THORNCLIFFE GREENVIEW

HORIZON

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- Your comfort
- Cost effective treatment plans
- Quality work

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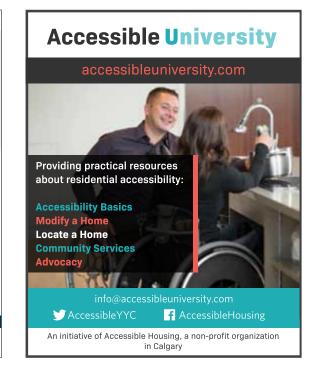
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Talking About Dementia with Dr. David Hogan

Gain a better understanding of Alzheimer's disease and related dementias. Dr. David Hogan will lead an informative presentation and answer some questions from the audience. As a local expert on dementia, Dr. Hogan is the Medical Director of the Cognitive Assessment Clinic and holds the Brenda Strafford Foundation Chair in Geriatric Medicine at the University of Calgary. The Alzheimer Society of Calgary will also share information on the programs and services available to help you.

This is a fantastic opportunity for people looking to learn some excellent, introductory information about Alzheimer's disease or related dementias, or who may be searching for additional support, resources, hope and inspiration. There is no cost to attend but registration is required.

Saturday, January 28th 10 a.m. – 12:00 p.m.

Delta Calgary South (135 Southland Drive SE)

Register today

Visit www.alzheimercalgary.ca Call (403) 290-0110 Email info@alzheimercalgary.ca

Alzheimer Society CALGARY 35

Brought to you by







YOUR THORNCLIFFE GREENVIEW COMMUNITY ASSOCIATION

5600 Centre St. N Calgary, AB – T2K 0T3 Phone:403.274.6840 admin@tgcacalgary.com | www.tgcacalgary.com

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Editorial Submissions

dchristie@tgcacalgary.com

All editorial submissions must be submitted by the 5th of the month for the following month's publication.

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is not warranted to be so.



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Great News Publishing and Thorncliffe Greenview Community Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911		
Alberta Adolescent Recovery Centre	403-253-5250		
Alberta Health Care	403-310-0000		
AHS Addictions Hotline	1-866-332-2322		
ATCO Gas – 24 Hour Emergency	403-245-7222		
Calgary HEALTH LINK 24/7	811		
Calgary Police – Non Emergency	403-266-1234		
Calgary Women's Emergency Shelter	403-234-7233		
Child Abuse Hotline	1-800-387-5437		
Kids Help Line	1-800-668-6868		
Child Safe Canada	403-202-5900		
Distress/Crisis Line	403-266-4357		
ENMAX – Power Trouble	403-514-6100		
Poison Centre - Alberta	1-800-332-1414		
HOSPITALS / URGENT CARE			
Alberta Children's Hospital	403-955-7211		
Foothills Hospital	403-944-1110		
Peter Lougheed Centre	403-943-4555		
Rockyview General Hospital	403-943-3000		
Sheldon M. Chumir Health Centre	403-955-6200		
South Calgary Urgent Care Health Centre	403-943-9300		
South Health Campus	403-956-1111		
OTHER			
Calgary Humane Society	403-205-4455		
Calgary Parking Authority	403-537-7000		
SeniorConnect	403-266-6200		
Calgary Kerby Elder Abuse Line	403-705-3250		
Alberta One-Call Corporation	1-800-242-3447		
City of Calgary	311		
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Community Mediation Calgary Society	403-269-2707		
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January **2017**

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- FRIENDS OF NOSE HILL
- **REAL ESTATE UPDATE**







Thorncliffe / Greenview Community Association 5600 Centre Street North, Calgary T2K 0T3 • admin@tgcacalgary.com • www.tgcacalgary.com

TGCA COMMUNITY CENTRE						
Main Office		403-274-6840				
Main Office Fax		403-275-7310				
Office Email		admin@ tgcacalgary.com				
Bowling, Racquetball & TG Lounge		403-274-5574				
Forbes Innes Arena		403-274-1466				
Office Manager	Diana Christie	403-274-6840				
General Manager	Kevin Kromm	403-274-6840 403-274-1466				
EXI	ECUTIVE COMMITTEE					
President	Leslie DeGagne	403-669-6116				
Treasurer	Brad Giddings	403-540-1533				
Secretary	Leona McComish	403-275-0410				
Vice Presidents	Mary Lacoste Derek Livingston	403-274-8074 403-226-4021				
	Marvin Quashnick	403-277-3308				
DI	RECTORS AT LARGE					
Alison Abbott		403-276-4997				
Jason Bedard		403-910-0957				
Stacey McDade		587-968-4990				
Michelle Starzynski		403-401-5031				
SPEC	IAL INTEREST GROUP	S				
58 th Scouting	Jenn Riley	587-350-1364				
Bingo Co-ordinator	Evelyn Landry	403-274-6840				
Booster Club	Trevor Brown	403-236-8050				
Guides	Jackie Fietz	403-295-2927				
Deerfoot United Soccer Club	Cory Abel	403-650-1791				

North Central Basketball	Barbara Ambrisko	403-973-6665			
Nose Creek Fast Pitch	Kelsey Claeys	president@ nosecreeksoftball.ca			
Racquetball	Jerry Kwasnitza	403-293-2847			
Slopitch	Kevin Darrah	403-875-3469			
TG Hockey	Jodie Cadman	403-312-4479			
TG Ice Skating Registrar	Kari Woodman	403-471-9623			
TGWL	Yvonne Arkley Yvonne Armstrong	403-274-4906 403-274-6720			
Thornview Seniors	Sandy Staple	403-274-3257			
Volleyball	Dianne Stewart	403-295-3469			
HADIZAN NEWCI ETTED					

HORIZON NEWSLETTER						
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Complex closed

Monday January 2nd & New Year's Day.

Administration Office

Mon, Tues, Wed, Thurs 9:00 am – 9:00 pm Fri 9:00 am – 4:30 pm

Saturday & Sunday Closed

Lounge & Rec Centre

Monday - Thursday 9:00am - 12:00am Friday & Saturday 9:00am - 1:00am Sunday 11:00am - 6:00pm

PRESIDENT'S REPORT

by Leslie DeGagne

The cold winters days make this a long hard month to live through. The pretty lights of Christmas are gone and the confetti of New Years swept to the side all that is left are the cold long days of one of the longest months of the year. It would be easy to do like the bears and hibernate until spring but that is not how the world works. Instead, we become busy planning for the warmer months ahead and busy ourselves with daily living. The resolutions we made at the beginning of January are put to the test and if we make it threw to the end of the month there is a good chance we will succeed.

It is a busy month for us here at the community we should have a final council verdict on land designation in Highland Park as the meeting is scheduled for January 16th. This is a meeting open to the public so if you have concerns you may be able to speak to the matter at city council at this time. It is an education to sit through a council meeting and it gives a good perspective to the individual about how our government works. If you have the time come downtown and participate.

The board is busy setting goals for the next year; some of the things we are looking into are funding to finish the cement work, a community garden and helping the playground group. The big item on our agenda this month is Trooper. We have had feedback from some community members that the price to attend this event in February is too high. Remember this is a fundraiser. We operate a fully functional arena and to do so we need a very expensive machine to clean the ice. Our Olympia is now going on twenty years old. We operate the arena year round not just in the winter so the life span of the machine has shortened due to the amount of usage. We need to replace the machine as it is starting to cost us money in repairs and the meeting of emission standards. Keeping our children in a safe environment is of the upmost importance. The board agreed to taking on this Trooper event, as it was a way for members and quests to contribute to the replacement of the Olympia and have a fun night out. Getting together with friends for food and a concert right here in the community

instead of adding a surcharge to the children and adult arena users sounded like a good thing to do. I hope that we get behind this event and make February 11th a success, let us support our kids and the community that supports them.

Thanks go out this month to the volleyball group for working the Gun show canteen, The Booster club for their support of the hockey tournaments and Michelle Starzynski for putting on a fun children's party in December. Every year we have Mary Lacoste, her people come out to decorate the hall for December, and it looks great, when you see her give her a thank you. Again thanks to our staff for their undying support and for keeping the complex in great shape. Remember as January rolls along that our community is only as great as the people who support it so come on out and get involved.



PUBLIC SERVICE REPORT

Virtually everything I've written about the Highland Golf Course since it was purchased over three years ago has been prefaced with; this is the largest development since the formation of this community over sixty years ago. That continues to be true as this cumbersome mess finally goes to council on January 16th. Despite the size, duration, complexity and overall impact of the project(s) there has been relatively little public interest. For those that have been following, TGCA urges you to send a last minute letter to your Ward 4 Councillor Sean Chu, MLA Craig Coolahan, and Mayor Nenshi. Better yet try to attend the council session's public hearing where you can have your five minutes in front of the decision makers.

TGCA has from the beginning attempted to get a feel from our residents on this and it seems to be fairly split. There are those who would want to see an entire preservation of the valley acting as a continuation of Confederation Park and a connector to the Nose Creek Valley. On the other side there are those who welcome a development but of the "right kind" Things that are attractive to this group seem to focus on enhanced retail and commercial along Centre Street, Aging in Place/Seniors Residence, and quality built residential units of a mixed nature.

For its part TGCA has felt a development could be possible providing it is along the aspects of the "right kind" cited above but perhaps more

importantly that it respect the natural contours and aspects of the site. This would include "slope adaptive" low rises largely limited to the periphery, mid rises no greater than six stories along Centre St and a mainly preserved valley with enhanced wetlands/watercourse as part of a naturalized amenity.

What is going before council we feel although a slight improvement to previous plans is still a tremendous failing of city policy goals, a contemptuous disservice to the history and future potential of the site, and a horrendous burden for the adjacent communities to endure. Given this council's near complete acquiescence to developer desires on similar questionable projects such as the Paskapoo Slopes and the Harvest Hills Golf Course, TGCA is not optimistic for the outcome for the Highland valley. Nevertheless we will continue to advocate for what we feel is in the best interest of this precious location and we urge anyone concerned to do likewise. Although we

have an infinite simal chance of success by doing everything we can, we have complete certainty of failure by doing nothing.

Marvin Ouashnick

publicservice@tgcacalgary.com



TGCA PROGRAMS UPDATE

The TGCA's New Year's resolution is going to work with a lot of people... to have more fitness classes! We will be starting the year off right by offering

- Sit and Be Fit on Thursdays from 10:30am-11:30am in addition to the Monday's at 9:30am-10:30am.
- We will also be hosting our renowned TG Yoga on Monday's and Friday's from 9:10am-10:10am.
- Other classes that we are proud to partner with include Tammy Kromm's Buff up Bootcamp on Wednesday nights from 6:45-8:00pm,
- Thursday nights we host : Mini Me Yoga from 6:00-7:00pm and Foxy Kickboxing from 7:00-8:00pm.

There are many great options for fitness classes here at the TGCA, and we will have more options as the year goes along..... Stay Tuned!

Please contact the office at 403-274-6480 or e-mail: programs@tgcacalgary.com for more information.

BRAIN SUDOKU

9			6			4		5
	8			7				6
						3	8	
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3								2
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	7	2						
4				5			1	
6		5			7			8

FIND SOLUTION ON PAGE 22





Let's Raise a Little Cash!

TICKETS ON SALE NOW!

Saturday Feb 11, 2017 Thorncliffe Greenview Community Hall

> Doors open at 6:30 Dinner Getto Boys Burgers and Ribs

Show starts at 9

More information and tickets, contact the TGCA office www.tgcacalgary.com

Tickets: \$100 and \$125

proceeds raised go toward purchase of a new ice resurfacing machine!

Members and Guests Only



Legendary Canadian Recording Artists Trooper

For one night only Saturday February 11, 2017 (Members & Guests Welcome)

Hello friends of TGCA

The Forbes Innes Arena is raising funds to purchase a new electric resurfacer. To raise money for this costly but vital piece of equipment, Trooper is coming to play at the Thorncliffe Greenview Community Association!! (5600 Centre Street North)

NOT A BAD SEAT IN THE HOUSE

"Red Section" Seating is located closest to the stage and provides the greatest view and sound quality possible. 210 tickets are available at \$125.00 plus GST.

"Yellow Section" Seating is located between 65' and 120' from the stage. Tickets are \$100.00 plus GST. All tickets include dinner and a chance to win a destination vacation package.

Only 624 tickets will be sold to this intimate evening in the TGCA main hall with a band we all know and love. So many songs, too many to list, but you'll sing to them all.

It's going to be a night of good food, good music and lots of good fun.

To purchase tickets please fill out the ticket order form.

For Mastercard and Visa purchases, scan completed form to: troopertickets@tgcacalgary.com

For Cash purchases, please return completed form with cash to the TGCA Main Office.

All ticket requests will be processed in the order they were received.

Tickets will be distributed on a first come, first serve basis.

Best available seating will be allocated upon purchase. When \$125 tickets are sold out, next best available seating will be filled. You will be contacted when your order is filled.

Thank you for supporting the Thorncliffe Greenview **Community Association & the Forbes Innes Arena!**

	Trooper Tic	ket order for	m			
Name:	_					
Phone nun	nber:					
Email:						
Example	Ticket Price (GST included) \$131.25 \$131.25	How Many Tickets 2 \$105.00 Cash Total	Ticket Total \$262.50 \$ \$			
Credit Card	d Information:					
Name on c	ard:	Phone:				
Card Type:	Mastercard or Visa	Expiry:				
Credit card	number:	Signature	1			
If paying by credit card, please return this completed form to: troopertickets@tgcacalgary.com If paying by cash, please return form and cash to TGCA office. Monday 9 am – 9 pm, Tuesday 9 am – 4:30 pm, Wednesday 9 am - 9 pm Thursday 9 am – 9 pm, Friday 9 am – 4:30 pm						

JANUARY 2017

THORNCLIFFE/GREENVIEW

			- 01	ALLIADAI		
SUNDAY	MONDAY 2	TUESDAY 3	WEDNESDAY	THURSDAY 5	FRIDAY 6	SATURDAY
Happy New Year Bingo! 6:15 pm	Admin.Office, Rec. Centre and Arena Closed	Bingo! 6:15 pm	Seniors Public Skating 10:30 – 11:30 am Members Public Skating 1:30 – 2:30 pm Drop in Pickleball 1:00 pm – 4:00 pm Gym Night Resumes 7:00 pm	Drop in Pickleball 1:00 pm – 4:00 pm	Public Skating 3:30 pm – 5:00 pm	
Public Skating 11:45am – 12:45 pm Bingo! 6:15 pm	9 Drop in Pickleball 1:00 pm — 4:00 pm	Drop in Pickleball 1:00 pm – 4:00 pm Bingo! 6:15 pm	11 Bingo! 6:15 pm	Seniors Public Skating 10:30 – 11:30 am Members Public Skating 1:30 – 2:30 pm Drop in Pickleball 1:00 pm – 4:00 pm Gym Night 7:00 pm	13 Drop in Pickleball 1:00 pm — 4:00 pm	14
15 Public Skating 11:45am – 12:45 pm Bingo! 6:15 pm	16 Drop in Pickleball 1:00 pm – 4:00 pm	17 Bingo! 6:15 pm	Seniors Public Skating 10:30 – 11:30 am Members Public Skating 1:30 – 2:30 pm Drop in Pickleball 1:00 pm – 4:00 pm Gym Night 7:00 pm	19 Drop in Pickleball 1:00 pm — 4:00 pm	20 No Public Skate	21
ingo! 6:15 pm	23 Drop in Pickleball 1:00 pm — 4:00 pm	24 Bingo! 6:15 pm	Seniors Public Skating 10:30 – 11:30 am Members Public Skating 1:30 – 2:30 pm Drop in Pickleball 1:00 pm – 4:00 p Gym Night 7:00 pm	26 Drop in Pickleball 1:00 pm — 4:00 pm	27 Public Skating 3:30 pm — 5:00 pm	28
29 Bingo! 6:15 pm Public Skating 11:45am – 12:45pm	Drop in Pickleball 1:00 pm — 4:00pm	31 Bingo! 6:15 pm				



What is the Good Food Box? It's a monthly program where community members can buy fresh fruit and vegetables for a very low cost. Thorncliffe Greenview Community Association now has a Good Food Box Depot. You receive top quality produce at wholesale prices. There are three sizes of boxes to choose from. The large box (\$35.00) contains 40 plus pounds of produce. The medium box (\$30.00) contains 30 plus pounds of produce. The small box (\$25.00) contains 20 plus pounds of produce. You only order the size you want, when you want. How do you get a food box? Bring your exact cash to the Horizon Room at Thorncliffe Greenview Community Centre between 2:00 and 5:00 p.m. on the scheduled pick up day. This will secure your order for the next month or bring your exact cash to the Administration Office no later than the order deadline listed below. If you have any questions feel free to call M.J. at 403-275-6752.

Order Deadline	Pick up Day
January 16	January 26
February 20	March 2
March 13	March 23
April 24	May 4
May 29	June 8
June 19	June 29
September 18	September 28
October 16	October 26
November 13	November 23

Thorncliffe Greenview Community Association 5600 Centre Street North

Sit & Be Fit

Resumes in January. We have added a second class due to many requests. Your choice to take one class or both.

Thorncliffe Room

Monday's: Jan 16, 23, 30; Feb 6, 13, 27; Mar 6, 13, 20, 27 (No class Monday February 20th)

9:30-10:30am

Thursday's: Jan 19, 26; Feb 2, 9, 16, 23; Mar 2, 9, 16, 23

10:30-11:30am

10 Sessions (1 per week): \$100.00 20 Sessions (2 per week): \$200.00

Come and challenge yourself in a gentle and effective way. This class will help you to strengthen, learn stretches, and create Balance in both mind and body. This class will combine a fusion of general exercise, Pilates and Yoga. (Adults only)

Register in Administration Office or by phone at 403-274-6840



FOLLOW THORNCLIFFE GREENVIEW COMMUNITY



on Twitter Facebook @tgcacalgary



Follow us on Instagram @tgcacalgary

FORBES INNES ARENA PUBLIC SKATING SCHEDULE

5600 Centre Street N. • 403-274-1466

Check out our website for changes or additions. www.tgcacalgary.com

Seniors Only Wednesdays 10:30 a.m. - 11:30 a.m. Members Only Wednesdays 1:30 p.m. - 2:30 p.m.

(Seniors and Members Resumes October 12th)

Fridays 3:30 p.m. - 5:00 p.m. Sundays 11:45 a.m. - 12:45 p.m.

The cost for the Public Skate is free to TG Community members, and for non-members the cost is \$5 per adult, \$3 per child or \$10 per family.

Forbes Innes Arena Skate Shop Hours

Hours of Operation

Monday 5:30 – 9:00 pm
Tuesday 6:00 – 9:00 pm
Wednesday 6:00 – 9:00 pm
Thursday 5:30 – 9:00 pm
Fridays 5:30 – 9:00 pm
Saturday 11:00 am – 7:00 pm
Sundays 9:00 am – 5:00 pm

No Public Skating January 20.

Did you know that we sharpen, repair and rent skates?

Curious • Creative • Confident A Reggio Emilia inspired, parent-child cooperative preschool for 3 and 4 year olds. Inspiring classroom plus a gym and outdoor area. Intimate class sizes with 2 co-teachers and parent volunteer. OPEN HOUSE FEBRUARY 25, 2017 11 AM - 1 PM highwoodcommunityplayschool.com

TG Lounge & Rec. Centre News

Did you know?

TG has 4 racquetball courts and four 5-pin bowling lanes CALL (403) 274-5574 TO BOOK!

Racquetball Multi-Passes Available (Gift Certificates)

Happy Hour Pricing

3:00 pm – 8:00 pm daily
Friday & Saturday until 8:00 pm & all day Sunday!
Free Shuffleboard, Darts
Satellite TV Watch CFL, NFL Games, NHL Centre Ice Package
8 TVs. 2 Pool Tables

Monday - Thursday 9am - 12am Friday & Saturday 9am - 1am Sunday 11:00am to 6:00pm

Hours may be subject to early closing.

Bowling, Pool, Dart & Racquetball Leagues Book your Tournaments with the T.G. Lounge & Recreation Centre 403-274-5574

Consider Going Bowling for Your Next Family Get Together Children's Birthday Party Packages Are Also Available

TG LOUNGE & RECREATION CENTRE

Bowling, Pool, Dart & Racquetball Leagues
Book your Tournaments with the T.G. Lounge &
Recreation Centre
403-274-5574
Consider Going Bowling For your Next Family Get
Together

Children's Birthday Party Packages Are Also Available



Happy New Year!

We hope you have had a great holiday! We have had a fun and exciting season around the shelter with many animals finding wonderful new homes. It is hard to believe we are already a few days into a brand new year!

New Year resolutions are a popular tradition for many people, but did you know there are great ways to get your dog in on the fun too? This year, consider helping Fido resolve to master these five important life skills:

- **1. Reliable recall** One of the most important skills for dog safety, a reliable recall is a call to return to you that works the first time, every time. This skill can be a challenge, but mastering it just might safe your dog's life.
- **2. Serene sitting** Learning to sit quietly and calmly is a great life skill that can be used to replace many undesired behaviours like barking at the door or jumping up.
- **3. Waiting patiently** If your dog bolts out of doors or cars in excitement teaching Fido to wait could save your shoulder and protect Fido from injury. This skill will reinforce to your dog that GREAT things come to those who wait!

- **4. Leave it** In our homes dozens of dangerous things, from prescription medication to toxic foods, can be accidentally dropped onto the floor. Teaching your pooch to 'leave it' gives you time to pick up the dangerous item and trade it for your puppy's favorite treat.
- **5. Trading up** A vital skill for every dog, the ability to trade items of 'value' (bones, toys, pilfered trash etc.) to you in exchange for something even better (high value treats and praise) will allow you to remain the 'bringer of great things', even when you have to enforce the rules.

Training these five skills can seem like a big undertaking, but as with all goals patience and persistence are key. Spending a little bit of time on training each day will exercise your dog's mind and have a huge payoff down the road too! Looking for some help in creating a class or choosing a training class? Does Fido have a tricky behaviour you want to add to your training list this year? Give our FREE behaviour helpline a call at 403-723-6018 to discuss options!





Pickleball

Main Hall (Gymnasium) Monday and Thursday 12:00 - 4;00 Wednesday 1:00- 4:00 pm \$5 per person

(Must have valid TGCA membership to play.)

No Pickleball on January 2nd

TG Member's Corner

Birthday Wishes Go Out To:

January – Lynda Barber, Cindy Beaton, Janet Booth, Mardelle Boutin, Dale Oleshko, Wade Sendecki, Michelle Starzynski

Any TG Member that would like to submit a tidbit for this section may do so by email to admin@tgcacalgary. com or by phone to the office at 403-274-6840.





ON THE EDGE/

Tuesday, January 10, 2017 7:00<u>PM</u> River Park Church Auditorium

MARDA LOOP JUSTICE FILM FESTIVAL- JUSTREEL SERIES PRESENTS:

On the Edge Release Year: 2016

Runtime: 45 minutes // Director: Marco Kuehne

Synopsis: For more than 100 years the East German region of Lusatia has been exploited as a source of energy for Germany. Enormous open pit coal mines have devastated nature, villages and culture. The excavators dig out tons of lignite (brown coal) which is then burned in the nearby power plants. As a result of these operations 136 villages have disappeared. People are now standing up for their rights and are defending their homes. On the Edge follows brave people who are fighting for a renewable future. In the past four years the filmmakers joined the movement and spoke with the people about their motivation, fears and hopes - revealing a growing resistance in times of climate change and the challenge.

Conversation Leader: TBA

When: Tuesday, January 10, 2017 7:00 PM **Where:** River Park Church Auditorium

Cost: Free

Website: www.justicefilmfestival.ca

Twitter: @justicefilm

Instagram: @mardaloopjusticefilm





Helping Your Children with Social and Emotional Skills

As parents, we strive to help our children learn new things in the early years of their lives. These things include learning to walk, dress themselves, use the potty, and many, many more things. Teaching your child social-emotional skills are just as important. These skills are: recognizing and understanding their thoughts and feelings; making healthy decisions and learning right from wrong; being a friend and making friends (teaching conflict resolution and cooperation); self regulation (calming themselves down in an appropriate manner); being empathetic to others.

Here are some tips on how to foster social emotional development in a baby:

- 1. Responding to the baby when they cry. They need to know that they can depend on you in times of need.
- 2. Hold and hug your child.
- 3. Learn their cues for tiredness, hunger, happy, upset, etc.
- 4. Being gentle and comforting in times of being upset. Rock the baby, sing a soft song, cuddle, or walk with them.

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge. We are always looking for interested parties to join our coalitions.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: ncecmap@weconnectyou.ca.



by Cindy DeJager

PRAYER PLANT

(marantaceae leuconeura erythroneura) Origin: Brazil

In the evening the leaves stand up facing each other, like praying hands, and lay flat during the day.

This is one of my favourite house plants! I love a plant that has something special about it – and this one certainly does.

HOW DOES A PRAYER PLANT PRAY

Circadian rhythm, the change in light from day to night, triggers water to move in and out of the plant cells causing them to fold up at night, hence the name, Prayer Plant.

The most popular are the colourful marantaceae leuconeura erythroneura (Herring bone, Red-nerve plant, Red-veined prayer plant) with its burgundy veined leaves (pictured above), and the green m. leuconeura kerchoviana (Rabbit track).

These plants don't like the cold – so a windowsill in the winter may cause the edges of the leaves to brown. Browning of the leaf edges may also indicate low humidity.

Maranta loves humidity but not wet soil – make sure that your tropical potting mixture has some vermiculite or perlite in it for good drainage.

Feed it every 2 weeks with a 10-10-5 plant food.

Moderate lighting; no direct sunlight for this beauty; otherwise you will notice the color fading from the leaves.

As a matter of fact, most vibrant and colourful foliage does not need direct sunlight at all; rather, pale foliage and variegated houseplants require brighter or direct sunlight to produce photosynthesis.

The secret to success with the Prayer Plant is high humidity.

GATHER:

Food, Neighbours and Information

Free Childcare available

For residents of Highland Park, Greenview and Thorncliffe, "Gather" dinners are an opportunity for you to:

When: Tuesday, January 24th at 6:00pm Where: 5600 Centre Street N.

Thorncliffe/Greenview Community Association

- Does the cost of food make it hard to meet all your needs?
- What are some tips and tricks to stretch your food budget?
- What are some resources to help when food is a challenge?
- Are there some creative solutions we can work on together to meet our food needs?

To reserve your spot, contact Tannis Eapen, Community Social Worker by January 18th.

Phone: 403-828-8394 Email: tannis.eapen@calgary.ca

* Childcare available if needed - let us know when you call



Comina up... Tuesday, February 21 at 6:00pm

Tips and tricks for stretching, saving and programs to help

Tuesday, March 21 at 6:00pm

RECREATION

Learn about local programs & services and programs to help with the cost – this will be a bus tour!

Community Centre

5600 Centre St. N

Locations to be announced! Contact Tannis Eapen for more details Phone: 403-828-8394

Email: tannis.eapen@calgary.ca

Bottle Drive Saturday, January 21 9 - 11 am at the Thorncliffe/Greenview Community Centre East Side parking lot 58scouts@telus.net Look for our flyers in your mailbox or bring them down Thorncliffe/Greenview 58th Thorncliffe Scouts

IN & AROUND

EMS: Sledding Safety

Alberta Health Services EMS would like to remind parents and children of some basic sledding safety tips as the winter season continues. Sledding injuries can result from collisions with stationary objects, such as trees and rocks, or with other people on the hill. Unprotected falls can result in injury if you lose control at high speeds. Everyone is at risk – especially children. Have a fun and safe trip on the toboggan hill by following these simple reminders:

Equipment

- · Always ensure your toboggan or sledding device is in good repair. Inspect it for any damage, or missing parts before each use;
- Be certain the operator is fully capable of staying in control of the sled at all times:
- · Children should wear a properly fitted helmet designed for other high impact sports such as hockey, cycling, or climbing.

Plan ahead

- Dress warmly in layers and anticipate weather changes;
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones;
- Take breaks to warm up out of the cold;
- Attempt to cover exposed skin from the elements;
- Even when properly protected from the elements, the finger tips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheeks may be affected by the cold;
- If a cold-related emergency has occurred, treat it by first removing the individual from of the environment;
- Gently warm the affected skin by placing a warm hand over it or by placing the affected part in warm water (~41°C max.) until re-warmed.

Hazards

- Avoid hills that are too steep, or too icy you can lose control very quickly;
- · Choose hills free of all obstacles such as trees, rocks, utility poles, or fences;
- Beware of loose clothing (i.e. scarves), or clothing containing drawstrings which can present a choking hazard if they become caught or snagged.

GOING GREEN RECYCLING AT TG

Thorncliffe Greenview needed to have an official Recycling Program in place by November. This was a long overdue push by the City of Calgary to make all businesses responsible to reduce waste.

The following is now recycled, and diverted from the landfill.

- · All the paper from bingos
- · Kitchen cans, foil, numbered plastics, and cardboard
- · Any wood, metal and refundables collected and taken away

We do not at this time have a station for coffee cups and plastic cups, but will in the New Year.

Please use the bins we have provided throughout the facility, correctly.

Consider using reusable coffee go-cups. Many coffee places give a discount if you bring your own cup.

We have a water bottle fill station in the main lobby, so you do not need to buy water.

This is guite a task for our facility to achieve, we either need to sort ourselves or hire companies to do it for us.

Let us know how we are doing. If you see a better way or another way to meet zero waste we would love to hear from you.

Please contact the office or Kevin at TG www.tgcacalgary.com







2016-2017 Sessions







Forbes Innes Arena 5600 Centre St. N.

www.tgiceskatingclub.com

All of our coaches are Skate Canada/NCCP certified.

Our sessions are filling up fast. Register now to save your spot!

Register for 1, 2 or 3 sessions: Fall and/or Winter and/or Spring 2016/2017 Reduce your registration fees by working bingo's at Thorncliffe Greenview Community Association

For more details about our programs, fees, and registration information please visit our website: www.tgiceskatingclub.com or email: registrar@tgiceskatingclub.com or call (403) 471-9623

See you on the ice!

TG Community Hall & Meeting Room Rental Information

Main Hall (maximum capacity 800)

250-500 people \$1050 501-800 people \$1350 Damage Deposit \$1050

Plus \$4.00 mandatory corkage charge per person, based on a minimum of 250 people.

Thorncliffe Room (maximum capacity 125)

Rent \$412.50 Damage Deposit \$412.50

Plus \$4.00 mandatory corkage charge per person, based

on a minimum of 75 people.

Greenview Room \$34.50/hour Fitness/Sports Classes only

TG Room \$25/hour Bowling Parties (adjacent to lanes)

Board Room (maximum capacity 20) Meetings only \$35.00/hour

5600 Room (maximum capacity 30) Meetings only \$35.00/hour **Parties** \$175.00

Horizon Room (maximum capacity 15)

Meetings only \$15.00/hour

ADD GST TO ALL PRICES

Classes, Meetings, Conferences, Programs, Children's Parties, Adult Celebrations, Silent Auctions, Weddings, Receptions, Parties, Family Reunions

LET THORNCLIFFE GREENVIEW COMMUNITY ASSOCIATION HOST YOUR NEXT EVENT!

Looking to rent space to run an **Exercise Program?**

We have a hall available weekdays, daytime only at \$34.50 per hour. The Greenview Room located in the basement is where it all began. The Community Complex that you see today was built around this hall. It is self-contained with washrooms and is a great space for classes such as Tae Kwon Do, Karate and Fitness. The hall measurements are 70' x 38'. Call 403-274-6840 for further information or to book.



We Accommodate Seminars!

Thorncliffe Greenview Community Association has four meeting rooms and two halls accommodating anywhere from 10 to 800 people!

To break up your day we have recreation facilities. You can go bowling, play racquetball, darts or billiards in our lounge/recreation centre.

Call 403-274-6840 and let us make your next event an overwhelming success!



TGCA Community CAMPSITE



Available to TG members who are in good standing and have held a membership for a minimum of one year.

Get back to nature....Leave the plug-ins behind

Site has Outhouse – no electricity or running water

Near Winchell Lake by Water Valley. Approx. 45 minutes NW of Calgary. Costs - \$35.00 per site OR \$100.00 for all three sites for the weekend!

Cost covers site only – no wood or amenities supplied.

Book through the TG Admin Office. 403-274-6840

Please note Scout Groups and Youth Groups take precedence.

A deposit is required to obtain the keys. Map available.

GAMES SUDOKU

9	2	3	6	8	1	4	7	5
5	8	4	3	7	9	1	2	6
1	6	7	2	4	5	3	8	9
7	9	8	1	2	3	5	6	4
3	5	1	7	6	4	8	9	2
2	4	6	5	9	8	7	3	1
8	7	2	4	1	6	9	5	3
4	3	9	8	5	2	6	1	7
6	1	5	9	3	7	2	4	8

Thorncliffe/Greenview mybabysitterlist

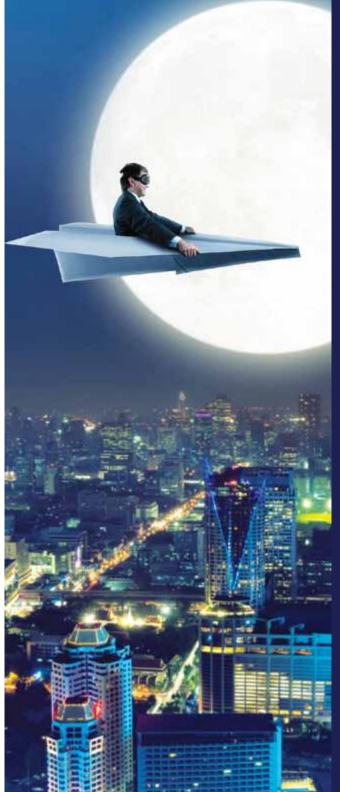
Name	Age	Contact	Course
Caitlin	19	240-409-4402	No
Christorlord	15	587-700-8701	Yes
Jared	15	403-209-2447	Yes
Martha	49	403-919-2967	No
Mary	58	403-295-3369	Yes
Ruth	15	403-289-8737	Yes
Sydney	15	403-226-3954	Yes
Tianan	18	403-629-0084	No

Calling All BABYSITTERS Enroll free at mybabysitter ca and

Calling All PARENTS

and
Visit mybabysittenca and
ities
find available babysitters in
and around your community

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



Peak Earnings At Last! The Pluses and Pitfalls

By Suzanne Smith-Demers – Consultant

You've worked hard and now you're right in your earnings sweet spot: these are your peak earnings years. Not only has your income increased, your finances are steadily improving. Now is the time to secure your long-term financial future by making the most of your peak earnings years. Here are some tips for doing just that:

Pay off unwanted debt Apply some of your extra money to paying down your debts, be strategic and focus on the highest interest costs first.

Identify your priorities Rushing forward to realize some dreams? Beware of spending too much now at the expense of your future. Take the time to identify your priorities and budget realistically to achieve them.

Prepare your kids It's tougher these days for young people to become financially independent. Many parents are finding themselves helping their kids, not just with post-secondary, but for several years beyond. Investing a few dollars each month into a registered education savings plan (RESP) is a good start, having your kids contribute some of their own pocket money can help teach them too.

Support your parents As a member of the sandwich generation you could find yourself not only supporting your kids but aging parents as well. Include that possibility in your budgeting decisions and look for ways to plan for certain expenses in advance.

Plan to retire How would it feel to know that you are financially prepared to retire at a day of your choice? On that day, you get to decide whether to step back or keep working. Developing an effective retirement paycheque means striking a balance between various registered and non-registered programs. Having a plan in place that gives you this flexibility means putting the retirement decision in your hands.



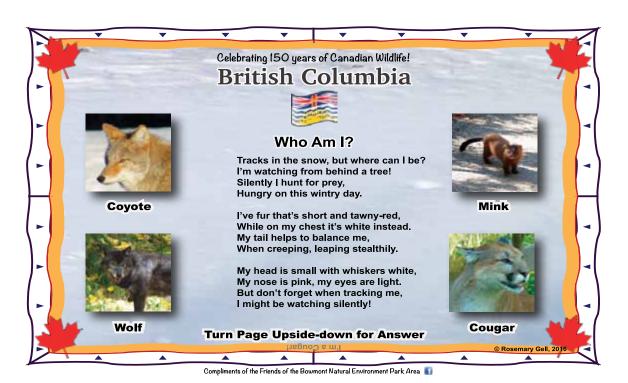
Gym Night is held on Wednesdays from 7:00 p.m. to 8:30 p.m. The cost of the program is a loonie for members and a toonie for non-members. Children 6 years old and younger are to be with an adult at all times during the program.

There are lots of fun activities such as: basketball. floor hockey, tumbling on floor mats, volleyball and much more.

Things to remember:

- Bring your water bottle as pop (and chips) are not available to purchase. No outside food allowed.
- Wear only non-marking shoes.
- Have your parents pick you up promptly at 8:30 pm. No loitering in lobby or parking lot.

If you have any questions, call the community at 403-274-6840. Thank you and hope to see you there.





For the Nose Hill Trail and Pathway plan (2004) there was a commitment of \$4.5 million from the Enmax Legacy Parks Program of the total \$6.6 million. From 2007-2012, this was for ongoing trail repairs, renewing degraded land, restoring damaged habitat, adding interpretive and orientation signs. Trail work was expected to continue for several more years. The paved pathways were intended to manage use and help protect the prairie grasslands (plants and wildlife).

There was a recent urgent item of business for City Council from a Community Services Committee report which was received for information. An update on City Parks Projects contains more information about capital funding for Nose Hill Park.

Council created the ENMAX Legacy Parks Program in 2003. The purpose was to develop new regional parks and improve existing ones, local community parks, and open spaces. A steering committee is responsible for managing the funds, including an investment plan for infrastructure, in some cases. City Council invested over \$135 million through this program. In addition, Council approved \$75 million for more projects to 2017.

Due to the economy, part of the 2016 ENMAX dividend is no longer available. So, there are shortfalls in funding for future priority projects. Some projects are already in progress and others are on hold, although design work was already done.

There is no shortfall for Nose Hill, because the Legacyfunded portion is complete and the construction in north and south zones is underway and ongoing. The total amount was \$4.4 million from phases 1 and 2; the non-Legacy budget was \$1 million and total project budget is \$5.5 million. The total actual cost to date is \$4.6 million, in addition to about \$54 thousand for existing purchase orders not yet invoiced. The remaining allocations are \$800 thousand.

An action plan for Calgary will enhance the urban forest and landscape, protect the environment by encouraging public awareness, and ensure that we have access to nature. In general, parks support biodiversity: a variety in the number and types of plants and animals in a particular area, such as Nose Hill, or in the world. Our parks network and open spaces offer recreational opportunities and help to offset carbon in urban spaces.



COMMUNITY ASSOCIATION MEMBERSHIP

Benefits

Successful, healthy communities are generally those with active and sustained membership and involvement of the community residents. Often a strong membership representation is an indication that our association is serving the needs of the community and is therefore, valued and supported by its residents. Your support today is important and ensures new energy to continually address community issues. Your membership fee goes towards community events, programs & operating costs.

Guidelines

All new members must provide I.D. with current address. Members agree to abide by the bylaws, policies and procedures governing the Thorncliffe Greenview Community Association. Residence must be WITHIN BOUNDARIES of Thorncliffe, Greenview, West Thorncliffe to obtain a voting membership. Membership cards will be mailed. Children of Voting members, 7 vrs or older, will also receive their own cards. It is your responsibility to notify the office of any address changes. If you wish to retain your membership after moving out of community

boundaries, you must pay for it each year before expiry date. Failure to do so will result in the loss of your membership, no exceptions. Memberships will not be renewed if membership is not in good standing. Anyone over the age of 18 must hold their own membership.

Waiver

I understand that the Thorncliffe Greenview Community Association has collected, or may collect, use and disclose my personal information to administer and maintain accurate and complete community association membership lists, program registrations, including, when required, the sharing of information with affiliated organizations, such as community sports associations. I understand that my personal information, collected for the purposes outlined above, will be kept confidential by the Association. I also acknowledge that my information may be used and disclosed to third parties in certain circumstances, but only to fulfill the above purposes. I hereby consent to such use and disclosure, for these limited purposes, until such time as I may revoke my consent in writing.

Thorncliffe Greenview Community Association 5600 Centre Street N. T2K 0T3

Family Name:	
	Email:
	Bus/Cell Phone #:
Spouse Name:	Bus/Cell Phone #:
Address:	Postal Code:
Verification I.D:	Current Membership#:
ie: (Voting: driver's lid	cense, bill or Non-voting: resident community membership/expiry)
	Please Circle One
3	Non-Voting (with resident membership) 1 year \$15.00
Voting 3 Yr \$30.00	Non-Voting (w/o resident membership) 1 year \$30.00
I am inte	rested in volunteering
Ch	ildren: Eldest listed first to the youngest lastI consent to
Name Mon/Day/Yr M/F	Name Mon/Day/Yr M/F receive emails from TGCA

CCSD **BOARD OF TRUSTEES**

Learn more about your Calgary Catholic School District **Board of Trustees!**

You may have read that the Alberta government is currently undergoing an education curriculum review. This involves a comprehensive assessment and renewal to bring the curriculum from kindergarten to Grade 12 up-to-date in six subject areas: Language Arts, Mathematics, Science, Social Studies, Fine Arts and Wellness.

Our Calgary Catholic School District (CCSD) supports and recognizes the need for an updated curriculum. As a district, we have provided teachers to participate in the Expert Working Groups, which are comprised of teachers from across Alberta who are working together to develop curricula in all six subject areas and across grade levels. The Expert Working Groups will continue to develop the learning outcomes and refine the previous work through to 2022.

We also distributed information to our school council chairs, parents, staff and students about participation in a public survey, which ran online until November 18, and provided an opportunity to contribute ideas on what will be taught in Alberta classrooms in the years ahead. The government has indicated that a summary of feedback from the survey will be available online in early 2017. This was the first opportunity to provide input into the updated curriculum. Additional opportunities to be involved will be posted on alberta.ca when available.

We look forward to continuing our work with Alberta Education on this and many other aspects of their Future Ready initiative – which is a new integrated approach to education, skills and training from kindergarten to career. Our district is also participating in the School Nutrition Pilot Program, currently occurring at St. Peter and Holy Family schools. This program grants funds to provide a healthy meal to students every school day and to provide further education on nutrition and healthy eating.

Initiatives such as an updated curriculum and healthy eating in our schools allow our district to continue our focus on Success for All Students, within our Catholic Communities of Caring environments. Our Board of Trustees will also continue to work with organizations, such as the Alberta School Boards Association (ASBA) and the Alberta Catholic School Trustees Association (ACSTA), to support these government initiatives moving forward. And as trustees of a Catholic school district, we continue to be actively involved in advocating for Catholic education in the ongoing development of the curriculum.

South West Communities Resource Centre



Located in the Professional Wing of the Oakridge Co-Op Mall

#42 2580 Southland Drive SW, T2V 4J8 Phone: 403-238-9222 • Email: info@swcrc.ca • www.swcrc.ca

The SouthWest Communities Resource Centre (SWCRC) is a thriving and vital non-profit community resource centre serving families in south west Calgary since 2003. Located in the Oakridge Coop Plaza, the SWCRC focuses on positive ways to raise children, help people build healthy relationships, manage stress, obtain information and resources, and respond to the emerging needs of all members of our communities.

In 2017 the SWCRC, along with our partnering agencies will be offering **new programs and services** and would be pleased to tell you more about the following:

- Family Literacy Program For immigrants with children 3 – 5 (helps children prepare for school)
- Living Life to the Fullest For people coping with anxiety, stress and life's challenges (8 sessions)
- · Becoming a Canadian Citizen: Understanding new rules and regulations.
- Permanent Resident Card Renewal
- Parent Talk Learn more parenting strategies on Thursday mornings.
- Free Computer Classes (4 sessions)
- Employment Workshops for Youth (3 sessions) for age 15 - 24
- Chat N'Play an informal social time on Monday afternoons for parents and young children.

Contact our office at 403 238-9222 or email info@swcrc.ca for more information on dates and how to register.

Let the SouthWest Communities Resource Centre be your support and help you and your family take steps in 2017 for a happier, healthier, and more meaningful life.





THORNCLIFFE/GREENVIEW REAL ESTATE UPDATE

Last 12 Months THORNCLIFFE MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
November 2,016	\$374,950	\$359,500
October 2,016	\$419,900	\$400,000
September 2,016	\$428,900	\$420,500
August 2,016	\$394,900	\$403,750
July 2,016	\$444,500	\$448,050
June 2,016	\$434,450	\$428,250
May 2,016	\$444,900	\$430,000
April 2,016	\$405,000	\$392,500
March 2,016	\$428,650	\$415,000
February 2,016	\$439,900	\$415,000
January 2,016	\$301,950	\$285,000
November 2,015	\$439,500	\$430,000

Last 12 Months GREENVIEW MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
November 2,016	\$0	\$0
October 2,016	\$0	\$0
September 2,016	\$0	\$0
August 2,016	\$319,950	\$304,000
July 2,016	\$0	\$0
June 2,016	\$218,500	\$200,000
May 2,016	\$379,995	\$350,000
April 2,016	\$469,900	\$455,000
March 2,016	\$0	\$0
February 2,016	\$279,900	\$250,000
January 2,016	\$400,000	\$390,000
December 2,015	3	7

To view more detailed information that comprise the above MLS averages please visit thorncliffe.great-news.ca or greenview.great-news.ca

IN & AROUND



Top 4 New Year's Resolutions for a Better Neighbourhood

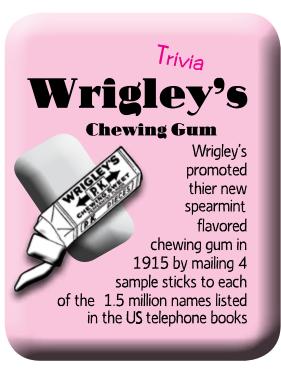
A message from the Federation of Calgary Communities **Building Safe Communities Program**

Happy New Year! A better neighbourhood starts with you - start 2017 by being a good neighbour!

Here are 4 initiatives you can do to improve your neighbourhood:

- 1. Don't be a stranger Make it an objective to say "hello" to at least three neighbours that you don't know by name. Who knows maybe you'll make new friends!
- 2. Experience the great outdoors Plenty of neighbourhoods across our city have access to parks and pathways. Make it a point to be outside more often. Not only is getting outside good for your mental and physical health but it can build a greater appreciation for your neighbourhood.
- 3. Look out for one another Creating a safer community requires doing 1) and 2) on the list. When you're connected to your neighbours a sense of safety can be achieved. The more often you're outside, you can readily identify any unsafe aspects in your community.
- 4. Purchase a membership Obtaining or renewing an annual membership to your community association can offer social, recreational opportunities and community life.

For more resources check out our website at www.calgarycommunities.com under the Building Safe Communities tab.



COMMUNITY ANNOUNCEMENTS

Deadline - 1st of each month for the next month's publication Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

LOVE TO SING? Want to experience the benefits of singing in a welcoming vocal community? Vocal Latitudes may be the choir for you. A non-audition World Music community choir, Vocal Latitudes meets Tuesday evenings from September to May in a convenient central location. For more information, see www.vocalatitudes.org.

VOLUNTEERING....

Satellite Winnings To Date: \$1,142,446.00+

Thorncliffe Greenview Community Association BINGO

5600 Centre Street N. 403-274-6840

Cards: Regular 50c Double \$1.00 \$1.50 Triple Bonus \$2.00 Super \$2.50 Combo Cards Available Seniors 60 plus \$3.00 OFF General Admission

10 20 42 59 62 5 29 39 56 75 4 17 60 71 11 18 32 51 66 15 19 36 47 69

\$5000 BONANZA With \$300 Consolation PLAYED ON THE FIRST TUESDAY OF EACH MONTH

Doors Open 3:00pm Card Sales 5:00pm 6:15pm Nickle Games Regular Games 6:45pm 1/2 Time Sales 7:30pm Sundays & Tuesdays

Full Concession with Home cooked Specials Free Early Bird Coffee

2 Loonie Pots Pull Tickets, Hot Balls

5 Nickle Games 27 Regular Games Bonanza & Satellite Games

Progressive Games Bowling Lane/Anchor & Champagne Glass/Heart

Triangles & Double Action played on the 1st Sunday & Tuesday of the month

Wheel Chair Accessible. Come Join Us on Sundays & Tuesdays





New location at the Oasis Medical Clinic at Deerfoot Mall

- Diabetic Foot Care
- Ingrown Toenails
- Bunion Pain
- Custom Orthotics
- Fungal Toenail Treatment
- Heel Pain

Providing Medical and Surgical treatment of the foot for the whole family!

Accepting new patients
No referral needed

Call us today 403-910-4576 Find us at AchillesFootClinic.com

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Thorncliffe and Greenview. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

RIGHTWAY PLUMBING AND HEATING: Has been happily serving the Thorncliffe/Greenwood area with quality work, happy clients and fair pricing; with second generation experience, there is no job we can't handle. Furnaces, softeners, garburators, appliances, humidifiers, faucets, water heaters, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

BMP MECHANICAL LTD: is a professional mechanical company offering plumbing, heating, air conditioning and drain cleaning services for Calgary and area homeowners. Our services include: repairs and installation of new furnaces; hot water tanks and air conditioning systems; regular maintenance and emergency drain cleaning - including drain video inspections. Contact us at 403-816-4409 or service@bmpmechanical.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

LOCAL THORNCLIFFE MAN WILL DO: Dump hauling, garage cleaning, electronics recycling, and thrift store hauls. Very reasonable rates. Call or text Dale at 403-828-5772.

LOOKING FOR A LOCAL, PROFESSIONAL ELECTRICIAN? FCC Electric is well established, insured, certified and willing to assist with all your Residential or Commercial projects. FCC Electric offers free estimates, inspections, kitchen/basement/garage renovations, repairs/troubleshooting, panel/service changes, service work and retail development. Home renovations as well as deck construction. 65+ discounts 403-462-8801.

ARE YOU OVERWHELMED BY YOUR STUFF? Whether you're moving into a new home or need to organize your current space, there's too much stuff to get through. You don't have the time or energy to sort through it all. I will help you bring order and peace back into your home, for good. Call Heather 403-703-0605. www.helpinghandtransitions.com.

TLC CLEANING: Over 18 years' experience in the business! TLC Cleaning is a small and personalized cleaning company. Licensed, insured, bonded, and WCB covered for your peace of mind. Excellent rates and references, environmentally friendly options too. Let us put a little TLC into your home! Free estimates; please call Carol at 403-614-8522.

HD PROPERTY CARE: All your property needs. Snow shovelling/removal, yard maintenance, spring/fall clean up, odd jobs with trees, fence, patio, decks. Mention this ad and receive 10% off your service. Call 403-837-1888.

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- First time home buyers
- New immigrants
- Self-employed
- Multi-rental properties

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All mortgages are subject to credit approval.





Councillor, Ward 4 Sean Chu 403-268-3727 ward04@calgary.ca www.calgary.ca/ward4 www.seanchu.ca

Greetings Residents,

Sunny side up! New map shows the solar potential of your roof

Wondering about the potential amount of sunshine on your home's roof and how it compares to other homes? Check out the City of Calgary's Solar Potential Map to find out!

The new map is intended to be a starting point for Calgarians who are curious about the viability of solar as an energy source for their particular home or building. Using data collected in 2012 and 2013, the map shows all buildings in Calgary's city limits and their varying degrees of solar exposure, on an annual basis, in generalized optimal conditions.

"The solar potential map can be the first step in determining if a solar energy system could work on your home," says Liz Findlay, manager of Geospatial Business Solutions, the group who created the map. "People considering a solar installation should contact a solar system professional to conduct a thorough assessment for their particular building and location."

The best place to look for solar professionals is the Canadian Solar Industries Association (CanSIA), which has an online member directory.

Solar energy isn't just for homes. Various City facilities already have solar systems installed to off-set some of their electricity needs and costs. You can find the particular locations on the solar potential map using the information icons on the map or scrolling through the project listings on the left side bar. To find your home on the map, simply type your home address in the search bar.

Visit maps.calgary.ca/SolarPotential/ to check out the City of Calgary's new Solar Potential Map.

CBE **BOARD OF TRUSTEES**

Working together for our students

A locally accountable Board of Trustees is important. We are elected by the citizens of Calgary and we work hard to ensure parents, students and community members have a voice at the CBE. We advocate with all levels of government for public education and what is in the best interest of CBE students.

We listen and respond to the concerns and aspirations of parents, students, employees, public and government. Trustees provide this information to Administration, who in turn respond to and/or action this feedback. We have monitoring systems in place to ensure that once we identify priorities, they are carried out by our system.

As Trustees, we are active in our school communities. We listen and seek to understand more about what is important to our community. Recently, we've had conversations with parents about transportation, about the need for space for schools close to where our students live, funding for modernizing the existing schools in our system, and about the need for resources to support our diverse and complex system and all of our students in their learning. Even though we advocate for a large system, each student is unique and deserves the best public education experience we can provide.

We work hard to be strong advocates for our students and advocate for what is in the best interest of the CBE and public education.

The Board of Trustees believes in strong partnerships: with parents, students, staff, communities and all levels of government. By working together, we can make a difference for our students today and for our future.

If you would like to invite your Trustee to join you for your school council meeting or are interested in having a conversation with your Trustee, please contact us at boardoftrustees@cbe.ab.ca

You can contact the Board of Trustees at boardoftrustees@cbe.ab.ca.

Follow the Calgary Board of Education on Twitter @yycbedu

YOUR COMMUNITY/CITY EVENTS AT A GLANCE

Feb. 8 This Is That Live at Jack Singer Concert Hall

Hot on the heels of a new season of radio and a string of viral videos Pat Kelly and Peter Oldring are hitting the road with a new version of their popular live show - This Is That LIVE! If you have ever been curious how just two guys provide all the voices for this completely improvised radio comedy, well this is the show for you. Tickets and info www.artscommons.ca

Feb. 11, 25 D&D Meet-up at The Sentry Box, Upper Mezzanine, 10 am - 5:30 pm

Whether you're a seasoned player or just curious about this type of role playing game, this D&D meet-up could be for you. Join this group who are dedicated players and welcome everyone, and with multiple ongoing campaigns new dungeon masters are encouraged to step up as well. More info http://dnd.meetup.com/157/about/

Feb. 14 – 25 Skylight at Theatre Calgary

On a crisp London evening, two former lovers from vastly different worlds find themselves locked in a dangerous battle of opposing ideologies and mutual desire. At times deeply personal, at times shockingly confrontational, this is one of the greatest intimate plays ever written. Watch, up close, as the embers of a broken relationship spark, ignite, and illuminate exciting possibilities. Tickets and info www.theatrecalgary.com

Feb. 24, 25 Winefest at Stampede Park BMO Centre

2016 Winefest Calgary was a delicious success! Attendees were afforded the opportunity to sample hundreds of red, white, port, sparkling, fruit and dessert wines from 15 different countries! To complement the delicious sips a selection of palate pleasing hors d'oeuvres will be served, along with a variety of tantalizing bites available from local businesses! Tickets and info www.celebratewinefest.com

Feb. 25 Coldest Night of the Year Walk Fundraiser at various Canadian cities

Walk with us on the Coldest Night of the Year, a super-fun, family-friendly fundraiser that raises money for the hungry, homeless, and hurting across Canada. Coldest Night of the Year 2017 officially launches on December 1, 2016, but you can register now! You'll see more and more features magically appear on the site as we get closer to launch. More info and registration www.canada.cnoy.org

FEB. 9 - 12 **CALGARY BOAT AND** SPORTSMEN'S SHOW AT STAMPEDE PARK BMO CENTRE

The Calgary Boat and Outdoors Show is Southern Alberta's Biggest and Best Boat and Outdoors Show! More info www.calgaryboatandsportshow.ca



FEB. 25 - 26 2017 ISU WORLD SPRINT SPEED **SKATING CHAMPIONSHIPS AT OLYMPIC OVAL**

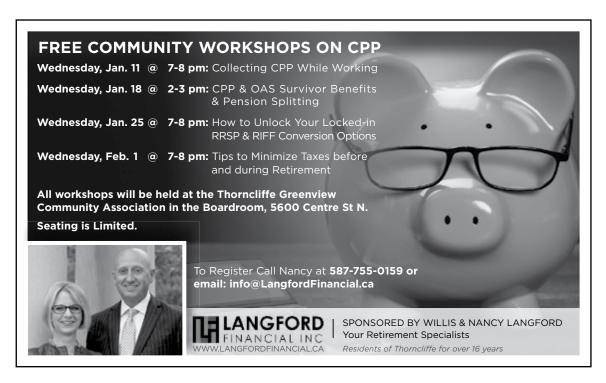
The Organizing Committee Calgary will be hosting the 2017 ISU World Sprint Speed Skating Championships at the Olympic Oval from Feb. 25-26. More info www.speedskating.ca

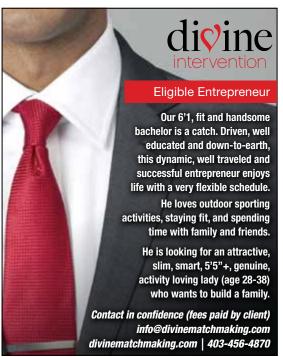


UNTIL APRIL 30 SHOWCASE: TOM COCHRANE AT NATIONAL MUSIC CENTRE

See important artifacts in Cochrane's acclaimed career, including the 1963 Gretsch guitar, used by Cochrane in the music video for 1988 single "Big League". More info www.studiobell.ca











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Green Line LRT

Green Line in my community



We've taken your feedback provided in the past on things like route alignment, station areas and transit oriented development and incorporated it into more detailed plans for how the Green Line will function in your community. With Green Line going to City Council for approval on final route alignment and station locations in June 2017, we're looking for your help one more time!

Join us at information sessions this month where we'll share how Green Line could operate and connect with your community once built. You know your community best so we want to hear from you!

There will be six sessions along the entire Green Line from North Pointe to Seton this January. Go to Calgary.ca/greenline for details and follow the Green Line story on Twitter @yyctransport #GreenLineYYC.