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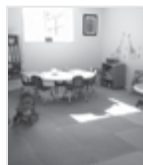
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**Auburn Bay
Community Assoc.**
c/o Auburn House, 200 Auburn
Bay Blvd. S.E.
Calgary, AB T3M 0A4
Phone (403) 390-2554
auburnbayca@gmail.com



**Marquis De Lorne
Community Assoc.**
6 Copperstone Way SE
Calgary, AB T2Z 0E7
Phone:(403) 532-8864
Fax:(403) 532-8874
info@mdlca.ca | www.mdlca.ca

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Elected Officials



Councillor Shane Keating
Ward 12 Office
P.O. Box 2100, Station M
Calgary, AB, Canada T2P 2M5
Phone: 403-268-2478
Fax: 403-268-8091
Email: ward12@calgary.ca
Web: www.calgary.ca/ward12



MLA Rick Fraser
Calgary-South East
Unit 202, 5126 - 126 Avenue SE
Calgary, AB Canada T2Z 0H2
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AUBURN HOUSE RENTAL RATES

Room Size	Room Capacity	Hourly Rate Prime Time	Hourly Rate Non-Prime Time	Weekend Day Rate 9am to 1am	Weekday Day Rate 9am to 4pm	Security Deposit
UPPER LEVEL BANQUET ROOMS						
Grande Hall A & B (1,628 sq ft)	85 - Dinner 100 - Theatre	\$50.00	\$45.00	\$425.00	<i>Not available</i>	\$500.00
A (1,162 sq ft)	60 - Dinner 70 - Theatre	\$40.00	\$35.00	\$325.00	<i>Not available</i>	\$500.00
B (466 sq ft)	25 - Dinner 30 - Theatre	\$30.00	\$25.00	\$225.00	\$150.00	\$500.00
LOWER LEVEL MULTI-PURPOSE ROOMS						
Multipurpose A & B (591 sq ft)	35 - Dinner 45 - Theatre	\$30.00	\$25.00	<i>Full day bookings not available due to registered and drop in programs.</i>		\$500.00
A (276 sq ft)	15 - Dinner 20 - Theatre	\$20.00	\$15.00			\$500.00
B (315 sq ft)	20 - Dinner 25 - Theatre	\$25.00	\$20.00			\$500.00
GYMNASIUM						
Full Gymnasium (5,345 sq ft)	200 - Standing	\$55.00	\$50.00	<i>Full day bookings not available due to registered and drop in programs.</i>		\$500.00
1/2 Gymnasium (2,673 sq ft)	100 - Standing	\$35.00	\$30.00			\$500.00
PICNIC SHELTER						
4 Available	Up to 25 Non Resident Guests	\$15.00	\$15.00	<i>Maximum 3 hour rental on all picnic shelters.</i>		

Looking for a great venue to host your next event? Auburn House is a 13,390 square foot contemporary lodge featuring a grande hall, a multi-purpose room, a gymnasium as well as picnic shelters available for rental. Auburn House offers ample room for everything from community events to weddings and birthdays.

For more information contact a Bookings Coordinator at 403-537-2670 Monday to Friday 9am to 4:30 pm or email admin@auburnbay.org to book your function.



AUBURN BAY RESIDENTS ASSOCIATION

CONTACT INFO

Auburn Bay Residents Association
c/o Auburn House

200 Auburn Bay Boulevard SE, Calgary, AB T3M 0A4
Office Tel: (403) 537-2601, Office Fax: (403) 537-2670

E-mail: **Administration**

Marilyn Alcock admin@auburnbay.org

Program & Events Manager

Jennifer Tait programs@auburnbay.org

General Manager

Chrissie Rozak gm@auburnbay.org

Hours of Operation

Auburn House Lake & Park Hours

Monday – Sunday 9:00 am – 10:00 pm

Auburn House Regular Office Hours

Monday – Friday 9:00 am – 5:00 pm

Closed for lunch 12:30 pm – 1:00 pm



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 of each month for the next month's issue

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AUBURN BAY RESIDENTS ASSOCIATION

Auburn House Summer Programs

Beach weather is almost here and we're gearing up for a fantastic Summer at the Lake!

Don't miss out this summer on a variety of great youth summer camps – half day and full day camps available! Plus, many popular adult fitness classes all here at Auburn House to keep you and your entire family fit and having fun all summer long.

Registration is currently open and programs begin this month! – Check out all our programs available in the Summer Program Guide & Events Calendar on AuburnBay-connect.com.

- Youth Summer Full-Day Camps
- Tennis Camps
- Basketball Camps
- Bricks for Kidz Camps
- Sports Camps
- Dance and Theatre Camps
- Stand Up Paddle (SUP) Board Lessons
- Cardio Kickbox
- Beach Body Blast
- Strollersize
- Yoga on the Beach
- Plus More!

Register online at AuburnBay-connect.com, stop in at Auburn House, or call 403.537.2606 / 403.537.2605.

View the Program Guide & Events Calendar online at AuburnBay-connect.com.

Auburn House Drop-In Program Passes

Get yours today and add some flexibility to your fitness schedule. Drop-in passes are available for select adult programs at Auburn House!



Auburn Bay Community Association
 c/o Auburn House, 200 Auburn Bay Blvd. S.E. | Calgary, AB T3M 0A4
 Phone (403) 390-2554 | auburnbayca@gmail.com

Last 12 Months Auburn Bay
 MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
April 2016	\$548,000.00	\$531,000.00
March 2016	\$549,900.00	\$536,000.00
February 2016	\$529,900.00	\$516,000.00
January 2016	\$422,400.00	\$419,500.00
December 2015	\$584,450.00	\$570,750.00
November 2015	\$529,900.00	\$512,500.00
October 2015	\$482,450.00	\$475,000.00
September 2015	\$540,200.00	\$525,000.00
August 2015	\$492,450.00	\$484,500.00
July 2015	\$444,900.00	\$450,000.00
June 2015	\$534,900.00	\$523,000.00
May 2015	\$487,900.00	\$488,000.00

Last 12 Months Auburn Bay
 MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
April 2016	33	27
March 2016	44	23
February 2016	34	25
January 2016	42	16
December 2015	14	8
November 2015	17	20
October 2015	24	14
September 2015	23	24
August 2015	34	24
July 2015	28	35
June 2015	41	35
May 2015	48	35

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To view the specific SOLD Listings that comprise the above MLS averages please visit auburn_bay.great-news.ca

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CALL TO BOOK YOUR FIRST APPOINTMENT WITH OUR PHYSICIANS AT THIS NEW CLINIC

Calling All Neighbours!

To have your Family profiled (Story and Professional Pictures) in the next edition of this Community Newsletter, please send us an email to ABM@great-news.ca

CONTACT INFORMATION

Telephone: 403.781.6614
 Fax: 403.781.6655
 Email: info@cranstonresidents.ca
 11 Cranarch Road, S.E.
 Calgary, AB T3M 0S8

Facebook: CranstonCenturyHall
 Twitter: Centuryhall
 Instagram: Cranstoncenturyhall
Century Hall Administrative Office Hours

Monday to Friday
 9 am to 5 pm

Century Hall Park Hours

Monday to Sunday
 9 am to 10 pm

Acting Administrative Manager

Amber Sessford
 admin@cranstonresidents.ca

Recreation Manager

Maren Tryon
 programs@cranstonresidents.ca

Facilities Manager

Al Proctor
 aproctor@cranstonresidents.ca

Acting General Manager

Marcie O'Rourke
 gm@cranstonresidents.ca

Cranston Residents: Do you have your membership cards for Century Hall? All residents over the age of 12 are now required to have a membership card for entry to the new Cranston Century Hall Park and facility. Membership cards will also allow you to register for programs offered by the Cranston Residents Association (CRA). Pre-enter your membership card request form available at www.cranston-connect.com and then drop by Century Hall to pick up your card. ****IMPORTANT**** Please use the front entrance only to gain access to the facility.

Family Movie Nights At Century Hall

Enjoy a family movie night, at Century Hall every third Friday of the month from 7-9pm, for the low cost of \$5/family! This price includes admission, drinks, and popcorn for your entire family! You can't beat that price for a family night out! Movie selections will be advertised every month on our website: www.cranston-connect.com. Everyone is welcome...we hope to see you here!

June Movie Night – June 17, 7:00PM – 9:00PM

This month's Movie: ZOOTOPIA

Big Thank You to Cedarglen Homes for their ongoing support of this monthly event!



Cranston Parade of Garage Sales: June 4, 2016

Spring is the perfect time of year to clean up the house and yard and clear out those items that you don't use any more and a garage sale is the perfect way to do that. Registration is now closed for this event, but feel free to run your own sale this same day!

Thank You to Our Mother Daughter Tea Party Sponsors

On May 7th we hosted our annual Mother Daughter Tea Party. We had sold attendance at both seating's and the event was a huge success in large part to our great sponsors. Special thanks goes to: Save On Foods – Seton, Funky Petals – Seton, Steeped Tea with Leslie, Prestige Dance Academy, Princess Parties by Mimi, Clay for Kids, and Princess Parties by Mimi. We couldn't have done it without you!

Drop-In Story Time & Book Truck (0-5yrs):

Hosted in partnership with Calgary Public Library you are invited to come and spend time with other parents and children while participating in a 30 minute story time. You can also use this opportunity to sign our and exchange books from the library.

The Book Truck will be available from 10:00AM – 12:00PM with story time at 10:30AM.

Thursdays: June 9 & 23

Drop In Craft & Play Time (0-5Yrs):

Come and join us Wednesday mornings! This unstructured and unsupervised craft time is perfect for caregivers to bring their little ones out to meet new friends and get creative. Using a variety of craft supplies, you are able to create to your hearts content. The Deep South Coalition will join us the third Wednesday of each month to bring

~continued next page~

different games and activities focusing on different aspects of early childhood development. This will be in addition to the craft times.

Wednesdays, June 1, 8, 15, 22, 29, 2016 9:30AM – 11:30AM Fee: \$2.00/visit



Adult Card and Social Afternoon:

Wednesdays, June 1, 8, 15, 22, 29, 2016 1:00PM – 3:00PM Fee: \$2.00/visit

Are you at home during the day and looking for a way to meet new people in the community? If so, join us at Century Hall every Wednesday to enjoy coffee, tea, snacks, games and great company! We look forward to seeing you soon.

\$30 Lawn Care

BASE RATES

\$30 Cut and Trim (weekly/bi-weekly)
 \$60 Aerate
 \$40 Power Rake
 \$30 Fertilization

Dwight 403-612-4262

Chris 403-613-6609

Summer Program Registration is on Now

There are some amazing offerings this summer including Glass Blowing, Tennis & Basketball Camps, adult fitness programs, children's art programs and of course some amazing summer camps for all ages.

Call us today at 403.781.6614 ext. 0 to register!

Century Hall Summer Camp Registration Is On Now

Join us at Century Hall for a summer filled with adventure! With a new adventure each week, your child is sure to have a blast. Explore the Wild West, create an experiment, you can even go on a journey with dinosaurs! Our camps will be filled with fun for kids of all ages.

CAMP RATES & REGISTRATION SCHEDULE

Right on Time Rates:
 June 1, 2016 and Onward

Full Day (5-6yrs, 7-9yrs & 10-12yrs)	Resident: \$190.00 Non-Resident: \$200.00
Half Day (3-5yrs)	Resident: \$105.00 Non-Resident: \$115.00

Drop-In To Century Hall

Come spend the day with us! With a great selection of activities, bring your family for a day of play. Whether you're outside on the tennis courts or inside in the gym, we've got something for everyone! View all schedules by heading to our website www.cranston-connect.com

NEW DROP IN RATES (effective April 1st)

Non-Resident Drop-Fee: \$6.00 single visit
 5X Pass: \$27.50
 10X Pass: \$50.00



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McKenzie Towne STAMPEDE BREAKFAST

July 14, 2016

9:00 am – 11:00 am

High St. SE, McKenzie Towne

Volunteers needed! Visit mtcouncil.com for volunteer information. Volunteers are the backbone hosting a successful Stampede Breakfast and we need your help.

McKenzie Towne Council, in partnership with the Stampede Caravan Committee, is reviving the McKenzie Towne Stampede Breakfast! There will be tons of activities: Live music, marching bands, Indian dancers, visiting Stampede celebrities, activities, games + prizes, pony rides and a petting zoo. www.mtcouncil.com for event information.



IN & AROUND SCHOOLS

Prince of Peace School News

The excitement is growing ... I know many students in the Auburn Bay community are looking out their windows at the trucks, equipment and many workmen build their new school ... And we are all counting the days until our learning journey begins. Not long to wait now!

We are pleased to report that the construction is going well and we are projected to open in September. Until that time, we encourage all students to continue to work hard on their studies, say farewell to the staff & friends at your current schools, enjoy a restful summer holiday, and we look forward to meeting you in the fall.

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On the sale of a \$500,000 home	\$ 0 Listing Realtor Fee \$9,500 Buying Realtor Fee	50%
\$19,000	\$9,500	

Thinking of building? I can work with most builders on your behalf if I am included on your first contact with the builder.

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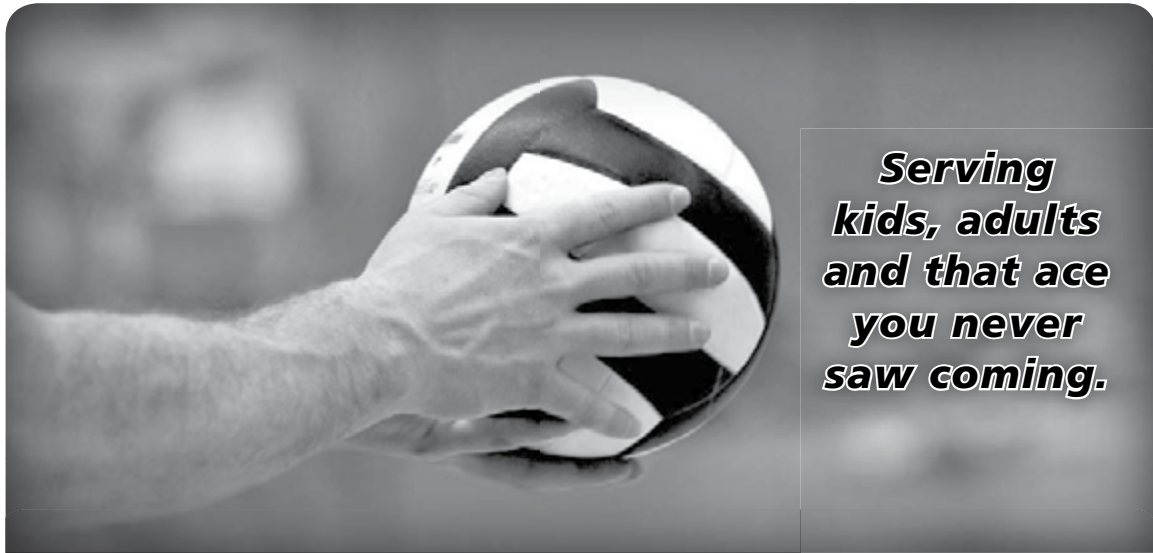
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YOUR COMMUNITY business of the month

Funky Petals

Have you been to Funky Petals in the new community of Seton yet? Come smell the flowers!

Funky Petals in Seton opened just over two years ago. We thought it was important to be in Phase One in order to establish roots in the growing community. The location of the store is perfect. Located next to Bell, in between Good Earth, salons, dentists etc. It is a busy area. We also wanted to be near the South Health Campus hospital in order to provide excellent service to the patients and staff there.

Our store atmosphere is fun, inviting and open. Our customers can feel relaxed in the environment. With the invigorating smells of fresh flowers, we often have people come in just to 'smell the roses'. We carry fun giftware, plants, and cards. There are always multiple fresh funky arrangements available in our cooler. Price varies from \$20 to \$200. We also have fresh bunches pre-made. This allows a customer in a hurry to pick one and quickly be on their way. The main service we pride ourselves in is doing custom arrangements on the spot. A customer can come in, have a look at our fresh product in the back of our cooler, tell us a price point they have in mind and we will make it on the spot!

We also have a web-page with different ideas for a customer to choose from. We can change up any of the flowers and or colors in any of the arrangements. Customers can pick the vase or container they prefer. We will even make them smaller, or larger to suit the needs of each customer. Once we are finished, we will send you a picture before

delivering if requested. We deliver all through Calgary and to surrounding areas. Delivery fees are reasonable and most always can be done same day. There is no charge for deliveries to the South Health Campus as well as the Seton Seniors Community Residence.

We are open every day right now, with summer hours to change for July and August. We can be reached by phone at 403-723-0852, or e-mail melissa@funkypetals.com. Check out www.funkypetals.com for some fun pictures, or visit us on Facebook Funky Petals on Seton for custom arrangement ideas.



Funky Petals Seton

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403-723-0852



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Auburn Bay mybabysitterlist

Name	Age	Contact	Course
Kelly	13	403-617-1141	Yes
Tiana	13	587-432-7282	Yes
Quinn	13	403-990-2570	Yes
Ema	15	403-466-5171	Yes
Kennedy	15	403-463-9800	No
Lynda	15	587-229-9118	No
Deseray	17	587-437-0833	Yes
Abby	18	587-439-7017	Yes
Louise	19	587-439-1255	Yes
Sujitra	31	587-284-1984	No
Rosemarie	36	403-708-5759	No
Annie	37	587-968-6504	Yes
Trina's Dayhome	43	587-432-2527	Yes

Calling All BABYSITTERS Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

IN & AROUND CALGARY

World Elder Abuse Awareness Day

World Elder Abuse Awareness Day is recognized on June 15. During Seniors' Week conversation cafes about elder abuse, its incidence, impact on community and resources for Calgarians will be held around Calgary.

World Elder Abuse Awareness Day events culminate in a public gathering at Olympic Plaza on June 15, from noon to 1 p.m. Join with other Calgarians to listen to speakers and raise the public awareness about elder abuse. Bring your lunch and wear purple to show your support.

Visit calgary.ca/seniorsweek for event information.

SHC Wellness Centre

June Highlights

**Healthy Albertans
Healthy Communities
Together**

Have you been to the Wellness Centre yet? Come find out what we are all about.

**A few of our FREE programs are highlighted below
Fuelled To Move (Ages: 14-17)
Saturdays 10:00-11:30am, begins June 4**

Learn how to fuel your body to get the most out of your workout, reach your fitness goals and be healthy for life! You will learn weight room etiquette, proper resistance training techniques, and be introduced to a group fitness class. Practice how to prepare nutritious, energy-boosting meals and snacks in the Wellness Kitchen. This class comes with a FREE 1-month pass to the YMCA.

**I know I Should Eat Healthy but How
June 6 5:30-8:00pm**

In this kitchen demonstration you will learn how to put nutrition and weight management principles into practice using the 4 P's: Plan, Purchase, Prepare and Pack. Facilitated by an AHS Registered Dietitian.

**Art Therapy with Heart: Creative Drawing & Scratchboard
June 8 1:00-3:00pm**

Creative expression helps patients & families with the feelings that come with diagnosis/treatment of cancer. Adults who are receiving or moving beyond cancer treatment will choose from a selection of images, symbols and animals to create a piece of art on scratchboard. See yourself and others from a different perspective as you engage in the creative process, relax and be mindful.

**Understanding Dementia & Strategies to Improve Brain Health
June 15 6:30-8:30pm**

As our population is living longer, it's important to have a basic understanding of dementia; maintain your brain

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Traditional Meat Pies
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- Okotoks 94 Elizabeth Street Okotoks 587.757.9995

health and reduce your risk. This session will cover:

- Types of dementia
- Signs and symptoms
- Simple strategies for improving your brain health
- How to reduce your risk of developing dementia
- Programs and services available to support you

**Allergen Aware-Allergen Safe
June 20 6:30-8:00pm**

This workshop provides an overview of allergy and anaphylaxis including signs, symptoms, triggers and basic management strategies. Participants will be given the opportunity to use practice auto-injectors and taught what to do in case of allergic emergency. The focus will be on the three A's: Awareness, Avoidance, and Action.

Most programs require registration. See our program guide and learn how to register at www.ahs.ca/shcwellness or 403-956-3939.



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South Calgary Health Centre Building
31 Sunpark Plaza SE Calgary T2X 3W5

IN & AROUND CALGARY

BBQ Season is upon us!

Your Calgary Fire Department wants you to grill safely!

- Propane, natural gas & charcoal BBQ's should **only** be used outdoors.
- The grill should be placed well away from the home, deck railings and out from under eaves and overhanging branches
- Keep children and pets at least three feet away from the grill area
- Keep your BBQ clean by removing grease or fat build-up from the grills and in trays below to reduce the risk of flash fires
- Never leave your grill unattended.

NATURAL GAS/PROPANE GRILLS

- Always make sure the lid on your gas grill is open before lighting it.
- Check hoses for leaks at the start of BBQ season by applying a light soapy water solution to the hose, a gas leak will release bubbles
- If your grill has a gas leak, by smell or the soapy bubble test, and there is no flame, turn off both the gas tank and the grill, then get the grill serviced by a professional before using it again.
- If you smell gas while cooking and cannot safely turn off the gas, then immediately get away from the grill and call the *Fire Department*, **DO NOT move the grill**. If the flame goes out, turn off and wait at least 15 minutes before re-lighting it.

CHARCOAL GRILLS

- The grill should be placed well away from the home, deck railings and out from under eaves and overhanging branches
- If you use a starter fluid, use only *charcoal* starter fluid.
- Never add charcoal fluid or any other flammable liquids to a fire OR while hot coals are present.
- Keep charcoal fluid out of the reach of children and away from heat sources
- There are also electric charcoal starters, which do not use fire. Be sure to use an extension cord for outdoor use.
- When you are finished grilling, let the coals completely cool before disposing in a metal container.

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IN & AROUND
CALGARY



Calgary Community Standards
River Safety Tips

Your safety and the safety of others should always be top of mind. Rafters, boaters and paddlers need to be aware of water levels, temperature, current speed, cloudy water conditions, and river hazards including bridge abutments, trees and other large debris in the water that can catch, trap or overturn vessels.

Being impaired while on the water is never tolerated, nor is the transport or consumption of alcohol.

Always be prepared

Your safety is your responsibility. All river passengers must wear a life jacket or personal floatation device (PFDs) on the water. Make sure it fits well and is fastened properly. All river vessels must also have a sounding device such as a whistle, and a buoyant heaving line (throw-bag) no less than 15 metres long.

Always tell someone where you are going and when you expect to return. Arrange drop off and pick up points before you enter on the river. Leave emergency contact phone numbers with someone who can report that you are overdue.

Be aware of river conditions

Although our City rivers may appear calm in some areas, this isn't always the case. The City has tools and resources available to help Calgaryans check river conditions before you begin your trip. If river flows are high, especially after a major rainfall, postpone your trip until the flows have returned to safer levels. Keep in mind that flows can change quickly.

Visit calgary.ca/floodinfo for the latest information including flood advisories. You can also subscribe to our weekly newsletter and download the Alberta Rivers: Data and Advisories mobile app.



Enjoy some family time at
Canada's largest
man-made wetland

Bring the family to Ralph Klein Park on Sunday, June 19 from 1 to 3 p.m. for free activities and entertainment at The City of Calgary's Parks Fest! Enjoy an afternoon of face painting, pond dipping, guided walks, nature crafts and more. Learn about Canada's largest man-made wetland, visit the park's Environmental Education Centre and explore the wonders of nature all around.

Don't forget your sunscreen and water bottle, and please leave your furry friends at home. Pets are not permitted on site, excluding assistance dogs.

For more information, visit calgary.ca/parksevents.

Aboriginal Awareness Week

Each year The City celebrates the Chief David Crowchild Memorial Awards and Youth Achievement Award to honour the efforts and contributions of a person, group or organization both Aboriginal and non-Aboriginal who have worked to create cross-cultural experiences and understanding.

Join the conversation online by searching Calgary Aboriginal Awareness Week on Facebook event pages and get details about the upcoming awards and exciting developments in this area.



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**JULY 8 TO 17
CALGARY STAMPEDE**

Each year, more than one million visitors from across North America and around the world come to Calgary to experience the heart-stopping action of the world's richest Rodeo, featuring bull riding, barrel racing, and more. www.calgarystampede.com



**JULY 21 TO 23
MILKY WAY NIGHTS**

The Rothney Astrophysical Observatory is open to the public for night sky viewings for three nights this month. During this time of the summer, conditions are ideal for viewing distant galaxies, nebula and other planets. www.ucasg.ca



**JULY 30
SLIDE THE CITY**

That bright green, 1,000-foot-long slip-and-slide will return to 10th Street N.W. at the end of July. Choose to slide down once or multiple times. www.slidethecity.com



**YOUR COMMUNITY/CITY EVENTS
AT A GLANCE...**

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- **July 1 to September 4 - Legends of Rock N Roll:** Buddy Holly, Tom Jones, Neil Diamond and Elvis Presley perform classics like Delilah, Blue Suede Shoes and many more. www.stagewestcalgary.com
- **July 17 - Park Day and Creekfest:** This annual event is a celebration of Alberta's natural areas. The whole family is invited to come to the park to learn how to protect our watersheds and respect the provincial park. www.friendsoffishcreek.org
- **July 19 to 24 - Newsies:** This high-energy musical is based on the true events of the 1899 Newsboys Strike. The show centres around a group of struggling "newsies." www.calgary.broadway.com
- **July 21 to 24 - Calgary Folk Music Festival:** This year is the 37th annual Calgary Folk Music Festival. Expect more than 70 different artists from around the world to perform on the various stages at Prince's Island Park. www.calgaryfolkfest.com
- **July 22 to 24 - Fiestaval Latin Festival:** This free, family-friendly festival is a multicultural celebration of Latin American culture. www.fiestaval.ca
- **July 23 and 24 - Pet-A-Palooza:** A pawty for fido is just what your summer was missing. Join us to meet over 80 exhibitors, local rescues, listen to live music, check out Running of the Bulls - French and English Bulldog Races! www.petapaloozawest.com
- **July 25 to 31 - Calgary International Blues Festival:** This year marks the 12th annual Calgary Bluesfest. It's a full week of celebrating the best of blues music, with workshops, concerts and special events. www.calgarybluesfest.com
- **July 30 - Making a Murderer's Dean Strang and Jerry Buting:** The two defense lawyers are stopping in Calgary as part of their A Conversation on Justice tour. The two will do a Q&A session, discuss the Steven Avery case and talk about what it means in broader terms, too.
- **July 30 - Inglewood Sunfest:** This neighbourhood street festival includes activities that appeal to Calgarians of all ages. Expect live music, plenty of street performers, a Show and Shine and activities for the kids. www.inglewoodsunfest.ca

**IN & AROUND
CALGARY**

Property Tax Assistance Program

Property Tax Assistance Program: Help is available. The City of Calgary may provide a grant/credit of the increase in residential property taxes from 2015 to 2016.

To be eligible, the applicant must:

- Experience an increase in property taxes from 2015 to 2016.
- Live in the principal residence for a minimum of one year.
- Own no other property.
- Must meet low income guidelines of the Fair Entry Program. Visit calgary.ca/FairEntry or call 311.
- Provide an acceptable proof of household income for all members 18 years of age and older. Visit calgary.ca/FairEntry or call 311.
- Apply for the grant/credit by Dec. 1, 2016. Visit calgary.ca/FairEntry or call 311.
- Even if you are not eligible for the Property Tax Assistance Program, we may be able to help you access other community resources.

Please note: Even though an application has been made to the Property Tax Assistance Program, all property taxes must be paid in full by the due date, June 30, 2016, to avoid a seven per cent penalty.

For more information, or to apply, please contact 311 or visit calgary.ca/FairEntry.

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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.



The scoop on dog poop

With 150 public off-leash areas and over 100,000 dogs in our city, it's clear Calgarians love their canine companions. What isn't to love is the stinky situation left behind when owners don't pick up after their pets.

Cleaning up your dog's waste helps keep our yards, parks and off-leash areas safe and healthy, and is part of being a responsible pet owner.

Here are five facts you may not know about doggy doo-doo:

1. It's classified as a hazardous pollutant. It's in the same category as toxic chemicals!
2. It's crawling with E. coli and often contains round-worm larvae which, if ingested by humans or dogs, can lead to brain, eye and other organ damage.
3. It's not a good fertilizer. Its high nutrient content is toxic to lawns and will create "hot spots" causing the grass to burn and discolour.
4. It doesn't absorb into the soil, so the risk of spreading its harmful effects can linger for years!
5. It attracts mice, coyotes and other wildlife that consider it a delicious snack.

Keeping our city pet-waste free is easy, if we all do our part. Always carry pet waste bags with you when you walk your dog, and pick up and properly dispose of your pet's waste as soon as possible.

To learn more about the importance of picking up after your pet, join us at a P.U.P.P.Y. (Pick Up Pooch's Poo Yourself) event near you. Visit calgary.ca/puppy for details.



Healthy Kitten Basics

by Jennifer L. Scott, D.V.M.

So you've acquired a new kitten and you want to protect the little fur ball, now what? There are a number of steps you need to take to protect your new housemate, and any current feline residents.

Your first step is to visit your veterinarian for a complete physical examination. Sooner if your kitten has goopy eyes, nose, or he is sneezing; kittens are prone to a wide variety of nasty respiratory viruses. If you already have cats in your house, your veterinarian will strongly recommend blood tests for Feline Leukemia Virus and Feline Immunodeficiency Virus. Screening your kitten for these diseases will reveal if they are silently positive for a disease they may carry for years. This will protect any other cat old or new in the household that will be at risk by transmission of body fluids in scratches and bites.

A new kitten should receive two to four sets of vaccinations a month apart. Vaccinations should end about sixteen weeks of age because maternal antibodies in the mother's milk may block the vaccine's effectiveness if the mother cat was also vaccinated. Initial vaccinations include feline distemper or panleukopenia, and a number of feline respiratory viruses. Rabies is in the last set of vaccinations. Veterinarians consider rabies vaccination especially important for all cats because of the exploratory nature of the cat. An indoor apartment cat could get rabies from the little bat that flew in the open window and landed behind the sofa. Any outdoor cat should be on a preventative medication for fleas, ticks, and lice infestation as well as being dewormed regularly for internal parasites. A tick carrying Lyme disease could be introduced into your house by your cat.

Kittens should receive boosters one year after their last kitten shots. During ongoing annual physical examinations, your veterinarian may recommend vaccination boosters, blood titers, fecal testing, and any other tests depending on your particular cat's health and lifestyle. Cats over eight years of age should have their blood pressure done. Felines are prone to hypertension.

Train your kitten to tolerate teeth brushing with salmon or tuna flavored (yummy!) toothpaste. Ask your veterinarian to show you how. Trim those nails frequently and teach that kitten to use a scratching post. Some cats can be trained with treats and lots of positive reinforcement to perform tricks, poop in the toilet, or fetch a ball... I haven't had success myself on this front. I recently discovered there are gaming apps for the Ipad your cat can play and he can even try to beat his best time. Check out the Purina fishing game.

Spay or neuter your pet. This is usually done around six months of age. Intact tomcats have a stronger odor and an overwhelming need to seek a mate. Intact female cats will go in and out of heat every two weeks at certain times of the year. They will overwhelm the household with their vocal persistent desire to find a mate.

Finally, the cat has come a long way in our hearts as a companion over the last three or four decades. For most of us, our cat shares at least equal, sometimes superior, status with the dog in the family. Many cats live into their late teens even early twenties. Our ability to treat cats has progressed to incredibly sophisticated levels. Consider investing in pet insurance programs now available for your new baby.

IN & AROUND CALGARY

Construction Zone Safety

Imagine having to look both ways before walking down the hallway to your next meeting. Picture yourself having to constantly look back while working on that report at your desk. Envision a workplace where there is a risk of getting seriously injured each time you get up to discuss your work with a colleague. This is reality for those who are working on our city roads.

Keep an eye out for construction zones and obey the posted speed limits. While workers may not always be present, there may be unseen dangers such as uneven roadway or veering lanes. The City would like to remind all of those using the roads that when we watch out for each other, and show patience and courtesy, road work can be completed safely and efficiently.

For more information on construction zone safety, visit calgary.ca/constructionzonesafety.

For information on road closures and detours, visit calgary.ca/trafficinfo.

BRAIN GAMES SUDOKU

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FIND SOLUTION ON PAGE 26



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TRICO CENTRE
FOR FAMILY WELLNESS
11150 Bonaventure Drive SE

Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

June at Trico Centre
Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week (more than 55 in the summer months), use the gymnasium, skate, or play shinny, plus with a membership you get 20% off our fun, active registered programs. Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association).

Membership Specials while the Pool is Closed
After 33 years in operation, Trico Centre's Aquatics Centre is undergoing a major refurbishment. This project will address lifecycle issues, improve health and safety components. **The target reopen date is August 15, 2016.** There is still lots to do at Trico while the pool is closed. We will be hosting a pool grand opening, so watch for details.

- Purchase a new membership up until August 14, 2016 and receive 14 months for the price of 12.
- Purchase an All-Inclusive 10-Visit Pass up until July 31, 2016 and receive 13 visits for the price of 10.
- If you were a member on February 19, 2016 when the pool closed for its makeover, make sure to drop by Guest Services and fill out your form to receive a three-month free extension on your membership and five free passes*

Spring Activities for Families, Children, Youth

- **Summer Day Camps:** Trico Centre is known for its summer camps. Want your child to have fun and learn over the summer? Good quality themed camps. 3-14 yrs, weekly or daily, full day, half, day, pre and post care.
- More registered summer programs than ever before including Parent & Tot classes, preschool, children and youth. See the Summer Program Guide or check www.tricocentre.ca for all the details.
- Summer drop-ins include Drop-In Playtime (walking and up, Thursdays, 5-6:30pm, Drop-In Craft (2 yrs and up) Drop-In Dodgeball (10-14 yrs.) Check the Summer 2016 Program Guide for details.
- Skating Lessons – what could be a better way to spend a hot summer than in a cool skating rink. Parent & Tot, Pre-school Learn to skate, Youth Learn to Skate, Teen Learn to Skate, and private lessons.

- Intro to Hockey for 6-8 yrs, Intro to Hockey Adult & Child (4-6 yrs with parent/caregiver), and Power Skating & Recreational Hockey (7-12 yrs.)

Summer Programs for Adults

- Check out these registered summer programs: Core Fusion Barre, Obstacle Race Training, Stroller Fit, Fit 101: For the Absolute Beginner, and Sore Joints Training.
- Even though it is summer, there is still lots to do in the Fitness Centre. Choose from more than 55 dryland drop-in fitness classes every week. Free for members, drop-in fee for non-members.

Summer Programs for Older Adults

- Balance Builders: Fall Prevention for Older Adults, Bone Builders: Weight Training for Older Adults, Chair Yoga, and Sore Joints Training are registered fitness classes for older adults offered over the summer.
- Drop-in Pickleball is offered several times a week over the summer. Check out the Drop-In Gym schedule (available on the website or at Guest Services.) Free for members or drop-in fee for non-members.

Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

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calgary **reads**

Become a "Well Travelled Reader" this summer with our Little Free Library Passport challenge!

Like books? Like travel? How about a literacy-inspired journey around Calgary? It's free, fun for you, your family, group or team . . . and you can earn a great prize!

At Calgary Reads we inspire a reading-revival movement. Now, as part of spreading the joy of reading – you can take part in our **Little Free Library Passport challenge**:

1. First: visit the Passport Office (aka Calgary Reads – 105, 105 12th Ave SE) and collect your free Little Free Library Passport.
2. Then alone . . . or with your family, friends or group (who have Passports too) – visit the 14 Little Free Libraries (reader citizenship posts!) listed in the Passport. Use the stamps provided at each Little Free Library to stamp your Passport on the corresponding page.
3. Return to the Passport Office with at least 10 stamps in your Passport and receive a custom "Well Travelled Reader" badge to sew onto your jacket, backpack or hat. Treat each Little Free Library as if it were a different country and the stamp as your proof of entrance (visit)!

This adventure is open to anyone. Help us highlight the Little Free Library movement and share the importance of literacy and the joy of reading! On your travels perhaps bring a book or two to leave behind or choose a new (to you) one from a Little Free Library as you visit.

This project is an exciting collaboration with Calgary's 2014-2016 poet laureate Derek Beaulieu. Award winning poet, author and publisher, Derek's creativity flourishes. He created the stunning visual poems in our Passport.

So, be a Well Travelled Reader! Don't forget to share your photos with us @CalgaryReads using hashtag #yycLFLPassport.

The Calgary Reads office will be closed for summer break from July 18 to August 15, 2016. Pick up your free Passport soon and come back late summer to collect your badge! Calgaryreads.com.



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at
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COUNCILLOR, WARD 12 SHANE KEATING

Phone: 403-268-1698 • Email: Ward12@calgary.ca
Twitter: @CouncillorKeats Facebook: http://www.facebook.com/CouncillorKeating
Web: http://shanekeating.blogspot.com/

An early spring will hopefully translate into a wonderful summer for Calgarians. Despite the economic challenges we are currently facing, Ward 12 remains a very busy place. Earlier in the spring we saw the opening of a new distribution centre for Home Depot in Shepard Industrial Park as well as a Marshalls in South Trail Crossing. Two very exciting additions to southeast Calgary!

Construction for the New Brighton Regional Park and the Quarry Park recreation centre has concluded and these facilities will be opening soon. A few months ago ground was also broken for the Seton recreation facility. Southeast Calgary has grown rapidly and the addition of these new amenities will help make this area an even better place to live, work and play!

Coffee with Your Councillor

I want to hear from you. While I have the pleasure of communicating with many of you through social media, there is no replacement for face-to-face interaction. Join me for a cup of coffee to discuss the municipal issues that matter most to you. I'll be at the New Brighton Club (2 New Brighton Drive SE) on **Tuesday, June 21 from 7:30-8:30 pm**. I hope to see many of you there!

Deerfoot Trail Open House

Deerfoot Trail is one of the most important pieces of infrastructure in south Calgary. While the Government of Alberta is currently responsible for Deerfoot, The City has an important role to play. It is my great pleasure to invite you to an open house to talk about the past, present and future of Deerfoot Trail. The open house will take place at First Alliance Church (12345 40th Street SE) on **Thursday, June 23 from 7:00-9:00 pm**.

In attendance will be representatives from The City, from Alberta Transportation as well as Councillors and Members of the Legislative Assembly that represent south Calgary. It promises to be an interesting evening with plenty of opportunities to address your concerns about Deerfoot Trail.

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MATURE AND EXPERIENCED EUROPEAN CLEANING LADY: Available for New Brighton and area. References available on request. Please call Irena at 587-717-2127. Thank you.

ROCK'IN LANDSCAPES: Offers landscape construction services such as delivery of any materials (loam, gravel, rock, etc.). Bobcat services (grading, post holes, parking pads, etc.). Landscape construction (tree/shrub planting, patios, rock walls, etc.). 20 years' experience, informative, reliable. Call Ken 403-259-5226.

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ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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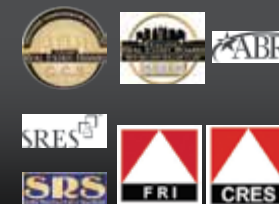


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