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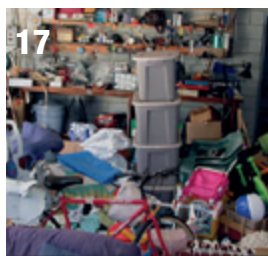


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EXECUTIVE DIRECTOR'S REPORT



Our JT's Clubhouse is back in business this month! The renovations on the kitchen are completed and we will continue upgrading and improving the space in the year to come. We are still looking for donations

(décor, TVs, bar furniture, etc.). Please contact us if you think you might have something that we could use!

The clubhouse will have specialty nights like "Wings Wednesdays", open mic and trivia nights, and will be showing NHL play-off games over the next couple of months. Make sure you come down and check out the new atmosphere. Opening hours and menus will be available on the Triwood website at www.triwoodcommunity.com.

Don't forget our community cleanup on May 5th from 9am to 2pm. You can bring your unwanted appliances, electronics, metals, garbage and recycling down to the community centre for drop off.

Also, in May, we welcome you to Triwood for our second community movie night on May 17th. We will be showing the children's classic movie Ratatouille! Be there for show time at 6pm. We will have popcorn and snacks for sale at the event. Thanks to Pinnacle Group for their generous sponsoring of the evening!

Looking forward to seeing our community buzzing this spring!

Stephan Horbay

TWC DIRECTORY



President	Toni Pilkey
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Squirts Hockey Coordinator	Kerry Bission
Westwood Hockey	Christine Lilge
Ringette Coordinator	Lauri Scotvold
Scouts Coordinators	David Fong & Mark Whiteman
Cubs Coordinator	Margaret Porter
Beavers Coordinator	David Fong & Lindsay Williams

OFFICE HOURS

Monday-Thursday: 9:00am - 4:00pm

Friday: 9:00am - 3:00pm

Saturday & Sunday: Closed

2244 Chicoutimi Dr. NW, Calgary, AB, T2L 0W1

Phone: 403-282-2677 | Fax: 403-282-7031

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Editorial Submissions: triwoodpc@shaw.ca

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May 2019 Fitness Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Spin 9:00-10:00 am		Spin 9:00-10:00 am		
Barre 5:30-6:30pm	Barre 5:15-6:30pm	Pilates 5:30-6:30pm		
Spin-Yoga 5:30-7:00pm	Pilates 6:30-7:30pm		Yoga Exposure 6:00-7:00pm	
	Spin 6:30-7:25pm		Spin 6:30-7:25pm	
Hatha Yoga 7:30-8:30pm	Spin 7:35-8:35pm		Spin 7:35-8:35pm	

Triwood Summer Camp
Canadian Explorers



August
6th-9th



Register at: www.triwoodpowerupsports.com

Triwood Summer Camp
Amazing Creatures



August 12th-16th

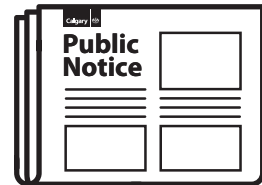
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Calgary



Development Permit Notices are Moving Online

Development Permit Notices will no longer be published in the newspaper after May 16th. Visit Calgary.ca/publicnotices to see detailed information on development activity in your neighbourhood.



19-0037417

Triwood Summer Camp

Gardening and Plants

July 8th-12th

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Triwood Summer Camp



Sensational Science



July 22nd-26th



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Triwood Summer Camp



Creative Cooking

July 15th-19th

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Triwood Summer Camp

Little Picasso



July 29th-August 2nd

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A City of Communities

When someone in Calgary asks you where you live, do you tell them Triwood? Or perhaps Charleswood or Collingwood? Maybe you just say, "in the Northwest" or "near the U of C" or "behind the Winter Club". We are fortunate to have many unique and vibrant communities in Calgary, and we typically do not focus on the boundaries between them. We walk, bike, drive, shop and take advantage of services in our own community and in the neighbouring areas. With that in mind, we are sharing some information about our broader community.

Brentwood is a large residential area that borders Triwood on the west. It is a hub for shopping, restaurants and a range of services. The Brentwood Community Association takes an active role in commercial development in the area, which also has an impact on Triwood residents. Go to www.brentwoodcommunity.com and click on the Developments tab to see current residential and commercial developments in Brentwood.


Banff Trail connects to Triwood via 24th Avenue. The Banff Trail Community Association has been busy with infill development in the last several years, and also the changing face of "Motel Village" adjacent to Crowchild Trail and 16th Avenue NW. Look for events in the Banff Trail Community at www.banfftrailcommunity.ca.

Cambrian Heights connects to Triwood's east border and includes the commercial area around 14 Street and Northmount Drive. Did you know that Cambrian

Heights hosts an annual Polar Party in January? Brrrrrr! You can learn more about community activities at www.cambrianheightscommunity.com. Click on the Community Info tab, and then Planning & Development to learn more about development activity in Cambrian Heights.

The Federation of Calgary Communities (FCC) is the association for all Calgary communities. The FCC offers a broad range of workshops and courses to support community associations including how to improve meeting effectiveness, governance for Boards of Directors and sessions on the Calgary land use planning process. The FCC sends regular newsletters and keeps us informed about upcoming events, such as Neighbours Day which will be on June 15 this year. Learn more about FCC at www.calgarycommunities.com.


The Triwood Planning Committee is a committee of the Triwood Community Association and receives details about developments from the City of Calgary. The Planning Committee is asked to comment on how well a development "fits" within the context of the neighborhood as well as how it may affect its immediate neighbors. You can find more information at www.triwoodcommunity.com and then choose the Triwood Planning Committee tab.



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6:pm - 8 pm
Wednesday
Triwood
Community
Association
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News from the **Friends of Nose Hill**

Don't forget to check out our website at www.fonhs.org for all the information you will need about Plants in Bloom for the May Flower Count, during the last week of May (25-31). This is an **annual event, when volunteers** survey their favourite natural areas and provide valuable data on the distribution of flowering plants in Alberta. Conduct a fun "trek and check" through your favourite natural space. Expertise in wildflower identification is valuable, but not mandatory. Use our alphabetical flower list, which has space to record how far in bloom the flowers are.

Urban ecology and biodiversity are free and family friendly, in backyards, gardens, schoolyards, local parks, and community green spaces. At any time, citizen scientists can find nature, take photos of their finds, and share their observations by iNaturalist.ca. The app is free, enables identification, and operates all over the world now.

The Calgary City Nature Challenge involves taking photos of plants and animals (26-29 April) and then identifying them (30 April-5 May). Winners are announced 6 May (www.calgarynatureyyc.ca). Calgary, Halifax, and Richmond, B.C. are only 3 of the **over 160 cities** worldwide to compete for the most observations, number of species, and participants (www.citychallenge.org). Started in 2016 with 2 cities, the City Nature Challenge went national, in 2017, and, in 2018 with 68 cities, became an international event!

The new City Parks and Pathways Bylaw states: "natural area" is a **park or portion of park space where the primary role is the protection of an undisturbed (or relatively undisturbed) area of land with characteristics of a natural or native plant community.** The Director, Calgary Parks, may close or restrict the use of any park (or portion of a park) to protect endangered or at-risk species; to preserve vegetation required for wildlife; and to rehabilitate a natural area.

To disturb wildlife in a park (\$200-\$300), to disturb or damage park vegetation (\$200-\$300), and to remove park vegetation (\$150-\$250) are only a few of the minimum and specified fines for offences.

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May 17, 6:00pm

FREE FAMILY MOVIE NIGHT



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Triwoodsmen

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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“ Cat got your tongue? ”

Meaning: A question posed when someone is silent in response to a previous question or statement.

Origin: The origin is unknown. Some theories of its origin are that it stems from fear of witches and their black cats, the name of a whip called cat-o'-nine tails, or the fable that ancient kings would cut off the tongues of liars and fed them to their cats. None of these theories are substantiated, however.



Triwood
Trilighters 50+
Ladies Group



For more information
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or
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Visit: www.triwoodcommunity.com
for more details



Councillor, Ward 4
Sean Chu
 403-268-3727
 ward04@calgary.ca
 www.calgary.ca/ward4
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first2000days
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Play With Me, Please!

Hello Residents,

Street Sweeping is Happening in Your Community!

The City sweeps material left behind from winter operations on over 16,000 lane kilometres of paved roads, and getting the work done is a collaborative effort. We would like to thank Calgarians for their help in moving their cars from the street and their blue, black and green carts on to the curb when sweeping is scheduled.

For more information, visit calgary.ca/sweep.

Celebrate with Your Neighbours on June 15: Neighbour Day 2019

Held annually on the third Saturday of June, Neighbour Day is an opportunity to get together with your neighbours and celebrate Calgary's strong community spirit. This year Neighbour Day falls on Saturday, June 15.

The City is once again waiving its greenspace booking fees for approved Neighbour Day events taking place on June 15. As of January 1, 2019, The City has waived fees for block party permits. Please note the deadline to apply for these permits is May 24, 2019.

The City welcomes all Calgarians to celebrate and encourages as many people as possible to host local community events. Neighbour Day is an opportunity for communities across the city to come together in the form of barbecues, block parties, cleanups and potlucks in order to meet their neighbours and celebrate where they live.

Neighbour Day originated in 2014 to celebrate the incredible outpouring of support and generosity neighbours demonstrated after the 2013 floods. It has evolved into an annual celebration of what makes Calgary such a great city—our strong and caring communities.

For more information, visit calgary.ca/NeighbourDay.

Sincerely,

Councillor Sean Chu, Ward 4

As grandparents or seniors, when we hear a child ask us to play, do we think about how we played as children? Or do we think that we don't know how to play in today's fast-paced, electronic world? Exploring outside, making up games and stories with friends, spending afternoons building elaborate structures with sofa cushions and blankets or making mud pies in the back yard; these are all still wonderful ways to play. We know that spending time outside and in natural settings builds better brains and that positively connecting with other people helps children learn social and emotional skills. Having sensory experiences encourages connections in the brain and helps children with more complex learning later in life, (like reading and writing). Using imagination to transform pillows and blankets into a pirate hideaway or a princess castle promotes problem solving, language development and cooperation.

So, the next time a young child in your life asks you to play, think back to your childhood and jump right in! You can make a difference in a child's life just by taking the time to play; the most important thing is to be available and enjoy the experience!

For more information on children's brain development watch the video *The Core Story of Brain Development* at <https://www.albertafamilywellness.org/resources/watch/how-brains-are-built-core-story-of-brain-development/> *you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: nwecdcoalitions@gmail.com.*



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featuring Tim Tamashiro



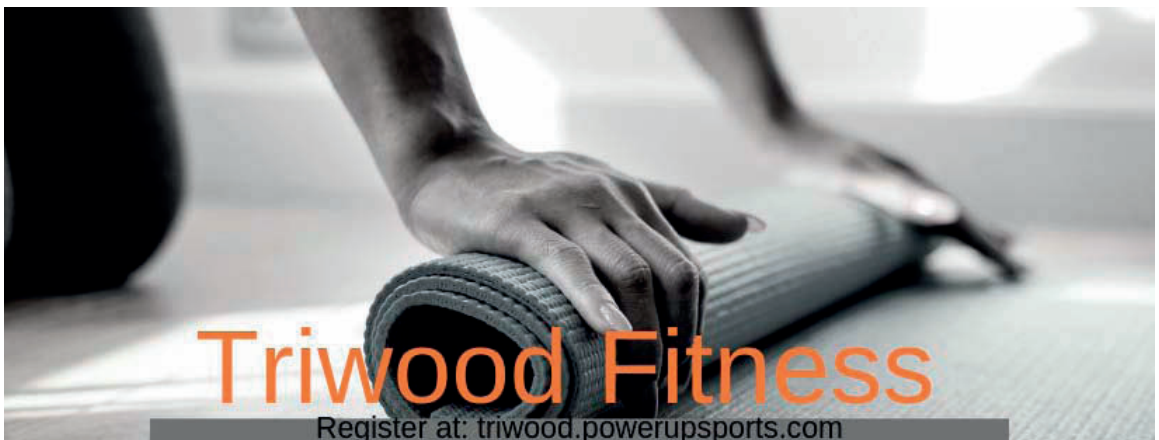
Tim Tamashiro's music is fun because it's designed to be pleasing and interactive. If he's doing his job singing, he will EARN your ears. He also believes that the spaces between songs are as important as the music. Stories matter. Stories can make songs even more compelling. His respect for and enjoyment of performers like Frank Sinatra, Dean Martin and Sammy Davis Jr. are at the core of Tim's new show "When You're Smiling". Tim's resume includes making recordings, touring and sharing stages with many established performers, and singing for business and world leaders including prime ministers and royalty. He was also the full-time host of Tonic on CBC Radio 2. He has abundant sources of musical ideas and tales. And he wants you to discover the joy of jazz - incredible music with a talented trio of musicians. He invites you to go on a journey with him and, most of all, to have fun with a bit of swinging music!

Date: Sunday May 26, 2019
Refreshments: 5:45 p.m.
Dinner: 6:30 p.m.
Performance: 8:00 p.m.
Tickets: \$50 - including dinner
\$20 - show only

Available from Triwood (online at www.triwoodcommunity.com/dinner-theatre/; office at 2244 Chicoutimi Drive N.W. Mon.-Fri. 9:00 a.m. to 3:00 p.m.; 403-282-2677) or Jim (403-289-0127), Dorothea (403-282-6201), Pat (403-284-1259).

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Northwest Warriors Hockey

Wow, what an exciting couple of months we have had at Northwest Warriors Hockey. March was filled with excitement as our teams took part in the City Playoffs. The competition was amazing. We had two of our teams win their City Championships – Atom 4 Red and Atom 5!

Our Atom 4 White, Pee wee 5 White, Pee wee 6 and Bantam 2 teams walked away with Silver Medals! Also, a big shout out to our Atom 7 Red, Pee wee 3 White and Midget 1 teams for battling all the way to the semi-final games. The games were thrilling to watch, and the kids were amazing!

The Northwest Warriors would like to thank all the wonderful people who, season after season, share their in-

credible gift for volunteering with us to makes our association the amazing place it is.

We wish everyone a safe and warm spring ahead. We look forward to seeing you back on the ice in September.

The 2019-2020 season registration opens June 1st. More information will be posted on the Northwest Warriors website in early May. Just visit www.nwwarriorshockey.com for complete information.

Northwest Warriors Hockey

Go, Warriors, go!



Calgary Confederation
Len Webber, MP
 2020 10 St NW, T2M3M2
 ☎ 403-220-0888
 ✉ len.webber@parl.gc.ca

Just Words

I remember in school when a bully was confronted by a teacher after being caught picking on a fellow student. The bully said, "I'm not hurting anyone, they are just words."

What we witnessed during the recent election campaign and what we see on the internet every day is far worse than anything that I ever heard that bully say.

Words are as powerful as any weapon, as useful as any tool and their consequences can last a lifetime.

Over time I have noticed, and so have many others, that hateful, intolerant and offensive language has grown in usage and proliferation on the internet, social media and even in daily conversation.

As I said in the House of Commons ahead of Remembrance Day, "Tens of thousands of Canadians fought

hate. They gave their lives to put down those who sought to reshape human existence through hate. They gave their future so that we could have one. There could be no greater dishonour to their memory and their sacrifices than for us to give up on the fight against hate. Yes, we have the freedom to speak our mind in Canada, but that freedom was found in the fight against hate. Let us not forget that."

This type of hate and intolerance exists throughout the political spectrum. Each justifying their own abhorrent behaviour against the behaviour of those they are in disagreement with. Two wrongs do not make a right.

As a society, it is time we take a stand against this type of behaviour. It is toxic and can have many lasting, unintended and deadly consequences. History is littered with examples of what happens when hate and intolerance are allowed to grow within a peaceful society. Eventually that society ceases to exist. Let's not follow those dark paths of history.

When I spoke about hate crimes in Parliament I said, "If you are not part of the solution, you are part of the problem." Please do something and take a stand against hate and intolerance in your own way.

We can no longer stand by ignoring the hate and intolerance of others while trying to simply dismiss their actions as "just words".

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5702 BRENNER CRESCENT NW (BRENTWOOD)

Bi-Level with over 1,200 sq.ft. 4 bedrooms. 3 full bathrooms. Upgrades....furnace, bathrooms, window. Close to all amenities.

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2740-48 AVENUE NW (CHARLESWOOD)

Fabulous location, curb appeal bungalow. Over 1,030 sq.ft. total of 5 bedrooms, 2 full bathrooms. Upgraded kitchen, bathroom, Flooring, light fixtures, doors and more... Close to all amenities.

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5039 BULYEA ROAD NW (BRENTWOOD)

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1224-19 STREET NW (HOUNSFIELD HEIGHTS/BRIAR HILL)

Bungalow with over 1,010 sq.ft. Total of 3 bedrooms.1.5 bathroom.Steps away from the Lions park LRT station. Easy access to downtown. Upgraded items..bathroom, Furnace, windows, Shingles.

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