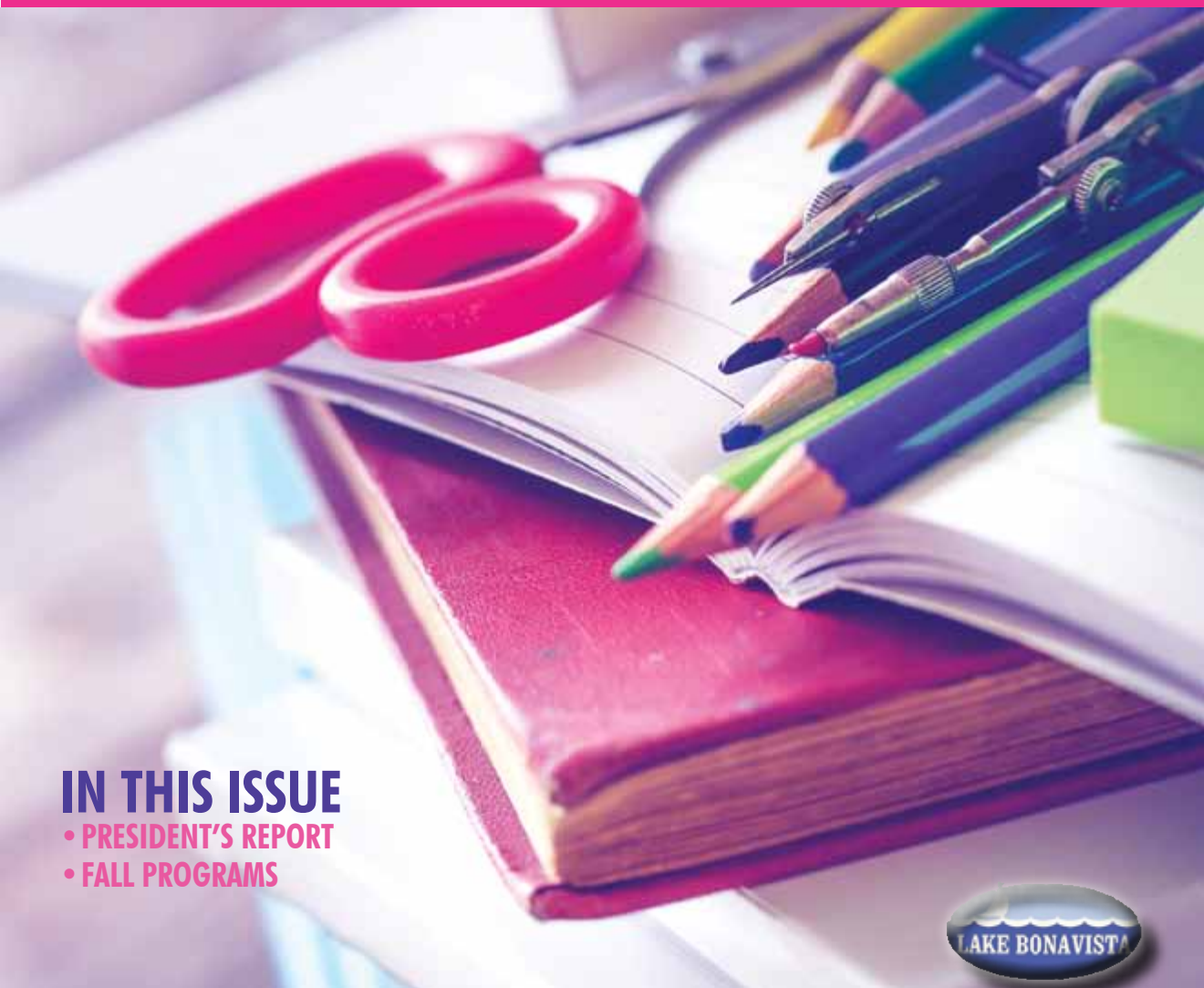
SEPTEMBER 2016 • ISSUE 184 DELIVERED MONTHLY TO 5,900 HOUSEHOLDS

LAKE BONAVISTA BUGLE

THE OFFICIAL LAKE BONAVISTA COMMUNITY NEWSLETTER



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- PRESIDENT'S REPORT
- FALL PROGRAMS

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CAIS

Lake Bonavista Community Association
1401 Acadia Drive SE • Calgary Alberta
Phone 403.271.7107 • Fax 403.278.5169
info@lakebonavistacommunity.com
www.lakebonavistacommunity.com

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REMINDER REGARDING SUBMISSIONS

Submissions due to LBCA office by email at info@lakebonavistacommunity.com or in person M-F 10-4 pm by 1st of prior month i.e. June 1st for July issue.

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L.B.C.A. Office

1401 Acadia Drive S.E. T2J 4C6
Office Phone: 403-271-7107 ■ Office Fax: 403-278-5169
Email: info@lakebonavistacommunity.com
www.lakebonavistacommunity.com

Administrative Office Hours
Monday to Friday ..... 10:00 am – 4:00 pm
Facilities Coordinator.....Ext 225
Tammy Langdon
General Manager
Mary Ann Miller.....Ext 231
Operations Manager.....Ext 227
Patrick Swift
Program / Events Coordinator.....Ext 222
Jennifer Strickland

Lake Bonavista Homeowners Association
Please direct inquiries and concerns related to the LAKE and Park at: 403-271-3333 or
lkbonhm@telusplanet.net

DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Lake Bonavista Community Association and Great News Publishing. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Lake Bonavista Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.

LAKE BONAVISTA COMMUNITY ASSOCIATION

OPERATIONS STAFF

Phone 587-229-7880

To reach Operations staff please phone 587-229-7880

Lake Bonavista Community Association

Lake Bonavista Board of Directors 2015-2016

President	Sheila Taylor
VP Finance	Stuart Parnell
Secretary	Jody Gibson
VP Operations	Craig McGeachie
VP Community Affairs	Myles McDougall
VP Programs	Vacant
Ice Sports Director	Mick Beale
Gym & Field Sports Director (TRICO)	Shawn Kao
Director	Kristi Reinhardt
Director	Janelle Gaudet
Director	Mick Somerwil
Director	Eric Metzler
Director	Gaetan Gobeil
Director	Mike Bradshaw
Past President	Ian Campbell

Lake Bonavista Hockey Contacts 2015/2016

Executive	
Program Leader	Stephanie Christmas president@lbbreakershockey.ca www.lbbreakershockey.ca
VP Operations	Corrina McClement vpoperations@lbbreakershockey.ca
Financial Auditor	Chris Willoughby financialauditor@lbbreakershockey.ca
Secretary	Paulette Niedermier atompeeweeregistrar@lbbreakershockey.ca
Past President	Dan Katz pastpresident@lbbreakershockey.ca

Please visit the Lake Bonavista Hockey Website for the complete listing of Category Coordinators and Registrars. Lbbreakershockey.ca

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Piano Lessons
Stacey E. Bobyn
403-271-0011
bobynhome@me.com
Lake Bonavista Area *References available*

JAN • FEB • MAR • APR • MAY • JUN • JUL • AUG • SEPT • OCT • NOV • DEC

LBCA Activities Calendar 2016

Sept 1	Fall registration continues
Sept 25	Children's Used Toy & Clothing Sale
Oct 22	Babysitters Course
Nov 19 & 20	Christmas Craft Fair

Lake Bonavista Figure Skating Club www.lbfsc.ca • 403 829 1272

President	Heather Campbell	president@lbfsc.ca
Past President	Jody Gibson	
Past President	Susan Poulson	
Vice President	VACANT	vicepresident@lbfsc.ca
Secretary	Jackie Wilcox	
Treasurer	Jacqueline West	treasurer@lbfsc.ca
Winter Director	CJ Fernet	cjfernet@me.com
Spring/Summer Director	Leigh Cowley	cowleyd@telus.net
Skate Canada Chairperson	Lynne Dupuis	skatecanada@lbfsc.ca
Test Chairperson	Lorie Hynes	testchair@lbfsc.ca
CanSkate Chairperson	VACANT	canskate@lbfsc.ca
Rink Chairperson	Melissa Sterna	rinkchair@lbfsc.ca
Events Coordinator Chairperson	Christiane Myslicki	events@lbfsc.ca
Ways and Means Chairperson	Kristi Hallett	waysandmeans@lbfsc.ca
Communications Chairperson	Jocelyn McKnight	communications@lbfsc.ca
Learn to Skate	Lisa Gudnason	
Off-Ice Chairperson	Spencer Jones	off-ice@lbfsc.ca
WebMaster	Corinne Morriscey	info@lbfsc.ca

Other Programs/Sport Contacts

Block Parent - West of Acadia Drive	Pam Hommy	403 278 8214	
Bowview Ringette	www.bowviewringette.met.ca	403 236 5548	
Bow River Basketball	Colette MacArthur	403 271 6142	www.bowriverbasketball.com
Calgary Horseshoe Club		403 279 0600	calgaryhorseshoe.club.com
CDLA - Lacrosse		403 777 3646	www.calgarylacrosse.com
Colts Tackle Football	www.southcalgarycolts.ca		ccoltsfootball@shaw.ca
Curling Club	Bob Smyth Percy Brown	403 271 8383 403 620 7743	
CWLL - Lacrosse	cwll@freehomepage.com		
Foothills Soccer		403 225 9388	www.calgaryfoothills.com
Girl Guides of Canada: Sparks, Brownies, Guides, Pathfinders and Senior Branches		403 283 8348	www.calgarygirlguides.com
Girls Hockey Calgary Association		403 278 9223	www.girlshockeycalgary.com
Golf Lessons (Spring)	Alan Killian	403 615 8106	teetogreengolf@shaw.ca
Lake Bonavista Soccer	Jessica Engblom		program_coord@lakebonavistasoccer.ca
Rocky Mountain Little League	www.crmll.com		
Scouts Canada: Beavers, Cubs, Scouts and Ventures Bottle Pickup	Andy den Otter Karen Marcotte	403 271 8631 403 477 5869	www.scouts.ca www.144scouts.ca
Slo-Pitch Adult Mixed	Frank Clifford		secalbaseball@gmail.com
South Bow River Softball	Charlene Duerholt	403 272 9916	
Southside Hockey	Kevin Turner		www.southsidehockey.com
Welcome Wagon		1-844-299-2466	

PRESIDENT'S REPORT

September is here. As school begins, our fall programs also resume after summer break. Over the next few weeks, hockey evaluations will get underway to mark the start of a new season. Many other programs, including Friday night youth basketball and fitness programs, are also returning. Tumble time, our weekday morning kids play program will resume with an addition - Look out for our concession, the Breakaway Café, to open a few mornings per week to serve gourmet coffee and snacks.

At the time this article is being written, construction is underway on two new "Lake Bonavista" community entrance signs. The old, crumbling red brick signs will be demolished and replaced with new stone signs similar to those at the north entrance of the lake. Thank you to the Federal Government's Canada150 Grant for funding half the cost of this project.

The LBCA Annual General Meeting will be held Wednesday, October 12th at 7:00 PM, upstairs in the Bonavista Room at the Recreation Centre. At the AGM, members will hear updates on activities of the last year and planning for next year, including capital and operating budgets. Next year's Board of Directors will also be elected. The Board oversees all aspects of community association, from operation of our two buildings, the recreation centre and field house, to running programs and activities, and acting as a community voice in civic affairs.

We hope you will consider serving on the Board of Directors for a one or two-year term. Many positions are open this year for election, such as Vice President of Programs and Director at Large. Nomination forms are available in this month's Bugle and must be submitted to our office by Monday, October 10th. If you have questions about the Board or a specific role, please feel free to contact me or any other member of the Board of Directors.

Sincerely,
Sheila Taylor
President

Crime Prevention Information:

Date: Monday, October 3rd, 2016
Time: 6:30pm-8:30pm

Location: Lake Bonavista Community Association -Multipurpose Room - 1401 Acadia Dr. SE

Our Community Resource Officer, Cst. Matt Forest, will be hosting a seminar on Crime Prevention in our Community.

He will be discussing crime prevention, increase on break & enters, securing your home as well as addressing other concerns you may have.

For further information please contact Cst. Matt Forest at 403-428-6645 pr Pol5067@calgarypolice.ca

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IMPORTANT NUMBERS

ALL EMERGENCY CALLS	**911**
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary Weather Information	511
Gamblers Anonymous	403.237.0654

DISCLAIMER

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SCHOOL DIRECTORY

Andrew Sibbald Elementary	403 777 6830
Lake Bonavista Elementary School	403 777 6870
École Sam Livingston Elementary School	403 777 6890
St. Boniface Elementary School	403 500 2060
St. Bonaventure Junior High School	403 500 2062
Nickle Middle School	403 777 7720
École St Cecilia French Immersion Elementary School	403 500 2040
St. Philip Fine Arts Elementary School	403 500 2072
Fairview School	403 777 7900
Ecole Notre-Dame-De-La-Paix	403 271 5544
St. Matthew Elementary/ Junior High School	403 500 2030
St. William Elementary School	403 500 2055
Canyon Meadows Spanish Academy	403 777 8600
Bishop Grandin Senior High School	403 500 2047
Dr. EP Scarlett High School	403 281 3366
Lord Beaverbrook High School	403 259 5585
Prince of Wales School	403 777 6880
Ecole Sainte-Marguerite-Bourgeoys	403 240 2007
École de la Source (French) K-9	403 255 6724
Ste-Marguerite-Bourgeoys (S)(French) 7-12	403 240 2007
École de la Rose sauvage (French) 10-12	403 230 3112

CHURCH DIRECTORY

Bonavista Baptist Church 1507 Acadia Drive SE	403 271 6969
Bonavista Evangelical Missionary Church 1509 Lake Ontario Drive SE	403 278 4518
Holy Nativity Anglican Church 12707 Bonaventure Drive SE	403 278 0001
St. Bonaventure Catholic Church 1600 Acadia Drive SE	403 278 7556
Deer Park United Church 77 Deerpoint Road SE	403 278 8263
Your Grace Land Delta Calgary South	403 225 4331
Red Deer Lake United Church Hwy. 22X West	403 256 3181
The Church of Jesus Christ of Latter Day Saints 14540 Parkland Blvd SE	403 571 3750
McDougall United Church 8516 Athabasca St. SE	403 252 1620
Lutheran Church of Our Saviour 8831 Fairmount Dr. SE Calgary	403-253-1453

WANTED:

Lake Bonavista Community Association

"Event Team Members" volunteers

The programs/events coordinator would like to welcome several "guys and gals" to join her in the event planning fun!

Don't be shy, show us what you've got. Help us make Lake Bonavista a fun and memorable place to live and play.

- Volunteer Appreciation
- Lego Contest
- Family Fun Skate
- Community Clean Up
- Stampede Breakfast

Please contact Jennifer at 403-271-7107 ext 222 or email at info@lakebonavistacommunity.com.

Editorial Content Deadline

8th of each month for the next month's issue

info@lakebonavistacommunity.com

Lake Bonavista Community Association

ANNUAL GENERAL MEETING

Wednesday, October 12, 2016
Time: 7:00pm
Bonavista Room (upstairs)

NOMINATION FORM 2016-2017

This is to advise that I intend to let my name stand as a Director For the Lake Bonavista Community Association Board of Directors for the years 2016-2017 for the position of:

_____
Name (Please print)

_____
Address

_____
Membership #

_____
Signature

_____
Telephone Number

_____
Interests

_____
Nominated By

_____
Seconded By

Nomination Forms can be emailed to Mick Somerwil, Nominating Committee Chairman at msomerwil@gmail.com

LAKE BONAVISTA COMMUNITY ASSOCIATION

Are You Looking For Space To Run Your Program?

Our Fitness Studio is 1600 sq ft with a mirrored wall.

Mon-Fri 6am-8:45am, 9pm-11pm

Mon, Tues, Thurs, Fri 11am-3pm

Anytime Saturday

Sunday 10:30am-1:30pm, 3pm-11pm

For rates and to confirm availability contact Tammy
facilitybookings@lakebonavistacommunity.com

LAKE BONAVISTA

Lake Bonavista Community Association
1401 Acadia Dr SE

TUMBLE TIME

Resumes Monday, September 19th

Monday-Friday
9:30am-11:30am

$3 PER CHILD

Tumble Time is a drop in program in the Gym for children ages 0-5y. Come out and meet some new people in the community!

NO class on Stat holidays.
www.lakebonavistacommunity.com

Check us out at

www.lakebonavistacommunity.com

Go to this website for all the Lake Bonavista community events, registration information, community newsletter, program updates and LBCA Board of Director news.

CRIME STATS FOR LAKE BONAVISTA

Category	2015 Mar	2015 Apr	2015 May	2016 Jan	2016 Feb	2016 Mar	2016 Apr	2016 May	2016 June
Assault (Non-domestic)	2	1		2			1	1	1
Commercial Robbery				5			1		
Street Robbery		1							
Violence 'Other' (Non-domestic)		1							
Residential Break & Enter	4	6	10	2	3	9	4	2	2
Commercial Break & Enter		2	3	5	3	1	2	5	
Theft OF Vehicle	3	2	4	1	3	2	3	2	2
Theft FROM Vehicle	8	3	9	8	7	15	1	17	10
Social Disorder						45	48	50	36
Physical Disorder						1	11	8	10

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Community Resource Officer

I am your new Community Resource Officer for the Lake Bonavista Community effective June 21st/15.

I encourage community residents to contact me with any non-emergent community related concerns.

My work hours are Mon-Thurs 0600-1600.

Keeping that in mind, I would advise community members to utilize the non-emergency number (266-1234) or 9-1-1 if they require immediate police assistance.

Thanks, Matt

Cst. Matt Forest
Calgary Police Service
Community Resource Officer
District 6 Team 5
8325 Bonaventure Drive SE
Calgary, AB
Office: 403-428-6645
Pol5067@Calgarypolice.ca

LAKE BONAVISTA COMMUNITY ASSOCIATION

Refund Policy Sports and Programs

Sports Cancellations
Full Refund will be issued if the sports program is cancelled prior to commencement.

Withdrawal fees are as follows:
- $25 admin fee for all cancellations
- NO REFUNDS one week prior to program start date

In all cases of withdrawal from programs, the registrant is responsible for advising their registrar as well as the Program Leader of his/her intent to withdraw.

Programs/Courses
Full refund will be issued if the program is cancelled prior to commencement.

Withdrawal fees are as follows:
- $25 admin fee for all cancellations
- NO REFUNDS one week prior to program start date

Special Events – NO REFUNDS
In all cases of withdrawal from programs, the registrant is responsible for advising the office as well as the Program Leader of their intent to withdraw.

Please visit the Breaker website for the hockey Refund Policy

LAKE BONAVISTA CURLING CLUB

Looking For Curlers

We have had an excellent season so far. However, following the great Olympic curling, we again look forward to the next season.

We always have openings for new curlers. Experience is not a requirement. This fall, we plan on having a training session, both to help out our returning curlers as well as providing an opportunity for any new people who wish to try out curling.

The Lake Bonavista Curling Club is a mixed curling league that welcomes any person who wishes to enjoy the sport of curling. We curl at the Acadia Recreation Complex (ARC) every Sunday evening from 6:45 to 9:00 pm. Last years' curlers will be contacted prior to the season commencing.

This is a fun league. We welcome you as a single, couple, or team.

If you are a curler or are interested, please call either Percy Brown at 620-7743 or Bob Smyth at 271-8383.

PUBLIC SKATING HOURS

TUESDAYS	2:30 – 3:30 pm
THURSDAYS	2:30 – 3:30 pm
FRIDAYS	2:30 – 3:30 pm
SATURDAYS	3:15 - 4:15 pm

Please note: LBCA Membership required. Non-members $3./person

FALL SESSION
We are looking forward to the start of another great skating season! Our STARSkate and CompetitiveSkate programs both begin on September 5th, though many of our dedicated skaters will have already hit the ice with the warm up weeks offered at the end of August. All other recreational skating programs begin on September 24th and run through to December 13th. There is still space available in Pre-CanSkate, CanSkate and Pre-StarSkate classes. As well, we have the Pre-Power and CanPowerSkate classes perfect for those wishing to develop skills specifically for hockey or ringette. Check out our website for descriptions to find the right class for you!

SUMMER HIGHLIGHTS
Last month, several of our skaters competed at the 36th annual Wildrose Invitational competition in Leduc. Congratulations to the following skaters who represented the club!

STAR 4
Angelica Bathory-Frota
Raya Welch

STAR 5
Emerson Flanagan
Allegra Panara

PRE-JUVENILE U11
Olivia Alcocer
Emma Liew
Erika West

PRE-JUVENILE U13
Jocelyn McKnight

JUVENILE U12
Cooper Feser

JUVENILE U14
Brenna Campbell
Megan Myslicki
Alexandra Hallett
Macy Hynes

PRE-NOVICE
Jada Hynes
Nicole Kraft
Natalie Schell
Meghan Wilcox

TEST RESULTS
The results from our successful spring test day in Okotoks are in! We are so proud of the following skaters who successfully passed their tests. Special congratulations go out to Juan David who has now achieved the Gold level in freeskate—a very impressive feat! LBFSC also hosted a couple of test days during our summer school and will be sharing the results from this test day soon!

PRELIM FREESKATE 1&2
Brooklyn Zavisha

JR BRONZE FREESKATE 1&2
Raine Wierstra

SR BRONZE FREESKATE Pt2
Morgan Jones

JR SILVER FREESKATE Pt2
Megan Myslicki

SR SILVER FREESKATE Pt2
Jada Hynes

GOLD FREEKSKATE Pt2
Juan David Castillo

JR BRONZE SKILLS
Fiona Dougherty

SR BRONZE SKILLS
Fiona Dougherty
Dena Gorbach

JR SILVER SKILLS
Nicole Dupuis

SWING DANCE
Kaitlyn Carver

EUROPEAN WALTZ
James Keenan
Michael Keenan
Jordan Zavisha

HARRIS TANGO
Morgan Jones

ROCKER FOXTROT
Jocelyn McKnight

STARLIGHT WALTZ
Rylan Vaselenak

BLUES
Kyla Sterna

PASO DOBLE
Macy Hynes

Keep checking our website www.lbfsc.ca for all the latest information on our skating programs and on Facebook www.facebook.com/lakebonavistafsc for updates on what is happening at the rink.

See you at the rink!

Lake Bonavista Community Association

STARTING SEPTEMBER 19TH BREAKAWAY CAFE WILL NOW BE OPEN WEEKDAYS FROM 9:30AM-NOON

Starting September 6th
evenings 4pm-8pm & weekends 8:30am-8pm
Breakaway Cafe is located in the Rec Center at
1401 Acadia Dr SE

FALL COURSES AT LBCA

Preschool & Children's Programs

Registration Ongoing
Register online at www.lakebonavistacommunity.com

Tumble Time $3.00 per child/day
A drop-in parent supervised program aimed for children under the age of 6. There are bouncy castles and balls galore. Come for 1 day or come for them all! No registration required.
Mon-Fri starts Sept 19-May 19 9:30-11:30am
No classes on STAT holidays & Dec 12 2016-Jan 9, 2017

Babysitters Course
Activity Fee $68 1 class
Red Cross Babysitter courses covers the responsibilities of a babysitter, safety tips for children of all ages, feeding and diapering babies, basic child care skills, and what to do in case of an emergency. Basic first-aid is also covered, choking, cuts, burn, etc. Each student will receive a Red Cross babysitter's manual, babysitter's first aid kit, and a Red Cross Babysitter's completion card.

Register online at www.lakebonavistacommunity.com

Sat 11-15Y Oct 22 8:30-4:00pm

Basketball

Registration now open
Register Online at www.lakebonavistacommunity.com

This program is full of fun and basketball! Each day we will have a 30 minute game and a 30 minute practice. The program is great for beginners or those who have played before.

Activity Fee $155 18 classes
Sept 23-Mar 3 No Class Oct 7, Nov 11, Dec 2, 23, 30, Feb 17

Sr Rec Basketball
Fri 12-16Y 4:45-5:45pm

Tykes
Fri 6-8Y 5:45-6:45pm

Jr. Rec Basketball
Fri 9-12Y 6:45-7:45pm

Soccer

Registration Ongoing
Register online at www.lakebonavistacommunity.com

Indoor Soccer
Activity Fee $80 8 classes
Did you love the outdoor season? Here is your chance to continue playing the great game of soccer. We will have our own league, and each day will consist of a short practice and a game. All soccer will be in the gymnasium at the Lake Bonavista Recreation Centre.

For the program to run successfully we require at least one parent volunteer to assist with each session

No class Oct 10th, 31st

4Y	Mon	Sept 26 – Nov 28	5:30-6:15pm
5Y	Wed	Sept 28 – Nov 16	5:30-6:15pm
6Y	Mon	Sept 26 – Nov 28	6:15-7:00pm
7&8Y	Wed	Sept 28 – Nov 16	6:15-7:00pm

Adult Fitness Programs

All programs require a CA membership.
Drop in passes are available for all classes for $15+GST/class.
Registration Starts Aug 1, 2016
Register online at www.lakebonavistacommunity.com

Mixed Level Hatha Yoga
This mixed level yoga class is for anyone with an interest in yoga. Standing postures will be emphasized. Exploring the effects of each posture on the breathing and balance within the posture.
Mon Sept 12-Dec 12 9:30-10:40am
Activity Fee $175+gst 13 Classes
No class Oct 10
Instructor: Newton Nash

Low Impact
Fun filled class with low impact aerobics, muscle strength, resistance training and core stability core stability with free weights, bender balls and tubing. Stretch and relaxation with some yoga and Pilates poses.
Tues Sept 6-Dec 13 9:00-10:00am
Activity Fee $195+gst 15 Classes
Instructor: Lillian Romanchuk

Pilates & Strength
This class is designed for those new to Pilates and those with previous experience who want a combination of strength and stretch in one workout.
Tues Sept 6-Oct 25 7:00-8:00pm
Activity Fee $104+gst 8 Classes
Instructor: Kathie Moore

Fri Sept 9-Oct 28 9:00-10:00am
Activity Fee $104+gst 8 Classes
Instructor: Kathie Moore

Tues Nov 1-Dec 13 7:00-8:00pm
Activity Fee $91+gst 7 Classes
Instructor: Kathie Moore

Fri Nov 4-Dec 16 9:00-10:00am
Activity Fee $78+gst 6 Classes
Instructor: Kathie Moore

No class Nov 11th, 2016

Chi-Ball Pilates/Yoga Fusion
This class is designed to re-energize tone and relax the body. The class has a good combination of exercises using the Chi Ball, bender balls, tubing and free weights which help build bone mass, strength and flexibility. Each movement opens the body's energy pathways connecting to our internal organs, helping build a valuable stress fighting, anti-aging mind and body.

Thurs Sept 8-Dec 15 9:00-10:00am
Activity Fee $182+gst 14 Classes – No class Sept 15
Instructor: Lillian Romanchuk

SPECIAL EVENTS

LAKE BONAVISTA COMMUNITY ASSOCIATION

Registration Starts: Aug 1 (unless otherwise noted)
Register online at www.lakebonavistacommunity.com

Used Toy and Clothes Sale
$30 CA Members $45 Non-members
Do you have kids stuff lying around the house that you want to get rid of? How about maternity wear? This is the perfect opportunity, come sell your belongings and get it out of your house!
Sun Sept 25 10:30-12:30pm

FREE ADMISSION to come and shop.

Christmas Craft Fair
Do you have a knack for crafting? This is a great way to showcase your skills and enjoy a great event. From knitting, baking, soap making and paper crafts we would love to have you at our event. Please note that there are two categories for the Craft Fair. Hand crafted, at least %50 of these products **must** be made by hand and Home based businesses, these businesses are not hand crafted and are located in the Multi-Purpose Room. These business include Jam Berry, Tupperware, Scentsy, Epicure etc.
Home based businesses must register in person. Registration starts Sept 1, 2016

FREE OF CHARGE to come and shop.

Sat & Sun **Nov 19&20** **11:00-4:00pm**

$30 CA Members – 1 day	$50 CA Members – 2 days	
$45 Non-members – 1 day	$80 Non-members – 2 days	
NO POWER	$35 CA Members – 1 day	
	$60 CA Members – 2 days	
WITH POWER	$50 Non-Members- 1 day	
	$90 Non-Members – 2 days	

Brunch with Santa
Activity Fee $15/person
Come for a great hot breakfast, Tumble Time games, bounce house and crafts. Once Breakfast is over a special guest will arrive to hand out a gift to each child registered. Spots will fill up fast so register early!

You must register all adults and children that are attending, children under the age of 1Y are free.

Registration starts Sept 1, 2016
Sat Dec 3 10:00-noon

~cont'd next page~

SPECIAL EVENTS cont'd

Kids Christmas Craft Fair

Do you enjoy the Christmas Craft Fair, I bet your kids would love a Kids Craft Fair! This fair is geared for the child **buyer**. All items at the fair will be under $10, children will come in and purchase gifts for their families and we will wrap them to send home so there will be a surprise waiting under the tree!

Registration starts Sept 1, 2016

Sat Dec 3 10:00-1:00
$15 CA Members $25 Non-members
FREE OF CHARGE to come and shop!

Thank You to all the Volunteer Coordinators!

To participate in programs a Lake Bonavista Community Association fee of $30 is required per household. All memberships expire at the end of June each year.

If you have any questions on registration or any of the events/programs please call the office at 403 271 7107 ext 222.

Register early as classes cancel if there is low registration!

LAKE BONAVISTA COMMUNITY ASSOCIATION

'CASINO'
Volunteers Needed for Casino!

Lake Bonavista Community Association
Will be holding a casino at "Deerfoot Inn & Casino"

THURS, JAN 5/2017
AND
FRIDAY, JAN 6/2017

If you (or someone you know) are available to volunteer for either of these days, or at night, please contact **Tammy Langdon** at the LBCA office at 403.271.7107 Ext. 225 or email to facilitybookings@lakebonavistacommunity.com

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LAKE BONAVISTA COMMUNITY ASSOCIATION

BUY A MEMBERSHIP AND BE PART OF THE LAKE BONAVISTA COMMUNITY ASSOCIATION

Purchasing a LBCA membership helps Lake Bonavista be a vibrant and sustainable community.

MEMBERSHIPS ARE VALID FROM JULY 1ST TO JUNE 30 AND EXPIRE YEARLY

Lake Bonavista Community Association (LBCA) Memberships supports the day to day operations of the community association.

LBCA Memberships offer you

Facilities - LBCA supports a terrific recreation centre for hockey, figure skating, fitness classes, meetings, special events and programs

Planning and Development - Your community association influences transportation, roads, parks, playground development, and traffic issues. Together the City of Calgary and LBCA confer on these issues.

Regional Committees & Initiatives - LBCA volunteer Board speaks for the community on regional issues such as major infrastructure projects in the community or social issues.

Resources - Through community memberships, grants, casinos and special events, LBCA raises funds to provide programs, services and maintain the recreation centre

Community newsletter - keeping you up to date on issues, activities, programs & services that are happening in the Lake Bonavista community

Discounts at the Trico Centre when signing up for classes/programs (please contact Trico for details)

Keeping the residents informed through articles in the monthly newsletter and online at www.lakebonavistacommunity.com and Facebook

Funding for special programs and events (Lego Contest, Brunch with Santa, Stampede Breakfast etc.)

Management and upkeep of the recreation centre including the two arenas, gymnasium, fitness studio, meeting rooms etc.

Monthly community board meetings – held the third Wednesday of each month (Sept – June)

Buy your membership online at www.lakebonavistacommunity.com

Lake Bonavista Community Association
1401Acadia Dr SE

Babysitters Course

SAT October 22nd 8:30–4:00

AGES: 11–15Y

Register online www.lakebonavistacommunity.com

Red Cross Babysitter course covers the responsibilities of a babysitter, safety tips for children of all ages, feeding and diapering babies, basic child care skills and what to do in case of an emergency. Basic First Aid is also covered.

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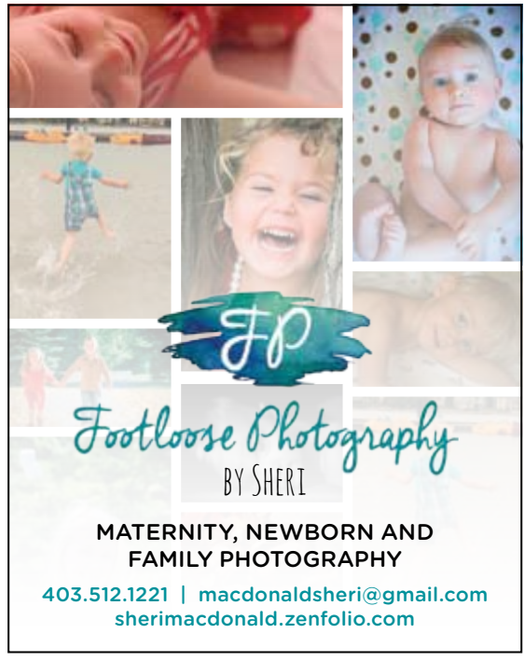


MATERNITY, NEWBORN AND FAMILY PHOTOGRAPHY

403.512.1221 | macdonaldsheri@gmail.com
sherimacdonald.zenfolio.com

Shout Out to all Book Lovers

Bonavista Safeway would like to extend our heartfelt, "Thank You", to our customer's who brought in and purchased, used books, for our Charitable Fundraising Events.

Our success has been amazing! This would not have happened without your support! Charities and Non Profit organizations such as, Calgary Interfaith Food Bank, Special Olympics, Muscular Dystrophy, Easter Seals, Calgary SPCA, are truly grateful for your support and generosity.

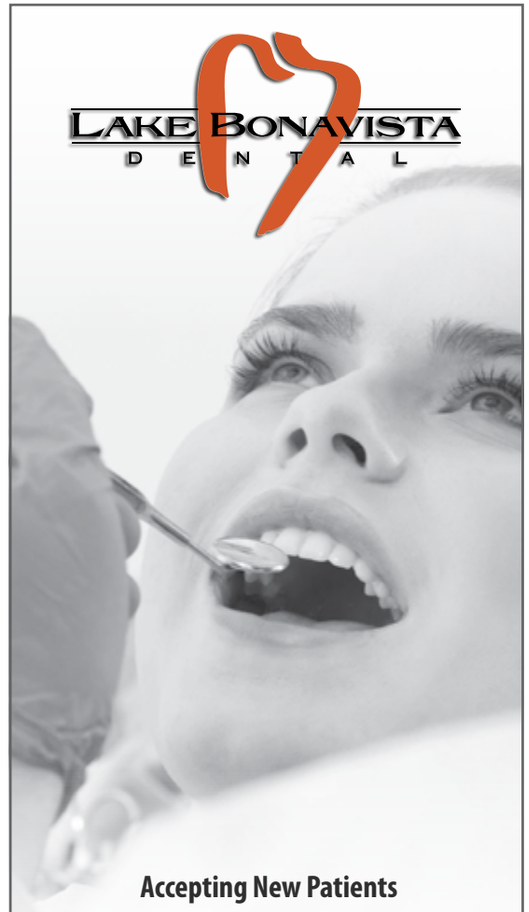
From All of Us
"Thank you"

Bonavista Cares

In late 2015, a group of families in Lake Bonavista joined together with the idea to help families, neighbours and other communities in need. Bonavista Cares continues to grow as residents of all ages participate in projects that make a positive impact on others. The time commitment is low and the rewards are great! Join us, or contact us for more information. Everyone is welcome!

e-mail bonavistacares@gmail.com or
Bonavista Cares.

Lake Bonavista Dental



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FALL 2016 PROGRAMS AVAILABLE AT LAKE BONAVISTA COMMUNITY ASSOC.

Fish Creek Bravehearts Toastmasters	Ann		fishcreek.freetoasthost.info
Take Off Pounds Sensibly (TOPS)	Elaine	403-274-7554	www.tops.org
MS Society		403-250-7090	www.msssociety.ca
All Day Scrapbooking	Tasha		ttwalsh@shaw.ca
RTD Learning – Diploma Prep		403-620-9935	www.rtdlearning.com
Calgary Crop N Shop	Bobbi		
Rising Sun Kung Fu	David	587-777-4232	www.risingsunkungfu.ca
Law Horan Kung Fu Academy	Kyle	403-874-3008	
FLC Senior's Club			www.flcseniors.ca
STARS Volleyball Academy	Bob Baker	403-992-5906	www.strykersports.ca
Rising Stars Volleyball League	Bob Baker	403-992-5906	www.strykersports.ca
SUNS Basketball Academy	Bob Baker	403-992-5906	www.strykersports.ca

SEPTEMBER 2016 CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Online Registration for Craft Sale, Kids Craft Sale & Brunch with Santa opens	2	3
4	5 **LABOUR DAY OFFICE CLOSED**	6 Low Impact & Pilates begins	7	8 Chi-ball begins	9 Pilates begins	10
11	12 Hatha Yoga begins	13	14	15	16	17
18	19 Tumble Time starts back!	20	21 Board of Directors Meeting 7:30pm	22	23	24
25 Children's Used Toy & Clothing Sale 10:30am-12:30pm	26 Indoor Soccer starts for 4Y&6Y	27	28 Indoor Soccer starts for 5Y&7/8Y	29	30	

STEP INTO FALL

UNIVERSITY OF CALGARY

Are you thinking of becoming more active?
The University of Calgary is recruiting volunteers for a 12-week physical activity study.

To participate you must be:
-18 years of age or older
-Exercising less than 3 days per week
-Have internet access

You will be asked to wear a pedometer for 3 months, log your activity onto a website, and complete 3 questionnaires.

By completing the 3 questionnaires you will receive:
-A pedometer ($25 value)
-$10 gift card
-Prize draw entry for $1000 gift card

To participate contact:
Research Coordinator
403.210.7044 or perryr@ucalgary.ca

Ethics ID: REB15-2944
This study has been approved by the University of Calgary Conjoint Health Research Ethics Board.

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Fri - Sat 10 am - 1 am

Preschools in the Bonavista Area

- **Active Learning Ltd.**
  1401 Acadia Dr. SE • 403-473-0600
- **Creative Learning Center**
  2120, 380 Canyon Meadows Drive SE
  creativelearning@shaw.ca • 403-225-0600
- **École de la Rose sauvage (French)** 10-12
  403-230-3112
- **École de la Source (French)** K-9
  403-255-6724
- **Fun N' More Preschool Academy**
  preschool@funmore.ca • 403-225-4386
- **Great Beginnings Preschool**
  649 Queensland Drive SE
  learn@gbpreschool.com • 403-225-2419
- **Green Door Nursery School**
  Trico Centre, 11150 Bonaventure Drive SE
  403-225-5560
- **Holy Family Preschool & Educational Centre**
  #145, 755 Lake Bonavista Dr. SE • 403-389-5144
- **Mapleridge Cooperative Preschool**
  600 Acadia Drive SE
  mapleridgepreschool@hotmail.com • 403-278-9594
- **Oxford Learning**
  12445 Lake Fraser Drive SE @ Avenida Mall
  scalgary@oxfordlearning.com • 403-278-1786
  www.oxfordlearning.com
- **Preschooler Playhouse**
  Deer Run Community Centre, 2223-146 Avenue SE
  403-278-7107
- **Société Prématernelle Alouette**
  809 Willingdon Boulevard SE • 403-278-1149
  www.prematernellealouette.ca
- **Ste-Marguerite-Bourgeoys** (S)(French) 7-12
  403-240-2007
- **Tot Spot Nursery School**
  Bonavista Baptist Church, 1507 Acadia Drive SE
  www.totspotpreschool.ca • 403-278-2608
- **Willow Park Preschool**
  Willowridge Community Centre, 680 Acadia Drive SE
  willowparkpreschool@hotmail.com • 403-271 7016
- **PACT Calgary Non-profit Playgroup**
  671-1710
  10690 Elbow Drive SW, PACTcalgary.com

IN & AROUND SCHOOLS

Mapleridge Cooperative Preschool

As we begin another exciting school year, we extend a big welcome to both new and returning students. Our wonderful teacher, Mrs. Killam, is looking forward to her 34th year with Mapleridge Cooperative Preschool! We also have a new teacher join us this September, Mrs. Sue Marshall, and we are so happy to have her as an integral part of our team!

September is a month of getting acquainted with the new students, rekindling old friendships, making new ones, and establishing preschool routines. Mapleridge Cooperative Preschool has a bright and cheerful atmosphere that creates a wonderful environment for learning, playing and having fun.

Parents please mark your calendar for the Parent Orientation Night: Tuesday, September 6 at 7:00 pm.

It is not too late to enroll your child in our student-centered preschool. We still have a few spots available. For more information, please contact us at 403-278-9594, send us an email at mapleridgepreschool@hotmail.com, or visit our website at www.mapleridgepreschool.com

St. Philip Fine Arts Elementary School

Teachers and staff have been busy preparing the school to welcome all new and returning families to St. Philip Fine Arts School! We know that students are excited to Imagine, Create, and Celebrate! St. Philip Fine Arts School is proud to offer an integrated Fine Arts program to K-6 students and we know that teachers and staff are excited about the activities we have planned this year. We will have artists-in-residence, field trips, presentations, art exhibitions and many more events as we explore the world around us through a Fine Arts lens.

We are happy to see that we have experienced some growth this year with many new families joining us in Kindergarten along with families joining us throughout Grades 1-6. Welcome to all, we are very happy to have you join our St. Philip community.

The staff of St. Philip Fine Arts School look forward to another brilliant year with all of the students that God has put in our care this year.

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TRICO CENTRE
11150 Bonaventure Drive SE

Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

September at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week (more than 55 in the summer months), use the gymnasium, swim in our newly refurbished pool, skate, or play shinny. Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.) Plus with a membership you get 20% off hundreds of fun, active registered programs.

Fall/Winter Program Guide and Registration

Online registration is open and ongoing! We have something for everyone: swimming lessons, skating lessons (and NEW learn to figure skate program), adult fitness, older adult fitness and wellness, and programs for parent & tot, preschool, and children & youth. Lots of new programs; see www.tricocentre.ca_for our Fall/Winter Program Guide or pick up a copy in facility. You can register online or by calling Guest Services at 403-278-7542.

Aquatics Programs & Pool Refurbishment Celebration

Our newly refurbished pool is open NOW – come and check it out. We will be celebrating on September 24, 2-9pm. Swim lessons for all ages (including adult.) Canadian Swim Patrol. Private Swim lessons are also available.

Parent & Tot & Preschool

Lots of parent & tot registered programs. New combo classes for Fall: Bubble Buddies, morning of songs, rhymes & action games – then blow bubbles in a parent & tot swim lesson. Also new, Dance with Me! Messy Masterpiece & Tiny Tot Sports n' Play. Also check out our parent and tot drop-ins – free with membership. Thirty different registered preschool options: art, dance, active movement, sports. New for Fall: Registered programs, ABC-123, combo classes: Art N' Gymnastics, Funky Fridays (each week focuses on a different theme) & Ballet/Jazz Combo. Also new is Nature Wonders, Bricks 4 Kidz & Sportarama. Late registration is allowed.

Children & Youth

Check out the Fall Winter Program Guide for what's new for Fall: Registered programs, Just for Girls, Try it Tuesdays, Badminton Club, Dodgeball for Teens, Gym n' Swim Fridays, Sportball: Basketball & Ball Hockey, Sports Extravaganza (9-12 yrs) & Tumbling for Beginners (9-12 yrs). Youth Night is Saturdays, 6:30-9pm. Youth aged 10-17 can drop in for floor hockey, dodgeball, basketball, and other fun activities.

Adults

The Fitness Centre is waiting for you with friendly staff, lots of equipment, no line-ups and, with membership, more than 70 drop-in fitness classes. Drop-ins like adult shinny and leisure skate. Registered programs: fitness options, Mommy & Me series, plus the NEW: Focus Series: Small Group Training – Fat-Burning, Healthy Back & Joints, Learning the Basics, Power Lifting & Strength Training Design. Wellness workshops including Straighten Up, a posture workshop for adults and youth (12 yrs +.)

Older Adults

Lots of older adults exercise in our fitness centre – drop by and check it out. Registered classes include Balance Builders: Fall Prevention Program (65+yrs), Bones and Balance, and Chair Yoga. Lots of drop-in fitness for older adults plus drop-in pickleball!

Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities like yours pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

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IN & AROUND CALGARY

Back to School safety

Alberta Health Services EMS would like to remind parents and children about a few road safety tips, as streets become more congested, with the return of the school year. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

Motorists

- Avoid talking on a cell phone, texting, or any other behaviour that diverts your attention away from driving;
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner;
- Remember, it is illegal to pass vehicles - other than those that are parked - in school, or playground zones, during posted hours.

Around school buses

- Flashing amber lights mean a bus is slowing down to stop – motorists should do likewise;
- No matter which direction you are coming from, STOP, when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you;
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions;
- When activating overhead crossing lights, pause and make eye contact with all drivers before stepping off the curb. This is to ensure that motorists in both directions have seen you and come to a complete stop;
- Stay within the crosswalk lines until fully clear of the roadway;
- Obey pedestrian lights at intersections. Cross the street only when you see the "walk" sign and only when all vehicles have come to a complete stop;
- If you are with young children, or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing;
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

Guides Canada

FAMOUS FIVE DISTRICT

The fun and friendship of Girl Guides will soon be underway again for the 2016- 2017 year. Haven't registered your daughter yet? Registration is open year round! So go to www.girlguides.ca and locate the unit finder button to find the unit best suited for you. We're hoping your daughter will join us for some fun and friendship.

We still have some of the Classic cookies left. If you are interested in purchasing another supply or if we missed you in the spring, please let Pat, isteads@telus.net, know and we'll get them to you.

Several units are looking for unit leaders. Leaders are female adult volunteers who are supported by a team and participate in training for their roles. If you are interested in more information about being a leader, please contact Pat, isteads@telus.net. You can join in the fun and fellowship even if you were not a girl member or don't have a daughter. Consider adding Girl Guides to your resume and be a role model for girls in your community.

BRAIN GAMES SUDOKU

			8			1	4	6
				2		5		
				4	6			9
6						4	5	
4	8		7		9		2	3
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9			3	5				
		1		9				
5	3	6			7			

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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

Autumn in Fish Creek

www.friendsoffishcreek.org

A Taste of Autumn – Wine & Beer Tasting and Silent Auction Fundraiser
Friday, September 16, 2016; 6:30pm - 9:00pm
Meadow Muse Pavilion, Bow Valley Ranch, Fish Creek Provincial Park
Show your support for one of Calgary's most cherished green spaces by contributing to the Friends of Fish Creek's conservation efforts here in Fish Creek Provincial Park. Celebrate over 20 years of community based environmental stewardship in Fish Creek Provincial Park by attending A Taste of Autumn. Bid on amazing silent auction items, enjoy a variety of delicious appetizers, sample beer and wine from local producers, and meet with Keynote Speaker Chris Fisher, ecologist and co-author of Birds of Alberta. Must be 18 years of age or older to purchase tickets. Sponsorship opportunities are available! To purchase tickets, contact the Friends of Fish Creek at 403-238-3841 or visit **www.friendsoffishcreek.org/event/autumn.**

Autumn Birding Course
Autumn is a good time to begin birding. As the leaves drop off the trees, many of the smaller birds, which will be migrating, are much easier to see. All sessions are held in the great outdoors - in Fish Creek Provincial Park and other natural areas in Calgary. Outings are conducted by Gus Yaki, a lifelong naturalist who has birded around the world - and other experienced instructors. Each outing is approx. 2.5 hours. 15-week course starts Aug 29. Registration required and fees apply. For course times and to register visit **www.friendsoffishcreek.org/programs/birding-course.**

Painting in Fish Creek
With the park as your backdrop, join the Friends in a restorative session of outdoor painting, facilitated by one of several experienced local artists. Three different classes are offered, all with a focus on acrylic media.
Painting in the Autumn Breeze: Sep. 14, 5:00 – 7:30 pm, Instructed by Sylvia Prochownik
Paint What You See: Sep. 24, 10:00 am – 2:00 pm, Instructed by Jim Pescott

For more info or to register for these or other Wellness programs, including Yoga, Qi Gong and Full Moon Meditations, visit: **www.friendsoffishcreek.org/programs/wellness-clinics.**

Geology on your Doorstep: Exposed Rocks and Fossils within an Hour's Drive from Calgary
Thursday, September 22, 2016 7:00 pm - 8:00 pm
Presented by Jon Noad, Geological Consultant
Calgary lies on the eastern edge of the Rocky Mountains, at the junction between very different geological settings. Fortunately, there are abundant rock outcrops that provide us with windows into the past. From these clues we can build the story of Calgary's geological history, beginning more than 1.6 billion years ago and continuing to the present. In this presentation you will be introduced to arid deserts before life made its way onto land, to warm seas where thick limestones formed, and to a Mesozoic world where thick coals formed in swamps. Jon is an exploration geologist with 18 years of experience in the oil industry. He has worked for Shell and Husky, among others, and his work has brought it to the Middle East, South Africa, Borneo and Western Canada. **For more information or to register visit www.friendsoffishcreek.org/event/geology.**

OCTOBER

SEPTEMBER 8 TO OCTOBER 16 ILLUMINASIA LANTERN AND GARDEN FESTIVAL

Illuminasia returns to the Calgary Zoo for its second year. This year, the theme is the four seasons and the four noble plants of Chinese culture — one plant is used to represent each season. www.illuminasiacalgaryzoo.com

SEPTEMBER 30 – OCTOBER 1 THE PRINT IT YOURSELF FESTIVAL

Learn about the various techniques behind printmaking at the sixth annual Print It Yourself Festival. Learn what goes into making a piece of print art, engage in the process and create a piece of artwork yourself. www.albertaprintmakers.com

OCTOBER 27 TO 29 DRACULA

The Alberta Ballet presents the classical ballet Dracula at the end of October. Special effects, impressive costumes (Dracula wears a 23-foot-long cape) and exquisite choreography bring this horror story to life. www.albertaballet50.com

YOUR COMMUNITY/CITY EVENTS

AT A GLANCE...

September 21 to October 2 - Calgary International Film Festival (CIFF): The Calgary International Film Festival (CIFF) is a 12-day showcase of up to 200 multi-genre films from Canada and over 40 other countries. The festival hosts gala events, screenings, award ceremonies and special presentations. www.calgaryfilm.com

October 1 - A Little Light Music: This is a chamber music concert with a special focus on well-known Canadian composers. There will be a fun, playful line-up of music in this concert with everything from A Little Light Music to Viva Gershwin. www.scpa.ucalgary.ca/events/little-light-music

October 6 - An Evening With Bethany Hamilton, Soul Surfer: Bethany Hamilton has become a source of inspiration to millions through her story of determination, faith and hope. Hear Hamilton discuss her surfing career and her charitable contributions in this inspirational talk. www.ticketmaster.ca/event/110050A6A6225E87

October 7 to 8 - Disney In Concert: Tale As Old As Time: Start Thanksgiving weekend with some classic Disney tunes performed by the Calgary Philharmonic Orchestra. The popular Disney songs from these films are played alongside clips from the movies. www.calgaryphil.com

October 11 to 29 – Boom: Using images and video, the show explores the musicians, politicians and cultural icons around from 1945 to 1969 that shaped the baby boom generation. www.theatrecalgary.com

October 12 to 15 - Intensional Particle + Split Flow: Hiroaki Umeda is a Japanese multi-disciplinary artist. He's a dancer, a sound, image and lighting designer, and a choreography. He brings two new solo shows to Theatre Junction. www.theatrejunction.com

October 14 to 29 – Fluid Festival: This year marks the 11th Fluid Festival, and just like the inaugural event, this year's Fluid Festival will celebrate dance and physical performance. www.springboardperformance.com

October 15 - Calgary Stampeders PinkPower Game: This football game joins in the fight against women's cancers. Arrive early to the game to purchase limited edition PinkPower merchandise, then watch the Calgary Stampeders take on the Montréal Alouettes. www.stampeders.com

Lake Bonavista Real Estate Update

Last 12 Months Lake Bonavista MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
July 2016	$719,000.00	$713,500.00
June 2016	$599,900.00	$592,000.00
May 2016	$644,900.00	$631,750.00
April 2016	$672,500.00	$654,000.00
March 2016	$639,900.00	$633,000.00
February 2016	$599,999.00	$569,000.00
January 2016	$559,900.00	$542,250.00
December 2015	$599,900.00	$579,000.00
November 2015	$675,000.00	$669,000.00
October 2015	$599,900.00	$582,000.00
September 2015	$687,400.00	$675,250.00
August 2015	$597,450.00	$584,500.00

Last 12 Months Lake Bonavista MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
July 2016	13	12
June 2016	15	15
May 2016	21	16
April 2016	8	10
March 2016	21	11
February 2016	9	3
January 2016	10	4
December 2015	3	5
November 2015	9	7
October 2015	8	13
September 2015	16	8
August 2015	14	8

To view the specific SOLD Listings that comprise the above MLS averages please visit **lake_bonavista.great-news.ca**

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MONDAY SEPTEMBER 12TH AT 2:00PM

Featured at every cowboy festival in Canada, Doris Daley is welcomed back with open arms to Lake Bonavista Village Retirement Community.
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TOURS AVAILABLE

Please RSVP by September 8th 2016
403-258-1849 | 11800 Lake Fraser Driver SE
www.verveseniorliving.com

Deer Park Winter Clothing Event

Need winter clothes for you and your family?

The Annual FREE Clothing Give-A-Way is happening again this year, for one day only!

*Clothing is donated and is gently used.

When: Saturday, Oct. 1st from 10am-1pm
Where: Deer Park United Church, 77 Deerpoint Road SE
Who: Everyone!

Do you have WINTER clothing to give away?
We will be accepting clean, gently-used winter clothing on the following days only:
Day Time Drop-offs:
Sept. 26, Sept. 27, Sept. 28, and Sept. 29 from 9 am-noon and 1 pm-4pm
Evening Drop-off:
Wednesday, Sept. 28 from 5 pm-8 pm

Winter Clothing can be dropped off at Deer Park United Church (77 Deerpoint Road SE)

If you have any questions or would like to volunteer, please call Deer Park United Church at 403-278-8263.

We are always looking for volunteers to help organize and sort clothing for the event!

corespinclub.ca

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OR

GET PAID $2000 TO MOVE UP IN YOUR COMMUNITY

*Cannot be combined with any other offers. Offer expires December 31, 2016.

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liveauburnbay.com

Brookfield Residential

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HOME

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L&M HOME HELPER: We do household, apartment and condo cleaning, laundry and more. Great rates! Call us and let's talk. 403-604-8518 or leave a message for us at 403-455-2691. Trustworthiness is our middle name! References available.

CLEANING SERVICES: Excellent references. Insured and WCB coverage. Weekly, bi-weekly at reasonable prices. For free estimates call Mary at 403-606-6977.

ARTWOOD FLOORS: We supply, install, sand, stain, and finish site-and pre-finished hardwood floors. 15+ years of experience. Dustless sanding commercial grade finishes and quality workmanship at competitive prices. For a free estimate call 403-251-9980 or visit our website at www.artwoodfloors.ca.

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ALL TYPES OF DRYWALL: Boarding taping and texturing. Complete basement developments and renovations. Licensed and insured. References. Call Austin Construction 403-852-2785.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARDBUSTERSLANDSCAPING.COM: Snow removal $129.95. Some conditions. Landscape construction and yard renovation: Stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769.

GARDENING: Fall is the perfect time to renovate your flower beds - remove overgrown shrubs, improve the soil, split those enthusiastic perennials, add new plant material. We design, install and renovate gardens, and do weekly flower bed maintenance as well. Call GardenWise Renovation & Design. 403-278-6109.

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INTERIOR PAINTING: Let us help you update your home with a fresh coat of paint. Dated fireplace bricks can be whitewashed to give your room a modern look. Antiquing furniture is also very popular and we can do that as well. Free estimates, references, colour consulting, quality work. We take pride in our work! Call Colleen at 403-830-3456 Unique Interiors.

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PRIME LANDSCAPING: Providing top quality landscape maintenance and construction to south Calgary. Now booking lawn maintenance and landscape construction for 2016. Contact us for a free estimate, as prices vary depending on project size and complexity. Call 403-720-3478 or e-mail info@primelandscaping.ca. We are ready to get your job done.

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SUMMIT PLUMBING AND HEATING: Renovations and installations. Specializing in residential service including Hot Water Tanks, Gas Fitting, Back Flow Testing and more. Second generation Master Plumber, Seann Eldan, with over 20 years" experience. Experienced team serving Calgary and area. Contact us: Office 403-281-2008, Email summitplumbing@shaw.ca or website www.summitplumbing.ca.

HOME REPAIRS AND RENOVATIONS: Affordable pricing and high quality and detailed work. Drywall, doors and windows, lighting, bathrooms, kitchens, painting and more. Insured. Mon-Fri 8-5pm. Call 403-703-8648 - TH Maintenance Services. Find us on Facebook.

TREES NEED PRUNING, REMOVAL, REPAIR? INSECTS OR DISEASE A PROBLEM? Fall/Winter/Spring (the dormant seasons) are excellent times to have your trees/shrubs serviced by an established (est. 1995), professional tree service. Our goal is to educate and provide practical options. Call - The Yardist Ltd. Tree & Spray Service - 403-242-3332.

BEST HOT WATER TANK PRICES IN TOWN: 40 Gallon Bradford White $800 installed. 50 Gallon Bradford White $975 installed. X-Stream Plumbing And Heating Ltd. Serving your community for over 20 years. Free furnace quotes, furnace repairs and replacements, plumbing repairs, drain cleaning, renovations, basement development, gas-fitting. Licensed and insured. Call 403-726-2226.

THE FINISHER: Wives, I'm here to finish what your husband started and husbands, I'm here to start and finish those projects that need to be done. From complete bathroom renos, basements developed and upgraded, to fences, decks, sidewalks and tree removal. References available. Thank you for all your calls, Wendell at 403-613-6807.

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CHILDCARE/DAYHOMES

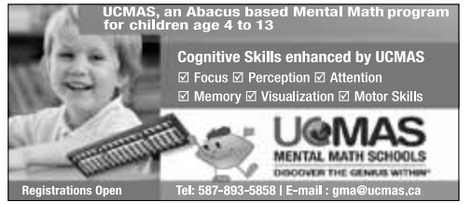
YOGABEARS PLAYSCHOOL CLASSES: Yoga, relaxation, songs, games, stories. Tuesdays, September 20 - December 13, 2016. 9:30-11:00 am or 1:00-2:30 pm. Ages 3-5 years. Cost: $175 for 13 classes or $15.00/class. Deer Run Community Centre. Maximum 10 students. More info call/text 403-809-1930 or visit www.yogabears.ca.

KOALA KINDER CARE: Ongoing registration available in well established day home in Lake Bonavista. A structured, creative, pre-school environment is emphasized. We have fun! Nutritious meals. Impeccable references. Booking well in advance is highly recommended. Specializing in "New moms returning to work". Call Katherine to book your interview 403-969-5254. koalakindercare@gmail.com.

HOLY FAMILY PRESCHOOL & EDUCATIONAL CENTRE: is a new Spanish bilingual childcare facility for ages three to five, located at Lake Bonavista Promenade. We also offer out of school care for children attending kindergarten to grade six, emphasizing learning by playing and Christian moral values. www.holyfamilypreschool.ca, 403-389-5144, info@holyfamilypreschool.ca.

LESSONS / TUTORS

FUN WITH MUSIC IS COMING TO PARK96: An 8 week fun interactive music class that lets children explore all areas of music. Give your child an excellent start in the beautiful world of music. For Ages 3-5 for inquiries contact: 403- 836- 4866 or nfo@cadenzamusicstudio.ca Sept 23 Oct 10.



BRIDGE LESSONS: Learn to play bridge in 10 easy lessons. Small classes taught by experienced teacher in Canyon Meadows. Beginners or those wishing to update their bridge skills are welcome. Classes start September 13 at 7 p.m. Standard American bidding will be taught. Contact Linda at (403)281-5520 or bridgelessons@iCloud.com.

PIANO & THEORY TEACHER: I start beginners. RCM piano and theory exams, festivals and recitals. Contact Charlotte Jacobson BS, KKKT 403-271-2373 or C_jacobson@shaw.ca.

PERSONAL

ESSENTIAL OILS FOR WELLNESS: Essential oils are more than nice scents; these powerful plant extracts are your path to the natural radiance we are committed to helping you discover. Book a one hour introduction to Young Living Essential Oils. Call or text Cindy DeJager 403-512-7847.

MISCELLANEOUS

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

CAR TRANSFER: Attention Snowbirds! Responsible business professional is available to drive your vehicle to the Southern USA. Daily rate, plus reasonable travel expenses and return airfare. Please contact: mggservicesltd@hotmail.ca or please call 403-714-1256, between 9am-5pm Mon-Fri for further details.

K2 BOOKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

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BRAIN GAMES SUDOKU

2	9	3	8	7	5	1	4	6
1	6	4	9	2	3	5	8	7
7	5	8	1	4	6	2	3	9
6	7	9	2	3	8	4	5	1
4	8	5	7	1	9	6	2	3
3	1	2	5	6	4	7	9	8
9	2	7	3	5	1	8	6	4
8	4	1	6	9	2	3	7	5
5	3	6	4	8	7	9	1	2

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What an eventful summer this was! Calgary was bustling with excitement and life during perennial favourites such as The Calgary Stampede, FolkFest, GlobalFest and many amazing community events hosted in Calgary-Fish Creek. One thing I learned from attending all of these events is that rain does not dampen the spirits of Calgarians. It was great to see intrepid volunteers and participants enjoying the sights, sounds and community spirit that helps make such events a success – rain or shine - thank you!

For many of you, September is about transitions. Kids are back to school and resuming many of their favourite extra-circular activities. Others shift from summer recreation to organized fall activities. And autumn brings brilliant colours to Fish Creek! In addition, the Friends of Fish Creek Park are extremely active during the fall season including the Paint What You See - painting with Jim Pescott event on September 24th and A Taste of Autumn on September 16th. Check out Friends of Fish Creek Facebook page for more information about these great events or contact my office.

Did you know September 1 is Alberta's 111th Birthday? This year kicks off with a special event at the Bow Valley Ranche. Alberta's Lieutenant Governor, Lois Mitchell, will announce the winner of the "Birthday Banner" contest and the banner will fly for Alberta's birthday celebrations every year going forward. Our roots are deep and unique and set us apart from all other places In Canada. As a proud Albertan, I am committed to ensuring that our heritage continues to be honoured and celebrated.

Many of you have contacted my office regarding the state of our economy and concerns over the policy direction of the NDP government. Thank you for your thoughts and please continue to email, call, visit the office, or write to us on any matters of interest, as I need to hear from you to ensure effective representation. One issue that I have received feedback on is the court application brought forward by the NDP regarding Power Purchase Arrangements or PPA's. I feel these actions have damaged the trust of investors and is an affront to all who do business in Alberta. I will continue to speak out on items that I feel hurt the economy or are not in the best interest of Albertans.

MLA Cafés will resume in September with the first one being September 16 from 10:00 am – 11:00 am. Many of you have expressed to me that an evening session will benefit many schedules too. Therefore, I am hosting another MLA Café on Monday, September 19 from 5:00 pm – 7:00 pm. This is a great way for people to come, meet me and my staff, become familiar with our location, and casually engage on policies and shared visions for a better province.

Do you enjoy social media? Me too! I welcome you to follow me on Facebook and Twitter, or to call and schedule a meeting. To join our e-newsletter, please send us an email. And know that I take the honour and privilege of representing you in the Legislature very seriously!

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PETER DEMONG

www.calgary.ca/ward14
eaward14@calgary.ca or 403 268-1653

Hi Ward 14! I hope you had a great summer!

Ward 14 Communities BBQ
You are invited to my Ward 14 Communities BBQ. I hope to see you there.

The BBQ is on Saturday, September 24 in the Southcentre Mall Parking lot. It will run from 11 a.m. to 2 p.m. but you might want to get there during the first couple of hours in case supplies dwindle. I encourage you to visit calgary.ca/ward14bbq.

As I write this some of the fine details of what you will see at the BBQ are still yet to be determined. Fear not! I can assure you that you will not be disappointed!

Here is a description of how your trip to my Ward 14 Communities BBQ might go.

The first thing you might do is pick up your free community association membership. One of the main purposes of my BBQ is to raise money for the community associations of Ward 14. This is a win/win situation. The community association gets a new member, you get a free membership, and hopefully people learn more about what their community association does. Your community association will have their own table at the BBQ. Find them, say hello, and pick up your free membership.

Of course giving away memberships does not raise any money for the community associations. That is where the sponsors of the BBQ come in. Mattamy Homes, Great News Publishing, No Bull Bookkeeping, Qualico, United Communities, Jack Carter Chevrolet Cadillac Buick GMC, Genstar, Southcentre Mall, Progressive Waste Solutions, Calgary Co-op, Safeway, and Southgate Chevrolet Buick GMC *are the ones who are supporting Calgary communities by buying you a free membership.*

When you're picking up your membership you will likely notice all sorts of exhibitors. The other main purpose of the BBQ is to give you an opportunity to visit with representatives from the City of Calgary's various departments, its partners, and other community groups. We have had everything from horses to helicopters at the BBQ in the past. While those things can't be planned in advance, I can promise that you will see something relevant to you. Apart from every customer facing department in the City of Calgary organization, there will also be representation from local scout groups, local MLA's, local school board trustees, and other community organizations like the Trico Centre, the South Calgary Primary Care Network, and the Friends of Fish Creek.

Finally, it wouldn't be much of a BBQ without food so you will want to get in line for a free burger and beverage at some point. You will pass the Ward 14 booth along the way where you can get some free swag and enter the prize draw.

Don't hesitate to approach me at the BBQ. I will be running around and making announcements, but always have time to chat.

Macleod Trail & 162 Avenue Interchange Update
Free-flow traffic on Macleod Trail is coming soon. The next major phase of detour for construction of the interchange—which includes free-flow traffic on Macleod Trail—is set to begin at the end of September. I do not have details on the exact date, but you will soon be able to find them at calgary.ca/macleod162ave.

Please don't hesitate to contact me about the interchange, or anything else.

See you at the BBQ!

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication.
Contact news@great-news.ca

- Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- Forty word limit

FLC SENIORS CLUB – TAI CHI 55+ Study of the 105 Movement Yang Style. Our Fall Session starts September 8, with Thursday morning classes held at the Trico Centre. For further information: please call Juliette at 403-225-1593 or Christel at 403-271-1289, or email taichi@flcseniors.ca. www.flcseniors.ca.

CALGARY PUBLIC LIBRARY: Need legal help? Free legal clinic. Wednesday October 19, 9:30 am to 3:30 pm. Calgary Public Library, 616 Macleod Trail SE. Book an appointment: call 587-774-5458 between 8 am and 5 pm, Oct 3 to Oct 13. Space is limited.

LOVE TO SING? Want to experience the benefits of singing in a welcoming vocal community? Vocal Latitudes may be the choir for you. A non-audition community choir, Vocal Latitudes meets Tuesday evenings from September to May in a convenient central location. For more information, see www.vocalatitudes.org.

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REMINDER
REGARDING SUBMISSIONS

Submissions due to LBCA office by email at info@lakebonavistacommunity.com or in person M-F 10-4 pm by 1st of prior month i.e. June 1st for July issue.

Welcome to the Neighbourhood

Need to know something about your new community? Our Community Welcome Wagon Hostess will bring gifts and greetings along with helpful information when you move into Lake Bonavista.

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READY TO INCREASE YOUR CURB APPEAL?

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IMPORTANT CHANGES TO TAX-EXEMPT WEALTH TRANSFER STRATEGIES

On January 1, 2017, the federal government is amending regulations that will significantly decrease the tax efficiency of current "wealth transfer" strategies.

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TAX-SMART INVESTMENT AND ESTATE STRATEGIES

GUEST SPEAKERS:

PETER BOWEN, B.A.(Econ), CA
Vice-President, Tax Research and Solutions

Fidelity INVESTMENTS

M.C. (MIKE) MACOUN, CLU, CHS, TEP
Vice-President, Estate Planning Specialist

RBC Wealth Management
Dominion Securities

DATE: Tuesday, August 30, 2016
3:00 pm - 5:00 pm

LOCATION: **Canada's Sports Hall of Fame**
169 Canada Olympic Road S.W.
Canada Olympic Park
Calgary, AB T3B 6B7

RSVP: Kara Weber
(403) 299-7374
kara.weber@rbc.com

All guests must be registered to attend. (Space is limited.)

Refreshments will be provided
Complimentary parking on site
Includes access to interactive sports, Hall of Fame Gallery & Museum Tour

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