

NOVEMBER 2016

DELIVERED MONTHLY TO 6,800 HOUSEHOLDS

# your TUSCANY

BRINGING TUSCANY RESIDENTS TOGETHER



# STOP MEN DYING TOO YOUNG



JOIN THE FIGHT FOR MEN'S HEALTH. [WWW.MOVEMBER.COM](http://WWW.MOVEMBER.COM)

There are three ways to get involved with Movember and support men's health:

	WHAT	HOW	WHEN
<b>01</b> GROW	Grow a Mo, save a Bro	The moustache is our ribbon for men's health	For the 30 days in the month formerly known as 'November'
<b>02</b> MOVE	Get active for men's health	Raise funds for men's health while you do something good for your own health	Anytime, anywhere, during the month of Movember
<b>03</b> HOST	Throw or go to a Movember event	Any excuse for a good time. Events are a great way to have fun and raise funds for men's health	Anytime, anywhere, during the month of Movember



## Tuscany Community Association

Box 27030, RPO Tuscany NW  
 Calgary, AB - T3L 2Y1  
[president@tuscanyca.ca](mailto:president@tuscanyca.ca)  
[www.tuscanyca.wordpress.com](http://www.tuscanyca.wordpress.com)

## Elected Officials



**MP Pat Kelly**  
**Calgary Rocky Ridge**  
 202, 400 Crowfoot Crescent NW  
 Calgary, Alberta T3G 5H6  
 Tel: 403-282-7980 Fax: 403-282-3587  
 Email: [pat.kelly@parl.gc.ca](mailto:pat.kelly@parl.gc.ca)



**Councillor Ward Sutherland**  
**Ward 1 Office**  
 P.O. Box 2100, Station M  
 Calgary, AB, Canada T2P 2M5  
 Phone: 403-268-2445  
 Fax: 403-268-8091  
 Email: [ward01@calgary.ca](mailto:ward01@calgary.ca)  
 Web: [www.calgary.ca/ward1](http://www.calgary.ca/ward1)



**MLA Sandra Jansen**  
**Calgary-North West**  
 Suite 7223, 8650 - 112th Avenue NW  
 Calgary, AB T3G 0E2  
 Phone: (403) 297-7104  
 Fax: (403) 297-7121  
 Email: [calgary.northwest@assembly.ab.ca](mailto:calgary.northwest@assembly.ab.ca)

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# CONTENTS



My Babysitter List	5
Real Estate Update	6
At A Glance	7
Home Gardening with Barbara	10
Calgary Wildlife	15

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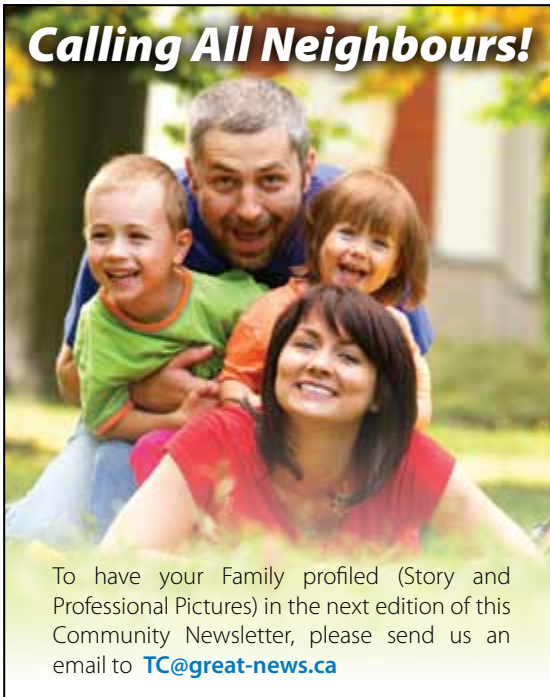
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## Calling All Neighbours!



To have your Family profiled (Story and Professional Pictures) in the next edition of this Community Newsletter, please send us an email to [TC@great-news.ca](mailto:TC@great-news.ca)

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**Spotpower**

\*Comparing Spot Power's average 2016 variable rates to the \$80. Savings are not guaranteed.

### Tuscany mybabysitterlist

Name	Age	Contact	Course
Sierra	12	403-890-8890	No
Anna	12	403-875-7007	Yes
Priya	12	403-966-6160	Yes
Payton	12	403-909-0340	Yes
Amelia	13	403-374-0440	Yes
Zachary	13	403-984-7775	Yes
Breton	13	403-978-0056	Yes
Nathan	13	403-668-4151	Yes
Kendra	13	587-352-2878	Yes
Emma	13	403-240-0169	Yes
Ellen	13	403-532-1010	Yes
Jasmin	14	403-460-0370	Yes
Julianna	14	587-352-2878	Yes
Shannon	14	403-208-8389	Yes
Anika	14	403-923-3513	Yes
Shelby	14	403-993-4026	Yes
Faris	15	403-402-0950	Yes
Jenica	15	403-919-4090	Yes
Amy	15	587-896-2462	No
Bryinna & Maya	15	403-247-0522	Yes
Claire	15	403-208-0002	Yes
Cicelly	15	587-225-4304	Yes
Kaitlyn	16	587-436-9098	Yes
Julia	16	403-239-1297	Yes
Luise	16	587-583-4714	Yes
Melaine And Karina	16	403-239-5811	Yes
Julia	16	403-667-5984	Yes
Jenoah	16	587-284-2316	Yes
Fiona	16	403-277-9441	Yes
Shayla	16	403-826-5506	Yes
Janeeta	18	587-284-9642	No
Ekene	19	403-466-1134	Yes
Eunice	19	403-801-0453	Yes
Megan	19	403-547-1958	Yes
Shelby	23	403-472-8050	Yes
Claire	31	403-402-1917	Yes
Lipi	33	403-207-5350	Yes
Kate	39	403-690-0410	Yes

**Calling All BABYSITTERS**  
 Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS**  
 Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).

## IN & AROUND CALGARY

### Did You Know? Cloverdale Paint Now Offers Discounts to Community Association Members!

Cloverdale Paint is now offering club member pricing to community association members and organizational members of the Federation of Calgary Communities!

**What does this mean for you? Well, whenever you need to buy paint you simply go to Cloverdale and say you are a "Federation of Calgary Communities Club Member" and you will receive more than 25% off paint and more than 15% off paint accessories!**

Cloverdale Paint approached us to set up this discount program as they understand that community associations, their volunteers, and their members are at the heart of our city, and they wanted to give back in some way.

Thanks to Cloverdale Paint for their support and commitment to the community association network and for helping improve neighbourhood life in Calgary!



**Cloverdale Paint CLUB MEMBER**

Account Code  
**057FEDERA**

FEDERATION OF  
 CALGARY COMMUNITIES

Members Receive  
 Wholesale Pricing

[news@great-news.ca](mailto:news@great-news.ca)

# Editorial Content DEADLINE

# 1st

of each month for the next month's issue





# 22 push up challenge

The veterans of the Canadian Armed Forces are in the front of our minds this November as we mark Remembrance Day. While we solemnly observe this day of homage; when we wear our crimson poppies over our hearts and attend ceremonies all over Canada and around the globe, “the 11<sup>th</sup> hour of the 11<sup>th</sup> day of the 11<sup>th</sup> month”—marking the end of the First World War—is a time for reflection on all that veterans, and the men and in women in action have sacrificed.

There are numerous ceremonies and charities that observe this day and its honourees, and one such organization, Wounded Warriors Canada, has challenged Canadians in a new way to raise funds and attention to the rate of suicide among our Canadian Armed Forces members, veterans and first responders. In Canada, we lost 160 veterans to suicide between 2004 and 2014 – greater than the total number of Canadian Armed Forces members killed during the war in Afghanistan. The 22 Push Up Challenge is asking that people see these numbers as a call to action, a call to support those who have come home and need our support.

If you frequent Facebook you may be familiar with the campaign, and that is what’s a little different about this charitable challenge, it is intended to encourage participation through social media.

The idea is that the participant will do 22 push ups for 22 days and videotape their campaign, which they can then post to social media each of the 22 days. Participants are encouraged to nominate others to “join the fight” and tell people what this challenge means to

them. Each participant is also encouraged to donate \$22 to Wounded Warriors Canada. According to their website, they’ve had a great response:

“I have a brother in the military and my father also served. I think we all know someone who’s been impacted either directly or indirectly from this. The 22 Push Ups Challenge is such a small way that we can let them know, we’re here for them. We want to help. We’ve had people who can’t physically do the push ups do squats or crunches instead. It’s really about the intention behind the action and making the \$22 donation.”

Charities benefiting veterans are plentiful, so if the 22 Push Up Challenge doesn’t appeal to you, be sure to look into the other ways to give back to this community. For more information on Wounded Warriors Canada visit [www.woundedwarriors.ca](http://www.woundedwarriors.ca)

- Vanessa Gillard



## Should you ‘exchange’ your shorts for a snowsuit next winter?

Suzanne Smith-Demers – Consultant

For snowbirds who’ve found a way to enjoy life while avoiding Canada’s frosty winters, this coming winter may turn out to be less (financially) relaxing than most.

Around April is the time when many snowbirds make the decision about where they’ll be living when they head south. They make their decisions, sign their rental agreements and pay their deposits – in other words, they are locked in. That’s exactly what you did last April and then the exchange rate continued to drop. Now, that rental deal that looked quite economical in April will look a lot less attractive this fall and winter.

So, what do you do when April 2017 rolls around? Do you roll the dice and secure a condo rental for winter 2017?

With uncertainty on whether the exchange rate will improve any time soon, you may be inclined to forego your southern sojourn next winter – but you have other options.

- Explore the exchange rates offered by boutique currency exchange companies. The Canadian Snowbirds Association provides a currency exchange program that offers very competitive rates.
- Buy U.S. dollars over the year whenever the loonie goes up.
- Open a U.S. dollar account at a bank that offers no-cost transfers from a Canadian U.S. dollar account to a U.S. dollar account in the United States.
- If you’re flying, consider doing so from a U.S. border airport where fares may be cheaper.
- Check out more affordable destinations away from the usual southern hotspots; the exchange rate and cost of living may be more favourable in Mexico, Costa Rica, Panama and other non-traditional southern locations.

It’s an unavoidable fact: No one can predict the future with 100% accuracy. The key is to be prepared for whatever comes, planning is key.

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For information on our programs and community outreach initiatives visit:  
[prophetsofmusic.org](http://prophetsofmusic.org)



# A ROSE IS A ROSE

Barbara Shorrock

We don't have a number for how many gardeners in Calgary grow roses, but Lois Hole tells us that 4 out of 5 in England do, where the rose is the national flower. There is enormous variety in the **Rosa** genus, with many new varieties being developed every year across the world. Here in Calgary, we have our own particular challenges with altitude, short growing season, Chinooks, periods of drought and snow possible every month. Nevertheless, roses are hugely popular and many thrive in our gardens, just like their owners (or servants, if you choose to care for the more tender types). If you look on book store shelves, you will find volumes of books on how to choose, how to care for, how to master the art of rose growing. Beware the lovely picture-laden tomes written for other climates – pretty to look at but impossible here. For the purposes of this article, we will talk about only those roses that can be grown successfully in Calgary.

**Hardy roses** can survive our winter on their own without extra work by the gardener. They are tough. Size-wise, they vary from miniature and ground cover types only a few inches tall to great shrubs, climbers, hedges and every size in between. The flowers themselves can be single (12 petals or less), semi-double (13-20 petals) or double (20 or more petals). Colours vary from pure white through all the pinks and reds to peach and yellow. Some of them, like Morden Sunrise, have a range of colour in each bloom. They are most often grown on their own root-stock.

Most "Old Garden Roses" bloom only once per year, but within that three or four week period produce as many blooms as others who bloom for months. Even though labelled "hardy", it can be a good idea to mulch them in the fall as if they were tender.

"Parkland Roses" are bred specifically for Canadian prairie conditions at Morden, Manitoba. They are extremely hardy and most bloom all summer long. Anything with "Morden" in its name is a Parkland rose.

"Explorer Roses" were created by Agriculture Canada and are named for Canadian explorers, a particularly tough and hardy breed of men. These modern shrubs are crosses of *Rosa Rugosa* or *Rosa Kordesii*. *John Cabot*, for example, will grow up to 7 feet tall, and blooms until stopped by frost.

"Canadian Artists" is the newest series of hardy roses, developed in Canada and named in celebration of Canadian artists. They are bred to be exceptionally hardy, reliable, and disease resistant. Look for names like Emily Carr and Oscar Peterson.

**Tender roses** need more help from the Calgary gardener. Briefly, you must mulch them in the fall, and make an effort to cover them with snow if Mother Nature is stingy throughout the winter. This category includes Hybrid Teas, Floribundas, Grandifloras, English roses, Miniatures and most grafted roses. The serious rose grower may go so far as to dig them up and bury them in a trench in an empty bed for protection, but a good layer of peat moss and something to keep it in place, like black soil or old carpet should be effective. Styrofoam boxes and insulated tarps also work. If your roses are in pots, you can move them into an insulated heated garage, remembering to water them from time to time as they rest. Hybrid Teas are the darlings of rose society competitions, but don't always make a grand show in the garden. Floribundas give a bouquet on every branch. Grandifloras are the best of the Hybrid Tea and Floribunda, providing long-stemmed clusters that repeat and repeat.

There you have it – we are spoiled for choice. Calgary has an enthusiastic Rose Society, with knowledgeable members who would love to help you.

*Barbara Shorrock is a retired realtor, gardener, writer, reader, and traveler. She can be found most first Wednesdays at the Queensland Garden Club in Queensland.*

## Autumnal Offerings

Red and purple leaves are actually caused by the presence of sugars from sap that is trapped inside of the leaves.



NOV. 20 • 2:30 P.M.

# WESTERN FINAL

McMAHON STADIUM

TICKETS ONLY  
**\$34.50**  
[REG. \$39.50]

Visit [Stampede.com/Newsletter](http://Stampede.com/Newsletter) and enter the promo code: **NEWSLETTER**

## Calgary Northwest Events

### Remembrance Day at Kensington Legion

Services are held at many branches of the Royal Canadian Legions in the city. This year, at the Kensington location the ceremony is followed by lunch and refreshments.

Doors for the Kensington Legion service open at 9:30 am. and close at 9:45; the service begins at 10:45 am. 1910 Kensington Rd. NW. For more info [www.legion.ca](http://www.legion.ca)

### St. Andrews Heights Artists' Society 2016 Fall Art Show

Local artists will present their new work at the society's annual Fall Art Show on Nov. 26, from 10 a.m. to 4 p.m. You can meet the artists and also win a great door prize. Parking and admission are free. For more information visit [www.atsahas.ca](http://www.atsahas.ca).

### Green Calgary's Green Kids Saturday Drop-In Program

Sat. Nov. 5, 19 and 26, 2016. 11am -1pm. Videos, hands-on learning activities, crafts and games involving environmental topics for kids 3-10 and their families. Drop in program, all children must be accompanied by one adult, fee by donation. For more info [www.greencalgary.org](http://www.greencalgary.org).

**Fall Studio Members Pottery Sale:** Nov. 6, 10 am–4pm. Now in its 33rd year! Excellent prices and variety, a great opportunity to purchase local artists' work for unique presents. Come early and bring something to carry your treasures. Cash, cheques and credit cards accepted. Triwood Community Association Hall, 2244 Chicoutimi Drive NW.

**Free Skate at Shouldice Arena** The arena is open for public skating Friday, November 11, 2016, 1–2:30p.m. Address: 1515 Home Rd. NW

**Stuff A Bus** Nov. 5, 2016. 9am – 4pm. Calgary Co-op and Calgary Transit team up for the 24th Annual Stuff A Bus, in support of the Calgary Food Bank! Transit buses and volunteers will be at all 21 Calgary Co-op locations accepting donations. Stuff A Bus with food to help Calgarians in need at this busy time of year.

**Free Swim at Thornhill Aquatic and Recreation Centre** Friday, November 11, 2016, 1–4:30p.m. Swim Times: 1 – 2:30 p.m. and 3 – 4:30 p.m. The half hour break will be waived if capacity permits. 6715 Centre St. NW

**Finances 101 with Jill (CPA) at Tuxedo Park Community Hall** 6:30pm-7:30pm, free to attend, all welcome. October 26, 2016 – Ten Healthy Habits of Financial Management. November 23, 2016 – Saving Strategies: Easy Concept, Difficult Reality.

To register or for more information [hallrentals@tuxedoparkcommunity.ca](mailto:hallrentals@tuxedoparkcommunity.ca) or 403-277-8689.

## EMS: Yielding to Emergency Vehicles

Time is the enemy in any emergency. For everyone's safety it is important for motorists to understand how to correctly yield right of way to emergency vehicles with lights and siren activated. You can help EMS, police, and fire get to the scene quickly and safely by following these rules of the road.

### When an emergency vehicle approaches with lights and siren activated:

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection.
- On a one or two lane road, motorists should move to the right side of the road, slow down, and then stop. Remember to signal.
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal.
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles (there is often more than one!) before re-entering traffic flow. Remember to signal.
- Emergency vehicles might use *any* available road space to maneuver. This could include the shoulders or left hand turning lanes in order to pass other traffic.

### When operating a vehicle:

- Drive attentively and defensively at all times. Be cognizant to sirens and be prepared to yield the right of way.
- It is Alberta law for motorists to slow down to at least 60 km/hour (unless a lower speed is posted) when driving past a stopped emergency vehicle. This includes EMS, police, fire, and tow trucks with their lights activated.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light or making an illegal turn. Actions such as these jeopardize all motorists in the area.
- Drivers must place their full attention on the roadway and toward the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$287.00.
- Always leave plenty of space between your vehicle and an emergency vehicle should it be required to stop suddenly.



### Winter Word Fair

Kickoff the holiday season with Calgary Public Library's Winter Word Fair—your one-stop bookish Christmas shop featuring unique vendors, entertainment, and refreshments.

Take advantage of the Library's in-house expertise to buy great reads during the most popular book-giving period of the year.

Get there early! The first 50 people get an opportunity with a personal shopper, who will match you to the perfect reads for everyone on your list, and your very own gift bag to fill with incredible bookish gifts.

### Central Library

Thursday, December 1 | 5:00 pm–8:00 pm  
Everyone welcome!

### Calgary Public Library Foundation Tours

The Library has 18 community libraries across the city—how many have you visited? Join the Calgary Public Library Foundation for a series of free one-hour tours that provide a special behind-the-scenes look at many of the features, programs, and benefits at each unique location.

You'll hear about a patron's personal experience, learn about what's planned for the future, and be taken on a tour led by Library staff. You'll leave with a new perspective on your local library!

To register, visit [LibraryFoundation.eventbrite.com](http://LibraryFoundation.eventbrite.com) or call 403.260.2631.

### Library Updates

The Library will be closed Friday, November 11, for Remembrance Day.

The Children's Library at Village Square Library has been completed and is open for play and reading! Your kids will love the brand-new vibrant and interactive Early Learning Centre!

Renovations to the Nose Hill Library have been completed. Make sure to drop by and see the revitalized space!

The November/December *Library Connect* is now available. Pick up your guide to the Library's free programs and events at any community library, or download a copy at [calgarylibrary.ca](http://calgarylibrary.ca).



first 2000 days  
Early Childhood Development Network  
North West Coalitions

### The holidays can be stressful. We can help!

The Calgary NW ECD (Early Childhood Development) Coalitions are hosting an evening aimed at helping you, the parent, have a happy low-stress holiday season. **Managing the Holidays**, is a free workshop being held on Monday November 14<sup>th</sup> from 6:30-8:30pm at the Silver Springs Community Centre. Many of us put too much pressure on ourselves over the holidays, so come and learn how to refocus and help everyone enjoy this time of year. Child care is provided. Please visit [www.Eventbrite.ca](http://www.Eventbrite.ca) for more details and to register today as space is limited.

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge. We are always looking for interested parties to join our coalitions.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: [nccemap@weconnectyou.ca](mailto:nccemap@weconnectyou.ca).

## STORMTROOPERS



Canadian soldiers in WWI earned the nickname 'Stormtroopers' due to their reputation for being precise, relentless, intelligent and highly organized.

# BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Tuscany. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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CALGARY



WILDLIFE

## The Red Crossbill

By J.G. Turner  
Photo by Andy Reago  
& Chrissy McClarren

The Red Crossbill is a stocky finch with a heavy head and a short, notched tail. Males are reddish-scarlet or reddish-yellow except for their dark wings and tail while females are olive-grey to greenish yellow with plain dark wings. This songbird is common in the mountain and foothills regions of Alberta year round and it is considered a global species. The Red Crossbill's range is hard to define and its population is hard to monitor because their movements are irregular and based on food availability.

### Fun Facts:

- The tips of its large bill are crossed; an adaptation for removing seeds from tight closed cones.
- The Red Crossbill's biting muscles are stronger than the muscles to open the bill so it places the tips of its slightly open bill under a cone scale and then bites down.
- You can spot this songbird by their undulating (wave-like) flight, which is even noticeable when they are flying at great heights
- Red Crossbills are considered irregular breeders because they can breed whenever and wherever they can find a large crop of cones, even during the winter
- Because of this irregular breeding, the timeframes for the Red Crossbill's lifecycle varies more than most North American songbirds. For example, juveniles hatched during the summer molt only once (between late summer and late autumn) whereas juveniles hatched from late winter to early spring molt twice (about three and a half months after hatching and again during the main summer molt period).
- Because of their dependence on food supply, Red Crossbills may occupy an area in huge numbers and then disappear for long periods of time (this behaviour can sometimes be called 'irruptive')
- These birds can often be heard but rarely do they make

themselves visible

- Red Crossbills will come to feeders to eat niger and small seeds but the best way to tempt this elusive bird is to allow them to take sunflower seeds directly from the sunflower heads.

If you find an injured or orphaned wild bird or animal in distress, please contact the Calgary Wildlife Rehabilitation Society hotline at 403-239-2488 for tips, instructions and advice, or visit our website at [www.calgarywildlife.org](http://www.calgarywildlife.org) for more information.

## BRAIN GAMES SUDOKU

3		7		2			
			6	3			5
	2		1	8			7
9		3					7
	5						1
2						6	9
	9			6	3		2
8				5	4		
				1		9	8

FIND SOLUTION ON PAGE 17





## I.B. Information Sessions

Wednesday November 16, 2016  
at 5:30 p.m. in school theatre.

Tuesday November 22, 2016  
at 5:30 p.m. in school theatre.

These open houses are intended for CBE Area 1 families with students who are in grade nine and interested in finding out about our IB program.

The International Baccalaureate (IB) Diploma Program is recognized as one of the most academically rigorous, university preparatory programs in the world.

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## Nurturing a sense of belonging on National Child Day Nov. 20

*National Child Day is celebrated annually to mark two historic events: the 1959 signing by Canada of the United Nations Conventions on the Rights of the Child (UNCRC) and the adoption of the convention.*

This year's theme is **a young person's right to belong.**

Identity and belonging is about young people developing a positive sense of who they are, and feeling that they are valued and respected as part of a family and community. Positive messages about their families, backgrounds, cultures, beliefs, and languages help children learn, develop skills and a healthy sense of identity and belonging; this helps them later to better deal with bullying and discrimination.

### One way your family can celebrate National Child Day is to share a book or story about belonging.

The book **How Far Do You Love Me?** by Lulu Delacre celebrates love and belonging. It gives parents and teachers an opportunity to share a story that features people from different corners of the world using their geographical locations as references for how great their love is.

**More books about belonging** (Calgary Public Library may have these to lend):

- Corduroy** by Don Freeman
- I Like Myself!** by Karen Beaumont
- The Blossoming Universe of Violet Diamond** by Brenda Woods
- The Invisible Boy** by Trudy Ludwig
- Gaston** by Kelly DiPucchio
- Rump: The True Story of Rumpelstiltskin** by Liesl Shurtliff

Calgary Reads helps children learn to read with confidence and joy. This includes helping children in Calgary to have their own books at home; supporting parents and caregivers to help their child develop literacy skills; and engaging businesses and the community to make reading a priority. Explore our website for ways you can support our work. You'll also find resources to help your child develop critical literacy skills and the joy of reading: [calgaryreads.com](http://calgaryreads.com)

## IMPORTANT NUMBERS

<b>ALL EMERGENCY CALLS</b>	<b>911</b>
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414

<b>HOSPITALS / URGENT CARE</b>	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111

<b>OTHER</b>	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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## COMMUNITY ANNOUNCEMENTS

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

**LOVE TO SING?** Want to experience the benefits of singing in a welcoming vocal community? Vocal Latitudes may be the choir for you. A non-audition World Music community choir, Vocal Latitudes meets Tuesday evenings from September to May in a convenient central location. For more information, see [www.vocalitudes.org](http://www.vocalitudes.org).

## BRAIN GAMES SUDOKU

3	6	7	4	2	5	8	9	1
1	8	9	6	3	7	2	4	5
4	2	5	1	8	9	3	7	6
9	1	3	2	4	6	5	8	7
7	5	6	3	9	8	4	1	2
2	4	8	5	7	1	6	3	9
5	9	1	8	6	3	7	2	4
8	7	2	9	5	4	1	6	3
6	3	4	7	1	2	9	5	8

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Email: ward01@calgary.ca  
Web: www.calgary.ca/ward1

Traffic Safety Ward 1 Meeting  
Silver Springs Community Association  
5720 Silver Ridge Drive NW  
Thursday, November 17, 2016  
6:30pm-9:00pm

Together with The City of Calgary and the Calgary Police Service (CPS), Councillor Sutherland will be hosting a community traffic safety meeting on **Thursday, November 17<sup>th</sup>** at the **Silver Springs Community Association from 6:30 p.m. - 9:00 p.m.** This meeting is open to all residents of Ward 1.

Traffic Safety is of paramount concern to citizens, consistently appearing as a top concern in citizen satisfaction surveys. Traffic safety is also a priority of the Calgary Police Service, who utilize both education and enforcement to ensure the safety of drivers and pedestrians.

This meeting will give Ward 1 residents a place to voice their concerns as well as learn how to keep Calgary's roads safe for all users. The goal of these meetings is to create a forum to discuss and raise awareness of traffic safety and to take some specific actions, based on citizen concerns on a specific topic. Actual things that The City, CPS and citizens can do to improve safety will be discussed. Participants will then be asked to provide feedback about where they believe additional CPS enforcement would be beneficial in their ward.

Based on feedback, CPS will conduct additional enforcement in each ward and report-back their findings. The City's Transportation Department will then research and recommend specific engineering measures that could be applied where issues exist.

A follow-up meeting will take place in early 2017 and it will be organized by Councillor Sutherland's Office. To receive more information about the Traffic Safety Meetings, visit [www.calgary.ca/ward1connect](http://www.calgary.ca/ward1connect) or sign-up at [www.WardSutherland.com](http://www.WardSutherland.com).

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TUSCANY 2016 STATS	# OF SALES	AVERAGE PRICE
Bi-Level	4	\$416,000
Bungalow	12	\$584,292
Two Storey/Two Storey Split	229	\$540,252
Townhouse	31	\$337,574
Condo	25	\$343,453
Villa	3	\$807,500
<b>TOTAL</b>	<b>304</b>	
<b>Average days on Market</b>	<b>36 days</b>	

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### 38 TUSCANY GLEN WAY NW



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