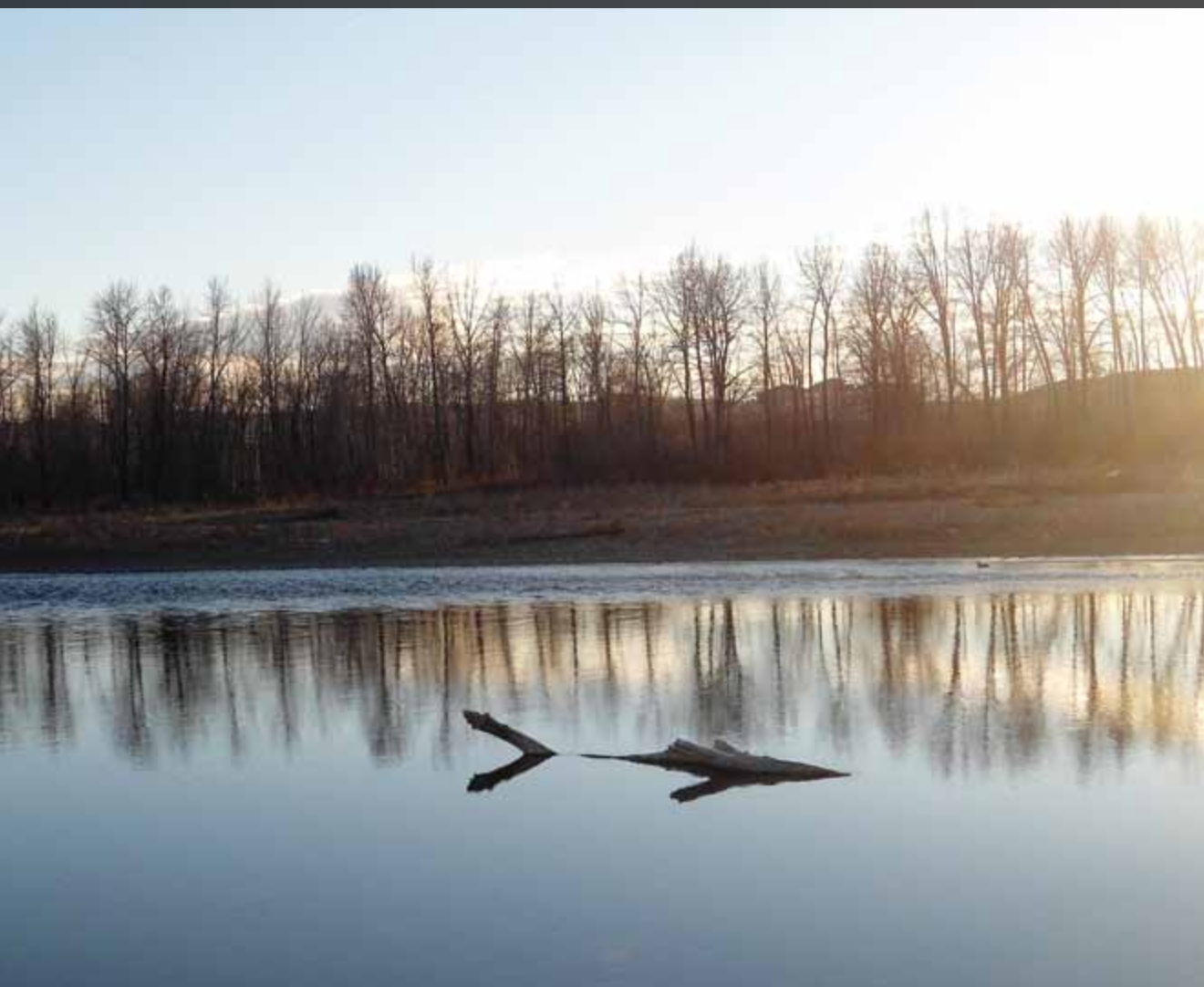


FEBRUARY 2017

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Calgary's city employees

Making your city work for you

* According to the 2016 RBC Canadian Water Attitudes Survey

CONTENTS

- 5 OKOTOKS CLUBS
- 8 OKOTOKS PUBLIC LIBRARY
- 11 REAL ESTATE UPDATE
- 12 TAKE CONTROL OF YOUR HEART HEALTH
- 13 WHEN IT COMES TO HEIRLOOMS, IT'S PERSONAL
- 14 PLANTAR FASCIITIS: CAUSES AND TREATMENT OPTIONS
- 15 REAL ESTATE COUNCIL OF ALBERTA: ASK CHARLES
- 16 MY BABYSITTER LIST



Cover photo by Kelly Radford, River bank

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OKOTOKS CLUBS



Okotoks Newcomers Club

Ladies, are you new to Okotoks in the past three years? Looking for new friends? Monthly evening meeting, monthly lunch outing, walking, coffee, Mah-jongg, Bridge and Canasta groups. Call Trudy 587-364-2278.

February 7, March 7, April 4, May 2 and June 6.

OkotoksDayhomeProviders.com

OkotoksDayhomeProviders.com offers support to caregivers in the Foothills with the goal of a higher level of quality child care. We organize regular meetings, workshops and children's events at the library, gymnastics, playgrounds and more. Families seeking care are welcome to contact us also.

It Takes a Village

Do you or someone you know need baby items for an upcoming baby? It Takes a Village offers baby boxes filled with essential baby items to families in the Foothills that are facing hardships. Please visit www.takesavillageokotoks.com for more information.

Okotoks Mothers of Preschoolers (MOPS)

Do you ever feel alone or overwhelmed as a parent? MOPS is a community of moms that offers friendship, support and learning opportunities for moms with young children. We get together over coffee and snacks (with free childcare) to build relationships and have fun! Visit facebook.com/okotoksmops or contact mops@okotoksefc.ca for meeting dates and times.



Embrace Your Community Become a Volunteer!

The Town of Okotoks Volunteer Registry can help connect you to a person or non-profit organization that needs your help. Volunteers complete an application form, are interviewed and then connected with a volunteer opportunity that will fit in with their schedules and utilize their skills. There are many ways to be involved in the community. If you don't see a position under the Volunteer Opportunities section that interests you, call and we will find one to suit you.

Okotoks Volunteer Services can be reached at 403-938-8936 or via email at volunteer@okotoks.ca.



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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.



THE TOWN OF OKOTOKS

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Okotoks, Alberta T1S 1K1
Phone: 403.938.4404
www.okotoks.ca

ELECTED OFFICIALS



Mayor Bill Robertson
Town of Okotoks
5 Elizabeth Street
Okotoks, Alberta T1S 1K1
Phone: (403) 938-8904
Fax: (403) 938-2766
Email: mayor@okotoks.ca



Wayne Anderson
MLA Highwood
Unit 5, 49 Elizabeth Street
Okotoks, AB - Canada T1S 2C1
Phone: (403) 995-5488
Fax: (403) 995-5490
Email: highwood@assembly.ab.ca

MD Foothills No. 31

The Municipal District's administration office is located at:
309 Macleod Trail, Box 5605,
High River AB T1V 1M7

Division 6 Councillor, Larry Spilak
Tel: 403-233-8577
E-mail: lspilak@telus.net
Municipal Manager, Harry Riva Cambrin
Tel: 403-652-2341

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
SeniorConnect	403-266-6200
Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
Social Service Info & Referral	211
RNR Lockworks Ltd.	403-479-6161
Road Conditions	511
Weather Information	
Gamblers Anonymous	403-237-0654

Pic-A-Pix Puzzles

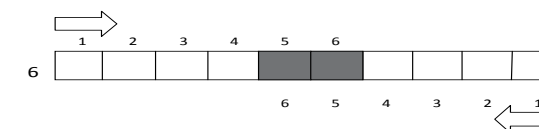
created by Diane Baher

The latest Japanese logic puzzle is here! A picture will evolve as you complete the puzzle. Start with the largest numbers or combination of, color in squares and proceed to work back and forth between columns and rows.

The 3 basic rules are:

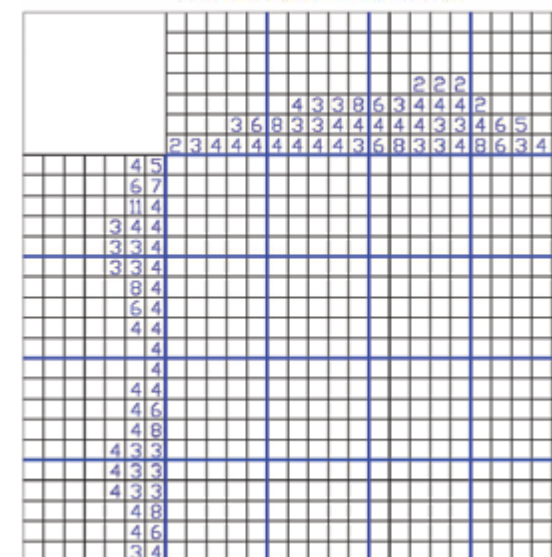
- Numbers represent how many squares you color in to form a group or block.
- Leave at least one square between these blocks.
- The sequential order of the numbers is the order of the blocks, ie, top number for a column is the top block, and left-most number for a row is the left-most block.

The "logic count method" shown below will be very useful:



The clue at the left of row is 6, so count 6 squares from the left to right and then count 6 squares from right to left. Confidently shade in the overlapping squares. This is spatial reasoning. Even one shaded square can lead to others. This same method can be applied even when there is more than one number, remembering to allow one empty square in-between groups or block. Use a 2nd color for elimination of background squares, this is critical for solving. Remember – no guessing, try using your best number logic.

100 IS BEST



~Solution on pg 16~

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The Sundance Clinic

FAMILY PRACTICE - SPECIALTY CLINICS - BABY CLINIC - SOUTH CALGARY PAP CLINIC

South Calgary Health Centre Building
31 Sunpark Plaza SE Calgary T2X 3W5



Play & Chat (Self-led Group)

Ages: 0 - 6 years old with Caregiver

Are you a parent who is feeling a little isolated or experiencing cabin fever and you would like to meet other parents in our community? Drop-in on Wednesday mornings and share books and fun with other parents and children. Coffee & snacks provided.

Event Date: Wednesdays - 11:00am - 12:30pm

Okotoks Chess Club

No cost. Drop-in.

Meets every Wednesday night. All are welcome. This is an unsupervised event. For more information, contact Richard Bradley at Richard.Bradley@shaw.ca.

Event Date: Wednesdays - 6:30pm - 8:30pm

Residential Tenancies

Legal Talk: Video Conference Sessions

Cost: \$5/participant. Pre-registration and payment is required in person at the library.

- Rent
- Security deposits
- Termination of tenancies, and
- Notice.

These are some of the things that will be discussed in this look at legal rights

and responsibilities of people renting places to live.

Event Date: Wednesday, Feb 22 - 6:30pm - 8:30pm

Avoid Scams - How to deal with the would-be Microsoft technician that calls you?

Ask the OkotoksComputers Geek Seminar presented by OkotoksComputers, www.okotokscomputers.com

No cost. To register, call the library at 403-938-2220.

Avoiding scams in the cyber world can be more challenging than in the real world. Learn useful tools to detect liars, tricksters, scammers, spammers & criminals while online. This 45 minute talk is geared to seniors but is open towards everybody who wants to learn a thing or two about staying safe online. Peter will explain how your information is gathered and used by 'honest' marketers and how criminals exploit it all.

Event Date: Thursday, Feb 23 - 7:00pm - 8:00pm

T.G.I.F. PD Day Movies

No cost. Drop-in.

Drop into the library during the upcoming Friday school PD Days and enjoy some family movies. Bring your own peanut-free snacks and drinks. Youth under 7 years old need to be accompanied by a parent/guardian. Titles to be announced.

Kubo and the Two Strings (PG) will be shown on **Friday, February 24th at 2:00 pm**

Song of the Sea (PG) will be shown on **Friday, March 17th at 2:00 pm**

Storytime for Adults

No cost. To register, call the library at 403-938-2220.

Having a story read to you isn't just for kids anymore. Come & listen to short stories and poetry selections. After the reading, stay for a discussion. Light refreshments will be served.

Event Dates: Mondays, Feb 27, Mar 27 & Apr 24 - 1:30pm - 2:30pm

La Leche League

Our group meets the fourth Tuesday of each month. We provide information and support for breastfeeding. We welcome everyone, especially pregnant women, new mothers, experienced mothers ...and their support systems!

More information can be found at www.lllc.ca.

Event Date: Feb 28, Mar 28, Apr 25 & May 23 - 10:00am - 12:00pm

Interview Skills

Workshop facilitated by McBride Career Group Inc. 403-995-4377
No cost. To register, call the library at 403-938-2220.

Do you have an interview you would like help to prepare for? Would you like to learn the fundamentals of being successful in an interview?

This workshop will help you to:

- Understand the different types of interview and prepare for the tough questions
- Learn interview etiquette and practice your interview skills

Event Date: Tuesday, Feb 28 - 1:00pm - 4:00pm

Conversational Intelligence: The Neurochemistry of Positive Conversations

Workshop facilitated by Colleen Lemire, mavericktrailblazing.com
No cost. To register, call the library at 938-2220.

I'm excited to share this revolutionary work in the field of Neuroscience. Join me for an hour of fun and learning about the neurochemistry of how your brain works. I'll demonstrate how to create meaningful, positive conversations with your family, friends, employees, and colleagues and give you some practical tools to build your skills. I would be thrilled and honoured to support you in your personal development by implementing this new knowledge into your everyday life.

Event Date: Tuesday, Feb 28 - 6:30pm - 7:30pm

Looking After Dependent Parents - Dealing With the Legal Issues

Legal Talk: Video Conference Sessions
Cost: \$5/participant. Pre-registration and payment is required in person at the library.

Sometimes our parents, (or other adults we know), lose the legal capacity to make their own decisions and we're called on to assume this responsibility. This presentation is an opportunity to learn about the legal issues involved in these situations and the options available to address them. Areas for discussion include: Determining when capacity is lost - how does this happen and is the loss always total?; When are guardians or trustees needed and What parts do personal directives and enduring powers how are they appointed?; How can accountability and liability issues be of attorney play?; and addressed?

Event Date: Thursday, Mar 1 - 6:30pm - 8:30pm

Nerdy Night Anime Ages 12 - 17

No cost. Drop-in.

Come to the library to enjoy another night of nerdy fun! The theme for the evening is anime and manga. There are snacks, games, trivia, crafts, and more to enjoy!

Event Date: Thursday, Mar 2 - 6:30pm - 8:00pm

Relaxation in Childbirth - Exploring the Non-Medicated Pain Relief Options for Birth

www.calgarybirthessentials.com
No cost. To register, call the library at 403-938-2220.

Sharon Loose, of Calgary Birth Essentials, will help you explore the many options for pain relief as she

shares her experience as a mother of 4 and a birth doula that has helped over 450 families give birth. This free information session will touch on topics such as breathing, massage, relaxation, hormone releasing, effective positions, and other things that can help you have a faster easier birth.

Event Date: Thursday, Mar 2 - 7:00pm - 8:00pm

Hearing Loss Questions? We've Got the Answers

No cost. To register, call the library at 403-938-2220.

Have you ever wondered about hearing loss or hearing aids? Do you think you or someone you know may have a hearing loss? Yvonne Mrema, Registered Audiologist will be presenting an informative session about hearing loss and what you can do about it.

Event Date: Monday, Mar 6 - 7:00pm - 8:00pm

Bringing Awareness and Compassion to Eating Disorders

No cost. To register, call the library at 403-938-2220.

Eating disorders are not a choice, but the culmination of many underlying factors all coming together in an 'imperfect storm'. They are life-threatening mental illnesses with physical complications. Local author Brenda Sheets ("This!...is Where Love Grows") will debunk the common myths of disordered eating bringing you to a higher level of compassionate understanding of these tragic diseases, while including details of her own personal journey through anorexia. Copies of Brenda's book will be available to purchase after her presentation.

Event Date: Tuesday, Mar 7 - 6:30pm - 8:00pm

~cont'd next page~



Hawaiian Luau

Ages 3, 4, & 5 with caregiver

Escape the winter and join us at the library for a fun filled adventure. Wear your favourite beach attire and join us for some crafts, snacks and songs.

Cost: \$5/child. Limited space. Fee must be paid at time of registration.

Event Date: Wednesday, Mar 8 - 11:00am - 12:00pm

An Enduring Power of Attorney • A Personal Directive • A Will: A Legal Toolkit

Legal Talk: Video Conference Sessions

Cost: \$5/participant. Pre-registration and payment is required in person at the library.

Planning for disability or death is an important part of identifying what you want done when something happens to you. It helps those around you carry out your wishes.

- Who will handle your financial affairs and how, if you become mentally incompetent
- If you become mentally incompetent, who will handle your medical and other personal life decisions and the kinds of choices they can make for you
- How you want your estate to be dealt with at your death.

In this presentation you'll learn about these basic legal tools and what's involved in acquiring them. You'll also hear about the Wills and Succession Act, new legislation pending in this area.

Event Date: Wednesday, Mar 8 - 6:30pm - 8:30pm

Creating Resiliency in Children

- part of the *Creating Positive Relationships within Families series*. Class facilitated by Ashley Dreger, MACP Boundless Counselling and Behavioural Consulting, www.boundlesscounseling.ca

No cost. To register, call the library at 403-938-2220.

If we can help our children develop resiliency skills, then we can help them navigate the ups and downs of childhood, adolescence, and young adulthood. We cannot protect our children from stress and adversity, but we can help them to develop skills to cope, and think about challenges in different ways. This presentation will focus on helping parents develop the ability to create resiliency within their children.

Event Date: Thursday, Mar 9 - 7:00pm - 8:00pm

Lego Contest

Ages 6 - 17

Love Lego? Use your imagination to make a Lego creation at home and bring it into the library for a chance to win a prize! All contest entries must be original creations. Contest open to current library members within the Marigold/Trac system. Preregistration required. Call 403-938-2220 or visit our website www.okotokslibrary.ca for contest rules and categories.

Event Date: Saturday, Mar 11 - 10:00am - 1:00pm

Chakra System: Let Us Understand 7 Major Chakras

Class facilitated by Anjna Brahmabhatt, Usui & Karuna Reiki Master, Healer & Independent Teacher. For more information visit www.reikihealinggrace.com

No cost. To register, call the library at 403-938-2220.

These are the reservoirs and distribution centres of vital energy throughout the body. Chakras are energy centres in the subtle body. They are located at the physical counterparts of the major plexuses of arteries, veins and nerves.

Functioning of chakras is important for overall health. During the session, we will learn about the functions of all 7 chakras and some methods of healing them. Normally 2 to 4 chakras are out of balance in most of the people. All participants chakras will get checked with pendulum so they can work on week ones and enhance their well-being.

Event Date: Tuesday, Mar 14 - 7:00pm - 8:00pm

Separation and Divorce

Legal Talk: Live Video Presentation

\$5/ participant. Pre-registration and payment is required in person at the library.

In the course of exploring what can happen legally when a couple decides to separate or divorce, the speaker will discuss issues like:

- The process – what is the court process? – are there other ways, like mediation or collaborative law, to try and how do they work?
- Child maintenance, custody (parenting) and access (contact) – how the children will be looked after
- Spousal maintenance – the extent to which one separating or divorcing spouse will have to support the other
- Matrimonial property – how the property will be divided.

Event Date: Wednesday, Mar 15 - 6:30pm - 8:30pm



Town of Okotoks



Last 12 Months Okotoks

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
December 2016	\$506,450	\$488,500
November 2016	\$435,000	\$417,500
October 2016	\$519,900	\$504,000
September 2016	\$429,800	\$416,500
August 2016	\$439,900	\$427,500
July 2016	\$467,400	\$459,450
June 2016	\$476,200	\$462,500
May 2016	\$494,900	\$483,000
April 2016	\$474,777	\$465,000
March 2016	\$429,400	\$422,500
February 2016	\$485,000	\$475,500
January 2016	\$439,900	\$422,500

Last 12 Months Okotoks

MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
December 2016	12	8
November 2016	20	19
October 2016	26	15
September 2016	25	17
August 2016	35	28
July 2016	20	30
June 2016	32	38
May 2016	55	39
April 2016	39	35
March 2016	41	26
February 2016	46	23
January 2016	51	15

To view more detailed information that comprise the above MLS averages please visit okotoks.great-news.ca

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Trivia

Black History Month



The 21st Black History Month is celebrated this February, it was formally recognized following a motion introduced in the House of Commons by the first black Canadian woman elected to Parliament, the Honourable Jean Augustine.



Take Control Of Your Heart Health

As many as 9 in 10 Canadians have at least one risk factor for heart disease and stroke. While some risks are outside of our control, up to 80% of premature heart disease and stroke is preventable through lifestyle choices that can reduce key risk factors.

You can take control and decrease your own risks by making small, healthy changes in your daily routine. Making changes is always challenging. Your health-care team can help you figure out what risk factors you should focus on first and set goals that you can reach.

Maintain a healthy weight

If you are struggling with your weight, you're not alone. Over 60% of Canadian adults are overweight or obese. By achieving and maintaining a healthy weight and waist, you can significantly reduce your risk for heart disease and stroke, and help control other conditions such as high blood pressure, high blood cholesterol, and diabetes.

Maintain a healthy diet

The foods you eat affect your health. Start by making sure you eat five or more servings of fruit and vegetables every day to get you on track to a healthier diet.

Stay active

People who are NOT active have double the risk of heart disease and stroke as well as increased risk of diabetes, cancer, and dementia. Being active helps your heart, brain, muscles, bones, and mood.

Working towards 150 minutes of moderate to vigorous activity every week is one of the most important things you can do for your health. And if you already have heart disease, regular activity is one of the best ways to make a good recovery.

Choose to not smoke

Smoking contributes to the buildup of plaque in your arteries, increases the risk of blood clots, reduces the oxygen in your blood, increases your blood pressure, and makes your heart work harder. You might be afraid that quitting will be too hard, but there is lots of help available when you are ready.

Reduce Stress

Stress is a part of life for just about everyone. Sometimes it's not easy to recognize stress because we are caught up in the flow of life. Although stress happens first in the mind, it has strong effects on the body, such as higher cholesterol or blood pressure levels.

Control alcohol consumption

How much and how often a person drinks alcohol are key factors that increase or decrease health impacts. Canada's Low-Risk Alcohol Drinking Guidelines provide guidance on risky drinking patterns, including avoidance of alcohol in pregnancy. Low risk does not equal no risk. Whenever unsure, always consult your health-care provider.

Find more information, resources, and health etools at heartandstroke.ca



When It Comes to Heirlooms, It's Personal

Suzanne Smith-Demers – Consultant

When a family member dies, personal items and heirlooms can be the cause of significant conflict among family members. Once obligations to a spouse and dependents are met, you can generally leave your estate to whomever you want. However making decisions regarding personal effects and family heirlooms is often one of the most difficult parts of the estate planning process. Here are some tips to avoid potential disputes:

- **Eliminate surprises** Share the contents of your Will with your heirs to avoid surprises after you are gone.
- **Understand that fairness doesn't always mean equal** Decide what fairness means to you and distribute your items accordingly.
- **Appraise and consult** Have your personal property appraised and consult with your heirs to ensure the items you bequeath are appropriately valued – both monetarily and emotionally.
- **Make a list** Attach to your Will a letter or memorandum that lists your personal property items and the heirs who should get each. Be sure that the memorandum is incorporated into the terms of the Will.
- **Choose now** While you're still alive, list or lay out your personal items and have your heirs take turns choosing what they want.
- **Choose later** If you don't want your heirs to select your personal items in advance but still prefer they are the ones who chose, leave a direction in your Will that your heirs are to choose items in turn.

Having an estate plan that includes a Will is vital to ensuring your legacy is left as you wish. But keep in mind that people can change their minds and your heirs may not necessarily want what you plan to give them – so keep things flexible. Talk to your professional advisor about the best estate planning strategies for you.



Plantar Fasciitis

Causes and Treatment Options

By Dr. Alma Nenshi, Family Chiropractor

Chronic foot pain is no fun, and can spoil your enjoyment of life. One of the most common causes of pain in the feet, affecting nearly two million people yearly, is plantar fasciitis, an inflammation of the plantar fascia ligament that connects the heel bone (calcaneus) and the toes. This ligament is composed of fibrous bands of tissue, and runs along the entire bottom of the foot supporting 26 bones, 33 joints, 107 ligaments and 19 tendons and muscles during standing and movement. Plantar fascia may become inflamed when tiny tears occur in these delicate tissues.

The most common symptom of planar fasciitis is a burning or aching pain on the bottom of the foot in the mornings, often near the heel. The pain tends to decrease with activity, but may recur after periods of walking or standing. Half of people diagnosed with plantar fasciitis say that their pain is constant; 90% say that it hurts when they press on the area around the heel.

There are many potential causes of plantar fasciitis. Overuse during exercise or physical activity is one of the most common, and athletes who run, jump, or perform other repetitive movements that put pressure on the feet are prone to this condition. It may also be caused or aggravated by arthritis and diabetes, especially in the elderly. Wearing the wrong shoes or shoes with little or no arch support or cushioning can put strain on the tendons and, over time, cause plantar fasciitis symptoms. Improper footwear is even more likely to be a cause if you have flat feet, high arches, overpronation, or underpronation. Being overweight can also place additional strain on your feet that can lead to foot, ankle, knee, hip and back pain symptoms.

Whatever the cause, plantar fasciitis can take all the fun out of walking or even moving around easily. More important, it is a condition that should be diagnosed and treated early, before it becomes more serious. Traditional medical treatments tend to focus on reducing the pain (via anti-inflammatory medications such as Ibuprofen or more serious pain relievers) and alleviating pressure on the heel. Unfortunately, this regimen does not address the potential causes of the disorder. For many, chiropractic adjustments of the feet and related joints (in addition to traditional approaches such as icing and avoiding for a time the movements that seem to exacerbate the pain) may help to restore a proper range of motion, and thus remove the cause of the problem.

More advanced computer technologies like our GaitScan measures how you walk or run and can provide valuable data for the accurate diagnosis and treatment of your symptoms. Custom orthotic therapy is often covered by health insurance plans. Our modern slim but supportive custom inserts are not only comfortable and fit easily into your shoes, but they outperform popular over-the-counter cushion inserts by both relieving pain and preventing future occurrences of it. Combine this with appropriate lifestyle modifications, anti-inflammatory diets and Frequency Specific Micro-current therapy that clinically reduces inflammation and pain while healing scar tissue, tears and adhesions in the fascia, and you've got a recipe for success!

Of course how quickly these therapies may provide relief depends on each individual case, but relief can be found. Mention this article to receive a free computer GaitScan assessment and consultation to help you diagnose the root cause of your plantar fasciitis symptoms (\$50 savings!)



Ask Charles

I saw a house for sale, and I want to check it out – will I have to sign a contract to get a real estate professional to show me the house?

The short answer is no. If you see a house for sale and you simply want a real estate professional to show you that house, you're not required to sign a contract.

Simply viewing a home with a real estate professional doesn't trigger a regulatory requirement to sign a contract with that real estate professional. However, if you start sharing confidential information such as your motivation for buying or your financial qualification, the real estate professional has a responsibility to clarify your working relationship, at which point they are going to provide you with some documents to review.

In the process of clarifying your working relationship, the first document a real estate professional should present to you is the Consumer Relationships Guide. The Consumer Relationships Guide is a mandatory document for real estate professionals when they begin working with a buyer or seller of residential real estate. It explains the different types of working relationships between real estate professionals and consumers.

The Consumer Relationships Guide is not a contract. It does not commit you to a specific ongoing working

relationship with your real estate professional, but it is an essential information piece for consumers to understand what working with a licensed real estate professional entails. Among other things, it discusses responsibilities and obligations.

The Consumer Relationships Guide contains an acknowledgement that consumers have to sign indicating they've read the Guide, understand it, and have been provided with an opportunity to ask the real estate professional questions about it. Consumers need to review and sign the Guide before entering into any contract with a real estate professional.

Some real estate professionals may actually present the Consumer Relationships Guide and request that you sign the acknowledgement even before showing you a single property, but that specific practice is not a requirement.

"Ask Charles" is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA), www.reca.ca. RECA is the independent, non-government agency responsible for the regulation of Alberta's real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email askcharles@reca.ca.



Okotoks mybabysitterlist

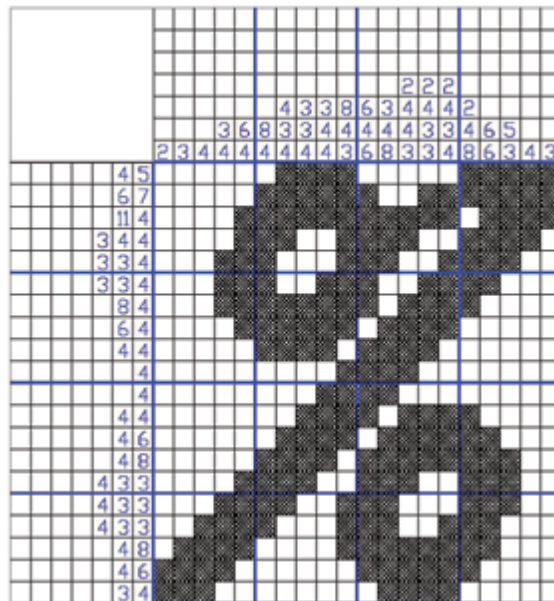
Name	Age	Contact	Course
Kadence	12	403-512-1446	Yes
Holly	12	403-702-4511	Yes
Ethan	12	403-401-4551	Yes
Genevieve	12	403-982-6798	Yes
Tristan	13	403-601-0934	Yes
Reeve	13	403-938-2712	Yes
Carter	13	403-620-8624	Yes
Mackenzie	14	403-988-0955	Yes
Dasha	14	587-364-1021	Yes
Amara	14	403-498-6696	Yes
Tristin	14	403-926-9165	Yes
Travis	14	403-464-9036	Yes
Nikki	14	403-618-0074	Yes
Olivia	15	403-336-3490	Yes
Aaron	15	403-400-1733	No
Taylor	15	403-992-9189	Yes
Darby	15	403-939-1013	Yes
Cassidy	15	403-305-0629	Yes
Athena	15	403-487-1191	Yes
Paityn	15	403-995-9489	Yes
Piers	15	403-938-4312	Yes
Dylan	15	403-995-2540	Yes
Shelby	15	403-995-3734	Yes
Scott	15	587-577-8777	Yes
Madison	16	403-668-4561	Yes
Holly	16	403-938-8130	Yes
Shahara	17	403-922-5416	Yes
Sam	18	403-938-4312	Yes
Julia	18	403-464-4074	Yes
Belle	21	403-862-5300	Yes
Taylor	22	587-580-5665	Yes
Deidra	29	587-582-0400	Yes
Annette	47	403-938-1068	Yes

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