

APRIL 2016

DELIVERED MONTHLY TO 8,000 HOUSEHOLDS

# your **McKENZIE TOWNE**

BRINGING MCKENZIE TOWNE RESIDENTS TOGETHER



**MCKENZIE TOWNE RESIDENTS**  
**ANAND FAMILY**  
**FAMILY PROFILE INSIDE**



## Feel good about getting a little or a lot.

With the Set & Save Contest\*, saving a little money gives you a chance to win a lot. Set up an automatic savings plan and each month you could win \$7,700.

1.877.378.8728 | [servus.ca](http://servus.ca)



\* Rules & Regulations apply. To enter, members must setup a preauthorized contribution with a minimum \$100 monthly payment into one of the eligible products. Visit [servus.ca](http://servus.ca) for complete details. The Servus logo and the Servus Circle graphic device are trademarked properties of Servus Credit Union Ltd.



**SOIL KINGS**  
QUALITY BULK LANDSCAPE SUPPLIES  
📍 71 Technology Way SE 📞 403.452.LOAM  
🌐 [www.soilkings.com](http://www.soilkings.com)

**15% OFF**  
PICKUP ORDERS

When You Present This Coupon  
at 71 Technology Way SE  
Expires May 31, 2016

**15% OFF**  
DELIVERY ORDERS

When You Enter the Promo  
Code NEWS at [soilkings.com](http://soilkings.com)  
Expires May 31, 2016

Screened Topsoil • Garden Mixes  
Mulch • Gravel • Rock • Sand

**BUY IN BULK  
AND SAVE**



## McKenzie Towne Community Association

40 Mckenzie Towne Blvd S.E.

Calgary, AB T2Z 4X5

[feedback@mckenzietowneca.com](mailto:feedback@mckenzietowneca.com)

[www.mckenzietowneca.com](http://www.mckenzietowneca.com)

### Elected Official



#### Councillor Shane Keating Ward 12 Office

P.O. Box 2100, Station M  
Calgary, AB, Canada T2P 2M5  
Phone: 403-268-2478  
Fax: 403-268-8091  
Email: [ward12@calgary.ca](mailto:ward12@calgary.ca)  
Web: [www.calgary.ca/ward12](http://www.calgary.ca/ward12)



#### MLA Richard William (Ric) Mciver Calgary-Hays

255, 11488 - 24 Street SE  
Calgary, AB Canada T2Z 4C9  
Phone: (403) 215-4380  
Fax: (403) 215-4383  
Email: [calgary.hays@assembly.ab.ca](mailto:calgary.hays@assembly.ab.ca)  
[www.mciver.mypcmla.ca](http://www.mciver.mypcmla.ca)  
Twitter: @ricmciver  
facebook: [facebook.com/ricmciver](https://facebook.com/ricmciver)

## NEWSLETTER AD SALES

**GREAT NEWS**  
PUBLISHING  **27 YEARS**

Great News Publishing Ltd.  
403.720.0762 | 403.263.3044  
[sales@great-news.ca](mailto:sales@great-news.ca) | [www.great-news.ca](http://www.great-news.ca)

# CONTENTS



MTC Recreation Classes	5
MTC Social Groups	6
MTC Events	7
Fostering Friendship with the Anand Family	11
Real Estate Update	16
My Babysitter List	17

**GREAT NEWS PUBLISHING HAS BEEN  
PROUDLY SERVING MCKENZIE TOWNE  
FOR 8 YEARS!**



## HALL RENTALS

McKenzie Towne Hall is the perfect place to host your wedding, business meeting, birthday party or special event.

With rooms able to hold 10 to 125 people, look to us for a place to plan your next event.

**For more information, please contact the Facilities Coordinator during regular business hours by phone at 403-781-6612 ext 4 or email [csr@mtcouncil.com](mailto:csr@mtcouncil.com)**

Like us  
on Facebook:  
[facebook.com/  
MTCouncil](https://www.facebook.com/MTCouncil)

**facebook**

Follow us on Twitter: @MTCouncil

## DISCLAIMER

Your **McKenzie Towne** is published by Great News Publishing 12 times per year.

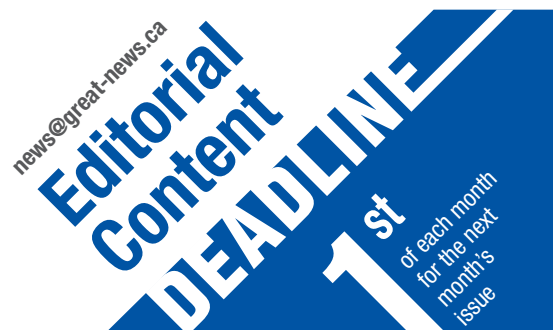
**McKenzie Towne Hall is responsible for submitting McKenzie Towne Council information and articles only.** The opinions expressed within any other published article, report or submission reflect those of the author, and should not be considered to reflect those of Great News Publishing or the Council at McKenzie Towne Hall. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing and the Council at McKenzie Towne Hall do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.

## CHILDCARE REGISTRY

Available through the  
McKenzie Dayhome Support Group

- Volunteers servicing families in McKenzie Towne, McKenzie Lake, Cranston, Auburn Bay, Seton, Copperfield, New Brighton
- To register your dayhome or receive information, please call Jennifer Monday-Friday 8:00 am – 5:00 pm at 403-251-4824 cell 587-888-1979 email [Jdonovan04@gmail.com](mailto:Jdonovan04@gmail.com).
- If you require child care please contact us.



## Respect your Neighbours!

In order to keep your community looking tidy and show respect for your neighbours, please ensure your collection bins are not visible from the road on non pick up days.

## MCKENZIE TOWNE COUNCIL RECREATION CLASSES



Recreation takes place at McKenzie Towne Hall, 40 McKenzie Towne Blvd. SE. For McKenzie Towne recreation information, visit [www.mtcouncil.com](http://www.mtcouncil.com), contact [rec@mtcouncil.com](mailto:rec@mtcouncil.com) or call 403-781-6612 ext. 3.

**Registration for Spring Recreation classes is ongoing!** Check out these great programs: Family Martial Arts, Mad Science, Sportball: Outdoor Soccer, Mixed Flow Yoga and more!

Register online at: [www.mtcouncil.com](http://www.mtcouncil.com).

### We offer Drop-in Passes too!

Unable to commit to the full length of a class? We have 1 and 6 time drop-in passes available for purchase at the hall. Resident 1-time passes are \$13 and 6-time passes are \$64. Non-Resident 1-time passes are \$15 and 6-time passes are \$76. Passes are for adult classes only and are non-transferrable.

For more information or to purchase drop-in passes, stop by the hall!

### Featured Program: Sportball: Outdoor Soccer



Resident Price: \$103  
Non-Resident Price: \$134  
Participants receive a jersey and soccer ball to keep!  
Wednesday Evenings,  
May 11 – June 15

Professional instructors provide children with knowledge and the ability to play soccer with confidence. Children are taught the fundamental skills: throw-ins, dribbling, passing, goalie skills and more. The first half of each session is dedicated to skill development and the second half puts those lessons to work in an exciting, non-competitive game. Soccer pitch located at Elgin Way Park



## McKenzie Towne Council Summer Camps are back!

Registration will open this month for 7 exciting weeks of Summer Daycamps! Registration can only be done in person here at McKenzie Towne Hall (40 McKenzie Towne Blvd). Forms will be available at the hall or online for your convenience. Please fill out the form completely (including current picture) before coming to pay. Incomplete forms will not be accepted. For more information check out [www.mtcouncil.com/recreation/camps/](http://www.mtcouncil.com/recreation/camps/).



### MS Professional Accounting Services, CPA CA

Bookkeeping,  
accounting and tax  
services for individuals  
and business.

403.256.5980 | [mhsacha@gmail.com](mailto:mhsacha@gmail.com)

Free  
Delivery



Nick B - CEO  
Bus: 403.903.9269 Mobile: 403.903.6264  
[info@calgarymeatguys.ca](mailto:info@calgarymeatguys.ca) | [Calgarymeatguys.ca](http://Calgarymeatguys.ca)



**MTCC**  
McKenzie Towne Council

403.781.6612 ext 3  
www.mtcouncil.com

# Social Groups

## AT McKENZIE TOWNE HALL

All social groups are FREE for residents of McKenzie Towne. Non-residents must be a guest of a McKenzie Towne resident and are charged \$2.00. For McKenzie Towne social group information, contact [rec@mtcouncil.com](mailto:rec@mtcouncil.com) or call 403-781-6612 ext. 3.

Please refer to [www.mtcouncil.com](http://www.mtcouncil.com) regularly for updates and schedule changes to social groups.

### South Calgary PAP Clinic

PAP tests - BREAST exams - Early Prenatal Care

# When was your last PAP test?

- Our women's clinic provides a safe informative environment for your routine PAP tests and breast exams. Female physicians only.
- Patients may also self-refer for early prenatal care.
- STI testing, contraception, HPV counselling.
- Evening and Saturday appointments available.

Call (403) 254-2030 to book an appointment.  
Visit our website at [www.thesundanceclinic.com](http://www.thesundanceclinic.com)

## The Sundance Clinic

FAMILY PRACTICE - SPECIALTY CLINICS - BABY CLINIC - SOUTH CALGARY PAP CLINIC

South Calgary Health Centre Building  
31 Sunpark Plaza SE Calgary T2X 3W5

### Senior Walking Group

Tuesdays & Thursdays: 9:30 am - 11:00 am (gymnasium);  
11:00 am - 12:00 pm (coffee & cards)

Walk indoors in our gymnasium. See some familiar faces and some new ones, too!



### Bridge

Monday's: 1:00 pm - 4:00 pm

Come play some cards! A group dedicated to playing bridge welcoming every skill level. Drop-in for some fun and games around the card table. Coffee is provided, too.

### Drop-In Playgroup

Tuesday's: 12:00 pm - 2:30 pm

Wednesday's: 9:30 am - 11:30 am

We invite you to bring your toddler to play in our gym full of exciting toys, to have a good time and meet other families in the community! FREE for McKenzie Towne Residents. Non-residents must be a GUEST of a Resident and pay \$2/child to drop-in. Only 2 adult guests per Resident (parents are FREE).

### McKenzie Towne Council Drop-In Gym Times

There are a variety of drop in sports and gym times for adults, youth, and families to participate in:

- Adult drop-in times are 7:30 - 8:45 pm on Tuesdays (Basketball), Wednesdays (Badminton), Saturdays (Floor Hockey) and Friday's Adult Basketball from 7:00 - 8:45 pm.
- Youth drop-in times are scheduled for afterschool use (3:00 - 4:30 pm).
- Parent & Child drop-in times are 5:00 - 6:00 pm from Monday-Wednesday, 5:00 - 6:30 pm on Thursdays, 5:00 - 7:00 pm on Fridays, 6:00 - 7:00 pm on Saturdays, and 4:30 - 5:30 pm on Sundays.

Non-scheduled drop-in gym: There are times from 9:00 am - 3:00 pm Monday - Friday when the gym is not in use. Please call 403-781-6612 in advance to confirm gym usage, and if available, feel free to stop by during those times.

For gymnasium availability and schedule changes, visit [www.mtcouncil.com](http://www.mtcouncil.com).

## MCKENZIE TOWNE COUNCIL EVENTS



### McKenzie Towne Council Community Clean

May 1, 2016

10:00 a.m. - 2:00 p.m.

McKenzie Towne Hall

It's time for spring cleaning! Clean out your closets, basements, and garages and bring it all to us at the 10<sup>th</sup> annual McKenzie Towne Community Clean. Join us for a free BBQ. This year, we are partnering with Green Calgary to bring you rain barrel sales and lawn fertilizer pickup. Also, take advantage of our event stations including: bottle collection, electronics recycling, document/paper shredding, junk bins, and the Salvation Army collecting useable household items. This event is for residents only, proof of residency and ID will be required. For event information and items that will NOT be accepted, visit [mtcouncil.com](http://mtcouncil.com).

Green Calgary is offering an organic fertilizer system that MTC has been using through McKenzie Towne for the past 3 years: it enhances soil quality with a focus on stimulating the growth of beneficial soil micro-organisms results in healthy, beautiful turf reducing the need for harmful pesticides, herbicides or synthetic fertilizers. For rain barrel and lawn fertilizer information and pre-orders, visit [greencalgary.org](http://greencalgary.org) or call 403-230-1443 ext 222.

## Calling All Neighbours!



To have your Family profiled (Story and Professional Pictures) in the next edition of this Community Newsletter, please send us an email to [MT@great-news.ca](mailto:MT@great-news.ca)

## PLUMBER

**PLUMBOB** For All Your Plumbing Needs



- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials

Call Mark: **403.862.3973**



## New to the Neighbourhood

**COME JOIN US for daily features**  
**Happy Hour 2pm - 6 pm every day!**  
**Bring this ad in and get 10% OFF**

**515, 4916 130<sup>TH</sup> AVE SE | 403-262-5505**  
**130th and DEERFOOT SOUTH BETWEEN SUPERSTORE AND HOME DEPOT**



# Welcome to McKenzie Towne!

If you are a new resident in the last six months we would like to meet you. If you would like a tour of the Towne Hall and to have your Resident ID card issued please visit us

Monday to Saturday  
9:00 am to 9:00 pm

Sunday  
10:30 am to 6:00 pm

**To update your contact information please call 403-781-6612**

From the staff and management of McKenzie Towne Council

Visit [www.mtcouncil.com](http://www.mtcouncil.com) for all the information you need!



## MCKENZIE TOWNE COUNCIL

40 McKenzie Towne Blvd SE  
Calgary, Alberta, T2Z 4X5  
Phone: 403-781-6612 • Fax: 403-930-1551  
E-mail: [inquiries@mtcouncil.com](mailto:inquiries@mtcouncil.com)

### Hall Hours

Monday – Saturday	9:00 am - 9:00 pm
Sunday	10:30 am - 6:00 pm
Holidays	10:30 am - 6:00 pm

### Office Hours

Monday – Friday	9:00 am - 5:00 pm
-----------------	-------------------



## Green Calgary and McKenzie Towne Council partner up: offering organic lawn fertilizer and rain barrel pick up

To coincide with McKenzie Towne Council's amazing Community Clean Up on May 1<sup>st</sup>, we're bringing our rain barrel sale to you! More importantly, we're so pleased to be partnering with MTC to bring you the sustainable turf management system they've been using for the past 3 years. An organic fertilizer system that enhances soil quality with a focus on stimulating the growth of beneficial soil microorganisms results in healthy, beautiful turf reducing the need for harmful pesticides, herbicides or synthetic fertilizers. Learn more and pre-order online at [greencalgary.org](http://greencalgary.org) or give us a call 403.230.1443 ext. 222. Community Clean Up is held on May 1<sup>st</sup>, from 10am-2pm, in the parking lot of McKenzie Towne Hall. The event is for McKenzie Towne residents only.

**A Great Price  
for anyone who wants  
A GREAT HAIRCUT**

**\$11.99**

with this coupon  
Not Valid with other offers  
Valid April 2016 Only

**OnlineCheck-In**  
Download our free app or visit [greatclips.com](http://greatclips.com).

**ClipNotes**  
We know your haircut anywhere you go.

**Great Clips**  
IT'S GONNA BE GREAT

**SOUTH TRAIL  
CROSSING**  
211 4307 130 Ave SE  
403-257-6451

**Alberta Storage Place Ltd.**  
Safe, Convenient, and Secure Self Storage

- Heated and Unheated
- Business and Household
- RV, Boat and Yard
- Office and Warehouse

4046-96 Ave. S.E. ☎ 403-503-0738  
Calgary, Alberta T2C 4R5 ✉ [info@astorage.ca](mailto:info@astorage.ca)

[www.albertastorageplace.com](http://www.albertastorageplace.com)

**IT'S THAT TIME OF THE YEAR.  
YES IT'S TAX SEASON.**

*Let us take the stress out of filing your tax return.*

**CALL US TODAY AT EXSELL ACCOUNTING.**

Professional Tax Services

- Personal Income Tax
- Corporate Tax
- Business Tax

**TAX TIME**  
\$ Fast Filing & Maximum Refunds \$

**WE KNOW TAXES CALL NOW! 403-992-4177**





## Plant Trivia

According to blog writers Kelley House and Kate Norvell, both certified professional soil scientists, plant “litter” that remains after a harvest is called “residue.” Leaving the residues in place over the winter, instead of pulling them up or tilling them into the soil surface, provides numerous benefits for the soil and your garden.

- <https://www.sciencedaily.com/releases/2016/02/160215124440.htm>

# Fostering Friendship with The ANAND FAMILY

Photos by Sheri MacDonald at *Footloose Photography*

This month I had the pleasure of meeting the Anand family of McKenzie Towne. Rahul & Sonika have two beautiful children – Nishka (9) and Aaryan (3). Nishka has amazing manners and was so quiet and helpful when I met her! Aaryan was full of energy and zest and knew exactly what he wanted. The family moved from Delhi, India 4 years ago and now consider Calgary and the community of McKenzie Towne home. Sonika has a younger brother who live in India and Rahul’s older brother lives in Chicago. Sonika’s father is a businessman and Rahul’s parents are both retired teachers. Both Sonika and Rahul did their undergraduate degrees in Commerce (Honours) – which is also where they met. Sonika did her post-graduation in advertisement and marketing and started her career 4 years ago with TELUS. After her maternity leave she started a private day home which she has been running for the past 3 years. Her ambition is to grow her business.

**“We Care”**  
**DEERFOOT**  
Carpet & Flooring

<b>Carpet</b>  <b>Karastan</b>  <b>MOHAWK SmartStrand</b> Starting Under \$1.99 Psf	<b>Hardwood</b>  Opus Flooring Canada From \$1.99 Psf	<b>Tile</b>  From \$0.99 Psf Limited Quantities	<b>Laminate</b>  Opus Flooring Canada From \$1.39 Psf
<b>Cork</b>  From \$1.99 Psf	<b>Linoleum</b>  From \$0.99 Psf	<b>Luxury Vinyl</b>  From \$0.99 Psf	

**DEERFOOT CARPET-FLOORING**  
**6170 - 12 ST. S.E. 255-5880**  
NEW HOURS: Mon-Wed. 9-6 • Thursday Friday 9-8 • Saturday 9-5 • Sunday Closed  
**Ideas + Style + Great Pricing = Happy Customers**  
[www.deerfootcarpet.com](http://www.deerfootcarpet.com)

**SPECIAL SAVINGS AVAILABLE NOW!**  

- Large Inventory
- Knowledgeable Staff
- Professional Installation
- Commercial & Residential







www.sherimacdonald.zenfolio.com

Rahul completed a Masters in Computer Applications and began his career with TD beginning in auto insurance and then on to claims. Recently he has been promoted as manager for a national team and would like to continue to move up the corporate hierarchy.

In their spare time they enjoy spending time with their kids. Both children love spending time at parks and they all love being outdoors. Nishka is in grade 4 and her favourite subject is math. She also loves swimming and has recently started to learn Bollywood dance. Aaryan enjoys playing soccer. The entire family also enjoys bowling and biking. Sonika and Rahul both love to socialize and Rahul loves to cook in his spare time.

When thinking about travelling, their favourite destination is Australia! They would also love to take their kids to Disney World in Florida. Every summer they try to take their kids on a vacation.

The Anand's live in Prestwick in McKenzie Towne. They have actually owned four separate houses in the area over the past 4 years. They love their community and especially the wonderful people



www.sherimacdonald.zenfolio.com







around them. They love being surrounded by well-maintained parks and having McKenzie Towne School and shopping within walking distance. They know their neighbours and have a great relationship with them. The neighbours have even taught them how to garden and often help them! They have other friends in the area as well and they plan on living in their dream home for a long time. "They do not want to move as they have so many facilities here" Sonika says. As far as improving the community, Sonika thinks that "if there were some lakes or more schools that would be great, otherwise it is a perfect community to be in". I couldn't agree more.

To have your family profiled (story and professional pictures) in the next edition of this community newsletter, please send us an email to [MT@great-news.ca](mailto:MT@great-news.ca)



**Footloose Photography**  
BY SHERI

**MATERNITY, NEWBORN AND FAMILY PHOTOGRAPHY**

403.512.1221 | [macdonaldsheri@gmail.com](mailto:macdonaldsheri@gmail.com)  
[sherimacdonald.zenfolio.com](http://sherimacdonald.zenfolio.com)

## IN & AROUND SCHOOLS

### April brings cultural event activities to École St. Cecilia School

West Africa comes to École St. Cecilia School in April when students will learn traditional dance from that Region as part of PhysEd and music education. The African theme continues with students learning to play Djembe drums from April until the end of May.

Our Division I students are in for an extra treat – our grade one students will visit Heritage Park to learn about pioneering days and our Grade 3 students will learn all about farming with a field trip to Aggie Days.

This month also sees an opportunity for community members to contribute to École St. Cecilia School through our Education Society raffle draw. The raffle will raise money to fund technology for our classrooms and participants will have an opportunity to win two tickets to anywhere Westjet flies. If you're interested in supporting this fundraiser, please contact the school.

## BRAIN GAMES SUDOKU

5	6							2
1		4		5		3	8	
		8			4	5		7
	4	9				6		
				6				
		6				2	3	
6		1	9			8		
	3	5		8		9		6
9							4	1

FIND SOLUTION ON PAGE 27

## PRESTIGE DANCE ACADEMY Inc.

**COME & DANCE WITH US!  
AGES 9 MONTHS AND UP!**

*Entering our 15<sup>th</sup> Year*

*Sharing our LOVE for Dance in SW/Calgary*

**NEW 2<sup>nd</sup> LOCATION**

**Opening in SE Calgary Fall 2016**

'If you are looking for a fun, stimulating and rewarding dance experience for your child, you don't need to look any further.'  
Prestige Dance Academy SW Client

**REGISTER ONLINE TODAY**  
In our SOUTHWEST & SOUTHEAST Fall Classes  
[www.prestigedance.com](http://www.prestigedance.com)



[www.kilbco.com](http://www.kilbco.com)

## CONCRETE SEALING

Kilbco offers concrete resealing to help protect and enhance the appearance of exposed aggregate, colored and stamped concrete patios, walkways and driveways. We take pride in using the best sealing products available which help repel salt and protect against UV rays.

Please call Kilbco to maintain the value of your investment.

**FREE ESTIMATES**

**SEALED**

**UNSEALED**

**KILBCO**  
CONCRETE CURBING

Locally Owned & Operated



Brad 403.875.8463 | Stephen 403.478.1737



Living the Dream Lakefront  
in Auburn Bay

**\$1,625,000**

3 BEDS

3 BATHS

4 CARS

3,215 ft²

### 113 Auburn Shores Ld SE

A stunning, custom lakefront home, with your own private dock in the amazing lake community of Auburn Bay!

Only 2 years new, this home has a spectacular location on a quiet cul de sac with a sunny west yard and mountain views. Only steps to the tennis courts, community centre & all it has to offer.

Open concept home with gorgeous tiger hardwood floors on both main and upper levels, 9 foot ceilings on the main floor and a fantastic open kitchen.

**Ryan MacDonald, B.Sc.**  
**Sheri MacDonald, M.Sc.**  
403.519.9102  
info@calgaryhometeam.com  
www.calgaryhometeam.com

Not intended to solicit buyers or sellers currently under contract with a broker

# McKenzie Towne

## Real Estate Stats

Last 12 Months McKenzie Towne  
MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
February 2016	\$759,900.00	\$727,500.00
January 2016	\$447,450.00	\$417,500.00
December 2015	\$555,000.00	\$520,000.00
November 2015	\$549,900.00	\$524,000.00
October 2015	\$434,900.00	\$428,000.00
September 2015	\$714,450.00	\$687,500.00
August 2015	\$624,000.00	\$600,000.00
July 2015	\$449,500.00	\$438,000.00
June 2015	\$499,900.00	\$501,000.00
May 2015	\$529,900.00	\$525,000.00
April 2015	\$610,950.00	\$615,388.50
March 2015	\$399,000.00	\$360,000.00

Last 12 Months McKenzie Towne  
MLS Real Estate Number of Listings Stats

	No. New Properties	No. Properties Sold
February 2016	11	2
January 2016	4	2
December 2015	2	1
November 2015	5	5
October 2015	5	1
September 2015	1	4
August 2015	8	6
July 2015	5	7
June 2015	9	5
May 2015	5	5
April 2015	8	2
March 2015	7	5
<b>Total</b>	<b>350</b>	<b>291</b>

### McKenzie Towne

Name	Age	Contact	Course
Samuel	13	403-294-0519	Yes
Penelope	13	403-254-5591	Yes
Orion	13	403-828-0873	Yes
Eva	13	403-478-0116	Yes
Jennifer	14	403-918-0621	Yes
Emma	16	587-876-3098	Yes
Angelina	16	587-998-0224	Yes
Kyla	19	403-966-9655	No
Katelyn	24	403-462-6979	Yes
Chantele	25	403-652-0083	No
Lisa	29	403-926-8301	No
Lisa	29	403-926-8301	No
Christina	36	403-483-2544	No
Armida	36	403-909-1479	No
Caroline	45	403-607-1238	No
Judy	57	403-510-9948	No

#### Calling All BABYSITTERS

Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

#### Calling All PARENTS

Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).

### Animal Trivia

Pet parrots can eat virtually any common "people-food" except for chocolate and avocados. Both of these are highly toxic to the parrot and can be fatal.

## MEDICAL CLINIC

### PrimeCARE Health

## Douglasglen

Suite 123, 11420 27 Street SE  
Calgary, AB T2Z 3R6

### Female Doctor accepting new patients Families Welcome

### Physical Therapy Massage Therapy

Monday to Friday 7 am - 7 pm  
Saturdays 9 am - 4 pm

## 587.318.0740

## primecarehealth.ca



# Dealing with Life's Big Events

Kevin O'Hagan, PFP, FMA, CIWM

In life, nothing stays the same. And when life changes, so can your financial situation.

In fact, life's major events often call for adjustments in financial strategy. Depending on the nature of those events, your spending, saving, investment, insurance and estate planning strategies can be affected—sometimes taking a turn for the better, sometimes for the worse.

Let's take a look at some of those events and what they can mean to your financial picture.

**Marriage:** When you marry, your financial life is on a new course. You're no longer thinking as a single person; you move into family planning. It's usually a time to save for a house purchase, plan to have children or arrange life insurance coverage. But you have time to save and invest until those expenses begin.

**Buying a house:** This is the largest financial commitment many of us will ever make. First-time home buyers must divert a substantial portion of income to a mortgage, particularly if they want to pay it off quickly. And don't forget the expenses associated with a house—including furnishings, mortgage insurance, taxes and even increased transportation costs if your house is far from work.

**Birth of a child:** Children are priceless. But raising them is costly. In addition to having more mouths to feed, you'll face a couple of decades of expenses that can include substantial amounts for child care and education. This will alter your investment plans and take up much of your disposable income. For example, it may be time to start a Registered Education Savings Plan (RESP). It's also time to give more thought to estate planning, so your family will be taken care of financially in the event of your death.

**A pay raise:** When you get a raise, or a start a new job with higher pay, you have more to save and invest. This is a good opportunity to beef up your savings and investments.

**An inheritance:** When you suddenly find yourself with inherited cash, it's an opportunity to pay off debt and boost investments. Depending on the size of the windfall, you may be able to improve your quality of life—buy a bigger house, for example. And your own estate planning goals may change.

**Children leaving home:** When the kids are grown and out of the house, you are free of some of your biggest financial responsibilities. This should generate increased cash flow. You may want to generate additional funds by downsizing housing, since you'll no longer need as much space.

**Retirement:** This is a major development. You'll rely on the wealth you've accumulated through your pensions, Registered Retirement Savings Plan (RRSP) and other investments for income, instead of your job. Your spending habits can change considerably, depending on what you do when you leave the work force.

Not all of life's events are positive. Those that aren't can be detrimental to your financial health. Examples include.

**Divorce:** You could find yourself with far less in cash and investments, and with new expenses such as child support. You may also face the prospect of rebuilding wealth.

**Job loss:** Losing a job can be a financial nightmare. It can eat away at your savings and investments, particularly if you face a long employment search.

**Major illness:** A major illness or disability can also be a big financial drain. It's best to protect yourself with disability and/or critical illness insurance.

When you face these or other life-altering developments, it's a good time to sit down with your financial advisor. With professional help you can make the most of what life has in store.

## Get Cultured!

with New Chapter and Amaranth Whole Foods

Enter in store to win a 6-month supply of New Chapter One Daily Multivitamins, \$75 in fermented groceries and a \$25 Amaranth gift card. No substitutions.



 **Amaranth**  
**HEALTH**  
VITAMINS & SUPPLEMENTS

**Customer Appreciation Day**  
First Wednesday of the month  
20% off regularly priced vitamins, supplements and body care products from a wide range of great brands.

378, 5222 130 Ave SE Calgary  
[amaranthfoods.ca](http://amaranthfoods.ca)

CELEBRATE EARTH DAY  
AT THE  
CALGARY TOWER

CLIMB  
802 STAIRS



OR RACE 1KM & CLIMB  
802 STAIRS

IN SUPPORT OF  
  
Alberta Wilderness Association

APRIL 23, 2016

[www.ClimbForWilderness.ca](http://www.ClimbForWilderness.ca)

MCKENZIE TOWNE | APRIL 2016 19



## IN & AROUND CALGARY

### Have You Been to the SHC Wellness Centre?

At the SHC Wellness Centre, we want you to get and stay as healthy as possible.

Our Spring/Summer Guide is coming. Check it out at [www.ahs.ca/shcwellness](http://www.ahs.ca/shcwellness). Some of our FREE upcoming programs are highlighted below

#### Mindfulness Based Stress Reduction Begins April 17 (8 week series)

In our unprecedented times we require new skills to cope. Invest in yourself & learn about relating in a new way to whatever is happening in your life. This program is designed to introduce mindfulness meditation & body awareness practice as a way of reducing reactivity & developing greater balance & control within your life.

#### Protect Seniors from Fraud April 5 7:00-8:30pm

The Protect Seniors from Fraud program arms family caregivers with a kit to protect seniors by informing them of the latest scams being perpetrated on older adults. It offers a variety of resources and tools to help their seniors avoid becoming a victim of these scams.

#### Getting Ready to be Pregnant April 6 6:30-8:30pm

Before you become pregnant, there are many things you can do to maximize your health and that of your baby. This session will help you identify the questions to consider, life-style changes, nutritional needs, choosing healthcare providers and more.

#### Better Choices Better Health®: Chronic Condition Self-Management Program Begins April 21 (6 week series)

This workshop is for anyone who wants to gain confidence and learn skills to better manage their chronic condition. Learn and practice skills, such as problem solving, decision making and goal setting, needed to manage your health, especially the day-to-day challenges. Learn and practice ways to manage symptoms, reduce fatigue and feel better.

#### Dietitians in the Kitchen: Sensational Spring Salads April 21 12:00-12:30pm

Drop in for a cooking demonstration by SHC Registered

Dietitians. Explore tasty dishes that can easily be incorporated into a healthy lifestyle.

#### Smooth Sailing Through Menopause April 25 6:30-8:30pm

Menopause can occur anytime from 40 to 60 years and can include hot flashes, mood swings and sleep problems. Learn all that you need to know to help you understand and manage this normal stage in your life.

**Most programs require registration. See our full program guide and learn how to register at [www.ahs.ca/shcwellness](http://www.ahs.ca/shcwellness) or call us at 403-956-3939.**

## National Volunteer Week

April 10 - 16 is National Volunteer Week in Canada and on behalf of all Calgarians we want to sincerely thank community volunteers for all they do each and every day to improve neighbourhood life in Calgary!

There are 150 community associations in every neighbourhood across our city, and they are all run by volunteers. In fact, more than 20,000 volunteers are involved in community associations here in Calgary, making it the LARGEST collective volunteer movement in the city!

Without their hard-working volunteers community associations would not exist. They would not be able to provide you with the programs you enjoy, put on the year-round special events that bring you together as neighbours, advocate for your community on local issues, or produce this monthly newsletter full of important information. These volunteers are dedicated to making sure your community is a great place to live, work, and play.

Community volunteers are the lifeblood of the community association movement here in Calgary, a movement that brings Calgarians that small-town feel in our large urban centre. **So take a moment during National Volunteer Week, April 10 - 16, to thank a volunteer in your community for their hard work and dedication to ensuring you love where you live!**

# your COMMUNITY business of the month

## Color Me Mine, Main Office

McKenzie Towne Community

### Ceramic Painting - Glass Fusion - Canvas Art Clay Creations

In studio or at your location - Color Me Mine has 6 studio locations to serve you, proudly housing over 500 unique ceramic and glass items for all ages and purposes and over 60 brilliant colors for painting. Great for holiday or every day stress relief projects to complete solo, with the family or with a group.

#### Pottery Painting:

Enjoy being taught basic techniques of decorating pre-formed bisque ware or navigate on your own after being given the how to instruction. Great for gift making, Christmas projects or everyday get together activities. Pieces such as plates, platters, pet dishes, bathroom dishes, banks, figurines, frames, coasters, tiles, mugs, teapots, exclusive Disney, Marvel, Peanuts and Hello Kitty pieces and more are ready to be Picked, Painted and Processed ready for pick up 3-5 days from painting. Every piece will be glazed and fired by us which renders it food safe. Walk in to benefit from the largest variety with inspiration from our many samples in studio including our new Just Add Color Line where the lines have pre-traced for you to simply add color. Think of it like a pottery coloring book!

#### Glass Fusion:

Many glass bases and colours to choose from; fusing glass is a true delight yielding magnificent results. You will be shown how to decorate using other bits of glass: strips, rods, pebbles, frit, and cut glass. Night lights, sun catchers, bowls, vases, coasters, ornaments, even wearable art like pendants can be made. This art form is positively UNIQUE, dazzling & the fun is addictive!

#### Canvas Art & Clay Creations:

Canvas painting and Clay molding are super fun activities where you select from various templates at various skill levels which walk you through how and what to do using provided materials based on following simple instructions from our master artists.

**Calgary's Best Kept Secret: Kids Night Out every Friday from 5:30-8pm.**

**Kids aged 4+ get dropped off for art, pizza & movie for only \$29/ea!**

**Book online or call 587-224-4FUN(4386)**

**Fundraisers, Camps, Ladies Nights, Birthday Parties for all ages, Reunions, Scout/Guide Groups, Team Builders, Mommy Groups, Bar/Bat Mitzvahs, etc...**

**We put the ART in pARTy - [Calgary.colormemine.com](http://Calgary.colormemine.com)**

**[Facebook.com/ColorMeMineCalgary](https://www.facebook.com/ColorMeMineCalgary)**

**[Twitter.com/jj\\_color](https://twitter.com/jj_color)**

**[Instagram.com/cmmcalgary](https://www.instagram.com/cmmcalgary)**



#### 6 Convenient Calgary Locations

Fundraisers, Camps, Ladies Nights, Birthday, Reunions, Parties for all ages, Scout/Guide Groups, Team Builders, Mommy Groups, Bar/Bat Mitzvahs

**We put the ART in pARTy!**

**[calgary.colormemine.com](http://calgary.colormemine.com) [f ColorMeMineCalgary](https://www.facebook.com/ColorMeMineCalgary)  
[jj\\_color](https://twitter.com/jj_color) [cmmcalgary](https://www.instagram.com/cmmcalgary)**



# NATIONAL GOLF ACADEMY

(The Golf Dome)

33 STALL INDOOR RANGE, GOLF SIMULATORS GOLF LESSONS FOR EVERYONE

## GOLF DOME EVENTS CALENDAR

### FRIDAY/SATURDAY SOCIAL NIGHT

\$20/person for 2 Hours of Unlimited Balls.

Start at 7 pm till - close.

First come first serve.

### SUMMER DOME MEMBERSHIPS

\$199, unlimited balls for 2 hours  
per day until September 30<sup>th</sup>.

Memberships go on sale on June 1<sup>st</sup>

### ADULT AND JUNIOR GROUP INSTRUCTION

Weeknights and weekends available.

Register online or call today

### FREE 30 MINUTE

Driving Range Pass for the Dome.

One coupon per use only.

Valid until May 31, 2016

### PRIVATE AND GROUP INSTRUCTION FOR EVERYONE AT THE FOLLOWING COURSES:

- NGA DOME
- SHAGANAPPI
- CONFEDERATION
- MCCALL LAKE

50-50TH AVE SW (TWO BLOCKS EAST OF MCLEOD TRAIL ON 50TH AVE)  
403-605-GOLF | WWW.NATIONALGOLFACADEMY.CA

## IN & AROUND CALGARY



### The scoop on dog poop

With 150 public off-leash areas and over 100,000 dogs in our city, it's clear Calgarians love their canine companions. What isn't to love is the stinky situation that's left behind when owners don't pick up after their pets.

Cleaning up your dog's waste is part of being a responsible pet owner and helps keep our yards, parks and off-leash areas safe and healthy.

Here are five facts you may not know about doggy doo-doo:

1. It's classified as a hazardous pollutant. It's in the same category as toxic chemicals!
2. It's crawling with E. coli and roundworm larvae which, if ingested by humans or dogs, can lead to brain, eye, and other organ damage.
3. It's not a good fertilizer. Its high nutrient content is toxic to lawns and will create "hot spots" causing the grass to burn and discolour.
4. It doesn't absorb into the soil, so the risk of spreading its harmful effects can linger for years!
5. It attracts mice, coyotes and other wildlife that consider it a delicious snack.

Keeping our city pet-waste free is easy, if we all do our part. Always carry pet waste bags with you when you walk your dog, and pick up and properly dispose of your pet's waste as soon as possible.

To learn more about the importance of picking up after your pet, check out our P.U.P.P.Y. (Pick Up Pooch's Poo Yourself) program at [calgary.ca/puppy](http://calgary.ca/puppy).

### Mental Wellness Recovery Groups

*It is possible to recover and stay well*

**Depressed? Anxious?** Certified Peer Specialists guide you through a structured group program proven to help people recover from depression & anxiety. 10 weeks, 2-hrs/week. 12 person max. Funded by South Calgary Primary Care Network. No fee for adults living south of Anderson Rd.

Call 403-616-3004 or go to [www.mentalwellnessrecovery.com](http://www.mentalwellnessrecovery.com)

### Active Learning

Programs Ltd.



1401 Acadia Dr SE

- French Immersion Preschool 19 months to 5 years
- B & A Care for Kindergarten to Grade 6 for Ecole Sam Livingston, Lake Bonavista, Andrew Sibbald
- Summer Camps for children 3 - 12 years available

403.473.0600 | [www.activelearningprograms.ca](http://www.activelearningprograms.ca)



**LANDSCAPE CONSTRUCTION**  
Stone Patios • Retaining Walls • Sod • Trees  
Flowerbeds • Fences • Decks • Landscape  
Designs and much more

**SPRING CLEAN UPS & WEEKLY LAWN CARE**  
Power-rake • Aerate • Leaf Clean  
Cut & Trim • Fertilize • Pruning • Vacation  
Services and much more

Call Now for your FREE ESTIMATE

**403.301.3300**

[www.assiniboine.com](http://www.assiniboine.com)



2 year Quality Guarantee • WCB  
Insured • Licensed • Bonded



**We're OPEN!**

**SOUTH TRAIL**

CHRYSLER • DODGE • RAM • JEEP • FIAT

featuring a full service salon & spa  
located inside the **FIAT** showroom

**EXPRESS**  
A MIKE CHAMMOURY  
SALON & SPA

**southtrailchrysler.com**

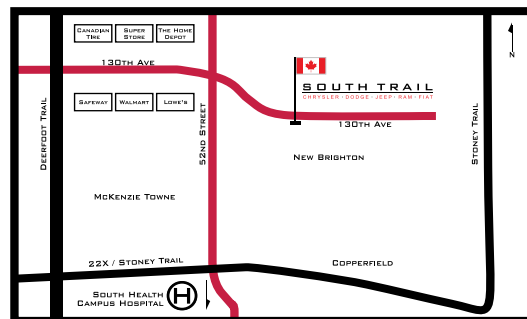
&

**SOUTH TRAIL KIA**

**southtrailkia.com**



Find us under the  
**BIG FLAG**  
on 130th east of 52nd SE



CUSTOMER SATISFACTION GUARANTEED



We specialize in all  
forms of landscape  
and Construction

- Custom Decks
- Fences
- Retaining Walls
- Irrigation
- Stamped and Exposed Concrete
- Affordable Custom Landscape Plans
- Bulk Topsoil Deliveries
- Through Tip Top Soil



**GOT A PLAN?**  
AFFORDABLE CUSTOM LANDSCAPE PLANS



**Free Estimates 403.256.9282**  
[www.jacksonandjacksonlandscaping.ca](http://www.jacksonandjacksonlandscaping.ca)

# Estate Planning Strategies – protecting your legacy

*Suzanne Smith-Demers – Consultant*

When your time comes – and may it be many years from now – you will want your legacy to be passed on exactly as you wish. That's why estate planning is so important. Here are some key terms you should be aware of:

**A Will** designates how your estate should be distributed. If you die without a will (intestate), provincial legislation will determine how your estate is distributed.

**A Living Will** provides direction for your care in the event of your incapacity.

**An Enduring Power of Attorney** provides direction for how your property will be managed if you are no longer able to manage it yourself.

**An Executor** is the person named in your will to settle your estate according to your wishes.

**A Guardian** should be named in your will to take care of any minor children.

**Liquid Assets** are important to pay for taxes, debts and the costs of settling your estate. Life insurance is often used to provide sufficient liquid assets when they are most needed.

**Probate** is the process by which your will is validated by a court with fees paid to the provincial government. Avoiding probate through the use of beneficiary designations and joint ownership must be done with due care.

**A Trust** specifies a trustee to manage the assets for the benefit of the beneficiary(ies). A trust set up in your will is known as a testamentary trust, and it can serve several purposes, including maintaining control over the assets until certain beneficiaries are mature enough to manage them, and providing certain tax and government support advantages to beneficiaries with disabilities.

Your personal estate planning strategies depend on your financial situation. Your professional advisor and lawyer can help ensure your legacy is left as you wish.

## Are You Receiving a Pension Payout?

If you're receiving a payout from your employer, we need to talk. You'll need to make an informed decision.

**We can help you:**

- Understand your financial goals
- Create a financial strategy
- Select appropriate investment options

Call today to learn what you can do to help keep your pension payout working for you.



**Kevin G O'Hagan**  
Financial Advisor

15566 McIvor Boulevard S.E.  
Unit 507 Copperfield Corner  
Calgary, AB T2Z 4Y2  
403-280-2399

[www.edwardjones.com](http://www.edwardjones.com)

**Edward Jones**  
MAKING SENSE OF INVESTING

Member - Canadian Investor Protection Fund



**Copperfield VETERINARY HOSPITAL**

**A Complete Small Animal Practice**

**Mon & Wed 8 am to 8 pm**  
**Tues, Thurs & Fri 8 am to 6 pm**  
**Sat 9 am to 2 pm**  
**Sunday: Closed**



**Celebrating**  
**February & March 2016**  
**As dental awareness Month**  
**Please Call For Details.**

115, 15566 McIvor Blvd. SE Calgary, AB

**403 532-9192**

Beside Co-op Gas Bar on corner at 52St & McIvor Blvd SE



Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see [www.tricocentre.ca](http://www.tricocentre.ca) to find out more.

#### April at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, skate, or play shinny, plus you get 20% off our fun, active registered programs.

Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

#### Pool Refurbishment

After 33 years in operation, Trico Centre's Aquatics Centre is undergoing a major refurbishment. This project will address lifecycle issues, improve health and safety components. **The target reopen date is August 15, 2016.** Check our Spring Summer Program Guide for **membership specials** and what to do at Trico while the pool is closed. We will be hosting a pool grand opening, so watch for details.

#### Spring Summer Registration

Registration for Spring Summer programs, including day camps, is now on. Programs for all ages – from tots to seniors – start in April.

#### Adults

- More than 70 drop-in fitness classes every week. Free for members, drop-in fee for non-members. Many new land-based classes added during pool closure. See the Drop-In Fitness schedule at [www.tricocentre.ca](http://www.tricocentre.ca) under the Schedules tab or pick up a copy at Guest Services.
- Adult registered programs including new options: Cardio Kickboxing, Golf Conditioning, and Dance PL3Y (Dance Play.)
- Adult Wellness Workshops in April: Walking Pol Clinic (April 12, 1:30-3:30pm) and Yoga for Scoliosis (April 17, 1-3pm.)

#### Older Adults

- Many of the more than 70 drop-in fitness classes every week are specifically designed for older adults: Check out Be Fit Age Well, Fit 'n Fab., and our numerous yoga options. Free for members, drop-in fee for

non-members. See the Drop-In Fitness schedule at [www.tricocentre.ca](http://www.tricocentre.ca) under the Schedules tab or pick up a copy at Guest Services.

- Registered programs starting in April include Balance Builders, Bone Builders, Brain Builders, and Chair Yoga.
- Drop-in Pickleball is offered several times a week. Check out the Drop-In Gym schedule (available on the website or at Guest Services.) Free for members or drop-in fee for non-members.

#### Families, Children, Youth

- Lots of new registered Parent & Tot, Preschool children, and youth programs start in April.
- Check out our Summer Day Camps for ages 3 to 14 years – registration now on.
- Lots of Drop-Ins: See the Drop-In Gym schedule for drop-in gym, Drop-In Playtime, Drop-In Gymnastics, youth drop-in gym, and more. See the Drop-In Arena schedule for leisure skate, adult shinny, youth shinny, women's shinny, and stick & puck. Free for members. Fee for non-members.

Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see [www.tricocentre.ca](http://www.tricocentre.ca) to find out more.

[www.kilbco.com](http://www.kilbco.com)

#### READY TO INCREASE YOUR CURB APPEAL?

Whether you need a border between your grass and existing garden or thinking of creating a new garden Kilbco can help. With a variety of colors, stamps and profiles, steel cable enforced landscape curbing is a cost effective and practical solution to residential and commercial properties. It will beautify your landscape and add value to your property.

It will not rust, rot or shift, and there are no seams for weeds to grow through.

Kilbco has poured over 100,000 linear feet of curbing in the past 9 years.

**KILBCO**  
CONCRETE CURBING

Locally Owned & Operated

**Free Estimates 403-875-8463**

## BRAIN GAMES SUDOKU

5	6	7	8	9	3	4	1	2
1	2	4	6	5	7	3	8	9
3	9	8	1	2	4	5	6	7
2	4	9	3	1	5	6	7	8
7	5	3	2	6	8	1	9	4
8	1	6	4	7	9	2	3	5
6	7	1	9	4	2	8	5	3
4	3	5	7	8	1	9	2	6
9	8	2	5	3	6	7	4	1

RBC Dominion Securities Inc.



#### LOOKING TO BUILD & RETAIN A PRODUCTIVE, MOTIVATED WORKFORCE?

RBC Group Advantage is a comprehensive program designed to help business owners meet their employees' financial needs by providing:

- In-person financial advice for all employees
- Group retirement savings plans
- Comprehensive and discounted banking solutions

Support your employees and keep your competitive advantage. Call Investment Advisor Michael Martin at 403-266-9655 to learn more.



**RBC Wealth Management**  
Dominion Securities

There's Wealth in Our Approach.™

RBC Dominion Securities Inc.\* and Royal Bank of Canada are separate corporate entities which are affiliated. \*Member-Canadian Investor Protection Fund. RBC Dominion Securities Inc. is a member company of RBC Wealth Management, a business segment of Royal Bank of Canada. ®Registered trademarks of Royal Bank of Canada. Used under licence. © RBC Dominion Securities Inc. 2015. All rights reserved. 15-30701-000-001



**We're here when you need us**



- Low moisture
- Stain removal/carpet deodorizer/carpet protectant (no additional charge)
- Dry when we're done
- Green/environmentally friendly
- Child and Pet Friendly
- We also do upholstery and mattresses



Follow us on **@FutureNowCarpets**

**403-988-1642 | [www.future-nowcarpets.ca](http://www.future-nowcarpets.ca)**





THERAPEUTIC AND  
EDUCATIONAL PRESCHOOL  
FOR CHILDREN WITH ALL  
TYPES OF DISABILITIES.

Three additional classrooms  
opening September 2016 at our  
McKenzie Towne school location:  
325 McKenzie Towne Link SE.

SPACES FILLING  
UP QUICKLY!



**PROVIDENCE**  
HEALTH • EDUCATION • THERAPY

**Call 403.255.5577**

info@providencechildren.com

www.providencechildren.com

**Shine**  
**88.9 FM**  
Safe & Fun for the Whole Family!

**KIDS**  
COLOURING  
CORNER



**403-777-1111**  
www.calgaryunitedcabs.com

**Pick up & Drop off**  
Airport, Train, Bus Depot Service,  
Out of Town and City Tours,  
Pre-Arranged Time Calls

**→ Safety Supervised**

Find Us on:

**Use our FREE app to track your cab!**  
**City Wide Service**  
**100% Driver owned**



# BUSINESS CLASSIFIEDS

For Business Classified Ad Rates Call Great News Publishing at 403 263-3044 or sales@great-news.ca

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in McKenzie Towne. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

**ALL TYPES OF DRYWALL:** Boarding taping and texturing. Complete basement developments and renovations. Licensed and insured. References. Call Austin Construction 403-852-2785.

**RELIABLE MASTER ELECTRICIAN:** For all your electrical requirements, big or small, call Campbel Sinclair 403-397-7141 for your free quotation.

**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

**CODERAD ELECTRICAL LTD:** Over 13 Years Experience, Quality service & Installation for a fair price. Certified Master Electrician. Fully Insured & WCB Compliant. Call Cody for your free estimate today, 403-333-6344 or email at info@coderadelectrical.com. Is your Electrical up to code? www.coderadelectrical.com.

**ELEMENTS PLUMBING & HEATING:** Residential service work including repairs and installations water heaters furnaces gas lines and renovations. Free estimates and flexible hours. Professional service at affordable rates. 403-281-8089. www.elementsplumbing.ca.

**TAX, TAX, TAX TIME:** Help is now here for Personal, Self-Employed or Corporate. Offer over 25 years of experience in various business environments. For more details on available services to assist you and your financial needs: Please contact Connie @ 403-720-0477; cell: 403-803-1649 or email: cme951@gmail.com. New clients welcome.



**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**BEST HOT WATER TANK PRICES IN TOWN:** 40 Gallon Bradford White \$800 installed. 50 Gallon Bradford White \$975 installed. X-Stream Plumbing And Heating Ltd. Serving your community for over 20 years. Free furnace quotes, furnace repairs and replacements, plumbing repairs, drain cleaning, renovations, basement development, gas-fitting. Licensed and insured. Call 403-726-2226.

**YARDBUSTERSLANDSCAPING.COM:** Weekly lawn mowing \$36, power-rake \$100, aeration \$50. Some conditions. Landscape construction and yard renovation: Stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769.

**K2 BOOKKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

**MILLRISE CLEANING SERVICE:** has availability for weekly and bi-weekly. Call 403-714-2508 or Email: millrisecleaningserv@shaw.ca.

# BUSINESS CLASSIFIEDS

For Business Classified Ad Rates Call Great News Publishing at 403 263-3044 or sales@great-news.ca

**PROFESSIONAL ACCOUNTANT:** Personal and corporate income tax return preparation and e-filing, general accounting services (bookkeeping, financial statements, GST, payroll, T4/T5 slips). Certified General Accountant with 30 years' experience, personable, reasonable rates, convenient location. Daryl Pallesen CPA CGA, #145 - 251 Midpark Blvd SE. Please call 403-988-2175 or email daryl.pallesen@shaw.ca.

**AREN'T YOU TIRED OF CLEANING?** Let us do it for you! Residential home cleaning at a fair price. Weekly, bi-weekly, monthly, move in or move out cleaning, one time deep cleaning, we can customize to suit your needs. Give us a call for your free estimate. Johanne 587-215-0765 or Jenn 403-540-0934, or send us an e mail at jsquared@hotmail.ca.

**EMERGENCY INCOME TAX HELP IS HERE:** Professional CGA with more than twenty years' experience in personal and corporate tax service. I prepare financial statements, T4, T5 and GST returns. Payroll and bookkeeping service is also available. Call Janice at 403-617-8956 for a free consultation.

**HOME STAGING SERVICES:** In today's market, home staging is a must. Getting your home "move-in ready" allows buyers to envision themselves in your home and make quick offers and higher priced deals. I offer 1-hour consultations at a very competitive price with a detailed write up within 24 hours. Call Marcella at 403-404-6249 or email info@chicandsimplestaging.com.

**CASH FOR YOUR HOME:** No fees, no commissions, quick closing after sale. Purchased as is, no repairs required. Call Ted 403-714-3423 or email fbhi6634@gmail.com.

**PLUMBING PARAMEDICS:** For all your plumbing needs! Receive \$25.00 off any plumbing or heating repair over \$200.00. BBB Accredited Business. Better Plumbers. Better Care. Call today! 403-452-2911 www.plumbingparamedics.ca.

**FOR ALL YOUR BOOKKEEPING/ACCOUNTING & TAX RETURNS PREPARATION:** call the specialists at KAACA Professional Inc a reputable practice providing affordable services to individuals, small business owners, corporations. We handle Bookkeeping/accounting, tax planning (minimize your tax), tax returns, and Payroll. Call or text at 403-383-5951, www.kaaca.net. Ken K., Your trusted neighbourhood accountant.

**ESSENTIAL OILS FOR WELLNESS:** Essential oils are more than nice scents; these powerful plant extracts are your path to the natural radiance we are committed to helping you discover. Book a one hour introduction to Young Living Essential Oils. Call or text Cindy DeJager 403-512-7847.

**For Business Classified Ad Rates Please  
Call Great News Publishing at  
403 263-3044 or sales@great-news.ca**

## APRIL MOON CALENDAR



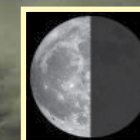
New  
Moon  
April 7



First  
Quarter  
April 13



Full  
Moon  
April 21



Last  
Quarter  
April 29





COUNCILLOR, WARD 12  
**SHANE KEATING**

Phone: 403-268-1698 • Email: Ward12@calgary.ca  
Twitter: @CouncillorKeats Facebook: <http://www.facebook.com/CouncillorKeating>  
Web: <http://shanekeating.blogspot.com/>

**Spring Cleaning – Street Cleaning**

Spring Clean-up is an annual street sweeping program that removes sanding materials and debris that has accumulated on roads and along major sidewalks and boulevards during the winter months.

The 2016 Spring Clean-Up program begins in April and runs until the end of June.

The City sweeps almost 15,000 lane kilometres of paved roads, and getting the work done is a collaborative effort. The City would like to thank Calgarians for their help in moving their cars and their blue, black and green carts from city streets when sweeping is scheduled. The community schedule for street cleaning will be available on the Calgary.ca website by searching “street cleaning”.

**Public Consultation Matters**

There has been a lot of buzz at City Hall over the last few months around public consultation. The City needs to be clear on what decisions are being made and how input is being received. If we are providing public information, it must be branded as public information. If we are asking for public input, it needs to be clearly stated how that feedback will influence a project.

As your elected representative, your feedback plays a key role in what decisions I make on Council. Public engagement is one of the key ways that I can check in and get feedback on the priorities that matter to you and your family.

In late February Council had an entire meeting dedicated to The City's public consultation process. One of the themes that came up was sustainable decision making. The chart below shows some of the key pillars of that process:

In order to make a sustainable decision we must appropriately balance economic viability, technical feasibility, environmental compatibility and public



acceptance. When these interests are balanced correctly we are able to reach a sustainable solution.

The City does much of the work to build a business case for how a project might be economically, technically or environmentally viable. Throughout the process The City will need to engage with the residents to gain public acceptance. It is a critical piece of the decision making process that cannot be overlooked.

Construction is underway for lot of exciting infrastructure projects in southeast Calgary. There are numerous other projects that require public input and feedback. I am looking forward to hearing from the residents of Ward 12 on how these projects can better serve their needs and make southeast Calgary an even better place to live.

**The Ward 12 Office is Here to Help**

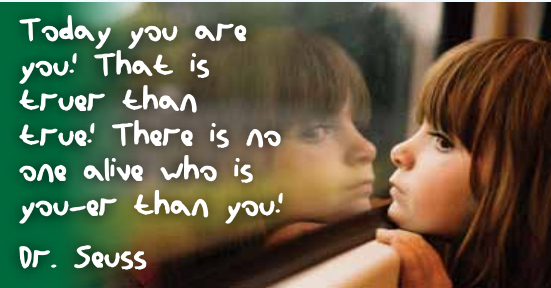
My team is here to serve the residents of Ward 12. I want to provide a simple step process on how my team can better assist you:

1. If you are concerned about something in your community (or with The City in general) please contact 311.
2. 311 will provide you with a Service Request Number (SR#) when you officially log your complaint.
3. If you are unable to get your concerns addressed through 311, you can follow up with my office at [caward12@calgary.ca](mailto:caward12@calgary.ca).
4. Please provide your SR# to my team so that they can follow up with the appropriate City department.

It is important to note that The City gathers a tremendous amount of data through 311 requests. By logging your concerns with 311, The City can identify trouble spots and allocate resources accordingly. My team is able to escalate your concerns by referring to the specific SR# that was originally logged with 311.

**Sign Up for the Ward 12 E-Newsletter**

Curious on what is going on in Ward 12? Sign up for my quarterly E-newsletter at [Calgary.ca/ward12](http://Calgary.ca/ward12).



**IMPORTANT NUMBERS**

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

**DISCLAIMER**

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the McKenzie Towne Community Association and Great News Publishing. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The McKenzie Towne Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.

**COMMUNITY ANNOUNCEMENTS**

**Deadline – 1<sup>st</sup> of each month for the next month's publication**  
**Contact [news@great-news.ca](mailto:news@great-news.ca)**

- ♦ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ♦ Forty word limit

**USED DESIGNER CHILDREN'S CLOTHING AND TOY SALE**, Montgomery Community Association Hall, 5003-16 Ave NW, Saturday April 16, 8-2pm.

**65+ SOCIALIZING:** Retired 65+ singles looking for mobile, active seniors. Potential Activities: travel, cards, walking, golf, dancing, theatre, concerts, drivers, cooking for fun. Call Barbara. Phone 403-451-8186 leave msg.



**SAFETY SYNC**  
ONLINE SAFETY MANAGEMENT SYSTEM

"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."

Enform IRP 9 (Revised)  
**safetysync.com**  
**403.668.6402**

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

**Published by:**

**GREAT NEWS PUBLISHING**



*Proudly serving McKenzie Towne for 8 years!*

**ADVERTISE YOUR BUSINESS NOW!**  
REACHING OVER 400,000 HOUSEHOLDS  
ACROSS 138 CALGARY COMMUNITIES

**DELIVERED BY**  
**Canada Post**

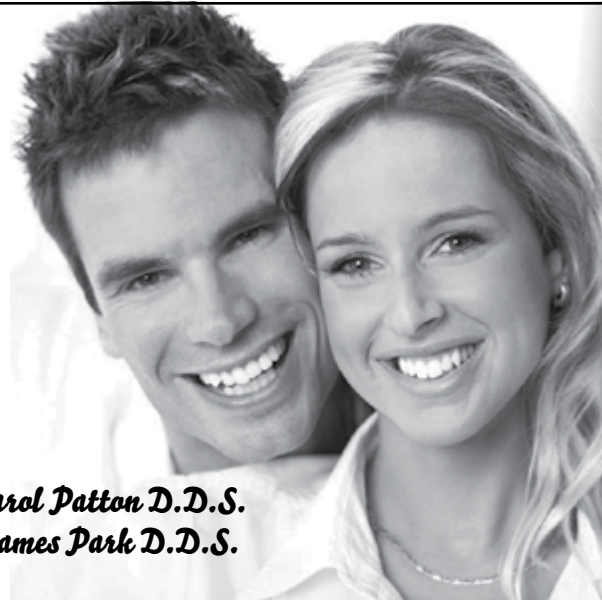
**Phone: 403-263-3044 | [sales@great-news.ca](mailto:sales@great-news.ca)**





**New Patients Welcome**  
Cosmetic and Family Dentistry  
Sedation Dentistry Available

**Dr. Carol Patton D.D.S.**  
**Dr. James Park D.D.S.**



**McKenzie Towne Centre** (Opposite to Brewsters)  
440 - 11 McKenzie Towne Ave SE

**(403) 720-2788**  
[www.mckenziedental.com](http://www.mckenziedental.com)

## DISCOVER THE GENIUS WITHIN®

Described as “**Mental Aerobics**”, UCMAS Mental Math is a whole-brain development program where kids aged 4-13 to are trained to perform mental math using the abacus.



### A BRAIN-BOOSTING PROGRAM FOR CHILDREN TO BUILDING LIFELONG SKILLS

FOCUS  
MEMORY  
MASTERY OF MENTAL MATH  
ACADEMIC PROFICIENCY  
CREATIVITY

Registrations Open For Various Batches  
Friday, Saturday & Sunday

**BRIGHTEN YOUR  
CHILD'S FUTURE WITH**

**UCMAS**  
**MENTAL MATH SCHOOLS**  
DISCOVER THE GENIUS WITHIN®

**ENROLL YOUR CHILD TODAY AT:**

### ONLY A FEW OF THE REASONS TO JOIN UCMAS

Today's Global Leader in Mental Math and Abacus Education with 2 million children trained worldwide.

#### UCMAS CALGARY (SE)

Unit # 110D, 3506 118 Avenue (SE), Calgary T2Z 3X1

**CONTACT:** Aseem Kanwar: (587) 893-5858 ■ Sumeer Sidhu: (587) 896-3030

[www.ucmas.ca](http://www.ucmas.ca)

## Local Mahogany Business



### “Pursuing Quality First”

The best-looking houses are those that combine urban architecture with a stunning landscape. With 10+ years of experience behind the crew, The Green Team brings quality work with pricing tailored to fit your budget.

We pride ourselves in being a young and bright company that believes the job's not finished until we've met all our customers' expectations.

Maintenance	Landscaping
Grass Cutting	Stonework
Trimming	Retaining Walls
Over Seeding	Patios
Fertilizer	Decks
Gardening	Fences
Weeding	Irrigation/ Water Features

### Contact us for a quote!

Phone: (403) 813-1332

Email: [management@greenteammyc.com](mailto:management@greenteammyc.com)

Website: [greenteammyc.com](http://greenteammyc.com)





If the tooth fairy  
won't pay your  
dental bills,  
**WE CAN!**

**HELP IS HERE, WITH AFFORDABLE  
GROUP COVERAGE DESIGNED  
SPECIFICALLY FOR SMALL TO  
MEDIUM SIZED BUSINESSES.**

**403-717-4470**

[www.calgarychamberplan.ca](http://www.calgarychamberplan.ca)



Chambers of Commerce  
Group Insurance Plan®

**chamberplan.ca**



**NOW  
OPEN**



**FAMILY MEDICINE  
WALK-IN CLINIC**

**NO WAITING TIME**

**Dr. Dapo Olayiwola,**

MBBS, DRCOG, MRCGP, DFSRH, PGDipDerm

**Dr. Matthew Onyekweli**

MBBS, DFFP, MRCOG

**Female Doctor Available Weekend Only**

**OPENED:**

**Monday to Friday: 9am - 7pm**

**Saturday: 10am - 5pm**

**Sunday: 11am - 3pm**



Address: #4, 20 Douglaswoods Dr SE

**TEL: 587-471-9467**

You can book online at [www.douglaswoodfamilymedicine.ca](http://www.douglaswoodfamilymedicine.ca)