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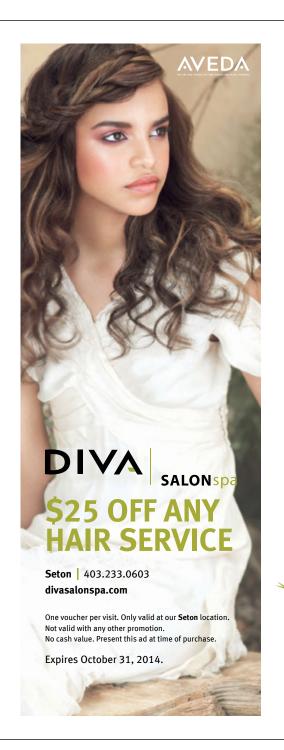
BRINGING DEWINTON RESIDENTS TOGETHER

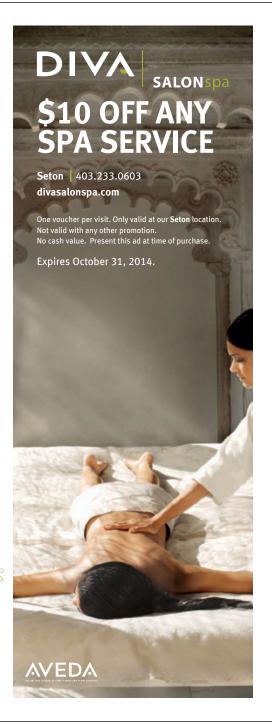
BABYSITTER LIST INSIDE

CHRISTMAS CRAFT FAIR

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DeWinton Community Association Box 111

Dewinton, AB TOL 0X0 Phone: (403) 938-2525 dwca@platinum.ca www.dewintonca.com

Flected Officials



MLA Smith MLA Highwood Unit 5, 49 Elizabeth Street Okotoks, AB - Canada T1S 2C1 Phone: (403) 995-5488 Fax: (403) 995-5490

Email: highwood@assembly.ab.ca

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GREAT NEWS PUBLISHING HAS BEEN PROUDLY SERVING DEWINTON FOR 9 YEARS!

YOUR COMMUNITY CONNECTIONS

SCHOOLS (

(S) denotes Separate (FR) denotes French Immersion

Heritage Heights School K9		403-938-1400	St. Paul's Academy Virtual School	1-12	403-938-4119	
	Big Rock Elementary	K6	403-938-6666	& Okotoks Homeschooling Service	es	403-938-8046
	Dr. Morris Gibson School	K6	403-938-6221	De Winton Play Group	PS	403-938-2525
	Ecole Percy Pegler (FR)	K6	403-938-4449	& Play School		
	Ecole Okotoks Junior High (FR)	7-9	403-938-4426	Open Arms Catholic Preschool	PS-Jr.K	403-852-8273
	Foothills Composite High School	(FR)		Learning Experience	PS-K	403-256-1417
	Alberta High School of Fine Arts	10-12	403-938-6116	Calgary French	PS-9	403-240-1500
Foothills School Preschool Program		m		& International School (FR)		
	Big Rock Elementary School	K	403-938-6666	Glenmore Christian Academy	ECS-9	403-254-9050
	Holy Trinity Academy (FR) (S)	9-12	403-938-2477	Edison School	PK-12	403-938-7670
	Good Shepherd School (S)	ECS-6	403-938-4318	Strathcona-Tweedsmuir School	1-12	403-938-4431
	John Paul II Collegiate (FR) (S)	7-9	403-938-4600	Green Learning Academy	PS-9	403-873-1966
	École Beausoleil (French)	K-9	403-995-1160	Trinity Christian School	K-9	403-254-6682

SCHOOL BUS INFORMATION

Foothills School Division		Christ the Redeemer Catholic School Board	
Transportation Department	403-652-6547	Transportation Department	403-938-2659
Transportation Officer, Virginia MacLeod		Transportation Officer, Bonnie Smith	

WORSHIP

DeWinton United Church	403-938-4357	Millarville Community Church	403-931-1618
Trinity Mennonite Church DeWinton	403-256-7157	Red Deer Lake United Church	403-256-3181
Christ Church Anglican Church		Canyon Creek Christian Fellowship	403-256-3167
Millarville	403-933-3620	Connexion Christian Fellowship	403-201-0404
		Campbell-Stone United Church	403-708-7729

COMMUNITY

DeWinton Community Hall www.dewintonca.com 403-938-2525

Dunbow Recreation Board

www.dunbowrecreation.org

Newsletter Co-ordinator Shawnessy Library calbetparr5@hotmail.com 333 Shawville Blvd. SE

403-221-2072

The Lake at Heritage Pointe Owner's Association www. thelake@heritagepointe.ca

DeWinton Community Association

Board of Directors 2013-2014

President	Kris Fewster		
	dwca@platinum.ca		
Vice President	Dusty Dancer		
Secretary	John Thorpe		
Treasurer	Norman Beswick		
Director	Ann Beswick		
Director	Krystyna Dziminski		
Director	Yvonne Graf		
Director	Sue Lake		
Director	Corrie Loomes		
Director	Sherry Shoults		
Director	Trudy Vangilst		

Representatives (non-voting)					
Facility Manager	Greg Davenport				
	938-6877804-0385				
	dwca@platinum.ca				
De Winton Community	Shauna Shank				
Preschool	DewintonCommunity				
	Preschool@gmail.com				
	Christy El Hage				







Botanical Name: Hoya carnosa

Wax plant, shooting star. Belongs to the family Asclepiadaceae - the milkweed family.

Like most people I acquired my Hoya from a friend. This long lived plant is often handed down like a family heirloom, and most people relate the story of an aunt or grandmother bestowing a cutting to them. These marvellous plants can live 40 years or longer, and I have had mine now a mere ten or so; my daughter having the main plant and I a cutting.

By themselves the thick elongated leaves are rather insignificant. The vines are perfectly suited to a trellis or hanging basket. Don't expect your Hoya to flower until it is about four years old -the older the plant the more magnificent the blooms!

It is the waxy, porcelain-like flowers that give Hoya its other names like 'wax plant' and 'shooting star'. These clusters of flowers capture your senses with their almost unreal appearance and intense scent that one person described as almost 'chocolaty'.

In warmer countries the plant is often moved outdoors at night when the flowers release their intoxicating perfume.

It is important to know that when pruning your plant do not cut off the stems that produced flowers, because they will re-flower on the same stem!

Bright indirect sunlight is preferable, and it likes a light fertilizing once a month. A slightly acidic peat based soil is ideal, and good drainage is important. I have often forgotten about my Hoya and allowed it to dry out completely with no harm done.

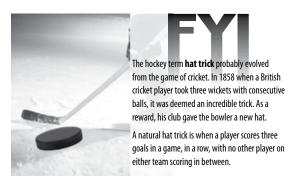
The low maintenance Hoya has certainly been one of my favourite houseplants, and it will remain an heirloom in my family.



The history of **Thanksgiving in Canada** can be traced back to 1578, when navigator Martin Frobisher set out from England in search of a route to the Orient by sailing north. Although he never found the passage, he did establish what later became Newfoundland and Labrador. His formal celebration giving thanks for safe passage is considered the first Canadian Thanksgiving.

Thanksgiving is the time of year when families customarily gather together in their homes to enjoy the harvest. A common image is a cornucopia filled with seasonal vegetables, representing the "Horn of Plenty", a symbol of bounty in ancient Greece. Turkeys, pumpkins, ears of corn and large displays of food are also used to symbolize Thanksgiving Day.

On January 31, 1957, parliament officially announced Thanksgiving Day as the second Monday in October. It was declared "a day of general Thanksgiving to Almighty God for the bountiful harvest with which Canada has been blessed".





DEWINTON COMMUNITY ASSOCIATION

The De Winton Community Association would like to offer all new residents of the De Winton area a FREE MEMBERSHIP for their first year in our Association.

Please see our website, at dewintonca.com for all of the benefits of Membership, or call the De Winton Hall at 403-938-2525.

MEMBERSHIP FORM

Yearly Membership Fee: \$21.00

Please attach a cheque to this membership form and drop it down at the DeWinton Hall (business hours are 9-1 Mon-Fri) or mail to:

Box 111 De Winton AB, TOL OXO

Family Name:	
Adults - First Names:	
E-Mail Address:	
Telephone Number:	
Address:	
Postal Code:	
To help us plan community events check off which Community Programd your families are, or would be,	grams if any, you
Bridge	
Preschool	
Quilting	
Yoga	
Zumba	
Other:	











NEWS & NOTES FROM THE DCA

Yoga

Mondays 7:30 to 9 pm and Thursdays: 9:15am to 11:00 am Instructor: Krystyna Dziminska krystynadziminska@hotmail.com Cost: DCA members: \$80 for 10 sessions

Bridge

Tuesday evenings at 7:30p.m. They always welcome new members of all levels of bridge playing ability. I believe you will enjoy the company and laughter that goes with it. Contact Trudy Vangilst at 403-938-3436.

Zumba Fitness

Selected Wednesday and Thursday evenings at 7:00 pm

Instructor: Maya Cerrutti maya.cerutti@gmail.com

De Winton Pre School

Registrations are currently being taken for the 2014 /2015 school year. The school's philosophy is for our children to learn through play and socialization. The three year old program will be held every Monday

and Wednesday with one class in the morning and one class in the afternoon. The four year old program will be held every Tuesday and Thursday also with one class in the morning and another class in the afternoon. A few spots are still available in each of the four classes. To register or if you have any questions, please contact the preschool by phone at 403-852-5990 or by email at: dewintoncommunitypreschool @gmail.com.

Quilting

Our dedicated Q Bee Quilting group is a wonderful group of ladies who welcome anyone joining them with whatever project you have on hand; valuable suggestions and help also available. They assemble every Wednesday at 9:30 am. Contact Ruth Olson at 403-938-2241

DCA Member Benefits

Members of the De Winton Community Association are eligible for special discounts of 20% off on Hall Rentals. If you or your company would like to host a party at the De Winton Community Hall please contact Facility Manager Greg Davenport at 403-938-2525.





A New Home for Our Aging Parents

Corry-Ann Neilands

As we age, most of us think about the beauty of retirement and what we will do with all the spare time we will have when it arrives. We plan financially in hopes of traveling to destinations in faraway places that we can't get to now, due to our work and family responsibilities. We look forward to taking up new hobbies that have always peaked our interest but never took the time to develop and we solidify our retirement plan with selling the house, downsizing into a condo to accommodate our new found freedom or we determine to take the plunge and build that dream home we always envisioned.

Yes, this is where our thoughts go but one thing we generally never seriously consider, is the difficult and emotional decision of how to meet the needs of our elderly parents, whom have long since passed that "recreational" retirement lifestyle. It quickly becomes an emotional mix of concern, fear and sadness that the very people who took care of us at our most vulnerable times, are now becoming reliable on others with daily tasks they so easily did before. Their increasing health concerns and safety flood our minds with questions as we enter into the unknown world of medical terminology and medications we frantically "Google" to understand, all

the while, trying to convince ourselves that Mom or Dad is "doing fine"..."they are managing".

More and more people are faced with the decision of moving their parents out of their homes and many are choosing senior living residences for all of the services they provide. For instance, their loved one(s) are ensured the level of care they require along with meal options they don't have to cook, opportunities for socializing and reduced household chores, while living in a safe environment. With this attractive option for our parent(s) and so many locations to select from, thus begins the educational process of finding the right location with the correct level of services. Where does one even begin or know what to ask? Here are a few things to keep in mind:

- Be honest with yourself on the care your parent now needs assistance with. Pay attention and makes notes on the changes you have seen along with dates of any deterioration. If you don't live in the same area, then have a trusted family friend visit frequently.
- Keep communication flowing with any doctors or pharmacists and other healthcare specialists, to stay on top of things and keep everyone abreast of your parents' condition. It is imperative to ask questions. Having some sense of control over the care of your parent(s) is key and there may be times when you have to be assertive and request meetings to ensure the level of care required.
- Further to that, try your best to put any sibling rivalries on hold when discussing your parents' care. It is in the best interests of your parent(s) that his or her health and well-being is the most important aspect.
- When sourcing senior living locations, make sure you understand the level of care your parent needs before calling around. Alberta Health Services provides clear descriptions on the various levels of supportive living (albertahealthservices.ca) and the *Housing Directory for Seniors*, published by the Kerby Centre, is a great source that lists the private and government subsidized locations.

Having peace of mind that your parent(s) is cared for by compassionate professionals, that they live in a safe and comfortable environment while eating healthy, engaging with others and that they are living with dignity and respect, is the goal. The process to finding the right location and moving your parent(s) in, will be a stressful one that can feel overwhelming. Rest assured, moving your parent(s) into a senior living location that you feel confident in, is a decision that will benefit not only your loved one's health and overall well-being but also your own.

around community

Halloween Safety

Alberta Health Services EMS would like to remind parents and trick-or-treaters of some basic Halloween safety tips, as October 31st approaches. Halloween can be an exciting time for children, but with the distraction of treats and costumes, safety rules can easily be forgotten. Take some time to review these simple tips and reminders to help ensure Halloween is a safe night for all.

Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure to cross the road at marked cross walks, or well lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Stay away from houses that are not well lit. Do not accept rides from strangers, or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times and advise them if you will be late returning.

Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.
- Pre-determine boundaries to trick-or-treat within, and establish a firm time to return home.

Costumes

- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing, or making costumes, look for materials and accessories that are labeled flame-resistant.
- Ensure your child is wearing adequate foot wear that takes into consideration weather conditions and walking
- Choose bright colored costumes that are highly visible. Adding reflective tape to costumes further increases visibility.





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We offer restaurant service or take-out (Okotoks also has an outdoor patio). Please phone ahead for Take Out

Lunch Discounts

Wed & Thur - Seniors 10% Fri 10% - Fire, Police, Nurses, EMS, Teachers

TWO LOCATIONS

- · Bridlewood 2335, 162 Ave SW, Calgary
- . Okotoks 94 Elizabeth Street Okotoks

403.256.1156

587.757.9995

BRAIN SUDOKU

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FIND SOLUTION ON PAGE 19

Okotoks Decorating More Than Just Paint

Benjamin Moore





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Chocolate and peanut butter lovers – these cookies are for you!

CHOCOLATE CRINKLES

- 1 3/4 cup cups granulated sugar
- 1 cup unsweetened cocoa powder
- 1 cup unsweetened applesauce
- ½ cup canola oil
- 2 teaspoons vanilla
- 2 1/4 cups flour
- 2 teaspoons baking powder
- ¼ teaspoon salt
- 1 cup icing sugar

Using an electric mixer, combine sugar, cocoa powder, applesauce, oil and vanilla until well blended. In a separate bowl, whisk together the flour, baking powder and salt.

Add flour mixture to the cocoa mixture in three parts, beating well after each addition until a soft, moist batter is achieved.

Cover the bowl with plastic wrap and refrigerate for at least 2 hours or overnight.

Preheat oven to 350 degrees F and line 2 baking sheets with parchment paper.

Sift icing sugar into a shallow bowl. Scoop spoonfuls of dough and roll between your hands to form 1 ½ inch balls. Roll in icing sugar until well coated and place on baking sheets approximately two inches apart.

Bake for 10 minutes, but double check in 8. They should be puffed up and just set so they'll have a soft, brownie-like texture.

Cool on a rack and store in an airtight container for up to two days.

PEANUT BUTTER CUP COOKIES

½ cup margarine or butter

½ cup granulated sugar

½ cup packed light brown sugar

½ cup creamy peanut butter

1 large egg

½ teaspoon vanilla

1 1/4 cups all purpose flour

¾ teaspoon baking soda

1/4 teaspoon salt

24 miniature peanut butter cups

Beat butter, sugars and peanut butter together until smooth and creamy. Mix in the egg and vanilla, and then add the flour, soda, and salt.

Spoon 1-inch mounds into mini muffin tins, and bake for 8-10 minutes at 350 degrees F.

While the cookie mixture is baking, remove the wrappers from 24 mini peanut butter cups.

Remove muffin tins from oven and immediately press a peanut butter cup into the centre of the dough until only the top shows.

Cool on a wire rack until easy to handle, and carefully remove from the muffin tins. Enjoy!

BG Rose

COMMUNITY RECOMMEND...

Fiction

- Bittersweet Colleen McCullough
- The Hundred-Foot Journey Richard C. Morais
- The Long Way Home Louise Penny
- All the Light We Cannot See Anthony Doerr
- Identical Scott Turow
- Top Secret W.E.B. Griffin

Non-fiction

- Olivier Philip Ziegler
- Flash Boys Michael Lewis
- Jane Austen's England Roy & Lesley Adkins
- Mona Lisa: A Life Discovered Dianne Hales
- The Zhivago Affair Peter Finn, Petra Couvee
- The Third Plate Dan Barber

Children's

- Where Is the Green Sheep? Mem Fox
- Animalia Graeme Base
- Bridge to Terabithia Katherine Paterson

DEWINTON COMMUNITY ASSOCIATION: WHAT'S COMING UP?

2014-15 De Winton Community Association Membership Renewal

Our Membership year is October 1 to September 30, so we encourage all current members to renew as soon as possible, and please let your friends know. We are excited to keep growing the Membership.

And remember, as members of the De Winton Community Association you are eligible for special discounts of 20% off on Hall Rentals. We are now booking the November and December time period for seasonal parties, so if you or your company would like to host a party at the De Winton Community Hall please contact Facility Manager Greg Davenport at 403-938-2525.



2014 DCA Annual General Meeting

October 29

The Annual General Meeting will be held on Wednesday, October 29th. It is very important that more members come out to support our hard working board members and also offer to work on the board if you can spare some time. Our present board continues to make sure that we have a few special events going on and work toward that happening.

Members in good standing of the DeWinton Community

Association will be asked to approve the Annual Financial Statement, as well as vote on the nomination of new Directors for the Board.

We are excited about some new projects in the planning stages for the Hall, and would welcome your input. And as always, we are looking for interested Members to join our current Board of Directors.

Village Fest Celebration

November 8



Coming back for the second year by popular demand, DCA is excited to once again bring you the Village Fest Celebration.

Doors open at 6:30 pm, dinner will be served at 7:30 pm. Live music will keep the night hopping.

We are going to be serving authentic bratwurst, along with delicious sauerkraut, potato salad, and all the fixings.

There will be 3 types of beer from Village Brewery, a local brew house.

~continued on page 15~



NOVEMBER 8 - DREAMS:

Ultimate Tribute to Fleetwood Mac at Deerfoot Inn & Casino – wristband 6:30 / show 9:00 pm. 403.236.7529 / www. deerfootinn.com



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NOVEMBER 8 – DECEMBER 7 THE GAME'S AFOOT

performed at Vertigo Theatre as part of the BD&P Mystery Theatre Series. Evening performances 7:30 pm — matinees 2:00 pm. 403.221.3708 / www.vertigotheatre.com



NOVEMBER 8, 12 & 14 SILENT NIGHT

Canadian premiere of this Pulitzer Prize winning opera is performed by Calgary Opera, and tells the First World War story of a truce on Christmas Eve 1914. 403.262.7286 / www.calgaryopera.com



AT A GLANCE...

- November 1 23 Beauty and the Beast performed by Loose Moose Theatre for Kids. For detailed information 403.265.5682 / www.loosemoose.com
- November 3 Gordon Lightfoot performs at Jack Singer Concert Hall, Epcor Centre at 8:00 pm. 403.294.9494 / www.epcorcentre.org
- November 7 The Bills play their acoustic roots music at Southwood United Church as part of Fish Creek Concerts season, www.fishcreekconcerts.com
- November 12 & 15 From Broadway With Love performed by the Calgary Philharmonic Orchestra at 8:00 pm each evening – Jack Singer Concert Hall. 403.571.0849 / cpo-live.com
- November 13 Calgary Flames vs Arizona Coyotes at the Saddledome 7:00 pm. www.calgaryflames.com
- November 14 February 15 Pirates of the North Saskatchewan at Jubilations Dinner Theatre.
 403.249.7799 / www.jubilations.ca
- November 20 Calgary Flames & Chicago Blackhawks face off at 7:00 pm at the Saddledome. www.calgaryflames.com
- November 21 30 Where the Wild Things Are is one of five Canadian productions for young audiences from Y Stage Theatre Series 2014/2015 season at Vertigo Theatre. Evening performances 7:00 pm, matinees 12:30 and 3:00 pm. 403.221.3708 / www. vertigotheatre.com
- November 21 December 4 J'Aime Paris Festival
 A tribute to Parisian music performed by Calgary
 Philharmonic Orchestra at Jack Singer Concert Hall. For detailed information, 403.571.0849 / cpo-live.com
- November 23 Calgary Hitmen vs Red Deer Rebels at 4:00 pm at the Saddledome. www.hitmenhockey. com
- November 27 30 GIRAF is an animation festival featuring interactive workshops, artist talks, and activities for the whole family. Globe Cinema and Quickdraw Animation Society. 403.261.5767 / www. giraffest.ca
- November 28 December 22 Peter Pan the Musical High-flying fun for the whole family performed by Storybook Theatre. More details 302.216.0808 / www.storybooktheatre.org
- **November 30 102nd Grey Cup** in Vancouver at 4:00 pm Mountain time.

e. & o. e.

DEWINTON COMMUNITY ASSOCIATION:

WHAT'S COMING UP?

Brats, beer, band and good company - all for just \$17/person! Tickets can be pre-purchased by calling the DeWinton Hall office and speaking with Greg Davenport (403-938-2525).

DCA Memberships can be renewed that evening as well. Why not invite a neighbour or friend to come as well!

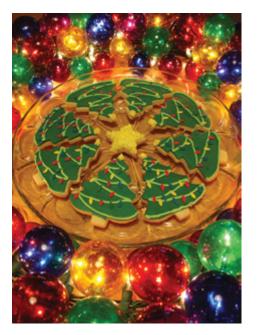






Saturday November 15 10 am to 4 pm

Each season the DeWinton Hall is transformed into a holiday wonderland. To provide local crafters and vendors in the community and trade area an opportunity to display their wares, the Christmas Craft Fair is a great opportunity to see community members, do some Christmas shopping, and enjoy some outstanding entertainment with live performances by the Bow Valley Fiddlers. There will be a wide range of gifts, crafts and goodies on sale, so bring some Christmas cash, and join us for this festive event.





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Calgary, AB T2Y 1W1

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All Dogs should go to **School!**

by Jennifer L. Scott, D.V.M.

Veterinarians often advise clients about behavioral issues with their pets. Statistically, behavior problems are the number one reason dogs are given up in the first year of their life. Hopefully your pet will be with you for many years, so an obedience class or two is a small investment towards a great partnership.

I am a veterinarian with a strong interest in behavior; I have taught hundreds of dogs in group and private obedience classes. I still attend obedience classes with every new dog I acquire. I do not want a dog that obeys in my backyard, when I am alone, or with family. A well-trained pet should obey when the doorbell rings, when the front door is open, and when walking down the street. In other words, you want a pet trained for normal life. For this you need to go to a strange environment with lots of other young hell hounds and say do this!

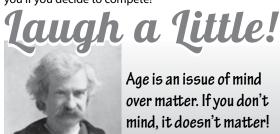
Calgary is loaded with great dog trainers in all quadrants but unfortunately anyone can market themselves as a dog trainer with no licensing. The Calgary Humane Society has a great series of classes with great trainers. Different breeds do need different approaches to teaching. Sporting breeds, like retrievers, and working breeds, like Border Collies, learn very differently from terriers and hounds. Toy dogs want to rule the world. Does the trainer understand your breed? Ask for references. What are the trainer's credentials? Have they competed in obedience trials? What is the focus of the class? Some trainers teach general obedience, others concentrate

on competitive obedience, and a few trainers in the city are able to help owners with dogs with specific problems such as aggression. Private classes are occasionally warranted. Don't be afraid to walk away from a trainer if your instincts say you will not be able to work together, the best training experiences are FUN!

The younger a puppy is started in obedience the more long-term effects it will have. If all puppies in a class are vaccinated, the risk of disease is outweighed by the benefits of early training. Make sure the trainer checks all puppies' vaccination records, no exceptions. Puppy classes are a foundation for learning with commands introduced as fun play as your puppy is socializing with other dogs in strange different environments.

Novice obedience classes start at six months of age. Obedience classes can lead to tracking, fly ball, and even dance classes. Learning is limited by your imagination. There are many ways trainers lead you through these stages and many tools that can be used. Good trainers use all of the tools as required by pet and owner. Various collars, halters, and harnesses are available and motivators range from liver, to a thrown ball, to a click associated with a treat, to a simple vocal "good dog". Trainers teach owners the timing that is critical and how to use their tools. Actually trainers train the owners, who then train the dogs.

Owners come to me with problems ranging from separation anxiety, general destructiveness, barking at the front door, dominance issues, housetraining problems, and aggression. In all cases, I will recommend obedience classes as part of the solution. Even fearful behaviors such as thunder phobias benefit from confidence built in obedience classes. A confident and well-adjusted dog is a partner you will enjoy and want with you in all your daily activities. Good judges and high scores to you if you decide to compete!



~Mark Twain

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www.pppd.ca

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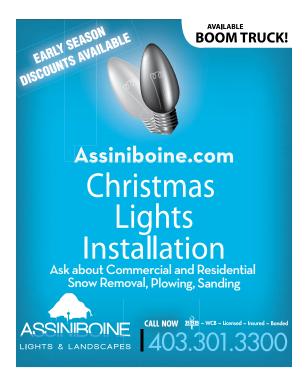
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Christoph	23	587-998-6172	Yes
Nathalie	20	403-909-0933	Yes
Nia	15	403-991-8045	Yes
Sarah	21	587-225-2160	No
Taylor	20	587-580-5665	Yes

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4	5	3	6	1	7	2	8	9
2	1	6	3	8	9	7	4	5
9	7	8	5	2	4	1	3	6
6	8	7	9	4	1	5	2	3
1	4	5	7	3	2	6	9	8
3	2	9	8	5	6	4	1	7
8	3	4	2	6	5	9	7	1
5	9	1	4	7	3	8	6	2
7	6	2	1	9	8	3	5	4





When a person is upset, why do we say someone's "got his goat"?

When someone "gets your goat", it usually means you've lost your temper or have become upset enough to be distracted. It's a term that came from a horse trainer's practice of putting a goat in a stall with a skittish racehorse to keep him calm before a big race. An opponent or gambler might arrange for the goat to be removed by a stable hand, which would upset the horse and its owner, and thus reduce their chances of winning.





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Daylight Saving Time

ends Sunday, November 2nd at 2:00 a.m.

When changing the time on your clocks, copiers, recording equipment, etc., change the batteries in your smoke detectors at the same time to keep your family safe.

COMMUNITY ANNOUNGEMENTS

Deadline – 1st of each month for the next month's publication Contact news@great-news.ca

- Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

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MD FOOTHILLS NO. 31

The Municipal District's administration office is located at: 309 Macleod Trail, Box 5605, High River AB T1V 1M7

Division 6 Councillor, Larry Spilak

Tel: 403-233-8577 E-mail Ispilak@telus.net Municipal Manager, Harry Riva Cambrin Tel: 403-652-2341

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ALL EMERGENCY CALLS	911
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Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	403.943.5465
Child Abuse Hotline	1.800.387.5437
Child Find – Alberta	403.270.3463
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403.514.6100
Poison Centre – Alberta	1.800.332.1414
Suicide Crisis Line	1.800.784.2433
HOSPITALS/URGENT CARE	
Alberta Children's Hospital	403.955.7211
Black Diamond Oilfields Hospital	403.933.2222
High River General Hospital	403.652.2200
Rockyview General Hospital	403.943.3000
Okotoks Health & Wellness Centre	403.995.2600
South Calgary Urgent Care	403.943.9300
South Health Campus	403.956.1111
OTHER	
Alberta Fish & Wildlife	1.877.944.0313
Highway Information	1.888.877.6237
RCMP Non-emergency	403.995.6400
Road Conditions-Southern AB (press 2)	1.877.262.4997
Weather Information	403.299.7878

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