

FEBRUARY 2017

DELIVERED MONTHLY TO 5,200 HOUSEHOLDS

your

ACADIA

BRINGING ACADIA RESIDENTS TOGETHER



**ACADIA WINTER
CARNIVAL**
FEBRUARY 18th
MORE DETAILS INSIDE



You
have a
lot riding
on *us*
getting it
right.

You don't take clean drinking water for granted — and neither do we.

Calgarians put a higher priority on clean drinking water than any other Canadians... but you're also more confident in the people and systems that deliver water to your taps.*

For Calgary's city employees, your expectations spur us on to do even better.

As with all the services we provide, our commitment is to work in partnership with the City to deliver fresh, pure water for your home and family.

CUPE

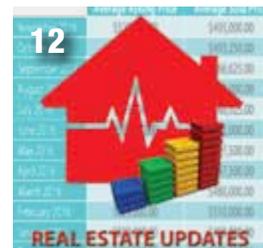
Calgary's city employees

Making your city work for you

* According to the 2016 RBC Canadian Water Attitudes Survey

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CALLING LOCAL PHOTOGRAPHERS

SUBMIT YOUR PHOTOS FOR A CHANCE TO BE PUBLISHED IN THE NEXT EDITION OF THIS NEWSLETTER

Please submit your best captioned photos along with your name for the photo credit and where the photo was taken to news@great-news.ca.

If you'd like to see your work on our social media channels—Twitter and Facebook—submit your social media information as well.



YOUR ACADIA

Delivered monthly to 5,200 households and businesses for 18 years!

Advertising Opportunities

403-263-3044 | sales@great-news.ca

Editorial Submissions

news@great-news.ca

All advertisements and editorial submissions must be submitted by the 1st of the month for the following month's publication.

Published by Great News Publishing

Serving Calgary communities for 28 years
91 newsletters reaching over 415,000 households in Calgary and surrounding areas.

#34-4550 112 Ave SE
Calgary, AB
T2C 2K2

Check out our website:

www.great-news.ca

GREAT NEWS  **28** YEARS
PUBLISHING

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Publishing.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

SAVE THE DATE



Acadia Winter Carnival!

Community fun, games, activities and lots more!

Saturday, February 18 – 11am till 3pm

at Acadia Recreation Complex

240 – 90 Ave. SE

More info call 403-255-1252 or visit www.acadiarec.com



ACADIA COMMUNITY ASSOCIATION

240-90 Ave SE | Calgary, AB T2J 6P6
 Phone: 403-255-1252 | Fax: 403-252-8593
 acadiaarc@telus.net

ELECTED OFFICIALS



Councillor Gian-Carlo Carra
Ward 9 Office
 P.O. Box 2100, Station M
 Calgary, AB, Canada T2P 2M5
 Phone: 403-268-5330
 Fax: 403-268-8091
 Email: ward09@calgary.ca
 Web: www.calgary.ca/ward9



MLA Brandy Payne
Calgary-Acadia
 #10, 8318 Fairmount Drive SE
 Calgary, AB Canada T2H 0Y8
 Phone: (403) 640-1363
 Fax: (403) 640-2970
 Email: calgary.acadia@assembly.ab.ca

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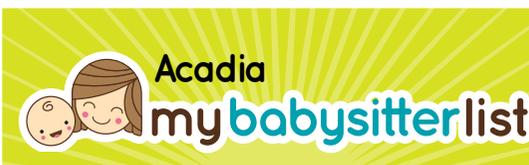
IMPORTANT NUMBERS

| ALL EMERGENCY CALLS | 911 |
|---|----------------|
| Alberta Adolescent Recovery Centre | 403-253-5250 |
| Alberta Health Care | 403-310-0000 |
| AHS Addictions Hotline | 1-866-332-2322 |
| ATCO Gas – 24 Hour Emergency | 403-245-7222 |
| Calgary HEALTH LINK 24/7 | 811 |
| Calgary Police – Non Emergency | 403-266-1234 |
| Calgary Women's Emergency Shelter | 403-234-7233 |
| Child Abuse Hotline | 1-800-387-5437 |
| Kids Help Line | 1-800-668-6868 |
| Child Safe Canada | 403-202-5900 |
| Distress/Crisis Line | 403-266-4357 |
| ENMAX – Power Trouble | 403-514-6100 |
| Poison Centre - Alberta | 1-800-332-1414 |
| HOSPITALS / URGENT CARE | |
| Alberta Children's Hospital | 403-955-7211 |
| Foothills Hospital | 403-944-1110 |
| Peter Lougheed Centre | 403-943-4555 |
| Rockyview General Hospital | 403-943-3000 |
| Sheldon M. Chumir Health Centre | 403-955-6200 |
| South Calgary Urgent Care Health Centre | 403-943-9300 |
| South Health Campus | 403-956-1111 |
| OTHER | |
| Calgary Humane Society | 403-205-4455 |
| Calgary Parking Authority | 403-537-7000 |
| SeniorConnect | 403-266-6200 |
| Calgary Kerby Elder Abuse Line | 403-705-3250 |
| Alberta One-Call Corporation | 1-800-242-3447 |
| City of Calgary | 311 |
| Social Service Info & Referral | 211 |
| Community Mediation Calgary Society | 403-269-2707 |
| RNR Lockworks Ltd. | 403-479-6161 |
| Road Conditions – Calgary | 511 |
| Weather Information | 511 |
| Gamblers Anonymous | 403-237-0654 |



PARENT AND TOT SKATE

Every Tuesday and Friday, from 9:30 – 10:30am,
 Parent and Tot Skate at the Acadia Recreation Centre.
 Bring the little ones and enjoy this time together set
 aside by the ARC.



| Name | Age | Contact | Course |
|-------------|-----|--------------|--------|
| Kristn | 18 | 403-993-7206 | No |
| Shyla | 18 | 403-990-1707 | No |
| Sabrina | 20 | 587-578-3815 | Yes |
| Georgia | 24 | 403-660-3831 | Yes |
| Jenn | 26 | 587-899-3095 | Yes |
| Rosalind | 26 | 587-889-8087 | Yes |
| Collen | 27 | 403-276-4663 | Yes |
| Glenda Rose | 34 | 587-433-0130 | No |
| Grace | 36 | 403-680-9153 | No |

Calling All BABYSITTERS
 Enroll free at mybabysitter.ca and
 choose the Calgary communities
 you would like to babysit in.

Calling All PARENTS
 Visit mybabysitter.ca and
 find available babysitters in
 and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked
 when choosing your babysitter. This babysitter list is provided as a service to the
 community and is governed by the terms & conditions outlined at mybabysitter.ca.

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*some conditions may apply.



Calgary Midnapore Federal Liberal Association

Results from the Trudeau Government

- ✓ Trans Mountain and Line 3 Pipelines Approved
- ✓ \$75 Million Invested in the University of Calgary
- ✓ \$1.53 Billion Committed to Green Line
- ✓ \$251 Million in Stabilization Payments to Alberta
- ✓ \$10.5 Million Invested in Flood Mitigation

Did you know that it is now free to join the
 Liberal Party of Canada?

Sign up at Liberal.ca

Interested in getting involved?
 Follow the Calgary Midnapore Federal Liberal Association
 on social media or email us at lpccaycmidnapore@gmail.com
 Facebook: [@yycmidnapore](https://www.facebook.com/yycmidnapore) Twitter: [@lpccaycmidnapore](https://twitter.com/lpccaycmidnapore)

Authorized by the Official Agent for the Calgary Midnapore Federal Liberal Association



Happy Thinking Day!

2017 So what is this Thinking Day? World Thinking Day –February 22nd- is the joint birthday of Lord and Lady Baden-Powell the founders of Boy Scouts and Girl Guides. World Thinking Day gives Girl Guides and Girl Scouts the world over the chance to reflect and show camaraderie with their sisters in far flung places. Units will hold parties or special events in celebration of

Thinking Day and raise funds for the CWFF (Canadian World Friendship Fund). These funds will go to WAGGGS (World Association of Girl Guides & Girl Scouts) for development of programs in other countries.

Blackfoot District will be hosting a bridging roller skating night at Lloyd's Recreation for all its members. This is an event sure to be filled with spins and thrills- can you do the Hokie-Pokie on roller skates?

The Spark units will be visiting the fire hall, celebrating Valentine's Day with cupcakes and cards, and learning about Guides from around the world.

The Brownie units will be working on Keys, sleeping over at Telus Spark & the zoo, celebrating Thinking Day through games, songs, dances and crafts from our sister Guiding countries.

The Guide units will be learning about the 4 World Guiding Centres by participating in activities from Mexico (Our Cabana), India (Sangam), Switzerland (Our Chalet) and England (Pax Lodge) in celebration of Thinking Day.

The Pathfinder & Ranger units will be winter camping, snowshoeing, making birthday boxes for the food bank and will be attending STEM Day at U of C.

Guiding is a great place to build new friendships and experience new challenges. Why not give us a try.

If you have any questions regarding Guiding or registration please contact Calgary Area Girl Guides at 403-283-8348 or ggcinfo@calgarygirlguides.com.

Girl Greatness Starts Here

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We don't
want you
to miss it.™



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&Stroke

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See how at heartandstroke.ca



Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.



February at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our passes are affordable and our programs are family-friendly. With a pass, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs. Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre pass with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

Recession Busters

- The Trico Cares program offers fee assistance for passes and admissions. Plus, we have partnered with organizations that offer fee assistance for programs (Canadian Tire Jumpstart, KidzFirst, and KidsSport.) See www.tricocentre.ca for details.
- Affordable swim specials: 8:30-9:30pm Monday to Saturday, just \$3/person. Sundays 6-8pm, Family Night Swim, \$3/person.
- Swim specials: Early bird 50% off admission and last hour swim special for \$3/person. Parent and Tot swim \$6/parent; \$1/tot aged 2-6. See www.tricocentre.ca for schedule.

Did You Know?

- Refer a new passholder and get a free month on your pass!
- Buy a new pass and receive a coupon for up to \$50 off a program, personal training, or a daily/ 10-visit pass for friend/family.

Adults

- Focus on your specific goals in a 6-week, small-group (max of 4 participants) setting. Choose from Focus on Fat-Burning, Focus on Learning the Basics, Focus on Power Lifting, Focus on Strength Training Design, or Focus on Healthy Back and Joints. Register at www.tricocentre.ca.
- Learn how to stop the chatter of your mind and relax your body with our Mindful Relaxation Intro Workshop February 4, 2 – 3:30pm.
- Maximize your mobility and reduce pain with Myofascial Stretch and Release. This 6-week registered class runs Tuesdays 5:30-6:30pm starting February 21 or Thursdays 9:15-10:15am starting February 23.
- Trico Centre now provides emergency response certification courses. This month, CPR C/AED recert & First Aid/CPR full recert on February 4. Wilderness & Remote First Aid covers material in Standard First Aid & CPR, plus special material on techniques for wilderness & remote areas. Part of the class is taught in an outdoor setting. February 11 and 12, 8am – 6pm.

Families

Family Day Event: Join us for SHINE FM and Trico Centre's Funderful Family Day Celebration, Monday February 20 from 10am to 2pm. Admission to the event is free. There will be lots of cool activities including a free family leisure skate, hot chocolate bar, and Storytime Theatre. Plus, a swim in the wave pool is just \$2 per person.

Children & Youth

- Mindfulness for Youth Workshop (8-12 years with parent.) You and your child will learn techniques that will achieve life-long calming strategies. February 4, 12-1:30pm.
- Preschool Drop-Ins: Drop-In Gymnastics (Monday 9:30-10:30am and 10:45-11:45am, Wednesday 11:30am-12:30pm.) Drop-In Playtime (Tuesday and Fridays 9:30-11:00am) and Drop and Go (Saturday and Sunday 9am-12pm.) See www.tricocentre.ca for schedule and details.

Active Learning
Programs Ltd.
Open House February 12, 2017
1:00 p.m. - 4:00 p.m.
French Immersion Preschool
(some Transportation provided)
Out of School Care for Acadia, Fairview
& Lake Bonavista Schools
403.473.0600 | www.activelearningprograms.ca
2 - 430 Acadia Dr. SE, Calgary, AB

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Calling All Neighbours!



To have your Family profiled (Story and Professional Pictures) in the next edition of this Community Newsletter, please send us an email to AC@great-news.ca



Acadia Community Association
 240-90 Ave SE | Calgary, AB T2J 6P6
 Phone: 403.255.1252 | Fax: 403.252.8593
 acadiaec@telus.net

Last 12 Months Acadia
 MLS Real Estate Sale Price Update

| | Average Asking Price | Average Sold Price |
|----------------|----------------------|--------------------|
| December 2016 | \$441,950 | \$427,750 |
| November 2016 | \$439,800 | \$430,000 |
| October 2016 | \$494,200 | \$490,000 |
| September 2016 | \$489,900 | \$477,500 |
| August 2016 | \$449,900 | \$432,000 |
| July 2016 | \$439,450 | \$429,250 |
| June 2016 | \$423,500 | \$424,250 |
| May 2016 | \$409,900 | \$415,000 |
| April 2016 | \$427,350 | \$420,500 |
| March 2016 | \$454,900 | \$447,000 |
| February 2016 | \$409,000 | \$393,000 |
| January 2016 | \$409,900 | \$403,000 |

Last 12 Months Acadia
 MLS Real Estate Number of Listings Update

| | No. New Properties | No. Properties Sold |
|----------------|--------------------|---------------------|
| December 2016 | 2 | 2 |
| November 2016 | 9 | 9 |
| October 2016 | 9 | 6 |
| September 2016 | 6 | 5 |
| August 2016 | 4 | 6 |
| July 2016 | 5 | 8 |
| June 2016 | 7 | 6 |
| May 2016 | 7 | 7 |
| April 2016 | 11 | 10 |
| March 2016 | 8 | 5 |
| February 2016 | 6 | 7 |
| January 2016 | 8 | 3 |

To view more detailed information that comprise the above MLS averages please visit acadia.great-news.ca

COMMUNITY NEWSLETTER AD SALES



Great News Publishing Ltd.
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 sales@great-news.ca
 www.great-news.ca

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IN & AROUND SCHOOLS

Mapleridge Cooperative Preschool

We at Maple Ridge Cooperative Preschool will be holding our 2017/2018 Preschool Open House at the school on Thursday, February 2nd from 5:00 to 7:00 pm, and Saturday, February 4th from 10:00 am to noon. You will be able to meet our highly experience teacher Mrs. Marshall and explore the classroom with your child.

The fun will continue this month with Valentine's Day and Family Day approaching. Mapleridge Cooperative Preschool children will be learning about and celebrating friendship, love and family in the classroom. Students will celebrate Valentine's Day with in-class parties filled with cupids, crafts, and crunchy heart cookies! We will also be learning exciting facts about Bears.

If you would like more information about Mapleridge Preschool please contact us by phone at 403-278-9594, by email at info@mapleridgepreschool.com or visit the web site at www.mapleridgepreschool.com.

IN & AROUND CALGARY



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Improve your spoken English and meet new women in your community with the New Friends and Neighbourhood Groups program. Drop in at one of our weekly groups throughout the city. No cost, no immigration requirements and no minimum English requirement. Free childcare provided for children 6 months to 6 years old. Visit www.ciwa-online.com for group locations and times or contact Debra Colley at 403-444-1752 or debrac@ciwa-online.com.

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calgary.acadia@assembly.ab.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Acadia. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

CONCIERGE/PERSONAL ASSISTANT SERVICE: Friendly, professional individual who lives in the community. Need a hand with small jobs? Senior's helper/companion, driver to appointments, grocery delivery, house and/or pet sitting, shoveling walks, painting, housecleaning, babysitting, etc. Reasonable rates. Phone: 403-869-6098.

RENOVATION/DEVELOPMENT: Complete interior and exterior general contracting services. Kitchens, baths, basements, media rooms, home offices, decking, fences, garages. Free estimates, references, warranty. J.D. Meyer Construction Ltd. Phone: 403-251-9023 or Cell: 403-831-4645.

JEFFREY ELECTRIC: Friendly professional electrical service for your next residential project, large or small. City Qualified Trade, Master Electrician, insured, licensed, certified, bonded. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Sub-panels, aluminum rewiring, custom kitchens and basements. Free estimates. www.cejelectric.com or call Clayton at 403-970-5441.

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WE CAN HELP U: We provide a reasonably-priced will, personal directive, enduring power of attorney for people of all ages. You are never too young to have a will or personal directive. We also provide land title transfer services, Corporate Registry. Call Liz 403-874-9893.

QUALITY DAYHOME IN OGDEN: Experienced midwife, caregiver and mother, with childcare First Aid/CPR certificate, has spots available for ages 11 months - four years old. Spacious play area, high fenced backyard. Lots of fun, arts and crafts, serves nutritious meal and two snacks. I also offer hemming and alterations. Call Chery: 403-875-8997 Email: chery.roy@hotmail.com.

YOGABEARS KIDS YOGA: Now accepting registration for January playschool classes. Yoga, mindfulness, games, stories. Tuesdays, January 10 - March 14, 2017, 9:30 - 11:00am, age 3 to 5 years. \$135.00 for 10 classes or \$15.00 drop-in. Mats are provided. Deer Run Community Centre, max 10 students. Call Kaura 403-809-1930 or visit www.yogabears.ca.

COMMUNITY ANNOUNCEMENTS

Deadline - 1st of each month for the next month's publication.
Contact news@great-news.ca

SAFETY SYNC
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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

Hi friends and neighbours

You may have heard in the news that last month our Government banned door-to-door sales of household energy products at the beginning of the year.

I am really proud of this decision, which helps protect Albertans from misleading, high-pressure sales.

The Government had received more than 1,000 consumer complaints about energy products and services, including:

- Deliberate misrepresentations,
- Selling products they don't really need,
- Energy contracts not being cancelled upon request, and
- High-pressure tactics

Under these new rules, Alberta has banned door-to-door sales of:

- Furnaces
- Hot water tanks
- Natural gas and electricity contracts
- Air conditioners
- Windows
- Energy audits

Energy companies can continue to sell directly to Albertans, including telephone and online sales, kiosks, and advertising. Consumers are still able to invite salespeople to their homes if they choose, and at the customer's request.

Alberta's *Fair Trading Act* protects consumers from unfair business practices before, during, and after a consumer transaction. Anyone with concerns about door-to-door sales should:

- Call our consumer protection line at 1.877.427.4088, and
- Visit servicealberta.ca to learn more about their rights

Alberta's Utilities Consumer Advocate website offers tips on buying energy products; helps customer shop around by comparing utility rates online; and explains utility bills. UCAhelps.alberta.ca

Open House Saturday March 28th from 2-4pm. Chat with your neighbours and friends over coffee and a snack. Bring your questions and join the conversation.

As always, my staff and I are here to help and hear your feedback. If you need assistance accessing government programs, want some support for a community event or initiative or just want to say "Hi," you can reach us by email at Calgary.Acadia@assembly.ab.ca, by phoning 403-640-1363 or visiting #10, 8318 Fairmount Dr SE.

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Councillor, Ward 9
Gian-Carlo Carra
 c/o Office of the Councillors
 PO Box 2100, Stn 'M'
 Mail Code #8001A
 Calgary, AB T2P 2M5

Hello Ward 9!

I hope that you enjoyed the last couple weeks of 2016.

With the recession that we Calgarians have suffered through for the past two years, it's important that we reflect on what we have, maintain hope for what may be, and roll up our sleeves together and work towards making our neighbourhoods prosper—as we always do.

We have seen our quality of life shaken by the hit to our local economy. As your City Councillor, I have seen and heard about it from you at events, through email, social media, and in one-on-one meetings. Things are tough, but we are still optimistic.

In 2016, your Team Ward 9 supported increasing affordable housing stock for seniors, reformed the secondary suite process, increased the potential space for child care services, lowered property taxes, and removed the "Greenfield" development subsidy for new developments on the edges of our city - decreasing the tax burden on tax payers to the tune of \$6,000 to \$20,000 per residential unit built.

We have also supported moving up the time tables of, and building, infrastructure projects to get Calgarians back to work, and amended the sliding scale subsidy for our less fortunate neighbours to ensure that they do not get left behind as we all tighten our fiscal belts.

I am proud to report that just over 8 out of 10 (82%) Ward 9 residents still say the quality of life in Calgary is good, and that almost 9 out of 10 (88%) residents are proud of the neighbourhood they live. This is the very basis of our upcoming success, as it is this togetherness that will ultimately see us out of the current rut that we are in.

This year, your Team Ward 9 and I will continue to focus on infrastructure, transit and traffic (and congestion), crime, safety, sustainable community growth and planning, and supports for people living in poverty and affordable housing.

I continue to hear you, and work towards creating the environment that will help our friends, families and neighbours flourish.

As always, I encourage you to contact me to let me know what your priorities are. I also encourage you to sign up for our updates at calgary.ca/ward9connect to stay in the know.

See you soon and let's make this a great 2017.

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