

MAY 2016

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tw TRIWOOD trumpet

THE OFFICIAL CHARLESWOOD, COLLINGWOOD & FOOTHILL ESTATES COMMUNITY NEWSLETTER





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Charleswood Hall :

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225 Theater Style

Collingwood Hall:

130 Banquet Style

150 Theater Style



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Find us on  TriwoodHalls 



Triwood Community Association

2244 Chicoutimi Dr. NW

Calgary, AB – T2L 0W1

Phone: 403.282.2677

Fax: 403.282.7031

triwoodca@shaw.ca | www.triwoodcommunity.com

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NEWSLETTER AD SALES

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GREAT NEWS PUBLISHING HAS BEEN PROUDLY SERVING TRIWOOD FOR 9 YEARS!

A MESSAGE FROM THE EXECUTIVE DIRECTOR



Hello Triwoodians – Hockey and Ringette season has now come to an end, the ice is taken out and we are gearing up for Roller Derby and Ball Hockey season. Thank you to Frosty and his staff for all his hard work in providing the best possible ice in the whole city.

If you haven't yet signed up your kids for summer camps, don't worry it is not too late, registration can be done on the Triwood website. The camps will be in full force for July and August.

A thank you to all volunteers and staff who worked diligently at our Annual Spring Clean-Up. Without their contribution the spring clean-up would not take place.

The Stampede Breakfast will take place on July 9 at 9:00am – noon. We have all sorts of events for kids and adults; it will be a wonderful day for all the family. We have invited the Mayor and also the Premier so mark your calendars and make sure to come early. We had over 1,200 people attend last year.

STEP INTO SPRING

Are you thinking of becoming more active? The University of Calgary is recruiting volunteers for a 12-week physical activity study.

To participate you must be:

- 18 years of age or older
- Exercising less than three days per week
- Have internet access

You will be asked to wear a pedometer for three months, log your activity onto a website, and complete three questionnaires.

By completing the three questionnaires you will receive:

- A pedometer (\$25 value)
- \$10 gift card
- Price draw entry for \$1,000 gift card

For info or to participate contact:
Research Coordinator
403-210-7044 or perryr@ucalgary.ca
Ethics ID: REB15-2944

This study has been approved by the University of Calgary Con-joint Health Research Ethics Board.



Volunteers Needed

at Triwood Community Association

- Are you in high school looking to complete community service hours?
- Are you in college or university hoping to add experience to your resume?
- Are you an adult looking to get involved within your community?
- Are you a senior searching for something fun and rewarding to do in your spare time?

Volunteering is a gratifying experience at any age! If you answered yes to any of these, then the Triwood Community Association has the perfect opportunity for you. We are currently looking for volunteers to assist with upcoming community programs and events. Volunteers will lend a hand with a wide variety of recreation programs and special events, and will have a chance to work with people of all ages. This is a great way to meet new people, get involved in your community, and have some fun!

Volunteers must be at least 13 years of age. If you are over the age of 18 we will require a Security Clearance check (free for volunteers).

Please contact Lynsey TODAY to join our volunteer team! She'd love to hear from you: triwoodpc@shaw.ca or 403-282-2677

Thank you!



CALGARY MOUNTAINVIEW LIONS CLUB
Help us help others.
Join Calgary Mountainview Lions Club
Make new friends while making the world a better place.
Meetings 2nd and 4th Tuesdays each month
Phone Sandra Rowe at 403-226-1435



**TRIWOOD
COMMUNITY
ASSOCIATION**

**2016
DIRECTORY**

**The Heart
of the Community**

Executive		Triwood Staff	
President	<i>Toni Pilkey</i>	Executive Director	<i>Rick Lundy</i>
Vice President	<i>Mark Whiteman</i>	Events Coordinator	<i>Kristen Friedrichs</i>
Treasurer	<i>Jim Pilling</i>	Accountant	<i>Randy Dalgleish</i>
		Building Maintenance	<i>Robert Catton</i>
		Programs/Events Coordinator	<i>Lynsey Farrell</i>
Directors		Arena Manager	<i>Dave Hurren</i>
Community Relations	<i>Sandra Rhead</i>	Sports Registrar	<i>Lynsey Farrell</i>
OFFICE HOURS			
Monday-Thursday 9:00 am – 4:00pm Friday 9:00am – 3:00pm Closed Saturday and Sunday			
Members at Large			
Member at Large	<i>Jim Heck</i>		
Member at Large	<i>David Fong</i>		
Member at Large	<i>Mark Whiteman</i>		
Member at Large	<i>Chris Cole</i>		
Committee Representatives			
Soccer	<i>Carrie Killam</i>	Nose Hill Park (Community)	<i>Deborah Sanderson</i>
Planning Committee	<i>Joel Mayer</i>	Performance Arts	<i>Jim Heck</i>
Squirts Hockey	<i>Nelson Van Waes</i>	Grey Eagle Bingo Coordinator	<i>Jade Westlake</i>
Westwood Hockey	<i>Christine Lilge</i>	Police Liason Officer	<i>John Kastomonitis</i>
Ringette (Sports)	<i>Lauri Scotvold</i>	City Parks and Rec	<i>Virginia Clark</i>
Scouts (Programs)	<i>David Fong</i>		
	<i>Mark Whiteman</i>		
Cubs/Beavers (Programs)	<i>Margaret Porter</i>		

TRIWOOD HALL SCHEDULE 2016

Hall (and arena) at 2244 Chicoutimi Dr. NW

Phone 403-282-2677 - Office

Triwood Halls available to rent. Check website for availability.

www.triwoodcommunity.com



Location in Main Building	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Charleswood	Yoga for Moms 10am - 11am Zumba Fitness 6:45pm - 7:45pm		Zumba Fitness 9:30am - 10:30am Zumba Fitness 6:45pm - 7:45pm	Kids Karate 5pm - 6pm			
Collingwood	Hatha Yoga 7:15pm - 8:30pm	Cubs 6-8:30pm	Scouts 6:30pm - 9pm	Yoga Exposure 6-7pm			
Upstairs Annex (Meeting Room)		Beavers 6-8:30pm					
Adventurers Room	School Age Care 6 am - 6 pm	School Age Care 6 am - 6 pm	School Age Care 6 am - 6 pm	School Age Care 6 am - 6 pm	School Age Care 6 am - 6 pm		
Foothills	Triliters Tai Chi 10-11am Karate 6-8pm	Foxy 6-8:30pm	Triliters Tai Chi 10-11am Foxy 6:30-7:30pm	Painters 9:30am-3pm Foxy 6-8:30pm	Karate 6-8pm		
JT's	Triliters 10am-12pm Book Club 1-4pm (1st Monday of month)	Triwoodsmen 1-4pm Lion's Club 7-10pm (2nd & 4th Tues of month) 7-10pm (2nd & 4th Tues of month)	Triliters 10am-12pm	Triliters 1-4pm			

TRIWOOD HALL RENTERS

ACTIVITY	CONTACT	EMAIL	PHONE
Adventurers School Age Care	Diane McKean	adveninc@shaw.ca	403-284-5457
Foxy Kickboxing	Jessica Sparrow	jessica@foxykickboxing.ca	
Karate	Ken Noda	masternoda@mac.com	403-804-6789
Zumba Fitness	Michelle Neufeldt	fitforchange@shaw.ca	403-804-6951
Yoga	Lynsey Farrell	triwoodpc@shaw.ca	403-282-2677
Scouts	David Fong	www.fourthtriwood.com	
Cubs / Beavers	Margaret		
Lions Club	Margaret Young	youngmargaret@shaw.ca	



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Ken,
Teacher, music lover and golfer.

Home. It's where we live. It's the feeling we get from freshly folded laundry in our bedroom. It's playing the piano and singing with friends and it's shared moments over dinner with family. It's feeling healthy, eating well and enjoying the community we savour with other great people. It's looking forward to a little exercise and some laughter at the pub afterwards.

Welcome to your life at Evanston Summit. Welcome home.

121 retirement suites available for October 2016 occupancy.
Visit us at evanstonsummit.com or call us at 587.538.7511 to schedule your appointment

Insects and Technology

The brilliant color on the wings of the butterfly some birds like the peacock have been the inspiration for a new technology that will render crystal clear images on screens, no matter what the lighting.



Discovery Magazine

Calgary



Have you verified your property information?

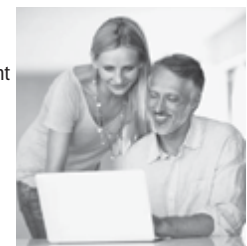
You should have received a letter recently with information to access a new online service. This convenient and secure service allows you to easily verify and update your property information online.

You will need:

- A personal **myID account**
- The **roll number** on your letter
- The **access code** on your letter

Go to calgary.ca/assessmentsearch to get started.

For more information: **Telephone:** 403-268-2888
(Monday to Friday; 8 a.m. - 4:30 p.m.)
Web: calgary.ca/assessment



2016-0538

Newsletter Submission DEADLINE **15th** of each month for the next month's issue

Please have your submissions in on time to ensure publication in the next month's issue. You can fax, mail or drop off your material at the Triwood Community Association office during office hours, or email to triwoodca@shaw.ca



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KEYBOARD SHORTCUTS

Find, Replace, and Browse through text

CTRL+F

Find text, formatting and special items

Triwood Community Association MEMBERSHIP

(Charleswood, Collingwood and Foothill Estates)

Please support your Community Association by purchasing a membership!

TYPES OF MEMBERSHIP

Triwood Residents (must reside within the boundaries of Triwood):

- **General Membership:** Family/Individual – Includes sports registration and voting privileges - \$30
- **Senior Membership:** Individuals over 65 yrs – Includes voting privileges but no sports registration - \$10

Non-Triwood Residents:

Associate Membership: Family/Individual – Includes sports registration but no voting privileges - \$30

Senior Associate Membership: Individuals over 65 yrs – No sports registration and no voting privileges - \$10

Note: Our membership year runs from September 1st – August 31st

To purchase a membership, please visit the Triwood Community Association office or visit our website at www.triwoodcommunity.com. We are open Mon – Thurs from 9:00 a.m. – 4:00 p.m. and Fridays from 9:00 am to 3:00 pm.

We are located at 2244 Chicoutimi Drive NW.

Stay connected with Triwood!

Like us on Facebook  Like
TRIWOOD COMMUNITY ASSOCIATION

Follow us on Twitter  Follow
@TriwoodC

Check out our website  www.triwoodcommunity.com

Fill out our survey!  SurveyMonkey
<http://www.surveymonkey.com/s/DPHILQR>

Triwood's Farmer Market



All Vendors Welcome

BUY LOCALLY

Every Tuesday
June 7th - Sept 27th 2016
3:00PM - 7:00PM

If you are interested in being a Vendor
Please call Lynsey 403-282-2677

#sisterlywall.com

IN & AROUND CALGARY

Sweeping crews speeding through spring clean-up

Spring Clean-up launched April 3 this year, with crews working seven days a week to remove winter materials and debris from our roads. Thanks to good weather in March and April, crews have been able to stay ahead of schedule. The faster sweepers are able to clean up streets, the less material goes into City storm drains.

Keeping Calgary roads clean and safe is a collaborative effort between crews and citizens. We're asking all Calgarians to help us make the city beautiful by removing vehicles and carts from roads when signs are posted in the community.

Keeping the road clear allows crews to clean efficiently, without having to sweep around obstacles. Leaving your vehicle on the street during sweeping means being at risk of a ticket or tow. This year, that includes weekends, if signs are posted.

During street sweeping, visit calgary.ca/sweep to:

- Find answers to questions on the FAQ.
- Visit a live map to track sweeper progress across the city.
- Enter your address to confirm your street sweeping date. Note that the schedule may change due to weather, so check back regularly!

Make sure to visit the website to learn more about street sweeping, and don't forget to watch for signs in your neighbourhood.

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Animal Trivia

Bats are the only mammals that can fly.



Now that is
 some serious
 Calgary soccer
 pride.

**AND WE'RE PROUD
 TO BE IN THE GAME.**

It's the start of another outdoor soccer season. And this year, it's fully public — the way it should be.

That's because Calgary council has asked your city workers to take over management and maintenance of the the Calgary Soccer Centre from private organizations.

And here's our commitment to you:

- A clean, efficient facility — where you feel comfortable taking your family.
- Saving you money — city council saw a public solution as the most cost effective; there will be no more spectator fees.
- A community asset — open and welcoming to clubs, players and families from across the city.



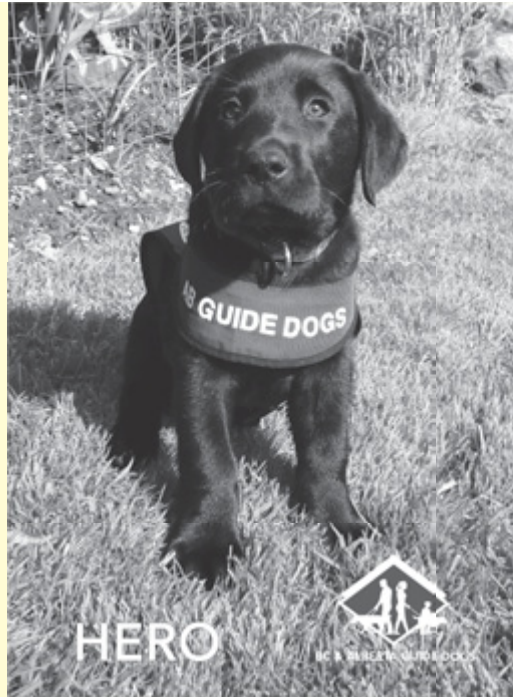
**Making your city
 work for you**

We think this is a pretty good game plan moving forward: Let's keep city recreation facilities public and working for all Calgary families.

Alberta Guide Dog Services

Alberta Guide Dog Services is seeking volunteer Puppy Trainers to provide loving homes to puppies training to be Guide Dogs (for blind or visually impaired individuals) and Autism Support Dogs (for children with moderate to severe autism and their families). This is a 24/7 commitment that involves providing our pups with basic obedience and socialization skills, from the time they are 7-8 weeks to 14-18 months old. Through scheduled visits and obedience classes, as well as guidance from a Puppy Raising Supervisor and advice from existing volunteers, you will have a terrific support system throughout this very rewarding experience. Volunteers must be available during the day. We provide food, vet care and other basic necessities for the pup. If you are interested in raising a puppy that could grow up to change someone's life, please call Sandra at 403-616-3228 or email sandra.cramer@albertaguidedog.com.

Photo Credit: Alberta Guide Dogs



calgary reads

Your child's summer reading plan

It's never too early to think about what your child might read during the summer break. Reading over the summer not only improves children's literacy and language skills but also prevents what is known as the 'summer slide'—a regression in reading ability that can occur when children have an extended break from school.

How to help your child:

- Children need access to books and other print materials to help them become consistent readers. Make books and magazines available throughout your home (or in the car on road trips) and utilize your public library!
- Even reading just six books over the summer holidays can help your child maintain or improve their reading level.
- Children need books that are "just right"—not too easy and not too hard. Let your child choose what they want to read. As they fall in love with books, then you can help them discover more books!

Ways to make reading fun this summer:

- Get involved with your child's reading. Consider a family book club or read your child's book along with them and have conversations about the characters and plot. Read aloud a book above their reading level too—to build vocabulary and critical thinking.
- If you are taking a vacation or visiting family, involve your child in your on-line research and vacation planning; give them an attractive journal so they can write or draw about each day's fun and experiences.
- Does your child have a hobby, sport or interest they will be involved in during the summer? If so, build reading opportunities around this as they research to start a collection, read to build skills or navigate instructions.

The **CBC Calgary Reads Big Book Sale** runs from May 13 to 15, 2016. This is Calgary Reads' signature fundraising event. With children's books starting at just \$1, the Book Sale is a great time to stock up on summer reading for the entire family, keep books in circulation locally and to support our work to help children read with confidence and joy! Find full event details on our website www.calgaryreads.com.

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DANCE CAMPS FOR KIDS

July & August

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Doo-Wop: Ages 9-12
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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

Book Trivia

The highest paid author is James Patterson at \$94 million.

He published 14 novels in 2011.

-Forbes



Triwood Summer Camps 2016



Kids in the Kitchen JR.

Ages 4—7 years

July 4th—July 8th

This fun-filled program will teach your kids the basics of cooking in the kitchen, while having lots of fun.

Baking sweet treats, making healthy snacks and cooking fresh

\$195.00

Survivor Camp

Ages 6—12 years

Aug 8th—Aug 12th

What would you do if you were stuck out in the wilderness?

Come join us at Triwood and learn new skills and journey through the wild world of survival!

\$175.00



Creative Crafts & Art Jr.

Ages 4—7 years

July 18th—July 22nd

Does your kid have a creative flare? Do they love to paint? Do they love craft making? - YES!!

Then this summer camp is for them.

\$175.00



Triwood Summer Camps 2016



Kids in the Kitchen Sr

Ages 8—13 years

July 11th—July 15th

This cooking camp is sure to bring out your child's inner chef.

This hands-on baking and cooking camp is sure to be exciting and fun. **\$195.00**

Theatre Time

Ages 6—12 years

Aug 2nd—Aug 5th

Is your child a budding musician, dancer or actor? This 4 day camp will encourage all campers to grow as an artist and share their enthusiasm for performing arts with fellow campers.

So much singing, dancing and FUN!!

\$160.00

Creative Crafts and Art Sr.

Ages 8—13 years

July 25th—July 29th

Looking for an exciting summer program that promotes exploration and creativity? Campers will draw, paint and build their way through exciting projects **\$175.00**

All Sorts of Sports

Ages 6—12 years

Aug 15th—Aug 19th

This camp is a perfect way to eliminate summer boredom. Lots of sports (indoors & outdoors) water activities and lots more.

Come and enjoy a week of jumbled activities.

WE DO IT ALL!!

\$175.00



Triwood Community Garden

Triwood Community Association

SPRING IS UPON US!

Get your garden plot while they are available!

Why? To...

- Grow fresh, pesticide-free produce
- Meet the neighbors
- Connect to nature and encourage outdoor physical activity
- Beautify the neighbourhood
- Increase community pride
- Reduce personal stress
- Provide hands-on learning
- Share seeds
- Exchange gardening knowledge

Where?



What? Raised garden beds



Who?

Foothill Estates
Triwood
Charleswood
Collingwood

YOU
Seniors Youth Families
Women Men
Grandparents Children

Interested? Contact us today!

Triwood Community Association (Facebook)

triwoodpc@shaw.ca ~ 403-282-2677



Triwood Real Estate Update

Last 12 Months Collingwood

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
March 2016	\$529,900.00	\$520,000.00
February 2016	\$498,888.00	\$467,500.00
January 2016	\$0.00	\$0.00
December 2015	\$695,000.00	\$659,000.00
November 2015	\$529,900.00	\$510,000.00
October 2015	\$514,900.00	\$475,000.00
September 2015	\$0.00	\$0.00
August 2015	\$879,000.00	\$869,000.00
July 2015	\$724,900.00	\$691,000.00
June 2015	\$764,900.00	\$755,000.00
May 2015	\$599,999.00	\$590,000.00
April 2015	\$699,900.00	\$680,000.00

Last 12 Months Charleswood

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
March 2016	\$622,450.00	\$616,000.00
February 2016	\$724,000.00	\$655,000.00
January 2016	\$657,450.00	\$640,352.50
December 2015	\$0.00	\$0.00
November 2015	\$629,000.00	\$605,000.00
October 2015	\$659,900.00	\$645,000.00
September 2015	\$544,500.00	\$529,750.00
August 2015	\$835,000.00	\$815,000.00
July 2015	\$519,950.00	\$503,500.00
June 2015	\$569,900.00	\$562,500.00
May 2015	\$549,000.00	\$549,000.00
April 2015	\$657,400.00	\$610,000.00

To view the specific SOLD Listings that comprise the above MLS averages please visit collingwood.great-news.ca or charleswood.great-news.ca

Triwood mybabysitterlist

Name	Age	Contact	Course
Alissa	15	587-439-7592	Yes
Hanna	13	587-580-5733	Yes
Juliette	16	587-999-0783	Yes
Maia	21	403-804-7834	Yes
Michael	14	403-801-2848	No
Miriam	14	403-774-8880	No
Miya	13	403-276-1712	Yes
Naomi	19	403-903-6793	Yes
Ruby	18	403-289-3232	No


Calling All BABYSITTERS
Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
Visit mybabysitter.ca and find available babysitters in and around your community.


Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



The Starry Night is an oil on canvas by the Dutch post-impressionist painter Vincent van Gogh. Painted in June, 1889, it depicts the view from the east-facing window of his asylum room at Saint-Rémy-de-Provence, just before sunrise, with the addition of an idealized village. It has been in the permanent collection of the Museum of Modern Art in New York City since 1941, acquired through the Lillie P. Bliss Bequest. It is regarded as among Van Gogh's finest works, and is one of the most recognized monuments in the history of Western culture.




Yoga



Triwood Community


Yoga 4 Moms
 Every Monday - 10:00am - 11:00am
 \$2 childcare available
 Drop in Class - \$15.00 8 week class - \$96.00 4 week class - \$48.00



Hatha Yoga
 Every Monday Evening
 7:30pm - 8:30pm
 Drop in Class - \$12.00
 4 week class \$40.00
 8 week class \$80.00

Yoga Exposure
 Every Thursday 6:00pm - 7:00pm
 Drop in Class - \$12.00
 4 week class - \$40.00
 8 week class - \$80.00

Register online www.triwoodcommunity.com




TRIWOOD TRI-LIGHTERS
50+ SENIOR LADIES' GROUP

Senior Ladies, we meet every Monday and Wednesday mornings for Tai Chi at 10:00am. Thursday afternoon we have a small but friendly group that meets at 1:30 pm for conversation, cards and refreshments.

For more information please call Betsy 403-289-9082 or Joyce 403-289-6972.

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Interesting
ARCHITECTURE

Metropol Parasol is a wooden structure located at La Encarnación square, in the old quarter of **Seville, Spain**. It was designed by the **German architect Jürgen Mayer** and completed in April 2011. It has dimensions of 150 by 70 metres (490 by 230 ft) and an approximate height of 26 metres (85 ft)[2] and claims to be the largest wooden structure in the world.



BY THE LIGHT OF THE MOON

Gardening by the phases of the moon

May 6 New Moon (waxing)

Increasing moonlight, lunar gravity pulls water up encouraging plant growth and proliferation. Grafting, transplanting, re-potting, and watering. Gather herbs used for essential oils. Oil content is more concentrated at this time.

May 13 First Quarter (waxing)

Moonlight is strong, encouraging leaf growth. It is a good time for planting, especially two days before the full moon. Take cuttings from plants you wish to propagate. Fertilize as close to the full moon as possible.

May 21 Full Moon (waning)

As the moon wanes, the energy is drawing down. Strong gravitational pull but moonlight is decreasing putting energy into the roots.

May 29 Last Quarter (waning)

Decreased gravitational pull and moonlight. A resting period. Take cuttings from plants you wish to propagate. Dry herbs, flowers and fruit. If you want to control growth or encourage rooting, perform the necessary activities during the waning moon.



News from the Friends of Nose Hill

by Anne Burke

International Migratory Bird Day is on May 8. Continual monitoring is required to maintain accurate, current information on their status around the world. Go to www.naturealberta.ca for Alberta birds at risk.

Ordinary people with an interest in wildlife, plants or species can help. Citizen science programs combine learning, field work, and volunteer research. Projects can be about insects, frogs and toads, birds, mammals, plants, water, and more.

There are local clubs and annual count events, such as the species count of birds during May at various locations around Alberta. The flower blooming count is the last week of May. Everyone is welcome to participate. For botany details, email svisser@ucalgary.ca.

Our Facebook group is busy reporting on wildlife sightings, identifying plants, and how early the crocus appeared on the John Laurie side, off the 64 Avenue entrance, and near the top above Charleswood Drive. Alberta Plant Watch is part of the national Canada Watch program. By reporting when certain plants bloom, volunteers contribute vital information for climate change studies. We now have almost 3 decades of information.

Go to www.plantwatch.naturealberta.ca.

Participation can be as easy as just looking for flowers in bloom and recording information about it on a data sheet and taking a picture; or go online to identify unusual or difficult plants.

Full colour photos are on our website. You can now report your observations and locations easily online. You can also use your smart phone to report data by your phone's GPS, and/or to send a photo of your plant. Please submit count results by June 30, 2016 for the May Flower Count -May 25-31.

Mark your calendars now for Nose Hill clean-ups on Saturday, June 18 and July 30 at the Edgemont parking lot (Edgemont Blvd. & Shaganappi Tr.) 11 a.m. to 2 p.m. where pick-up bags are given out to park users. Parks staff and Bylaw officers will be on hand. Individuals and groups are welcome for this PUPPY program.

You can volunteer to be a Park Interpreter for Nose Hill from June to October if you love to tell a story and have an interest in environment, natural history, local plants, and wildlife. Must be 18 years of age or older. Training provided. Call 311 or apply online at www.calgary.ca.



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In a growing and maturing city, change is constant. Change, in the form of City-led public projects and private developments, is important to building a resilient city. The inclusion of local wisdom improves these projects to better address the hopes and needs of current and future Calgarians.

On significant projects, sufficient public consultation is considered an essential public right, as well as a key responsibility of government. Over the years, I have seen both good and bad examples of public engagement. I firmly believe that progress happens at the speed of trust.

In 2011, I introduced a motion to City Council requiring The City to improve the quality and consistency of public consultation. While some progress has been made, Council further discussed public engagement at a recent strategic planning session to learn how we can do better.

For public engagement to achieve its objectives, it is important for everyone involved to understand the rights and responsibilities associated with their roles. Organizers should start by providing notification to affected stakeholders to solicit as much feedback as possible. The terms of engagement should be established up-front. Whether the engagement is led by The City, community or developer, organizers must facilitate an open, objective and respectful dialogue where all participants feel safe to express their views. Two great examples are the Crowchild Trail Corridor Study and the Bow to Bluff project.

The organizer must outline the decision-making process, including the current status, the scope of the project, and answers to commonly asked questions: What is on the table? What decisions have already been made? What is the background of previous decisions? How will future decisions be made? Feedback should be documented, carefully considered, and included in a report back to the public. Offering this level of transparency produces credibility for the project and builds trust.

Organizers should also structure engagement to fit the scope of the project. More opportunities and multiple ways to provide feedback are needed on large city-shaping projects like a new CTrain line, as compared to smaller projects like local traffic calming.

Public participants share in some important responsibilities. The first is to understand and respect the terms of engagement, as well as the subject matter. Participants also have a responsibility to listen and contribute respectfully. Intimidation at public meetings may discourage earnest participation, with disenchanted participants leaving the process. We need to ensure the quiet voices are heard too.

At Council's recent strategy session, we talked about the number of large projects on the go and the risk of consultation fatigue. City staff agreed to work on a more co-ordinated approach, combining engagement on several related projects.

It is clear to me that City Council and staff still have more work to do on improving the public engagement process, but I am confident that we can learn from our best examples to ensure all voices are heard in a respectful manner.



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- o **May 26, 2016**
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Visit ucalgary.ca/campusforward, and to view feedback on the first open house held in February 2016.

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Hello Calgary-Klein!

Spring has sprung, and the month of May is upon us. May 8 is Mother's Day, and so in addition to taking the time to appreciate and thank mothers and all that they do, I thought it appropriate to consider the history of Mother's Day as well.

The first Mother's Day observances began in 1908 in West Virginia and were organized by a woman named Anna Jarvis. Jarvis' own mother was heavily involved in peace activism, and when she died, Jarvis began organizing to have Mother's Day recognized as a holiday. By 1914, Mother's Day was finally proclaimed as a national holiday in the United States. This wasn't enough for Anna Jarvis, however: in the years that followed, she often criticized the commercialization of flowers and greeting cards that she felt overwhelmed the holiday.

Our government is committed to supporting families and building strong communities. I'm proud to say that Human Services Minister Irfan Sabir introduced the Alberta Child Benefit to support low-income families. Once fully implemented, this benefit will help 130,000 families. I'm also very proud of the work my colleague Deborah Drever has done with Bill 204, the Safer Spaces for Victims of Domestic Violence Amendment Act, which helps survivors of domestic violence escape unsafe living situations. Our government is also increasing supports for organizations taking initiatives to end violence against women and within families, and is working with community partners to break the complex cycle of family violence and protect the health, safety, and dignity of all Albertans.

Our government's cabinet is leading by example and has established the first gender balanced cabinet in Canadian history – including a new mother, the Honourable Stephanie McLean, Minister of Status of Women and Service Alberta.

I hope you'll join me on Mother's Day and celebrate not simply with cards, flowers, and gifts, but by also supporting the women and mothers in your life every day.

IN & AROUND CALGARY

Celebrate Neighbour Day on June 18

Do you miss the days when neighbours connected and got to know each other?

Held annually on the third Saturday of June, Neighbour Day is an opportunity for neighbours to come together in the form of a front yard barbecue, garden party, picnic, clean-up or afternoon tea in a local park to celebrate our strong community spirit in Calgary.

The idea is to meet your neighbours, make new friends, have fun and maybe work together on a project that benefits the entire community.

Make Saturday, June 18 the day you get to know your neighbours! Visit calgary.ca/neighbourday for ideas to help you celebrate.

IN & AROUND CALGARY

Subsidies are available for City services

Need help accessing City of Calgary programs, services or facilities? The City has several programs that are offered at a subsidized rate for Calgarians who may have trouble affording them. The new Fair Entry process makes applying for fee subsidized City-services easier.

One application allows Calgarians to have their income level assessed for several subsidy programs and services. Apply for:

1. Calgary Transit Low-Income Transit Pass Program
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For more information or to apply, visit calgary.ca/fairentry.

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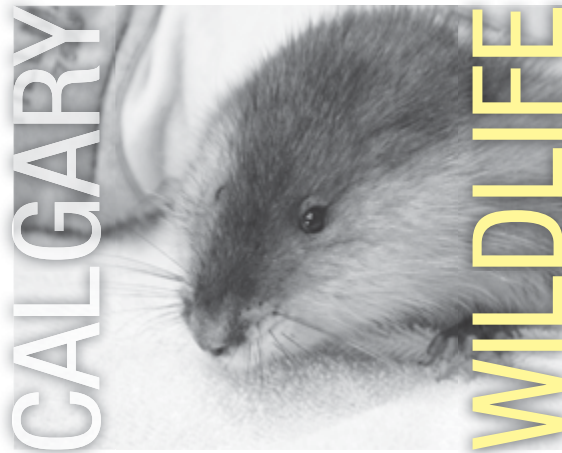
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Article by J. Turner
Photo by Andrea S. H. Hunt

Muskrats Hardy Little Creatures

The muskrat (*Ondatra zibethicus*) is a fairly large rodent which has adapted to life in and around water. Their name comes from their two musk (anal) scent glands, the odour used in communication, especially during breeding season. Muskrats are found in North American wetlands and waterways and are considered to be an important creature in their freshwater environments.

These animals have a round, portly body covered with rich waterproof fur made up of a short dense silky under coat and a longer, coarse glossy guard coat. Their fur covers small ears and provides buoyancy in the water. Fur colour ranges from a dark brown head to a light grey belly. Their feet are mostly hairless; the hind feet acting like paddles during swimming and described as semi-webbed, with the four longest toes of each foot having a fringe of specialized hairs along each side, giving the foot a paddle like effect in use. The front feet are used like hands to build lodges, hold food and dig burrows and channels. There are five toes on all feet but the inner toes of front feet are small so rarely show in tracks. Full grown large adults can weigh from 1 – 2 kgs (2 – 5 lbs) and are up to 60 cm (24 in) long (including the tail). Their tail is slender, flattened vertically (to act as a rudder when swimming) and covered with scaly skin to protect it from damaging easily. The muskrat has special teeth that protrude ahead of the cheeks and lips, which can close behind them, permitting the animal to

chew on stems and roots under water “with its mouth closed.” Its four front teeth are chisel like (two upper, two lower incisors), each up to 2 cm long, used for cutting stems and roots of plants.

Muskrats typically live in freshwater marshes, marshy areas of lakes, slow-moving streams, dugouts, ponds, and watery areas controlled by beaver dams. The water must be deep enough to not freeze to the bottom during winter, but shallow enough to allow for the growth of aquatic vegetation. Areas with good food sources such as bulrushes, cattails, pondweeds, or sedges are preferred.

Muskrat homes are compact mounds of partially dried and decayed plant material scattered among cattails, reeds or bulrushes, looking much like dead heaps of plants. If these materials are not available, muskrats dig burrows in firm banks of mossy soil or clay. They still need quick access to deep water for escape from predators and food access in the winter. Their construction of open-water canals through reeds, and floating houses of aquatic vegetation, creates habitats for many species of waterfowl and aquatic plants which could not survive among dense areas of cattail and sedges.

After freeze up muskrats chew through the ice, and push up plant matter to cover the hole with a dome to make a miniature lodge, which is used as a feeding station and resting place when searching for food underwater. They can remain underwater up to 15 minutes by reducing their heart rate and relaxing their muscles when submerged, thus reducing oxygen use by their body.

What’s unusual about the muskrat?

- They are more widely dispersed across North American (north to south, east to west) than any other mammal.
- They were introduced to Europe in 1905 and are now common there too.
- If normal plant food is not available, and animal food is abundant, they are known to become carnivorous (eating fish, frogs, clams)!
- Numbers decrease dramatically every 7 to 10 years. This is believed to be the result of cyclical health declines, deaths and reproductive failure.
- Muskrats appear to thrive even when harvested heavily for fur, impacted by agricultural draining of wetlands and increases in industrial activity! They can even adapt to brackish (salty) water. Hardy little creatures aren’t they?

If you find an injured or orphaned muskrat, or other wild animal or bird, please contact the Calgary Wildlife Rehabilitation Society for further instructions.

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

- **May 18 to June 1 – Ginapalooza:** This spring, it’s all about gin. The festival celebrates local gin distillers as well as internationally renowned gin brands. www.ginapalooza.com
- **June 2 - 12th Annual Evening of Wine and Wishes:** This food and fundraiser event is an entire evening of culinary festivities. Proceeds support the Rainbow Society of Alberta, a charity that helps Alberta kids with life-threatening or severe chronic medical illnesses. www.rainbowsociety.ab.ca
- **June 2 to 4 - Revv52: California:** Calgary’s own vocal energy group, Revv52, celebrates its 64th season by exploring the music of California at the River Park Auditorium. www.revv52.com
- **June 3 and 4 - As Heard On TV:** This concert celebrates some of the most memorable music from popular TV shows of the past and the present, as performed by singer and comedian Nicole Parker and conducted by Steven Reineke. www.calgaryphil.com
- **June 4 - 2016 Eddies Short Film Festival:** The 2016 Eddies Short Film Festival this year is themed “trailblazer.” Filmmakers can interpret that theme in any way they wish, and create any kind of film they like that reflects this theme. www.bigrockbeer.com
- **June 4 and 5 - Calgary Ukrainian Festival:** The annual Calgary Ukrainian Festival pays tribute to Ukrainian immigrants and showcases all aspects of their heritage. www.calgaryukrainianfestival.ca
- **June 4 to August 28 - Afternoon Tea on the Verandah:** Enjoy a traditional afternoon tea on the verandah of Heritage Park’s newest exhibit, the Famous 5 Centre of Canadian Women. www.heritagepark.ca
- **June 17 and 18 - Vintage With Flair:** Find hand-designed, re-purposed and curated creations. The market sells everything from home decor to garden items to jewellery. www.vintagewithflair.blogspot.ca
- **June 22 to 26 – Sled Island:** The festival includes performances, installations and artwork by more than 250 bands, artists, filmmakers and comedians. The festival takes place in more than 30 venues across the city. www.sledisland.com

JUNE 1 AND 2 POPS IN THE PARK

Celebrate the arrival of warmer weather and longer days with a picnic and concert in the park. This annual light-hearted, musical evening includes a western barbeque and plenty of music. www.calgaryphil.com



JUNE 5 LILAC FESTIVAL

The festival kicks off with a parade down 4th Street S.W., and afterward, Mission plays host to more than 500 vendors, street performers and musicians. www.lilacfestival.net



JUNE 24 TEDXYXC

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JUNE

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KARMA HAIR SALON

Triwood Community

Karma was founded with intention of assembling the best and the brightest stylists Calgary has to offer, and with the understanding that taking care of our staff results in happy, long term employees as well as happy, long term guests. We started with a team of eight, and have grown to a staff of 21 (and growing!) We are also in the process of opening a second location in Mahogany in 2017.

At Karma, you will experience serenity in the hands of our highly skilled team. Relax while you sip on a complimentary beverage from our coffee bar and our knowledgeable staff will know just how to get you the results you're looking for.

We are committed to creating a warm and inviting environment for guests and team members alike. We are always striving to seek out innovative ways to exceed the expectations and needs of those around us. It is Karma's aim to offer ongoing education and inspiration coupled with honesty and integrity.

We believe that your hair should not only compliment your lifestyle, but also become the very focal point of your personal style. Shimmering blondes... Sultry reds... Lustrous browns... Whatever your hue, our colour experts understand that your hair colour is an expression of who you are as an individual.

Karma has assembled a team of talented stylists for the purpose of sharing our collective knowledge and experience with our guests. In our stylists' chairs is where

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At Karma we are dedicated to giving back to our community with ongoing initiatives for various charities in the Calgary area. We have been involved in a number of incredible projects, including fundraising for organizations such as local women's shelters, Toys for Teens, Calgary's Haven's Way, Cochrane and Area Humane Society, Alberta Animal Rescue Crew Society (AARCS), Ronald McDonald House and prostate cancer research.

Located in Brentwood Village Shopping Centre, we are located in the heart of the Brentwood community. Our hours of operation are: Monday- 9:00 am-5:00 pm, Tuesday-Friday- 9:00 am-8:00 pm, and Saturday- 8:00 am-4:00 pm.

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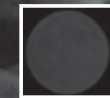
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- ◆ Forty word limit

HUGE LULULEMON, IVIVVA & TRIPLE FLIP SALE: Triwood Community Association - 2244 Chicoutimi Dr NW. This is a BIG sale with 100's of items! Saturday, May 14, 8am-Noon. Cash, Visa, MC & Debit accepted. For info call 403-401-7851 or visit www.facebook.com/events/119845331733156.

MAY MOON CALENDAR



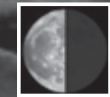
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First Quarter
May 13



Full Moon
May 21



Last Quarter
May 29

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IN & AROUND CALGARY

Important Information for Calgary Homeowners

Are you a new homeowner? When your home is built, City of Calgary inspectors ensure it is safe and meets Alberta's safety codes but a technically-sound building depends on many factors beyond following building regulations.

As a homeowner, you should ask many questions about the quality, safety and bylaw rules about your home before you move in.

The City's new web guide for Calgarians offers tips and important information about home maintenance, renovations, inspections, development rules and more. Visit calgary.ca/myhome.



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*Bungalow with 1,140 sq.ft. Total of 4 bedrooms.
Very open floor plan. Double detached garage.
Close to all amenities. Asking \$505,900*

44 CASTLEGLLEN ROAD NE (CASTLERIDGE)

*Half duplex in quiet location. 3 bedrooms. 2.5 bathrooms.
Shingles 1.5 years old. Close to all amenities,
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ON THE MARKET

464 HAMPSHIRE COURT NW (HAMPTONS)

*Facing the park. Gleaming hardwood floors throughout
on main level. Two storey home with over 2,500 sq.ft.
Total of 4 bedrooms, 3.5 bathrooms. Double attached
Garage. Asking \$699,000*

3943 BROOKLYN CRESCENT NW (BRENTWOOD)

*Bungalow with over 1,040 sq.ft. Total of 4 bedrooms.
2 full bathrooms. Double detached garage(tandem
parking) Long driveway for extra parking. Close to all
amenities. U of C and public transit. Asking \$512,900*

4928 BRISEBOIS DRIVE NW (CHARLESWOOD)

*Bungalow with over 1,280 sq.ft. South facing. Total of
5 bedrooms. 2.5 bathrooms. Hardwood floors in living,
dining rooms & 3 bedrooms. Close to all amenities.
Asking \$498,800*

ON THE MARKET

4624 BROCKINGTON ROAD NW (BRENTWOOD)

*Renovated bungalow. Total of 4 bedrooms. 2.5
bathrooms. Upgraded kitchen, flooring, light fixtures.....
Double detached garage +RV parking. Asking \$597,800*

43 BAKER CRESCENT NW (BRENTWOOD)

*Bungalow with over 1,070 sq.ft. 3+1 bedrooms. Upgraded
Bathroom, fence, shingles, doors....Double detached
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*Bi-Level, 1,300 sq.ft. Total of 4 bedrooms, 2 full
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