

MAY 2019

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THE OFFICIAL HOMEOWNERS ASSOCIATION NEWSLETTER

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Join the Calgary Public Library onsite at the Mahogany Beach Club from 10:00am to 12:00pm. Upcoming dates:

May 8 and 22

Storytime will take place in Flex Room 2 from 10:00am-10:30am .

Hope to see you there!



Hourly Rates

Room	Dimensions	Capacity	Member	Non-Member
Mahogany Banquet Hall 2585 sq. ft.	47' x 57'	200	\$75.00	\$89.00
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for further
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to book a rental.

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Member Rate*

Wedding Package A – Saturdays from 9:00am–1:00am	\$1400.00
Wedding Package B – Friday 6:00pm-10:00pm & Saturday 9:00am-1:00am	\$1650.00
Wedding Package C – Saturday 9:00am-1:00am (Outdoor Ceremony & Indoor Reception)	\$1700.00



There's More
in Mahogany!

For upcoming events, programs, lake conditions, volunteer information and more, check out the Mahogany HOA website:

www.mahoganyhoa.com/events

MAHOGANY

HOMEOWNERS ASSOCIATION

29 Masters Park SE, Calgary, AB, T3M 2C1 • Phone: 403 453 1221 • Fax: 403 474 1202
Hours of Operation: 9am to 10pm daily

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All residents age 12+ must have their membership card to access the Mahogany Beach Club, including registered programs and Preschool.

Stop by the MBC to have your picture taken and get your card today! Please bring your Certificate of Title

or photo ID showing proof of residency. Tenants must bring in their lease agreement.

Website: www.mahoganyhoa.com

Facebook: <https://www.facebook.com/mahoganyhoa>

Twitter: <https://twitter.com/mahoganyhoa>

“Where you watching TV last night?”

TV has influenced our lives for decades. From I Love Lucy to Archie Bunker, from West Wing to Game of Thrones, to Fake News ...

What has been on the TV that has had the most impact on you? Let's talk about it.

MAHOGANY
Chatter Matters.

“What's on your mind?”

Next Discussion: **Sunday May 26 (2:00 to 3:30 pm)**

Topic: ***What TV Programs Have Influenced You The Most?***

Place: 451 Mahogany Terrace S.E.

Contact: Allan Ramsay - phone (587) 356-4790; email abrams@shaw.ca

***Yeah, you sent her
a card,
but did you build
her a shrine?***

Andrews Methodist Episcopal Church has been designated as a shrine to all mothers. The founder of Mother's Day, Anna Jarvis, attended the church in her youth and sent over 500 carnations on May 10, 1908, to be distributed to the congregation's mothers.

In 1914, Mother's Day became a nationally observed holiday in the United States.



MHOA Encumbrance Dues

IMPORTANT: As of May 1st, outstanding fees will be sent to Legal Collections and can no longer be collected at the Mahogany Beach Club or paid online. This will result in a Legal Fee of approximately \$500 added to your account.

Thank you to all of those who have submitted their MHOA payment for 2019.

SPRING PROGRAMS

Registration Now Open!

Visit www.mahoganyhoa.com





Geraniums

by Barbara Shorrock

Barbara Shorrock has been gardening in Queensland for over 40 years.

All geraniums are perennials—they are just not all perennial in our zone. They belong to the Geraniaceae family and are separated into the genus *Geranium* and the genus *Pelargonium*.

Most gardeners are familiar with the typical bedding plant or potted variety available in garden centres and retail stores everywhere in the spring. We plant them in beds, flower boxes and hanging baskets, and enjoy the blooms from June through September, until we toss them into the composter and plan for next year. These familiar “geraniums” are actually pelargoniums, despite the common geranium label. They grow naturally in some areas of Africa, Saudi Arabia, the Mediterranean, Australia and New Zealand. They like lots of sun, warm to hot temperatures, and a little lime in their soil. Pelargoniums are not frost tolerant but can be kept alive for many years if moved indoors or to a heated greenhouse during winter. The most common varieties we see here are Ivy, Scented, Regals and Zonals.

Zonal pelargoniums are upstanding, erect plants with stiff succulent stems, and fairly rounded leaves. They are most popular in our area and are so named because of the leaf coloration—the zone takes a uniform position around the heart-shaped leaf and is set well inside the leaf margin. The leaf may be green, white or cream, with the zone color contrasting or complementing. Flowers can be single, double or semi-double all clumped into a ball on a single succulent stem. Each individual bloom has 5 petals, although there are exceptions. Colors occur in the warm to hot ranges, from white through all the pinks and peaches to red and burgundy. Sizes include dwarf (max 12 inches in height), miniatures (max 7 inches), and a whole range of others up to shrub size. Gardeners with limited space pinch the branch tips back to encourage compact bushy growth. Easy to grow and maintain with regular watering and warm to hot sunshine, they provide a splash or a carpet of color all summer long.

Regals (most often seen labeled ‘Martha Washington’) have dramatic large flowers with wavy, fringed, pansy or simple shapes. The petals are blotched or streaked with darker col-

ors, providing an endless variety to choose from. I have not found these as hardy to over-winter as the zonals but am determined to keep on trying.

Scented varieties are chosen for the leaves, which come in such scents as rose, mint, citrus, lavender, chocolate, and even Jell-O! Ideally, you should place these plants where their leaves will be brushed in passing, releasing their perfume to be enjoyed.

Ivy-leaved varieties are most popular for hanging baskets, as they have been hybridized to emphasize a trailing habit. They will also climb, if given some help. Forgetting to water or feed can have beneficial results. The stress sometimes changes the pigments in the leaf so that attractive pinks appear in place of greens especially around the edges of the leaves.

True Geraniums are the real perennials here, as many of them are comfortable in Zones 3 and 4. Coming from wild species that have been toughing it out on mountain sides and forest edges, they fit very nicely into our Chinook belt. Commonly referred to as “Cranesbills”, the fruiting body has a long point that looks like its namesake. The flowers are smaller and fewer per group, although maintaining the 5-petals pattern. Colors range from white through purple, with some blues. At the base of each petal is a nectary which produces a sugary nectar. Bees are greatly attracted to these flowers and will flock to your garden if you have geraniums planted. The foliage of wild geraniums is diverse and beautiful. The leaves are mostly divided into five, each of which is much indented. They typically grow in a mound or hummock, or tall, with an open rosette at the base. Useful as a ground cover, they are known to stop weeds in their tracks. They can be naturalized in meadows and woodland gardens and will self-seed in the right conditions. The blooming period is much shorter, (late spring to midsummer) although you can encourage a second show by cutting off all the spent blooms before they set seed. In the meantime, enjoy the leaves and shapes. They can be grown in a sunny bed, or part shade under trees, with more moisture. A lime-type soil (as most of us have here) is welcome.



Jonathan has been steadily increasing his involvement in the neighbourhood and for that we are very grateful! Jonathan brings his neighbours together on his block, makes things look good for us (runs a graphic design business), and was instrumental in this years Learn2Skate program! Thanks Jonathan for all you do!

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Straight from the Unicorn's Mouth: An Overview of Unicorn Mythological History

by Alexa Takayama

This month, I decided to look at unicorns because they just feel spring-y. My research taught me two things: unicorns are one of the oldest depicted mythological creatures, and Europeans liked to write descriptions of rhinoceroses, but no one ever bothered to draw pictures to go with them. Which makes the journey of how we got from rhinoceros to glittering white, horned horses a bit of a disjointed mess. I'll do my best.

Let's get some unicorn basics out of the way: as we understand them today, unicorns are white horse-like creatures with a long, pointed horn protruding from their foreheads, sometimes with cloven hooves or a lion-like tail. Unicorns are untameable, strong, proud and haughty, and would rather die than be captured. They can only be calmed and captured by a virgin. Their horns are made out of a substance called alicorn which is believed to have magical medicinal properties, such as being able to nullify poisons and cure diseases. Some "official" measurements state a unicorn's horn is between 1 cubit and 1.5 cubits (roughly 50 to 70 cm). You know unicorns are old when we're measuring things in cubits!

We also need to talk about the monoceros, which was a creature that was conceptually related to the unicorn but was not a unicorn. At the same time, the term monoceros was used interchangeably with the term unicorn. (Which doesn't complicate things at all.) And like the unicorn, a lot of descriptions of them seem to bear a closer resemblance to rhinoceroses.

Let's talk about some of those descriptions, shall we? The oldest recorded writing describing a unicorn was in India, written by Greek physician and historian Ctesias the

Cnidian. He described them like "wild asses" (probably specifically the onager, an Asiatic animal closely resembling a donkey) with a horn that is red, white, and black. In his book, *Natural History*, Pliny the Elder described a monoceros having the head of a stag, body like a horse's, the feet of an elephant, and the tail of a boar. He also said it made a deep bellowing noise and has a black horn. There is record that Marco Polo claimed to have seen a unicorn, saying they are smaller than elephants with heads like a wild boar, feet like an elephant's, rough hair like a buffalo, and a big black horn. He described them wallowing in mud and called them ugly. (Rude.) He also expressed disappointment that they were nothing like the way Europeans imagined them.

Every instance just seems to me as someone trying to describe a rhinoceros, but after the world's oldest game of telephone, we somehow ended up with our modern rendition of the unicorn.

But let's not forget about the virgins! What's up with that? Well, in the Middle Ages and the Renaissance, a book called *Physiologus* had an elaborate allegory about a unicorn, which represented the Incarnation of Christ, laying its head on the lap of a maiden, which represented the Virgin Mary. It seems from here that the idea that a unicorn can only be captured by a virgin originates from. From there, there have been many pieces of both religious and secular art showing the hunt of the unicorn. It is sometimes depicted wearing a collar with a broken chain. The unicorn is very popular in heraldry as well.

Now you have a brief overview of unicorns. There's a lot I didn't get to cover, so stay tuned for next month's article where I'll talk specifically about the unicorn's horn.



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May 6, 7, 13, 20, 27

RED CROSS SWIMMING LESSONS

JULY 15th – 26th (Mon-Fri) 2 weeks

All lessons will take place in the Lake!



Coming soon, visit www.mahoganyhoa.com



Want a Safer Community? Get to Know Your Neighbours!

A great crime prevention tool is simply saying “hi” to your neighbours. The more interactions neighbours have with each other forms community relationships that will help increase neighbourhood safety. Here are three reasons that being neighbourly builds a safer community:

Belonging

Knowing your neighbours can increase a sense of belonging and respect. When neighbours have a relationship, neighbourly tension and community disputes can be reduced.

Be Alert!

If an emergency does arise, when you know your neighbours you can readily identify those who may have special needs, mobility issues, or those who need additional assistance.

Attitude Shift

Many neighbours watch each other but what if we change our attitude to watching out for our neighbours instead?! Watching out for your neighbours could make the difference in reducing criminal activity. When you can rely on the people who live closest to you it increases your sense of safety and prevents crime.

A great way to start to build a relationship is by using a *My Neighbour Card*

If you would like to grab some *My Neighbour Cards* for your street stop by our office at #110, 720 – 28 Street NE.



Environmental Committee

The Mahogany HOA Environmental Committee is planning the following events this spring to keep our community beautiful, please save the following dates and join us and keep our community Blue & Green.

Annual Mahogany Wetlands Cleanup meet us at the Climbing Park on Mahogany Boulevard SE on Sunday, May 5, 2019 10am to 12pm. The cleanup is on the same day as the City of Calgary River Pathways cleanup. Bring the whole family and meet your amazing neighbours! Complimentary Goodies will be provided by Cobs Mahogany.

Blue Water/Green Earth Day is Saturday, June 1, 2019 at the West Beach. A volunteer signup sheet will be out in May, stay tuned. We require volunteers for setup, take down, paddle boards, kayaks, haulers, food, recycle, compost and garbage monitors. Looking forward to seeing residents join us.

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What Is Your Garden Style?

Do you have a future for your garden?

A garden can be anything from yards full of perennials and mulch, a dry creek bed with a few rocks and drought-tolerant plants to creating areas to entertain or places to imagine and move.

As landscapes mature, things change. Trees get taller, casting deeper shade and bushes outgrow their original places in the garden.

Then there is the home in which the lifestyles of its occupants change. Children grow up, eliminating the need for play areas (with exception to grandchildren) and caring for the home and garden may prove to be either more difficult as you age or, if retired, more energizing.

We consider these projects garden adjustments because they were not a complete rebuild.

Sometimes there is a little hard landscaping involved and what little there was did not involve specialist skills, just hard work.

If nothing else, we think this shows the power that plants have to fundamentally change an outdoor space.

- ✓ What works for you and your yard.
- ✓ Grow flowers you like.
- ✓ Trees and shrubs, you like.
- ✓ Grow food you want to eat.
- ✓ Take care of the environment.
- ✓ Make it economical.

A great opportunity to learn from the best gardeners in Calgary & the Calgary Horticultural Society.



DESIGN YOUR YARD workshops at MAHOGANY BEACH CLUB

WORKSHOP #1 - FULL

WORKSHOP #2 Thursdays - May 9, 16 & 23 / 6:30pm - 9:30pm

<https://www.calhort.org/whats-happening/#cid=771&id=240&wid=5101&refid=https%3a%2f%2fwww.calhort.org%2fwhats-happening%2f%23cid%3d771%26wid%3d5201>

Participants will learn:

- ✓ How to work through the process to develop a yard plan
- ✓ How to apply basic design principles and techniques for creating a beautiful, environmentally responsible, functional yard
- ✓ Basic graphic skills and plant knowledge
- ✓ How to calculate volumes of soil and mulch using online calculators and how to access available resources in the community (such as free mulch from the City)
- ✓ Best practices for irrigation of their yard
- ✓ How to select plants at a garden centre to fulfill their yard design's requirements

Participants will need:

- ✓ Property dimensions - Real Property Report (RPR)
- ✓ Graph paper, ruler, pencil and eraser
- ✓ Wish list of requirements
- ✓ Photos for your wish list
- ✓ Suitable clothing for working outdoors

To register for the workshops, go to <https://www.calhort.org/>

Two people residing at the same address who work on one-yard plan together may attend the workshop for a single workshop fee. Both names must be provided at the time of registration.



SPRING ART FESTIVAL

MAY 3 & 4 - Mahogany Beach Club

Friday May 3 – 7:00pm – 10:00pm,

Spring Art & Wine exhibition opening reception.

Saturday May 4 - 1:00pm – 4:00pm,

Spring Festival

- Spring Art Exhibition and Sale
- Public Art – Workshop, looking for Mahogany Residents to participate in our 2nd Mahogany Public Art Installation
- Spring information Sessions
 - Beekeeping Display
 - Community Gardens
 - Bow Point Nursery
 - Green Calgary
 - Twisted Rim
 - Bow point Nursery
 - Bat Display
 - Aquatic Ecology Display
 - Fishing

**Lots of fun
things to do
and see.**

	1		2					
3		6				2		
4					8	5	6	7
8				7	9	1	2	
		2				3		
	7	1	3	6				9
9	8	7	4					1
		3				7		2
					7		3	

FIND SOLUTION ON PAGE 22

Accountant

Stanley Doherty, CPA, CMA

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Door-to-Door Sales

Warm weather and sunny days mean people are coming out of their winter indoor hibernation, including door-to-door solicitors.

When someone knocks on the door, follow these BBB tips for safe and secure door-to-door sales:

Ask for credentials. Always ask for identification and licensing. Keep in mind that some businesses are not required to carry a direct seller license. Check with Service Alberta to find out which companies require licensing.

Beware of high-pressure sales tactics. Some alarm salespeople have been known to use fear to fuel sales. A vendor might spin tales of neighbourhood break-ins (which may or may not be true) to get you motivated to buy. Don't be manipulated by emotions—use logic to make your purchasing decisions as much as possible.

Get it in writing. Be sure you receive a written contract or receipt that clearly explains the details of your purchase and all of the terms and conditions that apply.

Remember the “10-day Cooling-Off Rule.” Under certain conditions, the *Fair Trading Act* gives consumers 10 days to cancel certain purchases. Along with a receipt, the salesperson should always provide a cancellation form that can be sent to the company to cancel the purchase.

Research the company with BBB. Visit bbb.org to view the company's BBB Business Review to view complaint details, ratings, customer reviews and more.

For more tips you can trust, visit bbb.org.



Volunteering
is good for the soul



IN MY BOOKS

You Went Away

by Timothy Findley

Review by Tasneem Capacee

You Went Away, a novella written by Timothy Findley is a story of loss and heartbreak that occurs during World War II. Mi is a mother of 2 children whose hus-

band, Graeme (Gray) is enlisted in the Navy as a pilot. This tale is about Mi, Gray and their eldest son, Matthew.

Graeme, the last of his mother's children, suffers from the guilt of being unable to enlist in World War I, just like his decorated father and brother. So, when the second world war is declared, Gray cheerfully enlists in the war as a RCAF pilot. Instead of picking up a bicycle for his son on his birthday, he goes to enlist in the war. This sets the tone for the whole book. As the war progresses, Graeme's romantic thoughts about the war fade, and his drinking and affairs with other women increase. Amidst all this, Mi tries all that she can to continuously forgive her husband and keep Matthew and Gray's bond strong. *You Went Away* focuses on all the emotions one would feel if their partner was away from extended periods of time. It also brings forth the mindset and emotions of a person who is going through infidelity and alcoholism. Lastly, it shows the emotions of a child who has an absent father/parent.

You Went Away is a book about loss that occurs during WWII. However, the loss that Findley focuses on is not truly in the form of physical life. Even though Mi and Gray do lose their daughter at a very young age, the focus of the story is about a person who is alive but is just not there anymore – physically and emotionally. Throughout the book, the reader is able to truly connect with Mi and Matthew. They are always the protagonists. Gray, as his name is aptly chosen, is the character that the reader is meant to root for. The reader is meant to hope that he changes and becomes a better person, for the sake of the protagonists. This is what makes this book intriguing and interesting.

What works for this book is the raw human emotions that are expressed and showcased through the characters of Mi, Matthew and Gray. In Mi we see a deep need to keep her family together, especially after her daughter passes away. We also see her contemplative thoughts about leaving the marriage and trying to save

the marriage at the same time. One of the most beautiful moments of the book occurs towards the end where Mi finds out that Gray has continued his affair with another woman and everyone around her knows about it. In order to protect herself and her son, she chooses to confront Gray and his mistress in public. The calm behaviour and impactful words that Mi has when she confronts the two and reveals to the mistress that she is Gray's wife, shows the maturity that she possesses as well as the built up hurt and frustrations within her.

We see a lot of Mi and Matthew's thoughts throughout the book however, most of what we know about Gray's behaviour and how he came to become so unhappy and unfaithful is implied. This results in a lot of disconnect from Gray's character. Though, some might argue this is a flaw in the writing and others might say it is purposely done.

I recommend *You Went Away* for the mere reason that it shows you the struggle that people go through when they lose a person.

3.5/5

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LEGO Club

On May 31 from 4:00-7:00pm

Join us in the Mahogany Banquet Hall to build new LEGO creations or try out the monthly challenge. There is a ton of LEGO and Duplo to build with and it is free to attend! All ages are welcome; kids 12 and under need to be accompanied by an adult.

If you have any LEGO, Duplo, Mega Bloks or similar type building bricks that are looking for a home we would love to add them to our collection.

Contact communitysupport@mahoganyhoa.com for more details.

Mahogany Residents and their Guests ONLY



The Goose Predicament

Did you know? In Canada, it's a federal crime to disturb an active Canada Goose nest.

They are protected by the Migratory Birds Convention Act and dealing with problem geese can only be done with a permit.



Now Hiring Seasonal Staff

Are you home for the summer and looking for a great job? Would you like to work close to home, gain valuable experience and make new friends? The Mahogany HOA is now hiring for the following positions:

Seasonal Beach Staff

Summer Camp Counselors

Check out our career page at www.mahoganyhoa.com/main/careers/ for job descriptions.

Please send your resume with cover letter to admin@mahoganyhoa.com or drop it off at the Mahogany Beach Club.



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BOB – The Benefits of Bootcamps

by Nora Anash

Spring is here and warmer weather is approaching. A new season may mean changing up your workouts or increasing your level of activity, but what activity should you do? You could start running, hiking, biking, or trying a group fitness class like *bootcamps*.

Bootcamps have achieved a reputation for being a no-nonsense workout. There are many different types that have plethora of fitness benefits. Here are some things to know to help you find a class that fits your needs.

Bootcamp is a type of class that includes different training methods and approaches. For example, High Intensity Interval Training, a.k.a. HIIT, could be one part of a bootcamp class or the lead actor. An instructor may also include classic strength training techniques like super setting, performing an exercise back-to-back with no break, or running you through mini circuits that include a combination of cardio, strength, and flexibility exercises. Creative instructors may also incorporate partner training, games and obstacle courses into the class, which builds camaraderie and infuses fun into the workout.

Bootcamp classes are great for people who get bored easily, appreciate variety in their workouts, and enjoy working out in a group setting. These classes can help meet your fitness goals, whether you're looking to lose weight, improve your strength and power, or maintain your current fitness level.

The most important thing is to not be intimidated! Before you start looking for a bootcamp class or any fitness class understand your fitness goals, your fitness personality and what motivates you. Also, investigate the class and the instructor who runs it. Is the class moderate or high intensity? Inside or outside? Are modifications offered?

A bootcamp class can be challenging but understanding your needs and what to expect in the class will set you up for success.

Proper Disposal of Smoking Material

The Calgary Fire Department reminds Calgarians that whether you're indoors or outdoors, and regardless of the season proper disposal of smoking materials is a smart choice.

Disposing of cigarette butts in planter pots, soil, peat moss, or your lawn or garden is the leading cause of outdoor fires in Calgary. Fires that start outside of a building are potentially much more dangerous for occupants since smoke alarms may not detect the fire until it is well underway.

To better protect your home and your community, it is recommended that you:

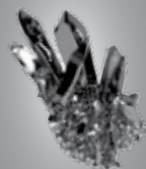
- Ensure all butts and ash are out by dousing with them with water prior to putting in the trash.
- Always dispose of cigarette butts in a deep, wide, sturdy metal container with a lid. The container should be filled part way with sand or water that is emptied regularly.
- Prune all tree branches within two metres of the ground and plant new trees at least three metres apart.
- Assess potential fire hazards within 30 metres of your home, including natural debris, trees and other structures.
- Use your ashtray to dispose of any smoking material when driving. Throwing a cigarette butt out of your car window is a serious fire hazard, pollutes our roadsides and has environmental impacts.
- Remember to always call 9-1-1 to report a fire.

Visit calgary.ca/smokingdisposal for more information on disposing of smoking material.

Osmium

Osmium is a blue-gray metal that is roughly twice as dense as lead, comparably hard as a diamond, and twice as reflective as gold. Osmium alloys (osmium mixed with other elements) can be found in fingerprint detection technology, fountain pen nibs, and was once used for lightbulb filaments (before tungsten).

Os





Calling all Artists and Art Enthusiasts!

Mahogany 2nd Annual Art Festival is back May 3th – 4th, 2019. The festival kicks off Friday evening with an Opening Reception and is open on Saturday for viewing.

To submit work for the festival, please contact info@mahoganyhoa.com for an entry form. Check out our Facebook page and website or information.

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4	2	9	1	3	8	5	6	7
8	3	4	5	7	9	1	2	6
6	9	2	8	4	1	3	7	5
5	7	1	3	6	2	4	8	9
9	8	7	4	2	3	6	5	1
1	4	3	6	8	5	7	9	2
2	6	5	9	1	7	8	3	4



How to Hire Outdoor Contractors

Beaming sunshine and blooming plants may kick your spring fever into high gear when it comes to re-vamping your yard. Weed out shady outdoor contractors with these BBB tips:

- **Figure out what the final picture looks like and then plan accordingly.** Will you require lawn-care, a landscape designer, a concrete or paving contractor? If you are looking to re-model your yard, maintenance up-keep or fix a problem, you will have to seek out the appropriate contractor.
- **Get it in writing.** Written documentation will hold your landscaper accountable to agreements as well as provide clarity when it comes to billing and refund policies. Contracts should include start and completion dates, costs and payment plans and warranty information.
- **Insist on an inspection before committing to a contractor.** Ask the contractor to come out and inspect your property beforehand. That way they will have a clear picture as to what you are looking to accomplish and determine if they are capable of doing the work.
- **Ask about liability insurance.** By law, contractors are not required to carry liability insurance. But, if they don't, you could end up liable for damage sustained to your property, or your neighbour's property.
- **Check licensing.** Check for city/municipal and provincial licensing. Also ask if the contractor charges deposits. If so, they must have a Pre-paid Contractors License issued by Service Alberta.

For more information, visit bbb.org.

strangers

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janeswalk.calgaryfoundation.org

YOUR CITY OF CALGARY

Green Carts Spring into Weekly Collection Schedule

Spring has sprung, and with it comes an increase in yard waste. Weekly green cart collection will resume the first week of April.

Calgarians can visit calgary.ca/collection to find out their new green cart schedule and to sign up for free reminders including phone, email and text alerts or download the free Garbage Day app to receive notifications on their smartphones.

There are no changes to blue or black cart collection.






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Ainsley	15	403-305-2776	Yes
Bailey	15	403-818-3540	Yes
Brynn	18	403-278-6855	Yes
Caitlyn	15	403-988-7573	Yes
Carolyn	54	587-580-6638	No
Davina	14	587-888-9911	Yes
Davina	14	587-888-9911	Yes
Eryn	13	403-650-5464	No
Jessie	24	303-961-7295	No
Kaitlyn	17	587-432-0221	Yes
Lisa	30	506-721-8460	No
Maya	15	587-439-1597	Yes
Mursal	22	403-827-9882	Yes
Stephanie	28	403-473-0680	No

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FF THE MENU

Mayonnaise is one of the world's most popular condiments. Some of the countries where it is the most popular are Russia, Chile, and Japan!

Ask Charles

I've recently started hearing reports about radon in Alberta homes. If I'm buying a home in Alberta, is it something I should be concerned about?

You're right to be asking this question. A lot of people aren't familiar with radon, but they should be.

Radon is an odourless, tasteless, colourless radioactive gas that is the by-product of uranium decay. Uranium occurs naturally in soil and rock formations, and places with higher than normal uranium deposits, such as Alberta and Saskatchewan, have higher radon levels.

Radon seeps through the earth and into basements, where it can become trapped because of the efficient way our homes are sealed from the outside elements.

Prolonged exposure to radon can lead to health problems, including lung cancer. In fact, after smoking, radon gas is the leading cause of lung cancer.

Unfortunately, there's not much that can be done during the offer and negotiation phase of a real estate transaction because reliable radon tests take 90 days to complete. That's much longer than a typical offer to purchase timeline including time for condition removal.

However, some Alberta homeowners are having their homes tested for radon knowing what a serious health issue it is. If you find a home you're interested in, ask the seller if they've had their home tested and ask for

the test results. If the radon test showed high levels of radon (higher than 200 Becquerel), that's considered a material latent defect that **MUST** be disclosed to prospective buyers unless a radon mitigation device is installed prior to listing.

The good news when it comes to radon is that it's a solvable problem. Even if you fall in love with a home that hasn't had a radon test or the results are high, a radon mitigation device can be installed to vent radon gas outside the home from the basement. Mitigation costs vary but are often not more than \$2,000-\$3,000. Hire a Certified Radon Technician to install the device to ensure it's done properly.

If you buy a home that hasn't had a radon test done, we encourage you to proceed with a radon test within 90 days of possession. This is health issue, and radon testing, and mitigation is money well-spent. For more information about radon, go to Health Canada's website and search "radon."

"Ask Charles" is a question and answer column by Charles Stevenson, Registrar of the Real Estate Council of Alberta (RECA), www.reca.ca. RECA is the independent, non-government agency responsible for the regulation of Alberta's real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email askcharles@reca.ca.

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Aging in Place

Most Canadian seniors want to remain in their own homes for as long as possible.^{1,2} Canadians are living longer and are increasingly reaching the age of 100. Between 2006 and 2011, the number of Canadian centenarians increased by almost 26 percent, the second highest increase of all age groups, after the 60 to 64 age group which increased by 29 percent.³ According to new data from the Office of the Chief Actuary, the average life span for Canadians aged 65 and above, is 87 for men and 89 for women.⁴

Aging in place means having access to services and the health and social supports you need to live safely and independently in your home or your community for as long as you wish or are able. If you are a near senior or senior who is thinking about aging in place and would like to know more about what you may need to do to prepare for your later years, this is for you. Thinking about the future and being prepared will help you to make the most of your later years and have more control over your decisions. Making a plan will give you the best chance to have a satisfying and positive experience as you age and will help you to age in place.

Each month we will review one of nine areas of life using a checklist to help you review your plan and to help you think about what you can do now to improve your life as you age.

This column is based on the experiences of people like you, who have shared their thoughts about planning and preparing for their older years. Thinking about what you would like your life to be like in 10, 15 or 20 years, and what you might be able to do now to give you more control over future changes, will help you to maintain your health and independence for as long as possible.

Having a plan to age in place could prevent you from having to make hasty decisions in the future, especially when dealing with change resulting from a crisis.

Plan for the future today to help you live the life you want tomorrow.⁵

My Health

- This month we are going to use this checklist to assess your current state of health. Answer “**Yes**” or “**No**” to the following statements as they reflect your current state of health.
- I am physically active and do a variety of physical activities that I enjoy.
- I eat seven or more servings of fruit and vegetables in a day.
- I have a healthy body weight that has remained the same for the past six months.
- I schedule regular appointments for physical, vision, dental and hearing check-ups.
- I know what screening tests are recommended for my age and discuss these with my doctor.
- I do not smoke, or I have a plan to quit in the future.
- If I drink alcohol, I stay below the limits suggested for adults my age.
- I avoid alcohol when taking medication or check with a doctor or pharmacist first.
- I generally experience good mental health. I am aware of the signs and symptoms of depression/anxiety and if they continue, I will take steps to address them.
- I keep my mind active through a variety of interests and hobbies, such as reading.
- I know how to keep my bones healthy and strong and have discussed this with my doctor or other health care professional.
- I have talked with my doctor about my pre-existing medical condition and what services and supports I may need as I age.
- I am aware of my family’s medical history and have talked with my doctor about what I can do now to maintain my health and how my health care needs may change as I age.
- I am aware of electronic tools, such as medication reminders and health management systems that will allow me to remain healthy.
- I have written down my wishes for care in the event I become incapable of giving my consent.

Yes responses indicate those areas of your life where you are most prepared for the future. **No** responses indicate areas where you need more preparation to successfully age in place.

Review your **No** responses. These are the areas you may wish to reflect upon and try to make changes.

Endnotes

1. Lifeline, P. (2011), *Lifeline report on Ageing in Canada* retrieved from http://www.lifeline.ca/content/english/in_the_news/report_on_ageing
2. Federal/Provincial/Territorial Ministers Responsible for Seniors (2011), *Issues related to the Aging population: Perceptions and Reactions – unpublished*
3. Statistics Canada (2011), *Centenarians in Canada: Age and sex, 2011 Census*, http://www12.statcan.gc.ca/censusrecensement/2011/as-sa/98-311-x/98-311-x2011003_1-eng.cfm
4. Office of the Chief Actuary (2014), *Mortality Projections for Social Security Programs in Canada*.
5. Federal/Provincial/Territorial Ministers Responsible for Seniors (2013), *Thinking About Aging in Place*. <http://www.seniors.gc.ca/working/fptf/place.shtml>

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The carnation, a common flower in bouquets, is also known as dianthus.

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~continued on page 31~

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Password: Acorn1234

Squirrels are one of the top threats to power grids, so much so that the American Public Power Association tracks data of squirrel incidents which they call "The Squirrel Index." Some commentators have joked that squirrels are bigger cyber terrorist threats than foreign powers.

CCSD BOARD OF TRUSTEES

Website: www.ccsd.ab.ca/BoardOfTrustees
Email: trustees@ccsd.ab.ca

Learn more about your Calgary Catholic School District Board of Trustees!

On March 13th, the Calgary Catholic School District (CCSD) Board of Trustees approved our 2020-2023 Three-Year Capital Plan. It will be submitted to Alberta Education in advance of the May 31 deadline. CCSD has ten items on our first-year list of priorities. They include:

- 9 new elementary or elementary/junior high schools
- 3 innovative new high schools, including one Extended Learning Centre
- 1 junior/senior high school addition/enhancement in Airdrie
- 11 major modernization requests

These priorities are assessed annually and re-evaluated frequently, which allows CCSD to respond to emerging trends. At CCSD, we anticipate continued enrollment and plan for growth through the lens of innovation, flexibility and sustainability. Currently, we are managing an overall district utilization rate of 86.1 per cent, and in some areas, our utilization rate exceeds 100 per cent, well above the provincial benchmark of 85 per cent.

As the only jurisdiction in Alberta that has metro, urban and rural populations, CCSD is unique in the complexity of its infrastructure and we must ensure that these needs are addressed. As a corporate board, we are charged with ensuring that every decision we make with respect to infrastructure is evaluated through the lens of what is best for our 57,000 students. We see each of these projects as critical, and we recognize the urgency in meeting our capital needs for our families—we need our schools where our students live.

As has always been the case, your Board of Trustees will continue to inform, engage and strategically advocate for families. We value our relationship with the provincial government and will continue to work closely with Alberta Education to address these important infrastructure needs.

The Calgary Catholic School District's 2020-2023 Three-Year Capital Plan can be found at: <https://www.ccsd.ab.ca/AboutUs/ReportsandPublications>



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May is here which hopefully means we have a lot of warm and sunny days ahead of us. Street sweeping is underway so be sure to keep an eye out for parking restrictions. Additionally, the City will be continuing to work on pothole repair through the summer. If you come across one, the easiest way to report it is to snap a picture on the 311 app. With over 16,000 km of paved road, the City needs your help to know where repairs are needed. Here's what else is going on:

Rainy Season is Coming

May is typically the start of the rainy season in Calgary. Protect your home by ensuring downspout are moving water away from your home and that your eavestroughs are clean. Ward 12 communities have been built with devices that control how fast water drains into the system. During heavy rainfalls, water may pool on the road until the system can accept the extra water. These are called Trap Lows and are actually designed to act this way. If the pooled water is not causing a safety or property damage concern, only contact 311 if the water has not drained after 120 minutes.

Apply for Greenspace for Neighbour Day by May 24

Neighbour Day is on Saturday, June 15 and is an opportunity to get together with your neighbours and celebrate Calgary's strong community spirit. The City will be waiving its greenspace booking fees for approved Neighbour Day events, but you must apply before May 24! Check out calgary.ca/NeighbourDay for lots of ideas for your event and how to plan it.

Summer Events

There are a huge number of events happening in Calgary through the summer. Thinking about a renovation? Building a deck? The City will be hosting a number of free information sessions with City inspectors and bylaw experts on hand to help you get started. Check out calgary.ca/pdevents for a session near you.

There will also be a ton of recreation programs for kids and adults alike throughout the summer. You can take a look at what's available and sign up at calgary.ca/register. For the skateboarders out there, the City will have temporary skateparks at various locations through the summer. Locations and dates are available at calgary.ca/skateparks.

For the most up to date information with what's going on at City Council and to contact me directly, keep an eye on my website at www.shanekeating.ca.

Original Centre Street Bridge Lions

800 Macleod Trail S.E., 1917 - 1999

Early in 1917 the four Original Centre Street Bridge Lions were installed upon the newly completed, reinforced-concrete Centre Street Bridge (1916) and became the most impressive ornamental features of the structure. Original blueprints for the bridge included lion sculptures and other carvings, but this ornamental work was almost eliminated from the plans due to the high cost estimates. However, an economical option was apparently discovered when Alderman Hornby recalled seeing a lion sculpture on a northwest Calgary property. The owner and artist was a Scottish-born stonemason, James Langlands Thomson, who had come to Calgary in 1913 and happened to be employed as a stone carver for the City. He agreed to create the artistic ornamentation for the bridge and was seconded from his regular job to complete the four lions.

The four original Centre Street Bridge Lions are cast-concrete sculptures. They each measure 12 feet in length, 5 feet in width, and 8 feet in height including pedestal, and weigh approximately 12,730 kg each. Of the four original lions, one has been restored and was reinstalled in its current location in front of the Calgary Municipal Building in 2003; another that wasn't restored but left in its original condition now overlooks the bridge that was its original home from the Rotary Park bluff. The four sculptures were initially located from 1917-99 atop kiosks on the Centre Street Bridge.

According to a contemporary newspaper report, the dry process of sculpting with cement used to create the lions was new to western Canada and nothing of this scale had yet been done. It was also new to Thomson, who drew on his great artistic skill and experience working in hard stone and marble, to complete both the model and final sculptures.

The figures of the reposing lions are based on Sir Edwin Landseer's bronze lions at the base of the Nelson monument in London's Trafalgar Square. Originally, the lions represented the city's strong associations to Britain and its empire, being a widely recognized British symbol. With Calgary's large Anglo-Saxon population, the young city retained close ties to Britain, particularly given the immediate context of the First World War in which many Calgarians served in allegiance to the British Empire. Other symbolic sculptural ornament such as the rose, shamrock, thistle, maple leaf and buffalo adorned the bridge to represent the British Empire and western Canada, yet the lions were by far the most prominent features.

Historically, the lions were also associated with local legends, being said to leap from their pedestals at midnight to roam through Chinatown in search of food.

Over time the lions became well-known Calgary icons and the subjects of strong emotional attachment among Calgarians. The lions' image has been frequently featured in a wide variety of formats, such as tourism materials and interpretive displays, solidifying their familiarity with Calgary citizens and visitors. Notably, the lions' image is also the basis of the Calgary Heritage Authority's Lion Awards which recognize local heritage conservation initiatives. The prominent placement of one of the original lions at the entrance to the Municipal Building has served to put a large number of Calgarians in continued contact with the lions with the effect of making the lions almost a de facto symbol of Calgary's civic affairs. Originally a symbol of Calgary's ties to Britain, the Centre Street Bridge Lions have come to identify Calgary itself.



The installation of one of the Centre Street Lions in 1917. Image via the Southern Pioneer's Heritage Collection, pioneersalberta.org.



The lone restored lion at the Municipal Building entrance, installed 2003. Image via City of Calgary.

Article and images provided courtesy of City of Calgary's Inventory of Historic Resources

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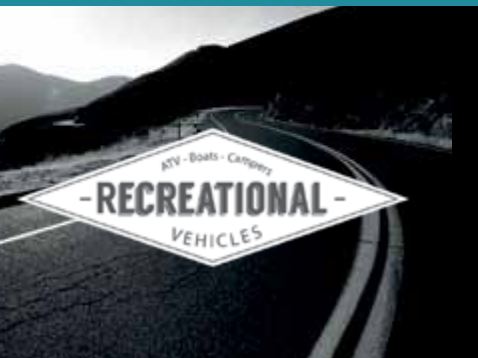
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