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## Douglasdale Glen Community Association

P.O. Box 87031

#160, 11520-24th St. SE

Phone: 403.720.0668

info@dgca.ca | www.dgca.ca

## Elected Officials



### Councillor Shane Keating Ward 12 Office

P.O. Box 2100, Station M  
Calgary, AB, Canada T2P 2M5  
Phone: 403-268-2478  
Fax: 403-268-8091  
Email: ward12@calgary.ca  
Web: www.calgary.ca/ward12



### MLA Ric McIver

255, 11488 - 24 Street SE,  
Calgary, AB, Canada T2Z 4C9  
Phone: 403-215-4380  
Fax: 403-215-4383  
Email: calgary.hays@assembly.ab.ca  
Web: www.mciver.mypcmla.ca

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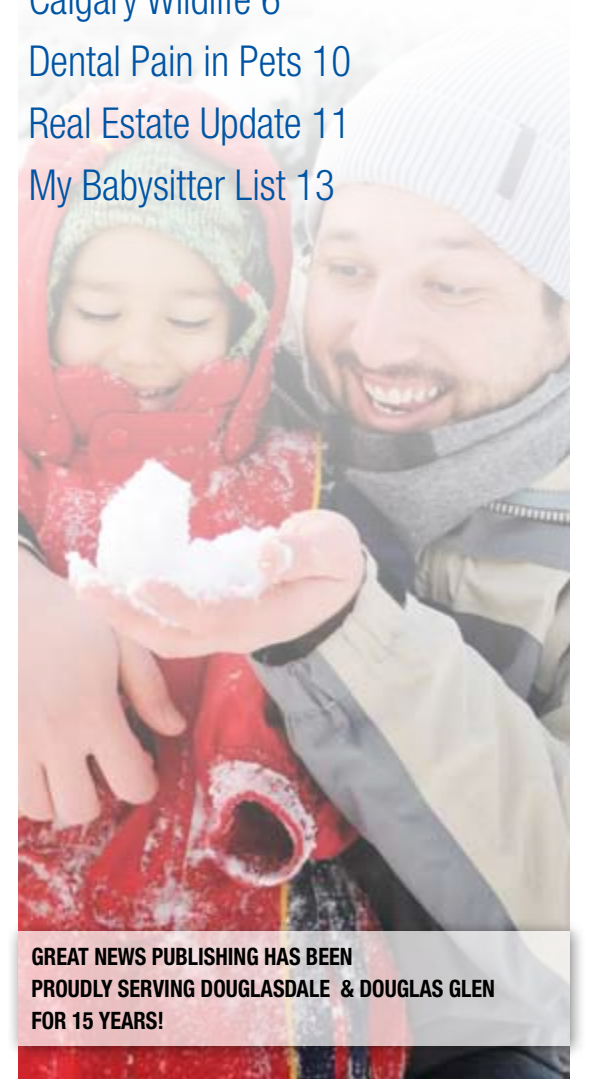
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## IN & AROUND SCHOOLS

### Mapleridge Cooperative Preschool

With Valentine's Day and Family Day approaching, Mapleridge Cooperative Preschool children will be learning about and celebrating friendship, love and family. Students will celebrate Valentine's Day with in-class parties filled with cupids, crafts, and crunchy heart cookies! We will also be learning exciting facts about bears.

At the end of January all classes took a fun filled field trip to Tommy K Play. What a great morning filled with climbing, sliding and exercise!

### Shortest month of the year stocked with events at École St. Cecilia School

The events start early in February for students at École St. Cecilia School with our annual 'Carnaval' at the beginning of the month. This day-long event celebrates Québec's Winter Carnival and features cultural activities such as learning about Bonhomme and tasting snow-frozen maple candy known as 'la tîre'.

This year, Lent begins in February and students will participate in religious celebrations including pancakes on Shrove Tuesday and attending church for Ash Wednesday.

Grade 1 students will visit 'Clay for Kids' for a field trip and all students will hear from Edouard Labonté, who will present educational French learning materials in his entertaining one-man show.

The month will conclude with a fundraising Movie Night for students and their families to attend.

**Interested in having your child attend École St. Cecilia School?**

Mark your calendar for our Information Evening on March 1, 7 p.m. and our Open House on March 8 from 1-3 p.m.

# Have a Financial Strategy if You Lose Your Job

It's an unfortunate economic reality, but unemployment can rise during recessions.

If you find yourself suddenly out of a job – especially after you may have worked for many years for the same employer – make sure you put a financial strategy in place to help you get through what may be a very challenging time. Here are some tips you may want to consider should you find yourself suddenly out of work:

- 1. Get your finances in order** – You'll need a clear picture of your net worth, what you owe and what you'll need per month to maintain your present lifestyle. Then, work with other family members to prepare a conservative but realistic budget for the next six to 12 months. Knowing that you have a workable plan in place will help alleviate some of the stress you may be experiencing.
- 2. Understand your severance options** – You will probably receive some form of severance pay. The total amount of your severance is usually taxable in the

year you receive it. However, depending upon your situation, there may be opportunities to defer tax on all or a portion of your severance. What you decide to do with your severance can have a significant impact on either your standard of living while you look for another opportunity or the quality of your retirement. Speak to your financial advisor for help in understanding your options.

**3. Decide on how you'll deal with your pension, insurance and other employment benefits** – You could be entitled to some or all of the pension benefits you accumulated with the company. Depending upon your circumstances, you may be able to collect a reduced pension now or a full pension later. Also, you might be allowed to transfer the full value of your pension into another retirement account, such as a locked-in retirement account. Or, if you prefer, you may be able to transfer your benefits into the pension plan of a new employer. Your financial advisor can help you understand your options.

**4. File for Employment Insurance benefits** – You may be entitled to employment insurance. If so, you should apply for your benefits as soon as you receive your Record of Employment from your former employer. Be aware that there's a two week waiting period before your benefits begin. Also, if you received a severance, payments won't begin until after the period your severance was designed to cover. Generally, regular benefits can be paid from 14 weeks to a maximum of 45 weeks.

As for your other benefits, depending upon your severance package, you could lose entitlement to some or all of these when your employment ends. You will need to decide which benefits, if any, you want to replace. If you have people who are dependent on you, you will probably want to make certain you have enough life insurance. You may also wish to consider supplemental medical insurance. Again, speak with your financial advisor for help in deciding which benefits you might want to replace.

Whatever your particular situation, it's important to consider all of your options and develop a plan that's right for you. Life is unpredictable, so having a carefully considered investment plan can go a long way in helping you deal with life's uncertainties.

*Kevin O'Hagan, PFP, FMA, CIWM*





Article by Cheryl Bowman  
Photo by Niket Sura

## Tiger in the Sky



The Great Horned Owl is the most common owl in North and South America. These magnificent birds are most recognized by their 'plumicorns' which resemble horns or cat like ears. These raptors are very adaptable using several different types of hunting skills to capture their prey as well as having a wide variety of prey.

It is this adaptability for hunting that they received their nickname 'Tiger in the Sky'. The Great Horned Owl will dive, wings bent, talons outstretched to silently capture unsuspecting prey, including prey that outweighs the bird itself. They also swoop low along the ground to grab any variety of smaller prey and interestingly they are known to walk along the ground to capture yet other types of prey.

The Great Horned Owl is a solitary bird except for mating. It is at this time that the smaller male owl will roost close to the nest of the larger female until all the young

fledge, and at this time will again leave. The owls do not build their own nests but rather prefer other bird nests.

The most common injury the Calgary Wildlife Rehabilitation Society sees in these raptors are injuries from window strikes or of being hit by a vehicle. Owls that are received with injuries from window strikes have a better chance of rehabilitation. Owls brought in with injuries from a vehicle strike are more difficult to rehabilitate due to broken bones and open fractures.

Should you find an injured Great Horned Owl, please call the Calgary Wildlife Rehabilitation Centre at 403-266-2282 as soon as possible for further instruction. These are powerful birds and must be handled with care, however every moment counts.

If you catch a glimpse of the Great Horned Owl in their natural environment, remain quiet and still and enjoy the wonder of this beautiful Tiger in the Sky.

# FEBRUARY IN FISH CREEK!

[www.friendsoffishcreek.org](http://www.friendsoffishcreek.org)

## Fish Creek CommUnity Fair

Would You Like to Volunteer in Fish Creek? The Friends of Fish Creek Need You!

Saturday, February 27, 2016 1:00pm - 4:00pm

Fish Creek Environmental Learning Centre, Shannon Terrace, Fish Creek Provincial Park (13931 Woodpath Rd. SW - Access via 130 Ave. SW and 37 St. SW)

Come to the 3rd annual Fish Creek CommUnity Fair to learn about amazing programs, courses, events and opportunities taking place in 2016. The ground may still be covered in snow, but Spring starts now in Fish Creek!

## The February Fish Creek Speaker Series Sticks and Stones: Using Bioengineering to Improve Fish Habitat

Thursday, February 25, 2016 — 7:00pm - 8:00pm

Fish Creek Environmental Learning Centre at Shannon Terrace in Fish Creek Provincial Park (13931 Woodpath Rd. SW, access via 130 Ave. SW and 37 St. SW).

Presented by Lesley Peterson (P.Biol) Provincial Biologist Trout Unlimited Canada

The process of bioengineering was used to improve fish habitat along a side channel of the Bow River here in Fish Creek. Trout Unlimited Canada undertook this project in the spring of 2015 to improve and enhance the side channel located at Mallard Point. The entire area was heavily impacted by the flood of 2013 and Trout Unlimited saw the opportunity to explore bio-engineering as an effective way to repair and enhance the area to improve fish habitat. The presentation will also explore the needs of fish during their life cycle and offer people background on Trout Unlimited and the work they do provincially and nationally.

## Park Protectors Needed!

The Friends invite you to join us as a Park Protector. As an alternative to traditional annual membership, you may find that the Park Protector program suits your busy lifestyle a little better. The Park Protector monthly donor program is one of the most convenient ways to

support the Friends and the park everyday! In addition to a valuable tax receipt and our newsletter, Park Protectors receive the exclusive monthly e-publication the Park Protector Update, that provides information on how your contribution is making a difference in the park.

## Friends of Fish Creek Annual General Meeting

Thursday, January 28, 2016, Registration at 6:30 pm, Meeting starts at 7:00 pm

Fish Creek Environmental Learning Centre, Shannon Terrace, Fish Creek Provincial Park

It is because of our members, volunteers and donors that the Friends have accomplished so much. Come and have your voice heard and meet our board and staff at the Annual General Meeting. Refreshments will be served.

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# ROCK GARDENS

Barbara Shorrock

By the end of January, the Calgary gardener has had a pretty good rest, and is possibly thinking of what might be a good project for the coming spring and summer. Let me help you...

The newest book in my library came as a Christmas gift from another gardener, and I offer it to you as inspiration for a project that can be as small as a generous shallow bowl or as large as an acreage. The Prairie Rock Garden by Donna Balzer isn't a new book (published in 2000 by Red Deer Press) but the ideas it contains are as current as the day she wrote it. Drawing upon her experience as the first horticulturist for the Calgary Zoo and Botanical Gardens and designer of many commercial and private landscapes, she leads the reader through planning, material choices, construction and finally planting a new garden that features rock as its prominent feature.

What is a rock garden, exactly? Briefly, it is a combination of rocks and plants in a single space. Some people will emphasize the geological – choosing big dramatic stones, with low plantings. Another gardener will have a dazzling array of alpine perennials that live naturally on rocky slopes with only a small fraction of the rocks visible to give structure to the scene. There is no right or wrong – what pleases the creator is the best way. There are, however, a few rules: The first to consider is location – where in your garden this feature should be, and how it will be oriented to the sun. Because the focus of this book is the prairie environment, she emphasizes the power of the sun and lack of natural moisture for a great part of the year. The rock garden can face any direction, but its design and choice of plants will vary considerably depending upon how much direct sun it receives during the growing season. The second most important consideration is slope, as it must have good drainage or the alpine plants will not thrive. Third, what is your style? Do you love the precision of a formal garden such as the

Japanese, with its carefully chosen and placed rocks and minimal plantings? Do you tend more towards the informality of the English country garden, with lush foliage and overlapping textures? Or perhaps you are drawn to the natural scenes around us such as a river cutaway, prairie coulee or mountain slabs and faces with their rocky cracks and crevices. The design section of the book was my favourite part, as she takes us through all the different styles, complete with photos of both nature and local gardens fully planted and complete.

Texture of both the hard and soft material needs to be considered, as does one's budget. A small space using local rocks you have gathered on your travels through the province may cost almost nothing except for your time and energy. If you choose to buy your stone, landscape suppliers and garden centres will give you many options, among which our local tufa is the most lightweight and porous. The Rocky Mountains are all limestone, so this material is abundant and available in a range of colours. Sandstone, fieldstone and river rock also make attractive designs. For the ambitious project, bobcat and crane may be involved, along with strong labourers and a substantial bank account.

Once you have the bones of the rock garden constructed (having followed the practical advice in Chapter 4) you get to choose and plant the alpine plant varieties that will thrive in their new home. Pages of detailed descriptions and many photos help with this part, followed by instructions on how to maintain your new rock garden. If you have planned carefully, it should be a joy for many years to come, with four season beauty and minimal work.

*Barbara Shorrock is a local gardener and member of the Queensland Garden Club, which meets every first Wednesday of the month in the Queensland Community Centre. Everyone is welcome.*



Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see [www.tricocentre.ca](http://www.tricocentre.ca) to find out more.

## February at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs.

Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

## Pool Refurbishment

After 33 years in operation, Trico Centre's Aquatics Centre is undergoing a major refurbishment. This project will address lifecycle issues, improve health and safety components, and take the Aquatics Centre into the next 10 to 15 years. **The Aquatics Centre including pool, hot tub, and slide will be CLOSED starting February 19.** Trico Centre is very excited about the new enhancements and can't wait to share the progress with you. We will be hosting a pool grand opening, so watch for details.

## Adults

- Registered adult programs starting in February: Sore Joints Training, Fit 101 for the Absolute Beginner, Strong is the New Skinny: Weight Training for Women by Women
- Check [www.tricocentre.ca](http://www.tricocentre.ca) for two **new registered adult programs that are not in the program guide:** Triathlon Brick Training and What's What of Watts: Spinning for Power in Eight Weeks.
- February workshops include Foundation of Alignment Yoga Workshop and Mindful Relaxation.

## Older Adults

- Bone Builders, Chair Yoga multi-week programs starting in January include Balance Builders, Bone Builders, Chair Yoga, Sore Joints Training. Workshops and clinics include Foam Roller Workshop and Strike It for Seniors!

- **New registered program** (not in the program guide so check the website for details): Brain Builders helps develop coordination, agility, and a smooth, synchronized gait through different walking conditions by improving reflexes and increasing neurologic control over movement.
- Ease Parkinson's Disease Workshop, Friday, February 26, members \$32, non-members \$40.
- Check out the Drop-In Gym schedule for drop-in Pickleball times.

## Families, Children & Youth

Check out the Drop-In Gym schedule for drop-in gym, Drop-In Playtime, Drop-In Gymnastics, youth drop-in gym, and more. See the Drop-In Arena schedule for lots of cool activities including leisure skate, adult shinny, youth shinny, women's shinny, and stick & puck.

*Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see [www.tricocentre.ca](http://www.tricocentre.ca) to find out more.*




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# Dental Pain in Pets

If you have ever had a cavity, dental abscess, or fractured crown you may remember the pain you experienced probably made it difficult for you to concentrate on any task. Eventually you would seek dental treatment or rely on pain control to function. I see dental disease in almost every pet I examine in my veterinary clinic. Unfortunately preventative dental care is not something that most pet owners start early and continue daily. If there is a line of hot red swollen inflammation along your pet's teeth, put your nail against the edge of the gum where it meets the tooth. Does your pet wince and pull away?

Taking care of your pet's teeth can be time-consuming and expensive. Owners tend to ignore the teeth because they don't see them, but healthy teeth are directly linked to your pet's short and long-term well-being. I can't count the number of clients who have told me a month after a dental treatment that their elderly pets start playing with toys again and they didn't appreciate the discomfort their pet must have been experiencing.

Put to rest the belief that pets fed hard foods don't get dental disease. The value of specialized diets and dental products is limited, but really, if there was some magic component added to food that eliminated dental disease, wouldn't people be eating it to avoid our own dental disease and the ensuing costs.

Pets, ideally, should have their teeth brushed daily. Use a soft small tooth brush. Finger brushes don't work. Use pet toothpastes that do not foam or contain sodium bicarbonate so they can be swallowed. They come in flavours ranging from tuna to chicken to beef. Yum, yum! Many of my clients have even taught their pets to tolerate electric tooth brushes.

A few pets will not allow brushing under any circumstance. These pets will have to rely on the limited benefits from chewing products as well as a specialized

dental diet. None of these products out-perform the physical action of daily tooth brushing. Never give your pet hard bones, ice, and very hard toys.

Ideally pets should have regular preventative cleanings. Veterinarians offer every tool available to minimize the risks associated with general anaesthetic. Veterinarians doing pet dentals use ultrasonic scalers, drills, polishers, and advanced dental radiology to do as thorough a job as your own dentist and their staff. No self-respecting pet will tolerate a complete scaling and polishing below the gum line conscious.

I recently did a dental cleaning of a young dog's mouth expecting no or little disease. Visual examination prior to the cleaning everything looked good, but I discovered four deep pockets between the gums and four teeth. Dental radiographs confirmed the bone around the roots of the teeth was being eaten away by infection. The removal of diseased teeth allows a better chance to keep the surrounding teeth healthy. This disease would never have been discovered without a proper examination of an anaesthetized pet.

Superficial scraping of visual tartar only hides disease and lulls a person into thinking their pet's mouth is healthy.

Rotten teeth and gums can be a portal to bacteria entering the blood stream and traveling throughout the pet's body. Dental disease advances more quickly when pets have other illnesses such as kidney disease or diabetes, and dental disease can make other diseases more difficult to control. When the teeth hurt it can also cause an otherwise sweet pet to become cantankerous. Our pets are living longer than ever with advances in veterinary medicine and so your pets are going to need those healthy teeth longer...start brushing early.

Jennifer L. Scott, D.V.M.

# Douglasdale Glen



## Real Estate Stats

Last 12 Months Douglasdale Glen  
MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
January 2016	\$557,148	\$533,333
December 2015	\$482,350	\$469,083
November 2015	\$493,484	\$479,612
October 2015	\$454,770	\$442,350
September 2015	\$493,549	\$481,953
August 2015	\$580,412	\$564,937
July 2015	\$515,072	\$498,883
June 2015	\$515,485	\$508,857
May 2015	\$542,882	\$527,658
April 2015	\$551,687	\$541,556
March 2015	\$585,150	\$572,500
February 2015	\$479,706	\$469,423

## Last 12 Months Douglasdale Glen MLS Real Estate Number of Listings Stats

	No. New Properties	No. Properties Sold
January 2016	21	6
December 2015	7	6
November 2015	14	8
October 2015	11	10
September 2015	18	16
August 2015	12	8
July 2015	9	18
June 2015	21	14
May 2015	18	17
April 2015	23	16
March 2015	18	10
February 2015	17	13
Total	189	142

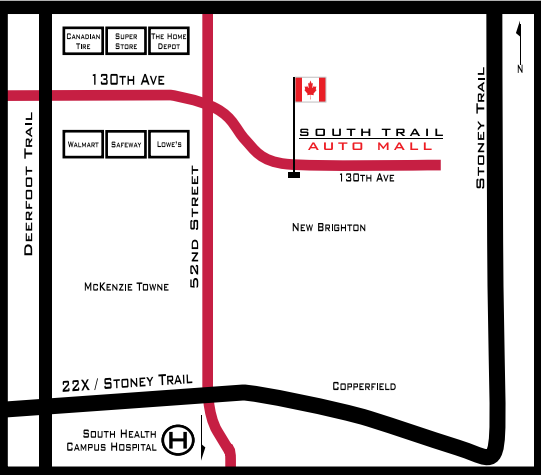
To view the specific SOLD Listings that comprise the above MLS averages please visit [douglasdale\\_glen.great-news.ca](http://douglasdale_glen.great-news.ca)

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Douglasdale Glen mybabysitterlist			
Name	Age	Contact	Course
Kaiya	12	403-805-1446	Yes
Amélie	12	403-988-8568	Yes
Connor	12	403-483-0828	Yes
Evelyn	12	403-475-0919	Yes
Hayley	13	403-257-3650	Yes
Jordan	13	403-288-0220	Yes
Aliyah	13	403-801-9420	Yes
Kyla	13	403-697-9764	Yes
Franny	13	403-293-8847	Yes
Kiera	13	403-210-2044	Yes
Maxine	13	403-455-8427	Yes
Emma	13	403-483-0828	Yes
Elizabeth	13	403-281-2808	Yes
Elena	13	403-263-3809	Yes
Ashlee	14	403-616-3236	Yes
Haleigh	14	403-589-9833	Yes
Vanessa	14	403-257-5785	Yes
Melissa	14	403-455-4402	Yes
Andrea	14	403-919-1200	Yes
Justice	14	403-471-2058	Yes
Emily	14	403-437-0956	Yes
Olivia	14	403-837-3175	Yes
Ashlee	14	403-440-9493	Yes
Kaitlin	15	403-258-3153	Yes
Rhys	15	403-399-7509	Yes
Amy	15	403-247-9228	Yes
Maggie	15	403-222-2223	No
Leanne	15	403-257-7775	Yes
Kennedy	15	403-463-9800	No
Kaley	15	587-998-2190	Yes
Tiana	15	403-210-2044	Yes
Owen	15	403-819-2259	Yes
Danielle	16	403-991-2292	Yes
Lauren	16	403-203-4480	Yes
Tianna	16	587-896-8856	No
Shannen	16	403-919-7200	Yes
Danielle	16	403-455-4609	Yes

Eden	16	403-225-2595	Yes
Brooklyn	16	403-236-1440	Yes
Sabrina	16	403-512-3171	Yes
Lindsay	16	587-434-8953	Yes
Nicole	17	403-862-8692	Yes
Brianne	17	403-999-6906	Yes
Caitlyn	17	403-203-4480	Yes
Michelle	17	403-455-4402	Yes
Garrett	17	403-708-7312	Yes
Jakarta	18	403-808-8503	No
Taylor	18	403-236-2836	Yes
Tierza	18	403-568-7298	Yes
Makenzie	18	403-796-7733	Yes
Shawna	18	403-402-0489	Yes
Maddy	18	587-888-7298	Yes
Maddy	18	587-888-7298	Yes
Cheyanne	19	250-938-1090	No
Kristy	19	587-432-1616	Yes
Gracia	19	587-969-1296	Yes
Cheyanne	19	250-938-1090	No
Kyra	20	250-938-5951	Yes
Jessica	20	587-580-5696	No
Becky	21	403-993-9284	Yes
Quinlan	21	587-436-4877	Yes
Danita	21	403-990-0205	Yes
Kate	22	403-437-3559	Yes
Georgia	23	403-660-3831	Yes
Emily	23	403-999-8525	Yes
Shannon	24	403-614-2570	Yes
Alana	24	587-888-4854	Yes
Blaise	24	587-223-8583	Yes
Megan	24	403-861-3718	Yes
Chantele	25	403-652-0083	No
Lauren	25	403-993-7654	No

### Calling All BABYSITTERS

Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

### Calling All PARENTS

Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).







IN & AROUND  
CALGARY

Citizen Dashboard in the works to give Calgarians insight into  
**City performance and Calgary's quality of life**

The City of Calgary is building a Citizen Dashboard, an online tool that provides Calgarians with access to information about The City's performance and how City services contribute to Calgary's quality of life. Available at [calgary.ca/citizendashboard](http://calgary.ca/citizendashboard), the tool displays performance measures and data using interactive graphs, charts and maps.

"The Citizen Dashboard is just getting started, but it's a great example of our efforts to be more open and accountable to Calgarians for the programs we offer at The City," said Jeff Fielding, City Manager.

"The Dashboard provides citizens with easy access to City performance measures, provides explanations of what those measures mean and what we are doing to improve service," said Mac Logan, General Manager, Transportation and Chair of a committee designed to oversee and champion customer service and digital innovation at The City. "We look forward to hearing from Calgarians during the pilot as they explore our new tool."

Powered by The City's Open Data Catalogue, the Citizen Dashboard pilot currently displays select performance measures for 311; Roads Maintenance: Summer; Calgary Transit Access; and Building Regulations. Additional performance measures will be added to these services as the Citizen Dashboard evolves and feedback is collected.

The following services will be added over the coming months:

- Roads Maintenance: Snow and Ice Control and Spring Clean-up
- Transit: Safety and Security, CTrain and Bus
- Water Resources
- Water Services
- Waste & Recycling Services
- Recreation
- Fire

Calgarians can check out the new tool and provide feedback at [calgary.ca/citizendashboard](http://calgary.ca/citizendashboard).

**February Is Heart Month**

Do you know the signs and symptoms of a heart attack and what to do if someone experiences these? Knowing can make the difference between life and death. Recognizing and responding immediately to the warning signs of a potential heart attack can significantly improve survival and recovery.

**February is Heart Month** - take the time to be heart safe and learn how you can reduce your risk.

**Know the signs of a heart attack**

(Any or all of these signs & symptoms may occur)

- Chest pain described as crushing, squeezing, pressure or chest heaviness;
- Pain that moves beyond the chest such as shoulder, arm, neck or jaw pain;
- Shortness of breath, sweating or nausea and vomiting.

**Reduce your risk**

• Heart attack risk factors include:

- Obesity\*
- Sedentary lifestyle\*
- Smoking\*
- High cholesterol\*
- Age / Gender
- Family history

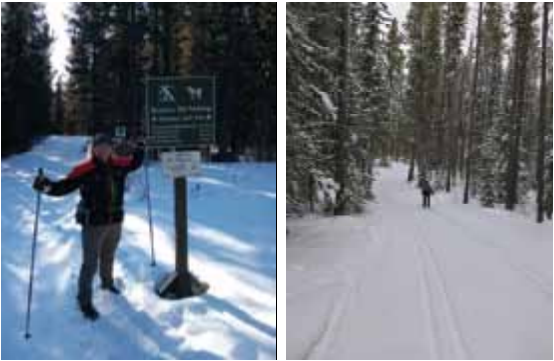
Speak with your doctor about how to treat your modifiable(\*) risk factors and learn to be heart safe.

**What to do when seconds count**

- Call 9-1-1 immediately. Early treatment can greatly reduce heart damage and make the difference of life and death.
- Treatment starts the moment EMS arrives. Paramedics can provide oxygen, start an intravenous and perform an electrocardiogram (ECG).
- Paramedics can also administer important medications in the early minutes of a heart attack to lessen heart damage.
- During transport, EMS will also share information with the hospital so definitive treatment can begin immediately on arrival.
- Take a CPR/AED (automated external defibrillator) course. Training is widely available from many reputable organizations. It's easy, inexpensive, and only takes a few hours.

**Not a snowbird?**  
Try fair weather skiing on  
**Waxless cross country skis!**

A great way to enjoy Alberta's sunshine and long winters is to be outdoors! If you don't like the cold and don't want to fuss with waxes, waxless skis are a great alternative. They work the best in temperatures of -6 to +3 degrees C. On warm Chinook days, or for spring skiing, they are perfect! You don't have to learn to apply the day to day sticky wax on the base of your ski, but waxless skis do require glide wax on the tips and tails as well as the scales. This protects your ski base and ensures you glide across the snow!



Haven't been out skiing for a while? There are many places to take a cross country ski lesson. It is a great way to get back to skiing or, to start out on the right foot for the first time! No line ups, no crowds, no lift fees, cross country skiing is a great way to enjoy the sun, fresh air and gentle exercise. What could be better than a day outside with friends skiing in West Bragg Creek, Ribbon Creek or other parts of Kananaskis country! There are two websites for checking trail conditions; Skierbob and on the Alberta Parks website. There are groomed and track-set ski trails as far west as Banff National Park and as far east as Shaganappi golf course, when we have enough snow in Calgary. I think of cross country skiing as a cross between trail biking and walking, it is smooth and heavenly, with a little good technique. So get out of the city and get signed up for safe, gentle outdoor fun!

*Julie Walker is a Cross Country Ski instructor and Outdoor Educator.*



**BRAIN GAMES** **SUDOKU**

	6				1	3	2	
				6	5		8	9
4	9							
		4	1			9		
7			6	2	4			5
		3			9	2		
							1	3
3	1		5	7				
	4	2	3				5	

FIND SOLUTION ON PAGE 33



## CALGARY BOARD OF EDUCATION BOARD OF TRUSTEES

Website: <http://www.cbe.ab.ca> • Email: [boardoftrustees@cbe.ab.ca](mailto:boardoftrustees@cbe.ab.ca)

### Welcoming refugees

Trustees are proud to lead a school system that provides a wide range of supports for students moving into Calgary from around the world. Since January, The Calgary Board of Education has been welcoming families from Syria.

We know that these families are making this huge transition in their lives because they want the best for their children and education is crucial in achieving those dreams. The CBE will continue to work closely with all of our staff as these children begin their education in Calgary. CBE will also, as always, be working collaboratively with the greater Calgary community to do all we can to see these students succeed.

A key factor in welcoming the students is the Kingsland Reception Centre, the CBE's gateway for non-Canadian citizens. The reception centre is staffed with an admissions team as well as a team of professionals who assess the children's language proficiency in English as well as their home language.

Depending on their English language skills, some students may be enrolled in the LEAD (Literacy, English and Academic Development) program. This program offers a strong focus on English Language Development and numeracy. Teachers in this program have received professional learning opportunities, which help them assist students in adjusting to their new life.

The LEAD program is offered at various CBE schools and additional classes were established in schools with learning spaces available to meet the increased need. Some of the new students may have the necessary language skills to be able to attend their community school. The CBE offers a variety of services to assist schools, including English Language Learning support, diversity support, interpreters and psychologists.

We will continue to welcome these new students to our schools where they will learn, make new friends and discover their talents and interests in our safe and caring environments.

The Board of Trustees always welcome your comments, feedback and questions. You can contact the Board of Trustees at [boardoftrustees@cbe.ab.ca](mailto:boardoftrustees@cbe.ab.ca).

Follow the Calgary Board of Education on Twitter @yycedu

## CALGARY CATHOLIC SCHOOL DISTRICT BOARD OF TRUSTEES

Website: [www.cssd.ab.ca/board-of-trustees/](http://www.cssd.ab.ca/board-of-trustees/), Email: [trustees@cssd.ab.ca](mailto:trustees@cssd.ab.ca)

### Learn more about your Calgary Catholic School District Board of Trustees!

February is often thought of as a month of love and caring as we celebrate Valentine's Day on February 14. This month, we wanted to share how we've been able to welcome new refugee students into our school district with open arms.

- The first step for students born outside of Canada is to visit our St. John Reception Centre. The centre helps students get registered in our schools and also addresses any needs or concerns the family may have.
- A teacher and an interpreter (if necessary) work with the family to review their documents and understand the skill-set the students have. Students are assessed on their language abilities (if necessary); this information is then passed on to the student's teacher so they are aware of how much support will be needed.
- The parents have the opportunity to speak with an in-school settlement worker who will connect them to information on employment, financial supports, recreation, language classes, housing and medical needs.
- If needed, psychological supports are also available at the centre. Refugee students who have dealt with trauma can be connected to mental health professionals. A multicultural team is also on-site to help parents learn more about our school system and culture.
- Once the student is placed in a classroom, schools have specific plans in place to welcome and support new students. The school community is encouraged to learn about the student and their culture, including learning new words in the student's language.

This holistic approach not only takes into account the student's needs, but also the entire family's needs, which helps ease their transition. Of course, there are still challenges for our refugee families. As trustees, we will continue to advocate to provide for the needs of all our students, not just Syrian refugees, but also all refugees and any students new to our country.

We are always working to address the diversity of needs within our district. Our goal is to ensure that our students have their social, emotional, and physical needs met to ensure they are healthy, productive and successful learners. Thank you to our schools and communities for helping us with that goal and for welcoming our new students with care and respect.



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## Writings about Reading

### Any place can be a reading place

Do you look for ways to encourage your child's enjoyment of reading? Creating a 'reading place' in your home can help!

A reading place might be in your child's bedroom, a cozy corner in the family room, a little nook under the stairs . . . or? Just remember the 3B's and you'll create a wonderfully welcoming spot:

### Books

Make lots of books available. All kinds; picture books, stories, and nonfiction books about things your child is interested in (dogs, planes, machines, cake making perhaps). Encourage your child to write their name inside their books. Ownership is directly connected to higher reading scores.

### Bookshelves

Have bookshelves or baskets, boxes or bags of books all over your home. Easy access means reading can happen anywhere, at anytime. In your special reading place books all around help create a colourful and welcoming environment.

### Book lights

If you set your reading place up in a family room or bedroom, you can use a nearby lamp. Or, small, inexpensive lights (clip-on or flashlights) in cozy nooks make reading more of an adventure. Lights aid visibility and define a space that focuses a child on their reading.

### Encourage other families and children to celebrate books and reading in their own reading place!

You can help others get excited about creating their own unique and comfy reading place too! If you take a photo of your child reading in their special reading place and would like to share it with us via:

- email to: [info@calgaryreads.com](mailto:info@calgaryreads.com)
- Instagram, Facebook, and Twitter using hashtag #MyReadingPlace and tagging @CalgaryReads

Those who submit one by March 15, 2016 will be entered into a random draw for various '3B' prizes.

For resources to help your child develop critical literacy skills and a joy of reading, visit [calgaryreads.com](http://calgaryreads.com).

## IN & AROUND CALGARY

### Citizens' View: Calgary's online panel – 2,000 members and growing

The City is looking for more Calgarians to join [citizensview.ca](http://citizensview.ca)

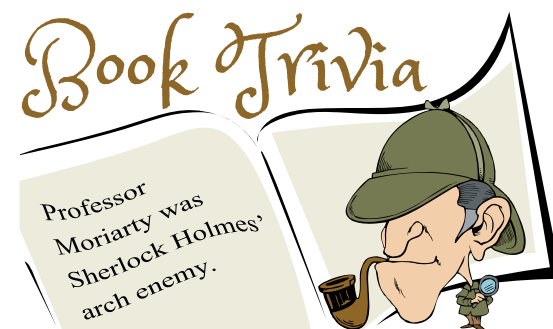
You're invited to join more than 2,000 people that have already signed up for Citizens' View, Calgary's online panel. Citizensview.ca makes it easier for Calgarians to share their input anytime, anywhere through online surveys and discussions.

As Citizens' View continues to grow, The City is working to make sure that they hear from people of all ages and areas of Calgary. Right now, The City needs more people of all demographics and communities. Can you help?

"Creating an even better Calgary takes all of us—not just government," said Mayor Nenshi. "Citizens are the key to improving our communities and creating the best programs and services for our city. Calgarians are the experts in their lives and I encourage them to share their thoughts about life in Calgary by signing-up at [citizensview.ca](http://citizensview.ca)."

The City hopes to attract more than 4,000 people that reflect Calgary's diverse population. Members can expect to receive surveys once or twice a month, join online discussions, and receive information on City events and service improvements.

Calgarians 18 years and older can sign-up for the Citizens' View at [www.citizensview.ca](http://www.citizensview.ca).



## Restoring Your Smile Without Invasive Treatment



*Imagine being able to hide chips and stains and improve the shape of your teeth with minimal time in the dental chair? What if your dentist could literally press-on porcelain coverings that made your smile look and feel brand new?*

### What Are Lumineers®

Lumineers® are ultra-thin pieces of porcelain that are bonded on to teeth to correct minor cosmetic flaws.

As thin as a contact lens - Lumineers® are a great option for patients who want to restore their smile without having to remove a lot of natural tooth structure in the process. Lumineers® require minimal preparation of teeth – just a slight roughing of tooth surfaces for the porcelain wafer-thin veneer to bond to. If you've always been bothered by that one tooth that is slightly further back than others, or a tooth that is stained or chipped slightly; Lumineers® can give you the perfection you're wanting in just two short appointments.

### The Advantages of Lumineers®

The biggest advantage to Lumineers® (veneers) is the minimal amount of tooth preparation involved. In some cases no preparation of a tooth or teeth is needed – it all depends on what is being accomplished by placing the veneers. But the lack of tooth preparation isn't the only advantage Lumineers® provides, other advantages are:

**Natural Appearance** - Lumineers® are made from Cerinate porcelain – a material that mimics the natural texture and look of teeth.

**Stain Resistant** – love a daily cup of coffee or glass of red wine? No need to worry about your Lumineers® looking grungy in a few months – they are made from a stain resistant material.

**Durable** – what's the point of having treatment done if you have to baby your teeth afterwards! Lumineers® may be paper-thin but they can still endure the day-to-day use that is required of them.

Dentists understand the frustrations patients experience when there is a single tooth or a few teeth that don't look quite right. But there are methods to improve the look of teeth without resorting to significant preparation of teeth!

## Insect Trivia



Worker ants may live seven years and the queen may live as long as 15 years.



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# RRSP: the Super Seven ways to save and grow

Suzanne Smith-Demers – Consultant

One of the best retirement savings strategies for most Canadians is a Registered Retirement Savings Plan (RRSP). Here is a list of some of the best ways to get the most from your RRSP.

- 1. Beat that deadline** This year's RRSP contribution deadline is February 29, 2016 – don't miss it!
- 2. Maximize** Make your maximum annual contributions to get the most long-term growth. Your contribution room is on your most recent notice of assessment from the Canada Revenue Agency (CRA).
- 3. Catch up** Fill up unused contribution room strategically as your tax bracket changes.
- 4. Rise up** To have more money in retirement, raise your RRSP contributions as your income rises.
- 5. Borrow to save** An RRSP loan can be a good option for maximizing this year's contribution or catching up on past contributions – but only if you pay it back as quickly as possible. Do that by using your RRSP tax savings to help pay off the loan.
- 6. Diversify for growth** Your maximum RRSP contributions are capped by the government – so be sure to invest in a Tax-Free Savings Account (TFSA) and a well-balanced non-registered portfolio to get the additional income to enjoy the retirement of your dreams.
- 7. Designate** Choose a beneficiary for your RRSP. Generally, RRSP assets with a beneficiary designation do not form part of your estate and do not attract probate fees. If your beneficiary is your spouse/partner or a disabled child/grandchild, your RRSP can be transferred tax-deferred to your beneficiary's registered plan.

Saving for retirement is an absolute necessity – and an RRSP is a great way to do just that when it's part of an overall financial plan tailored to achieve your retirement dreams. Talk to your professional advisor.

# YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

- **January 16 to May 31 - Body Worlds Vital:** The exhibition celebrates the living human body and allows visitors to learn about human anatomy in a far more real way than any textbook. [www.sparkscience.ca](http://www.sparkscience.ca)
- **March 3 - The Harlem Globetrotters:** The Harlem Globetrotters, a world-famous exhibition basketball team, combines athletic feats and teamwork with theatre and comedy. [www.harlemglobetrotters.com](http://www.harlemglobetrotters.com)
- **March 3 - Sgt. Pepper's Lonely Hearts Club Band:** The Art of Time Ensemble is a chamber group that merges chamber music and pop music in this concert. The ensemble reinvents The Beatles' soundtrack to The Summer of Love. [www.calgaryphil.com](http://www.calgaryphil.com)
- **March 4 to 13 - The Big Taste:** Each year for The Big Taste, a number of Calgary restaurants offer prix fixe menus, giving Calgarians the chance to try the best of what each restaurant offers. [www.calgarydowntown.com](http://www.calgarydowntown.com)
- **March 5 - The Black and White Ball:** Decidedly Jazz Danceworks' annual fundraising party is a black and white evening. Dress up in your finest (make sure it's black or white) and dance the evening away. [www.decidedlyjazz.com](http://www.decidedlyjazz.com)
- **March 13 to 15 - Earth Science for Society Exhibit:** Earth Science for Society (ESfS) is a free, family-friendly event that is open to the public. It showcases the importance of Earth Science in our everyday lives. [www.esfscanada.com](http://www.esfscanada.com)
- **March 17 to 19 - ACAD Student's Association Spring Show + Sale:** See what Calgary's up-and-coming young artists have produced during their school year. [www.acad.ca](http://www.acad.ca)
- **March 24 to 29 - Disney On Ice presents Dare to Dream:** Disney princess stories are coming to the ice. The whole family will have fun seeing these favourite stories come to life on the ice rink. [www.disneyonice.com](http://www.disneyonice.com)
- **March 29 to April 9 - Taking Flight:** Festival of Student Work: Each year, the Taking Flight festival showcases the range of work conceived, directed and performed by University of Calgary graduate and undergraduate students. [www.scpa.ucalgary.ca](http://www.scpa.ucalgary.ca)
- **March 30 to April 16 - Macbeth:** Darkness, dishonesty and murder fill Shakespeare's supernatural tragedy Macbeth. Macbeth timelessly highlights how ambition can cause one's downfall. [www.shakespearecompany.com](http://www.shakespearecompany.com)

## MARCH 5 BLITZ SNOWSHOE FUN RUN — LAKE LOUISE

Snowshoeing is one of the fastest growing outdoor winter activities. Get involved in the trend and participate in a 5 kilometre of 10 kilometre snowshoe fun race. [www.snowshoe.blitzevents.ca](http://www.snowshoe.blitzevents.ca)



## MARCH 5 TO 6 CALGARY MAPLE FESTIVAL DES SUCRES

Running all weekend at Heritage Park, this event is a celebration of francophone music, culture and food. [www.calgarymaplefest.com](http://www.calgarymaplefest.com)



## MARCH 18 TO 28 SPRING RALLY IN THE ALLEY

This annual, family-friendly event offers a range of activities centered around different modes of transportation. [www.heritagepark.ca](http://www.heritagepark.ca)





## IN & AROUND CALGARY

### Clearing Snow and Ice from Sidewalks

Clear and safe sidewalks are essential for many Calgarians, especially those with disabilities, older adults, and children who walk to and from school. Under the Street Bylaw 20M88, the owner(s) and/or occupant(s) of a private property are required to clear snow and ice from sidewalks in the front or to the side of their property within 24 hours of a snowfall. If the sidewalk is not cleared within that time, The City may have the snow and ice removed from the sidewalk at the property owner's expense. If you own a rental property, you are responsible for ensuring that adjacent sidewalks and pathways are cleared.

#### Snow Angels

Keeping sidewalks shoveled, ice-free and safe can be very challenging for older adults and other Calgarians who have limited mobility. The Snow Angels campaign

encourages citizens to clear snow and ice from the sidewalks of their neighbours who may be less able to do it themselves. Watch for people in your neighbourhood who could use help removing snow and ice and lend them a hand. For more information please visit [www.calgary.ca/snowangels](http://www.calgary.ca/snowangels).

#### Tips for Shoveling Snow and Ice

- Stretch before you begin to shovel;
- Keep warm and wear layered clothing;
- Use an ergonomic shaped snow shovel to help reduce back pain and make shoveling easier;
- Space your hands on the shovel to increase leverage;
- Lift with your knees, not your back;
- Clearing snow soon after it falls can prevent snow and ice from building up on your sidewalk;
- After removing the snow, you can apply road salt/de-icer wherever necessary. This makes it easier for pedestrians to walk past your house;



## What should I do if my child is sucking his/her thumb?

The habit of thumb sucking can be a nightmare for most parents but it is comforting and calming for the child. Your child probably practiced this habit while in the womb and perfected it as an infant.

**Should you be worried?** Should you get medical help? According to the American Academy of Pediatric Dentistry, most children will stop sucking their thumb between the ages of 2 and 4. If the habit is discontinued by age 4, most children will not develop damaging concerns for their teeth or jaws until their permanent teeth begin to appear. Having said that, it is always easier to eliminate this habit when kids are younger and the habit has not become a norm for them.

The **type of thumb** sucking is also critical. If your child only places the thumb in his/her mouth passively, there is less damage to teeth and jaws versus if they were aggressively sucking the thumb causing a negative pressure leading to narrowing of the upper jaw. The consequences of this habit continuing into age 5 and 6 will be

flared upper front teeth and/or these teeth not coming into proper position due to the constant presence of the thumb. If your child is still sucking after age 4, it is time to consider taking action

**How do I help as a parent?** If you identify the time your child is most likely to suck his/her thumb (sleeping, watching television, etc.) consider distracting them with a substitute activity, such as rubber ball to squeeze or a water bottle to hold on to when watching television, holding a stuff animal while going to sleep, etc. The key is to notice when and where sucking occurs and to try to divert her/his attention by offering an alternative. Praising and positive reinforcement works better than scolding. Children often suck their thumb when feeling insecure or anxious. Focus on correcting the cause of the anxiety and provide comfort to your child. If the child is older than age 5, although it becomes harder to eliminate the habit but at this age you can involve the child in actively coming up with a plan to stop the habit as a family.



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## IN & AROUND CALGARY

### Make a difference in the life of a family...

Are you looking for a way to give back to your community? Our Home-Start program is looking for volunteers!

#### What is Home-Start?

Home-Start is a free program coordinated by Boys and Girls Clubs of Calgary that offers support to families, with young children, who may be experiencing a variety of issues: Feeling alone, being new to Canada, caring for twins and triplets. Parenting and/or family stresses, postpartum depression, illness in the family, raising several children under the age of 5.

#### What does a Home-Start volunteer do?

- Visits a family's home once per week
- Provides support, friendship and encouragement
- Gets the family involved with the local community
- Shares their own experiences of parenting and family life

Training, Police and Child Welfare checks are provided.

#### Interested in getting involved?

For more info, or to learn about upcoming training sessions, contact Home-Start or visit [www.boysandgirlsclubsofcalgary.ca](http://www.boysandgirlsclubsofcalgary.ca).

North Calgary: 403-660-6809

South Calgary: 403-660-1136

## BY THE LIGHT OF THE MOON

### *Gardening by the phases of the moon*

#### February 8 New Moon (waxing)

Increasing moonlight, lunar gravity pulls water up encouraging plant growth and proliferation. Grafting, transplanting, re-potting, and watering. Gather herbs used for essential oils. Oil content is more concentrated at this time.

#### February 15 First Quarter (waxing)

Moonlight is strong, encouraging leaf growth. It is a good time for planting, especially two days before the full moon. Take cuttings from plants you wish to propagate. Fertilize as close to the full moon as possible.

#### February 22 Full Moon (waning)

As the moon wanes, the energy is drawing down. Strong gravitational pull but moonlight is decreasing putting energy into the roots.



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## MLA CALGARY-HAYS RIC MCIVER

### Interim Leader of PC Caucus

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I am pleased to have Tyler Meckelborg from the Calgary Hays Constituency join me as MLA for a Day in May at the Legislature. The goal of MLA for a Day program is to develop in high-school students a greater understanding and awareness of the role and responsibilities of an MLA, both as a legislator and as a constituency representative. The MLA for a Day is open to all Alberta high-school students and is aimed at individuals who have an interest in the parliamentary process and would benefit from the experience.

### Legislature Update

The NDP government is new but so far have been a disaster for Alberta. In eight months they have caused Alberta to lose its AAA credit rating. This will make it more expensive for government to borrow and will make the cost of government needlessly high.

The NDP has added a \$3 Billion carbon tax on almost everything. The claimed it is to help the environment but have said they will pay 60% of it to low income Albertans. Your family will pay between \$500 and \$3,000 next year as a result of the new taxes. That makes it a social program as opposed to an environmental effort. Our PC caucus opposed this huge tax grab.

The NDP government has pushed through Bill 6 which thousands of farmers and ranchers have opposed and protested on the steps of the legislature and across Alberta many times. The tragedy is farmers and ranchers offered to meet with government to improve the bill. The government pushed it through without consulting and now will take 18 to 24 months to put in place the regulations. They should have used that time to talk to farmers and ranchers. Our PC caucus will continue to stand with farmers and ranchers across Alberta on this issue.

The NDP has also refused my amendment to the sunshine list which post information on government paid employees making over \$100,000 per year. I asked them to put the information on one website so you can

find the information. They refused and said they would have every agency, board or commission post the data separately adding administrative burden while not really accomplishing transparency.

The government has cancelled the cultural calendar page on their website making it more difficult for Alberta festivals and special events to make money and provide jobs for Albertans.

Government has flip flopped on bringing back the STEP program to help students and young people get that all important first job. It is good they showed the first small increment in slowing spending increases but they chose the only job creation program sure to create jobs as the place to do it.

### McKenzie Highlands School

Construction Status – is updated using the Construction Projects Status Report that is presented monthly to the Board of Trustees. Grade configuration is determined by Area Directors in consultation with the Director, Planning & Transportation, in consideration of many factors including keeping youngest students closest to home, limiting the number of moves for students and available staff and resources. Registration begins in January of the year in which students will go to school. Registration is not first come first served, and there are no registration waitlists. Registration information will be communicated through the website [www.cbe.ab.ca/schools](http://www.cbe.ab.ca/schools), and the media. Based on current enrolment trends and patterns, as well as pre-school census information, it is anticipated that all students can be accommodated in the year the school opens. Unanticipated changes to enrolment trends and community demographics could mean a lottery process which can be found on the CBE website at [www.cbe.ab.ca/registration/registration/Pages/Lottery-Information-for-Parents.aspx](http://www.cbe.ab.ca/registration/registration/Pages/Lottery-Information-for-Parents.aspx). Visit the BuildingandModernizingschool webpage for more information on this school construction project.

### SE Calgary LRT

This project will connect 300,000 Calgarians to high-speed public transportation. This is the time for the City to take the final steps and have the Province commit their equal share. Hopefully the City and the Province seize this opportunity while they can. Our office will

provide updates as they become available. I would like to thank Jeff Binks from the "LRT on the Green" organization and Councillor Shane Keating for making the SE Calgary LRT a priority.

Deerfoot Trail and Anderson Road Interchange - There is a plan completed to add a lane to this interchange that will cost less than \$20 million dollars. Here is the link: [www.transportation.alberta.ca/Content/docType353/Production/nbdti-ism1.pdf](http://www.transportation.alberta.ca/Content/docType353/Production/nbdti-ism1.pdf). The government has since decided to take three years to do a one year study. Our PC caucus will continue to push the government to move ahead without the unnecessary two year delay. Government has said no construction tenders are planned until the study is complete.

### Deerfoot Trail and 212 Avenue Interchange

Regarding the interchange at Deerfoot Trail and 212 Avenue, Alberta Transportation is in discussions with the developer, Brookfield Developments, to determine an interim solution until the project is funded. I have the concerns you have raised.

The interchanges on Macleod Trail at 194 Avenue and 210 Avenue are solely the jurisdiction of the City of Calgary. Although they will provide better access to communities south of the Calgary Ring Road, which would be a provincial highway, Alberta Transportation has no role in the funding or construction of these interchanges.

If you have any questions regarding the 212 Avenue project or any other provincial project in the corporate limits of the City of Calgary, please contact Mr. Gary Lamb, Urban Construction Manager at 403 297-5500 or by email at [garry.lamb@gov.ab.ca](mailto:garry.lamb@gov.ab.ca). Thank you for taking the time to contact my office on this issue.

Please continue to stay in touch with me on these issues and any other issues that affect you and your family. As your MLA, I am here to help you. My newsletter is written a few weeks ahead of publication, so if you are looking for updated information, or have any questions for me or any concerns that you want to share, I would like to hear them. I also look forward to attending your events in Calgary-Hays area. Please contact me or my assistant Donna Elms, at the Calgary Hays Constituency Office. I am your voice in the Alberta Legislature.

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**COUNCILLOR, WARD 12**  
**SHANE KEATING**  
Phone: 403-268-1698 • Email: Ward12@calgary.ca  
Twitter: @CouncillorKeats Facebook: http://www.facebook.com/CouncillorKeating  
Web: http://shanekeating.blogspot.com/

Happy February Ward 12! The Calgary winter can be long and cold, but spring is right around the corner. We have had a very exciting start to 2016. On January 28<sup>th</sup>, I hosted the annually Ward 12 Open House at the Mahogany Beach Club and had some great conversations with residents that are passionate about their communities. We are also continuing some very productive conversations with the Provincial Government to secure additional funding for the Green Line LRT. I'm looking forward to working hard for you in 2016 to make Ward 12 even better!

2016 Assessment

Assessment overviews for 2016 were mailed out to Calgarians on January 5th. The Customer Review Period extends from January 5th to March 7. During this period property owners are able to inquire about their assessments.

There are a few mechanisms available to residents that wish to get more information about their assessment provided by the City:

- The City of Calgary Assessment department has evaluation staff on standby to answer any specific questions regarding assessments. They can be reached at 403-268-2888.
- You can find more information on the assessment process at [Calgary.ca/assessment](http://Calgary.ca/assessment).

Extended Driveways

There have been a few cases of extended driveways appearing in Ward 12. An extended driveway is an extension of an existing driveway to allow for more parking spaces. The diagram below shows what is acceptable and what is not through the Land Use Bylaw.

Understand what is typically approved and refused by The City.



Extended driveways create a number of problems.

- Removal of available on-street parking
- infringement on adjacent properties, ie: snow shovelled off an extended driveway may get pushed directly onto the next property
- Drainage issues. Replacing soil/grass/vegetation with concrete does not allow for water to be absorbed.
- City access to utilities. Extending a driveway may cover up utilities that may need to be accessed.

If the driveway is found to be in violation of the Land Use Bylaw, The City of Calgary will contact the homeowner. The homeowner will be given the opportunity to retroactively apply for a development permit. If the permit is not approved, the homeowner will be given the opportunity to voluntarily bring the driveway into compliance. If the homeowner does not bring the driveway into compliance The City may bring the driveway into compliance at the homeowner's expense.

If you are concerned about an extended driveway in your community, or you are a homeowner interested in extending your driveway please contact 311 immediately. For more information you can also visit [www.calgary.ca/PDA/pd/Pages/Permits/widening-an-existing-driveway.aspx](http://www.calgary.ca/PDA/pd/Pages/Permits/widening-an-existing-driveway.aspx).



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Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414

### HOSPITALS / URGENT CARE

Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111

### OTHER

Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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5	6	7	8	9	1	3	2	4
2	3	1	4	6	5	7	8	9
4	9	8	2	3	7	5	6	1
6	2	4	1	5	3	9	7	8
7	8	9	6	2	4	1	3	5
1	5	3	7	8	9	2	4	6
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