

NOVEMBER 2017

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ELECTED OFFICIALS



Richard William (Ric) Mciver
MLA - Calgary-Hays
255, 11488 - 24 Street SE
Calgary, AB Canada T2Z 4C9
Phone: (403) 215-4380
Fax: (403) 215-4383
Email: calgary.hays@assembly.ab.ca
www.mciver.mypcmla.ca • Twitter: @ricmciver
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MP Calgary Shepard Tom Kmiec
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24/7 Line: 1-855-852-5710
Email: tom.kmiec.c1@parl.gc.ca
www.tomkmiecmp.ca

COMMUNITY ANNOUNCEMENTS

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

BOWLERS WANTED: For mixed adult fun league. Every Tuesday; starts at 5:30 p.m. Located at Toppler Bowl, 7640 Fairmount Drive S.E. Come out and enjoy a fun evening with a great group of people. Please contact Walter at 403-249-9550.



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MCKENZIE LAKE RESIDENTS ASSOCIATION

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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

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MANAGEMENT AND OTHER CONTACTS

Brad Buxton	General Manager manager@mlra.ca
Mike Horder	Operations Manager operations@mlra.ca
Donna Cuthbertson	Office Administrator office@mlra.ca

GENERAL INFORMATION

The McKenzie Lake Residents Association is a non-profit organization geared towards providing a wide array of recreational services, programs and facilities for our members and their guests. We serve 3,200 residents and over 11,000 members and their families. In addition to the lake, members have access to tennis courts, basketball courts, a beach volleyball area, a toboggan hill and other recreational activities.

McKenzie Lake is a 43 acre lake combined with an 18 acre park for a total of 61 acres. The Association provides its members with access to equipment such as rowboats, canoes, kayaks, and pedal boats. to ensure a safe and fun environment, we provide life jackets for boating purposes, The lake is stocked with rainbow trout in May, June and September of each year. In the winter time the Association provides a variety of skating surfaces including illuminated hockey rinks, an ice skating pad with a fire pit, and a 2.5 kilometre skating path around the lake. Skating areas are machine groomed with our own zamboni.

The Beach Club facility also has a function hall available to rent exclusively for the members.

The activities of the Association are determined and governed by an elected board of Directors comprising at least three (3) and no more than fifteen (15) members, that is, residents of the McKenzie Lake Residents Association. the Board of Directors have hired a General Manager who has been assigned responsibility for managing the day-to-day operations of the Association including the operations at the lake complex.

*Board of Directors
McKenzie Lake Residents Association*

THE BEACH CLUB AT MCKENZIE LAKE

16199 M'Kenzie Lake Way S.E., Calgary, AB T2Z 1L7

RENTAL CHARGES AND DEPOSITS

- **\$50.00 (non-refundable) Deposit** required to secure bookings 90 days or more in advance
- **\$40.00/hour** to be paid **AT LEAST 90 days prior to the function date**
- **\$30.00/hour** extra for the security guard after the park closes.
- **\$30.00/rental** for the unlimited use of the 36" BBQ on the deck.
- **\$500.00 Daily Rate** – 9:00am to 1:00am (additional \$30.00/hr. after park hours will apply).
- **\$500.00 Damage Deposit** – refundable if no damage caused.
- **Minimum Rentals: (Sun. – Thurs.) - 2 hours, (Fri./Sat.) - 4 hours**

*Only MLRA members can book the Beach Club



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IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654



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Women & Investing: It's Your Money

Get an overview of the challenges and realities women face both demographically and from an investing perspective; learn how entrepreneurship and intergenerational wealth relate to women and how a balanced portfolio of stocks, bonds and mutual funds can help you reach your investment goals.

When: Saturday, Nov 25, 2017
9:30am (Buffet Breakfast) | 10-11:30am (Presentation)
**Note: Must currently have \$50,000 in investable Assets

Where: McKenzie Towne Hall
40 McKenzie Towne Blvd SE

Please call:
Julia Seaton at 403-280-2399 or
julia.seaton@edwardjones.com by 11/22/2017



Kevin G O'Hagan
Financial Advisor
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403-280-2399



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UPCOMING WORKSHOPS

Gelli Plate Printing	Fri, Nov 3 (1-4pm)	\$40
Alcohol Ink Sampler	Sun, Nov 5 (1-4pm)	\$75
Intro to Drawing Manga	Wed, Nov 15 (6-9pm)	\$65
Watercolour Sampler	Sun, Nov 19 (1-4pm)	\$75

NEW PRODUCTS

Ecoline Watercolour Markers - 29 Colours - \$4.50 each

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Park Hours

Current park hours are 9:00 am to 5:00 pm, 7 days a week and will remain at these times until winter ice conditions are safe for longer park access. We hope to have the top rink with fire pit open on Friday November 24th but almost entirely weather related. Please check our website www.mlra.ca for updated hours and additional information.

Please watch for the "Thin Ice" signs and keep off the lake surface until the signs are removed.

Annual Membership Fees

LAKE FEES ARE PAST DUE

Invoices for your Annual Membership Fees are mailed out every March. Payments were due April 1st and your payment will ensure access to the park and lake from April 1, 2017 to March 31, 2018.

Payments by cash, cheque, or debit. If you can't make it to the Office during business hours you can mail your payment, leave a cheque with Security (no cash or debit), or drop it in the secured mail box at the Beach Club front door. We understand that some of our members do not use personal cheques. For those who cannot make it to the office during business hours and do not use personal cheques, we also accept money orders or certified cheques which are easy to obtain by your bank. Sorry, we do not accept credit cards. If you require an updated invoice please call Donna at 403-257-1657, or email at office@mlra.ca.

IMPORTANT: Membership fees are mandatory, not optional. Membership fee charges are secured by an encumbrance which is registered on the title to your property. If you are not sure whether you must pay the fee, please review the most updated version of your certificate of title and determine if there is an encumbrance registered by McKenzie Lake Residents Association. If there is an encumbrance then it is mandatory for you to pay the fee.

We understand there are homes in McKenzie Lake that receive this news publication but are not entitled to MLRA membership. These areas include – Mt Allan, Mt Douglas, Mt Apex, Mt Aberdeen, and some homes on Mt McKenzie Drive. We do apologize but these areas are not entitled to MLRA membership. The Association boundary lines are determined by the registered Articles of Association, which is a document that specifies the regulations for a company's operation. The MLRA Board cannot arbitrarily alter the boundary line.

Membership Cards

If you are new property owners and require membership cards please call Donna at 403-257-1657 or email office@mlra.ca. All new or replacement cards requires a new photo taken at the main office.

Office Hours

Office hours are now 9:00am – 5:00pm (closed noon – 1pm) Monday through Friday.

Rent the Beach Club or a Shelter

The Beach Club is an ideal location for a family birthday party, wedding receptions, anniversaries, family functions, and more. Weekends fill up fast so make your booking ASAP.

We also have 3 shelters in the park that are available to rent and very popular in the summer. Shelters are great for birthday parties and family functions. Find out more information on all rentals available on our website www.mlra.ca, or call the main office - 403-257-1657. Bookings must be made at the main office.



Guests of Members

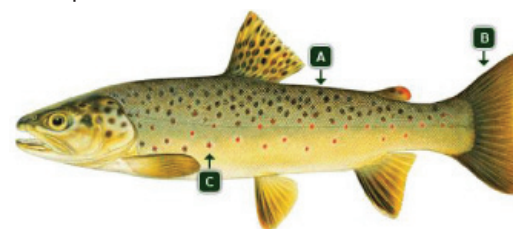
If you are planning a gathering at McKenzie Lake and expect to have 10 or more guests, please notify the office in advance. We require the member to fill out an official guest list form and submit to the office days in advance of the function date. The official guest list form can be found on our website (www.mlra.ca) and at the main office. The guest list must be filled in as per the instructions so please read everything prior to filling in the names of your guests.

Rules

Please familiarize yourself with all rules before visiting the park. Copies are available in the main Office and the guard house. You can also find the rules online on our website – www.mlra.ca.

Fishing Rule Update

Please be advised that we have implemented new fishing rules. Last fall the lake was stocked with small Brown trout but they are too small and there are too few of them to take any out. This spring we introduced Brook trout for the first time and we also want to ensure they are **NOT** removed from the lake. For now, Brook and Brown trout are catch and release only - It is strictly prohibited to take any Brook or Brown trout from the lake. In the event you do catch a brown or brown trout it must be released immediately. Please review trout identification techniques with photos below:



Brown Trout Identification

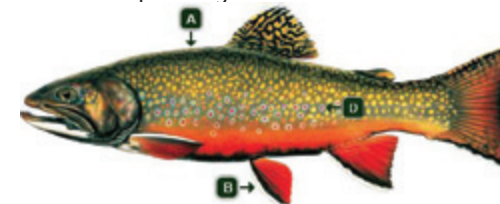
darker black/red spots down the backside
few/no spots on tail
Red spots with pale halos around them

Brown Trout Catching limits

Zero (0) – Catch and Release only

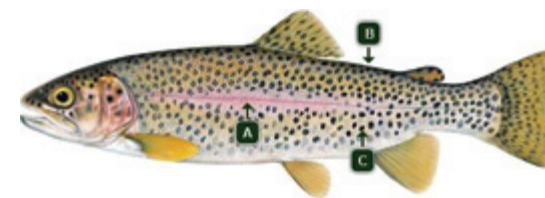
Brook Trout Identification

marbled pattern
white leading edge on the pectoral, pelvic, and anal fins
no black or brown spots on the head
distinctive sprinkling of red dots



Brook Trout Catching limits

Zero (0) – Catch and Release only



Rainbow Trout Identification

reddish stripe along their sides
darker on top
black spots

Rainbow Trout Catching limits

Three (3) per member household per day (includes any children or Guests fish)
Fifteen (15) per member household per month (includes any children or Guests fish)

Whirling Disease

The Canadian Food Inspection Agency (CFIA) has declared the Bow River watershed infected with whirling disease and the province of Alberta a buffer zone.

Quick facts

- Impacts vary between fish species and different water bodies
- In Alberta, rainbow, west slope cutthroat and brook trout, as well as mountain whitefish are most susceptible to the disease
- Affected fish may show no symptoms or exhibit any of the following signs:

~continued next page~

News from the Lake cont'd

- behaviour
 - whirling swimming pattern
- appearance
 - skeletal deformities of the body or head, for example, shortening of the mandible, sloped forehead and crooked spine
 - tail may appear dark or even black
- There are no human health concerns for people using the bodies of water that contain whirling disease; it is not harmful to humans. There are no health concerns for anglers ingesting fish that have contracted this disease.
- There are no treatment options currently available for whirling disease. Containment and prevention are the focus for responding to the threat of whirling disease.

Prevention

We have not seen any signs of Whirling disease in McKenzie Lake and all fish suppliers that we have used have tested negative. Members must take precautionary methods to ensure that McKenzie Lake is never infected. Unfortunately, there is not a known cure for the disease so prevention is extremely important. Please see below for best practices to stop the spread. Prior to bringing in any watercraft or fishing equipment that has been used in other water bodies, please ensure to follow the steps below:

Clean

- Clean and inspect watercraft, trailers, and all equipment that has been in contact with water. This includes boats, motors, boots, waders, bait buckets, and swimming floats.
- Remove all mud, sand, and plant materials before leaving the shore.

- Rinse, scrub, or pressure wash your boat and equipment away from storm drains, ditches or waterways. Use hot water if possible (90°C or hotter).

Drain

- Before leaving the shoreline, drain water from watercraft and equipment onto dry land.
- Remember to "Pull the Plug" because it is illegal to transport watercraft with the drain plug still in place.

Dry

- Dry the watercraft and/or equipment completely between trips and allow the wet areas to air dry. Allow for a minimum of 24 hours of drying time before entering new waters.
- Leave compartments open on boats and equipment, and sponge out standing water.

2017 Programs

Our summer programs are now complete. Every year we strive to make a better experience for all program participants. We welcome suggestions and comments for next year – office@mlra.ca.

We also have a Fall program lineup which includes Yoga, adult fitness classes, Bees Knees Wellness and Sport ball for kids. Please visit the website for information on all fall programs – www.mlra.ca.

Website

Visit our website – www.mlra.ca for all information regarding the Lake. On the website, you will find information on park hours, facility rentals, rules, park conditions, membership and more.



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FLU SEASON IS HERE.

Don't sit around in walk-in waiting rooms, minimize your exposure.

We accept **same day bookings**, so to avoid lengthy wait times during flu season and to minimize exposure you can book appts whether you have a family physician with our clinic or not. Simply call ahead for an appointment. Open 6 days a week, evening and weekend hours available. Phones lines open at 8:30 am.

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Friday: 9:00-5:00
Sat: By Appointment

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Remember, Remember the Fifth of November

Guy Fawkes Night is celebrated annually in Great Britain every November 5th, celebrating that King James I survived an assassination attempt on his life on that day in 1605. The people celebrated by lighting bonfires, a tradition that continues to this day.

Masuch Albert LLP

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Meet your Scotiabank Investment Specialist

We welcome Alexey Tarasov to Scotiabank in the McKenzie Lake community and surrounding area. With more than 5 years in financial services, Alexey has the experience to provide you with customized retirement and investment plans, and advice to help meet your financial goals, when and where you need it.

► **Contact Alexey today for a complimentary financial review.**



Alexey Tarasov, MBA
Scotiabank Investment Specialist
403-615-2097
alexey.tarasov@scotiabank.com



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3718-2017-1002-02 F2

SAFE & SOUND



Influenza Season

It happens every fall: influenza arrives in Alberta, and takes a serious toll on our communities.

Influenza is a real threat. It's also preventable.

Influenza immunization were made available, starting October 23, free of charge, to all Albertans six months of age and older.

It's the single most effective means of reducing your risk of influenza, particularly when you receive it as early in the season as possible. By getting immunized early, you will give your body the opportunity to respond to immunization, and produce antibodies that will arm you against the influenza viruses you'll be exposed to again throughout the season.

Each year, influenza vaccine is developed to protect us against the strains of virus likely to circulate in our community. Though vaccine effectiveness may vary, know this: last season, influenza vaccine cut Albertan's risk of influenza by about 40%. Without immunization, Albertans were completely at risk.

And we do mean all Albertans.

Although some individuals (pregnant women, seniors, children, and individuals with underlying health conditions or compromised immune systems) are at greater risk for severe complications, without immunization, even healthy Albertans are at risk of severe illness and even death.

64 Albertans died with influenza last season, and more than 1,600 Albertans were hospitalized.

Let's do better this year.

Prevention is your protection. Get immunized this season.

For more information on the influenza program, including local clinic locations and schedules, visit ahs.ca/influenza or call Health Link at 811.

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BEFORE & AFTER RENOVATION PROJECT



BEFORE



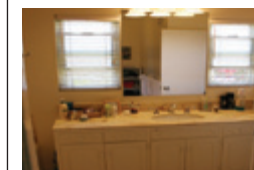
AFTER



BEFORE



AFTER



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FRIENDS of Fish Creek

November in Fish Creek

12-Week Winter Birding Course Starts Monday, January 8, 2018

Learn about the variety of bird species in Fish Creek Provincial Park and other natural areas within Calgary through the Friends of Fish Creek Provincial Park Society's Winter Birding Course. In the winter months, birds are much easier to see since the deciduous trees have shed their leaves, there are fewer species present and they often occur in flocks. "In fact, there may well be more individual birds within Calgary during the winter than in the summer months," said lifelong naturalist Gus Yaki, who, along with other experienced birding instructors, conducts these outings as a fundraiser for the Friends of Fish Creek. Registration required. \$60 for Friends members and \$100 for non-members. \$5 for a youth 16 or younger with a registered adult. www.friendsoffishcreek.org/programs/birding-course

November Fish Creek Speaker Series: Snakes of Alberta - Why Everyone Should Love Snakes
Thursday, November 23, 2017 7:00 – 8:00 pm

Presented by Sandi Robertson, Wildlife Biologist Alberta Environment and Parks

You may have seen red-sided or wandering garter snakes here in Fish Creek Provincial Park, sun bathing on the pathway, or heard them rustling through the underbrush, but did you know that four other snake species live in this province? Alberta's other snake species include the bullsnake, the western hog-nosed snake, the plains garter snake and the iconic prairie rattlesnake. Although many people dislike snakes and are scared of them, only one species in Alberta has venom that is poisonous to humans, the prairie rattler. Join Sandi Robertson, wildlife Biologist Alberta Environment and Parks, on November 23 to learn about this province's fascinating snakes, where in the province these snakes live, which ones are at risk and why everyone should love snakes. www.friendsoffishcreek.org/programs/speaker-series

Giving Tuesday and ReWilding Through Restoration
Giving Tuesday is a global movement designed to foster a spirit of charity and encourage us to give back to the community by donating or volunteering. The Friends of Fish Creek Provincial Park Society has partnered with Canada Helps once again this year to make donating easier than ever. We encourage you to donate on or before Giving Tuesday, Nov 28, to help support the ReWilding Through Restoration program in Fish Creek. ReWilding Through Restoration is a program that encourages the regeneration of natural ecosystems within Fish Creek Provincial Park, allowing current and future generations of Albertans to reconnect with, and wonder at, Alberta's natural beauty. ReWilding Through Restoration involves the planting of poplars and other native vegetation along the banks of Fish Creek in areas that have become degraded by human activity. ReWilding Through Restoration is only possible with the hands-on support of volunteers and through donations that allow us to purchase the necessary supplies and equipment to make it happen. **Together, ReWilding is possible! It costs only \$15 to ReWild 1m² of Fish Creek Provincial Park.** www.friendsoffishcreek.org/rewild

Renew Your Commitment to Fish Creek Provincial Park! Membership Shows You Care

The Friends would like to thank you for your role in helping us reach our 25th year of bringing the park and community together! As we celebrate this milestone, we invite you to renew your commitment to Fish Creek for the 2017 -2018 year. Membership fees provide essential funding for us to develop programs, courses, events and activities to engage community members, strengthen our message of environmental stewardship and work to conserve Fish Creek Provincial Park. Members receive admission to educational talks, a discount on the popular birding courses, discounts at local businesses and *the Voice of the Friends* newsletter. We invite you to renew online at www.friendsoffishcreek.org/membership.

Autumn Colour, Fish Creek Provincial Park

The Friends of Fish Creek Limited Edition 25th Anniversary signature painting by Jim Pescott is on sale now! As a part of our 25th Anniversary celebrations, local artist, Master Pointillist, and long-time Friends supporter, Jim Pescott created this beautiful original painting. There are only 25 limited edition prints available, and each one is numbered and signed by Jim, and come with a certificate of authenticity, making each print truly one of a kind! We also have smaller "open edition" prints for sale. For more information or to purchase Autumn Colour, please drop by the office or visit www.friendsoffishcreek.org/store




BRAIN GAMES

SUDOKU

					2		9	3
	5	8					4	
			4			1	6	8
	2					6	7	4
		4		6		8		
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6	3	5			4			
	7					9	2	
9	8		6					

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I hope everyone has enjoyed the colourful, crispy mornings and are having a wonderful Fall season!



McKenzie Frenzie

Once again, this annual event was a huge success. I met many residents with questions, suggestions, and just general good conversation. Thank you to all the volunteers who put forth their time and energy into making this year's Frenzie one to remember. It's always great to see our community come together and enjoy a day of fun and family.

Hockey

As the air grows colder and the lakes start to freeze, that can only mean one thing: hockey! I had the privilege of participating in the ceremonial puck drop for the local Calgary Jr. A Mustangs last month to kick off the start of their year. I'd like to wish all the boys and girls in our community the very best of luck this season as they head back to rinks across the city.

Daylight Savings Time

As you may have heard, Bill 203, the act to repeal Daylight Savings Time, was unanimously rejected by the legislative committee due to concerns of the negative impact on Alberta businesses, especially in the current economic climate. I would like to thank all the constituents who took the time to share their thoughts, beliefs, and concerns on this proposed change - and remember to set your clocks back an hour at 2:00 AM on November 5th!

Return to the Legislature

The Legislative Assembly is set to resume on October 30th. I look forward to sitting with the new United Conservative Party Caucus and continuing to hold the government to account as part of *Her Majesty's Loyal Opposition*.

Scrolls:

Birthday Scrolls are available to constituents celebrating their 65+ birthday, in five-year intervals.

Anniversary scrolls are available to constituents celebrating their 25+ Anniversary, in five-year intervals.

Keeping Contact:

Please stay in touch on issues affecting you and your family. As your MLA, I am your voice in Alberta Legislature and am here to help. My newsletter is written ahead of publication, so if you want updated information, have questions, or any concerns, I would like to hear them. I also look forward to attending events in the Calgary-Hays area. Feel free to contact me or my assistants Tyler van Vliet and Jeff Watson at the Calgary-Hays Constituency Office any time.

BRAIN GAMES

SUDOKU

1	4	6	7	8	2	5	9	3
3	5	8	1	9	6	2	4	7
2	9	7	4	3	5	1	6	8
8	2	3	5	1	9	6	7	4
7	1	4	2	6	3	8	5	9
5	6	9	8	4	7	3	1	2
6	3	5	9	2	4	7	8	1
4	7	1	3	5	8	9	2	6
9	8	2	6	7	1	4	3	5

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