Bringing Chaparral Residents Together

CHAPARRAL Green Thumbs Community Garden Perennial Exchange
Saturday August 27
Southview Church is now finished construction. As your new neighbours in Walden, we want to get to know you by hosting a block party. Come out for a night of fun and food! There is no cost for this event. We hope to see you there!

FRIDAY SEPTEMBER 2, 2016 | 6:00 PM - 8:30 PM | 20200 WALDEN BLVD SE

LANDSCAPE CONSTRUCTION
Stone Patios • Retaining Walls • Sod • Trees
Flowerbeds • Fences • Decks • Landscape
Designs and much more

WEEKLY & BI-WEEKLY LAWN CARE
Cut & Trim • Fertilize • Pruning
Vacation Services and much more

Call Now for your FREE ESTIMATE
403.301.3300
www.assiniboine.com

2 yr Quality Guarantee • WCB • Insured • Licensed • Bonded

VISIT US IN SUNDANCE
DATE NIGHT DEAL
TWO CAN DINE FOR $19.99

FOR THE MONTH OF AUGUST,
GET TWO OPA! MEALS, TWO 21oz FOUNTAIN DRINKS AND ONE BAKLAVA DESSERT FOR $19.99.

Present this offer when you order at OPA! of Greece Sundance, while only at location shown. Not valid with any other offer, discount, promotion, coupon or flyer. Original Joe’s and OPA! of Greece reserve the right to discontinue this offer at any time, as supplies last. No substitutions or donations. PROMO KEY: BANNERF0R2 EXPIRES: AUGUST 31, 2016

OPA! OF GREECE SUNDANCE
(next to Original Joe’s)
#4108 - 15 Sunpark Plaza SE
(403) 873-7510 • opasouvlaki.ca

Dine In • Take Out • Catering
23rd Plant Trivia
The oldest living thing in existence is not a giant redwood, but a bristlecone pine in the White Mountains of California, dated to be aged 4,600 years old.

Deadline
Submit to Lynette at editor@chaparralcommunity.ca

2015/2016 COMMUNITY ASSOCIATION CONTACTS

CCA BOARD OF DIRECTORS
President Lynette Javaheri president@chaparralcommunity.com
Vice President Cory Exner planning@chaparralcommunity.com
Treasurer Fazeel Elahi treasurer@chaparralcommunity.com
Secretary Lisa MacLean Tofts secretary@chaparralcommunity.com
Membership Thomas Wimmer memberships@chaparralcommunity.com
Education Lawrence King education@chaparralcommunity.com
City of Calgary Liaison Marilyn Houston city@chaparralcommunity.com
Traffic Committee Dee Treder traffic@chaparralcommunity.com
Safe Communities Jonathan Weal safecommunities@chaparralcommunity.com
Director Racim Gribaa

VOLUNTEERS
Volunteer Coordinator OPEN
Events Coordinator OPEN
Trailblazer and Website Editor Lynette Javaheri editor@chaparralcommunity.com
Sports and Recreation OPEN
Planning and Development Lynette Javaheri planning@chaparralcommunity.com
CCA Representative for SFRA Joel Irwin sfra@chaparralcommunity.com
CCA Representative for Trico Thomas Wimmer memberships@chaparralcommunity.com
BFI Community Liaison Cory Exner clc@chaparralcommunity.com
Community Garden Jolene Ottosen chaparralgreenthumbs@gmail.com
Safe Communities Initiative Jonathan Weal safecommunities@chaparralcommunity.com
Condominium Liaison Dee Treder condos@chaparralcommunity.com
Chaparral Valley Representatives OPEN
Chaparral Ridge Representative OPEN
Lake Chaparral Representative OPEN

LAKE CHAPARRAL CONTACTS (NOT CCA)
Facility Director Nancy Farah manager@lakechap.ca
Administration Carly Dugdale office@lakechap.ca
Board President Murray Hunt president@lakechap.ca
Board of Directors General email cia@lakechap.ca

Chaparral Community Association
PO Box 58001, Chaparral RPO
Calgary, AB, T2X-3V2
ask@chaparralcommunity.com
www.chaparralcommunity.com

CONTENTS
Chaparral Community Association News 6
Green Thumbs 8
What’s Happening at the Lake 14
SHC Wellness Centre 18
Chaparral Real Estate Update 20

NEWSLETTER AD SALES
Great News Publishing Ltd.
403.263.3044 | 403.720.0763
sales@great-news.ca | www.great-news.ca

GREAT NEWS PUBLISHING HAS BEEN PROUDLY SERVING CHAPARRAL FOR 13 YEARS!
NEW TRAILBLAZER CONTENT
We are seeking to add new content to your community newsletter and are seeking questions you may have about living here in Chaparral. Question will be answered by either your Chaparral Community Association volunteers, Councillor Demong’s office or MLA Fraser’s office and as space permits will be published in the Trailblazer. Please submit questions to editor@chaparralcommunity.com.

ON AND AROUND YOUR PROPERTY
The following information has been extracted from the City of Calgary’s Good Neighbour Practices Reference Guide. It is intended to inform residents on a featured topic of interest. The City recommends informal communication with your neighbours as a simple way of addressing concerns if they arise. Questions or more information regarding specific bylaws, visit calgary.ca and search bylaws, or call 3-1-1.

Grass and weeds must be less than 15 centimetres (6 inches) in height.
Keep weeds in control so they do not spread from your property.
When watering your lawn, make sure water is not running onto the street or sidewalk. (Water Utility Bylaw 40M2006)
The best time to water your lawn is early in the morning or after it cools off in the evening.

RELOCATION OF MIDNAPORE HOUSEHOLD HAZARDOUS WASTE DROPP-OFF
Due to construction of the interchange along 162 Avenue and Sun Valley Blvd. S.E. the household hazardous waste drop-off at Midnapore Fire Station 26 has been relocated until early 2018. Drop-offs can be taken to Evergreen Fire Station 37 at 2511 Eversyde Avenue S.W. seven days a week, from 8 a.m. to 6 p.m.

Other household hazardous waste drop-offs in the south include Shepard Landfill – 68 Street and 114 Avenue S.E.

LITTLE FREE LIBRARY
Take a Book Leave a Book – Chaparral’s Little Free Libraries
The concept is simple: you leave a book or two that you don’t need any more and then borrow books that your neighbours have left. It’s a great way to not only encourage reading but also to get them out and about in the neighbourhood. Check one out. If you have a little free library added to our directory please contact editor@chaparralcommunity.com

92 Chaparral Drive SE
96 Chaparral Drive SE
225 Chaparral Drive SE (inside Lake Chaparral building)

CONNECT TO THE CHAPARRAL COMMUNITY ASSOCIATION:
Join our email list by subscribing at chaparralcommunity.com
Follow us on twitter @chaparral8
Visit our website at chaparralcommunity.com

SUMMER SPECIAL
587.481.7444 • 208-10 Chaparral Dr. SE
$5 OFF Retail or Hot Shave Must present coupon Expires 7/31/16
$3 OFF Senior or Kids Must present coupon Expires 7/31/16
20%OFF All Products Must present coupon Expires 7/31/16

ADORABLE DOG GROOMING
MOBILE SERVICE
I come to you!
SMALL DOGS ONLY
403-816-5853
CALGARY SOUTH
SHERRY BULLER

DEERFOOT CARPET & FLOORING
Starting Under $1.99 Psf
6170 - 12 St. S.E. 255-5880
www.deerfootcarpet.com
Ideas + Style + Great Pricing = Happy Customers

District 8
Mid-Sun Service Centre
450 Mid Park Way SE
Phone 403-428-8600
Office Hours
7 days a week 8:00 am - 6:00 pm
ATTENTION GARDENERS!
Chaparral Green Thumbs is hosting a plant share on August 27th.
Where: At the garden, which can be found on the east side of St. Sebastian School, across from the parking lot.
When: Plant drop off starts at 9:00 am and the plant share runs from 10:00-12:00
Anyone who brings in plant donations to the share will receive credit for an equal number of plants. Additional plants can be purchased for $2 each. Donations are not mandatory; anyone can purchase plants at the share.
Plant donations must be in good condition and clearly labeled including the plant’s common name, height, and colour. We will not be accepting any plants that are on Alberta’s Invasive Plant Council’s plant list.
Experienced gardeners will be on hand to give advice on where and how to plant if you need it.
Any remaining plants will be planted in the berm around the garden.

Don’t divide
Baptisia
Blanket flower (Gaillardia)
Bleeding heart (Dicentra)
Butterfly weed (Asclepias)
Coreopsis
Gas plant (Dictamnus)
Christmas rose (Helleborus)
Lavender (Lavandula)
Lamb’s ears (Stachys)
Oriental poppy (Papaver orientale)
Yarrow (Achillea)

Divide ever 2-3 years
Aster
Blanket flower (Gaillardia)
Clustered bellflowers (Campanula)
Daisy
Coreopsis
Gaillardia glomerata
Lamb’s ears (Stachys)
Yarrow (Achillea)

Divide every 3-4 years
Asitile
Bee balm (Monarda)
Black-eyed Susan (Rudbeckia)
Daylily (Hemerocallis)
Hosta
Peony (Paeonia)
Phlox
Purple coneflower (Echinacea)

When splitting plants, make sure your soil is damp, waiting well the day before helps, and trim off excess foliage, at least 1/3 if you can. Trimming the foliage helps the root system to deal with the shock of transplant by not having as much to move water to, but you want to leave enough to easily handle the plant. For many plants it is best to dig up the entire plant and root base, starting at the drip line, and place it on plastic. Some roots will naturally divide easily, while others will take some untangling. Plants with soft fleshy roots may need to be cut. Be sure to maintain a good balance of top growth and root in each new division. Don’t be afraid to use force and sharp objects if you need to. Some plants with smaller roots systems can be dug out section by section, taking out only the growth you want to move.
While dividing plants it is a good idea to check for weeds before you do anything else. The last thing you want to do is divide and relocate weeds as well!

Once the plants are divided and weed free they can immediately be replanted in a new spot or they can be temporarily housed in a shady bed with wet soil over their roots, while they wait to be taken somewhere else, like a plant share. Old plastic pots from bedding out plants make a perfect holder when it comes time to transport the plants to their new home, but even plastic bags will work. As long as the roots have moist soil around them, they will be fine.

When digging a hole for the new plant, be sure to dig it deep enough for the plant to sit at its previous level and include added compost without crowding the roots. Remember that next season the top of the plant will be as big as the roots you are planting, so leave room for growth. Once planted, gently fill in the hole, pressing the soil down by hand so as not to pack the soil too much. Be sure to create a ring around the plant to help retain moisture, and water well for the entire first season. Do not fertilize transplants until after you have seen new growth, although it is fine to include organic material to encourage root growth.

Once your plant is in the ground, treat it like you would a seedling, watering it regularly. Once the weather becomes cooler, treat as you do your other plants and allow it to go dormant and then protect for the coming winter.
So, now that you know what to do, look around your garden and see if you have anything to share, or space that you would like to fill, and join us at on August 27th at the garden.

If you are interested in more information or curious about upcoming events, check us out at http://www.chapgreenthumbs.ca/ or email us at chaparralgreenthumbs@gmail.com

Plant Share

Plant shares are right up there with some of my favourite things because a plant share is a great opportunity for established gardeners to find new homes for their excess plant material, and an inexpensive way for others to get new plants. I think 90% of the perennials in my yard have come from plant shares because you can’t beat the price and you know these plants grow well in Calgary.

Most perennials need to be divided every three to five years to encourage healthy growth. Left to their own devices, some plants will start to die in the middle as the plant grows too large, or simply stop blooming as much as it used to. Rather than waiting for one of these things to be your guide, it is better to stay ahead of the game and divide any plants that have double or tripled their size within a five year period.

Different plants have different needs. Some plants are happiest when left on their own, some should be divided every two or three years, and others are content to wait a little longer. The following chart gives a rough guideline, but remember that every garden is different and there are few hard and fast rules.

<table>
<thead>
<tr>
<th>Plant Type</th>
<th>Division Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Peonies</td>
<td>Every 3-5 years</td>
</tr>
<tr>
<td>Oriental Poppy</td>
<td>Every 2-3 years</td>
</tr>
<tr>
<td>Hostas</td>
<td>Every 3-4 years</td>
</tr>
<tr>
<td>Lavender</td>
<td>Every 3-5 years</td>
</tr>
<tr>
<td>Pink Phlox</td>
<td>Every 3-4 years</td>
</tr>
<tr>
<td>Purple Coneflower</td>
<td>Every 3-4 years</td>
</tr>
</tbody>
</table>

Traditionally, it has been believed that fall flowering plants should be split in the spring, while spring flowering plants should be split in the fall, but these days many believe that it doesn’t really matter. A few exceptions that most adhere to are peonies, oriental poppies (if you are going to try), astilbe, and tall bearded irises, which should be divided in early fall.

The only tools you need for the job are a sharp shovel, pruners if you have them, and plastic sheeting or something to place the divided plants on.
Summer Fun for Children & Youth
Summer Day Camps: Trico Centre is known for its summer camps. Want your child to have fun and learn over the summer? Quality themed camps. 3-14 yrs, weekly or daily, full day, half day, pre and post care. See the Summer Program Guide or check www.tricocentre.ca for all the details.
Summer drop-ins include Drop-In Playtime (walking and up, Thursdays, 5-6:30pm), Drop-In Craft (2 yrs and up, Tuesdays, 5-6:30pm) Drop-In Dodgeball (15 yrs +, Wednesdays, 7:15-8:15pm). Check the Summer 2016 Program Guide for details.

Fall/Winter Program Guide and Registration
Member registration begins August 2 and 3 (ongoing.) General Public: August 4 and ongoing. Trico has something for everyone! Swimming lessons, skating lessons, adult fitness, older adult fitness and wellness, parent & tot, preschool, children & youth. Lots of new programs; see www.tricocentre.ca for a pdf of the Fall/Winter Program Guide or pick up a copy at Trico Centre.

New for Fall: Adults
Ballet Barre Blast: A unique blend of dance, Pilates, yoga, and cardio moves—it’s a kick for the midline, glutes, and legs. Myofascial Stretch and Release: Maximize your mobility and reduce pain. Also new is The Focus Series - Goal-focused small groups that are affordable and fun! Groups include fat burning, healthy back & joints, basics, power lifting and strength training.

New for Fall: Tots/Preschoolers
Combo classes: Art N’ Gymnastics (4-6 yrs), Funky Fridays (3-5 yrs) Each week focuses on a different theme inspired by science experiments, music, cooking, crafts, or sports, and includes a supervised dip in the pool for the last half hour. Kangaroos and Krocodiles (3-5 yrs.) Get ready, get wet...go! This program starts in the gym with games, sports, songs, and tons of fun—and finishes up with a swim lesson!

New for Fall: Youth
Hip Hop (6-10 yrs): learn how to Hip Hop to the beat in this grooving dance class. Gym n’ Swim Fridays (6-10 yrs & 10-14 yrs) This high-energy program starts with active games and play in the gym and ends with free water play in the pool! Perfect fun for Friday!

Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.
Successful, healthy communities are generally those with active and sustained membership and involvement of the community residents. Often a strong membership representation is an indication that our association is serving the needs of the community and is therefore, valued and supported by its residents. Your support today is important and ensures new energy to continually address community issues.

What your Community Association does for you…

- Programs and activities put on by the CCA (Stampede Kick-off Breakfast, “Winterlude”, to name a few)
- Social, environmental and civic affairs (BFI Public Open House, Drugs in your city awareness presentation, Trailblazer, Traffic & Zoning Issues)
- Government Liaison (With The City of Calgary and Government of Alberta)
- Weigh-in on Commercial Applications (Telus Cell Tower, BFI Canada Inc., Inland Cement and local based businesses)
- Insurance and Administration (Covers annual operating costs and applicable insurance cost to operate yearly)

The Chaparral Community Association has been working hard to cover all the views, opinions, and concerns for all matters pertaining to Lake Chaparral, Chaparral Ridge, and Chaparral Valley outside of the Lake facility (we have nothing to do with Lake operations). We meet on a monthly basis at Lake Chaparral Boat House to address a progressive agenda.

The cost of membership is $20.00 for one year. Without the value of the Community Association, we would not be able to keep you informed of important events and factors affecting our community as a whole. Please consider becoming a member if you are not already one. We are a non-profit organization and your membership goes towards community events, programs, and operating costs as mentioned above.
WHAT’S HAPPENING at the Lake

Park Hours: 9:00 a.m. – 10:00 p.m. daily
(403) 254-4148
office@lakechap.ca, www.lakechap.ca

Lake Fees Season
Annual Lake Association Fees were due by June 30th 2016. As of July 1st any unpaid accounts will start accruing daily interest. We accept debit card, cheque and cash only (sorry no credit cards). Please ensure you get your payment in to avoid disappointment at the gate; no members from the outstanding address have access until fees are paid in full. If you have any questions or concerns please let us know 403-254-4148.

Membership Cards:
Please ensure that you have your membership card available each visit you make to the lake as this is the most efficient way of entering the park. During peak times if you do not have your lake card you may not be accommodated. If you have lost your lake card please come in to get a new one; there is a $5 charge for a new card.

SPECIAL THANK YOU
Special Thanks to The Church of Jesus Christ of Latter-day Saints and all the volunteers. Without your help we wouldn’t be able to hold our Annual Stampede Kickoff. See you all next year!

Thank You
Multipsport Triathlon—Friday August 5-Sunday August 7 All Day Event
Check out the triathlon again this year run by Multi Sports Canada. For more information visit their website www.multipsportscanada.com

Movie In The Park—Saturday August 13 starts at 7pm Movie TBD
Bring your lawn chairs and blankets for a family movie night at the lake. Entertainment and games; movie starts at dusk.

End of Summer BBQ—Friday August 26
Time and more details to follow. Entertainment from Goodger-Pink Family Theatre, bouncy house and more! Check our website and Facebook for updates on this event. www.lakechap.ca

Volunteers
We are always looking for volunteers for our special events and would love to hear from you. Please contact us at (403) 254-4148 or by e-mail at office@lakechap.ca if you are able to help out. For our events to be successful we require a lot of volunteers, so please consider coming out and supporting your community. If you are looking to volunteer in or around the community you can also forward your name and number to ask@chaparralcommunity.com

Facebook:
Please feel free to follow us on Facebook- Chaparral Residents Association or Lake Chaparral. This is quickest way to keep up to date of lake notices.

Website:
Check out our website for news, events and rules. www.lakechap.ca

Programs
Registration for the following programs is done with the individual instructor. Classes are ongoing; full details and class information can be obtained from the instructor. Program schedules are subject to change, please contact the program instructor directly for more details.

Senior Programs
Senior Games
Monday’s 12-3pm
Attention all seniors! Come out to socialize with your neighbours and friends, play games and enjoy coffee at the lake house.
Cost: $5.00/person drop-in

Walking Club
Tuesday’s and Thursday’s 10am-12pm
We meet outside the lake house (by the flags) around 10am to start our walk.
Our walks usually last 1 hour and then we meet inside the lake house for coffee and a visit.
Cost: $0.50/person drop-in
Did you know that 3 laps around the walking path = 2 Kilometers

Summer Programs
Devotion Danceworks Summer Camps:
August 15-18
Ballet, Jazz, Tap, Hip-Hop
Ages 3 and up
To register and for more information please contact Elizabeth Rieb 403-828-9675
Elizabeth@devotiondanceworks.com
www.devotiondanceworks.com

Young Rembrandts Drawing Program
Summer Camps
August 15-18
Young Rembrandts teaches drawing to children aged 3 ½ to 12 years. We intentionally offer child-friendly and relevant subject matter to spark children’s interest and increase knowledge retention. Our classes are fun, engaging and affordable. Watch your child reach a brand new level of confidence and potential with this engaging, award-winning program. Our unique, proven method and step-by-step curriculum dispel the myth that art is a talent a child has or doesn’t have, and demonstrates that art can be learned by all children.
Check out our website; www.youngrembrandts.com/
southernalberta
Email; Calgary@youngrembrandts.com
Phone; 403-457-DRAW (3729)

Sportball
Friday’s 1:30-2:30pm
Summer Classes Friday’s July-August 2016
Sportball is a dynamic sports program focusing on skill development in 8 different sports: floor hockey, baseball, basketball, soccer, football, tennis, volleyball and golf. This creative, non-competitive and self-esteem building program prepares all children for a future of confident sports participation. For more information and to register please visit www.sportball.ca

“NEW” Kids & Youth Non-Competitive Ballroom and Latin-American
• 4 to 7 years old opens up a whole new & exciting social experience. Coordination, self-esteem, social interaction, fitness & pure passion for dancing are only a few of the benefits this program offers. Wednesdays 4:00-4:50pm
• 8 to 16 years old enables the young dancers to develop their coordination and discipline through better understanding of the basic fundamentals of dancing. It caters to couples as well as singles, covering different styles of dancing. Wednesdays 5:00-5:50pm

Adult Ballroom and Latin-American has been created using a tried & true teaching model tailored for both singles & couples. It embodies two different courses appealing to the adults: Ballroom & The Latin Beat (beginner course) and Ballroom & Country Dancing (beginner course) Wednesdays 6:00-6:50pm
Wednesdays
August 3, 10, 17, 24, 31
Courses are run by former Dance Champions and Professional Adjudicators with Canadian DanceSport Federation. For more information and to register please contact www.uniquedance.ca 403-479-2454 or 403-479-6699.
What is the difference between the Chaparral Community Association (CCA) and the Chaparral Residents Association (CRA)?

The Chaparral Community Association is a volunteer run organization that represents the residents of Lake Chaparral, Chaparral Ridge and Chaparral Valley. Your Community Association is the recognized body that liaises with government officials, expresses resident concerns regarding commercial, industrial and residential land use development and represents the position of residents on education, transportation, environmental and infrastructure issues.

The CCA supports organized sports, community programs and social programs. The CCA supports and publishes the community publication The Trailblazer to help keep you better informed. For inquiries please see the list of CCA volunteers in the Trailblazer or email ask@chaparralcommunity.com. Membership is a voluntary $20 per year.

The Chaparral Residents Association is the association that governs the private membership of Lake Chaparral and its facilities. Each home within the Lake Chaparral community is encumbered to pay an annual membership due to the CRA. The annual dues are utilized for the day to day operations of the lake property and all of its facilities, the maintenance of entryway features of the community, maintaining an appropriate reserve fund and making long term planning decisions for the lake and its assets. The CRAs employs a facility director, Nancy Connors, under the direction of a volunteer Board of Directors.

For inquires about the Lake Chaparral Park and Recreation Centre please contact the Lake Chaparral Residents Association at 403-254-4148 or visit their website at lakechap.ca.
Healthy Eating for Pregnancy
August 8 6:30-8:30pm
Looking for reliable nutrition information during pregnancy? Wondering how much weight gain is healthy for you and your baby, which vitamins and minerals are important, what foods to avoid, and how to manage nausea & vomiting, heartburn, and constipation? An AHS Registered Dietitian will help guide you in setting your personal nutrition goals.

Family Peer Support Group
August 9 or 23 6:00-8:00pm
Family and friends often have a difficult time coping with a mentally ill relative or friend and wonder how best to help. The Family Peer Support Group provides caring support and specific information and resources to aid individuals in maximizing their ability to assist those affected by mental illness while staying balanced in the process.

Resume Writing
2-day series August 13 & 20
Do you want more interviews? Are you interested in writing a high-impact resume that identifies your abilities, skills and accomplishments?

Don’t forget about our weekly meditation session. This runs every Tuesday from 5:00-5:45pm and is running throughout the summer!

JOIN US! In the Kids Zone at South Health Campus Family Fun Run. September 10, 2016 9:30am-1:00pm
Save the Date for this fantastic FREE family-friendly event at Calgary’s newest health campus. For more information, please visit www.ahs.ca/shcwellness.

Most programs require registration. See our program guide and learn how to register at www.ahs.ca/shcwellness or 403-956-3939.

Important Dates
August 5 12:00-1:00pm
Mindfulness: Body Scan & Breath Practice
A few of our FREE programs are highlighted below:

Mindfulness: Body Scan & Breath Practice
August 5 12:00-1:00pm
Mindfulness is an approach to self-care that can help you to deal with stress, pain, anxiety & illness by being more present to the moment. It’s about finding a way to relate to your life’s challenges by encouraging you to remain present so you can let go of the past & worry less about the future.

CHAPARRALI AUGUST 2016
Chaparral Real Estate Update

Last 12 Months Chaparral MLS Real Estate Sale Price Stats

<table>
<thead>
<tr>
<th>Month</th>
<th>Average Asking Price</th>
<th>Average Sold Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 2016</td>
<td>$516,200.00</td>
<td>$504,500.00</td>
</tr>
<tr>
<td>May 2016</td>
<td>$449,900.00</td>
<td>$445,000.00</td>
</tr>
<tr>
<td>April 2016</td>
<td>$493,800.00</td>
<td>$484,900.00</td>
</tr>
<tr>
<td>March 2016</td>
<td>$469,888.00</td>
<td>$455,000.00</td>
</tr>
<tr>
<td>February 2016</td>
<td>$492,200.00</td>
<td>$487,500.00</td>
</tr>
<tr>
<td>January 2016</td>
<td>$487,000.00</td>
<td>$472,000.00</td>
</tr>
<tr>
<td>December 2015</td>
<td>$539,500.00</td>
<td>$525,000.00</td>
</tr>
<tr>
<td>November 2015</td>
<td>$488,777.00</td>
<td>$470,000.00</td>
</tr>
<tr>
<td>October 2015</td>
<td>$497,900.00</td>
<td>$500,000.00</td>
</tr>
<tr>
<td>September 2015</td>
<td>$499,900.00</td>
<td>$487,000.00</td>
</tr>
<tr>
<td>August 2015</td>
<td>$530,000.00</td>
<td>$530,000.00</td>
</tr>
<tr>
<td>July 2015</td>
<td>$477,500.00</td>
<td>$470,000.00</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Month</th>
<th>No. New Properties</th>
<th>No. Properties Sold</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 2016</td>
<td>31</td>
<td>22</td>
</tr>
<tr>
<td>May 2016</td>
<td>25</td>
<td>23</td>
</tr>
<tr>
<td>April 2016</td>
<td>27</td>
<td>23</td>
</tr>
<tr>
<td>March 2016</td>
<td>24</td>
<td>11</td>
</tr>
<tr>
<td>February 2016</td>
<td>26</td>
<td>12</td>
</tr>
<tr>
<td>January 2016</td>
<td>22</td>
<td>10</td>
</tr>
<tr>
<td>December 2015</td>
<td>13</td>
<td>5</td>
</tr>
<tr>
<td>November 2015</td>
<td>9</td>
<td>9</td>
</tr>
<tr>
<td>October 2015</td>
<td>13</td>
<td>15</td>
</tr>
<tr>
<td>September 2015</td>
<td>19</td>
<td>17</td>
</tr>
<tr>
<td>August 2015</td>
<td>23</td>
<td>15</td>
</tr>
<tr>
<td>July 2015</td>
<td>20</td>
<td>13</td>
</tr>
</tbody>
</table>

To view the specific SOLD Listings that comprise the above MLS averages please visit chaparral.great-news.ca
Hello Ward 14. I hope you’re having a great summer. I know it’s easy to let the idea that summer is almost over creep in, but in reality our best weather is still ahead...

Ward 14 Communities BBQ

That is exactly why I hold my Ward 14 Communities BBQ in September. I learned my lesson after holding the very first version of the BBQ in June. It was fun, but also rainy. You can expect the likelihood of rain to be much less in late September.

The Ward 14 Communities BBQ is on September 24 to be exact. We will be in the Southcentre Mall parking lot from 11 a.m. to 2 p.m., and even if the weather does not cooperate you will be able to find shelter.

Given the state of our economy, I have been nothing short of amazed by the generosity of local businesses this year. So for Great News Publishing, No Bull Bookkeeping, Qualico, United Communities, Jack Carter Chevrolet Cadillac Buick GMC, Genstar, Southcentre Mall, Progressive Waste Solutions, Calgary Co-op, Safeway, and Southgate Chevrolet Buick GMC have all stepped up with their support. Because of their help there will be plenty of free community association memberships for attendees, and also a burger and beverage for everyone.

There will be all sorts of exhibits ranging from the interesting to the informative and everything in between. You will be able to visit everyone from your MLA, to a local scout troop, to reps from the Calgary Zoo. Every City of Calgary department that you can think of will be there for you to visit, and there will be much more.

I invite you to join me on September 24! Visit calgary.ca/ward14bbq for more information.

Stay Connected!

You can visit calgary.ca/ward14 to get updates on things like CouncilTalk, my BBQ, and other City related things, or you could let me do the work for you. I send email updates about those things and others, but you need to give me permission first. You can do so by filling out the online form at calgary.ca/ward14connect.

Flying your drone safely and legally

With the help of our friends at the Calgary Police Service, I would like to share with some small but helpful tidbits for staying safe and preventing crime over the next several columns. I will start with what seems like the most summer-related topic of them all—recreational drones.

I know that it may seem like an odd subject, but in the summer-related topic of them all—recreational drones.

Your Backyard Fire Safety tips from your Calgary Fire Department

Enjoying a recreational fire in your backyard can be a great way to spend a summers evening. Here are some Safety and bylaw considerations for you.

Rules for fire pits

1. Backyard fire pits should be built into the ground, on brick or stone, or in a fire-proof container. Portable fire pits may be used on a deck as long as they sit on brick or stone, and not directly on your wooden deck. Always refer to the Fire pit manufacturer for approved pit locations.

2. Fire pits must be at least two metres away from your property line, house, garage, or fence.

3. Fire pits must NOT be under any trees, branches, plants or other materials that can catch fire.

4. All fires in your fire pit must be kept to a reasonable size; 1 metre high and wide. This helps to ensure embers, sparks or smoke don’t harm anyone or cause a nuisance to your neighbours.

5. Only burn clean, dry firewood. Do NOT burn:
   - Wood that is painted, treated or contains glue or resin
   - Wet or green/fresh cut wood
   - Yard waste (cut grass or leaves)
   - Garbage
   - Rubber or plastic
   - Furniture

6. Always have a way to extinguish the fire in the event of an emergency. Easy options are having your water hose or a bucket of water nearby.

7. All fires in your fire pit must never be left unattended.

Aside from safety considerations, not following these rules can lead to fines of $500, $1000 or even $5000. For more information, go to calgary.ca/fire.
PROFESSIONAL ACCOUNTANT: Personal and corporate income tax return preparation and e-filing. General accounting services (bookkeeping, financial statements, GST, payroll, T4/T5 slips). Certified General Accountant with 30 years’ experience, personable, reasonable rates, convenient location. Daryl Pallesen CPA CGA, #145 - 251 Midpark Blvd SE. Please call 403-988-2175 or email daryl.pallesen@shaw.ca.

EMMA, PAINTING’S MISSION: Is to provide the best quality, clean and on time service. A team with more than 25 years of painting experience in Calgary and surroundings with over 2,000 homes painted. We do all kinds of interior, exterior painting, staining, or spraying. Please call Eric at 403-870-0326. Thank you.

VIBRATION THERAPY TREATMENT FOR SUFFERERS OF: osteoporosis, multiple sclerosis, diabetes, stroke, fibromyalgia, arthritis, back and joint pain. If you suffer from any of these conditions we are offering a one month free trial of gentle Vibration Therapy and Exercise Protocols. Clinical vibration studies show measured results for sufferers of these conditions. Spicewellnesscalgary.ca, 403-698-6892.

THE GUTTER DOCTOR! We install, repair and clean gutters, downspouts, Fascia, soffit, drip-edge, siding, roofing, clogging. Over 15,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. www.gutterdoctor.ca 403-714-0711.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with Quick-Books and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

CLARINET AND SAXOPHONE LESSONS: Qualified and experienced teacher now accepting new students. All ages and experience levels welcome. RCM Examinations, audition preparation or just for fun. Located in Walden. Call 403-835-4831.

PLAYOGRAPHY.COM: In Lake Chaparral. Preschool: 3, 4 year olds, 2 - 3 days a week, 2 – 2.5 hrs. Sept-June. Christina combines her love of photography and preschool children by “Capturing Play Along the Way”. Each parent receives a professional photobook at the end of June of their child. Playography@shaw.ca.

PERSONALIZED CLEANING SERVICES LTD: Let us help you take advantage of this beautiful summer by giving you the gift of time! Residential, move out’s, one time, commercial, we meet all your needs! All supplies provided! Insured and bonded! Just simply call, text or email Kim at 403-875-6219 Also visit us at www.pccalgary.com.


ROCK’IN LANDSCAPES: Offers landscape construction services such as delivery of any materials (loam, gravel, rock, etc.), Bobcat services (grading, post holes, parking pads, etc.), Landscape construction (tree/shrub planting, patios, rock walls, etc.). 20 years’ experience, informative, reliable. Call Ken 403-259-5226.

WINDOW CLEANING DONE THE RIGHT WAY! Exterior or interior windows sprayed, squeegeed, rinsed then hand-polished corner to corner for perfectly clean windows every time. This is highly superior compared to using extension poles or just the typical wet, squeegee and go. Call SouthWest Window Cleaning 403-874-3265. Free estimate. BBB Member.

PERSONALIZED CLEANING SERVICES LTD: Let us help you take advantage of this beautiful summer by giving you the gift of time! Residential, move out’s, one time, commercial, we meet all your needs! All supplies provided! Insured and bonded! Just simply call, text or email Kim at 403-875-6219 Also visit us at www.pccalgary.com.


ROCK’IN LANDSCAPES: Offers landscape construction services such as delivery of any materials (loam, gravel, rock, etc.), Bobcat services (grading, post holes, parking pads, etc.), Landscape construction (tree/shrub planting, patios, rock walls, etc.). 20 years’ experience, informative, reliable. Call Ken 403-259-5226.

For business classified ad rates call
Great News Publishing at 403-263-3044
or sales@great-news.ca
**THE FINISHER:** Wives, I’m here to finish what your husband started and husbands, I’m here to start and finish those projects that need to be done. From complete bathroom renos, basements developed and upgraded, to fences, decks, sidewalks and tree removal. References available. Thank you for all your calls, Wendell at 403-613-6807.

**BEST HOT WATER TANK PRICES IN TOWN:** 40 Gallon Bradford White $800 installed. 50 Gallon Bradford White $975 installed. X-Stream Plumbing And Heating Ltd. Serving your community for over 20 years. Free furnace quotes, furnace repairs and replacements, plumbing repairs, drain cleaning, renovations, basement development, gas-fitting. Licensed and insured. Call 403-726-2226.

**ESSENTIAL OILS FOR WELLNESS:** Essential oils are more than nice scents; these powerful plant extracts are your path to the natural radiance we are committed to helping you discover. Book a one hour introduction to Young Living Essential Oils. Call or text Cindy DeJager helping you discover. Book a one hour introduction to your path to the natural radiance we are committed to.

**BRAND GAMES**

<table>
<thead>
<tr>
<th>6</th>
<th>7</th>
<th>1</th>
<th>9</th>
<th>3</th>
<th>8</th>
<th>2</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>2</td>
<td>3</td>
<td>1</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
</tr>
<tr>
<td>5</td>
<td>8</td>
<td>9</td>
<td>2</td>
<td>4</td>
<td>7</td>
<td>1</td>
<td>3</td>
<td>6</td>
</tr>
<tr>
<td>2</td>
<td>5</td>
<td>7</td>
<td>6</td>
<td>8</td>
<td>9</td>
<td>3</td>
<td>1</td>
<td>4</td>
</tr>
<tr>
<td>9</td>
<td>1</td>
<td>4</td>
<td>3</td>
<td>7</td>
<td>5</td>
<td>6</td>
<td>2</td>
<td>8</td>
</tr>
<tr>
<td>3</td>
<td>6</td>
<td>8</td>
<td>4</td>
<td>1</td>
<td>2</td>
<td>5</td>
<td>9</td>
<td>7</td>
</tr>
<tr>
<td>8</td>
<td>9</td>
<td>2</td>
<td>7</td>
<td>6</td>
<td>1</td>
<td>4</td>
<td>5</td>
<td>3</td>
</tr>
<tr>
<td>7</td>
<td>3</td>
<td>5</td>
<td>8</td>
<td>2</td>
<td>4</td>
<td>9</td>
<td>6</td>
<td>1</td>
</tr>
<tr>
<td>1</td>
<td>4</td>
<td>6</td>
<td>5</td>
<td>9</td>
<td>3</td>
<td>8</td>
<td>7</td>
<td>2</td>
</tr>
</tbody>
</table>

**Sentinel Storage**

**Over 40 Years of Satisfied Self-Storage Customers in Canada**

A private corporation based in Edmonton, Alberta, Canada, Sentinel Storage is proud to be the largest 100% Canadian-owned storage facility in the country.

Security, convenience, and access – these are the words that define Sentinel Storage and that drive our growth and success. Thanks to our commitment and dedication to customer satisfaction, Sentinel has become a leader in self-storage. Our customers-first attitude has allowed us to expand to 23 locations stretching from coast to coast across Canada, including Edmonton, Calgary, Montreal, Vancouver, and Fort McMurray.

With new advances in technology, our company continues to grow and adapt to provide you with the best service – and consequently, the best experience – possible. Our new location in the Chaparral area of south Calgary, has the modern conveniences and security features you want from a storage facility – PLUS all the essentials you need – at an affordable price. When it comes to shopping for the best self-storage solution in a city like Calgary, we know you’ve got choices. We also know that for some first-timers the idea of storage can be a frightening one. At Sentinel Chaparral, all of our storage units are new, clean and our building is constructed from thick concrete and sturdy steel. Here’s what you can expect to find at our large, heated warehouse:

- Plasma display security / individual door alarms / state-of-the-art cameras
- Heated loading dock that can accommodate four semi-truck / trailer units
- Two large freight elevators
- Courtesy moving truck available
- Flexible payment options, invoicing, receiving shipments
- Packing supplies / content insurance

**Insects and Technology**

**Fleas Knees**

Scientists have been studying a resilient protein that makes up the joints of many insects, including fleas. This protein allows fleas to leap 100 times their body length in a single bound (that would be 600 feet high for a human). A manufacturer has produced a near-perfect rubber with 98 percent resiliency which could improve the responsiveness from heart valves to the bounciness of running shoes. Discovery Magazine
CALGARY FOOTHILLS SOCCER CLUB
Developing Excellent Players and Outstanding People

ONLINE REGISTRATION
2016/17 INDOOR SOCCER SEASON
AUGUST 26TH - OCTOBER 2ND

OFFICIAL YOUTH SOCCER PROVIDER FOR THE COMMUNITIES OF:
Deer Ridge, Deer Run, Queensland, Canyon Meadows, Auburn Bay,
Cranston, Mahogany, Marquis De Lorne & Lake Chaparral

- Top Soccer Program for all Players of all levels, U4-Adult
- Only Club in Calgary with our own turfed indoor training facility
- Professionally Qualified Technical Staff (Canadian & European)
- Own Sports Science Department to develop Athletism & Injury Protection / Prevention
- All Coaches are provided with FREE Coaching Training
- Proud Partners & Supporters of the Foothills FC U23 PDL Team #Path2Pro

For complete details and to register online, visit us at www.gofoothills.ca

IN & AROUND CALGARY

How will Calgary’s main streets evolve in the future?

The City’s Main Streets initiative has heard from Calgarians like you. In addition to considering your input, City planners have been working with economic research experts and industry partners to understand what the market demand, opportunities and challenges are for development in main street areas.

To see what The City learned about your main street neighbourhood through this work, visit calgary.ca/mainstreets to become a subscriber and receive email updates about event dates and online input opportunities.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS 911
Alberta Adolescent Recovery Centre 403.253.5250
Alberta Health Care 403.310.0000
ARS Addictions Hotline 1.866.332.2322
ARCO Gas – 24 Hour Emergency 403.245.7222
Calgary HEALTH LINK 24/7 811
Calgary Police – Non Emergency 403.266.1234
Calgary Women’s Emergency Shelter 403.234.7233
Child Abuse Hotline 1.800.387.5437
Kids Help Line 1.800.668.6868
Child Safe Canada 403.202.5900
Distress/Crisis Line 403.266.4357
ENMAX – Power Trouble 403.514.6100
Poison Centre - Alberta 1-800-332-1414
HOSPITALS / URGENT CARE
Alberta Children’s Hospital 403.955.7211
Foothills Hospital 403.944.1110
Peter Lougheed Centre 403.943.4555
Rockyview General Hospital 403.943.3000
Sheldon M. Chumir Health Centre 403.955.6200
South Calgary Urgent Care Health Centre 403.943.9300
South Health Campus 403.956.1111

OTHER
Calgary Humane Society 403.205.4455
Calgary Parking Authority 403.537.7000
SeniorConnect 403.266.6200
Calgary Kerby Elder Abuse Line 403.705.3250
Alberta One-Call Corporation 1.800.242.3447
Goldstream 911

ADVERTISE YOUR BUSINESS NOW!
REACHING OVER 400,000 HOUSEHOLDS ACROSS 139 CALGARY COMMUNITIES

DELIVERED BY Canada Post
Phone 403-263-3044 I sales@great-news.ca

COMMUNITY ANNOUNCEMENTS
Deadline – 1st of each month for the next month’s publication
Contact news@great-news.ca
◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
◆ Forty word limit

IN & AROUND CALGARY
Free Admission to the 2nd Annual Kiwanis Festival at Kamp Kiwanis
September 24 & 25
Family fun days includes bouncy castle, games, face painting, live entertainment market, and silent auction.
www.kiwianisapplefestival.org

Proudly serving your community for 13 years!

Published by:
www.greatnews.ca

DISCLAIMER
The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Chaparral Community Association and Great News Publishing. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Chaparral Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.

Published by:
www.greatnews.ca

Contact news@great-news.ca
IN & AROUND CALGARY

Property Tax Assistance Program

Property Tax Assistance Program: Help is available. The City of Calgary may provide a grant/credit of the increase in residential property taxes from 2015 to 2016.

To be eligible, the applicant must:
- Experience an increase in property taxes from 2015 to 2016.
- Live in the principal residence for a minimum of one year.
- Own no other property.
- Meet low income guidelines of the Fair Entry Program. Visit calgary.ca/FairEntry or call 311.
- Provide an acceptable proof of household income for all members 18 years of age and older. Visit calgary.ca/FairEntry or call 311.
- Even if you are not eligible for the Property Tax Assistance Program, we may be able to help you access other community resources.

Please note: Even though an application has been made to the Property Tax Assistance Program, all property taxes must be paid in full by the due date, June 30, 2016, to avoid a seven per cent penalty.

For more information, or to apply, please contact 311 or visit calgary.ca/FairEntry.

Subsidies are available for City services

Need help accessing City of Calgary programs, services or facilities? The City has several programs that are offered at a subsidized rate for Calgarians who may have trouble affording them. The new Fair Entry process makes applying for fee subsidized City-services easier. One application allows Calgarians to have their income level assessed for several subsidy programs and services. Apply for:
1. Calgary Transit Low-Income Transit Pass Program
2. Recreation Fee Assistance Program
3. Property Tax Assistance Program
4. No Cost Spay/Neuter Program
5. Seniors Services Home Maintenance

For more information or to apply, visit calgary.ca/fairentry.
LAKE CHAPARRAL DENTAL CARE

New Patients Welcome ~ Family & Cosmetic Dentistry ~ Sports Guards~Orthodontics

Dr. Silvester Tartal DDS
202 - 10 Chaparral Dr SE
Calgary, AB T2X 3P1

Our team provides gentle health care for all family members
Evening and early morning appointments available

403-278-5272
www.lcdcare.ca

Lundgren & Young INSURANCE

TERRY BURTON
Home - Mortgage Insurance - Business Property - Life - Group - Travel
Ph  403.539.0269
Cel  403.860.3615
terry.burton@landy.ca

DARCY BURTON
Home - Auto - Commercial Auto
Ph  403.539.9518
Cel  403.860.3617
darcy.burton@landy.ca