

SEPTEMBER 2016

DELIVERED MONTHLY TO 3,600 HOUSEHOLDS

# TUXEDO PARK

GAZETTE

THE OFFICIAL TUXEDO PARK COMMUNITY NEWSLETTER

**COMMUNITY  
CLEAN UP  
@ TUXEDO  
SEPTEMBER 11**

**FREE  
COMMUNITY  
FITNESS AND  
AFTER SCHOOL  
PROGRAMS  
PAGE 7**

# TUXEDO PARK MEMBERSHIP

Please check one:  New Member  Renewal  
 Type of Membership:  Family \$20.00 (max. 2 adults with children)  Individual \$10.00

Family Name: \_\_\_\_\_

Adult 1: \_\_\_\_\_ Email: \_\_\_\_\_

Adult 2: \_\_\_\_\_ Email: \_\_\_\_\_

I DO want to receive emails from TPCA regarding programs, events, and community information.

# of Children / Youth  
(under 18 yrs. old)

1 <sup>st</sup> Child / Youth Age	2 <sup>nd</sup> Child / Youth Age	3 <sup>rd</sup> Child / Youth Age	4 <sup>th</sup> Child / Youth Age	5 <sup>th</sup> Child / Youth Age

Telephone: \_\_\_\_\_ Address: \_\_\_\_\_

Payment Method:  CASH  ONLINE  CHEQUE Received / Date: \_\_\_\_\_ Entered: \_\_\_\_\_

Personal information collected by TPCA will be kept confidential and will not be used or disclosed to third parties.



## Community Babysitting Providers:

**Lynn R. 403-229-1691**  
Has Red Cross Babysitters and CPR.

**Josie 587-228-4608**  
Daughter has Babysitters Course.

**Marilyn 403-295-0304**  
Mature woman would enjoy babysitting babies up to 2 years of age.

**Sam R. 403-988-7507**  
Daughter has taken Babysitters Course.

**Susan G. 403-542-1213**  
Son has taken Babysitters course.

**Chrystina L 403-244-2418**  
son and daughter have babysitting course.

**Kristina. 403-690-2572**  
Adult woman, provides childcare evenings and weekends. Enjoys doing crafts with kids.

**Parents:** *If your child, or children, have babysitting experience and would like to be in our babysitting registry, please contact Chrystina at 403-244-2418 or volunteer@tuxedoparkcommunity.ca.*



## Tuxedo Park Community Association

202 - 29th Avenue NE  
 Calgary, AB T2E 2C1  
 Phone: 403-277-8689  
[www.tuxedoparkcommunity.ca](http://www.tuxedoparkcommunity.ca)  
[www.facebook.com/tuxedoparkcommunity](https://www.facebook.com/tuxedoparkcommunity)  
[www.twitter.com/tuxedoparkyyc](https://www.twitter.com/tuxedoparkyyc)

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# Tuxedo Park Community Association



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[www.tuxedoparkcommunity.ca](http://www.tuxedoparkcommunity.ca)  
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[www.twitter.com/tuxedoparkyycc](https://www.twitter.com/tuxedoparkyycc)

## EXECUTIVE BOARD

President	Chrystina Lusney	president@tuxedoparkcommunity.ca volunteer@tuxedoparkcommunity.ca
Past President	Tammy Maloney	403-831-4503
Vice President	Anne Johnson	tuxedoeditor@gmail.com
Treasurer	Arsheel Hirji	403-650-2742 treasurer@tuxedoparkcommunity.ca
Secretary	Kent Vuong	kentvuong@gmail.com

## GENERAL DIRECTORS

Arnie Brownlees	Lin Akkad
Sarah Justinen	Albert Nguyen

## COMMITTEE CHAIRS

Communications	Lin Akkad	communications@tuxedoparkcommunity.ca
Newsletter Editor	Anne Johnson	tuxedoeditor@gmail.com
Facilities	Arsheel Hirji	403-650-2742 treasurer@tuxedoparkcommunity.ca
Finance	Arsheel Hirji	403-650-2742 treasurer@tuxedoparkcommunity.ca
Membership	Karen Jiang	403-605-6633 membership@tuxedoparkcommunity.ca
Social and Fundraising	vacant	
Traffic / Development	Darren Rempel	403-771-7154 planning@tuxedoparkcommunity.ca
Volunteer Coordinator	Chrystina Lusney	volunteer@tuxedoparkcommunity.ca
Hall Manager	Shannon Bowen-Kelsick	hallrentals@tuxedoparkcommunity.ca

Tuxedo Park Community Association meetings are held on the second Thursday of every month, except July and August (no meetings). Meetings start at 7:00 pm. All community residents are welcome to express their concerns, meet some of your neighbours, or sit in and hear what's happening in and around your community.

Hall Rentals: [communications@tuxedoparkcommunity.ca](mailto:communications@tuxedoparkcommunity.ca)



## PRESIDENT'S MESSAGE

Happy fall to you and your families! Summer really flew by for our family. It's so great to have the extra time with friends and family.

It was definitely a wonderful garden season... I had a bumper crop.

We have a community cleanup scheduled for Sunday September 11. This is a City of Calgary program that allows us to provide FREE GARBAGE (inorganic and organic) DISPOSAL AND FREE RECYCLING. Clean out your yards and homes and bring your garbage to the hall. It is our first year, so it will be strictly garbage and recycling, but in years' future we would like to add other recycling initiatives.

### What will NOT be accepted:

tires, home appliances, propane tanks, household chemicals and paint, microwaves, car batteries, home electronics, liquid, metals, glass.

This initiative is for all residents, regardless of community membership.

If you are able to volunteer with this event, we would absolutely love to hear from you.

Thursday September 8 will be our next Tuxedo Park Community Association meeting. There's coffee and usually some treats. It would be great to see you there.

Have a great September,  
 Chrystina

## Clothesline

Not sure what to do with your clutter? The Clothesline program in Calgary collects gently used clothing, electronics and small household items-where proceeds support the Canadian Diabetes Association. To donate and schedule your free pick-up, call 1-800-505-5525 or visit [www.diabetes.ca/clothesline](http://www.diabetes.ca/clothesline).



## Community Clean Up @ Tuxedo September 11

Looking to clean up your yard, make some room in your garage, or just tidy up? Bring garbage, organics and recycling to the Tuxedo Park Community Center parking lot on September 11! We'll provide free disposal and recycling at our Community Clean Up.

### What will NOT be accepted:

tires, home appliances, propane tanks, household chemicals and paint, microwaves, car batteries, home electronics, liquid, metals, glass.

This initiative is for all residents, regardless of community membership.

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## TUXEDO PARK EVENTS

**TPCA General Board Meeting:** Thursday, September 8, 7pm

**Community Clean-Up:** Saturday, September 11

**TPCA General Board Meeting:** Thursday, October 13, 7pm

## Women's English & Social Group

Meet your Neighbours & Practice English!

The New Friends and Neighbourhood Group program is a safe and fun environment for immigrant women to improve their English and meet new women in the community.

- Free registration, join anytime
- Once a week for two hours
- Learn about community resources
- Make new friends
- No minimum English requirements
- Free childcare provided (6 months – 6 years)
- Learn new things and have fun!

**Judith Umbach Library Group 6617 Centre Street N**  
Mondays 10:00am-Noon

For more information or other locations throughout the city please contact:

**Debra Colley, Program Coordinator**  
**New Friends and Neighbourhood Groups**

Calgary Immigrant Women's Association  
Phone: 403-444-1752

Email: [debrac@ciwa-online.com](mailto:debrac@ciwa-online.com)

Visit our website: [www.ciwa-online.com](http://www.ciwa-online.com)



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## Writings about Reading

### Parents as Partners

It's 'back to school' and the perfect time to revisit how you can be the best partner in your child's education. You, as parent, grandparent or caregiver have been helping your child to learn since they were a tiny baby . . . and your role continues. Here are ways to help your child build their language and reading skills:

### Get to know your child's teacher

You'll build a connection and be able to ask questions. The teacher will suggest ways you can help your child at home.

### Read aloud with your child every day

In order to read fluently, your child needs lots of practice with hearing how good reading sounds. Take turns reading aloud a story; the more familiar the words become the easier it will be for your child to read.

### Incorporate literacy activities anywhere

Literacy skills are used in all kinds of situations. Encourage your child when reading food labels, talking with other children, discussing a movie with the family, or when writing lists to be posted on the refrigerator.

### Teach phonemic awareness and phonics (letter names and their sounds)

Young children hear "dog," but not the "duh"- "aw"- "guh." To become readers, they have to learn to hear these sounds (or phonemes). And, a child can't sound out words or write them without knowing the letter sounds. There are lots of websites and ABC books to help.

### Keep the fun and encouragement flowing!

Write notes to your child in their lunch kit so they feel supported during the first days of school. Ask specific questions at the end of their day: what games did you play today? Who is in your class? Did you teacher read a great book today, what was it about?

**For resources to help your child develop critical literacy skills and the joy of reading, visit [calgaryreads.com](http://calgaryreads.com).**

## PROGRAMS AT THE TUXEDO PARK HALL

### Yoga Mondays:

Monday nights 6:00pm-7:00pm (arrive early to sign waivers).

Currently FREE, (residents and non-residents can purchase memberships)

No Yoga on holiday Mondays

Babysitting available on Monday nights between 6pm and 7pm for Yoga class attendees, individuals requiring child care must contact Shannon [hallrentals@tuxedoparkcommunity.ca](mailto:hallrentals@tuxedoparkcommunity.ca) at least one day before class to determine if space is available. \$5/child. (no on-the-spot drop off available, babysitting must be coordinated before class, very limited space available).

### Seniors Fitness:

Tuesdays, 10:30am-11:30am (arrive early to sign waivers).

FREE, all welcome

Space is Limited

For more info, call 403-276-8986

### Walk 15 Fitness with Nancy

Mondays starting September 26 2016

9am-10am, Upper Hall (arrive early to sign waivers)

Free, membership encouraged, all welcome

Whether in our 40s or our 70s, we can feel in our prime of life at any age, and staying active as we grow older is a key to maintaining mobility and independent living. Walk 15<sup>®</sup> is a low-impact, walking-based group fitness class that's easy to follow yet effective in results – it's an exercise program that virtually anyone can do. Our 15-minute mile is the foundation of the program, and we use the best features of low-impact, aerobic style group exercise in a format set to music that makes working out fun. It's new. It's different. It's exciting!

### Dance Fitness with Leah

Saturdays 8:30am – 9:30am (arrive early to sign waivers)

Start the day off with some fun, fitness, and great music! By donation, membership required (residents and non-residents can purchase memberships)

### Qi Gong with Saranga

Wednesdays 9am-10am

By donation, membership required (residents and non-residents can purchase memberships)

### After School Program (run by the City of Calgary)

Tuesdays and Thursdays from 4pm-6pm

Free, all welcome

Tuesday & Thursday

Time: 4:15 – 6:00 p.m.

Dates: September 20, 2016 - May 25, 2017

Ages: 6 – 12

The City of Calgary presents a FREE program for ages 6 - 12. Tuxedo Calgary After School Program focuses on developing friendships, supporting positive self-esteem, and increasing self confidence. The program is supervised by trained and qualified City of Calgary Recreation Leaders who build strong relationships with participants by providing fun and interactive activities. During program, participants will play games, learn how to make a variety of crafts and have fun!

For further information or to register, contact:

Brooke Rommens, 403-476-7224

[Brooke.rommens@calgary.ca](mailto:Brooke.rommens@calgary.ca)

### Kids Drama Program

Only \$25 per child for full session

Wednesdays starting Sept 14, 2016

4-6 yr olds – 5:30pm

6-9 yr olds – 6:00pm

10 yr olds – 7:00pm

### Finances 101 with Jill (CPA)

Wednesdays 6:30pm-7:30pm, free to attend, all welcome

October 26 2016 – Ten Healthy Habits of Financial Management

November 23 2016 – Saving Strategies: Easy Concept, Difficult Reality

January 18 2017 – Are You a Good Financial Role Model?

February 15 2017 – Effective Tax Strategies

March 15 2017 – How to Teach Your Kids About Money

April 12 2017 – Identity Theft Protection

May 24 2017 – Planning for Retirement

June 7 2017 – Estate Planning

To register or for more information contact us by email or 403-277-8689

**Call Shannon at 403-277-8689 or email [hallrentals@tuxedoparkcommunity.ca](mailto:hallrentals@tuxedoparkcommunity.ca) for more information or to register for any of these great, free programs at the Tuxedo Park Community Hall.**



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# Beakerhead

in your community!

This September, Beakerhead will hit the streets in Calgary. We need your help to bring Beakerhead to life. You'll explore your hidden talent for caring for giant inflatable creatures, befriending robots, setting up event sites, rallying crowds, and conversing about the world of wonders!

Beakerhead is an international smash up of art, science and engineering erupting on the streets of Calgary. On the surface, Beakerhead looks like a week of spectacular fun every September. But it's more than a schedule of mesmerizing events; it's a time and place where engineers show their creative sides, artists get technical and where science hits the streets and everyone gets ingenious. [www.beakerhead.com](http://www.beakerhead.com)

We are recruiting people of all ages and skill sets to help us run the many events happening September 14-18, 2016. Bring your creativity and enthusiasm to help create something spectacular in our city!

Interested? Attend one of our required orientation sessions (yes, returning volunteers too). Sign up on eventbrite: <https://www.eventbrite.ca/e/beakerhead-volunteer-orientation-2016-tickets-24244024530>



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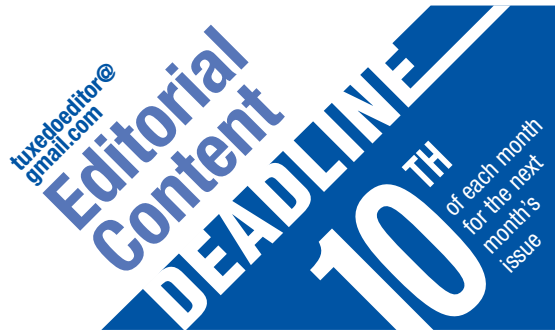
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**Deadline – 1<sup>st</sup> of each month for the next month's publication**

**Contact [news@great-news.ca](mailto:news@great-news.ca)**

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit



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# IMPORTANT NUMBERS

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Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
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Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
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South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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## Green Line Workshop in Tuxedo Park/Crescent Heights



Join us at an upcoming workshop to discuss how the Green Line LRT could help shape future development in Crescent Heights and Tuxedo Park. The multiple-day, collaborative workshops (also known as charrettes) are led by a consultant team that brings together citizens, developers and policymakers to create a community plan based on four feedback loops: issues, ideas, concepts, and solutions.

**There are four opportunities to get involved:**

- |  |  |
|--|--|
| <p><b>1 Pains and Gains Public Session</b><br/>Date: Monday, September 26, 2016<br/>Time: 6:30 – 8:30 p.m.</p> | <p><b>2 Ideas Session (Registration required)</b><br/>Date: Tuesday, September 27, 2016<br/>Time: 6:30 – 8:30 p.m.</p> |
| <p><b>3 Concepts Public Session</b><br/>Date: Thursday, September 28, 2016<br/>Time: 6:30 – 8:30 p.m.</p>      | <p><b>4 Outcomes Public Session</b><br/>Date: Saturday, October 1, 2016<br/>Time: 11:00 – 1:00 p.m.</p>                |

All sessions will take place at the **Crescent Heights Community Association - 1102 2 Street N.W.**

Please visit [www.calgary.ca/GreenLine](http://www.calgary.ca/GreenLine) for workshop details or to register.

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[calgary.ca/greenline](http://calgary.ca/greenline) | contact 311



**Bob Dawe**  
**& ASSOCIATES**  
403-276-SOLD



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If you are curious about what your **Tuxedo Area** home may be worth, here's an easy way to find out what homes like yours are selling for in today's market.

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To get your free report on **Tuxedo Area** house prices, just call **403-276-SOLD**, or go to **[WhatsMyTuxedoHomesWorth.com](http://WhatsMyTuxedoHomesWorth.com)**

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