

AUGUST 2017

DELIVERED MONTHLY TO 2,600 HOUSEHOLDS

# MAHOGANY messenger

THE OFFICIAL HOMEOWNERS ASSOCIATION NEWSLETTER



**MAHOGANY**  
HOMEOWNERS  
ASSOCIATION

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— Mahogany —  
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## MAHOGANY HOMEOWNERS ASSOCIATION

29 Masters Park SE, Calgary, AB, T3M 2C1  
 Phone: 403 453 1221 • Fax: 403 474 1202  
 Hours of Operation: 9am to 10pm Daily

Delivered monthly to 2,600 households and businesses

### Editorial Submissions

aramsay@mahoganyhoa.com  
 All editorial content must be submitted by the 1<sup>st</sup> of the month for the following month's publication.

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403-263-3044 | sales@great-news.ca  
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### Published by Great News Publishing

Serving Calgary communities for 28 years  
 91 newsletters reaching over 415,000 households in Calgary and surrounding areas.

#34-4550 112 Ave SE  
 Calgary, AB  
 T2C 2K2

Check out our website:  
[www.great-news.ca](http://www.great-news.ca)



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*The information contained in this newsletter is believed to be accurate, but is not warranted to be so.*

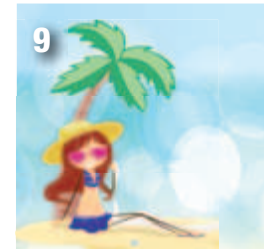
*Great News Publishing and Mahogany Homeowners Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.*

## IMPORTANT NUMBERS

ALL EMERGENCY CALLS		911
Alberta Adolescent Recovery Centre	403-253-5250	
Alberta Health Care	403-310-0000	
AHS Addictions Hotline	1-866-332-2322	
ATCO Gas – 24 Hour Emergency	403-245-7222	
Calgary HEALTH LINK 24/7	811	
Calgary Police – Non Emergency	403-266-1234	
Calgary Women's Emergency Shelter	403-234-7233	
Child Abuse Hotline	1-800-387-5437	
Kids Help Line	1-800-668-6868	
Child Safe Canada	403-202-5900	
Distress/Crisis Line	403-266-4357	
ENMAX – Power Trouble	403-514-6100	
Poison Centre - Alberta	1-800-332-1414	
HOSPITALS / URGENT CARE		
Alberta Children's Hospital	403-955-7211	
Foothills Hospital	403-944-1110	
Peter Lougheed Centre	403-943-4555	
Rockyview General Hospital	403-943-3000	
Sheldon M. Chumir Health Centre	403-955-6200	
South Calgary Urgent Care Health Centre	403-943-9300	
South Health Campus	403-956-1111	
OTHER		
Calgary Humane Society	403-205-4455	
Calgary Parking Authority	403-537-7000	
SeniorConnect	403-266-6200	
Calgary Kerby Elder Abuse Line	403-705-3250	
Alberta One-Call Corporation	1-800-242-3447	
City of Calgary	311	
Social Service Info & Referral	211	
Community Mediation Calgary Society	403-269-2707	
RNR Lockworks Ltd.	403-479-6161	
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## There's More in Mahogany!

For upcoming events, programs, lake conditions, volunteer information and more, check out the Mahogany HOA website:

[www.mahoganyhoa.com/events](http://www.mahoganyhoa.com/events)

# MAHOGANY

# HOMEOWNERS ASSOCIATION

29 Masters Park SE, Calgary, AB, T3M 2C1 • Phone: 403 453 1221 • Fax: 403 474 1202  
Hours of Operation: 9am to 10pm daily

## CONTACTS

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Facilities Manager	Jeff LaPointe	facilitymanager@mahoganyhoa.com
Indoor Bookings		info@mahoganyhoa.com
Programs		admin@mahoganyhoa.com
General Inquiries		reception@mahoganyhoa.com

All residents age 12+ must have their membership card to access the Mahogany Beach Club, including registered programs and Preschool.

Stop by the MBC to have your picture taken and get your card today! Please bring your Certificate of

Title or photo ID showing proof of residency. Tenants must bring in their lease agreement.  
Website: [www.mahoganyhoa.com](http://www.mahoganyhoa.com)  
Facebook: <https://www.facebook.com/mahoganyhoa>  
Twitter: <https://twitter.com/mahoganyhoa>

# Register for Fall Programs!

Fall Programming is now open for registration! We're excited to welcome back some of your favourite programs as well as offer exciting additions like Mom & Baby Yoga and Kid's Hiphop!

**Coming soon – Online Registration!!** We are in the midst of setting up and launching IVRNET which is a new online community based management system to better connect you to your community resources and services. Please watch this space for more details as we roll out the new program. With the new software comes online program registration!



## Mahogany Drop-In Board Games!

Mark your calendars for our second drop-in board games date on Saturday August 12th from 2:00pm – 8:00pm!

Drop in for 15 minutes or a couple hours. Bring your neighbours, friends and family of all ages and discover something new. Or bring your favourite game and meet some new friends.

### Some games that will be available include:

- Axis and Allies
- Boss Monster
- Chess & Checkers
- Clue
- Cribbage
- Ticket to Ride
- Life
- Magic: The Gathering TCG
- Monopoly
- Munchkin
- Pokémon TCG



## Tips on Surviving the Hot Summer Heat

If you are going outside for any length of time **SLIP** on a shirt, **SLAP** on a broad brimmed hat, **SLOP** on some sunscreen, **SEEK** some shade, **SLIDE** on some sun glasses and **SIP** lots of water and fluids.

Remember the 6 Sunny S's **SLIP, SLOP, SLAP, SEEK, SLIDE & SIP** for a fantastic fun day at Mahogany Beach.

### Be SunSmart

Slip!  
Slop!  
Slap!  
Seek!  
Slide!





### Calling all Budding Journalists!



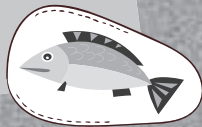
The Mahogany HOA is looking for kids to do playground reviews! Contact us at [info@mahoganyhoa.com](mailto:info@mahoganyhoa.com) if you would like to be a part of our Young Journalist Program.

### Family of the Month

Are you interested in having your family profiled in the newsletter as "Mahogany's Family of the Month?" Contact us at [info@mahoganyhoa.com](mailto:info@mahoganyhoa.com) to have your family's story told!

### Personal Boat Use

When using your own boat in the lake please remember that PFDs are always required. Follow the rules on cleaning and drying your boat to help prevent Whirling Disease. More information on the prevention of Whirling Disease can be found at [www.mahoganyhoa.com/lake-status-update/](http://www.mahoganyhoa.com/lake-status-update/).



### Save the Date!

**Movie Under the Stars**  
Saturday, September 16, 2017  
6pm-10pm

Watch for details on Facebook and the MHOA website.



### Swimming Lessons in Mahogany

Did you know that Mahogany offers Red Cross swimming lessons at the lake? Check out the programs page of our website for more information. Inclement Weather Refund Policy: If there is rain, thunderstorms or the air temperature dips below 15°C, that day's lessons will be cancelled and refunded.

### PARTY, PARTY, PARTY!

Looking to book a birthday party space for someone special in your family? The Mahogany Beach Club has the space for you. We now have more birthday party options to meet your party space and time needs. Call us 403-453-1221 or drop by the Beach Club and see how we can help you plan your next party!

# Mahogany Beach Club - Reminders

## Park and Lake Reminders

- All members, age 12 years and over, must bring their membership card each time they wish to access the park, lake and Mahogany Beach Club – not just one card per family.
- No children under 12 years of age are permitted in the park without an adult.
- No pets are allowed at the MBC facility or parks.
- No smoking, alcohol or glass containers are permitted in the parks.
- Only charcoal briquettes may be used in the barbecues.
- Members assume full responsibility for their guests at all times and members must be present in the park at all times while their guests are using the facility.
- Lending your membership card to another person is prohibited.
- Members are limited to a household maximum of 8 guests per day.

## Boat Rentals

Fishing boats, kayaks, pedal boats and Stand Up Paddle (SUP) boards are available to residents on a first come first serve basis. Members who sign out the boat must be in the boat at all times. No children under the age 16 are to be in a boat without an adult. PFDs are mandatory and MUST be worn at all times. There is a 1 hour time limit on boats loans.

## Fishing

The Mahogany Homeowners Association encourages the practise of catch-and-release to make fishing more enjoyable for the families of Mahogany, however members are now allowed to remove fish from the lake. Members are allowed 2 fish per day per household up to 12 fish per month. This is a household limit and includes fish caught by your guests. Please report your catch by telling Beach staff onsite, phoning the main office or emailing [reception@mahoganyhoa.com](mailto:reception@mahoganyhoa.com). Fishing is permitted from the Fishing Dock, Private Docks and fishing boats. Fishing from shore is permitted on the south side of the MBC fishing dock up to the bridge. Absolutely no live bait is permitted.

## Tennis Courts

Unless reserved for MHOA programs, the courts are available on a first come first serve basis. There is a 45 minute restriction during busy times. Tennis courts are to be used for tennis only. Soft soled court shoes are required. Chairs and other hard objects are not permitted on the courts.

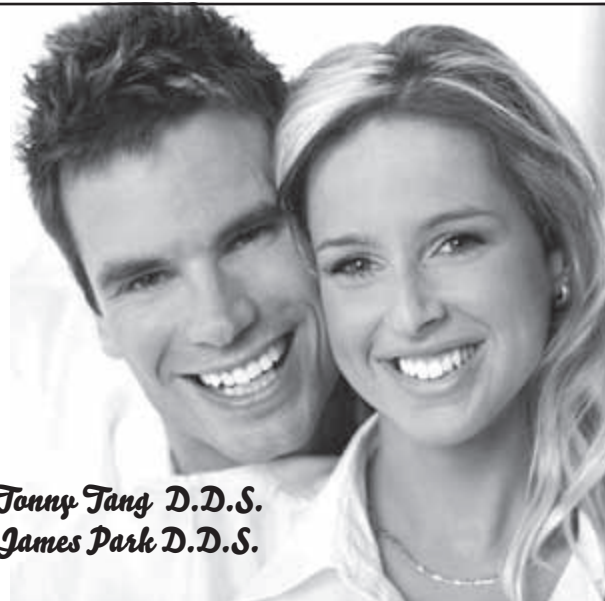
## Hockey Rink

The hockey rink is available for inline roller blading. You must put your skates on at the rink. They are not allowed on the pathways within the MBC or at the West Beach.

## Aerators

The aerators have now been turned on. WARNING: As per the Rules and Regulations, please do not enter the park or the lake outside of park hours. The lake aerators pose a significant safety risk.





**New Patients Welcome**  
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Sedation Dentistry Available

*Dr. Tony Tang D.D.S.*  
*Dr. James Park D.D.S.*

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[www.mckenziedental.com](http://www.mckenziedental.com)

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# Library on Wheels!

Join the Calgary Public Library Book Truck onsite at the Mahogany Beach Club from 10:00am to 12:00pm. *Upcoming dates:*

**August 2, 16 & 30**  
**September 13 & 27**

While the weather is nice Storytime will take place on the lawn beside the bus from 10:00-10:30.  
Hope to see you there!



**SOUTH CALGARY & OKOTOKS KARATE**  
OPENINGS FOR BEGINNERS

SOUTH CALGARY WADO KAI KARATE  
BEGINNER TO BLACK BELT



**McKenize Lake School**  
Mondays 4:30 - 5:30pm Ages 6 - 12 years

**Deer Run Community Centre**  
Saturdays 9:30 - 10:45am Ages 6 - Adults

**West Island College (Blackfoot & Glenmore)**  
Tuesdays 5:15 - 6:30pm Ages 6 - Adults

**Dr. Morris Gibson School (Okotoks)**  
Tuesdays 5:30 - 6:30pm Ages 7 - Adults  
Thursdays 5:30 - 7pm Ages 12 - Adults

403-257-4638 or Online Registration [calgarywadokai.com](http://calgarywadokai.com) / [okotokswadokarate.com](http://okotokswadokarate.com)





**OPEN HOUSE | REGISTER TODAY**  
Aug 28 - Sept 11 for FALL MUSIC PROGRAMS

Private Lessons on Piano, Guitar,  
Voice, Violin, Drum, Flute, Music  
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**Yamaha Lessons for ages 2 and up.**  
**Call to book your free Yamaha lesson**

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FOR OVER 50 YEARS**

**Serving Calgary for over 11 years!**

**GRAND OPENING!**

Mahogany Village Market  
Unit 1310, 7 Mahogany Plaza S.E.

Shoppes of Bridlewood  
Unit 344, 2335-162 Ave S.W.



## South Calgary PAP Clinic

PAP tests - BREAST exams - Early Prenatal Care

# When was your last PAP test?

- STI testing, Contraception, Prenatal Care.
- Our women's clinic provides a safe informative environment for sexual and reproductive health exams. Female physicians only.
- Welcome to Dr. Laura Huber who is now accepting patients in her family practice.

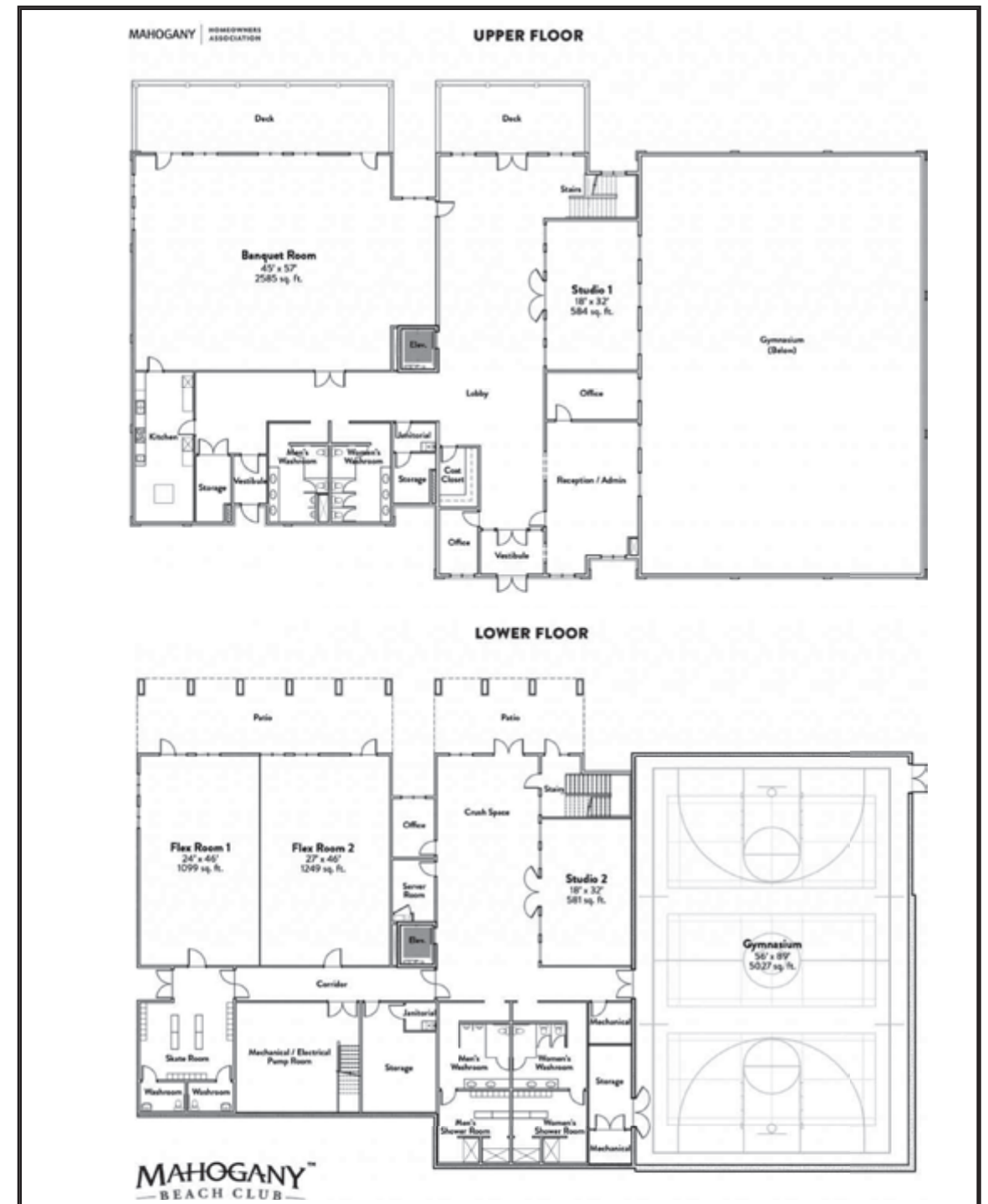
Evening and Saturday appointments available.  
Call (403) 254-2030 to book an appointment.

Visit our website at [www.thesundanceclinic.com](http://www.thesundanceclinic.com)

## The Sundance Clinic

FAMILY PRACTICE - SPECIALTY CLINICS - BABY CLINIC - SOUTH CALGARY PAP CLINIC

South Calgary Health Centre Building  
31 Sunpark Plaza SE Calgary T2X 3W5



# MAHOGANY™ — BEACH CLUB —

## Indoor Rental Rates

Room	Member	Non-Member	
Banquet	\$64.00/Hour	\$80.00/Hour	Please call 403.453.1221 or email <a href="mailto:info@mahoganyhoa.com">info@mahoganyhoa.com</a> for further information and to book a rental.
Studio 1	\$34.00/Hour	\$45.00/Hour	
Studio 2	\$34.00/Hour	\$45.00/Hour	
Flex Room 1	\$38.00/Hour	\$50.00/Hour	
Flex Room 2	\$38.00/Hour	\$50.00/Hour	

\*Non-member rates available.

Rental Packages	Member Rate*
Wedding Package A – Saturdays from 9:00am–1:00am	\$1,168.00
Wedding Package B – Friday 6:00pm–10:00pm & Saturday 9:00am–1:00am	\$1,360.00
Wedding Package C – Saturday 9:00am–1:00am (Outdoor Ceremony & Indoor Reception)	\$1,410.00

## Backyard Fire Safety tips from your Calgary Fire Department

Enjoying a recreational fire in your backyard can be a great way to spend a summers evening. Here are some Safety and bylaw considerations for you.

- Always confirm that a Fire Ban is not in effect before starting a fire for recreational purposes.
- Fires may only be burned in fire pits between 10 a.m. and 1 a.m.

### Rules for Fire Pits:

1. Backyard fire pits should be built into the ground, on brick or stone, or in a fire-proof container. Portable fire pits may be used on a deck as long as they sit on brick or stone, and not directly on your wooden deck. Always refer to the Fire pit manufacturer for approved fire pit locations.
2. Fire pits must be at least two metres away from your property line, house, garage, or fence.
3. Fire pits must **NOT** be under any trees, branches, plants or other materials that can catch fire.
4. All fires in your fire pit must be kept to a reasonable size; 1 metre high and wide.
5. **A mesh screen or "spark guard" is now required** in order to reduce the spread of embers. The openings of the mesh must not be greater than 1.24 cm.
6. Only burn clean, dry firewood.
7. **Do Not Burn:**
  - Wood that is painted, treated or contains glue or resin
  - Wet or green/fresh cut wood
  - Yard waste (cut grass or leaves)
  - Garbage
  - Rubber or plastic
  - Furniture
8. Always have a way to extinguish the fire in the event of an emergency. Easy options are having your watering hose or a bucket of water nearby.
9. All fires in your fire pit must never be left unattended.
10. Aside from safety considerations, not following these rules can lead to fines of \$500, \$1000 or even \$5000.

For more information go to [Calgary.ca/fire](http://Calgary.ca/fire).



Dear Great News Publishing,

Please **DO NOT** run my ad next month. My ad has been **WAY TOO EFFECTIVE**. My phone won't stop ringing with people saying they saw my ad in the newsletter. Now I need to hire more people to keep up with all my new customers! I'm amazed at how well this worked!

Thanks for all your help,  
Sincerely,  
Laura

*Owner of Buds and Blooms*

Contact us today to find out how you can make this customer's experience your reality!

**403-263-3044**  
**sales@great-news.ca**

\*Actual customer experience.



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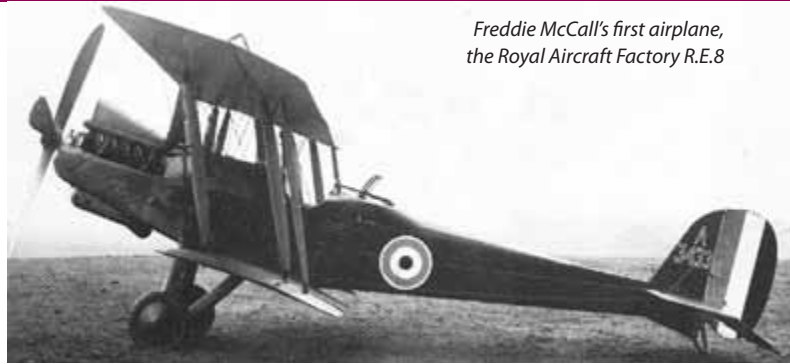
## Frederick McCall Canadian Air Ace, WWI and WWII (4 Dec. 1896 – 22 Jan. 1949)

Born in Vernon, BC, McCall and his family came to Calgary in 1906. As a young man looking to serve the country, he enlisted with the 175th Battalion of the Canadian Expeditionary Force (CEF) in 1916. Eight months later, he was in France overseeing the battalion as sergeant. In 1917 McCall received a commission as a lieutenant pilot trainee, and in December was assigned to No. XIII Squadron RAF on the Western Front.

McCall's assigned airplane was the Royal Aircraft Factory R.E. 8, a scrappy little two-seater craft that had improved speed and climb over its inferior predecessor, the B.E. 2. It allowed for better payload delivery over longer distances, an essential strategy in the wide-ranging and many battle fronts of WWI. The craft would serve McCall well in that first World War.

McCall's first aerial victory occurred while flying the R.E.8, shooting down a German aircraft. McCall was awarded the Military Cross "for conspicuous gallantry and devotion to duty," and two weeks later the accompanying Bar for downing an enemy scout aircraft while on a mission to take photographs.

After his third victory while flying the R.E.8, McCall was next transferred to No. 41 Squadron RAF and began flying the Royal Aircraft Factory S.E.5. He was awarded the Distinguished Flying Cross after scoring four "kills" in May 1918. On June 28th, 1918 McCall downed four enemy aircraft, including one shared with Eric John Stephens. Just two days later, on June 30th, Captain McCall downed five more Germans, four in the morning and



*Freddie McCall's first airplane,  
the Royal Aircraft Factory R.E.8*

the fifth that evening. For this McCall was awarded the Distinguished Service Order.

Following the armistice, the pilot embarked upon a variety of civil aviation ventures, beginning with the risky and audacious profession of stunt flying. On July 5th, 1919, while barnstorming, he crash-landed when his engine failed while he was taking off. His landing site was the top of the merry-go-round at the Calgary Exhibition and Stampede. He and his two passengers walked away from the jaw-dropping mishap.

He founded his own company, McCall Aero Corporation Limited, in 1920. With this company McCall flew commercial freight and passengers across Canada, pioneering air travel to Banff. Later, he founded another aviation company, Great Western Airways. One of his more spectacular achievements was the flying of 200 quarts of nitroglycerin from Shelby, Montana to Calgary in 1928. The following year, he ignored bad weather to fly a doctor to the Skiff oil fields to treat two seriously injured workers.

As the Second World War began, McCall was recalled to service with the Royal Canadian Air Force as a Squadron Leader, based at numerous western Canadian bases. He died in Calgary in '49 at the age of 52.

Freddie McCall appears in exhibits in several museums in and around Calgary, such as the Glenbow Museum and the Calgary Aerospace Museum. In 1939 the Calgary Airport was named after him but has since been renamed Calgary International Airport.

If you make your way to McCall Industrial Park, McCall Way leading to and from the Airport or McCall Lake golf course, remember this remarkable Calgarian for a moment or two as his legacy survives in our bustling city.



# Foraging in Calgary's Wild Berry Patches

After a seemingly endless winter, summer in Calgary is a wonderful time to go for long walks or bike rides, especially along the Elbow and Bow rivers. Believe it or not there is an abundance of wild berries growing on the riverside and all over our city, and they are ripe for the pickin' right about now.

There are numerous wild, edible berries in Southern Alberta, but here are a few of the most common ones:

**Red Raspberries:** These bright red, sweet and tart berries are what many childhood memories are made of in our province. The mid-sized bushes have light green leaves that are toothed along the edges and are greenish-silver on the other side. The raspberries grow in clusters on the end of the stems and will continue to produce fruit through the growing season after they are picked. These bushes may or may not have thorns, so be cautious and bring gardening gloves if you are going hunting for these particular little gems.

**Saskatoon Berries:** Saskatoon berries are native to Alberta. The Plains Indians ate the fruit both fresh and dried in their dietary staple, pemmican. These berries are dark purple when ripe, very tart and sweet with a slight almond flavour, and make excellent jams, preserves and pies. The mid-to-tall sized bush has small green leaves and sports white flowers in the spring. The berries grow in clusters along the stems, so if you're really ambitious, you may want to bring along a small step ladder to harvest the ones up high.

**Choke Cherries:** These little beauties are so named for their large pit, but don't be deterred, they are sweet and juicy and make a lovely jelly—just be aware when the kids are gobbling them up. This mid-sized bush will have oval-shaped, dark green leaves that point at the end. The berries are red, ripening to bluish-black and hang in dense popsicle-shaped clusters that will pull the branches down with their weight when ripe.

These berries will grow along the rivers and ravines in our city. If you're planning on goin' pickin' bring a bucket or sturdy container of some sort and gloves; don't go during the heat of the day because the berries will mush or burst in your fingers; try to avoid areas that may have been recently plied with pesticides or the like; get a field guide to correctly identify your berries before consuming them. Some good places to start your berry adventures are Paskapoo Slopes, Edworthy Park, Stanley Park, Inglewood riverside and Beaverdam Flats. Happy hunting!

# Retired or need cash flow?

An investment of **\$100,000** can provide you with a monthly cash flow of:

## \$435.67\*

For more details on cash flow options, contact me today.



### Brad Mackie

Scotiabank Investment Specialist

403-808-2791

brad.mackie@scotiabank.com

[www.scotiabank.com/investmentspecialists](http://www.scotiabank.com/investmentspecialists)



Example is based on investing \$100,000 in:

- Dynamic Value Balanced Fund – Series T
- NAV Price/Unit (as of June 30, 2017): \$4.4300
- Number of Units Purchased: 22573.363
- Monthly Distribution Amount: \$0.019\*\*

\*Actual amount may vary. \*\*Targeted monthly distribution rates are based on the net asset value per unit of a fund as at the fund's previous year-end. Target distributions are not guaranteed and may change at any time at the discretion of the fund's Manager. If distributions paid by the fund are greater than the performance of the fund, distributions paid may include a return of capital and an investor's original investment will shrink. A return of capital is not taxable to the investor, but will generally reduce the adjusted cost base of the securities held for tax purposes. If the adjusted cost base falls below zero, investors will realize capital gains equal to the amount below zero. Distributions are automatically reinvested unless an investor elects to receive them in cash. Investors should not confuse a fund's distribution rate with its performance, rate of return or yield.

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**SOLD within 1 Week!!**



**304 NEW BRIGHTON VILLAS SE** \$285,000  
1,048 sqft, 2 Bedrooms, & 2.5 Bathrooms  
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## Backyard Play Safety

Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children. Although direct supervision is the best method to reduce the chance of injury, ensure your play equipment in your yard is in good repair and is suitable for the age and skill of the children using it. Check play equipment often; replace or repair any worn or broken parts. Set up play equipment over top a 9-inch layer of shock-absorbing material such as sand, wood chips, or pea gravel which extends 6 feet out in all directions from the play area.

### Water hazards

- Drowning contributes to unintentional injury-related death among children ages one to four;
- Children can drown in just a few centimetres of water if it covers their mouth and nose;
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres (\*) high and have a self-latching, self-closing, lockable gate. (\*Alberta Building Code)

### Lawn and garden tools

- Keep young children away from outdoor power equipment;
- Serious burns may result from touching hot engine surfaces;
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

### Insect bites and stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;
- Avoid wearing brightly coloured clothing outdoors;
- Consider destroying or relocating hives and nests situated near your home;
- To avoid injury through inadvertently stepping on a stinging insect always wear footwear outdoors;
- If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it;
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 9-1-1.

# FALL PROGRAMS

START	END	PROGRAM	TYPE	TIME	WKS	MEMBER PRICE	CMCA PRICE	PUBLIC PRICE	DESCRIPTION
Mon Sept 11	Wed Mar 28	DDP Yoga 20 Day Drop-In Punch Passes	Adult	7:15 - 8:15PM	25	\$ 216.00	\$237.60	\$259.20	This is Cardio Yoga. This program combines the best of Traditional Fitness, Sports Therapy and Dynamic Resistance.
Wed Sept 13	Wed Mar 28	DDP Yoga 10 Day Drop-In Punch Passes	Adult	7:15- 8:15PM	25	\$108.00	\$118.80	\$129.60	Please see DDP Yoga description above.
Tues Sept 12	Tues Nov 28	Bootcamp	Adult	6:00 - 7:00PM	12	\$129.60	\$142.56	\$155.52	This innovative metabolic and strength training Co Ed workout is sure to impress fitness lovers of all levels maximizing your fitness goals to give you the best bang for your buck.
Fri Sept 15	Fri Dec 1	Kickboxing	Adult	7:30 - 8:30PM	12	\$129.60	\$142.56	\$155.52	This electric 50-60-minute fusion class of martial arts and boxing movements will kick your cardio fitness to the next level while defining and shaping your body and self-confidence!
Sun Oct 1	Sun Dec 10	Tennis - Youth (Ages 8-12)	Pre-Teens	10:00 - 11:00AM	10	\$100.00	\$110.00	\$120.00	Using modified tennis balls, racquets, nets and courts, young players are properly equipped to enjoy rallies and learn the fundamentals of the game early on.
Sun Oct 1	Sun Dec 10	Cardio Tennis	Adult	11:00 - 12:00PM	10	\$100.00	\$110.00	\$120.00	Cardio Tennis is a high energy fitness activity that combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout.
Thurs Sept 14	Thurs Nov 30	Systema	Adult	7:30 - 9:00PM	12	\$144.00	\$158.40	\$172.80	Systema: Martial Arts (Self-Defense). Each class combines dynamic strengthening, flexibility, and endurance exercises into a component that stresses proper posture, breathing, relaxation, and movement.
Mon Sept 11	Mon Dec 4	Karate - Kids & You (Ages 4-7)	Child	5:00 - 5:45PM	11	\$198.00	\$217.80	\$237.60	Kids Karate & You (1 child ages 4-7yrs + 1 parent) Sweat, punch, kick, roll, and grow together as you and your little one develop your Karate skills and build a relationship to last through the years.
Mon Sept 11	Mon Dec 4	Karate - Traditional Gojuryu (Ages 8-13)	Pre-Teens	6:00 - 7:00PM	11	\$132.00	\$145.20	\$158.40	Learn self-defence through the ancient art of Karate, learn to break fall, roll, block, punch, kick, and jump. Students will improve their flexibility, strength, endurance and overall fitness which contributes to a healthier, happier life.
Wed Sept 13	Wed Nov 29	Karate - Kids & You (Ages 4-7)	Child	5:00 - 5:45PM	11	\$198.00	\$217.80	\$237.60	Please see Karate - Kids & You description above.
Wed Sept 13	Wed Nov 29	Karate - Traditional Gojuryu (Ages 8-13)	Pre-Teens	6:00 - 7:00PM	11	\$132.00	\$145.20	\$158.40	Please see Karate - Traditional Gojuryu description above.

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# FALL PROGRAMS...CONTINUED

START	END	PROGRAM	TYPE	TIME	WKS	MEMBER PRICE	CMCA PRICE	PUBLIC PRICE	DESCRIPTION
Tues Sept 12	Tues Nov 14	Zumbini (Ages 0-3)	Child	10:00 - 10:45AM	10	\$120.00	\$132.00	\$144.00	Designed to let you and your little ones (0 to 3 years old) wiggle, sing and learn together, the Zumbini™ program is where the science of child development meets the magic of Zumba®. Registration fee includes family registration, a book and two music CDs.
Wed Sept 13	Wed Nov 15	Zumbini (Ages 0-3)	Child	10:00 - 10:45AM	10	\$120.00	\$132.00	\$144.00	Please see Zumbini description above.
Tues Sept 12	Tues Nov 28	Bricks4Kidz: Little Builders (Ages 3-5)	Child	4:30 - 5:15PM	12	\$183.60	\$201.96	\$220.32	Kids will learn interesting facts about real world objects and animals in these interactive lessons which reinforce counting, patterning, spatial awareness and fine motor skills. Unit: Water, Water Everywhere: Water is part of our everyday lives
Tues Sept 12	Tues Nov 28	Bricks4Kidz: Early Engineers S.T.E.M (Ages 5-12)	Pre-Teens	5:30 - 6:30PM	12	\$183.60	\$201.96	\$220.32	Concepts of design, scale, torque, friction and gear ratio come alive! Imagination and critical thinking is encouraged as kids are challenged to modify pieces and test outcomes to further expand on their learning. Unit: Space Adventures: Space, often called "the last frontier", has inspired scientists, star-gazers and adventurers for generations.
Fri Sept 15	Fri Dec 1	Young Rembrandts Preschool (Ages 3.5-5)	Child	5:00 - 5:45PM	12	\$158.40	\$174.24	\$190.08	Drawings like the marbles will help your preschooler master the art of creating a circle, a deceptively simple yet complex shape. The acorn and apple tree drawing will strengthen your child's compositional skills and use of colors. Basic facial and figure drawing will also be addressed as our students learn to draw a funny clown and scarecrow.
Fri Sept 15	Fri Dec 1	Young Rembrandts Elementary Drawing (Ages 6-12)	Pre-Teens	6:00 - 7:00PM	12	\$158.40	\$174.24	\$190.08	We say farewell to summer in our detailed still life drawing of a beach. We explore color usage and composition in our chameleon and fire truck drawings. Our students will learn cultural themes as they draw and color Kawaii inspired art.
Wed Sept 13	Wed Nov 29	Sportball/ Multisport Parent & Child (Ages 2-3)	Child	5:00 - 5:45PM	12	\$187.20	\$205.92	\$224.64	Sportball Parent & Child programs focus on physical literacy and social exploration as toddlers learn fundamental sport skills and participate in creative motor games, songs, rhymes, stories, bubble time and more.
Wed Sept 13	Wed Nov 29	Sportball/ Multisport Coach & Child (Ages 3-5)	Child	5:45 - 6:45PM	12	\$187.20	\$205.92	\$224.64	Each class focuses on one of eight different popular sports: hockey, soccer, football, baseball, basketball, volleyball, golf and tennis.
Wed Sept 13	Wed Nov 29	Sportball/ Multisport Soccer & Floor Hockey *Just the Game* (Ages 6 - 9)	Pre-Teens	6:45 - 7:45PM	12	\$144.00	\$158.40	\$172.80	Sportball's Just the Game programs are perfect for kids who want to play for the love of the game. Coaches act as referees, teaching skills through league-style games and a few key drills.

## Mahogany mybabysitterlist

Name	Age	Contact	Course
Brynn	16	403-278-6855	Yes
Carolin	52	587-580-6638	No
Jessie	22	303-961-7295	No
Kaitlyn	15	587-432-0221	Yes
Kyla	14	587-215-9983	Yes
Lisa	28	506-721-8460	No
Mursal	20	403-827-9882	Yes
Shannon	25	403-614-2570	Yes
Stephanie	26	403-473-0680	No

**Calling All BABYSITTERS** Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS** Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).

### Every family has a story...

Have your family's story featured in our newsletters and receive a complimentary photoshoot!



Email [info@mahoganyhoa.com](mailto:info@mahoganyhoa.com) to have your family featured in the next edition.

# FALL PROGRAMS...CONTINUED

START	END	PROGRAM	TYPE	TIME	WKS	MEMBER PRICE	CMCA PRICE	PUBLIC PRICE	DESCRIPTION
Sun Sept 17	Sun Dec 3	Sportball/Multisport Parent & Child (Ages 16-24 mth)	Child	9:30 - 10:15AM	10	\$156.00	\$171.60	\$187.20	Please see Sportball/Multisport Coach & Child description.
Sun Sept 17	Sun Dec 3	Sportball/Multisport Parent & Child (Ages 2-3)	Child	10:15 - 11:00AM	10	\$156.00	\$171.60	\$187.20	Please see Sportball/Multisport Coach & Child description.
Sun Sept 17	Sun Dec 3	Sportball/Multisport Coach & Child (Ages 3-5)	Child	11:00 - 12:00PM	10	\$156.00	\$171.60	\$187.20	Please see Sportball/Multisport Coach & Child description.
Mon Dec 18	Fri Dec 22	Sportball Holiday Camp (Ages 3-6)	Child	9:00AM - 12:00PM	n/a	\$120.00	\$132.00	\$144.00	Sportball's action-packed Half-Day camps introduce children to a variety of ball sports and fun games PLUS arts and crafts, snack time, stories, and more!
Wed Sept 13	Wed Nov 29	Little Ballerina's (Age 3)	Child	5:00 - 5:30PM	12	\$115.20	\$126.72	\$138.24	Simple exercises and ballet basics are introduced, but fun, make belief and creative expression keep your little ballerina skipping!
Wed Sept 13	Wed Nov 29	Primary Ballet (Ages 4-6)	Child	5:35 - 6:20PM	12	\$172.80	\$ 190.08	\$207.36	Students will learn ballet basics, how to control and isolate their bodies, and the joy of ballet in a positive and fun environment. Tippy toe walks, butterfly runs and happy toes round out this class to make it fun for everyone!
Wed Sept 13	Wed Nov 29	Hip Hop (Ages 4-6) *New Program*	Child	6:30 - 7:15PM	12	\$172.80	\$ 190.08	\$207.36	Participants will earn the coolest moves of today and showcase their own style. By learning different styles of hip-hop and including their own personal flair, dancers of all ages will be building confidence and being funky at the same time!
Mon Sept 11	Mon Oct 23	Prenatal Yoga	Adult	6:00 - 7:00PM	6	\$79.20	\$87.12	\$95.04	A gentle class to unwind, relax and build strength in a safe and supportive environment. We will practice yoga and breathing techniques to help prepare you for childbirth and make your prenatal experience more enjoyable and comfortable.
Mon Sept 11	Mon Nov 27	Yoga Flow	Adult	7:00 - 8:00PM	11	\$118.80	\$130.68	\$142.56	Make time for yourself, awaken your body, and quiet your mind. We will focus on breathing and alignment in the postures as we develop body awareness, strength, balance, and flexibility.
Thurs Sept 14	Thurs Oct 19	Mom & Baby Yoga *New Program*	Child	9:30 - 10:45AM	6	\$86.40	\$ 95.04	\$103.68	This class will teach postures to reconnect with your postnatal body and rejuvenate through gentle exercise focusing on safely restoring core and pelvic floor strength, as well as some exercises for baby that will aid digestion, relaxation and sleep patterns and provide a unique bonding experience through these important and stressful early months.
Thurs Oct 26	Thurs Nov 30	Mom & Baby Yoga *New Program*	Child	9:30 - 10:45AM	6	\$86.40	\$ 95.04	\$103.68	Please see Mom & Baby Yoga description above.
Wed Sept 13	Wed Nov 29	Zumba	Adult	7:00 - 8:00PM	12	\$129.60	\$142.56	\$155.52	Zumba Fitness® is a fitness program that associates aerobic movements with the use of Latin rhythm and more. The Zumba approach introduces exercising through dance. It is a fun way to get in shape because each class is like a party.



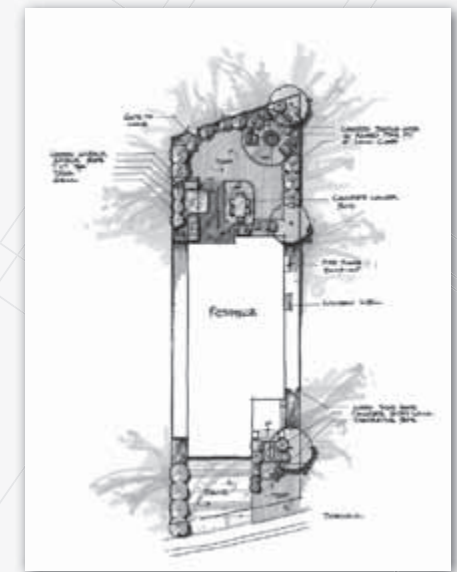
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117230 (06/2017)



Councillor, Ward 12  
**Shane Keating**

403-268-1698

CAWard12@calgary.ca

[www.calgary.ca/ward12](http://www.calgary.ca/ward12)



**first2000days**  
Early Childhood Development Network  
North West Coalitions

## Helping Your Children with Social and Emotional Skills for Kindergarten

Age 5 is a “big” age as these kids are getting ready for school! Now we have to focus on getting ready for Kindergarten and learning new skills.

Kindergarten is right around the corner and this is such a fun (yet stressful) time for kids. Here are some tips to help your child look forward to starting school.

1. Visit the school playground and have fun playing!
2. Ask him/her to draw a picture of how they think the first day will be. Answer any questions that they may have.
3. Set up a goodbye and pick up plan. And stick to the plan as much as you can!
4. Plan what they will wear on the first day!
5. Walk your child to the door on the first day.
6. Talk about the day after school is done. Ask if they remember something fun they did, or was there something important they learned.
7. Listen to their feelings and respond with kindness and concern. Showing empathy is important!

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children – Social Competence, Emotional Maturity, Language & Thinking Skills, Physical Health & Well-being, and Communication Skills & General Knowledge. We are always looking for interested parties to join our coalitions.

### Ward 12 Newsletter Update – August 2017

Can you believe it is August already? Summer is a beautiful time in our city. Seeing so many people out enjoying the great weather reminds me just how fortunate we are to live here. The construction schedule has been busy throughout the summer and we have a City programs that will be coming online this fall.

### Green Cart Food and Yard Waste Program

The Green Cart program allows for Calgarians to dispose of all food and yard waste. The organic materials will be turned into nutrient-rich compost at the new indoor composting facility at the Shepard Waste Management Facility. The program will be rolled out in southeast Calgary between August 28 and September 30. To find more information visit [www.calgary.ca/greencart](http://www.calgary.ca/greencart).

### Glenmore/Ogden Interchange

This project increases capacity on one of Calgary's busiest commercial goods corridors. When completed, motorists will be able to travel on Glenmore Trail with no signal lights between Barlow Trail SE and Sarcee Trail SW. Major construction began in August of 2015 and we expect the project to complete later in 2017. You can find more information on this project by going to [www.calgary.ca](http://www.calgary.ca) and entering “Glenmore Ogden Interchange” into the search bar.



## Wary in the Prairie

Prairie dogs have a complex system of communication that sound like pitched warning barks that signal different types of predators. They earned their name from settlers traveling across the plains who thought that these warning calls sounded like dogs barking.

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## Mahogany Homeowners Association

29 Masters Park SE, Calgary, AB, T3M 2C1  
Phone: 403 453 1221 • Fax: 403 474 1202

### Last 12 Months Mahogany MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
June 2017	\$594,950.00	\$588,885.00
May 2017	\$538,000.00	\$502,000.00
April 2017	\$554,200.00	\$555,625.00
March 2017	\$524,900.00	\$524,900.00
February 2017	\$554,900.00	\$534,950.00
January 2017	\$514,900.00	\$501,150.00
December 2016	\$536,900.00	\$516,000.00
November 2016	\$589,450.00	\$575,000.00
October 2016	\$539,450.00	\$528,410.00
September 2016	\$539,900.00	\$529,000.00
August 2016	\$559,900.00	\$552,500.00
July 2016	\$587,400.00	\$587,400.00

### Last 12 Months Mahogany MLS Real Estate Number of Listings Stats

	No. New Properties	No. Properties Sold
June 2017	29	18
May 2017	18	17
April 2017	19	24
March 2017	27	27
February 2017	19	16
January 2017	21	12
December 2016	10	11
November 2016	17	10
October 2016	17	14
September 2016	18	19
August 2016	27	17
July 2016	16	26

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To view more detailed information that comprise the above MLS averages please visit [mahogany.great-news.ca](http://mahogany.great-news.ca)



## Whirling Disease

Thank you for efforts in preventing Whirling disease in Mahogany's lake! We are still Whirling Disease free! Keep up the great work to Clean, Drain and Dry your boats & equipment!

Clean and inspect your boat and all equipment that has been in contact with water. This includes boats, boots, waders, PFDs and swimming floats. Remove mud, sand and plant materials. Rinse, scrub or pressure wash your boat and equipment using hot water if possible (90°C or hotter).

Drain water from your boat and equipment before leaving the shoreline.

Dry your boat and equipment completely between trips and allow a minimum of 24 hours to air dry before entering new waters. Leave compartments open on boats and equipment. Sponge out standing water.

**Legacy Names**

Both Alberta and Lake Louise got their names from the fourth daughter of Queen Victoria, Princess Louise Caroline Alberta. However, the town of Caroline, Alberta does not get its name from the princess, and is instead named after Caroline Langley, whose family opened up the town's first post office.



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## YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

### The Market on Stephen Avenue – Tuesdays until Sept. 5, 11 am – 5 pm

Bring your enviro bags and coolers! You'll find up to 60 vendors; from fresh food (produce, breads, pastries, etc) spices, sauces, treats, art, fashion, jewelry and so much more! Found on Stephen Avenue between 1 Street East and 2 Street West. More info: inquiries@dmeinc.ca.

### Honens Festival – Various Venues, Sept. 7 – Sept. 10

The award-winning Honens Festival returns for a four-day festival of music with a side of maple syrup! To mark Canada's 150th birthday, this celebration of piano showcases some of the country's brightest classical music stars alongside Honens Laureates through innovative performance projects and dynamic community concerts. More info: honens.com.

### Beakerhead – Various Locations, Sept. 13 – Sept. 17

One of the world's most original spectacles of art, science and engineering, will erupt this September when the fourth annual Beakerhead hits Calgary. Look for mechanical creatures, multi-story art installations, famous and soon-to-be famous scientists and inventors, and performances by people and machines. The dose of quirky spectacle will include more than 65 events. More info: beakerhead.com.

### Techstock 2017 - 3553 31 Street NW, Sept. 14

This is an annual event hosting 30+ start-up companies and researchers who showcase their innovations to the public. This year they explore how technology and social innovations are making a profound impact on our society and driving change in areas such as sustainability, health, education, gender equality and more. More info: innovatecalgary.com/events/techstock/

### Railway Days – Heritage Park, Sept. 23 - 24

There is fun for the whole family at Railway Days! As one of the few sites in North America with two steam locomotives, our trains take centre stage for two days with demonstrations, hands-on activities, and exciting exhibits. More info: heritagepark.ca.

### CALGARY PRIDE PARADE 6 AVE. AND 6 ST. SW SEPTEMBER 3, NOON – 1:30

The signature Calgary Pride Parade is one of the most colourful celebrations of the year!  
More info: calgarypride.ca.



Photo by JMacPherson

### CIRCLE THE WAGONS 3951 TRASIMENE CRESCENT SW SEPTEMBER 9, 11 AM – 11 PM

This year's traveling carnival of local food, beer, music, art and performers will be proudly hosted at Currie. Currie boasts Canadian Pride, and to help further amplify the celebratory energy from Canada's 150th anniversary. More info: circlethewagons.ca.



### YW WALK A MILE IN HER SHOES STEPHEN AVENUE AND OLYMPIC PLAZA SEPTEMBER 19

Hundreds of men and women will step onto Stephen Ave. in high heels to show their support for women and children who are victims of family violence. More info: walkamile.ca.



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