

OCTOBER 2016

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HORIZON

BRINGING THORNCLIFFE & GREENVIEW RESIDENTS TOGETHER







# WALK WITH US TO END BLOOD CANCERS

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Office Email		admin@tgcacalgary.com
Bowling, Racquetball & TG Lounge		403-274-5574
Forbes Innes Arena		403-274-1466
Office Manager	Diana Christie	403-274-6840
General Manager	Kevin Kromm	403-274-6840 403-274-1466
EXECUTIVE COMMITTEE		
President	Leslie DeGagne	403-669-6116
Treasurer	Brad Giddings	403-540-1533
Secretary	Leona McComish	403-275-0410
Vice Presidents	Dot Jamieson	403-275-0083
	Derek Livingston	403-226-4021
	Marvin Quashnick	403-277-3308
DIRECTORS AT LARGE		
Alison Abbott		403-276-4997
Jason Bedard		403-910-0957
Mary LaCoste		403-274-8074
Michelle Starzynski		403-401-5031
Stacey McDade		587-968-4990
Sue Giddings		587-436-9852
Vince Fraser		403-540-3360
SPECIAL INTEREST GROUPS		
58 <sup>th</sup> Scouting	Jenn Riley	587-350-1364
Bingo Co-ordinator	Evelyn Landry	403-274-6840
Booster Club	Bill Gray	403-275-6016
Guides	Jackie Fietz	403-295-2927

Deerfoot United Soccer Club	Cory Abel	403-650-1791
North Central Basketball	Barbara Ambrisko	403-973-6665
Nose Creek Fast Pitch	Kelsey Claeys	president@nosecreeksoftball.ca
Racquetball	Jerry Kwasnitza	403-293-2847
Slopitch	Kevin Darrah	403-875-3469
TG Hockey	Jodie Cadman	403-312-4479
TG Ice Skating Registrar	Kari Woodman	403-471-9623
TGWL	Yvonne Arkley Yvonne Armstrong	403-274-4906 403-274-6720
Thornview Seniors	Sandy Staple	403-274-3257
Volleyball	Dianne Stewart	403-295-3469
HORIZON NEWSLETTER		
Distribution	Canada Post	
Editorial	TGCA Admin Office	403-274-6840
Publisher & Advertising	Great News Publishing news@great-news.ca	403-263-3044

**TGCA HOURS**  
 HOURS MAY BE SUBJECT TO EARLY CLOSING

### Complex closed October 10 Thanksgiving

#### Administration Office

Mon, Wed, Thurs 9:00 am – 9:00 pm  
 Tues & Fri 9:00 am – 4:30 pm  
 Saturday & Sunday Closed

#### Lounge & Rec Centre

Monday – Thursday 9:00am - 12:00am  
 Friday & Saturday 9:00am - 1:00am  
 Sunday 11:00am - 6:00pm

## PRESIDENT'S MESSAGE

by Leslie DeGagne

As the frost sets on the pumpkins and we celebrate another harvest by giving thanks, the children look forward to knocking on neighbours' doors shouting, "Halloween Apples!" We count on these things happening in the month of October. Another we can count on is the Thorncliffe Greenview AGM at the end of the month. This is the meeting where neighbours and members come together for news on what the board has done the last year; it's also the meeting where you—the members—hold your board accountable for their actions through the voting process. Any voting member can hold a position on the board and the AGM is where we put together caring people who want to try to make a difference in their community and keep TGCA vital in an ever-changing city.

I have been lucky over the last ten years to work with passionate people who care about the community they live in. These people have taught me a lot about what it means to care for your neighbourhood and how to make it a better place to be. I have worked with a great paid staff in the complex that is always ready to help board members achieve their vision. They show pride in the complex and we benefit from having a building that is envied throughout the city. This system works but it needs members to bring their visions to the board so the work can continue to be done. We are facing tough issues moving into the future as we become an inner city community and I have talked at length over the last year about what the future holds. We have worked closely with the city and our neighbouring communities to ensure we are proactive with issues and found that our voice is one that people want to hear. We do not always get our way but we find that projects are adapted to meet the concerns of the neighbourhood or they go away. These things happen because of the caring board members who have put in their time for your benefit. "Many hands make light work," is the saying and at this time, I am asking residents to be a part of the solution. I hope to see many people out to our AGM at the end of the month. Come and ask questions, come and get involved, everyone has the ability to make a difference for others.

Thank you to everyone who volunteered over the last year for the many events and functions we put on for the community residents. Thank you to our complex-staff for a job well done and thank you to my fellow board members for another great year. It has been wonderful working with all of you. The caring people who sit on this board giving their time freely for the benefit of all are a gift to this community. To those who choose not to sit for another year, we are sad to see you move on but understand life commitments. We thank you all for giving your time, your ideas and your friendship to TGCA and wish you great success in future endeavours. For those who commit time to TGCA by becoming a part of the board welcome, be sure to bring positive energy and ideas so Thorncliffe Greenview can continue to be a family friendly, safe place to live. A community that cares is one people want to live in.

## STEP INTO FALL

Are you thinking of becoming more active?

The University of Calgary is recruiting volunteers for a 12-week physical activity study.

To participate you must be:

- 18 years of age or older
- Exercising less than 3 days per week
- Have internet access

You will be asked to wear a pedometer for 3 months, log your activity onto a website, and complete 3 questionnaires.

By completing the 3 questionnaires you will receive:

- A pedometer (\$25 value)
- \$10 gift card
- Prize draw entry for \$1000 gift card

To participate contact:

Research Coordinator  
403.210.7044 or perryr@ucalgary.ca

Ethics ID: REB15-2944  
 This study has been approved by the University of Calgary  
 Conjoint Health Research Ethics Board.





# Notice of TGCA's AGM

Notice is hereby given that the Annual General meeting of the members (the "Members") of the Thorncliffe Greenview Community Association will be held at 5600 Centre Street North on Monday, October 24, 2016 at 7:00 pm to:

- Receive and consider the Reports of the Directors
- Receive and consider the monthly Financial Statements
- Receive and consider the recommendations regarding membership fees for the upcoming year
- Receive and consider the recommendation regarding the rights and privileges of nonvoting members
- Transact any new business
- Elect a new Board of Directors, to consist of:
  - President
  - Treasurer
  - Secretary
  - Vice Presidents
  - Directors

Voting members are encouraged to attend the AGM and to fill out a nomination form (available in Administration Office) for positions on the Board that they would like to nominate someone for (a voting member in good standing).

You can make a difference in your community – get involved!



## Adult Volleyball

Anyone interested in putting a volleyball team in our league at Thorncliffe Greenview Community Association this September (we start right after the long weekend so call in mid August.) Please contact Dianne Stewart for information at 403-295-3469.

# 60th ANNIVERSARY COMMITTEE / COMMUNITY RELATIONS

By Mary LaCoste

When this edition of the Horizon Arrives, our 60th Anniversary celebration will have come and gone. We worked hard to ensure that all ages were entertained. I will be preparing an article for the November Horizon to capture all the hi-lights of the events and to acknowledge the Volunteers and donors who made this event possible.

Our Friday Night dances continue through December with the schedule as follows:

- October 14 - Barb Wire
- November 25 - Jana & Danny
- December 16 - Barb Wire

I would like to say thank you to all of those who attended our celebration weekend.

Till next time!  
Mary



## DANCE TO THE MUSIC OF "Barb Wire"

Friday October 14, 2016

Thorncliffe Greenview Community Association  
5600 Centre Street N.  
Calgary, Alberta

Tickets: \$12.00/person (at the door)  
Members & Guests  
Doors Open: 7:00pm

# PUBLIC SERVICE REPORT

By Marvin Quashnick, [publicservice@tgccalgary.com](mailto:publicservice@tgccalgary.com)

## Highland Golf Course Redevelopment

### TGCA PUBLIC MEETING ON THIS ISSUE: OCTOBER 25

On July 5, City Council deferred ruling on the Highland Golf Course redevelopment until Jan. 2017. Ostensibly, this was to provide the developer and city planners with time to create a better plan that was more amenable to the existing surrounding communities and more aligned with city policies in regard to inner-city developments of this scale.

To date, the developer has stated it has no interest to have any further specific meetings with the public. The city is rumoured to have some plan for further engagement but we have yet to be made aware of details.

TGCA has continued over the last three years to advocate for our residents on the northern rim of the golf course in Thorncliffe, as well as those downstream in Greenview. Alarming, downstream may be more than a metaphor.

The developer's plan's greatest deficit is, and has been from the beginning, the refusal to substantially address the myriad of water issues associated with the old golf course. As neighbourhoods have built up around the site, it has been increasingly important in passive storm water management. It retains and filters waters from communities as far away as the University. As an urban forest has grown up in the valley, the vertical reservoir effect of these mostly hard-working cottonwoods has further dealt with the waters. Astonishingly, the city planners have completely snubbed the value of this living infrastructure or any attempt to discuss flooding issues. With further arrogance they will not even recognize the existence of the original creeks that were piped underground some 40-plus-years-ago.

The scale of development proposed will eliminate all existing trees and may elevate the valley floor up to the grade of the current surrounding streets. This represents roughly a 100, 000 dump truck trips through existing communities and a resultant construction site that may last up to 20 years. With the valley filled in, the storm water will still have to be dealt with, and that's where Greenview comes in. A likely scenario could be to use the public green-space that forms the current dog park and fitness area.

When questioned, city planners have not been reassuring in their nebulous replies. What happens to the water is only one unanswered question within this massive development, it is perhaps just the most important.

# FOLLOW THORNCLIFFE GREENVIEW COMMUNITY



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## Editorial Content Deadline

5th of each month for the next month's issue

[dcchristie@tgccalgary.com](mailto:dcchristie@tgccalgary.com)

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# The TGCA Board of Directors Roles and Responsibilities

The TGCA community operates under the direction of an elected volunteer board of directors at the annual AGM. The board consists of an Executive and a group of willing volunteers who stand as directors at large to oversee the community needs and involve themselves in the workings of the complex business when needed. This board sets the roles and responsibilities of members (voting and non-voting) and ensures the complex business structure is one that meets the needs of the building and the people who use it. The board works in conjunction with the General Manager to set goals and work toward meeting said goals for the complex and community alike.

Under the bylaws set out by the community the board meets once a month, except July, and holds three general meetings per year one being the AGM in October. Committees formed by elected members may meet more than this to ensure that goals are accomplished. This board has an executive formed by a President, Treasurer, Secretary and three Vice Presidents. The people who sit on the executive must have experience as Directors before they can sit on the board in any of these roles. Our group of Directors at Large consists of voting members who are community minded and spirited and the number will vary as needs dictate.

## Role of the President

As the face of the community, the President will:

- Work directly with the TGCA General Manager and the Treasurer to understand the needs of the business end of the community complex.
- The President is relied on to give advice and direction regarding staffing, programming and works with the treasurer to oversee the day to day spending of the various areas of the complex.
- The President works with the Treasurer and Executive putting proper budgets in place for future maintenance and programming for the complex. This budgeting process includes setting employee roles and wages based on recommendations from the General Manager.
- Ensure the Board and staff follow the policies and pro-

cedures set out in the policy and procedure guide of the community.

- The President chairs all board meetings and when unable to attend assigns the role to a Vice President.
- Assemble committees, (when needed), as dictated by community and complex needs.
- It is the role of the President to act as mentor to community directors by ensuring a vice president is in position to help directors.
- Sit on committees as needed. (The president is a member of every committee formed to deal with community needs.)
- The President, in conjunction with the Executive, will act as the conduit between the business and community activities of the complex.
- The President will communicate with membership once per month by using the newsletter message. If unable to fulfill this obligation then a member of the executive will take on the responsibility as directed.

## Role of the Vice President

According to the bylaws of the community, we will have three elected vice presidents who fulfill roles as community need dictates. Each VP will:

- Attend the once per month meetings.
- Work with the president and treasurer to set community direction.
- Take on the president's role when the president is otherwise committed.
- Work directly with directors at large to form and chair committees.
- Act as mentors to the directors making sure they are comfortable with the workings of the complex.
- Act as the voice of the programs at meetings when the director is unavailable.

## Role of the Treasurer

The treasure is in charge of overseeing the fiscal aspect of the complex and community programs. These responsibilities include:

- Overseeing budgets of the complex and community programs ensuring they meet the standards set out by

# The TGCA Board of Directors...cont'd

the Executive of the community with input from the general manager.

- Work with the president to oversee complex spending. (once a week check signing)
- Set up committees when needed to create maintenance programs and budgets for the building.
- Communicate to the board once monthly the state of expenses and revenues as it pertains to the complex and programs.
- Work with groups to set up attainable financial goals.
- Work with the GM and Bookkeeper to ensure proper accounting procedures.
- Oversee community investments, maximizing investments without jeopardizing the integrity of the members.
- Set up a finance committee when needed to plan for large maintenance projects. This includes creating a total financial plan involving grants, fundraising and scope of work. The committee must include the GM, President and at least one other Vice President.
- Oversee the TGCA business plan.
- Have an understanding of the ALCB bingo license as it pertains to spending guidelines.
- Appoint an Auditor for the yearly audit of financial statements.

## Role of the Secretary

This person must be able to:

- Attend monthly meetings.
- Assist the chair of the meeting by keeping the meeting on task.
- Record minutes of both executive and board meetings.
- Maintain a copy of all motions and reports submitting a copy to the complex manager for filing on site.
- Write communications when requested to fulfill board needs.
- Set out a consistent protocol for committee meeting minutes as to maintain standardized minutes for all complex business.
- Maintain professional objectivity and respect the privacy of the meeting when recording minutes.

## Role of a Director at Large

This person must be willing to:

- Attend all monthly board and General meetings or if unable to send a report to their VP communicating their activities for the month.
- Act as a liaison with the youth and service groups of the community. At times, this will mean attending committee meetings representing the TGCA point of view.
- Work with a VP ensuring TGCA policy applies when dealing with community program needs. This includes producing budgets, keeping proper minutes of meetings, booking rooms and setting up meetings with outside entities
- The executive based on community need, will assign the director's role. Communities are fluid so we need directors to be able to fill position as dictated by need. The past saw static defined roles but we have found that the changing face of the community has allowed us to create a more dynamic use of the volunteer director. With the youth groups amalgamated within a zone or regional group the job of overseeing and meeting their needs according to TGCA policy has fallen on the General Manager of the community and his/her staff.



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# OCTOBER 2016 THORNCLIFFE/GREENVIEW CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
Bingo! 6:15pm Public Skating 11:45am-12:45pm	2 TG Yoga 9:00 am – 10:00 am	3 Bingo! 6:15pm \$5000 Bonanza	4 Badminton 10:00 am – 11:30 am Pickleball 12:00 pm – 4:00 pm Badminton 4:30 pm – 5:30 pm Gym Night 7:00-8:30pm Seniors Public Skating 10:30-11:30am Members Public Skating 1:30-2:30pm	5 Pickleball 12:00 pm – 4:00 pm Badminton 4:30 pm – 6:00 pm	6 Public Skating 3:30-5:00pm	7
8						
Bingo! 6:15pm Public Skating 11:45am-12:45pm	9 <b>HAPPY THANKSGIVING! COMPLEX CLOSED</b>	10 Bingo! 6:15pm	11 Badminton 10:00 am – 11:30 am Pickleball 12:00 pm – 4:00 pm Badminton 4:30 pm – 5:30 pm Gym Night 7:00-8:30pm Seniors Public Skating 10:30-11:30am Members Public Skating 1:30-2:30pm	12 Pickleball 12:00 pm – 4:00 pm Badminton 4:30 pm – 6:00 pm	13 Public Skating 3:30 pm – 5:00 pm Friday Dance – Barb Wire 7:00pm	14
15						
Bingo! 6:15pm Public Skating 11:45am-12:45pm	16 TG Yoga 9:00 am – 10:00 am	17 Bingo! 6:15pm	18 Badminton 10:00 am – 11:30 am Pickleball 12:00 pm – 4:00 pm Badminton 4:30 pm – 5:30 pm Gym Night 7:00-8:30pm Seniors Public Skating 10:30-11:30am Members Public Skating 1:30-2:30pm	19 Pickleball 12:00 pm – 4:00 pm Badminton 4:30 pm – 6:00 pm	20 No Public Skating	21
22						
Bingo! 6:15pm Public Skating 11:45am-12:45pm	23 Thorncliffe Greenview Annual General Meeting 7:00pm TG Yoga 9:00 am – 10:00 am	24 Bingo! 6:15pm	25 Badminton 10:00 am – 11:30 am Pickleball 12:00 pm – 4:00 pm Badminton 4:30 pm – 5:30 pm Gym Night 7:00-8:30pm Seniors Public Skating 10:30-11:30am Members Public Skating 1:30-2:30pm	26 Pickleball 12:00 pm – 4:00 pm Badminton 4:30 pm – 6:00 pm	27 Public Skating 3:30-5:00pm	28 Thorncliffe Greenview Children's Halloween Party
29						
Bingo! 6:15pm Public Skating 11:45am-12:45pm	30 Happy Halloween!	31				

**Mark Your Calendars!**  
**TGCA AGM October 24, 2016**  
**Friday Night Dance October 14, 2016**  
**Thorncliffe Greenview Craft Fair November 18, 19, 2016**



## GOOD FOOD BOX PROGRAM

What is the Good Food Box? It's a monthly program where community members can buy fresh fruit and vegetables for a very low cost. Thorncliffe Greenview Community Association now has a Good Food Box Depot. You receive top quality produce at wholesale prices. There are three sizes of boxes to choose from. The large box (\$35.00) contains 40 plus pounds of produce. The medium box (\$30.00) contains 30 plus pounds of produce. The small box (\$25.00) contains 20 plus pounds of produce. You only order the size you want, when you want. How do you get a food box? Bring your exact cash to the Horizon Room at Thorncliffe Greenview Community Centre between 2:00 and 5:00 p.m. on the scheduled pick up day. This will secure your order for the next month or bring your exact cash to the Administration Office no later than the order deadline listed below. If you have any questions feel free to call M.J. at 403-275-6752.

Order Deadline	Pick up Day
October 17	October 27
November 14	November 24

## PLAYGROUND COMMITTEE

### Let's Play!

A playground committee for Thorncliffe-Greenview has officially been formed. We continue to look for positive, enthusiastic people to help out with the replacement project of the playground adjacent to the TGCA. We will be discussing fundraising ideas, playground vendors, grant availability and many other exciting opportunities! Would you like to help? We hope so! Please email Amanda at: amandahs4@gmail.com if you are interested.



## TG's CASINO

**Volunteers are needed to operate our casino on Monday October 31<sup>st</sup> and Tuesday November 1<sup>st</sup> at Cowboy's Casino.**

Day or night shifts available.

This is a major fund raiser for the community association and all proceeds will be directed back into the centre. If you are able to help out please call the office at 403-274-6840.

Thorncliffe Greenview Community Association

## Pickleball Drop-in

Days & Times: Monday, Wednesday & Thursday 12-4pm  
Cost: \$5.00 drop-in  
Room: Main Hall - Gymnasium

All participants must hold a valid Community Membership  
Non-Marking shoes must be worn at all times

Program Information: Phone: 403-274-6840  
**No Pickleball October 10**

# FORBES INNES ARENA PUBLIC SKATING SCHEDULE

5600 Centre Street N. • 403-274-1466

Check out our website for changes or additions.  
[www.tgcacalgary.com](http://www.tgcacalgary.com)

Seniors Only Wednesdays 10:30 a.m. - 11:30 a.m.  
Members Only Wednesdays 1:30 p.m. - 2:30 p.m.  
(Seniors and Members Resumes October 12th)

Fridays 3:30 p.m. - 5:00 p.m.  
Sundays 11:45 a.m. - 12:45 p.m.

Please note there is no Public Skate on Friday October 23rd

The cost for the Public Skate is free to TG Community members, and for non-members the cost is \$5 per adult, \$3 per child or \$10 per family.

### Forbes Innes Arena Skate Shop Hours

Hours of Operation

Monday 5:00 – 9:00 pm  
Tuesday 6:00 – 9:00 pm  
Wednesday 6:00 – 9:00 pm  
Thursday 5:00 – 8:45 pm  
Fridays 5:00 – 9:00 pm  
Saturday 11:30 am – 7:00 pm  
Sundays 9:00 am – 5:00 pm

Did you know that we sharpen, repair and rent skates?

# TGCA Yoga Program

Mondays, Wednesdays and Thursdays  
(Last class November 4, 2016)  
9:00 am – 10:00 am  
Drop In \$15.00 includes GST  
No Yoga October 10



# TG Lounge & Rec. Centre News

Did you know?

TG has 4 racquetball courts and four 5-pin bowling lanes  
**CALL (403) 274-5574 TO BOOK!**  
Racquetball Multi-Passes Available (Gift Certificates)

### Happy Hour Pricing

3:00 pm – 8:00 pm daily  
Friday & Saturday until 8:00 pm & all day Sunday!  
Free Shuffleboard, Darts  
Satellite TV Watch CFL, NFL Games, NHL Centre Ice Package  
8 TVs, 2 Pool Tables

Monday - Thursday 9am - 12am  
Friday & Saturday 9am - 1am  
Sunday 11:00am to 6:00pm

*Hours may be subject to early closing.*

Bowling, Pool, Dart & Racquetball Leagues  
Book your Tournaments with the T.G. Lounge & Recreation Centre  
403-274-5574

*Consider Going Bowling for Your Next Family Get Together  
Children's Birthday Party Packages Are Also Available*

# TG LOUNGE & RECREATION CENTRE

Bowling, Pool, Dart & Racquetball Leagues  
Book your Tournaments with the T.G. Lounge & Recreation Centre  
403-274-5574  
Consider Going Bowling For your Next Family Get Together  
Children's Birthday Party Packages Are Also Available

# CHILDREN'S HALLOWEEN PARTY

Main Hall  
October 29  
10 am until 1 pm

Members Free  
\$2.00 per person  
non member

**HAUNTED HOUSE • GAMES • COSTUME PRIZES • HOT DOG LUNCH**

Volunteers are needed to assemble and disassemble the haunted house and volunteer during the party. If anyone has any supplies/large moving goblins or decorations in good condition they can contact the office to have them picked up. Always looking for fresh and new games and crafts if you have an idea send me an email [michellestarzynski@shaw.ca](mailto:michellestarzynski@shaw.ca)

# TG MEMBERS CORNER

### Congratulations To:

- Diana Christie on her 26th Anniversary of Employment with TGCA
- Jason and Michelle Wolfe on their Wedding Anniversary

### Birthday Wishes Go Out To:

October – Dot Jamieson, Cecile Dombeski, Hector Boutin, Emma Jackson, Bob Cassidy, Darrell Wilson,

Elleree Doig, Kendra Kromm, Shannon Peacock, Madison Zakrewski

### In Memory Of:

Condolences go out to Andrea and Cam Bell and family on the sudden passing of Andrea's Brother in August

Any TG Member that would like to submit a tidbit for this section may do so by email to [admin@tgcacalgary.com](mailto:admin@tgcacalgary.com) or by phone to the office at 403-274-6840.





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All of our coaches are Skate Canada/NCCP certified.

**KickSTART Session for: CanSkate, Pre-CanSkate & CanPower starts September 2016!**  
Get a kick-start on the upcoming skating season and join us for the first 4 weeks in September.

**Register for 1, 2 or 3 sessions: Fall and/or Winter and/or Spring 2016/2017**  
Reduce your registration fees by working bingo's at Thorncliffe Greenview Community Association

**For more details about our programs, fees, and registration information please visit our website:**  
[www.tgiceskatingclub.com](http://www.tgiceskatingclub.com) or email: [registrar@tgiceskatingclub.com](mailto:registrar@tgiceskatingclub.com) or call (403) 471-9623

See you on the ice!

## Thorncliffe Greenview Ice Skating Club

### 2016-2017 Sessions



**Forbes Innes Arena**  
5600 Centre St. N.

[www.tgiceskatingclub.com](http://www.tgiceskatingclub.com)

## Thorncliffe/Greenview mybabysitterlist

Name	Age	Contact	Course
Christorlord	14	587-700-8701	Yes
Ruth	14	403-289-8737	Yes
Jared	15	403-209-2447	Yes
Sydney	15	403-226-3954	Yes
Martha	49	403-919-2967	No
Mary	58	403-295-3369	Yes

**Calling All BABYSITTERS**  
Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS**  
Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).

## TGCA Community CAMPSITE

**Available to TG members who are in good standing and have held a membership for a minimum of one year.**

Get back to nature....Leave the plug-ins behind  
Site has Outhouse – no electricity or running water  
Near Winchell Lake by Water Valley.  
Approx. 45 minutes NW of Calgary.



Costs - \$35.00 per site OR \$100.00 for all three sites for the weekend!

Cost covers site only – no wood or amenities supplied.

Book through the TG Admin Office. 403-274-6840

Please note Scout Groups and Youth Groups take precedence.

A deposit is required to obtain the keys. Map available.

## THORNCLIFFE GREENVIEW HISTORY

### Thorncliffe Greenview History Book

I would like to thank all of the people who have sent in their histories for the book, it is starting to come together, however for the number of people living in the Thorncliffe Greenview area we have not even received even 1%.

The book will no longer have a deadline date so you can give your history at any time, this book will be on display the weekend of the 60th Anniversary, therefore I would like to receive a lot more people's history to put in it.

As always you can drop your history at the main office of the centre or e-mail to me (in a word document form if possible if not it's ok just e-mail) at [armstby@shaw.ca](mailto:armstby@shaw.ca) or call Yvonne 403-274-6720.

Thank you again to those who have completed theirs.

Yvonne



## Badminton (4 Courts) at TGCA

### Monday and Wednesday

10:00 am – 11:30 am and/or 4:30 pm – 6:00 pm

### Thursday

4:30 pm - 6:00 pm

\$15 per court/hour (4 Person maximum per court)

Courts booked in advance 403-274-6840

Must bring own racquet/shuttlecock as not supplied by TGCA  
Non marking gym shoes required



## YYC INTERNATIONAL TERMINAL 101

### Parking & Ground Transportation

YYC's new International Terminal, opening October 31, will bring new features for parking and curbside access to smooth traffic flow. If you pickup, drop off or travel through YYC, here are some quick tips:



If you are flying **internationally** or to the **U.S.** follow the thru road and **blue** signage to park in **P2**.



If you are heading to the **domestic** terminal follow the **red** signage to park in **P1**.



Passengers can stay safe, warm and dry when headed between P2 and the International Terminal by using either the **Pedestrian Tunnel** or the **Skywalk (+30)**



Visitors and passengers will be greeted curbside by the new **Curbside Ambassadors**, and assisted inside the terminal by the **White Hat Volunteers**



The same **public transit, charter bus, limosine and cab service options** will be available on the arrivals level at the new International Terminal.

To learn more about our new International Terminal visit [yyc.com](http://yyc.com)



**YYC** CALGARY  
INTERNATIONAL  
AIRPORT



## Coffee and Conversation for Seniors

Dear Seniors in Greenview and Thorncliffe,

My name is Tannis Eapen. I work as a Community Social Worker for Calgary Neighbourhoods with The City of Calgary in Thorncliffe and Greenview. I'm in the process of talking to several groups of residents to learn more about the neighbourhood. I'm interested in knowing what seniors know and love about Thorncliffe and Greenview, how they're involved in their neighbourhood (or if they are), and what ideas residents have to make their neighbourhood even better. I'd love to hear from you.

I will be hosting a conversation with coffee, tea and donuts to hear from you.

### When:

**Wednesday, October 5, 2016 at 10:00am – 11:30am**

### Where:

**Thorncliffe/Greenview Community Association  
5600 Centre Street N**

### RSVP

Please call Tannis Eapen, Community Social Worker to RSVP by October 3rd  
403-828-8394 or email [tannis.eapen@calgary.ca](mailto:tannis.eapen@calgary.ca)

Looking forward to seeing you!

## COMMUNITY ASSOCIATION MEMBERSHIP

### Benefits

Successful, healthy communities are generally those with active and sustained membership and involvement of the community residents. Often a strong membership representation is an indication that our association is serving the needs of the community and is therefore, valued and supported by its residents. Your support today is important and ensures new energy to continually address community issues. Your membership fee goes towards community events, programs & operating costs.

### Guidelines

All new members must provide I.D. with current address. Members agree to abide by the bylaws, policies and procedures governing the Thorncliffe Greenview Community Association. Residence must be WITHIN BOUNDARIES of Thorncliffe, Greenview, West Thorncliffe to obtain a voting membership. Membership cards will be mailed. Children of Voting members, 7 yrs or older, will also receive their own cards. It is your responsibility to notify the office of any address changes. If you wish to retain your membership after moving out of community

boundaries, you must pay for it each year before expiry date. Failure to do so will result in the loss of your membership, no exceptions. Memberships will not be renewed if membership is not in good standing. Anyone over the age of 18 must hold their own membership.

### Waiver

I understand that the Thorncliffe Greenview Community Association has collected, or may collect, use and disclose my personal information to administer and maintain accurate and complete community association membership lists, program registrations, including, when required, the sharing of information with affiliated organizations, such as community sports associations. I understand that my personal information, collected for the purposes outlined above, will be kept confidential by the Association. I also acknowledge that my information may be used and disclosed to third parties in certain circumstances, but only to fulfill the above purposes. I hereby consent to such use and disclosure, for these limited purposes, until such time as I may revoke my consent in writing.

**Thorncliffe Greenview Community Association  
5600 Centre Street N. T2K 0T3**

## Membership Application

Family Name: \_\_\_\_\_  
Residence Phone #: \_\_\_\_\_ Email: \_\_\_\_\_  
Applicant Name: \_\_\_\_\_ Bus/Cell Phone #: \_\_\_\_\_  
Spouse Name: \_\_\_\_\_ Bus/Cell Phone #: \_\_\_\_\_  
Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Verification I.D.: \_\_\_\_\_ Current Membership#: \_\_\_\_\_  
ie: (Voting: driver's license, bill or Non-voting: resident community membership/expiry)

Please Circle One

Voting 1 Yr \$15.00 Non-Voting (with resident membership) 1 year \$15.00  
Voting 3 Yr \$30.00 Non-Voting (w/o resident membership) 1 year \$30.00

I am interested in volunteering \_\_\_\_\_

Children: Eldest listed first to the youngest last \_\_\_\_\_ I consent to  
Name Mon/Day/Yr M/F Name Mon/Day/Yr M/F receive emails  
from TGCA

Signature: \_\_\_\_\_



# Thorncliffe Greenview Craft Fair

Friday, November 18 and  
Saturday, November 19  
5600 Centre Street North

**SORRY ALL TABLES SOLD OUT**

\$30 per table with a limit of two tables per person  
Homemade items only

## Craft Fair

Friday, November 18 5:00 pm - 9:00 pm

Saturday, November 19 10:00 am - 3:00 pm

More than 170 tables, innovative and creative crafts,  
fabulous gift ideas. Craft sale operated by TGWL.  
Concession will be open.

Satellite Winnings To Date: \$1,137,602.00+

**Thorncliffe Greenview  
Community Association  
BINGO**  
5600 Centre Street N.  
403-274-6840

10	20	42	59	62
5	29	39	56	75
4	17	SPACE	60	71
11	18	32	51	66
15	19	36	47	69

Cards:	Regular	50c
	Double	\$1.00
	Triple	\$1.50
	Bonus	\$2.00
	Super	\$2.50
	Combo Cards Available	
	Seniors 60 plus	\$3.00 OFF
	General Admission	

**\$5000 BONANZA**  
With \$300 Consolation PLAYED  
ON THE FIRST  
TUESDAY OF EACH MONTH

Doors Open	3:00pm
Card Sales	5:00pm
Nickle Games	6:15pm
Regular Games	6:45pm
1/2 Time Sales	7:30pm

Wheel Chair Accessible. Come Join Us on Sundays & Tuesdays

Sundays & Tuesdays

Full Concession with  
Home cooked Specials  
Free Early Bird Coffee

2 Loonie Pots  
Pull Tickets, Hot Balls

5 Nickle Games  
27 Regular Games  
Bonanza & Satellite Games

Progressive Games  
Bowling Lane/Anchor &  
Champagne Glass/Heart

Triangles & Double Action  
played on the 1st Sunday  
& Tuesday of the month





**Time to downsize?** This 18+ complex may be for you! Heated, underground parking, Organized social activities, plus a media room, library, guest suites & parking, car wash, rec center, exercise room, workshop area, fireplaces & large common area. Walk to shopping, restaurants, the bus stop & c-train station. This social lifestyle could be for you! I can take you on a tour.

**Century 21**  
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Email: dale@dalegreen.com  
**403-608-1410**

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Inspections, Dealer Maintenance Programs,  
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**OFFERING A 20% DISCOUNT FOR YOUR FIRST TIME VISIT AS WELL AS FOR AMA MEMBERS.**





THORNCLIFFE GREENVIEW COMMUNITY

# Gym Night in the Main Hall

Gym Night is held on Wednesdays from 7:00 p.m. to 8:30 p.m. The cost of the program is a loonie for members and a toonie for non-members. Children 6 years old and younger are to be with an adult at all times during the program.

There are lots of fun activities such as: basketball, floor hockey, tumbling on floor mats, volleyball and much more.

Things to remember:

- Bring your water bottle as pop (and chips) are not available to purchase. No outside food allowed.
- Wear only non-marking shoes.
- Have your parents pick you up promptly at 8:30 pm. No loitering in lobby or parking lot.

If you have any questions, call the community at 403-274-6840. Thank you and hope to see you there.



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**403.668.6402**

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.



## THORNCLIFFE/GREENVIEW REAL ESTATE UPDATE

Last 12 Months THORNCLIFFE  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2016	\$394,900.00	\$403,750.00
July 2016	\$444,500.00	\$448,050.00
June 2016	\$434,450.00	\$428,250.00
May 2016	\$444,900.00	\$430,000.00
April 2016	\$405,000.00	\$392,500.00
March 2016	\$428,650.00	\$415,000.00
February 2016	\$439,900.00	\$415,000.00
January 2016	\$301,949.50	\$285,000.00
December 2015	\$455,000.00	\$445,000.00
November 2015	\$439,500.00	\$430,000.00
October 2015	\$409,900.00	\$400,000.00
September 2015	\$445,900.00	\$462,600.00

Last 12 Months GREENVIEW  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2016	\$394,900.00	\$403,750.00
July 2016	\$444,500.00	\$448,050.00
June 2016	\$434,450.00	\$428,250.00
May 2016	\$444,900.00	\$430,000.00
April 2016	\$405,000.00	\$392,500.00
March 2016	\$428,650.00	\$415,000.00
February 2016	\$439,900.00	\$415,000.00
January 2016	\$301,949.50	\$285,000.00
December 2015	\$455,000.00	\$445,000.00
November 2015	\$439,500.00	\$430,000.00
October 2015	\$409,900.00	\$400,000.00
September 2015	\$445,900.00	\$462,600.00

To view the specific SOLD Listings that comprise the above  
MLS averages please visit [thorncliffe.great-news.ca](http://thorncliffe.great-news.ca) or  
[greenview.great-news.ca](http://greenview.great-news.ca)



## News from the Friends of Nose Hill

by Anne Burke

This year is North Haven's 50th anniversary. One of the seniors interviewed for a video said he led the committee of surrounding communities that lobbied the city for park status. As a result, we were asked for any information about Nose Hill, when it became a park.

Nose Hill Park is a natural environment park that lies in the northwest part of Calgary and is surrounded by 12 residential communities. We are often asked about its history and documents are posted on our website at [www.fonhs.org](http://www.fonhs.org). Here is an excerpt:

In 1858, Captain Palliser noted that the Blackfoot referred to Nose Hill as their wintering hills because it was a winter grazing area for the buffalo herds, since the frequent winter Chinooks kept the grass clear of snow. The area around the hill was mostly used for dairy farms, while the pla-

teau was grazed. The land has been subject to speculation since before World War I. "The Great Prairie Fire of 1944" put an end to habitation on Nose Hill. Its rich supply of gravel began to be exploited in 1961, when Calgary began to grow.

The Calgary Municipal Airport was constructed in the northeast corner of the city in the late 1950's. The runways were oriented north-south and east-west. Nose Hill was on the flight path of the latter, so it was necessary for the Federal Department of Transport to impose a development ban on the area. This forced some farmers on the hill to relocate. In the late 1950's, much of the suburban sprawl occurred in the area to the east and south-east of Nose Hill. Purchasers of homes in these developments were told that they would always have the open space of Nose Hill adjacent to their communities. In 1960-61, the Calgary Winter Club proposed that they be allowed to develop a golf course on the top of the Nose Hill but this idea was rejected by the Calgary Planning Commission, because of the caveat imposed by the Department of Transport. Communities that developed later in the 1960's to the south of Nose Hill were unaware of this caveat, which was dropped when the jet replaced the propeller airplanes. Indeed, some residents nurtured the ambition to own a house on top of Nose Hill because of the fantastic view that it afforded of the city, the foothills, and the mountains.



# TG Community Hall & Meeting Room Rental Information

## Main Hall (maximum capacity 800)

250-500 people \$1050  
501-800 people \$1350  
Damage Deposit \$1050  
Plus \$4.00 mandatory corkage charge per person, based on a minimum of 250 people.

## Thornccliffe Room (maximum capacity 125)

Rent \$412.50  
Damage Deposit \$412.50  
Plus \$4.00 mandatory corkage charge per person, based on a minimum of 75 people.

## Greenview Room \$34.50/hour

Fitness/Sports Classes only

## TG Room \$25/hour

Bowling Parties (adjacent to lanes)

## Board Room (maximum capacity 20)

Meetings only \$35.00/hour

## 5600 Room (maximum capacity 30)

Meetings only \$35.00/hour

Parties \$175.00

## Horizon Room (maximum capacity 15)

Meetings only \$15.00/hour

### ADD GST TO ALL PRICES

Classes, Meetings, Conferences, Programs, Children's Parties, Adult Celebrations, Silent Auctions, Weddings, Receptions, Parties, Family Reunions

### LET THORNCCLIFFE GREENVIEW COMMUNITY ASSOCIATION HOST YOUR NEXT EVENT!

## Looking to rent space to run an Exercise Program?

We have a hall available weekdays, daytime only at \$34.50 per hour. The Greenview Room located in the basement is where it all began. The Community Complex that you see today was built around this hall. It is self-contained with washrooms and is a great space for classes such as Tae Kwon Do, Karate



and Fitness. The hall measurements are 70' x 38'. Call 403-274-6840 for further information or to book.

## We Accommodate Seminars!

Thornccliffe Greenview Community Association has four meeting rooms and two halls accommodating anywhere from 10 to 800 people!

To break up your day we have recreation facilities. You can go bowling, play racquetball, darts or billiards in our lounge/recreation centre.

Call 403-274-6840 and let us make your next event an overwhelming success!



# BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Thornccliffe and Greenview. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

**RIGHTWAY PLUMBING AND HEATING:** Has been happily serving the Thornccliffe/Greenwood area with quality work, happy clients and fair pricing; with second generation experience, there is no job we can't handle. Furnaces, softeners, garburators, appliances, humidifiers, faucets, water heaters, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty-free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**YARD BUSTERS LANDSCAPING:** Snow removal \$129.95. Christmas light installation \$175. Fall clean up \$129.95. Gutter clean \$99.95. Landscape construction and yard renovation. Some conditions. Licensed. Insured. Seniors' discount. Phone: 403-265-4769.

**THE CONTRACTOR YOU'VE BEEN LOOKING FOR:** Y.E.S. Contracting is your easy solution. Knowledgeable and reliable, licensed, registered and insured. All your trades in one call. Book now to get your electrical, plumbing and general projects completed! Carl 403-671-4714.

**LOCAL THORNCCLIFFE MAN WILL DO:** Dump hauling, garage cleaning, electronics recycling, and thrift store hauls. Very reasonable rates. Call or text Dale at 403-828-5772.

**Candy NAIL & SPA INC.**  
2231 Centre Street NW T2E 2T4  
**403-277-6886** **20% off**  
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**ARE YOU LOOKING FOR A LOCAL, PROFESSIONAL ELECTRICIAN?** FCC Electric is well established, insured, certified and happy to assist with all your residential and commercial projects. FCC Electric offers free estimates, home inspections, kitchen/basement/garage renovations, repairs/troubleshooting panel/service changes, retail development at fair rates with references. 65+ discounts. Call us 403-462-8801.

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**DO YOU NEED HELP DOWNSIZING OR GETTING ORGANIZED?** We will help you get organized before and after moving, de-clutter your home, or run those errands you just don't have the time or ability to do. Helping Hand Transitions is your local Professional Organizing expert! Summer close-out sale on now. Call Heather 403-703-0605. www.helpinghandtransitions.com.

**CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS:** New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.





## MP CALGARY NOSE HILL HON. MICHELLE REMPEL

201-1318 Centre Street NE, Calgary, AB, T2E 2R7  
Phone: 403-216-7777  
Email: michelle.rempel@parl.gc.ca  
Website at [www.michellerempel.ca](http://www.michellerempel.ca)

Parliament resumed in September and I have been in Ottawa working hard on behalf of our community. I would like to thank those of you who took the time to complete the survey on Electoral Reform and send me your thoughts on this important issue. I will continue to keep you informed on the Federal Government's plans on this important issue. I have continued my work as the Official Opposition Critic for Immigration, Refugees and Citizenship as we push the Federal Government for answers on the costs and implementation plans for their refugee program. The genocide of Yazidis in Syria and Iraq continues to be of great concern and as you know, I successfully pushed the government to study "Immigration Measures for the Protection of Vulnerable Groups" over the summer. I encourage you to visit my website for more information on the committee's findings and my response to the Federal Government. Finally, my primary focus of concern remains the economic situation here at home and the impact it is having on Albertans. I believe the Federal Government can be doing much more to encourage investment and support skilled workers. I will continue to speak out loudly on the economic crisis facing Alberta and demand action from this Government.

There are many important pieces of legislation that are being debated in the House of Commons and I appreciate your feedback and thoughts on issues important to you. If you are not already signed up to receive email updates from me I encourage you to do so. It is the best way for me to stay in regular contact with our community. You can sign up at [www.michellerempel.ca/](http://www.michellerempel.ca/) subscribe. As always, you can contact my office at any time. Phone: (403) 216-7777, Email: [michelle.rempel@parl.gc.ca](mailto:michelle.rempel@parl.gc.ca), Website: [www.michellerempel.ca](http://www.michellerempel.ca).

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Greetings Residents,

### Check your smoke detectors

Did you know that smoke detectors should be replaced every 10 years?

Fire Prevention Week is Oct. 9-15 and this year's theme is Don't Wait – Check the Date: replace smoke alarms every 10 years.

For more information on how to check the expiration date of your smoke alarms, and special events happening during Fire Prevention Week, visit us at [calgary.ca/fire](http://calgary.ca/fire) or contact 311.

### A park worthy of exploring

Home to the historical Lawrey Gardens, a seasonal cafe, four playgrounds and two off-leash areas, Edworthy Park has something for everyone.

Bring your family and friends for our free A Walk in the Park event on October 1 from 10 to 11:30 a.m. to discover (or re-discover) Edworthy Park. Come explore its rich history, learn about the plants and wildlife in the area and enjoy the breathtaking views of Calgary's north-west and beyond.

To participate, simply put on your walking shoes and meet at 5050 Spruce Dr. S.W. — no registration required! Wheelchairs, strollers and park enthusiasts of all ages are welcome. Hope to see you there.

For more information, visit [calgary.ca/parksevents](http://calgary.ca/parksevents).

### Leaf & Pumpkin composting program is underway!

Bring your leaves and pumpkins to a depot near you until November 6.

Fall is in the air – and on the ground. Bring your bagged leaves and pumpkins to one of our 35 drop-off locations around the city. By composting this material it stays out of the landfill, reduces harmful greenhouse gas emissions and helps turn the leaves and pumpkins into useful compost. We recommend using paper yard waste bags as they can be composted with the rest of the material. No sod or rocks please.

For a full list of Leaf & Pumpkin drop-off locations, please visit [calgary.ca/leaf](http://calgary.ca/leaf).

## IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

## DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Thorncliffe Greenview Community Association and Great News Publishing. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Thorncliffe Greenview Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.

## COMMUNITY ANNOUNCEMENTS

**Deadline – 1<sup>st</sup> of each month for the next month's publication**  
**Contact [news@great-news.ca](mailto:news@great-news.ca)**

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

**YYC'S LARGEST USED KIDS' CLOTHING, TOYS AND GEAR SALE** is moving to the Genesis Centre, Field House 1, on September 17th. Open to the Public from 9:00 a.m. to 1:00 p.m. Free parking. Cash Sales only. Bring your own bags.

**CALGARY PUBLIC LIBRARY:** Need legal help? Free legal clinic. Wednesday October 19, 9:30 am to 3:30 pm. Calgary Public Library, 616 Macleod Trail SE. Book an appointment: call 587-774-5458 between 8 am and 5 pm, Oct 3 to Oct 13. Space is limited.

**LOVE TO SING?** Want to experience the benefits of singing in a welcoming vocal community? Vocal Latitudes may be the choir for you. A non-audition community choir, Vocal Latitudes meets Tuesday evenings from September to May in a convenient central location. For more information, see [www.vocallatitudes.org](http://www.vocallatitudes.org).

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### THORNCLIFFE

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Call Jodie - 403.275.7728

Contact us today to book your appointment!  
[www.calgaryphysicaltherapy.com](http://www.calgaryphysicaltherapy.com)

# PISCES

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### THE GREATEST PET STORE ON EARTH



### Halloween Spooktacular

Bring your pet in Costume and a non-perishable food bank donation from 11am-3pm, October 29 & 30. Get one free pet photo. Packages available for purchase.

**4921 Skyline Way NE**  
**Deerfoot & McKnight**  
[www.piscespets.com](http://www.piscespets.com) 403.274.3314

10 OCT 2016



## breathe hot yoga

breathe life. breathe love. breathe peace. breathe yoga.



## Nolan Hill NOW OPEN

7 Studios  
4 Locations

One Price

Avenida - McKenzie Towne - Airdrie - Nolan Hill

Over 250

hot & non-heated

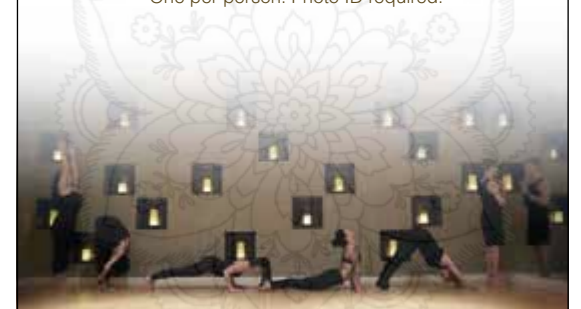
drop-in classes per week!

PLUS registered programs,  
workshops & wellness services\*  
\*additional fees apply

## New to Breathe?

Receive your FIRST class on us!\*

\*One per person. Photo ID required.





# WELCOME TO YOUR COMMUNITY CLINIC

**MAYFAIR**  
DIAGNOSTICS  
COVENTRY HILLS

Experience our beautiful and friendly new location, offering state-of-the-art Ultrasound, Mammography, Bone Mineral Densitometry and X-ray (walk-in).

Located at Coventry Hills Centre, just east of the Superstore (457, 130 Country Village Road NE). All our services are covered by Alberta Health Care. We're open Monday to Friday 8 a.m. to 4 p.m.

**APPOINTMENTS:** 403.777.3000  
or [requestappointment@radiology.ca](mailto:requestappointment@radiology.ca)

MEDICAL IMAGING REIMAGINED

[radiology.ca](http://radiology.ca)



## ACHILLES FOOT CLINIC

New location at the Oasis Medical  
Clinic at Deerfoot Mall

- Diabetic Foot Care
- Ingrown Toenails
- Bunion Pain
- Custom Orthotics
- Fungal Toenail Treatment
- Heel Pain



**Providing Medical and Surgical treatment of the foot for the whole family!**

Accepting new patients  
No referral needed

Call us today 403-910-4576  
Find us at [AchillesFootClinic.com](http://AchillesFootClinic.com)