February 12, 2016 at 09:30 at 100 blk SANDSTONE PL NW

A vehicle on the road/street was broken into and ransacked, the culprit entered through an unlocked door.

Between February 14, 2016 at 12:00 and February 17, 2016 at 12:00 at 0 blk SANDERLING HL NW

A vehicle on the road/street was broken into and ransacked.

Between February 21, 2016 at 19:00 and February 22, 2016 at 09:00 at 0 blk SANTANA HL NW

A vehicle inside an attached garage was entered and ransacked. The culprit entered through an unlocked door.

On February 28, 2016 between 02:00 and 06:00 at 100 blk SANDARAC PL NW

A vehicle (truck) on the road/street was broken into and ransacked, the culprit entered through an unlocked door.

Between February 23, 2016 at 19:00 and February 24, 2016 at 14:00 at 0 blk SANDSTONE HL NW

A vehicle on the road/street was broken into and ransacked.

Between February 28, 2016 at 23:00 and February 29, 2016 at 06:30 at 500 blk SANDRINGHAM PL NW

A vehicle inside an attached garage was entered and ransacked. The culprit entered through an unlocked door and used a garage door opener.

MacEwan

Offence: Break and Enter - House

On February 16, 2016 between 11:26 and 17:00 at 100 blk MACEWAN RIDGE CI NW

A single family residence was broken into. The culprit entered through an attached garage using a garage door opener and used a cutting instrument to gain entry. They then used a vehicle to remove property.

Offence: Break and Enter - Other

Between February 17, 2016 at 18:30 and February 18, 2016 at 08:30 at 100 blk MACEWAN MEADOW CR NW

A detached garage was broken into. The culprit entered through an unlocked door.

Offence: Theft From Vehicle

On February 16, 2016 between 11:26 and 17:00 at 100 blk MACEWAN RIDGE CI NW

A single family residence was broken into. The culprit entered through an attached garage using a garage door opener and used a cutting instrument to gain entry. They then used a vehicle to remove property.

Between February 27 at 19:00 and February 28, 2016 at 10:30 at 600 blk MACEWAN DR NW

A vehicle on the street/road was broken into using an unknown method of entry.

Offence: Vandalism

On February 3, 2016 between 20:15 and 20:30 at 400 blk MACEWAN DR NW

A window was broken on a townhouse/condo while the resident was out by an unknown culprit.





News from the Friends of Nose Hill

by Anne Burke

Recently I was told that the City does not collect cycle use data on Nose Hill and there were no 311 calls about it. Now there is a colour-coded Global Heatmap of human activities, such as running or cycling on the regional pathway system. You can use the toggle labels to check locations, for Nose Hill Park or your community. Through social media athletes network in real time.

Local Action for Biodiversity means each local government has a long-term local strategy, action plan, and will implement on-the-ground initiatives. The edits to The City's biodiversity webpage have now been made. The page better reflects the strategic plan, as well as providing details on the BiodiverCity Advisory Committee. Agendas and minutes are at: www.calgary.ca/biodiversity. As the Committee advances its work plans, further refinement and expansion of the webpage is expected. A report to City Council will go forward in the spring.

The CBC is looking for photos of Calgary's wildlife, animals, and birds for a photo gallery on their website. The contact person is: heather.moriarty@cbc.ca. She is

just in the process of collecting photographs now and if people are interested they should email them to her. She hopes to have the online photo gallery put together and posted within the next couple of weeks. "We are featuring photos that were taken in Calgary. The idea is to show all of the wildlife that can be found within city limits. We will credit the photographers, identify the animal/bird in the photo, and let people know approximately where in the city it was photographed."

In 2014, City Parks and Roads received a one-time grant from the Council Innovation Fund of \$300,000 for an automated, interactive Parks and Roads Map. With the number of 311 service requests, it has been challenging to have accurate information. Soon the system on www.calgary.ca will improve access to up-to-date data for Parks and Roads services, such as mowing and snow ploughing.

Calgary has one of the highest allocations of greenspace of any city in North America. There are 693 natural areas which make up over 50% of the park space in Calgary. Natural areas give priority to the protection of vegetation and wildlife over human use when the two come into conflict.

BRAIN GAMES SUDOKU

5	6	7	8	9	3	4	1	2
1	2	4	6	5	7	3	8	9
3	9	8	1	2	4	5	6	7
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7	5	3	2	6	8	1	9	4
8	1	6	4	7	9	2	3	5
6	7	1	9	4	2	8	5	3
4	3	5	7	8	1	9	2	6
9	8	2	5	3	6	7	4	1



Our Pets And UNWANTED Passengers

Jennifer L. Scott, D.V.M.

Parasites, both external and internal, are present in Calgary, but traditionally because of Calgary's elevation, dry climate, and extreme winters the risks of infection were low. This may be changing with our changing weather; Calgary never hit minus 30 degrees winter 2014-2015, we are still waiting for winter this year, and we've had two wet summers. Review your pet's annual anti-parasitic regime. The absolute minimum recommended by veterinary professional associations is an annual fecal examination, but this is now inadequate for all but a strictly indoor pet. It is also imperative you examine your pet's lifestyle and travel plans to determine his or her individual needs.

As far as external parasites go we haven't seen fleas in Calgary except on pets travelling in or through, but this summer the number of cases of lice and ticks is expected to dramatically increase. Ticks are usually seen April to October in Alberta but studies reveal ticks can become active seeking a host at 4 degrees centigrade. All ticks received by veterinarians are submitted to Alberta Tick Surveillance project to determine species and if they are carrying secondary diseases, such as Lyme disease. Lyme disease is carried by the black-legged tick. That tick is rare in Alberta but may be carried in by a migratory bird. Dogs rarely become clinically ill if the Lyme disease or Borrelia burgdorferia pathogen is in the tick; but if the tick moves onto a human host, people get very ill. Lyme disease is considered endemic to parts of B.C. and east of Winnipeg. Previously our clinic recommended tick and louse protection if lifestyle and travel dictated it. This year we recommend prophylactic anti-parasitic medications for all dogs and cats that go outdoors.

Heartworm disease is not in mosquito populations in Alberta, but provincial and national bodies monitor the situation to keep veterinarians members informed. As with tick and louse prevention, monthly protection is easier than finding out what areas have the parasite.

West Nile Virus is in Alberta mosquito populations but dogs and cats do not tend to become clinically ill. This disease affects birds, horses, and people. Use repellents during mosquito season.

A type of microscopic tapeworm known as Echinococcus multilocularis has recently been identified in the coyote populations around Edmonton and Calgary and in Nose Hill Park. The lifecycle of this tapeworm carries it between the wild carnivores, such as fox and coyotes, and the rodent populations. If a dog or cat picked up this parasite from a rodent they ingested, they may show no symptoms. A person contracting this parasite from a pet is an atypical host and the alveolar form of tapeworm infection in humans can be devastating. Regularly deworm any pet known to catch rodents.

We have become a population of people and pets that travel and move all over this continent and world. Contact your veterinarian for advice about the parasites that can infect your pets, and initiate prophylactic prevention as required. Also be conscious of the changing weather in our own backyard increasing our risk as we invite our furry family members onto the couch, into the kitchen, and onto our beds. Prevention is easy but treatment is often not as simple. Also tell your vet if you have dogs and cats as some dog products are toxic to cats.

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Plant Trivia

According to blog writers Kelley House and Kate Norvell, both certified professional soil scientists, plant "litter" that remains after a harvest is called "residue." Leaving the residues in place over the winter, instead of pulling them up or tilling them into the soil surface, provides numerous benefits for the soil and your garden.

- <https://www.sciencedaily.com/releases/2016/02/160215124440.htm>

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

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MLA CALGARY-MACKAY-NOSE HILL KAREN MCPHERSON

Current Member
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Our Government has been back in session for a few weeks, and we have been preparing the upcoming Budget. The unpredicted and protracted low oil prices worldwide have impacted the province's third quarter financial results and Alberta faces a significant budget shortfall. Oil prices have collapsed to the lowest levels in more than a decade, causing a substantial hit to government revenue and this has impacted Alberta's resource and personal income tax revenue streams. Prudent financial management, including the re-profiling of some projects and bringing expenses in line with the province's new economic reality, has helped the province mitigate some of the effects of the oil price shock this fiscal year. We continue to face these challenges in preparation for this Budget.

The economic situation one of the reasons that I held a Pre-Budget Consultation Meeting on March 3rd. The enthusiastic participants gave a lot of feedback and we captured their concerns and suggestions for this Budget. I am grateful for the time everyone took to attend and provide this valuable information. We have compiled this information for the group and can also make it available to any of you who would like it: please contact my office and let my staff know if you would like to be included in this communication or any other communication.

You may have heard in March that Alberta is modernizing renewal reminders. Government will save taxpayers \$3 million per year by switching to electronic reminders for registration, license and identification card renewals. Access to modern, free registration and license renewal reminder tools has made the mailing of government reminders a dated practice and an unnecessary expense to Albertans that stops in April 2016. Albertans with disabilities will continue to receive their reminders in the mail, and seniors over the age of 70 will continue to receive mailed reminders until April 1, 2017.

I am also pleased to say that our Government's enrolment funding is supporting students and teachers. The commitment to full fund enrolment growth has led to more than 740 additional teachers in Alberta's classrooms this school year. In May of 2015 we restored education funding for the 2015-16 school year, including funding enrolment growth. This decision ensured funding for every Kindergarten to Grade 12 student in Alberta, including the 16,000 new students entering the province's classrooms this school year. Appropriate funding began to flow to school boards when the enrollment numbers were received. In late February 2016, government announced the allocation of \$51 million to ensure boards would be fully funded through to the end of the fiscal year. Funding and supporting our teachers remains vitally important, especially while our province struggles during this economic downturn.

Karen



MP CALGARY NOSE HILL HON. MICHELLE REMPEL

Phone: 403-216-7777
Email: michelle.rempel@parl.gc.ca
Website at www.michellerempel.ca

With a new session of Parliament well underway it is always my great honour to represent you in Ottawa and to bring the issues and concerns of the people of Calgary Nose Hill to the attention of the federal gov-

ernment. I will continue to be a strong voice for you and I will remain consistent in calling for a balanced and prudent approach to federal spending.

I have enjoyed seeing many of you at various events around the community, at Winter Carnivals and Lunar New Year festivities. I would also like to congratulate the scouts and scouters of the 127th Huntington Hill Group who were honoured at their Founders Banquet. Thank you so much to all the volunteers who make events such as these possible.



COUNCILLOR, WARD 4 SEAN CHU

403-268-3727 • ward04@calgary.ca
www.calgary.ca/ward4

Greetings Ward 4 Residents,

Ward 4 Pedestrian Safety Town Hall

In February I hosted a Ward 4 Pedestrian Safety Town Hall meeting. This meeting was held to collaborate with residents and City of Calgary staff in order to see what can be done to improve overall Ward 4 pedestrian safety.

The meeting was well attended, and I want to thank City representatives who spoke about the Safer Mobility Plan, Pedestrian Strategy, the new Green Line, and the Calgary Police Service Traffic Unit. Each spoke on what impact their projects will have on Ward 4 residents and pedestrian safety.

The evening was a great success and a great opportunity to disseminate and collect information. The feedback we received was greatly appreciated and will be summarized and shared with all relevant City of Calgary business units. From this it is hoped that common safety themes can be identified and we can then work toward permanent solutions. This type of collaborative work leads to meaningful changes on our streets.

Ward 4 is the most transit orientated area in the City and, unfortunately, with that comes higher rates of pedestrian incidents. In order to address this important fact we must work together to mitigate the risks as much as possible. My goal over the next year will be to take the information that was collected at the Pedestrian Safety meeting and use it to make Ward 4 a safer place to live, work and commute.

Economic times are challenging in Calgary right now and I will be hosting a career services event on Saturday, April 16, 2016 from 9:30AM to 2PM, at the Foot-hills Alliance Church, 333 Edgepark Blvd. NW. If you or someone you know is looking for work, this may be a great opportunity for enhancing your job search. For more details on this event, please visit my website at www.michellerempel.ca.

I have also been meeting on an individual basis with your hard working community presidents and I will be

I also want to take this opportunity to let Ward 4 residents know that with the proposed LRT Green Line, Centre Street will undergo significant modifications. This means important alterations in how pedestrian and traffic moves around Ward 4. While this is occurring I will work hard to keep you informed and ensure the City incorporates your input into the changes.

Best regards,
Councillor Sean Chu
www.seanchu.ca

Calgary Transit Green Line: <http://calgary.ca/greenline>
Calgary Main Streets: <http://calgary.ca/mainstreets>

Some of the notes taken at the Pedestrian Safety Town Hall on Wed, Feb 10th 2016:

1. The need for more school programs to teach pedestrian safety.
2. Need for more pedestrians crosswalks with lights.
3. An ad campaign to have adults to look at the road rather than their cell phones.
4. An advertising campaign for new immigrants on pedestrian safety.
5. Place ISLOW traffic signs
6. Need to have better programs to educate pedestrians. Cars cannot stop instantly. They must follow rules.
7. More focus on traffic calming and signs
8. Install RRFB
9. Bring back the hour after sunset rule for school zones
10. Reduce the speed limit to 40km/h in residential zones like Airdrie.
11. crosswalk needs to be repainted

hosting a meeting for all of them this month. I rely upon meetings such as these to give me a window into the problems and successes of local community groups, and the outstanding volunteers who support them.

I will be hosting a Town Hall for the constituents of Calgary Nose Hill in the near future, to hear directly from you on issues that concern you. These gatherings are very valuable in determining the constituency issues that I bring to Ottawa and I look forward to seeing you there.



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