

NOVEMBER 2016

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# THORNCLIFFE GREENVIEW

HORIZON

BRINGING THORNCLIFFE & GREENVIEW RESIDENTS TOGETHER





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 Dr. Michele Spooner  
 Dr. Huda Jergeas  
 Dr. Tanya Chacko

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- Your comfort
- Cost effective treatment plans
- Quality work

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 Thursday: 7-4  
 Fri & Sat: 9-4

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 Next to Royal Bank



Thorncliffe Greenview Community Association  
 5600 Centre St. N  
 Calgary, AB – T2K 0T3  
 Phone: 403.274.6840  
 admin@tgcacalgary.com | www.tgcacalgary.com

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## NEWSLETTER AD SALES



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## ACHILLES FOOT CLINIC

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Providing Medical and Surgical treatment of the foot for the whole family!

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**TGCA COMMUNITY CENTRE**

Main Office		403-274-6840
Main Office Fax		403-275-7310
Office Email		admin@tgcacalgary.com
Bowling, Racquetball & TG Lounge		403-274-5574
Forbes Innes Arena		403-274-1466
Office Manager	Diana Christie	403-274-6840
General Manager	Kevin Kromm	403-274-6840 403-274-1466

**EXECUTIVE COMMITTEE**

President	Leslie DeGagne	403-669-6116
Treasurer	Brad Giddings	403-540-1533
Secretary	Leona McComish	403-275-0410
Vice Presidents	Dot Jamieson	403-275-0083
	Derek Livingston	403-226-4021
	Marvin Quashnick	403-277-3308

**DIRECTORS AT LARGE**

Alison Abbott		403-276-4997
Jason Bedard		403-910-0957
Mary LaCoste		403-274-8074
Michelle Starzynski		403-401-5031
Stacey McDade		587-968-4990
Sue Giddings		587-436-9852
Vince Fraser		403-540-3360

**SPECIAL INTEREST GROUPS**

58 <sup>th</sup> Scouting	Jenn Riley	587-350-1364
Bingo Co-ordinator	Evelyn Landry	403-274-6840
Booster Club	Bill Gray	403-275-6016
Guides	Jackie Fietz	403-295-2927

Deerfoot United Soccer Club	Cory Abel	403-650-1791
North Central Basketball	Barbara Ambrisko	403-973-6665
Nose Creek Fast Pitch	Kelsey Claeys	president@nosecreeksoftball.ca
Racquetball	Jerry Kwasnitza	403-293-2847
Slopitch	Kevin Darrah	403-875-3469
TG Hockey	Jodie Cadman	403-312-4479
TG Ice Skating Registrar	Kari Woodman	403-471-9623
TGWL	Yvonne Arkley Yvonne Armstrong	403-274-4906 403-274-6720
Thornview Seniors	Sandy Staple	403-274-3257
Volleyball	Dianne Stewart	403-295-3469

**HORIZON NEWSLETTER**

Distribution	Canada Post	
Editorial	TGCA Admin Office	403-274-6840
Publisher & Advertising	Great News Publishing news@great-news.ca	403-263-3044

**Volunteer positions may change as our AGM was held after the November Horizon deadline**

**Complex Closed November 11 to Observe Remembrance Day**

**Administration Office**

Mon, Wed, Thurs 9:00 am – 9:00 pm  
 Tues & Fri 9:00 am – 4:30 pm  
 Saturday & Sunday Closed

**Lounge & Rec Centre**

Monday – Thursday 9:00am - 12:00am  
 Friday & Saturday 9:00am - 1:00am  
 Sunday 11:00am - 6:00pm

**TGCA HOURS**  
 HOURS MAY BE SUBJECT TO EARLY CLOSING

**PRESIDENT'S MESSAGE**

by Leslie DeGagne

**“The pipes mournful call reminds us all of the cost of freedom”**

November 11th asks us to give a moment of our time to respect the people who fought for or ideals during the two world wars and thank them for their sacrifice. Hopefully this reminder will allow each of us to search for ways to be accepting and engage in acts in our everyday life that will ultimately lead to peace throughout the world.

Congratulations to our new board. We look forward to another productive year with many new ideas and forward thinking proposals that engage members and create a great community atmosphere. Legacy goes beyond the borders of the complex property and it is instilled into every person who gives freely of their time to volunteer in TGCA. We have had a great example set for us by the people who created this complex and now we are the caretakers and the innovators that will continue to see TGCA flourish as a community. Good luck moving forward I am sure you will do a great job.

60 years old Wow! We had a great weekend party in September to celebrate 60 years as a community. We now look forward to another big party in February. Trooper is coming to TGCA and we are all excited and looking forward to this event. I think that this is the biggest undertaking TGCA has ever taken since the raising of money to build this complex. The vision brought to us by Derek Livingston was one the board liked and felt we needed to take on as we move forward. This is an expensive undertaking but the outcome should make up for the risk going into the future. We hope to raise much needed funds to replace our Olympia machine in the arena. It is out of the box thinking like this that will keep people coming to the community feel like they are a part of something special.

Thanks this month goes out to all the people who volunteered for our Casino on October 31st and November 1st. The money raised will go toward the large projects that need capital funding, such as our ongoing concrete project. The community uses this money to match monies from provincial and municipal government sources to acquire grant money that in turn is used to keep the building modernized and safe for all users. The Casino has turned out to be a vital part

of us being able to keep up with the growing expense of construction over the last fifteen years. Thanks as well go out to the Booster Club for their donation of \$1000.00 to the arena allowing us to paint the center ice decal. TGOTS and Friday shinny helped out this autumn by running canteens for the annual Gun Show and Antique shows and thanks in advance to the Dream Team for helping out with the TGWL craft fair later this month. All of our adult sporting groups help out with community events throughout the year and play an important role in keeping the community vital. Michelle Starzynski did another bang up job with our Halloween party for the kids and thanks go out to her, the TGWL and all her volunteers. Parties for the kids and programs for the children keep this place young and alive. November is a busy time for all so time taken from your busy schedules is welcome. See you in December.

By Leslie DeGagne

**FOLLOW THORNCLIFFE GREENVIEW COMMUNITY**



Like us on Facebook



Follow us on Twitter @tgcacalgary

**Editorial Content Deadline** **5<sup>th</sup>** of each month for the next month's issue

dchristie@tgcacalgary.com

# 60<sup>th</sup> ANNIVERSARY COMMITTEE

By Mary LaCoste



There is an old saying “build it and they will come”. It surely rang true for all of our 60th Anniversary celebrations. Our committee was overjoyed to see everyone who came out to celebrate with us. As chairperson, my goal was to celebrate and honour our forefathers who worked so diligently and volunteered endless hours in establishing not only one of the most envied complexes but a community of friends and friendships that will last forever. I have said it before and it showed during our festivities, we have three and four generations residing within our boundaries, just like a small town in the Big City of Calgary. Thorncliffe Greenview, we call home.

Yvonne Armstrong's wish was to create a history book of all of our past and present members. This book is not completed and Yvonne will leave it open for those wishing to contribute their stories. Imagine years down the line and future generations of your families being able to read your journey in Thorncliffe Greenview. What memories!

The festivities were kicked off by our Youth Jam Cam curling which was led by Howard and Tham Greenwood. After the fun on the ice was done, Rob Golemme served up hot dogs and drinks to all. The Scouts officially opened the celebrations with the Flag Raising and the singing of O' Canada by Annie Patterson. Annie is a resident of our Community and is a regular singer for the anthem at the Hitman, Roughnecks and the Flames games. We were honoured to have her sing for us. Adult

Jam Can curling led by Dianne Stewart and Kevin Darrah was very successful from all the feedback we have received. Scrumptious smokies and sauerkraut were whipped up by our chefs of the evening, Keith Storm and Ron Fergusson.

Down in the Lounge, family night was enjoyed by many. Families were treated to free bowling. The Seniors center also opened their doors to the families for floor shuffleboard.

The TGWL hosted a fantastic social event that drew quite a crowd complete with a light lunch. Yvonne Armstrong and Rose Peters spent hours going through our old picture albums looking for pictures to honour all facets of our Community. The warmth and laughter that came from that room was contagious. Our walls have many more stories to tell after this event. Yvonne Arkley put together the centrepieces for the room to complete the welcoming touch.

The dawning of Saturday saw our Booster Club hosting their famous flap jack and sausage breakfasts to over 500 hungry people.

The rest of the day was filled with many activities for families to enjoy. Including pony rides, hayrides, bouncers, video game truck, public skating, etc. This was complimented by a free hotdog lunch which was served up by our Guide Group under the watchful eye of Jackie Fietz. I was told that they had so much fun that they cannot



wait to do it again. Jackie has been a leader of the 70th Guides for forty years, hats off to her! The Scouts were busy handing out balloons to all the kids, young and old.

Our Family Dinner was catered by Ollie's Homestyle Catering and once again the meal was scrumptious. We tried to ensure that the dessert was kid-friendly hence dixie-cups and jello it was. In the course of conversation with Ollie that evening, she told me that for all the places that she caters to, our place far exceeds for cleanliness and friendship. Cleanliness of course comes from our staff and I would like to thank them. Friendship is spelled “TGCA”, that is who we are. Rob Jamieson was our MC for the evening. He did an awesome job and many cherished memories he shared with us of his time growing up here. Our DJ was Todd Gallant who kept everybody on the dance floor, some till the wee hours. Our dance was spectacularly interrupted by the Fireworks display put on by Sunset Fireworks. What a tremendous job they did and for a full fifteen minutes. Thanks to the TGWL for making our lovely flower centre pieces.

My one dream I had was to have the TGOTS honoured at these festivities. This team has been around for over forty years and a lot of the older players were instrumental in the planning of this Community Association that we have today. The Dreamteam hockey players are members of the Community and also have many ties to the TGOTS. With this in mind, Wayne Bichel and Sid Braak were in charge of setting up an alumni game for the Anniversary. Dot Jamieson mentioned this to her son Rob and so evolved the NHL Alumni vs TGCA Alumni hockey game. What a treat to see our boys share the ice with the NHL. I had a coffee in my hand and got so overjoyed with the finale of the game that I dropped it from shaking. A moment I will never forget. After the game everyone gathered in the Lounge for great food, visiting and the signing of many autographs. For this event, pizza was donated by Tops Pizza and our TGOT'S. A 50/50



raffle was held throughout the weekend with our half of the proceeds going to a scholarship fund in the name of the 60th Anniversary. We are happy to announce that the winner of the 50/50 draw was one of our first Lifetime Members; she was so excited and said that she had never won anything before. Congratulations!

For all of these events we had photographers who were capturing all the moments of weekend. We are anxiously awaiting the release of these photos for all to see.

Our Committee of Yvonne Armstrong, Michelle Starzynski, Wayne Bichel, Sid Braak, Dot Jamieson and I would like to thank all the volunteers who came out and helped make this a success. Dot Jamieson is our Vice President, however she rolled up her sleeves and became involved within working right alongside of us.

Mitch Nixon spent a very busy weekend printing Anniversary t-shirts for those who wanted a memento.

Elsewhere you will find the donation list for our celebrations. Thank you to all our sponsors, your support is greatly appreciated.

In closing, I would like to thank my committee for their tireless work on this weekend; it was a pleasure planning this with all of you. I would also like to thank Kevin Kromm who also had a hand in the hockey tournament and various other aspects. To all the staff, thank you once again for exemplifying just how incredible you are. Each and every one of you lent a hand in the success of this celebration.

Thank you to all who came out and made this event special. Once again, thank you to our forefathers for having the vision and drive to build our community. Here's to 60 more years of Community Excellence!

Till next time!  
Mary





Thorncliffe Greenview

# Craft Fair

Friday, November 18  
and

Saturday, November 19  
5600 Centre Street North

**SORRY ALL TABLES  
SOLD OUT**

\$30 per table with a limit of two  
tables per person  
Homemade items only

**Craft Fair**

Friday, November 18 5:00 pm - 9:00 pm  
Saturday, November 19 10:00 am - 3:00 pm  
More than 170 tables, innovative and creative  
crafts, fabulous gift ideas. Craft sale operated  
by TGWL. Concession will be open.

CALGARY



WILDLIFE

## The Red Crossbill

By J.G. Turner

Photo by Andy Reago  
& Chrissy McClarren

The Red Crossbill is a stocky finch with a heavy head and a short, notched tail. Males are reddish-scarlet or reddish-yellow except for their dark wings and tail while females are olive-grey to greenish yellow with plain dark wings. This songbird is common in the mountain and foothills regions of Alberta year round and it is considered a global species. The Red Crossbill's range is hard to define and its population is hard to monitor because their movements are irregular and based on food availability.

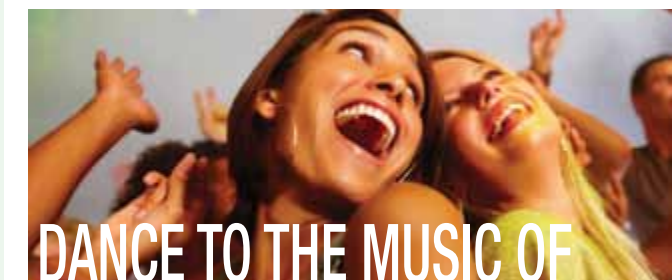
#### Fun Facts:

- The tips of its large bill are crossed; an adaptation for removing seeds from tight closed cones.
- The Red Crossbill's biting muscles are stronger than the muscles to open the bill so it places the tips of its slightly open bill under a cone scale and then bites down.
- You can spot this songbird by their undulating (wave-like) flight, which is even noticeable when they are flying at great heights
- Red Crossbills are considered irregular breeders because they can breed whenever and wherever they can find a large crop of cones, even during the winter
- Because of this irregular breeding, the timeframes for the Red Crossbill's lifecycle varies more than most North American songbirds. For example, juveniles hatched during the summer molt only once (between late summer and late autumn) whereas juveniles hatched from late winter to early spring molt twice (about three and a half months after hatching and again during the main summer molt period).
- Because of their dependence on food supply, Red Crossbills may occupy an area in huge numbers and then disappear for long periods of time (this behaviour can sometimes be called 'irruptive')
- These birds can often be heard but rarely do they make

themselves visible

- Red Crossbills will come to feeders to eat niger and small seeds but the best way to tempt this elusive bird is to allow them to take sunflower seeds directly from the sunflower heads.

If you find an injured or orphaned wild bird or animal in distress, please contact the Calgary Wildlife Rehabilitation Society hotline at 403-239-2488 for tips, instructions and advice, or visit our website at [www.calgarywildlife.org](http://www.calgarywildlife.org) for more information.



**DANCE TO THE MUSIC OF**

**"Janna & Danny"**

Friday November 25, 2016

**"Barb Wire"**

Friday December 16

Thorncliffe Greenview Community Association  
5600 Centre Street N.  
Calgary, Alberta

Tickets: \$12.00/person (at the door)  
Members & Guests  
Doors Open: 7:00pm

# NOVEMBER 2016 THORNCLIFFE/GREENVIEW CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Bingo! 6:15 pm \$5000 Bonanza	2 Seniors Public Skating 10:30 am - 11:30 am Badminton 10:00 am - 11:30 am AND 4:30 pm - 6:00 pm Members Public Skating 1:30 pm - 2:30 pm Drop in Pickleball 12:00pm - 4:00 pm Gym Night 7:00 pm - 8:30 pm Members Public Skating 1:30-2:30pm	3 Drop in Pickleball 12:00 pm - 4:00 pm Badminton 10:00 am - 11:30 am AND 4:30 pm - 6:00 pm	4 Public Skating 3:30 pm-5:00 pm	5
6 Bingo! 6:15pm Public Skating 11:45 pm - 12:45 pm	7 Drop in Pickleball 12:00pm - 4:00 pm Badminton 10:00 am - 11:30 am AND 4:30 pm - 6:00 pm	8 Bingo! 6:15 pm	9 Seniors Public Skating 10:30 am - 11:30 am Members Public Skating 1:30 pm - 2:30 pm Drop In Pickleball 12:00 pm - 4:00 pm Badminton 10:00 am - 11:30 am AND 4:30 pm - 6:00 pm Gym Night 7:00 pm - 8:30 pm	10 Drop in Pickleball 12:00 pm - 4:00 pm Badminton 10:00 am - 11:30 am AND 4:30 pm - 6:00 pm	11 <b>ADMINISTRATION OFFICE, REC. CENTER AND LOUNGE CLOSED FOR REMEMBRANCE DAY</b>  Public Skating 3:30 pm - 5:00 pm	12
13 Bingo! 6:15 pm Public Skating 11:45 pm - 12:45 pm	14 Drop in Pickleball 12:00pm - 4:00 pm Badminton 10:00 am - 11:30 am AND 4:30 pm - 6:00 pm	15 Bingo! 6:15 pm	16 Seniors Public Skating 10:30 am - 11:30 am Members Public Skating 1:30 pm - 2:30 pm Drop in Pickleball 12:00pm - 4:00 pm Badminton 10:00 am - 11:30 am AND 4:30 pm - 6:00 pm Last Gym Night until New Year 7:00 pm - 8:30 pm	17 Drop in Pickleball 12:00 pm - 4:00 pm Badminton 10:00 am - 11:30 am AND 4:30 pm - 6:00 pm	18 Public Skating 3:30 pm - 5:00 pm TGWL Craft Sale 5:00 pm - 9:00 pm	19 TGWL Craft Sale 10:00 am - 3:00 pm
20 Bingo! 6:15 pm Public Skating 11:45 pm - 12:45 pm	21 Drop in Pickleball 12:00pm - 4:00 pm Badminton 10:00 am - 11:30 am AND 4:30 pm - 6:00 pm	22 Bingo! 6:15 pm	23 Seniors Public Skating 10:30 am - 11:30 am Members Public Skating 1:30 pm - 2:30 pm Drop in Pickleball 12:00pm - 4:00 pm Badminton 10:00 am - 11:30 am AND 4:30 pm - 6:00 pm	24 Drop in Pickleball 12:00 pm - 4:00 pm Badminton 10:00 am - 11:30 am AND 4:30 pm - 6:00 pm	25 Public Skating 3:30 pm - 5:00 pm Friday Dance - now playing Jana and Danny 7:30 pm	26
27 Bingo! 6:15 pm Public Skating 11:45 pm - 12:45 pm	28 Drop in Pickleball 12:00pm - 4:00 pm Badminton 10:00 am - 11:30 am AND 4:30 pm - 6:00 pm	29 Bingo! 6:15 pm	30 Seniors Public Skating 10:30 am - 11:30 am Members Public Skating 1:30 pm - 2:30 pm Drop in Pickleball 12:00pm - 4:00 pm Badminton 10:00 am - 11:30 am AND 4:30 pm - 6:00 pm			



## GOOD FOOD BOX PROGRAM

What is the Good Food Box? It's a monthly program where community members can buy fresh fruit and vegetables for a very low cost. Thorncliffe Greenview Community Association now has a Good Food Box Depot. You receive top quality produce at wholesale prices. There are three sizes of boxes to choose from. The large box (\$35.00) contains 40 plus pounds of produce. The medium box (\$30.00) contains 30 plus pounds of produce. The small box (\$25.00) contains 20 plus pounds of produce. You only order the size you want, when you want. How do you get a food box? Bring your exact cash to the Horizon Room at Thorncliffe Greenview Community Centre between 2:00 and 5:00 p.m. on the scheduled pick up day. This will secure your order for the next month or bring your exact cash to the Administration Office no later than the order deadline listed below. If you have any questions feel free to call M.J. at 403-275-6752.

Order Deadline	Pick up Day
November 14	November 24

## PLAYGROUND COMMITTEE

### Let's Play!

A playground committee for Thorncliffe-Greenview has officially been formed. We continue to look for positive, enthusiastic people to help out with the replacement project of the playground adjacent to the TGCA. We will be discussing fundraising ideas, playground vendors, grant availability and many other exciting opportunities! Would you like to help? We hope so! Please email Amanda at: amandahs4@gmail.com if you are interested.

## Thanks Volunteers!

A big thank you to all the volunteers who came out and worked at Cowboys Casino on October 31st & November 1st. The casino is a major fundraiser for the Thorncliffe Greenview Community Association. Your volunteerism is greatly appreciated.

## Thanks Sponsors!

Thorncliffe Greenview Community celebrated its 60th Anniversary September 23rd, 24th, 25th.

Thank you to the following sponsors for your donation and community spirit. Your donations were very much appreciated.

- Tops Pizza
- Tammy K Hair Design
- Gravity Hair Beddington
- Calvin Bruce
- Old Dutch
- Elbow River Casino
- Amber Esthetics
- Bombshells Beauty Bar
- Orathei Wellness
- Thorncliffe Automotive
- Uncle Moes Donairs
- and Falafels
- Gallagers Pub
- Denny's
- BK Liquor Store
- Dollar Store Hunterhorn Plaza
- Midas Hunterhorn Plaza
- Safeway
- TGOTS
- Dream Team
- Booster Club
- TGWL





# FORBES INNES ARENA PUBLIC SKATING SCHEDULE

5600 Centre Street N. • 403-274-1466

Check out our website for changes or additions.  
www.tgcalgary.com

Seniors Only Wednesdays 10:30 a.m. - 11:30 a.m.  
Members Only Wednesdays 1:30 p.m. - 2:30 p.m.  
(Seniors and Members Resumes October 12th)

Fridays 3:30 p.m. - 5:00 p.m.  
Sundays 11:45 a.m. - 12:45 p.m.

The cost for the Public Skate is free to TG Community members, and for non-members the cost is \$5 per adult, \$3 per child or \$10 per family.

## Forbes Innes Arena Skate Shop Hours

Hours of Operation

Monday 5:00 – 9:00 pm  
Tuesday 6:00 – 9:00 pm  
Wednesday 6:00 – 9:00 pm  
Thursday 5:00 – 8:45 pm  
Fridays 5:00 – 9:00 pm  
Saturday 11:30 am – 7:00 pm  
Sundays 9:00 am – 5:00 pm

Did you know that we sharpen, repair and rent skates?



## Daylight Saving Time

Ends Sunday, November 6<sup>th</sup> at 2:00 a.m.

When changing the time on your clocks, copiers, recording equipment, etc., change the batteries in your smoke detectors at the same time to keep your family safe.

# TG Lounge & Rec. Centre News

Did you know?

TG has 4 racquetball courts and four 5-pin bowling lanes  
CALL (403) 274-5574 TO BOOK!

Racquetball Multi-Passes Available (Gift Certificates)

### Happy Hour Pricing

3:00 pm – 8:00 pm daily

Friday & Saturday until 8:00 pm & all day Sunday!

Free Shuffleboard, Darts

Satellite TV Watch CFL, NFL Games, NHL Centre Ice Package

8 TVs, 2 Pool Tables

Monday - Thursday 9am - 12am

Friday & Saturday 9am - 1am

Sunday 11:00am to 6:00pm

*Hours may be subject to early closing.*

Bowling, Pool, Dart & Racquetball Leagues  
Book your Tournaments with the T.G. Lounge & Recreation Centre  
403-274-5574

*Consider Going Bowling for Your Next Family Get Together  
Children's Birthday Party Packages Are Also Available*

## TG LOUNGE & RECREATION CENTRE

Bowling, Pool, Dart & Racquetball Leagues  
Book your Tournaments with the T.G. Lounge & Recreation Centre  
403-274-5574

Consider Going Bowling For your Next Family Get Together  
Children's Birthday Party Packages Are Also Available



## SCOUTS

### The Next Chapter

SCOUTS CANADA The 58th Boy Scouts continued to grow. By 1957 the Scout and Cubs group had already started to outgrow their Scout Halls and had taken it upon themselves, with support from the Community Association, to enlarge the West Wing of the Community Hall.

In 1965 there were 143 Cubs and 58 Scouts. At this point the Scout meetings were divided between using the Scout Hall and the Community Hall because there too many to fit in the Scout Hall alone.

It is believed that, to celebrate Alberta's 100th year commemoration in 1967, the Boys Scouts project for that year was to create and install concrete blocks in the shape of a maple leaf. They also erected the flag poles that you see today on the west side of the building. Every year since, the 58th Thorncliffe Scout group leads the flag raising celebration initiating the beginning of Winterfest. There was, also, a time capsule buried there. It has since be unearthed.

In 1973 the Community center needed some change rooms for the outdoor hockey rink. They approached the Boy Scouts groups and asked if they could take possession of their Scout Hall buildings. In return, the Community offered suitable accommodation in the basement of the new community centre. It spanned an area of 1050 square feet and included the area now known as the Greenview room, the Scout Room and 3 adjacent storage rooms. This would be the new home for the 58th Thorncliffe Scouts for many years.



# Wine & Cheese Night

For all ladies of the community.  
**Wednesday, December 7<sup>th</sup>**  
**at 7 PM**

Admission \$5 - \$10 wrapped gift. (No Name)

Held in the Thorncliffe Room.

Enjoy a night out with the Thorncliffe Greenview Ladies

# Children's Christmas Party

Thorncliffe Greenview Community Association  
Thorncliffe Room

**Friday December 3, 2016**

**10:00 a.m. – 1:00 pm**

Members Only

Enjoy crafts and a visit from Santa.



# Use Less Plastic Today... And Tomorrow



Using plastic products has become common place in our coming-and-going these days. Recycling can alleviate some of the strain on the environment caused by waste but certainly not all of it. According to the Green Education Foundation, of the 30 million tons of plastic waste generated in the US in 2009, only 7 per cent was recycled. Making changes to your daily routine can lead to peace of mind and healthier lifestyle habits too. Here are 17 ways to make your environmental footprint a little less heavy:

1. Plastic straws are a big contributor to daily waste. Consider buying a stainless steel or glass straw or forgo using one at all.
2. Many cities have banned one-use plastic bags; a single plastic bag can take 1,000 years to degrade. Use a reusable shopping bag; there are many tutorials for making your own out of everyday items too.
3. Put gum on your "plastics-to-give-up" list. Chewing gum is made of synthetic rubber—otherwise known as plastic. Ew!
4. Purchase products in boxes instead of plastic bottles and containers. Cardboard is less taxing to degrade and recycle.
5. Buy in bulk. Fill up your reusable bag or container and save money while you save yourself recycling duty.
6. Reuse containers for storing leftovers, knickknacks, kitchen ingredients, small toys and shopping in bulk.
7. Carry your reusable bottle or mug with you and use for your beverages on the go.
8. Bring your own container for takeout or your restaurant doggy-bag. Many places use Styrofoam, let

them know you don't want it beforehand. There are great stainless steel alternatives available.

9. Instead of using a plastic lighter, stock up on matches or use a refillable metal lighter.
10. If you avoid frozen food, you'll avoid far more plastics as well, and, as a bonus, you'll eat less processed foods.
11. Avoid using disposable plastic-ware at home and request that restaurants not pack it in your takeout.
12. Often if you shop at a smaller market or a farmers' market vendors will allow you to reuse containers for berries and tomatoes and such. Ask!
13. Diapers are one of the worst offenders when it comes to plastic waste. The EPA estimates that 7.6 billion pounds of disposable diapers are discarded in the US every year. Use cloth diapers; there are many cloth diaper services available to clean up after baby.
14. Make fresh juices or eat fruit instead of buying bottled juices. It's better for you as well.
15. Making your own cleaning products is surprisingly simple, effective and thrifty. It can be as simple as lemon juice and white vinegar. Kid friendly, too!
16. Pack your lunch in reusable containers and bags, and avoid products that are single serving.
17. Use a razor with replaceable blades instead of disposable, there are fun companies that you can pay a flat fee to who will send you replacements every month.

-Vanessa Gillard

LIVERight<sup>™</sup>  
Health Forum

EDMONTON - SATURDAY, NOVEMBER 19

A free educational session on  
liver health and liver disease

Visit [liver.ca/edmontonhealthforum](http://liver.ca/edmontonhealthforum) today!



LIVERight<sup>™</sup>  
Gala

CALGARY - FRIDAY, DECEMBER 9

3rd Annual LIVERight Gala  
in support of liver research

Visit [liver.ca/CalgaryGala](http://liver.ca/CalgaryGala) today!



[liver.ca](http://liver.ca)

Canadian Liver Foundation  
Fondation canadienne du foie

Bringing liver research to life  
Donner vie à la recherche sur le foie

# PISCES

## PET EMPORIUM

### THE GREATEST

# PET STORE

## ON EARTH



### PET PICTURES WITH SANTA

We invite you and your pet for photos with Santa!

Bring a non-perishable food bank donation  
from 11am-3pm, Nov 26 & 27 and Dec 10 & 11

Get one free pet photo. Packages available on request.

**4921 Skyline Way NE**  
**Deerfoot & McKnight**  
[www.piscespets.com](http://www.piscespets.com) 403.274.3314



16 NOV 2016



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Canada's best learn-to-skate program  
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Nationally certified coaches  
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TGISC offers Skate Canada sanctioned programs in:

Thorncliffe  
Greenview  
Ice Skating Club  
2016-2017 Sessions



Forbes Innes Arena  
5600 Centre St. N.

[www.tgiceskatingclub.com](http://www.tgiceskatingclub.com)

All of our coaches are Skate Canada/NCCP certified.

**Our sessions are filling up fast. Register now to save your spot!**

**Register for 1, 2 or 3 sessions: Fall and/or Winter and/or Spring 2016/2017**

Reduce your registration fees by working bingo's at Thorncliffe Greenview Community Association

For more details about our programs, fees, and registration information please visit our website:  
[www.tgiceskatingclub.com](http://www.tgiceskatingclub.com) or email: [registrar@tgiceskatingclub.com](mailto:registrar@tgiceskatingclub.com) or call (403) 471-9623

See you on the ice!

**Calgary**

# It's time to recycle more than this newsletter

New recycling requirements for business are here. Contact your collection company or visit [calgary.ca/businessrecycling](http://calgary.ca/businessrecycling) to learn more.

✓ paper and cardboard

✓ metal

✓ untreated wood

✓ glass

✓ plastic film and containers

2016-2-3588

**COME IN FOR OUR** *Fall Special* **OIL CHANGE, 25 POINT INSPECTION**  
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AUTO LTD.

3920 - 3A Street NE Calgary  
403-230-2886  
[monzauto.com](http://monzauto.com)

**YOUR FRIENDLY NEIGHBOURHOOD MECHANIC SHOP**

In addition we offer many services such as,  
Out of Province Inspections, Insurance Inspections,  
Pre Purchase Inspections, Commercial Vehicle Inspections, Dealer Maintenance Programs,  
4 wheel alignments, Tune Ups, Tires And Brakes.

We are a AMA Approved Shop and for our neighbours in the area we are **OFFERING A 20% DISCOUNT FOR YOUR FIRST TIME VISIT AS WELL AS FOR AMA MEMBERS.**



# Badminton (4 Courts) at TGCA

**Monday and Wednesday**

10:00 am – 11:30 am and/or 4:30 pm – 6:00 pm

**Thursday**

4:30 pm - 6:00 pm

\$15 per court/hour (4 Person maximum per court)

Courts booked in advance 403-274-6840

Must bring own racquet/shuttlecock as not supplied by TGCA

Non marking gym shoes required

## Thorncliffe/Greenview mybabysitterlist

Name	Age	Contact	Course
Christorlord	14	587-700-8701	Yes
Ruth	14	403-289-8737	Yes
Jared	15	403-209-2447	Yes
Sydney	15	403-226-3954	Yes
Martha	49	403-919-2967	No
Mary	58	403-295-3369	Yes

### Calling All BABYSITTERS

Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

### Calling All PARENTS

Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

*Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).*

## TGCA Community CAMPSITE

Available to TG members who are in good standing and have held a membership for a minimum of one year.

Get back to nature....Leave the plug-ins behind  
Site has Outhouse – no electricity or running water  
Near Winchell Lake by Water Valley.  
Approx. 45 minutes NW of Calgary.



Costs - \$35.00 per site OR \$100.00 for all three sites for the weekend!  
Cost covers site only – no wood or amenities supplied.

Book through the TG Admin Office. 403-274-6840

Please note Scout Groups and Youth Groups take precedence.

A deposit is required to obtain the keys. Map available.

RBC Dominion Securities Inc.



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## WELCOME TO YOUR COMMUNITY CLINIC

**MAYFAIR**  
DIAGNOSTICS  
COVENTRY HILLS

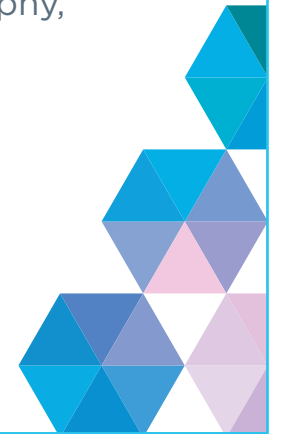
Experience our beautiful and friendly new location, offering state-of-the-art Ultrasound, Mammography, Bone Mineral Densitometry and X-ray (walk-in).

Located at Coventry Hills Centre, just east of the Superstore (457, 130 Country Village Road NE). All our services are covered by Alberta Health Care. We're open Monday to Friday 8 a.m. to 4 p.m.

**APPOINTMENTS:** 403.777.3000  
or [requestappointment@radiology.ca](mailto:requestappointment@radiology.ca)

MEDICAL IMAGING REIMAGINED

[radiology.ca](http://radiology.ca)



## Does your neck and upper back bother you at your desk?

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**THORNCLIFFE**

[thornecliffe@calgaryphysicaltherapy.com](mailto:thornecliffe@calgaryphysicaltherapy.com)

**587.317.4181**

Contact us today to book your appointment!  
[www.calgaryphysicaltherapy.com](http://www.calgaryphysicaltherapy.com)





## Illegal Encampments

*A message from the Federation of Calgary Communities Building Safe Communities Program*

Illegal encampments are complicated social issues involving people camping on ground they do not own or have authorization to do so by owners of the property. These illegal encampments can usually be found in wooded areas, parks, bodies of water and can be abandoned or still in use. When illegal encampments are abandoned it can cost on average \$4,000 to clean

up the site. If you find an illegal encampment in your neighbourhood call the City at 3-1-1.

Before it can be cleaned up and removed the Calgary Police Service (CPS) must place a 72 hour trespass notice before clearing out the area. It's recommended that residents wait for CPS or Bylaw Officers to dispose of the encampment properly.

### Additional Resource:

The Alpha House, an agency that serves vulnerable populations in Calgary, the agency has an Encampment Team that helps individuals who need relocation and provides support for those setting up illegal encampments with legal accommodations.

To file a complaint or learn more about what to do about an encampment in your area, call 311.

For more resources, check out the Federation of Calgary Communities website ([www.calgarycommunities.com](http://www.calgarycommunities.com)) under the Building Safe Communities tab.

## Corpus Christi School

It has been a wonderful start to the school year thanks to our supportive parents, enthusiastic students and dedicated staff! September and October have flown by.

Our Opening Family BBQ was a great success. A big THANK YOU to our wonderful school council and the volunteers and families that came to join us. Events such as these are a great opportunity for families and community to come together.

Our Remembrance Day liturgy will be held on November 10th at 9am at Corpus Christi School. We remember and honor those who fought for the freedoms we have today. We welcome members of our community to join us. If you plan on attending and have served in any capacity please contact the school at 403-500-2023 so you can be recognized formally during our liturgy.

During November we also have these important dates:

- November 1st - Faith Day – No classes for students
- November 10th – Remembrance Day Liturgy at 9am
- November 11th – Remembrance Day – School Closed
- November 25th – CCC Spirit Day – Jersey Day
- November 28th - Advent Liturgy at 9am



first2000days  
Early Childhood Development Network  
North West Coalitions



The holidays can be stressful. We can help!

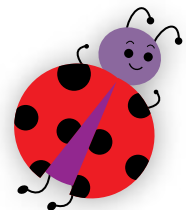
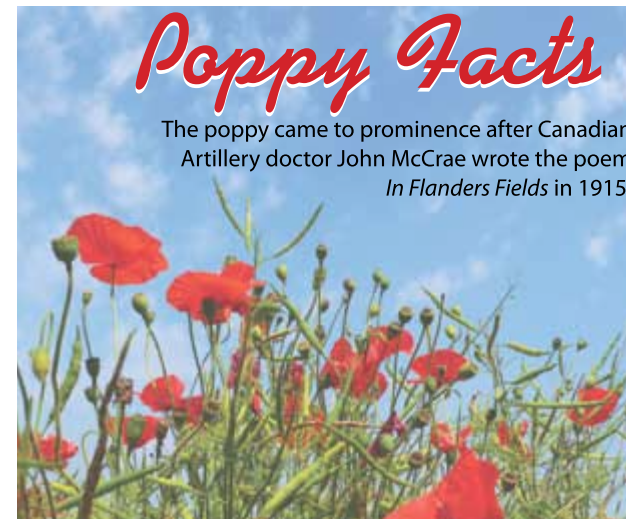
The Calgary NW ECD (Early Childhood Development) Coalitions are hosting an evening aimed at helping you, the parent, have a happy low-stress holiday season. Managing the Holidays, is a free workshop being held on Monday November 14th from 6:30-8:30pm at the Silver Springs Community Centre. Many of us put too much pressure on ourselves over the holidays, so come and learn how to refocus and help everyone enjoy this time of year. Child care is provided. Please visit [www.Eventbrite.ca](http://www.Eventbrite.ca) for more details and to register today as space is limited.

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge. We are always looking for interested parties to join our coalitions.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: [ncecm@weconnectyou.ca](mailto:ncecm@weconnectyou.ca).

## Poppy Facts

The poppy came to prominence after Canadian Artillery doctor John McCrae wrote the poem *In Flanders Fields* in 1915.



## SnuggleBugs

### playgroup

Wednesdays

10:00am-11:30am

Starting October 5



Parents and kids aged 0-4, we invite you to join us for a free drop in playgroup. A great way to meet some other parents and kids, and have some playtime fun!

All SnuggleBugs and parents welcome!

Located at Thornhill Baptist Church  
128 Tache Avenue NW

Call or email for more information: 403-274-6555 or [tbc2@telus.net](mailto:tbc2@telus.net)



**SAFETY SYNC**  
ONLINE SAFETY MANAGEMENT SYSTEM

"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."

Enform IRP 9 (Revised)

[safetysync.com](http://safetysync.com)  
403.668.6402

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

## Expert mortgage advice for:



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- New immigrants
- Self-employed
- Multi-rental properties

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Mobile Mortgage Advisor  
403 875-1815  
mingyi.chen@cibc.com



All mortgages are subject to credit approval.

## SNOW REMOVAL CHRISTMAS LIGHTS LANDSCAPING DECKS & FENCES

**403.265.4769**

**YardBustersLandscaping.com**



## IN & AROUND CALGARY

### EMS: Yielding to Emergency Vehicles

Time is the enemy in any emergency. For everyone's safety it is important for motorists to understand how to correctly yield right of way to emergency vehicles with lights and siren activated. You can help EMS, police, and fire get to the scene quickly and safely by following these rules of the road.

#### When an emergency vehicle approaches with lights and siren activated:

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection.
- On a one or two lane road, motorists should move to the right side of the road, slow down, and then stop. Remember to signal.
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal.
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles (there is often more than one!) before re-entering traffic flow. Remember to signal.
- Emergency vehicles might use *any* available road space to maneuver. This could include the shoulders or left hand turning lanes in order to pass other traffic.

#### When operating a vehicle:

- Drive attentively and defensively at all times. Be cognizant to sirens and be prepared to yield the right of way.
- It is Alberta law for motorists to slow down to at least 60 km/hour (unless a lower speed is posted) when driving past a stopped emergency vehicle. This includes EMS, police, fire, and tow trucks with their lights activated.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light or making an illegal turn. Actions such as these jeopardize all motorists in the area.
- Drivers must place their full attention on the roadway and toward the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$287.00.
- Always leave plenty of space between your vehicle and an emergency vehicle should it be required to stop suddenly.

## COMMUNITY ASSOCIATION MEMBERSHIP

### Benefits

Successful, healthy communities are generally those with active and sustained membership and involvement of the community residents. Often a strong membership representation is an indication that our association is serving the needs of the community and is therefore, valued and supported by its residents. Your support today is important and ensures new energy to continually address community issues. Your membership fee goes towards community events, programs & operating costs.

### Guidelines

All new members must provide I.D. with current address. Members agree to abide by the bylaws, policies and procedures governing the Thorncliffe Greenview Community Association. Residence must be WITHIN BOUNDARIES of Thorncliffe, Greenview, West Thorncliffe to obtain a voting membership. Membership cards will be mailed. Children of Voting members, 7 yrs or older, will also receive their own cards. It is your responsibility to notify the office of any address changes. If you wish to retain your membership after moving out of community

boundaries, you must pay for it each year before expiry date. Failure to do so will result in the loss of your membership, no exceptions. Memberships will not be renewed if membership is not in good standing. Anyone over the age of 18 must hold their own membership.

### Waiver

I understand that the Thorncliffe Greenview Community Association has collected, or may collect, use and disclose my personal information to administer and maintain accurate and complete community association membership lists, program registrations, including, when required, the sharing of information with affiliated organizations, such as community sports associations. I understand that my personal information, collected for the purposes outlined above, will be kept confidential by the Association. I also acknowledge that my information may be used and disclosed to third parties in certain circumstances, but only to fulfill the above purposes. I hereby consent to such use and disclosure, for these limited purposes, until such time as I may revoke my consent in writing.

## BRAIN GAMES SUDOKU

3		7		2				
			6	3				5
	2		1	8			7	
9		3						7
	5						1	
2						6		9
	9			6	3		2	
8				5	4			
				1		9		8

FIND SOLUTION ON PAGE 31

Thorncliffe Greenview Community Association  
5600 Centre Street N. T2K 0T3

## Membership Application

Family Name: \_\_\_\_\_  
Residence Phone #: \_\_\_\_\_ Email: \_\_\_\_\_  
Applicant Name: \_\_\_\_\_ Bus/Cell Phone #: \_\_\_\_\_  
Spouse Name: \_\_\_\_\_ Bus/Cell Phone #: \_\_\_\_\_  
Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Verification I.D.: \_\_\_\_\_ Current Membership#: \_\_\_\_\_  
ie: (Voting: driver's license, bill or Non-voting: resident community membership/expiry)

Please Circle One

Voting 1 Yr \$15.00 Non-Voting (with resident membership) 1 year \$15.00  
Voting 3 Yr \$30.00 Non-Voting (w/o resident membership) 1 year \$30.00

I am interested in volunteering \_\_\_\_\_

Children: Eldest listed first to the youngest last \_\_\_\_\_ I consent to  
Name Mon/Day/Yr M/F Name Mon/Day/Yr M/F receive emails  
from TGCA

Signature: \_\_\_\_\_





THORNCLIFFE GREENVIEW COMMUNITY

# Gym Night in the Main Hall

Gym Night is held on Wednesdays from 7:00 p.m. to 8:30 p.m. The cost of the program is a loonie for members and a toonie for non-members. Children 6 years old and younger are to be with an adult at all times during the program.

There are lots of fun activities such as: basketball, floor hockey, tumbling on floor mats, volleyball and much more.

Things to remember:

- Bring your water bottle as pop (and chips) are not available to purchase. No outside food allowed.
- Wear only non-marking shoes.
- Have your parents pick you up promptly at 8:30 pm. No loitering in lobby or parking lot.

If you have any questions, call the community at 403-274-6840. Thank you and hope to see you there.

**Last Gym Night is November 16. Resumes January 4.**



## Lynn's Beauty Spa

<ul style="list-style-type: none"> <li>Acrylic Nails</li> <li>Gel Nails</li> <li>Colour Gel Tips</li> <li>Tinting (eyebrow/eyelash)</li> <li>Eyebrow, Eyeliner and Lip Permanent Make-Up</li> <li>Therapies Body Massage</li> <li>Microdermabrasion Treatment</li> <li>Skin Tag Removal</li> <li>Birth Mark Removal</li> <li>Age Spot Removal</li> </ul>	<ul style="list-style-type: none"> <li>Facials</li> <li>Manicures</li> <li>Pedicures &amp; Spa</li> <li>Waxing</li> <li>Hot Stone</li> </ul>
--	--

Gift Certificates and Insurance Claims Available

**By appointment only**

Thornton Road NW \* Cell: 403 909-3936 \* Home: 403 275-4293



THORNCLIFFE/GREENVIEW REAL ESTATE UPDATE

Last 12 Months THORNCLIFFE  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
September 2016	\$428,900.00	\$420,500.00
August 2016	\$394,900.00	\$403,750.00
July 2016	\$444,500.00	\$448,050.00
June 2016	\$434,450.00	\$428,250.00
May 2016	\$444,900.00	\$430,000.00
April 2016	\$405,000.00	\$392,500.00
March 2016	\$428,650.00	\$415,000.00
February 2016	\$439,900.00	\$415,000.00
January 2016	\$301,949.50	\$285,000.00
December 2015	\$455,000.00	\$445,000.00
November 2015	\$439,500.00	\$430,000.00
October 2015	\$409,900.00	\$400,000.00

Last 12 Months GREENVIEW  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
September 2016	\$0.00	\$0.00
August 2016	\$319,950.00	\$304,000.00
July 2016	\$0.00	\$0.00
June 2016	\$218,500.00	\$200,000.00
May 2016	\$379,995.00	\$350,000.00
April 2016	\$469,900.00	\$455,000.00
March 2016	\$0.00	\$0.00
February 2016	\$279,900.00	\$250,000.00
January 2016	\$400,000.00	\$390,000.00
December 2015	\$0.00	\$0.00
November 2015	\$0.00	\$0.00
October 2015	\$412,436.00	\$400,000.00

To view the specific SOLD Listings that comprise the above  
MLS averages please visit [thorncliffe.great-news.ca](http://thorncliffe.great-news.ca) or  
[greenview.great-news.ca](http://greenview.great-news.ca)

Satellite Winnings To Date: \$1,141,424.00+

**Thorncliffe Greenview  
Community Association  
BINGO**  
5600 Centre Street N.  
403-274-6840

10	20	42	59	62
5	29	39	56	75
4	17	60	71	
11	18	32	51	66
15	19	36	47	69

Cards: Regular 50c  
Double \$1.00  
Triple \$1.50  
Bonus \$2.00  
Super \$2.50  
Combo Cards Available  
Seniors 60 plus \$3.00 OFF  
General Admission

\$5000 BONANZA  
With \$300 Consolation PLAYED  
ON THE FIRST  
TUESDAY OF EACH MONTH

Doors Open 3:00pm  
Card Sales 5:00pm  
Nickle Games 6:15pm  
Regular Games 6:45pm  
1/2 Time Sales 7:30pm

Wheel Chair Accessible. Come Join Us on Sundays & Tuesdays

Sundays & Tuesdays

Full Concession with  
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Free Early Bird Coffee

2 Loonie Pots  
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5 Nickle Games  
27 Regular Games  
Bonanza & Satellite Games

Progressive Games  
Bowling Lane/Anchor &  
Champagne Glass/Heart

Triangles & Double Action  
played on the 1st Sunday  
& Tuesday of the month



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\*Denotes Prof. Corp.

# IN & AROUND CALGARY

## Calgary Northwest Events

### Remembrance Day at Kensington Legion

Services are held at many branches of the Royal Canadian Legions in the city. This year, at the Kensington location the ceremony is followed by lunch and refreshments.

Doors for the Kensington Legion service open at 9:30 am. and close at 9:45; the service begins at 10:45 am. 1910 Kensington Rd. NW. For more info [www.legion.ca](http://www.legion.ca)

### St. Andrews Heights Artists' Society 2016 Fall Art Show

Local artists will present their new work at the society's annual Fall Art Show on Nov. 26, from 10 a.m. to 4 p.m. You can meet the artists and also win a great door prize. Parking and admission are free. For more information visit [www.atsahas.ca](http://www.atsahas.ca).

### Green Calgary's Green Kids Saturday Drop-In Program

Sat. Nov. 5, 19 and 26, 2016. 11am -1pm. Videos, hands-on learning activities, crafts and games involving environmental topics for kids 3-10 and their families. Drop in program, all children must be accompanied by one adult, fee by donation. For more info [www.greencalgary.org](http://www.greencalgary.org).

**Fall Studio Members Pottery Sale:** Nov. 6, 10 am-4pm. Now in its 33rd year! Excellent prices and variety, a great opportunity to purchase local artists' work for unique presents. Come early and bring something to carry your treasures. Cash, cheques and credit cards accepted. Triwood Community Association Hall, 2244 Chicoutimi Drive NW.

**Free Skate at Shouldice Arena** The arena is open for public skating Friday, November 11, 2016, 1-2:30p.m. Address: 1515 Home Rd. NW

**Stuff A Bus** Nov. 5, 2016. 9am - 4pm. Calgary Co-op and Calgary Transit team up for the 24th Annual Stuff A Bus, in support of the Calgary Food Bank! Transit buses and volunteers will be at all 21 Calgary Co-op locations accepting donations. Stuff A Bus with food to help Calgarians in need at this busy time of year.

**Free Swim at Thornhill Aquatic and Recreation Centre** Friday, November 11, 2016, 1-4:30p.m. Swim Times: 1 - 2:30 p.m. and 3 - 4:30 p.m. The half hour break will be waived if capacity permits. 6715 Centre St. NW

**Finances 101 with Jill (CPA) at Tuxedo Park Community Hall** 6:30pm-7:30pm, free to attend, all welcome. October 26, 2016 - Ten Healthy Habits of Financial Management. November 23, 2016 - Saving Strategies: Easy Concept, Difficult Reality.

To register or for more information [hallrentals@tuxedoparkcommunity.ca](mailto:hallrentals@tuxedoparkcommunity.ca) or 403-277-8689.

## YYC INTERNATIONAL TERMINAL 101

### New Processes at YYC

A new and exciting experience awaits those travelling to and from U.S. and International destinations through the new International Terminal at YYC. The opening of our new terminal October 31 will bring new processes for check in, security and connections. Here are some quick travel tips:



The terminal is equipped with **self-service check-in** and **bag drop services** for a seamless check in experience.



Experience the newest technology in **pre-board screening** with the first of its kind in Canada, the CATSA Plus screening system.



Enjoy a ride on our Canadian designed **YYC LINK passenger shuttle** from concourse A to D/E.



Connect easily to your next destination thanks to the streamlined processes in our new **Connections Centre**.



Approach one of our new **Customer Care Ambassadors** with any questions you may have, or ask one of our friendly **White Hat Volunteers** to help you on your way.

To learn more about our new International Terminal visit [yyc.com](http://yyc.com)



**YYC** CALGARY INTERNATIONAL AIRPORT



## News from the Friends of Nose Hill

by Anne Burke

Our annual general meeting is on Wed. Nov. 16 at Triwood Community Centre NW and the public portion begins at 7: 30 p.m. Our guest speaker John McFaul will offer a power point of Nose Hill Flora with an introduction to the City BiodiverCity 10-year strategic plan. John was appointed by City Council as a member of the Biodiversity Advisory Committee and is a professional naturalist, who has been leading nature walks and hikes for 30 years. From 1986-2003, he worked for City of Calgary Parks as a naturalist for the Inglewood Bird Sanctuary. He received the Loran L. Goulden Award from the Federation of Alberta Naturalists. John is a professional interpreter with the Interpretive Guides Association. For more details you can go to our website at [www.fonhs.org](http://www.fonhs.org).

Calgary has been called "Sandstone City" because it is a key component of many heritage buildings, including the old City Hall. Rather than importing the material, City Council approved a notice of motion to reintroduce mining within the city lim-

its, at Edworthy Park and/or the former John A. Lewis Quarry site. A scoping study will return to City Council about the feasibility of reactivating small-scale quarrying sites.

When news of the motion was published, Nose Hill Park was named as the second site. Council was already in session. As a result I wrote a letter opposing the plan, due to public safety issues, impact on wildlife, and damage to diversity. The Ward Councillor voted against the motion and said, "No one must touch Nose Hill". There was a re-commitment to preserving Nose Hill for future generations of Calgarians. The assistant to the motion mover confirmed, while there was no reference to Nose Hill Park, it is important to preserve and conserve nature across our city. Fortunately, the second site is actually in the West Creek Valley, well outside the Park.

City Hall exhibited "Calgary Goes to the Dogs: A History of Dogs and Dog Licenses. In 1885, there were only 100 dog tags; now there are 100,000. There were no leash bylaws or fenced-in backyards. We have the Responsible Pet Ownership Bylaw and there are estimated to be 150 public off-leash areas. This accounts for 20% of park spaces in Calgary (1250 hectares).

Nose Hill is a popular park for walking dogs, in part because some communities do not have their own off leash areas. The pathways on the escarpment are on-leash areas, while the multi-use plateau (top of the hill) is off-leash.



## DECEMBER 10 SLUMBER PARTY AT THE GLENBOW MUSEUM

Celebrating their 50th anniversary, The Glenbow is inviting kids aged 7 – 12 for a rare sleepover and behind the scenes tour of the museum's artefacts. More info [www.glenbow.org/programs](http://www.glenbow.org/programs)



## NOVEMBER 25 – DECEMBER 24 THE POLAR EXPRESS TRAIN RIDE

Aspen Crossing: Journey to the North Pole on the Polar Express, complete with hot chocolate and cookies served onboard the train. More info [www.aspencrossing.showare.com/eventperformances](http://www.aspencrossing.showare.com/eventperformances)



## DECEMBER 23 CHRISTMAS SKATE, NOON – 5 PM. OLYMPIC OVAL

A fun-filled afternoon at the Olympic oval is sure to cheer any Grinch. Complete with holiday music, you and yours can enjoy a skate together for \$2 and a food donation to The Calgary Food Bank.



## YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

**Nov. 28 – Dec. 21 It's A Wonderful Life: A Radio Play – Lunchbox Theatre:** It's A Wonderful Life is the classic tale of George Bailey, conceived as a live 1940's radio broadcast, a cast of 5 actors will bring this classic holiday story of love and redemption to life on stage! Everyday but Sundays, noon – 1 pm at Lunchbox Theatre. More info [www.lunchboxtheatre.com](http://www.lunchboxtheatre.com)

**Dec. 2 – 4 The International Christmas Market at Spruce Meadows:** Enjoy the warm atmosphere of this much-celebrated market which boasts 250 vendors with world-imported items, hand-crafted gifts and much more. Fire pits and lively entertainment are sure to keep you in the spirit – just in time for the holidays. For info [www.sprucemeadows.com/christmas\\_market](http://www.sprucemeadows.com/christmas_market)

**Nov. 19 – Dec. 18 Once Upon A Christmas – Heritage Park:** Take a step back into true holiday enchantment this Christmas with wagon rides, singing carols and even jolly old St. Nick himself. Experience the magic of Christmas past and activities like: gingerbread decorating, Santa's petting zoo, children's crafts and a vintage photo parlour. More info [www.heritagepark.ca](http://www.heritagepark.ca)

**Dec. 15, 8 pm A Rockin' Little Christmas – Jack Singer Concert Hall:** This upbeat concert will include a range of cheery, seasonal hits including Santa Baby, Jingle Bell Rock, White Christmas and many other favourites. Joining the Calgary Philharmonic Orchestra for this concert is the Jeans 'N' Classics band and four vocalists. More info [www.calgaryphil.com](http://www.calgaryphil.com)

**Nov. 26 – Jan. 8 Lion's Festival of Lights:** The Festival of Lights is the largest free drive-by Christmas Lights showcase in Calgary. It's comprised of over 300,000 lights along 14th St NW. Designed by James Alafritz, Creative Intelligence Agency. More info [www.lionsfestivaloflights.ca](http://www.lionsfestivaloflights.ca)

**Dec. 2 - 4, 9 -11, 16 – 18 Market Collective Cheer:** Enjoy a market that's perhaps a bit more eclectic this year at Market Collective's Cheer event. With fare like, clothing, chocolate and jewellery on offer, and more unusual vendors with woodworking, paper products and leather work for sale, there is surely something for everyone at this event. Located at The Chinese Cultural Centre. More info [www.marketcollective.ca](http://www.marketcollective.ca)



## CALGARY PUBLIC LIBRARY

### Winter Word Fair

Kickoff the holiday season with Calgary Public Library's Winter Word Fair—your one-stop bookish Christmas shop featuring unique vendors, entertainment, and refreshments.

Take advantage of the Library's in-house expertise to buy great reads during the most popular book-giving period of the year.

Get there early! The first 50 people get an opportunity with a personal shopper, who will match you to the perfect reads for everyone on your list, and your very own gift bag to fill with incredible bookish gifts.

### Central Library

Thursday, December 1 | 5:00 pm–8:00 pm

Everyone welcome!

### Calgary Public Library Foundation Tours

The Library has 18 community libraries across the city—how many have you visited? Join the Calgary Public Library Foundation for a series of free one-hour tours that provide a special behind-the-scenes look at many of the features, programs, and benefits at each unique location.

You'll hear about a patron's personal experience, learn about what's planned for the future, and be taken on a tour led by Library staff. You'll leave with a new perspective on your local library!

To register, visit [LibraryFoundation.eventbrite.com](http://LibraryFoundation.eventbrite.com) or call 403.260.2631.

### Library Updates

The Library will be closed Friday, November 11, for Remembrance Day.

The Children's Library at Village Square Library has been completed and is open for play and reading! Your kids will love the brand-new vibrant and interactive Early Learning Centre!

Renovations to the Nose Hill Library have been completed. Make sure to drop by and see the revitalized space!

The November/December *Library Connect* is now available. Pick up your guide to the Library's free programs and events at any community library, or download a copy at [calgarylibrary.ca](http://calgarylibrary.ca).



## Nurturing a sense of belonging on National Child Day Nov. 20

*National Child Day is celebrated annually to mark two historic events: the 1959 signing by Canada of the United Nations Conventions on the Rights of the Child (UNCRC) and the adoption of the convention.*

This year's theme is a **young person's right to belong.**

Identity and belonging is about young people developing a positive sense of who they are, and feeling that they are valued and respected as part of a family and community. Positive messages about their families, backgrounds, cultures, beliefs, and languages help children learn, develop skills and a healthy sense of identity and belonging; this helps them later to better deal with bullying and discrimination.

**One way your family can celebrate National Child Day is to share a book or story about belonging.**

The book **How Far Do You Love Me?** by Lulu Delacre celebrates love and belonging. It gives parents and teachers an opportunity to share a story that features people from different corners of the world using their geographical locations as references for how great their love is.

**More books about belonging** (Calgary Public Library may have these to lend):

**Corduroy** by Don Freeman

**I Like Myself!** by Karen Beaumont

**The Blossoming Universe of Violet Diamond** by Brenda Woods

**The Invisible Boy** by Trudy Ludwig

**Gaston** by Kelly DiPucchio

**Rump: The True Story of Rumpelstiltskin** by Liesl Shurtliff

Calgary Reads helps children learn to read with confidence and joy. This includes helping children in Calgary to have their own books at home; supporting parents and caregivers to help their child develop literacy skills; and engaging businesses and the community to make reading a priority. Explore our website for ways you can support our work. You'll also find resources to help your child develop critical literacy skills and the joy of reading: [calgaryreads.com](http://calgaryreads.com)

# TG Community Hall & Meeting Room Rental Information

## Main Hall (maximum capacity 800)

250-500 people \$1050  
 501-800 people \$1350  
 Damage Deposit \$1050  
 Plus \$4.00 mandatory corkage charge per person, based on a minimum of 250 people.

## Thornccliffe Room (maximum capacity 125)

Rent \$412.50  
 Damage Deposit \$412.50  
 Plus \$4.00 mandatory corkage charge per person, based on a minimum of 75 people.

## Greenview Room \$34.50/hour

Fitness/Sports Classes only

## TG Room \$25/hour

Bowling Parties (adjacent to lanes)

## Board Room (maximum capacity 20)

Meetings only \$35.00/hour

## 5600 Room (maximum capacity 30)

Meetings only \$35.00/hour  
 Parties \$175.00

## Horizon Room (maximum capacity 15)

Meetings only \$15.00/hour

### ADD GST TO ALL PRICES

Classes, Meetings, Conferences, Programs, Children's Parties, Adult Celebrations, Silent Auctions, Weddings, Receptions, Parties, Family Reunions

### LET THORNCCLIFFE GREENVIEW COMMUNITY ASSOCIATION HOST YOUR NEXT EVENT!

## Looking to rent space to run an Exercise Program?

We have a hall available weekdays, daytime only at \$34.50 per hour. The Greenview Room located in the basement is where it all began. The Community Complex that you see today was built around this hall. It is self-contained with washrooms and is a great space for classes such as Tae Kwon Do, Karate



and Fitness. The hall measurements are 70' x 38'. Call 403-274-6840 for further information or to book.

### We Accommodate Seminars!

Thornccliffe Greenview Community Association has four meeting rooms and two halls accommodating anywhere from 10 to 800 people!

To break up your day we have recreation facilities. You can go bowling, play racquetball, darts or billiards in our lounge/recreation centre.

Call 403-274-6840 and let us make your next event an overwhelming success!



# BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Thorncliffe and Greenview. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

**RIGHTWAY PLUMBING AND HEATING:** Has been happily serving the Thorncliffe/Greenwood area with quality work, happy clients and fair pricing; with second generation experience, there is no job we can't handle. Furnaces, softeners, garburators, appliances, humidifiers, faucets, water heaters, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

**CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS:** New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms. From cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

**ARE YOU LOOKING FOR A LOCAL, PROFESSIONAL ELECTRICIAN?** FCC Electric is well established, insured, certified and happy to assist with all your residential and commercial projects. FCC Electric offers free estimates, home inspections, kitchen/basement/garage renovations, repairs/troubleshooting panel/service changes, retail development at fair rates with references. 65+ discounts. Call us 403-462-8801.

**MONEY'S WORTH HOME SERVICES:** Contact Jerome Feist at 403-242-4307 for home repairs, carpentry, fences, decks, siding and handyman services.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**PRINTING SERVICES:** Christmas cards, calendars, newsletters, bulletins, letterheads, envelopes, sell sheets, flyers, posters, banners, stickers/labels, colour copies, business cards, sandwich boards, notebooks, signs. Bring your family pictures for custom calendars. 1,000 double-sided business cards \$99; 5,000 flyers \$299; colour copies 25cents (min. 500). Contact Yinka - olaconsult@shaw.ca or 403-880-6692 for all your printing needs.

**LOCAL THORNCCLIFFE MAN WILL DO:** Dump hauling, garage cleaning, electronics recycling, and thrift store hauls. Very reasonable rates. Call or text Dale at 403-828-5772.

## BRAIN GAMES SUDOKU

3	6	7	4	2	5	8	9	1
1	8	9	6	3	7	2	4	5
4	2	5	1	8	9	3	7	6
9	1	3	2	4	6	5	8	7
7	5	6	3	9	8	4	1	2
2	4	8	5	7	1	6	3	9
5	9	1	8	6	3	7	2	4
8	7	2	9	5	4	1	6	3
6	3	4	7	1	2	9	5	8





**COUNCILLOR, WARD 4**  
**SEAN CHU**

403-268-3727 • ward04@calgary.ca  
www.calgary.ca/ward4 • www.seanchu.ca

Greetings Residents,

**Fall/Winter Programs**

The City of Calgary offers a wide variety of fun and FREE drop-in programs and activities for children, youth and families.

From after school programs, to health and wellness classes, to leadership opportunities, we have something for everyone.

Find out what's happening in your area, visit calgary.ca/CommunityPrograms.

**Crews ready for winter snowfall**

Crews are keeping an eye on the forecast all winter long, preparing roads with anti-icing solution before the snow falls, and maintaining City streets as soon as snowflakes hit the ground.

We know how important it is for Calgarians to get to where they want to go safely, and winter driving can be challenging because of snow and icy conditions. Stay informed during every snowfall by following @yyctransport on Twitter and downloading the Road Conditions App for frequent updates. See where our crews are plowing on the live map at Calgary.ca/RoadConditions.

After each snowfall, Roads crews follow a priority clearing system called the Seven Day Plan:

- Priority 1 routes, which carry more than 20,000 vehicles per day, are cleared to bare pavement within 24 hours after the snow stops falling.
- Priority 2 routes, which carry between 5,000 and 19,000 vehicles per day, are cleared within 48 hours after snowfall has stopped.
- Playground zones, designated hills, and residential streets on Residential roadways are cleared on Days 3-7. These roads are flat-bladed, which means snow is packed down so it is easier to drive on, and ruts are removed.

For more information on snow and ice control, including FAQs, snow route parking information, and free sand and gravel locations, visit Calgary.ca/snow.



*Gardening by the*  
**phases of the moon**

**November 7 First Quarter (waxing)**

Moonlight is strong, encouraging leaf growth. It is a good time for planting, especially two days before the full moon. Take cuttings from plants you wish to propagate. Fertilize as close to the full moon as possible.

**November 14 Full Moon (waning)**

As the moon wanes, the energy is drawing down. Strong gravitational pull but moonlight is decreasing putting energy into the roots.

**November 21 Last Quarter (waning)**

Decreased gravitational pull and moonlight. A resting period. Take cuttings from plants you wish to propagate. Dry herbs, flowers and fruit. If you want to control growth or encourage rooting, perform the necessary activities during the waning moon.

**November 29 New Moon (waxing)**

Increasing moonlight, lunar gravity pulls water up encouraging plant growth and proliferation. Grafting, transplanting, re-potting, and watering. Gather herbs used for essential oils. Oil content is more concentrated at this time.

**311 Calgary is your access to The City anytime, anywhere**

311 Citizen Services is your single point of contact for local government information and non-emergency services. Whether you connect with us through a mobile application, website or by calling 311, we are ready to assist you 24 hours a day.

- CALL 911 to report life threatening emergencies.
- REPORT a power outage call ENMAX at 403-514-6100.
- VERIFY the status of a current power outage visit ENMAX.
- Call **Calgary Parking Authority** at 403-537-7000 or 1-888-544-4011 for all parking-related inquiries.

Thank you for your attention.

**IMPORTANT NUMBERS**

<b>ALL EMERGENCY CALLS</b>	<b>911</b>
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
<b>HOSPITALS / URGENT CARE</b>	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
<b>OTHER</b>	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

**DISCLAIMER**

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Thorncliffe Greenview Community Association and Great News Publishing. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

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**COMMUNITY ANNOUNCEMENTS**

**Deadline – 1<sup>st</sup> of each month for the next month's publication**

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

**CALGARY PUBLIC LIBRARY:** Need legal help? Free legal clinic. Wednesday October 19, 9:30 am to 3:30 pm. Calgary Public Library, 616 Macleod Trail SE. Book an appointment: call 587-774-5458 between 8 am and 5 pm, Oct 3 to Oct 13. Space is limited.

**LOVE TO SING?** Want to experience the benefits of singing in a welcoming vocal community? Vocal Latitudes may be the choir for you. A non-audition community choir, Vocal Latitudes meets Tuesday evenings from September to May in a convenient central location. For more information, see www.vocalatitudes.org.



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Phone: 403-216-7777  
Email: michelle.rempel@parl.gc.ca  
Website at www.michellerempel.ca

November presents Canadians with an annual reminder of the sacrifices made by brave men and women who have defended our country and our freedom. As we pause to reflect on their selfless acts, at Remembrance Day ceremonies across the country, let us also be reminded to always be thankful for the country we call home and the service members that have given us so much. I encourage you to attend a ceremony this November 11 at one of the many locations throughout Calgary.

The 42nd Parliament has included debate on a number of important issues. I continue to work hard on your behalf and I appreciate the feedback you provide me on topics of importance to you. Of course, the issue of most critical importance remains the condition of Alberta's economy and the current job situation here at home. I have received countless emails and phone calls from individuals who are concerned about their future. I share these concerns and am committed to raising the issue of Alberta's economy and job situation in Parliament and the media whenever possible. In October I, along with several other Alberta M.P.s, launched the Alberta Jobs Taskforce in response to the growing jobs crisis here at home. You can find more information about the Taskforce, its objectives, and how you can help on my website: [www.MichelleRempel.ca/ABJobs](http://www.MichelleRempel.ca/ABJobs) As always, please continue to contact me on any issue. I care deeply about our community and I appreciate the time you take to write, email or call me about issues of importance to you.



**MLA CALGARY-KLEIN**  
**CRAIG COOLAHAN**

#9, 2400 Centre St NE  
Calgary, AB, Canada T2E 2T9  
Phone: (403) 216-5430 • Fax: (403)216-5432  
[calgary.klein@assembly.ab.ca](mailto:calgary.klein@assembly.ab.ca)

Hello Calgary-Klein!

Economic diversification is a key element of Alberta's economic recovery. Alberta's economy must become more resilient to changes in the international price of oil. Our government is supporting small businesses to create jobs and get Albertans back to work.

Alberta's small businesses and investors create new jobs and diversify our economy. Small businesses in Alberta have a bigger economic impact than small businesses anywhere else in Canada, and make 35 per cent of all jobs in Alberta.

As part of the Alberta Jobs Plan, our government is creating a tax credit for investments in small Alberta businesses that will support up to 4,400 new jobs over three years, and contribute up to \$500 million to the province's GDP.

The Alberta Investor Tax Credit (AITC) will offer a 30 per cent tax credit for investments in Alberta small business made between April 14, 2016 and December 31, 2019. The tax credit will be offered to investors who provide capital to Alberta small business in a variety of sectors, including:

- Research, development, and commercialization of proprietary technology, products and processes,
- Development of interactive digital media and game products,
- Post-production, visual effects, and digital animation, and
- Tourism operations – like resorts, skiing facilities, amusement and recreation industries, hunting and fishing camps, and scenic and sightseeing tours.

Legislation establishing the AITC is being introduced this session. We know from similar legislation in other jurisdictions that this will provide a strong incentive for Alberta investors, increasing access to capital when and where small businesses need it most.

As always, my office is happy to hear from constituents. If you have any feedback about this initiative, or any other matter, feel free to contact my office at [calgary.klein@assembly.ab.ca](mailto:calgary.klein@assembly.ab.ca) or 403-216-5430.



NOV. 20 • 2:30 P.M.

# WESTERN FINAL

McMAHON STADIUM

TICKETS ONLY  
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(REG. \$39.50)

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and enter the promo code: **NEWSLETTER**



# STOP MEN DYING TOO YOUNG



JOIN THE FIGHT FOR MEN'S HEALTH. [WWW.MOVEMBER.COM](http://WWW.MOVEMBER.COM)

There are three ways to get involved with Movember and support men's health:

	WHAT	HOW	WHEN
<b>01</b> GROW	Grow a Mo, save a Bro	The moustache is our ribbon for men's health	For the 30 days in the month formerly known as 'November'
<b>02</b> MOVE	Get active for men's health	Raise funds for men's health while you do something good for your own health	Anytime, anywhere, during the month of Movember
<b>03</b> HOST	Throw or go to a Movember event	Any excuse for a good time. Events are a great way to have fun and raise funds for men's health	Anytime, anywhere, during the month of Movember

