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🌐 www.highstreetdental.com

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General Dentists

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9AM - 4PM (SUN)

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bigskyfitness.ca 403.313.1133 info@bigskyfitness.ca

CALLING LOCAL PHOTOGRAPHERS

SUBMIT YOUR PHOTOS FOR A CHANCE TO BE PUBLISHED IN THE NEXT EDITION OF THIS NEWSLETTER

Please submit your best captioned photos along with your name for the photo credit and where the photo was taken to news@great-news.ca.

If you'd like to see your work on our social media channels—Twitter and Facebook—submit your social media information as well.



YOUR MCKENZIE TOWNE

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news@great-news.ca

All advertisements and editorial content must be submitted by the 1st of the month for the following month's publication.

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91 newsletters reaching over 415,000 households in Calgary and surrounding areas.

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Calgary, AB
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Check out our website:

www.great-news.ca

GREAT NEWS  **28 YEARS**
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January **2017**



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**MCKENZIE TOWNE
COMMUNITY ASSOCIATION**

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**Respect your
Neighbours!**

In order to keep your community looking tidy and show respect for your neighbours, please ensure your collection bins are not visible from the road on non pick up days.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS 911	
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women’s Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children’s Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654

**Welcome to
McKenzie Towne!**

If you are a new resident in the last six months we would like to meet you. If you would like a tour of the Towne Hall and to have your Resident ID card issued please visit us
Monday to Saturday
9:00 am to 9:00 pm

Sunday
10:30 am to 6:00 pm

**To update your contact
information please
call 403-781-6612**

**From the staff and management
of McKenzie Towne Council**

Visit www.mtcouncil.com
for all the information you need!



**MCKENZIE TOWNE
COUNCIL**

40 McKenzie Towne Blvd SE
Calgary, Alberta, T2Z 4X5
Phone: 403-781-6612 • Fax: 403-930-1551
E-mail: inquiries@mtcouncil.com

Hall Hours

Monday – Saturday 9:00 am - 9:00 pm
Sunday 10:30 am - 6:00 pm
Holidays 10:30 am - 6:00 pm

Office Hours

Monday – Friday 9:00 am - 5:00 pm

**Accountant
Stanley Doherty, CPA, CMA**

#8-20 Douglas Woods Dr. SE, Calgary, AB T2Z 1K4
Beside Swifties Bakery and Centex Gas Station on Douglasdale Blvd

dohertysb@shaw.ca

accountingservicescalgary.net

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**Financial Statements • GST • Payroll • Reviews
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English 403-257-1582 • Español 403-457-4829**

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& Lake Bonavista Schools

403.473.0600 | www.activelearningprograms.ca
2 - 430 Acadia Dr. SE, Calgary, AB

HALL RENTALS

McKenzie Towne Hall is the perfect place to host your wedding, business meeting, birthday party or special event.

With rooms able to hold 10 to 125 people, look to us for a place to plan your next event.

For more information, please contact the Facilities Coordinator during regular business hours by phone at 403-781-6612 ext 4 or email csr@mtcouncil.com



Follow us on Twitter: @MTCouncil

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Available through the McKenzie Dayhome Support Group

- Volunteers servicing families in McKenzie Towne, McKenzie Lake, Cranston, Auburn Bay, Seton, Copperfield, New Brighton
- To register your dayhome or receive information, please call Jennifer Monday-Friday 8:00 am – 5:00 pm at 403-251-4824 cell 587-888-1979 email Jdonovan04@gmail.com.
- If you require child care please contact us.



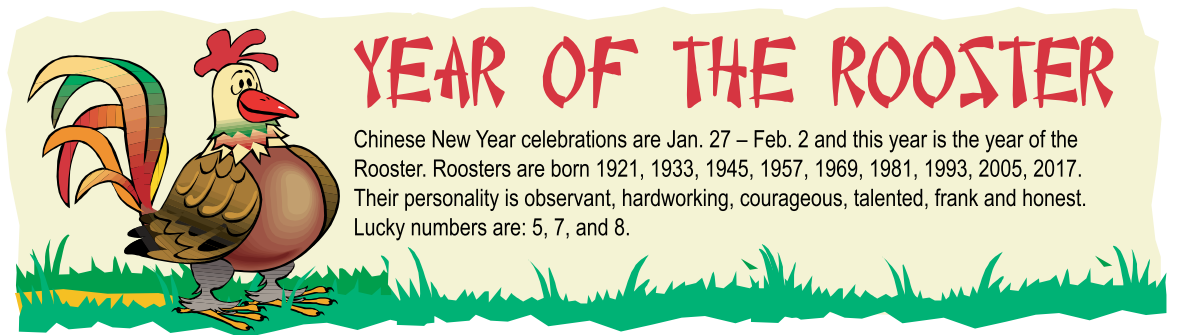
Winter Wonderland Family Skate

January 20, 2017


4:00 p.m. – 6:00 p.m.

Prestwick Common - 15113 Prestwick Blvd SE

It's time to lace up your skates and join us for some cold weather fun at Prestwick Common for the McKenzie Towne Council Winter Wonderland Family Skate. Free hot chocolate and hot dog BBQ for the whole family. Groove to a live DJ, participate in fun games and bring your sled, too! This event is subject to weather. For more information please visit www.mtcouncil.com.












Chinese New Year celebrations are Jan. 27 – Feb. 2 and this year is the year of the Rooster. Roosters are born 1921, 1933, 1945, 1957, 1969, 1981, 1993, 2005, 2017. Their personality is observant, hardworking, courageous, talented, frank and honest. Lucky numbers are: 5, 7, and 8.




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MCKENZIE TOWNE COUNCIL DROP-IN GYM TIMES



There are a variety of drop in sports and gym times for adults, youth and families to participate in:



Adult drop-in times are 7:30 - 8:45 pm on Tuesdays (Basketball), Wednesdays (Badminton), & Saturdays (Floor Hockey) and Fridays (Basketball) from 7:00 - 8:45 pm.

Youth drop-in times are scheduled for afterschool use (3:00 - 4:30 pm).

Parent & Child drop-in times are 5:00 - 6:00 pm from Monday-Wednesday, 5:00 - 6:30 pm on Thursdays, 5:00 - 7:00 pm on Fridays, 6:00 - 7:00 pm on Saturdays, and 3:30 - 5:30 pm on Sundays.

Non-scheduled drop-in gym: There are times from 9:00 am - 3:00 pm Monday - Friday when the gym is not in use. Please call 403-781-6612 in advance to confirm gym usage, and if available, feel free to stop by during those times. Non-residents must be a guest of a resident and pay \$2. Maximum 2 adult guests per resident.

For gymnasium availability and schedule changes, visit www.mtcouncil.com.

Mental Wellness Recovery Groups

It is possible to recover and stay well

Depressed? Anxious? Certified Peer Specialists guide you through a structured group program proven to help people recover from depression & anxiety. 10 weeks, 2-hrs/week. 12 person max. Funded by South Calgary Primary Care Network. No fee for adults living south of Anderson Rd.

Call 403-616-3004 or go to www.mentalwellnessrecovery.com



403.781.6612 ext 3
www.mtcouncil.com

Social Groups

AT MCKENZIE TOWNE HALL

All social groups are FREE for residents of McKenzie Towne. Non-residents must be a guest of a McKenzie Towne resident and are charged \$2.00. For McKenzie Towne social group information, contact rec@mtcouncil.com or call 403-781-6612 ext. 3.

Please refer to www.mtcouncil.com regularly for updates and schedule changes to social groups.

Pickleball

Begins Monday, January 9th 12:00 pm – 2:00 pm
There will be two workshops on how to play the game:
Wednesday, January 4 from 12:00 pm – 2:00 pm &
Saturday, January 7 from 10:00 am – 12:00 pm

Walking Group

Tuesdays & Thursdays: 9:30 am - 11:00 am (gymnasium);
11:00 am - 12:00 pm (coffee & cards)
ALL AGES ARE WELCOME TO JOIN! Walk indoors in our gymnasium. See familiar faces and some new ones, too!

Bridge

Mondays: 1:00 pm - 4:00 pm
Now FREE for everyone! Come play some cards! A group dedicated to playing bridge welcoming every skill level. Drop-in for some fun and games around the card table. Coffee is provided, too.

Knitting & Art Group

Wednesdays: 12:00 pm – 2:00 pm
Come show your skills and learn from others! This group is a great way to meet new people in the community and socialize.

Drop-In Playgroup

Tuesdays: 12:00 pm - 2:30 pm
Wednesdays: 9:30 am - 11:30 am
We invite you to bring your toddler to play in our gym full of exciting toys, to have a good time and meet other families in the community! FREE for McKenzie Towne Residents. Non-residents must be a GUEST of a Resident and pay \$2/child to drop-in. Only 2 adult guests per Resident (parents are FREE).

MCKENZIE TOWNE COUNCIL RECREATION CLASSES



Recreation takes place at McKenzie Towne Hall, 40 McKenzie Towne Blvd. SE. For McKenzie Towne recreation information, visit www.mtcouncil.com, contact rec@mtcouncil.com or call 403-781-6612 ext. 3.

There's still time to register for winter classes!

Winter classes run from January 9 – March 25

Need a fitness fix? We offer Drop-in Passes!

Although registration is no closed, check out these great adult drop-in programs: all of our yoga classes, Total Body Workout, Zumba, Kickboxing, Tabata, & MORE!

View online at: www.mtcouncil.com.

Unable to commit a full class season?

We have 1 and 6 time drop-in passes available for purchase at the hall. Resident 1-time passes are \$13 and 6-time passes are \$64. Non-Resident 1-time passes are \$15 and 6-time passes are \$76. Passes are for adult classes only and are non-transferrable between individuals and seasons.

For more information or to purchase drop-in passes, stop by the hall!

Free Demo Week: January 4 - 9:

Are you new to McKenzie Towne or are you not sure what type of class you would like?

We have a variety of fitness classes for you to try for FREE! Register today for one, two or all of our FREE demo's and be entered for a chance to win \$20 off your registration for that class! For more information or to register go to www.mtcouncil.com.

NEW CLASSES!

Teen Yoga - Wednesdays: 7:15 pm - 8:15 pm, 12 weeks, ages 12-17

This yoga class will build strength in the muscles and bones and provide flexibility while lengthening muscles to increase mobility in the joints. Yoga allows teens to experience a sense of space around their concerns, including what others think and provide techniques for



redirecting thoughts and calming the nervous system. Yoga teaches teens to make choices that respect themselves and others, developing one's ability to focus through practical disciplines of breath and bodywork.

Chair Yoga - Thursdays: 11:00 am - 11:45 am, 12 weeks, adult 50+

Chair Yoga is a gentle form of yoga that is practiced sitting on a chair. Frequently the chair yoga student is unable to participate in a traditional yoga class because of aging or disabilities. If you are disabled or are restricted in any way, know that any BODY can do yoga and there are many options for you! Discover your mind, body and spirit.

H.I.T.T & Core - Mondays: 7:00 pm - 8:00 pm, 12 weeks, adult 18+

This class is a total body, heart pumping, aerobic and strength conditioning workout with a focus on core training toward the end of the class. This interval-based training class combines full-body strength training with high intensity cardio bursts designed to tone your body and improve your endurance and burn a lot of calories. These high intensity training sessions are designed to improve strength, cardiovascular endurance, build a strong core and lean muscle and get results fast! Modifications for all fitness levels are provided.



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Learning Opportunities Ahead

Talking About Dementia with Dr. David Hogan

Gain a better understanding of Alzheimer's disease and related dementias. Dr. David Hogan will lead an informative presentation and answer some questions from the audience. As a local expert on dementia, Dr. Hogan is the Medical Director of the Cognitive Assessment Clinic and holds the Brenda Strafford Foundation Chair in Geriatric Medicine at the University of Calgary. The Alzheimer Society of Calgary will also share information on the programs and services available to help you.

This is a fantastic opportunity for people looking to learn some excellent, introductory information about Alzheimer's disease or related dementias, or who may be searching for additional support, resources, hope and inspiration. There is no cost to attend but registration is required.

Saturday, January 28th 10 a.m. – 12:00 p.m.

Delta Calgary South (135 Southland Drive SE)

Register today

Visit www.alzheimercalgary.ca

Call (403) 290-0110

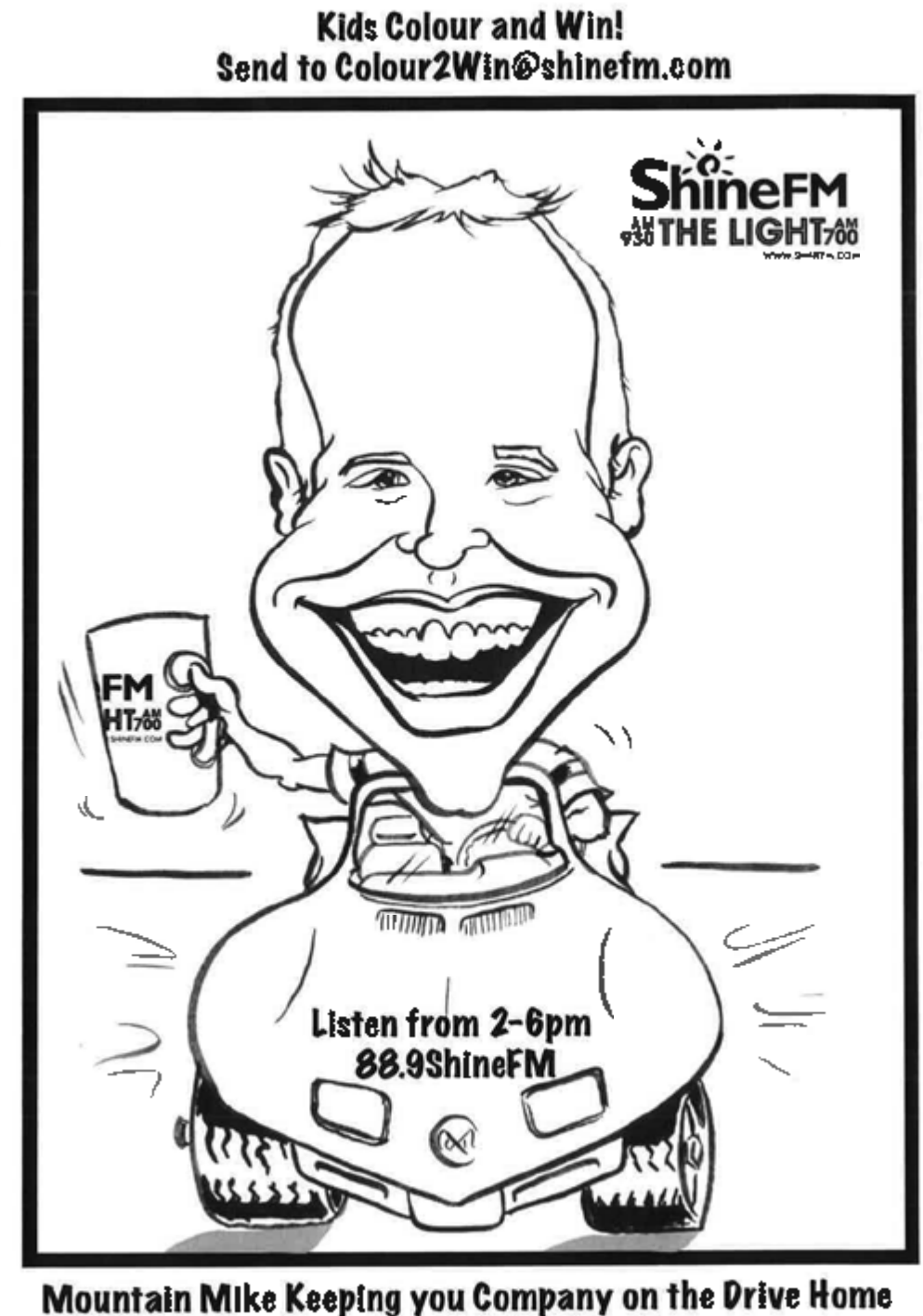
Email info@alzheimercalgary.ca

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Heart at Play

Raising Heart Healthy Families

Save the Date!
More details to come

Saturday February 11th
4th annual Heart Healthy Family Day
10:00am - 1:00pm

Join us to explore heart healthy habits for life!



- Wondering about healthy snacks + meals for life on the go?



- Wondering about small changes you can make for a healthier life?

What to Expect!

- Interactive booths
- Blood pressure checks
- Healthy lifestyle information
- Delicious cooking demos
- Q+A time with healthcare providers
- Heart pumping activities
- And more FREE family fun!



For more information contact April Matsuno 403.956.3932
or april.matsuno@ahs.ca

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If I list your home and you purchase any home listed on the MLS - NO LISTING FEE!

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If you pay a typical 7% on the 1st \$100K + 3% on the Balance	MY PROGRAM	YOU CAN SAVE
On the sale of a \$400,000 home	\$ 0 Listing Realtor Fee \$8,000 Buying Realtor Fee	
\$16,000	\$8,000	50%
On the sale of a \$500,000 home	\$ 0 Listing Realtor Fee \$9,500 Buying Realtor Fee	
\$19,000	\$9,500	50%

Thinking of building? I can work with most builders on your behalf if I am included on your first contact with the builder.

Comparisons based on 7% on the first \$100,000 and 3% on the balance. Not intended to solicit properties currently listed for sale.

* Some conditions apply

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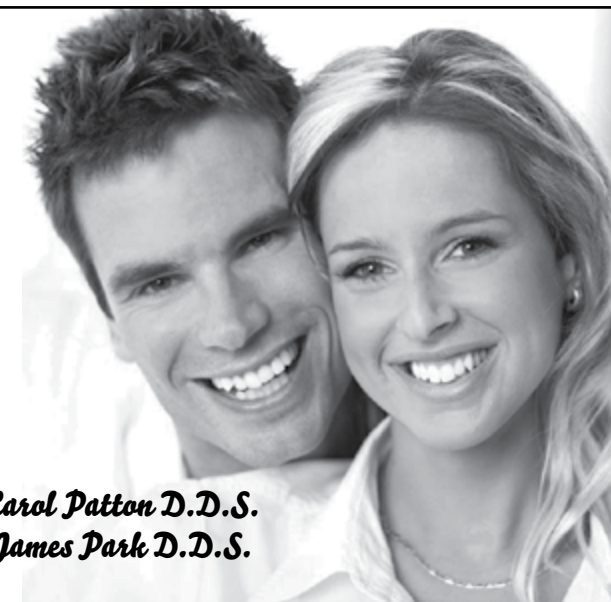


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Dr. James Park D.D.S.



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BEFORE



AFTER



BEFORE



AFTER



BEFORE



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McKenzie Towne



Real Estate Stats

Last 12 Months McKenzie Towne

MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
December 2016	\$419,900	\$408,000
November 2016	\$392,400	\$386,000
October 2016	\$399,900	\$397,000
September 2016	\$399,900	\$395,000
August 2016	\$409,900	\$398,000
July 2016	\$425,000	\$414,000
June 2016	\$405,000	\$394,250
May 2016	\$434,900	\$422,500
April 2016	\$427,450	\$425,000
March 2016	\$439,900	\$434,000
February 2016	\$419,900	\$414,000
December 2015	\$457,900	\$443,000

Last 12 Months McKenzie Towne

MLS Real Estate Number of Listings Stats

	No. New Properties	No. Properties Sold
December 2016	10	11
November 2016	17	10
October 2016	15	19
September 2016	28	25
August 2016	22	23
July 2016	29	23
June 2016	24	38
May 2016	33	28
April 2016	37	16
March 2016	27	33
February 2016	31	11
January 2016	24	9

To view more detailed information that comprise the above
MLS averages please visit mckenzie_towne.great-news.ca



South Health Campus (SHC) Wellness Centre

New Year- new you! Let us help.

Bring in the New Year with a focus on wellness – we have something for everyone! Here are some of our FREE programs this month. See additional programs, details and registration information in our NEW Winter Program Guide at www.ahs.ca/shcwellness or call 403-956-3939.

EMOTIONAL WELL BEING

Meditation Drop-in

Every Tuesday 5:00-5:45pm

Drumming Up Wellness

Every Friday 1:30-2:30pm

Mindfulness Practice Sessions

January 6 12:00-1:00pm

January 26 6:30-7:30pm

HeartMath Practice Session

January 10 1:00-2:00pm

HeartMath for Parents

2 part series begins January 19 6:00-7:30pm

Understanding the Experience of Grief

January 23 6:00-8:00pm

First Nations Stories of the Circle

January 24 6:30-8:30pm

HeartMath

January 30 9:30am-12:00pm

EMPLOYMENT SKILLS

Interview Skills

2-part series begins January 14 9:00am-4:00pm

Advanced Resume Writing

January 19 6:00-9:00pm

HEALTH MANAGEMENT

Living Well on Prednisone

January 17 10:00am-12:00pm

Quitcore (smoking cessation)

6-week series begins January 23 6:30-8:30pm

LIFESTYLE MANAGEMENT

Your Pelvic Floor and Core

January 25 6:30-8:30pm

Moving Matters

January 26 6:00-8:30pm

CAREGIVER SUPPORT

Family Peer Support Program

January 10 OR 24 5:45-8:00pm

PARENTS/PARENTS TO BE

Healthy Eating for Pregnancy

January 5 6:30-8:30pm

Feeding Your Baby

January 12 10:00am-12:00pm

Nutrition for New Moms

January 18 10:00am-12:00pm

Raise Your Kids without Raising Your Voice

January 18 6:30-8:00pm

Let's Talk Toddlers & Tantrums

January 19 6:30-8:00pm

Story Time & Play Date

January 20 OR 27 10:30am-12:00pm

Fuelled to Move

4-week series begins January 28 10:00-11:30am

Cooking Your Way to Wellness in Pregnancy

4 part series begins January 30 6:30-8:00pm

FOOD, NUTRITION & COOKING

The Top 5 Tips to Reduce Calories

January 9 9:00-11:30am

Eating Well for Good Health

2-part series begins January 18 5:30-7:30pm

The Truth about What Works in Weight Management

January 30 6:00-8:30pm

Most programs require registration. Please see our full program guide and learn how to register at www.ahs.ca/shcwellness or call us at 403-956-3939.

January at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our passes are affordable and our programs are family-friendly. With a pass, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs.

Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre pass with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

Recession Busters

- The Trico Cares program offers fee assistance for passes and admissions. Plus, we have partnered with organizations that offer fee assistance for programs (Canadian Tire Jumpstart, KidzFirst, KidsSport). See www.tricocentre.ca for details.
- Affordable swim specials: 8:30-9:30pm Monday to Saturday, just \$3/person. Sundays 6-8pm, Family Night Swim, \$3/person.

Register for Winter Programs

It is not too late to register for January-start programs for children, adults, and older adults.

Adults/Older Adults

- Amp up your fitness with registered adult programs starting in January: Cardio Kickboxing, Cardio Dance, Ballet Barre Blast, DancePL3Y. Improved strength and wellness with Myofascial Stretch and Release and Straighten Up!
- Cool new program: Strike It Cardio Drumming: Free Demo class on January 6 from 7:30-8:30pm.
- January is a great time to get back to the fitness centre – more than 70 drop-in fitness classes every week included with your pass.
- Small Group Training: personal training made affordable. Maximum of 4 participants in each focused group. Choose from fat burning, healthy back and joints, learning the basics, power lifting, and designing your own strength program.



- For older adults: registered multi-week programs starting in January include Balance Builders, Bone Builders, Chair Yoga.

Families

- Registered family programs: Mommy & Me Fitness, Mommy & Me Barre, Mommy/Daddy & Me Aquafit, Pre-Natal Aquafit.
- Family Night: Sunday Night is Family Night – swim from 6 to 8pm. Free for pass holders; general public is \$3 per person.

Children & Youth

From “just learning to walk” to teenagers: swim lessons, skating lessons, dance, gymnastics, creative, sports/active, karate, mind/body - programs for every age.

Students

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Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities' pay 20% less passes than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.



The Indoor GARDENER

by Cindy DeJager

PRAYER PLANT

(marantaceae leuconeura erythroneura)

Origin: Brazil

In the evening the leaves stand up facing each other, like praying hands, and lay flat during the day.

This is one of my favourite house plants! I love a plant that has something special about it – and this one certainly does.

HOW DOES A PRAYER PLANT PRAY

Circadian rhythm, the change in light from day to night, triggers water to move in and out of the plant cells causing them to fold up at night, hence the name, Prayer Plant.

The most popular are the colourful marantaceae leuconeura erythroneura (Herring bone, Red-nerve plant, Red-veined prayer plant) with its burgundy veined leaves (pictured above), and the green m. leuconeura kerchoviana (Rabbit track).

These plants don't like the cold – so a windowsill in the winter may cause the edges of the leaves to brown. Browning of the leaf edges may also indicate low humidity.

Maranta loves humidity but not wet soil – make sure that your tropical potting mixture has some vermiculite or perlite in it for good drainage.

Feed it every 2 weeks with a 10-10-5 plant food.

Moderate lighting; no direct sunlight for this beauty; otherwise you will notice the color fading from the leaves.

As a matter of fact, most vibrant and colourful foliage does not need direct sunlight at all; rather, pale foliage and variegated houseplants require brighter or direct sunlight to produce photosynthesis.

The secret to success with the Prayer Plant is high humidity.



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FREE TAI CHI DEMO: Wednesday, Feb 1, 9:30 am at the McKenzie Lake Community Association. Fung Loy Kok Taoist Tai Chi™. For info call 403-240-4566 or www.taoist.org.



EMS: Sledding Safety

Alberta Health Services EMS would like to remind parents and children of some basic sledding safety tips as the winter season continues. Sledding injuries can result from collisions with stationary objects, such as trees and rocks, or with other people on the hill. Unprotected falls can result in injury if you lose control at high speeds. Everyone is at risk – especially children. Have a fun and safe trip on the toboggan hill by following these simple reminders:

Equipment

- Always ensure your toboggan or sledding device is in good repair. Inspect it for any damage, or missing parts before each use;
- Be certain the operator is fully capable of staying in control of the sled at all times;
- Children should wear a properly fitted helmet designed for other high impact sports such as hockey, cycling, or climbing.

Plan ahead

- Dress warmly in layers and anticipate weather changes;
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones;
- Take breaks to warm up out of the cold;
- Attempt to cover exposed skin from the elements;
- Even when properly protected from the elements, the finger tips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheeks may be affected by the cold;
- If a cold-related emergency has occurred, treat it by first removing the individual from of the environment;
- Gently warm the affected skin by placing a warm hand over it or by placing the affected part in warm water (~41°C max.) until re-warmed.

Hazards

- Avoid hills that are too steep, or too icy – you can lose control very quickly;
- Choose hills free of all obstacles such as trees, rocks, utility poles, or fences;
- Beware of loose clothing (i.e. scarves), or clothing containing drawstrings which can present a choking hazard if they become caught or snagged.



**MLA Calgary-Hays
Ric McIver**
Interim Leader of PC Caucus 255, 11488 24
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Ph: 403-215-4380 • F: 403-215-4383
Calgary.Hays@assembly.ab.ca • www.
abpcmla.ca/blog-ric-mciver-mla-calgary-hays
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Government

With all that is going on in Government and our Calgary Hays Constituency, I want to take the time to THANK each and every one of you for your tireless efforts in making our Calgary Hays Constituency one of the BEST Communities to live in. Thanks to the diligent work of our Community Volunteers and Board Members for all that they do.

This is an interesting time of year. If you're like most people, you can't help but look back on the year gone by and reflect on how things have unfolded. Most likely, you'll also be looking ahead and making plans for the New Year. I will remain focused on holding the current NDP Government accountable for its harmful policy decisions, and providing you with a thoughtful, common-sense alternative.

New Rules

Starting January 01, 2017, Alberta will prohibit unsolicited door-to-door selling of:

- Energy products
- Furnaces
- Natural gas and electricity energy contracts
- Water Heaters
- Windows
- Air conditioners
- Energy audits

Some will be happier about this than others but either way, you need to know.

The current Government will create a public dental fee guide.

Engineering and environmental work is set to begin on McLean Creek that will temporarily disrupt some trails upstream of Bragg Creek.

Alberta Child Benefit (ACB) program

Some families now will be eligible for the ACB payment. Families earning less than \$41,220 per year in net income, including those receiving AISH and Income Sup-

port, are eligible. The maximum annual benefit is up to \$1,100 for families with one child and up to \$2,750 for families with four or more children.

For more information please contact our Calgary Hays Constituency Office.

Open House

Again this year our office will join Ward 12 Councillor Shane Keating's Open House

When: Wednesday, February 8 from 7:00 p.m. – 8:30 p.m.
Where: Remington YMCA, 108 Quarry Park Road SE

Feel free to contact my office if you have questions about the Open House. I look forward to more discussions!

Douglas/Quarry Family Skate

It was nice to see all the families out skating and having fun. Thanks for the coffee, hot chocolate and donuts. A special thanks to Scotia Bank for being the Sponsor for this event.

Clear Water Academy

I had a great visit with the Grade 6 students from the Clear Water Academy. The Grade 6 students are studying provincial politics in Scotia Studies at this time and it was an honour to speak with them on my role as a MLA. Thanks to all the students and Margaret Smerdely to make this happen.

Legislative Assembly Session

The legislative assembly session ended. December 13, 2016. Here are a few details on the legislation passed. I will provide more detailed opinions and thoughts on the legislation on my facebook page over the next few weeks.

Ukrainian-Canadian Heritage Day Act: This act was passed in one day and unanimously supported by all parties in the house. It recognizes the contributions that Albertans of Ukrainian decent have made and continue to make.

Oil Sands Emissions Limit Act: This act with very few words puts a limit on oil sands emissions at 100 megatonnes per year. Current emissions are 66 megatonnes per year. The limit is very arbitrary as evidenced by the round number and not based on any science or study. It essentially makes the oil sands the exclusive property of 4 companies. It may negate all or some of the benefit of the two new pipelines approved by the federal government (should they get built) and will likely limit investment and jobs in the energy industry while providing


no meaningful environmental benefit. We did not support this legislation.

Credit Union Amendment Act: This act provides some long-awaited updates to what credit unions in Alberta can and cannot do. The credit unions largely agree. We supported this legislation.

Fair Elections Finance Act: This act was advertised as "taking the big money out of politics." The title and the hype are both not accurate. The bill was very much designed to tip the scales in the next general election in the favour of the NDP. The limit for annual donations to a constituency association for a political party increases from \$1000.00 per year to \$4000.00 which flies in the face of "taking the big money out of politics." The legislation also allows the government and combined third parties (often known as Political Action Committees or PAC's and are common in the United States) to spend more on an election than the parties themselves will be allowed to spend. You will hear much more from me on this in the weeks and months to come. We did not support this.

There is much more to say but I will add to my commentary over time.

Calling All Neighbours!



To have your Family profiled (Story and Professional Pictures) in the next edition of this Community Newsletter, please send us an email to MT@great-news.ca

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McKenzie Towne mybabysitterlist

Name	Age	Contact	Course
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Samuel	13	403-294-0519	Yes
Eva	13	403-478-0116	Yes
Penelope	14	403-254-5591	Yes
Orion	14	403-828-0873	Yes
Jennifer	15	403-918-0621	Yes
Angelina	16	587-998-0224	Yes
Kyla	19	403-966-9655	No
Jordanna	23	587-224-3094	Yes
Chantele	26	403-652-0083	No
Lisa	30	403-926-8301	No
Lisa	30	403-926-8301	No
Lisa	30	403-926-8301	No
Armida	37	403-909-1479	No
Annie	37	587-968-6504	Yes
Christina	37	403-483-2544	No
Christine	39	587-577-7088	Yes
Caroline	46	403-607-1238	No
Judy	57	403-510-9948	No

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**Councillor, Ward 12
Shane Keating**
403-268-1698 • Ward12@calgary.ca
Twitter: @CouncillorKeats
Facebook: <http://www.facebook.com/CouncillorKeating>
Web: <http://shanekeating.blogspot.com/>

Happy New Year Ward 12! Whether it was recreation centres or new schools, 2016 was a year of new beginnings for southeast Calgary. 2017 is going to be another big year as we continue progress on projects like the Seton Recreation Centre, the Green Line LRT and the Deerfoot Trail Study.

Notices of Assessment

Assessment notices are mailed out to property and business owners in the first week of January. These assessments provide the property value that your property taxes will be based on. If you do not agree with your assessment, you do have the opportunity to take part in the Customer Review Period. The Customer Review Period will be open from January 5 to March 6, 2017. Changes to your assessment will only be considered during this window.

You can visit calgary.ca/assessment for more information.

Deerfoot Trail Study

In 2016 a comprehensive study of Deerfoot Trail kicked off. The City of Calgary and Alberta Transportation are working together on this comprehensive study, the first of its kind since the mid 1990s. Twenty-five years is a long time between studies of such an important roadway and Calgary's relationship with Deerfoot has changed dramatically in this period of time.

In June the study team gave Calgarians an opportunity to express their feedback. In total the team received feedback from more than 10,000 people. Here are some of the early trends from the feedback the team received:

- The most travelled route on Deerfoot is from Stoney Trail South to Glenmore Trail;
- The most congested segment was reported as McKenzie Lake Blvd to Glenmore Trail;
- The Douglasglen/McKenzie Lake areas had the most respondents through the engagement process.

The team is moving into the next steps of this study where they will be developing and refining some short-term improvement options for existing prob-

lems. I look forward to seeing the recommendations from the team and will continue to discuss opportunities for alleviating congestion with our colleagues at Alberta Transportation.

You can keep up to date with the Deerfoot Trail Study by visiting calgary.ca/Deerfoot

Ward 12 Open House

Each year my office hosts a Ward 12 Open House. We invite City of Calgary departments and external stakeholders to participate. They will have presentation booths that provide information and they will answer your questions. The 2017 Open House is right around the corner, and I am looking forward to hearing your feedback!

When: Wednesday, February 8 from 7:00pm – 8:30pm

Where: Remington YMCA, 108 Quarry Park Road SE

Feel free to contact my office if you have questions about our open house.

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication
Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

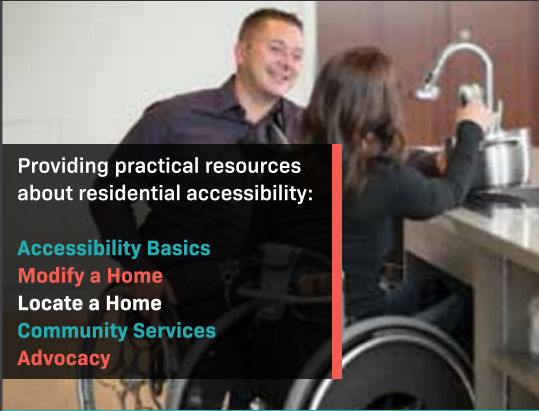
SCOUTS BOTTLE DRIVE: The Scouts will be going door-to-door on Oct. 1, 2016, Jan. 7, and Apr. 8, 2017. Bottles can also be dropped off from 8:30am-12pm at McKenzie Lake School, 16210 McKenzie Way SE on those dates as well. For more information 403-452-9951.

JANUARY MOON CALENDAR



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accessibleuniversity.com



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Calgary



Green Line LRT

Green Line in my community



We've taken your feedback provided in the past on things like route alignment, station areas and transit oriented development and incorporated it into more detailed plans for how the Green Line will function in your community. With Green Line going to City Council for approval on final route alignment and station locations in June 2017, we're looking for your help one more time!

Join us at information sessions this month where we'll share how Green Line could operate and connect with your community once built. You know your community best so we want to hear from you!

There will be six sessions along the entire Green Line from North Pointe to Seton this January. Go to Calgary.ca/greenline for details and follow the Green Line story on Twitter @yyctransport #GreenLineYYC.

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