

FEBRUARY 2016

YOUR OFFICIAL COMMUNITY NEWSLETTER

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**AVEDA**  
THE ART AND SCIENCE OF FINE FLORAL AND PLANT ESSENCES



**New Brighton Community Association**  
**2 New Brighton Drive SE Calgary, Alberta T2Z 4B2**  
**Phone 403.781.6613 | general.nbca@gmail.com**  
**www.newbrightonca.com**

# CONTENTS

NBRA Programs	8-13
South Health Campus & Wellness Centre	14
Have a Financial Strategy if You Lose Your Job	15
New Brighton Real Estate Update	30



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# IN & AROUND CALGARY

## Nestle into nature this Family Day weekend

Family Day is a great time to reconnect with loved ones - a time to slow down, focus on family and create lasting memories together. Finding activities for the holiday weekend that everyone will enjoy can be challenging, but rest assured, this year it will be a walk in the park.

The City of Calgary will be hosting free We Are Family events throughout the Family Day weekend at three of Calgary's beautiful parks. Grab your skates and join us on Saturday, February 13 at Carburn Park or Sunday, February 14 at Prince's Island Park for ice skating, fire-side nature activities and family-friendly fun.

If you prefer an indoor celebration, drop by Devonian Gardens, Calgary's downtown tropical oasis, on holiday Monday, February 15. We will have entertainment for all ages, including nature games, crafts and a variety of animal furs and bones to see and touch.

All events run from 11 a.m. to 3 p.m.

For more information about our We Are Family events, visit [calgary.ca/parks](http://calgary.ca/parks).



Men always want to be a woman's **FIRST LOVE.**  
Women like to be a man's **LAST ROMANCE.**

*Oscar Wilde*



# NEW BRIGHTON COMMUNITY ASSOCIATION CONTACT LIST

Mailing Address: c/o New Brighton Club, 2 New Brighton Dr. SE, Calgary, Alberta T2Z 4B2 • [www.newbrightonca.com](http://www.newbrightonca.com)

EXECUTIVE		
Acting President	Amy Gregson	<a href="mailto:general.nbca@gmail.com">general.nbca@gmail.com</a>
Vice President	VACANT	<a href="mailto:communications.nbca@gmail.com">communications.nbca@gmail.com</a>
Secretary	VACANT	
Treasurer	Carol Wellens	
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Communications Director	Alanna Creagh	<a href="mailto:communications.nbca@gmail.com">communications.nbca@gmail.com</a>
BOARD COMMITTEES & SPECIAL GROUPS		
School Committee	Ryan Thompson	<a href="mailto:info@newbrightonschool.com">info@newbrightonschool.com</a>
SECRS Representative	Mary Honey Wigle	

## CALL FOR VOLUNTEERS

We need your help! Volunteering has many benefits and only takes a few hours per month. We have a variety of positions available but would also love to hear a few more voices around the table. We generally meet on the third Thursday of each month at 7:00pm at the Clubhouse. However, please check our Facebook or Twitter for more current information.





# NEW BRIGHTON RESIDENTS ASSOCIATION

[www.newbrighton-connect.com](http://www.newbrighton-connect.com)

**New Brighton Residents Association**

**2 New Brighton Drive SE • 403.781.6613**

**CONTACT US AT:**

**General Manager**  
Carla Nikli • [gm.newbrighton@shaw.ca](mailto:gm.newbrighton@shaw.ca)

**Lead Customer Service**  
Clare Lovely • [newbrightonclub@shaw.ca](mailto:newbrightonclub@shaw.ca)

**Recreation Coordinator**  
Tanya Hinchelwood • [pc.newbrighton@shaw.ca](mailto:pc.newbrighton@shaw.ca)

**Parks & Amenities Supervisor**  
Jason Tchir • [parks.newbrighton@shaw.ca](mailto:parks.newbrighton@shaw.ca)

**Safety & Facility Foreman**  
Jeremy Avery • [foreman.newbrighton@shaw.ca](mailto:foreman.newbrighton@shaw.ca)

**Park Hours:**  
Open daily: 9am – 10pm

**Office Hours:**  
Monday-Sunday: 9:00am – 9:00pm  
closed for lunch daily 12:30-1:00pm

Phone: 403-781-6613  
Fax: 403-781-6611

[www.newbrighton-connect.com](http://www.newbrighton-connect.com)

**CONTACT INFO**



# NEW BRIGHTON CLUB

2 New Brighton Drive SE, Calgary, AB T2Z 4B2 • [www.newbrighton-connect.com](http://www.newbrighton-connect.com)

Open 9:00 am - 10:00pm Monday to Sunday

## Where Friends and Neighbours Gather

The New Brighton Club is a year round recreational facility, consisting of a 6500 square foot building which is used for private rentals, programs, and special events! Also on site are 2 tennis courts, a beach volleyball court, basketball courts, a playground, a splash park, and a hockey rink. Members can gain access to these facilities using their issued membership card, and can also sign in up to 5 guests/household each visit.

If you are looking for a great venue for your upcoming special event, look no further! The New Brighton Residents Association has 3 spacious rooms available for rent, any day and time of the week... one of these three comfortable rooms will be sure to meet your needs!

**Banquet Room:** This stunning and newly renovated 1450 square foot Banquet Room is perfect for larger parties such as weddings, birthday parties, baby showers and anniversaries.

**FIND IT FAST!** **NEW BRIGHTON RESIDENTS ASSOCIATION (RENTING/PROGRAMS)**  
C/O New Brighton Club  
2 New Brighton Drive SE, Calgary, Alberta T2Z 4B2  
Phone: (403) 781-6613, Fax: (403) 781-6611  
[www.newbrighton-connect.com](http://www.newbrighton-connect.com)

**NEW BRIGHTON COMMUNITY ASSOCIATION (COMMUNITY ISSUES/SCHOOL BUILDING)**  
c/o New Brighton Club  
2 New Brighton Drive SE, Calgary, Alberta T2Z 4B2  
Email: [general.nbca@gmail.com](mailto:general.nbca@gmail.com)  
Website: [www.newbrightonca.com](http://www.newbrightonca.com)

## Like us on Facebook



### The New Brighton Club

To stay with the latest "happenings" at the New Brighton Residents Association, please sign up for our bi-weekly e-Newsletter on [www.newbrighton-connect.com](http://www.newbrighton-connect.com).

sary parties. With a little creativity, the possibilities are endless! This room can comfortably accommodate up to 110 people seated with remaining space for a small dance floor.

**Studio Room:** Accommodating up to 35 people seated, the Studio Room is 462 square feet, making it the perfect venue for smaller gatherings, such as: wedding/baby showers, birthday parties, information sessions, and meetings of all types!

**Board Room:** The saying that "great things come in small packages" is an understatement to describe this room. Although, it is the smallest of the three, our warmly decorated Board Room is the perfect venue for corporate meetings, trainings, and seminars. Containing, a large hardwood banquet table and reclining leather chairs, the board room will comfortably host between 8-15 people.

We provide the tables, chairs, and the room... now you just have to bring the smiling guests! Additionally, the New Brighton Club also has a kitchen available for use during all rentals. A complete list of our rental rates is available on the right of this page, please contact our Administrative Coordinator for all rental inquiries, by calling 403-781-6613, ext 2 or by emailing: [newbrightonclub@shaw.ca](mailto:newbrightonclub@shaw.ca). We look forward to hosting your next event soon!

## Rental Rates:

\$25.50/HR. SECURITY CHARGE AFTER 10PM

### BANQUET ROOM

Residents	\$75 per hour or a day rate of \$600 from 9:00am to 1:00 am
Non-Residents	\$85 per hour or a day rate of \$800 from 9:00 am to 1:00 am

### STUDIO ROOM

Residents	\$40 per hour
Non-Residents	\$50 per hour

### BOARD ROOM

Residents	\$30 per hour
Non-Residents	\$35 per hour

**A security deposit of \$500 is required for all rentals, in the form of a post-dated cheque for the date of the scheduled rental.**

# It just doesn't get better than this

## OUR JOB IS TO KEEP IT THIS WAY



Your city employees want to start the new year with a big *Thank You* for appreciating our efforts in keeping Calgary clean and green. You gave our garbage and recycling teams a 97% *satisfaction* rating last year.

**CUPE**  
Calgary's city employees

Making your city  
work for you

And we'd also like to thank the City for reaffirming their commitment to keeping this service public — and saying *No Thank You* to a for-profit service that would have cost taxpayers 5-20% more!

**Here's to another great year, in Canada's greatest city.**

Photo by Jeff Wallace: [facebook.com/jeffwallacephotography/](https://www.facebook.com/jeffwallacephotography/)  
Courtesy of Flickr Creative Commons: [creativecommons.org/licenses/by-nc/2.0/](https://creativecommons.org/licenses/by-nc/2.0/) adapted



# NEW BRIGHTON RESIDENTS ASSOCIATION

## Keep your New Year's Resolution Momentum!

Get active, lose weight, try something new, get your kids more involved in after school programs... no matter the goal the New Brighton Club is here to help with a variety of programs to reach any goal!

### **Mondays:**

**Zumba Kids (2-5yrs)** High energy fitness party packed with specially choreographed routines.

**Tiny Toes (4-6yrs)** Explosion of dance styles! Great intro to dance class.

**Triple Fun (3-5yrs)** A `triple threat `singing, acting and dancing.

**Kids Code Force (5-11yrs)** Learn the basics of computer programming while creating your own games.

**Short Form Tai Chi (16+)** Discover this meditative martial art through sets of postures for all levels.

### **Tuesdays:**

**Mommy & Me Meet Up** Games & toys for the kids and new friends & great conversations for all.

**Junior Performers (6-10yrs)** Intro to theatre and all it takes to put on a play!

**Spanish for Kids (4-8yrs)** Provides kids with the platform to discover a new and exciting language.

**Junior Artists (7-11yrs)** Explore the elements and principles of art while using a variety of techniques.

**Hockey (5-7yrs)** Learn the basic skills and techniques to develop and expand your love of the game.

**Skating (3-4, 5-7 & 8-11yrs)** Feel comfortable on the ice, developing key skills and techniques.

**Spanish Lessons (12+)** Make your next trip one you will never forget by developing the basics of Spanish.

**Boot Camp Burn (14+)** This high intensity cardio/muscle combo is sure to challenge your fitness goals.

### **Wednesdays:**

**Little Ninja's (6-10yrs)** Discover the basic skills of karate with strikes, blocks, kicks and stances.

**Yoga Kids (5-10yrs)** Build confidence, self-expression, strength and flexibility.

**Mom & Baby Yoga** A gentle program designed for time

to practice with babies in tow.

**Prenatal Yoga** Focusing on discomforts, removing stresses & helping the body move during pregnancy.

**Chair Yoga** A gentle workout, focused on strengthening the body.

**CUT** Increase strength, burn calories and develop muscle!

**Zumba (16+)** A high energy interval cardio workout you will love as you dance your way fit.

### **Thursdays:**

**New Brighton Seniors Club:** Great company, new friends and activities for all.

**So You Think You Can Dance (6-10yrs)** Try a variety of dance styles as seen on the popular TV show.

**Mommy & Me Artists (1-3yrs)** Get messy and have fun creating art together, exploring the world of art.

**Kangaroo Power Jumps** Highly motivating and fun program! Utilize kangaroo boots to increase your cardio and muscle development.

**Yogiflow** For all skill levels, calm the mind and increase flexibility with this warm yoga class.

**B.L.T. (16+)** Target your Butt, Legs, Tummy with a lower body focus on toning and creating lean muscle.

For complete details and to browse the wide variety of this season's program selections please visit [www.newbrighton-connect.com](http://www.newbrighton-connect.com). Registration is available now. It's so easy to register, simply call 403-781-6613, click on our website (listed above) or visit one of our friendly staff members at 2 New Brighton Drive. Programs which do not meet the minimum numbers of registrants will be cancelled, so what are you waiting for? Registration for our spring programs will be available for residents on February 12, 2016 and non-residents on February 15, 2016. More details can be found on our website: [www.newbrighton-connect.com](http://www.newbrighton-connect.com).

## Adult Punch Passes

Try a little of everything the New Brighton Club has to offer! "Adult Program Punch Passes" are available for both residents and non-residents giving you and a friend the chance to sample each class or drop into the

# NEW BRIGHTON RESIDENTS ASSOCIATION

ones that fit your schedule. Valid for the full year, it allows you to attend 10 class of your choice for only \$130 (this is only \$13/class)! Full details and passes are available in the main office. We also have gift cards available in all amounts!

## Have your membership card?

All residents ages 12+ must have their membership card to have access to the New Brighton Club. All children under the age of 12 must be accompanied by a parent or guardian. The NBRA must see a copy of the CERTIFICATE OF TITLE, and a piece of ID showing proof of residency, in order to receive your card. Certificate of Titles can be obtained from any registry if the original cannot be located. The NBRA can also obtain a copy of your title for you, at a cost of \$20.00, just come during office hours 9am—4pm weekdays for this service. Lost your card? We can replace it for just \$10, visit the main office. To ensure only New Brighton residents in good standing and their signed in guests are using the NBRA facility, our customer service representatives will conducting numerous card checks daily. All residents in the park must present their cards as proof of residency. All guests must be signed in at the office upon arrival to obtain a confirmation stamp. If you can't provide a card for more than 3 visits a new card must be purchased within the main office.

## Upcoming Special Events

Our 2015/2016 Events are posted on our website ([www.newbrighton-connect.com](http://www.newbrighton-connect.com)) and Facebook page ([www.facebook.com/NewBrightonClub](http://www.facebook.com/NewBrightonClub)), so be sure to RSVP and save your space for all NBRA events today!

### **Thank you to all our Amazing Sponsors!**

Thank you to everyone who came out for our 11th annual 3 on 3 Hockey Tournament! What an amazing weekend of Hockey, we really have some talented players in the area. To our amazing sponsors thank you so much! Craig Heynen from EXP Realty, South Street Burgers, The Kilt & Caber, Panago Pizza, Pro-Hockey Life and Tim Hortons you all made this weekend so fantastic! We appreciate everything you do!

## Affair of the Heart

**Saturday February 13 from 6-9pm**

Love is in the air! We want to share this loving feeling with the couples of New Brighton.

This Valentine's Day weekend, we invite you to spend a date night with us! Wine tasting, painting, and food pairing await! This event is open to adults (18+) RSVP is required on our website [www.newbrighton-connect.com](http://www.newbrighton-connect.com). Due to the nature of the event tickets are \$20 per person or \$35 per couple and will be sold prior to the event. We didn't forget the Valentines Day skate, we hope to see everyone out creating lasting memories over the warmth of our bonfire! Joining us for date night? Supervised skates will be happening from 6-9pm so feel free to bring your little ones! RSVP is not required for the skate and is no charge.

## The Great Eggscape

**Saturday March 19 from 10-3pm**



We need all our little egg hunters to help us recover our Easter eggs! As they have tried to escape! Join us Saturday, March 19th for our Great Egg-scape event! The Easter Bunny will be joining us for an afternoon of egg hunting, decorating, games and crafts for all ages! Plus he will be taking advantage of our photo booth to get pictures with our little residents and their families. This event is free of charge, however, space is limited. Therefore, we do require you to RSVP on our website [www.newbrighton-connect.com](http://www.newbrighton-connect.com)

## Sponsorship Opportunities

Would you like to get involved in the community? We have a variety of Sponsorship opportunities available! If you are interested in becoming a valued sponsor please let us know! Email [pc.newbrighton@shaw.ca](mailto:pc.newbrighton@shaw.ca) or call 403-781-6613 extension 1.

*~continued next page~*

# NEW BRIGHTON RESIDENTS ASSOCIATION

## New Brighton is now a Calgary Hitmen Community

This Hockey Season New Brighton has been selected to be ONE OF TWO Calgary Hitmen Communities! The reason New Brighton was specifically chosen is because we are home to one of our great Hitmen players, #24, Carsen Twarynski! Help support Carsen and the Calgary Hitmen this season! Visit the community clubhouse located at 2 New Brighton Drive S.E. to pick up FREE Hitmen home signs and window decals, also find out how to get specially priced Hitmen tickets only available to New Brighton residents!

## New Additions New Brighton's Seniors Club

The New Brighton Club would like to announce our new Senior Club, running every Thursday from 10:30-12pm! Join us for great company, new friends and new activities! Including monthly lunches, painting days, book club and so much more! We are also always looking for ways to improve our Seniors Club better and would love any ideas, activities, games, or any additional feedback that would be of interest to our seniors!

## Movie in the Club

**Friday February 26, 7pm -9pm \$5 per family (2adults & 3 kids)**

Want a great night out? Join us for our monthly movie night. For only \$5 a family you get pop, popcorn and the best seat in the house! Make sure you check our Facebook and website for updates on movie titles!

### Under 18 Club

**Friday February 5, 6pm -9pm**

Introducing tween / teen nights! Each month we will feature a new activity designed to provide our tweens/teens and their friends for a fun filled night out! Entrance is free and pop and snacks will be \$1 a piece. Dances, pool nights, amazing races and so much more await! Be sure to check our website and Facebook page for each months activity guide!

## Mommy & Me Meet Up

**Every Tuesday from 10-11:30am, \$2 drop in! or \$55 for the year!**

Join us every Tuesday from 10am to 11:30am for a morning designed to help stay at home community members meet each other. Kids will enjoy games and toys, while parents will enjoy meeting new friends, snacks and of course great conversations! Plus every 2nd Tuesday of the month the Government of Canada's Early Education Initiative will be joining us, setting up interactive games!

## Upcoming Workshops

### Emergency First Aid & CPR

**Saturday March 5 from 9am-4:30pm**

Students will learn basic lifesaving first aid skills and cardiopulmonary resuscitation (CPR), as well as treatment for choking and severe bleeding. Also covers strokes, heart attacks, basic AED training and preventing disease transmission. Ideal for workplace settings. National Red Cross Certification: 3 years. Meets Occupational Health and Safety Code requirements.

### Stranger Danger

**Saturday March 5 from 10am-11am**

This course will give children the skills to recognize dangers in and around their home and how to handle them appropriately. Kids will learn when and how to call 911 if something happens to their caregiver. They will also learn what to do if approached by "Strangers", who is a stranger, and who is a "safe" stranger. Colouring books will be provided to reinforce the topics.

### Babysitting Course

**Saturday March 5 from 10am-4pm**

This babysitter's course teaches 11- 15 year olds to confidently handle the responsibilities of being a babysitter. They will learn first aid safety tips, injury prevention, and first aid as well as be introduced to CPR. They will also learn to care for children of all ages, as well as diaper and feed babies. This course will be taught in a fun and interactive environment by an experienced first aid instructor.

### Home Alone

**Saturday March 5 from 11:15am-1:15pm**

This safety awareness program is for children who are (or will be) staying at home on their own. Participants will gain skills that will make their experience more comfortable and give them confidence. The class includes games, scenarios and role playing that depict

# NEW BRIGHTON RESIDENTS ASSOCIATION

everyday situations in order to teach youngsters safety awareness, accident prevention and basic first aid skills. Younger siblings between ages 8-10 are also encouraged to sign up as well. The course is taught by an experienced Red Cross First Aid instructor.

## New Brighton Residents Association Winter Maintenance

Did you know that, in addition to maintaining the New Brighton Club Facility & Park, the New Brighton Residents Association (NBRA) also provides enhanced landscape maintenance in several areas within the community? The New Brighton Residents Association Board of Directors has carefully reviewed the community's snow removal needs for the 2015/2016 winter season. Upon careful consideration, the NBRA Board of Directors has selected several high traffic areas which will be maintained by the NBRA maintenance team throughout the winter months. The NBRA will ensure snow removal, as well as sanding/gravel (within 72 hours at the end of a snowfall), of the following areas: all four New Brighton entrances and the regional pathways. To ensure maximum enjoyment for residents, snow removal will be completed on NBRA property before the designated areas within the community (NBRA property includes both the hockey and pleasure skating rinks, all entrances into the facility and shop, as well as the parking lot). Once these areas are complete, the NBRA team will proceed into the community. The map below indicates in detail

these areas with the community that will be maintained by the NBRA for the 2015/2016 Winter Season. For questions or concerns regarding any landscape maintenance maintained by the New Brighton Residents Association, please contact the Parks & Amenities Supervisor at 403-781-6613, ext. 3 or the General Manager at 403-781-6608.

~continued on page 13~



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# Insect Trivia



Worker ants may live seven years and the queen may live as long as 15 years.

communications.nhca@gmail.com

Editorial Content DEADLINE

1st of each month for the next month's issue

## NEW BRIGHTON RESIDENTS ASSOCIATION

### Around the Clubhouse and Community Good Food Boxes



Order your next Good Food Box before the cut off date, which is noon on February 23, 2016. "The Good Food Box" (GFB) is a program under the Community Kitchen Program of Calgary whereby you can purchase fresh fruits and vegetables at a very low cost.

#### Box Options:

Small Box: \$20, 20-25lbs of fruits and vegetables

Medium Box: \$25, 30-35lbs of fruits and vegetables

Large Box: \$30, 40-45lbs of fruits and vegetables"

Interested in getting a box? Visit us in the main offer to place your order!

### Looking for New Ways to Promote your Business?

The New Brighton Residents Association has launched advertising information for upcoming events, programs and local businesses on the monitor located in our skate change room. This fantastic marketing opportunity would provide businesses the ability to reach 700 people on average a week, for as little as \$15 a month. We have a variety of sizing options available! For more information and to get your business recognized in the clubhouse please contact our Recreation Coordinator at 43-781-6613 extension 1 or via email at pc.newbrighton@shaw.ca.

#### A Special Space for Your Special Event!

Looking to make your next event plans? The New Brighton Club has rental space available to make that next special event a fantastic celebration! Our Banquet room, studio room and/or board room could be just what you need to make your next event a truly memorable one! Check out our availability by calling 403-781-6613 ext. 2, to see if we can help make you're event dreams a reality.

#### Want to stay connected?

Visit us at [www.newbrighton-connect.com](http://www.newbrighton-connect.com) and sign up for mass emails for full details on the latest news, events and what's happening in the clubhouse and community!

## SOUTH TRAIL AUTO MALL

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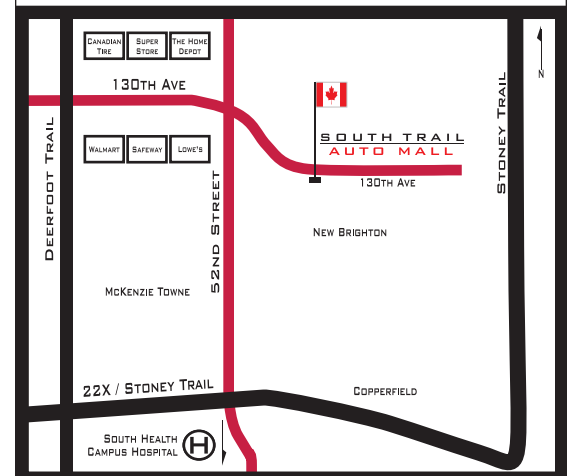
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[www.deerfootcarpet.com](http://www.deerfootcarpet.com)

# South Health Campus (SHC) Wellness Centre

Wanting to improve your health? We can help! Try some of our FREE wellness and lifestyle programs.

### Heart at Play: Raising Heart Healthy Families

Wondering about healthy snacks and meals on the go?  
Wondering if your family is active enough?  
Wondering about small changes you can make for a healthier life?

Join us **on Saturday, February 27** 10:00am-1:00pm to explore heart healthy habits for life!

#### What to expect:

Physician presentation  
Q&A time with healthcare providers  
Heart pumping activities  
Delicious cooking demos  
Blood pressure and cholesterol checks  
Healthy lifestyle information  
And more FREE family fun!

### Emotional Well Being

#### Introduction to the New Journaling

February 5 1:00-2:30pm

#### Mindfulness Drop-in

February 1 4:30-5:30pm  
February 12 12:00-1:00pm

#### Meditation Drop-in

January 26-March 1 (Tuesdays)  
5:00-5:45pm

#### Drumming Up Wellness

Every Friday 1:30-2:30pm

### Health Management

#### NEW! Roots, Berries and Oils: The Safe, the Maybe and the Dangerous

February 3 11:30am-12:30pm

#### Diabetes: What You Need to Know

February 12 10:00-11:00am

#### Arthritis 101

February 18 6:30-8:30pm

### Allergen Aware- Allergen Safe

February 19 3:00-4:30pm

### Caregiver/Family Support

#### NEW! Family Peer Support Program

Support to help people assist those affected by mental illness while staying balanced themselves.  
Every second Tuesday 12 6:00-8:30pm

#### Family Alzheimer's/Dementia Caregiver Workshop

February 16 7:00-8:30pm

#### Letting Go of Guilt for Caregivers

February 25 6:30-8:00pm

### Parents

#### Healthy Eating for Toddlers and Preschoolers

February 1 6:30-8:30pm  
March 3 6:00-8:00pm

#### Secrets to Feeding Your Healthy Child

Three week series begins February 4 or March 3 6:00-8:00pm

#### Feeding Your Baby

February 25 1:00-3:00pm

#### Storytime & Playdate

February 19 or 26 10:00am-12:00pm

### Nutrition/Food Management Classes

#### New! Food Waste- How it Affects You and What You Can Do To Help

February 4 6:00-8:00pm  
February 10 1:00-3:00pm

#### The Top 5 Tips to Reduce Calories

February 8 Evening

#### Heart Healthy Mediterranean (Vegetarian)

February 12 2:00-3:00pm

#### Dietitians in the Kitchen (demonstration)

February 18 12:00-12:30pm

#### Eating Away from Home & During Special Occasions

February 23 Evening

Most programs require registration. Please see our full program guide and learn how to register at [www.ahs.ca/shcwellness](http://www.ahs.ca/shcwellness) or call us at 403-956-3939.



# Have a Financial Strategy if You Lose Your Job

Kevin O'Hagan, PFP, FMA, CIWM

It's an unfortunate economic reality, but unemployment can rise during recessions.

If you find yourself suddenly out of a job – especially after you may have worked for many years for the same employer – make sure you put a financial strategy in place to help you get through what may be a very challenging time. Here are some tips you may want to consider should you find yourself suddenly out of work:

**Get your finances in order** – You'll need a clear picture of your net worth, what you owe and what you'll need per month to maintain your present lifestyle. Then, work with other family members to prepare a conservative but realistic budget for the next six to 12 months. Knowing that you have a workable plan in place will help alleviate some of the stress you may be experiencing.

**Understand your severance options** – You will probably receive some form of severance pay. The total amount of your severance is usually taxable in the year you receive it. However, depending upon your situation, there may be opportunities to defer tax on all or a portion of your severance. What you decide to do with your severance can have a significant impact on either your standard of living while you look for another opportunity or the quality of your retirement. Speak to your financial advisor for help in understanding your options.

**Decide on how you'll deal with your pension, insurance and other employment benefits** – You could be entitled to some or all of the pension benefits you accumulated with the company. Depending upon your

circumstances, you may be able to collect a reduced pension now or a full pension later. Also, you might be allowed to transfer the full value of your pension into another retirement account, such as a locked-in retirement account. Or, if you prefer, you may be able to transfer your benefits into the pension plan of a new employer. Your financial advisor can help you understand your options.

**File for Employment Insurance benefits** – You may be entitled to employment insurance. If so, you should apply for your benefits as soon as you receive your Record of Employment from your former employer. Be aware that there's a two week waiting period before your benefits begin. Also, if you received a severance, payments won't begin until after the period your severance was designed to cover. Generally, regular benefits can be paid from 14 weeks to a maximum of 45 weeks.

As for your other benefits, depending upon your severance package, you could lose entitlement to some or all of these when your employment ends. You will need to decide which benefits, if any, you want to replace. If you have people who are dependent on you, you will probably want to make certain you have enough life insurance. You may also wish to consider supplemental medical insurance. Again, speak with your financial advisor for help in deciding which benefits you might want to replace.

Whatever your particular situation, it's important to consider all of your options and develop a plan that's right for you. Life is unpredictable, so having a carefully considered investment plan can go a long way in helping you deal with life's uncertainties.



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[www.desertsunpatios.com](http://www.desertsunpatios.com)

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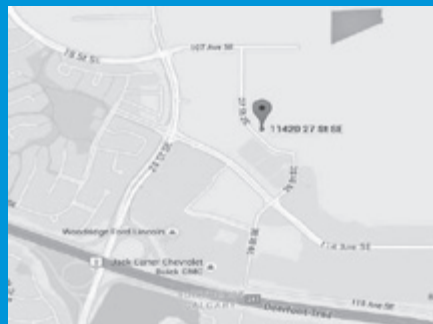
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# MEDICAL CLINIC



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**Walk-ins Welcome**  
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Saturdays 9 am - 4 pm

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**primecarehealth.ca**



Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see [www.tricocentre.ca](http://www.tricocentre.ca) to find out more.

## February at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs.

Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

## Pool Refurbishment

After 33 years in operation, Trico Centre's Aquatics Centre is undergoing a major refurbishment. This project will address lifecycle issues, improve health and safety components, and take the Aquatics Centre into the next 10 to 15 years. **The Aquatics Centre including pool, hot tub, and slide will be CLOSED starting February 19.** Trico Centre is very excited about the new enhancements and can't wait to share the progress with you. We will be hosting a pool grand opening, so watch for details.

## Adults

- Registered adult programs starting in February: Sore Joints Training, Fit 101 for the Absolute Beginner, Strong is the New Skinny: Weight Training for Women by Women
- Check [www.tricocentre.ca](http://www.tricocentre.ca) for two **new registered adult programs that are not in the program guide:** Triathlon Brick Training and What's What of Watts: Spinning for Power in Eight Weeks.
- February workshops include Foundation of Alignment Yoga Workshop and Mindful Relaxation.

## Older Adults

- Bone Builders, Chair Yoga multi-week programs starting in January include Balance Builders, Bone Builders, Chair Yoga, Sore Joints Training. Workshops and clinics include Foam Roller Workshop and Strike It for Seniors!

~continued on page 18~

SCHOLARSHIPS  
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OUTDOOR EDUCATION  
CITY-WIDE BUSING

---

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[sts.ab.ca/ExpectMore](http://sts.ab.ca/ExpectMore)



## Outstanding Family Physician Award

Do you have an outstanding family physician?  
Nominate today!  
Nominations close on **March 1st, 2016**

To nominate, visit [www.albertahealthservices.ca/info/page4011.aspx](http://www.albertahealthservices.ca/info/page4011.aspx)  
Call Zunaira Ahmad at 403-955-9354  
or email to [Zunaira.Ahmad@ahs.ca](mailto:Zunaira.Ahmad@ahs.ca)





### LOOKING TO BUILD & RETAIN A PRODUCTIVE, MOTIVATED WORKFORCE?

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- In-person financial advice for all employees
- Group retirement savings plans
- Comprehensive and discounted banking solutions

Support your employees and keep your competitive advantage. Call Investment Advisor Michael Martin at 403-266-9655 to learn more.



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## SAFETY SYNC

ONLINE SAFETY MANAGEMENT SYSTEM

"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."

Enform IRP 9 (Revised)

**safetysync.com**  
403.668.6402

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

# Trico Centre cont'd

- **New registered program** (not in the program guide so check the website for details): Brain Builders helps develop coordination, agility, and a smooth, synchronized gait through different walking conditions by improving reflexes and increasing neurologic control over movement.
- Ease Parkinson's Disease Workshop, Friday, February 26, members \$32, non-members \$40.
- Check out the Drop-In Gym schedule for drop-in Pickleball times.

## Families, Children & Youth

Check out the Drop-In Gym schedule for drop-in gym, Drop-In Playtime, Drop-In Gymnastics, youth drop-in gym, and more. See the Drop-In Arena schedule for lots of cool activities including leisure skate, adult shinny, youth shinny, women's shinny, and stick & puck.

Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see [www.trico-centre.ca](http://www.trico-centre.ca) to find out more.



SUDOKU

	6				1	3	2	
				6	5		8	9
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7			6	2	4			5
		3			9	2		
							1	3
3	1		5	7				
	4	2	3				5	

FIND SOLUTION ON PAGE 24



# SUPPORT NEW BRIGHTON COMMUNITY ASSOCIATION

## Purchase your membership today!

The difference between a Community Association and a Residents Association is:

### COMMUNITY ASSOCIATION

- Annual fee is voluntary
- Made up of Resident volunteers who live in the Community
- LOBBY FOR SCHOOLS IN THIS COMMUNITY
- Act as a political voice and advocate in civic matters
- Manages and directs community sporting leagues
- Works with Block Watch to make our community safer
- Provides articles for the monthly Community Association newsletter, the New Brighton Buzz
- Responsible for working with the City on a wide variety of community issues such as traffic calming, playground zones, city park issues, etc.

### RESIDENTS ASSOCIATION

- Annual fee is mandatory through an encumbrance filed on each property in New Brighton
- Created and managed by the Developer until the community is substantially built out, fees go towards the operations and maintenance of the land and amenities (assets) that are owned by the Residents Association such as the Club, 3+ acre park (that includes the water splash park, tennis courts, hockey rink), entry features and pond fountains, for the lasting enjoyment of its membership, the property owners. Coordinates a wide variety of programs and events, at the Club and in the park, to residents in the community.

# Because You Value Your Community

## Be sure to Renew or Purchase your New Brighton Community Membership (NBCA)

Benefit from sports, activities and partner discounts at Trico Centre for Family Wellness - Secure a vote at public meetings, or make a difference by joining the Board - and more! Please fill out the membership request form below and send it to your NBCA today!

Please select the type of membership you that you would like to purchase:

\_\_\_\_ Family (\$20.00) or \_\_\_\_ Individual / Senior (\$15.00)

Name(s): \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone number: \_\_\_\_\_

Please mail or drop off this form and your payment (cash, cheque or money order) to the following address:

**New Brighton Community Association**  
C/O New Brighton Club  
2 New Brighton Drive SE  
Calgary, Alberta T2Z 4B2

Contact your New Brighton Community Association Board at [general.nbca@gmail.com](mailto:general.nbca@gmail.com)  
visit our website: [www.newbrightonca.com](http://www.newbrightonca.com)

# Buy with me ~ List for FREE!

Keep more equity by paying less commission!

## ☆☆☆ PLATINUM \* Savings Bonus Plan ☆☆☆

If I list your home and you purchase another home with me - **NO LISTING FEE!!!**

To encourage other Realtors to bring buyers, I recommend offering a 3.5% on the 1st \$100K + 1.5% on the balance of the purchase price.

		MY PROGRAM		YOU CAN SAVE
<b>If you pay a typical 7% on the 1st \$100K + 3% on the Balance</b>				
On the sale of a \$400,000 home	\$8,000	Listing Realtor Fee	\$0	<b>100 %</b>
	\$8,000	Buying Realtor Fee	\$8,000	
	<b>\$16,000</b>		<b>\$8,000</b>	
On the sale of a \$500,000 home	\$9,500	Listing Realtor Fee	\$0	<b>100 %</b>
	\$9,500	Buying Realtor Fee	\$9,500	
	<b>\$19,000</b>		<b>\$9,500</b>	

Thinking of building? I can work with most builders on your behalf if I am included on your first contact with the builder.

\* Some conditions apply

## ☆☆☆ GOLD Savings Plan ☆☆☆

Listing your home only

Flat Listing Fee of \$3,000 to list your home.

		MY PROGRAM		YOU CAN SAVE
<b>If you pay a typical 7% on the 1st \$100K + 3% on the Balance</b>				
On the sale of a \$400,000 home	\$8,000	Listing Realtor Fee	\$3,000	<b>62.5 %</b>
	\$8,000	Buying Realtor Fee	\$8,000	
	<b>\$16,000</b>		<b>\$11,000</b>	
On the sale of a \$500,000 home	\$9,500	Listing Realtor Fee	\$3,000	<b>68.4 %</b>
	\$9,500	Buying Realtor Fee	\$9,500	
	<b>\$19,000</b>		<b>\$12,500</b>	

Comparisons based on 7% on the first \$100,000 and 3% on the balance. Not intended to solicit properties currently listed for sale.

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Barbara Chapman

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## COUNCILLOR, WARD 12 SHANE KEATING

Phone: 403-268-1698 • Email: Ward12@calgary.ca

Twitter: @CouncillorKeats Facebook: http://www.

facebook.com/CouncillorKeating

Web: http://shanekeating.blogspot.com/

Happy February Ward 12! The Calgary winter can be long and cold, but spring is right around the corner. We have had a very exciting start to 2016. On January 28<sup>th</sup>, I hosted the annually Ward 12 Open House at the Mahogany Beach Club and had some great conversations with residents that are passionate about their communities. We are also continuing some very productive conversations with the Provincial Government to secure additional funding for the Green Line LRT. I'm looking forward to working hard for you in 2016 to make Ward 12 even better!

### 2016 Assessment

Assessment overviews for 2016 were mailed out to Calgarians on January 5th. The Customer Review Period extends from January 5th to March 7. During this period property owners are able to inquire about their assessments.

There are a few mechanisms available to residents that wish to get more information about their assessment provided by the City:

- The City of Calgary Assessment department has evaluation staff on standby to answer any specific questions regarding assessments. They can be reached at 403-268-2888.
- You can find more information on the assessment process at [Calgary.ca/assessment](http://Calgary.ca/assessment).

### Extended Driveways

There have been a few cases of extended driveways appearing in Ward 12. An extended driveway is an extension of an existing driveway to allow for more parking spaces. The diagram below shows what is acceptable and what is not through the Land Use Bylaw.

Understand what is typically approved and refused by The City.



- The initial driveway approved during homes construction.



- Driveway widening no more than 0.6 meters on a single side of the driveway.



- A portion of the front yard paved as a patio, but may not be used for parking.



- A fully paved front yard for parking is unlikely to be approved.

Extended driveways create a number of problems.

- Removal of available on-street parking
- infringement on adjacent properties, ie: snow shovelled off an extended driveway may get pushed directly onto the next property
- Drainage issues. Replacing soil/grass/vegetation with concrete does not allow for water to be absorbed.
- City access to utilities. Extending a driveway may cover up utilities that may need to be accessed.

If the driveway is found to be in violation of the Land Use Bylaw, The City of Calgary will contact the homeowner. The homeowner will be given the opportunity to retroactively apply for a development permit. If the permit is not approved, the homeowner will be given the opportunity to voluntarily bring the driveway into compliance. If the homeowner does not bring the driveway into compliance The City may bring the driveway into compliance at the homeowner's expense.

If you are concerned about an extended driveway in your community, or you are a homeowner interested in extending your driveway please contact 311 immediately. For more information you can also visit [www.calgary.ca/PDA/pd/Pages/Permits/widening-an-existing-driveway.aspx](http://www.calgary.ca/PDA/pd/Pages/Permits/widening-an-existing-driveway.aspx).

language  
langue  
lingua  
trivia  
wika  
idioma  
kiel  
sprache  
שפה  
język

A poem written  
to celebrate  
a wedding is called  
an epithalamium.





# SHOW me all the possibilities HOMES.

The Everett showhome in New Brighton

Same community. New home.  
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Additional lots now available in New Brighton. Visit our sales centre for more information.  
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Name	Age	Contact	Course
Alana	24	587-888-4854	Yes
Aliyah	13	403-801-9420	Yes
Amber	30	587-438-4789	Yes
Amélie	12	403-988-8568	Yes
Amy	15	403-247-9228	Yes
Andrea	14	403-919-1200	Yes
Andrea	16	403-714-3930	No
Angelina	15	587-998-0224	Yes
Annie	36	587-968-6504	Yes
Armeen	14	587-707-1456	Yes
Ashlee	14	403-440-9493	Yes
Ashlee	14	403-616-3236	Yes
Ava	13	403-279-2083	Yes
Ayden	16	403-880-4809	Yes
Becky	21	403-993-9284	Yes
Blaise	24	587-223-8583	Yes
Bree	17	905-376-9229	No
Brianne	17	403-999-6906	Yes
Brynn	14	403-278-6855	Yes
Carolin	51	587-580-6638	No
Chantele	25	403-652-0083	No
Charity	35	403-890-8688	Yes
Cheyanne	19	250-938-1090	No
Cheyanne	19	250-938-1090	No
Connor	12	403-483-0828	Yes
Crystle	29	403-714-8050	Yes
Dakota	15	403-993-7525	Yes
Danielle	16	403-455-4609	Yes
Danita	21	403-990-0205	Yes
Dawn	36	403-285-9513	Yes
Deidra	28	587-582-0400	Yes
Elena	13	403-263-3809	Yes
Ellie	18	587-888-9614	Yes
Emily	14	403-437-0956	Yes
Emily	23	403-999-8525	Yes

Emily	14	403-257-5069	Yes
Emma	15	587-876-3098	Yes
Emma	13	403-483-0828	Yes
Emmalie	14	587-998-9468	No
Evelyn	12	403-475-0919	Yes
Gracia	19	587-969-1296	Yes
Hala	14	403-455-5004	Yes
Haleigh	14	403-589-9833	Yes
Hannah	12	403-207-1794	Yes
Hayley	13	403-257-3650	Yes
Heather	29	403-966-5233	Yes
Ifeoma	30	587-229-0333	Yes
Irfana	51	403-398-5219	Yes
Izzy	14	587-350-2080	Yes
Jaden	21	403-554-5737	Yes
Jakarta	18	403-808-8503	No
Jane	50	403-467-3607	Yes
Jessica	20	587-580-5696	No
Jonahley	51	639-571-2857	Yes
Jordyn	14	403-203-1184	Yes
Kaiya	12	403-805-1446	Yes
Karina	12	403-454-1185	Yes
Kate	22	403-437-3559	Yes
Katelyn	22	403-870-1752	Yes
Kelsey	20	403-818-6034	Yes
Kennedy	15	403-463-9800	No
Kiana	15	403-809-4973	Yes
Kristy	19	587-432-1616	Yes
Kyla	13	587-352-0053	Yes
Laura	16	587-350-5705	Yes
Lauren	17	403-305-0526	Yes
Lisa	29	403-926-8301	No
Lisa	27	506-721-8460	No
Lizzie	25	403-703-4076	Yes
Mackenzie	18	403-861-9671	No
Maggie	15	403-222-2223	No
Makenzie	18	403-796-7733	Yes
Maricel	39	587-435-3382	Yes
Maxine	13	403-455-8427	Yes

~continued on page 25~



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<b>BRUNCH</b> Saturday-Sunday 10am - 2pm	

f Starbelly t StarbellyYYC  
StarbellyYYC

## Heart at Play Raising Heart Healthy Families

**Saturday February 27<sup>th</sup>**  
3<sup>rd</sup> annual Heart Healthy Family Day  
10:00am – 1:00pm  
South Health Campus Wellness Centre

Wondering about healthy snacks & meals for life on the go?

Wondering if your family is active enough?

Wondering about small changes you can make for a healthier life?

Wondering how to fit everything in to your busy life?

Join us to explore heart healthy habits for life!

### What to Expect!

- Physician presentation
- Q&A time with healthcare providers
- Heart pumping activities
- Delicious cooking demos
- Interactive booths
- Blood pressure and cholesterol checks
- Healthy lifestyle information
- And more **FREE** family fun!

For more information contact April Matsuno  
403.956.3932 or [april.matsuno@ahs.ca](mailto:april.matsuno@ahs.ca)



## BRAIN GAMES SUDOKU

5	6	7	8	9	1	3	2	4
2	3	1	4	6	5	7	8	9
4	9	8	2	3	7	5	6	1
6	2	4	1	5	3	9	7	8
7	8	9	6	2	4	1	3	5
1	5	3	7	8	9	2	4	6
8	7	5	9	4	2	6	1	3
3	1	6	5	7	8	4	9	2
9	4	2	3	1	6	8	5	7

Megan	24	403-861-3718	Yes
Meghan	14	403-475-4997	Yes
Michelle	31	403-923-5111	Yes
Michelle	22	403-926-5166	No
Miranda	13	403-620-3750	Yes
Natalie	13	403-477-0749	Yes
Nicole	17	403-862-8692	Yes
Olivia	15	403-873-0313	Yes
Orion	13	403-828-0873	Yes
Paula	31	587-899-3250	No
Penelope	13	403-254-5591	Yes
Pia Ginelle	24	778-227-6330	No
Quinn	13	403-990-2570	Yes
Rachel	15	403-257-4520	No
Rhys	15	403-399-7509	Yes
Roman	12	403-464-3696	Yes
Sabrina	16	403-512-3171	Yes
Sandra	13	403-207-4409	Yes
Seema	41	587-892-9970	Yes
Shahara	16	403-922-5416	Yes

Shannen	16	403-919-7200	Yes
Shannon	24	403-614-2570	Yes
Shawna	18	403-402-0489	Yes
Sheree	27	403-422-0740	No
Shion	13	403-970-1891	Yes
Sonya	20	403-389-5921	Yes
Stephanie	13	403-726-1475	Yes
Sujitra	31	587-284-1984	No
Taylor	18	403-236-2836	Yes
Tess	22	403-796-8377	Yes
Tianna	15	587-896-8856	No
Valeria	14	403-830-7991	Yes
Vanessa	14	403-257-5785	Yes
Victoria	12	403-697-3282	Yes

### Calling All BABYSITTERS

Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

### Calling All PARENTS

Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).



**Patricia West**  
*Finding your way home*

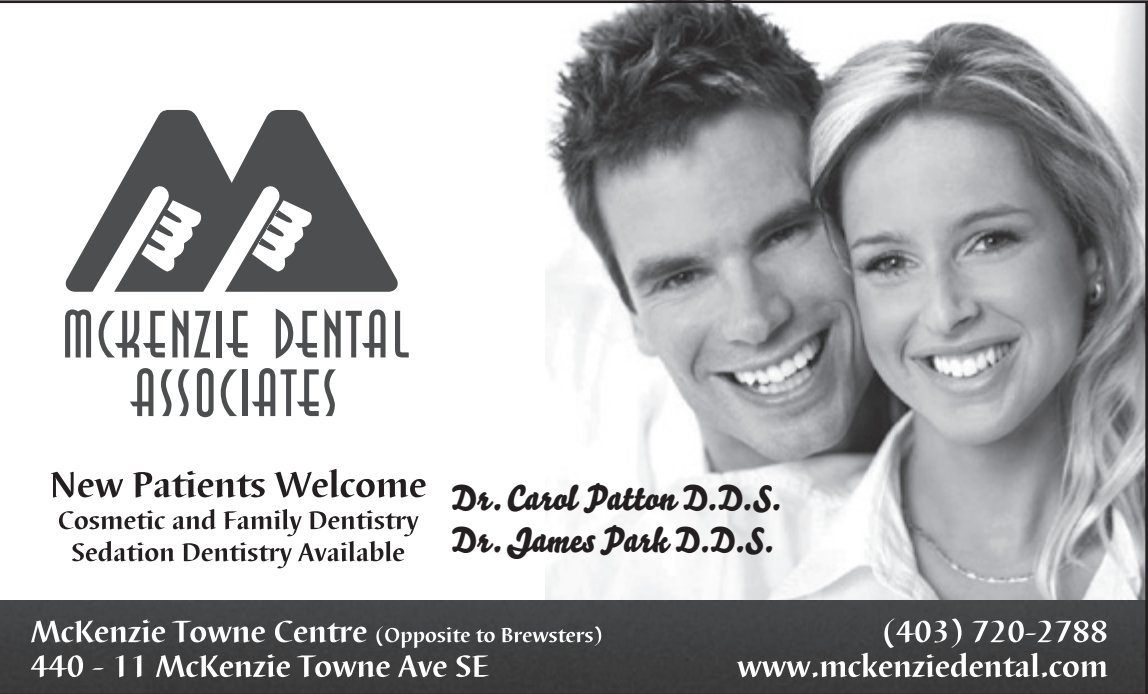
**Sutton**  
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## MLA, CALGARY-SOUTH EAST RICK FRASER

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Calgary, AB T2Z 0H2  
(403) 215-8930  
Calgary.southeast@assembly.ab.ca

### Year In Review

The last 12 months have been transformational for our Caucus; they have been a time for thought, for reflection, and most importantly for engagement.

We started 2015 recognizing the challenges that laid ahead for Alberta, recognizing the need to stand up and secure our fiscal future. We asked Albertans for a mandate to lead this province, but we did that without listening, and without acknowledging the concerns that Albertans had raised. The results of the election were a call to restore the core values and principles that our Progressive Conservative team had always been built upon. Since May 5, we have had an opportunity to renew and rebuild, and most importantly to listen. We have had to ask ourselves the tough questions, and to be honest about what needs to change as we work towards the future. We have spent the last several months engaging with Albertans across the province to take stock of what went wrong, what we can do better, and how to move forward together.



While we didn't come out of the election as government, we did come out with a small but mighty team of elected officials and experienced legislators, representing more than half of the 16 MLA's to be re-elected in the province. As we work to restore the trust of Albertans, we are committed to listening and representing each and every voice in this province; working to ensure that all Albertans are heard over the next four years.

### Budget 2015

As Alberta continues to weather through fiscal and economic challenges, our team has worked to better understand the problems that Albertans are facing. This fall, the NDP government tabled a budget that failed to support both businesses and families, while at the same time burdening this province and future generations with unsustainable spending and debt. Our caucus has worked through this budget and raised the concerns that people are seeing day to day. As thousands of Albertans continue to face job losses, Interim PC Leader Ric McIver (Calgary-Hays) pushed the government to develop a balanced approach to spending, one that creates jobs and stimulates the economy, and restores stability to Alberta's finances. Mr. McIver worked to hold the government accountable in developing a responsible long term plan for Alberta that includes a commitment to cut government waste, and seek efficiencies in public spending. Albertans deserve a financial landscape that supports investments and innovation today, and provides stability for tomorrow.

### In The Community

I have been proud to attend the following community events at the end of 2015:

- Grand Opening of Seton Superstore
- Walden Heights Christmas Fair
- Auburn Bay Parade of Lights
- Spoke to 66 grade 6 students at Strathcona-Tweedsmuir School
- Held Open House for all Calgary-South East residents
- Calgary Workers Resource Centre Open House

**Community Requests:** Bottle drive: The Auburn Bay K-4 public school is hoping to raise funds via bottle collection. Anyone interested in donating bottles can e-mail [info@auburnbayschool.com](mailto:info@auburnbayschool.com) to arrange pick up. Bottle drives will be taking place the first Sunday of every month this year!

**Scrolls:** Birthday scrolls are available to constituents celebrating their 65+ birthday, in five-year intervals. Anniversary scrolls are available to constituents celebrating their 25+ anniversary, in five-year intervals.

**Community visits:** If you'd like Rick to come and speak to your child's class or at your community event, he'd be happy to. Contact Kelly at 403-215-8930 to learn more.

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**PRESCHOOL DAY HOME HAS SPACE AVAILABLE:** For F/T or P/T. I have my Level 3 ECE (Qualified Preschool Teacher). Find out more information at [www.preschooldayhome.weebly.com](http://www.preschooldayhome.weebly.com). Structured daily routine. Preschool curriculum. 18 mos and older. If interested in an interview please contact Jennifer at 587-888-1979.

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~continued on page 29~



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# BUSINESS CLASSIFIEDS

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## IMPORTANT NUMBERS

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Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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**Contact [news@great-news.ca](mailto:news@great-news.ca)**

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- ♦ Forty word limit

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New Brighton Real Estate Update

Last 12 Months New Brighton  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
December 2015	\$455,418	\$445,875
November 2015	\$461,791	\$455,043
October 2015	\$467,064	\$459,126
September 2015	\$457,245	\$449,359
August 2015	\$463,750	\$455,765
July 2015	\$469,669	\$462,165
June 2015	\$465,864	\$458,526
May 2015	\$455,695	\$447,863
April 2015	\$482,550	\$475,022
March 2015	\$457,959	\$449,675
February 2015	\$457,261	\$452,023
January 2015	\$461,790	\$455,090

Last 12 Months New Brighton  
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
December 2015	13	16
November 2015	18	23
October 2015	35	23
September 2015	27	22
August 2015	21	20
July 2015	25	20
June 2015	28	28
May 2015	36	32
April 2015	24	24
March 2015	31	32
February 2015	32	13
January 2015	25	11
Total	315	264

To view the specific SOLD Listings that comprise the above  
MLS averages please visit [new\\_brighton.great-news.ca](http://new_brighton.great-news.ca)

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