

AUGUST 2016

DELIVERED MONTHLY TO 6,800 HOUSEHOLDS

your TUSCANY

BRINGING TUSCANY RESIDENTS TOGETHER





MEET LOCAL PRODUCERS AND BUY
STRAIGHT FROM THE SOURCE

AUG 10TH
ROCKY RIDGE CO-OP
FROM 3 TO 7 PM

**POP-UP FARMERS
MARKET**
VISIT LOCALYYC.COM

CO-OP



Since 2004

**Moisture in your Windows?
Don't replace...RESTORE!**

- ◆ **Moisture Removal**
- ◆ **Caulking**
- ◆ **Hardware Replacement**
- ◆ **Weather Stripping**
- ◆ **Glass Replacement**
- ◆ **Custom Glass Design**

403.246.8805
clearvucanada.com



Tuscany Community Association

Box 27030, RPO Tuscany NW
Calgary, AB – T3L 2Y1
president@tuscanyca.ca
www.tuscanyca.wordpress.com

Elected Officials



MP Pat Kelly
Calgary Rocky Ridge
202, 400 Crowfoot Crescent NW
Calgary, Alberta T3G 5H6
Tel: 403-282-7980 Fax: 403-282-3587
Email: pat.kelly@parl.gc.ca



Councillor Ward Sutherland
Ward 1 Office
P.O. Box 2100, Station M
Calgary, AB, Canada T2P 2M5
Phone: 403-268-2445
Fax: 403-268-8091
Email: ward01@calgary.ca
Web: www.calgary.ca/ward1



MLA Sandra Jansen
Calgary-North West
Suite 7223, 8650 - 112th Avenue NW
Calgary, AB T3G 0E2
Phone: (403) 297-7104
Fax: (403) 297-7121
Email: calgary.northwest@assembly.ab.ca

NEWSLETTER AD SALES

GREAT NEWS PUBLISHING  **27 YEARS**

Great News Publishing Ltd.
403.720.0762 | 403.263.3044
sales@great-news.ca | www.great-news.ca

CONTENTS

Calgary Wildlife	4
My Babysitter List	5
Your Community Business of the Month	7
Real Estate Update	8



GREAT NEWS PUBLISHING HAS BEEN
PROUDLY SERVING TUSCANY
FOR 5 YEARS!

The Over-achieving Swainson's Hawk

Article by Cheryl Bowman and Andrea S. H. Hunt. Photo by Andrea S. H. Hunt

Swainson's Hawks are commonly seen raptors that live in southern Alberta from May – October. They are a medium sized hawk (50 centimetres long) that can be identified by a distinctive dark reddish bib on their chest, pointed wing-tips (in flight) and dark bars on the underside of their tails. Swainson's Hawks live in prairie and grasslands, including crop and grazing lands.

Fun Facts:

- Swainson's Hawks have one of the longest migratory routes of any North American raptor.
- These hawks can travel over 20,000 km annually between their breeding grounds in Alberta and their wintering grounds in South America (Uruguay, Paraguay and Argentina).
- The diet of a Swainson's Hawk changes depending on the time of year.
- When nesting in the summer months, they eat rodents but Swainson's Hawks switch to grasshoppers in September and October (about 100 per day!) in order to transition

to their largely insectivore diet in South America.

- Look out for these hawks in farmer's fields in the autumn, chasing grasshoppers on foot!
- Swainson's Hawks are also known as locust or grasshopper hawks.
- Swainson's Hawks are protected under Alberta's *Wildlife Act*.
- A group of migrating or soaring hawks is called a kettle. A kettle can contain tens of thousands of individuals.
- A young hawk is called an eyas.

Did you know?

- Fledgling Swainson's Hawks are quite heavy and often crash on their first flight out of the nest, which can break their wings.

If you find an injured or orphaned Swainson's Hawk, please call our wildlife hotline 403-239-2488 or bring it to our wildlife hospital in the northwest of Calgary (www.calgarywildlife.org).

Tuscany **mybabysitterlist**

Name	Age	Contact	Course
Priya	12	403-966-6160	Yes
Payton	12	403-909-0340	Yes
Ellen	12	403-532-1010	Yes
Amelia	13	403-374-0440	Yes
Zachary	13	403-984-7775	Yes
Shelby	13	403-993-4026	Yes
Nathan	13	403-668-4151	Yes
Breton	13	403-978-0056	Yes
Emma	13	403-240-0169	Yes
Jenica	14	403-919-4090	Yes
Shannon	14	403-208-8389	Yes
Jasmin	14	403-460-0370	Yes
Amy	14	587-896-2462	No
Anika	14	403-923-3513	Yes
Cicelly	15	587-225-4304	Yes
Claire	15	403-208-0002	Yes
Faris	15	403-402-0950	Yes
Shayla	15	403-826-5506	Yes
Fiona	16	403-277-9441	Yes
Melaine And Karina	16	403-239-5811	Yes
Julia	16	403-239-1297	Yes
Julia	16	403-667-5984	Yes
Kaitlyn	16	587-436-9098	Yes
Janeeta	18	587-284-9642	No
Eunice	19	403-801-0453	Yes
Ekene	19	403-466-1134	Yes
Megan	19	403-547-1958	Yes
Lipi	32	403-207-5350	Yes
Kate	39	403-690-0410	Yes

Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

THE BRITISH CHIPPY LTD
Serving Traditional Fish and Chips

Organic Potatoes
Wild Caught Fish
Battered Sausage

Traditional Meat Pies
British Style Mushy Peas
British Curry Sauce

Okotoks Patio NOW OPEN

Lunch Discounts
Wed & Thur - Seniors 10%
Fri 10% - Fire, Police, Nurses, EMS, Teachers, Military

TWO LOCATIONS - OPEN WED - SUN

- Bridlewood 2335, 162 Ave SW, Calgary 403.256.1156
- Okotoks 94 Elizabeth Street Okotoks 587.757.9995

BRILLIANT BEGINNINGS
Encouraging Little Minds to Shine

Interactive Baby and Toddler Classes
Parent Support and Education
www.brilliantbeginnings.ca

THE **GR & GROCERY LINK** TheGroceryLink.com | 1-877-332-0802
From the Store to your Door

10% OFF
YOUR FIRST PICK UP & DELIVERY SERVICE
ENTER PROMO CODE # PD010

NOW OFFERING PICK UP & DELIVERY FROM:

- Superstore Click & Collect
- M & M Food Market
- Bon Ton Meat Market
- Real Canadian Wholesale Club

FIREPLACE MAKEOVER CRAFTSMANSHIP COMFORT EFFICIENCY CRAFTING BACKDROPS FOR LIFE



VISIT OUR NORTH LOCATION:
763 Northmount Dr. N.W. Calgary, AB T2L 0A1
OR CALL US AT:
403 453 1755
HEARTHANDHOMEFIREPLACE.COM

Gymnastics & Cheerleading for all ages & abilities!



**FALL REGISTRATION
NOW ON!**

Check out our new, bright
& spacious location!

4040 Bowness RD N.W.
(Veteran's Way)

403-503-0662

**CHEERING
10 YEARS
STRONG!**

www.calgarystarsgym.com



YOUR **COMMUNITY** business of the month

Plush Invitations

Tuscany Community

Plush Invitations - your first and foremost wedding accessory. Plush Invitations is a boutique design and production studio specializing in custom invitations, announcements and wedding day stationery to match. Our love of design and attention to detail helps us tailor the personal style of our clients into paper designs that delight, create anticipation and commemorate events. Our greatest reward is knowing that we have custom designed and hand crafted pieces our clients, and their guests, are proud to share and keep – today and for years to come.

Operating since 2000, Plush Invitations continues to remain at the forefront of Calgary's vibrant wedding scene. We are proud to work with many award winning wedding designers, planners and venues, and are a long standing member of the Calgary Bridal Alliance. Although the majority of our clients are residents of Calgary, we often work with international brides and grooms looking for a true Rocky Mountain wedding in Canmore or Banff – with the invitations and stationery to match.

Plush has recently been featured in Rocky Mountain Bride magazine, has been seen online on Style Me Pretty, Wed-Luxe, and Style Unveiled. We've proudly received numerous Wedding Wire's Couples' Choice Awards, based on past clients' online reviews, and received the Wedding Industry Experts Award for Invitation design.

Plush Invitations is known for our customizability. We pride ourselves on offering a truly unique piece, tailored to the specific style of the bride and groom and their wedding day. We like to think of your invitation as the first and foremost accessory to your event; a way to personalize and customize your day, a way to add your style and share that with your guests. Our design style typically ranges from traditional designed invitations to trend-focused invitations that highlight the latest trending printed looks.

Our process begins with a consultation – either in person or over the phone. We'll discuss your wedding style, and work together to design your perfect invitation. We'll review numerous sample boards, paper decks, ribbon swatches, and go through any pins or pictures you wish to share. We understand the importance of being able to see

your invitation before you place your order so we always offer to create a sample for you to keep. After this, the design process starts! We keep the process very flexible and the design conversation open. We want your invitation to be perfect and completely suited to your style and event so we are open to whatever suggestions and modifications you'd like. Once you've signed off on your design, the production begins. All production is done here in Calgary; most done in-house in our Tuscany home based office.

Another large part of Plush's business is designing and creating wedding day stationery, such as, menus, place cards, seating charts, ceremony programs, etc. Most often the design of this is closely based on the invitation to create a cohesive look and feel for your wedding day. Understanding that changes often happen last minute when planning an event, we can accommodate these requests and provide much needed piece-of-mind to the – sometimes stressed - wedding party.

In addition to wedding focused stationery. Plush Invitations often creates invitations and stationery for corporate events, parties of all sorts, baby announcements, showers, graduations, and thank you cards.

Love. Style. Paper. Plush.



Plush
INVITATIONS

www.plushinvitations.com info@plushinvitations.com



403.279.5678 | Raintech.ca
SERVICE • INSTALL • SHOP

Mention this ad to get **\$10 OFF** Good for 2016 season
NOW BOOKING BLOW OUTS

Deck Covers & Enclosures—
Get Yours Now!

Spring & Summer Sales 20% Off on all:

- ◆ PATIO COVERS
- ◆ PERGOLAS ◆ SUNROOMS
- ◆ SCREEN ROOMS ◆ WINDOWS

FREE ESTIMATES



SHOWROOM DISPLAYS
C8-6215-3 St SE East of Chinook Centre
403-692-0820
www.desertsunpatios.com

ABOUT PAINTING

Interior & Exterior
25 years experience

Professional, Reasonable & Reliable

Power Washing Services

- All Painting
- Drywall Repair
- Wood Staining
- Stucco Painting
- Spray Painting
- Ceiling Painting

Licensed & Insured "Free Estimates & Advice"
ALL WORK FULLY GUARANTEED
2 YEAR WARRANTY
SERVING CALGARY & ALBERTA

South 403-252-1366 North 403-239-9022
Our website: www.aboutpainting.ca

Tuscany

Real Estate Update

Last 12 Months Tuscany MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
July 2016	\$474,343.00	\$456,750.00
June 2016	\$539,900.00	\$521,500.00
May 2016	\$534,900.00	\$512,500.00
April 2016	\$491,400.00	\$479,800.00
March 2016	\$499,900.00	\$494,000.00
February 2016	\$512,888.00	\$500,000.00
January 2016	\$499,900.00	\$481,750.00
December 2015	\$550,000.00	\$527,500.00
November 2015	\$510,000.00	\$491,000.00
October 2015	\$532,450.00	\$524,575.00
September 2015	\$514,900.00	\$497,000.00
August 2015	\$529,900.00	\$516,125.00

Last 12 Months Tuscany MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
July 2016	35	30
June 2016	38	37
May 2016	40	32
April 2016	43	30
March 2016	38	30
February 2016	31	17
January 2016	31	8
December 2015	14	11
November 2015	19	17
October 2015	19	14
September 2015	25	19
August 2015	21	18

To view the specific SOLD Listings that comprise the above
MLS averages please visit tuscany.great-news.ca

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

August 26 to September 5 - Calgary Pride Parade and Festival: Celebrate Calgary's LGBTQ community and attend events during the Calgary Pride Festival. After watching the parade, head to Shaw Millennium Park for the free Pride In the Park festival. www.calgarypride.ca

September 1 - Easter Seals Drop Zone: On the first day of September, 120 brave Calgarians are facing their fear of heights. They'll rappel down the 30-storey Sun Life tower in support of the Easter Seals. www.thedropzone.ca

September 3 to 4 - X-Fest Calgary: This year, X-Fest has an impressive lineup of contemporary musicians. Headliners at the festival include Twenty One Pilots, The Lumineers, Halsey, Vance Joy and Arkells. www.xfestcalgary.com

September 9 - Calgary Night Market: Running roughly every second weekend, this night market is a chance to sample local food, shop at vendors' booths and listen to buskers and other live performers. www.facebook.com/events/1104858596212708

September 10 to 11 - One Love Music Festival: The One Love Music Festival is Western Canada's Largest Hip Hip Music Festival! Featuring Big Sean, Lil' Wayne, Tyler, The Creator and more. www.onelovefestival.ca

September 13 to October 1 - Waiting For the Parade: Waiting For the Parade is a Canadian production that centres around five Calgarian women living during the Second World War. www.atplive.com

September 14 to 18 - Beakerhead: Science and engineering meet art and design when Beakerhead takes over the city for its fourth year. There are going to be more than 60 events that combine science, engineering and art. www.beakerhead.com

September 20 - The YWCA Walk a Mile In Her Shoes: Each September, more than 200 men strap on high-heeled shoes to help raise awareness of family violence. Money raised supports the work that the YWCA of Calgary does to help break the cycle of domestic violence and keep women and children safe. www.ywcaofcalgary.com

September 21 to October 2 - Calgary International Film Festival (CIFF): The Calgary International Film Festival (CIFF) is a 12-day showcase of up to 200 multi-genre films from Canada and over 40 other countries. The festival hosts gala events, screenings, award ceremonies and special presentations. www.calgaryfilm.com

SEPTEMBER 3 CALGARY HIGHLAND GAMES

Anyone can come out to the Springbank Park For All Seasons for a day of highland dancing, piping, heavy lifting and plenty of tartan. www.calgaryhighlandgames.org



SEPTEMBER 16 TO 18 CALGARY GREEK FESTIVAL

During the course of the weekend, Calgarians are invited to drop by the Calgary Hellenic Society and enjoy traditional Greek food, entertainment and culture. www.calgaryhellenic.com



SEPTEMBER 21 TO 25 HERITAGE INN INTERNATIONAL BALLOON FESTIVAL

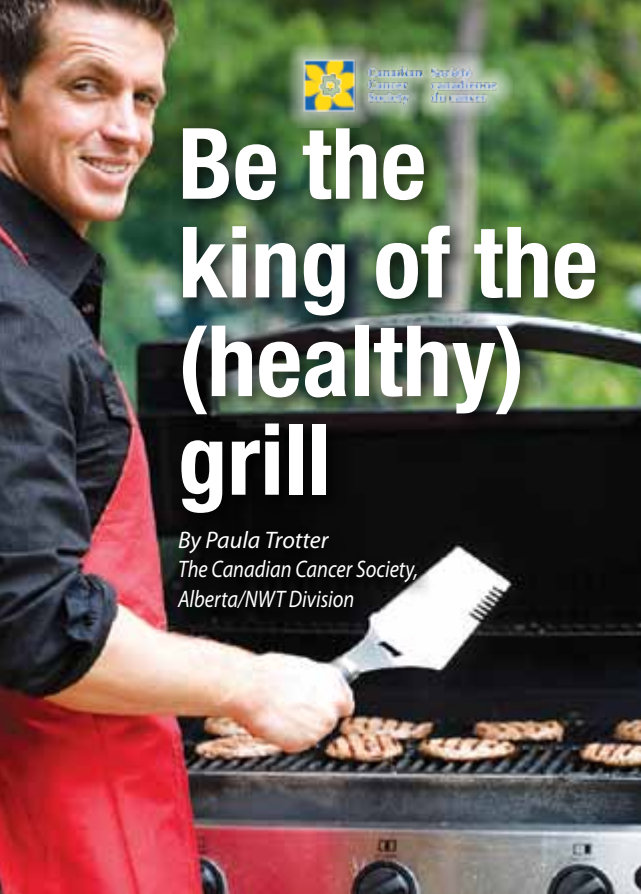
Balloons from across Canada and from all over the world will be in High River air space, and many of the pilots flying these balloons will be competing in the Canadian Balloon Championship. www.heritageinninternationalballoonfestival.com





Be the king of the (healthy) grill

By Paula Trotter
The Canadian Cancer Society,
Alberta/NWT Division



Canadians love to grill.

And rightfully so – there’s nothing quite like a summer barbecue with family and friends.

So I know being told to limit barbecuing meat can be tough to hear. But studies have shown that eating a lot of well-done and charred meat cooked at high tem-

peratures may increase your risk of developing certain cancers, such as colorectal cancer.

That’s because cooking meat, poultry and fish at high temperatures – including barbecuing, broiling and frying – creates chemicals that are associated with an increased risk of developing cancer.

I’m not telling you to stop grilling outright – instead, cut back on how much barbecued meat you eat.

And when you do fire up the barbecue, follow these Canadian Cancer Society tips to safely prepare your grilled food:

- Marinate meat, poultry and fish in vinegar or lemon juice and your favourite herbs before cooking. This will reduce the formation of the chemicals that increase the risk of cancer.
- Choose lean cuts of meat, poultry and seafood over higher-fat meat, and trim off any visible fat (including the skin from poultry). This will reduce the amount of harmful chemicals from the smoke created by burning fats.
- Barbecue slowly and prevent charring by keeping the food away from the hot coals so that flames are less likely to engulf the food.
- Skewer a kebab. Smaller cuts of meat cook faster, which means there is less time for chemicals to form.
- Partially cook your meat before throwing it on the grill. The less time your meat is on the grill, the less it will be exposed to chemicals.

Bonus tip: Learn to enjoy slow cooking. Choose to cook your meats at lower temperatures by braising, stewing, steaming or roasting more often. Then serve with a side of barbecued vegetables – most experts agree plant-based foods do not form cancer-causing chemicals when cooked at high temperatures. Grilled fruit is also delicious for dessert.

Calgary JKA Karate

- Classes on Mon. and Wed. evenings
- Accepting children, teens & adults
- Free uniform & t-shirt when registering before Sept 30, 2014 (For new members only)



For more info contact Daniel at:
403-239-9467 or dverzotti@shaw.ca
www.calgarykarate.net

SAFETY SYNC
ONLINE SAFETY MANAGEMENT SYSTEM

“An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence.”

Enform IRP 9 (Revised)
safetysync.com
403.668.6402

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It’s an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

DIVA | SALONspa

\$20 OFF ANY HAIR SERVICE

Market Mall | 403.289.0808
M003A 3625 Shaganappi Trail NW
divasalonspa.com

One voucher per visit. Only valid at our Market Mall location. Valid with New Talent or Stylists only. Not valid with any other promotion. No cash value. Present this ad at time of purchase.

Expires Sept 30, 2016

DIVA | SALONspa

\$10 OFF ANY SPA SERVICE

Market Mall | 403.289.0808
M003A 3625 Shaganappi Trail NW
divasalonspa.com

One voucher per visit. Only valid at our Market Mall location. Not valid with any other promotion. No cash value. Present this ad at time of purchase.

Expires Sept 30, 2016

AVEDA
THE ART AND SCIENCE OF PURE ESSENCE AND PURE COSMETICS

LANDSCAPE CONSTRUCTION
Stone Patios • Retaining Walls • Sod • Trees
Flowerbeds • Fences • Decks • Landscape
Designs and much more

WEEKLY & BI-WEEKLY LAWN CARE
Cut & Trim • Fertilize • Pruning
Vacation Services and much more

ASSINIBOINE
LIGHTS & LANDSCAPES

Call Now for your **FREE ESTIMATE**

403.301.3300
www.assiniboine.com

2 yr Quality Guarantee • WCB • Insured • Licensed • Bonded



Children and Dog Safety

How to say Hi to a Dog

It's summer, yeah! And kids and dogs are enjoying more outdoor time. As a veterinarian and dog trainer, I taught my children to behave appropriately around dogs... I thought. But even my son after asking and receiving permission to greet a dog from its owner, he has inappropriately and impulsively, grabbed the dog and hugged it around the neck with his face by the dog's teeth. We can't over teach our children to protect themselves and the dogs they encounter by behaving in a manner so no one ends up bitten or in serious trouble.

I will never forget the worst case of dangerous behavior I have ever seen by a person phobic about dogs. A very big sweet dog strolled into a bottle depot carrying a plastic jug hoping someone would throw it for him. The woman two stations over from me started screaming hysterically, swinging her arms, jumping up and down, and kicking out at the dog. This silly wonderful dog dropped his jug at her feet, sat down with his head cocked to one side, and looked over this mad woman, until we shooed him out of the depot. I tried to be sympathetic, but this woman's shrill screaming hurt my ears and made me want to bite her. If this dog had a fearful or aggressive bone in his body this woman was doing everything to potentially set him off. By teaching children how to behave when they encounter a stray dog, I hope they will never have a reason to be as fearful of dogs as this woman was.

If your child feels threatened by a stray dog they must not run. Dogs are predators and therefore have a strong chase reflex whether they are friendly or not. A friendly dog may chase a running child and inadvertently knock them down, but a dog with a strong prey drive may be incited to bite. BE A TREE! Your child should stand motionless wrapping their arms close to themselves. Do not make eye contact. Look away or even close your eyes. A dog may come and sniff them but would likely find this person uninteresting and wander away. Then the child should quietly walk to a responsible adult.

If the child is on the ground, BE A LOG! They can be a rolled up stone for that matter, but the same rules apply, arms wrapped around the body and motionless. No eye contact.

A child's high-pitched screams are often irritating or exciting to dogs. It goes against a child's need to cry for help, but trees, logs, and rocks are silent.

Never corner a dog, or any animal, to pet it. A trapped frightened animal is an animal that has had the choice removed to withdraw or run away, so its only remaining choice is to bite.

Do not assume you or your child can read a dog's intentions. Dogs about to bite may have their heads up, and wag their tails. Tail wagging has nothing to do with judging aggression. The dog my son was hugging radiated discomfort by panting, straining to get away, and pinning his ears back. Liam was oblivious to the dog's body language in his excitement to greet the dog. Forgetting the rules is part of being a child and most children love animals. Review the rules frequently and remind children their own dog is not the same as every other dog.

If your child does wish to pet a leashed dog, they must first ask permission of the owner, and then WAIT for permission to be granted. Finally, let the owner get control of the pet in a sit-stay or on a short leash prior to putting out your hand palm upward and below the dog's face. Scratch the dog's neck, do not place your face in the dog's face or hug the dog. Better yet ask the owner how their pet likes to be touched.

Teaching your children about dogs will stand them in good stead for life. Any animal bite must be reported to the authorities. By being smart with dogs and children we also create an atmosphere where our beloved dogs are welcome and accepted in the community.

Jennifer L. Scott, D.V.M.

IN & AROUND CALGARY



Going on a Holiday?

A message from the Federation of Calgary Communities

Building Safe Communities Program

Summer is a great time to enjoy a vacation! But before you do, make sure your home is as safe and secure as possible. The keys to protecting your home when you are on vacation are not just the ones you use in your deadbolt lock.

Below are a few tips to help reduce your risk:

- Double-check your insurance policy to find out if and when you require someone to check in on your home.
- Give a trusted neighbour or friend a key and trip details and ask them to check in on your home.
- Don't advertise that you are going away.
- Create a lived-in appearance. Be sure the lawn is cared for while you are away, and stop any newspapers or have flyers collected from your door or yard. Set lights and a TV's on timers so your home is not dark during evening hours.
- Encourage a trusted neighbour to park their car in your driveway while you are gone.
- Ensure that your door and window locking devices are working and are locked when you leave.
- Disable your garage door while you are gone. Most have a switch that can be turned off. You can also put a padlock or similar device through the door tracks to ensure it cannot be opened.
- Put away, or secure all lawn furniture or tools (i.e. ladders) so they can't be used to assist a burglar in gaining access to the upper story windows of your home.

For more helpful safety resources, check out the Federation of Calgary Communities website at calgarycommunities.com, under the Building Safe Communities tab.

H&D LANDSCAPING ED SINCE 2009

Irrigation • Deck • Fence • Paving Stone

BBB A+ rating | 587 718 9368 | Free Estimates
hdrenovationltd@gmail.com

5 million insured • WCB • Licensed

SERIOUS FUN
 Adults • Teens • Kids 3+

• African • Tap • IndoJazz • Lyrical • Modern
 • Ballet • HipHop • Breakdance • Jazz
 • Drumming • Musical Theatre • Boys Only
 • Highland • Bellydance • Flamenco
 • Latin & Ballroom • Zumba • Aerial Fusion
 • Gyrokinesis • Triple T • Body Balance
 • and more!

Free house dance plus

www.freehousedance.com

2020, 12th Avenue NW 403-282-0555

Calling All Neighbours!

To have your Family profiled (Story and Professional Pictures) in the next edition of this Community Newsletter, please send us an email to TC@great-news.ca

IN & AROUND CALGARY

How will Calgary's main streets evolve in the future?

The City's Main Streets initiative has heard from Calgarians like you. In addition to considering your input, City planners have been working with economic research experts and industry partners to understand what the market demand, opportunities and challenges are for development in main street areas.

To see what The City learned about your main street neighbourhood through this work, visit calgary.ca/mainstreets.

Upcoming opportunities to get involved" There will be more opportunities to share your input about the future of Calgary's main streets in the fall.

Visit calgary.ca/mainstreets to become a subscriber and receive email updates about event dates and online input opportunities.



The scoop on dog poop

With 150 public off-leash areas and over 100,000 dogs in our city, it's clear Calgarians love their canine companions. What isn't to love is the stinky situation left behind when owners don't pick up after their pets.

Cleaning up your dog's waste helps keep our yards, parks and off-leash areas safe and healthy, and is part of being a responsible pet owner.

Here are five facts you may not know about doggy doo-doo:

1. It's classified as a hazardous pollutant. It's in the same category as toxic chemicals!
2. It's crawling with E. coli and often contains roundworm larvae which, if ingested by humans or dogs, can lead to brain, eye and other organ damage.
3. It's not a good fertilizer. Its high nutrient content is toxic to lawns and will create "hot spots" causing the grass to burn and discolour.
4. It doesn't absorb into the soil, so the risk of spreading its harmful effects can linger for years!
5. It attracts mice, coyotes and other wildlife that consider it a delicious snack.

Keeping our city pet-waste free is easy, if we all do our part. Always carry pet waste bags with you when you walk your dog, and pick up and properly dispose of your pet's waste as soon as possible.

To learn more about the importance of picking up after your pet, join us at a P.U.P.P.Y. (Pick Up Pooch's Poo Yourself) event near you. Visit calgary.ca/puppy for details.

IN & AROUND CALGARY

EMS: Accidental Poisoning

Alberta Health Services, EMS, would like to remind parents of precautions they can take to prevent accidental poisoning emergencies in their home. The ingestion of prescription or over-the-counter medications is the leading cause of accidental poisoning in children. Just small amounts of adult medications can be seriously harmful or even fatal to your child if swallowed. Other causes of poisoning are household cleaning products, dishwasher tablets, or personal care items, such as mouthwash or nail polish.

Medication storage

- Store all medications in a locked container and place in an area inaccessible to children.
- Keep medications in their original child-resistant packaging.
- Do not mix multiple medications inside one bottle.
- Install child locks on all cabinets, or drawers where medications are stored.

Safety tips

- Ensure visitors to your home keep their personal belongings out of children's reach as they may contain unsafe items.
- Take extra precautions with medicines that appeal to children such as chewable vitamins, or flavored cough and cold syrups.
- Properly dispose of any medications or toxic household products no longer in use.

Prevention

- Store household products, car supplies, and cosmetics in cupboards or drawers that can be locked.
- Apply child safety latches to drawers and cabinets if they are within a child's reach.
- Know and label all plants in and around your home and garden.
- Antifreeze, windshield washer fluid, and pesticides are extremely poisonous. Even small amounts of these can cause serious illness when ingested.
- Poisoning information can be obtained by calling the Poison and Drug Information Service (PADIS) at: 1-800-332-1414.
- In case of a poisoning emergency, call 9-1-1.
- Provide the name of the product ingested or, if it is safe to do so, a sample of the substance for EMS to inspect on their arrival.

the Gutter Doctor
Home Exteriors
Install/Repair/Clean
EAVESTROUGHS | DOWNSPOUTS
FASCIA | SOFFIT | ROOFING | SIDING
15,000 happy customers since 2003!
403-714-0711 gutterdoctor.ca

ESKER FOUNDATION CONTEMPORARY ART GALLERY

EXHIBITIONS
PUBLIC PROGRAMS | HANDS-ON WORKSHOPS
FREE ADMISSION | FREE PARKING

IN INGLEWOOD
ESKERFOUNDATION.COM



FREE APPLICATION TOOLS WITH THIS AD



PROTECT
your investment
SEAL
your own concrete



422 Manitou Road SE
877-240-2508

HOURS
Mon - Thurs 7-6
Fri - 7-5 Sat 8-2

"Ask for Surecrete HS240 or HS340 for the ultimate in concrete waterproofing and protection"



www.hardrockdevelopments.com

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Tuscany. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

CALGARY NORTH STRING TEACHERS' COOPERATIVE: An affiliation of independent, experienced and recognized performers and teachers of all levels of string music. Mission: to provide superior education to students of Calgary's north communities. Contact Kathryn Corvino: kathryn.studio@gmail.com, 403-863-7818 or Maya Ciring Walsh: mayaciring@gmail.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARDBUSTERSLANDSCAPING.COM: Snow removal \$129.95. Some conditions. Landscape construction and yard renovation: stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769. yardbusterslandscaping.com.

LIFE COACHING: Align with your power and manifest your desires with QSCA Certified Law of Attraction Life Coach Justine Turner, B.Ed. Contact her today for your free 30 minute session via phone. Justine can help you design an inspired action plan to create the career, relationships, health or finances that you've always wanted and completely deserve! Email: justine-ann@shaw.ca, www.facebook.com/justinelifecoach, cell: 403-479-4256.



Sempre Music Studio

Hamptons - 403.208.9980

Piano:RCM Curriculum, Theory Private or Group Lessons

Violin Suzuki, Flute Group Lessons

Master Degree of Music Education

Over 20 yrs Teaching Experience

Passion for Music, Excellent RCM Exam Results

NORTHWEST ELECTRICIAN/PLUMBER: Affordable and Professional installations/repairs. Install/repair lights, ceiling fans, switches and outlets, garage sub-panel, hot-tubs, noisy bathroom fans, OTR microwave/hood-fans. Renos and basement developments. Plumbing: toilets/sinks/faucets, garburator and dishwasher installs. Licensed, certified, insured. Eighteen-year resident of Hidden Valley NW. <http://ca.linkedin.com/pub/nick-dabrensky/8/1b1/7b5/>. Call/text Nick 403-471-5553 or Nick@PlatinumElectric.net. "Bryan Baeumler Approved".

HARDING'S SERVICES: offers "Peace of Mind Solutions" for all of your painting, cleaning, window washing, ceiling texturing and renovations needs. Please call us today for your free estimate at 403-254-4726 or visit our website at www.hardingservices.com.

JEFFREY ELECTRIC: Friendly professional electrical service for your next residential project large or small. City Qualified Trade, Master Electrician, Based in the NW, insured, licensed, certified, bonded. Very competitive rates for quality electrical work. Service Panel upgrades from 60 amp to 200 amp. Sub-panels, Aluminum re-wiring, custom kitchens and basements. Free estimates. cejelectric.com or call Clayton at 403-970-5441.

THE GUTTER DOCTOR! We install, repair and clean eavestroughs, and downspouts. Fascia, soffit, drip-edge, siding, roofing, cladding. Over 15,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. www.gutterdoctor.ca 403-714-0711.

HOW DOES YOUR GARDEN GROW? Is your garden looking tired or neglected? If so, it may need counseling. First, an onsite evaluation followed by session(s) that include advice, rejuvenation, maintenance and design of new, overgrown, or old flower and shrub beds. Please contact Kathy at "A Garden Thyme" 403-874-4142.

TILE AND STONE INSTALLATION: 15 years of experience in residential and commercial tile installation, grouting, and water proofing. Quality service and very reliable. Free estimates. Fully insured and WCB. Please visit www.portobellotile.ca or contact 403-619-9962.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS 911

Alberta Adolescent Recovery Centre 403.253.5250

Alberta Health Care 403.310.0000

AHS Addictions Hotline 1.866.332.2322

ATCO Gas - 24 Hour Emergency 403.245.7222

Calgary HEALTH LINK 24/7 811

Calgary Police - Non Emergency 403.266.1234

Calgary Women's Emergency Shelter 403.234.7233

Child Abuse Hotline 1.800.387.5437

Kids Help Line 1.800.668.6868

Child Safe Canada 403.202.5900

Distress/Crisis Line 403.266.4357

ENMAX - Power Trouble 403-514-6100

Poison Centre - Alberta 1-800-332-1414

HOSPITALS / URGENT CARE

Alberta Children's Hospital 403.955.7211

Foothills Hospital 403.944.1110

Peter Lougheed Centre 403.943.4555

Rockyview General Hospital 403.943.3000

Sheldon M. Chumir Health Centre 403.955.6200

South Calgary Urgent Care Health Centre 403.943.9300

South Health Campus 403.956.1111

OTHER

Calgary Humane Society 403.205.4455

Calgary Parking Authority 403.537.7000

SeniorConnect 403.266.6200

Calgary Kerby Elder Abuse Line 403.705.3250

Alberta One-Call Corporation 1.800.242.3447

City of Calgary 311

Kerby Centre for the 55 plus 403-265-0661

Community Mediation Calgary Society 403.269.2707

RNR Lockworks Ltd. 403.479.6161

Road Conditions - Calgary 511

Weather Information

Gamblers Anonymous 403.237.0654

DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of News Publishing. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing does not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.

COMMUNITY ANNOUNCEMENTS

Deadline - 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

AUGUST MOON CALENDAR

New Moon Aug 2

First Quarter Aug 10

Full Moon Aug 18

Last Quarter Aug 24

Published by:

GREAT NEWS PUBLISHING

Proudly serving Tuscany for 5 years

ADVERTISE YOUR BUSINESS NOW!
REACHING OVER 410,000 HOUSEHOLDS
ACROSS 139 CALGARY COMMUNITIES

DELIVERED BY
Canada Post

Phone: 403-263-3044 | sales@great-news.ca

IMPORTANT CHANGES TO TAX-EXEMPT WEALTH TRANSFER STRATEGIES

On January 1, 2017, the federal government is amending regulations that will significantly decrease the tax efficiency of current "wealth transfer" strategies.

PLEASE JOIN US FOR AN EXCLUSIVE AND INFORMATIVE EVENT

TAX-SMART INVESTMENT AND ESTATE STRATEGIES

GUEST SPEAKERS:



PETER BOWEN, B.A.(Econ), CA
Vice-President, Tax Research and Solutions



M.C. (MIKE) MACOUN, CLU, CHS, TEP
Vice-President, Estate Planning Specialist



DATE: Tuesday, August 30, 2016
3:00 pm - 5:00 pm

LOCATION: Canada's Sports Hall of Fame
169 Canada Olympic Road S.W.
Canada Olympic Park
Calgary, AB T3B 6B7

RSVP: Kara Weber
(403) 299-7374
kara.weber@rbc.com

All guests must be registered to attend. (Space is limited.)

Refreshments will be provided
Complimentary parking on site
Includes access to interactive sports,
Hall of Fame Gallery & Museum Tour

RBC Dominion Securities Inc.* and Royal Bank of Canada are separate corporate entities which are affiliated. *Member-Canadian Investor Protection Fund. RBC Dominion Securities Inc. is a member company of RBC Wealth Management, a business segment of Royal Bank of Canada. Insurance products are offered through RBC Wealth Management Financial Services Inc., a subsidiary of RBC Dominion Securities Inc. When providing life insurance products, investment advisors are acting as insurance representatives of RBC Wealth Management Financial Services Inc. ®Registered trademarks of Royal Bank of Canada. Used under licence. ©2015 RBC Dominion Securities Inc. All rights reserved.

CALGARY PUBLIC LIBRARY

Get Hip to Flipster!

Calgary Public Library patrons can now access even more digital content on their computers, laptops or mobile devices: Flipster! Flipster has unique and desirable online magazine content that Calgarians want to see, particularly Canadian content. (Zinio continues to be available.)

With Flipster, you can find Maclean's, MoneySense, Rolling Stone, Chatelaine, Flare, and Today's Parent, and much more. Other unique and patron-requested titles in Flipster include magazines from the Time Inc. Group—People, Sports Illustrated, Fortune, Cooking Light, Entertainment Weekly, Food & Wine, InStyle, Real Simple, and Travel & Leisure.

This means more FREE magazines for Calgarians to enjoy on their electronic devices! All you need is your Library card to get started! Visit calgarylibrary.ca or ask your librarian for more information.

Calgary's Newest Library: Quarry Park!

Swim, workout, and check out a book at your NEW Quarry Park Library at Remington YMCA!

The new Quarry Park Library features more rooms for programming and community events, longer hours, and more seating and space. Located within the new Remington YMCA in Quarry Park, patrons have easy access to a fitness centre, swimming pool, and daycare. The Library Book Truck continues to visit the communities surrounding the former Glenmore Square Library.

news@great-clips.ca
Editorial Content DEADLINE
1st of each month for the next month's issue



403.818.3118 403.819.8753 showtimehomedesign.com

AWARD WINNER

Calgary Home + Design Show
Calgary Home and Garden Show



INTERIOR & EXTERIOR RENOVATIONS

Any home renovations including, but not limited to, kitchens, bathrooms, basements, windows, siding, stonework and roofing. **SHOWTIME** does it all. Design services included at no extra cost. 35 years experience. Licensed, Insured, WCB. Professional, experienced trades.

**A Great Price
for anyone who wants
A GREAT HAIRCUT**

\$12.99

with this coupon
Not Valid with other offers
Expires September 15th, 2016


OnlineCheck-In
Download our free app
or visit greatclips.com.


ClipNotes
We know your haircut
anywhere you go.

Great Clips®

CROWFOOT CROSSING

814 Crowfoot Cres NW
403-208-3444



Kirby Cox & Cam Sterns

REALTOR® REALTOR®

Ranked the **#1 Team in Calgary** and **#9 in Canada** for Royal LePage in 2015, Kirby and Cam can confidently provide the results you demand. Call 403.247.5555 for your **free** evaluation.



TUSCANY 2016 STATS	# OF SALES	AVERAGE PRICE
Bi-Level	2	\$432,000
Bungalow	8	\$567,813
Two Storey/Two Storey Split	138	\$539,588
Townhouse	18	\$328,406
Condo	19	\$344,753
Villa	2	\$648,751
TOTAL	187	
Average days on Market	38 days	

273 TUSCANY SPRINGS WAY NW



SOLD!

\$429,900

Siding onto a Playground!

- Heartland 2 bedroom+loft two storey
- hardwood, oak kitchen, mountain views
- 2 car garage, low-maintenance yard

23 WATERMARK ROAD



\$1,499,000

Stunning Trickle Creek Home!

- extensively upgraded 4 bedroom home
- 3 car garage, designer kitchen, A/C
- fully finished, West backyard, media room

343 TUSLEWOOD TERRACE NW



\$899,900

Estate Location, Corner Lot!

- to-be-built, 4 bedroom+den two storey
- huge yard, cul-de-sac, upgrades galore
- bonus room, hardwood & granite

26 ROCK LAKE HEIGHTS NW



\$949,900

Brand New from Crystal Creek!

- upgraded 4 bedroom+den two storey
- walkout on pond, hardwood & granite
- bonus room, 3 car garage, July 2016 poss

170 TUSCARORA CLOSE NW



\$549,900

South Backyard!

- 5 bedroom+den two storey, fully finished
- hardwood floors, oak kitchen, bonus room
- mountain views, great family home!

11 TUSCANY ESTATES CL NW



SOLD!

\$759,900

Four Bedrooms Up!

- upgraded 4 bedrooms up+den two storey
- hardwood & tile, rare 3 car garage
- bonus room, maple kitchen w/granite

103 TUSCANY ESTATES CL NW



\$794,900

Landmark Two Storey Walkout!

- upgraded 5 bedroom+den two storey
- finished walkout, bonus room, granite
- maple kitchen, backs on greenbelt

303 TUSLEWOOD TERRACE NW



\$1,100,000

Crystal Creek Showhome!

- stunning 3 bedroom+den two storey
- 3 car garage, extensive upgrades/extras
- cul-de-sac, bonus room, 2nd floor laundry



www.kirbycox.com

403.247.5555