

FEBRUARY 2017

DELIVERED MONTHLY TO 2,700 HOUSEHOLDS

# FAIRVIEW in Focus

THE OFFICIAL FAIRVIEW COMMUNITY NEWSLETTER



## In This Issue:

- Save the date: Wine & Cheese:  
Saturday, March 18<sup>th</sup>
- Fairview Board meeting - Monday,  
February 13<sup>th</sup>, 7pm
- Next public skating on  
February 19<sup>th</sup>, 1-2pm
- Next shinny hockey - February 19<sup>th</sup>
- Save the dates: Membership Drive,  
April 2-9



[www.fairviewcommunity.ca](http://www.fairviewcommunity.ca)



**You**  
have a  
lot riding  
on *us*  
getting it  
right.

**You don't take clean drinking water for granted — and neither do we.**

Calgarians put a higher priority on clean drinking water than any other Canadians... but you're also more confident in the people and systems that deliver water to your taps.\*

For Calgary's city employees, your expectations spur us on to do even better.

As with all the services we provide, our commitment is to work in partnership with the City to deliver fresh, pure water for your home and family.

**CUPE**  
Calgary's city employees  
Making your city work for you

\* According to the 2016 RBC Canadian Water Attitudes Survey

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FAIRVIEW COMMUNITY ASSOCIATION

Box 78053, 383 Heritage Dr. S.E. Calgary, AB T2H 2Y1  
Phone: 403.252.5424  
www.fairviewcommunity.ca • office@fairviewcommunity.ca  
Delivered monthly to 2,700 households and businesses for 1 year!

**Editorial Submissions**  
news@fairviewcommunity.ca  
All editorial content must be submitted by the 10<sup>th</sup> of the month for the following month's publication.

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403-263-3044 | sales@great-news.ca  
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www.great-news.ca



The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Fairview Community Association and Great News Publishing.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Fairview Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS		911
Alberta Adolescent Recovery Centre	403-253-5250	
Alberta Health Care	403-310-0000	
AHS Addictions Hotline	1-866-332-2322	
ATCO Gas – 24 Hour Emergency	403-245-7222	
Calgary HEALTH LINK 24/7	811	
Calgary Police – Non Emergency	403-266-1234	
Calgary Women’s Emergency Shelter	403-234-7233	
Child Abuse Hotline	1-800-387-5437	
Kids Help Line	1-800-668-6868	
Child Safe Canada	403-202-5900	
Distress/Crisis Line	403-266-4357	
ENMAX – Power Trouble	403-514-6100	
Poison Centre - Alberta	1-800-332-1414	
HOSPITALS / URGENT CARE		
Alberta Children’s Hospital	403-955-7211	
Foothills Hospital	403-944-1110	
Peter Lougheed Centre	403-943-4555	
Rockyview General Hospital	403-943-3000	
Sheldon M. Chumir Health Centre	403-955-6200	
South Calgary Urgent Care Health Centre	403-943-9300	
South Health Campus	403-956-1111	
OTHER		
Calgary Humane Society	403-205-4455	
Calgary Parking Authority	403-537-7000	
SeniorConnect	403-266-6200	
Calgary Kerby Elder Abuse Line	403-705-3250	
Alberta One-Call Corporation	1-800-242-3447	
City of Calgary	311	
Social Service Info & Referral	211	
Community Mediation Calgary Society	403-269-2707	
RNR Lockworks Ltd.	403-479-6161	
Road Conditions – Calgary	511	
Weather Information		
Gamblers Anonymous	403-237-0654	

UPCOMING EVENTS

Fairview Community Association Board Meeting

Monday, February 13, 7:00 pm  
Fairview Community Building, Lower level  
Please note the date change for this month due to Valentine’s Day on the 14<sup>th</sup>. Please contact the Secretary at secretary@fairviewcommunity.ca if you wish to attend- all members are encouraged and welcome to do so.

Fairview Public Skating

Sunday, February 19, 1:00pm-2:00pm  
Sunday, March 26, 1:00pm-2:00pm  
Fairview Community Building, Arena  
Bring your friends, family and helmets! Please ensure you use the assigned dressing rooms to change your skates. Do NOT change your skates or walk with skates on the aluminum bleachers - if there is significant damage due to people wearing skates on the bleachers, then we may lose the privilege of hosting public skating events.

Fairview Shinny

Sunday, February 19, 2:15-3:30 pm  
Sunday, March 26, 2:15-3:30 pm (Final for the season!)  
Fairview Community Building, Arena  
Email dave.eisenbart@fairviewcommunity.ca for more details and to get your name on the invite list:

Fairview Wine & Cheese Event

Saturday, March 18  
Save the Date for our 2017 edition of Fairview’s Wine & Cheese! To pre-order your tickets to this event, email Melody at melody.eisenbart@fairviewcommunity.ca or phone 403-454-8327. Full details to follow in March’s newsletter and our website.

Fairview Membership Drive

April 2 to April 9  
Fairview Community Neighbourhood  
Mark your calendars for this year’s membership drive from April 2 to 9. Volunteer to help build our community through canvassing your neighbours to buy a membership in our fabulous association. You can also help by purchasing your annual membership to show your support! Check this month’s membership article for more details.

Got an idea for a Community event?

Contact any Board member, or our Secretary, to be put on the agenda at any Board meeting.

EDITOR’S MESSAGE

The Fairview Community Association is gearing up for another busy spring in our community. As usual at this time of the year, we are working on sorting out the details for the Spring Cleanup Events coming in late April to mid-May. This will be an “on” year for our Hazardous Waste Roundup in conjunction with our annual Bottle Drive. Look for more details in the coming months.

We are super excited to welcome the return of our Wine & Cheese event on March 18th. We last held this event in February of 2015 so it is overdue! Make sure you get your tickets fast as this event is sure to sell out again. Pre-order information is included in this newsletter with full details coming in March.

Our Fairview Public Skating continues to be a success with lots of people attending our January skate. Our Shinny Hockey program also remains popular with a typical 20-25 players at each event. Feedback has been overwhelmingly positive from those playing and we continue to try to make it better every year.

And our very successful annual Membership Drive is coming up on April 2-9. Consider helping us sell memberships to your neighbours. This is a very rewarding experience and a chance to meet (or catch up with) your neighbours and help build our important membership.

We can always use local Fairview photos of places, cool sightings and people of Fairview for our newsletter cover. Contact news@fairviewcommunity.ca if you have any high-res photos that might be suitable!

Hoping the warmer-ish weather is here to stay!

Active Learning  
Programs Ltd.  
Open House February 12, 2017  
1:00 p.m. - 4:00 p.m.  
French Immersion Preschool  
(some Transportation provided)  
Out of School Care for Acadia, Fairview & Lake Bonavista Schools  
403.473.0600 | www.activelearningprograms.ca  
2 - 430 Acadia Dr. SE, Calgary, AB

# Upcoming Membership Drive

**Announcing our upcoming 2017 Membership Drive for 2017-2018 memberships**

**Alert!** Our annual **2017 Membership Drive** is scheduled for **April 2 to 9, 2017**. This is the time when our fantastic volunteers canvass our entire community to sell Fairview Community Association memberships for the bargain price of \$15.

If you would like to purchase a 2017-2018 membership before the drive, please feel free to fill out the registration form in this newsletter or pay conveniently through PayPal - instructions are on our website at [fairviewcommunity.ca](http://fairviewcommunity.ca).

**We can always use more volunteers to lighten the load for our wonderful team of volunteers!** This is an excellent chance to meet neighbours in your area or catch up with old friends and get some exercise and fresh air! Please email Pat Hirsche at [membership@fairviewcommunity.ca](mailto:membership@fairviewcommunity.ca) - we will welcome you to the team.



## Community Outdoor Soccer Registration

### Heritage Soccer Association

4 to 11 years old as of Jan 1/2017 (U6 – U12)  
Up to 4 years old as of Jan 1/2017 (U4)

Chinook Park, Kelvin Grove, Eagle Ridge, Mayfair, Bel-Aire, Kingsland, Meadowlark Park and Fairview community members

Tuesday, March 14, 7:00 pm to 8:30 pm  
Saturday, March 18, 10:00 am to 12:00 pm  
CKE Community Centre (1015 - 73<sup>rd</sup> Ave. S.W.)

**Registration fee \$40 (U6-U12), \$10 (U4)**  
**Community membership required.**  
**Bring your membership card!**

League runs May 2 – June 22, Tuesday and Thursday

Evenings at Chinook Park School playing fields.

The league is run by volunteers and we are in need of coaches. If you can help full-time, part-time or occasionally, please sign up to coach!

**Soccer Coordinator email:** [CKEHeritageSoccer@gmail.com](mailto:CKEHeritageSoccer@gmail.com)

# Save the Date!

The Fairview Wine & Cheese event is back for 2017! This elegant evening of wine (and beer), cheese, food, door prizes, raffle, silent auction and great neighbourly socializing will be held on Saturday March 18<sup>th</sup>, 2017 in the evening. To pre-order your tickets to this event, email Melody at [melody.eisenbart@fairviewcommunity.ca](mailto:melody.eisenbart@fairviewcommunity.ca) or phone 403-454-8327. Tickets can be purchased for \$25 each or exchanged for a \$25+ bottle of wine to be raffled off at the event. Full details to follow in March's newsletter.



## Do you think Fairview is the Best Neighbourhood in Calgary?

The Avenue Best Neighbourhood Survey for 2017 Is Now Open.

For the eighth consecutive year, Avenue magazine is asking Calgary residents to express their opinions in the Best Neighbourhoods Survey at [AvenueCalgary.com/survey](http://AvenueCalgary.com/survey). The survey takes less than 10 minutes to complete and closes on February 28, 2017.

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### Calgary Midnapore Federal Liberal Association

#### Results from the Trudeau Government

- ✓ Trans Mountain and Line 3 Pipelines Approved
- ✓ \$75 Million Invested in the University of Calgary
- ✓ \$1.53 Billion Committed to Green Line
- ✓ \$251 Million in Stabilization Payments to Alberta
- ✓ \$10.5 Million Invested in Flood Mitigation

Did you know that it is now free to join the  
Liberal Party of Canada?

Sign up at [Liberal.ca](http://Liberal.ca)

Interested in getting involved?  
Follow the Calgary Midnapore Federal Liberal Association  
on social media or email us at [lpccymidnapore@gmail.com](mailto:lpccymidnapore@gmail.com)  
Facebook: [@lpcymidnapore](https://www.facebook.com/lpcymidnapore) Twitter: [@lpcymidnapore](https://twitter.com/lpcymidnapore)

Authorized by the Official Agent for the Calgary Midnapore Federal Liberal Association



## FAIRVIEW INFORMATION



### OUR VISION

To promote and enhance a healthy, safe and productive environment for the residents of Fairview by providing access to programs, services and information, all while establishing a sense of community identity and belonging.

### BOARD OF DIRECTORS

President	VACANT
1st Vice	Dave Eisenbart 403-454-8327 vp1@fairviewcommunity.ca
2nd VP	Vanessa Hanel 403-808-6878 vp2@fairviewcommunity.ca
Treasurer	Bonnie Briand 403-998-8933 treasurer@fairviewcommunity.ca
Secretary	Carah Scherwitz 403-301-5223 secretary@fairviewcommunity.ca

### DIRECTORS AT LARGE

Pat Hirsche	403-259-4341
Melody Eisenbart	403-454-8327
Robert Isaac	403-355-5335
Elizabeth Duerkop	403-245-9346
Kara Fredrickson	403-999-5572
Stacey McDougall	403-474-1305
Joanne Norton	403-474-1326
Regan Klyn	403-698-1566

### COMMUNITY SERVICES CONTACTS

- Police Non-Emergency Services (Dist 6) 403-567-6600
- Community Liaison Officer: Cst. Henry Robinson #4196
- 403-567-6600, pol4196@calgarypolice.ca
- Community & Neighbourhood Services, South Area: 311
- www.welcomewagon.ca, 1-844-299-2466
- www.calgaryyouthjustice.com, 403-261-9861
- Fairview Arena 403-452-3082 www.fairviewarena.com
- In-Definite Arts 403-253-3174 www.indefinitearts.com

### GOVERNMENT REPRESENTATIVES

#### Councillor, Ward 9

Gian-Carlo Carra  
ward09@calgary.ca • www.carra4ward9.ca • 403-268-2430

#### MLA, Calgary-Acadia

Brandy Payne, NDP  
Calgary.acadia@assembly.ab.ca • 403-640-1363

### FAIRVIEW IN FOCUS

Fairview in Focus is published monthly by Great News Publishing and delivered by Canada Post to all Fairview homes.

The opinions expressed within any published article, report or submission reflects those of the author, and should not be considered to reflect those of the Fairview Community Association. The information contained in this newsletter is believed to be accurate, but is not warranted to be so. The Community Association does not endorse any person or persons advertising in this newsletter, and publication of these ads should not be considered an endorsement of any goods or services.

**Submission Deadline:** 10th of the month for the next month's news.

Comments, questions and submissions are always welcome.

**Editor Email:** news@fairviewcommunity.ca  
**Mail:** Fairview Community Association  
Box 78053, 383 Heritage Dr SE  
Calgary, AB T2H 2Y1  
403.252.5424  
**Messages:** office@fairviewcommunity.ca  
**Email:** office@fairviewcommunity.ca  
**Website:** www.fairviewcommunity.ca

## EDITORIAL CONTENT DEADLINE

**10th** news@fairviewcommunity.ca  
of each month for  
the next month's  
issue



## Skate with Santa Wrap-up!

Thank you to everyone that came out and joined us for Skate with Santa in December! It was another successful event with an exceptional turnout to both the crafting event at In-Definite Arts and our skating at the Arena. Kids loved the beanbag snowman craft, colouring contest and enjoying hot chocolate and cookies provided by In-Definite Arts. Congratulations to all our winners of the colouring contest!

After crafts everyone found Santa downstairs skating, and he was joined by a lovely, large group of community members, with over 100 people on the ice over the hour.

We would like to thank our amazing partners for this event: In-Definite Arts and the Fairview Women's Hockey Arena Society. We would also like to thank Josh, Kidsport's Skate Shack, all of the volunteers and the Fairview Social Committee for their help with the event. Santa hopes to see you again next year!





## SCHOOL INFORMATION

### Calgary Board of Education

403-294-8255  
www.cbe.ab.ca

### Acadia School

9603 - 5 Street SE  
403-777-8440  
schools.cbe.ab.ca/b300

### Fairview School

7840 Fairmount Drive SE  
403-777-7900  
schools.cbe.ab.ca/b633

### Juno Beach Academy

315 - 86 Avenue SE  
403-777-7210  
schools.cbe.ab.ca/b872

### Le Roi Daniels School

47 Fyffe Road SE  
403-777-6420  
schools.cbe.ab.ca/b320

### Lord Beaverbrook High

9019 Fairmount Drive SE  
403-259-5585  
schools.cbe.ab.ca/b850

### Sam Livingston School

12011 Bonaventure Dr. SE  
403-777-6890  
schools.cbe.ab.ca/b354

### Willow Park School

343 Willow Park Drive SE  
403-777-6900  
schools.cbe.ab.ca/b331/

### David Thompson School

9320 Arbour Crescent SE  
403-777-7470  
schools.cbe.ab.ca/b641



### OTHER SCHOOL INFORMATION

#### Alberta Education

780-644-5752  
education.alberta.ca/  
apps/schoolsdir/

#### Calgary Catholic School District

403-500-2000  
www.cssd.ab.ca

#### Bishop Grandin

111 Haddon Road SW  
Phone: 403-500-2047  
www.cssd.ab.ca/bishop  
grandin

#### St. Cecilia

610 Agate Cres. SE  
Phone: 403-500-2040  
www.cssd.ab.ca/  
stcecilia/

#### St. Matthew

416 - 83 Avenue SE  
Phone: 403-500-2030  
www.cssd.ab.ca/  
stmatthew/

Submit your school news  
to news@fairview  
community.ca.

## TUESDAY EVENING SPECIAL

1 HOUR BOWLING  
\$30/LANE 8-9 PM



16 Lanes | 5 Pin Bowling

**GLOW BOWL**

Friday - Saturday - Sunday

7640 Fairmount Drive SE

Call for reservations 403-255-0101

Licensed Facility

## TRICO CENTRE OUT OF SCHOOL CARE PROGRAM

- COMPETITIVE PRICING
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- ACCREDITED AND LICENSED
- WIDE RANGE OF ACTIVITIES:

crafts, games, gym time, swimming,  
skating, field trips, and more!

#### GRADES 1 TO 6

#### SERVICE TO (INCLUDING PICK-UP/DROP-OFF IN OUR TRICO BUS)

Acadia Elementary School David Thompson Middle School  
Sam Livingston Elementary FFCA (Alice M. Curtis) SE Elementary School  
FFCA (Andrew Davidson) South Middle School St. William Elementary School  
Open to other schools if parents can provide transport



Trico Centre for Family Wellness  
11150 Bonaventure Drive SE  
www.tricocentre.ca  
403-225-5553

Mention  
this ad and get  
\$50 towards the  
cost of  
field trips!



Guides  
Canada

# BLACKFOOT DISTRICT



### Happy Thinking Day!

2017 So what is this Thinking Day? World Thinking Day -February 22nd- is the joint birthday of Lord and Lady Baden-Powell the founders of Boy Scouts and Girl Guides. World Thinking Day gives Girl Guides and Girl Scouts the world over the chance to reflect and show camaraderie with their sisters in far flung places. Units will hold parties or special events in celebration of Thinking Day and raise funds for the CWFF (Canadian World Friendship Fund). These funds will go to WAGGGS (World Association of Girl Guides & Girl Scouts) for development of programs in other countries.

Blackfoot District will be hosting a bridging roller skating night at Lloyd's Recreation for all its members. This is an event sure to be filled with spins and thrills- can you do the Hokie-Pokie on roller skates?

The Spark units will be visiting the fire hall, celebrating Valentine's Day with cupcakes and cards, and learning about Guides from around the world.

The Brownie units will be working on Keys, sleeping over at Telus Spark & the zoo, celebrating Thinking Day through games, songs, dances and crafts from our sister Guiding countries.

The Guide units will be learning about the 4 World Guiding Centres by participating in activities from Mexico (Our Cabana), India (Sangam), Switzerland (Our Chalet) and England (Pax Lodge) in celebration of Thinking Day.

The Pathfinder & Ranger units will be winter camping, snowshoeing, making birthday boxes for the food bank and will be attending STEM Day at U of C.

Guiding is a great place to build new friendships and experience new challenges. Why not give us a try.

If you have any questions regarding Guiding or registration please contact

Calgary Area Girl Guides at 403-283-8348 or  
ggcinfo@calgarygirlguides.com.

**Girl Greatness Starts Here**

# Mayfair Taxi

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403 255-6555 / 403 221-8294



# SENIOR'S RESOURCES

Who to call?	There are many resources and services for seniors in Calgary
403-287-3510	Outreach services (for adults 65+) for South communities
403-705-3246	The Kerby Centre can provide information on a range of services from grocery delivery, housing, counselling, disability services, to home care
403-264-7700	24-Hour Seniors' Help Line – There is always someone to take calls from concerned citizens who have identified seniors they believe are at risk or could use a helping hand
2-1-1	Information and referral to Calgary area community, government and social services
1-877-644-9992	Alberta Seniors Info Line
www.seniors.alberta.ca	Senior resources, information and groups in the Calgary area

Copies of the Seniors Directory of Services are available at your local library, local grocery stores or the Community & Neighbourhood Services South Area office (502 Heritage Drive SW).



### Calgary FLC Seniors Club

Trico Wellness Centre, 11150 Bonaventure Dr SE  
Hugh Phelan  
403-271-8389, [www.flcseniors.ca](http://www.flcseniors.ca)  
55+, Email [flcmembership@yahoo.ca](mailto:flcmembership@yahoo.ca)

### Heritage Seniors

703 Heritage Dr. S.W.  
Info: 403-236-7018  
50+ Wheelchair accessible, 4 days per week, various activities  
Email [ekozbial@telusplanet.net](mailto:ekozbial@telusplanet.net)

### Calgary Music Makers

Fairview Baptist Church 230-78 Ave SE  
P: 403-245-4115 or 403-201-9138  
[emarwood@gmail.com](mailto:emarwood@gmail.com)  
[www.calgarymusicmakers.ca](http://www.calgarymusicmakers.ca)  
50+ Choir, Mixed voices. 9:30am Thursday practices

### Inglewood Silver Threads Association

1311 9 Ave SE  
Phone: 403-264-1006  
55+, Hours: 9:30 am-2:00 pm, Wheelchair accessible,  
Email: [silthreads@canada.com](mailto:silthreads@canada.com)

### Cedarbrae Senior Go-Getters

Flr 2-4885 Hubalta Rd SE  
Phone: 403-288-3371  
55+, Hours: 12:00-2:30 pm  
Wheelchair accessible

### Know Your Neighbour Club

1-10601 Southport Rd SW  
Phone: 403-225-2362  
Email [hcdoug@telus.net](mailto:hcdoug@telus.net)  
55+, Wheelchair accessible

### Forge Senior Citizens Club

Flr 2-4885 Hubalta Rd SE  
Phone: 403-288-3371  
55+, Hours: 12-2:30pm, Wheelchair accessible

### McDougall United Church - Heritage Time Out

8516 Athabasca St SE, P: 403-252-1620  
All ages. Wednesdays 9-11am, Drop-in and enjoy quilting, knitting, card making, and more! For more information, email [timeouteritage@gmail.com](mailto:timeouteritage@gmail.com).

### Haysboro Senior Resources Group

Dorothy  
P: (403) 255-7438 [d.block@shaw.ca](mailto:d.block@shaw.ca)  
Meets monthly, speakers, information sessions, entertainment, and usually one bus trip.

### South Fish Creek 50+ Drop In

100-333 Shawville Blvd SE, P: 403-201-8652  
Email: [sonya@sfcra.com](mailto:sonya@sfcra.com) [www.sfcra.com](http://www.sfcra.com)  
Fri: 9am-12:00pm, Wheelchair accessible.

If you would like your group or event listed, please email us at [news@fairviewcommunity.ca](mailto:news@fairviewcommunity.ca).



**Life.**  
We don't  
want you  
to miss it.™



Life's best moments aren't the big ones. They're the billions of little ones. The simple ones we miss the most after they're taken from us. And then it's too late. That's why we love life. And that's why we're doing everything possible to make sure you don't miss it.

See how at [heartandstroke.ca](http://heartandstroke.ca)

PRE-SCHOOL, PLAYGROUPS, CHILD CARE INFORMATION



PRE-SCHOOLS

Active Learning Programs Ltd.

#2, 430 Acadia Dr. SE  
Phone: 403-473-0600  
Ages 19months to 5 years  
Regular, Advanced, Bilingual  
Before & After School Care  
www.activelearningprograms.ca

Haysboro Community Centre

1204-89th Ave SW  
P: 403-253-1563  
Parent run, 3/4 yr olds  
www.haysboro.org/haysboro-pre-school/

Mapleridge Cooperative Preschool

600 Acadia Drive SE  
P: 403-278-9594  
Ages 3 & 4  
www.mapleridgepreschool.com

Willow Park Preschool

680 Acadia Drive SE  
Phone 403-271-7016  
Ages 3 & 4  
www.willowparkpreschool.com/

Kingsland Community Preschool

505 78 Ave. SW  
403-258-1308  
Ages 3 & 4  
www.kingslandcommunitypreschool.com

PLAYGROUPS

Acadia & Fairview Families

240-90th AVE. SE  
Free, Tuesdays 9:30-11am  
www.facebook.com/groups/135018999849983/

Haysboro Community Centre

1204-89th Ave SW  
P: 403-253-1563  
Tot Time, Mondays 9-11am  
www.haysboro.org/

Southwest Communities

Resource Centre -Parent Talk  
#42, 2580 Southland Drive SW  
P: 403-238-9222, info@swcrc.ca  
Thursday mornings, 10:30am-12pm.

Southland Leisure Centre

2000 Southland Drive SW  
P: 403-648-6550  
Drop-in/Registered Ages 2-4  
www.calgary.ca/CSPS/Recreation/Pages/Leisure-centres/Southland.aspx

McDougall United Church

8516 Athabasca Street S.E  
Heritage Time-Out  
Wednesdays 9-11am  
timeoutheritage@gmail.com

CHILD CARE

Acadia & Fairview Families

240-90th AVE. SE  
Free, Tuesdays 9:30am-11:00am  
www.facebook.com/groups/135018999849983/

Jackie's Day Home

Private day home  
P: 403-831-4419  
Email: jackieboechler@icloud.com

Calgary AfterSchool

Opportunities for children and youth ages 6 to 16, Monday to Friday, between 3 and 6 pm. Visit www.calgary.ca/afterschool.

www.DaycareIQ.com is a Calgary based website that helps parents find child care in their community.

Your listing could be here! Email news@fairviewcommunity.ca

Fairview Community Association makes no representations about the suitability, reliability, timeliness, and accuracy of the playgroups, pre-schools and/or childcare provided and we do not assume any responsibility for the accuracy or reliability of this information. The Fairview Community Association does not assume and expressly disclaims any liability that may result from the use of this information.

RELIGIOUS ACTIVITIES

Fairview Baptist Church

230 - 78 Ave SE - P: 403-252-1704  
Visit www.fairviewbaptistchurch.ca  
E-mail info@fairviewbaptistchurch.ca  
Camp affiliation: whisperingpinesbiblecamp.com  
Fairview Baptist Church welcomes you to a traditional morning worship service Sundays at 11am. Sunday school at 9:30am.

Do You Love to Sing?

Sing With the Calgary Music Makers Seniors! Everyone's Welcome. Rehearsals are at 9:15 am, every Thursday morning at the Fairview Baptist Church, 230 78th Ave SE. For more information, call 403-245-4115 or 403-201-9138 or email emarwood@gmail.com.

McDougall United Church

8516 Athabasca Street SE - P 403-252-1620  
www.mcdougalluc-calgary.net  
Services held every Sunday beginning at 9:50am

Heritage Time-Out: Wednesdays, 9-11 am. Enjoy quilting, knitting, card making, and more! Register to come each week or just drop-in. Baby sitting for tots and special rates for seniors. For more info email timeoutheritage@gmail.com

St. Andrews Presbyterian Church

703 Heritage Drive SE - P: 403-255-0001  
Our regular hours of Sunday worship are 9:30 A.M. and 11:15 A.M. Child care for infants up to three years old is available at both Sunday morning services. Parking can be found in our own lot, at the YMCA next door, or on neighbouring streets.

St. Andrew's hosts the Southern Sudan Christian Church. This worship community meets on Sunday afternoons at 1:30 P. M. for services in the Nuer language. St. Andrew's endeavours to be a community supporting these people within our midst.

The Church of Jesus Christ of Latter Day Saints

940 Acadia Drive SE, Phone: 403-720-8066  
Sacrament Services are Sundays at 9am & 1pm

Lighthouse Church

9827E Horton Road SW  
P. 403-640-2099  
www.calgarylighthouse.com  
frank@calgarylighthouse.com  
Interdenominational - Charismatic Worship, Sunday Worship at 10:30 am at, Staff Pastor: Frank Amantea

The Four12 Youth Centre is a free weekly drop-in event for youth aged 13-17 in the Calgary communities of Haysboro, Willow Park, Acadia, Fairview and Southwood. The Youth Centre offers video games, board games, monitored internet stations, movies on the big-screen, foosball and air hockey. Open every Friday from 7-10pm, to youth of any background, culture or belief system. Contact us or email Four12@calgarylighthouse.com.

Calgary World Harvest

680 Acadia Drive SE - P: 403-873-1329  
www.calgaryworldharvest.com

"A place where you're not an accident waiting to happen, but a destiny waiting to be fulfilled"

Meets every Sunday 11am.

Balm of Gilead Evangelistic Ministries

2, 7640 Fairmount Drive SE - P: 403-453-0447  
www.greater-works.org  
info@greater-works.org

Services: Evenings 7-9pm, Sunday 10am - noon, First Friday of the month all night prayer service 9pm - 1am.

Email us at news@fairviewcommunity.ca to include your news and events!

BRAIN GAMES SUDOKU

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FIND SOLUTION ON PAGE 23

# PLUMBER

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# Accountant

## Stanley Doherty, CPA, CMA

#8-20 Douglas Woods Dr. SE, Calgary, AB T2Z 1K4  
Beside Swifties Bakery and Centex Gas Station on Douglassdale Blvd

**dohertysb@shaw.ca**  
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BEFORE



AFTER



BEFORE



AFTER



BEFORE



AFTER

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in McDougall United Church

8516 Athabasca St SE,

(no religious content/ non-denominational)

Artisans in quilting, knitting, crocheting, card making, as well as a "do-as-you-wish" table meet to learn and practice their art in a community setting. No experience is required. Come and learn from instructors, obtain advice, but mostly enjoy the company of women across the ages, make friends, and have a personal time out!

Wednesday mornings, 9:00 – 11:00 a.m.

Next session January 7 - March 22

Registration preferred, but drop in is available, babysitting supplied. Please contact Lori at McDougall United Church 403-252-1620.

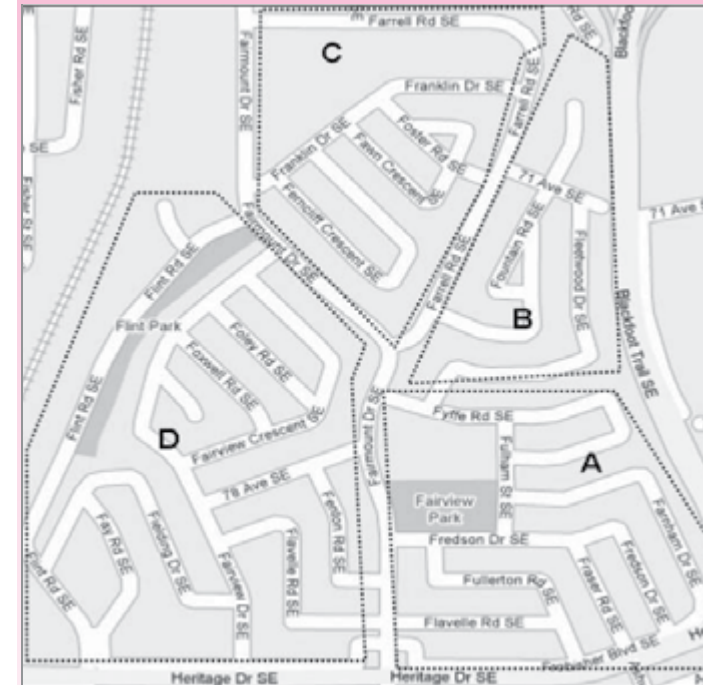
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403.668.6402

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

## YOUTH DIRECTORY - SUPPORT FAIRVIEW YOUTH!



Youth are listed including their area of residence. Some youth may be willing to provide services in other areas of our community. Contact them directly to check on availability. Get on the list by sending your contact information to [news@fairviewcommunity.ca](mailto:news@fairviewcommunity.ca).

Youth first names and phone numbers are listed according to service provided and youth area of residence. Fairview Community Association accepts no responsibility as a regulatory body and does not endorse or screen any of the people who are listed in or who use this directory. This information is used in the Fairview Community 'In Focus' newsletter and Fairview in Focus online newsletter and can be discontinued upon request. Call 403-252-5424 or email [news@fairviewcommunity.ca](mailto:news@fairviewcommunity.ca) to add, modify or delete your information from this listing.

### BABYSITTERS

- Emily, 403-640-4458, Area B
- Quinlan, 586-436-4877, Area B
- Madeleine, 403-270-2342, Area B
- Sarah, 403-640-4458, Area B
- Rhiannon, 403-253-0330, Area C
- Caitlin, 403-245-3428 Area D
- Emily, 587-707-9923, Area D
- Emma, 403-212-1040, Area D

- Kaitlyn, 403-274-4692, Area D

- Gina, 403-249-3801, Area D
- Nia, 403-804-0631, Area D
- Nadia, 587-830-6556, Area D

### PET SITTERS

- Milla, 403-452-1634, Area A
- Rhiannon, 403-253-0330, Area C
- Emily, 587-707-9923, Area D
- Emma, 403212-1040, Area D

### SNOW SHOVELERS NEEDED!

Email [news@fairviewcommunity.ca](mailto:news@fairviewcommunity.ca) to sign-up today!



## Valentine Chocolate Trivia

Richard Cadbury produced the first box of chocolates for Valentine's Day in the late 1800s. Today, over \$1 billion worth of chocolate is purchased for Valentine's Day in the U.S. per year.





## MEMBERSHIP

Your community association is a group of volunteers who work to make your community a great place to live for residents of all ages. You can become involved with your community association in two important ways:

**a) Become a member** – when you purchase a membership in your community association, your dues are used to offer you and your neighbours many programs and activities.

**b) Become a volunteer** – Community Associations rely on volunteers to make things happen. There are many ways you can volunteer to make your community a more enjoyable place to live. At the same time you will make new friends and learn skills.

## A GOOD REASON TO JOIN TODAY!

**Community Newsletter:** The community association communicates to the residents the activities, programs and services that are happening in the community through a regular newsletter.

Membership forms and payment can be dropped off at the Fairview Arena mail slot, mailed to Box 78053, 383 Heritage Dr SE, Calgary, AB T2H 2Y1 or purchased online at [www.fairviewcommunity.ca](http://www.fairviewcommunity.ca).

Complete the below form and include with your payment:

**March 1, 2017 to February 28, 2018**

Membership Fee: \$15 per Family (Up to two registered adults and any number of children under the age of 18 living at the same residence). Please make cheques payable to: Fairview Community Association.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

I am interested in volunteering: ☐ Yes ☐ No

I am interested in receiving updates by email: ☐ Yes ☐ No



## Trivia

## Groundhog Day

Groundhog Day, celebrated on February 2, came about because of a German superstition. They thought if a hibernating animal cast a shadow on February 2nd that winter would last for another six weeks. If there was no shadow, spring would come early.



Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see [www.tricocentre.ca](http://www.tricocentre.ca) to find out more.

## February at Trico Centre

Trico Centre for FamilyWellness is a non-profit, community-owned and operated recreation facility. Our passes are affordable and our programs are family-friendly. With a pass, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs. Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre pass with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

## Recession Busters

- The Trico Cares program offers fee assistance for passes and admissions. Plus, we have partnered with organizations that offer fee assistance for programs (Canadian Tire Jumpstart, KidzFirst, and KidsSport.) See [www.tricocentre.ca](http://www.tricocentre.ca) for details.
- Affordable swim specials: 8:30-9:30pm Monday to Saturday, just \$3/person. Sundays 6-8pm, Family Night Swim, \$3/person.
- Swim specials: Early bird 50% off admission and last hour swim special for \$3/person. Parent and Tot swim \$6/parent; \$1/tot aged 2-6. See [www.tricocentre.ca](http://www.tricocentre.ca) for schedule.

## Did You Know?

- Refer a new passholder and get a free month on your pass!
- Buy a new pass and receive a coupon for up to \$50 off a program, personal training, or a daily/ 10-visit pass for friend/family.

## Adults

- Focus on your specific goals in a 6-week, small-group (max of 4 participants) setting. Choose from Focus on Fat-Burning, Focus on Learning the Basics, Focus on Power Lifting, Focus on Strength Training Design, or Focus on Healthy Back and Joints. Register at [www.tricocentre.ca](http://www.tricocentre.ca).
- Learn how to stop the chatter of your mind and relax your body with our Mindful Relaxation Intro Workshop February 4, 2 – 3:30pm.
- Maximize your mobility and reduce pain with Myofascial Stretch and Release. This 6-week registered



class runs Tuesdays 5:30-6:30pm starting February 21 or Thursdays 9:15-10:15am starting February 23.

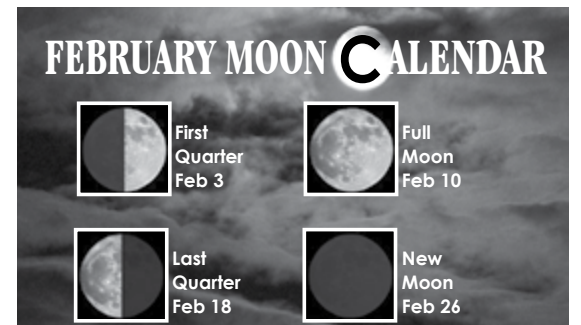
- Trico Centre now provides emergency response certification courses. This month, CPR C/AED recert & First Aid/CPR full recert on February 4. Wilderness & Remote First Aid covers material in Standard First Aid & CPR, plus special material on techniques for wilderness & remote areas. Part of the class is taught in an outdoor setting. February 11 and 12, 8am – 6pm.

## Families

Family Day Event: Join us for SHINE FM and Trico Centre's Funderful Family Day Celebration, Monday February 20 from 10am to 2pm. Admission to the event is free. There will be lots of cool activities including a free family leisure skate, hot chocolate bar, and Storytime Theatre. Plus, a swim in the wave pool is just \$2 per person.

## Children & Youth

- Mindfulness for Youth Workshop (8-12 years with parent.) You and your child will learn techniques that will achieve life- long calming strategies. February 4, 12-1:30pm.
- Preschool Drop-Ins: Drop-In Gymnastics (Monday 9:30-10:30am and 10:45-11:45am, Wednesday 11:30am-12:30pm.) Drop-In Playtime (Tuesday and Fridays 9:30-11:00am) and Drop and Go (Saturday and Sunday 9am-12pm.) See [www.tricocentre.ca](http://www.tricocentre.ca) for schedule and details.







# Take Control Of Your Heart Health

As many as 9 in 10 Canadians have at least one risk factor for heart disease and stroke. While some risks are outside of our control, up to 80% of premature heart disease and stroke is preventable through lifestyle choices that can reduce key risk factors.

You can take control and decrease your own risks by making small, healthy changes in your daily routine. Making changes is always challenging. Your health-care team can help you figure out what risk factors you should focus on first and set goals that you can reach.

## Maintain a healthy weight

If you are struggling with your weight, you're not alone. Over 60% of Canadian adults are overweight or obese. By achieving and maintaining a healthy weight and waist, you can significantly reduce your risk for heart disease and stroke, and help control other conditions such as high blood pressure, high blood cholesterol, and diabetes.

## Maintain a healthy diet

The foods you eat affect your health. Start by making sure you eat five or more servings of fruit and vegetables every day to get you on track to a healthier diet.

## Stay active

People who are NOT active have double the risk of heart disease and stroke as well as increased risk of diabetes, cancer, and dementia. Being active helps your heart, brain, muscles, bones, and mood.

Working towards 150 minutes of moderate to vigorous activity every week is one of the most important things you can do for your health. And if you already have heart disease, regular activity is one of the best ways to make a good recovery.

## Choose to not smoke

Smoking contributes to the buildup of plaque in your arteries, increases the risk of blood clots, reduces the oxygen in your blood, increases your blood pressure, and makes your heart work harder. You might be afraid that quitting will be too hard, but there is lots of help available when you are ready.

## Reduce Stress

Stress is a part of life for just about everyone. Sometimes it's not easy to recognize stress because we are caught up in the flow of life. Although stress happens first in the mind, it has strong effects on the body, such as higher cholesterol or blood pressure levels.

## Control alcohol consumption

How much and how often a person drinks alcohol are key factors that increase or decrease health impacts. Canada's Low-Risk Alcohol Drinking Guidelines provide guidance on risky drinking patterns, including avoidance of alcohol in pregnancy. Low risk does not equal no risk. Whenever unsure, always consult your health-care provider.

Find more information, resources, and health tools at [heartandstroke.ca](http://heartandstroke.ca)

## IN & AROUND CALGARY

### Southland Leisure Centre

403-648-6576

#### *MEND Mind, Exercise, Nutrition...Do it!*

Child obesity is a significant issue in Alberta. There is substantial evidence linking obesity to preventable chronic diseases and psychological impacts on children. MEND is a community, family-based healthy lifestyle program. These programs are provided at NO COST to participants and provide a comfortable environment for families to interact and learn how to make healthy lifestyle choices. The program will provide you with the tools and support you need to help you and your family transition to a healthier lifestyle. Ages 2Y – 4Y: A 10 week healthy eating and activity program for families.

#### Southland ProShop

"Did you know Southland Leisure Centre has a Proshop? We have a great selection of swimsuits for all ages. Proshop sharpens skates using the Blackstone Stealth Skate Sharpening machine, CHECK US Out"

#### Friday Night Dance Party at Southland Leisure Centre – February 24 from 7:15-10:00pm.

Admission to the Party includes a dance lesson (primary movements, rhythmic structure, posture, leading and following), social dance, as well as refreshments. No Partner Required!

#### Family Valentine's Crafts & Cookies

Tuesday, Feb 14 - 9:30 a.m. – 11:30 am and 6:30 p.m. – 8:30 p.m. – Family Valentine's Crafts & Cookies at Southland Leisure Centre

Celebrate family month and Valentine's. Make some Valentine's crafts for your family and friends and enjoy some light refreshments. Drop-in to our lobby!

**Family Day Week-end Climbing & Gymnastics Drop-in**  
Sunday, Feb 19 – 3-5 p.m. – Family Day Week-end Climbing & Gymnastics Drop-in at Southland Leisure Centre. The whole family is welcome to our special Family Day week-end Climbing (Indoor rock Climbing) and Gymnastics Drop-in.

#### Drop-in Climbing and Gymnastics at Southland Leisure Centre

There's so much to do at Southland Leisure Centre!



Come have some fun and unique experiences in our rock wall climbing and gymnastics gym drop-in times. All equipment is provided and instructors are present to guide you.

#### Drop-in Badminton and Basketball, Soccer, Pickleball at Southland Leisure Centre

Please see [calgary.ca/recreation](http://calgary.ca/recreation) or contact 311 for the latest schedules as cancellations may be in effect for special events or holiday hours.

#### Every Sunday, 8 am to noon. Family Swim at Southland Leisure Centre.

It's a designated family swim time. Come enjoy our waterpark, including a trip or two to the AquaPlay structure. Be prepared to get wet! Adults must be accompanied by a child and all children must be accompanied by an adult. Regular admission applies.

#### Babysitting Room at Southland Leisure Centre

Treat yourself to some 'me time' to workout or take a class. No bookings required for our Babysitting Room.

Mon – Sunday - 08:30am – 12:30pm, Monday-Thursday 04:00pm - 08:00pm

Reasonable rates for a well deserved break!

#### Calgary AfterSchool at Southland Leisure Centre

A FREE supervised drop-in program for youth ages 11-15 during the school year. Come use the pool on Tuesdays and Fridays, and the Sport Hall and Youth Room are open each day! New activities are always introduced and daily snacks are available.

Cost: Free


Ages: 11 – 15

Day: Monday to Thursday, 3 – 6 p.m. and Fridays, 1 – 5 p.m.

Location: Southland Leisure Centre (2000 Southland Dr. SW)

#### Fridays, 7:30 to 10 p.m. Youth Night at Southland Leisure Centre

Friday nights have taken an active twist! Come with your friends and join us in the Sport Hall for a variety of youth exclusive sports including basketball, badminton, dodgeball, soccer and much more. Weekly planned active activities are also available. If swimming is your thing, admission also includes access to public swim in our waterpark. General youth admission applies.



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11150 Bonaventure Drive SE  
[www.tricocentre.ca](http://www.tricocentre.ca)




**Sharing books and loving feelings!**

In February, with the celebration of Valentine's Day, thoughts turn to love and other kind feelings. February 14th is also International Book Giving Day which is a volunteer-led initiative that aims to get books into the hands of as many children as possible.


**Three ways you might celebrate International Book Giving Day:**

- Gift a book to a child in your life
- Leave a book in a waiting room or at a bus stop for children to read (and keep)
- Donate a new or gently-used book to a local hospital, shelter or to Calgary Reads Book Bank that helps get books into the hands of Calgary children who have few or none of their own at home.

**Our Favourite Book of the Month**

This book is a beautiful way to help children understand their feelings. Borrow a copy from your school or public library and get cozy with your family and talk about and share your feelings.

**In My Heart: A Book of Feelings** by Jo Witek (Author), Christine Roussey (Illustrator)



*Sometimes my heart feels like a big yellow star, shiny and bright. I smile from ear to ear and twirl around so fast, I feel as if I could take off into the sky. This is when my heart is happy.*

Happiness, sadness, bravery, anger, shyness . . . our hearts can feel so many feelings! Some make us feel as light as a balloon, others as heavy as an elephant. In My Heart explores a full range of emotions, describing how they feel physically, inside. With language that is lyrical but also direct, young children will be empowered by this new vocabulary and able to practice articulating and identifying their own emotions.

Calgary Reads helps children learn to read with confidence and joy. This includes helping children in Calgary to have their own books at home; supporting parents and caregivers to help their child develop literacy skills; and engaging businesses and the community to make reading a priority. Explore our website for ways you can support our work. You'll also find resources to help your child develop critical literacy skills and the joy of reading: [calgaryreads.com](http://calgaryreads.com)

## IN & AROUND CALGARY

### February Is Heart Month

Do you know the signs and symptoms of a heart attack and what to do if someone experiences these? Knowing can make the difference between life and death. Recognizing and responding immediately to the warning signs of a potential heart attack can significantly improve survival and recovery.

**February is Heart Month** - take the time to be heart safe and learn how you can reduce your risk.

**Know the signs of a heart attack**  
(Any, or all, of these signs & symptoms may occur)

- Chest discomfort described as crushing, squeezing, pressure, or heaviness;
- Discomfort that moves beyond the chest, such as the shoulder, arm, neck, or jaw;
- Shortness of breath, sweating, or nausea and vomiting.

**Reduce your risk**

Heart attack risk factors include:

- Obesity\*
- Sedentary lifestyle\*
- Smoking\*
- High cholesterol\*
- Age / gender
- Family history

Speak with your doctor about how to treat your modifiable (\*) risk factors and learn to be heart safe.

**What to do when seconds count**

- Call 9-1-1 immediately. Early treatment can greatly reduce heart damage and make the difference of life and death;
- Treatment starts the moment EMS arrives. Paramedics can provide oxygen, start an intravenous and perform an electrocardiogram (ECG);
- Paramedics can also administer important medication(s) in the early minutes of a heart attack to lessen heart damage;
- During transport, EMS will share information with the hospital, so definitive treatment can begin immediately upon arrival;
- Take a CPR/AED (automated external defibrillator) course. Training is widely available from many reputable organizations. It's easy, inexpensive, and only takes a few hours.


## IN & AROUND SCHOOLS

### Mapleridge Cooperative Preschool

We at Maple Ridge Cooperative Preschool will be holding our 2017/2018 Preschool Open House at the school on Thursday, February 2nd from 5:00 to 7:00 pm, and Saturday, February 4th from 10:00 am to noon. You will be able to meet our highly experience teacher Mrs. Marshall and explore the classroom with your child.

The fun will continue this month with Valentine's Day and Family Day approaching. Mapleridge Cooperative Preschool children will be learning about and celebrating friendship, love and family in the classroom. Students will celebrate Valentine's Day with in-class parties filled with cupids, crafts, and crunchy heart cookies! We will also be learning exciting facts about Bears.

If you would like more information about Mapleridge Preschool please contact us by phone at 403-278-9594, by email at [info@mapleridgepreschool.com](mailto:info@mapleridgepreschool.com) or visit the web site at [www.mapleridgepreschool.com](http://www.mapleridgepreschool.com).



## SUDOKU

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2	3	7	6	4	9	8	5	1
5	1	4	8	3	2	7	9	6
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**Councillor, Ward 9**  
**Gian-Carlo Carra**  
 c/o Office of the Councillors  
 PO Box 2100, Stn 'M'  
 Mail Code #8001A  
 Calgary, AB T2P 2M5

Hello Ward 9!  
 I hope that you enjoyed the last couple weeks of 2016.

With the recession that we Calgarians have suffered through for the past two years, it's important that we reflect on what we have, maintain hope for what may be, and roll up our sleeves together and work towards making our neighbourhoods prosper—as we always do.

We have seen our quality of life shaken by the hit to our local economy. As your City Councillor, I have seen and heard about it from you at events, through email, social media, and in one-on-one meetings. Things are tough, but we are still optimistic.

In 2016, your Team Ward 9 supported increasing affordable housing stock for seniors, reformed the secondary suite process, increased the potential space for child care services, lowered property taxes, and removed the "Greenfield" development subsidy for new developments on the edges of our city - decreasing the tax burden on tax payers to the tune of \$6,000 to \$20,000 per residential unit built.

We have also supported moving up the time tables of, and building, infrastructure projects to get Calgarians back to work, and amended the sliding scale subsidy for our less fortunate neighbours to ensure that they do not get left behind as we all tighten our fiscal belts.

I am proud to report that just over 8 out of 10 (82%) Ward 9 residents still say the quality of life in Calgary is good, and that almost 9 out of 10 (88%) residents are proud of the neighbourhood they live. This is the very basis of our upcoming success, as it is this togetherness that will ultimately see us out of the current rut that we are in.

This year, your Team Ward 9 and I will continue to focus on infrastructure, transit and traffic (and congestion), crime, safety, sustainable community growth and planning, and supports for people living in poverty and affordable housing.

I continue to hear you, and work towards creating the environment that will help our friends, families and neighbours flourish.

As always, I encourage you to contact me to let me know what your priorities are. I also encourage you to sign up for our updates at [calgary.ca/ward9connect](http://calgary.ca/ward9connect) to stay in the know.

See you soon and let's make this a great 2017.



**MLA Calgary - Acadia**  
**Brandy Payne**  
 #10, 8318 Fairmount Drive SE  
 Calgary, AB, Canada T2H 0Y8  
 Phone: (403) 640-1363; Fax: (403) 640-2970  
[calgary.acadia@assembly.ab.ca](mailto:calgary.acadia@assembly.ab.ca)

Hi friends and neighbours

You may have heard in the news that last month our Government banned door-to-door sales of household energy products at the beginning of the year.

I am really proud of this decision, which helps protect Albertans from misleading, high-pressure sales.

The Government had received more than 1,000 consumer complaints about energy products and services, including:

- Deliberate misrepresentations,
- Selling products they don't really need,
- Energy contracts not being cancelled upon request, and
- High-pressure tactics

Under these new rules, Alberta has banned door-to-door sales of:

- Furnaces
- Hot water tanks
- Natural gas and electricity contracts
- Air conditioners
- Windows
- Energy audits

Energy companies can continue to sell directly to Albertans, including telephone and online sales, kiosks, and advertising. Consumers are still able to invite salespeople to their homes if they choose, and at the customer's request.

Alberta's *Fair Trading Act* protects consumers from unfair business practices before, during, and after a consumer transaction. Anyone with concerns about door-to-door sales should:

- Call our consumer protection line at 1.877.427.4088, and
- Visit [servicealberta.ca](http://servicealberta.ca) to learn more about their rights

Alberta's Utilities Consumer Advocate website offers tips on buying energy products; helps customer shop around by comparing utility rates online; and explains utility bills. [UCAhelp.alberta.ca](http://UCAhelp.alberta.ca)

Open House Saturday March 28th from 2-4pm. Chat with your neighbours and friends over coffee and a snack. Bring your questions and join the conversation.

As always, my staff and I are here to help and hear your feedback. If you need assistance accessing government programs, want some support for a community event or initiative or just want to say "Hi," you can reach us by email at [Calgary.Acadia@assembly.ab.ca](mailto:Calgary.Acadia@assembly.ab.ca), by phoning 403-640-1363 or visiting #10, 8318 Fairmount Dr SE.

# BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or [sales@great-news.ca](mailto:sales@great-news.ca)

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## Trivia Black History Month



The 21st Black History Month is celebrated this February, it was formally recognized following a motion introduced in the House of Commons by the first black Canadian woman elected to Parliament, the Honourable Jean Augustine.

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