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403-689-0572 brent@ramagegroup.net



Brent Mulligan



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MP LEN WEBBER'S





TRIWOOD COMMUNITY ASSOCIATION

2244 Chicoutimi Dr. NW, Calgary, AB, T2L 0W1 Phone: 403-282-2677 Fax: 403-282-7031 triwoodca@shaw.ca

www.triwoodcommunity.com

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triwoodca@shaw.ca

All editorial content must be submitted by the 15th of the month for the following month's publication.

Advertising Opportunities

403-263-3044 | sales@great-news.ca All advertisements must be submitted by the 1st of the month for the following month's publication.

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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing and Triwood Community Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-233-3230
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-200-4337
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	1 000 332 1111
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary Weather Information	511
Gamblers Anonymous	403-237-0654
•	

Upcoming Events

at Triwood

Yoga for Moms

Mondays – 10am – 11am February 13th – April 3rd 2017 April 17th – June 12th 2017 (No Class May 22nd)

Hatha Yoga

Mondays - 7:30pm - 8:30pm January 9th - February 27th 2017 March 13th - May 1st 2017

Yoga Exposure

Thursdays – 6:00pm - 7:00pm January 5th – February 23rd 2017 March 9th – April 27th 2017

Pilates

Wednesdays – 5:30pm – 6:30pm January 11th – March 8th 2017 March 22nd – May 10th 2017

Valentine's Day Dinner

Tuesday February 14th 2017 6:00pm-10pm Adult \$15.00/Child \$12.00

St. Patrick's Day Celebration

Friday March 17th 2017 8:00pm-12:00am

Spring Craft Market

Saturday March 25th, 2017 10am-3pm FREE COMMUNITY EVENT

Spring Dance Camp

March 27th-31st, 2017 REGISTER ONLINE Ages 3-6yrs./7-12yrs.

Kid's in the Kitchen Spring Camp

March 27th-31st, 2017 REGISTER ONLINE Ages 3-6yrs./7-12yrs

Check out our website for more information on programs and events.

A MESSAGE FROM THE EXECUTIVE DIRECTOR



I would like to wish Triwood Resident's a Happy Valentine's Day. I hope you will be able to join us to celebrate at the Triwood Valentine's Day Dinner on February 14th. If you want more information about this event visit our web-

site www.triwoodcommunity.com.

Soccer Registration is now open on the Triwood Community Association Website. This is a great way for children to meet other kids in the neighbourhood, get some exercise, and interact with fellow teammates.

The Triwood Spring Camps are now open for registration on the website as well! We are offering *a Kids in the Kitchen Camp* and a Spring Dance Camp for children 3 to 12 years old. This is a great way for your children to stay busy, learn some new skills over the Spring Break, and maybe even learn how to make you dinner!

Triwood will be having a 150th Canada Day Celebration on the July long weekend. We will have festivities for children and for the older folks all weekend long. We are excited to announce that The Older Than Dirt Band will be performing as well as the Bobby Gosse Band! We will also have a Carnival for the kid's, fireworks in the evening, and many more activities to entertain you. We will post the entertainment schedule in the upcoming newsletters.

VOLUNTEERING....Good for the Soul

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2017 DIRECTORY

The Heart of the Community

President Toni Pilkey Executive Director Rick Lundy Vice President Mark Whiteman Events Coordinator Alex Kubik Treasurer Jim Pilling Accountant Randy Dalgi Building Robert Catto				
Treasurer Jim Pilling Accountant Randy Dalgi				
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Duilding Dobout Cott	'eish			
Building Robert Catte Maintenance	on			
Programs/Events Sarah Roper Coordinator	•			
Directors Arena Manager Dave Hurron	า			
Community Relations Sandra Rhead Sports Registrar Sarah Roper	•			
OFFICE HOURS				
Members at Large Monday-Thursday				
Member at Large Jim Heck 9:00 am - 4:00pm				
Member at Large David Fong Friday				
Member at Large 9:00am - 3:00pm				
Member at Large Chris Cole Closed Saturday and Sunda	ıy			
Committee Representatives				
Committee Representatives				
Committee Representatives Soccer Carrie Killam Nose Hill Park (Community) Sanderson				
Soccer Carrie Killam Nose Hill Park Deborah				
Soccer Carrie Killam Nose Hill Park Deborah (Community) Sanderson	ke			
SoccerCarrie KillamNose Hill Park (Community)Deborah SandersonPlanning CommitteeJoel MayerPerformance ArtsJim HeckSquirts HockeyOPENGrey Eagle BingoJade Westla				
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Triwood Community Association **MEMBERSHIP**

(Charleswood, Collingwood and Foothill Estates)

Please support your Community Association by purchasing a membership!

TYPES OF MEMBERSHIP

Triwood Residents (must reside within the boundaries of Triwood):

- General Membership: Family/Individual Includes sports registration and voting privileges - \$30
- Senior Membership: Individuals over 65 yrs Includes voting privileges but no sports registration
 \$10

Non-Triwood Residents:

<u>Associate Membership</u>: Family/Individual – Includes sports registration but no voting privileges - \$30

<u>Senior Associate Membership</u>: Individuals over 65 yrs – No sports registration and no voting privileges - \$10

Note: Our membership year runs from September 1st – August 31st

To purchase a membership, please visit the Triwood Community Association office or visit our website at www.triwoodcommunity.com. We are open Mon – Thurs from 9:00 a.m. – 4:00 p.m. and Fridays from 9:00 am to 3:00 pm.

We are located at 2244 Chicoutimi Drive NW.





Triwood Outdoor Rink

Do your kids use the outdoor Rink?

We need volunteers to help maintain the rink through the winter.

Without volunteers, the rink will not continue next year.

You only need to commit to 3-5 hours of flooding and/or shovelling.

No experience required!

Please contact Glen Scott at scott5ofus@gmail.com



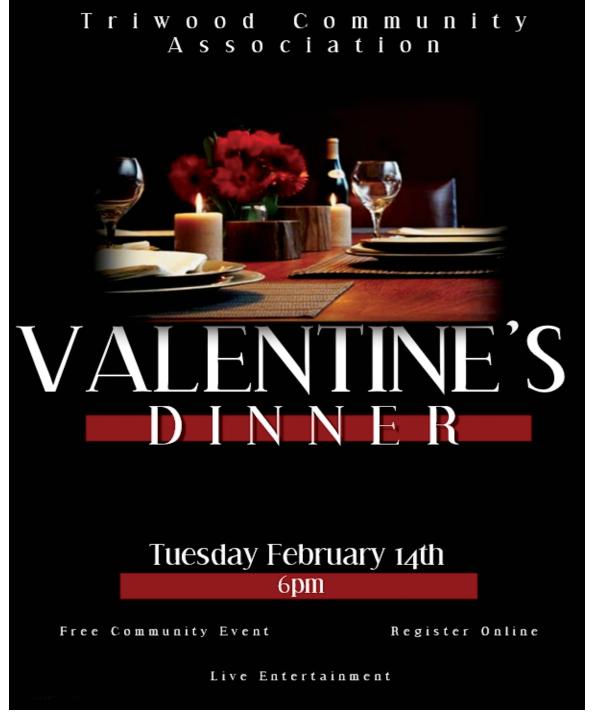
TRIWOOD HALL **SCHEDULE 2017**

Hall (and arena) at 2244 Chicoutimi Dr. NW Phone 403-282-2677 - Office Triwood Halls available to rent. Check website for availability. www.triwoodcommunity.com



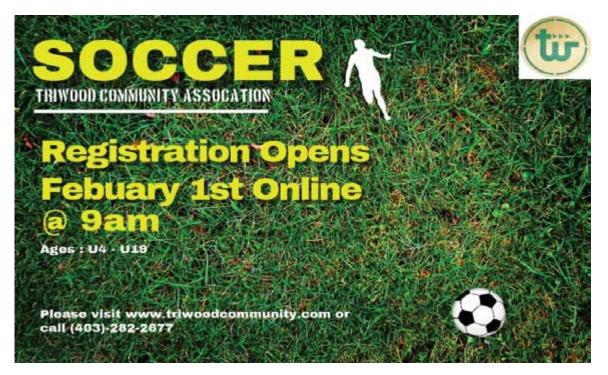
Location in Main Building	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Charleswood			Zumba				
	Yoga for Moms	Zumba Fitness	Fitness	Kids Karate			
	10am-11am	9:30am- 10:30am	9:30am - 10:30am	5pm - 6pm			
			Pilates				
			5:30pm -				
	Zumba Fitness		6:30pm				
			Zumba Fitness				
	6:45pm -		6:45pm -				
	7:45pm	Cubs	7:45pm				
			Scouts 6:30pm -	Yoga Exposure			
Collingwood		6-8:30pm	9pm	6-7pm			
Comingwood	Hatha Yoga						
	7:15pm - 8:30pm						
		Beavers					
Upstairs Annex		6-8:30pm					
(Meeting							
Room)							
Adventurers	School Age Care	School Age Care	School Age Care	School Age Care	School Age Care		
Room	6 am - 6 pm	6 am - 6 pm	6 am - 6 pm	6 am - 6 pm	6 am - 6 pm		
			Triliters Tai				
	Triliters Tai Chi		Chi	Painters			
Foothills	10-11am		10-11am	9:30am-3pm			
	Karate	Foxy	Foxy	Foxy	Karate		
	6-8pm	6-8:30pm	6:30-7:30pm	6-8:30pm	6-8pm		
	Triliters	Triwoodsmen	Triliters	Triliters			
	10am-12pm	1-4pm	10am-12pm	1-4pm			
	Book Club	Lion's Club		JT's Pub Night			
		7-10pm (2nd & 4th Tues of					
	1-4pm	month)		5pm-9pm			
JT's		7-10pm (2nd &					
	(1st Monday of month)	4th Tues of month)					
	month	month,					

TRIWOOD HALL RENTERS			
ACTIVITY	CONTACT	EMAIL	PHONE
Adventurers School Age Care	Franklin Capada	triwood@adventures-sac.com	403-284-5457
Foxy Kickboxing	Jessica Sparrow	jessica@foxykickboxing.ca	
Karate	Ken Noda	masternoda@mac.com	403-804-6789
Zumba Fitness	Michelle Neufeldt	fitforchange@shaw.ca	403-804-6951
Yoga	Lynsey Farrell	triwoodpc@shaw.ca	403-282-2677
Scouts	David Fong	www.fourthtriwood.com	
Cubs / Beavers	Margaret		
Lions Club	Margaret Young	youngmargaret@shaw.ca	



TRIWOOD COMMUNITY ASSOCIATION **MEMBERSHIP**







water for granted — and neither do we.

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Calgary's city employees Making your city work for you

getting it

* According to the 2016 RBC Canadian Water Attitudes Survey



Playing upstairs in the Charleswood Hall

Saturday, February 4th

8:30 pm until 'round midnight Beverages available, no cover

Classic rock plus ...



COMMUNITY BUILDERS WALL

Have your family or company name placed in brass on our Builders Wall in the Triwood Community Association Hall.

The Landry Family

(2 1/2 X 5 inches)

Family Name: \$35.00 Family Names: \$ 50.00

EXPRESSIONS IN BRASS

3304 Caribou NW Calgary

(4 X 7 1/2 inches) Business: \$100.00

Brass Plaque Samples can be seen at Triwood Community Association. Contact John Landry at (403)-689-2685.

Write the message you would like printed on the Brass Plague in the blank flame above. Mail in or drop off at Triwood Community Association, 2244 Chicoutimi Drive NW T2L 0W1. Make your cheque payable to **Triwood Community Association**



TRIWOOD YOGA & PILATES

Yoga for Moms – Mondays – 10:00am – 11:00am

Nov 28 - Jan 30, 2017 (no class January 16)

February 13 - April 3

April 17 - June 12 (no class May 22)

September 11 - November 6 (no class October 9)

November 20 - January 22 (no class December 25 & January 1)

Hatha Yoga – Mondays – 7:30pm – 8:30pm

January 9 - February 27

March 13 - May 1

May 15 - July 10 (no class May 22)

July 24 - September 25 (no class August 7 & September 4)

October 16 - December 11 (no class October 30)

Pilates – Wednesdays – 5:30pm – 6:30pm

January 11 - March 8

March 22 - May 10

May 24 - July 19 (No Class June 14)

August 2 - September 20

October 4 - November 22

Yoga Exposure – Thursdays – 6:00pm – 7:00pm

January 5 - February 23

March 9 - April 27

May 11 - June 29

July 13 - August 31

September 14 - November 2

Triwood Entertainment Series presents

Shari Ulrich Trio



Shari Ulrich's 40 year career from Pied Pumkin through The Hometown Band (including backing Valdy), UHF (Ulrich Henderson Forbes), BTU (Bentall Taylor Ulrich), The High Bar Gang and as a solo artist and multiinstrumentalist has lead to 23 albums, a membership in the BC Entertainment Hall of Fame, 2 Juno awards, and a 2014 CFMA for English Songwriter of the Year. Shari will be joined by daughter Julia Graff on violin, mandolin & guitar, and the High Bar Gang's Kirby Barber on bass. Get ready for 3 part harmony heaven!

Sunday February 12, 2017 Date:

Refreshments: 5:45 p.m. Dinner: 6:30 p.m. Performance: 8:00 p.m.

Tickets: \$55 - including dinner

\$25 - show only

Available from Triwood (online at www. triwoodcommunity.com/dinner-theatre/; office at 2244 Chicoutimi Drive N.W. Mon.-Fri. 9:00 a.m. to 3:00 p.m.; 403-282-2677) or Jim (403-289-0127), Dorothea (403-282-6201), Pat (403-284-1259).

Location: Triwood Community Hall 2244 Chicoutimi Drive N.W.







TRIWOOD TRI-LIGHTERS

50+ SENIOR LADIES' **GROUP**

Senior Ladies, we meet every Monday and Wednesday mornings for Tai Chi at 10:00am. Thursday afternoon we have a small but friendly group that meets at 1:30 pm for conversation, cards and refreshments.

For more information please call Betsy 403-289-9082 or Joyce 403-289-6972.





TRIWOODSMEN



SENIOR MEN'S SOCIAL CLUB

Jack is back!! That's right. Jack Thomson of the Triwood Triwoodsmen is back from open heart surgery and is looking for more new and "used" members. Now is the time to join and renew as Jack is refreshed and hot to trot looking forward to a lot of activities this summer.

If you are not aware, the Triwood Triwoodsmen are a senior men's group who meet every Tuesday between 1pm and 4pm. We have a short "get up to date" then move on to playing pool, a dime game, shuffle board, and cards. For those so inclined, we also just sit around and shoot the breeze while solving any and all problems of the world.

Four times a year we get together with our wives, girlfriends and the ladies from the Triwood Tri-lighters for a dinner at Halloween, Christmas, Valentine's Day and Easter. From what we have been told everyone has a good time and they look forward to the next get together.

For more information, please contact: Jack Thomson - 403-282-3595

Bert Lamb - 403 - 282 - 1987

JT'S PUB



EVERY THURSDAY NIGHT 5PM-9PM



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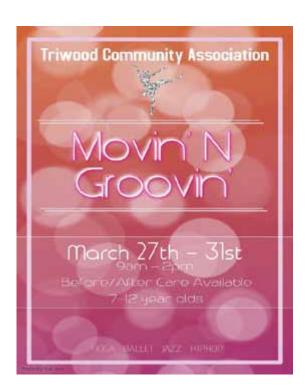
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Valentine's Trivia

Based on retail statistics. about 3 per cent of pet owners will give Valentine's Day gifts to their pets.





EDUCATIONAL SERVICES

Marion Carson School - 5315 Varsity Drive, NW Open House - Feb. 6th 6:15-7:15 pm / Registration - March 1st 6:30-7:30 pm Kindergarten Enhancement - 1/2 day program combines with Kindergarten Kindergarten Out of School Care - Before and After Care Program 4 year old Pre-Kindergarten - must turn 4 by March 1, 2018

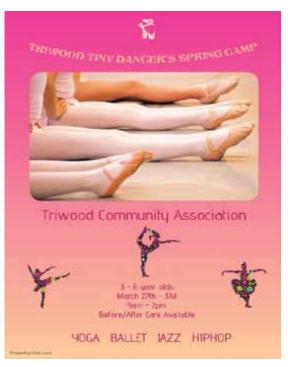
Hope Lutheran Church - 3527 Boulton Road NW Open House and Registration - Feb. 7 from 5:30 - 6:30 pm Pre-Kindergarten ages 3-5 years - 2,3 or 5 half days (2.5 hr. program)

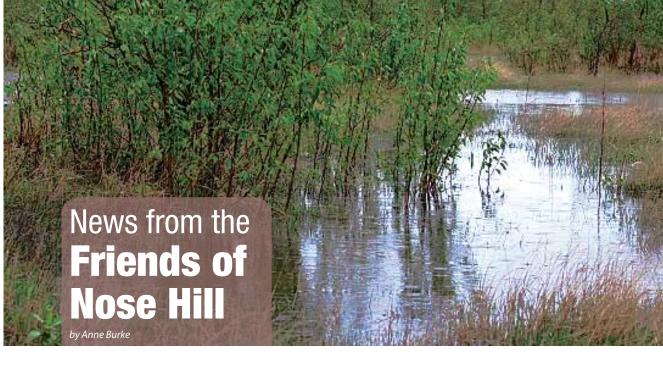
Captain John Palliser School - 1484 Northmount Drive NW Open House and Registration – March 2nd 5:00–6:00 pm Kindergarten Enhancement - 1/2 day program combines with Kindergarter Out of School Care - Grades K-6

> Space permitting, after this date registration is ongoing. Please email the registrar to register

We will play and learn with themes of "Winter Wonderland", "Valentine's Day", "Dinosaurs", and enhance our early literacy journey with a study of "Famous Authors". We will also have special visitors: "Mad Science" with their presentation "Bubbling Potions", Miss Tune-Ah, and Yoga Playground. Space still available for this year. Email: RegisterPreK@gmail.com

> Registrar's Contact: RegisterPreK@gmail.com Please visit our website: www.Pre-KindergartenEd.com





Calgary has over 8,000 hectares of parkland and natural areas, including 800 kms. of pathways. Public off-leash areas are also multi-use, so let's share these spaces. It is illegal to harass wildlife in parks and natural areas. Keep dogs on leash on paved pathways, even in an off-leash area if wildlife are near. Better to be safe than sorry. Keep your dog away from porcupines and coyotes.

Conservation in an urban world means protecting natural areas, according to Alberta Wilderness Association guest speaker Chris Manderson, urban conservation lead for the City Parks Department. He explored how Calgary has been shaped by its natural environments and, in turn, how they are impacted by a growing city of 1.2 million in an urbanising world. Although Calgary is blessed with a rich fabric of parks and protected areas, he acknowledged some of the new challenges and approaches to protecting Calgary's natural heritage. The Alberta Wilderness Association is a non-profit, federally registered, charitable society since 1965. Dedicated to the completion of a protected areas network and conservation of wilderness, the group has a provincial office and resource centre in Calgary, active members, volunteers, and sponsors in Alberta and beyond. Go to: www. albertawilderness.ca.

Since 1996, communities have had the option to pay a public tax for enhanced landscape maintenance in parks and other green spaces.

Usually, community associations and residents organizations are responsible for overseeing irrigation, weed management, mowing, trimming, and cleanup. The levy per household ranges from \$39 to \$219. City-wide standards for local parks were reviewed. If a \$5 levy was added city-wide, the increase would not be enough. Instead, the Canada 150 banner/flower pilot program in 16 communities will be extended for another two years and possibly expanded. Using native plantings instead of annuals would help reduce cost and watering. The City will ask for feedback, partner with garden and community groups, and explore options. The focus will be on community entrances, major intersections, and open spaces. The plan is to introduce flower beds and street light banners in each community. The aim is to add 20 communities a year, while 14 communities were involved in the This Is My Neighbourhood program. www.engage.calgary.ca/TIMN.

Alberta Ecotrust announced a 2nd annual Environmental Gathering: "Breaking Through", Feb. 23 – 25, 2017 at the Shaw Conference Centre, in Edmonton. Details are at www.albertaecotrust.com.

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

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DO YOU NEED AN EXTRA SET OF HANDS? C & L Helping Hands can provide them! We offer handy-man services, personal assistant, kitchen helper, cleaning and much more! Email: cl@clhelpinghands.ca. Call Craig or Laurie at 403-880-7125 or 403-510-8551.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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ALOE VERA BOTANICAL SKIN CARE: Look younger longer. Independent Consultant for 35 years with GRACE ALOE VERA SKIN CARE. Product contains no water, beeswax, mineral oil, lanolin, alcohol, perfume or chemicals. Try before you buy. Phone Alice at 403-282-5411 or email aliceearl@shaw.ca.

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FOOTHILLS LUTHERAN CHRISTIAN PRESCHOOL: is a licensed, non-profit program for 3 and 4 year-olds that facilitates the development of the whole child in a caring Christian environment. Children have fun with friends, laugh and learn, paint and paste, pray and play, slide and sing. Phone: 403-284-1360. Email school@foothillslutheran.com. Website: www.preschool. foothillslutheran.com.

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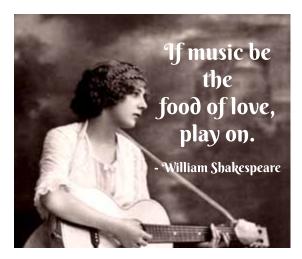
LONDONDERRY PAINTING AND DECORATING: Interior painting: walls, ceilings, wood trim, wallpaper application and removal. Exterior painting: house, garage, fences, decks, including fence and deck repair. Seniors receive a discount. For a free estimate call Howard at 403-226-3456.

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COMMUNITY **ANNOUNCEMENTS**

Deadline - 1st of each month for the next month's publication Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit



Triwood Real Estate Update

Last 12 Months Collingwood MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
December 2016	\$0	\$0
November 2016	\$881,900	\$835,000
October 2016	\$1,068,888	\$1,015,000
September 2016	\$599,900	\$590,000
August 2016	\$475,000	\$460,000
July 2016	\$574,850	\$553,750
June 2016	\$674,850	\$663,500
May 2016	\$471,500	\$466,000
April 2016	\$543,900	\$538,000
March 2016	\$529,900	\$520,000
February 2016	\$498,888	\$467,500
January 2016	\$0	\$0

Last 12 Months Charleswood MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
November 2016	\$567,450	\$538,850
October 2016	\$592,450	\$580,000
September 2016	\$599,900	\$580,000
August 2016	\$555,000	\$552,500
July 2016	\$489,900	\$479,000
June 2016	\$620,850	\$599,000
May 2016	\$614,450	\$590,000
April 2016	\$604,950	\$590,000
March 2016	\$622,450	\$616,000
February 2016	\$724,000	\$655,000
January 2016	\$657,450	\$640,353

To view more detailed information that comprise the above MLS averages please visit collingwood.great-news.ca or charleswood.great-news.ca



CALGARY PUBLIC

Celebrate Family Day at the Library!

Drop in for activities, storytimes, and more this Family Day. Everyone's welcome to join in the celebration happening at these community libraries:

Country Hills | Crowfoot | Fish Creek | Saddletowne | Shawnessy | Signal Hill

February 20, Noon- 5:00 pm | No registration required.

#Read150

Canada 150—read 150 books in 2017! Pick up your free Great Reads 2017 reading guide from any community library in Calgary. It's chock full of incredible reading recommendations for every member of your family. Visit calgarylibrary.ca to find out how you can be entered to win great prizes just for reading!

Bill's Book Café with Evan Woolley

All Calgarians are welcome to join Bill's Book Café! Library CEO Bill Ptacek and City Councillor Evan Woolley host a lively discussion of The Sisters Brothers by Patrick deWitt.

Alexander Calhoun Library Friday, February 24 | 7:00 pm

Triwood mybabysitterlist

Name	Age	Contact	Course
Hanna	13	587-580-5733	Yes
Kate	14	403-828-9868	Yes
Michael	14	403-801-2848	No
Miya	14	403-276-1712	Yes
Miriam	15	403-774-8880	No
Alissa	16	587-439-7592	Yes
Juliette	17	587-999-0783	Yes
Ruby	18	403-289-3232	No
Naomi	19	403-903-6793	Yes
Maia	22	403-804-7834	Yes

Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



CALGARY MOUNTAINVIEW LIONS CLUB

Help us help others. **Join Calgary Mountainview Lions Club**

Make new friends while making the world a better place. Meetings 2nd and 4th Tuesdays each month Phone Sandra Rowe at 403-226-1435





MLA Calgary-Varsity Stephanie Mclean #101, 5403 Crowchild Trail NW Calgary, AB, Canada T3B 4Z1 Phone: (403) 216-5436 Fax: (403) 216-5438 calgary.varsity@assembly.ab.ca

Friends.

With the start of February, we are firmly in the new year. I hope everyone had a restful January and a chance to put their new year's resolutions into practice. Late January also marked the Chinese New Year and the start of the Year of the Rooster. I had the wonderful privilege of attending a celebration at the Chinese Cultural Centre on January 28th and will be attending the Hong Kong Canadian Business Association gala in February.

Over a million Albertans have seen money appear in their bank accounts as carbon rebates have started rolling out across the province as part of the Climate Leadership Plan. About 6 in 10 households will receive a full carbon rebate. There is no need to apply, as it is based on your 2015 tax return, and to keep receiving it, you must keep filing your taxes. For more information, Albertans are encouraged to call the toll-free Government of Alberta hotline (310-0000) from anywhere in the province.

When the spring session of the Alberta legislature starts, I expect we will have a productive time addressing the concerns of Albertans. Budget 2017 will be tabled in this session, and Finance Minister Joe Ceci has been hosting public consultation meetings throughout the province. Online submissions will be accepted until February 3rd.

Throughout the winter my office will be attending Community Association meetings, AGMs, and Community programs throughout Calgary-Varsity to ensure I'm always informed about how best to represent local issues at the provincial level.

Our office serves all the people of Varsity, Dalhousie, Brentwood, Banff Trail, University Heights, Montgomery, and Charleswood. Our team is available to talk to constituents about provincial government departments, programs, scrolls, and services. Please visit us in our office, and let us know how we can help you, or to find out where we might be out-and-about in the community!



MLA Calgary-Klein **Craig Coolahan** #9. 2400 Centre St NE Calgary, AB, Canada T2E 2T9 Phone: (403) 216-5430 Fax: (403)216-5432 calgary.klein@assembly.ab.ca

Hello Calgary-Klein!

As of November 2016, approximately 110,000 families, caring for an estimated 200,000 children, have received the Alberta Child Benefit (ACB).

The ACB, which came into effect this past summer, helps families to make ends meet and support the well-being of their children.

If you have a child under the age of 18, have been an Alberta resident for at least one month and earn less than \$41,220 per year in net family income, you may be eligible for the benefit.

To qualify for the ACB, Albertans must file their tax return. The current benefit year for the ACB runs from June 2016 to June 2017, and eligibility is based on 2015 income tax returns.

If you have not yet filed your 2015 tax return, you are encouraged to do so to benefit from the ACB and other programs that you may qualify for.

Visit humanservices.alberta.ca/childbenefit or call the Alberta Supports Contact Centre at 1-877-644-9992 (780-644-9992 in Edmonton), for more information on the ACB.

As always, our office is happy to hear any feedback from constituents, and we may be reached at calgary. klein@assembly.ab.ca or 403-216-5430.





Calgary Confederation Len Webber, MP 2020 10 St NW, T2M3M2 403-220-0888 len.webber@parl.gc.ca

Councillor, Ward 7 Druh Farrell ward07@calgary.ca • www.druhfarrell.ca Twitter: @DruhFarrell • Facebook: Druh Farrell

It's tax time!

It is tax time and you may require assistance when filing your taxes and the Canada Revenue Agency (CRA) can help. They offer service in both official languages as well as via TTY service. Their website at www.cra.gc.ca is an invaluable source of information for the 26 million tax filers in Canada.

Most Canadians get a tax refund and so it pays to file your taxes. Low-income Canadians must file a tax return to access certain income support programs. Free tax preparation software is available at www.cra.gc.ca/netfile.

It is important to avoid tax scams! The CRA will NEVER communicate with you via email. If you get emails regarding your taxes, they are not legitimate and should be deleted immediately without opening the attachments. If you receive a phone call from someone saying they are from the CRA and you are unsure if it is legitimate, hang-up and call the CRA directly and they will be able to call up your file and address any issues. Never give personal information to a stranger.

Through the Community Volunteer Income Tax Program (CVITP), community organizations host free tax preparation clinics and arrange for qualified and security-cleared volunteers to prepare income tax and benefit returns for eligible individuals who have a modest income and a simple tax situation. To see the clinics in Calgary, please visitwww.cra-arc.gc.ca/tx/ndvdls/vlntr/ clncs/calgary-ab-eng.html or call 1-800-267-6999.

If your enquiry requires CRA to access your account and release or update personal information, they will ask you to identify yourself. Please be prepared to provide the following:

- · your social insurance number or business number;
- your name or business name;
- your complete address or complete business address;

- your date of birth (individual accounts only);
- · for individual and trust accounts, details from your account or your most recently assessed return, notice of assessment, reassessment, or other tax document; and
- for business accounts, details from your business account or your most recently assessed businessrelated tax information return.

If you wish to deal with the CRA on someone else's behalf, you must be an authorized representative.

For a full list of contact numbers for the various departments at CRA, please visit www.lenwebber.ca/ need-help-with-your-taxes/.



Canadian Cool

Even with Calgary's fairly mild winters, many dread the snow and the cold, choosing to squirrel away indoors. But what if we did not shy away from winter? What if we celebrated the season and embraced our cold climate?

There are many ways to live healthy, active, and social lives in winter that do not require leaving the city for the mountains or hitting the indoor gym. Here are a few ideas that Calgary and other winter cities are exploring:

- Build warming huts along our pathway network. These tiny pop-up pavilions encourage pathway use in the winter by providing a space to mingle with fellow Calgarians and get toasty. In Winnipeg, huts are also fanciful art installations created through an annual design competition.
- Promote ice skating across the city. The City of Calgary operates large outdoor rinks at Olympic Plaza and Prince's Island, with several community associations maintaining smaller local rinks. Talk with your community association about building one. In Edmonton, the Freeze Way is a pathway-like skating route that encourages people of all ages to strap on their skates for a lantern lit skate through City parks.
- Encourage skiing in the city. In Edmonton, transit users are encouraged to "ski to LRT" with free secure cross country ski storage at LRT stations. In Calgary, the Foothills Nordic ski club is piloting improved cross-country

skiing trails at the Confederation Park Golf Course.

- Develop a four-season patio culture. Many cities have busy patios well below freezing through the use of heaters, blankets, and protective awnings. This sparks social interactions and boosts the local restaurant scene. In our city, hardy Calgarians line up down the street to get into the Container Bar patio on Kensington Road, even in the dead of winter.
- Shop local! Montreal sets up colourful Adirondack chairs around communal fire pits along their retail streets to foster casual conversations and encourage shopping at local businesses. The Mount Pleasant Community used to run a weekly get together and story-telling around a fire pit – the cut off was minus 15.
- Organize local walks, events, and festivals throughout all four seasons, not just the summer.
- Make transit work in all seasons by providing heated bus shelters at key locations, with priority snow clearing on connecting sidewalks.
- Plan for a winter climate. Edmonton's new Winter City Strategy encourages the design of buildings and public spaces to include shelter from the elements and allow for more sunlight to shine on sidewalks.

Some of these ideas require effort from the City, but others can be pioneered by Calgarians. Together, we can build a city that is vibrant and active throughout the year. Bundle up, get outside, and embrace winter!





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