

MARCH 2017

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9



REAL ESTATE UPDATES



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#### Editorial Submissions

[news@great-news.ca](mailto:news@great-news.ca)

All advertisements and editorial content must be submitted by the 1st of the month for the following month's publication.

#### Published by Great News Publishing

Serving Calgary communities for 28 years  
 91 newsletters reaching over 415,000 households in Calgary and surrounding areas.

#34-4550 112 Ave SE  
 Calgary, AB  
 T2C 2K2

Check out our website:  
[www.great-news.ca](http://www.great-news.ca)



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*Great News Publishing and does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.*

## Calling All Neighbours!

To have your Family profiled (Story and Professional Pictures) in the next edition of this Community Newsletter, please send us an email to [DG@great-news.ca](mailto:DG@great-news.ca)

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---

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## DOUGLASDALE - DOUGLASGLEN COMMUNITY ASSOCIATION

P.O. Box 87031  
 #160, 11520-24th St. SE  
 info@dgca.ca | www.dgca.ca

## ELECTED OFFICIALS



**Councillor Shane Keating**  
**Ward 12 Office**  
 P.O. Box 2100, Station M  
 Calgary, AB, Canada T2P 2M5  
 Phone: 403-268-2478  
 Fax: 403-268-8091  
 Email: ward12@calgary.ca  
 Web: www.calgary.ca/ward12



**MLA Richard William (Ric) Mciver**  
**Calgary-Hays**  
 255, 11488 - 24 Street SE  
 Calgary, AB Canada T2Z 4C9  
 Phone: (403) 215-4380  
 Fax: (403) 215-4383  
 Email: calgary.hays@assembly.ab.ca  
 www.mciver.mypcmla.ca  
 Twitter: @ricmciver  
 facebook: facebook.com/ricmciver

**Off the Menu**  
 The tall chef's hat is called a toque

## IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
Senior Connect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	
Weather Information	511
Gamblers Anonymous	403-237-0654

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 10:00 am Deer Park UC  
 77 Deerpoint Road SE

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**Good Friday**  
 April 14

**Easter Sunday**  
 April 16

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## IN & AROUND CALGARY



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Improve your spoken English and meet new women in your community with the New Friends and Neighbourhood Groups program. Drop in at one of our weekly groups throughout the city. No cost, no immigration requirements and no minimum English requirement. Free childcare provided for children 6 months to 6 years old. Visit [www.ciwa-online.com](http://www.ciwa-online.com) for group locations and times or contact Debra Colley at 403-444-1752 or [debrac@ciwa-online.com](mailto:debrac@ciwa-online.com).



**"If one cannot enjoy reading a book over and over again, there is no use in reading it at all."**

- Oscar Wilde

# Douglasdale Glen

## Real Estate Stats

Last 12 Months Douglasdale Glen  
 MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
January 2017	\$439,888	\$425,000
December 2016	\$490,944	\$479,000
November 2016	\$535,000	\$516,000
October 2016	\$469,350	\$465,000
September 2016	\$467,400	\$460,000
August 2016	\$499,900	\$479,500
July 2016	\$507,082	\$489,000
June 2016	\$509,900	\$497,500
May 2016	\$540,000	\$525,000
April 2016	\$479,900	\$469,000
March 2016	\$520,000	\$510,000
February 2016	\$500,950	\$494,500

Last 12 Months Douglasdale Glen  
 MLS Real Estate Number of Listings Stats

	No. New Properties	No. Properties Sold
January 2017	12	9
December 2016	4	8
November 2016	10	9
October 2016	12	14
September 2016	17	12
August 2016	11	14
July 2016	17	16
June 2016	18	13
May 2016	25	11
April 2016	14	11
March 2016	19	15
February 2016	14	12

To view the specific SOLD Listings that comprise the above MLS averages please visit [douglasdale\\_glen.great-news.ca](http://douglasdale_glen.great-news.ca)



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**March in Fish Creek**

**25<sup>th</sup> Anniversary Brick Pathway**

2017 see us celebrate the 25<sup>th</sup> anniversary of the founding of the Friends of Fish Creek. As part of our celebration we are offering the opportunity to be part of our 25<sup>th</sup> Anniversary Legacy Brick Pathway program. We will be replacing the pathway to the front door of the Cookhouse with a special brick pathway consisting of bricks bearing dedications or messages from donors. This is a great opportunity to leave a legacy in the park for a loved one or to show support for the work the Friends do toward the sustainability and enjoyment of Fish Creek Provincial Park. Engrave a brick with your personal message. For more information contact the Friends of Fish Creek or visit [www.friendsoffishcreek.org/brick](http://www.friendsoffishcreek.org/brick)

**Leave a Legacy for Cherished Green Spaces and Healthy Families**

**Free Public Information Session**

Saturday, March 4, 2:00 pm – 4:00 pm at the Fish Creek Environmental Learning Centre

Considering the Friends of Fish Creek in your legal will or through other philanthropic means is one of the best ways to ensure that future generations will enjoy this breathtaking natural area as much as you and your family do. Remembering family in your will is most likely an important part of your final wishes, but do you have questions about planning your estate? Would you like to ensure the proper management and distribution of the funds you leave behind? Join Emma Hamilton, lawyer in the Wills & Estates group of McLeod Law LLP; Stuart Reid, Chief Development Officer Kids Cancer Care Foundation of Alberta; and Bob Morrin, Friends of Fish Creek Board Member to learn about the benefits of estate planning and leaving a legacy. For more information or to register visit [www.friendsoffishcreek.org/estate-2](http://www.friendsoffishcreek.org/estate-2)

**Uncharted: A Photographic Wildflower and Book Evening with Graeme Connell**

Thursday, March 23. 7:00 – 8:00 pm at the Fish Creek

Environmental Learning Centre  
 Presented by Graeme and Lois Connell

Calgary author Graeme Connell's novel "Uncharted," centres on Fish Creek Provincial Park and the Rocky Mountains. In this novel, the main character, Brewster, has lost his wife and his reason to live – then, with help from a profoundly deaf woman and a family facing difficult times, his life finds new meaning through wildflowers and a botanical project in Fish Creek. It is a truly uplifting story for anyone who has experienced deep loss and found solace in nature. To register visit [www.friendsoffishcreek.org/event/uncharted](http://www.friendsoffishcreek.org/event/uncharted)

**Wayne's Wonderful Winter Walk**

Saturday, March 11 1:00 pm - 2:30 pm

Join dedicated volunteer, retired park planner, and founding member of the Friends of Fish Creek, Wayne Meikle for a wintery walk along the banks of Fish Creek. Wayne's Wonderful Winter Walk provides an amazing opportunity for families to visit the park in the winter and learn about the history of this area! To register or for more information visit [www.friendsoffishcreek.org/programs/other-tours](http://www.friendsoffishcreek.org/programs/other-tours)

**Spring Birding Course Starts Monday, April 3**

Whether you are a beginner, intermediate or expert, this course will help you to identify the newly arriving migrant birds, and allow you to become familiar with the valuable bird habitat near you. The course will take place outdoors in Fish Creek Provincial Park and other natural areas within Calgary. As a fundraiser for the Friends of Fish Creek, volunteer instructor and lifelong naturalist Gus Yaki and other knowledgeable and experienced instructors will once again conduct these courses.

Registration Required and fees apply. To Register and for course times visit: [www.friendsoffishcreek.org/programs/birding-course](http://www.friendsoffishcreek.org/programs/birding-course)

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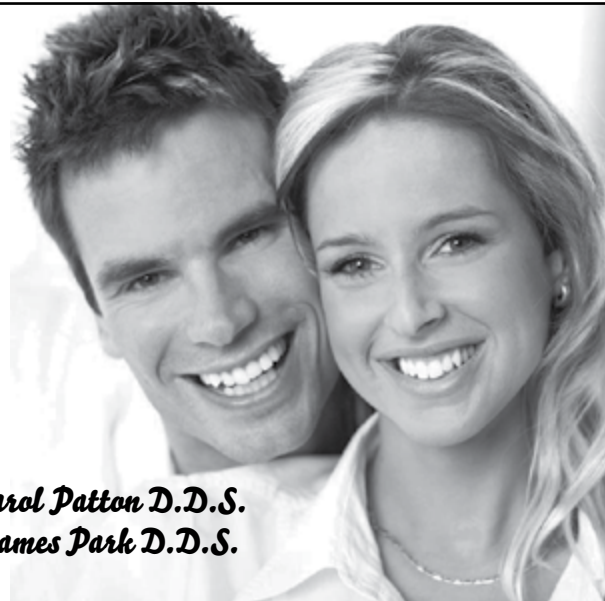
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Name	Age	Contact	Course
Melissa	12	403-973-7353	Yes
Kyla	12	403-257-0417	Yes
Kyla	14	403-697-9764	Yes
Maria	14	403-305-3348	Yes
Elena	14	403-263-3809	Yes
Jordan	14	403-288-0220	Yes
Melissa	15	403-455-4402	Yes
Lauren	17	403-203-4480	Yes
Brooklyn	17	403-236-1440	Yes
Kaitlin	17	403-258-3153	Yes
Elizabeth	17	403-771-8215	Yes
Caitlyn	18	403-203-4480	Yes
Michelle	18	403-455-4402	Yes
Sidney	18	403-819-7951	Yes
Taylin	18	403-990-4741	Yes
Taylor	19	403-236-2836	Yes
Cheyenne	20	250-938-1090	No
Cheyenne	20	250-938-1090	No
Kyra	21	250-938-5951	Yes
Deidra	29	403-471-3089	Yes
Jane	51	403-467-3607	Yes

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you would like to babysit in.

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find available babysitters in  
and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).

## COMMUNITY ANNOUNCEMENTS

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

**FLC SENIORS CLUB 55+** Join us for a healthy, happy, and active lifestyle. For more information: [www.flcseniors.ca](http://www.flcseniors.ca). Highlighted activities are LINE DANCING call Ann 403-254-9181 or Joan 403-719-7763 or [emaillinedancing@flcseniors.ca](mailto:emaillinedancing@flcseniors.ca); and TAI CHI call Juliette 403-225-1593 or email [taichi@flcseniors.ca](mailto:taichi@flcseniors.ca).

## IN & AROUND CALGARY

### EMS – Burns and Scalds

Alberta Health Services, EMS continue to respond to emergencies each year where a young child has sustained severe burns or scalds. These incidents often occur inside the child's own home. Common causes include a child accidentally tipping hot liquids onto themselves, touching hot surfaces (stoves), or making contact with electrical outlets. Fortunately, incidents such as these can be avoided by taking preventative measures.

#### Degrees of burn

- 1°: Affects only the top layers of the skin; appears red like a sun burn; discomfort is generally tolerable;
- 2°: Deeper and much more painful than 1° burns; broken skin or blisters commonly develop;
- 3°: Severe: the deepest layers of skin and tissue are injured; may appear charred or leathery.

#### First Aid for burns

- Skin may continue to burn if not aggressively cooled. Immediately douse burns with large amounts of cold water.
- Cover the burn with a sterile dressing, or at least clean material to protect infection;
- Over the counter medications may be used for pain. Adhere to directions given on the label;
- Seek further medical attention, as required.

#### Prevention of burns

- Check the temperature of your hot water tank. Temperatures as high as 60°C / 140°F will scald a child in just seconds;
- Use placemats instead of tablecloths. Tablecloths can be yanked downward causing hot drinks, or food to spill on a child;
- Turn pot handles to the back of the stove and ensure cords from kettles, slow cookers, and other electrical appliances cannot be reached;
- Avoid picking up a child while holding any hot liquids;
- Ensure electrical outlets are made secure by installing commercially available safety devices which prohibit access;
- Keep children away from areas where appliances are in use (kettles, irons, hot stoves).

If you require immediate medical attention, call 9-1-1

# BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

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**HOME BUSINESS OPPORTUNITY:** Clinicaire is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicaire supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**LR ARMSTRONG CABINET SERVICE:** I am a service technician with experience offering quality work for your kitchen cabinet needs. Call Laszlo at 403-615-9514 or email laszloraduly78@gmail.com.

**CUSTOM CRAFT PAINTING:** Successfully operating for over 20 years, fully licensed and insured. Specializing in interior and exterior repaints and custom renovations. All our work includes detailed prep work, precise craftsmanship, using only the best products available. Our rates are competitive. Call now for your free estimate. 403-650-0703 or email brian@customcraftpainting.ca. Website: www.customcraftpainting.ca.

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**GOT ELMS?** Pruning Elms April-October is banned in Alberta. Winter is ideal to prune many trees and remove Black Knot fungus. King Cole Tree Service for all your pruning and removal needs! Professional service, affordable prices. ISA member, licensed/insured. Call for your free estimate, 403-200-4408 or www.kingcoletreecare.ca

**THE FINISHER:** Wives, I'm here to finish what your husband started and husbands, I'm here to start and finish those projects that need to be done. From complete bathroom renos, basements developed and upgraded, to fences, decks, and sidewalks. Your SnapPower© distributor. References available. Wendell at 403-613-6807.

**KITCHEN CABINETS REFINISHED:** Thirty opening kitchen refinished for about \$1350.00. Espresso colour for about \$3500.00. Get the orange out of your honey oak kitchen. Water damage and grime repaired. Environmentally friendly alternative to tearing out cabinets. Not Just Paint Finishing and Handyman Services. Call Doug for free estimate/consult. 403-671-0324.

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**CALLING PROFESSIONAL PORTRAIT PHOTOGRAPHERS:** Feature your professional family portraits for free in this newsletter. Email dg@great-news.ca for more information.

## IN & AROUND SCHOOLS

### Mapleridge Cooperative Preschool

This month our students will be exploring units on our 5 senses and Space. The 4-year-old classes will be going to the Telus Spark Science Centre where they will have a chance to use their natural curiosity and creativity to learn more about the world around them.

The students will be off for spring break on March 27<sup>th</sup> and we will welcome them back on April 3<sup>rd</sup>.

**VOLUNTEERING....**  
*Good for the Soul*



## How to turn your passion into a business during retirement

Suzanne Smith-Demers – Consultant

Did you know that Colonel Sanders didn't create the Kentucky Fried Chicken franchise until he was 65? If you have a passion that you'd like to turn into a business during retirement here's what you need to know:

**Your passion becomes your product** If you're ready to turn your passion into a retirement career be aware that you may come to look at your passion differently, especially when things may not be going too well. The keys are to be honest with yourself about the potential for your business and to work equally hard at staying motivated.

**Know the risks and challenges** Your business idea is brilliant, but it is also risky – so protect your retirement savings by keeping your start-up costs to a minimum and avoiding heavy debt. Avoid leasing office space or hiring employees until you absolutely have to.

**Test the market** If your new venture includes a new or different product or service; test the market before you make any rash decisions. Start with the most basic version of your product or service and sell it economically, perhaps online through social media sites, and gauge customer feedback to decide if your business venture makes financial sense.

**Keep it simple** Finance your business with money you can afford to lose. If you find yourself tempted to tap into your retirement account to fund your business, take it as a warning that you're probably about to get into something you're not financially prepared for.

Creating a retirement business from your passion could end up being the most satisfying and rewarding life decision you have ever made. Make sure you have all the information before you take the first step into your new career.





Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see [www.tricocentre.ca](http://www.tricocentre.ca) to find out more.



### March at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our passes are affordable and our programs are family-friendly. With a pass, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs. Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre pass with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

### Recession Busters

- The Trico Cares program offers **fee assistance** for passes and admissions. See [www.tricocentre.ca](http://www.tricocentre.ca) for details. Plus, we have partnered with organizations that offer fee assistance for programs (Canadian Tire Jumpstart, KidzFirst, KidsSport.)
- Affordable swim specials: 8:30-9:30pm Monday to Saturday, just \$3/person. Sundays 6-8pm, Family Night Swim, \$3/person.

### Spring/Summer Program Guide

Check out our Spring/Summer Program Guide for lots of new registered offerings for children, adults, and older adults. Swimming and skating lessons for all ages. Adult fitness options. Children's programs from 12 months to 14 years.

### Register for Spring/Summer Programs

Registration for Spring/Summer programs (including day camps) starts Monday March 6 and Tuesday, March 7 an ongoing for pass holders and begins Wednesday, March 7 for non-pass holders.

### Adults/Older Adults

Included in your affordable Trico Centre pass, are more than 70 drop-in fitness programs. Choose from endurance classes with a cardiovascular focus, group resistance training, high intensity interval training, aqua fitness, and mind/body classes. Options for all fitness levels and ages

### Families

- Children's Drop-In activities: check out our new expanded schedule of parented drop-ins for preschoolers. Drop-In Playtime is now offered 5 times a week, Drop-In Gymnastics is 3 times a week. Plus Drop-In Crafts on Sundays, Drop 'N Go on Saturdays, and the brand new Storytime, Thursdays at 2pm. All drop-ins are free for pass holders.
- Family Night: Sunday Night is Family Night – swim from 6 to 8pm. Free for pass holders; general public is \$3 per person.

### Children & Youth

Spring Break Day Camps: week-long and daily camps available. Choose from Adventurer Camp for 6-8yrs or 9-12 yrs or Aqua Adventurers for 6-12 yrs, all running March 27 to 31. Daily Spring Break Camp for 6-12yrs is also available for full-day, mornings or afternoons. Pre-care is available from 7 to 9am and post-care from 4 to 6pm.

*Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities' pay 20% less passes than those who reside outside partnered communities. Phone: 403-278-7542 or see [www.tricocentre.ca](http://www.tricocentre.ca) to find out more.*

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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.



Councillor, Ward 12  
**Shane Keating**

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Can you believe that spring is nearly upon us? Looking ahead, March promises to be another busy month for southeast Calgary. I am really pleased that Dr. Martha Cohen School in New Brighton and McKenzie Highlands School in McKenzie Towne will officially open this month. We will also have a very busy month at Council as the Green Line LRT returns to the Transportation and Transit committee on March 15<sup>th</sup>. As we transition from winter to spring I'll remind everyone that my office is here to help. If you have questions about what is going on in your community, do not hesitate to let us know.

### Notices of Assessment Appeal Period

Assessment notices were mailed out to property and business owners in the first week of January. These assessments provide the property value that your property taxes will be based on. If you do not agree with your assessment, you do have the opportunity to take part in the Customer Review Period. The Customer Review Period will be closed on March 6, 2017. Changes to your assessment will only be considered during this window.

You can visit [calgary.ca/assessment](http://calgary.ca/assessment) for more information.

### River Access Strategy

In June of 2016 I co-sponsored a Notice of Motion that directed City Administration to develop a river access strategy. After the floods in 2013 many public access points along Calgary's rivers were damaged and others were closed. Currently there are only three boat accessible launches within the city limits and a few smaller launches for smaller rafts and kayaks.

Our rivers shape this great city. These are places where we float, fish and walk. Our rivers also contribute to our local economy. Anglers from all over the world come to Calgary to enjoy world class fishing in the Bow River. We are also seeing emerging businesses with activities like river surfing and white water rafting. Our rivers aren't just something that pass through our city; they are a resource that we should be tremendously proud of.

The River Access Strategy passed unanimously at committee at the beginning of February. The strategy outlined some additional access opportunities to improve

how we interact with our rivers. The strategy deliberately made sure that access was happening in a way that demonstrated good environmental stewardship by keeping sensitive areas well protected. Getting these new access points in place will take time, but we are certainly moving in the right direction.

If you are interested in the River Access Strategy you can find more information at [Calgary.ca/RiverAccess](http://Calgary.ca/RiverAccess)

### Coffee With Your Councillor

I am really excited for my first "Coffee With Your Councillor" of 2017. These meetings have initiated some really fascinating discussions about the local issues that make a difference in your life. I hope to see you there - coffee is on me!

**When: Tuesday, March 21, 7:00pm-8:30pm**

**Where: Prestwick Room, McKenzie Towne Hall – 40 McKenzie Towne Blvd SE**

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