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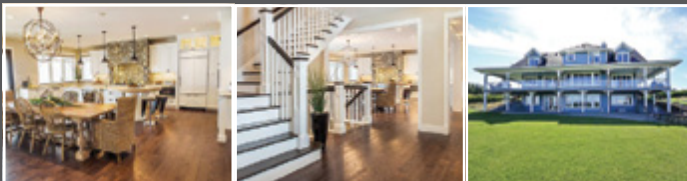
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www.dewintonca.com

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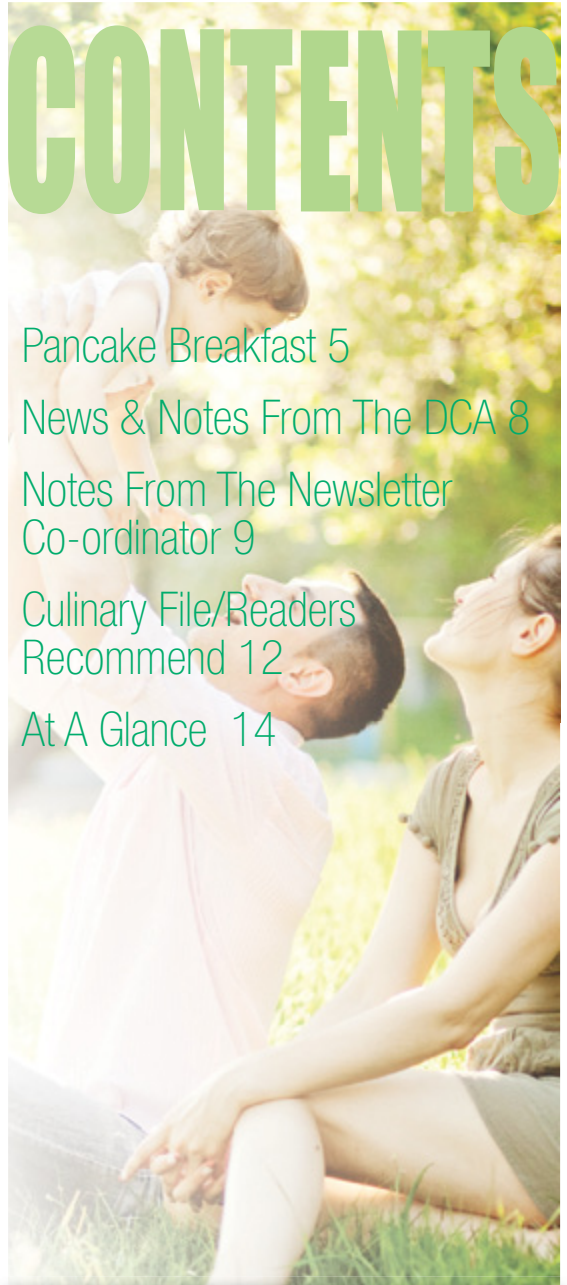
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**GREAT NEWS PUBLISHING HAS BEEN  
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FOR 9 YEARS!**

# YOUR COMMUNITY CONNECTIONS

## SCHOOLS

(S) denotes Separate (FR) denotes French Immersion

Heritage Heights School	K9	403-938-1400	St. Paul's Academy Virtual School	1-12	403-938-4119
Big Rock Elementary	K6	403-938-6666	& Okotoks Homeschooling Services		403-938-8046
Dr. Morris Gibson School	K6	403-938-6221	De Winton Play Group	PS	403-938-2525
Ecole Percy Pegler (FR)	K6	403-938-4449	& Play School		
Ecole Okotoks Junior High (FR)	7-9	403-938-4426	Open Arms Catholic Preschool	PS - Jr. K	403-852-8273
Foothills Composite High School (FR)			Learning Experience	PS-K	403-256-1417
Alberta High School of Fine Arts	10-12	403-938-6116	Calgary French	PS-9	403-240-1500
Foothills School Preschool Program			& International School (FR)		
Big Rock Elementary School	K	403-938-6666	Glenmore Christian Academy	ECS-9	403-254-9050
Holy Trinity Academy (FR) (S)	9-12	403-938-2477	Edison School	PK-12	403-938-7670
Good Shepherd School (S)	ECS-6	403-938-4318	Strathcona-Tweedsmuir School	1-12	403-938-4431
John Paul II Collegiate (FR) (S)	7-9	403-938-4600	Green Learning Academy	PS-9	403-873-1966
École Beausoleil (French)	K-9	403-995-1160	Trinity Christian School	K-9	403-254-6682

### SCHOOL BUS INFORMATION

Foothills School Division Transportation Department Transportation Officer, Virginia MacLeod	403-652-6547	Christ the Redeemer Catholic School Board Transportation Department Transportation Officer, Bonnie Smith	403-938-2659
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## WORSHIP

DeWinton United Church	403-938-4357	Millarville Community Church	403-931-1618
Trinity Mennonite Church DeWinton	403-256-7157	Red Deer Lake United Church	403-256-3181
Christ Church Anglican Church		Canyon Creek Christian Fellowship	403-256-3167
Millarville	403-933-3620	Connexion Christian Fellowship	403-201-0404
		Campbell-Stone United Church	403-708-7729

## COMMUNITY

DeWinton Community Hall www.dewintonca.com	403-938-2525	Dunbow Recreation Board www.dunbowrecreation.org	
Newsletter Co-ordinator calbetparr5@hotmail.com		Shawnessy Library 333 Shawville Blvd. SE	403-221-2072
The Lake at Heritage Pointe Owner's Association	www. thelake@heritagepointe.ca		

# DeWinton Community Association

## Board of Directors 2013-2014

President	Kris Fewster dwca@platinum.ca
Vice President	Dusty Dancer
Secretary	John Thorpe
Treasurer	Norman Beswick
Director	Ann Beswick
Director	Krystyna Dziminski
Director	Yvonne Graf
Director	Sue Lake
Director	Corrie Loomes
Director	Sherry Shoults
Director	Trudy Vangilst

### Representatives (non-voting)

Facility Manager	Greg Davenport 938-6877 804-0385 dwca@platinum.ca
De Winton Community Preschool	Shauna Shank DewintonCommunity Preschool@gmail.com Christy El Hage



# 34th Annual Canada Day Pancake Breakfast!

**Tuesday, July 1**

**9:00 a.m. till Noon**

### DeWinton Community Centre

On Tuesday, July 1st a DeWinton heritage event, the annual DeWinton Community Association's Canada Day Pancake Breakfast, will mark its 34th year of bringing together friends and neighbours to celebrate Canada Day.

Come and join 400 of us for a hearty breakfast that will include traditional flapjacks, sausage, ham, juice and coffee. Price is \$6 for adults, \$3 for children, with kids under 6 free.

This year once again will feature live entertainment provided by Hurricane Smith, children's activities, and fun for all.




news@great-news.ca

**Editorial  
Content  
DEADLINE**

**1<sup>st</sup>**  
of each month  
for the next  
month's  
issue

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**Backyard Play Safety**

With summer approaching, Alberta Health Services EMS would like to encourage parents to ensure their backyard play areas are made safe. Direct supervision is the best method to reduce the chance of injury. It is also prudent to ensure play equipment in your yard is suitable for the age and skill of the children using it. Don't forget to check the equipment often, and repair any worn or broken parts. Set up play equipment on a shock-absorbing surface such as sand, wood chips, or pea gravel. Grass may not adequately cushion a fall.

**Water hazards**

- Ensure all backyard swimming pools are fenced. The fence should be at least 1.5 metres (5 feet) high and have a self-latching, self-closing, lockable gate;
- Drowning contributes to unintentional injury-related death among children ages one to four;
- Children can drown in just a few centimetres of water, if it covers their mouth and nose.

**Lawn and garden tools**

Keep young children away from outdoor power equipment. Serious burns may result from touching hot engine surfaces;

Ensure that all tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

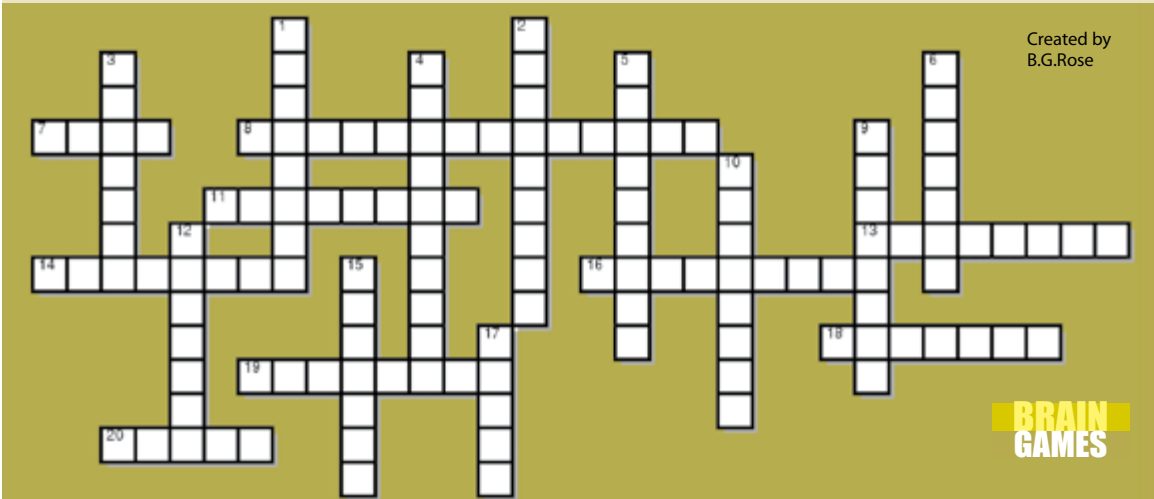
**Insect bites and stings**

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;
- Avoid wearing brightly coloured clothing outdoors;
- Consider destroying, or re-locating hives and nests situated near your home;
- To avoid a bite in case of accidentally stepping on a stinging insect ensure your child wears shoes, or sandals;
- If your child has received an 'EpiPenJr' prescription from your physician (for serious anaphylactic emergencies only) ensure they understand when and how to use it;
- If your child experiences a severe reaction to an insect sting, seek medical attention, or call 9-1-1.

# CROSSWORD

ACROSS

- 7 June's birth flower
- 8 Runaway cookie (2 words)
- 11 Recipe collection
- 13 Latin percussion instrument
- 14 Piano and computer part
- 16 Chalk game
- 18 Duck
- 19 Mode of transportation
- 20 Parts of a book



Created by  
B.G.Rose

**BRAIN  
GAMES**

- 1 Summer flower
- 2 A vegetable and a colour
- 3 Whodunit
- 4 Italian cheese
- 5 007 (2 words)
- 6 Study of the body
- 9 Yearly celebration
- 10 Cool summertime treat (2 words)
- 12 Baby goose
- 15 Wavy
- 17 Striped animal

Down: 1 mango 2 aubergine 3 mystery 4 Georgian 5 James Bond  
6 anatomy 9 birthday 10 ice cream 12 goshing 15 apples 17 zebra  
14 keyboard 16 hopscotch 18 mallard 19 airplane 20 pages  
Across: 7 rose 8 gingerbread man 11 cookbook 13 timbales

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31 Sunpark Plaza SE Calgary T2X 3W5





# NEWS & NOTES FROM THE DCA

## Yoga

Mondays 7:30 to 9 pm  
and Thursdays: 9:30am to 11:00 am  
Instructor: Krystyna Dziminska  
krystynadziminska@hotmail.com  
Cost: DCA members: \$80 for 10 sessions

## Bridge

Tuesday evenings at 7:30p.m. They always welcome new members of all levels of bridge playing ability. I believe you will enjoy the company and laughter that goes with it. Contact Trudy Vangilst at 403-938-3436.

## Zumba Fitness

Selected Wednesday and Thursday evenings at 7:00 pm  
Instructor: Maya Cerrutti maya.cerutti@gmail.com

## De Winton Pre School

Registrations are currently being taken for the 2014 /2015 school year. The school's philosophy is for our children to learn through play and socialization. The three year old program will be held every Monday

and Wednesday with one class in the morning and one class in the afternoon. The four year old program will be held every Tuesday and Thursday also with one class in the morning and another class in the afternoon. A few spots are still available in each of the four classes. To register or if you have any questions, please contact the preschool by phone at 403-852-5990 or by email at: dewintoncommunitypreschool@gmail.com.

## Quilting

Our dedicated Q Bee Quilting group is a wonderful group of ladies who welcome anyone joining them with whatever project you have on hand; valuable suggestions and help also available. They assemble every Wednesday at 9:30 am. Contact Ruth Olson at 403-938-2241

## DCA Member Benefits

Members of the De Winton Community Association are eligible for special discounts of 20% off on Hall Rentals. If you or your company would like to host a party at the De Winton Community Hall please contact Facility Manager Greg Davenport at 403-938-2525.

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# NOTES FROM THE NEWSLETTER CO-ORDINATOR

## Book Club:

The Third Thursday Book Club has had a very successful year, meeting on the 3rd Thursday of every month at 11 a.m. at the DeWinton Centre.

Thursday, June 19 will be the completion of this year by reading and participating in some lively discussion of the book: *Me Before You* by JoJo Moyes.

Contact the Centre at 403 938-2525 if you would like to join this group.

## Ellen Doty Album Release:

At the end of May, Ellen released a new album. If you would like information on how to obtain one of her albums, view her website at: [www.ellendoty.com](http://www.ellendoty.com) Ellen entertained many people at her concert in DeWinton in November and deserves our support for her exceptional talent.

## July 1st in Downtown DeWinton!

Plan to celebrate Canada Day by enjoying a very hearty breakfast at the community centre which includes flapjacks, sausage, ham, juice and coffee. Price is: \$6 for adults; \$3 for children, with kids under 6 free. In addition to the great food and company, children's events, vintage autos and more are on hand to add to the festivities.

This is the 34th annual breakfast from 9:00 am until noon.

Volunteers are always welcome so offer your help by dropping by or by calling Trudy Vangilst 403 938-3436.

Then you can stop by the DeWinton United Church's Garage Sale in the little white church from 9 a.m to 2 p.m. All donations will be accepted at the church by June 29th.

Betty Parr, Newsletter Co-ordinator



I began to realize how important it was to be an enthusiast in life. If you are interested in something, no matter what it is, go at it full speed ahead. Embrace it with both arms, hug it, love it and above all become passionate about it. Lukewarm is no good.

Roald Dahl

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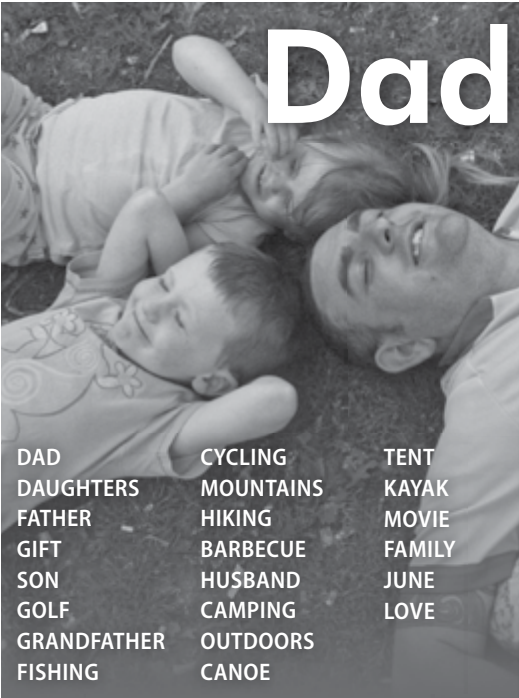


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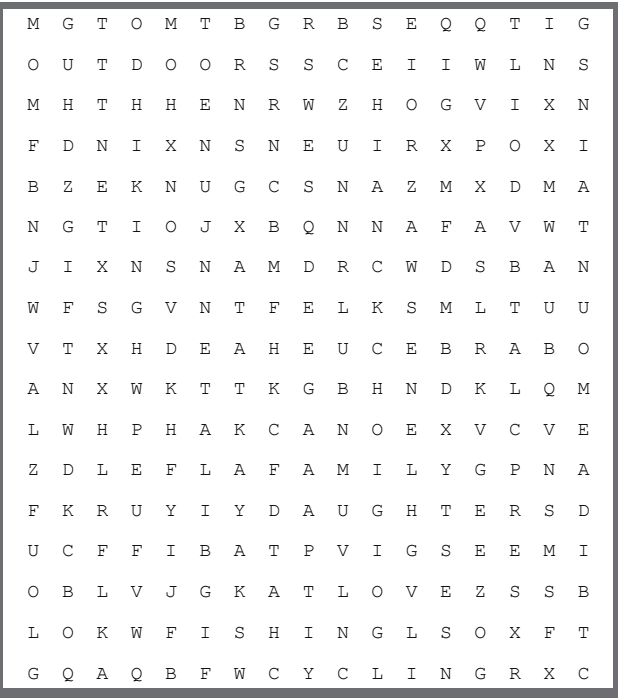


# Dad

DAD  
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GIFT  
SON  
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MOUNTAINS  
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## YUCA AL MOJO (PUERTO RICAN STYLE)

### Ingredients

- 1 lb of cassava (yuca) -- frozen or fresh root
- 3 garlic cloves, smashed
- 1 large onion, julienned
- 1 cup olive oil
- ¼ cup white vinegar
- 2 tbsp. oregano
- Salt and pepper to taste

To peel the yuca root, it is best to use a butter knife (to avoid cutting yourself), and make a vertical line cutting the skin from edge to edge. Then make horizontal cuts around the root, and slowly start separating the skin from the meat with the knife, in a pulling motion. After removing the skin, cut the yuca into quarters and place it in a pot to boil until a knife will go through it when inserted.

If using frozen yuca, place it in boiling water directly from the bag.

In a frying pan, heat the olive oil on medium heat, and sweat the onions. Then add the quartered yuca, and garlic. Let it simmer for a few minutes, stirring frequently. Add the vinegar and oregano, sprinkle with salt and pepper. Keep stirring until the yuca is covered with oil. Taste the dish to make sure it has a perfect balance of salt and vinegar and adjust seasonings as required.

Serve this side dish on a plate, topped with the oil and onions.

Enjoy!

*Gladys Serrano*, Le Cordon Bleu trained chef

# COMMUNITY READERS RECOMMEND...



### Fiction

- The Goldfinch – Donna Tartt
- Paris – Edward Rutherfurd
- The Storyteller – Jodi Picoult
- The Rosie Project – Graeme Simsion
- How the Light Gets In – Louise Penny
- The Good Lord Bird – James McBride

### Non-fiction

- Lean In – Sheryl Sandberg
- The Reason I Jump – Naoki Higashida
- Provence, 1970 – Luke Barr
- David & Goliath – Malcolm Gladwell
- A House in the Sky – Amanda Lindhout & Sara Corbett
- Overbooked: The Exploding Business of Travel and Tourism – Elizabeth Becker

### Children's

- The Day the Crayons Quit – Drew Daywalt
- Poems to Learn by Heart – Caroline Kennedy
- Where the Wild Things Are – Maurice Sendak

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<i>Thursday</i>	<i>7:00 am - 7:00 pm</i>
<i>Friday</i>	<i>7:00 am - 2:00 pm</i>
<i>Saturday</i>	<i>9:00 am - 4:00 pm</i>

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## Calling All PARENTS

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## YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

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### Canada Day! - July 1

- **Fort Calgary** Join the celebrations all day! Live stage entertainment plus many more on-site events and attractions. Free outdoor admission and 50% off admission to Interpretive Centre.
- **Centre Street Bridge Fireworks** At 10:45 pm, fireworks will light up the Calgary sky. The following road and pathway closures will be in effect 8 p.m. July 1 to July 2 to ensure the safe implementation of fireworks:
  - Pathways from Prince's Island Park to 4th St. SE and Sien Lok Park to 1st St. SE
  - Centre Street Bridge
  - Centre Street N from 3 Ave S to 7 Ave N
  - Samis Rd. NE
  - Memorial Drive south late from 3 St NW to 4 St NE

- **July 2-6 - The 'North American'** at Spruce Meadows hosts the best show jumping athletes and horses from throughout the world. Family entertainment and shopping Friday - Sunday. 403.974.4200 / [www.sprucemeadows.com](http://www.sprucemeadows.com)
- **July 18 - Sister Sparrow & The Dirty Birds** An eight-piece powerhouse that puts a modern spin on classic soul. 7:00 pm at Webber Academy Performing Arts Centre. [www.stampedecitysessions.com](http://www.stampedecitysessions.com)
- **July 18 - Calgary Stampeders vs Hamilton Tiger Cats** at 8:00 pm at McMahon Stadium. [www.stampeders.com/2014-schedule](http://www.stampeders.com/2014-schedule)
- **July 19 - Creekfest** is a one-day celebration of water, featuring musical acts, presenters and activities at Fish Creek Park. 403.238.3841 / [www.friendsoffishcreek.org/event/creekfest/](http://www.friendsoffishcreek.org/event/creekfest/)
- **July 19 - Harlequin & Lee Aaron** at the Deerfoot Inn & Casino. Wristband 6:30 pm / Show 9:00 pm. 403.236.7529 / [www.deerfootinn.com](http://www.deerfootinn.com)
- **July 24-27 - Calgary Folk Fest** is the best way to celebrate community and summer. 403.223.0904 / [www.calgaryfolkfest.com](http://www.calgaryfolkfest.com)
- **July 26 - Zombie Survivor 5K Fun Run** is filled with obstacles and zombies. Will you have what it takes to survive? 855.288.8687 / [www.zombiesurvivor.ca](http://www.zombiesurvivor.ca)
- **until August 9 - The Comedy of Errors** Shakespeare in the Park runs at Prince's Island Park. [www.theatrecalgary.com](http://www.theatrecalgary.com)

e.& o. e.

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**YARDBUSTERSLANDSCAPING.COM:** Weekly Lawn mowing \$38.50. Power-rake \$100. Aeration \$75. Some conditions. Landscape Construction: patio stone and pavers/flag stone/rock walls/raised beds/sod/landscape lighting/water features/decks and fences. Licensed. Insured. Seniors discount. Phone: 403-265-4769. Yardbusterslandscaping.com.

**ZANELLA AUTO REPAIR:** Dominic and sons Vincent and Charlie - 27 years in business. 258082 16 St. West DeWinton. Family owned and operated. Most makes/models worked on. MC, Visa, American Express, and Debit. Licensed Out of Province Inspection Facility. A member of AMVIC, BBB. Do business where you live. Call 403-938-7937 for an appointment. www.ZanellaAutoRepair.com.

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**FYI**  
The **Royal & Ancient Golf Club** at St. Andrews, Scotland was founded in 1754, and since that time, has been considered the ancestral home of the game.



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403.668.6402  
A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.



## The Silent Honor In A Father's Goodness

This world has seen many fathers  
Who have performed many great and noble things.

Strengthened a nation,  
Silenced fears,  
Relieved suffering  
And changed the course of history.

Yet the most great and noble father I have known  
Lives within the walls of my own home.  
He performs no extraordinary tasks,  
No miraculous feats;  
He just does what is right because  
It is right.

He needs no adulation,  
No praise or glory of men.  
He just goes about doing good because  
That is how it makes him feel.

But there are those that see his goodness.  
They are his children.  
Indeed, they may not always see  
But they know  
That this silent honor is what they will pass on  
To their children.

They know that true greatness needs no praise  
It is found in the day-to-day living of unwearied  
goodness  
They have seen their father give.  
Such goodness is truly a remarkable thing,  
Far greater than any glory found in the annals of  
history.  
For one day the child will say:  
'He is my father'  
And know it is an honor.

*Joseph D. Jensen*



### DEWINTON COMMUNITY ASSOCIATION

**The De Winton Community Association would like to offer all new residents of the De Winton area a FREE MEMBERSHIP for their first year in our Association.**

**Please see our website, at [dewintonca.com](http://dewintonca.com) for all of the benefits of Membership, or call the De Winton Hall at 403-938-2525.**

## MEMBERSHIP FORM

**Yearly Membership Fee: \$21.00**

Please attach a cheque to this membership form and drop it down at the DeWinton Hall (business hours are 9-1 Mon-Fri) or mail to:

Box 111  
De Winton AB, TOL OXO

Family Name: \_\_\_\_\_

Adults - First Names: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

To help us plan community events/programs please check off which Community Programs if any, you and your families are, or would be, involved in:

Bridge \_\_\_\_\_

Preschool \_\_\_\_\_

Quilting \_\_\_\_\_

Yoga \_\_\_\_\_

Zumba \_\_\_\_\_

Other: \_\_\_\_\_



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**Invisible Braces**

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## **Sundance**

(behind Centennial High School)

47 Sunpark Dr SE

403-256-6666

[sunpark@pppd.ca](mailto:sunpark@pppd.ca)

## **Mckenzie Towne**

(in front of the Keg)

618 4600 130<sup>th</sup> Ave SE

403-264-6909

[southtrail@pppd.ca](mailto:southtrail@pppd.ca)

[www.pppd.ca](http://www.pppd.ca)

# COMMUNITY ANNOUNCEMENTS

**Deadline – 1<sup>st</sup> of each month for the next month's publication**

**Contact [news@great-news.ca](mailto:news@great-news.ca)**

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

## MD Foothills No. 31

The Municipal District's administration office is located at:  
309 Macleod Trail, Box 5605,  
High River AB T1V 1M7

Division 6 Councillor, Larry Spilak  
Tel: 403-233-8577  
E-mail [lspilak@telus.net](mailto:lspilak@telus.net)  
Municipal Manager, Harry Riva Cambrin  
Tel: 403-652-2341



### JUNE MOON CALENDAR

	First Quarter June 5		Full Moon June 12		Last Quarter June 19		New Moon June 27
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Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	403.943.5465
Child Abuse Hotline	1.800.387.5437
Child Find – Alberta	403.270.3463
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403.514.6100
Poison Centre – Alberta	1.800.332.1414
Suicide Crisis Line	1.800.784.2433

### HOSPITALS/URGENT CARE

Alberta Children's Hospital	403.955.7211
Black Diamond Oilfields Hospital	403.933.2222
High River General Hospital	403.652.2200
Rockyview General Hospital	403.943.3000
Okotoks Health & Wellness Centre	403.995.2600
South Calgary Urgent Care	403.943.9300
South Health Campus	403.956.1111

### OTHER

Alberta Fish & Wildlife	1.877.944.0313
Highway Information	1.888.877.6237
RCMP Non-emergency	403.995.6400
Road Conditions–Southern AB (press 2)	1.877.262.4997
Weather Information	403.299.7878

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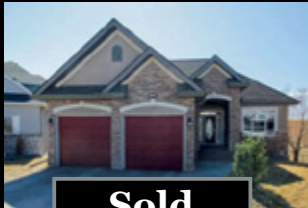


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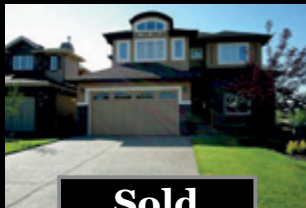
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