

DECEMBER 2016

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DEER RIDGE

JOURNAL

THE OFFICIAL DEER RIDGE COMMUNITY NEWSLETTER



HELP END DIABETES

Diabetes is a complex disease with many causes and no known cure. In Alberta, an estimated 303,000 people have been diagnosed with diabetes and a further 600,000 live with prediabetes.

With your support, the Canadian Diabetes Association (CDA) can improve lives and make it possible to fund leading-edge research and innovative educational programs; send kids with type 1 diabetes to the CDA's D-Camps; and provide Albertans with access to programs, services and resources to manage their disease and live well.



Deer Ridge Community Association

Box 43052, RPO Deer Valley SE, Calgary, AB - T2J 7A7

Phone: 406-606-7331

deerridgeca@gmail.com • www.deerridgeca.com

HOW CAN YOU HELP?



JOIN TEAM DIABETES

Get active! Run, walk or hike in exciting international and Canadian events.



VOLUNTEER

We couldn't do what we do without the support of our volunteers.



GIVE TO CLOTHESLINE®

Donate your gently used clothing, books, toys, electronics, vehicle and more.



BECOME AN ADVOCATE

Interested in sharing your story and speaking on behalf of those living with diabetes?



HOLD A FUNDRAISING EVENT

Explore the fun and easy ways you can help raise funds for diabetes.



DONATE

Text "Diabetes" to 587-600-6088 or honour someone online at diabetes.ca/donate.

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Deer Ridge Community Association



Box 43052

Calgary, Alberta
T2J 7A7

Visit our website at www.deerridgeca.com
If you have any questions or concerns, please contact us at DeerRidgeCA@gmail.com

Board of Directors & Community Contacts

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1st Vice President	Dawn Wallace	403 606 7331
2nd Vice President	Alana Somers	403 466 8100
Treasurer	Laura Rivero	403 452 0181
Secretary	Barb Chapman	403 285 9482

PAST PRESIDENT

Past President	Bob Hall	403 278 6817
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Director at Large	Lanis Anderson	
Director at Large	Laurie-Anne Bulmer	
Director at Large	Tracey Burch	
Director at Large	David Burns	
Director of Membership	Dawn Wallace	403 606 7331

COMMUNITY COORDINATORS

Movie in the Park Coordinator	Alana Somers	403 466 8100
Casino Coordinator	Bob Hall	403 278 6817
Ice Rink Coordinator	Bob Hall	403 278 6817
Tennis Court Coordinator	Larry Lemieux	403 278 2199
Trico Representative	Karen Stevenson	403 278 3353
Newsletter Advertising	Great News Publishing	403 263 3044

WE NEED YOU! CONTACT US TO VOLUNTEER AND GET INVOLVED IN YOUR COMMUNITY.

OUR VISION

We will be a safe community with established programs and facilities, committed volunteers, and we'll be financially stable.

OUR MISSION

To enhance the quality of life in Deer Ridge for today and the future by establishing and fulfilling the common goals, needs and interests of our community.



MESSAGE FROM THE DEER RIDGE BOARD

The Deer Ridge Community Association wishes you and yours a very Happy and Safe Holiday Season and all the best in the New Year!

Children's Christmas Party

*Santa*Fun*Crafts*Treat Bags

Deer Ridge is partnering with Queensland again this year for the annual Children's Christmas party December 17th from 1:00-4:00pm at the Queensland Community Hall. All Deer Ridge Community Association members are free and non-members are \$2.00 per child. Only those with tickets will be admitted. Be sure to get your tickets A.S.A.P., as attendance is limited to 100 children. We ask that each family attending bring a plate of cookies, squares, or cakes. Also, we will accept donations for the Calgary Food Bank. If you are able to volunteer to help out in the pre-planning, or on the day of the event, please call Linda at 403-278-3366.

Casino Fundraiser

When: Wednesday, January 11th & Thursday, January 12th, 2017.

Where: Cash Casino

This is a major fundraiser for the community. The fund received from AGLC is used for facilities such as rinks and tennis courts, new playgrounds and park structures, as well as support programs and special events such as Movie in Yellow Slide Park. If you would like to volunteer, please contact us.

January Family Winter Skate

Mark your calendars for Saturday, January 14th, 2017 to attend Family Winter Skate! There will be free hot dogs and hot chocolate! All are welcome to join the fun!



(In case of bad weather, the alternate date in the following Saturday on January 21st, 2017)

Thank-you for your Food Bank Donations!

Thank-you to everyone who donated to the Food Bank at the two Movie in Yellow Slide Park summer events! The total weight of food items received was 450 pounds of food. An additional sum of \$100.00 in cash was also donated.

Community Gardens Food Bank Donation

Did you know each year garden bed(s) are set aside in Community Gardens for donation of harvest to the Food Bank. This year a total of 102 pounds of garden goodness was donated. Thank-you to the volunteers who plant, maintain, and harvest the fresh bounty.

Calgary ReTree Community Program

It may be a little hard to notice now but thanks to City of Calgary's Retree effort, Deer Ridge has an additional 48 new trees in the community of various types.

Counciltalk

Please join Councillor Demong on Saturday, January 28 from noon to 2 p.m. At the Lake Bonavista Community Centre for the year's first Counciltalk. This is a great opportunity to speak directly with your Ward 14 Councilor!

Deer Ridge Community Association Monthly Meeting

Do you have suggestions for your community? Would you like to volunteer on the Board?

The next board meeting is:

Date & Time: Tuesday, January 17th, 2016 at 7 PM

Location: The Trico Centre - Meeting Room # 6

Are you interested in attending but getting a babysitter is an issue? No worries, there is plenty of space in

~continued on page 7~

VOLUNTEER FORM



The continued success of events as well as maintenance and improvements of facilities is dependent upon involvement of Deer Ridge residents. We invite you to join us in the fun!

We are updating our 2016-2017 list of volunteers. If you are interested, please fill out the form below and return by mail, or visit www.DeerRidgeCA.com and fill it out online.

Deer Ridge Community Association, PO Box 43052, Calgary, AB T2J 7A7 | Tel: 403-606-733

Email: DeerRidgeCA@gmail.com | Website: DeerRidgeCA.com

Facebook: [Deer Ridge Community Association](https://www.facebook.com/DeerRidgeCommunityAssociation) | Twitter: [@DeerRidgeCA](https://twitter.com/DeerRidgeCA)

Deer Ridge Community Association, Volunteer Activities 2016 – 2017

- **Community Clean-Up** (Sept 18, 2016: set-up/take down, assist City staff directing people and receiving items, community signage and posters)
- **Fundraising Casino** (January 11th & 12th, 2017: money, money, money!)
- **Family Winter Skate** (January: set-up/take down, food and beverage service, event preparation, community signage and posters)
- **Ice Rinks** (Nov-March: maintaining ice surface)
- **Tennis Courts** (May-Oct: maintaining court surface)
- **Children's Christmas Party** (December: event preparation)
- **Volunteer Recognition** (Spring: event preparation)
- **Membership Drives** (Aug-Oct: door-to-door delivery of membership forms)
- **Movie at Yellow Slide Park** (July & Aug: event preparation, set-up/take down, food & beverage service, contact businesses for raffle prizes, community signage and posters)
- **Community Festival** (July: set-up/take down event tables, community signage and posters)
- **Community Gardens** (May-Oct: building new garden structures, painting, prepping beds at start of season, post-harvest activities)
- **Special Projects: playground rebuilds, pathway to rinks and gardens, etc.** (ongoing: planning, cost estimates, coordination with The City, organizing volunteers, construction)
- **Association Board Member or Committee Member** (various roles to suit individual's time available to volunteer)
- **Doesn't matter to me. I'll help with whatever is needed.**

First Name: _____ Last Name: _____

Address: _____

Phone: _____ Email: _____

Ideas or Comments:

MESSAGE FROM THE DEER RIDGE BOARD

the meeting room for your children. Remember to bring child's favourite books, tablets, toys. You may also contact the Deer Ridge Community Association by visiting the website: DeerRidgeCA.com, or by email: DeerRidgeCA@gmail.com. You may also like us on Facebook, and follow on twitter: [@DeerRidgeCA](https://twitter.com/DeerRidgeCA). Thank-you for your support and participation in the community!



HANUKKAH

In 2016, Hanukkah from in the evening of Saturday, December 24th until the evening of Sunday, January 1st. During Hanukkah, on each of the eight nights, a candle is lit in a special menorah (candelabra) called a 'hanukkiyah'.

Trivia

JACKSON & JACKSON

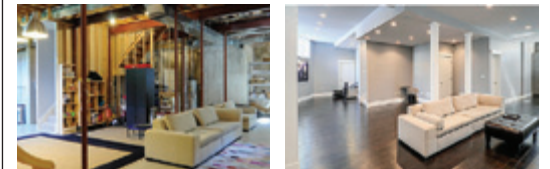
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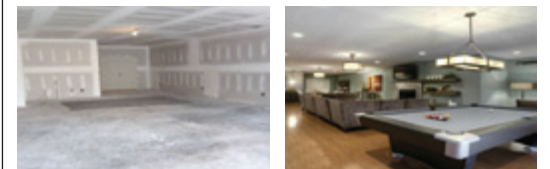
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BEFORE & AFTER RENOVATION PROJECT



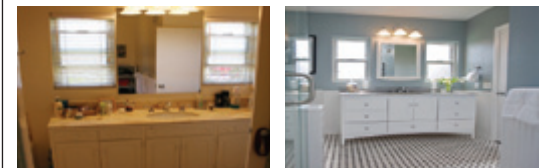
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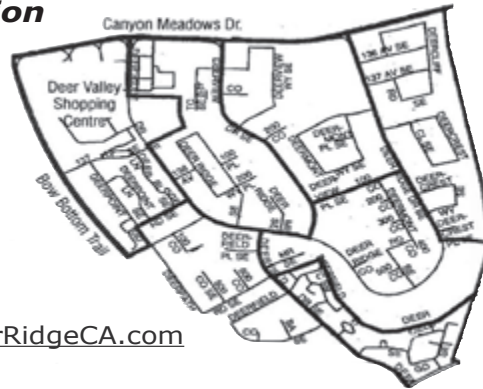
BEFORE

AFTER

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**Deer Ridge Community Association
Membership Request / Renewal
Form**



Membership Year:
AGM June 16th, 2016 – August 31st, 2017

Thank-you in advance for your support!
Membership fee \$15.00

Online membership payment available at DeerRidgeCA.com

Name:

Additional Family Members:

Mailing Address:

Phone Number(s):

Email Address(s)*:

* Please note your email address will be added to our electronic mailing list used for notifications of upcoming community events and information. We do not share your information.

Membership Request & Payment options:

Mail completed form & cheque payable to:	Deer Ridge Community Association PO Box 43052, Calgary, AB, T2J 7A7
Online:	DeerRidgeCA.com/Membership

Two membership cards, printed with last name(s), will be mailed to your household.

Deer Ridge Community Association PO Box 43052, Calgary, AB T2J 7A7 | Tel: 403-606-7331 |
Website: DeerRidgeCA.com | Email: DeerRidgeCA@gmail.com | Facebook: Deer Ridge
Community Association | Twitter: @DeerRidgeCA

SANTA'S COMING

DECEMBER 17

1:00-4:00pm

QCA HALL



Children's Christmas Party

***SANTA *FUN *CRAFTS *TREAT BAGS**

For children under age 12. Members of Deer Ridge and Queensland are free and non-members are \$2.00 per child. Only those with tickets will be admitted. Be sure to get your tickets A.S.A.P., as attendance is limited to 100 children.

*We ask that each family attending bring a plate of cookies, squares or cakes. Also, we will accept donations for the Calgary Food Bank. If you are able to volunteer to help out in the pre-planning, or on the day of the event, please call Linda @ 278-3366

BUSINESS CLASSIFIEDS

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or sales@great-news.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Deer Ridge. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

CLEANING SERVICES: Excellent references. Insured and WCB coverage. Weekly, bi-weekly at reasonable prices. For free estimates call Mary at 403-606-6977.

ARTWOOD FLOORS: We supply, install, sand, stain, and finish site and pre-finished hardwood floors. 20 years of experience. Dustless sanding, commercial grade finishes and quality workmanship at competitive prices. For a free estimate call 403-251-9980 or visit our website at www.artwoodfloors.ca.

BMP MECHANICAL LTD: is a professional mechanical company offering plumbing, heating, air conditioning and drain cleaning services for Calgary and area homeowners. Our services include: repairs and installation of new furnaces; hot water tanks and air conditioning systems; regular maintenance and emergency drain cleaning - including drain video inspections. Contact us at 403-816-4409 or service@bmpmechanical.com.

CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms. From cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

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HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.


E.G.K. RENOVATIONS: Renovations / developments, drywalling, taping, texturing, tile work, painting, t-bar ceilings, carpentry, flooring, window and door replacements, plumbing and electrical, all handyman services and more! Serving Calgary and area for over 30 years! WCB and BBB accredited. Licensed and insured. Contact Erich at 403-606-2493.

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YOGABEARS KIDS YOGA: Now accepting registration for January playschool classes. Yoga, mindfulness, games, stories. Tuesdays, January 10 - March 14, 2017, 9:30 - 11:00am, age 3 to 5 years. \$135.00 for 10 classes or \$15.00 drop-in. Mats are provided. Deer Run Community Centre, max 10 students. Call Kaura 403-809-1930 or visit www.yogabears.ca.


Guides
Canada

FAMOUS FIVE DISTRICT

Girls joining Girl Guides, (ages 5 to 17) look forward to a fun and active time. Enrolments are taking place, camps are being planned, program work is decided, outings are chosen and so much more. Thanks to all those volunteer leaders and parent helpers who make it happen. It doesn't happen without your time, talents and energies. If you are interested in being a leader, contact Pat at isteads@telus.net for all the details. Some units are already at capacity but we are still accepting registrations for girls in other units. Go to www.girlguides.ca and look for the Unit Finder tab to find a unit near you. It's never too late to register.

Everyone is Welcome: The Girl Guide Motto is "Be Prepared". The date has been decided for our Annual Carnival. We want you to "Be Prepared" to have a fun day and support the girls in your community by attending the Carnival on Saturday, March 4, 2017. Money raised at the carnival stays with the units to help with program and camps. More details will follow in the coming months but mark this date on your calendar now. Location will be Queensland Community Centre. Everyone in the community is invited. Silent Auction, games, lunch room, bake sale and so much more await you.

DeerRidgeCA@gmail.com

Editorial
Content
DEADLINE

5th

of each month
for the next
month's
issue

BRAIN
GAMES

SUDOKU

	6					3	
5	8		3			6	7
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			9		2		
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FIND SOLUTION ON PAGE 13

DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Deer Ridge Community Association and Great News Publishing. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Deer Ridge Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.



Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

December at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs.

Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

Wellness Access Program/Helping Others

- December can be a strenuous time on the budget. The Trico Cares program offers **fee assistance** for memberships and admissions. Plus, we have partnered with organizations that offer fee assistance for programs (Canadian Tire Jumpstart, KidzFirst, KidsSport.) See www.tricocentre.ca for details.
- For the fifth year, Trico Centre invites you to help those less fortunate in Calgary by dropping off items for Inn from the Cold. List of needed items available at Trico Centre and on our website. Drop off items until Thursday, December 15.

Register for Winter Programs

- Winter program registration begins November 15 and 15th for members and November 16 for general public. Swimming, skating, sports, creative, dance, gymnastics, adult fitness, winter break day camps.

Student Holiday Passes

- Students, want to stay active over the holiday break? Trico Centre offers student holiday passes: Post-Secondary Students (18-24yrs), valid between November 7 and December 31, \$56; Youth Students (12-17 yrs) valid between November 14 and December 31, \$32; High School Student January Exam Stress Release Pass, January 1-31 just \$22.
- Gift of Health – give the gift of health this season. Gift a friend or loved one with a 10-Visist Pass or a Trico Centre Membership. See Guest Services for details.



Adults, Older Adults

- Adult fitness in December: Candlelight Christmas Yoga: Treat yourself to a relaxing yoga class before the celebration begins – December 23, 10:30am – 12pm, Ride on New Year's Eve: Get a jump start on your New Year's goals with this invigorating spin class, December 31, 12 – 1:30pm.
- More than 70 drop-in fitness classes every week – including aquafitness in our newly refurbished pool. Free for members, drop-in fee for non-members. See the Drop-In Fitness schedule at www.tricocentre.ca under the Schedules tab or pick up a copy at Guest Services.
- Bones and Balance, Chair Yoga, and Balance Builders: Fall Prevention Program for Older Adults: These multi-week registered programs start in January – registration is open now.

Families, Children & Youth

- Family Skate with Santa – come join Santa for a seasonal craft session, leisure skate to festive music, hot chocolate, and cookies. Saturday, December 17, skate from 10am-12:30pm, other activities 12:15-2pm. Member family \$15, non-member family \$20.
- Holiday Drop-In Day Camps. Join camp for a full or half day, whatever works for you and your family. Pre-register due to limited spaces. 6-12 yrs, December 19-23, 26-30, and January 2-6. See Program Guide or www.tricocentre.ca for details.
- Winter Break Swim Lessons. Trico Centre is offering Winter Break swim lessons from December 19-23 and 27-30. See Program Guide or www.tricocentre.ca for details.

Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

IN & AROUND CALGARY

EMS: Cold Weather Safety

Alberta Health Services EMS responds to many cold weather related emergencies every winter. However, by taking appropriate measures to dress properly, anticipate sudden weather changes, and be prepared when out in the cold you can reduce your risk of sustaining a cold weather emergency. It's also advised you store an emergency kit in your vehicle at all times containing extra clothing, blankets, and other road-side supplies.

Frostnip

- Frost-nipped skin is extremely cold, but not yet frozen skin.
- It commonly affects the ears, nose, cheeks, fingers and toes;
- The skin may look red and possibly feel numb to the touch;
- When treated promptly, frostnip heals without complication;
- Move to a warm environment and immediately, but gently re-warm the affected area through skin to skin contact (i.e. hand covering tips of ears).

Frostbite

- Frostbite occurs when skin becomes so cold, the skin and underlying tissues freeze solid;
- Affected skin may look white and waxy and will feel hard to the touch;
- Move to a warm environment immediately and place the affected area in warm, *not hot*, water, until fully re-warmed;
- Call 9-1-1- or seek further medical attention as required.

Hypothermia

- Hypothermia is abnormally low body temperature, less than 34°C (as compared to normal body temperature of about 37°C);
- Early hypothermia may manifest as profound shivering; moderate hypothermic patients may act inappropriately: stumbling, mumbling, and fumbling, as their body temperature continues to drop resulting in severe hypothermia (<30°C);
- Left untreated, severe hypothermia may progress to unconsciousness or death;
- Early recognition and prompt medical attention is crucial. Call 9-1-1. Don't forget to protect yourself from the factors that originally lead to the patient's situation;
- Initiate gentle re-warming as quickly as possible. Remove any wet or constrictive clothing; cover with blankets, or sleeping bags. Protect from further heat loss: eliminate contact with cold surfaces, and shield from wind and moisture.

Accountant

Stanley Doherty, CPA, CMA

#8-20 Douglas Woods Dr. SE, Calgary, AB T2Z 1K4
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Deer Park United Church

An Affirming Ministry – LGBT Friendly
77 Deerpoint Road SE
403-278-8263 | www.dpuc.ca



Dec. 18: 7pm Blue Christmas
Christmas Eve: 5 pm Family Candlelight Service
8 pm Musical Candlelight Service
10 pm Communion Candlelight Service
All are welcome!

BRAIN GAMES SUDOKU

4	6	7	8	2	9	1	3	5
5	8	9	3	4	1	6	2	7
1	2	3	5	6	7	4	8	9
7	4	5	1	8	6	2	9	3
3	1	6	9	7	2	8	5	4
2	9	8	4	5	3	7	1	6
8	5	2	7	3	4	9	6	1
6	7	1	2	9	5	3	4	8
9	3	4	6	1	8	5	7	2

5

Winter Driving Fuel-Efficiency Tips



With its cold winds, long nights, and merciless snows, winter can be an ordeal for both you and your car. But beyond all the extra windshield washer fluid and maintenance your ride will need, your fuel budget will likely see the biggest bump — gas use can spike by over 25 percent, adding more to an already-too-large chunk of your budget.

This is because the cold winter air puts more aerodynamic drag on your vehicle and your engine has to work harder to plow through all that snow and slush. But you can fight back with a few surprisingly simple tricks:

1. Chill out and go easy. Aggressive driving uses much more gas than you'd expect. Speeding up and slowing down suddenly makes your engine work harder than it should, so take it smooth and steady behind the wheel to see some savings.
2. Plan ahead. Beyond driving more gently in general, you can cut down on gas use with some simple planning. By keeping a careful eye on traffic ahead and keeping your speed down, you can save yourself the painful start-stopping that drives up your gas use, and still arrive on time. Working to curb those bad habits can save you time at the pump and aggravation on the road. And whenever possible, plan your route ahead of time using radio traffic alerts or a smartphone app that

helps you avoid any gas-guzzling jams.

3. Don't idle to start up. Are you using a remote starter or starting your engine then running back inside to let your vehicle warm up? Don't fall for the driveway-idle trap — not only does it suck up gas and increase emissions, idling for more than 30 seconds doesn't give any extra benefit. All you need to do to warm up your car is to drive it gently for a few minutes. You'll be warmed up and on your way in no time.
4. Keep an eye on your tires. Tire pressure changes with air temperature, so check your tires at least once a month to make sure they're inflated correctly. Driving on tires that are under-inflated by as little as 8 psi can cut their life by more than 10,000 km and drive up your gas use to boot.
5. Use a block heater. Block heaters warm up your car's engine before you start and can cut down on gas use dramatically by eliminating the need for you to warm up the engine at all. Use a timer on the block heater for added convenience; just set it to turn on about 2 hours before you need to drive, and you're off to the races with a pre-warmed engine, gas in your tank, and money in your pocket.

Find more information online at vehicles.gc.ca.
www.newscanada.com

CALGARY



WILDLIFE

Snow White: The Snowy Owl

Article by Cheryl Bowman
Photo by Andrea S. H. Hunt

The Snowy owl, a majestic bird, is the largest owl in North America by weight. The Snowy owl is 52–71 cm long, with a 125–150 cm wingspan. The adult male is completely white while females and young birds have some dark spots. Snowy owls migrate to Alberta during the winter months, after spending the spring and summer in Alaska. The Snowy owl is the provincial bird of Québec.

Fun Facts:

- The Snowy owl is an exceptional hunter:
- The Snowy owl can fly silently due to the fact that its flight feathers are tipped with soft down, allowing this predator to swoop down silently on its prey.
- The Snowy owl has exceptional hearing and sight, allowing it to capture its favourite prey, lemmings, as lemmings are unable to hide under the snow to avoid capture.

- Snowy owls are crepuscular, which mean they hunt and are active both day and night, whereas other owls are nocturnal and hunt at night.
- Snowy owls form a monogamous pair and vigorously defend their territory, even against large carnivores such as wolves.

On average, the Calgary Wildlife Rehabilitation Society (CWRS) receives 4-6 Snowy owls per year. These birds have a well-known migration pattern in Alberta and because of this, treatment must be administered quickly to avoid the Snowy owl being 'over summered' (whereas the risk to other migratory birds is being 'over wintered'). Releasing the Snowy owl in time for their regular migration allows this majestic bird a greater chance of survival.

Should you discover an injured Snowy owl, please visit our website at www.calgarywildlife.org for more information or contact the CWRS at 403-239-2488 for assistance.



Xmas Volunteers



Canada Post volunteers donate over 200,000 hours of their time each year to help Santa respond to every letter that arrives on his doorstep.

Happy Holidays!



Happy Holidays from Calgary Humane Society!

December is always a time filled with a lot of festivity at the shelter and we hope you are enjoying your own holiday traditions at home. As always, we are starting out the season with our Christmas Party for the Animals, a free family event, on December 3, 2016. All December long we will also be collecting treats and toys for the shelter pets to enjoy on Christmas morning, as part of our "Stuff a Pooch Pad" campaign. At Calgary Humane Society we believe that every pet should have a special festive season, so with that in mind we are bringing you our top suggestions on how to make the holidays fun and safe for you and your pet!

1. Distract Fido with special treats! Having family and friends join you for a meal is a fantastic holiday tradition, and with a little creativity your pet can also join the dinner fun. Freezing hard rubber "Kong" toys stuffed with soft food is not only a delicious indulgence, it can also distract Fido while you enjoy dinner in peace!

2. Choose "Fluffy friendly" wrapping and decorations! Many pets, especially cats, love to investigate holiday décor. Put plastic or metal decorations towards the bottom of the tree and consider skipping ribbons and tinsel as these could be dangerous if swallowed. If you have a wrapping paper scraps left over you can create a fun diversion for your feline friend by hiding a treat or two inside a crumpled paper ball.

3. Secure the tree! If you have pets (or small children) visiting your house over the holiday season you can safeguard your 'silent night' by securing your tree to the wall. A strategically placed pet exercise pen can also

provide protection for your tree and presents.

4. Holiday baking? Yes please! Looking for a great way to amuse younger houseguests AND include your pet on

the fun? Bake and decorate delicious dog cookies with pet-friendly ingredients like cheese powder, yogurt 'icing', flax seed and carob chips. Need a recipe? Email humane.education@calgaryhumane.ca and we'll be happy to share our favorites!

5. Put Santa's cookies on the mantle, not the floor! To keep your pet from getting a lump of coal (or a pricey vet visit) for Christmas, store Santa's cookies and other holiday goodies up and away from curious noses. Better yet? Keep a bowl of approved treats on hand for houseguests that want to share the holiday cheer.

6. Spend some quality time together! Holidays are a busy time, but they are also a great chance to spend some quality time with your pet. Bundle up Fido and head out to check out the holiday light displays or curl up on the couch with Fluffy to enjoy your favourite festive film.

7. Give your pet a space of their own. When house-guests come calling some pets may prefer to sneak off for some relaxation. Providing a 'safe haven' in your house is as easy as placing a comfy bed and some of your pet's favorite items in a room that company will not be spending time in.

8. Spread some holiday cheer! Drop by the shelter to find the 'purr-fect' gift at our Pet Gear Store or drop off a pet toy for our "Stuff a Pooch Pad campaign". We're all decked out for the holidays and we would love to hear from you!

From all of us at Calgary Humane Society, have a safe and happy holiday season!



COUNCILLOR, WARD 14
PETER DEMONG

www.calgary.ca/ward14
eaward14@calgary.ca or 403 268-1653

Hi Everyone!

It's the holiday season, and I hope you will have some time to spend with friends and family. Here are a few notes that will help you during December.

Snow and Ice Control

It is a good thing to mention once or twice a year... The City maintains over 16,000 lane kilometres of road excluding Deerfoot and Stoney Trail, which are the Province's responsibility. Naturally, maintaining this amount of road requires prioritization. That is why the City endeavors to maintain all roads seven days from the end of a snowfall. You can expect a major road like Macleod Trail to be cleared within 24 hours of the last snowflake, while your own street will likely be taken care of within day 3-7. Parking bans may be called if you live on a Snow Route. They are marked by a blue sign with a white snowflake.

The City clears about half of its 800 kilometres of pathway too. How do we decide what pathway to clear? That is based on a combination of volume, steepness, and the connections that it makes. Pathways are to be cleared within 24 hours of the last snowflake.

Sidewalks are the responsibility of the property owner. They are to be cleared within 24 hours of the last snowflake.

I highly recommended downloading the City's Roads App. It will have all the latest updates on Calgary's roads. Calgary.ca/snow and calgary.ca/roadconditions will have that information too. You can also call 311 and ask.

Natural Gas Carbon Levy Information

The Province's carbon tax levy is going to be a tough pill to swallow for most of us, but that doesn't mean that you can't be prepared. Budgeting is an extremely important habit to get into, and I am very happy that Enmax is helping people do that. Along with posting general information on their blog (enmaxonforyou.ca), they have provided customers with individualized estimates of the carbon tax levy. If you haven't already looked over your estimate and the blog, I suggest you do so. There is information there that is likely to save you money.

Reporting Street Light Outages

We have a really neat new way to report street light outages. You will be able to select street lights that are out, flickering, or burning during the day on a map to indicate that they need repair. Keep in mind that the City is not responsible for the repair of streetlights in back alleys, parks and recreation areas, or Deerfoot Trail, Stoney Trail North, or Stoney Trail South. To find the map and get more information go to calgary.ca/streetlights.

Counciltalk

Now I would like to look forward to the upcoming year, because in January my Counciltalk sessions will begin again. I won't go into too much detail because I think many of you already know what they are about. If not, you can learn more at calgary.ca/counciltalk and sign up to receive important updates about things like Counciltalk at calgary.ca/ward14connect.

We will be starting at the Lake Bonavista Community Centre this year. You are welcome to join me in the multi-purpose room on Saturday, January 28 from noon to 2 p.m. I hope you can come!

Thanks for reading. Have a Merry Christmas, Happy Holiday, and joyful New Year!



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JANUARY 6 - JANUARY 8 THE MOTORCYCLE SHOW AT BMO CENTRE

Featuring brands like Vespa, BMW, Victory, Harley Davidson and many more, this exhibition is sure to blow your hair back. Regular admission is \$15 and kids under 5 get in free. More info www.calgarymotorcycleshow.ca



JANUARY JANUARY JANUARY

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

January 10 - January 21 All The Little Animals I Have Eaten by One Yellow Rabbit: Set in an unusually modern bistro, this latest of Karen Hines' darkly hilarious comedies embraces everything from plagiarism and insurance crimes to Golden Retriever conventions and lonely trolls to existential struggles and the transcendence of the human soul. Scenes are performed by well-heeled diners, glowing ghosts, tiny vertebrates, and other unexpected voices. More info www.oyr.org

January 13 Pop Fridays at Calgary Philharmonic Orchestra: Known as "The Ambassador of Soul" Ellis Hall is a master of classic R&B in the style of the genre's greatest legends. With an incredible career as former lead singer in Tower of Power and a protégé of the legendary Ray Charles, Soul Unlimited's hits include the music of Stevie Wonder, Marvin Gaye, The Temptations, Earth, Wind & Fire and more. More info www.calgaryphil.com

October 6 - January 8 ATB Storytellers Exhibition at National Music Centre: Discover Alberta's rich music history at the new ATB Storytellers Exhibition. Explore the untold history of some of Alberta's music pioneers and icons through artifacts, film and interactives. Free and accessible to the public inside Studio Bell's Drop-In Zone. The exhibit will feature a collection of artifacts and recorded oral histories with iconic Albertans. More info www.nmc.ca

January 5 - February 2 High Performance Rodeo multiple venues: Offering all types of theatre over the course of almost a month, the High Performance Rodeo can feel as exciting as its namesake if you are trying to fit all the great performances in from this annually jam-packed schedule. To keep up-to-the-minute informed check the Facebook page www.facebook.com/HPRodeo or more info and tickets www.hprodeo.ca

January 29 Bridal Fantasy at the Telus Convention Centre Brides can expect to see a dramatic fashion show and theatrical production featuring the latest trends in flowers, tuxedos, gowns, destination wear, hair and make-up. Brides have the opportunity to win over \$75,000 in prizes and the chance to win the Fantasy Wedding Package - Including prizes from all of the sponsors. More info www.bridalfantasy.com



Deer Ridge Real Estate Update

Last 12 Months Deer Ridge MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
October 2016	\$457,950.00	\$448,500.00
September 2016	\$367,400.00	\$350,500.00
August 2016	\$409,900.00	\$398,000.00
July 2016	\$362,400.00	\$361,700.00
June 2016	\$352,400.00	\$344,625.00
May 2016	\$347,250.00	\$340,000.00
April 2016	\$330,000.00	\$320,000.00
March 2016	\$399,900.00	\$380,000.00
February 2016	\$414,900.00	\$401,000.00
January 2016	\$349,900.00	\$326,500.00
December 2015	\$314,900.00	\$300,000.00
November 2015	\$387,444.00	\$370,000.00

Last 12 Months Deer Ridge MLS Real Estate Number of Listings Stats

	No. New Properties	No. Properties Sold
October 2016	2	2
September 2016	6	2
August 2016	5	5
July 2016	6	4
June 2016	4	4
May 2016	2	6
April 2016	5	3
March 2016	6	3
February 2016	1	3
January 2016	3	1
December 2015	2	3
November 2015	6	2

To view the specific SOLD Listings that comprise the above MLS averages please visit deer-ridge.great-news.ca



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