

APRIL 2016

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tw TRIWOOD trumpet

THE OFFICIAL CHARLESWOOD, COLLINGWOOD & FOOTHILL ESTATES COMMUNITY NEWSLETTER





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Charleswood Hall :

180 people Banquet Style

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Triwood Community Association

2244 Chicoutimi Dr. NW

Calgary, AB – T2L 0W1

Phone: 403.282.2677

Fax: 403.282.7031

triwoodca@shaw.ca | www.triwoodcommunity.com

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NEWSLETTER AD SALES

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FOR 9 YEARS!





Executive		Triwood Staff	
President	Toni Pilkey	Executive Director	Rick Lundy
Vice President	Mark Whiteman	Events Coordinator	Kristen Friedrichs
Treasurer	Jim Pilling	Accountant	Randy Dalgleish
		Building Maintenance	Robert Catton
		Programs/Events Coordinator	Lynsey Farrell
Directors		Arena Manager	Dave Hurron
Community Relations	Sandra Rhead	Sports Registrar	Lynsey Farrell
		<u>OFFICE HOURS</u> Monday-Thursday 9:00 am – 4:00pm Friday 9:00am – 3:00pm Closed Saturday and Sunday	
Members at Large			
Member at Large	Jim Heck		
Member at Large	David Fong		
Member at Large	Mark Whiteman		
Member at Large	Chris Cole		
Committee Representatives			
Soccer	Carrie Killam	Nose Hill Park (Community)	Deborah Sanderson
Planning Committee	Joel Mayer	Performance Arts	Jim Heck
Squirts Hockey	Nelson Van Waes	Grey Eagle Bingo Coordinator	Jade Westlake
Westwood Hockey	Christine Lilge	Police Liason Officer	John Kastomonitis
Ringette (Sports)	Lauri Scotvold	City Parks and Rec	Virginia Clark
Scouts (Programs)	David Fong		
	Mark Whiteman		
Cubs/Beavers (Programs)	Margaret Porter		

A MESSAGE FROM THE
EXECUTIVE DIRECTOR



Spring is upon us, as discussed in the last newsletter the farmers market will be a go this year. It will run every Tuesday from June 7th until Sept 26th. We currently have 9 vendors and we are continuing to gain more each and every week. We are also adding some fun for the kids this season which will include face painting, musical entertainment, and bouncy houses. We

will do extensive marketing to ensure that the farmers market will be the busiest one yet.

Registration for summer camps is now under way, we are offering the follow camps, Creative Crafts and Art, Kids in the Kitchen, All Sorts of Sports, Survivor camp and Theatre camp. Register today online or by calling Ireland at the office.

With winter sports coming to an end, we are gearing up for the soccer season. Late registration is still under way and you can still do so online or by calling the office. Soccer at Triwood is a very in expensive sport that allows your child to gain valuable social skills and make new friends within the community.

Spring clean-up will take place on April 24th in the Triwood car park. On the same day we will be organizing a Community Association clean-up where we will be beautifying the Association grounds. Therefore we are in desperate need for volunteers to accomplish this. Please contact Ireland at the office to sign up as a volunteer. Tasks will include racking, pruning and some light lifting and some general gardening.

Thank you to Ireland and the rest of the staff that made our Easter Eggtravaganza a huge success. This is what Triwood Community Association is all about.

Our Vision

Triwood Community Association is the heart of the community

Our Mission

Triwood is dedicated to representing the community interests, fostering participation, and embracing community spirit.

It was nice to see all the concerned residents at the information session regarding bike lanes. A couple of our senior ladies started a petition where we gained a few hundred signatures. We submitted those signatures to the city and will continue to advocate on your behalf. The city has agreed to have further discussions with the community association and it will be your voice within the community. We will keep you informed as we go along.



beginner yoga
Thursdays 6:00 - 7:00 pm
In the Triwood Collingwood Hall
EIGHT week Session
April 28th-June 16th
Registered - 8 Classes \$80
Drop in - Per Class \$12
Triwood Members receive 10% discount!
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TRIWOOD HALL SCHEDULE 2016

Hall (and arena) at 2244 Chicoutimi Dr. NW
Phone 403-282-2677 - Office
Triwood Halls available to rent. Check website for availability.
www.triwoodcommunity.com

Location in Main Building	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Charleswood	Yoga for Moms 10am - 11am Zumba Fitness 6:45pm - 7:45pm		Zumba Fitness 9:30am - 10:30am Zumba Fitness 6:45pm - 7:45pm	Kids Karate 5pm - 6pm			
Collingwood	Hatha Yoga 7:15pm - 8:30pm	Cubs 6-8:30pm	Scouts 6:30pm - 9pm	Yoga Exposure 6-7pm			
Upstairs Annex (Meeting Room)		Beavers 6-8:30pm					
Adventurers Room	School Age Care 6 am - 6 pm	School Age Care 6 am - 6 pm	School Age Care 6 am - 6 pm	School Age Care 6 am - 6 pm	School Age Care 6 am - 6 pm		
Foothills	Triliters Tai Chi 10-11am Karate 6-8pm	Foxy 6-8:30pm	Triliters Tai Chi 10-11am Foxy 6:30-7:30pm	Painters 9:30am-3pm Foxy 6-8:30pm	Karate 6-8pm		
JT's	Triliters 10am-12pm Book Club 1-4pm (1st Monday of month)	Triwoodsmen 1-4pm Lion's Club 7-10pm (2nd & 4th Tues of month) 7-10pm (2nd & 4th Tues of month)	Triliters 10am-12pm	Triliters 1-4pm			

TRIWOOD HALL RENTERS			
ACTIVITY	CONTACT	EMAIL	PHONE
Adventurers School Age Care	Diane McKean	adveninc@shaw.ca	403-284-5457
Foxy Kickboxing	Jessica Sparrow	jessica@foxykickboxing.ca	
Karate	Ken Noda	masternoda@mac.com	403-804-6789
Zumba Fitness	Michelle Neufeldt	fitforchange@shaw.ca	403-804-6951
Yoga	Lynsey Farrell	triwoodpc@shaw.ca	403-282-2677
Scouts	David Fong	www.fourthtriwood.com	
Cubs / Beavers	Margaret		
Lions Club	Margaret Young	youngmargaret@shaw.ca	



Volunteers Needed

at Triwood Community Association

- Are you in high school looking to complete community service hours?
- Are you in college or university hoping to add experience to your resume?
- Are you an adult looking to get involved within your community?
- Are you a senior searching for something fun and rewarding to do in your spare time?

Volunteering is a gratifying experience at any age! If you answered yes to any of these, then the Triwood Community Association has the perfect opportunity for you. We are currently looking for volunteers to assist with upcoming community programs and events. Volunteers will lend a hand with a wide variety of recreation programs and special events, and will have a chance to work with people of all ages. This is a great way to meet new people, get involved in your community, and have some fun!

Volunteers must be at least 13 years of age. If you are over the age of 18 we will require a Security Clearance check (free for volunteers).

Please contact Lynsey TODAY to join our volunteer team! She'd love to hear from you: triwoodpc@shaw.ca or 403-282-2677

Thank you!



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Farmer Market**

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Every Tuesday
June 7th - Sept 27th 2016
3:00PM - 7:00PM
If you are interested in being a Vendor
Please call Lynsey 403-282-2677



Parent and Tot Learn to Skate

Ages 2 – 5 years
Fridays 9:30am – 10:15am
6weeks - \$65.00

Triwood Members receive a 10% discount

Newsletter Submission DEADLINE

15th

of each month
for the next month's issue

Please have your submissions in on time to ensure publication in the next month's issue. You can fax, mail or drop off your material at the Triwood Community Association office during office hours, or email to triwoodca@shaw.ca

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Triwood Community Association MEMBERSHIP

(Charleswood, Collingwood and Foothill Estates)

Please support your Community Association by purchasing a membership!

TYPES OF MEMBERSHIP

Triwood Residents (must reside within the boundaries of Triwood):

- General Membership:** Family/Individual – Includes sports registration and voting privileges - \$30
- Senior Membership:** Individuals over 65 yrs – Includes voting privileges but no sports registration - \$10

Non-Triwood Residents:

Associate Membership: Family/Individual – Includes sports registration but no voting privileges - \$30

Senior Associate Membership: Individuals over 65 yrs – No sports registration and no voting privileges - \$10

Note: Our membership year runs from September 1st – August 31st

To purchase a membership, please visit the Triwood Community Association office or visit our website at www.triwoodcommunity.com. We are open Mon – Thurs from 9:00 a.m. – 4:00 p.m. and Fridays from 9:00 am to 3:00 pm.

We are located at 2244 Chicoutimi Drive NW.

Stay connected with Triwood!

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Monday-Friday	7:30am - 6:00pm
Sat	9:00am - 5:00pm
Sun	10:00am - 4:00 pm

Be sure to call for Holiday hours

Offer runs from January 1st to April 30th, 2016.
¹Purchase a minimum of 4 Silhouette[®] with PowerView[™] and receive a \$500 rebate and an extra \$100 for each additional shade purchased or purchase a minimum of 4 Silhouette[®] with UltraGlide[®] and receive a \$250 rebate and extra \$50 for each additional shade purchased. Valid at participating retailers only. The rebate will be issued in the form of a Hunter Douglas Prepaid American Express[®] Gift Card. THE PROMOTION CARD is a trademark of The Hunt Group. All Rights Reserved. THE PROMOTION CARD is a Prepaid American Express[®] Card issued by Amex Bank of Canada.
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OR RACE 1KM & CLIMB 802 STAIRS

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APRIL 23, 2016

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Upcoming Events at Triwood

Yoga for Moms April 25th – June 20th 2016
Mondays: 10-11am (8 weeks) \$2 babysitting available
DROP IN OPTION - \$15

Yoga for Exposure April 28th – June 16th 2016
DROP IN OPTION - \$12
Thursdays: 6-7pm (8 weeks)

Hatha Yoga May 2nd – June 27th 2016
DROP IN OPTION - \$12
Thursdays: 7:15-8:30pm (6 weeks)

Triwood Soccer
Late registration is still open.
Please register online or call Lynsey on 403-282-2677 and she will be happy to do it for you.

Spring Clean Up
April 24th – 9:00am – 2:00pm at the Triwood Car-park. Get ready for the Summer and fill up your vehicles with that winter waste.

VOLUNTEERS NEEDED!
Community Paint Night
Tuesday May 10th 2016. Triwood will be hosting a FREE community paint night. We are linking up with the City of Calgary to bring this wonderful

community event to our community members. Please go to our website www.triwoodcommunity.com for more info and to register. Limited space available.

Stampede Breakfast
Saturday July 9th 2016. Come join us for Free Breakfast with lots of entertainment.

Farmers Market
We are delighted to announce that we are bringing back our Farmers Market. It will take place every Tuesday evening from 3pm – 7pm. Starting June 7th and running until Sept 27th 2016. If you are interested in being a vendor please call the office for more information.

Summer Camps
Registration is now OPEN Limited space available

1. Kids in the Kitchen Jr. – July 4th – July 8th - \$195.00
2. Kids in the Kitchen Snr. – July 11th – July 15th - \$195.00
3. Creative Crafts & Art Jr. – July 18th – July 22nd - \$175.00
4. Creative Crafts & Art Snr. – July 25th – July 29th - \$175.00
5. Theatre Time – Aug 2nd – Aug 5th - \$160.00
6. Survivor Camp – Aug 8th – Aug 12th - \$175.00
7. All Sorts of Sports – Aug 15th – Aug 19th - \$175.00

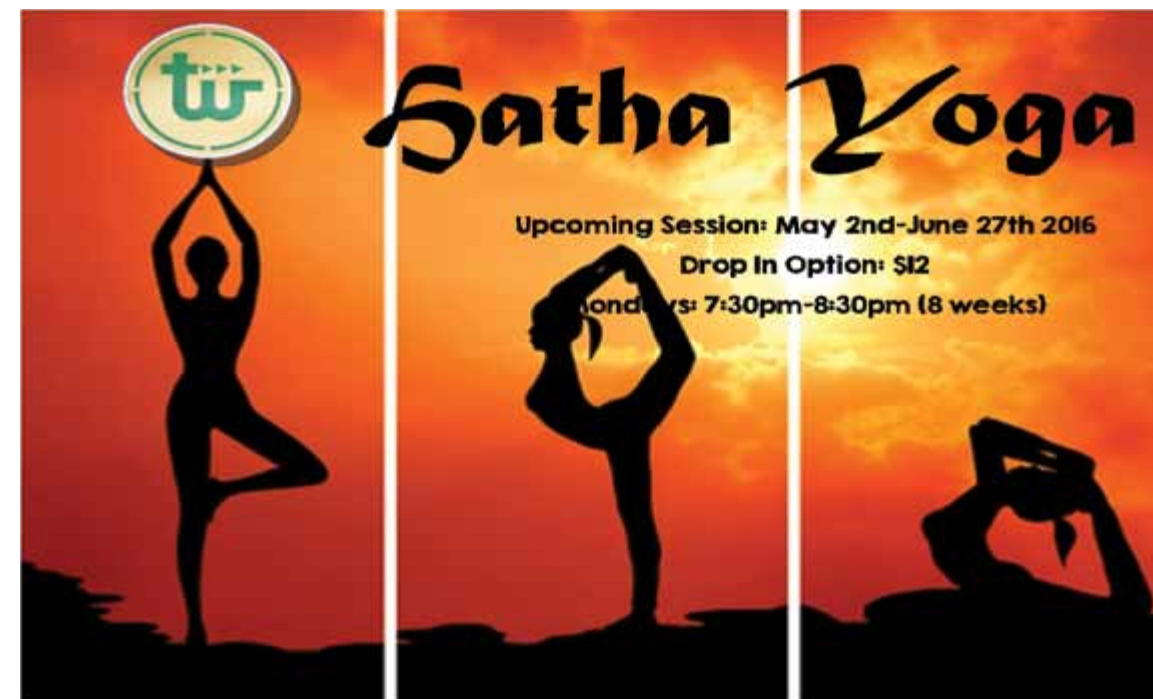
For more info. please go to www.triwoodcommunity.com



The Older Than Dirt Band

Playing upstairs in the
Charleswood Hall
Friday, April 29
8:30 pm until 'round midnight

Beverages available, no cover
Classic rock plus ...



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TriWood's

Community Clean up

April 24th 9:00am - 2:00pm

Technotrash Iron Mountain

Cerebral Palsy Paint Disposal Evraz

Tire & Bicycle Recycling



IN & AROUND CALGARY

The scoop on dog poop

With 150 public off-leash areas and over 100,000 dogs in our city, it's clear Calgarians love their canine companions. What isn't to love is the stinky situation that's left behind when owners don't pick up after their pets.

Cleaning up your dog's waste is part of being a responsible pet owner and helps keep our yards, parks and off-leash areas safe and healthy.

Here are five facts you may not know about doggy doo-doo:

- 1. It's classified as a hazardous pollutant. It's in the same category as toxic chemicals!
- 2. It's crawling with E. coli and roundworm larvae which, if ingested by humans or dogs, can lead to brain, eye, and other organ damage.
- 3. It's not a good fertilizer. Its high nutrient content is toxic to lawns and will create "hot spots" causing the grass to burn and discolour.
- 4. It doesn't absorb into the soil, so the risk of spreading its harmful effects can linger for years!
- 5. It attracts mice, coyotes and other wildlife that consider it a delicious snack.

Keeping our city pet-waste free is easy, if we all do our part. Always carry pet waste bags with you when you walk your dog, and pick up and properly dispose of your pet's waste as soon as possible.

To learn more about the importance of picking up after your pet, check out our P.U.P.P.Y. (Pick Up Pooch's Poo Yourself) program at calgary.ca/puppy.

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Doo-Wop: Ages 9-12
Intensive: Age 11+

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Ad not intended to solicit properties already listed.

BRAIN GAMES SUDOKU

5	6							2
1		4		5		3	8	
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FIND SOLUTION ON PAGE 31

HPP
Highland Park Preschool

The new Highland Park Preschool is located in the heart of Calgary. Our freshly renovated space looks forward to welcoming your child! We are a non-profit and non-denominational preschool. We have flexible offerings for morning classes for both 3 and 4 year olds.

At Highland Park Preschool the "facilitation and enhancement of the child's growth" is achieved in a learn through play program.

Highland Park Preschool
3716 - 2 Street NW
Contact Carolyn: 403-276-6969
Email: hpca@shaw.ca
www.highlandparkpreschoolcalgary.com
Registration for September 2016 is ongoing
Maximum of 16 children per class.



Triwood Summer Camps 2016



Kids in the Kitchen JR.

Ages 4—7 years

July 4th—July 8th

This fun-filled program will teach your kids the basics of cooking in the kitchen, while having lots of fun.

Baking sweet treats, making healthy snacks and cooking fresh

\$195.00

Survivor Camp

Ages 6—12 years

Aug 8th—Aug 12th

What would you do if you were stuck out in the wilderness?

Come join us at Triwood and learn new skills and journey through the wild world of survival!

\$175.00



Creative Crafts & Art Jr.

Ages 4—7 years

July 18th—July 22nd

Does your kid have a creative flare? Do they love to paint? Do they love craft making? - YES!!

Then this summer camp is for them.

\$175.00



Triwood Summer Camps 2016



Kids in the Kitchen Sr

Ages 8—13 years

July 11th—July 15th

This cooking camp is sure to bring out your child's inner chef.

This hands-on baking and cooking camp is sure to be exciting and fun. **\$195.00**

Theatre Time

Ages 6—12 years

Aug 2nd—Aug 5th

Is your child a budding musician, dancer or actor? This 4 day camp will encourage all campers to grow as an artist and share their enthusiasm for performing arts with fellow campers.

So much singing, dancing and FUN!!

\$160.00

Creative Crafts and Art Sr.

Ages 8—13 years

July 25th—July 29th

Looking for an exciting summer program that promotes exploration and creativity? Campers will draw, paint and build their way through exciting projects **\$175.00**

All Sorts of Sports

Ages 6—12 years

Aug 15th—Aug 19th

This camp is a perfect way to eliminate summer boredom. Lots of sports (indoors & outdoors) water activities and lots more.

Come and enjoy a week of jumbled activities.

WE DO IT ALL!!

\$175.00



IN & AROUND
CALGARY

Community Cleanups: Save Yourself a Trip to the Landfill

Calgary Community Standards (formerly Animal & Bylaw Services) in partnership with Waste & Recycling Services and your community association is pleased to offer another year of Community Clean-ups for FREE of charge to Calgarians. A Community Clean-up is a day scheduled at your community centre where you can bring your household items that may not fit in your black, brown or blue carts like furniture or old fencing or items that fill up your carts too quickly or just an accumulation of items that are ready for the landfill. If you live in a multi-unit housing complex, we welcome you to bring your waste and recycling items to this event especially if it is closer than the designated community recycling depots.

We are pleased to announce that 3 packer trucks will be provided this year (2 for waste and 1 for organic materials). Last year, 110 communities were served between April and October. Please check with your community association to see when your Community Clean-up has been booked and better yet, volunteer to help with the event which is held either on a Saturday or Sunday from 9 am – 2 pm. Your community association needs 15-20 volunteers to put on the event so your assistance is greatly appreciated. Calgary Community Standards provides funds for food and refreshments for the volunteers, advertising and promotion, gloves, garbage bags and any other items used to help Clean-up.

Please note, there are items that the City of Calgary’s packer trucks will not accept:

- Tires, home appliances, paint, household chemicals, propane tanks, microwaves, car batteries, home electronics, liquids, metals and glass, railway ties.
- Your Community Association usually enhances the event with recycling services such as electronics, metal, paper shredding and possible tire recycling and paint pickup (or you can take your cans of paint to any fire hall station).

The Community Clean-ups provide a fantastic opportunity to work with your neighbours and community associations to Clean-up your yards and homes, parks, off-leash areas and sport playfields. Thank you for your commitment to help create healthy, safe and vibrant communities.

For more information about the date set in your community, please call your Community Association or you can go to www.calgary.ca/cleanup for the full schedule and further details.

EMS: Bicycle Helmet

Safety

Head injuries are a leading cause of serious injury and death to children riding bicycles*. Most injuries occur when a cyclist suffers a fall, strikes a stationary object, or collides with another cyclist/pedestrian. Remember – it’s the law in Alberta that cyclists under the age of 18 must wear a helmet (and highly recommended for all ages). Helmets should be CSA approved and worn during recreational activities such as skateboarding, in-line skating, or cycling.

Getting informed

- Wearing a helmet while cycling can prevent a serious injury, or even save a life;
- Brain injuries can cause permanent disability or death;
- Reduce your risk by always wearing your helmet;
- Replace any helmet that has been involved in a crash, even if it appears undamaged.

Getting started

- Allow children to assist when buying their helmet. Cyclists who choose their own helmet are more likely to wear them;
- Start the habit early. Young children learning to ride tricycles need to wear helmets;
- Parents must lead by example – always wear a helmet when cycling.

Getting the right fit

- Take the time to properly fit and adjust your helmet to ensure maximum protection in case of a crash;
- When worn properly, helmets should fit level, not tilted up, or down over the forehead;
- Helmets should feel snug, but not too tight. To test the fit, the helmet should not fall off when you shake your head from side-to-side while the straps are unfastened;
- Adjust the chin straps to form a “Y” below and slightly forward from the ears;
- Only one finger should be able to fit under the chin strap when it is fastened;
- Do not forget to use the sizing pads included with the helmet. They will help improve the overall fit, comfort and safety.



Triwood Real Estate Update

Last 12 Months Collingwood

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
February 2016	\$498,888.00	\$467,500.00
January 2016	\$0.00	\$0.00
December 2015	\$695,000.00	\$659,000.00
November 2015	\$529,900.00	\$510,000.00
October 2015	\$514,900.00	\$475,000.00
September 2015	\$0.00	\$0.00
August 2015	\$879,000.00	\$869,000.00
July 2015	\$724,900.00	\$691,000.00
June 2015	\$764,900.00	\$755,000.00
May 2015	\$599,999.00	\$590,000.00
April 2015	\$699,900.00	\$680,000.00
March 2015	\$536,400.00	\$547,500.00

Last 12 Months Charleswood

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
February 2016	\$724,000.00	\$655,000.00
January 2016	\$657,450.00	\$640,352.50
December 2015	\$0.00	\$0.00
November 2015	\$629,000.00	\$605,000.00
October 2015	\$659,900.00	\$645,000.00
September 2015	\$544,500.00	\$529,750.00
August 2015	\$835,000.00	\$815,000.00
July 2015	\$519,950.00	\$503,500.00
June 2015	\$569,900.00	\$562,500.00
May 2015	\$549,000.00	\$549,000.00
April 2015	\$657,400.00	\$610,000.00
March 2015	\$599,900.00	\$580,000.00

To view the specific SOLD Listings that comprise the above MLS averages please visit collingwood.great-news.ca or charleswood.great-news.ca

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News from the Friends of Nose Hill

by Anne Burke

Recently I was told that the City does not collect cycle use data on Nose Hill and there were no 311 calls about it. Now there is a colour-coded Global Heatmap of human activities, such as running or cycling on the regional pathway system. You can use the toggle labels to check locations, for Nose Hill Park or your community. Through social media athletes network in real time.

Local Action for Biodiversity means each local government has a long-term local strategy, action plan, and will implement on-the-ground initiatives. The edits to The City's biodiversity webpage have now been made. The page better reflects the strategic plan, as well as providing details on the BiodiverCity Advisory Committee. Agendas and minutes are at: www.calgary.ca/biodiversity. As the Committee advances its work plans, further refinement and expansion of the webpage is expected. A report to City Council will go forward in the spring.

The CBC is looking for photos of Calgary's wildlife, animals, and birds for a photo gallery on their website. The contact person is: heather.moriarty@cbc.ca. She is

just in the process of collecting photographs now and if people are interested they should email them to her. She hopes to have the online photo gallery put together and posted within the next couple of weeks. "We are featuring photos that were taken in Calgary. The idea is to show all of the wildlife that can be found within city limits. We will credit the photographers, identify the animal/bird in the photo, and let people know approximately where in the city it was photographed."

In 2014, City Parks and Roads received a one-time grant from the Council Innovation Fund of \$300,000 for an automated, interactive Parks and Roads Map. With the number of 311 service requests, it has been challenging to have accurate information. Soon the system on www.calgary.ca will improve access to up-to-date data for Parks and Roads services, such as mowing and snow ploughing.

Calgary has one of the highest allocations of greenspace of any city in North America. There are 693 natural areas which make up over 50% of the park space in Calgary. Natural areas give priority to the protection of vegetation and wildlife over human use when the two come into conflict.



TRIWOOD TRI-LIGHTERS 50+ SENIOR LADIES' GROUP

Senior Ladies, we meet every Monday and Wednesday mornings for Tai Chi at 10:00am. Thursday afternoon we have a small but friendly group that meets at 1:30 pm for conversation, cards and refreshments.

For more information please call Betsy 403-289-9082 or Joyce 403-289-6972.

IN & AROUND CALGARY

Smoking and Home Fire Safety

The place where we feel safest — at home — is where most smoking-materials structure fires, deaths, and injuries occur. Smoking materials are the leading cause of fire deaths. Every year we have over 500 fires started due to smoking materials, this is preventable and can be reduced!

Some tips to remember:

- If you smoke, smoke outside. Most deaths result from fires that started in living rooms, family rooms and bedrooms
- Keep cigarettes, lighters, matches and other smoking materials high out of the reach of children. We have found the kids to be very observant regarding "hidden" lighters.

Put It Out, Right Out!

- Use a deep, sturdy ashtray. Place it away from anything that can burn.
- DO NOT discard cigarettes in vegetation such as mulch, potted plants, landscaping,
- peat moss, dried grasses, leaves or other things that could ignite easily.
- Before you throw away butts and ashes, make sure they are out. Dousing in water or sand is the best way to do that.

Your Calgary Fire department has been called to many fires burning on the outside of homes from ignited peat moss in planters while occupants were sleeping inside.

Did you know that in addition to your Fire Department being highly trained to battle fires, that we have specialty teams that are further trained in airport rescue, structural collapse, confined space, dive rescue, high angle and hazardous material response?

For further information please visit www.calgary.ca/CSPS/Fire/Pages/home.aspx.

Calgary Fire Department. Yours for life.

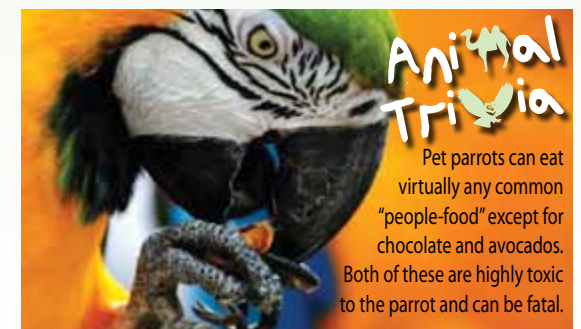
National Volunteer Week

April 10 - 16 is National Volunteer Week in Canada and on behalf of all Calgarians we want to sincerely thank community volunteers for all they do each and every day to improve neighbourhood life in Calgary!

There are 150 community associations in every neighbourhood across our city, and they are all run by volunteers. In fact, more than 20,000 volunteers are involved in community associations here in Calgary, making it the LARGEST collective volunteer movement in the city!

Without their hard-working volunteers community associations would not exist. They would not be able to provide you with the programs you enjoy, put on the year-round special events that bring you together as neighbours, advocate for your community on local issues, or produce this monthly newsletter full of important information. These volunteers are dedicated to making sure your community is a great place to live, work, and play.

Community volunteers are the lifeblood of the community association movement here in Calgary, a movement that brings Calgarians that small-town feel in our large urban centre. **So take a moment during National Volunteer Week, April 10 – 16, to thank a volunteer in your community for their hard work and dedication to ensuring you love where you live!**



MAY 6 AND 7 CALGARY INTERNATIONAL BEERFEST

The Calgary International Beerfest occurring May 6 and 7 at the BMO Centre and will be the largest beer festival in Western Canada! More info at www.albertabeerfestivals.com.



MAY 20 AND 21 E.T. FILM WITH ORCHESTRA

Experience Steven Spielberg's classic film in a new way — screened while the Calgary Philharmonic Orchestra performs John Williams' Academy Award-winning score live. www.calgaryphil.com



MAY 21 - KENT SANGSTER'S OBSESSIONS OCTET

Jazz YYC presents the Obsessions Octet. The group is a Juno Award-nominated ensemble that mixes classical tango and jazz. www.jazzyyc.com



YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

- **February 3 to May 29 - Herein We Dwell: Unexpected Images of Calgary in the 1890s:** A rare glimpse into the everyday life of 1890s Calgary is presented with little-seen historical images of early neighbourhoods and people. www.lougheedhouse.com
- **April 22 to June 26 - Young Frankenstein:** Young Frankenstein tells the story of Frederick Frankenstein, Victor Frankenstein's grandson, and how he inherits the family's estate in Transylvania. With the help of two sidekicks, he tries to fill his mad scientist grandfather's shoes. www.stagewestcalgary.com
- **April 28 to May 1 - Arab Nights Film Festival:** The Calgary Arab Arts and Culture Society presents the annual Arab Nights Film Festival at Festival Hall. The organization uses a variety of film to present a positive view of Arab life and society. www.calgaryarabartsociety.ca
- **April 29 to May 5 - 2016 YYC Taco Fiesta:** The city's first YYC Taco Fiesta kicks off on April 29. It is a week-long celebration of the best tacos in the city. The inaugural food festival comes to a close on May 5 with a Cinco de Mayo bash. www.yyctacofiesta.ca
- **May 2 to 21 - Flora and Fawna's Field Trip:** As well as developing survival skills and creating crafts that your mom will love and put up on the fridge, the heartwarming play is all about the power of being a little bit different. www.lunchboxtheatre.com
- **May 6 to 8 - Jane's Walks:** Jane's Walk is a weekend festival of free neighbourhood walking tours. Register to learn about different neighbourhoods and buildings in the city from passionate volunteers, and share your knowledge of the areas, too. www.janeswalk.org
- **May 13 to 15 - Calgary Reads Big Book Sale:** More than 1,000,000 used books can be purchased over the three-day event. As well as a shopping event, there are also special events taking place during the three-day sale. www.calgaryreads.com
- **May 26 to 29 - Ella:** This isn't the story of Cinderella that you already know and love. The local opera company takes Rossini's *La Cenerentola* and performs it with a few Calgary twists. www.cowtownoperacompany.com
- **May 28 - 2nd Annual Bridgeland Cultura Fest:** Spend a day exploring the neighbourhood of Bridgeland this spring. The second annual Bridgeland Cultura Festival showcases all that the neighbourhood has to offer. www.facebook.com/Bridgeland-Cultura-Festival-520066664797700/



CALGARY
PUBLIC
LIBRARY

CALGARY PUBLIC LIBRARY

The Book Truck

Your library on wheels is out and about in Calgary! Visit calgarylibrary.ca/booktruck to see where The Book Truck will be next and to request The Book Truck at your event.

Westbrook Library

Coming soon! Celebrate Westbrook Library's Grand Opening on Saturday, April 23. Visit calgarylibrary.ca for details.

Play!

Play Spaces at Calgary Public Library are designed to give parents and caregivers colourful, fun, and playful spaces to help babies, toddlers, and preschoolers develop skills that will prepare them for reading and success in school.

Library Play Spaces include areas to promote learning in all sorts of interesting ways:

- Reading and games with puzzles, books, quiet games
- Dramatic play and storytelling with puppets, costuming, play materials
- Large and small building activities with Duplo, blocks, shapes, mixed materials
- Writing and creative arts with paper, paints, white boards

Our latest vibrant, interactive, and playful Early Learning Centre is now open at Fish Creek Library!

Teen Takeover!

The last week of April is Youth Week 2016! This year, the library is hosting Teen Takeovers: we'll turn over seven libraries to teens, and have plenty of games, snacks, and activities for them to enjoy. See calgarylibrary.ca for locations and times.

Authors Live at Calgary Public Library

An Evening with Lawrence Hill

Lawrence Hill reads from his award-winning book, *The Illegal*, which tackles the timely topic of refugees.

Monday, April 18, 6:30 p.m.

Central Library

An Evening with Wade Davis: *White Darkness and the Living Dead*

Wade Davis recounts his work investigating zombies and the Haitian voodoo culture, where he was propelled into a world beyond his imaginings and developed an appreciation of a fascinating and complex culture.

Thursday, April 21, 7:00 p.m.

Central Library

To register, visit calgarylibrary.ca

IN & AROUND CALGARY

BIKE TO WORK DAY FRIDAY, MAY 6 2016



Join in on the fun!

10 Energy Pit Stop Locations around Calgary

Free Breakfast & Giveaways at Eau Claire Market

Fun, fresh air, fantastic people & free stuff!

Get on your bike and join other Calgarians on Friday, May 6th from 6:00 am - 9:00 am for Calgary's 10th Annual Bike to Work Day!

For more information or to volunteer, contact the Event Coordinator at jennaharbeck@familylaw-baht.com.

Like, Follow, Share, Connect.

www.bikecalgary.ca

[f Bike to Work Day Calgary](https://www.facebook.com/BikeToWorkDayCalgary)

[t @Bike2WorkDayYYC](https://twitter.com/Bike2WorkDayYYC)

[i @Bike2WorkDayYYC](https://www.instagram.com/Bike2WorkDayYYC)

KEYBOARD SHORTCUTS

Ever Wonder What Those
Function Keys Do?

F1 Get Help or visit
Microsoft Office Online



Our Pets And UNWANTED Passengers

Parasites, both external and internal, are present in Calgary, but traditionally because of Calgary's elevation, dry climate, and extreme winters the risks of infection were low. This may be changing with our changing weather; Calgary never hit minus 30 degrees winter 2014-2015, we are still waiting for winter this year, and we've had two wet summers. Review your pet's annual anti-parasitic regime. The absolute minimum recommended by veterinary professional associations is an annual fecal examination, but this is now inadequate for all but a strictly indoor pet. It is also imperative you examine your pet's lifestyle and travel plans to determine his or her individual needs.

As far as external parasites go we haven't seen fleas in Calgary except on pets travelling in or through, but this summer the number of cases of lice and ticks is expected to dramatically increase. Ticks are usually seen April to October in Alberta but studies reveal ticks can become active seeking a host at 4 degrees centigrade. All ticks received by veterinarians are submitted to Alberta Tick Surveillance project to determine species and if they are carrying secondary diseases, such as Lyme disease. Lyme disease is carried by the black-legged tick. That tick is rare in Alberta but may be carried in by a migratory bird. Dogs rarely become clinically ill if the Lyme disease or *Borrelia burgdorferia* pathogen is in the tick; but if the tick moves onto a human host, people get very ill. Lyme disease is considered endemic to parts of B.C. and east of Winnipeg. Previously our clinic recommended tick and louse protection if lifestyle and travel dictated it. This year we recommend prophylactic anti-parasitic medications for all dogs and cats that go outdoors.

Heartworm disease is not in mosquito populations in Alberta, but provincial and national bodies monitor the situation to keep veterinarians members informed. As with tick and louse prevention, monthly protection is easier than finding out what areas have the parasite.

West Nile Virus is in Alberta mosquito populations but dogs and cats do not tend to become clinically ill. This disease affects birds, horses, and people. Use repellents during mosquito season.

A type of microscopic tapeworm known as *Echinococcus multilocularis* has recently been identified in the coyote populations around Edmonton and Calgary and in Nose Hill Park. The lifecycle of this tapeworm carries it between the wild carnivores, such as fox and coyotes, and the rodent populations. If a dog or cat picked up this parasite from a rodent they ingested, they may show no symptoms. A person contracting this parasite from a pet is an atypical host and the alveolar form of tapeworm infection in humans can be devastating. Regularly deworm any pet known to catch rodents.

We have become a population of people and pets that travel and move all over this continent and world. Contact your veterinarian for advice about the parasites that can infect your pets, and initiate prophylactic prevention as required. Also be conscious of the changing weather in our own backyard increasing our risk as we invite our furry family members onto the couch, into the kitchen, and onto our beds. Prevention is easy but treatment is often not as simple. Also tell your vet if you have dogs and cats as some dog products are toxic to cats.

Jennifer L. Scott, D.V.M.



Why and how to host a BOOK DRIVE:

It's fun and you can make a difference in the lives of children in Calgary!

A Book Drive is when you collect gently-used books that people are finished with and give them to someone else. Sometimes the books are sold to raise money to support the work of a charity.

Consider collecting books for Calgary Reads. We help teachers, families and community members help children learn to read with confidence and joy. We do this through programs, events and activities that build children's literacy skills and their love of reading and books.

If your family, neighbours, school, sports team, Girl Guides, Scout troop or work colleagues would like to collect books to support the work of Calgary Reads ... there are two easy ways to hold a Book Drive:

- 1. A Central Collection Point:** This donation spot can be in your school, office, home, or your club venue. Place boxes to collect the books. Let people know why and when you are collecting.
- 2. A Door-to-Door Book Drive:** Distribute a flyer to homes in a chosen area. Detail your drive and the date that someone will be back to collect books. The homeowner puts the books they wish to donate in a bag and places them outside their front door on the day of the drive.

Books donated to Calgary Reads are used in two ways. At this time of year we collect pre-owned adult and children's books (fiction and non-fiction) to sell at our annual fundraising event: the **CBC Calgary / Calgary Reads Big Book Sale** that happens in May. Year-round we welcome donations of gently-used or new books for children aged 0 to age 8 for our **Calgary Reads Book Bank** that, in collaboration with the **Calgary Food Bank**, brings books to children in Calgary who have few or none of their own at home.

Or, spread the joy of reading another way. If your group or community does not have an excess of books to give to others, start a 'Borrow-a-Book shelf' in the entrance of your business, club venue or school—or, stew-

ard a Little Free Library in your neighbourhood and keep books circulating!

CBC Calgary / Calgary Reads Big Book Sale

One of Calgary's most anticipated and attended events!

More than 1,000,000 previously-loved books will be ready to be purchased and find new homes. This is a signature fundraising event for Calgary Reads.

Our 14th annual event! Held at the Calgary Curling Club, 720 3rd St. NW, Calgary:

Friday May 13 • 9am – 9pm

TGIBs (Thank Goodness It's Books) Author reading 7pm.

Saturday May 14 • 9am – 9pm

Back by popular demand! **Jazz & Books Night!** Shop to the musical sounds of **Midnight Blue Jazz Society** with cash wine bar 6 – 9pm.

Sunday May 15 • 9am – 1pm

Childcare in the **Children's Story Tent** this morning with crafts and storytelling by Girl Guides.

Special Today! Fill the bag we give you with books for just \$25!

Other special activities during the Big Book Sale will be announced on our website as they are confirmed: calgaryreads.com

Donate books: We welcome donations of good quality, gently used adult and children books for the book sale! (We cannot accept encyclopaedias, dictionaries, text books, Harlequin Romances, Reader's Digest, cassettes, magazines or agendas)

Book collection locations, dates and times:

At **Calgary Food Bank**, 5000, 11th Street SE, Calgary:

- Monday to Thursday April 25 to 28 - drop off at Door #3 from 8:30am – 7pm
- Friday, April 29 - drop off at Door #3 from 8:30am – 3:30pm

At **Calgary Curling Club**, 720 3rd St. NW, Calgary:

- Tuesday to Friday May 3 to May 6 from 9am - 7pm sharp
- Saturday and Sunday May 7 and 8 from 9am - 4 pm sharp

At Calgary Reads we build connections, strengthen networks, champion, involve and innovate—because we ALL have a role to play in creating a thriving community where all children can read with confidence and joy! Learn more: Calgaryreads.com



CALGARY BOARD OF EDUCATION BOARD OF TRUSTEES

Website: <http://www.cbe.ab.ca> • Email: boardoftrustees@cbe.ab.ca

Your voice matters

The Calgary Board of Education is committed to involving people in decisions that affect them. To do this more effectively, a new system-wide approach to public engagement is being developed.

This approach will help people understand how their contributions influence decisions within the CBE, clarify roles and responsibilities and allow us to have a consistent approach across our system.

Last fall we invited employees, parents, students and the general public to share their perspectives on public engagement at the CBE. The response was outstanding. More than 6,500 people took the time voice their opinions. The thoughts and views that were shared are important and will guide us as we move forward.

A summary is posted on our website. It identifies several areas where the CBE can do better including developing a well understood, fair and open engagement process to sharing the results of engagement activities.

More information on Public Engagement and other opportunities to provide input can be found on our website www.cbe.ab.ca/dialogue

We look forward to sharing our new approach with you.

The Board of Trustees always welcome your comments, feedback and questions. You can contact the Board of Trustees at boardoftrustees@cbe.ab.ca.

Follow the Calgary Board of Education on Twitter @yycedu



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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

CALGARY CATHOLIC SCHOOL DISTRICT BOARD OF TRUSTEES

Website: www.cssd.ab.ca/board-of-trustees/, Email: trustees@cssd.ab.ca

Learn more about your Calgary Catholic School District Board of Trustees!

We hope everyone had a wonderful Easter break blessed with peace and joy. As we celebrate spring, our district Planning and Construction departments remain busy, preparing for the opening of four new schools before the end of 2016 and six new schools in the coming years.

Did you know?

- The four schools slated to open before the end of 2016 include K-9 schools in the communities of Auburn Bay and Evanston and K-6 schools in the communities of Cranston and New Brighton.
- These new schools will help relieve overcrowding pressures at current receiver schools and they will also provide room for our district to keep growing. Years of extensive planning and public consultation goes into the decision-making process of every new school we open.
- Naming our schools is a very important part of the process and one of the initial steps to building community among the individuals who will learn and work together. A naming committee is developed for each school, which includes representatives from senior administration, Board of Trustees, parishes and the school council chair.
- The committee meets and reviews a list of potential names, which includes saints and prominent Catholic figures that reflect a commitment to gospel values, exemplary service to others and a willingness to journey in faith with God.
- The naming committee will select several suitable names and then gather input from the school community and parishes and review the data before submitting it to senior administration for final approval.
- In addition to reflecting our district's faith through school names, we also look to incorporate symbols of faith within the building construction. We add a cross to the outside of our buildings, but also look to add meaningful, religious symbolism in windows, floor patterns, foyers and other architectural elements.

For more details and information regarding new schools at the Calgary Catholic School District, please visit our website at www.cssd.ab.ca under Schools/Future Schools.

Estate Planning Strategies – protecting your legacy

Suzanne Smith-Demers – Consultant

When your time comes – and may it be many years from now – you will want your legacy to be passed on exactly as you wish. That's why estate planning is so important. Here are some key terms you should be aware of:

A Will designates how your estate should be distributed. If you die without a will (intestate), provincial legislation will determine how your estate is distributed.

A Living Will provides direction for your care in the event of your incapacity.

An Enduring Power of Attorney provides direction for how your property will be managed if you are no longer able to manage it yourself.

An Executor is the person named in your will to settle your estate according to your wishes.

A Guardian should be named in your will to take care of any minor children.

Liquid Assets are important to pay for taxes, debts and the costs of settling your estate. Life insurance is often used to provide sufficient liquid assets when they are most needed.

Probate is the process by which your will is validated by a court with fees paid to the provincial government. Avoiding probate through the use of beneficiary designations and joint ownership must be done with due care.

A Trust specifies a trustee to manage the assets for the benefit of the beneficiary(ies). A trust set up in your will is known as a testamentary trust, and it can serve several purposes, including maintaining control over the assets until certain beneficiaries are mature enough to manage them, and providing certain tax and government support advantages to beneficiaries with disabilities.

Your personal estate planning strategies depend on your financial situation. Your professional advisor and lawyer can help ensure your legacy is left as you wish.



According to blog writers Kelley House and Kate Norvell, both certified professional soil scientists, plant "litter" that remains after a harvest is called "residue." Leaving the residues in place over the winter, instead of pulling them up or tilling them into the soil surface, provides numerous benefits for the soil and your garden.

- <https://www.sciencedaily.com/releases/2016/02/160215124440.htm>

Article by J. Turner

Photo by Andrea S. H. Hunt

THE PORCUPINES

A Prickly Subject

The North American Porcupine, *Erethizon dorsatum*, Canada's second largest rodent (after the beaver), is a well known mammal, with many legends related to it. It was a part of the life of early settlers and First Nations communities across the country, the quills (or spines) being dyed and used for decorative purposes, and the meat providing food through the winter.

The porcupine, when described, seems an odd looking animal, having: a short blunt nose, small (short sighted) eyes, almost invisible short round ears, orange continuously growing front teeth, humped shoulders, bowed legs, long curved claws for climbing trees, a thick rounded muscular tail, and a soft woolly undercoat with long yellow tipped guard hairs that conceal its quills. It plants its feet fully on the ground when walking (like humans and bears), moving with a slow swaying walk, and a clumsy looking gallop when threatened. The larger male porcupine can weigh up to 18 kgs (40 lbs) and be up to 90 cm (36 in) long (not including its tail of up to 30 cm or 12 in long).

This usually quiet, peaceful animal lives alone for most of the year, in a well-treed area, just going about its business. It's a herbivore eating a diet that varies from season to season: mostly inner bark and things like pine needles in the winter; when the sap rises in the spring,

adding leaves and catkins to its diet; over the summer enjoying herbs, dandelions, thorn apple, clover, grasses, water lily and arrowheads; and seeking out beech and acorn nuts, wild fruit, and raiding cornfields and orchards as fall comes. The porcupine relies on its nose to find food, and knowledge of its home territory, as it rarely strays far from its den (in caves and crevices, under logs or rocks) to find food.

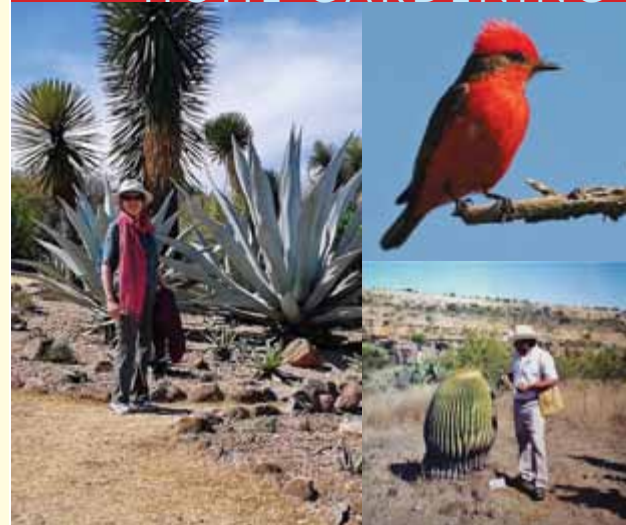
But what about the stuff of legends? The porcupine's most well known feature are those quills, some 30,000 of them. Many believe that porcupines 'shoot' quills at their predators to drive them away. The quills are actually modified (keratin coated) thick hairs and there are none on the muzzle, legs or under part of the belly. Quills are longest on the back and tail (up to 10 cm or 4 in) and when raised push the guard hairs forward forming a crest. Each quill is hollow and embedded in the skin, where they are attached to a small muscle that pulls it upright in the fur when the animal feels threatened. Quills have black tips and yellow or white shafts. The tip tapers to a fine point covered by dozens of small black barbs, which feel rough to the touch. When they are moist (such as when embedded in skin) they swell up working the quill into the flesh. When a porcupine feels threatened, it will chatter its teeth to warn off its predator and make for the closest shelter (rock, log, or up a tree). If caught on the ground it pulls its head in, stomps its back feet, stands up its quills, and lashes its tail sending loose quills through the air, appearing to "shoot" them at the threat. All a predator has to do though is touch a porcupine with raised quills for the quills to transfer to them. If treed, the porcupine will only act if the threat climbs the tree, then it will back down the tree flicking its tail and sending quills flying. In addition to being used for defence these air filled quills make excellent flotation devices for accessing food sources growing in watery areas, and help insulate the animal in the winter.

The porcupine's most troublesome habit (as far as humans are concerned) is its penchant for chewing to keep the size of its front teeth in check. It is known to chew tires, leather, and wood in areas where humans (unwittingly) provide the materials. They will chew on cast off antlers and bones where there are no humans around.

If you find an injured or orphaned porcupine, or other wild animal or bird, please contact the Calgary Wildlife Rehabilitation Society for further instructions.

EL CHARCO DEL INGENIO

Barbara Shorrock



My January trip to **San Miguel de Allende** in central Mexico included a guided tour of **El Charco del Ingenio**, a botanical garden not far outside the city. The park is a nature preserve on both sides of a deep canyon with dam and reservoir. The preserve is large, covering many hectares, and primarily natural, created 25 years ago for the purpose of environmental conservation, and operated by a Mexican non-profit organization. The garden was inaugurated on July 1991 during a total eclipse of the sun, with much ceremony and fanfare.

There are three distinct **ecosystems** in the park: 1.) **Dry scrubland**, the typical landscape of the Mexican highlands, featuring tough grasses, cactus and trees like acacia. 2.) The **canyon** with its craggy rocks, caves, sheer cliffs and pools fed by natural springs. 3.) **Wetlands** surrounding the banks of Las Colonias reservoir in the heart of the garden with 13 man-made islands, created in co-operation with the Audubon Society to provide a variety of bird habitats for both indigenous and migratory birds. San Miguel has a large birding group who gather here in the early mornings and late afternoons to watch and photograph the impressive variety of species. Of particular interest is the "murmuration" of the Bronze Cowbirds as they assemble in great clouds to prepare to roost in the evening, their wings creating the distinctive murmuring sound like no other.

The areas we toured had hiking paths, art installations by local and international artists, and a large

greenhouse which houses the species too tender to survive the local temperatures. Everything in this garden is native to Mexico, and is primarily comprised of cacti and succulents. Because it was winter the nights were cold (zero plus or minus a few degrees) and the days sunny and dry. There was water in the reservoir (you could easily walk across the dam to the undeveloped part of the preserve) but our guides told us the reservoir would be dry by May, the month when rains typically begin. Within a few weeks, water will be pouring over the dam and flooding the canyon below, causing the revitalization of the flora where everything that has been patiently waiting bursts into leaf and bloom, creating a totally different experience for the human visitors. At the time of my visit, the landscape was dry and dusty, with little colour beyond the gold of the grass and various greens of the cactus. Many specimens have been rescued, such as the giant barrel cactus which grows up to ten feet high and lives for over a hundred years. Rescued plants often come as a result of road building or commercial development somewhere in Mexico.

The area has a rich history dating from Colonial times to the 20th century. Water was originally taken by metal aqueducts to factories in the town, powering industry. You can still see some of the pipes along the canyon walls. The permanent pool, deep in the depths of the canyon, arises from the main spring that gives El Charco its name. The pool can be seen from the trail, but it would take a strong and courageous hiker to get down to it, and then back up again. Regular tourists can just look and take photos from above, which was a relief. The greenhouse area is more manicured, with a great variety of stunning agaves, which are considered the "Tree of Life" for their many uses as food, medicine, textiles and ornaments. El Charco offers a variety of educational programs to both children and adults. There are also many cultural and musical events representing modern and ancient times. We saw an amazing picture of a small symphony performing a concert way down in the canyon, complete with grand piano. One visit to this garden is definitely not enough.

Barbara Shorrock is a gardener, book lover and keen traveler. She can be found at the Queensland Garden Club the first Wednesday of most months.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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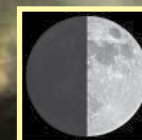
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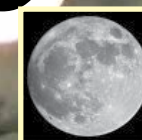
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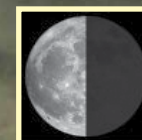
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Most knowledge about 3D vision has come from vertebrates, however, a team from Newcastle University, UK publishing in *Scientific Reports*, confirm that the praying mantis, an invertebrate, does indeed use stereopsis or 3D perception for hunting.

www.sciencedaily.com



**MP. CALGARY CONFEDERATION
LEN WEBBER**

403-220-0888
len.webber@parl.gc.ca .

Proudly Serving the Communities of Calgary Confederation

It has been a few months since the federal election and it still humbles me that the fine people of Calgary Confederation have chosen me to be their elected representative to the House of Commons.

I committed to being a strong voice on your behalf in Ottawa and am working to represent your interests and advocate on issues which have been forwarded to me. I have been impressed with the thoughtful letters and kind wishes I have received.

The election brought many changes to the political landscape, but it does not change the things that are most important to Canadians. No matter the party in power, Canadians want a strong economy, a safe country and a bright future. While I believe all politicians agree on this and want the best for Canada, it is in how we go about achieving these goals that we differ. I will continue to raise the need for pipelines, both east and west, and push for innovative, prompt and productive ways to address unemployment and getting people back to work.

The early days of this Liberal government tell me that there will be a lot of work ahead to keep this government focused on the important priorities of all Canadians. Warning signs are everywhere of out-of-control spending with no fiscal plan for the future. Without a sound and disciplined fiscal plan, we put at risk many of the things Canadians cherish most.

I am privileged to have been selected as Vice-Chair of the Standing Committee on Health. This will be an opportunity to address many health issues including a national organ donor system that works for those in need of a life-saving transplant.

It is with your support and encouragement that I proudly stand in Parliament on your behalf. Please feel free to contact my Calgary constituency office for information, assistance and/or appointments by phone 403-220-0888 or by email len.webber@parl.gc.ca .

I hope you continue to share your comments with me and I look forward to hearing from you.



**MLA CALGARY-VARSITY
STEPHANIE MCLEAN**

#101, 5403 Crowchild Trail NW
Calgary, AB, Canada T3B 4Z1
Phone: (403) 216-5436 • Fax: (403) 216-5438
calgary.Varsity@assembly.ab.ca

Friends,

March has been an eventful month. Lieutenant Governor Lois Mitchell delivered the Speech from the Throne on March 8, opening the spring session of the legislature. She outlined our Government's spring agenda which focuses on investment in families, protection for vulnerable Albertans, job training, and job creation.

This past month we were busy attending meetings across the community. At the beginning of the month we attended the South Shaganappi Area Development Study Meeting and were encouraged to see cooperation across major development projects. This cooperation will allow infrastructure to be built with minimal impact to the residences of Calgary-Varsity. We have also been attending Community Association Board Meetings where we have provided information about the reinstated STEP program. We have been engaging in conversations with our Senior groups and have been meeting with multiple Senior Care Facilities in Calgary-Varsity in order to provide increased access to our office.

Last summer I was able to tour the Children's Hospital, and this month we were able to connect with the Children's Hospital's Foundation to facilitate increased engagement. The Children's Hospital is celebrating its 10th year in our community. This year has marked several major milestones for Calgary-Varsity. This month marks the 50th anniversary of the University of Calgary.

Here in Calgary-Varsity we all have benefited from the important role the university has played in growing our community over those 50 years. Check out www.ucalgarycelebrates.ca to read stories of the past, and to find out how you can be involved in the celebrations.

As the snow melts and flowers start to bloom spring is a great time to get out in the community. Spring is also a great time to be out connecting with neighbours. My staff and I look forward to seeing you at some upcoming events:

- Triwood Community Association Spring Clean Up – April 24

- Dr. E.W. Coffin School Spring Craft-A-Fair- April 24
- Montgomery Community Association Spring Clean-Up – May 7

Additionally, be on the lookout for us handing out coffee at the Dalhousie, Brentwood and Banff Trail Stations throughout the month.

Finally, I would like to thank the many constituents who shared their, well wishes on the arrival of my son Patrick. Both my husband and I have been overwhelmed by the kindness and support we have felt from across the community.

Our office serves the people of Calgary-Varsity. Our team is available to talk to constituents about provincial government departments, programs, scrolls, and services. Please visit us in our office, and let us know how we can help you.

BRAIN GAMES SUDOKU

5	6	7	8	9	3	4	1	2
1	2	4	6	5	7	3	8	9
3	9	8	1	2	4	5	6	7
2	4	9	3	1	5	6	7	8
7	5	3	2	6	8	1	9	4
8	1	6	4	7	9	2	3	5
6	7	1	9	4	2	8	5	3
4	3	5	7	8	1	9	2	6
9	8	2	5	3	6	7	4	1



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The City of Calgary is moving quickly to mitigate the economic downturn with a number of endeavours, both short and long-term. Accelerating the pace of large construction projects can be an effective way to stimulate a struggling economy and increase employment. The City has identified a list of pre-approved projects that will create jobs and leave a lasting public benefit. The projects are divided into three buckets: new infrastructure, lifecycle maintenance and enhancement, and affordable housing.

Flood mitigation measures to protect river communities and the City Centre are at the top of the priority list. Some capital projects, like enhancing community and recreation centres, can start right away, while others, like the Green Line LRT, will break ground only once community consultation is completed and funding is secured. The City will work with its community partners to construct new affordable housing units or purchase existing housing stock.

While large-scale, transformational projects have their place, incremental micro-improvements are increasingly seen as a way to phase into large investments. I have long been a promoter of low-cost, high-reward projects to create opportunity and vibrancy, test new ideas, and solve urban problems. Quick projects such as pop-up parks, patios, and restaurants take little investment but add instant vitality. Pilots like cycle tracks or lane reversals help us test new concepts before making substantial political and financial commitments. Rules can be a barrier and sometimes the rule-makers just need to know when to get out of the way.

While temporary projects can spark creative solutions, we must take a long-term approach with investments that are meant to last. Over the years I have seen both booms and busts used as excuses for shoddy design and workmanship. When the economy is booming we are in a rush to build, and success is measured by the speed of the planning process. During a downturn, we are afraid to be too demanding, for fear that that the opportunity will vanish. Calgary deserves better.

In addition to the capital construction program, City Council is working with Calgary Economic Development on economic resiliency. Several projects have already been funded:

- Marketing campaign to promote tourism
- Buy-local campaign to promote local business
- Real estate and economic diversification plan to attract head-offices and repurpose empty office space
- Grant program to cover development permit fees for new and refurbished affordable housing

The City of Calgary is doing its part to strengthen our economy. During hard times, we must manage carefully, but think ambitiously, and combine caution with optimistic long-term planning for the recovery.



211 is here to help you find the right community and social services.

You can dial 2-1-1 to speak to an Information & Referral Specialist, or search our online community resource directory.

See more at: <http://www.ab.211.ca>

Triwood mybabysitterlist

Name	Age	Contact	Course
Hanna	13	587-580-5733	Yes
Miya	13	403-276-1712	Yes
Michael	14	403-801-2848	No
Miriam	14	403-774-8880	No
Alissa	15	587-439-7592	Yes
Juliette	16	587-999-0783	Yes
Ruby	17	403-289-3232	No
Naomi	18	403-903-6793	Yes
Maia	21	403-804-7834	Yes

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Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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- ♦ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ♦ Forty word limit

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From 2014-2019, the NCA forecasts that U.S. chocolate sales will grow another \$4 billion, or 19%. That growth is being driven by consumers' preference for chocolate, which they see as being healthier than more traditional sugary candies, said Larry Wilson, vice president of customer relations for the NCA. "People are now saying I eat chocolate" because of the health benefits, he said.

- <http://www.ecolechocolat.com/en/news.html>

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calgary.klein@assembly.ab.ca

Hello Calgary-Klein!

I recently had the pleasure of attending Calgary-Klein's first Small Business Summit. It was wonderful to see representatives from small business, government, and local community organizations all in the same room, working on ways to support each other. Thanks to everyone who attended and helped organize – it was a great success!

Small businesses are job creators, as well as strong contributors to the provincial economy. They comprise 95 per cent of all businesses and are responsible for 35 per cent of all private sector employment in the province. The Government of Alberta has an important role to play as a partner to these job creators. If we want Alberta to be the best place to start and grow a business, we need to focus investment to build a modern and efficient infrastructure. A few

steps the Government of Alberta has taken to support and encourage small businesses include:

- The re-instatement of the **Summer Temporary Employment Program**. This program supports students by providing job exposure and building transferable skills, while also supporting employers. The program is expected to support approximately 3,000 student summer jobs.
- **Maintaining competitive tax rates for small business.** Alberta has one of the most competitive tax environments in North America, and is the only province that does not have a provincial retail sales tax and no provincial capital or payroll taxes.
- The creation of the **Petrochemicals Diversification Program**, which will encourage companies to invest in the development of new Alberta petrochemical facilities by providing royalty credits. It is expected that this will support the construction of several facilities, which could create up to 3,000 new jobs during construction, as well as more than 1,000 jobs once operation begins.
- A new **Ministry of Economic Development**, which will include enhanced supports for small- and medium-sized businesses, as well as strategy to increase trade, market access, and attract investment.

One of the easiest and most effective ways we can support our small businesses is by shopping local! This puts money into the pockets of local workers who could be your neighbours or family members, and will likely be spent locally as well. I encourage everyone in Calgary-Klein to support businesses that invest in our community.

As always, our office is happy to hear any feedback from constituents, and we may be reached at calgary.klein@assembly.ab.ca or 403-216-5430.




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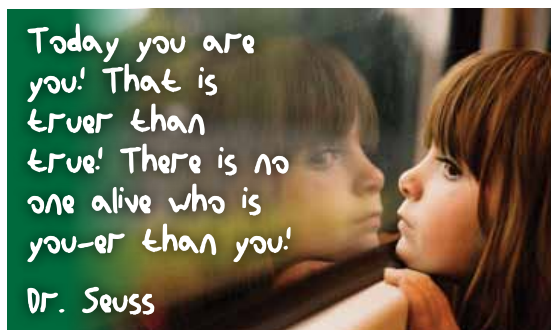
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