

FEBRUARY 2016

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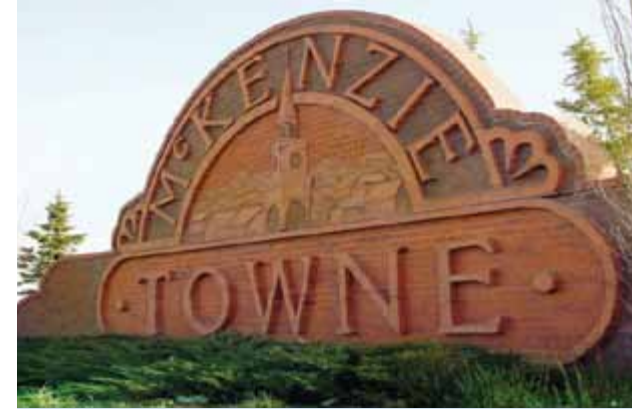
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McKenzie Towne Community Association

40 McKenzie Towne Blvd S.E.
Calgary, AB T2Z 4X5

feedback@mckenziatowneca.com
www.mckenziatowneca.com

Elected Official



Councillor Shane Keating Ward 12 Office

P.O. Box 2100, Station M
Calgary, AB, Canada T2P 2M5
Phone: 403-268-2478
Fax: 403-268-8091
Email: ward12@calgary.ca
Web: www.calgary.ca/ward12



MLA Richard William (Ric) Mciver Calgary-Hays

255, 11488 - 24 Street SE
Calgary, AB Canada T2Z 4C9
Phone: (403) 215-4380
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Email: calgary.hays@assembly.ab.ca
www.mciver.mypcmla.ca • Twitter: @ricmciver
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amaranthfoods.ca



Enter
often!



Enter between Feb 21 - Mar 6

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**GREAT NEWS PUBLISHING HAS BEEN
PROUDLY SERVING MCKENZIE TOWNE
FOR 8 YEARS!**

HALL RENTALS

McKenzie Towne Hall is the perfect place to host your wedding, business meeting, birthday party or special event.

With rooms able to hold 10 to 125 people, look to us for a place to plan your next event.

For more information, please contact the Facilities Coordinator during regular business hours by phone at 403-781-6612 ext 4 or email csr@mtcouncil.com

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Great News Publishing and the Council at McKenzie Towne Hall do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.

CHILDCARE REGISTRY

Available through the
McKenzie Dayhome Support Group

- Volunteers servicing families in McKenzie Towne, McKenzie Lake, Cranston, Auburn Bay, Seton, Copperfield, New Brighton
- To register your dayhome or receive information, please call Jennifer Monday-Friday 8:00 am – 5:00 pm at 403-251-4824 cell 587-888-1979 email Jdonovan04@gmail.com.
- If you require child care please contact us.



Respect your Neighbours!

In order to keep your community looking tidy and show respect for your neighbours, please ensure your collection bins are not visible from the road on non pick up days.

MCKENZIE TOWNE COUNCIL RECREATION CLASSES



Recreation takes place at McKenzie Towne Hall, 40 McKenzie Towne Blvd. SE. For McKenzie Towne recreation information, visit www.mtcouncil.com, contact rec@mtcouncil.com or call 403-781-6612 ext. 3.

Registration has closed for Winter 2016 Recreation Programs!

Drop in to these great programs: Zumba, Senior Modified Yoga, Beginner Flow Yoga, Total Body Workout and more!

Register online at: www.mtcouncil.com.

We offer Drop-in Passes too!

Unable to commit to the full length of a class? We have 1 and 6 time drop-in passes available for purchase at the hall. Resident 1-time passes are \$13 and 6-time passes are \$64. Non-Resident 1-time passes are \$15 and 6-time passes are \$76. Passes are for adult classes only and are non-transferrable.

For more information or to purchase drop-in passes, stop by the hall!



FEATURED CLASS Total Body Workout (Space still available)

Drop-ins welcome

Ages: 18+

Tuesdays, January 12th – March 22nd from 6:40 pm to 7:40 pm, or 7:50 pm to 8:50 pm

Experience this 60-minute challenging and dynamic whole body muscle workout class using

dumbbells, stability balls, bosu balls, body bars and medicine balls as resistance tools. This workout is designed to decrease body fat, increase lean muscle and give you more energy. This class is for beginners through to advanced levels and will help increase your fitness level and physical well-being. Enrollment fee pro-rated based on registration date. Instructor: Bea Ewanchuk.



MCKENZIE TOWNE COUNCIL EVENTS



McKenzie Towne Council – Beer Tasting

Friday March 4, 7p.m. – 9p.m.
McKenzie Towne Hall

Back by popular demand, it's MTC's Beer Tasting event! Come expand your beer repertoire. A wide array of tasty appetizers will also be on hand as you make your way through this year's impressive lineup of craft beers. Tickets on sale Feb 1. For more information visit: www.mtcouncil.com. Tickets may be purchased online or at McKenzie Towne Hall.



Copperfield VETERINARY HOSPITAL

A Complete Small Animal Practice

Mon & Wed 8 am to 8 pm
Tues, Thurs & Fri 8 am to 6 pm
Sat 9 am to 2 pm
Sunday: Closed



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February & March 2016
As dental awareness Month
Please Call For Details.

115, 15566 Mclvor Blvd. SE Calgary, AB
403 532-9192
Beside Co-op Gas Bar on corner at 52St & Mclvor Blvd SE



MTCC
McKenzie Towne Council

403.781.6612 ext 3
www.mtccouncil.com

Social Groups

AT McKENZIE TOWNE HALL

All social groups are FREE for residents of McKenzie Towne. Non-residents must be a guest of a McKenzie Towne resident and are charged \$2.00. For McKenzie Towne social group information, contact rec@mtccouncil.com or call 403-781-6612 ext. 3. Please refer to www.mtccouncil.com regularly for updates and schedules changes to social groups.

Senior Walking Group

Tuesday's & Thursday's: 9:30 am - 11:00 am (gymnasium); 11:00 am - 12:00 pm (coffee)

Active Learning

Programs Ltd.



- French Immersion Preschool 19 months to 5 years
- B & A Care for Kindergarten to Grade 6 for Ecole Sam Livingston, Lake Bonavista, Andrew Sibbald
- Summer Camps for children 3 - 12 years available

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Feb 21st 1 to 5 pm
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✉ info@astorage.ca

www.albertastorageplace.com

Come out of the cold and into the warmth of McKenzie Towne Hall this winter! Get your exercise indoors in our gymnasium, meet up with friends, or come on your own. Coffee and cards will be available after.

Bridge

Monday's: 1:00 pm - 4:00 pm

Come play some cards! A group dedicated to playing bridge. Drop-in for some fun and games around the card table. Coffee is provided, too.

Drop-In Playgroup

Tuesday's: 12:00 pm - 2:30 pm

Wednesday's: 9:30 am - 11:30 am

We invite you to bring your toddler to play in our gym full of exciting toys, to have a good time and meet other families in the community! FREE for McKenzie Towne Residents. Non-residents must be a GUEST of a Resident and pay \$2/child to drop-in. Only 2 adult guests per Resident (parents are FREE).

McKenzie Towne Council Drop-In Gym Times

There are a variety of drop in sports and gym times for adults, youth and families to participate in:

Adult drop-in times are 7:30 - 8:45 pm on Tuesdays (Basketball), Wednesdays (Badminton) and Saturdays (Floor Hockey). And we've added an additional Adult Basketball time slot on Friday's from 7:00 - 8:45 pm.

Youth drop-in times are scheduled for afterschool use (3:00 - 4:30 pm).

Parent & Child drop-in times are 5:00 - 6:00 pm from Monday-Wednesday, 5:00 - 6:30 pm on Thursdays, 5:00 - 7:00 pm on Fridays, 6:00 - 7:00 pm on Saturdays, and 4:00 - 5:30 pm on Sundays.

Non-scheduled drop-in gym: There are times from 9:00 am - 3:00 pm Monday - Friday when the gym is not in use. Please call 403-781-6612 in advance to confirm gym usage, and if available, feel free to stop by during those times.

For gymnasium availability and schedule changes, visit www.mtccouncil.com.



Interesting ARCHITECTURE

The Colosseum is the largest Roman amphitheatre ever built. This elliptical amphitheatre in the centre of Rome is considered as one of the greatest architectural feats achieved by the Ancient Romans. The stadium was capable of seating 50,000 spectators and used mainly for gladiatorial games.

"We Care"

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<p>Cork</p> <p>From \$1.99 Psf</p>	<p>Linoleum</p> <p>From \$0.99 Psf</p>	<p>Luxury Vinyl</p> <p>From \$0.99 Psf</p>	

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Welcome to McKenzie Towne!

If you are a new resident in the last six months we would like to meet you. If you would like a tour of the Towne Hall and to have your Resident ID card issued please visit us

Monday to Saturday
9:00 am to 9:00 pm

Sunday
10:30 am to 6:00 pm

**To update your contact
information please
call 403-781-6612**

**From the staff and management
of McKenzie Towne Council**

Visit www.mtcouncil.com
for all the information you need!



MCKENZIE TOWNE COUNCIL

40 McKenzie Towne Blvd SE
Calgary, Alberta, T2Z 4X5
Phone: 403-781-6612 • Fax: 403-930-1551
E-mail: inquiries@mtcouncil.com

Hall Hours

Monday – Saturday	9:00 am - 9:00 pm
Sunday	10:30 am - 6:00 pm
Holidays	10:30 am - 6:00 pm

Office Hours

Monday – Friday	9:00 am - 5:00 pm
-----------------	-------------------

It just doesn't get better than this

OUR JOB IS TO KEEP IT THIS WAY



Your city employees want to start the new year with a big *Thank You* for appreciating our efforts in keeping Calgary clean and green. You gave our garbage and recycling teams a 97% satisfaction rating last year.

CUPE
Calgary's city employees

**Making your city
work for you**

And we'd also like to thank the City for reaffirming their commitment to keeping this service public — and saying *No Thank You* to a for-profit service that would have cost taxpayers 5-20% more!

Here's to another great year, in Canada's greatest city.

Photo by Jeff Wallace: facebook.com/jeffwallacephotography/
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SOUTH TRAIL HYUNDAI

A map of the McKenzie Towne area in Calgary. The map shows Deerfoot Trail running vertically on the left, and Stoney Trail running vertically on the right. A horizontal line represents 130th Ave. South Trail Auto Mall is marked with a red flag icon at the intersection of 130th Ave and Stoney Trail. Other landmarks include the Canadian Tire, Super Store, and The Home Depot on 130th Ave to the west of the mall. To the east of the mall, near the intersection with 52nd St, are Wal-Mart, Safeway, and Lowe's. Further south, near the intersection with 22nd St, is the South Health Campus Hospital. The map also labels McKenzie Towne, New Brighton, and Copperfield neighborhoods.

Under the huge flag on 130th Ave east of 52nd

McKenzie Towne
Real Estate Stats

Last 12 Months McKenzie Towne
MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
January 2016	\$457,476	\$444,865
December 2015	\$440,123	\$430,461
November 2015	\$445,407	\$431,228
October 2015	\$455,600	\$445,547
September 2015	\$442,135	\$433,890
August 2015	\$461,258	\$452,075
July 2015	\$449,882	\$442,744
June 2015	\$483,170	\$473,704
May 2015	\$432,166	\$425,648
April 2015	\$412,747	\$407,010
March 2015	\$441,479	\$432,885
February 2015	\$449,888	\$442,042

Last 12 Months McKenzie Towne
MLS Real Estate Number of Listings Stats

	No. New Properties	No. Properties Sold
January 2016	28	9
December 2015	15	13
November 2015	16	28
October 2015	34	19
September 2015	27	20
August 2015	28	31
July 2015	35	28
June 2015	33	27
May 2015	24	36
April 2015	32	18
March 2015	36	35
February 2015	42	27
Total	350	291

Have a Financial Strategy
if You Lose Your Job

Kevin O'Hagan, PFP, FMA, CIWM

It's an unfortunate economic reality, but unemployment can rise during recessions.

If you find yourself suddenly out of a job – especially after you may have worked for many years for the same employer – make sure you put a financial strategy in place to help you get through what may be a very challenging time. Here are some tips you may want to consider should you find yourself suddenly out of work:

1. Get your finances in order – You'll need a clear picture of your net worth, what you owe and what you'll need per month to maintain your present lifestyle. Then, work with other family members to prepare a conservative but realistic budget for the next six to 12 months. Knowing that you have a workable plan in place will help alleviate some of the stress you may be experiencing.
2. Understand your severance options – You will probably receive some form of severance pay. The total amount of your severance is usually taxable in the year you receive it. However, depending upon your situation, there may be opportunities to defer tax on all or a portion of your severance. What you decide to do with your severance can have a significant impact on either your standard of living while you look for another opportunity or the quality of your retirement. Speak to your financial advisor for help in understanding your options.
3. Decide on how you'll deal with your pension, insurance and other employment benefits – You could be entitled to some or all of the pension benefits you accumulated with the company. Depending upon your circumstances, you may be able to collect a reduced pension now or a full pension later. Also, you might be allowed to transfer the full value of your pension into another retirement account, such as a locked-in retirement account. Or, if you prefer, you may be able to transfer your benefits into the pension plan of a new employer. Your financial advisor can help you understand your options.

4. File for Employment Insurance benefits – You may be entitled to employment insurance. If so, you should apply for your benefits as soon as you receive your Record of Employment from your former employer. Be aware that there's a two-week waiting period before your benefits begin. Also, if you received a severance, payments won't begin until after the period your severance was designed to cover. Generally, regular benefits can be paid from 14 weeks to a maximum of 45 weeks.

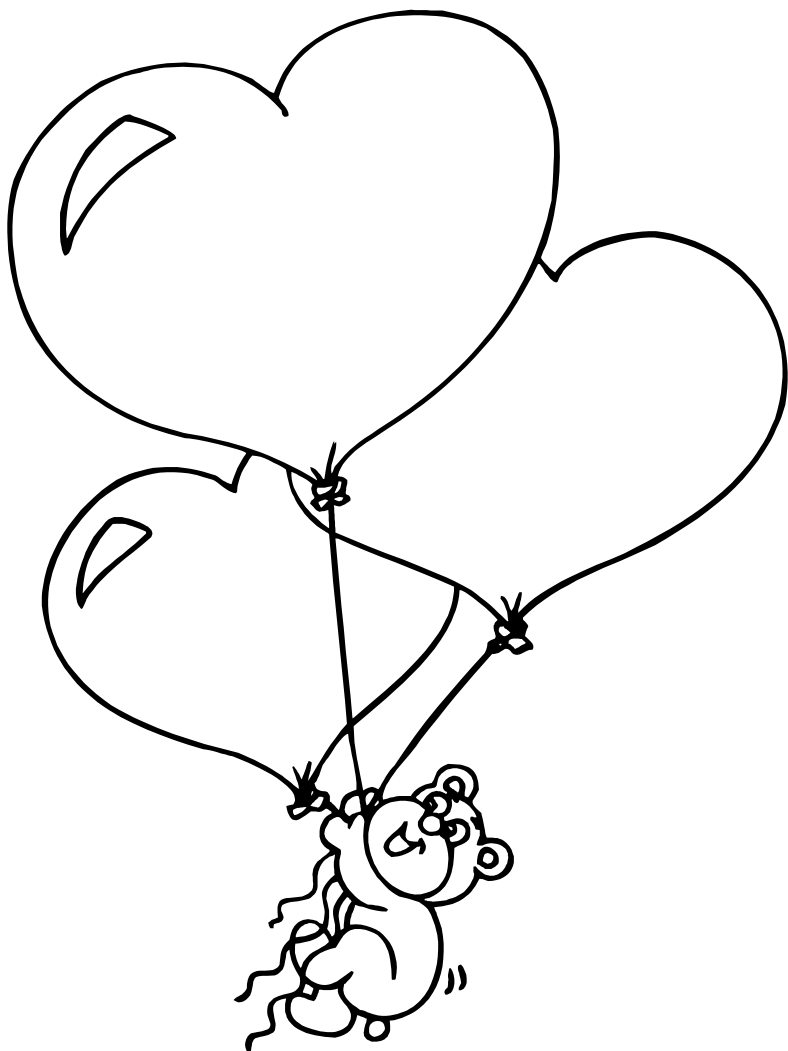
As for your other benefits, depending upon your severance package, you could lose entitlement to some or all of these when your employment ends. You will need to decide which benefits, if any, you want to replace. If you have people who are dependent on you, you will probably want to make certain you have enough life insurance. You may also wish to consider supplemental medical insurance. Again, speak with your financial advisor for help in deciding which benefits you might want to replace.

Whatever your particular situation, it's important to consider all of your options and develop a plan that's right for you. Life is unpredictable, so having a carefully considered investment plan can go a long way in helping you deal with life's uncertainties.

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Please contact me today for a complimentary financial review.

Brad Mackie
Scotiabank Investment Specialist
 403-808-2791
brad.mackie@scotiabank.com
www.scotiabank.com/investmentspecialists

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Heart at Play

Raising Heart Healthy Families

Saturday February 27th
3rd annual Heart Healthy Family Day
10:00am—1:00pm
South Health Campus Wellness Centre



Wondering about healthy snacks & meals for life on the go?



Wondering if your family is active enough?



Wondering about small changes you can make for a healthier life?



Wondering how to fit everything in to your busy life?



What to Expect!

- Physician presentation
- Q&A time with healthcare providers
- Heart pumping activities
- Delicious cooking demos
- Interactive booths
- Blood pressure and cholesterol checks
- Healthy lifestyle information
- And more **FREE** family fun!

For more information contact April Matsuno
403.956.3932 or april.matsuno@ahs.ca



McKenzie Lake is proud to be your local neighborhood pharmacy of choice.

Canada's National Advisory Committee on Immunization recommends that everyone 6 months old or older should get a flu vaccine. Getting the flu vaccine, either as a shot or as a spray that you breathe through the nose, every fall just before the start of the flu season can help prevent you from getting the flu.

YOU CANNOT GET THE FLU FROM THE FLU VACCINE! Protect yourself against the flu, get immunized every year. Make it part of your fall routine!

DID YOU KNOW that our injection certified pharmacists are trained to administer the flu vaccine to the public and are authorized by the Alberta College of Pharmacists and Alberta Health Services to access and administer the provincially provided vaccines?*

Stop by and see Trish, **YOUR Sandstone Pharmacist**, TODAY to book your appointment to get your flu vaccine!

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 Sunday: 10:00 AM - 3:00 PM
 Stat Holidays: Closed

Store Hours:

Monday to Saturday: 9:00 AM - 9:00 PM
 Sunday: 10:00 AM - 5:00 PM
 Stat Holidays :Closed

Phone: 403-257-1888



Name	Age	Contact	Course
Kaiya	12	403-805-1446	Yes
Evelyn	12	403-475-0919	Yes
Hannah	12	403-207-1794	Yes
Connor	12	403-483-0828	Yes
Amélie	12	403-988-8568	Yes
Aliyah	13	403-801-9420	Yes
Bailey	13	403-203-7010	Yes
Penelope	13	403-254-5591	Yes
Quinn	13	403-990-2570	Yes
Kyla	13	587-352-0053	Yes
Kyla	13	403-697-9764	Yes
Ava	13	403-279-2083	Yes
Jordan	13	403-288-0220	Yes
Maxine	13	403-455-8427	Yes
Orion	13	403-828-0873	Yes
Samuel	13	403-294-0519	Yes
Deborah	13	403-619-7037	Yes
Hayley	13	403-257-3650	Yes
Elena	13	403-263-3809	Yes
Miranda	13	403-620-3750	Yes
Emma	13	403-483-0828	Yes
Hala	14	403-455-5004	Yes
Ashlee	14	403-440-9493	Yes
Stephanie	14	403-726-1475	Yes
Justice	14	403-471-2058	Yes
Jordyn	14	403-203-1184	Yes
Ashlee	14	403-616-3236	Yes
Vanessa	14	403-257-5785	Yes
Meghan	14	403-475-4997	Yes
Jennifer	14	403-918-0621	Yes
Izzy	14	587-350-2080	Yes
Natalie	14	403-477-0749	Yes
Sandra	14	403-207-4409	Yes
Olivia	14	403-837-3175	Yes
Andrea	14	403-919-1200	Yes
Amanda	14	587-899-8983	Yes
Emily	14	403-257-5069	Yes
Emily	14	403-437-0956	Yes
Brynn	14	403-278-6855	Yes
Haleigh	14	403-589-9833	Yes
Valeria	14	403-830-7991	Yes

Melissa	14	403-455-4402	Yes
Kiana	15	403-809-4973	Yes
Emmalie	15	587-998-9468	No
Amy	15	403-247-9228	Yes
Angelina	15	587-998-0224	Yes
Emma	15	587-876-3098	Yes
Armeen	15	587-707-1456	Yes
Maggie	15	403-222-2223	No
Rachel	15	403-257-4520	No
Rhys	15	403-399-7509	Yes
Kennedy	15	403-463-9800	No
Dakota	15	403-993-7525	Yes
Brooklyn	16	403-236-1440	Yes
Laura	16	587-350-5705	Yes
Andrea	16	403-714-3930	No
Ayden	16	403-880-4809	Yes
Shahara	16	403-922-5416	Yes
Sabrina	16	403-512-3171	Yes
Shannen	16	403-919-7200	Yes
Lindsay	16	587-434-8953	Yes
Lauren	16	403-203-4480	Yes
Danielle	16	403-455-4609	Yes
Lauren	17	403-305-0526	Yes
Nicole	17	403-862-8692	Yes
Brianne	17	403-999-6906	Yes
Michelle	17	403-455-4402	Yes
Caitlyn	17	403-203-4480	Yes
Jakarta	18	403-808-8503	No
Tierza	18	403-568-7298	Yes
Shawna	18	403-402-0489	Yes
Makenzie	18	403-796-7733	Yes
Taylor	18	403-236-2836	Yes
Gracia	19	587-969-1296	Yes
Allison	19	403-890-6057	No
Cheyenne	19	250-938-1090	No
Cheyenne	19	250-938-1090	No
Jessica	20	587-580-5696	No
Sonya	20	403-389-5921	Yes
Ria	20	403-470-9783	No
Becky	21	403-993-9284	Yes
Danita	21	403-990-0205	Yes
Jamie-Lyn	21	403-892-0176	No
Jaden	21	403-554-5737	Yes
Kate	22	403-437-3559	Yes
Michelle	22	403-926-5166	No

Katelyn	22	403-870-1752	Yes
Tess	22	403-796-8377	Yes
Emily	23	403-999-8525	Yes
Georgia	23	403-660-3831	Yes
Katelyn	24	403-462-6979	Yes
Shannon	24	403-614-2570	Yes
Megan	24	403-861-3718	Yes
Pia Ginnelle	24	778-227-6330	No
Alana	24	587-888-4854	Yes
Blaise	24	587-223-8583	Yes
Chantele	25	403-652-0083	No
Lizzie	25	403-703-4076	Yes
Lauren	25	403-993-7654	No
Sheree	27	403-422-0740	No
Lisa	27	506-721-8460	No
Deidra	28	587-582-0400	Yes
Lisa	29	403-926-8301	No
Heather	29	403-966-5233	Yes
Lisa	29	403-926-8301	No
Crystle	29	403-714-8050	Yes
Amber	30	587-438-4789	Yes
Sujitra	31	587-284-1984	No
Paula	31	587-899-3250	No
Michelle	31	403-923-5111	Yes
Carla	33	403-681-9299	No
Charity	35	403-890-8688	Yes
Dawn	36	403-285-9513	Yes
Christina	36	403-483-2544	No
Annie	36	587-968-6504	Yes
Muniza	39	587-834-1976	Yes
Maricel	40	587-435-3382	Yes
Seema	41	587-892-9970	Yes
Jane	50	403-467-3607	Yes
Carolyn	51	587-580-6638	No
Irfana	51	403-398-5219	Yes
Jonahley	51	639-571-2857	Yes

Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

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YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

- **January 16 to May 31 - Body Worlds Vital:** The exhibition celebrates the living human body and allows visitors to learn about human anatomy in a far more real way than any textbook. www.sparkscience.ca
- **March 3 - The Harlem Globetrotters:** The Harlem Globetrotters, a world-famous exhibition basketball team, combines athletic feats and teamwork with theatre and comedy. www.harlemglobetrotters.com
- **March 3 - Sgt. Pepper's Lonely Hearts Club Band:** The Art of Time Ensemble is a chamber group that merges chamber music and pop music in this concert. The ensemble reinvents The Beatles' soundtrack to The Summer of Love. www.calgaryphil.com
- **March 4 to 13 - The Big Taste:** Each year for The Big Taste, a number of Calgary restaurants offer prix fixe menus, giving Calgarians the chance to try the best of what each restaurant offers. www.calgarydowntown.com
- **March 5 - The Black and White Ball:** Decidedly Jazz Danceworks' annual fundraising party is a black and white evening. Dress up in your finest (make sure it's black or white) and dance the evening away. www.decidedlyjazz.com
- **March 13 to 15 - Earth Science for Society Exhibit:** Earth Science for Society (ESfS) is a free, family-friendly event that is open to the public. It showcases the importance of Earth Science in our everyday lives. www.esfscanada.com
- **March 17 to 19 - ACAD Student's Association Spring Show + Sale:** See what Calgary's up-and-coming young artists have produced during their school year. www.acad.ca
- **March 24 to 29 - Disney On Ice presents Dare to Dream:** Disney princess stories are coming to the ice. The whole family will have fun seeing these favourite stories come to life on the ice rink. www.disneyonice.com
- **March 29 to April 9 - Taking Flight:** Festival of Student Work: Each year, the Taking Flight festival showcases the range of work conceived, directed and performed by University of Calgary graduate and undergraduate students. www.scpa.ucalgary.ca
- **March 30 to April 16 - Macbeth:** Darkness, dishonesty and murder fill Shakespeare's supernatural tragedy Macbeth. Macbeth timelessly highlights how ambition can cause one's downfall. www.shakespearecompany.com

MARCH 5 BLITZ SNOWSHOE FUN RUN — LAKE LOUISE

Snowshoeing is one of the fastest growing outdoor winter activities. Get involved in the trend and participate in a 5 kilometre of 10 kilometre snowshoe fun race. www.snowshoe.blitzevents.ca



MARCH 5 TO 6 CALGARY MAPLE FESTIVAL DES SUCRES

Running all weekend at Heritage Park, this event is a celebration of francophone music, culture and food. www.calgarymaplefest.com



MARCH 18 TO 28 SPRING RALLY IN THE ALLEY

This annual, family-friendly event offers a range of activities centered around different modes of transportation. www.heritagepark.ca





Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

February at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs.

Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

Pool Refurbishment

After 33 years in operation, Trico Centre's Aquatics Centre is undergoing a major refurbishment. This project will address lifecycle issues, improve health and safety components, and take the Aquatics Centre into the next 10 to 15 years. **The Aquatics Centre including pool, hot tub, and slide will be CLOSED starting February 19.** Trico Centre is very excited about the new enhancements and can't wait to share the progress with you. We will be hosting a pool grand opening, so watch for details.

Adults

- Registered adult programs starting in February: Sore Joints Training, Fit 101 for the Absolute Beginner, Strong is the New Skinny: Weight Training for Women by Women

- Check www.tricocentre.ca for two **new registered adult programs that are not in the program guide:** Triathlon Brick Training and What's What of Watts: Spinning for Power in Eight Weeks.
- February workshops include Foundation of Alignment Yoga Workshop and Mindful Relaxation.

Older Adults

- Bone Builders, Chair Yoga multi-week programs starting in January include Balance Builders, Bone Builders, Chair Yoga, Sore Joints Training. Workshops and clinics include Foam Roller Workshop and Strike It for Seniors!
- **New registered program** (not in the program guide so check the website for details): Brain Builders helps develop coordination, agility, and a smooth, synchronized gait through different walking conditions by improving reflexes and increasing neurologic control over movement.
- Ease Parkinson's Disease Workshop, Friday, February 26, members \$32, non-members \$40.
- Check out the Drop-In Gym schedule for drop-in Pickleball times.

Families, Children & Youth

Check out the Drop-In Gym schedule for drop-in gym, Drop-In Playtime, Drop-In Gymnastics, youth drop-in gym, and more. See the Drop-In Arena schedule for lots of cool activities including leisure skate, adult shinny, youth shinny, women's shinny, and stick & puck.

Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.



CALGARY
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CALGARY PUBLIC LIBRARY

Celebrate Family Day At The Library!

Family time is library time! Enjoy storytimes, children's activities, and reading together on Family Day. No registration required.

Monday, February 15, noon-5:00 pm

At these community libraries:

- Country Hills
- Crowfoot
- Fish Creek
- Saddle Towne
- Shawnessy
- Signal Hill

If you can't make it in to the Library on Family day, make sure to stock up on books and make this holiday a family reading day!

Celebrate Freedom to Read Week!

Who chooses what you read, listen to, and view? Freedom to Read Week, February 21 – 27, is an annual event that raises awareness about censorship and encourages Canadians to reaffirm their commitment to intellectual freedom. Celebrate your right to read with Calgary Public Library's online contest. Starting Feb. 1, post your favourite banned book to the Library's Facebook page or Twitter account (@calgarylibrary). On February 19, one lucky entry will be chosen to win a bundle of banned books. Be sure to watch and see which challenged book is officially presented to City Council to mark this annual event.



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		MY PROGRAM		YOU CAN SAVE
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	\$8,000	Buying Realtor Fee	\$8,000	
	\$16,000		\$11,000	
On the sale of a \$500,000 home	\$9,500	Listing Realtor Fee	\$3,000	68.4 %
	\$9,500	Buying Realtor Fee	\$9,500	
	\$19,000		\$12,500	

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IN & AROUND SCHOOLS

Shortest month of the year stocked with events at École St. Cecilia School

The events start early in February for students at École St. Cecilia School with our annual 'Carnaval' at the beginning of the month. This day-long event celebrates Québec's Winter Carnival and features cultural activities such as learning about Bonhomme and tasting snow-frozen maple candy known as 'la tire'.

This year, Lent begins in February and students will participate in religious celebrations including pancakes on Shrove Tuesday and attending church for Ash Wednesday.

Grade 1 students will visit 'Clay for Kids' for a field trip and all students will hear from Edouard Labonté, who will present educational French learning materials in his entertaining one-man show.

The month will conclude with a fundraising Movie Night for students and their families to attend.

Interested in having your child attend École St. Cecilia School?

Mark your calendar for our Information Evening on March 1, 7 p.m. and our Open House on March 8 from 1-3 p.m.

St. Boniface students

The St. Boniface students were very excited to get back to school after a restful holiday!

In February, we are excited to celebrate the 100th day of school and our school wide field trip to COP. The students will either be skating, skiing or snowboarding. Lots of fun!

As we approach the Lenten journey, we will begin by celebrating Ash Wednesday mass at St. Bonaventure Parish along with St. Bonaventure Junior High School. During our journey we will take many opportunities to reflect upon the sacrifices Christ has made for us and how we can live our lives demonstrating more love and kindness towards one another.



Writings about Reading

Any place can be a reading place

Do you look for ways to encourage your child's enjoyment of reading? Creating a 'reading place' in your home can help!

A reading place might be in your child's bedroom, a cozy corner in the family room, a little nook under the stairs . . . or? Just remember the 3B's and you'll create a wonderfully welcoming spot:

Books

Make lots of books available. All kinds; picture books, stories, and nonfiction books about things your child is interested in (dogs, planes, machines, cake making perhaps). Encourage your child to write their name inside their books. Ownership is directly connected to higher reading scores.

Bookshelves

Have bookshelves or baskets, boxes or bags of books all over your home. Easy access means reading can happen anywhere, at anytime. In your special reading place books all around help create a colourful and welcoming environment.

Book lights

If you set your reading place up in a family room or bedroom, you can use a nearby lamp. Or, small, inexpensive lights (clip-on or flashlights) in cozy nooks make reading more of an adventure. Lights aid visibility and define a space that focuses a child on their reading.

Encourage other families and children to celebrate books and reading in their own reading place!

You can help others get excited about creating their own unique and comfy reading place too! If you take a photo of your child reading in their special reading place and would like to share it with us via:

- email to: info@calgaryreads.com
- Instagram, Facebook, and Twitter using hashtag #MyReadingPlace and tagging @CalgaryReads

Those who submit one by March 15, 2016 will be entered into a random draw for various '3B' prizes.

For resources to help your child develop critical literacy skills and a joy of reading, visit calgaryreads.com.

IN & AROUND CALGARY

Clearing Snow and Ice from Sidewalks

Clear and safe sidewalks are essential for many Calgarians, especially those with disabilities, older adults, and children who walk to and from school. Under the Street Bylaw 20M88, the owner(s) and/or occupant(s) of a private property are required to clear snow and ice from sidewalks in the front or to the side of their property within 24 hours of a snowfall. If the sidewalk is not cleared within that time, The City may have the snow and ice removed from the sidewalk at the property owner's expense. If you own a rental property, you are responsible for ensuring that adjacent sidewalks and pathways are cleared.

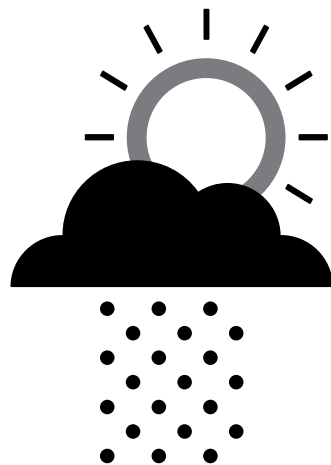
Snow Angels

Keeping sidewalks shoveled, ice-free and safe can be very challenging for older adults and other Calgarians who have limited mobility. The Snow Angels campaign

encourages citizens to clear snow and ice from the sidewalks of their neighbours who may be less able to do it themselves. Watch for people in your neighbourhood who could use help removing snow and ice and lend them a hand. For more information please visit www.calgary.ca/snowangels.

Tips for Shoveling Snow and Ice

- Stretch before you begin to shovel;
- Keep warm and wear layered clothing;
- Use an ergonomic shaped snow shovel to help reduce back pain and make shoveling easier;
- Space your hands on the shovel to increase leverage;
- Lift with your knees, not your back;
- Clearing snow soon after it falls can prevent snow and ice from building up on your sidewalk;
- After removing the snow, you can apply road salt/de-icer wherever necessary. This makes it easier for pedestrians to walk past your house;



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IN & AROUND CALGARY

Citizen Dashboard in the works to give Calgarians insight into City performance and Calgary's quality of life

The City of Calgary is building a Citizen Dashboard, an online tool that provides Calgarians with access to information about The City's performance and how City services contribute to Calgary's quality of life. Available at calgary.ca/citizendashboard, the tool displays performance measures and data using interactive graphs, charts and maps.

"The Citizen Dashboard is just getting started, but it's a great example of our efforts to be more open and accountable to Calgarians for the programs we offer at The City," said Jeff Fielding, City Manager.

"The Dashboard provides citizens with easy access to City performance measures, provides explanations of what those measures mean and what we are doing to improve service," said Mac Logan, General Manager, Transportation and Chair of a committee designed to oversee and champion customer service and digital innovation at The City. "We look forward to hearing from Calgarians during the pilot as they explore our new tool."

Powered by The City's Open Data Catalogue, the Citizen Dashboard pilot currently displays select performance measures for 311; Roads Maintenance: Summer; Calgary Transit Access; and Building Regulations. Additional performance measures will be added to these services as the Citizen Dashboard evolves and feedback is collected.

The following services will be added over the coming months:

- Roads Maintenance: Snow and Ice Control and Spring Clean-up
- Transit: Safety and Security, CTrain and Bus
- Water Resources
- Water Services
- Waste & Recycling Services
- Recreation
- Fire

Calgarians can check out the new tool and provide feedback at calgary.ca/citizendashboard.

The Best Neighbourhoods Survey is now open.

HAVE YOUR SAY

Tell us what makes great neighbourhoods great and what's most important to you in choosing where to live.

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Dental Pain in Pets

If you have ever had a cavity, dental abscess, or fractured crown you may remember the pain you experienced probably made it difficult for you to concentrate on any task. Eventually you would seek dental treatment or rely on pain control to function. I see dental disease in almost every pet I examine in my veterinary clinic. Unfortunately preventative dental care is not something that most pet owners start early and continue daily. If there is a line of hot red swollen inflammation along your pet's teeth, put your nail against the edge of the gum where it meets the tooth. Does your pet wince and pull away?

Taking care of your pet's teeth can be time-consuming and expensive. Owners tend to ignore the teeth because they don't see them, but healthy teeth are directly linked to your pet's short and long-term well-being. I can't count the number of clients who have told me a month after a dental treatment that their elderly pets start playing with toys again and they didn't appreciate the discomfort their pet must have been experiencing.

Put to rest the belief that pets fed hard foods don't get dental disease. The value of specialized diets and dental products is limited, but really, if there was some magic component added to food that eliminated dental disease, wouldn't people be eating it to avoid our own dental disease and the ensuing costs.

Pets, ideally, should have their teeth brushed daily. Use a soft small tooth brush. Finger brushes don't work. Use pet toothpastes that do not foam or contain sodium bicarbonate so they can be swallowed. They come in flavours ranging from tuna to chicken to beef. Yum, yum! Many of my clients have even taught their pets to tolerate electric tooth brushes.

A few pets will not allow brushing under any circumstance. These pets will have to rely on the limited benefits from chewing products as well as a specialized

dental diet. None of these products out-perform the physical action of daily tooth brushing. Never give your pet hard bones, ice, and very hard toys.

Ideally pets should have regular preventative cleanings. Veterinarians offer every tool available to minimize the risks associated with general anaesthetic. Veterinarians doing pet dentals use ultrasonic scalers, drills, polishers, and advanced dental radiology to do as thorough a job as your own dentist and their staff. No self-respecting pet will tolerate a complete scaling and polishing below the gum line conscious.

I recently did a dental cleaning of a young dog's mouth expecting no or little disease. Visual examination prior to the cleaning everything looked good, but I discovered four deep pockets between the gums and four teeth. Dental radiographs confirmed the bone around the roots of the teeth was being eaten away by infection. The removal of diseased teeth allows a better chance to keep the surrounding teeth healthy. This disease would never have been discovered without a proper examination of an anaesthetized pet.

Superficial scraping of visual tartar only hides disease and lulls a person into thinking their pet's mouth is healthy.

Rotten teeth and gums can be a portal to bacteria entering the blood stream and traveling throughout the pet's body. Dental disease advances more quickly when pets have other illnesses such as kidney disease or diabetes, and dental disease can make other diseases more difficult to control. When the teeth hurt it can also cause an otherwise sweet pet to become cantankerous. Our pets are living longer than ever with advances in veterinary medicine and so your pets are going to need those healthy teeth longer...start brushing early.

Jennifer L. Scott, D.V.M.

South Health Campus (SHC) Wellness Centre

Wanting to improve your health? We can help! Try some of our FREE wellness and lifestyle programs.

Heart at Play: Raising Heart Healthy Families

Wondering about healthy snacks and meals on the go?
Wondering if your family is active enough?
Wondering about small changes you can make for a healthier life?

Join us **on Saturday, February 27** 10:00am-1:00pm to explore heart healthy habits for life!

What to expect:

Physician presentation
Q&A time with healthcare providers
Heart pumping activities
Delicious cooking demos
Blood pressure and cholesterol checks
Healthy lifestyle information
And more FREE family fun!

Emotional Well Being

Introduction to the New Journaling

February 5 1:00-2:30pm

Mindfulness Drop-in

February 1 4:30-5:30pm

February 12 12:00-1:00pm

Meditation Drop-in

January 26-March 1 (Tuesdays)

5:00-5:45pm

Drumming Up Wellness

Every Friday 1:30-2:30pm

Health Management

NEW! Roots, Berries and Oils: The Safe, the Maybe and the Dangerous

February 3 11:30am-12:30pm

Diabetes: What You Need to Know

February 12 10:00-11:00am

Arthritis 101

February 18 6:30-8:30pm

Allergen Aware- Allergen Safe

February 19 3:00-4:30pm

Caregiver/Family Support

NEW! Family Peer Support Program

Support to help people assist those affected by mental illness while staying balanced themselves.

Every second Tuesday 12 6:00-8:30pm

Family Alzheimer's/Dementia Caregiver Workshop

February 16 7:00-8:30pm

Letting Go of Guilt for Caregivers

February 25 6:30-8:00pm

Parents

Healthy Eating for Toddlers and Preschoolers

February 1 6:30-8:30pm

March 3 6:00-8:00pm

Secrets to Feeding Your Healthy Child

Three week series begins February 4 or March 3 6:00-8:00pm

Feeding Your Baby

February 25 1:00-3:00pm

Storytime & Playdate

February 19 or 26 10:00am-12:00pm

Nutrition/Food Management Classes

New! Food Waste- How it Affects You and What You Can Do To Help

February 4 6:00-8:00pm

February 10 1:00-3:00pm

The Top 5 Tips to Reduce Calories

February 8 Evening

Heart Healthy Mediterranean (Vegetarian)

February 12 2:00-3:00pm

Dietitians in the Kitchen (demonstration)

February 18 12:00-12:30pm

Eating Away from Home & During Special Occasions

February 23 Evening

Most programs require registration. Please see our full program guide and learn how to register at www.ahs.ca/shcwellness or call us at 403-956-3939.



Aztec emperor Montezuma drank 50 golden goblets of hot chocolate every day.

It was thick, dyed red and flavored with chili peppers.

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~continued next page~

CALGARY WILDLIFE



Tiger in the Sky

Article by Cheryl Bowman

Photo by Niket Sura

The Great Horned Owl is the most common owl in North and South America. These magnificent birds are most recognized by their 'plumicorns' which resemble horns or cat like ears. These raptors are very adaptable using several different types of hunting skills to capture their prey as well as having a wide variety of prey.

It is this adaptability for hunting that they received their nickname 'Tiger in the Sky'. The Great Horned Owl will dive, wings bent, talons outstretched to silently capture unsuspecting prey, including prey that outweighs the bird itself. They also swoop low along the ground to grab any variety of smaller prey and interestingly they are known to walk along the ground to capture yet other types of prey.

The Great Horned Owl is a solitary bird except for mating. It is at this time that the smaller male owl will roost close to the nest of the larger female until all the young fledge, and at this time will again leave. The owls do not build their own nests but rather prefer other bird nests.

The most common injury the Calgary Wildlife Rehabilitation Society sees in these raptors are injuries from window strikes or of being hit by a vehicle. Owls that are

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received with injuries from window strikes have a better chance of rehabilitation. Owls brought in with injuries from a vehicle strike are more difficult to rehabilitate due to broken bones and open fractures.

Should you find an injured Great Horned Owl, please call the Calgary Wildlife Rehabilitation Centre at 403-266-2282 as soon as possible for further instruction. These are powerful birds and must be handled with care, however every moment counts.

If you catch a glimpse of the Great Horned Owl in their natural environment, remain quiet and still and enjoy the wonder of this beautiful Tiger in the Sky.



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facebook: facebook.com/ricmciwer

I am pleased to have Tyler Meckelborg from the Calgary Hays Constituency join me as MLA for a Day in May at the Legislature. The goal of MLA for a Day program is to develop in high-school students a greater understanding and awareness of the role and responsibilities of an MLA, both as a legislator and as a constituency representative. The MLA for a Day is open to all Alberta high-school students and is aimed at individuals who have an interest in the parliamentary process and would benefit from the experience.

Legislature Update

The NDP government is new but so far have been a disaster for Alberta. In eight months they have caused Alberta to lose its AAA credit rating. This will make it more expensive for government to borrow and will make the cost of government needlessly high.

The NDP has added a \$3 Billion carbon tax on almost everything. The claimed it is to help the environment but have said they will pay 60% of it to low income Albertans. Your family will pay between \$500 and \$3,000 next year as a result of the new taxes. That makes it a social program as opposed to an environmental effort. Our PC caucus opposed this huge tax grab.

The NDP government has pushed through Bill 6 which thousands of farmers and ranchers have opposed and protested on the steps of the legislature and across Alberta many times. The tragedy is farmers and ranchers offered to meet with government to improve the bill. The government pushed it through without consulting and now will take 18 to 24 months to put in place the regulations. They should have used that time to talk to farmers and ranchers. Our PC caucus will continue to stand with farmers and ranchers across Alberta on this issue.

The NDP has also refused my amendment to the sunshine list which post information on government paid employees making over \$100,000 per year. I asked them to put the information on one website so you can

find the information. They refused and said they would have every agency, board or commission post the data separately adding administrative burden while not really accomplishing transparency.

The government has cancelled the cultural calendar page on their website making it more difficult for Alberta festivals and special events to make money and provide jobs for Albertans.

Government has flip flopped on bringing back the STEP program to help students and young people get that all important first job. It is good they showed the first small increment in slowing spending increases but they chose the only job creation program sure to create jobs as the place to do it.

McKenzie Highlands School

Construction Status – is updated using the Construction Projects Status Report that is presented monthly to the Board of Trustees. Grade configuration is determined by Area Directors in consultation with the Director, Planning & Transportation, in consideration of many factors including keeping youngest students closest to home, limiting the number of moves for students and available staff and resources. Registration begins in January of the year in which students will go to school. Registration is not first come first served, and there are no registration waitlists. Registration information will be communicated through the website www.cbe.ab.ca/schools, and the media. Based on current enrolment trends and patterns, as well as pre-school census information, it is anticipated that all students can be accommodated in the year the school opens. Unanticipated changes to enrolment trends and community demographics could mean a lottery process which can be found on the CBE website at www.cbe.ab.ca/registration/registration/Pages/Lottery-Information-for-Parents.aspx. Visit the BuildingandModernizingschool webpage for more information on this school construction project.

SE Calgary LRT

This project will connect 300,000 Calgarians to high-speed public transportation. This is the time for the City to take the final steps and have the Province commit their equal share. Hopefully the City and the Province seize this opportunity while they can. Our office will provide updates as they become available. I would like to thank Jeff Binks from the “LRT on the Green”

~continued on page 10~

MLA CALGARY-HAYS

RIC MCIVER

CONT'D

organization and Councillor Shane Keating for making the SE Calgary LRT a priority.

Deerfoot Trail and Anderson Road Interchange - There is a plan completed to add a lane to this interchange that will cost less than \$20 million dollars. Here is the link: www.transportation.alberta.ca/Content/docType353/Production/nbdti-ism1.pdf. The government has since decided to take three years to do a one year study. Our PC caucus will continue to push the government to move ahead without the unnecessary two year delay. Government has said no construction tenders are planned until the study is complete.

Deerfoot Trail and 212 Avenue Interchange

Regarding the interchange at Deerfoot Trail and 212 Avenue, Alberta Transportation is in discussions with the developer, Brookfield Developments, to determine an interim solution until the project is funded. I have the concerns you have raised.

The interchanges on Macleod Trail at 194 Avenue and 210 Avenue are solely the jurisdiction of the City of Calgary. Although they will provide better access to communities south of the Calgary Ring Road, which would be a provincial highway, Alberta Transportation has no role in the funding or construction of these interchanges.

If you have any questions regarding the 212 Avenue project or any other provincial project in the corporate limits of the City of Calgary, please contact Mr. Gary Lamb, Urban Construction Manager at 403 297-5500 or by email at garry.lamb@gov.ab.ca Thank you for taking the time to contact my office on this issue.

Please continue to stay in touch with me on these issues and any other issues that affect you and your family. As your MLA, I am here to help you. My newsletter is written a few weeks ahead of publication, so if you are looking for updated information, or have any questions for me or any concerns that you want to share, I would like to hear them. I also look forward to attending your events in Calgary-Hays area. Please contact me or my assistant Donna Elms, at the Calgary Hays Constituency Office. I am your voice in the Alberta Legislature.

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BRAIN GAMES

SUDOKU

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		3			9	2		
							1	3
3	1		5	7				
	4	2	3				5	

FIND SOLUTION ON PAGE 33



COUNCILLOR, WARD 12
SHANE KEATING

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Twitter: @CouncillorKeats Facebook: <http://www.facebook.com/CouncillorKeating>
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Happy February Ward 12! The Calgary winter can be long and cold, but spring is right around the corner. We have had a very exciting start to 2016. On January 28th, I hosted the annually Ward 12 Open House at the Mahogany Beach Club and had some great conversations with residents that are passionate about their communities. We are also continuing some very productive conversations with the Provincial Government to secure additional funding for the Green Line LRT. I'm looking forward to working hard for you in 2016 to make Ward 12 even better!

2016 Assessment

Assessment overviews for 2016 were mailed out to Calgarians on January 5th. The Customer Review Period extends from January 5th to March 7. During this period property owners are able to inquire about their assessments.

There are a few mechanisms available to residents that wish to get more information about their assessment provided by the City:

- The City of Calgary Assessment department has evaluation staff on standby to answer any specific questions regarding assessments. They can be reached at 403-268-2888.
- You can find more information on the assessment process at Calgary.ca/assessment.

Extended Driveways

There have been a few cases of extended driveways appearing in Ward 12. An extended driveway is an extension of an existing driveway to allow for more parking spaces. The diagram below shows what is acceptable and what is not through the Land Use Bylaw.

Understand what is typically approved and refused by The City.



Extended driveways create a number of problems.

- Removal of available on-street parking
- infringement on adjacent properties, ie: snow shovelled off an extended driveway may get pushed directly onto the next property
- Drainage issues. Replacing soil/grass/vegetation with concrete does not allow for water to be absorbed.
- City access to utilities. Extending a driveway may cover up utilities that may need to be accessed.

If the driveway is found to be in violation of the Land Use Bylaw, The City of Calgary will contact the homeowner. The homeowner will be given the opportunity to retroactively apply for a development permit. If the permit is not approved, the homeowner will be given the opportunity to voluntarily bring the driveway into compliance. If the homeowner does not bring the driveway into compliance The City may bring the driveway into compliance at the homeowner's expense.

If you are concerned about an extended driveway in your community, or you are a homeowner interested in extending your driveway please contact 311 immediately. For more information you can also visit www.calgary.ca/PDA/pd/Pages/Permits/widening-an-existing-driveway.aspx.



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IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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Deadline – 1st of each month for the next month's publication
Contact news@great-news.ca

- ♦ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ♦ Forty word limit

USED DESIGNER CHILDREN'S CLOTHING AND TOY SALE: Montgomery Community Association Hall, 5003-16 Ave NW, Saturday April 16, 8-2pm.

BRAIN GAMES SUDOKU

5	6	7	8	9	1	3	2	4
2	3	1	4	6	5	7	8	9
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1	5	3	7	8	9	2	4	6
8	7	5	9	4	2	6	1	3
3	1	6	5	7	8	4	9	2
9	4	2	3	1	6	8	5	7

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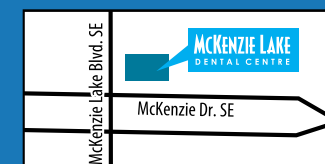
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