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 Calgary-Mackay-Nosehill
 #106, 8220 Centre St NE

Please stop by weekdays between
 9-4:30 pm for a visit! We are
 always excited to get to know our
 constituents and are happy to
 help you with matters of concern.

☎ 403.215.7710 ✉ calgary.mackay.nosehill@assembly.ab.ca



Sandstone-M^{AC}Ewan Community Association

1100 Berkshire Blvd. NW
Calgary, AB – T3K 3M3
macsand@macsand.ca | www.macsand.ca

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SANDSTONE MACEWAN COMMUNITY ASSOCIATION

1100 Bershire Boulevard NW, Calgary, Alberta T3K 3M3
General Inquiries: macsand@macsand.ca • www.macsand.ca

EXECUTIVE DIRECTORS

President (term to 2016)	Sue Coatham
Past President	Darren Way
1st Vice President	Joy Zimmerman
2nd Vice President	Phil Nantais
Treasurer	Gabe Bakos
Secretary	Willa Wu

DIRECTORS

Member at Large (Membership Director)	Carolyn Gomez
Member at Large (Vivo Representative)	Phil Nantais
Member at Large (Airport Liaison)	Trevor Bacon
Member at Large (Newsletter Director)	Sarah Meagher-Bromley
Member at Large	Pinky Nantais
Member at Large	Gary Millan

Calgary Police	Const. Bawal	bbawal@calgarypolice.ca
Girl Guides	Leslie Jones	403-275-7098
#224 Sandstone	Steve Herz	403-262-2871
Block Watch	Darren Way	macsand@macsand.ca
Community Partnerships	Amanda Turvey	amanda.turvey@calgary.ca

Community Fun Facts from 1986

Calgary Population 1986:	636,107
Calgary Population 2015:	1,203,915
Development of Sandstone Valley and MacEwan Glen began in 1982	
Mayor of Calgary:	Ralph Klein
Alderman of Ward 4:	Don Hartmann
President of Simons Valley Community Association:	Denis Wren
MLA:	Bob Hawkesworth
Premier of Alberta:	Don Getty
Prime Minister of Canada:	Ben Mulroney

Sandstone/MacEwan Community Association Meetings

are held the 3rd Tuesday of the month
at 7:00PM at the Berkshire Citadel-Sandarac Drive, NW
Everyone is welcome to attend.



3rd Tuesday of Every Month
June 21, 2016



Monsignor Neville Anderson Elementary K-6	
Year Round School Option	403-500-2094
Simons Valley Elementary K-6	403-777-6660
Simon Fraser Junior High	403-777-7290
St. Joseph (Yr. Round Jr. High)	403-500-2009
St. Margaret (K-9 Spanish program)	403-500-2025
Notre Dame High School	403-242-1801
École Terre des Jeunes (K-6 French)	403-247-2458
Ste-Marguerite-Bourgeoys (s)(K-12 French)	403-240-2007
École de la Rose sauvage (7-12 French)	403-230-3112
St Dominic Fine Arts Elementary	403-500-2058
Queen Elizabeth High	403-777-6789
John G. Diefenbaker	403-274-2240
Hidden Valley Elementary (K-3 French)	403-777-7236
Dalhousie School (K-5 Spanish Bilingual)	403-777-6030
Valley Creek Middle School (4-9 French)	403-777-7995
Senator Patrick Burns School	
(6-9 Spanish Bilingual)	403-777-7400
William Aberhart High School	
(10-12 French Immersion/Spanish Bilingual)	403-289-2551



PRESIDENT'S MESSAGE

June is a great and busy month! If you hesitated planting your garden in May, you should be safe now. Mark your calendars for the SMCA Community Clean up June 5th, it's a great way to clean up around your house without having to travel to the city landfill. Please check the website and facebook to see the restricted materials.

In the May Newsletter I mentioned the Sandstone MacEwan Community Association was celebrating 30 years of incorporation. We were fortunate enough to be contacted by the original President and one of the founding members of the Sandstone Valley Community Association, Denis Wren, who still happens to be a resident in the community. Denis owned one of the first houses built in Sandstone and recalls one of the developers Jagar Homes assisting the association by providing hoses so they could flood a skating rink where the pleasure rink is. He had many stories of the origin of both communities that we hope to share at a later date.

If you served on the SMCA board in the past 30 years, please contact Pinky Nantais through our email macsand@macsand.ca we are hoping to put together a chronology of board members.

Please send us a quick email if you have a memory or thought you would like share about your experience living in Sandstone or MacEwan.

Look what else is going on in June: World environment day is June 5th, Canadian Rivers Day is June 12th, Father's Day is June 19th, and Summer Solstice is June 20th which as you know is the longest day of the year.

June 18, 2016 is celebrated as Neighbor Day. Please contact us if you are hosting an event with your neighbors at macsand.ca and we will be happy to assist in your event where we can.

Do you have a neighbor worthy of the "good neighbor" nomination? Throughout the year we will be accepting submissions regarding a neighbor who stands out and someone you are proud to call a good or great neighbor. The nominations will be reviewed by the SMCA Board and we hope to formally recognize your neighbor's contribution including a small gift of appreciation. We ask that you include sufficient information for us to understand why you have nominated this individual.

SVE and MNA will be saying goodbye to the kids for the summer so expect more activity in your neighborhood.

A small crew will be out and about strategically placing flower pots as we have the past couple of years. The plants are manually watered by this same small crew and we would very much appreciate you adopting some flowering areas. Please send a quick email to Carolyn Gomez and let her know you have adopted an area to water.

For any questions about your community including volunteering, or information about purchasing a membership, please check out the website at www.macsand.ca or contact us at macsand@macsand.ca. Don't forget to like us on Facebook and follow us on Twitter.

Sue Coatham

Celebrating 30 years of SMCA



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Free City of Calgary Skate Park at the Sandstone Rink

June 14-27, 2016
Weekdays
3:00-7:00 pm

Waiver required see more info at:
www.calgary.ca/CSPS/Recreation/Pages/Skateparks/Community-mobile-skateparks.aspx



Neighbour Day 2016

A message from the Federation of Calgary Communities
Neighbour Day is fast approaching, and will take place on Saturday, June 18!

Held annually on the third Saturday of June in commemoration of the 2013 floods, Neighbour Day is an opportunity for neighbours to come together to get to know one another and celebrate your community.

The idea is to meet one another, make new friends, have fun, and maybe work together on a project that benefits the entire community. So make Saturday, June 18, 2016 the day you get to know your neighbours!

Check with your community association to see if they have anything planned, and to find out how you can get involved!

And don't forget to share your experiences on social media using the hashtag #yycNeighbourDay.

Visit calgary.ca/NeighbourDay for more information.

BRAIN GAMES SUDOKU

2		1	5					4
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8					6			
				9			5	
			4		5		7	
9					8	3		2

FIND SOLUTION ON PAGE 18

Sandstone
MacEwan
Beddington
Community Clean-up

Sunday, June 5, 2016
9:00AM-2:00PM Only
Sandstone Rink (355 Sandarac Drive)
This year we can only accept:
Yard waste, compostables as well as recycling of
computer electronics, bicycles.

WE ARE NOT ACCEPTING:
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IN & AROUND CALGARY

The scoop on dog poop

With 150 public off-leash areas and over 100,000 dogs in our city, it's clear Calgarians love their canine companions. What isn't to love is the stinky situation left behind when owners don't pick up after their pets.

Cleaning up your dog's waste helps keep our yards, parks and off-leash areas safe and healthy, and is part of being a responsible pet owner.

Here are five facts you may not know about doggy doo-doo:

1. It's classified as a hazardous pollutant. It's in the same category as toxic chemicals!
2. It's crawling with E. coli and often contains roundworm larvae which, if ingested by humans or dogs, can lead to brain, eye and other organ damage.
3. It's not a good fertilizer. Its high nutrient content is toxic to lawns and will create "hot spots" causing the grass to burn and discolour.
4. It doesn't absorb into the soil, so the risk of spreading its harmful effects can linger for years!
5. It attracts mice, coyotes and other wildlife that consider it a delicious snack.

Keeping our city pet-waste free is easy, if we all do our part. Always carry pet waste bags with you when you walk your dog, and pick up and properly dispose of your pet's waste as soon as possible.

To learn more about the importance of picking up after your pet, join us at a P.U.P.P.Y. (Pick Up Pooch's Poo Yourself) event near you. Visit calgary.ca/puppy for details.



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PAWSITIVE EXPERIENCES AT YYC



The next time you are in the terminal at Calgary International Airport, look for one of our new Pre-Board Pals.

YYC's new Pre-Board Pals program brings teams of dogs and their volunteer sidekicks to one of Canada's busiest airports to interact with and bring smiles to the millions of visitors that come through YYC each year.

Pre-Board Pals is a collaboration between the Authority and Pet Access League Society (PALS) and is focused on providing comfort to passengers and employees by encouraging hands-on therapeutic interaction with pets.

Look for our furry volunteers and their handlers in the terminal during peak travel times every Thursday to Saturday.

Want to stay up to date on the latest YYC news? Connect with us on Twitter, Facebook and Instagram.



YYC CALGARY
INTERNATIONAL
AIRPORT

"For thousands of homeowners, polybutylene plumbing has become a recurring nightmare."

- Ed Bradley, CBS-60 Minutes

Polybutylene (also known as PB or Poly-B) pipe is a flexible, grey pipe that was used in several million homes built from 1970 to the mid-1990s. Due to problems with leaks, Poly-B water pipes are no longer accepted by United States or Canadian building codes and have been the subject of class action lawsuits in both countries. Poly-B fails without warning because it breaks down from the inside of the pipe over time, which can result in sudden catastrophic damage or severe structural damage including mold if a pipe has been leaking for some time without detection. The older the pipe, the more likely it is to fail. Not replacing Poly-B in a home has a 60% probability of failure within 20 years, which further increases over time.

Modern West Plumbing & Heating specializes in the complete turn-key removal of Poly-B in your home by a professional, courteous, and experienced team including a Master Plumber. Replacing this pipe in your home will protect your investment and your personal belongings, save thousands on repairs, and add significant value to your property.

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Membership Application

Family Name: _____ Postal Code: _____
 Address: _____ Email: _____
 Phone: _____ Children's Ages: _____
 Number of Residents: _____ Date: _____
 Signature: _____

May we put you on a list of volunteers? Yes No

Membership Fees are:
\$20 per household per year, or \$50 for a 3 year membership
Make cheques payable to
Sandstone/MacEwan Community Association

Mail or deliver to:
 1100 Berkshire Boulevard NW,
 Calgary, Alberta T3K 3M3

For Office Use Only
 Date Received: _____ Reg/Assoc
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 Source: _____ Rectified if Assoc:



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Brad,
Author, movie buff and wine aficionado.

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Sandstone-MacEwan mybabysitterlist

Name	Age	Contact	Course
Abigail	14	403-295-7464	Yes
Afnan	16	403-210-3384	Yes
Chantelle	27	403-354-7370	Yes
Charlise	14	403-275-2129	Yes
Emma	15	403-275-0968	Yes
Joe	14	403-454-2801	Yes
Jordan	12	403-274-6910	Yes
Laikyn	12	403-702-5316	Yes
Lauren	22	587-893-8008	Yes
Leticia	19	403-275-5679	Yes
Nicole	21	403-808-9215	Yes
Sam	15	403-719-9866	Yes
Seth	14	403-274-6910	Yes

Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

Insects and Technology

The Namib Desert's darkling beetle is the inspiration for a new idea to turn morning fog into droplets of water and will have the ability to provide enough water per day for survival of Namib Desert people. The beetle's body has little bumps that repel water, sending the droplets down his back into his mouth.

Discovery Magazine



Sandstone M^{Ac}Ewan Real Estate Update

Last 12 Months SANDSTONE VALLEY MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
April 2016	\$459,900.00	\$459,500.00
March 2016	\$455,000.00	\$448,900.00
February 2016	\$470,000.00	\$453,000.00
January 2016	\$369,900.00	\$366,000.00
December 2015	\$439,900.00	\$416,500.00
November 2015	\$459,900.00	\$451,000.00
October 2015	\$549,900.00	\$536,500.00
September 2015	\$429,900.00	\$420,000.00
August 2015	\$569,000.00	\$557,500.00
July 2015	\$459,894.00	\$448,500.00
June 2015	\$459,900.00	\$445,000.00
May 2015	\$452,400.00	\$443,500.00

Last 12 Months M^{Ac}EWAN GLEN MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
April 2016	\$464,900.00	\$453,000.00
March 2016	\$404,850.00	\$387,500.00
February 2016	\$463,350.00	\$452,500.00
January 2016	\$539,900.00	\$535,000.00
December 2015	\$409,900.00	\$400,000.00
November 2015	\$429,999.00	\$423,500.00
October 2015	\$437,400.00	\$423,000.00
September 2015	\$449,900.00	\$448,000.00
August 2015	\$414,900.00	\$406,000.00
July 2015	\$439,900.00	\$430,000.00
June 2015	\$469,900.00	\$459,194.00
May 2015	\$489,900.00	\$481,000.00

To view the specific SOLD Listings that comprise the above MLS averages please visit sandstone.great-news.ca or macewan_glen.great-news.ca

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SS 6/16

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your COMMUNITY BUSINESS OF THE MONTH

Sugared Smooth Body Sugaring

Sugared Smooth Body Sugaring is one of Calgary's longest running body sugaring studios, and is located right here in MacEwan! Body sugaring is an all natural alternative method of hair removal that can be used on sensitive skin, stubborn hair, and is safe for people young and old. The sugar is used at roughly body temperature, so no danger of burns that you can sometimes get if wax is too hot. No more sticky spots on your skin that require chemicals to remove either, if any sugar is left on the skin, just use soap and water! And best of all, if you keep up with your sugaring you will see a permanent reduction in hair growth and eventually it will stop all together!

With body sugaring the hair is removed the opposite direction to conventional waxing techniques, and allows for better removal of the hair as well as the roots, which is key in decreasing your re-growth!

The secret to body sugaring is the sugar. Body sugaring goes back to Egyptian traditions of long ago. The products we use at Sugared Smooth Body Sugaring are produced in BC, and are 100% natural. The sugar itself is just sugar, water, and lemon juice. What makes body sugaring even better is the results. With body sugaring the hair is removed by applying a layer of sugar paste to the skin and then removing the sugar in the same direction of the hair growth. This is opposite to conventional waxing techniques, and allows for better removal of the hair as well as the roots, which is key in decreasing your re-growth! You may see a 'thinning out' of the hair after just one treatment (especially for underarms and bikini area), however after three correctly timed sessions your hair will feel softer, there will be less of it, the roots will be smaller, and it will take longer for your hair to grow back.

While we specialize in Brazilians, body sugaring can be used all over the body, wherever you have hair! It is a

great option for athletes, including swimmers, runners, cyclists, gymnasts, and body builders. However many of my clients are just body conscious people who enjoy keeping themselves well groomed.

Before we use our sugar to remove your unwanted hair, we clean the skin, and dry it with a powder. We do not use talc in any of our powders! After a Brazilian we use a French Green Clay to calm the skin, clean out the follicles, and prevent ingrown hairs. It is like a spa day for your bikini area!

At Sugared Smooth we take great care to ensure our client's comfort and well being. Our home based studio is cozy and warm, providing complete privacy and respect. We would love to meet with you and answer any questions you might have about body sugaring.

Sugared Smooth
BODY SUGARING



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28 MacEwan Dr. N.W.

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Hello Residents,

Thinking about a yard improvement project?

Garages, decks, fences and even driveway widening are just some of the projects that often require a permit.

"Before you pay for materials, hire a contractor, or do it yourself, we encourage you to visit calgary.ca/homeimprovement or get in touch with us here at The City," says Jamie Fandrich.

Planning Services Technician at The City of Calgary, Fandrich is part of the team that helps Calgarians understand Alberta's safety codes and City bylaws on the phone and in person at the Municipal Building. The latest resource Fandrich's team uses to educate Calgarians on development and building regulations is the webpage calgary.ca/homeimprovement, which allows anyone interested in doing a renovation to browse popular home renovation topics for bylaw and permit information, property and land designation, drawings and forms they will need to complete their home renovation.

"It can sometimes be difficult to understand when you need a permit and what City bylaws might impact your project – we're here to help guide you through the process," Fandrich says.

Planning, development, licence or permit question? Visit Calgary.ca/homeimprovement or call and visit Planning Services.

Planning Services

Monday through Friday (closed holidays)

8 a.m. - 4:15 p.m.

Call centre: 403-268-5311

Permit counter: 3rd Floor Municipal building, 800 Macleod Tr SE

Best regards,

Councillor Sean Chu

www.seanchu.ca

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Alberta Health Care	403.310.0000
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ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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The Official SANDSTONE MACEWAN Community Newsletter | JUNE 2016 17



News from the Friends of Nose Hill

by Anne Burke

Calgary: City of Animals, this year's U. of C. community forum, brought together Canadian scholars in history, animal studies, and geography to explore the roles that animals play. The fur trade, cattle ranching, and the Stampede are part of our history. So too is our relationship with animals and it is interesting to adopt that perspective about our shared spaces, as well as the city's past, present, and future.

We categorize urban animals in different ways, as wild and domestic, livestock, companions, and entertainers. Have you thought of how your interaction with animals shapes Calgary and traces were left on geography, and identity? Consider the routes animals take and the places where they live. We can learn more about viewing the city as an ecosystem, that includes animal life, and see/be humans as "one animal" among many in the urban environment.

Shelley Alexander, a lead in the Candid Conservation Science Lab, made a study of human-wildlife conflict, especially wolves and coyotes, both in the field and using a geographical information system (GIS). Sean Kheraj is co-editor at niche-canada.org of Nature's Past: Canadian Environmental History Podcast. Susan Nance, who studies entertainment, communication, performance, and historical animal life, is associated with animal welfare. For information you can go to: www.facebook.com/CalgaryInstitute.

You can become a Parks volunteer and help take care of natural areas, off-leash areas, parks, green spaces, playgrounds, pathways, trees; conduct research; and provide park users with interpretive experiences. Individuals commit six shifts per season. For example at Nose Hill Park, you will greet visitors; offer information; present "biofacts"; lead interpretive activities; and promote Parks programs.

If you are looking for a volunteer project for your company or group, join the Parks Environmental Team

on a green initiative project, such as invasive species (weed) pulls, painting projects, playground renewals, and more.

Volunteers of all backgrounds, abilities, and experience are invited to contribute. Once accepted, volunteers receive orientation, training, and support. To apply, call 311 or email: parksvolunteer@calgary.ca.

Don't forget there will be public cleanups of Nose Hill on June 18 and July 30 from 11 a.m. to 2 p.m. Meet at the Edgemont Parking lot (Edgemont Blvd. and Shaganappi Tr. NW) These are P.U.P.Y. events with Parks staff and volunteers who help park users pick up.

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2	3	1	5	6	7	8	9	4
4	9	8	1	2	3	5	6	7
5	6	7	8	4	9	1	2	3
1	2	3	9	5	4	7	8	6
7	5	6	3	8	2	4	1	9
8	4	9	7	1	6	2	3	5
3	7	4	2	9	1	6	5	8
6	8	2	4	3	5	9	7	1
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