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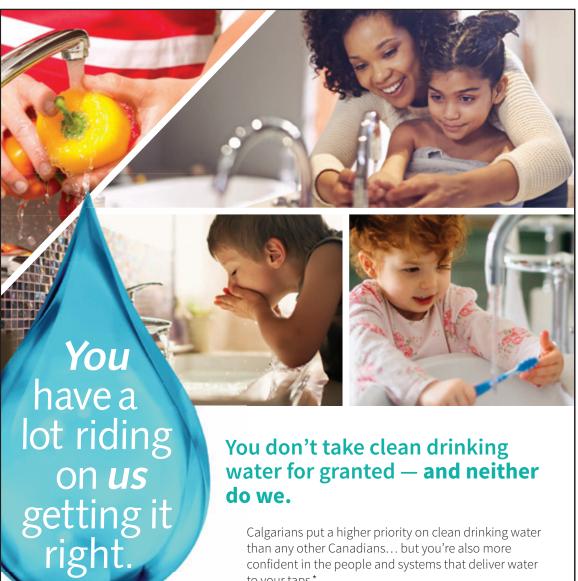






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* According to the 2016 RBC Canadian Water Attitudes Survey

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McKENZIE LAKE RESIDENTS ASSOCIATION

16199 M^cKenzie Lake Way SE T2Z 1L7, Calgary, Alberta Phone: 403.257.1657 Fax: 403.257.2913

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Residents Association

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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The M'kenzie Lake Residents Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



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al La LL

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Mike Horder

Donna Cuthbertson

General Manager

manager@mlra.ca
Operations Manager

operations@mlra.ca

Office Administrator

office@mlra.ca

GENERAL INFORMATION

The McKenzie Lake Residents Association is a non-profit organization g eared towards providing a wide array of recreational services, programs and facilities for our members and their guests. We serve 3,200 residents and over 11,000 members and their families. In addition to the lake, members have access to tennis courts, basketball courts, a beach volleyball area, a toboggan hill and other recreational activities.

McKenzie Lake is a 43 acre lake combined with an 18 acre park for a total of 61 acres. The Association provides its members with access to equipment such as rowboats, canoes, kayaks, and pedal boats. to ensure a safe and fun environment, we provide life jackets for boating purposes, The lake is stocked with rainbow trout in May, June and September of each year. In the winter time the Association provides a variety of skating surfaces including illuminated hockey rinks, an ice skating pad with a fire pit, and a 2.5 kilometre skating path around the lake. Skating areas are machine groomed with our own zamboni.

The Beach Club facility also has a function hall available to rent exclusively for the members.

The activities of the Association are determined and governed by an elected board of Directors comprising at least three (3) and no more than fifteen (15) members, that is, residents of the McKenzie Lake Residents Association. the Board of Directors have hired a General Manager who has been assigned responsibility for managing the day-to-day operations of the Association including the operations at the lake complex.

Board of Directors

McKenzie Lake Residents Association



Seton Clinic Now Open

EFW Radiology Seton Clinic provides the following diagnostic imaging services:

- General Ultrasound
- MSK Ultrasound
- Maternal Fetal Medicine
- General X-ray (walk-in)
- Advanced Spinal Care Centre
- Spine and Pain Management

Located directly across from the South Health Campus Hospital.



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IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary Weather Information	511
Gamblers Anonymous	403-237-0654



THE BEACH CLUB AT MCKENZIE LAKE

16199 MCKenzie Lake Way S.E., Calgary, AB T2Z 1L7

The Beach Club Hall is located on the upper level of the main building and is available exclusively for members to rent. The hall is suitable for many different occasions, Weddings, anniversaries, birthday parties, and Christmas functions to name a few.

FEATURES

- 80 person capacity
- 80 chairs with 17 tables (7 rectangle and 10 round)
- Hard wood flooring
- Kitchen with granite counter tops, two tier bar, ice machine, warming ovens and tile floor
- New and expanded windows creating exceptional views of the lake and mountains
- Bathrooms are complete with granite counter tops, hands free faucets, and tile floors
- Audio system with in ceiling speakers, blue ray player, cd player, MP3 auxiliary hook up and a 47" TV above fireplace
- Beautiful Gas fireplace
- Deck with composite wood flooring and glass railing
- Built in Gas BBQ on the deck available for rent

RENTAL CHARGES AND DEPOSITS

- \$50.00 (non-refundable) Deposit required to secure bookings 90 days or more in advance
- \$40.00/hour to be paid AT LEAST 90 days prior to the function date

- **\$30.00/hour** extra for the security guard after the park closes.
- \$30.00/rental for the unlimited use of the 36" BBQ on the deck.
- **\$500.00 Daily Rate** 9:00am to 1:00am (additional \$30.00/hr. after park hours will apply).
- \$500.00 Damage Deposit refundable if no damage caused.
- Minimum Rentals: (Sun. Thurs.) 2 hours, (Fri./ Sat.) - 4 hours
- *Only MLRA members can book the Beach Club

SHELTERS IN THE PARK

McKenzie Lake has three shelters in the park available exclusively for members to rent. These shelters are ideal for celebrations of larger groups needing a common area for everyone to mingle. Each shelter is 314 square feet and has picnic tables and barbeque pits (charcoal briquettes only). One of the shelters is located West of the main building beside the skating/basketball pad. The other two shelters are side by side and are located on the East side of the park near the beach and boat house.

- \$10/hour
- Minimum of 2 hours

Forms for bookings can be found online on our website www.mlra.ca and in the office.



Park Conditions and Hours

Current hours are 9:00 am to 9:00 pm 7 days a week. Please check either our website www.mlra.ca or our notice board at the park entrance for confirmation of current ice conditions and hours.

2017 Winter Carnival

The 2017 "Winter Carnival" at McKenzie Lake will be held on Saturday February 4th. The event will run from noon to 4pm and include hot refreshments, BBQ hot dogs and activities. Please visit our website at www.mlra.ca for confirmation on dates, times and activities.



Invoices for your Annual Membership Fees will be

mailed out in mid-March. Payments are due April 1st

and payment will ensure access to the park from April

1, 2017 to March 31, 2018. If you have not received a

Annual Membership Fees

Fishing Rule Changes

Please be advised that we have implemented a new fishing rule. We recently stocked the lake with small brown trout but they are too small and there are too few of them to take any out. For now brown trout are catch and release only - It is strictly prohibited to take any brown trout from the lake. In the event you do catch a brown trout it must be released immediately. Please review identification techniques with photos below:



Brown Trout

Brown trout have a brownish colored skin covered with ringed dark spots in-

termixed with ringed red spots. Catch and Release Only. *Fishing limit* – *0 (ZERO)*



Rainbow Trout

Rainbows can be identified by their heavy single spots all over their skin along

with the bright rainbow stripe down the middle.

Fishing limit – 3 per member's household per day (includes your guests); with a maximum of 15 per member's household per month (includes your guests).

Guests of Members

If you are planning a gathering at McKenzie Lake and expect to have 10 or more guests, please notify the office in advance. We require the member to fill out an official guest list form and submit to the office days in advance of the function date. The official guest list form can be found on our website (www. mlra.ca) and at the main office.

Rent the Beach Club

Inquire about renting the Beach Club. The Beach Club is an ideal location for skating parties, family birthday party, wedding receptions, anniversaries, family functions, and more. Find out information on our website or call the main office - 403-257-1657.

Website

Please visit our website at; www.mlra.ca. The website has information on skating conditions, facility rentals, rules, and more.

"Have a Great Winter at the Lake and Park"



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FRIENDS OF FISH CREEK MID-WINTER UPDATE Leaving a Legacy for Cherished Green Spaces and **Healthy Families Public Information Session** Saturday, March 4, 2017 2:00 pm at the Fish Creek Environmental Learning

Remembering family in your will is most likely an important part of your final wishes.

Considering the Friends of Fish Creek in your legal will or through other philanthropic means is one of the best ways to ensure that future generations will enjoy this breathtaking natural area as much as you and your family do. For over 20 years the Friends have collaborated with park management, volunteers, community organizations and members to raise awareness about environmental stewardship in Fish Creek Provincial Park. Legacy gifts (Planned Giving) allow you to make a future donation to the Friends of Fish Creek without affecting your current financial circumstances. Regardless of the size of your planned gift you can be sure that your gift will continue to make a lasting and vital impact on the park that you care for. Giving options may even substantially reduce your taxes. Your legacy will help ensure that the important programs operated or sponsored by the Friends of Fish Creek can continue to be maintained and expand. A planned gift in your will is a wonderful way to help protect and preserve this park so that future generations can enjoy it as much as you and your family do. For more information, please join us on March 4 and stay tuned to www.friendsoffishcreek.org/estate-2

The February Fish Creek Speaker Series Beaches, Birds, and the Boreal Forest - Lesser Slave

Lake Provincial Park

Thursday, February 23, 2017 7:00 pm - 8:00 pm

Presented by Ceiridwen Robbins, Visitor Services Coordinator for the Slave Lake District of Alberta Parks

Allow Ceiridwen Robbins of Alberta Parks to transport you to northwestern Alberta and explore the fascinating landscape and diversity of life in Lesser Slave Lake Provincial Park – all without leaving Calgary! Beaches, birds, and boreal plants abound in this provincial park, including some rare and unusual species. Free for Friends members and \$5.00 for non-members. For more information or to register visit www. friendsoffishcreek.org/event/beach

Introducing Yo-Qi: A Wellness Experience

The Friends are excited to announce that we have expanded Yoga and Qi Gong into the Winter and Spring! "Yo-Qi" is a combination of Yoga and Qi Gong – and each session will have a different wellness-focused theme. Sessions will be lead by Dianne Smith, Spring Forest Qi Gong Certified Instructor, and Yoga and Guided Meditation Instructors Gwen Draude of Birds of a Feather and Naomi Parker of Elemental Wellness. Sessions will be held indoors at the Environmental Learning Centre at Shannon Terrace from 7:00 - 8:00 pm on Thursday evenings:

January 26 Boost Your Immunity February 23 Heart Opening

May 18

March 23 Spring Cleaning and Detox April 20 Connecting to Earth

> - Gratitude for Mother (your own or Mother Earth!)

To register and for more information visit www.friendsoffishcreek.org/programs/wellness-clinics





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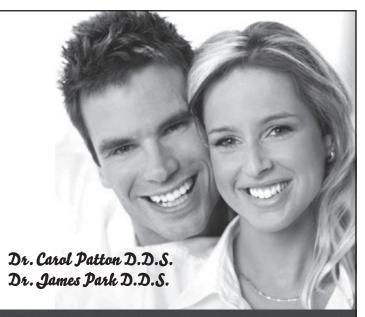
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February 3 First Quarter (waxing)

Moonlight is strong, encouraging leaf growth. It is a good time for planting, especially two days before the full moon. Take cuttings from plants you wish to propagate. Fertilize as close to the full moon as possible.

February 10 Full Moon (waning)

As the moon wanes, the energy is drawing down. Strong gravitational pull but moonlight is decreasing putting energy into the roots.

February 18 Last Quarter (waning)

Decreased gravitational pull and moonlight. A resting period. Take cuttings from plants you wish to propagate. Dry herbs, flowers and fruit. If you want to control growth or encourage rooting, perform the necessary activities during the waning moon.

February 26 New Moon (waxing)

Increasing moonlight, lunar gravity pulls water up encouraging plant growth and proliferation. Grafting, transplanting, re-potting, and watering. Gather herbs used for essential oils. Oil content is more concentrated at this time.





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Progressive Academy www.progressiveacademy.ca/mas





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IN & AROUND CALGARY

February Is Heart Month

Do you know the signs and symptoms of a heart attack and what to do if someone experiences these? Knowing can make the difference between life and death. Recognizing and responding immediately to the warning signs of a potential heart attack can significantly improve survival and recovery.

February is Heart Month - take the time to be heart safe and learn how you can reduce your risk.

Know the signs of a heart attack

(Any, or all, of these signs & symptoms may occur)

- Chest discomfort described as crushing, squeezing, pressure, or heaviness;
- Discomfort that moves beyond the chest, such as the shoulder, arm, neck, or jaw;
- Shortness of breath, sweating, or nausea and vomiting.

Reduce your risk

Heart attack risk factors include:

- Obesity*
- Sedentary lifestyle*
- Smoking*
- High cholesterol*
- Age / gender
- Family history

Speak with your doctor about how to treat your modifiable (*) risk factors and learn to be heart safe.

What to do when seconds count

- Call 9-1-1 immediately. Early treatment can greatly reduce heart damage and make the difference of life and death;
- Treatment starts the moment EMS arrives. Paramedics can provide oxygen, start an intravenous and perform an electrocardiogram (ECG);
- Paramedics can also administer important medication(s) in the early minutes of a heart attack to lessen heart damage;
- During transport, EMS will share information with the hospital, so definitive treatment can begin immediately upon arrival;
- Take a CPR/AED (automated external defibrillator) course. Training is widely available from many reputable organizations. It's easy, inexpensive, and only takes a few hours.



South Health Campus (SHC) Wellness Centre

There is a lot happening in February in the Wellness Centre- we have something for everyone! Registration information can be found at www.ahs. ca/shcwellness or call 403-956-3939.

SHC Community Gardens – Community Engagement Invitation

Calling all gardeners, experienced and novice! Would you like to be involved in the South Health Campus Community Gardens as a planner, leader, labourer and/or gardener? We are expanding the gardens and invite interested community members to attend an open-house to learn more, get involved and share ideas to plan the community garden expansion.

Wednesday, February 8, 2017 6:00-8:00pm

The Cove (across from Good Earth Café)

South Health Campus, 4448 Front Street SE

Questions? Contact April at april. matsuno@ahs.ca or 403-956-3932.

Heart at Play: Raising Heart Healthy Families

Join us on Saturday February 11th 10:00am-1:00pm to explore heart healthy habits for life!

What to expect:

- Heart pumping activities
- Delicious cooking demos
- Q&A time with healthcare providers

- Blood pressure checks
- Healthy lifestyle information
- And more FREE family fun!

EMOTIONAL WELL BEING Meditation Drop-in

Every Tuesday 5:00-5:45pm

Drumming Up WellnessEvery Friday 1:30-2:30pm

Mindfulness Practice Sessions

February 3 12:15-1:15pm February 23 6:30-7:30pm

Happiness Basics

4-week series begins February 8 4:30-6:30pm

Understanding Anxiety

February 8 10:00am-12:00pm (women only)

HeartMath

February 22 10:00am-12:00pm

HeartMath Practice Session

February 27 3:00-4:00pm

EMPLOYMENT SKILLS Resume Writing

2-part series begins February 11 9:00am-4:00pm

HEALTH MANAGEMENT Living Well with Diabetes

February 9 6:30-7:30pm

Getting Ahead of your Headaches

February 9 10:00-11:30am

Parkinson's 101

February 15 10:00am-12:00pm

Living Well on Prednisone

February 23 2:00-4:00pm

CAREGIVER SUPPORT Family Peer Support Program

February 7 OR 21 5:45-8:00pm

Alzheimer's & Dementia: Care for the Caregiver

February 6 7:00-8:00pm

PARENTS/PARENTS TO BE Nutrition for New Moms

February 2 10:00am-12:00pm

Feeding Your Baby

February 16 1:00-3:00pm

Getting Ready to be Pregnant

February 16 6:00-8:00pm

Story Time & Play Date

February 17 OR 24 10:30am-12:00pm

Play Therapy

February 27 6:30-8:00pm

FOOD, NUTRITION & COOKING The Top 5 Tips to Reduce Calories

February 13 6:00-8:30pm

Dietitians in the Kitchen-Mediterranean Fusion

February 16 12:00-12:30pm

Eating Away from Home and During Special Occasions

February 28 6:00-8:30pm

Most programs require registration. Please see our full program guide and learn how to register at www.ahs.ca/shcwellness or call us at 403-956-3939.

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BEFORE

AFTER





BEFORE

AFTER





BEFORE

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McKenzie Lake my babysitter list

Albey 12 403-257-3296 Yes Aliyah 14 403-801-9420 Yes Amanda 34 403-510-8676 Yes Anam 30 403-726-9026 Yes Ashlee 15 403-616-3236 Yes Bailey 14 403-203-7010 Yes Catherine 15 403-257-4007 Yes Cecilia 13 403-217-3636 Yes Charity 36 403-890-8688 Yes Cindy 41 587-717-9767 Yes Eleanor 13 403-998-6909 Yes Emily 13 403-720-7013 Yes Firoozeh 36 403-836-7675 Yes Haleigh 15 403-257-3650 Yes Hayley 14 403-257-3650 Yes Jayde 15 403-305-3549 Yes Jessica 14 403-257-6292 Yes Justice 15 403-471-2058 Yes Lindsay 17 587-434-8953 Yes Mary 16 403-837-3175 Yes Rachael 20 403-796-3414 Yes Rachel 16 403-257-6292 Yes Taylor 12 403-257-6292 Yes Taylor 12 403-257-6292 Yes Taylor 12 403-257-6292 Yes Taylor 12 403-257-6292 Yes Tianna 17 587-353-2101 No Vanessa 15 403-257-5785 Yes	Name	Age	Contact	Course
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Vanessa 15 403-257-5785 Yes	Taylor	12	403-257-6292	Yes
	Tianna	17	587-353-2101	No
	Vanessa	15	403-257-5785	Yes
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Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

When It Comes to Heirlooms, It's Personal

Suzanne Smith-Demers – Consultant

When a family member dies, personal items and heirlooms can be the cause of significant conflict among family members. Once obligations to a spouse and dependents are met, you can generally leave your estate to whomever you want. However making decisions regarding personal effects and family heirlooms is often one of the most difficult parts of the estate planning process. Here are some tips to avoid potential disputes:

- Eliminate surprises Share the contents of your Will with your heirs to avoid surprises after you are gone.
- · Understand that fairness doesn't always mean equal Decide what fairness means to you and distribute your items accordingly.
- Appraise and consult Have your personal property appraised and consult with your heirs to ensure the items you bequeath are appropriately valued - both monetarily and emotionally.
- Make a list Attach to your Will a letter or memorandum that lists your personal property items and the heirs who should get each. Be sure that the memorandum is incorporated into the terms of the Will.
- Choose now While you're still alive, list or lay out your personal items and have your heirs take turns choosing what they want.
- Choose later If you don't want your heirs to select your personal items in advance but still prefer they are the ones who chose, leave a direction in your Will that your heirs are to choose items in turn.

Having an estate plan that includes a Will is vital to ensuring your legacy is left as you wish. But keep in mind that people can change their minds and your heirs may not necessarily want what you plan to give them - so keep things flexible. Talk to your professional advisor about the best estate planning strategies for you.



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Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

February at Trico Centre

Trico Centre for Family Wellness is a non-profit, communityowned and operated recreation facility. Our passes are affordable and our programs are family-friendly. With a pass, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs. Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre pass with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

Recession Busters

- •The Trico Cares program offers fee assistance for passes and admissions. Plus, we have partnered with organizations that offer fee assistance for programs (Canadian Tire Jumpstart, KidzFirst, and KidsSport.) See www.tricocentre.ca for details.
- Affordable swim specials: 8:30-9:30pm Monday to Saturday, just \$3/person. Sundays 6-8pm, Family Night Swim, \$3/person.
- Swim specials: Early bird 50% off admission and last hour swim special for \$3/person. Parent and Tot swim \$6/parent; \$1/tot aged 2-6. See www.tricocentre.ca for schedule.

Did You Know?

- Refer a new passholder and get a free month on your
- Buy a new pass and receive a coupon for up to \$50 off a program, personal training, or a daily/ 10-visit pass for friend/family.

Adults

- Focus on your specific goals in a 6-week, small-group (max of 4 participants) setting. Choose from Focus on Fat-Burning, Focus on Learning the Basics, Focus on Power Lifting, Focus on Strength Training Design, or Focus on Healthy Back and Joints. Register at www. triciocentre.ca.
- Learn how to stop the chatter of your mind and relax your body with our Mindful Relaxation Intro Workshop February 4, 2 – 3:30pm.
- · Maximize your mobility and reduce pain with Myofascial Stretch and Release. This 6-week registered



class runs Tuesdays 5:30-6:30pm starting February 21 or Thursdays 9:15-10:15am starting February 23.

• Trico Centre now provides emergency response certification courses. This month, CPR C/AED recert & First Aid/CPR full recert on February 4. Wilderness & Remote First Aid covers material in Standard First Aid & CPR, plus special material on techniques for wilderness & remote areas. Part of the class is taught in an outdoor setting. February 11 and 12, 8am – 6pm.

Families

Family Day Event: Join us for SHINE FM and Trico Centre's Funderful Family Day Celebration, Monday February 20 from 10am to 2pm. Admission to the event is free. There will be lots of cool activities including a free family leisure skate, hot chocolate bar, and Storytime Theatre. Plus, a swim in the wave pool is just \$2 per person.

Children & Youth

- Mindfulness for Youth Workshop (8-12 years with parent.) You and your child will learn techniques that will achieve life-long calming strategies. February 4, 12-1:30pm.
- Preschool Drop-Ins: Drop-In Gymnastics (Monday 9:30-10:30am and 10:45-11:45am, Wednesday 11:30am-12:30pm.) Drop-In Playtime (Tuesday and Fridays 9:30-11:00am) and Drop and Go (Saturday and Sunday 9am-12pm.) See www.tricocentre.ca for schedule and details.



Valentine's Trivia

Based on retail statistics. about 3 per cent of pet owners will give Valentine's Day gifts to their pets.



CALGARY PUBLIC CALGARY PUBLIC LIBRARY

Celebrate Family Day at the Library!

Drop in for activities, storytimes, and more this Family Day. Everyone's welcome to join in the celebration happening at these community libraries:

Country Hills | Crowfoot | Fish Creek | Saddletowne | Shawnessy | Signal Hill

February 20, Noon- 5:00 pm | No registration required.

#Read150

Canada 150—read 150 books in 2017! Pick up vour free Great Reads 2017 reading guide from any community library in Calgary. It's chock full of incredible reading recommendations for every member of your family. Visit calgarylibrary.ca to find out how you can be entered to win great prizes just for reading!

Bill's Book Café with Evan Woolley

All Calgarians are welcome to join Bill's Book Café! Library CEO Bill Ptacek and City Councillor Evan Woolley host a lively discussion of The Sisters Brothers by Patrick deWitt.

Alexander Calhoun Library Friday, February 24 | 7:00 pm

Accountant Stanley Doherty, CPA, CMA

#8-20 Douglas Woods Dr. SE, Calgary, AB T2Z 1K4 Beside Swifties Bakery and Centex Gas Station on Douglasdale Blvd

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Irivia

At the end of the Beatles' song "A Day in the Life", an ultrasonic whistle, audible only to dogs, was recorded by Paul McCartney for his Shetland sheepdog.

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in McKenzie Lake. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

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HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

ALL TYPES OF DRYWALL: Boarding, taping, and texturing. Complete basement developments and renovations. Licensed and insured. References. Call Austin Construction 403-852-2785.

PROFESSIONAL ACCOUNTANT: Personal and corporate income tax return preparation and e-filing, general accounting services (bookkeeping, financial statements, GST, payroll, T4/T5 slips). Certified General Accountant with 30 years' experience, personable, reasonable rates, convenient location. Daryl Pallesen CPA CGA, #145 - 251 Midpark Blvd SE. Please call 403-988-2175 or email daryl.pallesen@shaw.ca.

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GOT ELMS? Pruning Elms April-October is banned in Alberta. Winter is ideal to prune many trees and remove Black Knot fungus. King Cole Tree Service for all your pruning and removal needs! Professional service, affordable prices. ISA member, licensed/insured. Call for your free estimate, 403-200-4408 or www. kingcoletreecare.ca

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CouncillorKeating
Web: http://shanekeating.blogspot.com/

The weather outside might be chilly, but things have been heating up in my office over the last few weeks. We are continuing to pave the way towards construction of the Green Line LRT. Recent upgrades to the 302 bus route are a great first step and some early work pre-construction activities will be starting soon. My office has also had some great discussions with the Deerfoot Trail study team about some of their short term implementation ideas to improve traffic flow in southeast Calgary. Please do not hesitate to contact my office if you have questions or want clarity on some of the big things that are happening in southeast Calgary.

Notices of Assessment Appeal Period

Assessment notices were mailed out to property and business owners in the first week of January. These assessments provide the property value that your property taxes will be based on. If you do not agree with your assessment, you do have the opportunity to take part in the Customer Review Period. The Customer Review Period will be open from January 5 to March 6, 2017. Changes to your assessment will only be considered during this window.

You can visit calgary.ca/assessment for more information.

Snow Angels Among Us

We've seen quite a bit snow to kick off winter already and it sounds like more might be ahead in the forecast. While many of our neighbours might be excited about heading out to the ski hills this winter, clearing snow from sidewalks and driveways can be a daunting task for some Calgarians. The Snow Angels program is a great good neighbour initiative that can make a world of difference for people in your community.

You can learn more about Snow Angels at calgary.ca/snowangels

Ward 12 Open House

The Ward 12 Open House is right around the corner! My office invites City of Calgary departments and external stakeholders to participate. They will have presentation booths that provide information and they will answer your questions. The 2017 Open House is right around the corner, and I am looking forward to hearing your feedback!

When: Wednesday, February 8 from 7:00pm – 8:30pm Where: Remington YMCA, 108 Quarry Park Road SE

Feel free to contact my office if you have questions about our open house.



Last 12 Months McKenzie Lake MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
December 2016	\$389,900.00	\$365,000.00
November 2016	\$416,900.00	\$408,000.00
October 2016	\$539,000.00	\$527,500.00
September 2016	\$469,900.00	\$462,000.00
August 2016	\$429,900.00	\$418,000.00
July 2016	\$434,900.00	\$425,000.00
June 2016	\$448,900.00	\$441,000.00
May 2016	\$399,000.00	\$385,000.00
April 2016	\$416,950.00	\$408,250.00
March 2016	\$499,800.00	\$486,000.00
February 2016	\$420,000.00	\$413,000.00
January 2016	\$469,900.00	\$455,000.00

Last 12 Months McKenzie Lake MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
December 2016	3	9
November 2016	10	9
October 2016	21	11
September 2016	14	17
August 2016	10	9
July 2016	12	17
June 2016	24	28
May 2016	20	19
April 2016	24	12
March 2016	18	15
February 2016	25	11
January 2016	15	15

To view more detailed information that comprise the above MLS averages please visit **mckenzie_lake.great-news.ca**

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

PLAYGROUND REVITALIZATION PROJECT: A group of community neighbours are fundraising for new playgrounds to be installed at 57 Mountain Park Drive SE in Summer 2017. Come say hi or gather more information when you see us volunteering or email MLplaygrounds@gmail.com.

LOST: Men's 10k gold wedding ring with irregular, ridged design. Believe lost in the 7-11 parking lot at corner of Douglasdale Blvd and 130th Ave. Reward. Call Peter at 403-257-7015.

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