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# YOUR COMMUNITY CONNECTIONS

## SCHOOLS

(S) denotes Separate (FR) denotes French Immersion

Heritage Heights School	K9	403-938-1400	St. Paul's Academy Virtual School	1-12	403-938-4119
Big Rock Elementary	K6	403-938-6666	& Okotoks Homeschooling Services		403-938-8046
Dr. Morris Gibson School	K6	403-938-6221	De Winton Play Group	PS	403-938-2525
Ecole Percy Pegler (FR)	K6	403-938-4449	& Play School		
Ecole Okotoks Junior High (FR)	7-9	403-938-4426	Open Arms Catholic Preschool	PS-Jr. K	403-852-8273
Foothills Composite High School (FR)	10-12	403-938-6116	Learning Experience	PS-K	403-256-1417
Alberta High School of Fine Arts			Calgary French & International School (FR)	PS-9	403-240-1500
Foothills School Preschool Program	K	403-938-6666	Glenmore Christian Academy	ECS-9	403-254-9050
Big Rock Elementary School			Edison School	PK-12	403-938-7670
Holy Trinity Academy (FR) (S)	9-12	403-938-2477	Strathcona-Tweedsmuir School	1-12	403-938-4431
Good Shepherd School (S)	ECS-6	403-938-4318	Green Learning Academy	PS-9	403-873-1966
John Paul II Collegiate (FR) (S)	7-9	403-938-4600			

### SCHOOL BUS INFORMATION

**Foothills School Division**  
**Transportation Department** 403-652-6547  
Transportation Officer, Virginia MacLeod

**Christ the Redeemer Catholic School Board**  
**Transportation Department** 403-938-2659  
Transportation Officer, Bonnie Smith

## CHURCHES

**DeWinton United Church** 403-938-4357

**Trinity Mennonite Church DeWinton** 403-256-7157

**Christ Church Anglican Church**  
**Millarville** 403-933-3620

**Millarville Community Church** 403-931-1618

**Red Deer Lake United Church** 403-256-3181

**Canyon Creek Christian Fellowship** 403-256-3167

**Connexion Christian Fellowship** 403-201-0404

## COMMUNITY

**DeWinton Community Hall**  
www.dewintonca.com 403-938-2525

**Newsletter Co-ordinator**  
calbet-parr5@hotmail.com

**The Lake at Heritage Pointe Owner's Association**  
www.thelake@heritagepointe.ca

**Dunbow Recreation Board**  
www.dunbowrecreation.org

**Shawnessy Library**  
333 Shawville Blvd. SE 403-221-2072

# DeWinton Community Association

## Board of Directors 2012-2013

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Director	Ann Beswick
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Director	Sherry Shoults
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DeWinton Preschool	Shauna Shank Christy El Hage dewintoncommunity preschool@gmail.com

news@great-news.ca  
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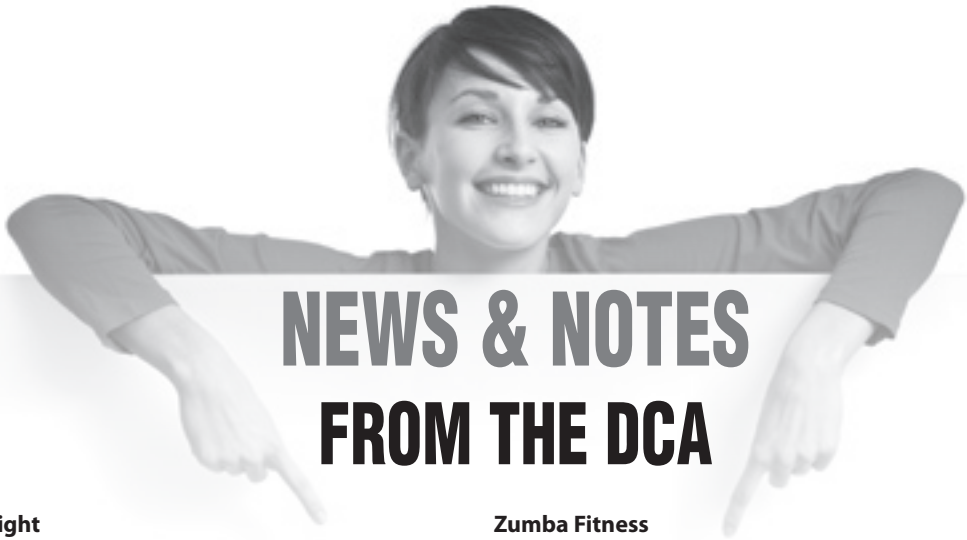
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# NEWS & NOTES FROM THE DCA

## Bridge Night

Tuesday evenings at 7:30 continues to attract more new members to enjoy the cards, laughter, friendship and escape from January's colder weather. If you still want to come, you are always welcome.

## Yoga

Monday evenings: 7:30 to 9 p.m.

Thursday mornings: 9 a.m. to 10:30

Instructor: Krystyna Dziminska [krystynadziminska@hotmail.com](mailto:krystynadziminska@hotmail.com)

There have been more members join and even more would be welcomed.

Cost: DCA members: \$80 for 10 sessions.

## Quilting

Our faithful and dedicated Q Bee Quilting ladies are also escaping winter's blahs by gathering on Wednesday's at 9:30 am to work on whatever project they choose for a good part of the day. They also welcome anyone to feel comfortable to join them {or just drop by for a chat and admire their work as I do}. Contact person is Ruth Olson at 403-938-2241.

## Zumba Fitness

Thursday evenings a new Zumba fitness class began in January. Sessions begin each Thursday evening at 7:00 pm. Instructor is Maya Cerrutti, at [maya.cerutti@gmail.com](mailto:maya.cerutti@gmail.com).

## DeWinton Preschool

They are currently taking registrations for the 2013 /2014 school year. The school's philosophy is for our children to learn through play and socialization. The three year old program will be held every Monday and Wednesday with one class in the morning and one class in the afternoon. The four year old program will be held every Tuesday and Thursday also with one class in the morning and another class in the afternoon. A few spots are still available in each of the four classes. To register or if you have any questions, please contact the preschool by phone at 403-852-5990 or by email at: [dewintoncommunitypreschool@gmail.com](mailto:dewintoncommunitypreschool@gmail.com).

## DCA Member Benefits

Members of the DeWinton Community Association are eligible for special discounts of 20% off on Hall Rentals. If you or your company would like to host a party at the hall, please contact Facility Manager, Greg Davenport at 403-938-2525.





# CROSSWORD

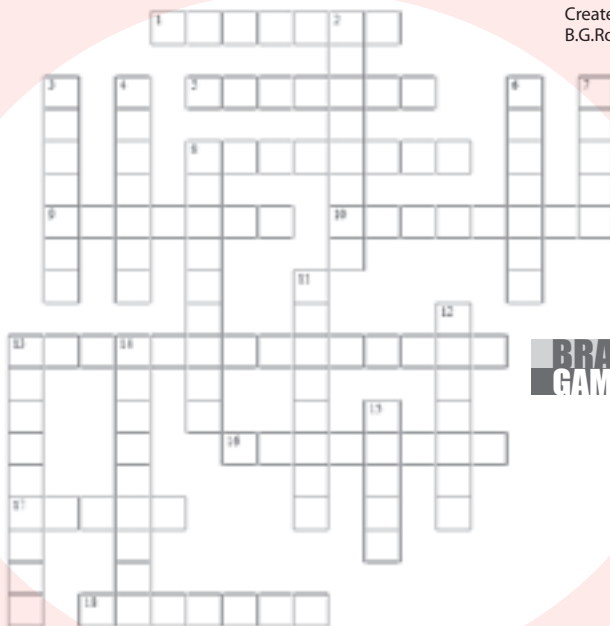
Created by  
B.G.Rose

## ACROSS

- 1 Light rain
- 5 Slang term for U.S. \$10 bill
- 8 Broadway musical brothers George and Ira
- 9 April showers bring these in May
- 10 Former Governor General & flavoured tea blend (2 words)
- 13 Prime Minister featured on Canadian \$5 bill (2 words)
- 16 Romeo's surname
- 17 Spring flower festival in Ottawa
- 18 World's driest desert

## DOWN

- 2 The best medicine
- 3 World's largest ocean
- 4 Found in Canadian Badlands
- 6 "Provence of the Caribbean" (2 words)
- 7 Male cats are Toms, female cats are \_\_\_\_\_
- 8 \_\_\_\_\_ Mean Time
- 11 Licorice stick
- 12 Tuxedo bird
- 13 Peanuts bird
- 14 British term for two weeks
- 15 "A bald" bird



**BRAIN  
GAMES**

Across 1. drizzle 5. sawbuck 8. Gershwin 9. flowers 10. Earl Grey 13. Willard Laurie 16. Montague 17. Tulip 18. Atacama  
Down 2. laughter 3. Pacific 4. hoodoo 6. St. Barts 7. Molly 8. Greenwich 11. claret 12. penguin 13. Woodstock 14. fortnight 15. eagle

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**DEWINTON COMMUNITY ASSOCIATION**

# Membership Form 2013

**Yearly Membership Fee: \$20.00**

Please attach a cheque to this membership form and  
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are 9-1 Mon-Fri) or mail to:

Box 111  
De Winton AB, TOL OXO

Family Name: \_\_\_\_\_

Adults - First Names: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

To help us plan community events/programs please  
check off which Community Programs if any, you  
and your families are, or would be, involved in:

Karate \_\_\_\_\_

Quilting \_\_\_\_\_

Bridge \_\_\_\_\_

Preschool \_\_\_\_\_

Other: \_\_\_\_\_





# ask about DESIGN

by Glen Richardson

**Q:** I bought a flat screen TV a few years ago and it came on a stand. Now I'm not sure I like the way that looks. Can you make it look better?

There are a few of things that drive me nuts about big TVs:

1. Hanging them too high on the wall
2. The big chunk of cables that hang out the back of the ever changing black boxes attached by umbilical.
3. From the design point of view, a large TV should be in the center of the wall. From the watching P.O.V. the TV should not be.

I've said before - 'Less is More'. Do you remember the big armoires that we put TVs in 10 years ago? Ha ha, that was more.

Now there are very nice asymmetrical, modular TV cabinets available. They match the modern look of flat screens and offer a new design aspect. Asymmetrical cabinets allow for the unit to be centered on the wall but inside the TV is offset to the left or right. The TV hangs at the correct height on the inside. It allows for the cables to hide on the backside and the black boxes out of sight in a compartment. The best thing is that the cabinet is only 12" deep! That's less than half of the old armoire stuffed in the corner.

When was the last time you were happy to get half as much?

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# Web World One

## Some Final Mobile Considerations (Part 4 of 4)

Lon Hofer

Looking at the previously discussed definitions and prompts for reporting insight will hopefully help you understand and decide if you want to have a mobile version of your website or adjust your current site for mobile friendliness.

So now you've got some decisions to make:

- Do I need a mobile version?
- Is imagery important for viewing or do I want a better gallery functionality or should I just disable the technology that doesn't work as well mobile?
- Do I want social media integration?
- Do I simply want to make mobile improvements to my existing site?
- Is my menu and navigation path clear enough when viewed mobile for my current site?

If you have a website that is 'all over the place' in regards to operation across devices, it may be time to start from scratch instead of trying to patch things with every device.

As a small business owner the entry into mobile can look daunting, but really it is not. Just remember, your mobile traffic is only as important as its relevancy to your business and its ability to satisfy the user's need, whatever that may be.

But don't hold back due to hesitation only out of the fact that it's an emerging trend. If someone said to you, "Leads are down 40% this year" - as a business owner, would you react?

Well 40% of your market might be mobile **at the point of purchase decision**. At the very least, get that reporting configured and emailed to you weekly to see where your traffic is trending so when you enter the mobile website market you are well informed. Configure it with drilled down dimensions.

At the end of the day, the mobile device is here to stay, so the next time you overhaul your site be sure you take into account its mobile functionality.

Hopefully these articles have helped arm you with at least some introductory knowledge into the mobile area.

## BRAIN GAMES SUDOKU

	5				7	8	4	9
					5	2		
		3			8		7	
				5				7
6	1		3		4		8	2
5				6				
	8		7			9		
		4	2					
1	6	2	5				3	

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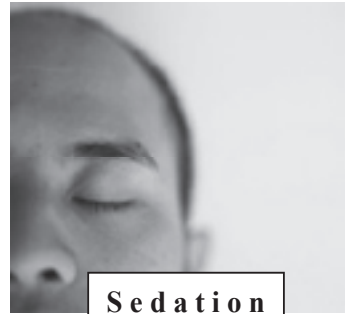
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# QUESADILLA SALVADOREÑA

*This recipe originates from El Salvador, quesadilla is a fluffy, moist, sweet cheese pound cake.*

1 cup rice flour (you can also use "Bisquick" baking mix)

1 cup white sugar

3/4 cup sour cream

4 oz. Parmesan cheese or queso duro

3 eggs, separated into yolks and whites

1 stick (4oz) melted, salted butter

1 tsp. baking powder

Sesame seeds to garnish top

## Directions:

Beat egg whites until firm, but not stiff, and set aside. Beat sugar and butter on high until light and fluffy.

Add in egg yolks one at a time and beat well until creamy. Add in parmesan cheese little by little until well incorporated. Fold in sour cream and baking powder with a spatula. Sift rice flour over the mixture and use spatula to incorporate into mixture. Finally, fold in egg whites using the same spatula.

Pour batter into a 9"x13" rectangular glass baking dish. Sprinkle sesame seeds on top.

Place dish in oven and bake at 350 degrees for approximately 38 minutes or when a knife is inserted it comes out clean.

\*It is great as breakfast bread with coffee.

Enjoy.

*Gladys Serrano, Le Cordon Bleu trained chef*

# COMMUNITY READERS RECOMMEND...



## Fiction

- The Art Forger – B.A. Shapiro
- The History of Us – Leah Stewart
- February – Lisa Moore
- The Secret Keeper – Kate Morton
- Dear Life: Stories – Alice Munro
- Mr. Penumbra's 24-Hour Bookstore – Robin Sloan

## Non-fiction

- Total Recall: My Unbelievably True Life Story – Arnold Schwarzenegger
- How Much Is Enough? – Robert Skidelsky & Edward Skidelsky
- The Power of Why – Amanda Lang
- Foodshed – dee Hobsbawn-Smith
- Grace: A Memoir – Grace Coddington
- The Book Of 10 Neat Things – Dorothy Dobbie

## Children's

- Make Way For Ducklings – Robert McCloskey
- The Third Wheel (Diary of a Wimpy Kid, Book 7) – Jeff Kinney
- Canadian Sports Sites for Kids – Christopher MacKinnon



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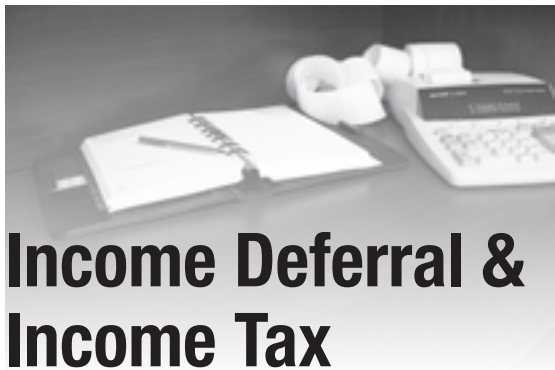
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# Income Deferral & Income Tax Deductions/Credits

## (Part 1 of 2)

by Michael Martin

### Income Deferral

Income tax deferral involves pushing current tax obligations to a future year. By doing so you are not only able to reduce your current annual tax bill and reap the benefits of the time value of money, but you may also be able to pay tax in the future, when your marginal tax rate may be lower.

### Registered Accounts

Contributing to a Registered Retirement Savings Plan (RRSP) (including a spousal RRSP) provides you with a tax deduction today and effectively defers the tax on the full amount of the contribution until the funds are withdrawn. RRSPs allow your investments to grow tax-free during your higher income working years. Then, during your retirement years, when you start withdrawing taxable income, you will likely be in a lower tax bracket since your income from all sources will likely be lower than during your working years.

### Tax-Free Savings Account (TFSA)

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### Non-Registered Accounts

Within your non-registered accounts, you should try to minimize the turnover of growth investments to defer tax. The more often you sell your investments, the more often you will trigger taxable capital gains. Furthermore, consider deferring the sale of a security with accrued capital gains to a year when your income will be lower or you have capital losses to offset the gains.

Certain investments, such as real estate investment trusts (REITs), royalty income trusts, as well as some mutual funds typically distribute a non-taxable return of capital payment to you. Return of capital distributions can be thought of as tax-deferred income because the distributions reduce the cost base of the investment for income tax purposes.

### Tax Loss Selling

If your portfolio contains investments that have decreased in value, prior to the end of the calendar year, consider selling these investments to recognize a capital loss. This capital loss can be used to reduce capital gains realized in the current year or in the three previous taxation years. If you cannot use the losses in any of those years, you can carry-forward the losses indefinitely to be used against future capital gains.

### Tax Shelters

There are certain investments which offer tax incentives, such as flow-through shares. Flow-through shares are offered by companies in the mining, oil and gas, and energy sectors to help finance their exploration and project development activities. The companies then re-nounce or "flow through" eligible expenses to you.

*This article is supplied by Michael Martin, Investment Advisor, Member CIPF. This article is for information purposes only. Please consult with a professional advisor before taking any action based on information in this article.*



The capacity  
TO CARE is the  
thing that gives  
life its deepest  
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SIGNIFICANCE.

- Pablo Casals

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There once was a little boy who had a bad temper. His father gave him a bag of nails and told him that every time he lost his temper, he must hammer a nail into the back of the fence.

The first day the boy had driven 37 nails into the fence. Over the next few weeks, as he learned to control his anger, the number of nails hammered daily gradually dwindled down. He discovered it was easier to hold his temper than to drive those nails into the fence.

Finally the day came when the boy didn't lose his temper at all. He told his father about it and the father suggested that the boy now pull out one nail for each day that he was able to hold his temper. The days passed and the young boy was finally able to tell his father that all the nails were gone.

The father took his son by the hand and led him to the fence. He said, "You have done well, my son, but look at the holes in the fence. The fence will never be the same. When you say things in anger, they leave a scar just like this one. You can put a knife in a man and draw it out. It won't matter how many times you say I'm sorry, the wound is still there. A verbal wound is as bad as a physical one."



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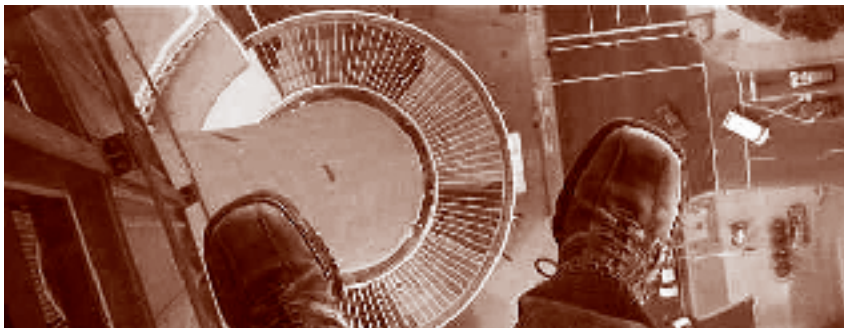
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**FYI**

It's an incredible 360° view of the city and majestic Rocky Mountains from the Observation Deck of the **Calgary Tower!** It allows you to virtually step out into space on a glass floor, 191 metres above the bustling city below.





# What did your pet eat today?

Veterinarians are amazed at the strings, clothes, inanimate objects, toys, and food parts we find inside your pet sometimes. Unfortunately some things a pet eats may lead to serious illness or worse death. I want to share just a few of things I and other veterinarians have seen ingested by your pets.

Typically a pet will come in to the vet because it's vomiting or not eating. After a physical examination and possibly blood work, the source of the problem may be isolated to the gastro-intestinal tract. A vet may ask to do further diagnostics, the most common being radiographs or x-rays, or may ask to ultrasound the pet's abdomen.

String or anything string-like can be the most difficult shape to diagnose in a pet because it doesn't cause a complete blockage and the line can act like a saw as the intestines move against it. I remember a dog that ate a cassette tape in his owner's car subsequently dying as the stretched tape acted like wire.

Cloth objects are also difficult to diagnose because they are radiolucent. That means x-rays pass through cloth

and don't stop to outline an object like they do with metal or stones. I have removed tea towels, stockings, socks, underwear, and carpet from intestines. I once gave a bulldog barium to outline an object in its stomach. I called the owner and said it looks like a stuffed horse, and the reply was "Oh, that's where that went!" The bulldog recovered after surgery.

There is a narrowing of the intestines where the small intestine enters the large intestine. I have found in various patients lodged there: a peach pit in a Labrador who ate it from a roadway ditch; a corn cob in another dog; and the knot from the end of hiking boot shoelaces a cat was playing with. Ferrets are notorious for playing and eating small objects and getting them stuck at that narrowing.

Remember the barbecue scraper and the drip pans filled with grease under the barbecue. An unsupervised retriever in the backyard considers those things appetizers. Ditto the remote control you were handling with hands covered with popcorn butter. Then there is the dog in the boat that eats the fishy wonderful hooks. I have removed needles, beer caps, and batteries from patients.

Today I removed garden stones from the stomach of a small shepherd with liver disease. Several years ago it was a liter of large stones from the stomach of a pregnant boxer. In both these cases the pets likely felt nauseated and ate something to try to relieve the discomfort, we call this pica.

Some of our veterinary journals invite veterinarians to submit copies of radiographs of some of the more impressive things pets have eaten. My two favorite pictures celebrate the snake's ability to unhinge its jaws and eat prey whole. One x-ray was of a snake that had swallowed another snake whole after it had in turn swallowed a mouse whole. There were three perfect skeletons superimposed over each other. The second x-ray showed about six intact light bulbs inside a snake. I'm sure that snake thought he had swallowed six lovely warm round bird eggs.

Diagnosis of what veterinarians refer to as "foreign objects" is complex and often limited by your imagination with the ultimate full recovery of your pet being the final goal of your veterinarian.

*Jennifer L. Scott, D.V.M.*

# YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

- **April 12 – 14 The Number 14** at Vertigo Theatre's Y Stage. Friday and Saturday evening performances at 7:00 pm, matinees on Saturday and Sunday at 1:00 pm. 403.221.3708 / [www.vertigotheatre.com](http://www.vertigotheatre.com)
- **April 16 Journey to Vietnam with Catherine Karnow** Epcor Centre and National Geographic Live explore the culture of Vietnam. 7:00 pm. 403.294.9494 / [epcorcentre.org](http://epcorcentre.org)
- **April 18 Chicago** opens at Stage West Dinner Theatre. 403.243.6642 / [www.stagewestcalgary.com](http://www.stagewestcalgary.com)
- **April 19 The Tommy Banks Trio** performs at Heritage Park as part of their Noteworthy Nights. 403.268-8500 / [www.heritagepark.ca](http://www.heritagepark.ca)
- **April 20, 24 & 26 La Traviata** Verdi's bittersweet love story comes alive through Calgary Opera. 403.263.5428 / [www.calgaryopera.com](http://www.calgaryopera.com)
- **running until April 21 NCIS: The Canadian Affair** at Jubilations Dinner Theatre. 403.249.7799 / [www.jubilations.ca](http://www.jubilations.ca)
- **April 22 Tribute to Benny Goodman – Cedric Blary Quartet** is part of the Monday Night Jazz Series, presented by BEAT NIQ Jazz & Social Club at the U of C. Tickets available at the door. 403.220.7202 / [www.performoingarts.ucalgary.ca](http://www.performoingarts.ucalgary.ca)
- **April 23 Hugh Masekela** legendary South African trumpeter visits Calgary as part of Epcor Centre's BD&P World Music Series. Concert begins at 7:00 pm. 403.294.9494 / [epcorcentre.org](http://epcorcentre.org)
- **April 23 – May 26 Anne of Green Gables the musical** presented by Theatre Calgary. 403.294.7447 / [www.theatrecalgary.com](http://www.theatrecalgary.com)
- **April 26 – June 30 The Big Boom Theory** runs at Jubilations Dinner Theatre. 403.249.7799 / [www.jubilations.ca](http://www.jubilations.ca)
- **April 27 Deric Ruttan** at 9:00 pm at the Deerfoot Inn & Casino. 403.236.7529 / [www.deerfootinn.com](http://www.deerfootinn.com)
- **April 30 – May 18 Red** 2010 Tony Award-winning drama presented by Alberta Theatre Projects. 403.294.7402 / [www.atplive.com](http://www.atplive.com)

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**APRIL 13 & 14  
CALGARY HORTICULTURAL  
GARDEN SHOW**  
held at Spruce Meadows. [www.calhort.org](http://www.calhort.org)



**APRIL 19  
THE MOTOWN SOUND**  
performed by Calgary Philharmonic  
Orchestra at 8:00 pm. 403.571.0849  
[cpo-live.com](http://cpo-live.com)



**APRIL 25 & 27  
SWEET SOUNDS OF THE 70S:**  
Paul Simon and Friends is part of the Calgary  
Philharmonic's POPS series. Performances  
at 8:00 pm both evenings. 403.571.0849  
[cpo-live.com](http://cpo-live.com)



APRIL

## MAY 4, 11, 18 & 25 THE UGLY DUCKLING AT STAGE WEST

For Kids. A child-oriented performance with plenty of humour for parents as well. 403.243.6642 / [www.stagewestcalgary.com](http://www.stagewestcalgary.com)



## MAY 16 - 18 THE FELLOWSHIP OF THE RING

is part of the Specials Series performed by the Calgary Philharmonic. Evening performances at 7:30 pm. 403.571.0849 / [cop-live.com](http://cop-live.com)



## MAY 25 LADIES OF THE CANYON

at Webber Academy Performing Arts Centre. Four strong musical voices from Montreal, whose music follows the spirit of the moment. 403.277.4700 / [www.webberacademy.ca/pac/theatre/home.html](http://www.webberacademy.ca/pac/theatre/home.html)



# YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

- **May 2 - 5 May Classic** is the first outdoor tournament of the year at Spruce Meadows. 403.974.4200 / [www.sprucemeadows.com](http://www.sprucemeadows.com)
- **May 3 & 4 Paul Reiser** Exclusive Concert Presentation at The Laugh Shop, Hotel Blackfoot. Shows at 7:00 and 10:00 pm. [www.thelaughshopcalgary.com](http://www.thelaughshopcalgary.com)
- **May 9 - 11 Balletlujah!** World Premiere presented by Alberta Ballet. 403.245.4549 / [www.albertaballet.com](http://www.albertaballet.com)
- **May 10 - 11 Viennese Greats Performances** at 8:00 pm each evening with the Calgary Philharmonic Orchestra. 403.571.0849 / [cop-live.com](http://cop-live.com)
- **May 15 - August 31 Royal Tyrrell Museum** open 7 days/week 9:00 am - 9:00 pm. 403.823.7707 / [www.tyrrellmuseum.com](http://www.tyrrellmuseum.com)
- **May 16 & 17 Rory Block** American blues guitarist and singer presented by Epcor Centre. Performance begins at 8:00 pm. 403.294.9494 / [epcorcentre.org](http://epcorcentre.org)
- **May 22 - 25 International Children's Festival** will be a ton of fun! There's a great line-up of artists and performers for all to enjoy. [www.kidsfest.ca](http://www.kidsfest.ca)
- **May 23 A Diamond Evening** - Stan Foster's tribute to Neil Diamond at the Deerfoot Inn & Casino. Dinner 5:30 - 7:30 pm and the show begins at 8:00 pm. 403.236.7529 / [www.deerfootinn.com](http://www.deerfootinn.com)
- **May 25 & 26 Festival of Quilts** at Heritage Park features hundreds of quilts. The festival runs from 9:30 am - 5:00 pm. 403.268.8500 / [www.heritagepark.ca](http://www.heritagepark.ca)
- **May 25 Gerry & The Pacemakers** at Deerfoot Inn & Casino. Wristbands at 6:30 pm. Show begins at 9:00 pm. 403.236.7529 / [www.deerfootinn.com](http://www.deerfootinn.com)
- **May 30 - June 9 Funnyfest** is Calgary's Comedy Festival, featuring over 70 performers at various venues throughout the city. [www.funnyfest.com](http://www.funnyfest.com)
- **ongoing - Canada's Sports Hall of Fame** offers hands-on displays at Canada Olympic Park. [www.sportshall.ca](http://www.sportshall.ca)

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E-mail [lspilak@telus.net](mailto:lspilak@telus.net)  
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Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
Ambulance (AHS) – Non Emergency	403.261.4000
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	403.943.5465
Child Abuse Hotline	1.800.387.5437
Child Find – Alberta	403.270.3463
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403.514.6100
Poison Centre – Alberta	403.944.1414
Suicide Crisis Line	1.800.784.2433

### HOSPITALS/URGENT CARE

Alberta Children's Hospital	403.955.7211
Black Diamond Oilfields Hospital	403.933.2222
High River General Hospital	403.652.2200
Rockyview General Hospital	403.943.3000
Okotoks Health & Wellness Centre	403.995.2600
South Calgary Urgent Care	403.943.9300

### OTHER

Alberta Fish & Wildlife	1.877.944.0313
Highway Information	1.888.877.6237
RCMP Non-emergency	403.995.6400
Road Conditions–Southern AB (press 2)	1.877.262.4997
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