

JUNE 2016

YOUR OFFICIAL COMMUNITY NEWSLETTER

# your **CHAPARRAL** trailblazer

*Bringing Chaparral Residents Together*

## **CHAPARRAL STAMPEDE KICKOFF**

**SATURDAY JUNE 18  
9AM-12PM**



CHAPARRAL COMMUNITY ASSOCIATION

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www.chaparralcommunity.com

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## 2015/ 2016 COMMUNITY ASSOCIATION CONTACTS

### CCA BOARD OF DIRECTORS

President	Cory Exner	president@chaparralcommunity.com
Vice President	Lynette Javaheri	planning@chaparralcommunity.com
Treasurer	Fazeel Elahi	treasurer@chaparralcommunity.com
Secretary	Shareen Zardecki	secretary@chaparralcommunity.com
Membership	Thomas Wimmer	memberships@chaparralcommunity.com
Education	Lawrence King	education@chaparralcommunity.com
City of Calgary Liaison	Marilyn Houston	city@chaparralcommunity.com
Traffic Committee	Dee Treder	traffic@chaparralcommunity.com

### COMMUNITY ASSOCIATION VOLUNTEERS

Volunteer Coordinator	OPEN	
Events Coordinator	OPEN	
Safe Communities Initiative	OPEN	
Sports and Recreation	OPEN	
Planning and Development	Lynette Javaheri	planning@chaparralcommunity.com
CCA Representative for SFCRA	Joel Irwin	sfcra@chaparralcommunity.com
CCA Representative for Trico	Thomas Wimmer	memberships@chaparralcommunity.com
BFI Community Liaison	Cory Exner	clc@chaparralcommunity.com
Community Garden	chapgreenthumbs.ca	chaparralgreenthumbs@gmail.com
Trailblazer Editor	Lynette Javaheri	editor@chaparralcommunity.com
Condominium Liaison	Dee Treder	condos@chaparralcommunity.com
Chaparral Valley Representatives	Jason Wilson	valley@chaparralcommunity.com
Lake Chaparral Representative	Lynette Javaheri	planning@chaparralcommunity.com
Chaparral Ridge Representative	OPEN	
For Information on any open position	Cory Exner	ask@chaparralcommunity.com

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Nick B - CEO  
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info@calgarymeatguys.ca | Calgarymeatguys.ca

**Chaparral Trailblazer** **23<sup>rd</sup>**  
each month for the next month's issue

Submit to Lynette at  
editor@chaparralcommunity.ca

**Important numbers see at [www.chaparralcommunity.com](http://www.chaparralcommunity.com)**



Join us for Lake Chaparral's 8th Annual Stampede Kickoff!

**Saturday June 18, 2016**  
**9 am to 12 noon**

JOIN US FOR PANCAKES, UNTIL 11 AM OR THE FIRST 1500 PEOPLE, GAMES, ENTERTAINMENT AND MORE!  
DRESS IN YOUR BEST WESTERN WEAR  
AND BRING THE WHOLE FAMILY!

This event is open to Lake Chaparral Residents and CCA members.  
Admission is free but we ask you to bring a donation for the Calgary Food Bank upon entrance.





#### CCA 2015/2016 MEETINGS

All residents from Chaparral Lake, Ridge and Valley are welcome to attend the Community Association meetings. Meetings take place the 2<sup>nd</sup> Tuesday of every month, except July & August.  
Lake Chaparral Building, downstairs  
225 Chaparral Drive SE  
7:30 PM

June 14<sup>th</sup>

#### ANNUAL GENERAL MEETING

Thank you to everyone who attended the Chaparral Community Association's AGM on May 10<sup>th</sup>, 2016. The newly elected Board of Directors will be posted in the July issue of Your Trailblazer or check out our website for the results. [www.chaparralcommunity.com](http://www.chaparralcommunity.com)

#### CHAPARRAL STAMPEDE KICKOFF

**Saturday June 18th 9:00am-12:00pm**

This co-sponsored event by the Chaparral Community Association and the Lake Chaparral Residents Association is an event not to be missed!! Pancake Breakfast guaranteed for the first 1500 residents, so get there early. Bring your community spirit, meet neighbours and local sponsors, enjoy the many games, activities and ride along on an old fashioned horse and carriage ride. We look forward to seeing you there. Donations of food or cash for the Calgary Interfaith Foodbank will be gratefully accepted.

#### PARADE OF GARAGE SALES

Proudly presented by resident realtors Patrick and Shelagh Krause the 19th Annual Parade of Garage Sales will take place on Saturday June 4th from 8:30am-4:30pm. Please be reminded that while general advertising and street signs will be posted for this day by the sponsors, it is the responsibility of the participants to take ownership of your own directional signage. Contact [info@calgaryrealestate.com](mailto:info@calgaryrealestate.com) for more information.

#### RELOCATION OF MIDNAPORE HOUSEHOLD HAZARDOUS WASTE DROFF-OFF

Due to construction of the interchange along 162 Avenue and Sun Valley Blvd. S.E. the household hazardous waste drop-off at Midnapore Fire Station 26 has been

relocated effective March 1, 2016 to:  
Evergreen Fire Station 37 at 2511 Eversyde Avenue S.W. seven days a week, from 8 a.m. to 6 p.m.  
The Midnapore household hazardous waste drop-off will remain closed until early 2018.  
Other household hazardous waste drop-offs in the south include Shepard Landfill – 68 Street and 114 Ave SE  
Should you have any questions or concerns about the relocation of the Midnapore Household Hazardous Waste Drop-off, please 311 or visit [calgary.ca/waste](http://calgary.ca/waste).

#### KEEPING YOUR PROPERTY SAFE

The Calgary Police Service remind us to help prevent crimes from happening to our homes, our vehicles and other property by looking at three key areas:

- Look at your home and auto from a criminal's point of view (think of this as CSI before a crime!)
- Lock it up! It's your first line of defense, and it's a good one. Use high quality locks and hardware.
- Be alert to suspicious people and vehicles in your neighbourhood, and report them to police.

#### Register for Police and Community Awareness Program (PCAP)

Call 403-645-2990 or [calgarypolice.ca](http://calgarypolice.ca) to register for PCAP, the Police and Community Awareness Program. PCAP lets you know by telephone or email message if there's a community crime concern that police would like you to know about. It's free and it is a great way to keep informed about concerns in your neighbourhood. Additional Crime Prevention Information, please visit [calgarypolice.ca](http://calgarypolice.ca)

#### LITTLE FREE LIBRARY

##### Take a Book Leave a Book – Chaparral's Little Free Libraries

The concept is simple: you leave a book or two that you don't need any more and then borrow books that your neighbours have left. It's a great way to not only encourage reading but to also get them out and about in the neighbourhood. Check one out. If you have a little free library added to our directory please contact [editor@chaparralcommunity.com](mailto:editor@chaparralcommunity.com)  
92 Chaparral Drive SE; 96 Chaparral Drive SE  
225 Chaparral Drive SE (inside Lake Chaparral building)

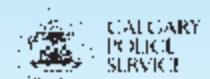
#### CONNECT TO THE CHAPARRAL COMMUNITY ASSOCIATION:



Join our email list by subscribing at [chaparralcommunity.com](http://chaparralcommunity.com)  
Follow us on twitter @chaparralca  
<https://www.calgarytransit.com/survey>



Find us on Facebook @ chaparralca  
Visit our website at [chaparralcommunity.com](http://chaparralcommunity.com)



## District 8

**Mid-Sun Service Centre**

**450 Mid Park Way SE**

**Phone 403-428-6800**

**Office Hours**

**7 days a week 8:00 am - 6:00 pm**

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Saturday 9-5 • Sunday Closed



Contributed by Jolene Ottosen for Chaparral Green Thumbs

Hello Neighbours!

Did you know that that Calgary's climate is considered a semi-arid desert? No, you won't find any camels or sand dunes, and we get a little too cold in the winter for many mirages, but our limited annual precipitation falls within the range of a semi-arid desert. Perhaps that is why a lush green lawn seems so elusive for some of us!

So, what does this mean? Well it means that unless you are going to rip up your lawn and grow a bunch of cacti, you need to learn how to water. Sounds simple, everyone in this area knows they need to water their yards and gardens, but do you know how to water properly? Most people tend to water too much or too little, both of which are hard on your plants (and possibly your bank account) in the long run. To help your green thumbs flourish, we have put together a few hints to help you make the most of our precious water.

## Lawns

The City of Calgary says that a healthy lawn needs one inch of water per week and should be watered early in the day to allow the water to soak in before it evaporates in the heat. Ok, but how often do you water? How do you know you have an inch? What if the lawn isn't healthy to start off with?

First, lawns should only be watered once or twice a week. Watering a little every day doesn't encourage the roots to sink very deep into the soil, which is what you need if you want your grass to be hearty and able to withstand dry periods. It takes about 30 to 40 minutes to get to the one inch mark, but to know for sure you can use a rain gage or an upside down frisbee.

Of course, if your lawn isn't healthy to start with, it may need more than just an inch. For a few weeks, be sure to water at least twice a week, giving it 1 1/2 to 2 inches in total. After a few weeks you should be able to cut down to just 1 inch.

## Trees

Just like your lawn, young trees will be healthier in the long run if they are watered less frequently, in larger amounts. Deeper roots allow your tree to get the maximum amount of moisture from the soil. In my yard, I use a five gallon bucket with a few holes poked near the base to make sure my trees get the right amount of water, and to ensure that water actually soaks in without just running all over the place. All I do is place the bucket close to the base of the tree, ensuring that the holes are placed so that the water flows in the right direction, then fill the bucket and allow the water to slowly flow out over the base of the tree. Young trees only need to be watered every 10 days or so, so I just move the bucket to a new tree every day. Eventually, once the trees are more established, I probably won't need to water at all.

## Flowers

Again, flowers aren't that different from everything else so far (are you noticing a trend?). Check the soil and blooms every few days and if they seem dry, give them a good soak. If possible, try to avoid the blooms and

try to water in the morning when it is less humid. This helps to prevent root or leaf rot by allowing the water to quickly dry off the plant itself. Container plantings may need water more often as the hot sun can dry them out more quickly.

Keep in mind that, contrary to what I implied earlier, there are flowering plants that need little to no water in addition to our seasonal rainfall, so it is possible to get away without watering at all. The city of Calgary has a number of publications on this topic and can recommend a number of low water plants for your yard, that do well in our Calgary climate.

## Vegetables

As you may have already guessed, many vegetables are no different than everything else. Water as needed, not every day. A couple of good ways to check if the garden needs to be watered is to go straight to the soil. One idea is to take a slender trowel and dig about an inch down. If the water is still moist, you are good for another day or two. If it is dry, water. Another method is to take a handful of dirt and squeeze it in your fist. If it stays together like a lump of clay and you haven't watered that day, it is probably too wet and needs to dry out a bit. If it maintains its shape for a moment and then crumbles apart, you are good today, but check back tomorrow. If the soil won't stick together at all and seems powdery, water immediately!

Vegetables can be a bit like flowers in the fact that many don't really like to be watered from above. I am very guilty of generally just spraying my whole garden and have had reasonable success, but perhaps could have even more if I took a bit more time and used a watering can to get that water directly to the roots. However, no matter which method you choose, remember to try to stay consistent to get the best flavour from your vegetables.

There are some plants, like tomatoes, that do better with a more constant water supply, especially when fruit is forming. So they should be watered daily. My tomatoes are in planter boxes on my deck and I have noticed that a lot of my water just runs out the bottom so my plants don't do as well as they could. This year I have bought

some drip spikes that I will put on top of pop bottles full of water, then stick in the ground at the base of the plant. Hopefully this will slowly and consistently soak the roots instead of my deck, and maybe give me more tomatoes! This idea can be used for any plant that needs a lot of water deep at the roots. You don't even necessarily need the drip spikes, just cut the bottoms off of some clean pop bottles and sink them down every few feet or so, depending on the type of plants you have, and then water via the bottle, knowing that it is going straight to the roots.

Hopefully these suggestions will give you a few ideas you could use in your own yard and we can have a greener community in every sense of the word!

Contributed by Jolene Ottosen for the Chaparral Green Thumbs, originally published July 2013. Happy Gardening!

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## CONCRETE SEALING

Kilbco offers concrete resealing to help protect and enhance the appearance of exposed aggregate, colored and stamped concrete patios, walkways and driveways. We take pride in using the best sealing products available which help repel salt and protect against UV rays.

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## SUMMER DANCE CAMPS

**July 4 - 7**

**July 18 - 21**

**August 15 - 18**

**Children ages 2.5 - 8 years**

**Tiny Toes • Discover Dance • Dance Explosion**

**REGISTRATION OPEN HOUSE**  
**June 3 & June 9 from 4:00 - 6:15pm**

@Lake Chaparral Recreation Centre,  
225 Chaparral drive SE

**Elizabeth@devotiondanceworks.com**  
**(403) 828-9675**  
**[www.devotiondanceworks.com](http://www.devotiondanceworks.com)**





Successful, healthy communities are generally those with active and sustained membership and involvement of the community residents. Often a strong membership representation is an indication that our association is serving the needs of the community and is therefore, valued and supported by its residents. Your support today is important and ensures new energy to continually address community issues.

**What your Community Association does for you...**

- **Programs and activities put on by the CCA**  
(Stampede Kick-off Breakfast, "Winterlude", to name a few)

- **Social, environmental and civic affairs**  
(BFI Public Open House, Drugs in your city awareness presentation, Trailblazer, Traffic & Zoning Issues)

- **Government Liaison**  
(With The City of Calgary and Government of Alberta)

- **Weigh-in on Commercial Applications**  
(Telus Cell Tower, BFI Canada Inc., Inland Cement and local based businesses)

- **Insurance and Administration**  
(Covers annual operating costs and applicable insurance cost to operate yearly)

The Chaparral Community Association has been working hard to cover all the views, opinions, and concerns for all matters pertaining to Lake Chaparral, Chaparral Ridge, and Chaparral Valley outside of the Lake

facility (we have nothing to do with Lake operations). We meet on a monthly basis at Lake Chaparral Boat House to address a progressive agenda.

The cost of membership is **\$20.00** for one year. Without the value of the Community Association, we would not be able to keep you informed of important events and factors affecting our community as a whole. Please consider becoming a member if you are not already one. We are a non-profit organization and your membership goes towards community events, programs, and operating costs as mentioned above.



Sign up for community memberships  
Get the latest community news  
Browse the Chaparral business directory  
Read our community newsletter

**WWW.CHAPARRALCOMMUNITY.COM**



## CHAPARRAL COMMUNITY ASSOCIATION MEMBERSHIP

To purchase a membership in your community association, you can fill out the form below, attach a cheque for \$20.00, made out to Chaparral Community Association

**On-line:** Purchase your membership on-line. Visit [www.chaparralcommunity.com](http://www.chaparralcommunity.com) and click on PayPal secure link. You will have an instant receipt and your card will be sent directly to you.

**In Person:** Residents can purchase their memberships at the at the Chaparral Lake House, South Fish Creek Recreation Complex, Trico Centre for Wellness

**Mail:** Chaparral Community Association, P.O. Box 58001 – Chaparral RPO, Calgary, AB T2X 3V2  
Memberships valid for 1 year from date of purchase

## MEMBERSHIP APPLICATION FORM

FAMILY NAME: \_\_\_\_\_  
(Last name) (First Name) (Partner)

ADDRESS: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

WOULD YOU BE INTERESTED IN VOLUNTEERING? Social Committee ☐ Fundraising ☐  
Board of Directors ☐ Membership Committee ☐ Special Events ☐ School Issues ☐

**Support Your Community Association Buy a Membership Today!**

**\$20.00**

**2015 CCA MEMBERSHIP CARD**  
Serving Lake Chaparral, Chaparral Ridge and Chaparral Valley

Chaparral  
COMMUNITY ASSOCIATION

Name \_\_\_\_\_ (Surname) (Given Name)  
Name \_\_\_\_\_ (Surname) (Given Name)  
Address \_\_\_\_\_ Postal Code \_\_\_\_\_  
Phone # \_\_\_\_\_ Email \_\_\_\_\_  
Date \_\_\_\_\_ Can we contact you for Volunteer Activities? Yes ( ) No ( )  
Cheque# \_\_\_\_\_ Cash Receipt # \_\_\_\_\_ E-order ref \_\_\_\_\_

Chaparral Community Association  
2014 Family Membership Card  
The \_\_\_\_\_ Family  
CCA Membership Representative  
Membership Expires \_\_\_\_\_  
expires one (1) year from date 126



# SHAPPENING

WHAT'S

## at the Lake



Photo by Lorna Romaniuk

**Park Hours: 9:00 a.m. – 9:00 p.m. daily**  
**(403) 254-4148**  
**office@lakechap.ca**  
**www.lakechap.ca**

### Lake Fees Season

Annual Lake Association Fees are due by June 30<sup>th</sup> 2016. Please pay early to avoid a line up on June 30<sup>th</sup>. We accept debit card, cheque and cash only (sorry no credit cards). Please ensure you get your payment in to avoid disappointment at the gate and interest added to your fees. If you have any questions or concerns please let us know 403-254-4148.

### Membership Cards:

Please ensure that you have your membership card available each visit you make to the lake as this is the most efficient way of entering the park. During peak times if you do not have your lake card you may not be accommodated. If you have lost your lake card please come in to get a new one; there is a \$5 charge for a new card.

### Annual Stampede Breakfast—Saturday June 18 2016 9am to 12pm

Cowboy and Cowgirl Up! Join us for our Annual Stampede Kickoff. This event is open to Lake Chaparral Residents with valid lake cards or Chaparral Community Association members in good standings. Flap Jacks guaranteed for the first 1500 residents. Bring your

community spirit and meet your local sponsors, enjoy games, bouncy houses, crafts, and entertainment for the whole family! **We will be collecting non-perishable donations for the Calgary Interfaith Food Bank.**

### Volunteers

We are always looking for volunteers for our special events and would love to hear from you. Please contact us at (403) 254-4148 or by e-mail at office@lakechap.ca if you are able to help out. For our events to be successful we require a lot of volunteers, so please consider coming out and supporting your community. If you are looking to volunteer in or around the community you can also forward your name and number to ask@chaparralcommunity.com

### Facebook:

Please feel free to follow us on Facebook- Chaparral Residents Association or Lake Chaparral. This is quickest way to keep up to date of lake notices.

### PROGRAMS

Registration for the following programs is done with the individual instructor. Classes are ongoing; full details and class information can be obtained from the instructor. Program schedules are subject to change, please contact the program instructor directly for more details.

### SENIOR PROGRAMS

**Senior Games**  
**Monday's 12-3pm**

Attention all seniors! Come out to socialize with your neighbours and friends, play games and enjoy coffee at the lake house.

Cost: \$1.00/person drop-in

### Walking Club

**Tuesday's and Thursday's 10am-12pm**

We meet outside the lake house (by the flags) around 10am to start our walk.

Our walks usually last 1 hour and then we meet inside the lake house for coffee and a visit.

Cost: \$0.50/person drop-in

Did you know that 3 laps around the walking path = 2 Kilometers

### CHILDREN'S PROGRAMS

#### Devotion Danceworks

Spring classes May 2-June 13, 2016 (M,T,W,TH,F)

Summer Camps:

July 4-7

July 18-21

August 15-18

Ballet, Jazz, Tap, Hip-Hop

Ages 3 and up

To register and for more information please contact

Elizabeth Rieb 403-828-9675

Elizabeth@devotiondanceworks.com

www.devotiondanceworks.com

#### Young Rembrandts Drawing Program

Session 2

May 6-June 24, 2016

#### Summer Camps

**August 22-25**

**Friday's from 4-7pm**

Young Rembrandts teaches drawing to children aged 3 ½ to 12 years. We intentionally offer child-friendly and relevant subject matter to spark children's interest and increase knowledge retention. Our classes are fun, engaging and affordable. Watch your child reach a brand new level of confidence and potential with this engaging, award-winning program. Our unique, proven method and step-by-step curriculum dispel the myth that art is a talent a child has or doesn't have, and demonstrates that art can be learned by all children.

Check out our website; [www.youngrembrandts.com/southernalberta](http://www.youngrembrandts.com/southernalberta)

Email; [Calgary@youngrembrandts.com](mailto:Calgary@youngrembrandts.com)

Phone; 403-457-DRAW (3729)

### Sportball

Spring classes run April 8-June 24, 2016

Summer Classes July-August 2016

**Friday's from 12:30-1:30pm; 1:30-2:30pm and 2:45-3:30pm**

Sportball is a dynamic sports program focusing on skill development in 8 different sports: floor hockey, baseball, basketball, soccer, football, tennis, volleyball and golf. This creative, non-competitive and self-esteem building program prepares all children for a future of confident sports participation. For more information and to register please visit [www.sportball.ca](http://www.sportball.ca)

### ADULT PROGRAMS

#### Zumba Fitness

**Mondays 7-8pm**

Dance like no one else is watching!

Come dance to Latin Rhythms while you sweat! For more info or to register, contact Maya at [maya.cerutti@gmail.com](mailto:maya.cerutti@gmail.com)

#### Gentle Yoga with Patty

**Thursday's 7-8pm and 8-9pm**

Spring Classes April 7-June 9, 2016

To register and for more details please contact Patty Grant; 403-990-9026 or [pgrant1@telus.net](mailto:pgrant1@telus.net) Find Patty on Facebook: Patty Grant-Yoga Therapy

#### \*NEW\* Summer Yoga Program

**Mom & Baby Yoga—Tuesdays 1pm**

• May 17-June 28, 2016

• July 5-August 30, 2016

(no classes July 18-21 or August 15-18)

#### Beginners Yoga—Thursdays 530pm

• June 23-July 28, 2016

• August 5-September 1, 2016

(no classes July 18-21 or August 15-18)

For more information and to register please contact Sarah [yogayamalife@gmail.com](mailto:yogayamalife@gmail.com) or check out her website

~continued next page~



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### READY TO INCREASE YOUR CURB APPEAL?

Whether you need a border between your grass and existing garden or thinking of creating a new garden Kilbco can help. With a variety of colors, stamps and profiles, steel cable enforced landscape curbing is a cost effective and practical solution to residential and commercial properties. It will beautify your landscape and add value to your property.

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Jason Kenney, MP

## 6TH ANNUAL STAMPEDE BREAKFAST

Saturday, July 9th, 9:00-11:30am  
Indoors at the Acadia Recreation Complex

GIDDY UP AND RUSTLE UP SOME PANGAKES FOR THE WHOLE FAMILY!

Donations to the veterans' food bank appreciated

## What's Happening at The Lake:

yogayamalife.com

### Kids & Youth Non-Competitive Ballroom and Latin-American

- **4 to 7 years old** opens up a whole new & exciting social experience. Coordination, self esteem, social interaction, fitness & pure passion for dancing are only a few of the benefits this program offers.
- **8 to 16 years old** enables the young dancers to develop their coordination and discipline through better understanding of the basic fundamentals of dancing. It caters to couples as well as singles, covering different styles of dancing.

**Adult Ballroom and Latin-American** has been created using a tried & true teaching model tailored for both singles & couples. It embodies two different courses appealing to the adults: **Ballroom & The Latin Beat** (beginner course) and **Ballroom & Country Dancing** (beginner course)

Wednesdays

- July 6, 13, 20, 27
- August 3, 10, 17, 24, 31

For more information and to register please contact [www.uniquedance.ca](http://www.uniquedance.ca) 403-479-2454 403-479-6699

## Insect Trivia



## What is the difference between the Chaparral Community Association (CCA) and the Chaparral Residents Association (CRA)?

**The Chaparral Community Association** is a volunteer run organization that represents the residents of Lake Chaparral, Chaparral Ridge and Chaparral Valley.

Your Community Association is the recognized body that liaises with government officials, expresses resident concerns regarding commercial, industrial and residential land use development and represents the position of residents on education, transportation, environmental and infrastructure issues.

The CCA supports organized sports, community programs and social programs. The CCA supports and publishes the community publication The Trailblazer to help keep you better informed. For inquiries please see the list of CCA volunteers in the Trailblazer or email [ask@chaparralcommunity.com](mailto:ask@chaparralcommunity.com).

Membership is a voluntary \$20 per year.

**The Chaparral Residents Association** is the association that governs the private membership of Lake Chaparral and its facilities. Each home within the Lake Chaparral community is encumbered to pay an annual membership due to the CRA. The annual dues are utilized for the day to day operations of the lake property and all of its facilities, the maintenance of entryway features of the community, maintaining an appropriate reserve fund and making long term planning decisions for the lake and its assets. The CRA's employs a facility director, Nancy Connors, under the direction of a volunteer Board of Directors.

For inquiries about the Lake Chaparral Park and Recreation Centre please contact the Lake Chaparral Residents Association at 403-254-4148 or visit their website at [lakechap.ca](http://lakechap.ca).

# Basketball Registration NOW OPEN

BOYS AND GIRLS - AGES 5 TO 17

Providing positive technical and personal development through fun, flexible basketball programs.

Registration & Information at [www.bowriverbasketball.com](http://www.bowriverbasketball.com)

**BOW RIVER**  
SOUTH BASKETBALL ASSOCIATION

RESPECT | TEAMWORK | INTEGRITY

REGISTRATION CLOSES JULY 31, 2016



# SHC Wellness Centre June Highlights

Healthy Albertans  
Healthy Communities  
Together

Have you been to the Wellness Centre yet? Come find out what we are all about.

A few of our FREE programs are highlighted below  
Fuelled To Move (Ages: 14-17)

Saturdays 10:00-11:30am, begins June 4

Learn how to fuel your body to get the most out of your work-out, reach your fitness goals and be healthy for life! You will learn weight room etiquette, proper resistance training techniques, and be introduced to a group fitness class. Practice how to prepare nutritious, energy-boosting meals and snacks in the Wellness Kitchen. This class comes with a FREE 1-month pass to the YMCA.

I know I Should Eat Healthy but How

June 6 5:30-8:00pm

In this kitchen demonstration you will learn how to put nutrition and weight management principles into practice using the 4 P's: Plan, Purchase, Prepare and Pack. Facilitated by an AHS Registered Dietitian.

Art Therapy with Heart: Creative Drawing & Scratchboard

June 8 1:00-3:00pm

Creative expression helps patients & families with the feelings that come with diagnosis/treatment of cancer. Adults who are receiving or moving beyond cancer treatment will choose from a selection of images, symbols and animals to create a piece of art on scratchboard. See yourself and others from a different perspective as you engage in the creative process, relax and be mindful.

Understanding Dementia & Strategies to Improve Brain Health

June 15 6:30-8:30pm

As our population is living longer, it's important to have a basic understanding of dementia; maintain your brain health and reduce your risk. This session will cover:

- Types of dementia
- Signs and symptoms
- Simple strategies for improving your brain health
- How to reduce your risk of developing dementia
- Programs and services available to support you

~continued next page~

**SUMMER SPECIAL**

**CHAPARRAL BARBERS**

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Haircut or Hot Shave  
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# SHC cont'd

Allergen Aware-Allergen Safe

June 20 6:30-8:00pm

This workshop provides an overview of allergy and anaphylaxis including signs, symptoms, triggers and basic management strategies. Participants will be given the opportunity to use practice auto-injectors and taught what to do in case of allergic emergency. The focus will be on the three A's: Awareness, Avoidance, and Action.

Most programs require registration. See our program guide and learn how to register at [www.ahs.ca/shcwellness](http://www.ahs.ca/shcwellness) or 403-956-3939.



## Just Say Hi!

A message from the Federation of Calgary Communities

Welcoming new neighbours or introducing yourself to those you haven't met yet is a great way to establish neighbourly relationships. People who know each other are more likely to look out for one another and help build and maintain a safe community.

Do you know the first name of at least five different neighbours? Would you be able to tell police the addresses of the houses around you in the event you witnessed suspicious activity? Could you ask a neighbour to borrow a cup of sugar or an egg for a cake you are baking? What about asking a neighbour to check in on the perimeter of your home while you're away? We sure hope you answered yes to a few of these questions! But, if not, take the plunge and just say hi! One of the easiest ways to increase safety in your community is to get to know your neighbours because people tend to look out for those that they know!

Don't forget, after introducing yourself, make the effort to wave, greet and chat with your neighbours regularly. This encourages friendly chit-chat and can make neighbours feel connected.

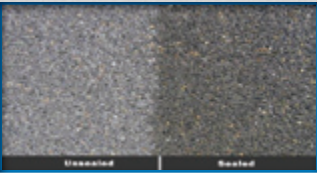
For more information or engagement ideas, visit our website at [calgarycommunities.com](http://calgarycommunities.com).

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## Dr. Nenshi's Free Health Talks



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# Team Palmer

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Lake Chaparral Sales Stats: YEAR TO DATE					
STYLE	HIGH	LOW	AVG.	AVG DOM	TOTAL
2 STORY/2 SPLIT	1,100,000	412,000	532,331	36	36
1 ½ STORY	890,000	890,000	890,000	8	1
BUNGALOW	446,500	417,500	433,000	28	3
BI-LEVEL	382,000	382,000	382,000	20	1
ATTACHED	427,500	410,000	418,750	96	2
CONDO	412,000	216,000	343,000	63	6

Chaparral Valley Sales Stats: YEAR TO DATE					
STYLE	HIGH	LOW	AVG.	AVG DOM	TOTAL
2 STORY/2 SPLIT	610,000	420,000	506,880	45	10
ATTACHED	391,000	375,000	383,000	91	2
CONDO	327,500	322,000	325,333	41	3

Chaparral Ridge Sales Stats: YEAR TO DATE					
STYLE	HIGH	LOW	AVG.	AVG DOM	TOTAL
2 STOREY/ 2 SPLIT	460,000	353,000	398,250	23	4
BUNGALOW					
BI-LEVEL					
4 LEVEL SPLIT					
ATTACHED	300,000	300,000	300,000	25	1
CONDO	310,000	220,000	283,700	32	5



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[palmer@lakechaparral.info](mailto:palmer@lakechaparral.info)



Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see [www.tricocentre.ca](http://www.tricocentre.ca) to find out more.

### June at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week (more than 55 in the summer months), use the gymnasium, skate, or play shinny, plus with a membership you get 20% off our fun, active registered programs. Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association).

### Membership Specials while the Pool is Closed

After 33 years in operation, Trico Centre's Aquatics Centre is undergoing a major refurbishment. This project will address lifecycle issues, improve health and safety components. **The target reopen date is August 15, 2016.** There is still lots to do at Trico while the pool is closed. We will be hosting a pool grand opening, so watch for details.

- Purchase a new membership up until August 14, 2016 and receive 14 months for the price of 12.
- Purchase an All-Inclusive 10-Visit Pass up until July 31, 2016 and receive 13 visits for the price of 10.
- If you were a member on February 19, 2016 when the pool closed for its makeover, make sure to drop by Guest Services and fill out your form to receive a three-month free extension on your membership and five free passes\*

### Spring Activities for Families, Children, Youth

- **Summer Day Camps:** Trico Centre is known for its summer camps. Want your child to have fun and learn over the summer? Good quality themed camps. 3-14 yrs, weekly or daily, full day, half, day, pre and post care.
- More registered summer programs than ever before including Parent & Tot classes, preschool, children and youth. See the Summer Program Guide or check [www.tricocentre.ca](http://www.tricocentre.ca) for all the details.
- Summer drop-ins include Drop-In Playtime (walking and up, Thursdays, 5-6:30pm, Drop-In Craft (2 yrs and up) Drop-In Dodgeball (10-14 yrs.) Check the Summer 2016 Program Guide for details.
- Skating Lessons – what could be a better way to spend a hot summer than in a cool skating rink. Parent & Tot, Pre-

*~continued next page~*



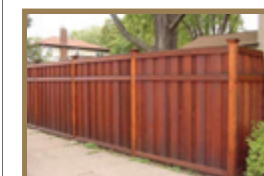
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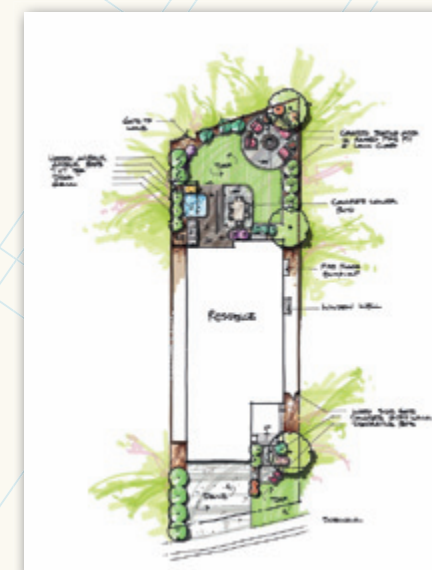
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# June at Trico Centre cont'd

school Learn to skate, Youth Learn to Skate, Teen Learn to Skate, and private lessons.

- Intro to Hockey for 6-8 yrs, Intro to Hockey Adult & Child (4-6 yrs with parent/caregiver), and Power Skating & Recreational Hockey (7-12 yrs.)

### Summer Programs for Adults

- Check out these registered summer programs: Core Fusion Barre, Obstacle Race Training, Stroller Fit, Fit 101: For the Absolute Beginner, and Sore Joints Training.
- Even though it is summer, there is still lots to do in the Fitness Centre. Choose from more than 55 dryland drop-in fitness classes every week. Free for members, drop-in fee for non-members.

### Summer Programs for Older Adults

- Balance Builders: Fall Prevention for Older Adults, Bone Builders: Weight Training for Older Adults, Chair Yoga, and Sore Joints Training are registered fitness classes for older adults offered over the summer.
- Drop-in Pickleball is offered several times a week over the summer. Check out the Drop-In Gym schedule (available on the website or at Guest Services.) Free for members or drop-in fee for non-members.

Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see [www.tricocentre.ca](http://www.tricocentre.ca) to find out more.

# IN & AROUND CALGARY

## World Elder Abuse Day

World Elder Abuse Awareness Day is recognized on June 15. During Seniors' Week conversation cafes about elder abuse, its incidence, impact on community and resources for Calgarians will be held around Calgary.

World Elder Abuse Awareness Day events culminate in a public gathering at Olympic Plaza on June 15, from noon to 1 p.m. Join with other Calgarians to listen to speakers and raise the public awareness about elder abuse. Bring your lunch and wear purple to show your support.

Visit [calgary.ca/seniorsweek](http://calgary.ca/seniorsweek) for event information.



Olivia	11	Jordyn	14
Alexandra	12	Megan	14
Alison	12	Tessa	14
Hayley	12	Amy	15
Lottie	12	Chloe	15
Olivia	12	Jasmine	15
Onelli	12	Madison	15
Anika	13	Rachel	15
Erin	13	Venecia	15
Ethan	13	Brook	16
Jordan	13	Morgan	16
Katie	13	Kairvee	16
Ryan	13	Yulduz	16
Marge	13	Abby	17
Selena	13	Jenna	18
Alyssa	14	Jaden	20
Camryn	14	Taryn	19
Danielle	14	Meagan	20
Jake	14		

**Chaparral Childcare Connector**  
Website is: [www.caldayahomes.com](http://www.caldayahomes.com). This is run by a CCA member.  
To receive information on any of these babysitters, please contact  
**Barry Info@caldayahomes.com or 403-701-8326**



We have been working hard at building a social side to this, for parents, teenage babysitters & Dayhome providers.

Did you know we get together a few times a year? We volunteer in the community. We hold toy exchanges. We go on fieldtrips. We are... you!

CCC has many outings planned for the summer; if you want more information on what we are doing, and reminders for upcoming events, send us an email [Info@caldayahomes.com](mailto:Info@caldayahomes.com). Barry 403-701-8326.



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[www.familywellnesscentre.com](http://www.familywellnesscentre.com)  



## Great Photos of Chaparral Wanted!

High resolution, seasonal, and community/lake related photos would be greatly appreciated and will be considered for our cover, and inside our community publication.  
Please submit your photos to Lynette at [editor@chaparralcommunity.com](mailto:editor@chaparralcommunity.com).



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**“A TRIBUTE TO SENIOR CITIZENS BECAUSE I AM ONE”**

They call being over fifty the ‘Golden Years!’ I sometimes wonder what is Golden about them! They also say: “You get better with age!” I asked my wife one day: “What part of me is getting better?” and she replied: “I don’t have a clue.” Oh well, one of the mysteries of our Golden Years.

On a more serious note we get to enjoy life as we now have more control of what we do, especially at retirement age. One of my favorite senior cartoons is of two elderly gentlemen sitting on a park bench. One says to the other: “My wife asked me what I’m doing today and I told her nothing!” She said: “Well you did that yesterday!” I replied, “I know, but I wasn’t finished!” My other favorite senior cartoon is two ladies in their sixties in a restaurant and one says to the other: “Mary look at those two women over there! That’s what we will look like in twenty years.” Her friend replies: “You are looking at a mirror and that is us!”

Now that I’ve been retired for twelve years I love telling my younger friends or those still working what you have to look forward to. Some of these things are: - I get to read the morning paper from cover to cover while enjoying a leisurely breakfast. - I can stay up late at night to watch all the days past Sports Highlights! - I can get up when I darn well feel like it and then meet

my retired friends for coffee at McDonalds, Tim Hortons or Starbucks. - I can avoid morning and evening rush hours by choosing when to go or when to stay home. - I can now travel at non peak times and take advantage of last minute deals on air travel and accommodations. - I can consider every day a holiday or every week a long weekend. - I can feel sorry for those friends that must work every day and sit in daily traffic jams. - I can take advantage of discounts at the theatre, restaurants, entertainment functions, prescriptions, the barber shop and Senior Days. Finally, I can now officially call myself a Sexy Senior Citizen!

I found a really neat article ( author unknown ) entitled ‘The Train’ which gives an interesting view of life and I would like to share it with you. At birth we boarded the train and met our parents, and we believe they will always travel on our side. However, at some station our parents will step down from the train, leaving us on this journey alone. As time goes by, other people will board the train; and they will be significant in our lives. They are our siblings, friends, children, and even the love of your life. Many will step down and leave a permanent vacuum. Others will go so unnoticed that we don’t realize they vacated their seats. This train ride will be full of joy, sorrow, fantasy, expectations, hellos, goodbyes, and farewells. Success consists of having a good relationship with all the passengers, requiring that we give the best of ourselves. The mystery to everyone is: We do not know at which station we ourselves will step down. So, we must live in the best way, love, forgive, and offer the best of who we are. It is important to do this because when the time comes for us to step down and leave our seat empty, we should leave behind beautiful memories for those who will continue to travel on the train of life. I wish you a joyful journey on the train of life. Reap success and give lots of love. More importantly, thank God for the journey. Lastly, thank you for being one of the passengers on my train. Until next time, Happy Trails.

*Lawrence King*  
CCA Director of Education



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**McKenzie Towne**  
**STAMPEDE**  
**BREAKFAST**

**July 14, 2016**  
**9:00 am – 11:00 am**  
High St. SE, McKenzie Towne

**Volunteers needed!** Visit [mtcouncil.com](http://mtcouncil.com) for volunteer information. Volunteers are the backbone hosting a successful Stampede Breakfast and we need your help.

McKenzie Towne Council, in partnership with the Stampede Caravan Committee, is reviving the McKenzie Towne Stampede Breakfast! There will be tons of activities: Live music, marching bands, Indian dancers, visiting Stampede celebrities, activities, games + prizes, pony rides and a petting zoo. [www.mtcouncil.com](http://www.mtcouncil.com) for event information.

**BRAIN GAMES**

**SUDOKU**

2		1	5					4
	9		1		3			
	6			4				
			9					6
7	5		3		2		1	9
8					6			
				9			5	
			4		5		7	
9					8	3		2

**FIND SOLUTION ON PAGE 27**




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IN & AROUND  
CALGARY

The scoop on dog poop

With 150 public off-leash areas and over 100,000 dogs in our city, it’s clear Calgarians love their canine companions. What isn’t to love is the stinky situation left behind when owners don’t pick up after their pets.

Cleaning up your dog’s waste helps keep our yards, parks and off-leash areas safe and healthy, and is part of being a responsible pet owner.

Here are five facts you may not know about doggy doo-doo:

- 1. It’s classified as a hazardous pollutant. It’s in the same category as toxic chemicals!
- 2. It’s crawling with E. coli and often contains roundworm larvae which, if ingested by humans or dogs, can lead to brain, eye and other organ damage.
- 3. It’s not a good fertilizer. Its high nutrient content is toxic to lawns and will create “hot spots” causing the grass to burn and discolour.
- 4. It doesn’t absorb into the soil, so the risk of spreading its harmful effects can linger for years!
- 5. It attracts mice, coyotes and other wildlife that consider it a delicious snack.

Keeping our city pet-waste free is easy, if we all do our part. Always carry pet waste bags with you when you walk your dog, and pick up and properly dispose of your pet’s waste as soon as possible.

To learn more about the importance of picking up after your pet, join us at a P.U.P.P.Y. (Pick Up Pooch’s Poo Yourself) event near you. Visit [calgary.ca/puppy](http://calgary.ca/puppy) for details.



Chaparral Real Estate Update

Last 12 Months Chaparral  
MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
April 2016	\$493,800.00	\$484,900.00
March 2016	\$469,888.00	\$455,000.00
February 2016	\$492,200.00	\$487,500.00
January 2016	\$487,000.00	\$472,000.00
December 2015	\$539,500.00	\$525,000.00
November 2015	\$488,777.00	\$470,000.00
October 2015	\$497,900.00	\$500,000.00
September 2015	\$499,900.00	\$487,000.00
August 2015	\$530,000.00	\$530,000.00
July 2015	\$477,500.00	\$470,000.00
June 2015	\$514,900.00	\$507,450.00
May 2015	\$498,450.00	\$485,000.00

Last 12 Months Chaparral  
MLS Real Estate Number of Listings Stats

	No. New Properties	No. Properties Sold
April 2016	27	23
March 2016	26	11
February 2016	29	12
January 2016	22	10
December 2015	13	5
November 2015	9	9
October 2015	13	15
September 2015	19	17
August 2015	23	15
July 2015	20	13
June 2015	12	32
May 2015	39	20

To view the specific SOLD Listings that comprise the above MLS averages please visit [chaparral.great-news.ca](http://chaparral.great-news.ca)

IN & AROUND  
CALGARY

June and July Events in Fish Creek

**Qi Gong and the Fish Creek Wellness Showcase**  
Qi Gong (pronounced Chi Gong) is a way of enriching and supporting the life energy that flows through all people and all things. It is an ancient form of exercise derived in China that features recurring movements that help to unify physical, mental and spiritual aspects in participants. This system can be beneficial for reducing stress, alleviating the effects of illness, and improving and maintaining physical well-being. Learn about the general principles and history of Qi Gong, follow along as Spring Forest Qi Gong Certified Instructor Diane Smith leads you in simple movements, and learn some of the basic exercises that you can practice at home.  
*June Fish Creek Speaker Series – Qi Gong and the Fish Creek Wellness Showcase:*  
Wednesday, June 22, 7:00 - 8:30pm at the Fish Creek Envi-

ronmental Learning Centre  
*Outdoor Qi Gong Sessions: Tuesday nights, June 14 – July 26 6:30 - 7:30pm at the Bow Valley Ranch, Fish Creek Provincial Park*  
For more information or to register [www.friendsoffishcreek.org/programs/wellness-clinics](http://www.friendsoffishcreek.org/programs/wellness-clinics)

**Capture Nature Photography Contest**  
The Friends of Fish Creek are excited to offer our Capture Nature Photography Contest for the second year in a row! Capture Nature offers a fun and creative opportunity for park users to engage with their natural surroundings as they search and explore for the best images of the year! All proceeds from the contest will help to support our stewardship and education activities in Fish Creek Provincial Park. Capture Nature will run from July 1 to August 15. Register for a chance to win one of the amazing prizes from Vistek and MEC! [www.friendsoffishcreek.org/programs/capturenature](http://www.friendsoffishcreek.org/programs/capturenature)

**Parks Day & Creekfest**  
Free Fun for the Whole Family!  
Sunday, July 17, 2016 11:00 am – 4:00pm, Glennfield, Fish Creek Provincial Park

~continued on page 27~

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## Events in Fish Creek cont'd

Celebrate Alberta's Natural Provincial Parks and Learn about Protecting our Watersheds at Parks Day & Creek-fest! Juno-award winning Peter Puffin's Whale Tales will return to Fish Creek to host a concert and song writing workshop! Enjoy the performance "Good Night and Good Duck" from Alberta Parks' K-Country Interpretive Theatre! Coyote Kids Theatre will present "A Muskrat's Tail" and local musician Alex Boisselle will return to Fish Creek! Take part in an outdoor yoga session and fly fishing demonstration.

Enjoy interactive booths and activities hosted by community organizations dedicated to the environmental sustainability of our Provincial Parks! For more info: [www.friendsoffishcreek.org/event/creekfest](http://www.friendsoffishcreek.org/event/creekfest)

### Full Moon Guided Meditation in Fish Creek

Let go of outside distractions and just be. Join Naomi Parker and Gwen Draude Woolverton for outdoor meditation sessions on full moon evenings at the Bow Valley Ranch in Fish Creek Provincial Park.

7:00 - 8:00 pm on Monday, June 20 (The first day of summer!) Tuesday, July 19, and Thursday, August 18. Registration is recommended and fees apply. For more information, visit [www.friendsoffishcreek.org/programs/wellness-clinics](http://www.friendsoffishcreek.org/programs/wellness-clinics).

## BRAIN GAMES SUDOKU

2	3	1	5	6	7	8	9	4
4	9	8	1	2	3	5	6	7
5	6	7	8	4	9	1	2	3
1	2	3	9	5	4	7	8	6
7	5	6	3	8	2	4	1	9
8	4	9	7	1	6	2	3	5
3	7	4	2	9	1	6	5	8
6	8	2	4	3	5	9	7	1
9	1	5	6	7	8	3	4	2

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~continued on page 30~



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## Park n' Play & Stay n' Play

These free, safe, supervised programs help children make new friends learn new games and activities that they can use on their path to a healthy and active lifestyles.

Programs run weekdays and are weather dependant.

### Mark your calendars for Park n' Play & Stay n' Play this summer;

July 4-8, 2016  
480 Chaparral Dr. SE (Chaparral School)

#### Stay n' Play

Ages 3Y – 5Y  
10:00 am – noon

Participants must be accompanied by an adult/guardian (Max 2 kids per adult)

#### Park n' Play

Ages 6Y – 12Y  
10:00 am – 3:30pm

#### Play Pass

#### Play Faster This Summer!

Save time and line-ups on the first day by pre-registering for Park n' Play and Stay n' Play. Pre-registration does not guarantee entry. Entry to these programs is on a first-come, first-served basis, each day.

We encourage you to supply us your information by pre-registering prior to program starting to help you save time filling out forms at the program when you arrive.

For more information visit  
[calgary.ca/communitysummerprograms](http://calgary.ca/communitysummerprograms).

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- <http://southviewchurch.com/ministries/family/agapeland/>
- Ms. Michele Black
- 403-873-5206
- [Michele\\_Black@southviewchurch.com](mailto:Michele_Black@southviewchurch.com)



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## IN & AROUND CALGARY

### Property Tax Assistance Program

Property Tax Assistance Program: Help is available. The City of Calgary may provide a grant/credit of the increase in residential property taxes from 2015 to 2016.

To be eligible, the applicant must:

- Experience an increase in property taxes from 2015 to 2016.
- Live in the principal residence for a minimum of one year.
- Own no other property.
- Must meet low income guidelines of the Fair Entry Program. Visit [calgary.ca/FairEntry](http://calgary.ca/FairEntry) or call 311.
- Provide an acceptable proof of household income for all members 18 years of age and older. Visit [calgary.ca/FairEntry](http://calgary.ca/FairEntry) or call 311.
- Apply for the grant/credit by Dec. 1, 2016. Visit [calgary.ca/FairEntry](http://calgary.ca/FairEntry) or call 311.
- Even if you are not eligible for the Property Tax Assistance Program, we may be able to help you access other community resources.

**Please note:** Even though an application has been made to the Property Tax Assistance Program, all property taxes must be paid in full by the due date, June 30, 2016, to avoid a seven per cent penalty.

For more information, or to apply, please contact 311 or visit [calgary.ca/FairEntry](http://calgary.ca/FairEntry).

## COMMUNITY ANNOUNCEMENTS

**Deadline – 1<sup>st</sup> of each month for the next month's publication**

**Contact [news@great-news.ca](mailto:news@great-news.ca)**

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

**FOUND:** Earrings (along with a small Georgia peach candle) were found in the field at Chaparral Blvd and Stony Trail. If these are yours please contact [editor@chaparral-community.com](mailto:editor@chaparral-community.com) to be put in touch with the resident who found them.



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## Insects & Technology

The Namib Desert's darkling beetle is the inspiration for a new idea to turn morning fog into droplets of water and will have the ability to provide enough water per day for survival of Namib Desert people. The beetle's body has little bumps that repel water, sending the droplets down his back into his mouth.

Discovery Magazine







## COUNCILLOR, WARD 14 PETER DEMONG

[www.calgary.ca/ward14](http://www.calgary.ca/ward14)  
[eaward14@calgary.ca](mailto:eaward14@calgary.ca) or 403 268-1653

Happy June Ward 14!

### Ward 14 Wordsmith Award

Every year I hold an essay contest for the Grade 6 students in Ward 14. Every year they write about what municipal government means to them, and every year I am blown away by the calibre of the essays.

For four years the winner of the *Ward 14 Wordsmith Award*, and their entire class, have joined me at a City Council meeting. I read the winning essay on TV during a Council meeting—so everyone can be just as impressed as I—and present the winner with the *Ward 14 Wordsmith Award*.

This year Ian Samuel Benham of Prince of Wales School became the winner of the fifth annual Ward 14 Wordsmith Award. He and Mrs. Armstrong-Shaver's class joined me in Council on May 16 and he received a very special prize in addition to the traditional trophy: a signed Johnny Gaudreau jersey courtesy of the Calgary Flames!

### POOL REFURBISHMENT MEMBERSHIP SPECIAL!

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August 14, 2016 and  
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Congratulations Ian! It is great to see young people who understand the importance of democracy. Thank you to all of the teachers who instill that importance, and to all the students who participated! I can't wait to see what the students have in store for next year.

For those of you who would like to read Ian's essay, you can find it at [calgary.ca/ward14](http://calgary.ca/ward14).

### Counciltalk

I will be holding one more Counciltalk session before summer. It will be at the ATB in Walden (300-151 Walden Gate S.E.) on June 25 from noon to 2 p.m.

This has been the most popular year for Counciltalk yet, and that makes me happy. As good as it is to see young people who understand the importance of democracy it is equally as good to see adults participate in it.

Thank you to everyone who joined me at one of my Counciltalk sessions this year. Keep an eye out for the next one on [calgary.ca/counciltalk](http://calgary.ca/counciltalk).

### Ward 14 Communities BBQ & Walden Community Association

I think people must be getting familiar with my community BBQ. I will speak about it in a little more detail in the coming months, but for now you should mark it in your calendars. It will be a great time.

The BBQ is on September 24, from 11 a.m. to 2 p.m., and I will be officially welcoming Walden's brand new community association for the first time. It will be in the same location as always: the Southcentre Mall parking lot. You can find out more about the Walden Community Association at [wald-enyy.ca](http://wald-enyy.ca) and more about the BBQ at [calgary.ca/ward14bbq](http://calgary.ca/ward14bbq).

### Deerfoot Trail Engagement

I want to briefly mention a couple of opportunities to give your input on the future of Deerfoot Trail.

You will have to keep an eye on [calgary.ca/engage](http://calgary.ca/engage) to get the fine details of the first opportunity, but in general it will be a chance to share your thoughts on what you want to see on Deerfoot. Watch for the Deerfoot Trail Corridor Study on the City's website.

The second opportunity will be focused specifically on the south section of Deerfoot. I will be at the First Alliance Church (12345 40 Street S.E.) on June 23 from 7 to 9 p.m. with area MLA Richard Gotfried, other area councillors, and other stakeholders to listen to what the citizens of Calgary's south have to say.

Thanks for reading. Please feel free to contact me any time.

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