

Mid-Sun

messages

THE OFFICIAL MID-SUN COMMUNITY ASSOCIATION NEWSLETTER

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**STAMPEDE
SHUTDOWN &
GRAND RE-OPENING!**

SUMMER PROGRAMS!

JUNE 2017

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June 2017



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bookings@midsun.org

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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Mid-Sun Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS		911
Alberta Adolescent Recovery Centre		403-253-5250
Alberta Health Care		403-310-0000
AHS Addictions Hotline		1-866-332-2322
ATCO Gas – 24 Hour Emergency		403-245-7222
Calgary HEALTH LINK 24/7		811
Calgary Police – Non Emergency		403-266-1234
Calgary Women's Emergency Shelter		403-234-7233
Child Abuse Hotline		1-800-387-5437
Kids Help Line		1-800-668-6868
Child Safe Canada		403-202-5900
Distress/Crisis Line		403-266-4357
ENMAX – Power Trouble		403-514-6100
Poison Centre - Alberta		1-800-332-1414
HOSPITALS / URGENT CARE		
Alberta Children's Hospital		403-955-7211
Foothills Hospital		403-944-1110
Peter Lougheed Centre		403-943-4555
Rockyview General Hospital		403-943-3000
Sheldon M. Chumir Health Centre		403-955-6200
South Calgary Urgent Care Health Centre		403-943-9300
South Health Campus		403-956-1111
OTHER		
Calgary Humane Society		403-205-4455
Calgary Parking Authority		403-537-7000
SeniorConnect		403-266-6200
Calgary Kerby Elder Abuse Line		403-705-3250
Alberta One-Call Corporation		1-800-242-3447
City of Calgary		311
Social Service Info & Referral		211
Community Mediation Calgary Society		403-269-2707
RNR Lockworks Ltd.		403-479-6161
Road Conditions – Calgary		511
Weather Information		
Gamblers Anonymous		403-237-0654

STAMPEDE SHUT DOWN

& GRAND RE-OPENING

SATURDAY, JULY 15, 2017
4:00PM – 7:00PM

Join us as we celebrate the end of Stampede and the end of our renovations. Bring the entire family to check out our newly renovated building as you enjoy free snacks, free kids games, free line dance lessons and live music provided by COPPER JUNCTION. Mark the date in your calendars – you won't want to miss this event.

Pre-order your beef on a bun, baked beans, coleslaw and a drink for \$5.00 – food will only be available by pre-sales. All orders must be done by July 10th online and July 12th in house. Mid-Sun Community Association will be providing nachos and snacks for free.

COPPER JUNCTION

Joe and Carolyn Harley are long-time residents of Midnapore and are pleased to bring their high-energy music to the Mid-Sun Stampede BBQ. With Craig West on fiddle and Robb Mann on guitar and mandolin COPPER JUNCTION gets toes tapping and people smiling!





COMMUNITY RELATIONS REPORT

By Kim Taylor

Dear Neighbours,

Because we write these columns, almost a full month prior to them being printed, we do sometimes miss important things. If you have any suggestions or ideas on how to make our community more neighbourly, or if you have some ideas you would like to put forth, please feel free to email me at communityrelations@midsun.org. We have a great Board of Directors in our community and I know that any of us would love to hear from you!

Community Clean Up

What a fantastic day this was despite the weather. +25 on the day before our event and only +3 on the day of our Community Clean Up, with intermittent rain. Wow! Thank you, Mid-Sun Residents!!! So nice to see so many people come out and take advantage of this annual event! A huge thank you to the following vendors that came out to make the day, such a huge success.

The City of Calgary, Action Tyre, Bastien Family Metal Removal, Techno Trash, and the Cerebral Palsy Association in Calgary. Because of these vendors, we are able to save a lot of people, time and money by recycling and accepting the various types of refuse.



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I would like to thank each and every volunteer that came out and made this such a great event. In no particular order, thank you to Avi S, Patsy M, Leah P, Deby and Daryl D, Tebo T, Jaden T, Mark S, Bonita F,

Caroline L, Holly Y, Karen B and Rose-Marie M, John and Joanne C. These events would not be possible without the help of our community members, so thank you for giving back to the community!!! It is greatly appreciated by everyone.

We had some great suggestions on making this event even better for next year!

MidSun Parade of Garage Sales

A huge shout out to Jen Hawkins (Midnapore) www.jenhawkins.ca and Jodi Flodstedt (Sundance) for organizing our community wide Parade of Garage Sales. These ladies do a phenomenal job when it comes to getting this event off the ground.

Ward 14 Traffic Safety Meeting

Alderman Peter Demong in conjunction with the City of Calgary, Calgary Police Services and the MidSun Community Association put on a great event for Ward 14 constituents to get together to voice their concerns over traffic safety in our communities. A lot of excellent ideas were put forth and it will be awesome to see how many of our suggestions make it through.

Corporate Community Memberships

If we haven't yet made it into your business and you would like to participate in this program, please do not hesitate to contact us as soon as possible. This is a perfect opportunity to make your business really stand out the to the members of our community. Excellent program for new and established businesses that can use affordable advertising to attract new customers. Please email us at communityrelations@midsun.org if you would like to participate in this very worthwhile opportunity.



KUDOS CANADA
Every year the Netherlands sends 20,000 tulip bulbs to Canada to thank us for our aid in the Second World War.



View the Mid-Sun Messages online at www.midsun.org



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Mid-Sun Summer Day Camps 2017

Sunsations

Ages 5-12

Musical Theatre

Specialty Camps



Week 1: (July 3-7)	\$210.00
Field Trip: Telus Spark Science Centre	
Week 2: (July 10-14)	\$210.00
Field Trip: Military Museum	
Week 3: (July 17-21)	\$210.00
Field Trip: Calgary Zoo	
Week 4: (July 24-28)	\$230.00
Field Trip: Sleepover & Lloyd's Roller Rink	
Week 5: (July 31- Aug 4)	\$210.00
Field Trip: Calgary Corn Maze	
Week 6: (Aug 8-11)	\$175.00
Field Trip: Heritage Park	
*No camp Monday, August 7 th	
Week 7: (Aug 14-18)	\$230.00
Field Trip: Sleepover & Movie Theatre	
Week 8: (Aug 21-25)	\$210.00
Field Trip: Calaway Park	
Week 9: (Aug 28-Sept 1)	\$210.00
Field Trip: Shakers Family Fun Centre	

Week 3: (July 17-21)	\$210.00
Kidz Pop Hits: Ages 5-8	
Week 5: (July 31 – Aug 4)	\$210.00
Pop Hits of the Decade: Ages 8-12	
Week 8: (Aug 21-25)	\$210.00
Disney's Greatest Hits: Ages 5-12	

Refund Policy

From March 1 – May 14 a full refund will be granted, minus a \$25 admin fee per camp, to a maximum of \$100. From May 15 – June 25, a 50% refund will be offered only if the camper's spot can be filled. After June 26, no refund will be offered unless a doctor's note is provided, or if the camper's spot can be filled; if either of these requirements is met then a 50% refund will be granted. Transfers between weeks are at the Day Camp Director's Discretion.

For more details, visit:
www.midsun.org

Week 1: (July 3-7)	\$210.00
Art Extravaganza: Ages 5-12 FULL	
Multi-Sport Madness: Ages 5-8	
Week 2: (July 10-14)	\$210.00
Discover Camp: Ages 5-12 FULL	
Baton and Acro: Ages 5-12 FULL	
Week 3: (July 17-21)	\$210.00
Bike Adventure: Ages 8-12 FULL	
Week 4: (July 24-28)	\$210.00
Summer Splash: Ages 5-12	
Week 5: (July 31- Aug 4)	\$210.00
Martial Arts: Ages 5-12 FULL	

Week 6: (Aug 8-11)	\$175.00
Dance Camp: Ages 5-12 FULL	
Beginner Basketball: Ages 5-8	
*No camp Monday, August 7 th	
Week 7: (Aug 14-18)	\$210.00
Drama Camp: Ages 5-12 FULL	
Week 8: (Aug 21-25)	\$210.00
Beginner's Soccer: Ages 5-8	
Week 9: (Aug 28- Sept 1)	\$210.00
Rockin' Racquets: Ages 5-12	
Photography Camp: Ages 8-12	

Camps fill up fast!
Register online at www.midsun.org or in person at
50 Midpark Rise SE to guarantee your child's spot.

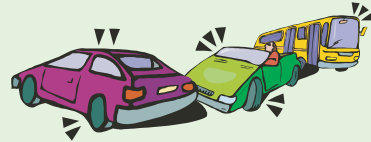
See you in the summer!

HELP YOURSELF - HELP YOUR COMMUNITY



MESSAGES FROM THE BOARD

Are you concerned about increasing traffic and speed issues along SUN VALLEY BLVD?



The MidSun Traffic Safety Task Force has been established to work with the City of Calgary and our community to improve safety along this busy road.

Please feel free to send your Sun Valley Blvd traffic concerns or suggestions to: traffic@midsun.org

MID-SUN BUSINESS MEMBERS

We thank the following businesses for their ongoing support of the Mid-Sun Community Association.

Please Support Your Local Businesses.

- Impact Orthodontics
- Renfrew Educational Services / Sundance Centre
- Sundance Animal Hospital
- Great News Publishing

To join this list, please email programs@midsun.org



**Check out our new look!
Visit www.midsun.org**

Want a quick way to find out what's going on in Midnapore and Sundance? Check out our Facebook page for the most up to date info on community based sports groups, businesses, and local activities.

 **LIKE US ON FACEBOOK**
www.facebook.com/pages/Mid-Sun-Community-Association/293529344109836

 **FOLLOW US ON TWITTER**
[@midsuncommunity](https://twitter.com/midsuncommunity)

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MID-SUN 55+



Drop-In Pickleball

Tuesday / Thursday: 8:30am – 10:00am
 Friday: 10:00am- 11:30am
 \$2 M / \$3 NM

Seniors' Week

Help us celebrate seniors' week, by dropping by, and staying for free coffee after Pickleball Friday, June 9
 \$1 Pickleball

Come Be A Part Of Things At Mid-Sun

We are looking to build our Volunteer Base

There are plenty of opportunities to be included in upcoming events. We are looking for people to participate in event planning and to contribute time to events such as the Stampede Breakfast, Community Clean Up, Taste of MidSun, and a host of other unique happenings in our community.

Add your email to be alerted as Volunteer Opportunities come available by sending a note to info@midson.org



Mid-Sun COMMUNITY GARDEN NEWS



I am so thankful that we are able to get out into the garden now with most thoughts of snow and frost behind us. Being in Calgary, we all know that April and May are a little dicey and that it's not really until June comes around that we are able to garden to our hearts content! So get digging!

What's New in the Garden?

We did our garden registration in May and our little community garden is going through some awesome changes this season. Almost half of our gardens went to new neighbors this year. Like gardening itself, planting new ideas, trying new ways to improve our experiences and yielding greater results, all take significant amounts of time and energy to plan.

Last year, we created garden teams and descriptions for each of those teams, to familiarize gardeners with the responsibilities and expectations of people participating in communal gardening. It is not our intention to upset gardeners or alienate people who are already volunteering. It is our sole intention to have a pleasant and rewarding community gardening experience for everyone involved. One of my favorite sayings is "Many hands make light work," I love this because it exemplifies what community gardening is and should be.

Over the past couple of years, our gardener dynamic has changed significantly. Many gardeners are new and we realize that it is difficult to know who to go to, or even what to do when you are new. This year, each team will have a gardener orientation night, which we hope will give new gardeners the confidence to participate in the teams that they have expressed an interest in.

Gardening is all about hope! You plant seeds, you tend to your garden and you hope that in doing all the right things, that you are able to harvest a great bounty. The same is true with the spirit of a community garden. We invite new members, we try to provide information and experiences to enrich each gardener's involvement and in the end, we hope to create a garden "family" of sorts. Obviously, the greatest harvest of a community garden

is the friendships that bloom when you take time to tend to those relationships.

If you are a new member of the garden this year and you have any questions or concerns, please reach out to us by email at midsungarden@gmail.com or feel free to contact myself on my cell phone at 403-466-8388. If you are a long-time member of the garden, we need your help! We need your expertise, your input and we encourage you to reach out and introduce yourselves when you are at the garden. Meet your neighbors by finding out the names of the people working the beds closest to you. How awesome would it be to have so many gardening friendships???

Your garden team is diligently putting together activities for the garden season and we will advise you of any happenings at the garden via email or on our Facebook page. If you are not interested in planting a garden, there are always ways to become involved without making that commitment. If you are good at building things or repairing things, we are always looking for volunteers that would be interested work like that. If you are good at writing, we are always interested in volunteers that might want to contribute to our Blog, or our FB page. If you know a lot about plants or weeds, we always have new gardeners that might benefit from your expertise.

Don't forget about our Spring Plant Share which will be held on Jun 3, 2017. As always, we will have our little mini market with our regular vendors. We will be selling raffle tickets for prizes and of course you will be able to bring your excess plant material and trade for new plants. Everyone is welcome at the garden, so please bring your families!

Paint Night on June 15, 2017 from 7-9 pm at the community centre. A fun night of painting a natural scene led by our very own gardener artist Candice L. The cost to attend this event is \$10 and that includes the materials. Space is limited. If you would love to attend our paint night, please RSVP ASAP to midsungarden@gmail.com.

We have had some garden plot cancellations, so if you have always wanted a garden plot, please send us a request to midsungarden@gmail.com.



See you at the Garden!

Kim Taylor
 Chair



Family Fun Carnival

The family fun carnival was a huge success! Families enjoyed carnival games, won great prizes, bounced on the bouncy castle, had their faces painted and enjoyed great food! A big huge thank you to all our volunteers who made the event possible!

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Chinook Triathlon Festival

June 17th 2017

We are proud to announce 13th Annual Chinook Triathlon Festival. The event will take place on June 17th, 2017 (Saturday). If you are interested in participating or volunteering please visit us at www.chinookhalf.com.

Please be aware of the athletes out on the road. We have posted the course on our web site for reference. Please be cautious and look out for them. The most congested times will be from 8:30am to 10 am around the Midlake Blvd and Sunvalley Blvd intersection. This intersection will be controlled by Calgary Police Service as well as all the other controlled intersections out to Hwy 22X. Please use alternate routes coming in and out of Midnapore and Sundance.

Come out and cheer them on, race start is 7:30am for the long course race and 8:45 for the short course race. If you have never seen a Triathlon mass race start, it is well worth seeing.

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“To better reach and serve the communities of Midnapore and Sundance”

Community associations are a way for neighbours to work together on mutual goals and provide support to the areas we live in. For over 25 years, the Mid-Sun Community Association has been dedicated to improving quality of life in the communities of Midnapore and Sundance. Through the work of the Mid-Sun Board of Directors and the staff at the Mid-Sun Community Centre, the association provides a broad array of community services:

- Community Events: Mom’s Market- Used Toy and Clothing Sale /Small Business Showcase, Community Clean-Up, Taste of Mid-Sun
- Access to government: Community concerns regularly discussed with representatives from Municipal and Provincial Government
- Development Concerns Addressed: Home businesses, infill construction, area redevelopment, municipal and commercial development
- Traffic Committee: lobbied for pedestrian lights on Sun Valley Boulevard, addressed concerns regarding Stony and Macleod Trail interchange, applied for additional Sundance entrance sign along Sun Valley Boulevard

- Community programs: Mid-Sun Community Garden, Little Library, Future Mid-Sun Skate Park
- Community Centre Operations and Programming: Recreation Programs for all; Seniors Programs; Out-of-School Care and Preschool; and more!
- Residential Communication: “Mid-Sun Messages” newsletter, Website, Facebook and Twitter
- Membership discounts for recreational programming at Mid-Sun Community Centre
- Discount on programming at Trico Centre

The Mid-Sun Community Associations current goals include working to further engage the community, improving the programming and facilities at the Mid-Sun Community Centre, moving forward with the goals of the traffic committee, and increasing the usage of our community garden. We would love for you to join us.

Joining your community association is a great way to gain experience in a wide variety of areas, such as project management, event planning, fundraising, board etiquette, city planning, facility management and leadership. Let us know if you would like to help out in any of the areas discussed above, or another that concerns or interests you.

The cost for a yearly membership will be free for 2015/2016. Board of Director meetings are held once a month, September through June. All are welcome. Please see <http://www.midsun.org/next-board-meeting/> for meeting schedule, or contact us for more information.

- Phone: 403-254-8058
- E-mail: Info@midsun.org
- Facebook <https://www.facebook.com/pages/Mid-Sun-Community-Association/293529344109836>
- Twitter @MidSunCommunity

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Facility Fees

Room	Regular Rates
Full Gym	\$80.00/hr
Half Gym	\$50.00/hr
Meeting Room	\$50.00/hr
Midnapore Studio	\$50.00/hr
Sundance Studio	\$45.00/hr

* All rates include GST

For more information about rates and availability contact the Mid-Sun Community Centre
50 Midpark Rise SE, Calgary, AB T2X 1L7
403-254-8058 or bookings@midsun.org



Methods of Registration

Online Registration www.midsun.org

- Create an account Online to Register for Recreation Programs and Day Camps
- Pay with Visa or MasterCard

In person Registration at 50 Midpark Rise SE

- Pay by cash, cheque, Visa, MasterCard, or debit.
- M: Mid-Sun Community Association members
- NM: Non-members

Notes on Registration:

- Payment is due at the time of registration.
- Confirmation of registration only with payment.
- Register early to ensure your place in the program of your choice.
- Requests to transfer or withdraw from a program will be accommodated for medical reasons only.
- Withdrawal from programs will be issued a full refund if they are accompanied by a note from a medical professional. Withdrawal from programs before program registration closure date will be issued a refund or credit MINUS a \$25 administration fee. Withdrawal from programs after program registration closure date will result in NO REFUND.
- NSF cheques are subject to an administration fee of \$20.

Note on Programs:

- For safety and program quality reasons, please do not bring unregistered siblings to programs.
- All children participating in unparented programs must be potty trained.
- Participants must be the minimum age at the time of the program in order to register.

Program Cancellation Policy

Mid-Sun reserves the right to cancel any recreation program with insufficient registration. Full refunds will be given or you can transfer to another program (space permitting).

new

Summer recreation programs

All times, dates, classes and program schedules are subject to change. Please see the website for more information;
www.midsun.org



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Yoga By The Lake

Session 1

Monday and Wednesday: 6:30-7:30

July 3 – July 31

Instructor: tbd

Number of classes: 9

Cost: \$110 M \$120 NM

Join us every Monday and Wednesday in July for a fun, inspiring yoga class suitable for anyone wanting to move, breath, meditate and connect with themselves & others while appreciating and connecting with the surrounding beauty of the Midnapore Lake.

- If you would like to register for only 1 time per week please register in house at Mid-Sun Community Association
- Second session will begin in August

Yoga By The Lake

Session 2

Monday and Wednesday: 6:30-7:30

August 2 – August 30

Instructor: tbd

Number of classes: 8

Cost: \$100 M \$110 NM

Join us every Monday and Wednesday in August for a fun, inspiring yoga class suitable for anyone wanting to move, breath, meditate and connect with themselves & others while appreciating and connecting with the surrounding beauty of the Midnapore Lake.

- If you would like to register for only 1 time per week please register in house at Mid-Sun Community Association

Outdoor HIIT

Tuesdays: 6:30-7:30

July 6 – August 24

Instructor: Kaley

Number of classes: 8

Number of Classes: July 11- August 29

Cost: \$90 M \$100 NM

Challenge yourself with this fast- paced, calorie-blasting

workout. This class incorporates HIIT (High Intensity Interval Training), weights, cardio and boot camp styles. This workout is geared toward all fitness levels. Modifications are always offered for the beginner to the advanced. Workouts will rotate between inside and outside. With weight and cardio, you'll be feeling great all evening and into the next day.

55+ Outdoor Fit and Fabulous

Wednesdays: 10:30-11:30am

July 5 - August 30

Cost: \$75 M/ \$85 NM

Instructor: Tracey Short

This class is designed for active people over 55 to improve your overall fitness levels. Using gentle, light weights and simple cardio exercises you can improve your strength and overall fitness. No experience necessary.

55 + Yoga By the Lake

Tuesdays: 10:30am – 11:00am

April 11- June 13

OR

Thursdays: 10:30am-11:30am

April 13- June 15

Cost: \$75 M/ \$85 NM

Instructor: Tracey Short

This class is designed for relatively active men and women over the age of 55. Emphasis in these classes is on balance, strength and flexibility. Classes are slow and gentle allowing everyone to work at their own pace. No experience necessary!

Paddle Board Yoga

TBD – More info to Follow



NEWS FROM MIDNAPORE LAKE RESIDENTS ASSOCIATION



AGM

Thank you to everyone who attended our AGM on May 2, 2017. We appreciate your continued interest and support.

FISHING CLINICS

Please check our website and Facebook page for details regarding our upcoming summer fly fishing and angling clinics. These should be excellent opportunities to learn to fish and further appreciate the wonderful lake we have in our community.

CANADA DAY EVENT

We are excited with all of the activities we have planned for Canada Day at Midnapore Lake. Please plan to spend July 1st at Midnapore Lake. We will again have a vendor market, in addition to music, bounce houses, food and games. Visit Facebook or the website (www.midnaporelake.ca) for detailed information.

MIDNAPORE LAKE MUSIC FESTIVAL – Save the date!

Sunday August 20th will be our first ever all day music festival, featuring a variety of professional musical acts. Stay tuned to the Mid-Sun Messages, our Website and Facebook page for more details.

As an added bonus, we want to provide an avenue for our local up and coming musicians to perform. So, if you are an amateur musician living in Midnapore and are interested performing a 15-20 minute set to promote your music please contact us at office@midnaporelake.ca. Space is limited and a video may be requested in advance.

RECYCLING

The Alberta Beverage Container Recycling Corporation provided us with a grant to purchase 15 dedicated beverage recycling bins for Midnapore Lake. We encourage all Park users to use these new bins to

dispose of beverage containers that can be recycled rather than disposing of them in the garbage.

During the summer operating season, Park users will generate roughly 130 cubic yards of waste that is sent to the landfill.

The City of Calgary has made changes to the waste/recycling bylaws that will affect how we collect and dispose of waste. The goal of the bylaw change is to reduce the amount of landfill waste material that could otherwise be diverted for compost or recycling.

Effective November 1, 2017 all food waste is to be separated from paper plates, napkins and plastics. Although this change does not affect our summer operation this year, in 2018 it will and we will introduce new recycling stations in the picnic areas in order that park users can separate food waste from paper or plastic products.

Midnapore Lake Bookings

For your Lake Room, Cookshack and Large Group Bookings please call the office staff at (403) 256-0550.

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Save the Date

Night Market

Friday, August 18
7 - 10 pm

Mid-Sun Community Association is hosting its first ever Night Market. Come to this fun filled event to shop at vendors booths, sample local food and more.

For vendor information, please email: programs@midsun.org



Mid-Sun
Community Association
memberships expired
on May 31, make sure to
renew your membership
for the year!

MID-SUN COMMUNITY ASSOCIATION MEMBERSHIP

To receive a membership to your community association, you can fill out the form below and bring it into the Mid-Sun Community Centre. 50 Midpark Rise SE, Calgary.

Memberships valid June 1st 2016 to May 31st 2017

2016/2017 Memberships are free with valid I.D.

If you hold a 2015-2016 membership card, you must come into the centre if you wish to renew

MEMBERSHIP APPLICATION FORM

Family Name: _____

Additional Family Members: _____

Address: _____ Postal Code: _____

Phone Home: _____ Phone Cell: _____

Email: _____

Would you like to receive information and updates from the Mid-Sun Community Association? Yes No

Would you be interested in volunteering ?

Board of Directors

Special Events

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SCHOOL SHOUT-OUTS

St. Philip Fine Arts School

It is hard to believe that another year is coming to a close and we are already planning for the upcoming school year! As a Fine Arts School, we expose our students to imaginative and creative experiences and we integrate the Fine Arts into all areas of the curriculum.

Bringing another great year at St. Philip Fine Arts School to an end we look forward to our Year-End Mass at St. Bonaventure Parish. We also look forward to recognizing the efforts of our grade 6 students. This spectacular group of young leaders are sure to move on to great things!

The Fine Arts program integrates the arts with academic subjects and allows students to experience links between the arts and other core subjects. Learning through the arts is active, engaging, and fun. For more information regarding this program of choice, please call the school at 403-500-2072 or view our website at: <https://www.cssd.ab.ca/schools/stphilip/Pages/default.aspx>

On behalf of all the staff at St. Philip Fine Arts School, we would like to wish all our families a safe and enjoyable summer spent with friends and family. We look forward to seeing all of our new and returning families on Tuesday, September 5th, 2017 for another exciting school year.

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Accessible City services and programs

The City offers a variety of accessible services and programs that benefit people with disabilities and seniors. They include:

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Lake Midnapore Sales Stats: YEAR TO DATE

STYLE	HIGH	LOW	AVG.	AVG DOM	TOTAL
2 STORY/2 SPLIT	765,000	477,250	622,250	65	3
BUNGALOW	460,000	343,000	388,458	16	6
3 & 4 LEVEL SPLITS	585,000	375,000	472,357	31	7
BI-LEVEL	464,000	392,750	435,917	19	3
ATTACHED	361,000	322,000	339,143	16	7
CONDO	305,000	182,600	230,263	33	8

Lake Sundance Sales Stats: YEAR TO DATE

STYLE	HIGH	LOW	AVG.	AVG DOM	TOTAL
2 STORY/2 SPLIT	1,190,000	346,000	534,436	46	29
BUNGALOW	625,000	357,000	473,983	26	6
3 & 4 LEVEL SPLITS	419,000	417,500	418,250	19	2
BI-LEVEL	335,000	335,000	335,000	12	1
ATTACHED	470,000	470,000	470,000	15	1
CONDO	-	-	-	-	-



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RESIDENT PERSPECTIVES



Living in Harmony with Calgary Wildlife

By: Dr. Jennifer L. Scott, D.V.M.

One of my favorite things about Calgary is the animals in my yard. Calgarians encounter wildlife daily. I yield to deer weekly while driving. I've named the skunk living under our front porch "Fifi la Peuw". There's bats and owls in my backyard, and I cut walks short when coyotes are stalking my dogs in off leash areas. With spring comes the robins and the rest of the migratory birds, as well all the species that hibernate reappear. Then the babies appear.... Calgary is a city immersed in parklands and forests. Unfortunately, this often puts wildlife in conflict with the human inhabitants.

Good Samaritans are the bane of all baby animals. My staff and I spend hours on the phone arguing with well-intentioned determined people desperate to save the baby hare, fawn, or fledgling alone and uninjured. Does leave fawns for long periods of time, but are usually within hearing distance. Fawns and baby hares are naturally camouflaged and have no scent. Mother hares feed babies incredibly rich milk returning to feed them typically only at dusk and dawn. Baby hares run around within a day of birth. If you find a baby hare in a precarious position like on a road just tuck them somewhere safe nearby and walk away. Animals adapt behaviors to decrease the chance of predators finding their young. Respect this wisdom.

Many people incorrectly think a baby removed from the area cannot be returned. With a few species, a touch means rejection by the parents, but often if we can convince people to quickly put the baby back, parent animals will resume their duties.

Fledgling birds on the ground are in the precarious position between leaving the nest and flying. This doesn't

occur instantaneously. The parent birds will follow the fledgling and feed it on the ground while it learns to fly. If flight school is in your backyard, keep children and pets away. If the baby is still a helpless nestling and fell out of the nest too early, return the bird to the nest. If the nest has fallen, secure an open container with drainage holes and the fallen nest inside back in the tree. Most baby birds, squirrels, and hares die of infection when people attempt to hand-raise them, not to mention missing out on life lessons from their parents. A wild animal's best chance of survival is with its parents, NOT you.

If you have concerns about wild creatures in your yard call the Alberta Institute for Wildlife Conservation Hotline at 403-946-2361. They are a charitable foundation with extensive facilities designed to accept all species of wildlife. They can also give you advice to deal with unwanted wildlife sharing your home, such as skunks, raccoons, bats, squirrels, and pigeons. Check out their website; www.aiwc.ca.

Many veterinary clinics will take in wildlife brought to us by the public. At my clinic, some animals are held briefly and released, especially the drunken waxwings eating fermented berries in the fall or birds simply stunned by flying into a window. A very few animals are immediately humanely euthanized because their injuries are too severe. Most animals are checked over and transferred to AIWC which has a fleet of volunteer drivers. An information sheet is filled out for every wild animal admitted, ideally to try to eventually release it to home territory, as well as for education and funding purposes. Volunteer if you really want to learn how to help our wild neighbors.

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This summer discover the natural wonders of Fish Creek Provincial Park. Come prepared for the weather and walking (easy trails).

Registration Required: Please phone 403-297-7927 or email Roland.Kirzinger@gov.ab.ca
Admission: By donation (suggested \$5.00 per person). All donations go to The Friends of Fish Creek Provincial Park Society to support education programs in the park.

Tuesday, July 4th: Berries and Blooms

What is that shrub with the berries I see? What are those flowers buzzing with bees? This is your chance to find out. Join us for a walk to explore the flowers and shrubs of Fish Creek.

When: 7:00 p.m. – 9:00 p.m.
Where: Votier's Flats Day Use Area (South end of Elbow Dr. S.W.)

Tuesday, July 11th: Whirly Gigs and Water Tigers

Wonder down to the pond and enter the world of water monsters! We will use nets and buckets to explore the fascinating world just below the surface. Learn about amazing aquatic insects and invertebrates as well as the other plants and animals of the wetland.

When: 1:00 p.m. — 3:00 p.m.
Where: Fish Creek Environmental Learning Centre, Shannon Terrace Day Use Area

Tuesday, July 18th: Walk about Rotary

Explore River, wetland and prairie for birds, bugs and

blooms along the pathways of Chinook Rotary Nature Park. Bring binoculars if you have them and enjoy an evening of nature exploration.

When: 7:00 p.m. — 9:00 p.m.
Where: Chinook Rotary Nature Park (off McKenzie Lake Blvd. SE)

Tuesday, July 25th: Predator Prowl

Are there bears in Fish Creek? What eats the ground squirrels? Who left those tracks? We will try to answer these questions and more as we delve into the world of the predator.

When: 7:00 p.m. — 9:00 p.m.
Where: Bebo Grove Day Use Area (South end of 24 St. SW)

Tuesday, August 1st:

Big Hill Springs Provincial Park Tour
Join us for a lovely stroll through this little gem of a park with waterfalls, forests, flowers and birds. Be prepared for a few hilly bits and uneven terrain, but overall a relatively easy walk.

When: 10:00 a.m.—12:00 noon
Where: Big Hill Springs Provincial Park (maps and directions will be provided)

Tuesday, August 8th: Birding Basics

What makes a bird a bird? What is that bird in your backyard or your local greenspace? This is your chance to learn how you might figure these things out. Books, binoculars, tips and tricks for the beginner birdwatcher. Bring binoculars if you have them.

When: 7:00 p.m.—9:00 p.m.
Where: Hull's Wood Day Use Area (Access off Bow Bottom Trail S.E.)

Great Scot!

Calgary was named for a town on Scotland's Isle of Mull. It can be translated from Old Norse as "cold garden" or Gaelic as "clear running water" or "bay barn."

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Midnapore-Sundance mybabysitterlist

Name	Age	Contact	Course
Owen	12	587-277-5555	Yes
Leandro	12	500-800-8790	No
Abigail	13	403-875-7982	Yes
Dayna	13	403-256-0911	Yes
Lenore	13	587-703-0406	Yes
Ariana	13	403-993-9146	Yes
Kaija	14	403-701-1146	Yes
Sophia	15	403-225-9309	Yes
Brandon	15	403-570-9899	Yes
Liv	15	403-619-6399	Yes
Grace	15	403-256-8802	Yes
Jadelyn	15	403-201-6628	Yes
Julia	15	587-888-6980	Yes
Samantha	15	403-686-7479	Yes
Rory	15	403-605-6558	Yes
Cailin	15	jenwelsh2012@gmail.com	Yes
Cassidy	15	587-583-5418	Yes
Kaya	15	jenwelsh2012@gmail.com	Yes
Kaitlyn	16	403-200-7820	Yes
Kayleigh	17	403-618-7605	Yes
Kelsie	17	403-605-6558	Yes
Sienna	17	403-402-9328	No
Charlotte	18	403-874-6995	Yes
Megan	19	403-993-2964	No
Brenna	19	403-835-4224	Yes
Genelle	19	403-931-8811	Yes
Kendall	20	403-771-6386	Yes
Nola	31	587-284-8149	Yes
Nola	31	587-284-8149	Yes
Bridget	36	403-252-4450	Yes

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Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



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MidSun Real Estate Update

Last 12 Months MIDNAPORE
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
April 2017	\$419,450	\$414,500
March 2017	\$389,900	\$383,875
February 2017	\$402,400	\$395,500
January 2017	\$379,900	\$370,750
December 2016	\$399,450	\$381,250
November 2016	\$394,900	\$387,444
October 2016	\$359,900	\$355,000
September 2016	\$434,900	\$430,000
August 2016	\$410,000	\$393,000
July 2016	\$359,000	\$341,000
June 2016	\$380,000	\$380,000
May 2016	\$366,950	\$355,000

Last 12 Months SUNDANCE
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
April 2017	\$467,000	\$459,250
March 2017	\$484,800	\$471,500
February 2017	\$484,400	\$468,500
January 2017	\$462,400	\$442,500
December 2016	\$539,900	\$530,000
November 2016	\$452,350	\$440,000
October 2016	\$489,900	\$472,500
September 2016	\$482,450	\$466,500
August 2016	\$489,900	\$476,500
July 2016	\$546,944	\$527,500
June 2016	\$499,900	\$481,500
May 2016	\$465,950	\$470,829

To view more detailed information that comprise the above
MLS averages please visit midnapore.great-news.ca or
sundance.great-news.ca



Métis Calgary Family Services

Metis Calgary Family Services is a registered not for profit Charitable organization, certified and accredited with the Canadian Accreditation Council, that offers various Outreach, Early intervention, Government Accredited Childcare, Preschool, Parent Link Family Resource Centres, Before and After School, Youth Support, In Home Family Support, and Referral Services for Families & Children.

Family support teams work with young families and their children in their own homes, schools and communities.

Little Sundance Child Care Centre & Out of School Program

We are a family focussed, accredited child care and out of school program. Conveniently located in the heart of Lake Sundance, within walking distance of Father Whelihan School & Sundance School. Our centre is proud to be a part of the, Albert Curriculum Framework for Child Care Centres pilot project and pilot studies of the Positive Child Care Programs, in partnership with Triple P Positive Parenting International. We offer child care for ages 19 months to 10 years, highly trained qualified staff.

Toddler to 36 months spaces available.

Open Monday to Friday, 7am to 5:30pm. Fees include AM & PM snacks and lunch.

- Fees by age groups are as follows:
19 - 36 months \$795.00 | 3 - 5 years - \$755 | 6 - 10 years \$325
- Summer Out of School (grade 1 & up) \$755.00 per month
- Government subsidies are available.

We have an open door policy, so please drop in anytime to view the centre and visit us at
352 Sunvale Drive SE, 403-240-4642.



Find us on facebook

- ASP MCFS
- Aboriginal Parent Link Centre
- Metis Calgary Family Services

www.mcfs.ca





South Health Campus (SHC) Wellness Centre

Spring is in the air! Make wellness a priority. SHC Wellness Centre has a huge range of health and wellness programs. See below for some of the programs happening in May. Registration information and full program guide can be found at www.ahs.ca/shcwellness or call 403-956-3939.

New this Spring 2017: South Health Campus YMCA Sports Court

The South Health Campus Wellness Centre and YMCA are opening an outdoor sports court for community use:

For more information call the South Health Campus YMCA at 403-956-3900 Emotional Well Being

Meditation Drop-in
Every Tuesday 5:00-5:45pm

Drumming Up Wellness
Every Friday 1:30-2:30pm

HeartMath
May 25 6:00-8:30pm

Mindfulness Practice Sessions
May 25 6:30-7:45pm

Understanding the Experience of Grief
May 29 6:00-8:00pm

Employment & Financial Management Skills Resume Writing
2-part series begins May 6 9:00am-4:00pm

Assured Income for the Severely Handicapped (AISH) Workshop
May 18 11:00am-12:30pm

Health Management Sleep Well Tonight – Improving Sleep
May 16 6:30-8:30pm

Blood Pressure Basics
May 30 1:00-3:00 pm

Eating Well with Fatty Liver Disease
May 24 9:00-11:30am

Living Well on Prednisone: Nutrition & Side Effects
May 30 10:00am-12:00pm

Caregiver Support Family Peer Support Program
May 2, 16 & 30 5:45-8:00pm

Parents/Parents to Be Feeding Your Baby
May 11 10:00am-12:00pm
Nutrition for New Moms
May 17 10:00am-12:00pm

Story Time & Play Date
May 19 or 26 10:00-11:30am

Healthy Eating for Pregnancy
May 29 6:30-8:00pm

Food, Nutrition & Cooking Energizing and Healing Foods for your Gluten-free Diet: (Note \$Fees apply)
May 4 5:30-7:00pm

I Know I Should Eat Healthy, But How? Eating Well for Good Health (2-part series)
May 8 & 15 5:30-7:30 pm

Edible Container Gardening:
(Note \$Fees apply)
May 10 6:00-7:00pm

Managing Emotional Eating
3 - 2.5hr. sessions)
May 11, 18, & 25 1:00-3:30pm

The Truth about What Works in Weight Management
May 20 1:00-3:30pm

Eating Away from Home during Special Occasions
May 24 1:00-3:30pm

Healthy Cooking: Basics and Techniques (Hands-on)
May 24 5:00-7:00pm

Most programs require registration. Please see our full program guide and learn how to register at www.ahs.ca/shcwellness or call us at 403-956-3939.

YOUR CITY OF CALGARY

Responsible Pet Ownership in Parks

As we all enjoy being outside and spending time with our family, friends and pets; we want to ensure we are creating a safe place for all our neighbours. Knowing and adhering to the regulations in the Responsible Pet Ownership Bylaw 23M2006 helps to ensure that dogs are not being a nuisance in the community and dogs and citizens are safe.

City of Calgary would like to remind dog owners of the following:

- When off of their owner's property, dogs must be on a leash unless in a designated off-leash area.
- When in designated off-leash areas, dog owners must ensure their dog is under control, is within their sight and responds to commands.
- Parking lots adjacent to off-leash areas are on leash.
- Owners are responsible for picking up all waste produced by their dog.
- Dogs are not allowed in school grounds, playgrounds, sport fields, golf courses, cemeteries, wading and swimming areas, and other areas prohibited by signs.
- Dogs must be walked on the right-hand side of the pathway on a leash that is no more than two metres in length and must not interfere with other pathway users.
- Owners cannot cycle, in-line skate or skateboard on a pathway with a leashed dog.
- Dogs must not enter or swim in any body of water within a park except a river that runs through, or is adjacent to, a City park.
- Dogs must have and wear a City of Calgary licence when the dog is three-months-old

When we respect the bylaw, we contribute to a safer and healthier community.

Thank you for being responsible dog owners and valued community partners.

For more information about the Responsible Pet Ownership Bylaw, visit calgary.ca/animalservices or contact 311.



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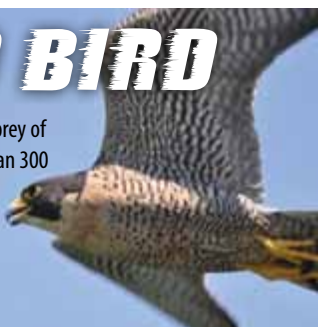
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June at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our passes are affordable and our programs are family-friendly. With a pass, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs. Trico Centre supports community: a small portion of your pass fee is sent to your community association.

June 8: Senior's (60 Plus) Event at Trico Centre

Trico Centre's fitness centre is senior-friendly! If you have never been to our fitness centre, we invite you to drop by anytime on Thursday, June 8 to have a snack and see what we have to offer for those aged 60 and older. All of the below are offered in celebration of Alberta Senior's Week (with no obligation to purchase.)

- Coffee, tea, and fruit in the fitness centre.
- Trico Centre staff will be available to provide tours of the fitness centre and let you know what services we have available.
- 12-1pm: 15-minute demos of Chair Yoga, Older Adult Fitness Class, Balance Building.
- Register for a free 45-minute personal training session with an older adult specialist (approximately \$80 value; training session will be held at a later date; free session available to those aged 60 and older and new to Trico only; training must be completed by July 31; limited quantity of sessions available.)
- Pick up two free passes to come back to the fitness centre or a drop-in fitness class. (Those aged 60 and older and new to Trico Centre only.)

Day Camps

- Register now for summer day camps: ages 3 to 14; full day and half-day camps, early care and late care. Don't need a full week of camp? Come to daily camps for a full day or half day, all summer long.
- Camp leaders are experienced, trained and committed. Each camp has 1 or more leaders and volunteers.
- Featured camps for 6-12 yrs: Canada 150 Play, Discover

Calgary, Harry Potter Camp, and Just for Girls. Cool Camps for preschoolers include Sportarama, Nature Wonders, Kinder Karate, and Mini Chefs.

Children & Youth

- Summer registered child and youth programs: Summer Outdoor Soccer (16-24 months, 2-3 yrs, 3-5 yrs, 6-8 yrs), Dance with Me (2-3 yrs with parent), Gotta Dance (3-5 yrs), Little Ballerina 3-5 yrs, Kinder Gym Kids (4-6 yrs), Sportarama (3-4 yrs), Explorasport (4-6 yrs), DANCEPL3Y Kids (6-12 yrs.) See Spring Summer Program Guide or www.tricocentre.ca for details.
- Register now for summer swim lessons: parent & tot, preschool, Swimmer, and Swim Patrol.
- July 17-21 is registered skating and hockey week: skating lessons all levels, intro to hockey (4-5yrs, 6-8 yrs, adult & child) and powerskating/hockey (7-12 yrs.)
- NEW SUMMER FUN: Summer-only fun registered programs for kids aged 6 and up: Rhythmic Gymnastics, Circus Arts, Cross Country Running, Badminton Club, and Dodgeball. See www.tricocentre.ca for details.

Adults/Older Adults

- Summer adult registered fitness: Focus on Powerlifting, Focus on Learning the Basics, Strong is the New Skinny: Weight Training for Women by Women, Straighten Up Posture Series, Trim & Tone, and Myofascial Stretch and Release.
- Wilderness and Remote First Aid: June 3 and 4, get your standard First Aid and CPR plus techniques for wilderness and remote areas.
- Summer registered programs for older adults: Balance Builders Level 1 (Fall Prevention), Balance Builders Level 2 (Bones and Balance), Chair Yoga, Straighten Up Posture Series.

Trico Centre is located at 11150 Bonaventure Drive SE. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.



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INTERIOR PAINTING: Ready for a change? A fresh coat of paint throughout your home may be just what you need. Unique Interiors will do the job for you or work along side you. We can teach you painting techniques and offer advice on painting supplies. 18 years' business experience, references call Colleen at Unique Interiors 403-830-3456.

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Past President	Keith Pedersen	keithpedersen@live.com
Vice President - Director of Planning & Development	Mark Schmidt	maschmidt@outlook.com
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Member at Large	Devin Elkin	
Member at Large	Mark Dumouchel	
Facility Manager	Sharmaleigh Luft	facility.manager@midsun.org
Community Recreation Coordinator	Lisa Johnston	lisa.johnston@calgary.ca
CPS - Community Liaison Officer	Cst. Rick Robbins	
Trico/FLC Rep	Jeff Pratt	jeff@theprattfamily.net
Cardel Rec - South Rep	Doug Bouwmeester	

CONTACTS

Mid-Sun OOSC Program	Servicing Mother Theresa and FJW	403-254-8058 ext. 229 childcare@midsun.org
Midnapore OOSC Program	Servicing Midnapore School	403-254-0288 midnaporeoosc@midsun.org
MLA	Graham Sucha	Graham.Sucha@assembly.ab.ca
Ward 14 Councillor	Peter DeMong	ward14@calgary.ca



District 8
Mid-Sun Service Centre
450 Mid Park Way SE
Phone 403-428-6800

Office Hours

Monday to Friday 9:00 am – 7:00 pm
Saturday & Sunday 8:00 am – 6:00 pm

Closed Holidays

SUNDANCE LAKE RESIDENTS ASSOCIATION LTD. Lake Facilities

Sundance Lake Residents Association Ltd.
63 Suncrest Way SE
Calgary, Alberta, T2X 1T9

Lake Hours: Normal Hours: 9:00 am – 10:00 pm
Facility Bookings: To book the Cookshack, Sundance Room or Meeting Rooms contact Terri

Phone Lake Office: 403-256-4728
Fax Lake Office: 403-256-9677
Email: lakesundance@telus.net
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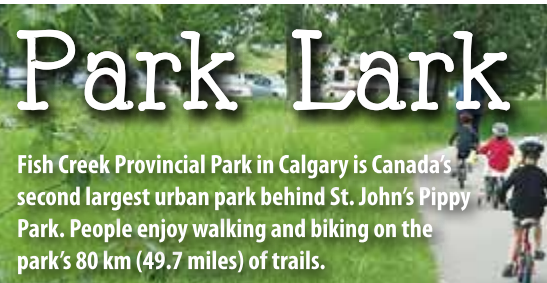
COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

ACOUSTIC MUSIC NEIGHBOURHOOD JAM: Come on out to a circle jam if you play guitar, mandolin, banjo, fiddle or bass. Bring your favorite gospel, folk, bluegrass, country songs, or a song you've written yourself. Dates set by interested participants. More info: beabrightlight@yahoo.ca.



Park Lark
Fish Creek Provincial Park in Calgary is Canada's second largest urban park behind St. John's Pippy Park. People enjoy walking and biking on the park's 80 km (49.7 miles) of trails.

CHURCHES

Sunwest Christian Fellowship	403.254.2823
Tree of Life Lutheran Church	403.726.0911
St. Paul's Anglican Church	403.256.1428
Deer Park United Church	403.278.8263
First Alliance Church	403.252.7572
All Saints Lutheran	403.256.0262
Lutheran Church of Our Saviour	403.253.1453
New Hope Community Church	403.256.2772
Fairview Baptist Church	403.252.1704
Spiritual Community Church of the West	403.225.4331
Red Deer Lake United Church	403.256.3181
The Church of Jesus Christ of Latter Day Saints	403.254.8679
Canyon Creek Christian Fellowship	403.256.3167
Campbell-Stone United Church	403.708.7729
Southview Church	403.873.5223
Knexions Church	403.256.4722
Bonavista Baptist Church	403.271.6969



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In the Legislature

Bill 9, *An Act to Modernize Enforcement of Provincial Offences*, came into force on May 1. The legislation will eliminate the use of warrants to enforce tickets and overdue fines for minor, non-traffic-related offences. Instead, collection of overdue fines will be enforced by restricting motor vehicle registry (MVR) services and other civil measures. I am very pleased about this new bill because it will allow police officers and court staff to focus their time on more serious and violent offences. Keep in mind that eliminating warrants applies to only minor, non-criminal infractions. An example of this would be failing to pay a transit fare.

Did you know:

- It is estimated court staff spend nearly 9,000 hours every year processing warrants related to minor offences.
- The cost associated with incarcerating individuals for minor infractions alone is estimated at \$800,000 a year.
- Approximately \$73,000 of that goes directly towards feeding and clothing inmates.
- There are approximately 200,000 outstanding warrants in Alberta.
- About 45 per cent of the outstanding warrants are for minor provincial and municipal bylaw infractions.
- Despite initiatives targeting warrants the number of outstanding warrants has continued to grow.

Building Affordable Housing

Since coming into office I have had the pleasure of meeting with many seniors in Calgary Shaw. Seniors contribute so much to our society and it is very important to me that they are able to have a high-quality standard of living in Alberta.

That is why we are continuing our \$1.2 billion investment in affordable housing projects over five years which includes many seniors independent and lodge units across Alberta. This is four times what the previous government did. Further, we are taking action to address affordable housing issues by developing a Provincial Affordable Housing Strategy that will guide affordable

housing development across the province both now and for the future.

Throughout the province, there are over 40 major capital development projects currently underway totaling \$530 million, 33 of which are geared to seniors' housing. These projects will renew and replace approximately 2000 units and add over 1000 units of new space.

Alberta Seniors and Housing is improving the condition of affordable housing facilities, including lodges and seniors self-contained units. Funding is being provided to ensure lodges are equipped with fire sprinklers to ensure the safety of residents.

In Your Community

I want to let you know about the upcoming Stampede BBQ I am having this summer. We are partnering with Metis Calgary Family Services to have an even bigger event this year. It will be held on Sunday, July 9th at 352 Sunvale Dr SE from 11-2. Hope to see you there!

As always if you have concerns or questions please contact my office at 403-256-8969 or calgary.shaw@assembly.ab.ca

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Councillor, Ward 14
Peter Demong

www.calgary.ca/ward14
eaward14@calgary.ca or
403-268-1653

Greetings Ward 14!

Ward 14 Community Calendar

I have always wanted a calendar for community events. Given that I attend most of those events, I can tell you that I have found use for such a calendar. So, I was very happy in February when the resources were finally available to make it a reality. You will find it at calgary.ca/ward14calendar, and you will see details on community events like:

• **Counciltalk:** If you click through the calendar to June 17, you will find the last Counciltalk session of the season. It will run from noon to 2 p.m. at Parkland Community Hall (505 Parkvalley Road S.E.). This year's Counciltalk sessions have been more than I could have hoped for. Most turnouts have been large, and the conversation has been stimulating. I hope to see as many out to the June session as possible, because it will be the last opportunity for a while. Visit calgary.ca/counciltalk for more information.

• **Ward 14 Communities BBQ:** If you click through a little bit farther you will see my annual Ward 14 Communities BBQ. We will have a great time and raise a lot of money for Ward 14's community associations. Look for the BBQ on Saturday, Sept. 16 from 11 a.m. to 2 p.m. specifically. We will be in the Southcentre Mall parking lot. If you want more details visit calgary.ca/ward14bbq.

• **Neighbour Day:** It is on the same day as my last Counciltalk session—June 17—, and Neighbour Day is actually made up of many different events. I can confidently say that June 17 will be a very busy day for me, but busy in a good way. Visit calgary.ca/neighbourday for more info.

That brings me to one last point about the Ward 14 Community Calendar. On it you will find many great events, but some still slip under my radar. So, if you have one that you think is worthy (i.e. has benefit for the communities of Ward 14) send an email with the details to ward14@calgary.ca.

Ward 14 Wordsmith Award

For five years, the winner of my essay contest, and their entire class, have joined me at a City Council meeting. I read the winning essay on TV during a Council meeting—so everyone can be just as impressed as I—and present the winner with the *Ward 14 Wordsmith Award*.

This year Carine Howie, who is from Midnapore and goes to St. Teresa of Calcutta School, takes home the award: a trophy and a signed Johnny Gaudreau jersey courtesy of the Calgary Flames! Congratulations Carine! It is great to see young people who understand the importance of democracy. Thank you to all of the teachers who instil that importance, and to all the students who participated! I can't wait to see what the students have in store for next year.

Stampede Parade - route reversal

Just one quick note before I go. If you like to attend the Stampede Parade, keep in mind this year the route has been reversed. For more information, you should visit parade.calgarystampede.com.

That is all I have for June. Remember to dust off the boots and hats for July!

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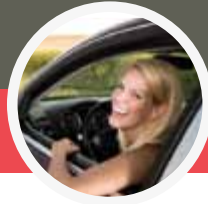
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