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IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654

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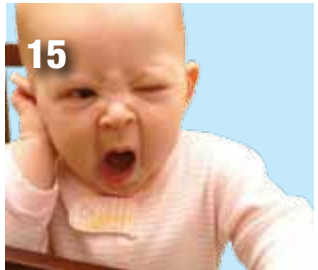
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TGCA COMMUNITY CENTRE		
Main Office		403-274-6840
Main Office Fax		403-275-7310
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Forbes Innes Arena		403-274-1466
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HORIZON NEWSLETTER		
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TGCA HOURS
HOURS MAY BE SUBJECT TO EARLY CLOSING

Administration Office

Mon, Tues, Wed, Thurs 9:00 am – 9:00 pm
Fri 9:00 am – 4:30 pm
Saturday & Sunday Closed

Lounge & Rec Centre

Monday – Thursday 9:00am – 12:00am
Friday & Saturday 9:00am – 1:00am
Sunday 11:00am – 6:00pm



PRESIDENT'S REPORT

by Leslie DeGagne

Oh what a night! Trooper came and we celebrated. It was a good way to meet with neighbours and friends and possibly make some new friends along the way. We took on this endeavour and raised some money to put toward the purchase of a new Olympia for the arena. Goal accomplished. Thank you to the committee headed by Jodie Cadman and Derek Livingston for all their hard work over the last six months putting this event together. Good planning and communication and plain old hard work brought together a group of volunteers and with the use of a building created a night to remember. With the success of this event, we can move into the future with knowledge that this community can do anything it puts its mind to. Congratulations to our annual Jam can curlers, the Star Skate Ice performers, and the McKnight Hockey teams for coming out and making our Celebration of Winter Sports weekend a good one. Thanks to all who volunteered their time and put in the effort to ensure these events happened and all who attended had fun. These events do not just happen there are many volunteer hours that go into the planning and the carry forward of the plan. Without the cooperation of the facility and the staff to ensure, the venues are clean, safe and ready to go for the volunteer groups this event would be much smaller and look complete-

ly different than it does. When you come into the building next time, be sure to say thank you to a staff member, they are the quiet ones in the background who do the jobs that allow our children to play in clean and safe environments.

Speaking of staff, we have made some changes over the last few months in our front office. We welcome back Jaclyn Schnell to the evening desk, congratulate Melissa Lacoste on her new position as our fulltime bookkeeper and say hi to Thomas Taverner our new front deskman. Thomas's role is to work with our managers and volunteers in the role of facility programmer. Events like the Trooper concert and our upcoming garage sale in June are things that Thomas does. It is his job to listen to people's ideas and work with the managers of the facility to make those ideas happen. We have a wonderful facility at our disposal and the goal is to fill it with programs for community members. If you have an idea about an event or activity, you would like to see happening in this facility then come down and talk with Thomas. If it is feasible then we will work hard to make it happen. Keep your eye on the Horizon and website to keep abreast of what is happening in your community.



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Heritage Christian Academy is an alternative public school operated in partnership with Palliser Regional Schools.

Always bundle your plastic bags before recycling

Loose plastic bags cause problems at the recycling facility. They fly around, become stuck in other recyclables, jam equipment and cause costly delays.

Bundle your plastic bags into a single bag before putting in your blue cart or community recycling depot.



MX 419706



NO. Do not recycle these items:



- No **single** or **loose** plastic bags.
- No crinkly bags like cereal or cracker bags.
- No food pouches



YES. Bundle all stretchy plastic bags **together in one bag** and tie the handles closed. Put in your blue cart for recycling:



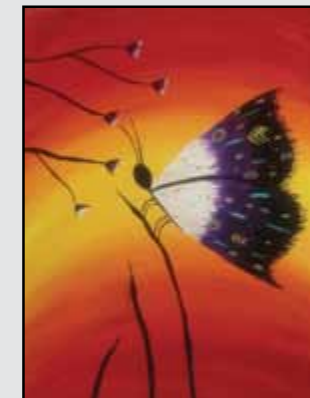
- Grocery bags
- Shopping bags
- Sandwich/lunch bags
- Ziploc®/freezer bags
- Bread bags
- Dry cleaner bags
- Plastic stretch wrap
- Bubble wrap



Family Dinner and Dance

Easter break will be fast approaching, join us for a family dinner and dance on Friday April 7. Dinner will begin at 6 pm spaghetti and meatballs with dessert. Dance will begin at 7 pm. Cost will be \$15.00 for members for a family of four and \$20.00 for non-members for a family of four. Any extra tickets will be \$5.00 each.

See you then Michelle.



TG Lounge Paint Night

Join us on March 14th from 7:00-9:00pm in the TG Lounge for Paint Night! We will be painting the photo above. Cost is \$40.00 + GST and all supplies are included. All skill levels welcome! Program e-mail: cre8ways@gmail.com to register.

Community Arts & Activities Centre
Fun stuff for the whole family!
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ecspaces.com

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403-228-1384

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Helping Your Children with Social and Emotional Skills

As parents, we strive to help our children learn new things in the early years of their lives. These things include learning to walk, dress themselves, use the potty, and many many more things. Teaching your child social-emotional skills are just as important. These skills are: recognizing and understanding their thoughts and feelings; making healthy decisions and learning right from wrong; being a friend and making friends (teaching conflict resolution and cooperation); self regulation (calming themselves down in an appropriate manner); being empathetic to others.

Here are some tips on how to foster social emotional development in a preschool child:

1. Help them give a name to their emotions. Big emotions can be scary; having a name helps calm the scary.
2. Play games that teach emotions and body language
3. Calmly talk to them about what is troubling them and discuss the problem.
4. Teaching family values and how to have a positive attitude.

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge. We are always looking for interested parties to join our coalitions.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: nwecdcoalitions@gmail.com.

WINTER OPERATIONS AT YYC Meet the Fleet

YYC is no stranger to snow and with over 3 million square metres of paved surface on the airfield, a 5 cm snowfall is the equivalent of 26,000 tonnes of snow!

Below are the steps our hard working crew takes to clear the runways on typical winter days ensuring safe and efficient operations:

Runway Sweepers begin the process by pushing snow to the edge of the runway. This sweeps the pavement clean and removes the bulk of the snow.



Plows push the piled snow from the edge of the runways to clear the side lighting.



Blowers blow the piled snow back towards the grassy areas.



Pavement De-Icing Trucks are called into action during severe winter conditions as a preventative measure. They stop ice from sticking or forming on the pavement.

To learn more about operations at YYC visit yyc.com



YYC CALGARY INTERNATIONAL AIRPORT

Thorncliffe Greenview Community Association

SNO-PITCH!!

Are you ready to play? Maybe win some **PRIZES!!**

Join us **March 11, 2017** in the **Thorncliffe Greenview Annual Sno-Pitch tournament.**

\$125 PER TEAM ENTRY
FOOD AND DRINK SPECIALS IN THE TG LOUNGE!

Everyone is welcome! Deadline for registration is March 1. Maximum 8 teams.

CANIS BACT ENTER, Resin - (403) 875-1469
E-Mail: william0612@gmail.com

2017 Thorncliffe Greenview Recycle Depot

Mark your calendars!!

We will be hosting our annual Community Recycle Depot on Saturday May 20th.

Store away any significant recyclables, organics and landfill waste until then.

Full list of items we are collecting will be listed in the April Horizon.

Always looking for new ideas and volunteers.

Contact the office if you want to get involved.

Call (403) 274-6840

TG MEMBER'S CORNER

Congratulations To:

Bob Cassidy on his 29th Anniversary of Employment with TGCA

Birthday Wishes Go Out To:

March – Brenda Oleshko, Allison King, Bob Armstrong, Yvonne Armstrong, Louise Wells, Evelyn Pigeon, Thomas Taverner

In Memory Of:

Condolences go out to Angie Quinney and family on the passing of Angie's Father in January

Thank You To:

Any TG Member that would like to submit a tidbit for this section may do so by email to admin@tgcacalgary.com or by phone to the office at 403-274-6840.



Thornview Seniors

You're invited to join the Thornview Seniors at the Thorncliffe Greenview Community Centre. We offer several activities such as:

Bridge, Military Whist, Bowling, Pool etc. Come out and meet some new people, try a new activity and become involved in the center. For more detailed information contact Sandy Staple @403-274-3257.

We look forward to hearing from you!!

MARCH 2017

THORNCLIFFE/GREENVIEW CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Seniors Public Skating 10:30 – 11:30 am Members Public Skating 1:30 – 2:30 pm Gym Night 7:00 pm	2	3 Public Skate 3:30-5:00pm	4
5 Public Skating 11:45am – 12:45 pm Bingo! 6:15pm	6	7 Bingo! 6:15pm	8 Seniors Public Skating 10:30 – 11:30 am Members Public Skating 1:30 – 2:30 pm Last Gym Night 7:00 pm until September!	9	10 Public Skating 3:30 pm – 5:00 pm	11
12 Bingo! 6:15 pm	13	14 Bingo! 6:15pm TG Lounge Paint Night! 7:00-9:00pm TGCA Recycle Depot May 20	15 Seniors Public Skating 10:30 – 11:30 am Members Public Skating 1:30 – 2:30 pm	16	17 HAPPY ST. PATRICKS DAY!!! Public Skating 3:30 pm – 5:00 pm	18
19 Public Skating 11:45 am – 12:45 pm Bingo! 6:15pm	20	21 Bingo! 6:15 pm	22 Seniors Public Skating 10:30 – 11:30 am Members Public Skating 1:30 – 2:30 pm	23	24 Public Skating 3:30 pm – 5:00 pm	25
26 Public Skating 11:45 am – 12:45 pm Bingo! 6:15pm	27 TGCA General Meeting 7:30 pm	28 Bingo! 6:15 pm	29 Drop in Pickleball 1:00-4:00pm Seniors Public Skating 10:30 – 11:30 am Members Public Skating 1:30 – 2:30 pm	30 Public Skating 3:30 pm – 5:00 pm	31	



GOOD FOOD BOX PROGRAM

What is the Good Food Box? It's a monthly program where community members can buy fresh fruit and vegetables for a very low cost. Thorncliffe Greenview Community Association now has a Good Food Box Depot. You receive top quality produce at wholesale prices. There are three sizes of boxes to choose from. The large box (\$35.00) contains 40 plus pounds of produce. The medium box (\$30.00) contains 30 plus pounds of produce. The small box (\$25.00) contains 20 plus pounds of produce. You only order the size you want, when you want. How do you get a food box? Bring your exact cash to the Horizon Room at Thorncliffe Greenview Community Centre between 2:00 and 5:00 p.m. on the scheduled pick up day. This will secure your order for the next month or bring your exact cash to the Administration Office no later than the order deadline listed below. If you have any questions feel free to call M.J. at 403-275-6752.

Order Deadline	Pick up Day
March 13	March 23
April 24	May 4
May 29	June 8
June 19	June 29
September 18	September 28
October 16	October 26
November 13	November 23



**GATHER: FOOD, NEIGHBOURS
AND INFORMATION**

For residents of Highland Park, Greenview and Thorncliffe, "Gather" dinners are an opportunity for you to:

- enjoy a healthy dinner
- meet neighbors
- learn and talk about a variety of topics

FREE CHILDCARE AVAILABLE

Bus tour of Recreation & Resources in our neighbourhood

When: Tuesday, March 21st at 6:00pm

Where: Pick up spots to be announced when you register

Dinner will be served

Explore what your neighbourhood offers in this Resource Tour of Thorncliffe, Greenview & Highland Park. We will stop at different spots to hear what AFFORDABLE programs & services are available.

Children must be accompanied by a parent.

To reserve your spot, contact Tannis Eapen,
Community Social Worker by March 15th.

Phone: 403-828-8394

Email: tannis.eapen@calgary.ca

FORBES INNES ARENA PUBLIC SKATING SCHEDULE

5600 Centre Street N. • 403-274-1466
Check out our website for changes or additions.
www.tgcacalgary.com

Seniors Only Wednesdays
10:30 a.m. - 11:30 a.m.

Members Only Wednesdays
1:30 p.m. - 2:30 p.m.

Fridays 3:30 p.m. - 5:00 p.m.
Sundays 11:45 a.m. - 12:45 p.m.

The cost for the Public Skate is free to TG Community members, and for non-members the cost is \$5 per adult, \$3 per child or \$10 per family.

Forbes Innes Arena Skate Shop Hours

HOURS OF OPERATION

Monday	5:30 – 9:00 pm
Tuesday	6:00 – 9:00 pm
Wednesday	6:00 – 9:00 pm
Thursday	5:30 – 9:00 pm
Fridays	5:30 – 9:00 pm
Saturday	11:00 am – 7:00 pm
Sundays	9:00 am – 5:00 pm

Did you know that we sharpen, repair and rent skates?

Mark Your Calendars!

March 14	TG Lounge Paint Night
March 27	TGCA General Meeting
May 20	TGCA Recycle Depot

TG Lounge & Rec. Centre News

Did you know?

TG has 4 racquetball courts and four 5-pin bowling lanes
CALL (403) 274-5574 TO BOOK!
Racquetball Multi-Passes Available (Gift Certificates)

Happy Hour Pricing
3:00 pm – 8:00 pm daily
Friday & Saturday until 8:00 pm & all day Sunday!
Free Shuffleboard, Darts
Satellite TV Watch CFL, NFL Games, NHL Centre Ice Package
8 TVs, 2 Pool Tables
Monday - Thursday 9am - 12am
Friday & Saturday 9am - 1am
Sunday 11:00am to 6:00pm

Hours may be subject to early closing.

Bowling, Pool, Dart & Racquetball Leagues
Book your Tournaments with the T.G. Lounge & Recreation Centre
403-274-5574
*Consider Going Bowling for Your Next Family Get Together
Children's Birthday Party Packages Are Also Available*

TG LOUNGE & RECREATION CENTRE

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Book your Tournaments with the T.G. Lounge & Recreation Centre
403-274-5574
*Consider Going Bowling For your Next Family Get Together
Children's Birthday Party Packages Are Also Available*



Is Our Investment in Daylight a Rip-off?

by Vanessa Gillard

Daylight saving time is a bit of a contentious topic in some circles. It is always a bit of a pain to reset the stove or coffee maker and if you have kids it's a new bedtime routine struggle all over again, twice a year. Likely no one has avoided a schedule mix-up or a tardy appearance due to this bi-annual occurrence, but the advent of the smart phone and other smart home technologies, which change the hour difference automatically, has perhaps alleviated many of those spring and autumn woes for the most part.

On its face the purpose of daylight saving time (DST) is to give us more light and time in the day to get things done; human beings tend to operate better during daylight hours and certainly many appreciate the opportunity to take in a little more vitamin D, particularly during our long Canadian winters. But the origins of DST are actually a little more pragmatic than simply avoiding seasonal affective disorder.

Benjamin Franklin first suggested the concept in 1748 and found it was met with little enthusiasm at the time, but a couple hundred years later, during WWI, the con-

cept was popularized among Germans to save precious coal during that age of austerity. The concept quickly caught on and made it to some Canadian cities as early as 1916, though there has never been a consensus on whether the practice is useful or not, and Saskatchewan has never been on board.

The ever-efficient Germans introduced DST to reduce fuel cost. The gain or loss, respectively, of that hour was intended to lower use of artificial lighting and heating in the evening, but it's debatable how much was saved, as more was often needed in the morning anyway. A little over a century later the reports of heart attacks, road related accidents, and even spikes in suicide rates following DST have not made much of an argument for the century-old tradition, and the amount of light many Canadians see the next day can be negligible.

It would seem there is little in the way of reason to explain this circadian rhythm disruptor to the average person in 2017, but most Canadians will dutifully set their clocks forward on March 12th this month, like it or not.

News from the Friends of Nose Hill

by Anne Burke

We are often contacted by individuals concerned about loss of green space, such as linear parks, golf courses, and other connectors used as wildlife routes. People need the outdoors for healthy lifestyles. In a recent media interview, I was asked to describe what Nose Hill means to the quality of life in North Calgary. In addition to hiking, walking, and cycling, I thought of wild-life sighting and plant studies, especially in the spring. However, there are butterfly enthusiasts too. Nose Hill has been the subject of photography, for decades, and there are paintings of the park in different seasons.

The Citizens for Nose Hill was an early preservationist group. Two other Calgary parks (which had been recognized as property of City-wide significance) were recently re-designated as municipal historical resources, under Section 26 of the Alberta Historical Resources Act. The aim is to protect each site in perpetuity, since they are eligible for provincial grant funds, in order to support on-going conservation.

Confederation Park was once known as the rough and featureless North Hill Coulee. This Park was added to Calgary's inventory of evaluated historic resources, in 2010, based on the community effort to establish the park, on the centennial of Canadian Confederation. Harry Boothman, a Superintendent of Parks, and Eric Musgrave, founder of the Centennial Ravine Park Society in

1965, were influential in its 18th-century garden design. Boothman was a long-time supporter and board member of the Canadian Parks and Recreation Association. There is a bursary operated in his name.

William Reader, a garden designer, was a City Parks Superintendent from 1913 – 1942. Reader Rock Garden, established in 1914, was added to the inventory in 2007, with native plants, local materials, gardens and rock pathways. It reflects the optimism in our city's early 1900s. It was the first Legacy Park to open. (www.readerrock.com)

This bylaw protection is intended to prevent demolition but will pertain to the parks by ensuring any future changes or conservation work follow best practices in handling historical resources. The change has no impact on City operating or capital budgets.

However, the conservation of cultural landscapes can often have significant environmental benefits, as many have biodiversity being conserved as part of the landscape. In turn, their conservation contributes to biodiversity in Calgary.

There were letter of support for this designation from both the Calgary Parks Department and Calgary Heritage Authority.

COMMUNITY ASSOCIATION MEMBERSHIP

Benefits

Successful, healthy communities are generally those with active and sustained membership and involvement of the community residents. Often a strong membership representation is an indication that our association is serving the needs of the community and is therefore, valued and supported by its residents. Your support today is important and ensures new energy to continually address community issues. Your membership fee goes towards community events, programs & operating costs.

Guidelines

All new members must provide I.D. with current address. Members agree to abide by the bylaws, policies and procedures governing the Thorncliffe Greenview Community Association. Residence must be WITHIN BOUNDARIES of Thorncliffe, Greenview, West Thorncliffe to obtain a voting membership. Membership cards will be mailed. Children of Voting members, 7 yrs or older, will also receive their own cards. It is your responsibility to notify the office of any address changes. If you wish to retain your membership after moving out of community

boundaries, you must pay for it each year before expiry date. Failure to do so will result in the loss of your membership, no exceptions. Memberships will not be renewed if membership is not in good standing. Anyone over the age of 18 must hold their own membership.

Waiver

I understand that the Thorncliffe Greenview Community Association has collected, or may collect, use and disclose my personal information to administer and maintain accurate and complete community association membership lists, program registrations, including, when required, the sharing of information with affiliated organizations, such as community sports associations. I understand that my personal information, collected for the purposes outlined above, will be kept confidential by the Association. I also acknowledge that my information may be used and disclosed to third parties in certain circumstances, but only to fulfill the above purposes. I hereby consent to such use and disclosure, for these limited purposes, until such time as I may revoke my consent in writing.

Thorncliffe Greenview Community Association
5600 Centre Street N. T2K 0T3

Membership Application

Family Name: _____
Residence Phone #: _____ Email: _____
Applicant Name: _____ Bus/Cell Phone #: _____
Spouse Name: _____ Bus/Cell Phone #: _____
Address: _____ Postal Code: _____
Verification I.D.: _____ Current Membership#: _____
ie: (Voting: driver's license, bill or Non-voting: resident community membership/expiry)

Please Circle One
Voting 1 Yr \$15.00 Non-Voting (with resident membership) 1 year \$15.00
Voting 3 Yr \$30.00 Non-Voting (w/o resident membership) 1 year \$30.00

I am interested in volunteering _____

Children: Eldest listed first to the youngest last _____ I consent to
Name Mon/Day/Yr M/F Name Mon/Day/Yr M/F receive emails
from TGCA

Signature: _____

PISCES

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Not valid on Gift Cards, Cat & Dog food, Feeders, Kennels, Starter Kits & Sale items. *No Cash Value*

One coupon per customer per month. Applies to amount before taxes.

Cannot be combined with any other offers. Must be presented at time of purchase*

Store management reserves the right to reject any coupons not being used according to the intended purpose.

TG March 2017

Mind Body Connection

Your mind and body are powerful allies. How you think can affect how you feel, and how you feel can affect your thinking.

An example of this mind-body connection is how your body responds to stress. Constant worry and stress over jobs, finances, or other problems can cause tense muscles, pain, headaches, and stomach problems. It may also lead to high blood pressure or other serious problems.

On the other hand, constant pain or a health problem like heart disease can affect your emotions. You might become depressed, anxious, and stressed, which could affect how well you treat, manage, or cope with your illness.

But your mind can have a positive effect on your health, too. Having a positive outlook on life might help you better handle pain or stress and stay healthier than someone who is less hopeful.

How do your thoughts and feelings affect your health?

Your brain produces substances that can improve your health. These substances include endorphins, which are natural painkillers, and gamma globulin, which strengthens your immune system.

Research shows that what your brain produces depends in part on your thoughts, feelings, and expectations. If you're sick, but you have hope and a positive attitude and you believe that you'll get better, your brain is likely to produce chemicals that will boost your body's healing power.

Negative thoughts and emotions can keep your brain from producing some of the chemicals that help your body heal. This doesn't mean you should blame yourself for getting sick or feeling down about a health problem. Some illnesses are beyond your control. However, your thoughts and state of mind are resources you can use to get better.

For more information on mind body connection, or tips on reducing stress, visit: My Health Alberta at www.myhealth.alberta.ca

TG Community Hall & Meeting Room Rental Information

Main Hall (maximum capacity 800)

250-500 people \$1050
501-800 people \$1350
Damage Deposit \$1050
Plus \$4.00 mandatory corkage charge per person, based on a minimum of 250 people.

Thornccliffe Room (maximum capacity 125)

Rent \$412.50
Damage Deposit \$412.50
Plus \$4.00 mandatory corkage charge per person, based on a minimum of 75 people.

Greenview Room \$34.50/hour

Fitness/Sports Classes only

TG Room \$25/hour

Bowling Parties (adjacent to lanes)

Board Room (maximum capacity 20)

Meetings only \$35.00/hour

5600 Room (maximum capacity 30)

Meetings only \$35.00/hour
Parties \$175.00

Horizon Room (maximum capacity 15)

Meetings only \$15.00/hour

ADD GST TO ALL PRICES

Classes, Meetings, Conferences, Programs, Children's Parties, Adult Celebrations, Silent Auctions, Weddings, Receptions, Parties, Family Reunions

LET THORNCLIFFE GREENVIEW COMMUNITY ASSOCIATION HOST YOUR NEXT EVENT!

Looking to rent space to run an Exercise Program?

We have a hall available weekdays, daytime only at \$34.50 per hour. The Greenview Room located in the basement is where it all began. The Community Complex that you see today was built around this hall. It is self-contained with washrooms and is a great space for classes such as Tae Kwon Do, Karate and Fitness. The hall measurements are 70' x 38'. Call 403-274-6840 for further information or to book.



We Accommodate Seminars!

Thornccliffe Greenview Community Association has four meeting rooms and two halls accommodating anywhere from 10 to 800 people!

To break up your day we have recreation facilities. You can go bowling, play racquetball, darts or billiards in our lounge/recreation centre.

Call 403-274-6840 and let us make your next event an overwhelming success!





Name	Age	Contact	Course
Becky	33	587-703-5201	Yes
Caitlin	19	240-409-4402	No
Chistorlord	15	587-700-8701	Yes
Jared	15	403-209-2447	Yes
Martha	49	403-919-2967	No
Mary	58	403-295-3369	Yes
Miranda	20	403-880-1184	Yes
Ruth	15	403-289-8737	Yes
Sydney	15	403-226-3954	Yes
Tianan	18	403-629-0084	No

Calling All BABYSITTERS
Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



TGCA Community CAMPSITE



Available to TG members who are in good standing and have held a membership for a minimum of one year.

Get back to nature....Leave the plug-ins behind

Site has Outhouse – no electricity or running water

Near Winchell Lake by Water Valley.

Approx. 45 minutes NW of Calgary.

Costs - \$35.00 per site OR \$100.00 for all three sites for the weekend !

Cost covers site only – no wood or amenities supplied.

Book through the TG Admin Office.
403-274-6840

Please note Scout Groups and Youth Groups take precedence.

A deposit is required to obtain the keys.
Map available.

Gym Night in the Main Hall

THORNCLIFFE GREENVIEW COMMUNITY

Gym Night is held on Wednesdays from 7:00 p.m. to 8:30 p.m. The cost of the program is a loonie for members and a toonie for non-members. Children 6 years old and younger are to be with an adult at all times during the program.

There are lots of fun activities such as: basketball, floor hockey, tumbling on floor mats, volleyball and much more.

Things to remember:

- Bring your water bottle as pop (and chips) are not available to purchase. No outside food allowed.
- Wear only non-marking shoes.
- Have your parents pick you up promptly at 8:30 pm. No loitering in lobby or parking lot.

If you have any questions, call the community at 403-274-6840. Thank you and hope to see you there.

LAST GYM NIGHT IS MARCH 8TH! Gym Night will resume in September

Satellite Winnings To Date: \$1,149,313.00+

**Thorncliffe Greenview
Community Association
BINGO**
5600 Centre Street N.
403-274-6840

10	20	42	59	62
5	29	39	56	75
4	17	TIME	60	71
11	18	32	51	66
15	19	36	47	69

Cards: Regular 50c
Double \$1.00
Triple \$1.50
Bonus \$2.00
Super \$2.50

Combo Cards Available
Seniors 60 plus \$3.00 OFF
General Admission

\$5000 BONANZA
With \$300 Consolation PLAYED
ON THE FIRST
TUESDAY OF EACH MONTH

Doors Open 3:00pm
Card Sales 5:00pm
Nickle Games 6:15pm
Regular Games 6:45pm
1/2 Time Sales 7:30pm

Wheel Chair Accessible. Come Join Us on Sundays & Tuesdays

Sundays & Tuesdays

Full Concession with
Home cooked Specials
Free Early Bird Coffee

2 Loonie Pots
Pull Tickets, Hot Balls

5 Nickle Games
27 Regular Games
Bonanza & Satellite Games

Progressive Games
Bowling Lane/Anchor &
Champagne Glass/Heart

Triangles & Double Action
played on the 1st Sunday
& Tuesday of the month

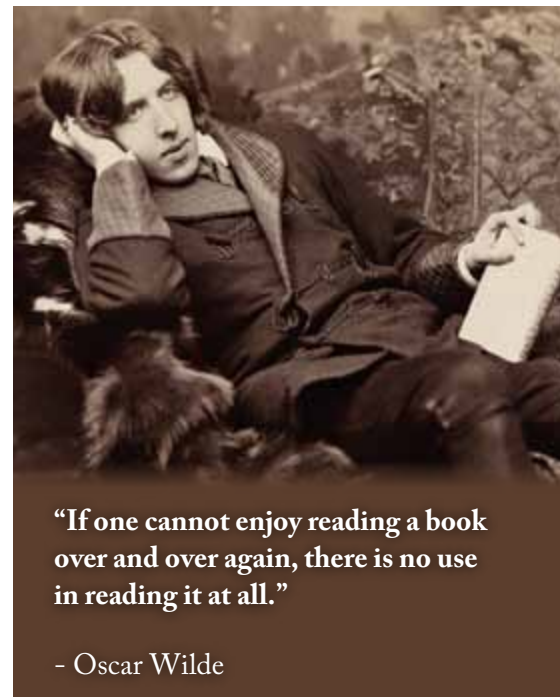
Helping Your Child, but Letting Them Lead

It can take some time for many young children to get into the routine of using a toilet.

By Doug N Horner, Alberta Health Services

Making the switcheroo from diapers to the toilet is a big, albeit sometimes messy, milestone for children and parents alike. For toddlers, learning to use a toilet is about being ready, controlling muscles and getting acquainted with an enormous porcelain artifact that makes loud and unpredictable gurgling noises. The toilet can appear to children as a powerful, portal-like device—many fear getting flushed into oblivion.

As toddlers are learning to exercise control, parents wrestle with a lack of control. Petra Debow, a parent educator with the Family Centre in Lethbridge, suggests that patience sets the foundation for a potty-positive experience.



“If one cannot enjoy reading a book over and over again, there is no use in reading it at all.”

– Oscar Wilde

“Most children learn to use the toilet between the ages of two and three,” says Debow, adding that every child learns at their own pace. Wait for your child to be curious about the toilet and to be aware they’re peeing or pooping.

Catherine Young—a nurse and mother expecting her third child in February—says her first two children’s education in toileting began only “when they had an interest in it and they seemed ready.” Toddlers will also express discomfort at having a soiled diaper. In many respects, the bathroom becomes a realm where the child takes the lead.

Attentiveness is crucial for parents. Watch for clues that your child needs to go, such as stopping what they are doing, fidgeting or saying: “Oh, oh.” But parents also need to feel prepared. Debow recommends setting aside time. If you have relatives visiting, a big deadline at work or are in the middle of a kitchen renovation, you may want to wait. There’s no need to rush.

“Prepare yourself mentally and put all the other things aside for a couple of weeks until it’s dealt with,” Debow says.

Plan to help your child with this developmental leap when you can be enthusiastic and supportive about the trek from diaper to toilet.

Young says she also borrowed several books from her local library—she recommends *Once Upon a Potty* by Alona Frankel in particular—after her kids showed interest in the toilet. She and her husband also made the bathroom more familiar and less intimidating.

It can take some time for many young children to get into the routine of using a toilet, explains Debow. And staying dry at night often takes longer.

If you and your child try toileting for two weeks and make little progress or your child is resisting, Debow suggests a break. “You don’t want to push it so it turns into a negative thing.”



The Gray Partridge

Article by J.G. Turner

Photo by Daniel Arndt (no changes made from <https://www.flickr.com/photos/ubermoogle/18050433104/>)

The Gray Partridge, also known as the Hungarian Partridge, was introduced into Alberta when 70 pairs were imported from Hungary and released in 1908 near Midnapore. The smallest of Alberta’s game birds, the Hungarian Partridge has an average length of 12 in./32 cm, a wingspan of 21 in./54.5 cm wingspan, and a weight of 15.6 oz./435 grams. Its neck and tail are short, its body is stout and its wings are short and rounded. This bird lives up to its name with grey legs and a grey bill as well a dark u-shaped patch on its belly, a rusty face and chestnut bards on its flanks. This game bird is the only partridge whose breast is decorated with fine wavy lines (vermiculated) of black, white and brown. A reddish brown tail and unmarked, chestnut outer wing feathers can be seen in flight.

Fun Facts:

- Originally found in Europe and Asia, this game bird was brought to live on flat agricultural land in southern British Columbia, south central Saskatchewan and Alberta.
- The Gray Partridge lives in grassland and parkland regions of Alberta but there is also a separated population in the Peace River area.
- Its habitat is open grassland, farmland and grain fields, which have an adjacent area of woody cover for hiding in. It prefers to live on the border between scrubland and areas of cultivation.
- Although this bird can fly, it prefers to spend most of its time on the ground foraging for seeds.
- The Hungarian Partridge is a ground nesting bird, creating a grass lined nest hollow in long grass or under a bush.
- The hen produces some of the largest clutches of any bird species, averaging 16-18 and can lay up to 22 eggs at one time!

- Prior to courting, males engage in prolonged battles to establish breeding territories.
- When it is flushed, it explodes from cover with a clatter of wings and rapid cackle, taking a low and fast flight path to new cover.

If you find an injured or orphaned Gray Partridge or other wild bird or animal, please contact the Calgary Wildlife Rehabilitation Society at 403-239-2488 for tips, instructions and advice, or look at the website at www.calgary-wildlife.org for more information.



Book Discussion Groups

Our NEW Book Discussion Groups happen at every community library and feature new books and topics every month. No need to register—just drop in and travel the world of ideas with your neighbours! Visit worldofideas.ca for details.

Bill’s Book Café with David Ward

Take in *Bill’s Book Café* with Library CEO Bill Ptacek and CKUA’s David Ward. It’s guaranteed to be a lively discussion of *Chronicles: Volume One* by Bob Dylan. Memorial Park Library
March 21 | 7:00 pm

Download and Enjoy:

Music, Magazines, and Film
Want to download or stream free music, magazines, and films from the Library, but not sure where to begin? Learn how to access our ever-growing collection on your device using Zinio, Hoopla, Flipster, and Freegal.
To register, visit calgarylibrary.ca.

Free Online Courses

Learn online with Lynda.com, an on-demand online learning service with 4000+ videos, featuring technology, design, professional development courses, music lessons and more—all for FREE with your Library card!



GLOBAL WARMING: AT HOME ON THE LOWER ELBOW RIVER

This past November I spent a sobering week at the Churchill Northern Studies Centre observing hungry polar bears languishing in the kelp beds on the shores of Hudson Bay, waiting for freeze up of the ice so they could hunt seals. This majestic species is at risk because the number of months that the bears can feed each year is shrinking as fast as the polar ice caps.

So what does this have to do with the Elbow River? For one, the Elbow River, its source the receding Rae Glacier to our west, is connected to Hudson Bay through a series of converging rivers that cross the prairies and eventually empty in to Hudson Bay.

It got me thinking...is the Elbow River in Calgary warming too? Why doesn't it freeze over anymore, like it did a century ago? What effect will warming have on the biodiversity of our river and its valley?

Digging around, I found some interesting data on Alberta Climate Records from the University of Lethbridge that show trends in winter climate (Dec 22-Mar 20) from 1950-2010. Winter warming trends for Calgary are considerable and eclipse summer warming. Overall, the average winter temperature is up 4.9oC from 1950 to just -4.4oC in 2010. By the end of the last decade, there were only 15.2 extremely cold days (-20oC or colder) in an average winter, less than half of those experienced in the 1950s. That's not a lot of freezing time for the river.

This warming trend has no sign of letting up, with the media reporting that globally, 2016 was the warmest on record for the third straight year.

Despite the prolonged cold snap in early January, freezing on the lower Elbow was patchy, where temperatures rise with the controlled release of water from the Glenmore

Dam and the flow from storm drains into the river. The Elbow River Watershed Partnership observed that the river, upstream from the Glenmore dam, was also flowing through January, with parts covered in ice, but not completely. Overall, the Elbow is flowing higher than average this winter, likely due to the large amount of rain received this past summer. More water flowing faster means it's not as quick to freeze. Dr Stefan Kienzle, the U of L project lead added that groundwater temperature is typically the same as the average annual air temperature, so we may be seeing a warming of groundwater. As most streamflow in the winter is baseflow (groundwater outflow), one can expect that some streams won't freeze as much as they used to.

Most of the research into the effects of climate change on biodiversity relate to extreme weather events, like flooding, drought or rapid changes in weather patterns. The gradual effects of warming on fragile riverine ecosystems are not well researched and monitoring is required. Will it mean more migratory birds stick around because of the open water? Will invasive weeds, destructive insects or pathogens take off? How will amphibians and aquatic species be affected? And back to Hudson Bay...will the polar bears be able to adapt?

Sources

Alberta Climate Records abrecords.cfapps.io

The Elbow River Watershed Partnership erwp.org
calgary.ca search Calgary Biodiversity

The Alberta Biodiversity Monitoring Institute abmi.ca

With special thanks to Gus Yaki and Nature Calgary

Historic Photo Credit: NA1635-2Glenbow c 1913-4

Formed in 2004, S2G+ Preservation Society collaborates to enhance the environment and natural history of the lower Elbow River, its valley and contiguous bench lands from the Glenmore Dam to Fort Calgary. To join our stewardship network email us at S2Gplusinfo@gmail.com. Follow us on facebook.com/S2Gplus



Maximize your RRSP today and reap the rewards!

by Janine Rea, BA Economics

There are a number of strategies to consider that can help accelerate your plan using assets you have readily available and key tax planning benefits.

1. Remember, taking full advantage of your unused RRSP contribution room could help to build your portfolio.
2. Understand how much contribution room you have. Move money into your RRSP sooner rather than later.
3. Work your RRSP contribution into your monthly budget.

OVERVIEW

Year after year, many Canadians leave a key financial opportunity on the table by not contributing the maximum allowable amount into their registered retirement savings plan (RRSP). If your annual income tax assessment includes a notice from the Canada Revenue

Agency (CRA) that details how much unused contribution room you have left in your RRSP from previous years, the time to act is now.

For example, contributing \$10,000 into an RRSP that generates a 6% return, compounded annually could turn into \$57,435 over the span of just 30 years. Plus, contributing the full amount creates a larger income tax deduction that could result in a significant tax refund.

KNOW YOUR LIMITS

It's important to know how much contribution room you have, prior to sitting down with us to discuss your RRSP strategy. Each year, the CRA identifies your unused contribution room for the upcoming tax year on your Notice of Assessment. CRA's website can also provide that information.

INVEST SMART

It may be to your benefit to move money you currently have in savings accounts or other investments into your RRSP sooner, rather than later. Moving these dollars into your RRSP will not only result in a reduction of your annual tax bill – but it also allows you to maximize growth inside your RRSP, without generating immediate taxable income. It's important to remember that interest earned on savings accounts and both realized and unrealized capital gains on non-registered investments, will be taxed prior to when they are moved into your RRSP. You can also withdraw from a tax-free savings account (TFSA) to make your RRSP contribution. Any withdrawals from your TFSA are added to the available TFSA contribution room for the following year.

INVEST REGULARLY

Consider working your RRSP contribution into your budget. Our monthly investment plan automatically deducts a specified amount from your savings or chequing account on a regular basis, and invests it into funds held inside your RRSP. Monthly investment plans can be customized to work best for you. We will work with you to help determine the appropriate dollar amount and frequency.

CONSIDER THE BENEFITS OF BORROWING

In many cases, borrowing to take full advantage of RRSP contribution room makes sense. Maximizing your RRSP contribution now offers immediate tax savings this year, and tax-deferred potential growth for many years to come. Using this strategy can make it beneficial to borrow for a short period to maximize your plan. ** As your Consultant, I can help you determine whether a loan fits into your plan by looking at the following factors:

- Your age: The impact of compound growth increases depending on the time that money is invested. While borrowing to invest may have more impact at a younger age, I can prepare an illustration that shows it's never too late to save for your retirement.
- Your ability to repay: We would never recommend that you borrow more than you could possibly repay, because it could make it difficult to save for next year's RRSP contribution. Together, we will create the right plan to make sure you can pay off the balance of your loan quickly and then start a regular investment plan to automatically take care of future RRSP contributions. In addition, contributing to an RRSP generates an income tax deduction that may result in a significant tax refund that could be used to help paydown a portion of the loan almost immediately.
- Your ability to borrow: An RRSP loan or line of credit available through Solutions Banking™, like any other use of credit, will increase your debt service ratio (the percentage of your monthly income that goes to pay off debts) and lenders rely on this ratio to determine your loan eligibility. When preparing your plan, we'll be sure to take your complete financial picture and other monthly commitments into account.



Calgary Nose Hill
Hon. Michelle Rempel, MP
 201-1318 Centre Street NE, Calgary,
 AB, T2E 2R7
 Phone: 403-216-7777
 Email: michelle.rempel@parl.gc.ca
 Website at www.michellerempel.ca

Last month my colleagues and I presented the government with our Alberta Jobs Taskforce report. The report was a result of our collective effort to consult with Albertans who have been affected by the jobs crisis here at home. For those of you who have not yet read the report, you can read it here: www.michellerempel.ca/alberta_jobs_report.

I would like to thank the many of you who have taken the time to write me and share your personal stories about how you, your families, and businesses have been impacted by various economic and financial stresses. I am continuing to work hard on your behalf to advocate for our community and its needs.

Unfortunately, there are many in our community who are still hurting due to the jobs crisis. That's why I will once again be hosting a "Career Services event" next month. For more details and to sign up please visit my website: www.MichelleRempel.ca.

A positive piece of news I received for our community, earlier this year, was Huntington Hill's successful application to the Canada 150 Infrastructure Program. The Huntington Hills Community Centre has been undergoing a large capital project to expand and renovate a portion of the facility that adds some much needed recreation space to our community. Congratulations to all the association volunteers and staff who have undertaken a great deal of work in order to make this project and application a success.

As always you can contact me at my office, about issues important to you, using the contact information above.



COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication
Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

LOVE TO SING? Want to experience the benefits of singing in a welcoming vocal community? Vocal Latitudes may be the choir for you. A non-audition World Music community choir, Vocal Latitudes meets Tuesday evenings from September to May in a convenient central location. For more information, see www.vocalitudes.org.

VOLUNTEERS NEEDED: The Calgary Performing Arts Festival seeks volunteers for the 2017 Festival, April 18 to May 6 at Mount Royal University. Positions are available mornings, afternoons, evenings and Saturdays. For more information contact Holly at 403-283-6009 or volunteer@cpafestival.ca.

OFFERING STORAGE BOX (yellow lid) fits under bed W15.75, H5.5, L31.5 \$20, 2 GE Kitchen & Bath F40 Eco lux Fluorescent Tube light bulbs \$10, Spices rack \$10, Household things metal sturdy holder \$10 L15.7, W10.2, H16.9. Call 587-581-5883.

VOLUNTEERING....

Good for the Soul

FOLLOW THORNCLIFFE GREENVIEW COMMUNITY



Like us on
Facebook



Follow us
on Twitter
[@tgcacalgary](https://twitter.com/tgcacalgary)



Follow us
on Instagram
[@tgcacalgary](https://www.instagram.com/tgcacalgary)

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Thorncliffe and Greenview. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

RIGHTWAY PLUMBING AND HEATING: Has been happily serving the Thorncliffe/Greenwood area with quality work, happy clients and fair pricing; with second generation experience, there is no job we can't handle. Furnaces, softeners, garburators, appliances, humidifiers, faucets, water heaters, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

LOOKING FOR A LOCAL, PROFESSIONAL ELECTRICIAN? FCC Electric is well established, insured, certified and willing to assist with all your Residential or Commercial projects. FCC Electric offers free estimates, inspections, kitchen/basement/garage renovations, repairs/troubleshooting, panel/service changes, service work and retail development. Home renovations as well as deck construction. 65+ discounts 403-462-8801.

MONEY'S WORTH HOME SERVICES: Contact Jerome Feist at 403-242-4307 for home repairs, carpentry, fences, decks, siding and handyman services.

LOCAL THORNCLIFFE MAN WILL DO: Dump hauling, garage cleaning, electronics recycling, and thrift store hauls. Very reasonable rates. Call or text Dale at 403-828-5772.

ARE YOU OVERWHELMED BY YOUR STUFF? Whether you're moving into a new home or need to organize your current space, there's too much stuff to get through. You don't have the time or energy to sort through it all. I will help you bring order and peace back into your home, for good. Call Heather 403-703-0605. www.helpinghandtransitions.com.

TLC CLEANING: Over 18 years' experience in the business! TLC Cleaning is a small and personalized cleaning company. Licensed, insured, bonded, and WCB covered for your peace of mind. Excellent rates and references, environmentally friendly options too. Let us put a little TLC into your home! Free estimates; please call Carol at 403-614-8522.

BRAIN GAMES SUDOKU

		5	6			7		9
			1	4			8	2
2							1	
						5		3
5		4		3		9		8
3		9						
	4							1
1	9			8	7			
8		3			4	2		

FIND SOLUTION ON PAGE 28



Councillor, Ward 4
Sean Chu
403-268-3727
ward04@calgary.ca
www.calgary.ca/ward4
www.seanchu.ca

Greetings Residents,

City crews ready for spring street sweeping program

Spring is just around the corner! That means The City’s annual Spring Clean-up is coming to neighbourhoods across Calgary.

Spring Clean-up is an annual street sweeping program that removes sanding materials and debris that has accumulated on roads and along major sidewalks and boulevards during the winter months. The program improves safety and mobility for Calgary motorists, cyclists and pedestrians.

In order to sweep our city as efficiently as possible, crews will be sweeping on a compressed schedule, working 7 days per week.

Keeping Calgary clean is a collaborative effort. To make sure the program runs smoothly, we’re asking all Calgarians to help us make the city beautiful by removing vehicles and carts from City roads when they see street sweeping signs in their community. This year, that includes weekends.

- Once the program begins, visit Calgary.ca/sweep to:
- Find answers to all of your questions on our FAQ
 - Track sweeper progress across the city on a live map
 - Learn if there will be a parking ban in your neighbourhood, and
 - Enter your address to confirm your street sweeping date.

Make sure to visit the website to learn more about street sweeping, and don’t forget to watch for signs in your neighbourhood once the program begins.

Call 311 to request an accommodation or service for a City event or meeting

The City of Calgary is committed to ensuring that all Calgarians, including anyone living with a disability, are welcome to participate and enjoy City events, services and programs.

Services like captioning, sign language interpreters, assistive listening devices and other services are available to accommodate your needs.

Contact 311 to request an accommodation or service for any City event, including public meetings, open houses or engagement sessions. Please provide at least two weeks’ advance notice so we can coordinate the service.

We’re committed to providing a barrier-free municipal experience for all Calgarians. Visit calgary.ca/accessibility for more information.

Year-Round Programs


The City of Calgary offers a wide variety of fun and FREE drop-in programs and activities for children, youth and families.

From after school programs, to health and wellness classes, to leadership opportunities, we have something for everyone.

Find out what’s happening in your area, visit calgary.ca/CommunityPrograms.

Cheers,

Councillor Sean Chu, Ward 4.

 **SUDOKU**

4	1	5	6	2	8	7	3	9
9	3	7	1	4	5	6	8	2
2	6	8	3	7	9	4	1	5
6	7	1	8	9	2	5	4	3
5	2	4	7	3	1	9	6	8
3	8	9	4	5	6	1	2	7
7	4	2	5	6	3	8	9	1
1	9	6	2	8	7	3	5	4
8	5	3	9	1	4	2	7	6



THORNCLIFFE/GREENVIEW REAL ESTATE UPDATE

Last 12 Months THORNCLIFFE
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
January 2017	\$450,000	\$425,000
December 2016	\$469,900	\$465,000
November 2016	\$374,950	\$359,500
October 2016	\$419,900	\$400,000
September 2016	\$428,900	\$420,500
August 2016	\$394,900	\$403,750
July 2016	\$444,500	\$448,050
June 2016	\$434,450	\$428,250
May 2016	\$444,900	\$430,000
April 2016	\$405,000	\$392,500
March 2016	\$428,650	\$415,000
February 2016	\$439,900	\$415,000

Last 12 Months GREENVIEW
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
January 2017	\$0	\$0
December 2016	\$378,400	\$365,500
November 2016	\$0	\$0
October 2016	\$0	\$0
September 2016	\$0	\$0
August 2016	\$319,950	\$304,000
July 2016	\$0	\$0
June 2016	\$218,500	\$200,000
May 2016	\$379,995	\$350,000
April 2016	\$469,900	\$455,000
March 2016	\$0	\$0
February 2016	\$279,900	\$250,000

To view more detailed information that comprise the above MLS averages please visit thorncliffe.great-news.ca or greenview.great-news.ca



MLA Calgary-Klein
Craig Coolahan
#9, 2400 Centre St NE
Calgary, AB, Canada T2E 2T9
Phone: (403) 216-5430 • Fax: (403) 216-5432
calgary.klein@assembly.ab.ca

Hello Calgary-Klein,

Alberta’s diversity is one of its greatest strengths. Alberta has always been a home to those seeking refuge, and this will not change. Refugees and immigrants to Canada enrich our society beyond measure, and make incredible contributions to our communities, our economy, and our thriving cultural fabric.

Alberta will welcome those fleeing persecution, terror and war with open arms because all people deserve to live in peace and security. My family and I feel incredibly fortunate to enjoy these things in Alberta. Our country was largely built by wave after wave of immigrants, who made new lives, sharing lands long home to Indigenous peoples. And so just as previous generations made their homes here thanks to the kindness of others, so too should we offer this same kindness to those starting new lives here. Hard work and a commitment to building strong and diverse communities have shaped this great province. As our economy recovers, let’s work together to welcome newcomers and offer them care and opportunities to succeed.

Let’s work together for a prosperous, diverse, and fairer Alberta.

Government goes back into session this month. Our office is happy to hear from you, and may be reached at calgary.klein@assembly.ab.ca or 403-216-5430. I’ll be available for the next *Coffee with Craig* at the Velvet Café (502 25 Ave NW) on April 8th, from 9am-11am.

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April 16, Easter Sunday	10:30 AM

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