

JANUARY 2016

YOUR OFFICIAL COMMUNITY NEWSLETTER

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**New Brighton Community Association**  
2 New Brighton Drive SE Calgary, Alberta T2Z 4B2  
Phone 403.781.6613 | general.nbca@gmail.com  
www.newbrightonca.com

# CONTENTS

New Brighton Community Association	4
NBRA Programs	7-13
South Health Campus & Wellness Centre	12
6 Tips for a Successful Renovation	19



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invite

Eugene Coste School  
Open House  
January 7, 2016,  
7:00 p.m.



**Spanish Bilingual Kindergarten / Grade One Open House**

Thank you for your interest in the International Spanish Academy at Eugene Coste School. If you are considering registering your child for our Spanish Bilingual Kindergarten Program or are new to Grade One for fall 2016 then the information below is for you:

The agenda will include the following:

- An overview of our Kindergarten – Grade One program
- Ideal qualities of students in Bilingual settings
- Overview of current research and outcomes of students in bilingual programs
- Similarities and differences between a bilingual program and an English only program
- Parent volunteer requirements and process
- What will happen on the first day of school
- What to send with your child to school
- Question and answer period
- This is an adult only parent information meeting

Please note that Kindergarten and Grade One are the only entry points into our program due to the language proficiency requirements each year. If you have questions regarding our Open House information please call us.

Liana Appelt  
Principal



# NEW BRIGHTON COMMUNITY ASSOCIATION

Happy New Year! We hope you had a safe and joyous new year.

There are many exciting things happening this year at the New Brighton Community Association. First, a big thank you to our Director of Communications, Alanna, for getting our new and first website up and running. You can keep up-to-date with everything happening with the Community Association at [www.newbrightonca.com](http://www.newbrightonca.com).

With our new website, we need your help! We are looking for a tagline that captures New Brighton for the Community Association. Submit an option for a New Brighton tagline and you might win a movie night for two! The tagline can be witty, humorous, emotional, represent the spirit of New Brighton or all of the above. Let your creativity flow! Options will be reviewed by the Community Association Board and the top entries will be put to an online community vote! Present your suggestions on our new website at [www.newbrightonca.com/community/tagline-contest](http://www.newbrightonca.com/community/tagline-contest) or email them to us at [general.nbca@gmail.com](mailto:general.nbca@gmail.com). Submit your entries as soon as possible so the board can discuss them at the January 21 meeting.

Also, we are looking for people who are interested in starting and maintaining a community garden. We have had one resident step forward interested in forming a sub-committee for a community garden in New Brighton. Part of the process of building a community garden is seeking out the amount of interest of the community and building a volunteer group. If you are interested in becoming a part of a community garden project, please email [garden.nbca@gmail.com](mailto:garden.nbca@gmail.com). This is a very exciting initiative the New Brighton Community Association is exploring, but to see it thrive, we need you!

Our next meeting is January 21 at 7 p.m. at the Clubhouse. Everyone welcome! It's a new year; make a resolution to help your community. We are always looking for new members who want to make a difference in our community.

# NEW BRIGHTON COMMUNITY ASSOCIATION CONTACT LIST

Mailing Address: c/o New Brighton Club, 2 New Brighton Dr. SE, Calgary, Alberta T2Z 4B2 • [www.newbrightonca.com](http://www.newbrightonca.com)

**EXECUTIVE**

Acting President	Amy Gregson	<a href="mailto:general.nbca@gmail.com">general.nbca@gmail.com</a>
Vice President	VACANT	<a href="mailto:communications.nbca@gmail.com">communications.nbca@gmail.com</a>
Secretary	VACANT	
Treasurer	Carol Wellens	

**BOARD OF DIRECTORS**

Memberships Director	Cathy Eastman	<a href="mailto:members.nbca@gmail.com">members.nbca@gmail.com</a>
Communications Director	Alanna Creagh	<a href="mailto:communications.nbca@gmail.com">communications.nbca@gmail.com</a>

**BOARD COMMITTEES & SPECIAL GROUPS**

School Committee	Ryan Thompson	<a href="mailto:info@newbrightonschool.com">info@newbrightonschool.com</a>
SECRS Representative	Mary Honey Wigle	

**CALL FOR VOLUNTEERS**

We need your help! Volunteering has many benefits and only takes a few hours per month. We have a variety of positions available but would also love to hear a few more voices around the table. We generally meet on the third Thursday of each month at 7:00pm at the Clubhouse. However, please check our Facebook or Twitter for more current information.



# NEW BRIGHTON RESIDENTS ASSOCIATION

[www.newbrighton-connect.com](http://www.newbrighton-connect.com)

**New Brighton Residents Association**

2 New Brighton Drive SE • 403.781.6613

**CONTACT US AT:**

**General Manager**

Carla Nikli • [gm.newbrighton@shaw.ca](mailto:gm.newbrighton@shaw.ca)

**Lead Customer Service**

Clare Lovely • [newbrightonclub@shaw.ca](mailto:newbrightonclub@shaw.ca)

**Recreation Coordinator**

Tanya Hinchelwood • [pc.newbrighton@shaw.ca](mailto:pc.newbrighton@shaw.ca)

**Parks & Amenities Supervisor**

Jason Tchir • [parks.newbrighton@shaw.ca](mailto:parks.newbrighton@shaw.ca)

**Safety & Facility Foreman**

Jeremy Avery • [foreman.newbrighton@shaw.ca](mailto:foreman.newbrighton@shaw.ca)

**CONTACT INFO**

**Park Hours:**

Open daily: 9am – 10pm

**Office Hours:**

Monday-Sunday: 9:00am – 9:00pm  
closed for lunch daily 12:30-1:00pm

Phone: 403-781-6613

Fax: 403-781-6611

[www.newbrighton-connect.com](http://www.newbrighton-connect.com)



# NEW BRIGHTON CLUB

2 New Brighton Drive SE, Calgary, AB T2Z 4B2 • www.newbrighton-connect.com

Open 9:00 am - 10:00pm Monday to Sunday

## Where Friends and Neighbours Gather

The New Brighton Club is a year round recreational facility, consisting of a 6500 square foot building which is used for private rentals, programs, and special events! Also on site are 2 tennis courts, a beach volleyball court, basketball courts, a playground, a splash park, and a hockey rink. Members can gain access to these facilities using their issued membership card, and can also sign in up to 5 guests/ household each visit.

If you are looking for a great venue for your upcoming special event, look no further! The New Brighton Residents Association has 3 spacious rooms available for rent, any day and time of the week... one of these three comfortable rooms will be sure to meet your needs!

**Banquet Room:** This stunning and newly renovated 1450 square foot Banquet Room is perfect for larger parties such as weddings, birthday parties, baby showers and anniversaries.

sary parties. With a little creativity, the possibilities are endless! This room can comfortably accommodate up to 110 people seated with remaining space for a small dance floor.

**Studio Room:** Accommodating up to 35 people seated, the Studio Room is 462 square feet, making it the perfect venue for smaller gatherings, such as: wedding/baby showers, birthday parties, information sessions, and meetings of all types!

**Board Room:** The saying that "great things come in small packages" is an understatement to describe this room. Although, it is the smallest of the three, our warmly decorated Board Room is the perfect venue for corporate meetings, trainings, and seminars. Containing, a large hardwood banquet table and reclining leather chairs, the board room will comfortably host between 8-15 people.

We provide the tables, chairs, and the room... now you just have to bring the smiling guests! Additionally, the New Brighton Club also has a kitchen available for use during all rentals. A complete list of our rental rates is available on the right of this page, please contact our Administrative Coordinator for all rental inquiries, by calling 403-781-6613, ext 2 or by emailing: newbrightonclub@shaw.ca. We look forward to hosting your next event soon!

## Rental Rates:

\$25.50/HR. SECURITY CHARGE AFTER 10PM

BANQUET ROOM	
Residents	\$75 per hour or a day rate of \$600 from 9:00am to 1:00 am
Non-Residents	\$85 per hour or a day rate of \$800 from 9:00 am to 1:00 am
STUDIO ROOM	
Residents	\$40 per hour
Non-Residents	\$50 per hour
BOARD ROOM	
Residents	\$30 per hour
Non-Residents	\$35 per hour

**A security deposit of \$500 is required for all rentals, in the form of a post-dated cheque for the date of the scheduled rental.**

FIND IT FAST!

### NEW BRIGHTON RESIDENTS ASSOCIATION (RENTING/PROGRAMS)

C/O New Brighton Club  
2 New Brighton Drive SE, Calgary, Alberta T2Z 4B2  
Phone: (403) 781-6613, Fax: (403) 781-6611  
www.newbrighton-connect.com

### NEW BRIGHTON COMMUNITY ASSOCIATION (COMMUNITY ISSUES/SCHOOL BUILDING)

c/o New Brighton Club  
2 New Brighton Drive SE, Calgary, Alberta T2Z 4B2  
Email: general.nbca@gmail.com  
Website: www.newbrightonca.com

## Like us on Facebook



### The New Brighton Club

To stay with the latest "happenings" at the New Brighton Residents Association, please sign up for our bi-weekly e-Newsletter on [www.newbrighton-connect.com](http://www.newbrighton-connect.com).



# NEW BRIGHTON RESIDENTS ASSOCIATION

## Keep your New Year's Resolution Momentum!

Get active, lose weight, try something new, get your kids more involved in after school programs... no matter the goal the New Brighton Club is here to help! With a variety of programs to reach any goal! Winter programs start January 11, book your space today and keep your momentum!

### Mondays:

**Zumba Kids (2-5yrs)** High energy fitness party packed with specially choreographed routines.

**Tiny Toes (4-6yrs)** Explosion of dance styles! Great intro to dance class.

**Triple Fun (3-5yrs)** A `triple threat `singing, acting and dancing.

**Kids Code Force (5-11yrs)** Learn the basics of computer programming while creating your own games.

**Short Form Tai Chi (16+)** Discover this meditative martial art through sets of postures for all levels.

### Tuesdays:

**Mommy & Me Meet Up** Games and toys for the kids and new friends & great conversations for all.

**Junior Performers (6-10yrs)** Intro to theatre and all it takes to put on a play!

**Spanish for Kids (4-8yrs)** Provides kids with the platform to discover a new and exciting language.

**Junior Artists (7-11yrs)** Explore the elements and principles of art while using a variety of techniques.

**Hockey (5-7yrs)** Learn the basic skills and techniques to develop and expand your love of the game.

**Skating (3-4, 5-7 & 8-11yrs)** Feel comfortable on the ice, developing key skills and techniques.

**Spanish Lessons (12+)** Make your next trip one you will never forget by developing the basics of Spanish.

**Boot Camp Burn (14+)** This high intensity cardio/muscle combo is sure to challenge your fitness goals.

### Wednesdays:

**Little Ninjas (6-10yrs)** Discover the basic skills of karate with strikes, blocks, kicks and stances.

**Yoga Kids (5-10yrs)** Build confidence, self-expression, strength and flexibility.

**Mom & Baby Yoga** A gentle program designed for time to practice with babies in tow.

**Prenatal Yoga** Focusing on discomforts, removing stresses and helping the body move during pregnancy.

**Chair Yoga** A gentle workout, focused on strengthening the body.

**CUT** Increase strength, burn calories and develop muscle!

**Zumba (16+)** A high energy interval cardio workout you will love as you dance your way fit.

### Thursdays:

**New Brighton Seniors Club:** Great company, new friends and activities for all.

**So You Think You Can Dance (6-10yrs)** Try a variety of dance styles as seen on the popular TV show.

**Mommy & Me Artists (1-3yrs)** Get messy and have fun creating art together, exploring the world of art.

**Kangaroo Power Jumps** Highly motivating and fun program! Utilize kangaroo boots to increase your cardio and muscle development.

**Yogiflow** For all skill levels, calm the mind and increase



flexibility with this warm yoga class.

**B.L.T. (16+)** Target your Butt, Legs, Tummy with a lower body focus on toning and creating lean muscle.

We will be hosting a sample class week, from January 4 to 8 with an instructor meet and greet evening

~continued on page 9~



## Mental Wellness Recovery Groups

*It is possible to recover and stay well*

**Depressed? Anxious?** Certified Peer Specialists guide you through a structured group program proven to help people recover from depression & anxiety. 10 weeks, 2-hrs/week. 12 person max. Funded by South Calgary Primary Care Network. No fee for adults living south of Anderson Rd.

Call 403-616-3004 or go to [www.mentalwellnessrecovery.com](http://www.mentalwellnessrecovery.com)

communications.nbra@gmail.com  
**Editorial Content DEADLINE**  
**1st**  
 of each month for the next month's issue

## NEW BRIGHTON RESIDENTS ASSOCIATION

on January 4 from 6-8pm. Further details regarding all offerings are available on our website [www.newbrighton-connect.com](http://www.newbrighton-connect.com); Facebook page [www.facebook.com/NewBrightonClub](http://www.facebook.com/NewBrightonClub) or in the Clubhouse (located at #2 New Brighton Drive SE).

For complete details and to browse the wide variety of this season's program selections please visit [www.newbrighton-connect.com](http://www.newbrighton-connect.com). Registration is available now. It's so easy to register, simply call 403-781-6613, click on our website (listed above) or visit one of our friendly staff members at 2 New Brighton Drive. Programs which do not meet the minimum numbers of registrants will be cancelled, so what are you waiting for?

### Adult Punch Passes

Try a little of everything the New Brighton Club has to offer! "Adult Program Punch Passes" are available for both residents and non-residents giving you and a friend the chance to sample each class or drop into the ones that fit your schedule. Valid for the full year, it allows you to attend 10 class of your choice for only \$130 (this is only \$13/class)! Full details and passes are available in the main office. We also have gift cards available in all amounts!

### Have your membership card?

All residents ages 12+ must have their membership card to have access to the New Brighton Club. All children under the age of 12 must be accompanied by a parent or guardian. The NBRA must see a copy of the CERTIFICATE OF TITLE, and a piece of ID showing proof of residency, in order to receive your card. Certificate of Titles can be obtained from any registry if the original cannot be located. The NBRA can also obtain a copy of your title for you, at a cost of \$20.00, just come during office hours 9am—4pm weekdays for this service. Lost your card? We can replace it for just \$10, visit the main office.

To ensure only New Brighton residents in good standing and their signed in guests are using the NBRA facility,

our customer service representatives will be conducting numerous card checks daily. All residents in the park must present their cards as proof of residency. All guests must be signed in at the office upon arrival to obtain a confirmation stamp. If you can't provide a card for more than three visits a new card must be purchased within the main office.

## New Brighton Residents Association Winter Maintenance

Did you know, that in addition to maintaining the New Brighton Club Facility & Park, the New Brighton Residents Association (NBRA) also provides enhanced landscape maintenance in several areas within the community?



The New Brighton Residents Association Board of Directors has carefully reviewed the community's snow removal needs for the 2015/2016 winter season. Upon careful consideration, the NBRA Board of Directors has selected several high traffic areas which will be maintained by the NBRA maintenance team throughout the winter months. The NBRA will ensure snow removal, as well as sanding/gravel (within 72 hours at the end of a snowfall), of the following areas: all four New Brighton entrances and the regional pathways. To ensure maximum enjoyment for residents, snow removal will be completed on NBRA property before the designated areas within the community (NBRA property includes both the hockey and pleasure skating rinks, all entrances into the facility and shop, as well as the parking lot). Once these areas are complete, the NBRA team will proceed into the community. The map below indicates in detail these areas with the community that will be maintained by the NBRA for the 2015/2016 Winter Season.

For questions or concerns regarding any landscape maintenance maintained by the New Brighton Residents Association, please contact the Parks & Amenities Supervisor at 403-781-6613, ext. 3 or the General Manager at 403-781-6608.

~continued next page~

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# NEW BRIGHTON RESIDENTS ASSOCIATION

## Upcoming Special Events

Our 2015/2016 Events are posted on our website ([www.newbrighton-connect.com](http://www.newbrighton-connect.com)) and Facebook page ([www.facebook.com/NewBrightonClub](http://www.facebook.com/NewBrightonClub)), so be sure to RSVP and save your space for all NBRA events today!

## Thank you to all our Amazing Sponsors!

Thank you to everyone who came out for our Santa's Holly Jolly Christmas on December 5th! And all those beautiful decorated homes that entered our Brighton Up Your Home Contest! We truly are blessed to have a wonderful community. To our amazing sponsors thank you so much! Craig Heynen from EXP Realty, Morrison Homes, Naiad Irrigation, Cedarglen Homes and Cedarglen Living, ATB Financial, Brookfield Residential and South Street Burger you all helped make December's events so special. The NBRA would like to extend a special thank you to all our 2015/2016 sponsors who helped make 2015 a year we will never forget! It is because of everything you do for us that we are able to provide our residents monthly special events, your help is appreciated more than words can express!

## The 11<sup>th</sup> Annual 3 on 3 Hockey Tournament

**Friday and Saturday January 29 and 30 from 6-9pm and 9-6:30pm**

It's time again to take in some exhilarating action with 2 days of Canada's favourite sport, at our 11th annual 3 on 3 hockey tournament! Starting Friday January 29 from 6pm to 9:30 and continuing Saturday January 30 from 9am to 6:30pm; players 16 years and older are eligible to show off their skills in a head to head competition, facing off with neighbours and friends! The Tournament will consist of eight teams (we will expand to 16 if demand requires so) all playing for the gold! Registration must be completed in person, so please stop by the office to pick up your team's registration package. Be sure to register your team soon, as space is limit and this

tournament will fill up quickly! Not a hockey player? No problem, there will be hot chocolate, games, winter activities and of course nail biting action!

## Affair of the Heart

**Saturday February 13 from 6-9pm**

Love is in the air! We want to share this loving feeling with the couples of New Brighton. This Valentine's Day weekend, we invite you to spend a date night with us! Wine tasting, painting, and food pairing await! This event is open to adults (18+) RSVP is required on our website [www.newbrighton-connect.com](http://www.newbrighton-connect.com). Due to the nature of the event tickets are \$20 per person or \$35 per couple and will be sold prior to the event. We didn't forget the Valentines Day skate, we hope to see everyone out creating lasting memories over the warmth of our bonfire! Joining us for date night? Supervised skates will be happening from 6-9pm so feel free to bring your little ones! RSVP is not required for the skate and is no charge.

## New Brighton is now a Calgary Hitmen Community

This Hockey Season New Brighton has been selected to be ONE OF TWO Calgary Hitmen Communities! The reason New Brighton was specifically chosen is because we are home to one of our great Hitmen players, #24, Carsen Twanynski! Help support Carsen and the Calgary Hitmen this season! Visit the community clubhouse located at 2 New Brighton Drive S.E. to pick up FREE Hitmen home signs and window decals, also find out how to get specially priced Hitmen tickets only available to New Brighton residents! Be sure to book off Saturday, January 30 from 9:00am-6:30pm and bring your family down to the New Brighton Hockey Tournament to meet Carsen and his furry friend, Farley the Fox! Keep checking [newbrighton-connect.com](http://newbrighton-connect.com) for the exact times Carsen will be on site that day!

## New Additions New Brighton's Seniors Club

The New Brighton Club would like to announce our new Senior Club, running every Thursday from 10:30-12pm! Join us for great company, new friends and new activities! Including monthly lunches, painting days, book club and so much more! We are also always looking for

# NEW BRIGHTON RESIDENTS ASSOCIATION

ways to improve our Seniors Club better and would love any ideas, activities, games, or any additional feedback that would be of interest to our seniors!



## Movie in the Club

**Friday January 22, 7pm -9pm \$5 per family (two adults and three kids)**

Want a great night out? Join us for our monthly movie night. For only \$5 a family you get pop, popcorn and the best seat in the house! January will feature the movie Pan!

## Upcoming Workshops

### NUTRITION 101

**Saturday January 9, 1pm to 3pm**  
**Residents: \$15 Non-Residents: \$30**  
New Year, New YOU!

Have you fallen off track this holiday season with all the treats and celebrating? Start this year off right for both you and your family. Learn the nutrition basics to simplify the information overload currently provided on social media! We will cover: deciphering nutrition labels, proper portion sizes, navigating restaurant menus, healthy grab and go snacks for the busy family, how to get the WHOLE family eating better, and so much more including time for Q&A throughout.

### BUSINESS COMMUNICATIONS SIMPLIFIED (make workplace communications more effective)

**Tuesday January 26, lunch and learn ~ 11am to 1pm**  
**Residents: \$40 Non-Residents: \$55**

Looking to expand your communication skills? Businesses look to hire individuals with strong communication skills, making communication the biggest asset in today's job market. This lunch and learn workshop will provide you with skills to:

**1. Determine what effective communication is.** Look at the ways communication has changed through history. Are we any better at communicating now? Good communication looks at how well the message

was received by the listener what are some barriers to overcome?

**2. The impact of your communication style.** Determine your specific style(s) of communicating There are four main styles knowing your particular style will help to be aware of the different styles of others in the workplace.

**3. Habits of effective communicators.** Oral/verbal, nonverbal, written, digital. Four main types specific ways to improve in each one of them. Group activities, quizzes round out the program to deliver timely, up-to-date advice on becoming a better communicator.

## Around the Clubhouse and Community

### GOOD FOOD BOXES



Order your next Good Food Box before the cut off date, which is noon on January 19, 2016. "The Good Food Box" (GFB) is a program under the Community Kitchen Program of Calgary whereby you can purchase fresh fruits and vegetables at a very low cost.

Box Options:

**Small Box:** \$20, 20-25lbs of fruits and vegetables

**Medium Box:** \$25, 30-35lbs of fruits and vegetables

**Large Box:** \$30, 40-45lbs of fruits and vegetables"

Interested in getting a box? Visit us in the main offer to place your order!

### LOOKING FOR NEW WAYS TO PROMOTE YOUR BUSINESS?

The New Brighton Residents Association has launched advertising information for upcoming events, programs and local businesses on the monitor located in our skate change room. This fantastic marketing opportunity would provide businesses the ability to reach 700 people on average a week, for as little as \$15 a

*~continued on page13~*



# South Health Campus (SHC) Wellness Centre

Many NEW and EXCITING FREE Programs starting in January!  
Check out our new Winter Program Guide [www.ahs.ca/shcwellness](http://www.ahs.ca/shcwellness)

## Emotional Well Being

### Introduction to the New Journaling

January 11 4:30-6:00pm or February 5 1:00-2:30pm

### Happiness Basics

Seven week series begins January 20

### Mindfulness Drop-in

January 4 or February 1 4:30-5:30pm

January 22 or February 12 12:00-1:00pm

### Meditation Drop-in

January 26-March 1 (Tuesdays)

5:00-5:45pm

### Heart Math for Stress Management

January 25 9:30am-12:00pm

### NEW! Using Drama & Art to Connect & Communicate (cancer survivorship)

January 18 10:00-12:00pm

### Health Management

### NEW! Roots, Berries and Oils: The Safe, the Maybe and the Dangerous

February 3 11:30am-12:30pm

### NEW! Meals on Wheels Programs

January 19 6:30-7:30pm OR January 27 2:00-3:00pm

### Living Well on Prednisone: Nutrition & Side Effects

January 20 10:00am-12:00pm

### Caregiver/Family Support

### NEW! Family Peer Support Program

Support/information to help people assist those affect-

ed by mental illness while staying balanced themselves.

Every second Tuesday

Begins January 12 6:00-8:30pm

### Quit Smoking

#### Quitcore

Learn new strategies for staying smoke-free and discuss your experiences with others who are working toward the same goal.

Six week series begins January 25 6:30-8:30pm

### Parents

#### NEW! Nutrition for New Moms

January 13 9:30-11:00am

#### Healthy Eating for Pregnancy

January 11 6:30-8:30pm

#### Secrets to Feeding Your Healthy Child

Three week series begins January 7 or February 4 6:00-8:00pm

#### NEW! Aspen's Supreme Bakers (Youth 12-18)

Nine week series begins January 22 5:00-7:00pm

### Nutrition/Food Management Classes

#### The Truth about What Works in Weight Management

January 25 Afternoon

#### The Top 5 Tips to Reduce Calories

February 8 Evening

#### Dietitians in the Kitchen (demonstration)

January 21 12:00-12:30pm

#### New! A Pill a Day Keeps the Pounds Away: Facts and Fiction about Herbal Weight Loss

January 13 12:30-1:30pm

#### New! Food Waste- How it Effects You and What You Can Do To Help

February 4 6:00-8:00pm

February 10 1:00-3:00pm

#### Heart at Play: Raising Heart Healthy Families

Join us on Saturday February 27th to explore heart healthy habits for life!

Most programs require registration. Please see our full program guide and learn how to register at [www.ahs.ca/shcwellness](http://www.ahs.ca/shcwellness) or call us at 403-956-3939.

## in & around your community schools

### École St. Cecilia School

New Year means new activities for École St. Cecilia School students.

Christmas may be over but students at École St. Cecilia School are geared up for our Epiphany celebration. Students from each class will share a 'Galette des Rois', or Kings' Cake, which is a French tradition where students select a piece of pie and hope to find a figurine which will make them 'King for a day'.

Later in the month, our grade 2 students will take a field trip to Telus Spark while our grade 6 students will be part of an experiential learning project focused on the Mars Landing. Students in kindergarten to grade 2 will 'lace-up' for our in-line skating unit.

The end of the month will see École St. Cecilia School transformed into a dance hall for a glow-in-the-dark Family Dance. The annual dance is a favourite event for students' families to get together and catch up after the holidays, as well as mark the half-way point of the school year.

*Interested in having your child attend École St. Cecilia School?*

Mark your calendar for our Information Evening on March 1, 7 p.m. and our Open House on March 8 from 1-3 p.m.

*École St. Cecilia School is a French Immersion Catholic Elementary School for children from Kindergarten to Grade 6. The school serves most communities south of Glenmore Trail and east of McLeod Trail.*

## NEW BRIGHTON RESIDENTS ASSOCIATION

month. We have a variety of sizing options available! For more information and to get your business recognized in the clubhouse please contact our Recreation Coordinator at 403-781-6613 extension 1 or via email at [pc.newbrighton@shaw.ca](mailto:pc.newbrighton@shaw.ca).

### A Special Space for Your Special Event!

Looking to make your next event plans? The New Brighton Club has rental space available to make that next special event a fantastic celebration! Our Banquet room, studio room and/or board room could be just what you need to make your next event a truly memorable one! Check out our availability by calling 403-781-6613 ext. 2, to see if we can help make your event dreams a reality.

### Want to stay connected?

Visit us at [www.newbrighton-connect.com](http://www.newbrighton-connect.com) and sign up for mass emails for full details on the latest news, events and what's happening in the clubhouse and community!



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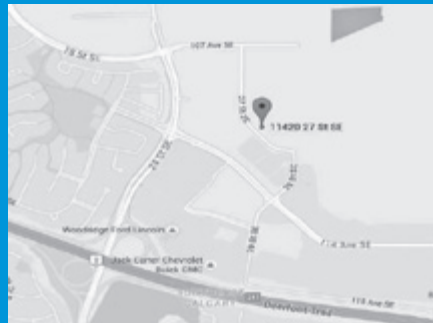
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## in & around your community

### Pet Safety—Keep Your Pets Indoors This Winter

Humans are not the only ones who need to keep warm during the winter months. Your pets do too. Although they might be covered in fur, your pet can still fall ill during the colder months or even get frostbite when temperatures drop below freezing. But have no fear, here are a few tips on how to keep your pet warm this winter.

Keep your pet indoors. This is the number one way to keep your pets safe and warm in the winter. For dogs, take shorter walks when the weather is severely cold. A good rule of thumb is to go out with them and when you're ready to come in, chances are your dog is too. If your dog must stay outside, make sure she has proper shelter and a source of fresh water at all times, and make sure her water cannot freeze.

It's important to remember that cold cars can pose a significant risk to your pet's health. Leaving your cat or dog in the car is just as dangerous in winter as in the summer. Limit car travel to only that which is necessary, and don't leave your pet unattended in the vehicle.

If you lose your pet during the winter months, do not delay. Call 3-1-1 to see if Animal Services has picked up your pet. If not, file a lost pet report with Animal Services.

For more information about pet safety please call 3-1-1 or you can visit us on our Facebook page or on Twitter @yycbylaws.

### Insect Trivia



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## in & around your community

### Give new life to your Christmas tree

You can turn your real Christmas tree into useful mulch instead of waste through The City's Christmas Tree Recycling program. Trees are collected from homes that receive residential garbage collection. Place your tree on the ground near your black cart collection spot **by 7 a.m. on Friday, January 8**. Make sure the tree is not blocking the street, lane or sidewalk and is at least one foot (30 centimetres) away from your carts. Please **leave your tree out** and it will be picked up by the end of January.

If you live in an apartment or condo, tree drop-off locations are open from December 26 to January 31:

- Bowness Fire Station #15 – 6328 35th Ave. N.W.
- Spyhill Landfill – 69th Street and 112th Avenue N.W.\*
- Prairie Winds Park – 223 Castleridge Blvd. N.E.
- Bottomlands Park – St. George's Drive and Seventh Avenue N.E.
- Marda Loop Communities Association – 3130 16th St. S.W.
- Parks Compound – 10312 Sacramento Dr. S.W.
- East Calgary Landfill – 17th Avenue and 68th Street S.E.\*
- Shepard Landfill – 114th Avenue and 68th Street S.E.\*

\*Landfill locations are closed Sundays.

To prepare your real tree for recycling, remove the tree stand and any ornaments and lights. Do not bag or tie your tree.

The mulch from recycled Christmas trees is available to residents at no cost at the East Calgary landfill, while quantities last.

For more information, visit [calgary.ca/christmastree](http://calgary.ca/christmastree).

## in & around your community

### EMS: Sledding Safety

Alberta Health Services, EMS, would like to remind parents and children of some basic sledding safety tips as the winter season continues. Sledding injuries can result from collisions with stationary objects, such as trees and rocks, or with other people on the hill. Unprotected falls can result in injury if you lose control at high speeds. Everyone is at risk – especially children. Have a fun and safe trip on the toboggan hill by following these simple reminders.

#### Equipment

- Ensure your sled is in good condition. Do not use sleds with broken parts, sharp edges, or splits in the material.
- Currently, there are no helmets designed specifically for sledding. However children should wear a properly fitted helmet designed for high impact collisions, such as hockey, cycling, or climbing helmets.

#### Hazards

- Avoid hills that are too steep, or too icy – you can lose control very quickly.
- Choose hills free of obstacles such as trees, rocks, utility poles, or fences.
- Be mindful of clothing that contains drawstrings, or loose clothing, such as scarves, which can present a choking hazard if they become caught or snagged.

#### Plan ahead

- Dress warmly in layers and anticipate weather changes.
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks to warm up out of the cold.
- Ensure frostbite hasn't affected any exposed skin.
- Even when properly protected from the elements, the finger tips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheek bones can be affected by frostbite.
- If frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it or by placing the affected part in warm water (not hot; ~41°C max.) until re-warmed.




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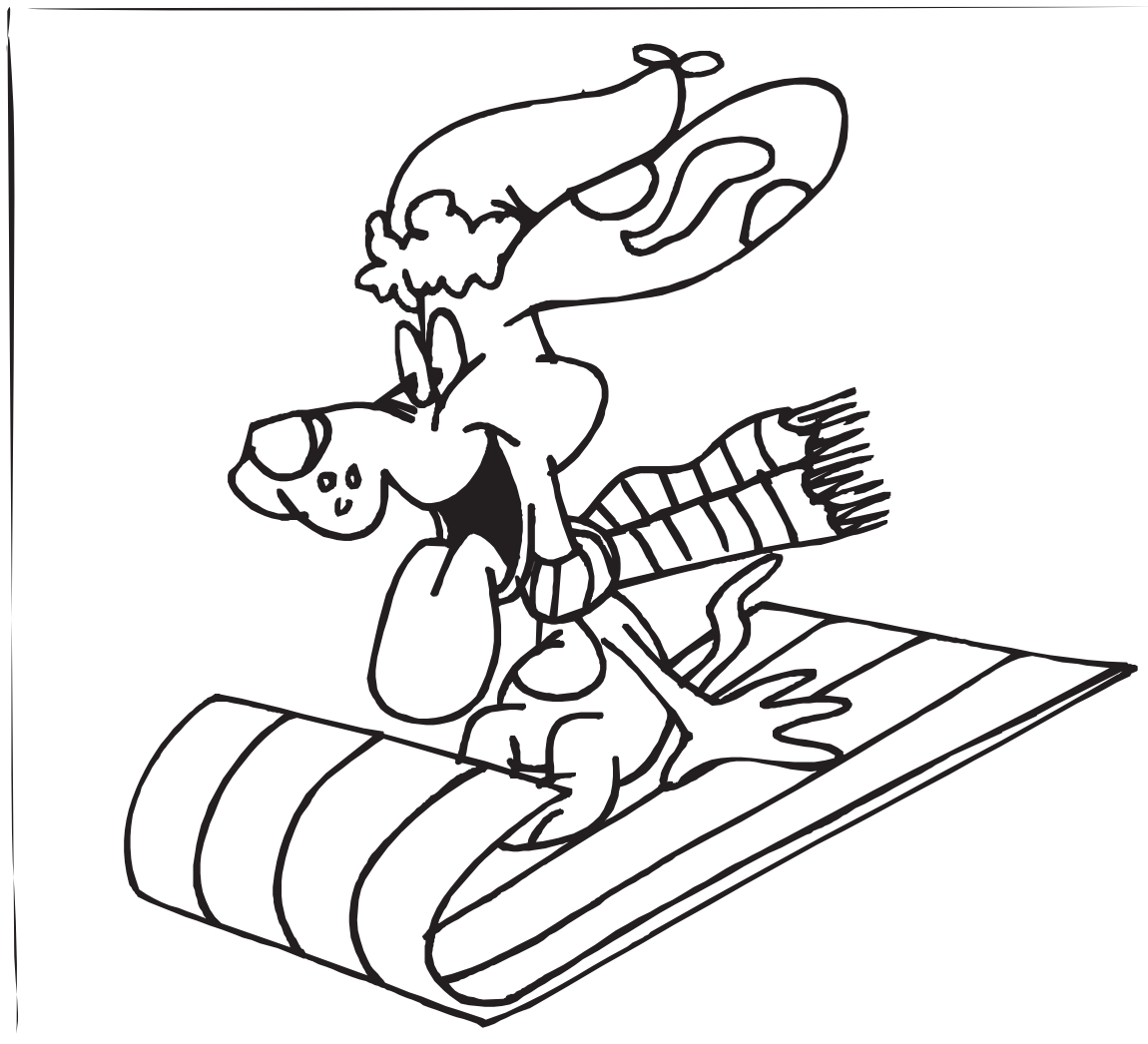




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 New Brighton Club  
[www.gracecalgary.ca](http://www.gracecalgary.ca)



- 1. Don't be coy about your budget but do be realistic.** Make sure you do your homework, find out what is realistic by talking to friends who have done similar things. Tack on an extra 20% for those inevitable unforeseen issues. Your contractor should have regular meetings with you to keep you updated on the budget.
- 2. Hire well and trust.** Choose someone who you connect with and can be honest with. In the early phases of the design stage, there may be options that are not perfect or that you may not have thought of. Having the conversation about what you like and what you do not like is important. Check Renomark and Alberta New Home Warranty for firms to interview.
- 3. Details are crucial but start at the end.** As you get further into the process the details become more important so remember start at the end with the big picture and work your way down to the details.
- 4. Renovate for the long term.** Make sure your renovation is up to date and save the trendy things for less permanent items such as accessories. Do it once, do it right and put as much quality as you can afford, but do not overbuild for your home.
- 5. Always be appropriate.** Remembering to "start at the end", make sure your renovations will be **appropriate** for your lifestyle, **appropriate** for your budget, and **appropriate** for your house.
- 6. Have fun!** I hope these tips help make your renovation journey enjoyable. Remember renovations are done by human beings and human beings can make mistakes. Be patient; Trust your team to make anything that goes wrong (and it will), right.

By Lynn Donaldson

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Happy New Year Ward 12! 2015 was certainly a memorable year for southeast Calgary, and 2016 will be just as exciting!

#### City of Calgary Secures Funding for Green Line LRT

On December 14, 2015 Council made the decision to fund one-third of the project costs for the Green Line LRT. Council had previously dedicated \$52M over 10 years to the Green Line. On December 14 I was very proud to take the lead on a Notice of Motion that extended that commitment from 10 years to 30 years. Through this mechanism The City of Calgary is able to dedicate \$1.53B to the Green Line LRT without any tax increases on Calgarians.

#### Ward 12 Open House

Want to find out what will be happening in Ward 12 in 2016? Join me and representatives from the City of Calgary for the annual Ward 12 Open House on Thursday, January 28, 2015. This year we will be at the Mahogany Beach House, 29 Masters Park SE. Every year I ask departments from the City of Calgary and community stakeholders to join me and answer questions that residents may have about the future of their communities. Drop in and say hello!



**Animal Trivia**

**Certain frogs can be frozen solid then thawed and continue living.**



## SUPPORT NEW BRIGHTON COMMUNITY ASSOCIATION

### Purchase your membership today!

The difference between a Community Association and a Residents Association is:

#### COMMUNITY ASSOCIATION

- Annual fee is voluntary
- Made up of Resident volunteers who live in the Community
- LOBBY FOR SCHOOLS IN THIS COMMUNITY
- Act as a political voice and advocate in civic matters
- Manages and directs community sporting leagues
- Works with Block Watch to make our community safer
- Provides articles for the monthly Community Association newsletter, the New Brighton Buzz
- Responsible for working with the City on a wide variety of community issues such as traffic calming, playground zones, city park issues, etc.

#### RESIDENTS ASSOCIATION

- Annual fee is mandatory through an encumbrance filed on each property in New Brighton
- Created and managed by the Developer until the community is substantially built out, fees go towards the operations and maintenance of the land and amenities (assets) that are owned by the Residents Association such as the Club, 3+ acre park (that includes the water splash park, tennis courts, hockey rink), entry features and pond fountains, for the lasting enjoyment of its membership, the property owners. Coordinates a wide variety of programs and events, at the Club and in the park, to residents in the community.

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### Be sure to Renew or Purchase your New Brighton Community Membership (NBCA)

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Please select the type of membership you that you would like to purchase:

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Please mail or drop off this form and your payment (cash, cheque or money order) to the following address:

**New Brighton Community Association**  
C/O New Brighton Club  
2 New Brighton Drive SE  
Calgary, Alberta T2Z 4B2

Contact your New Brighton Community Association Board at [general.nbca@gmail.com](mailto:general.nbca@gmail.com)

visit our website: [www.newbrightonca.com](http://www.newbrightonca.com)

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# Heart at Play

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~continued on page 13~



## Bohemian Waxwing: Visitor from the North

By: Katie Fisher

Photo: Niket Sura

As the snow sets in and sunlight runs at a minimum, we prepare ourselves for what might feel like the longest months of the year. Many of the pretty songbirds have flown south for warmer climates, however, our friend, the Bohemian Waxwing, will at times, fly south to us from the north to escape some of the harshest conditions.

The Bohemian Waxwing is a medium-sized songbird who is brownish gray in colour, equipped with a black mask, a yellow tip to tail and a crest on top of his head. He earns his name from the nomadic movements of the winter flocks; much like the inhabitants of Bohemia who live unconventional lifestyles or like the lives of gypsies. He does not hold breeding territories like other songbirds, simply for the reason the fruits he enjoys to snack on are abundant, but only available for short periods of time. Unlike songbirds, the Bohemian Waxwing has no true song as he doesn't require it to defend a territory.

He spends much of his time in the forest, foraging for fruit and insects. The Bohemian Waxwing is elegant in flight, catching insects in mid-air or hovering to snatch fruit. He must be careful when choosing his fruit, as the Bohemian is susceptible to alcohol intoxication, and even death, from eating fermented fruit. He chooses to build his nest with his monogamous partner, on branches, closest to the trunk of the tree; constructed with twigs, grasses and camouflaged with mosses and

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lichens. From time to time, he will visit city parks and gardens in hopes of finding fruit.

Both parents are responsible for feeding their young, who will leave the nest anywhere from 14 to 18 days old. Like most songbirds, they feed insects to their young at first, but switch to feeding them berries within a few days. Most Bohemian family units stay together through the fall until they prepare for migration. Flocks are the most common form of migration and will, at times, be mixed in with Cedar Waxwing flocks, creating quite a sight to be seen.

If you come across an injured Bohemian Waxwing, or any other wild animal in distress please contact Calgary Wildlife Rehabilitation Society wildlife hotline at 403-239-2488 for tips, instructions and advice.



Calgary Board of Education



### Registering for the New Schools

The Calgary Board of Education is excited to be building new elementary schools in Copperfield and New Brighton, which are expected to open for September 2016. Kindergarten registration for the new schools will begin on Jan. 11, 2016. See the chart below for your community's registration location.

I live in:	Register for Kindergarten at:
Copperfield	Maple Ridge School located at 10203 Maplemont Road S.E.
New Brighton	Acadia School located at 9603 5 St S.E.

Registration at CBE schools is not determined on a first come, first served basis, so it is not necessary to register on the first day registration opens. However, registering your child as soon as possible helps our principals plan and prepare accordingly for the new school year.

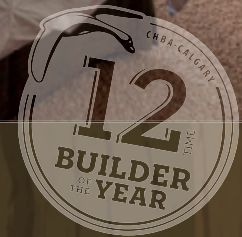
Both new schools will offer kindergarten to Grade 3 in their first year. Students from these communities, who are currently attending their designated regular program school, will automatically be transferred to the appropriate new school.

The documents that you need to register your child include: the registration form (available at the school or at [cbe.ab.ca/registration](http://cbe.ab.ca/registration)); your child's proof of age and legal name (birth certificate or passport); and proof of your address (driver's licence, offer to purchase, offer to lease or utility bill) to the school. Your preference for morning or afternoon kindergarten can be made at the time of registration and will be considered, but not guaranteed.

For information on the designation areas, walk zones and construction status, please visit [cbe.ab.ca/schools](http://cbe.ab.ca/schools). If you have questions about kindergarten, we encourage you to visit [cbe.ab.ca/kindergarten](http://cbe.ab.ca/kindergarten).



The Everett showhome in New Brighton



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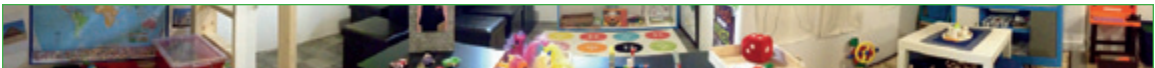


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