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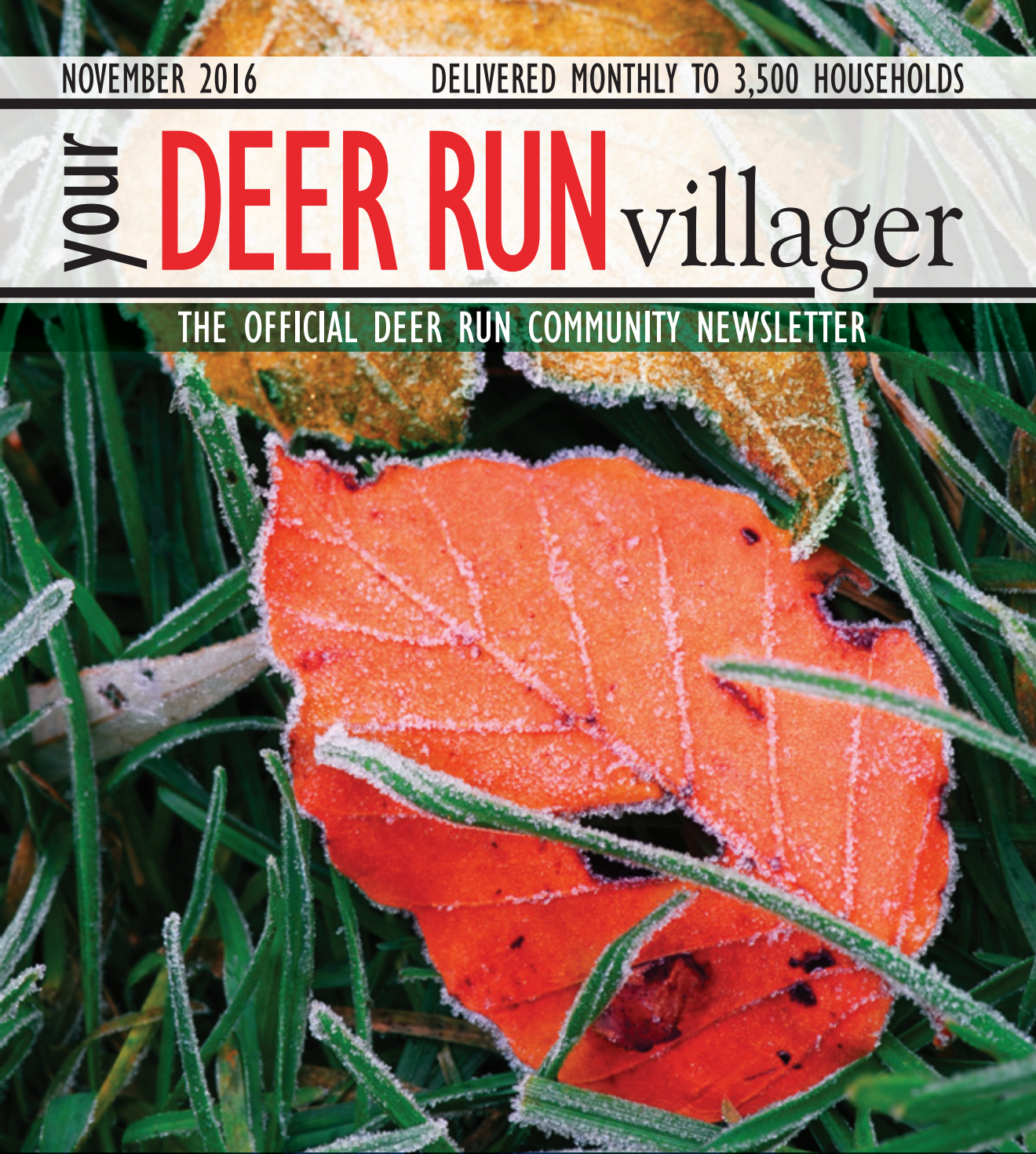

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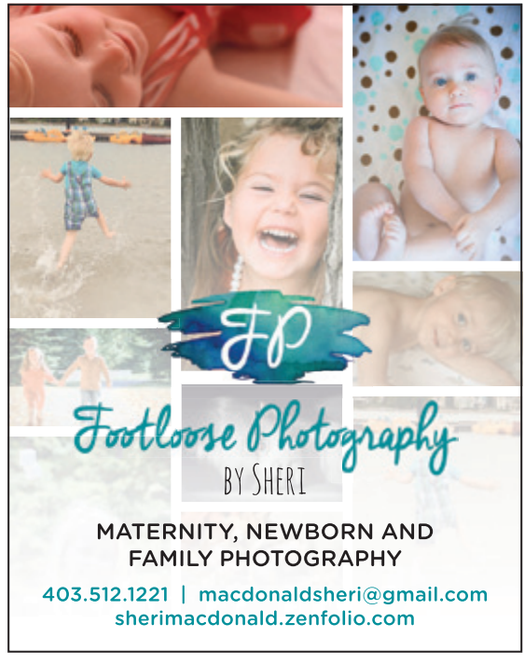

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STOP MEN DYING TOO YOUNG

MOVEMBER FOUNDATION

JOIN THE FIGHT FOR MEN'S HEALTH. WWW.MOVEMBER.COM

There are three ways to get involved with Movember and support men's health:

		WHAT	HOW	WHEN
01	GROW	Grow a Mo, save a Bro	The moustache is our ribbon for men's health	For the 30 days in the month formerly known as 'November'
02	MOVE	Get active for men's health	Raise funds for men's health while you do something good for your own health	Anytime, anywhere, during the month of Movember
03	HOST	Throw or go to a Movember event	Any excuse for a good time. Events are a great way to have fun and raise funds for men's health	Anytime, anywhere, during the month of Movember

Deer Run Community Association

2223 - 146th Avenue S.E., T2J 6P8
Phone 403-278-3117 or 403-278-4961
Fax 403-278-4961

Centre Hours

Monday to Friday 9:00 am to 10:00 pm
Saturday & Sunday 9:00 am to 5:00 pm

Function Rental Inquiries please call 403-278-3117

Deer Run Centre			
Manager	Susan Read	403 278 3117	info@deerruncalgary.com
Staff	Marlene, Paul, Chad	403 278 3117	info@deerruncalgary.com
The Executives			
President	Kim Semeniuk		kim@deerruncalgary.com
Vice-President	David Brooke		david@deerruncalgary.com
Treasurer	Susan Mitchell		susan@deerruncalgary.com
Secretary	Etienne Bley		etienne@deerruncalgary.com
Past President	Don Zver		don@deerruncalgary.com
The Directors			
Ways and Means	Susan Tam		susantam@deerruncalgary.com
Capital Expenditures	Terry Gallant		terry@deerruncalgary.com
Newsletter	Kelly Sigethy		kelly@deerruncalgary.com
Sports Director	Brian Moule		brian@deerruncalgary.com
Social Director	Lori Froese		lori@deerruncalgary.com
Program Director	Paul Vansickle		paul@deerruncalgary.com
Membership Director	Lydia-Ann Fox		lydiaann@deerruncalgary.com
Director at Large	Randy Petrie		randy@deerruncalgary.com
Director at Large	Mike Isakeit		mike@deerruncalgary.com
Director at Large	Kathy McFarland		kathy@deerruncalgary.com
Director at Large	Donovan Harris		donovan@deerruncalgary.com
Director at Large	Wanda Kemp		wanda@deerruncalgary.com
Director at Large	Bill Mitchell		

Accountant
Stanley Doherty, CPA, CMA
#8-20 Douglas Woods Dr. SE, Calgary, AB T2Z 1K4
Beside Swifties Bakery and Centex Gas Station on Douglasdale Blvd
dohertysb@shaw.ca
accountingservicescalgary.net
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DEERRUN COMMUNITY ASSOCIATION

www.deerruncalgary.com

Deer Run Community Association
2223 146th Avenue SE
Calgary, AB T2J 6P8
Phone 403-278-3117
info@deerruncalgary.com
www.deerruncalgary.com

CONTENTS

Deer Run 7th Annual Clean Up 6
President's Message 7
Real Estate Update 12
Guides: Famous Five District 14
My Babysitter List 16

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DRCA Programs

Along with our many programs that are returning this year:

Svaroopa Yoga, Foothills Indoor Soccer, Genbukan Ninpo and Jutittsu Martial Arts, Wado Kai Karate, Jazzercise, Volleyball, Ninjitsu, Pre-Schooler Playhouse and Deer Run Out Of School.

We would like to welcome our new programs:

Yoga Bears
Kaura runs a pre-school yoga program on Tuesday from 9:30 – 11:00. The children will learn some relaxing yoga poses and have other playtime.
Kaura: 403-809-1930

Zumba
Andre runs a fast pace Zumba class on Sunday from 10:30 – 12:00. Come out and spend some time hopping to the music.
Andre: www.aduberry.zumba.com

New Country Line Dance
Come out and learn new dances, socialize and maybe get a little exercise. Gwen will be teaching dances to some of the newest music on Wednesday and Thursday.
Gwen: gwen_newell@yahoo.ca or 403-256-6519

Jumping Jellies
This Class specializes in creating an inspiring environment for toddlers and preschoolers to exercise creativity through dance movement on Thursday and Sunday mornings!
Marina:marina@jumpingjellies.ca

Please check out our DRCA Program list for contact information to all our great programs.

Deer Park United Church
An Affirming Ministry – LGBT Friendly
77 Deerpoint Road SE
403-278-8263 | www.dpuc.ca

Dec. 6: 7:30 pm Women's Service
Women of all faiths are welcome to this evening of reflection

Dec. 18: 7pm Blue Christmas

Christmas Eve: 5 pm Family Candlelight Service
8 pm Musical Candlelight Service
10 pm Communion Candlelight Service

All are welcome!

Deer Run 7th Annual Clean Up

The clean up committee would like to thank anyone involved in making the 7th annual clean up a success. We completely filled two packer trucks that then dumped their loads and returned for more waste. We used the organics truck less this year.

We would like to thank Community and Strategic Services Community Standards for sponsoring the clean up.

Another special thanks to our president Kim Semeniuk for arranging for the metal and electronics drop offs.

See you all next year!!!!

CALGARY

On behalf of Community Standards &
Waste and Recycling Services

Thank you Deer Run

Congratulations on a successful Community Cleanup on September 10, 2016.

The weights collected for this year:
Garbage: 19,315 kg
Organics: 2,045 kg
Total: 21,360 kg
Truck Loads Hauled: 5

Thank you to the Community Association and residents for your commitment to help create healthy, safe and vibrant communities

PRESIDENT'S MESSAGE

Hope everyone had a great Halloween.

This is just a short message as I have been tardy working long hours and been for most part going 7 days a week.

Thank you Peter for the bbq you through and the cheque for memberships that were handed out there on behalf of yourself and sponsors.

Original 16 brewing company has teamed up with Filos and have chosen Deer Run to receive $.25 from every original 16 beer sold at Filos.

Remember our AGM is Nov 16, we will be redoing our bylaws that effects us all. Please review them online at our website or copies are available at community centre prior to meeting so meeting can go as smooth as possible. This is a very important meeting so your attendance would be appreciated.

Susan Tam has been doing a great job with our fb page and social media, but is getting to much with everything else we have her helping with. We are looking for a volunteer that would like to gel us with our social media presence, fb and Twitter being the top two. Please leave your back at the centre or send an email to Susan if you're interested.

Hope everyone has a good Nov and will have dates for kids xmas party in December's message.

Kim

Clothesline

Not sure what to do with your clutter? The Clothesline program in Calgary collects gently used clothing, electronics and small household items-where proceeds support the Canadian Diabetes Association. To donate and schedule your free pick-up, call 1-800-505-5525 or visit www.diabetes.ca/clothesline.

DEER RUN
COMMUNITY ASSOCIATION

FACILITY RENTAL RATES

403-278-3117 for bookings and inquiries
24 Hour Cancellation Policy applies

Rooms	
Boardroom	$20/hour
Multi-purpose Room	$30/hour - $150 Flat rate
Gym	$55/hour $600 flat rate
Audio/Visual Equipment	
Overhead Projector	$5
TV/DVR rental	$50 with $25 set up
Projector and 4x4 Screen	$75 with $25 set up
Outdoor Equipment	
BBQ	$100
Fitness	
Racquetball	$6/person/hour with DRCA membership
Weight Room	$5 drop in $100/year with DRCA membership

• Treadmills, Stepper, Bike, Elliptical Trainer, Chin up machine, Free Weights and Bench

BRAIN GAMES SUDOKU

3		7		2				
			6	3				5
	2		1	8			7	
9		3						7
	5						1	
2						6		9
	9			6	3		2	
8				5	4			
				1		9		8

FIND SOLUTION ON PAGE 17

DRCA PROGRAMS

If you are interested in any of these programs please contact the centre for more info or to register 403 278 3117.

KARATE
Heather Sat AM Adult & Child 403 257 4638

NINPO AND JUJUTSU MARTIAL ARTS
Youth (8-15) Mon 6-7 pm, Wed 6-7 pm 403 816 3474
Sept to End of June
Adults (16+) Mon 7 - 9 pm Wed 7-9pm Sat 10-12 noon Year Round

CALGARYFOOTHILLSOCCER.COM
Brent Mon Thurs Child 403 278 7620

ADULT VOLLEYBALL
Tracy Mon, Thurs PM Adult 403 278 6233

JAZZERCIZE
Lori Mon, Wed, Fri AM Adult 403 256 6808

YOGA
Laurie Hislop M & W 10-11:30 am & 7:30-9 pm 403-271-9045
Gayle Parent Tues & Th 7:30-9 pm 403-271-7024
Trish Durkin Sat 10-11:30 am 403-256-6013
Elaine Nesta Coordinator & special programs 403-225-1444

OUT OF SCHOOL 403 271 3704
Susan Mon Fri 5 -12 yrs dr_oos@telus.net

PRE SCHOOL
Michelle 403 278 7107

JAZZERCISE/CORE TRAINING
Patsy Tues 6:15 - 7:15pm 403 225 4410

CHILDREN'S YOGA (AGES 2-6)
Tuesdays 9:30 – 11:00
YogaBears' Kaura Grant
403-809-1930
www.yogabears.ca

BLISSFUL YOGA FOR MOMS AND TOTS
Tuesdays 1:30 to 2:30pm

LINE DANCING
Gwen Wed, Thurs 403-256-6519

ZUMBA
Andre Sunday www.aduberry.zumba.com

Mobile Flu Shot Clinic

November 5
From 12:00 – 5:00

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BRYAN'S PLUMBING, GAS FITTING: Master plumber, gasfitter, 30 years of experience. Fully licensed and insured. Repairs, renovations, faucet replacements and hot water tanks (great prices). Poly B replacement, free estimates, free advice. Call Bryan 403-560-6547 or brenmak@telus.net.

ABOVE AND BEYOND PAINTING: Interior and exterior painting, stipple and flat ceilings, fence and deck repairs, pressure washing, trash removal, most handyman services. 20+ yrs' exp. Free estimates, very reasonable rates, senior discounts. No job too small - all work guaranteed. Call Jamie at 403-829-1336. Email aboveandbeyond@telus.net.

CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms. From cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

YARD BUSTERS LANDSCAPING: Snow removal $129.95. Christmas light installation $175. Fall clean up $129.95. Gutter clean $99.95. Landscape construction and yard renovation. Some conditions. Licensed. Insured. Seniors' discount. Phone: 403-265-4769.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

DISCIPLE HOMES & IMPROVEMENTS (SINCE 1981): Renovation experts. Complete renovations from start to finish. Interior - kitchens, bathrooms, basements, windows, doors. Exterior - roofing, siding, soffit, eavestrough. Members of BBB, licensed and insured. Email: info@disciplehomes.com, 403-207-5708, www.disciplehomes.com. Visa and MasterCard accepted. Financing available upon approval.

VIBRATION THERAPY TREATMENT FOR SUFFERERS OF: osteoporosis, multiple sclerosis, diabetes, stroke, fibromyalgia, arthritis, back and joint pain. If you suffer from any of these conditions we are offering a one-month free trial of gentle Vibration Therapy and Exercise Protocols. Clinical Vibration studies show measured results for sufferers of these conditions. www.spicewellnesscalgary.ca, 403-698-6892.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

THE FINISHER: Wives, I'm here to finish what your husband started and husbands, I'm here to start and finish those projects that need to be done. From complete bathroom renos, basements developed and upgraded, to fences, decks, and sidewalks. Your SnapPower© distributor. References available. Wendell at 403-613-6807.

YOGABEARS PLAYSCHOOL CLASSES: Yoga, relaxation, songs, games, stories. Tuesdays, September 20 - December 13, 2016. 9:30-11:00 am or 1:00-2:30 pm. Ages 3-5 years. Cost: $175 for 13 classes or $15.00/class. Deer Run Community Centre. Maximum 10 students. More info call/text 403-809-1930 or visit www.yogabears.ca.

MLA CALGARY - FISH CREEK
RICHARD GOTFRIED
Bay 7, 1215 Lake Sylvan Drive SE
Calgary, AB, Canada T2J 3Z5
Phone: (403) 278-4444 • Fax: (403) 278-7875
calgary.fishcreek@assembly.ab.ca
www.richardgotfried.ca
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Legislative Session started October 31st with an orange Halloween hue. Session will see me in Edmonton from Monday – Thursday until mid-December, however my Calgary Team is always pleased to serve you. I am also available by appointment most Friday's for constituency business, so please do not hesitate to contact us. Session will be busy and I am sure that the Climate/Carbon Tax file and Power Purchase Agreement (PPA) issues will take centre stage. I have regularly spoken out on these issues and will continue to do so on your behalf. Please visit my Question Period and Member Statement playlist on YouTube at youtube.com/user/mypcmla.

Another item that will not be debated, but that will impact Alberta's youngest demographic, is Alberta Education's curriculum redevelopment. As a parent of three children, I have many questions. I am a firm believer that our educational systems should primarily encourage fundamental skills and critical thinking, while also encouraging innovation and creativity. Teaching children how to think, not what to think allows them the opportunity to formulate their own ideas based on personal inquiry and research. Although considerable work was done in this area by the previous government, much of that work will not carry forward. There are currently no public engagement sessions scheduled, but I would encourage you to voice your opinion around the potential impact of curriculum redesign and how it might impact you, your children or grandchildren. If you would like to provide input I would encourage you to contact my office or your local school trustee.

November provides an opportunity for all to remember and reflect on those who have and who continue to make sacrifices for their country and others in need around the globe. It is a privilege and an honour to give thanks to our veterans across the country on November 11th. I will be marking the day with veterans in the community and wearing my poppy with pride. The history of the poppy as the universal symbol of Remembrance Day is an example of one woman's commitment to honouring the courage and sacrifice of WWI veterans. Moina Michael diligently lobbied the US War Department, individual congressmen, veterans, and the general public for two years. In September 1920 the American Legion adopted the Flanders Fields Memorial Poppy as the United States' national emblem of Remembrance. Over the next few years the message of remembrance spread to other countries. I am thankful for Ms. Michael's efforts and persistence in recognizing these champions of liberty and freedom around the world. Remembering selfless sacrifice of generations past gives each of us courage to face our own daily challenges.

For all communities within Calgary-Fish Creek upcoming by-elections will be held to replace Rt. Hon. Stephen Harper and Hon. Jason Kenney. Both have recently stepped down as MP's for Calgary Heritage and Calgary Midnapore respectively, and I humbly thank them for their service. Nominations will be held by each party to select a candidate, and I would encourage all of you to exercise your democratic privilege by participating in both party nominations and Federal by-elections.

MLA Cafés will be hosted on Friday, October 28th & November 4th at my office from 10am-12pm. I would encourage you, as always, to have your voice heard. If you are unable to visit the office and would like to connect, I am happy to schedule a phone call and encourage you to reach out with respect to issues of importance to you.

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PERITUS YARD MAINTENANCE: is currently booking clients for snow removal and year-round lawn care. Residential, commercial, and acreage properties are welcome. We have been professionally serving the southern communities of Calgary for the past 14 years. Fully insured and a BBB accredited business. For quality, integrity and dedicated service please call Charles at 403-201-7182 or www.peritusyards.ca for an estimate.

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Hours 6:30 am to 6:00 pm

3 Comp	$425
2 Comp	$375
1 Comp	$300
ECS	$650

The lunch program will no longer be offered as a one component option.

Community Membership Mandatory

For more information phone Susan / Debbie at 403-271-3704 or email dr_oos@telus.net or droos@deerruncalgary.com

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Deer Run Real Estate Update

Last 12 Months Deer Run MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
September 2016	$577,400.00	$553,500.00
August 2016	$410,000.00	$400,000.00
July 2016	$369,800.00	$370,000.00
June 2016	$441,000.00	$436,000.00
May 2016	$514,900.00	$491,250.00
April 2016	$484,900.00	$460,000.00
March 2016	$438,450.00	$436,750.00
February 2016	$399,900.00	$387,500.00
January 2016	$524,900.00	$500,000.00
December 2015	$487,450.00	$481,800.00
November 2015	$414,950.00	$397,500.00
October 2015	$488,000.00	$505,000.00

Last 12 Months Deer Run MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
September 2016	10	4
August 2016	5	7
July 2016	4	5
June 2016	8	8
May 2016	8	2
April 2016	3	5
March 2016	4	2
February 2016	9	2
January 2016	5	1
December 2015	1	2
November 2015	2	6
October 2015	7	5

To view the specific SOLD Listings that comprise the above MLS averages please visit **deer_run.great-news.ca**

Calgary

It's time to recycle more than this newsletter

New recycling requirements for business are here. Contact your collection company or visit **calgary.ca/businessrecycling** to learn more.

✔ paper and cardboard ✔ metal ✔ untreated wood ✔ glass ✔ plastic film and containers

2016-2358

COUNCILLOR, WARD 14
PETER DEMONG

www.calgary.ca/ward14
eaward14@calgary.ca or 403 268-1653

Hello Ward 14,
There is one theme to every November column: my Ward 14 Communities BBQ. It takes a lot of space to thank everyone, so I will just briefly touch on a timely topic. The website calgary.ca/snow is full of information on a subject that is self explanatory, and likely to be relevant over the next few months.

Ward 14 Communities BBQ: wrap-up and many thanks!
I want to thank everyone who attended for helping make my Ward 14 Communities BBQ a huge success this year. I estimate we had more than 2,000 people visit, and we will be giving thousands of dollars to Ward 14's Community Associations. I hope to see you there next year if you weren't able to attend.

Those who did attend can attest to the fact that my BBQ is beginning to become a victim of its own success. I want to apologize to anyone who made the trip, but was unable to get a burger, beverage, or free membership due to limited supply. Sponsorship funds have been hard to come by recently because of the economic conditions that we find ourselves in. That—along with the BBQ's sudden increase in popularity—necessitated that a limit be put on the number of free memberships given away.

Of course, there are many people to thank for this huge success. There were so many community groups, exhibitors, volunteers, and of course the community associations themselves who helped. I have to say this every year: there are not enough words to describe how grateful I am.

There is one group in particular that deserves a very special thank you. They gave their time and opened up their wallets.

Thank you to the Ward 14 Communities BBQ's generous sponsors:
- Calgary Co-op
- Canyon Creek Toyota
- Genstar
- Great News Publishing
- Jack Carter Chevrolet Cadillac Buick GMC
- Mattamy Homes
- No Bull Bookkeeping
- Progressive Waste Solutions
- Qualico
- Safeway
- South Trail Insurance
- Southcentre Mall
- Southgate Chevrolet Buick GMC
- United Communities

I hope to see you next fall at my 7th annual Ward 14 Communities BBQ too. You can be assured that I will be doing everything in my power to make my BBQ an even bigger and better experience for you in 2017.

I don't know the exact date yet, but it will be posted at calgary.ca/ward14bbq when it is scheduled, and you can visit calgary.ca/ward14connect to sign up for email updates.

Feel free to contact me anytime, and don't forget to get yourself a poppy!

Guides Canada

FAMOUS FIVE DISTRICT

Did you get your Chocolaty Mint cookies yet? Thanks for supporting us. If you were missed in the sales campaign, contact isteads@telus.net and we'll arrange to get you some.

Our thanks to the Community Associations that support us by providing meeting space. Your support is appreciated. Thanks to the memberships that community families purchase, groups like Girl Guides are able to use these wonderful facilities.

Girls joining Girl Guides at all ages (5 to 17) look forward to a fun and active time. There's still time for your daughter to join us. Go to www.girlguides.ca for all the information.

The Spring Carnival date has been decided. Be sure to mark March 4th, 2017 on your calendar! More details will follow in future newsletters. This carnival is open to the public and we'd love to see you there!

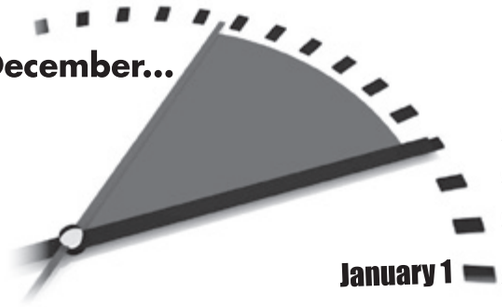
Famous Five District is still looking for women to be leaders. If you are interested in making new friends, being a role model to girls and having lots of fun, please contact Pat, isteads@telus.net. No experience is necessary and no daughter is required.

Have Dental Work You Want To Get Done On This Year's Benefits?

Book Now, Before The End Of December...

We always book up at the end of December with many people trying to use their dental benefits before the end of the year.

To ensure that you take advantage of your benefits and get the work done call us today to book your appointment, before they are all gone.



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TRICO CENTRE
FOR FAMILY WELLNESS
11150 Bonaventure Drive SE

Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs.

Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

Wellness Access Program

- Trico Centre offers **fee assistance** for memberships and 10-Visit passes. Plus, we have partnered with organizations that offer fee assistance for programs (Canadian Tire Jumpstart, KidzFirst, KidsSport, and the City of Calgary.) See www.tricocentre.ca for details.

Adults

- Adult fitness starting in November: Cardio Kickboxing, Ballet Barre Blast, Cardio Dance, and DANCEPI3Y.
- More than 70 drop-in fitness classes every week – including aquafitness in our newly refurbished pool. Free for members, drop-in fee for non-members. See the Drop-In Fitness schedule at www.tricocentre.ca under the Schedules tab or pick up a copy at Guest Services.
- November Wellness Workshops include Fat Burning Workshop, and Straighten Up (free info session followed by a 4-week workshop – for youth and adults.)

Older Adults

- Bones and Balance, Chair Yoga, and Balance Builders: Fall Prevention Program for Older Adults: These multi-week registered programs start in November.
- Drop-in Pickleball is offered several times a week. Check out the Drop-In Gym schedule (available on the website or at Guest Services.) Free for members or drop-in fee for non-members.

Families, Children & Youth

All children's programs – from tots to teens – start in November. Swim lessons, skating lessons, dance, gymnastics, sport, and creative classes – lots of new options. Register now for Mommy & Me Fitness, Mommy & Me Barre, and Mommy/Daddy/Me Aquafit new sessions beginning in November.

Check out the Drop-In Gym schedule for drop-in gym, Drop-In Playtime, Drop-In Gymnastics, youth drop-in gym, and more. See the Drop-In Arena schedule for lots of cool activities including leisure skate, youth shinny, and stick & puck.

Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

Deer Run mybabysitterlist

Name	Age	Contact	Course
Calla	16	403-278-8736	Yes
Chloe	18	587-777-1066	Yes
Heather	29	403-719-5371	Yes
Kate	23	403-437-3559	Yes
Margaret	45	403-475-2643	Yes
Marina	14	403-708-3657	Yes
Sarah	21	403-808-9306	Yes
Tracey	16	403-455-9421	No

Calling All BABYSITTERS
Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: *We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.*

IN & AROUND CALGARY

Programs and Events in Fish Creek

Winter Birding Course
12 Week Winter Birding Course starts Monday, January 9, 2017. Registration Required and Space is Limited. For more info, including fees and course times, and to register visit www.friendsoffishcreek.org/programs/birding-course

Alberta Parks - White Goat and Siffleur Wilderness Areas of the Central Rockies
Thursday, November 24, 2016 7:00 pm - 8:00 pm
Presented by Graham Thursfield Visitor Services Coordinator – Rocky Mountain House
For more info stay tuned to
www.friendsoffishcreek.org/programs/speaker-series

Push To Open Nature Speaker Series
The Place for Parks and Nature at End of Life
Thursday November 3, 2016 7:00pm—8:30pm Fish Creek Environmental Learning Centre. To register please contact Jill Jennings: Jill.Jennings@gov.ab.ca or 403-297-7850.

Show Your Support for Fish Creek - Renew Your Membership or Become a Member
Members are the foundation of our Society and share our vision of a sustainable Fish Creek Provincial Park that improves the quality of life for present and future generations. We encourage you to renew your commitment to Fish Creek Provincial Park for the October 1, 2016 – September 30, 2017 season. Friends' membership benefits include discounts on courses like the popular autumn, winter, and spring birding courses, a subscription to our newsletter Voice of the Friends, regular notifications about programs and events happening year-round in Fish Creek Provincial Park and admission to educational Fish Creek Speaker Series presentations.
We hope that you and your family have enjoyed some of the community-focused activities we help organize here in Fish Creek Provincial Park. All of our volunteer programs and community engagement activities are made possible by our modest membership fees. Please visit **www.friendsoffishcreek.org/friends-of-fish-creek-membership-signup** to renew your membership. We thank you for your continued support and look forward to seeing you in the park.

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication
Contact news@great-news.ca

- Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- Forty word limit

BRAIN GAMES SUDOKU

3	6	7	4	2	5	8	9	1
1	8	9	6	3	7	2	4	5
4	2	5	1	8	9	3	7	6
9	1	3	2	4	6	5	8	7
7	5	6	3	9	8	4	1	2
2	4	8	5	7	1	6	3	9
5	9	1	8	6	3	7	2	4
8	7	2	9	5	4	1	6	3
6	3	4	7	1	2	9	5	8

Editorial Content DEADLINE
1st of each month for the next month's issue
Kelly@deerruncalgary.com
www.facebook.com/deerrunpage

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Great News Publishing and the Deer Run Community Association do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.

St. Bonaventure Junior High School

1710 Acadia Drive S.E., Lake Bonavista

The St. Bonaventure school community looks forward to a number of exciting November events that are representative of spirituality and citizenship.

Liturgically, the Remembrance Day Liturgy of the Word will remind each of us that peace is a responsibility that we all share. Looking back, our Thanksgiving Food Drive provided the student body with the opportunity to perform the corporal work of feeding the hungry by collecting food for the St. Vincent de Paul Society. Through this, students were able to gain a sense of the true meaning of service learning. A special thanks to St. Bonaventure Parish for supporting our efforts.

Athletically, the volleyball and cross country running seasons have concluded. Sincere thanks to athletes, coaches, and parents for their contributions. It is greatly appreciated. The next sport on the athletic calendar is wrestling. The team will aim to build toward the city championships in December.

In the fine arts department, our band students hosted a band bootcamp with Monsignor J.S. Smith and Father Whelihan attending. In addition, the music ministry practices weekly in order to enhance our school liturgies. Parents are always welcome to our liturgy celebrations.

St. Philip Fine Arts Elementary School

13825 Parkside Dr. S.E., Parkland

It is hard to believe we are already in November!

In October we welcomed our Artist in Residence for the 2016-2017 school year. One World Drum joined us for a full two weeks! During this residency all drums are supplied and each student has a hands-on experience playing a traditional West African Djembe drum. Students are immersed in the concept of an oral tradition and the use of language and told that "if you can say it, you can play it." Students are taught the drum alphabet with the introduction of bass tones and open tones and their associated African words. All students are shown how to call and answer, while older students are familiarized with the 5 basic ways of rhythmic expression.

October was full of imagination, creativity and fun. St. Philip was proud to host an Alberta Foundation for the Arts Travelling Exhibition (TREX). The theme of this exhibit was "The Printmakers". Hosting this exhibit allowed our students to investigate and discover some amazing modern art and surely triggered their imagination!

As we progress through the year we are reminded of all that we can be together as a school community. At St. Philip we are blessed with wonderfully supportive parents/guardians as well as a truly dedicated staff all working together to make the best possible educational experience for our children.

STORMTROOPERS

Canadian soldiers in WWI earned the nickname 'Stormtroopers' due to their reputation for being precise, relentless, intelligent and highly organized.

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Mon - Thur 8:30 am - 4:30 pm Fri 8:30 am - 12:00 noon