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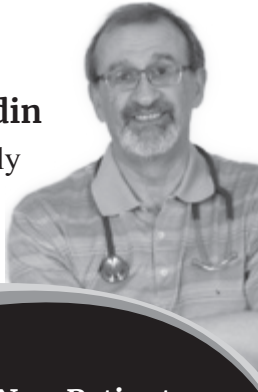
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THE OFFICIAL DEER RIDGE COMMUNITY NEWSLETTER



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MESSAGE FROM THE BOARD

Shady Park Playground Installation Update

A few more volunteers are needed for the Shady Park new playground equipment installation. The work will be scheduled in for late spring and is expected to take 2 – 3 days. No experience is necessary and on-site guidance and supervision will be provided, to guide the installation and ensure volunteer safety. If you have a bit of time to donate and you love to see improvements come to life in your community, please let us know you can help. We promise camaraderie and teamwork, and the satisfaction of a job well done – you'll be able to tell everyone that you helped put that playground into the park!

Community Gardens

The gardens are starting up! It's time to get the compost dug under and the seeds put in. Bedding plants will go in, shortly, too, and then there will be a summer full of fresh vegetables for you and your family. Get your garden plot now – contact us and let us know you'd like to grow your own greens this year and we'll help you get started. Garden plots are beside the skating rinks, in the SE corner of the Don Bosco School green. If you see us out there, come on over and visit with us. We're a friendly bunch.

Sports

The Calgary Foothills Soccer Club is once again active on our fields and the Calgary Axemen Lacrosse players are back, practicing in the now ice-free rink. Come out and watch a practice – it can get pretty exciting out there.

Deer Ridge Community Association Meetings

Did you know that our Board meetings are attended by a Calgary Police Service representative and representatives from each level of government? These dedicated people bring us reports each month and answer our, and your, questions about our community stats, what's planned for the area, and what's upcoming in your City and the Province. Want to be in the know? Attend a Board meeting.

Did you know that all Deer Ridge Community Association members have voting rights at our board meetings? Come and bring your ideas, your enthusiasm, and make your voice heard. The next regular board meeting will be held:

Date & Time: Tuesday, May 21, 2019, at 7:00 PM

Location: The Trico Centre – Meeting Room #9

The **Deer Ridge Annual General Meeting** is coming up soon, on June 18, 2019, at the Trico Centre. Watch for more details. Come out to meet the Board and support your community – hear the updates, enjoy some refreshments, and let us know what you'd like to see happening in your Deer Ridge.

Board Volunteers

The Deer Ridge Community Association Board is comprised of volunteers – community members who are interested in making and keeping Deer Ridge one of the best places to live in Calgary - people just like you. We're looking for a volunteer **Secretary** and a couple of **Directors at Large** to come and join us in making a difference. These positions do not require a great deal of time, but they will get you to the meetings to meet with a great bunch of people and get involved in what's happening in the community. If you have a few hours a month that you would like to dedicate to a good cause, come out and make a difference with us.

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Deer Ridge Community Association

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If you have any questions or concerns, please
contact us at DeerRidgeCA@gmail.com

OUR VISION: We will be a safe community with established programs and facilities, committed volunteers, and we'll be financially stable.

OUR MISSION: To enhance the quality of life in Deer Ridge for today and the future by establishing and fulfilling the common goals, needs and interests of our community.

Board of Directors & Community Contacts

EXECUTIVE

President	Dawn Wallace	403 606 7331
1st Vice President	Karen Stevenson	403 278 3353
2nd Vice President	Alana Somers	403 466 8100
Treasurer	Kim Aurini	
Secretary	Barb Chapin	403 285 9482

PAST PRESIDENT

Past President	Bob Hall	403 278 6817
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DIRECTORS AT LARGE

Director at Large	Lanis Anderson	
Director at Large	Tracey Burch	

Director at Large Gertrud VanDerMey

COMMUNITY COORDINATORS

Movie in the Park Coordinator	Alana Somers	403 466 8100
Casino Coordinator	Barb Chapin	403 285 9482
Ice Rink Coordinator	Bob Hall	403 278 6817
Tennis Court Coordinator	Larry Lemieux	403 278 2199
Trico Representative	Karen Stevenson	403 278 3353
Newsletter Advertising	Great News Media	403 720-0762
Newsletter Coordinator	Gertrud VanDerMey	

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WORD SEARCH

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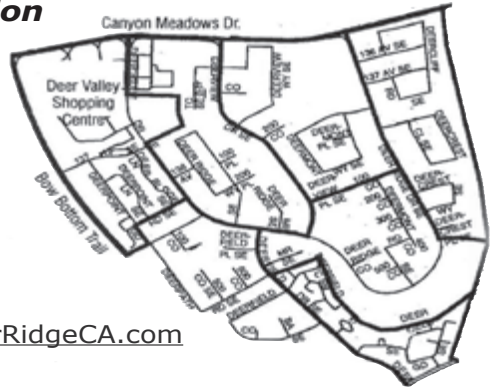


How would you describe our community of Deer Ridge? What does our neighbourhood offer and why do we live here?

S	L	U	F	E	C	A	E	P	L	I	C
R	R	E	C	R	E	A	T	I	O	N	O
E	E	T	R	O	P	S	I	H	O	A	M
E	R	L	L	O	O	H	C	S	S	T	M
T	U	A	B	O	A	R	S	D	E	U	U
N	T	U	S	A	U	S	I	N	D	R	N
U	A	G	E	H	D	K	N	E	E	E	I
L	M	H	C	S	S	R	D	I	E	T	T
O	A	A	A	K	P	A	O	R	R	U	Y
V	L	H	P	L	O	P	G	F	T	O	E
M	L	A	S	A	H	A	S	H	F	B	L
E	V	I	E	W	S	S	E	C	C	A	L



**Deer Ridge Community Association
Membership Request / Renewal
Form**



Thank-you in advance for your support!
Membership fee \$15.00

Online membership payment available at DeerRidgeCA.com

Name:

Additional Family Members:

Mailing Address:

Phone Number(s):

Email Address(s)*:

* Please note your email address will be added to our electronic mailing list used for notifications of upcoming community events and information. We do not share your information.

Membership Request & Payment options:

Mail completed form & cheque payable to:	Deer Ridge Community Association PO Box 43052, Calgary, AB, T2J 7A7
Online:	DeerRidgeCA.com/Membership

Two membership cards, printed with last name(s), will be mailed to your household.

Deer Ridge Community Association PO Box 43052, Calgary, AB T2J 7A7 | Tel: 403-606-7331 |
Website: DeerRidgeCA.com | Email: DeerRidgeCA@gmail.com | Facebook: Deer Ridge
Community Association | Twitter: @DeerRidgeCA

Cooking with Krista



Quick and Simple Crispy Pork Schnitzel, Spinach Salad with Homemade Vinaigrette

Pork Schnitzel

- 4 pork loin chops
- 1 Tbs oil
- 1 Pkg original Shake N Bake
- Fresh chopped parsley
- 1/2 fresh lemon
- Coarse salt

Vinaigrette

- 1/3 Cup Avocado Oil
- 2 Tbs White Vinegar
- 1 Lemon, Juiced
- 1 Clove Garlic
- Salt, Pepper

I will admit, this is a very untraditional way of making a Pork Schnitzel! I highly recommend you try it though, before you decide against it. I came across this method one evening when I was craving the crispiness of a traditional Schnitzel but didn't have the ingredients that I needed to make it. Give it a shot, you won't be disappointed.

You want your pork chops to be no thicker than ¼ - ½ inch to start. I typically butterfly my chops first, so that they are a bit thinner and easier to work with.

Place your pork loin chops between 2 pieces of plastic wrap. Pound out with a meat mallet on both sides, until they are thin and mostly tenderized.

Rub the chops with oil before dredging in the Shake N Bake. Once chops are fully coated in the breading mixture, place them in a hot oiled skillet for approximately 3-5 minutes per side.

Remove from heat and serve immediately with fresh chopped parsley, fresh squeezed lemon juice and some ground salt.

Basic Vinaigrette

Add the vinaigrette ingredients into a blender and mix until emulsified. This is a basic vinaigrette, meaning you can add or take away ingredients as you please. I use this as a base and add other ingredients according to what I have in the fridge and what will pair well with the rest of the meal. Some ingredients I like to add are mustard, other citrus juices such as orange or grapefruit, fresh dill or other fresh herbs, and even maple syrup!

For my salads, I typically take the "everything but the kitchen sink" approach, starting with fresh spinach, then adding everything from apples and cranberries, to seeds and nuts, along with traditional salad ingredients like tomatoes, cucumbers and peppers. Anything goes... except for the kitchen sink, of course!

About Krista

Krista is a local Calgary chef and busy young mom. Krista maintains a soft spot for Deer Ridge, where she lived and played, while obtaining her Red Seal Chef Certificate from SAIT Culinary School.



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VOLUNTEER FORM

The continued success of various events as well as maintenance and improvements of facilities is dependent upon involvement of Deer Ridge residents. We invite you to join us in the fun!

Please select from the list below and return by mail, or visit www.DeerRidgeCA.com and fill out the on-line feedback form.

Deer Ridge Community Association, PO Box 43052, Calgary, AB T2J 7A7 | Tel: 403-606-7331

Email: DeerRidgeCA@gmail.com | Website: DeerRidgeCA.com

Facebook: Deer Ridge Community Association | Twitter: @DeerRidgeCA

- Community Clean-Up** (set-up/take down, assist City staff directing people and receiving items, community signage and posters)
- Fundraising Casino**
- Family Winter Skate** (set-up/take down, food and beverage service, event preparation)
- Ice Rinks** (Nov – March: maintaining surface ice)
- Tennis Courts** (May – Oct: maintaining court surface)
- Children's Christmas Party** (December: event preparation)
- Volunteer Recognition** (Spring: event planning)
- Membership Drives** (Aug – Oct: preparation and delivery of membership forms)
- Movie at Yellow Slide** (Summer: event preparation, set-up/take down, food & beverage service, contact businesses for raffle prizes, community signage and posters, bouncy castle monitor)
- Community Festival** (set-up/take down event tables, community signage and posters)
- Community Gardens** (building new garden structures, painting, prepping beds at start of season, post-harvest activities)
- Special Projects: playground rebuilds, pathway to rinks and gardens,. Etc.** (ongoing: planning, cost estimates, coordination with The City, organizing volunteers construction)
- Association Board Member or Committee Member** (various roles to suit individual's time available to volunteer)
- Doesn't matter to me.** I'll help with whatever is needed

First Name: _____ Last Name: _____

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Ideas or Comments:



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Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

ACOUSTIC MUSIC NEIGHBORHOOD JAM: Come on out to a circle jam if you play guitar, mandolin, banjo, fiddle, or bass. Bring your favorite gospel, folk, bluegrass, country songs, or a song you've written yourself. Dates set by interested participants. More info: beabrightlight@yahoo.ca.

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Councillor, Ward 14
Peter Demong

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☎ 403-268-1653

Greetings Ward 14!

I hope you had a great April. Here are your May newsletter topics.

Extended Producer Responsibility

Some have likely noticed me mention Extended Producer Responsibility (EPR) over the last few months. Simply put, EPR shifts the responsibility and costs of managing recyclable materials from municipalities to producers. It is not new. It exists in some form in every province in Canada, other than Alberta.

I am a proponent of EPR for two main reasons:

1. In 2016, producers provided more than \$367 million to fund provincially-regulated paper and packaging recycling across Canada because of EPR. Because Alberta does not have EPR legislation we received NOTHING. Yet we pay for the cost of EPR in other provinces that producers pass on. We are paying twice for our recycling, and EPR could change that.
2. EPR provides an incentive for industry to innovate ways to waste less and recycle more.

Cities, and towns across the province have shown their support for a province-wide EPR program, but what we really need is for Albertans to tell the Province to stop making them pay twice. If you want to see EPR in Alberta, tell your MLA. You can visit calgary.ca/ward14EPR for more info about EPR.

Counciltalk

The next Counciltalk is on May 4 from 12 p.m. to 2 p.m. at the Parkland Community Hall (505 Parkvalley Rd SE). Visit calgary.ca/counciltalk for future dates.

Please feel free to contact me any time. The best way to do so is by visiting calgary.ca/contactward14.

Accountant

Stanley Doherty, CPA, CMA

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