

APRIL 2017

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THE OFFICIAL SANDSTONE & MAC EWAN COMMUNITY NEWSLETTER



"For thousands of homeowners, polybutylene plumbing has become a recurring nightmare."

- Ed Bradley, CBS-60 Minutes

Polybutylene (also known as PB or Poly-B) pipe is a flexible, grey pipe that was used in several million homes built from 1970 to the mid-1990s. Due to problems with leaks, Poly-B water pipes are no longer accepted by United States or Canadian building codes and have been the subject of class action lawsuits in both countries. Poly-B fails without warning because it breaks down from the inside of the pipe over time, which can result in sudden catastrophic damage or severe structural damage including mold if a pipe has been leaking for some time without detection. The older the pipe, the more likely it is to fail. Not replacing Poly-B in a home has a 60% probability of failure within 20 years, which further increases over time.

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SANDSTONE-M^{AC}EWN COMMUNITY ASSOCIATION

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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Sandstone-MacEwan Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary Weather Information	511
Gamblers Anonymous	403-237-0654

PRESIDENT'S MESSAGE

I hope Parents with kids in school enjoyed their March Spring Break and were perhaps fortunate enough to get away to a warm, or snowy, place for the week.

While we did not have a banner year with ice on our hockey or pleasure rinks, the volunteers did their best to stretch out the season. The SMCA board would like to thank Gary Habiak, Bill Zwicker, Butch Hogan, Colin May, David Johnson, Eric Temple, Jeff Schroeder, Joe Tofani, Keith Harris, Kevin Swaby, Luke Janetzki, Pierre Donald, Rodney Pennoyer, Travis Brouwer, Trevor Bacon, Trevor Marr and Darren Way for the hours they spent clearing and flooding the rinks.

In February 2013, you may recall there was a tragic hit and run that occurred at the intersection of Sandstone Dr. and Sandstone Hill. Rachel Wong, a resident of Sandstone, was crossing the street at the unlit crossing when she was struck and killed by a motorist. The SMCA board was unsuccessful in our submission for pedestrian lights to be installed for the safety of pedestrians walking to the bus loop.

Last year I mentioned the City installed reflectors on the poles at various crosswalks in our communities that we have found helpful. However, thanks to the perseverance of Shayne Chidlaw (Director SMCA) with support and guidance from Constable Randy McDonald of the Calgary Police Service (CPS), the City of Calgary has approved a new submission from the SMCA board to install a crosswalk light warning system, called Rapid Flashing Beacons (RFB's). The RFB's are activated by pedestrians and will be installed this year. We would also like to thank councilor Sean Chu for his support with this submission.

The SMCA is very fortunate to benefit from Casino fundraisers roughly every 18 months that allow us the operating funds to support our many community initiatives. The proceeds we receive pay for the rinks, provide funds for Christmas hampers, the Scouts, Community Clean up, Sandstock and so on. This is a call out for volunteers and there are a variety of positions and shifts Wednesday June 28th and Thursday June 29th. Please take the time to meet and work alongside your neighbors to benefit the Sandstone MacEwan Communities. Pinky Nantais is our Casino Director and can be reached at nantais@telus.net.

Have you had a chance to check out our new website sandstonemacewan.com? Directors, Trevor Bacon and Darren Way continue to enhance this website and hope to improve the online membership option even more. As a reminder, if you are a new or returning SMCA member you will receive SMCA mementos that will be delivered with your membership card.

Want to plan a block party this year? The SMCA board will be happy to support you with advertising, organizing, and a bit of cash as well as CANADA 150 memorabilia.

Like us on Facebook and follow us on Twitter. Check out the website at sandstonemacewan.com or contact us at info@sandstonemacewan.com.

Happy Easter!

*Sue Coatham, President
Celebrating 30 years of SMCA
president@sandstonemacewan.com*



AREA SCHOOLS

Monsignor Neville Anderson Elementary K-6

Year Round School Option 403-500-2094

Simons Valley Elementary K-6 403-777-6660

Simon Fraser Junior High 403-777-7290

St. Joseph (Yr. Round Jr. High) 403-500-2009

St. Margaret (K-9 Spanish program) 403-500-2025

Notre Dame High School 403-242-1801

École Terre des Jeunes (K-6 French) 403-247-2458

Ste-Marguerite-Bourgeoys (s)(K-12 French) 403-240-2007

École de la Rose sauvage (7-12 French) 403-230-3112

St Dominic Fine Arts Elementary 403-500-2058

Queen Elizabeth High 403-777-6789

John G. Diefenbaker 403-274-2240

Hidden Valley Elementary (K-3 French) 403-777-7236

Dalhousie School (K-5 Spanish Bilingual) 403-777-6030

Valley Creek Middle School (4-9 French) 403-777-7995

Senator Patrick Burns School

(6-9 Spanish Bilingual) 403-777-7400

William Aberhart High School

(10-12 French Immersion/Spanish Bilingual) 403-289-2551



Playground/School zones

Please note that in Calgary Playground zones are from 7:30 a.m. to 9 p.m., all year around with a speed limit of 30km/h.

SMCA has fielded numerous complaints about speeding thru our Playground/School zones, please slow down to make our community safe for everyone!

To report an ongoing traffic concern, such as speeding issues, please submit a Traffic Service Request at:

<http://www.calgary.ca/cps/Pages/Traffic/Traffic-Service-Requests.aspx>

-Sarah Meagher-Bromley

SANDSTONE MACEWAN

COMMUNITY ASSOCIATION

300, 8120 Beddington Blvd. NW • Calgary, AB T3K 2A8

General Inquiries: info@sandstonemacewan.com
sandstonemacewan.com

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Calgary Police Const. Bawal bbawal@calgarypolice.ca

Girl Guides Leslie Jones 403-275-7098

#224 Sandstone Steve Herz 403-262-2871

Block Watch Darren Way info@sandstonemacewan.com

Community Amanda Turvey amanda.turvey@calgary.ca

Partnerships

Sandstone/MacEwan Community Association Meetings

are held the 3rd Tuesday of the month
at 7:00PM at the Berkshire Citadel-Sandarac Drive, NW
Everyone is welcome to attend.

3rd Tuesday of Every Month



SMCA is Looking for Casino Volunteers. Our casino fundraiser will be held Wednesday June 28th and Thursday June 29 at Casino Calgary on Medidian Road NE this year. This is our main fundraiser and helps our community association support many local initiatives

Please contact Pinky Nantais at **403-681-2323** (phone or text) or email at nantais@telus.net for more information.

**SANDSTONE
MACEWAN**
Community Association

What's happening #224 Sandstone Scout Group?

Our Scout group is in its 26th year providing community youth with an engaging program. Activities vary from year to year; however, there are some recurring annual events, such as honoring Baden Powell, Good Turn Week and Jamborees.

Lord Baden Powell is the founder of Scouts and he is honored annually by Scout Groups far and wide. This year the Sandstone Scout group celebrated his birthday with a potluck dinner, bringing together our youth, their families and some respected guests. Pinky Nantais, who volunteers on the SMCA board as Casino Fundraiser, was invited to our dinner and presented our group with a generous donation. Along with the Scouts Canada commissioners who offer continued support, we are sincerely grateful to SMCA for sponsoring our group and look forward to another year of supporting each other in a variety of community events.

Speaking of community, Good Turn Week is an initiative by Scouts Canada which encourages youth to do good turns for one another and for others. To assist in turning ideas into reality, Scouts Canada created The Community Project Challenge and #224 Sandstone Scouts were awarded funding for our proposal to beautify the space around the newly developed pleasure rink. Scout youth and parent volunteers will be designing and building around this area in spring-pass it on and enjoy!

Celebrating Canada's 150th birthday is something we can all take part in one way or another, big or small. This July several of our Scouts and Leaders will celebrate in a big way by sharing experiences at the Canadian Scout Jamboree in Nova Scotia-CJ17! Several fundraising events are needed to assist in getting them across the country and your neighborly support of our bottle drives and popcorn sales are much appreciated. Show your support when we will be out collecting bottles/donations on April 22 or you can email us anytime at 224SandstoneScouts@gmail.com.

Thanks for making a difference in the lives of so many!



Sandstone MacEwan Beddington Community Clean-up

**Sunday, June 4, 2017
9:00AM-2:00PM Only**

Sandstone Rink (355 Sandstone Drive)
Accepting solid waste, yard waste, compostables as well
as recycling of electronics, bicycles.

We are hoping to accept metal and
document shredding but will advise in
upcoming newsletters.

This is a **FREE** event donations and
membership purchase welcome!



**SANDSTONE
MACEWAN**
Community Association

Visit the new Sandstone MacEwan
Community website at:
www.sandstonemacewan.com

PRE-BOARD PALS One-Year Anniversary

April 11, 2017 marks the one-year anniversary of our Pre-Board Pals program at the YYC Calgary International Airport! Our Pre-Board Pals provide an amazing airport experience for visitors, passengers and staff by encouraging therapeutic interactions with dogs. Here are some accomplishments over their first year:



Starting with 12 dogs in the program the pack has now grown to **36 Pre-Board Pals!**



Over **1000 hours** of comfort have been provided to visitors, passengers and employees.



Our team consists of **21 different breeds** ranging from Rescues to Golden Retrievers and Bernese Mountain Dogs.



Each of our Pre-Board Pals have their own unique **trading card** that they give out to interested passengers. Collect all 37!

Pre-Board Pals is a collaboration between The Calgary Airport Authority and Pet Access League Society (PALS). You can spot our furry volunteers and their handlers in the terminal during peak travel times every Thursday to Saturday.

Visit yyccalgary.com to learn more about our Pre-Board Pals.



YYC CALGARY
INTERNATIONAL
AIRPORT



Helping Your Children with Social and Emotional Skills Part 4

As parents, we strive to help our children learn new things in the early years of their lives. These things include learning to walk, dress themselves, use the potty, and many many more things. Teaching your child social-emotional skills are just as important. These skills are: recognizing and understanding their thoughts and feelings; making healthy decisions and learning right from wrong; being a friend and making friends (teaching conflict resolution and cooperation); self regulation (calming themselves down in an appropriate manner); being empathetic to others.

Here are some tips on how to foster social emotional development in a preschool child:

1. Parents need to role model proper interactions and self control.
2. Listen to what the child is saying instead of judging.
3. Give reasons for the behavior you want and make goals to achieve the behavior.
4. Teach a child empathy instead of being sympathetic all the time. It never hurts to try and see something from another's point of view.

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge. We are always looking for interested parties to join our coalitions.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: nwecdcoalitions@gmail.com.



**SANDSTONE
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Community Association

SHOW YOUR SUPPORT!
PURCHASE YOUR COMMUNITY
MEMBERSHIP TODAY!

Membership Application

Family Name: _____ Address: _____ Postal Code: _____
 Phone: _____ Email: _____
 Number of Residents: _____ Children's Ages: _____
 Date: _____ Signature: _____

May we put you on a list of volunteers? Yes No

Membership Fees are:

\$20 per household per year, or \$50 for a 3 year membership

Make cheques payable to
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Mail or deliver to:
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**Memberships can be purchased
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News from the Friends of Nose Hill

by Anne Burke

The City annually invests in infrastructure and upgrades to ensure levels of service and address both capacity and lifecycle needs. The storm water quality retrofit program adds more wet ponds to long-established areas of the city. Wet ponds protect the quality of river water by slowing the flow, allowing sediment to settle. Plants help to remove pollutants. In all, there are 200-flood related projects requiring repairs or restoration. There are riverbank stabilization and erosion sites, the storm drainage system, and lift or pump stations. Construction projects include water main and pipe repairs, as well as new projects and upgrades to improve water and wastewater systems.

The North Calgary Water Servicing Project is underway. This is part of a long-term plan to sustain the water supply system. A new water supply line (feeder main) is required to service future area development. A consultant will design and construct a new water main from Big Hill Pump Station to the Beddington Reservoir. The preferred alignment will cross Nose Hill Park, using geotechnical tunnelling up to 90 metres or 300 feet deep. A



rare plant and bird survey to ensure conservation of protected species will be done before phase 1 soil sampling to test the proposed route. The optimum time to drill 21 test holes (each 6 inches in diameter) is mid-winter when the ground is frozen, which minimizes the impact on the surface environment. However, the areas adjacent to these test locations will be rehabilitated prior to crew leaving the site.

The City promises that there will be only minor surface disruption in the SW and NE corners of Nose Hill at the entrance and exit of the proposed tunnel. No other surface work would be required in the park. Phase 2 construction will occur in Summer 2017 to summer 2018. Drilling and survey equipment and personnel will be visible on the hill but away from the paths by mid-Feb-early April 2017. In addition, there will be signs at Nose Hill parking lots and an information brochure at www.calgary.ca/nosehill. You can phone 3-1-1 for general water construction inquiries or a list of road closures due to other construction projects.



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SM APRIL 2017



MLA Calgary-Mackay-Nose Hill
Karen McPherson
Current Member
(403) 215-7710
calgary.mackay.nosehill@assembly.ab.ca
#106, 8220 Centre Street NE

When I talk to families in Calgary Mackay Nose Hill, one thing that keeps coming up is the high cost of mandatory school fees. I know that every September it can be a challenge for families to get the funds together to get their kids out the door and into their schools. For families, this can cost hundreds or more. That's why I campaigned on reducing school fees, and I am proud today to give you an update on fulfilling this promise.

In the Throne Speech, the government announced the first piece of legislation that will significantly reduce school fees for families. Across the province, this will save families hundreds of dollars. This legislation will be implemented this spring, so that when your kids go back to school in September, your fees will be reduced. The fees will be reduced by an average of 25% across Alberta, with more work to do in the future. In Calgary parents with three kids will save an average of \$1,424.

I know that the downturn in the economy has taken its toll on many families. That's exactly why we support reducing school fees, starting with the instructional supply and material fees that school boards have charged. As well, we support removing busing fees for the children that are travelling to their designated school. I've heard from many of you how expensive these fees are and I am happy to share that the government is taking action to reduce them.

As the economy recovers, Albertans expect their government to help them through the downturn to make things better for them. Reducing school fees will mean one less thing that families have to worry about to make ends meet. I am proud to stand up for quality education and to make sure it's affordable for all families.

Please send me your personal stories on what reducing school fees will mean to your family. I will share them in the Legislature so that all Albertans know this is the right thing to do for our province. You can email us at calgary.mackay.nosehill@assembly.ab.ca, call us at 403-215-7710, or drop by the office at #106, 8220 Centre Street NE, beside First Calgary Credit Union.



Name	Age	Contact	Course
Abigail	14	403-295-7464	Yes
Afnan	17	403-471-5141	Yes
Chantelle	28	587-703-0334	Yes
Charlise	15	403-275-2129	Yes
Emma	15	403-275-0968	Yes
Joe	14	403-454-2801	Yes
Jordan	13	403-274-6910	Yes
Laikyn	13	403-702-5316	Yes
Lauren	23	587-893-8008	Yes
Leticia	19	403-275-5679	Yes
Nicole	21	403-808-9215	Yes
Sam	15	403-719-9866	Yes
Seth	15	403-274-6910	Yes

Calling All BABYSITTERS

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Visit mybabysitter.ca and find available babysitters in and around your community.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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IN & AROUND CALGARY

EMS: Bicycle Helmet Safety

Head injuries are a leading cause of serious injury and death to children riding bicycles*. Most injuries occur when a cyclist suffers a fall, strikes a stationary object, or collides with another cyclist/pedestrian. Remember – it's the law in Alberta that cyclists under the age of 18 must wear a helmet (and highly recommended for all ages). Helmets should be CSA approved and worn during recreational activities such as skateboarding, in-line skating, and cycling.

Getting informed

- Wearing a helmet while cycling can prevent a serious injury, or even save a life;
- Brain injuries can cause permanent disability or death;
- Reduce your risk by always wearing your helmet;
- Replace any helmet that has been involved in a crash, even if it appears undamaged.

Getting started

- Allow children to assist when buying their helmet. Cyclists who choose their own helmet are more likely to wear them;
- Start the habit early. Young children learning to ride tricycles need to wear helmets;
- Parents must lead by example – always wear a helmet when cycling.

Getting the right fit

- Take the time to properly fit and adjust your helmet to ensure maximum protection in case of a crash;
- When worn properly, helmets should fit level, not tilted up, or down over the forehead;
- Helmets should feel snug, but not too tight. To test the fit, the helmet should not fall off when you shake your head from side-to-side while the straps are unfastened;
- Adjust the chin straps to form a "Y" below and slightly forward from the ears;
- Only one finger should be able to fit under the chin strap when it is fastened;
- Do not forget to use the sizing pads included with the helmet. They will help improve the overall fit, comfort and safety.



Councillor, Ward 4

Sean Chu

403-268-3727 • ward04@calgary.ca • www.calgary.ca/ward4 www.seanchu.ca

Greetings Residents,

Census and voter registration 2017

Complete your census and voter registration at the same time! Watch the mail for your access code and visit calgary.ca/census from **April 1 to 21** to complete your census and voter registration online.

The census data collected every year is used to ensure adequate programs and services are available to meet the needs of Calgarians.

If you are unable to complete your census online, door-to-door census and voter registration collection will begin **April 22, 2017**.

Spring programs

The City of Calgary offers a wide variety of fun and FREE drop-in programs and activities for children, youth and families.

From after school programs, to health and wellness classes, to leadership opportunities, we have something for everyone.

Find out what's happening in your area, visit calgary.ca/CommunityPrograms.

Never say the words "I'm bored" again.

Calgary AfterSchool offers, fun, safe and FREE after school programs for children and youth. A collaborative effort between The City of Calgary and its community partners, Calgary AfterSchool drop-in programs run on school days and begin after school hours.

Calgary AfterSchool provides children and youth with supervised recreational, artistic, healthy living, leadership development and social activities in a safe and stimulating environment.

For more information, including a listing of all programs, visit calgary.ca/AfterSchool.

Spring Yard Waste landfill drop-off program

What's old is new again when composting your yard waste. **From April 7 – May 28, all three City landfills** will waive fees for residential spring yard waste. Bring

your leaves, branches, plants (no sod – it can't be composted) and other yard waste to any City landfill for free composting.

Please use paper yard waste bags, leave the material loose or bring it in plastic bags (plastic bags must be emptied onsite). This program is only for residential customers and charges will apply if your load contains other items.

By composting your yard waste, this material is kept out of the landfill and given a second life as compost.

Free mulch is available for pick up at all City landfills for both residents and businesses. Bring your shovels as you are required to load your own vehicle.

Please note that landfill hours have changed! Check the days/hours of your nearest landfill and other program details at calgary.ca/yardwaste.

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*Denotes Prof. Corp.

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Calgary



SPRING YARD WASTE LANDFILL DROP-OFF



Between April 7 and May 28,
bring your yard waste to
any City of Calgary landfill for
free composting.

Before you leave for the landfill:

- ✓ Your yard waste should be in a paper yard waste bag or left loose. Please cover and secure loads of loose material before transporting.
- ✓ Make sure your load only contains yard waste like **leaves, branches and plants**. No sod – it is not accepted in this program.
- ✓ This program is for residential customers only. Fees will apply if your load contains other items.

For more information visit calgary.ca/yardwaste

Landfill hours have changed

Landfills are open from 7:30 a.m. to 5 p.m. on the following days:

	Spyhill Landfill 69 th St. and 112 th Ave. N.W.	East Calgary Landfill 17 th Ave. and 68 th St. S.E.	Shepard Landfill 114 th Ave. and 68 th St. S.E.
SUN		●	
MON		●	
TUE		●	●
WED	●		●
THURS	●		●
FRI	●		●
SAT	●	●	

Visit during the week or before 9 a.m. to avoid line-ups.

Why is it important to compost your yard waste?

By diverting your yard waste, this material is kept out of the landfill, reduces greenhouse gas emissions and given a second life as compost.

FREE MULCH FOR RESIDENTS AND BUSINESSES

Pick up free mulch at all three City landfills while supplies last.

Bring your own shovel to load mulch.

For more information visit
calgary.ca/yardwaste

2	3	5	8	4	7	6	9	1
6	4	9	2	3	1	5	7	8
1	7	8	6	5	9	3	4	2
4	2	3	5	1	6	7	8	9
5	8	7	3	9	2	1	6	4
9	1	6	7	8	4	2	3	5
7	5	4	9	2	3	8	1	6
8	6	1	4	7	5	9	2	3
3	9	2	1	6	8	4	5	7



Calgary Nose Hill
Hon. Michelle Rempel, MP
201-1318 Centre Street NE, Calgary,
AB, T2E 2R7
Phone: 403-216-7777
Email: michelle.rempel@parl.gc.ca
Website at www.michellerempel.ca

As you know, my top priority remains the Alberta economy and jobs crisis here at home. I will continue to work hard on your behalf and demand that this government provide the relief and job creating policies that Albertans need in order to get back to work. That's why my colleagues and I created the Alberta Jobs Taskforce, in order to listen to Alberta employers and those who are out of work and convey their solutions directly to the federal government. The report, along with the 11 recommendations, is on my website at www.MichelleRempel.ca.

I would also like to bring your attention to two important upcoming events:

- 1) Town Hall Meeting – April 27th at 7:00 PM at the Berkshire Citadel (222 Sandarac Drive N.W.)
- 2) Career Services Event – May 13th starting at 9:30 AM at Foothills Alliance Church (333 Edgepark Blvd. N.W.)

For more information on both these events visit my website at www.MichelleRempel.ca

As always you can contact me at my office, about issues important to you.

IN & AROUND CALGARY

Engaging Vulnerable People

A message from the Federation of Calgary Communities

Join us in partnership with the City of Calgary and the Calgary Drop-In & Rehab Centre Society to learn more about engaging vulnerable Calgarian who experience homelessness due to poverty, mental health, and addiction issues. We will also address community concerns around homelessness and different approaches you can take.

It's FREE for the public to attend!

Date: Thursday, April 20, 2017

Time: 7-9pm

Location: Bridgeland-Riverside Community Association
- 917 Centre Ave NE

Register at <https://calgarycommunities.com/workshops-events/>



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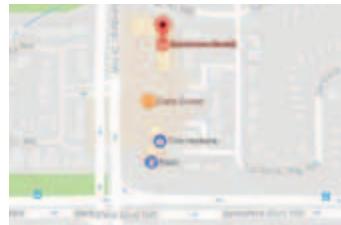
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