

JULY 2017

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3

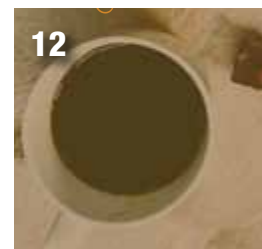
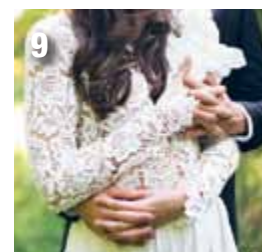
Is my financial strategy working as planned?

T: 403.508.3812  
kara.cubbon@canaccord.com  
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TRIWOOD COMMUNITY ASSOCIATION

2244 Chicoutimi Dr. NW, Calgary, AB, T2L 0W1  
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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

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IMPORTANT NUMBERS

ALL EMERGENCY CALLS 911	
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women’s Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children’s Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654

Upcoming Events at Triwood

- Yoga for Moms – Beginner Level**  
Mondays – 10am – 11am  
June 26th – August 28th (no class July 3rd & August 7th)
- Hatha Yoga - Beginner/Intermediate Level**  
Mondays – 7:30pm – 8:30pm  
May 15th – July 10th (No Class May 22nd)  
July 24th – October 2nd (no class August 7th & September 4th)
- Barre Fitness – Beginner Level**  
Mondays – 5:30pm – 6:30pm  
June 26th – August 21st (no class August 7th)
- Pilates - Beginner Level**  
Tuesdays – 7:15pm – 8:15pm  
May 23rd – July 11th  
July 18th – Sept 5th
- Pilates – Intermediate Level**  
Wednesdays – 5:30pm – 6:30pm  
May 24th – July 19th (No Class June 14th)  
August 2nd – September 20th
- Mindful Yoga Flow – Beginner Level**  
Thursdays – 6:00pm - 7:00pm  
July 13th – August 31st  
Triwood Summer Camps  
July 4th – August 11th  
Ages 3-12
- Triwood Farmer’s Market**  
Every Tuesday  
June 6th – August 29th
- Triwood Stampede Breakfast**  
Sunday July 9th, 2017 – 9am-12pm

TWC

A MESSAGE FROM THE EXECUTIVE DIRECTOR



I would like to thank everyone who came out to the Triwood and Brentwood 150th Canada Day Celebration! Congratulations to all the volunteers and staff from both Triwood and Brentwood who worked hard to make this event such an amazing event.

Triwood Summer Camp is finally here! The Summer Camp themes are Kid’s in the Kitchen, Mini Messy Hands, and All Sorts of Sports. The Summer Camp out-trips include trips to the Zoo, Science Center, Winsport, and the Splash Park! We are so happy that we can offer these camps to the residents of Triwood.

The Triwood Stampede Breakfast is Sunday July 9th from 9am-12pm. We have live entertainment, face painting, Hello Fresh, Q107, line dancers, and many more! This is a free event for the whole family. Please come by have breakfast and enjoy our Stampede entertainment.

The Triwood Farmers Market is every Tuesday from 3pm-7pm. We have over 30 vendors so come by and support our local vendors.

Rick Lundy, TWC

Accessible City services and programs

The City offers a variety of accessible services and programs that benefit people with disabilities and seniors. Visit calgary.ca/accessibility.

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President	Toni Pilkey	
Vice President	Mark Whiteman	
Treasurer	Jim Pilling	
Community Relations	Sandra Rhead	
Members at Large	Jim Heck	
	David Fong	
	Mark Whiteman	
	Chris Cole	
Soccer Coordinator	Carrie Killiam	
Planning Committee	Gordon Alger	
Squirts Hockey Coordinator	Kerry Bission	
Westwood Hockey	Christine Lilge	
Ringette Coordinator	Lauri Scotvold	
Scouts Coordinators	David Fong & Mark Whiteman	
Cubs & Beavers Coordinator	Margaret Porter	
Executive Director	Rick Lundy	
Event Planner	Alex Kubik	
Program & Event Coordinator	Sarah Roper	
Accountant	Randy Dalglish	
Building Maintenance	Robert Catton	
Arena Manager	Dave Hurren	
Office Hours	Monday-Thursday	9:00am - 4:00pm
	Friday	9:00am - 3:00pm
	Saturday	Closed
Memberships	Complimentary for 2017	

TWC FARMERS' MARKET



FRESH  
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PRODUCE

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TRIWOOD FARMERS' MARKET VENDOR LIST

FOOD VENDORS  
SOUTO FARMS  
SAY CHEESE  
BURGER BANDIT  
FAMILY SQUEEZED LEMONADE  
FAMILY FREEZED GOURMET ICE POPS  
COOKIE DOUGH YYC  
OH CRÊPES!  
CHERRY PIT JUICES  
JUICE PLUS  
JOHNSON FRESH FARMS  
INNISFAIR GROWERS CO-OP  
LEMONBERRY PASTRIES & CAKES  
OL' GRUMPS HONEY  
MY BREAD  
WAFFLE STOP  
PURE FOODS FRESH  
FIELD STONE FRUIT WINES  
PRANZO ITALIANO  
CRYSTAL'S CANS  
RHODES SNACKS GOURMET JERRY  
ZILFORD'S FRIED CHICKEN  
UKRAINIAN FINE FOODS

WORKSHOP VENDORS  
POPPY INNOVATIONS  
RAW CANVAS YYC  
  
RETAIL VENDORS  
ORIGAMI OWL  
SWEETLEGS  
OUR BACKYARD SHED  
MADE IT WITH LOVE  
WILDE ABOUT NATURE  
BOTALA SKIN CARE  
SHARON MOORE  
THIRTY-ONE GIFTS  
YOSHI BELLA

TWC

# TRIWOOD HALL SCHEDULE 2017

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 Triwood Halls available to rent. Check website for availability.  
[www.triwoodcommunity.com](http://www.triwoodcommunity.com)



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHARLESWOOD HALL	Yoga for Moms 10:00AM-11:00AM  Barre Fitness 5:30PM-6:30PM	Zumba 9:30AM-10:30AM  Pilates 7:15PM-8:15PM	Zumba 9:30AM-10:30AM  Pilates 5:30PM-6:30PM  Zumba Fitness 6:45PM-7:45PM		
COLLINGWOOD HALL	Hatha Yoga 7:30PM-8:30PM	Cubs 6:00PM-8:30PM	Scouts 6:30PM-9:00PM	Mindful Yoga Flow 6:00PM-7:00PM	
ANNEX BOARD ROOM		Beavers 6:00PM-8:30PM			
FOOTHILLS	Tai Chi 10:00AM-11:00AM  Karate 6:00PM-8:00PM	Foxy Kickboxing 6:00PM-8:30PM	Tai Chi 10:00AM-11:00AM  Foxy Kickboxing 6:00PM-8:30PM	Foxy Kickboxing 6:00PM-8:30PM	Karate 6:00PM-8:00PM
JT'S LOUNGE	Trilighters 10:00AM-12PM  Book Club 1:00PM-4:00PM	Triwoodsmen 1:00PM-4:00PM	Trilighters 10:00AM-12:00PM	Trilighters 1:00PM-4:00PM  Pub Night 5:00PM-9:00PM	

TWC HALL RENTERS			
Adventurers Day Care	Franklin Capada	triwood@adventures-sac.com	403-284-5457
Foxy Kickboxing	Jessica Sparrow	jessica@foxykickboxing.com	1-800-974-3699
Karate	Ken Noda	masternoda@mac.com	403-804-6789
Zumba	Michelle Neufeldt	fitforchange@shaw.ca	403-804-6951
Yoga/Pilates/Barre	Sarah Roper	triwoodpc@shaw.ca	403-282-2677
Scouts	David Fong	www.fourthtriwood.com	403-282-4565



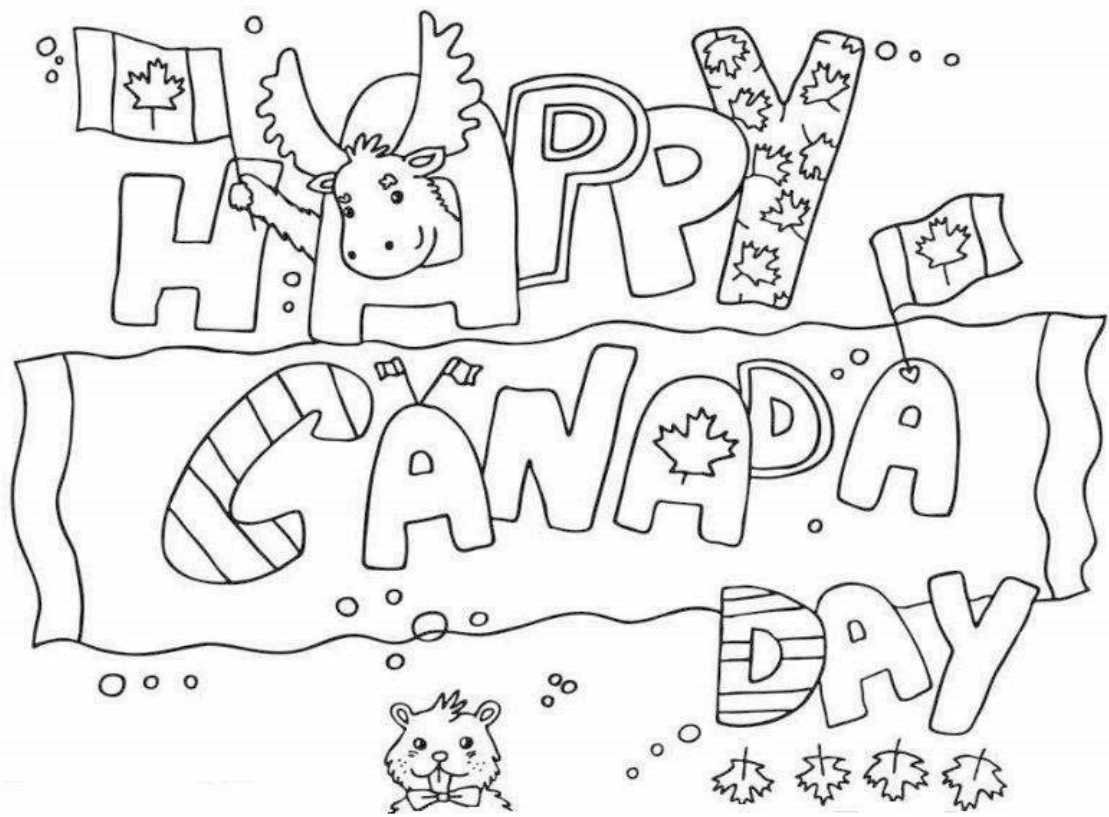
# TRIWOOD STAMPEDE BREAKFAST

SUNDAY JULY 9<sup>TH</sup>, 2017  
9AM-12PM

TWC  
2244 CHICOUTIMI DRIVE NW



# MINI TRUMPET READERS



TWC



Calgary Confederation  
**Len Webber, MP**  
2020 10 St NW, T2M3M2  
403-220-0888  
len.webber@parl.gc.ca

## Saving Lives Through Better Predictions

On July 31, it will be 30 years since a powerful and damaging tornado ripped through Edmonton and area. On what became known as Black Friday, 27 people lost their lives, hundreds of homes were destroyed and damage totals exceeded \$330 million. To this day, quickly darkening clouds on the horizon bring back horrifying memories for thousands of Albertans.

There were seven other tornados in Alberta that summer day. Originally, weather forecasters had warned of unusually severe thunderstorms but the sheer power, size and destruction of the weather to come was not known. Enhanced warnings of tornados went out when the first one was spotted near Leduc but for many that was too late.

The federal government has invested substantially over the years to upgrade radars, upgrade satellites and the computer systems behind them. In the 30 years since, weather forecasting has improved by leaps and bounds and our ability to share critical weather warnings is unmatched in our history. New computer models can now more accurately forecast the weather and even predict tornados and their probable paths in advance. We now have accurate lightening, wind-chill, humidex, pollen, ice and other types of forecasting that did not exist just a few years ago. For some areas, weather forecasting is now available for different neighborhoods within the city.

While we all can remember a day when the forecast was wrong, and we like to curse the 'weatherman', we take for granted how accurate the forecasts generally are. Accurate weather forecasting is a critical part of our economy as it helps farmers, mariners, pilots, construction crews and the general public make important and life-saving decisions ahead of time.

Canadians now have the ability to track weather through radio, television, computers and various other methods. The ability to send weather warnings to people via their televisions, computers and smartphones has saved lives

and property across Canada. As we head into the severe summer weather season, Canadians are encouraged to consult the weather on a regular basis, especially if they plan activities outside or may not have easy access to safe cover from the weather. There are a number of free weather alerts available through weather forecasting websites, including Environment Canada at [www.weather.gc.ca](http://www.weather.gc.ca).

Those who take risks with the weather should realize they often put their lives, their loved ones' lives and the lives of emergency workers at risk unnecessarily. As the saying goes, "If it is predictable, it's preventable". Let's have a great summer and thank those who work invisibly behind the scenes to ensure we have a safe summer, no matter what the forecast may be.



**CONCRETE SPECIALIST**

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cityandvillageco@gmail.com

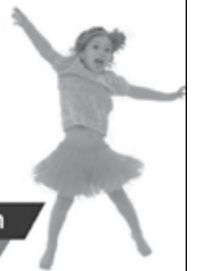
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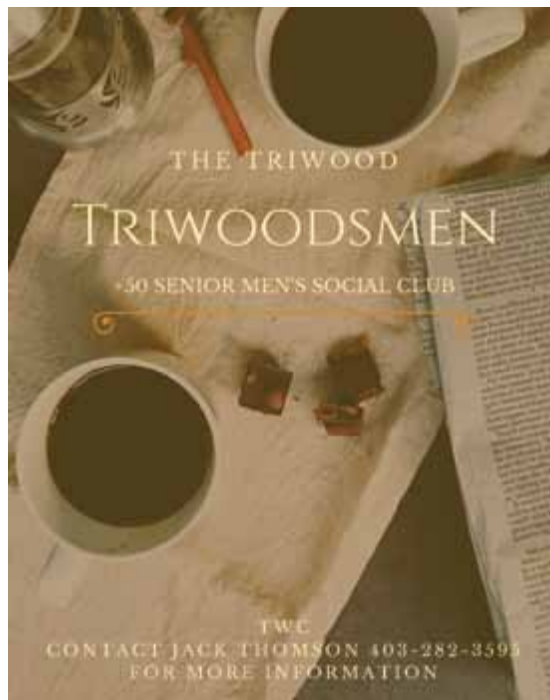
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 403-289-6972 for more information

*Trilighters*  
 TWC



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TWC  
 CONTACT JACK THOMSON 403-282-3599  
 FOR MORE INFORMATION




**MLA Calgary-Varsity  
 Stephanie Mclean**  
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 Calgary, AB, Canada T3B 4Z1  
 ☎ 403-216-5436 📠 403-216-5438  
 ✉ calgary.varsity@assembly.ab.ca

Friends,

This July 1<sup>st</sup>, we celebrate the 150<sup>th</sup> birthday of this great country. This year Canada Day falls on a Saturday, and there will be a huge range of events for people to attend throughout Calgary. The city is predicting 250,000 people will turn out for the celebrations, so I encourage people to be prepared by bringing a hat, sunscreen and water. To top it all off, there will be a 30 minute fireworks and light show on the river front downtown.

On June 30<sup>th</sup>, Triwood and Brentwood will be hosting a Canada BBQ for the country's 150<sup>th</sup> birthday. The BBQ starts at 5pm, will have live music, and fireworks at 10:30pm. The event is at the Triwood Arena, and is no charge, but RSVPs are requested.

The busy spring legislative session is now over. We've worked hard to bring in programs to make life more affordable for everyday Albertans, by capping electricity prices, reducing school fees and keeping taxes on families the lowest in Canada. Our government has just announced a \$20 million playground grants program for K-6 schools to reduce the fundraising burden on families. New and replacement K-6 schools announced between 2014 and 2018 will get \$250,000 grants to build a playground. We know that playgrounds not only benefit the students who get to use them, but they serve the community as a whole. They are hubs where parents and children meet and play together. If a community wants to upgrade or replace an existing playground,

they are able to apply for the Community Facility Enhancement Program grant offered through Culture and Tourism.

Our government is always interested in hearing what Albertans have to say about major public programs. The Spring 2017 survey of the curriculum review wrapped up in June with thousands of responses. Alberta Education will then review the results of the survey and use what they heard to refine their work and help develop learning outcomes in each subject. There will be a Fall 2017 survey announced later in the summer. As the federal government is legalizing cannabis by July 2018, Alberta has to develop a provincial framework to manage it. Until July 31<sup>st</sup>, Albertans can visit [alberta.ca/cannabis](http://alberta.ca/cannabis) to participate in a survey to develop a provincial framework for cannabis legalization.

July 7-16 is Calgary Stampede, so it's time to break out your cowboy hat, see the parade, and eat free pancakes until you burst! Besides events all over the city, there are several right here in Calgary-Varsity. On July 6<sup>th</sup> at 5:30pm, Banff Trail is hosting a Stampede BBQ. Triwood Community Association is having their annual pancake breakfast at the Triwood community centre on July 9<sup>th</sup> from 9am-12pm. Market Mall will have a pancake breakfast from 9-11am on July 11<sup>th</sup>. And Dalhousie Station Shopping Centre has a pancake breakfast on July 12<sup>th</sup> from 9-11am. I'm certainly looking forward to the Stampede events here in the constituency. Yahoo!

Our office serves all the people of Varsity, Dalhousie, Brentwood, Banff Trail, University Heights, Montgomery, and Charleswood. Our team is available to talk to constituents about provincial government departments, programs, scrolls, and services. To find out more drop in, call, email, or check out [stephaniemclean.albertandpcaucus.ca](http://stephaniemclean.albertandpcaucus.ca)

*Band in the Corner*  
 TRIWOOD STAMPEDE BREAKFAST

SUNDAY JULY 9, 2017  
 9AM-12PM  
 TWC



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**Hats Off to the Beaver**

Fur trade was a historical benchmark of Canada's international commerce. Felt from beaver fur could be molded into many creative hats. From top hats to bowlers, tricorn hats to fancy women's hats, the possibilities were endless. Thank goodness beaver fur went out of fashion in favour of silk hats, or not as many of our iconic furry friends might be around today!

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Councillor, Ward 7  
**Druh Farrell**  
 ✉ ward07@calgary.ca 🌐 druhfarrrell.ca

### Green Line LRT and Crowchild Trail Updates

For the past several years, Calgarians were engaged extensively on the new Green Line Light Rail Transit (LRT) line and the Crowchild Trail Study. Thank you to Ward 7 residents for engaging on these projects and for helping to push for better outcomes.

**The Green Line LRT** will improve the daily lives of Calgarians. It will connect our communities with high-quality rapid transit, spur reinvestment along Centre Street and around station areas, and act as a catalyst for improved community amenities.

Earlier this year, Council voted to proceed with Stage One of the Green Line LRT, running from 16 Ave N in Crescent Heights/Tuxedo Park to Shepherd in the SE. Stage One includes 20km of track, 14 stations, the Cen-

tre City tunnel, a new maintenance facility at Shepherd, and new low-floor trains. It will carry around 65,000 Calgarians on day one (in approximately 2026) and comes in at \$4.65 billion.

A phased approach allows us to build a solid foundation for continuous expansion, and to ensure we build the Green Line right from the start. We have one of the top performing LRT systems in North America today, and can expect this to continue with the Green Line.

The City of Calgary and the Government of Canada have committed \$3 billion to the Green Line. Now, with Stage One set, the City can submit a formal funding application to the Government of Alberta. If funding, financing, and years of planning align, we will see the start of Green Line construction in 2020.

In May, City Council unanimously approved a new plan for **Crowchild Trail**. Council praised the work done by City staff and the incredible participation from communities. The plan is in stark contrast to the 2012 Crowchild Trail expansion plan that called for the demolition of dozens of homes and restricted access between communities.

Proposed changes include new walking/cycling bridges across Crowchild and to the Bow River Pathway, pathways along Crowchild, safety improvements at conflict points, traffic noise mitigation, and free-flow traffic from Glenmore Trail SW to 12 Mile Coulee Rd NW. Residents along Crowchild now have certainty about whether or not their homes will be impacted.

The Crowchild plan, which includes short, medium and long term improvements, is a massive project that comes at significant cost. While the full plan is not funded, funding is approved to rehabilitate and improve the deteriorating Crowchild Trail Bridge over the Bow River. Funding for the full plan will be reviewed against the City's other priorities such as flood mitigation, affordable housing, and, of course, the Green Line LRT.

To sign up for updates on key community and Ward 7 issues, please visit [www.DruhFarrell.ca](http://www.DruhFarrell.ca).



MLA Calgary-Klein  
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Hello Calgary-Klein,

Albertans are among the most productive workers in Alberta, and work some of the longest hours in the country. Yet despite this hard work and long hours, Alberta hadn't seen significant changes to its labour legislation in 30 years.

That's why I am proud that Bill 17: the Fair and Family-friendly Workplaces Act is ensuring Alberta has modern and fair labour laws that protect the rights of Albertans. Work is where we spend half (and often more) of our waking hours, so it's vital that the standards for work meet both the needs of Albertans as well as those of workplaces.

Bill 17 includes a number of important changes. Most importantly, the bill would allow Alberta workers up to five days of job protection a year for personal sickness or short-term care of an immediate family member. It would also allow for 16 weeks of unpaid, job protected leave for long-term illness or injury. I believe that no one should have to lose their job because they get sick, or because they need to care for their loved ones who've fallen ill.

Additional changes ensure our laws meet the same standards in place in other provinces and at the federal level, such as maternity leave, parental leave, compassionate care leave and bereavement leave. Updates to overtime, vacation pay and termination notice standards are included, as well as a simplification of union certification and decertification processes.

The proposed Employment Standards Code and Labour Relations Code changes are the result of previous government reviews, as well as broad consultation with Albertans, employers, business organizations, labour organizations, municipalities, academics and advocacy groups. More than 7,000 submissions were received.

If passed, Bill 17 is expected to come into effect January 1, 2018.

As always, our office is happy to hear from you, and may be reached at [calgary.klein@assembly.ab.ca](mailto:calgary.klein@assembly.ab.ca) or 403-216-5430. I'll be available for the next Coffee with Craig at the Velvet Café (502 25 Ave NW) on August 12th from 10am-12pm.

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**511, 1540-29 ST NW (ST ANDREW HEIGHTS)**

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**110, 108 Edgeridge Terrace NW (EDGEMONT)**

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