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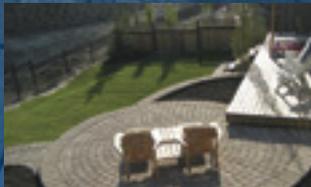
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# Elbow Valley is minutes away from:

- Strathcona Shopping Centre
- West Hills/Signal Hill

- Chinook Centre
- Downtown core

## SCHOOLS

*(S) denotes Separate (FR) denotes French Immersion*

<b>School</b>	<b>Grade</b>	
Bow Valley High School	9-12	<a href="http://www.rockyview.ab.ca/schools/bowvalley">www.rockyview.ab.ca/schools/bowvalley</a>
Cochrane High School	9-12	<a href="http://www.rockyview.ab.ca/cochrane">www.rockyview.ab.ca/cochrane</a>
Elizabeth Barrett Elementary (FR)	K-4	<a href="http://www.rockyview.ab.ca/barrett">www.rockyview.ab.ca/barrett</a>
Manachaban Middle School (FR)	5-8	<a href="http://www.rockyview.ab.ca/manachaban">www.rockyview.ab.ca/manachaban</a>
Holy Spirit Catholic School (S)	K-9	<a href="http://www.cssd.ab.ca/schools/holyspirit/">www.cssd.ab.ca/schools/holyspirit/</a>
St. Francis High School (S)	10-12	<a href="http://www.cssd.ab.ca">www.cssd.ab.ca</a>
Rocky View Virtual School	9-12	<a href="http://www.rvvs.com">www.rvvs.com</a>
Elbow Valley Elementary (FR)	K-4	<a href="http://www.rockyview.ab.ca">www.rockyview.ab.ca</a>
Springbank Middle School (FR)	5-8	<a href="http://springbank.rockyview.ab.ca">http://springbank.rockyview.ab.ca</a>
Springbank Community High (FR)	9-12	<a href="http://www.rockyview.ab.ca">www.rockyview.ab.ca</a>

## CHURCHES

**Springbank United**  
403-288-9086

**Springbank Community Church**  
403.242.3431

**Mountainview Lutheran**  
[www.mountviewchurch.org](http://www.mountviewchurch.org)

**Valley View Presbyterian**  
403-249-6006

**First Lutheran**  
403-242-4544

## COMMUNITY

Elbow Valley Visitor Information 403.949.4261  
Springbank Park Recreation Centre 403.242.2223

Signal Hill Library 403.260.2600  
Newsletter Advertising Sales 403.263.3044



## Rocky View County recognized as top place to do business

**Rocky View County, Alberta** – In the June 2012 issue of *Alberta Venture* magazine, Rocky View County was named as one of the 25 best communities for business in Western Canada, and the primary location for manufacturing and logistics, placing the County on the map for excellence in attracting top rate businesses.

“It is very gratifying to see our achievements recognized for Western Canada,” says Reeve Rolly Ashdown. “We are experiencing tremendous growth thanks to a solid reputation as an ideal place for businesses to locate and invest.”

Rocky View County was recognized by *Alberta Venture* magazine as a leader in warehousing, manufacturing and logistics for the massive growth in commercial and industrial construction, with projects totalling \$122 million in value, including the 1.3 million square foot distribution centre for Target. In 2011, the County took home a second consecutive Alex Metcalfe Award, the Economic Developers of Alberta award for excellence in economic development, for the Walmart Food Distribution Centre. More recently, CN Rail announced the approval of the \$200 million CN Calgary Logistics Park, expected to attract \$1 billion in investment.

The County has numerous advantages for those in the business sector, such as industrial areas only minutes from an international airport, access to major transportation routes, the absence of business tax and license fees,

and a comprehensive corporate strategy to encourage business growth in the County.

“As the magazine has articulated, the current and future economic prosperity for the County is based in Western Canada,” says David Kalinchuk, Economic Development Manager for Rocky View. “It is very nice to be recognized as one of the municipalities driving this prosperity.”

*Alberta Venture* magazine expanded the list of Best Communities for Business from 10 to 25 last year in recognition of the New West Partnership Trade Agreement. The agreement creates a unified trade zone, and barrier-free opportunity for businesses to access markets in B.C., Saskatchewan and Alberta.

## Rocky View County supports recreation upgrades for Bragg Creek

**Rocky View County, Alberta** – At their regular meeting on May 29, 2012, Rocky View County Council approved recreation funding of \$7,097 for playground equipment at Banded Peak School in Bragg Creek; \$12,650 to the Bragg Creek Snowbirds for facility upgrades; and \$29,883 for facility repairs at Bragg Creek Centre.

“We are pleased to provide the funding to enhance the recreation amenities for our Bragg Creek and area residents,” says Rocky View County Reeve Rolly Ashdown. “The students at Banded Peak School will have new swings to enjoy, and the Bragg Creek Community Association and the Bragg Creek Snowbird’s will be able to complete much needed improvements for safe and comfortable gathering areas.”

County Council accepted the recommendation by the Rocky View West Recreation Board to assist the Banded Peak School Council in replacing swings to compliment

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# Editorial Content Deadline

news@great-news.ca



# 1<sup>st</sup>

of each month  
for the next  
month's issue



## ROCKY VIEW COUNTY Cultivating Communities

their playground equipment at the school. The Banded Peak School Parent Council will contribute \$900 toward the project while the Recreation Board and Rocky View Schools both committed \$7,097 for the total project cost of \$15,097. Last year the swings were removed, as they did not meet approved safety standards, and the Parent Council approached Rocky View Schools and the Recreation Board to replace the swings.

The Rocky View West Recreation Board recommended funding 50 per cent of the cost to assist the Bragg Creek Snowbirds with replacing kitchen counters and installing a stair lift to enable those with limited mobility to access the second floor library, offices and games room. The Snowbirds Chalet has theatre-style seating for up to 100 people and is owned by the Bragg Creek Snowbirds Seniors Fellowship.

Council approved the funds to repair roof leakage at the Bragg Creek Centre and to fix the long beam columns supporting the structure of the main foyer. The Rocky View West Recreation Board requested funding for the Bragg Creek Community Association to complete these key repairs as identified in the recently completed 25 year life cycle plan, which outlines projected improvement and replacement costs for the facility.

The Bragg Creek Community Association, a not-for-profit society, has supported several amenities on their site, including a community centre, outdoor hockey arena, play area, old school house, cenotaph, outdoor stage and parking lots. The association also supports the two outdoor tennis courts and a small club house adjacent to their community centre.

## County Funds Rocky View Schools Site Improvements

**Rocky View County, Alberta** – At their regular meeting on May 29, 2012, Rocky View County Council approved \$867,125 in community recreation funding to make site improvements to Elbow Valley School in Springbank and Chestermere High School in Chestermere.

“Collaborative projects with one of our major partners, Rocky View Schools, is a win-win for the County, schools and the community,” says Reeve Rolly Ashdown. “We are

pleased to partner and move forward on supporting these important amenities for students and residents.”

A site and safety review of the two schools in 2007 revealed some safety and parking concerns. Since this assessment, Elbow Valley School has had a vehicle usage increase of 50 per cent. Site improvements will include 48 new stalls at a cost of \$643,050 as well as additional lighting and lagoon reclamation.

Chestermere High School has also seen more parking issues as enrolment consistently increases. Students regularly park in the neighbouring residential area, which is not an ideal situation for the students. Improvements at Chestermere High School would include 54 additional parking stalls in the north parking lot.

## Proposed Pathway Alignment along Highway 8

Rocky View County, Alberta – Rocky View County is proposing a new pathway alignment along Highway 8 from the City of Calgary to Bragg Creek. Rocky View County has identified the alignment as part of the Council adopted Parks and Open Space Master Plan.

“The Highway 8 pathway has the potential to be similar to the Banff Legacy Trail which parallels the TransCanada Highway between Canmore and Banff, which has proved to be more popular than originally anticipated,” says Jeff Quigley, Municipal Lands Specialist for Rocky View County.

Alberta Transportation has future plans to twin Highway 8 from the City of Calgary to Highway 22. This makes the timing right to discuss options for planning the construction of a multi-use pathway adjacent to the new highway. Aligning the projects to occur simultaneously would lead to significant cost savings and fewer disturbances to neighbouring communities.

The TransCanada Trail, Canada’s pre-eminent national trail organization, has also identified a pathway from Calgary to Bragg Creek as a critical link in the overall national pathway system. When completed, the trail will expand 16 kilometres long and will include a bridge over the Elbow River.

“Not only will the pathway fill a crucial linkage in the TransCanada Trail network from coast to coast,” says Quigley, “it will provide a more desirable option for recreational enthusiasts using the popular route to and from Bragg Creek.”

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# ROCKY VIEW COUNTY

## Cultivating Communities

The pathway will create an amenity for other non-motorized uses including running, inline skating and walking, connecting to existing pathways within Rocky View County and the City of Calgary. This includes the future Calgary Greenway and Clearwater Legacy Park pathways, contributing to building a lasting legacy for the region.

The County recognizes the need for strong public involvement on this project and is committed to the public engagement process and establishing a core group of stakeholders to elevate this project through the next phases- detailed design, fundraising and construction. The project is currently unfunded, and the County is exploring partnerships with a number of different stakeholders.

## in & around your community

### STAYING SAFE AROUND DOGS

Dogs are loyal friends and cherished members of the family, but it is important to remember that all dogs can bite. Even if a dog is normally even-tempered, he may bite if he is scared, hurt, or provoked, or if he is protecting resources or family members. In order to prevent dog bites, it is critical that people, especially children, practice safe behaviours around dogs.

#### Safety around dogs:

- Always supervise children around dogs. Many dog bites occur within the home.
- Always stay away from stray dogs, even if you think you know the dog.
- Never tease a dog, or do anything that may hurt him.
- Never take away a dog's food or bone, or pull a toy from his mouth.
- Never disturb a dog that's sleeping or eating.
- Never approach a dog that's with her puppies.
- Stay away from a dog that has been tied up and left alone in a public place.
- Always keep your face away from dogs.
- Avoid running, yelling and rough play around dogs – quick movements and loud noises may make the dog overly excited.

If a stray dog approaches:

#### Stand like a tree

- Make your hands into fists and place them under your chin.
- Stand still, look at the ground and don't speak to the dog.
- Never stare into the dog's eyes.
- After sniffing you, the dog will likely go away because you are boring.

#### Lie like a log

(If you're standing like a tree and the dog barks, growls or tries to jump on you.)

- Lie face down on your stomach using the ground for protection.
  - Keep your feet together and your hands covering the back of your neck.
  - Lie still and don't speak to the dog.
  - Do not peek or get up until you're sure the dog has left.
- When meeting a dog that is with his owner:
- Always ask the owner's permission to pet the dog first.
  - If the owner gives you permission to pet the dog, let the dog sniff your hand, being sure not to place your hand in his face.
  - Pet the dog gently under the chin. Do not pet the dog on his head, as not all dogs like to be touched on the top of their heads.

For more info about dog bite prevention, visit [calgary.ca/animalservices](http://calgary.ca/animalservices).  
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## BRAIN GAMES SUDOKU

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by Nicky Blackshaw

# HOW DO DOGS LEARN?

When it comes to living with and successfully training our canine companions, we should understand the scientific principles that govern how dogs learn and why they are motivated to do the things they do. But wait! Before you think you are in for dry reading of a technical article please read on.

The first and most powerful way that dogs learn is by association (classical conditioning or emotional response). Associations can be connected to a person, place, object, smell, sound or an experience (ie: picking up a leash equals going for a walk).

People learn by association too. If you meet someone for the first time and they are friendly, compliment you on your shirt and make you laugh you will likely feel pretty good about your interaction with this new person and look forward to seeing them again. However, if this same new person was in a bad mood, glared at you and made you feel silly you will likely not feel very good about your interaction and may not look forward to seeing them again.

The same goes for dogs - they are constantly forming associations. And, we should recognize that what we do influences the associations our dogs are making and impacts our relationship with our four-legged best friend! We also need to understand the connection between associations and emotions such as joy, fear, frustration, excitement or anxiety.

Here are two examples of how we influence our dogs' associations (with two different outcomes).

You and your canine companion are out for a walk. You both see another dog approaching on leash. Your dog starts to get excited about meeting the other dog and he whines, barks and pulls on the leash. After all he is allowed to play with other dogs at the park everyday why should this on-leash dog be any different? You, however do not like how your dog is acting so you yell at him, give the leash a sharp jerk pulling his collar tight and force him into a sit by pulling up hard on the leash and pushing down on his back.

This continues to happen each time you are out for a walk and see another dog. Pretty soon you notice your canine companion's reaction to seeing other dogs has gone from excitement or frustration at not being able to play, to aggressive displays. Your dog is now growling, barking, lunging and snapping at the other dogs you pass by. You ask yourself "what is going on?" Well, your dog has formed a negative association to other dogs. Other dogs make his guardian yell, give leash corrections and use force to make him sit. We have taught our dog to dislike or fear the sight of other dogs and they act out to make that other dog go away before they experience the bad reaction from their guardian.

You are having guests over to meet your new puppy. When everyone arrives you notice in the commotion

that your puppy is trying to hide and avoid the new people. Instead of pulling your puppy by his collar or pushing him toward the new people you ask everyone to sit and give them each a few treats. One at a time your guests toss your puppy some small, tasty treats encouraging him to approach. Once he approaches he can take treats out of each person's hand. You can also sit with your guests and praise your puppy for approaching. We are pairing something of value (treats) with something that isn't so great (strangers) to make the strangers seem, well, not so strange. The puppy will have a good association about meeting new people because he is highly rewarded when he does.

The second way dogs learn is by consequence or by doing (operant conditioning). This means the consequences of a particular behavior have an effect on the future occurrence of that behavior. To understand how this works we need to realize that dogs see the world as – what is safe or good, what is dangerous or bad, and what works and doesn't work.

How many times have you seen a puppy, in excitement, jump up against the person's leg they are about to meet? And, how many times has that person said "that's okay, I don't mind....your puppy is so cute!" as they pet your puppy? Guess what? Your puppy, who will most likely grow up to be a much bigger version of their puppy self, has just learned that jumping up on people is safe and works to get what they want - attention.

We have the power to influence associations. We also have the power to change them and to consequently change our dog's behaviour. A qualified positive reward - based trainer with experience in dealing with fear, frustration and reactivity in dogs will be able to work with you and your canine companion to successfully change negative associations to positive ones.

So why is it important to have a solid foundation of learning by association and consequence (classical and operant conditioning) to successfully live with and train our canine companions? **Imagine you are building a brick house.** Think of operant conditioning as the bricks and classical or emotional conditioning as the mortar holding the bricks together. If your mortar isn't solid eventually it will crack and erode causing your brick house to crumble. Training should be fun and enjoyable for both you and your dog. If the mortar is based on fear and frustration it won't last.

## COMMUNITY MOBILE SKATEPARKS – FREE! 1 – 8 p.m. daily (to 6 p.m. on Sundays at the leisure centres)

Bring out your skateboards or inline skates to one of our mobile skateparks this summer! The City of Calgary, in partnership with community associations, will be opening temporary, mobile skateparks at multiple locations across the city. Qualified staff supervision is provided by The City of Calgary. Helmets and signed waivers are required for all participants. Parent/guardian signatures are required for participants under 18 years of age. Waivers can be found on the website or at any mobile skatepark location. Each park has a combination of roll-ins, fun boxes with rails, pyramids with rails, grind boxes, quarter pipes, wall rides and half pipes. There is no age limit.

Dates	Location / Address
July 4 – Aug 1	Southland Leisure Centre (parking lot) 2000 Southland Drive S.W.
July 25 – Aug 7	McKenzie Lake Community Centre (outdoor rink) 16198 McKenzie Lake Way S.E.
July 27 - Aug 9	Ogden – parking lot of Jack Setter Arena 2020 69 Ave. S.E.
Aug 3 – Aug 30	South Fish Creek Rec. Association (parking lot) 333 Shawville Blvd. S.E.
Aug 11 – Aug 25	Queensland C.A. (outdoor rink) 649 Queensland Dr. S.E.

### Skatepark competitions

The Source Series Contest

This is a community-based skateboard event series that includes a skateboard competition and great tunes! To ride ramps, a signed waiver is required. The top three riders from each event will be invited to the final event on Aug. 25 at Shaw Millennium Park.

For more information call 3-1-1 or visit [www.calgary.ca/skateparks](http://www.calgary.ca/skateparks).  
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## in & around your community

cont'd ■■■

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- Parent & Baby Fit Together – Stroller Fitness  
July 4 to July 18 - 12:00 pm to 1:00 pm (Mondays and Wednesdays). Registration barcode: #308077
- Gentle Yoga  
July 3 to July 31 – 2:45 to 3:45 pm (Tuesdays)  
Registration barcode: #308081

## Register for one of these fun programs at CANYON MEADOWS AQUATICS & FITNESS CENTRE!

- Buns and Bellies  
July 3 to July 31 – 7:35 to 8:35 pm (Tuesdays)  
Registration barcode: #308079
- Zumba  
July 11 to August 8 – 9:15 to 10:15 am (Wednesdays)  
Registration barcode: #308078



# FARMERS' MARKETS

## **Airdrie Farmers' Market**

Royal Canadian Legion  
508-3rd Avenue, Airdrie  
Wednesdays 3:30-7pm  
[www.airdriefarmersmarket.com](http://www.airdriefarmersmarket.com)

## **Calgary Farmers' Market**

(open year round)  
510 – 77th Avenue SE  
Thursdays-Sundays 9am-5pm  
403.240.9113  
[www.calgaryfarmersmarket.ca](http://www.calgaryfarmersmarket.ca)

## **Calgary Swap Meet Farmers' Market**

5600 – 11 Street SE  
Saturdays 8am-5pm  
Sundays 10am-4pm  
403.829.6660  
[www.blackfootmarket.ca](http://www.blackfootmarket.ca)

## **Calgary West Country Market**

TransCanada Hwy., next to Calaway Pk.  
Saturdays, until October 27th  
8:30am-1pm  
[www.calgarywestcountrymarket.ca](http://www.calgarywestcountrymarket.ca)

## **Crossfield Ag Society Farmers' Market**

Pete Knight Memorial Centre  
902 Mountain Avenue  
Thursdays 6:30-8:30pm  
403.804.6114  
[www.crossfieldalberta.com](http://www.crossfieldalberta.com)

## **Crossroads Market**

(open year round)  
1235 – 26 Ave. SE  
Fridays – Farmers' Market only  
9am-5pm  
Saturdays & Sundays – All market areas  
9am-5pm  
403.291.5208  
[www.crossroadsmarket.ca](http://www.crossroadsmarket.ca)

## **Hillhurst – Sunnyside Farmers' Market**

Hillhurst Sunnyside Comm. Centre  
1320 – 5 Avenue NW  
Wednesdays 3:00-7:30pm (rain or shine)  
403.283.0554 ext.247  
[www.farmersmarket.hillhurstsunnyside.org](http://www.farmersmarket.hillhurstsunnyside.org)

## **Kingsland Farmers' Market**

(open year round)  
7711 Macleod Trail S  
Thursdays – Saturdays 9-5pm  
Sundays 10am-4pm  
403.255.3276  
[www.kingslandfarmersmarket.com](http://www.kingslandfarmersmarket.com)

## **Millarville Farmers' Market**

Millarville Race Track  
Saturdays 9am-2pm (rain or shine)  
403.931.2404  
[www.millarvillercetrack.com](http://www.millarvillercetrack.com)

## **Okotoks Farmers' Market**

2 km north of Okotoks, facing Hwy. 2A  
Fridays 3:30-6:30pm  
403.630.4182

## **South Calgary Farmers' Market**

37 Street & Glenmore Trail SW  
(parking lot of casino)  
Thursdays 3:30-7pm

## **South Fish Creek Farmers' Market**

333 Shawville Blvd. SE  
Fridays 1-5pm (rain or shine)  
403.201.8652



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Lauryn Hill



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Planning & Community Services

Phone: 403.520.8166

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Email: [building@rockyview.ca](mailto:building@rockyview.ca)

Road-related Maintenance concerns:

Road Maintenance Call Centre

Phone: 403.520.6378

Available 24 hours/day, 7 days/week

General Comments or Questions:

[comments@rockyview.ca](mailto:comments@rockyview.ca)



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# IMPORTANT NUMBERS

## ALL EMERGENCY CALLS

**911**

Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
Alberta Health Services	
Addictions Hotline	1.866.332.2322
Ambulance (AHS) – Non Emergency	403.261.4000
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	403.943.5465
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Child Find – Alberta	403.270.3463
Cochrane Ecological Institute (Wildlife Emergencies)	403.932.5632
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403.514.6100
Poison Centre - Alberta	403.944.1414
Suicide Crisis Line	1.800.784.2433

## HOSPITALS / URGENT CARE

Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300

## OTHER

Alberta Fish & Wildlife	1.877.944.0313
Calgary Humane Society (Injured & Stray Pets)	403.250.7722
Calgary Parking Authority (Towed/Abandoned Vehicles etc.)	403.537.7100
Calgary Seniors' Resource - SeniorConnect	403.266.6200
Call Before You Dig (Buried Utilities)	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403.705.3246
Road Conditions – Calgary	1.877.262.4997
RCMP – Non Emergency	403.949.7729
Weather Information	403.299.7878
Wildlife Help Line (Injured Animals, etc.)	1.888.924.2444

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*Good for the Soul*

Boost your savings by **20%**

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An education savings plan for their tomorrow



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For more information, contact:

**Jocelyn Ullett**  
Sales Representative  
Branch 700  
(403) 680-0876  
jocelyn.ullett@cstresp.com



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\*Canada Education Savings Grant matches 20% of the first \$2,500 you contribute annually to your child's RESP, up to the lifetime maximum of \$7,200. The CST Plan is only sold by prospectus. You can get copies of the prospectus from [www.cst.org](http://www.cst.org).

## ASSISTANT ON DEMAND

You name the task - we get it done!

### Here are some ideas!

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- Personal Chef
- Away from Home Services (collect mail, feed cat etc.)
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[www.assistantondemand.ca](http://www.assistantondemand.ca) | 403.860.5560

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ONLINE SAFETY MANAGEMENT SYSTEM

"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."

Enform IRP 9 (Revised)

[safetysync.com](http://safetysync.com)

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

## KILBCO

CONCRETE CURBING

*Locally Owned & Operated*

### Ready to increase your home's curb appeal?

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It will not rust, rot or shift, and there are no seams for weeds to grow through.

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**Free Estimates 403-870-0737**

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