

OCTOBER 2017

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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Deer Run Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS 911	
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654

Deer Run Community Child Care

PROGRAM FEES

It is mandatory for all families with children in the program to have a valid community membership!

3 Components

\$450.00 / month
(Mornings, Lunch, Afterschool)

2 Components

\$400.00 / month
(Mornings & Afterschool /Mornings & Lunch /Lunch & Afterschool)

Kindergarten

\$675.00 / month

Fees for PD Days, Spring Break & Christmas Break are included in the above

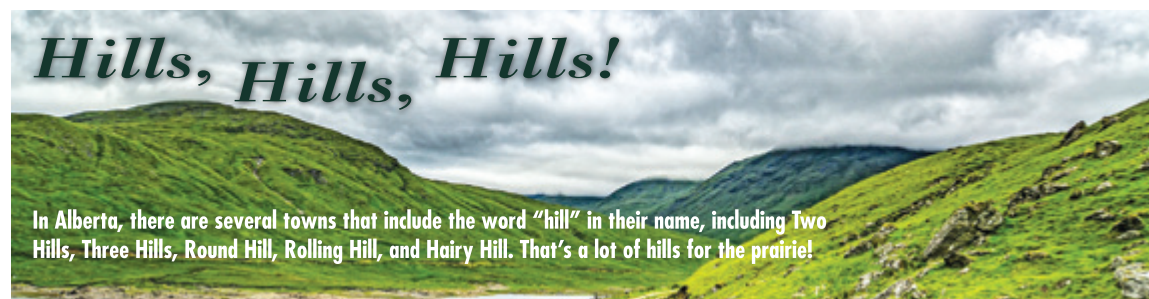
1 Component

\$325.00/ month

PD Days

\$40.00/ day

20 spots are available per PD Day and must be preregistered and prepaid



In Alberta, there are several towns that include the word "hill" in their name, including Two Hills, Three Hills, Round Hill, Rolling Hill, and Hairy Hill. That's a lot of hills for the prairie!

Community Event



Family Movie
Friday Oct. 27th

ANNUAL GENERAL MEETING

Notice is hereby given that the annual general meeting of the Deer Run Community Association Society will be held at the Deer Run Community Centre at 2223 - 146th Ave SE on Wednesday, October 25th, at 7:00 pm, for the purposes of:

- Receiving and considering the annual report and financial statements for the year end and the report of the auditors thereon;
- Electing directors; and transacting such further and other business as may properly come before the meeting or any adjournment thereof.

On behalf of the board of directors.



Deer Run Community Association

2223 - 146th Avenue S.E., T2J 6P8
 Phone 403-278-3117 or 403-278-4961
 Fax 403-278-4961

Centre Hours

Monday to Friday 9:00 am to 10:00 pm
 Saturday & Sunday 9:00 am to 5:00 pm

**Function Rental Inquiries
 please call 403-278-3117**

Deer Run Centre			
Manager	Susan Read	403 278 3117	info@deerruncalgary.com
Staff	Marlene, Chad	403 278 3117	info@deerruncalgary.com
The Executives			
President	Kim Semeniuk		kim@deerruncalgary.com
Vice-President	David Brooke		david@deerruncalgary.com
Treasurer	Susan Mitchell		susan@deerruncalgary.com
Secretary	Etienne Bley		etienne@deerruncalgary.com
Past President	Don Zver		don@deerruncalgary.com
The Directors			
Ways and Means	Susan Tam		susantam@deerruncalgary.com
Capital Expenditures	Terry Gallant		terry@deerruncalgary.com
Newsletter	Kelly Sigethy		kelly@deerruncalgary.com
Sports Director	Brian Moule		brian@deerruncalgary.com
Social Director	Lori Froese		lori@deerruncalgary.com
Membership Director	Lydia-Ann Fox		lydiaann@deerruncalgary.com
Director at Large	Mike Isakeit		mike@deerruncalgary.com
Director at Large	Donovan Harris		donovan@deerruncalgary.com
Director at Large	Wanda Kemp		wanda@deerruncalgary.com
Director at Large	Bill Mitchell		bill@deerruncalgary.com

Clothesline

Not sure what to do with your clutter? The Clothesline program in Calgary collects gently used clothing, electronics and small household items-where proceeds support the Canadian Diabetes Association. To donate and schedule your free pick-up, call 1-800-505-5525 or visit www.diabetes.ca/clothesline.



PRESIDENT'S MESSAGE

As many of you will agree, this has been one of the nicest summers in a very long time. For me since late 70s to early 80s. This, even though we've been socked in by smoke from fires. I will gladly take the smoke over having to deal with the fires. Thoughts go out to everyone having to deal with the fires. I find it interesting how a couple hundred km can make a difference. My farm is north of Edmonton and was told they basically had equivalent to 3 spring runoffs (over 6.5" between beginning of July to beginning of August), and were hoping to dry out to be able to harvest. They have since had warmer weather and dried out some. Fingers crossed for a good harvest.

With fall coming we are going to have leaves and yard waste from our gardens. The board was just informed the leaf drop-off areas are now no longer. Saying that, we have received our green bins and, as long as in proper bags, we can put excess waste on the side of the green bins. I have also heard the landfills are taking some yard waste at no charge, check out their website for more details.

With new/old sign bylaws being enforced now on the 80 km per hour zone on Bow Bottom it will make us put up two portable signs to inform everyone of upcoming events. To help be informed of events and goings on in the community, join our Facebook page or give your email address to the community centre to have updates sent to you.

One of the issues mentioned recently is an increase in vehicle break-ins. My neighbour being one of them, unfortunately. Some of the break-ins-it looks like-they are targeting information rather than valuables because ashtrays full of change has been left and registrations, licenses etc. have been taken. We also have the capability to report the offence online, so please take the time to report so our new CRO, Mike Moore, has stats needed to ask for more resources to help solve our issues.

Stampede breakfast

WOW is all I can say! I was told we served about 950 people, always nice to see everyone out. Huge thanks to Mike Isakeit for organizing, Etienne Bley for taking care of the kids' games and to all of our volunteers. This is the second year we have done our own cooking as our suc-

cess made us too large for batter boys. I think everyone who attended can verify that with the size of the crowd we managed very well. Thank you to Peter Demong for his donation to help the event to happen. This was our first year trying Spolumbos sausages compared to sausage patties, they both taste great, but think the sausages this year tasted a little better.

Ball tournament

Was a great time, a lot of ball was played, we had a total of 16 teams this year. Thank you to Sue Read, who was there all weekend. Lori Froese for organizing all of us and special thanks to Ryan Renner at West Coast Heating & A/C for organizing the teams, tournament, prizes etc. He stepped up and filled in the spots we needed to get the tournament back on track. The top 3 teams out of 4 that were paid out cash prizes ended up donating the prize money back to the community. This plus all the hard work of the volunteers allowed us to make a nice profit for the centre. We are looking at the possibility to try a slow pitch tournament to run in conjunction with our family skate party, typically in February.

Community clean-up

It was another successful clean-up. Numbers were down on electronics and metals (including mowers, car batteries and BBQs). I am not sure if this is cause of our nice summer and folks had more time to do trips to the dump etc. or after 7 years of our clean-up we are getting ahead of our recycling. Wanda Kemp did another great job organizing, Thank you! Also, thank you to all the volunteers who came out and helped.

I would also like to thank Etienne Bley for helping arrange some folding tables donated to us from BP church. Ours were starting to get a little beat up after many years of great use.

Great job sent out to our DROOS, who have our out of school program running almost at full capacity. Great group of folks providing a much-needed service for our kids.

Our AGM is set for Oct. 25th at 7 pm.

Hope to see you there.
 Kim

IF YOU ARE INTERESTED IN ANY OF THESE PROGRAMS PLEASE CONTACT THE CENTRE FOR MORE INFO OR TO REGISTER 403-278-3117

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Brent - 403 278 7620
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Tracy - 403 278 6233
Mon, Thurs PM
Adult

JAZZERCIZE

Lori - 403 256 6808
Mon, Wed, Fri AM
Adult

YOGA

Laurie Hislop M & W 10-11:30 am & 7:30-9 pm 403-271-9045
Gayle Parent Tues & Th 7:30-9 pm 403-271-7024
Trish Durkin Sat 10-11:30 am 403-256-6013

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Gayle Parent – 403-271-7024,
Tuesday & Thursday from 7:30 – 9 PM
Laurie Hislop - www.blisswithin.ca –403-585-9045
Monday – 1:30 – 3pm, 7:30 – 9 PM,
Tuesday – Deeper 9:30-11:15 AM,
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dr_oos@telus.net

PRE SCHOOL

Michelle - 403-426-4825

JAZZERCISE/CORE TRAINING

Patsy - 403 225 4410
Tues 6:15 - 7:15pm

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403-809-1930
www.yogabears.ca
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YogaBears' Kaura Grant

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Gwen - 403-256-6519
Wed, Thurs

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Andre - www.aduberry.zumba.com
Sunday



Are You an “Efficient” Investor?

By Kevin O'Hagan, PFP, FMA, CIWM

Generally speaking, if you're efficient at a particular task, you'll get good results without wasting effort. As you've already learned from your life experiences, it's usually far better to be efficient at something than to be inefficient — and that's certainly true with investing. So, what can you do to become a more efficient investor? Here are a few ideas:

Invest systematically

If you put a few dollars in an investment, such as a stock, that you heard was “hot,” and then a few months later put some more money in another vehicle that strikes your fancy, and you continue this pattern indefinitely, you may not be maximizing your resources. By taking this type of haphazard approach, you could end up owning a bunch of investments without rhyme or reason — a motley assortment that may not help you reach your goals.

Instead of following this route, consider a systematic approach, sometimes known as dollar cost averaging. To do so, you'll first want to identify some investments that are appropriate for your objectives, risk tolerance and time horizon. Then, automatically move the same amount of money each month from your chequing or savings account into the investments you've chosen. When the price of your investments falls, your contribution will buy more shares, and when the price rises, you'll buy fewer shares — in other words, you'll be fulfilling the “buy low” part of the classic investment formula.

Over time, this technique should result in a lower average cost per investment. Keep in mind, though, that dollar cost averaging does not ensure a profit or protect

against loss — and you'll need to have the financial resources available to continue investing, even in “down” markets.

Reinvest dividends

Among your investments, you may own stocks that can pay dividends. You can take these dividends as cash, but if you don't need the money to meet everyday expenses, you may be better off by reinvesting the dividends. This is an efficient way to increase your shares — and boosting your share ownership in quality investments can be a key way to help build wealth. (Be aware that companies can increase, decrease or discontinue dividends at any time.)

Look for tax-efficient techniques

Another type of efficiency associated with investing is tax efficiency, which refers to your ability to defer taxes as long as possible. Tax-deferred accounts, such as a TFSA can help you put off the tax bill until retirement, when you may be in a lower tax bracket.

Consolidate investment accounts

If you have one RRSP with one financial services provider, another with a second, and a separate investment account with a third, you may end up paying more in expenses, fees and commissions than is necessary — and since these costs can eat into your investments' “real” rate of return, this scattershot ownership method may be inefficient. You may be better off by consolidating all your investment accounts with one provider.

Seek to become an efficient investor. You may be pleased with the results.

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- Member, Alberta School Boards Association Transformation of School Board Governance Task Force
- Chair, Metro School Boards Group (2012-2014)

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- President, Alberta School Boards Association (2017 -present)

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I am asking for your vote on October 16th

Please feel free to contact me at: marylrmartin@gmail.com
 Tel: 403-238-3298 Cell: 403-827-2196 [Twitter.com/marylrmartin](https://twitter.com/marylrmartin) www.marylrmartin.ca

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Halloween Safety

Alberta Health Services EMS would like to remind parents and trick-or-treaters of some Halloween safety tips as October 31st approaches. Take some time to review these simple tips and reminders to help ensure your Halloween is a fun and safe night for everyone.

Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Stay away from houses that are not well lit. Do not accept rides from strangers, or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Pre-determine boundaries to trick-or-treat within, and establish a firm time to return home.
- Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.

Costumes

- Choose bright colored costumes that are highly visible. Adding reflective tape to costumes further increases visibility.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing, or making costumes, look for materials and accessories that are labeled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate foot wear that takes into consideration weather conditions and walking.



Saving Today for Tomorrow's Education

Now that you've gotten your children back to school, you may be looking for ways to help them get the most from their learning. Are you also looking for ways to save for their education in the future? Putting money into a registered education savings plan (RESP) is a smart way to start. RESPs are becoming as essential to saving for a child's education as registered retirement savings plans (RRSPs) are to saving for retirement.

Both individual and family RESPs are available. Here are some details about becoming the subscriber for an individual plan:

- You can set up the plan with a joint subscriber.
 - Only one child can be named as the beneficiary, and the child does not have to be related to you.
 - You can set up the RESP for yourself.
 - There are no age limits on contributions. (Age limits may apply to government grant programs.)
- If you want to be the subscriber for a family plan, take note of these facts:
- You can set up the plan with a joint subscriber.
 - You can name more than one child as the beneficiary, but the children must be related by blood or adoption to each other.
 - The children must be related by blood or adoption to you.
 - Contributions can be made until the beneficiary turns 21.

Missed the Eclipse?

If you missed the solar eclipse in August, not to worry! The next full solar eclipse is scheduled to cross North America on April 8th, 2024, and will cross from near Mazatlan, Mexico to Niagara Falls. This eclipse will also be partially visible from Calgary.




MLA Calgary - Fish Creek
Richard Gottfried
 Bay 7, 1215 Lake Sylvan Drive SE, Calgary, AB, Canada
 T2J 3Z5 ☎ 403-278-4444 📠 403-278-7875
 ✉ calgary.fishcreek@assembly.ab.ca
 🌐 www.richardgottfried.ca 📷 @GottfriedMLA
 📧 gottfriedmla

As fall creeps upon us, the leaves descend and the nights become longer, I will turn my focus to the Fall Legislative session which is scheduled to start October 30. October reminds us to give of thanks, living a life of gratitude adds richness and fullness to all those we come in contact with. I give thanks for my family, friends, health, and living in a free, democratic society. I am also grateful for peaceful elections and transitions in government. Remember the opportunity for residents to vote in the Municipal elections and members to cast votes for the leader of the United Conservative Party during the coming month!

By now all of us have received our Green Bins from the City. I have been informed that the pilot project exceeded expectations. On a provincial level, many "green initiatives" have been ongoing for years. Some interesting facts regarding recycling in Alberta are below.

- In 2016 Albertans returned over two billion beverage containers to depots for reuse/recycling – a return rate of 86.2 %.
- Alberta Beverage Container Recycling Corporation (ABCRC), is a non-profit, consumer funded program that the government does not contribute to, nor receive money from. The program is funded by: unredeemed deposit refunds and market value of recovered material. These do not cover all program costs and a voluntary container recycling fee (CRF), paid by consumers at point-of-purchase (e.g. the \$0.08 fee), and covers any remaining costs.
- The ABCRC regularly monitors and adjusts fees every February 1. Overall, program funding is used to cover the net costs to recover and process used beverage containers, and to ensure the overall sustainability of the beverage container recycling system.
- The electronics recycling program is currently adding 275 products over the next few months and so I would encourage you to call 1-888-999-8762, email electronics@albertarecycling.ca or check their website at www.albertarecycling.ca to find out all the products included.

As always, find me on Facebook, follow me on Twitter or Instagram, call the office for a phone conversation, meet with me in person, or visit one of my regular MLA Cafés (October 21st, 10-12pm). I, my staff and my office are always open, welcoming and accessible to you. And Happy Thanksgiving!

YOUR CITY OF CALGARY



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For more information, visit calgary.ca/afterschool.

BRAIN GAMES SUDOKU

3	1	6	2	7	5	8	4	9
2	4	5	8	9	1	7	3	6
7	8	9	3	6	4	1	2	5
4	5	3	7	8	6	2	9	1
6	9	8	1	2	3	4	5	7
1	2	7	4	5	9	3	6	8
9	3	4	6	1	7	5	8	2
8	6	1	5	3	2	9	7	4
5	7	2	9	4	8	6	1	3



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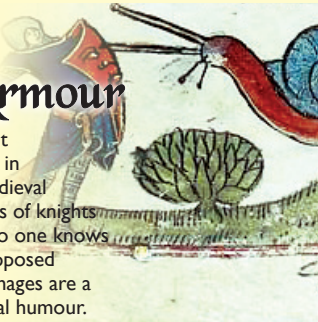
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CBE School Trustee for Wards 12 & 14
Mike Bradshaw

📞 587.885.0834 ✉ mike@studentscount.ca
🐦 @MikeByyc 📺 /MikeBradshawTrustee 🏠 www.mikebradshaw.ca

My name is Mike Bradshaw and I am running to be your Trustee for Wards 12 and 14. I live in Lake Bonavista and I am currently the Vice President of Community Affairs on the Community Association as well as the Vice Chair of the Lake Bonavista School Council, where my seven-year-old son attends.

I am running with a team of candidates across the city and we are committed to working together on six key points within the CBE.

Fix Math

Math scores for the CBE have been trending downward for the past decade. Our research has found that the math failure rate on the Grade 6 and Grade 9 PATs at the CBE is 56% higher than at the Calgary Catholic School District. They follow the same curriculum, but the CBE is failing to allow our kids to reach their true potential.

Fund Classrooms, not Admin

Money earmarked for students is not following them to the classroom. As a result, resources that would aid teachers and students are being denied, causing needless struggles at every CBE school. In the meantime the CBE administration call the shots from a luxurious office space just outside downtown, to the tune of almost \$15 million a year. Our team has also discovered that the CBE is sending administration on taxpayer-funded trans-global "recruiting trips".

Fix Report Cards

Report Cards are now only issued twice a year and students up to Grade 9 are given a score of 1-4 to assess their achievement. They are one of the most important communication pieces between a teacher, a student, and parents and they are failing to accurately convey achievement and areas of concern. Every parent I've spoken to wants their children to do well and will take steps to help with that, but it is difficult to do when they do not know their kids are falling behind.

Ensuring Student Wellness

Bullying happens at every school. Some of the most heartbreaking stories I've come across have been from parents forced to pull their kids out of school because administration has refused to deal with, and sometimes even acknowledge, there is a problem. We will establish an independent bullying ombudsman that reports directly to the Board of Trustees on any unresolved issues.

Keep Big Money out of Elections

I have pledged not to take any corporate or union donations for my campaign. Special interest money should have no place in deciding what is best for the future of our children.

Busing

While so many of our children attend schools inside the community, busing is having a huge impact on every school community as it effects school start times and we arrange our schedules around those times. As parents we need stability and predictability out of our school system. I believe we can do a better job of consulting families at the school community level to come up with solutions that will work better for everyone across the city.

I thank you for your support and I look forward to serving you as your next Trustee.



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